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A Journal of Affirmation.

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DECEMBER, 1902.

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Nerve us with incessant affirmatives.
Don't bark against the bad, but chant
the beauties of the good.—EMERSON.

Time past and time to be are one,
And both are NOW.
—WHITTIER.

'Twas only striking from the calendar
Dead yesterdays and unborn tomorrows.
—OMAR KHAYYAN.

HENRY HARRISON BROWN, EDITOR.

LOVE.

Art is fine, but Love is finer.

Can you paint a soul?

What if Beauty is diviner
Fragment of the whole?

Song is sweet, but Love is sweeter;
Was there e'er a hymn

That for compass or for meter
Bowed the seraphim?

Thought is great, but Love is greater.
Who can search out Truth?

Love alone is revelator!
Love is Love, in sooth.

—Richard Rea—

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DEEP WISHES IN THE HEART THAT BE,
ARE BLOSSOMS OF NECESSITY.—D. A. Wasson.

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NOW IS THE ONLY BIRD THAT LAYS EGGS O' GOLD.—Lowell.

WE ARE SPIRITS CLAD IN VAILS!
MAN BY MAN IS NEVER SEEN!—C. P. Cranch.

N O W.

A JOURNAL OF AFFIRMATION.

VOL. III.

DECEMBER, 1902.

No. 9.

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POEM.

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CHRISTMAS SONNETTS.

"Why hast thou forsaken me?"

"O, why hast thou forsaken me?" I cried
When sword of Love's neglect pierced worst
of all.

The word that I in agony did call,
Love gave not. Then my great ambition died.
But with it went its twin, my selfish pride.

And lo! From inn of Pain, the Light I sought,
Flashed on me, and within my life was wrought
A wondrous change. To wine was turned its gall
I am not subject now to any soul!

I need no human love whereon to lean!
I look not now without for rest or power!
I AM! And in myself I find the whole!

Where once my selfhood I had dimly seen,
I see all clearly now, and bless that hour.

TRANSFIGURATION.

"He was transfigured before them."

That shock awakened soul. Wheretofore
I slumbered in mere thought of what I wished;
I sighed but strove not for the power I missed,
Because I held belief in less or more.

But now the Christ within bids strife be o'er.
The Love-Light shines from manger shrine. Its
ray

Illumines form within this form of clay,
And every tear, by Love, to pearl is kissed.
Now know I neither want nor time nor sense!
This Light reveals me to myself, divine.

All Light is one, so am I one with Love!
No matter where, nor when I shall go hence,
That Light will ever on my pathway shine,
And guided thus in Peace, I'll ever move.

—HENRY HARRISON BROWN.

Stockton, Cal., 1899.

I believe in you, my Soul—the other I AM must
not abase itself to you and you must not be
abased to the other.—Walt Whitman.

ALL IS GOOD.

God could not be unkind to me if he tried.—
Thoreau.

Just as soon as one perceives that
good and evil are only the mental at-
titude he assumes toward circum-
stances, that Nature is un-moral, non-
ethical, he finds himself growing more
contented and ultimately this content
becomes blessedness.

It is impossible that there should be
Unity and have that Unity divided.
We must be Zoroastrian or Unitarian
in our conception of God. He is either
One or two, (or possibly more.) If
One, he cannot be either good or evil,
or good and evil. He is. That is all
we can affirm of It. HE IS.

If we believe in both good and evil in
the governing, or originating power,
we have the contending forces of Good
and Evil, of Ormuzd and Ahriman.
Between these two, in Persian philo-
sophy, there is a constant warfare
for the Human Soul. Finally each
Soul wins. Good triumphs. Unity
cannot be divided thus. But toward
Unity we can each choose our attitude.
We can say of each circumstance, "It
is good," or we can say, "It is evil."
It depends upon the relation the cir-
cumstance bears to our happiness.
That which comes in line with our
desire we call good; that which is not
in line with desire we call evil.

What easier method of reconciliation
than that of Jesus? He said, "Thy
will be done," "Let thy kingdom
come."

All we have to assume is that there
is in Unity, in Law, that which is
wiser than ourselves. It is either that
we are able to manage the universe
better than it is managed or we are

I AM CAPTAIN OF MY SOUL.—W. E. Henly

not. If we are, let us work at it and not fret; if we are not, let us stop fretting and make the best of it.

All discussion upon this subject resolves itself at last into this: Could we have made a better world and, when made, could we run it better? The arrogance of the question settles it. Face this and you will quit all belief in evil.

Can I use the world and its opportunities better? This is the important question. This places all the responsibility upon me and I have only to do better to be satisfied, to be happy. This leads me to a change of attitude toward every condition and circumstance. I now declare that I will use it for good. It shall not result in evil to me. Whatever comes is a legitimate result of my conduct, therefore is good, no matter what it is. I choose good and eschew evil.

When we make this determination, then, no matter what comes, it is good. We are like Mark Tapley, happy, under all circumstances. It is in this light of personal responsibility, of personal liberty, and of personal choice that Thoreau made the wise statement which is one of our constant Affirmations. I am so fixed in my love of Good, so settled in my conviction of Good that if God tried to be unkind to me as He did in the old fable of Job he could not. There is no other possible Affirmation that will give the happiness of this: All is Good. Try it one month and report.

"Amid the maddening maze of things,
And tossed by storm and flood,
To one fixed trust my spirit clings:
I know that God is Good."

Thoughts are but Ideas in motion, and they differ from the essence which is moved as much and as widely as waves differ from the water beneath them.—*Andrew Jackson Davis.*

Happiness stands like a maid at your gate,
Why should you think you will find her by roving?

Never was greater mistake than to hate—
Try loving. —*John Esten Cooke.*

See renewal proposition entitled, '15 for 12' on editorial page.

RANCH PHILOSOPHY.

A COMPARISON.

Elder Brown an' ole Deacon Sims
Are men uv strong an' strenuous whims.
Each believes in fire an' damnation
Es actual parts uv God's creation.

Peculiar, tew, ole Deacon Sims
Is groans an' tears an' all sich things
Thet mars the happiness an' joy
Uv the church attender's boy.

But good ole laughin' Elder Brown
Weights about two hundred pound.
He gives a feller a healthy grin,
Wether he's with er without sin.

While Deacon Sims, with long drawn face,
Is forever damnin' the human race,
Seein' nothin' but bad an' wuss,
Termoil an' sorrer, muss an' fuss!

Now easy goin' Elder Brown
Hasn't time ter cast a frown,
Though he believes in a blazin' hell,
Reckons it a good place ter dwell!

Elder Brown an' Deacon Sims
Are honest men in spite of whims,
Fer each hes only drawn his own
In shape uv laugh er solemn groan.

So ef your brain hunts gloomy things,
They'll fly ter you on speedy wings.
As sure as the sun'll shine termorrer,
The heart your brain'll ever foller!

—*Sam Exton Foulds.*

SUGGESTION IN A SWISS INSANE ASYLUM.

Forel, while medical director of the cantonal or State asylum at Burghoelzi, and one of the professors of the University of Surich, Switzerland, succeeded in hypnotizing nearly all his asylum attendants, both male and female, a large proportion of them becoming profound somnambules. For ten years experiments were made in regard to the use of hypnotism in the night watching of dangerous lunatics. Warders were hypnotized and trained to sleep by the bedside of those patients and to awake the instant they heard them attempt to get out of bed, the hypnotic suggestion being made use of to inhibit all sounds which had no reference to the duty laid upon them, and it was found that warders so hypnotized could perform night duty for six months and work hard all day without showing signs of fatigue. The results of these experiments were, it is said, uniformly successful, and no accident of any kind occurred. —*From an address before King's College Medical Society, London, by Dr. Milne Bromwell.*

* AFFIRMATIONS. *

[An affirmation bears the same relation to Soul Culture that an axiom bears to mathematics. It is to be taken as Truth, not reasoned upon, but accepted. Thus held, it will mould the expression of life into its own likeness. The "I" is the ego of the person who affirms. As one says, "I am happy," when all goes well with him, he is to learn to say, "I am happy," when all seems ill to him. He will thus, by Auto-suggestion, produce in himself that mental state which is happiness. These Affirmations are given every month as spiritual gymnastics by which one may grow into self-control. When they are repeated, or held in mind, other and injurious thoughts cannot come in. Thus by conscious choice one becomes Master of Fate.]

OMNIPRESENCE.

I am not contained between my hat and boots.

—Walt Whitman.

Though I make my bed in hell, Thou art there.

—Psalmist.

O Infinite and Omnipresent Power,
I am One with Thee!

Thou art in me, and I in Thee.

With Thee I too am omnipresent.

This external world is but Thy appearance.
Thou art more, infinitely more.

What Thou art in Thy world, that
am I in my world.

Thou art present in every part at all
times. I am present in every part of
my body at all times.

Thou art present at all times in every
part of Thy Universe with all Thy
Power.

I am present in every part of my uni-
verse at all times with all my power.
Everywhere Thou art, but Thou and
I are One; I am everywhere.

Thou Absolute, art the Unseen, the
Unmanifest, the Latent Power; I am
the Manifest, the Seen, the Active
Power; we are One and the same.

No matter where I am, since I think,
I am the One Conscious God and All
is mine at desire or need.

No matter where I am, I am the only
manifestation of the Absolute that
has Individuality. I also have power
to think and to say, "I think;" to feel
and to say, "I feel!"

Thou art in the majesty of rivers and
the gentleness of brooks. I am there
with Thee.

Thou art in the grandeur of the moun-
tain and the grace of the lily. I am
there with Thee.

Thou art in the beauty of the sunset
and the modesty of the violet. I am
there with Thee.

Thou art in the greatness of the star
and the littleness of the pebble. I am
there with Thee.

Thou art in the forming nebula and
in the gentlest zephyr. I am there
with Thee.

We are everywhere. We the Omnipres-
ent One and we the Two in manifes-
tation. Thou art the Potential, I
the Actual, but I am all of Thee.

No matter where this body is, I am
with Thee and am content.

No matter where this personality is,
it is in Thee and Thou art in it and I
am blessed.

No matter where this which the world
sees and names is located, I am limit-
less, and "without body, parts, or
passion." I cannot be located. I am
one with Thee.

Bloom, O flowers! sing, O birds! mur-
mur, ye streams! blow, ye breezes!
thunder, ye storms! quake, O earth!
fall, ye stars! die in boundless space,
O ye suns! disappear from manifesta-
tion, all ye infinitude of worlds! I am!
I am one with ye all, but I am more
than ye all. By your unconsciousness,
are ye doomed. I, the Self-Conscious,
shall live when ye are not. I alone in
my recognition of Individuality, am
immortal. I AM I evermore.

HEALTH TREATMENT.

I am self-poised and self-centered. I am opulent
in health, wealth, and happiness. I know and
realize the truth of unity. There is nothing be-
tween the Law, Lord God All Mighty and my
body. God fills my body, and it is full of good
health from head to foot. So be it.—*Harmony*
(*Divine Science*).

Trouble gwinter to find you,
'Taint no use to run,
But dar's boun' to be some blessin's
When de trouble all is done.
An' de joy is jes' as certain
As de day of sorrow's doom,
Foh when it's time foh roses,
Why de roses gwinter bloom.
—Washington Star.

The more honest a man is the less he affects the
air of a saint.—Grant Wallace.

GREAT ARE THE SYMBOLS OF BEING,
BUT THAT WHICH IS SYMBOLED IS GREATER.—Richard Realf.

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N O W.

* SOUL CULTURE LESSON. *

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I AM SUCCESS.

How I Won It through Affirmation.

A Series of Lessons in Soul Culture:

No. 9.

HOLD FAST AND LET GO:

Let your yea be yea and your nay be nay.—
Jesus.

Work when you work; play when you play,
That is the way to be happy and gay.

—*Old School Reader.*

Henry Ward Beecher, in speaking of a prominent English clergyman, said, "When he visited my home, he only added one to my children." There is no better element of success than the ability to thus relax. It is true that there can be no business success without Concentration, but there can be neither health nor happiness without relaxation. Nature is one in all her manifestation. All our possible knowledge is but that of motion. All motion manifests in undulation. Spirit and Thought, wind and wave, are all obedient to this same law of Vibration. Therefore, all business must move in undulations, have its periods like moon and tide, Spring and Autumn. The tables of the stock market are those of fluxuations. Every register, every balance sheet, is a record of this same law. Each week differs from the others in the year. Even the mail the postman brings fluxuates every day in number and value.

Man is subject to the same law. Read Longfellow's diary to see how inspiration varies. Study the history of literature to see that essays and histories have their seasons. Carlyle and Emerson were subject to the same fluxuation of power.

All operations on stockboards, and speculations of all kinds, pass through undulations. They have periods of success, periods of failure; periods of rush and of rest. Yesterday, a client called, who had formerly had years of

success, but for three years had been going downwards. He had never learned the law of periodicity. When we vibrate with nature, we shall as naturally concentrate and relax at proper times, and thus vibrate with nature, as does the sailor at sea. He has learned to vibrate with the wave and avoids sea-sickness. When we learn to vibrate with the silent forces of Spirit, we shall avoid failure and all ills. To be concentrated all the time is to lose health and happiness, is to fail. To have no concentration is to be a cipher. The golden mean is to oscillate between the two, to work all over when we do work, to play all over when we do play. *But Play we must.* There is five times too much work and one fifth the proper amount of play. What is play? Enjoyment.

It is not necessary to teach you that concentration is necessary. The business world has already compelled you to learn this lesson. Too much effort is under the one thought of Necessity and Success through *must*. What concentration is in the scientific field is stated by Prof. Edgar L. Larkin of Mt. Lowe Observatory, in a late article. "It is a marvel what the mind can accomplish in sixteen hours of continuous effort *without stopping to think of anything else.*" This last phrase which I have italicized is concentration. Pay attention to one thought until you become that thought. Then it works itself. When this concentration is under necessity, is under business pressure, under that of the ambition of the scholar, a reaction must come. It comes less soon and with less rigor to the scholar and scientist, because the LOVE OF TRUTH inspires the one, while love of material power inspires the other. Are you seeking your ideal in financial, political, or business success? Then the more need of letting go at intervals and becoming like a little child, and in play (which is doing something simply because you love it) find recuperation. Have at times no other

A FACT IS THE DIRECT SPEECH OF THE FATHER.—Theodore Parker.

thought in your mind but just enjoyment.

Voluntary concentration and voluntary relaxation is the secret of success. This is *the* philosopher's stone which turns all circumstances of life to gold. Learn to choose your thought. Learn to hold it with persistency. Become it! When you choose lay it down for another voluntarily chosen. Learn to do so. There is no need of ten hours' nor even of one hour's concentration upon any subject. You can concentrate for one minute when you know how and let the Thought possess you. Thought, being power, will run itself until you decide to give yourself another suggestion. Learn the law of Auto-Suggestion (Affirmation) and work at working time and play in play time.

Do not mistake a change of involuntary thoughts for relaxing and rest. Such attempts at rest, at relaxation, we find at seaside, fashionable resort, theatre, billiard table, social rout, etc. They are only a change in concentration, in excitement, are only a change in mental tension. Letting go is found in doing because you love it. It is a letting down of power; it is giving the whole nervous system a rest; it is play for play's sake; it is enjoyment within and not forgetfulness born from a distraction caused by external conditions.

How? Change your mental attitude and find yourself relaxed. Remove all thought of *must*. Never be driven or drive yourself or your business. LET it come. LET it be done. Let it think itself. This leaves you clear-headed. Concentrate upon your thought. Let details be met as they arise. Pay attention to what you are doing. DO it and do it all over. If it is play, play. It is half doing that kills, that fails. It is failure to work, wishing all the time for rest; to rest, thinking of work. Learn to concentrate upon the simplest thing you do. If it is to sweep, sweep with mind as well as with hand. Is it to write? Write with mind as well as with pen. Whatever it be, let

it occupy your attention. *Religiously set aside a portion of time for yourself to be happy in.* When that time comes, if business, care, worry, anger or any fear seeks to call, tell it that you will attend it at the next business hour. Think of Carnegie who is so fearful of death that he will not let it be talked of in his presence. With all his millions, is that Success? Fear nothing. Think of anything desired as yours now *and enjoy it.*

Here is the law of success: ENJOY WHAT YOU HAVE. Put the dollar into enjoyment. It is in that way safely invested and will bring returns not only in health and happiness, but in dollars also. Some portion of the day do that which you love, that in which you forget yourself. With loss of self-consciousness is relaxation, rest, new life. Beware lest the thought of competition enter into your rest. To play cards, billiards, to dance, row, yacht, or golf with a view to beating only, is to work under excitement, is to be self-conscious, is to plant illness and failure in body and business. Play for the joy of playing. Be as willing to lose as to gain. This is resting. Play with children, pets, flowers. Commune with book, picture, Nature. Learn to undulate in emotion, in thought, with the vibrations of the universal mind. This is Success.

The Affirmations from this Lesson are:—I am prosperous because I am happy. I enjoy Being. I enjoy doing. I enjoy resting. I enjoy playing. I enjoy getting. I enjoy investing. I enjoy spending. I enjoy growing. I enjoy every moment. Life is to me blessed.

We are bound to say that there is a prompting inspiration about that little word NOW that heads the "biggest little paper in the world," published at 1437 Market street, San Francisco, Cal. It is full to overflowing with *nowness*. Some of us live too much in the future, and some too much in the past: but NOW is the accepted time. Health, wealth and happiness are ours by right, and we can have them NOW! If you don't believe it, send a dime for three months trial subscription and be convinced.—*The Anvil*.

HE'S SIMPLY GLAD BECAUSE HE LIVES,
AND GLAD THE WORLD IS FAIR.—Bayard Taylor.

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N O W.

THE SONG OF THE UNIVERSE.

Untl the soul of man has tilled the field;
Experienced the full alphabet of life;
Has joyed and sorrowed, fought and learned to
yield;
He cannot hope to lead a perfect life.
The world is but a circle cut from space.
Humanity, strong germinals clipped from time.
Light, color, sound and odor hold their place.
Each scattered note essential to the rhyme.

There's perfect order in this giant scale;
Nothing remains unfinished, incomplete.
With one note less the symphony would fail,
Each fraction falls at universal beat.
Our earth rolls on, full measure and full weight
Of land and water, open space and hill.
The low wide plain completes the mountain's
shape;
Rivers empty the ocean which they fill.

The forest weights itself against the rock;
The clouds lock forces in the upper air;
The rain dropslessen wind and thunder's shock;
And darkness is pitted 'gainst the sun's fierce
glare.

Our music is a language without words,
Enchained vibrations, focusing earth's wheel.
Life echos every sound that we have heard,
Betraying thus emotions that we feel.

It takes seven perfect notes to complete a tone;
In colors seven, light gives us primal hue;
With seven seeds the earth at first was sown;
And seven planets ruled them as they grew.
There's no vibration in all outer space
But finds response within the Soul of man;
With each note blends harmonious his grace,
When he has tuned himself to understand.

—Dorothy O'Neil, for NOW.

HUMAN OMNIPRESENCE.

An ex-minister of this city had this experience. He was writing late one evening in his study when a lady friend entered, unannounced. She looked over his shoulder at his writing for some time, then sat down. He spoke to her. She made no reply. He tried several times to enter into conversation with her, but she would not converse. It grew late, but still she sat there. Finally he suggested that it was after midnight and she had better go home. She still sat there. He became aware that it was, to use his own term for it, "A thought-form," and left his study and went to bed. Sometime after he called upon her. She had no knowledge of the visit. Later he read to her the pages he was writing and she remarked, "Why, I

have read all that before somewhere." We can only comment by saying that sub-consciously she had read it and it had been stored away safely until the right suggestion brought it into expression.

A letter from a California friend narates this:—"I knew that Mrs. W. whom I was nursing must soon pass out of the body. She clung tenaciously to life. She saw spirits about her and in the room. She finally described a man so plainly that I knew it was you. Then she said, 'It is Mr. Brown' (whom she had not seen.) I called for you Tuesday evening to come and help her. You did not come. Returning from a walk Wednesday evening at 7:30, you met me in the hall. I saw you as plainly as I ever saw you. You stayed until 9 p. m. and then said, 'I will return soon!' You came at midnight and on leaving said, 'She will pass out early in the morning.' She did so."

Now, while I never saw the sick lady nor was ever in her house, I was interested in her as a friend of my friend and we had often conversed about her. That Wednesday evening at 7:30 we were conversing about her and I tried to ascertain psychically whether dissolution had taken place, —thought it had not but soon would. That is all my conscious knowledge of my omnipresence. Were we conscious at all times of what we do or whom we meet, we would find that there would be no here and there, nor now and then to the I AM.

PRACTICAL METAPHYSICS.

I should like to give you some practical results of my investigation of metaphysics. I am not the victim but the victor of metaphysical treatment. For six years I was afflicted with an eczema which would not yield to all the medical skill which I could obtain. For six years they failed to help me. In six weeks, with the help of metaphysical treatment, I was cured; my physician living in Chicago and I living in Indianapolis while the cure was taking place.—From a report of the remarks of Dr. Albrecht before the State Dental Assn. of Ind.

TO-DAY OF ALL DAYS IS THE DAY TO BE ADMIRER.—Thoreau

MISCELLANEOUS.

THE WINNING SPIRIT.

Feller who kin wear a smile
When misfortun' gits him down,
Is th' chap thet's goin' to wear
Jewels, sum day, in his crown.

Feller who jes struggles on,
When hope looks es black es sin,
An' when life 'pears like a farce,
Is th chap thet's goin' tew win.

Feller who jes grits his teeth
An' refuses to say die,
Is th' chap thet's goin' tew git
There with both feet, bye an' byc.

—Ohio State Journal.

EXPERIMENTS IN TELEPATHY.

This greatest of human discoveries is attracting more and more attention every day. As a pioneer in the line of human evolution, NOW will never fail to keep this discovery and its significance before the world. Some very interesting experiments have been given in this city during the past two weeks by Dr. Alex. J. McIvor-Tyndall. Among them was his driving blind-folded through the streets under the direction of a committee of prominent and honorable gentlemen, going to a hotel, finding a name on the register, spelling it out and writing it upon a card. Among the many interesting experiments at his matinees, was his writing backwards of a word selected by a lady in the audience and telling the number of the page of the book where found. He also wrote date, name, bank and value of a check sealed in an envelope and placed in the pocket of the maker, these items being unknown to anyone but to maker himself.

But one successful manifestation of Thought-Power the Press has not reported. I awakened the morning after his first Matinee with a strong desire to send him my book, "Man's Greatest Discovery," with letter and invitation to call at our office. Sam took them to his room at 10 a. m., but at that hour Dr. McIvor-Tyndall

called at "NOW" office. He told us later that he felt to come, did not know where it was, nor why he desired to come, but walked up here as if drawn. But valuable results to all concerned followed that visit. This I regard as a more valuable experiment than any of the others. It demonstrates that at all times we are enfolded in a sea of thought-waves; that we are susceptible to those which are in harmony with our thought; that those which awaken no antagonism in us are obeyed; that we readily receive help going our way. There is, however, no worse error than that held by so many, that we are subject to all evil thought. It is not truth. No thought can touch us that does not find its like in us. We are magnets. We draw our own. If the idea of coming to "NOW" office had been obnoxious to the Doctor, he would have cast the thought aside. But, knowing of NOW and its editor through mutual friends and having a desire to see us, it was easy for the thought I sent out to bring him. There is a most valuable moral here, one of the most important laws of life man has found. No evil can touch us if we do not think evil. Belief in devils creates devils; belief in evil spirits creates evil spirits; belief in malicious magnetism creates such magnetism; belief in bugbears produces failures; belief in sins and disease creates these conditions. When there is in the mind only the belief in Goodness, where there is the Affirmation, "All is Good," no evil is possible. Remember the law of life is, *I am that which I think I am.*

THOUGHT IS FORCE.

The way in which a person who understands the Law of Life can use it in healing others is through the newly discovered fact of thought transference. I state it as a fact not generally understood that thought is a fluid generated in the human brain. [O, Mrs. Wilmans, why not say it is Life manifesting through a human brain. Can a brain generate anything?] The

character of every person's thought is of a piece with his intelligence. A person who believes in the power of disease generates diseased thoughts. An ignorant person has ignorant thoughts. An intelligent person has intelligent thoughts. A person who has reasoned himself out of this belief in disease, through a study of the Law of Being, and has discovered that *all is life*, and that disease is but an ignorant denial of this truth, generates health thoughts, vital thoughts, which, being positive to ignorant or diseased thoughts, correct or change them, and occupy their place in the brain and body of the patient. This is thought transmission. Thought can be sent any distance. It is not confined by the limitations of earthly space. There is nothing that can hinder or delay it the ten thousandth part of a second. Thought charged with an intelligent commission, impressed with the will of the person who generates it, knows where it is going and what it intends to do. It is the most powerful substance in the world and is the most trustworthy. It does what the brain that gave it commissions it to do, and it does it without mistake.—*Helen Wilmans, in Freedom.*

LOOK FOR THE BEAUTIFUL.

"Why, Mr. Turner," said a lady who had been looking, with the artist, at one of his wonderful landscapes, "I cannot see those things in nature." "Don't you wish you could, madam," inquired the artist.

Fortunate is the person who has been trained to perceive beauty in everything; he possesses a heritage of which no reverses can rob him.

Every Soul is born responsive to the beautiful, but this instinctive love of beauty must be fostered through the eye and the mind or it will die. The craving for beauty is as strong in a child of the slums as in a favorite of fortune. "The physical hunger of the poor, the yearning of their stomachs," says Jacob A. Riis, "is not half so bitter, nor as little likely to be satisfied

as their aesthetic hunger, their starving for the beautiful."

There are superb personalities that go through life extracting sunshine from what to others seems but darkness, seeing charm in apparent ugliness, discerning grace and exquisite proportions where the unloving see but forbidding angles and distortion, and glimpsing the image of divinity where less beautiful souls see but a lost and degraded human being.

It is a heritage possible to all who will begin early in life to cultivate the finer qualities of the soul, the eye and the heart.

A beautiful character will make poetry out of the prosiest life, bring sunshine into the darkest home, and develop beauty and grace amid the ugliest surroundings.

It is not circumstances so much as the attitude and quality of the mind that give happiness, contentment and divinity of service.—J. Lincoln Brooks, in *Success.*

WE ARE WHAT WE THINK.

"The Light shineth in darkness but the darkness comprehendeth it not."

Think of the following being in an M. E. Church paper! Yet there NOW found it, in a little church quarterly, *The Pulpit and the Pew.* Surely even theology moves:—

People grow old by thinking themselves old. When they reach the age of forty, fifty or sixty, they imagine that they look like others of the same age and that they soon will be useless, unfit for work, and unable to perform their wonted duties. As surely as they think this, it will come true, for thought is creative. How many of us can say with Job: "The thing which I greatly feared is come upon me."

The time will come when children will not be allowed to celebrate their birthdays; when they will know that, by thinking themselves young, they will remain young, and that they will cease to grow old when they cease to believe in old age. The body is built up of beliefs, and our convictions are stamped upon every fibre of our beings. What we believe, what we think, that we are; so people who remain young in spirit never grow old.

TO-DAY A SONG IS ON MY LIPS!
EARTH SEEMS A PARADISE TO ME.—Geo. Arnold.

N O W.

11

THE EFFECT OF SUGGESTION

Is illustrated by the following items that I clip from an exchange:

A Lewistown, Me., man borrowed a neighbor's battery for treatment of his rheumatism. After he had been cured by application of the battery he discovered that he had never turned on the current once. He had simply taken hold of the handles and faith did the rest.

An electrician says that it is possible for him or for any other man, familiar with wires, to take double the number of volts that a person in mortal terror of the mysterious fluid can possibly survive.

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6
serial stories, each a book in itself, reflecting American life in home, camp and field.

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thoughtful and timely editorial articles on important public and domestic questions.

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short stories by the best of living story-writers—stories of character, stories of achievement, stories of humor.

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bright and amusing anecdotes, items of strange and curious knowledge, poems and sketches. A full Announcement of the new volume will be sent with sample copies of the paper to any address on request. The new subscriber for 1903 who sends \$1.75 for the new volume at once will receive free all the remaining issues for 1902, including the Double Holiday Numbers; also *The Companion Calendar* for 1903.

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AND MESMERISM,

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This is a book that NOW can recommend without any mental reservation. It can be depended upon for its truthfulness, simplicity, and clearness. 112 pages. Sent from NOW office upon receipt of 75c.

Nothing is so much to be feared as fear.—*Thoreau.*

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God Is Here.	I Am Peace.
My Supply Is Infinite.	I Am Power.
All Is Good.	I Am Success.
Peace Is Mine.	I Am Joy.
All Is Mine.	I Am Content.

I Am an Unfolding Soul.
Now is the Only Bird that Lays Eggs o' Gold.
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SINCERITY IS THE WAY TO HEAVEN.—Confucius.

THE SILENCE, AWFUL LIVING WORD.
BEHIND ALL SOUND, BEHIND ALL THOUGHT.—W. C. Gannett.

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N O W.

OFFICE OF NOW,
1437 Market street, San Francisco, California.

DECEMBER, 1902.

NOW,

HENRY HARRISON BROWN,
EDITOR.

A monthly Journal of Positive Affirmations.
Devoted to the Science and Art of Soul Culture.
It is the utterance of the Editor only. All thought
not credited to others is his.
Its basic Affirmation is:—Man is Spirit and can
manifest as spirit here and now.

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HE ALWAYS WINS WHO SIDES WITH GOD.—Old Hymn.

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"NOW" Co., 1437 Market St., San
Francisco, Cal.

FREEDOM AND THE MAILS.

Helen Wilmans' *Freedom* has again run amuck with the P. O. Dept. After waiting in vain for two months for a decision in regard to their application, the Wilmans Pub. Co. printed an edition of 200,000 copies and had them ready to mail as sample copies to names furnished them by friends of Mental Healing. Just then a telegram was sent to a local Postmaster, telling him to charge third class rates, i. e. 8c per lb. instead of second class rates of 1c per lb. The Dept. has a despotic rule and one we believe not warranted either by the letter or spirit of the postal law, that the regular subscribers must approximate 50 per cent of *all the number of papers printed.*

What *Freedom* will do remains to be seen. The best legal talent will be employed to test the power of the Third Ass't Postmaster-General to thus, in the name of economy, interfere with the freedom of the press. There is probably but one way to right the matter and that is at the ballot. Congressman Loud, from this state, Chairman of the Post Office committee of the House of Representatives, who is responsible for the pigeon-holing of all bills that look to the relief of the press in postal matters, and author of the iniquitous Congressional bills that have been defeated, was himself defeated in his efforts for re-election. No doubt his attitude toward the postal clerks and carriers and upon newspaper postage was the factor that turned the scale against him.

From the time of his re-nomination, "NOW" Co., in the name of Justice and under the Principle of Freedom of the Press, treated him and the voters of his district for Defeat.

Not always will people, under the mask of economy, see the dearest principle of a free government, next to freedom of speech, thus curtailed. The party that allows it will, like Loud, find itself turned down. Justice is done. Truth is ever vindicated.

Press on, **FREEDOM**, and, *Freedom*, the day of redemption is at hand. Woe to him who stands in the path of Evolution and Liberty. It is better never to have power than to use it arbitrarily.

Important! The publishers of **NOW** will apply for second class postage rates upon the January issue. The General Post Office Dept. has ruled that those only can be classed as "Regular Subscribers" who have either paid or have promised to pay during the year. Many subscriptions expire with this Dec. number. We wish to have all these names on the list which we shall furnish the Dept. Will all who receive notice that their subscriptions have expired renew at once? By doing so, you will greatly assist us. When you cannot send cash, send us a request to continue sending **NOW** and we will gladly do so. All who send their subscriptions before Jan. 1, will be entered on our books as paid up to April, 1904, so as to include all Vol. 4.

N. B. If any subscriber receives an inquiry from the Gen. P. O. Dept. as to whether he is a subscriber or not, please answer "yes" at once. This will help us. Not a name will be kept on our list that is not a regular subscriber. We shall either have received the cash or a promise before the name will be entered upon our books.

Helen Wilmans, in her *Freedom* of Sept. 24, speaks thus of **NOW**:—"There are so many good things in **NOW**, published at 1437 Market St., San Francisco, California, that when I begin to quote from it, the first I know I am getting it all. Such being the case, I advise my readers to send a dollar and get it. It is in magazine form—a good shape for preserving, and there are few publications as well worth keeping as it is."

You should have a Psychometric Reading. See ad. on page 11.

EDITORIAL.

SELF-POLARIZED.
INTERIOR POWER.

[Eighth Article on the Science of Mental Healing.]

Come learn with me the fatal song
Which knits the world in music strong.
—Emerson (Wood Notes).

It may be that no Life is found,
Which only to one engine bound
Falls off, but cycles always round.
—Tennyson (The Two Voices).

The things that are really for thee, gravitate to thee. . . . O believe, as thou livest, that every sound that is spoken over the round world which thou oughtest to hear, will vibrate on thine ear. Every proverb, every book, every by-word that belongs to thee for aid or comfort, shall surely come home through open or winding passages.—Emerson (Over-Soul).

The tendency of scientific investigation is to recognition of Limitations. That which is found by the methods of physical science is to it the only fact. The laws observed in the lower vibrations, the limitations of those vibrations, and the measure or perception of them by the senses they have called into activity, are to most people the measure of Man. Human powers are, by a false logic, limited to the powers that have been found by scalpel, crucible, or delicate instruments that note temperature, respiration, circulation, etc. A few scientists have dared to overstep this limit; they are finding behind, or above, or within, these octaves called matter, with which man has been toying, still other octaves of motion that their instruments cannot find. Some of these finer forces the savage obeys when he tracks his game or foe. Some of them the dying sense in vision; the saint feels them in his ecstasy; the psychic senses some; others move the orator, artist, musician, singer, and poet. By some, the traveler or engineer or picket is warned of danger. Some call us to door of friend and bed of the dying. There is a world within our world, a form within our form, a life within our conscious Life, a motion within

our visible motion. Those who have studied Man from the Within know this. Man as a Center is a radiator of forces finer than any instrumented brain can sense. It is to Man himself that the scientist of the future will turn his attention. Here is an infinite center of Power. Unlike any other center in the Universe, it can tell to itself its sensation.

Limitations pass away when thus we study. Limitless as eternity, limitless as the universe, is Man. To him and from him all motion tends. He radiates God and God flows to him. This recognition of the God-flow makes him Man. Until he recognizes it, he is animal. As he develops in his recognition, he becomes more and more God-manifest. Where limit God? Why then limit God-manifest?

The first necessity, would one understand the Science of Mental Healing, is that he or she understand the Limitlessness of Human Power, not what man has done, but what he can do. "Life only avails; not having lived," says Emerson. When one studies in this thought, there is receptivity. Like Darwin, he is looking out ready to find, gathering data. Until then, there is traveling in a line with "keep off the grass" on either hand. Freedom of thought, freedom from limitations must be his who would find Truth, who would learn to master Fate, who would learn to live the deathless life here and now.

This Freedom can be his only who ignores in his philosophy the body and lives and reasons from the Soul- (Mind-) side of life. This is reasoning and this is living from Principle. All else is living and reasoning from detail. In the first is life; in the second is death. From body as body, radiate only those vibrations that can radiate from matter. They are finer and more powerful than those from metal, vegetable, or brute. These vibrations draw the materially developed ones together. They are the "magnetic" vibrations, so called, because they

have nothing in common with magnetism. Both are forces of the one Power and both manifest in differing degrees, the one universal attraction. This bodily or physical attraction has a certain degree of vitalizing power over the ill, weak, and the negative. When centered through Suggestion, it gives us magnetic healing. Each person radiates, therefore those who are strongly animal,—that is, those whose thoughts are limited to body and material things,—do, when they learn to concentrate and trust, become good vital centers and healers. To deny "Magnetic Healing" is to deny radiations upon the lower octaves where the body of man vibrates. When on this plane, the individual draws to him upon that plane. For the same law that dominates all centers, operates here.

Positive and negative are relative terms. Each thing, each person, is negative to all above in pitch, and is positive to all below. Each center with less velocity, is negative to those that, in its own sphere, revolves faster. Note the whirlwinds; when two meet, they become one and take a direction which follows the diagonal represented by the parallelogram of the two forces. So is it with whirlpools. The one law of nature is that the greater centers of like motion swallow the less, but the lesser, when thus enfolded, proportionately changes the direction of the greater and lowers its pitch.

This principle of physics gives the key to health and success treatments. Here we learn why most magnetic, clairvoyant, and many mental healers feel depleted or reduced in power after treatments. They work on the plane of Nature, that of matter, rather than that of Spirit; are limited in belief. The affirmation, Without Limitations, would leave them fuller of life after a million treatments. Personally, I am never depressed after a full day of writing, mental treating, teaching, and lecturing. (Would you grasp this Law, I recommend that in some text-

book or encyclopedia you study the "Parallelogram of Forces.")

Again turn to the whirlwind and whirlpool and note that the faster they revolve, the more they draw to them. When they are fast, they are powerful. They are fast because they are powerful; they are fast and powerful because they are higher in pitch, much higher than the surrounding mass. The soul is a center and draws to it as the whirlwind draws dust and the whirlpool draws driftwood. It draws its body and that which that body needs. It draws also that which it needs for its own expression. *Centers draw; Spirit-centers (called Souls) draw*, otherwise there would be no maintenance of individuality. Each soul, besides being a radiating center, is an attracting center. Each Soul attracts along the line of its needs, which are determined by its unfolding.

Weakness of body, disease, accident, failure, slander, lies, vice, death are manifestations of Soul weakness. The Soul that draws these is weak in attracting power and draws on the plane of lack. The opposites of these conditions are those of fulness, health, success, protection, safety, truth, good report, virtue; they are conditions of completeness. Souls that draw any of these latter are full of attracting power.

Whoever shall mentally heal himself of any disorder of body, business, social relations, or oppression, will do it by becoming more strongly centered. All whom others assist as Healers or Teachers will develop thus some power of centralization. Polarized, magnetized, chemicalized, are terms that approximate the truth. Only take from them all physical thought. Think of Self as a center and see that Self developing from whirlwind into cyclone. The one raises dust; the other, a town. So Souls strongly centered in Truth will manifest as great centers of power. Such draw to them that which they desire.

Here we have the KEY TO MENTAL

HEALING. It is DESIRE,—Desire strongly centered in FAITH. Jesus gave the Law of Mental Healing:—“Whatsoever ye ask, in faith believing.” That faith must be centered in the Power and Possession within your Self, within the Soul. Absolute Power can manifest only where there is an individuality through which to manifest. IT is unmanifest till the “I” comes. God, then, must manifest through the Soul. To the extent that a Soul becomes conscious of its power—conscious of itself—does God manifest. It is true, therefore, that without the “I” God could not manifest. IT would be simply the Latent, Undifferentiated Power, in which lies Omnipotence with all its possibilities. Without Faith in Self, God cannot manifest; with Faith in Self, all things are possible to Omnipotence within the Soul.

Faith is thus dynamic. “According to thy faith,” means according to the the amount of Omnipotence you will let manifest in you.

When thus Faith is placed in thought along side of the force that lies in other centers, it will be seen that it bears the same relation to a Spirit-center that magnetism does to a magnet (a magnetic-center), to electricity in an electric-center (a dynamo), to gravity in a gravity-center (a world). Faith draws that which is within its own sphere of radiations. Insulate an article and electricity does not touch it. So when a Soul insulates itself by its lack of faith (which it manifests in some thought), it will not draw. Desire is the directive power in the Soul. Will is the directing power of the intellect. They must both be grounded in belief of Possession of power to obtain or to manifest.

Health will be his who will LET Desire govern WILL in FAITH in his SOUL as a manifestation of Omnipotence. The Affirmation of Liberty, of Faith is:—Without Limitations. In this the Individuality is perfected. The Soul is free to manifest along its own lines its Omnipotence.

MENTAL TONIC.

BOOKS AND BOOKS.

An author wrote a little book,
Which started quite a quarrel;
The folk who read it frowned on it
And said it was immoral.

They bade him write a proper screed.
He said that he would try it;
He did. They found no fault with it
And neither did they buy it.
—Washington Star.

—
Farmers and washerwomen get a living out of the soil.—Chicago News.

—
“You asked her father for her hand?”
“Yes.”

—
“And he refused you?”

—
“No, he didn't. He said I could have both of 'em.”—Cleveland Plain Dealer.

—
He—“I say doctors are the meanest men going, and I can prove it.”

—
She—“How so?”

—
He—“Even when they treat a man, he has to pay for the drinks they give him.”—Baltimore American.

—
Manager—“We must put a great deal of realism into this woodland scene? Can you get someone to growl so as to resemble a bear?”

—
Assistant—“I think so. There are six or seven chorus men who haven't received their wages for three weeks. I'll call them.”—Tit-bits.

—
“So he gave you a dog?”

—
“Yassir,” answered Mr. Erastus Pinkley.

—
“He must like you.”

—
“Well, I can't make out foh sho' whether he likes me or whether he doesn't like de dog.”—Washington Star.

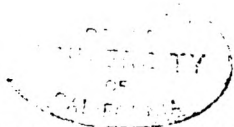
—
“How do you define ‘exercise’ as distinguished from ‘work?’” asked the teacher

—
“Exercise,” answered Johnny, “is work you like to do, and work is exercise you don't like to do.”—Chicago Tribune.

—
Waggs.—Say, if I'm ever 'lected to Congress, you know what I'd do?

—
Jaggs.—Naw; what?

—
Waggs.—I'd put de mile stuns closter togedder and we wouldn't have to walk so far.—Baltimore American.



**ALL AROUND HIM PATMOS LIES,
WHO HAS SPIRIT-GIFTED EYES.—Edith Thomas.**

N O W.

17

* **WORDS OF GOLD.** *

"I am well pleased with the motto."—Mrs. C. C., Catalina Island.

"How to Control Fate through Suggestion" has been so helpful to me.—W. H. C., Cal.

"November NOW is worth to me many times the year's subscription."—S. E. P., Denver.

"I like your writings for they are practical, something that cannot be truthfully said of many New Thought authors.—Dr. O. M. M., Neb.

"I wish NOW continued. I am growing in the Good every way and cannot well live without it. It comes like a sunbeam to cheer and en-
thuse new life.—Mrs. B. H. M., San Jose, Cal.

A subscriber in Spokane, Wash., sends 50 cents with the request that we send NOW three months to five of her friends. That is the way to do it. NOW will soon double its number of subscribers if each of the present ones will do likewise.

"I like your writings the best of anything I have found along the line of the New Thought literature, and I have read a great deal of it by one author and another. I think yours is so concise and to the point. I am recommending it to my friends, verbally and by letter."—H. S. L., Iowa.

A young man writes: "I have read 'How to Control Fate through Suggestion' and shall study it. It is grand and just what I needed. I have already received great benefit from your words as I have a peaceful feeling I have not known for years. I feel that there is no limit to the good I shall receive from this thought."

A business man in New Orleans, sending in a subscription for a friend and for a supply of books for distribution among his friends, writes:

"I find all your publications, which I have read, exceedingly valuable and very helpful in a practical way, and I want to pass on this 'good thing' to others. I wish to express my indebtedness to you and encourage you by my testimony of the value of your work. Bless you! Keep on."

Somebody has said that thoughts are things. The phrase is unfortunate, because it is misleading and inaccurate. This world is made up of things and forces. Thoughts are more subtle than mere things and far more potential. They are forces which change a man's life for better or for worse.—Rev. Geo. H. Hepworth.

LET CONSCIENCE BE YOUR INVARIABLE GUIDE.—Andrew Jackson.

PRESS NOTICES.

"MAN'S GREATEST DISCOVERY,"
by Henry Harrison Brown; 2d edition, 60 pp., price 25c. "NOW" Co., 1437 Market St.

Mr. Brown has done a real service to humanity in pointing out in this book some of the methods of developing the magnetic and motive powers of the human system.—*Philosophical Journal*
It is a glorious little book, and true in the highest and deepest sense.—*Boston Ideas.*

It cannot be read without benefit.—*Reasoner.*
We have read it with considerable interest. It is a remarkable little book.—*Colorado Graphic.*
It stimulates thought.—*Occult Truth Seeker.*

The author, in dealing with Thought as a Power, leads us through a study of vibration to the conclusion that the victory over death will come as the result of the knowledge thus attained.—*Philomathean.*

This book will help all who can see its truth and fire them with inspiration and energy. It purports to be the only work extant which demonstrates from the position of modern science the Unity of Soul and matter, under the thought of a *Present Immortality*.—*Points.*

Henry Harrison Brown in his own school o thought is a giant. This I know, that he has written a thoroughly live, readable, logical booklet which all will do well to study.—*Breath of Life.*

Henry Harrison Brown is writing books to beat the record. Here is the third in three months, and they are all good and popular. It is a book of thought stimulants.—*Nautilus.*

Each essay is worth more than the price of the book.—*New Age Herald.*

Life seems more worth living after reading it.—*Philo.*

A TESTIMONIAL.

A gentleman, who had been ill for years, took our Lessons in Suggestion, and writes as follows a few weeks after graduation:—

INSURANCE OFFICE, OAKLAND, NOV. 10.

Dear Mr. Brown: * * * I have quit worrying. I live for today. I have been happier, and my will has been strengthened, and I am a changed man. I feel like I had been freed from a prison. I wish all human beings knew how to live, then the misery in the world would turn to sunshine. I don't think the preachers understand the Bible; they leave the real bread alone to give us theology, and make so many mountains for us out of mole hills. I have perfect health. Yours, M. F.

*
* **BOOK REVIEWS.** *
*

[Books received will be noticed under this heading. Those we have space for will be truthfully reviewed.]

"Menticulture, or the A, B, C, of True Living," by Horace Fletcher. 280 pp., price \$1. Herbert S. Stone & Co., Chicago and New York.

Here we have a book that truly goes to first principles in the simplest manner and the most entertaining style. It is an A, B, C book of the New Thought and ought to be in the hands of every person. Its principles should be made the A, B, C of every child's education. The author considers worry and anger as the parents of all human ills. It is true they are two manifestations of fear. When these two are rooted out of the life, all the other manifestations of fear go. The principles are well illustrated by incidents. Among the literature of the home, this book must ultimately find its place where once the 'Daily Food' of text and hymn lay. No better mental food than the first 60 pages. From this menu, any intellectual meal can be served.

"My Jewels," by Stanley Waterloo; published by Coolidge & Waterloo, 87 and 89 Washington street, Chicago, Ill. Price, \$1.00.

In this book Katharine Lawson, a little girl eleven years old, tells the experiences of her brother Jim and herself in an attractive manner. It cannot but be enjoyed by every boy and girl as well as by older readers. A bit of romance in the story adds to the reader's pleasure. There is not a touch in the book that is not original in its simplicity of child life. We recommend it to our boys and girls.

'Elizabeth Towne's Experiences in Self-Healing,' written by herself. Holyoke, Mass. 50c.

I have but one criticism of this book. It is so full of thoughts and expressions I have used for years in my classes and lectures, and have in manuscript that there may be a charge of plagiarism when "NOW" Co. shall publish them. I cheerfully run the risk. Besides its pleasant autobiographical style which is most fascinating, it has some of the most practical things yet written in regard to Self-Healing. "There are millions in it" for the one who will imitate Mrs. Towne, if health and happiness can in any way be thought of in connection with dollars. I would like to run the book as a serial in NOW, but as you can all get it so cheaply I will let you read it there and give you something along

the same line later. Here is one passage too good not to quote:

"I went to filling myself up on *I shall be wealthy* statements. I could see no results but I kept at it. For hours a day, whilst busy at all sorts of work, I poured in those future tense statements. Then suddenly it came to me one day that I was putting off my wealth to some future time. I must claim wealth NOW. Then I began to say: I AM *wealth!* I AM! I said it actually millions of times. I tried to imagine it true, and to live up to it. Now I was trying to spend as the truly wealthy spend, with that sense of plenty always in reserve. My success grew by fits and starts. There would be quite a swell in the tide, then apparently a dead level; then another swell. But always there would be a little higher swell."

"Revelations of the Hand;" a Scientific Study of the Shape and Markings of the Hand, as an index to Character, Disease, and Tendencies, with explanatory illustrations; by Dr. Alexander J. McIvor-Tyndall. G. A. Wahlgreen, Denver, Col. 1900. Price, \$2.00.

This is a finely gotten up book. We are not a palmist, but a book by Dr. McIvor-Tyndall, the well known Mind Reader and Telepathist, will be of far more value upon this subject than one by a person who is not familiar with man's psychic powers. I have read carefully the Introduction. Its philosophy is in harmony with that of NOW. This fact expresses our opinion of the philosophy of the Dr. As to the value of the palmistry part of the book, judging from text and illustration, we should place it among the best. A friend says it is good. That Palmistry is a science we do not doubt. That there are few who have either the science or the art, we are sure. We agree with the Doctor, when he says: "But although palmistry is an acquired science and not a special gift, its secrets cannot be learned in a single day, a week, or even a year." Those who have time, disposition and patience, will find here a text-book worthy of their efforts.

Psychological Calendar for 1903. This is a collection of selections, teaching, through the right use of words and power of will, to direct thought so as to bring success, improved conditions, or whatever is desired. There is a thought for each day of the year. It is non-sectarian. Every person will find something in it acceptable. It is in the line of NOW affirmations. Its basic thought is:—Man is that which he thinks himself to be. It is only 50c. It will be useful, not for one year, but every year. I write this on Nov. 17. Here is the thought for

MAN IS SUPERIOR TO ALL LAW BOTH OF HEAVEN, AND EARTH WHEN HE TAKES HIS LIBERTY.—Henry D. Thoreau.

N O W.

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a year from today;—Assemble, calm thought, which expands by contemplation, and your thought shall be established. Address, Mrs. J. M. Young, 508 O'Farrel St., San Francisco, Cal.

Virginia Durant Young, author of the little book, "The Blue Hen's Chickens," noticed in Nov. NOW wishes us to state that the book is for sale by herself at Fairfax, Va.

News comes that the Home of *The Interpreter* and the manuscripts of the editor, Rev. George Chainey, at William's Bay, Wis., have been destroyed by fire. All the subscription books were burned. This will notify subscribers to that periodical to send their addresses so that they may receive the coming numbers.

"The Art of Attracting Power; or Self Healing. By Mildred Tong, 1713 G St., N. W., Washington, D. C. 10c. A fine little lesson.

The Woman's Tribune, Washington, D. C., is an Elizabeth Cady Stanton number. It contains the addresses of Moncure D. Conway and Rev. Antonette Blackwell at the funeral and many tributes to Mrs. Stanton. It is a valuable memento of one of America's greatest. Send 5c and get it.

Common Sense, A Journal of Universal Thought, Denver, Col., monthly, \$1.00 per year. Eugene Del Mar, editor and publisher. This is a new venture. The editor is a deep thinker and a careful reasoner. He is well versed in the sciences and philosophies of the day. He is well fitted to fill the needed place as one of the couplers between the old methods and the new thought. NOW wishes for this Journal and its editor success to meet the Ideal he holds.

The Co-operator, published by the Co-operative Brotherhood at Burley, Wash. 50c per year. This journal comes to us now in a magazine of 34 pages and a cover. I congratulate the Co-operative Brotherhood on this sign of success. Among all the co-operative societies, this, which I have watched for three years, is the one most attractive to me. It has excellent principles and methods and deserves, as far as I can see, success.

Let, a journal of the New Thought, Los Angeles, Cal., monthly, 25c per year, W. Sidney Fertig, editor, Vol. I, No. 3. The principle actuating this paper seems to be that of Affirmation. Its Motto is:—Let us do the best we know. NOW would say:—We do the best we know. *Let* will grow to so affirm. Send 3c for a sample copy.

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