



Kinross Newsletter



Founded in 1977 by Mrs Nan Walker, MBE

Published by Kinross Newsletter Limited, Company No. SC374361

Issue No 385 May 2011

www.kinrossnewsletter.org

ISSN 1757-4781

DEADLINE
for the June Issue
2.00 pm, Monday
16 May 2011

for publication on
Saturday 28 May 2011

Contributions for inclusion in the Newsletter

The Newsletter welcomes items from clubs, community organisations and individuals for publication. This is free of charge (we only charge for commercial advertising - see below right). All items may be subject to editing. Please also see our Letters Policy on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org
(all emails will be acknowledged)

Post: Eileen Thomas
Editor, Kinross Newsletter
50 Muirs, Kinross, KY13 8AU

Hand in: 50 Muirs, Kinross
or: 24 Victoria Avenue,
Milnathort

Editor

Eileen Thomas
50 Muirs
Kinross, KY13 8AU.....863714
editor@kinrossnewsletter.org

Advertising Manager

Ann Harley
2 Hatchbank Road,
Kinross KY13 9JY.....864512
advertising@kinrossnewsletter.org

Subscriptions

Glenn Neve
Saltire Transport Services
15 Marshall Place
Ballingry, Fife KY5 8JW01592 860808
subscriptions@kinrossnewsletter.org

Distribution

Glenn Neve (address & tel as above)
distribution@kinrossnewsletter.org

Treasurer

Ross McConnell
3 High Street
Kinross KY13 8AW.....865885
treasurer@kinrossnewsletter.org

CONTENTS

From the Editor	2
Letters	2
News and Articles	3
Police Box.....	11
Community Councils.....	12
Down Memory Lane.....	20
Club & Community Group News	21
Sport	33
News from the Rurals.....	44
Out & About.....	45
Gardens Open.....	47
Congratulations and Thanks.....	48
Church Information and Obituaries	49
Playgroups & Nurseries.....	53
Notices.....	54
Day Centre & Chemists.....	58
Classified Adverts, Situations Vacant.....	59
Diary.....	60

Front Cover: Photo by David Bauchop.

Perth Festival of the Arts logo by Madeleine Hand

Commercial Advertising in the Newsletter

Display Adverts

For details on how to place a Display Advert, please go to our website www.kinrossnewsletter.org and click on Advertising for full details, or contact our Advertising Manager. The deadline for new Display ads or changes to Display ads is three days before the normal monthly deadline for copy, so the deadline for display ads is **Friday 13 May**.

Typed Adverts

A typed advert may be placed for one or more months. These adverts are text only (no graphics allowed). Prices shown are effective from April 2011 issue. There are two rates:

Up to NINE lines (including blank lines)	£7.00 per insertion
TEN to FIFTEEN lines (including blank lines)	£13.00 per insertion

As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Ann Harley (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
- The wording of your advert.
- A note of the number of insertions required.
- Your remittance – cheques payable to “Kinross Newsletter Ltd”.

Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

The Newsletter reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy.

Editor Eileen Thomas **Typesetting and Layout** Tony Dyson **Word Processing** Julia Fulton
Advertising Ann Harley **Treasurer** Ross McConnell **Distribution** Glenn Neve **Subscriptions** Glenn Neve



Letters

Editorial

County Buildings

Local councillors have reported that the closure of the County Buildings is likely to take place in mid-May.

We're sorry we can't bring you any more information about how to access Council services after the closure. In March we asked PKC about arrangements and were told, as reported in the April Newsletter:

"Council services provided from the County Buildings in Kinross will transfer to Loch Leven Community Campus in the near future. The local community will be kept fully informed of these changes."

We do keep Council staff informed of our deadline dates and send the Council a copy of the Newsletter each month.

Last month's Newsletter was a new record-breaker size-wise, at 104 pages, and this issue equals it, but we'd still like to appeal for more Letters to the Newsletter. We'd be particularly interested in readers' views on the County Buildings. The Kinross-shire Partnership and Kinross CC have a joint group working on a project to keep the building for community use once PKC has moved out. At the Better Place to Live Fair, the Kinross-shire Partnership collected some suggestions on how the building could be used, but more would be welcomed.

Well done, Otters

If you don't have a swimmer in the family, you might not always read the Otters report in the Newsletter, but please take the time to read about their efforts in the national **Swimathon**, which took place on 9 April. They've put in a terrific effort to raise funds for Marie Curie Cancer Care. This is a very worthy cause: the organisation provides nurses to help look after cancer patients in their own home. This can vary from a couple of hours to a night shift, and is hugely valuable as it allows family carers to have a break, go out shopping perhaps, or have some quality sleep. Otters are still accepting donations.

Dear Readers,

Kirkgate Park

16 Apr 2011

Spring has arrived and it is good to be out of doors enjoying the freedom of the open space around us. Children are enjoying playing in the park, dog walkers are out, also enjoying the good weather. This was very evident on a recent visit to Kirkgate Park – lots of families enjoying the day. I think the park and Heritage Trail are busy all the time.

A parent contacted me recently as he was concerned that a dog was rather boisterous in the play area; not all children are comfortable with dogs running freely around them. I have spoken to the Dog Warden and Parks Officer and they would like to work with residents and dog owners to make the park enjoyable for all.

It is not council policy to put signs up requesting dogs owners to keep dogs away from play areas. Perth & Kinross Council hope that owners will be sensible and respect that some areas should be dog-free.

We all know dogs like to run around and have fun but this can be frightening for some children.

Kirkgate Park is a great place for everyone to enjoy, young and old. Children should be able to play safely. I urge all dog owners to be responsible whilst out with their dog at any time anywhere, not only in Kirkgate Park but in all parks, particularly near children's play equipment.

I am pleased that the much asked for toilets have reopened, completing the improvements to the park.

The improvements to Kinross town centre may be slow, but speaking to visitors to the town recently they thought it was a nice place to visit. Sometimes it is hard to appreciate what we have on our own doorstep.

I hope you are going to take time out of your busy life to enjoy the beautiful countryside around us.

Yours faithfully

Councillor Kathleen Baird



The new toilets and landscaping at Kirkgate Park (above right) are a visual improvement on the old (above left, photo taken in Nov 2008). Unfortunately the new toilets had 'closed' signs on them the day our photo was taken (Good Friday, 22 April 2011).

Letters Policy: We reserve the right not to publish any letter. Senders must supply their name and address and be prepared to have them published. The Newsletter does not necessarily agree with any of the views expressed on these pages.

Abbreviations: PKC: Perth & Kinross Council CC: Community Council Cllr: Councillor CCllr: Community Councillor



News & Articles

Fund-raising success of Kinross teenager reaches £8,000

Diagnosed with an inoperable tumour, Hannah Clarke (17), a Kinross High School pupil, embarked on a major fundraising mission to say thank you to medical staff and charities who have provided support by organising a Hollywood themed night at the Two Bridges, South Queens ferry.

Saturday 26 February was a great success for Hannah. The event, entitled A Night At The Movies to coincide with Oscars weekend, raised £7,130 for her nominated charities Fight Against Cancer Edinburgh (FACE) and Tayside Children with Cancer and Leukemia (TCCL). Both FACE and TCCL work hard to ensure patient comfort and care as well as helping the families involved.



l to r: John McGlynn, Raith Rovers Manager, Hannah Clarke and Grahame Clarke

Very much indebted to all the staff at the Royal Hospital for Sick Children in Edinburgh for taking such great care of her, Hannah and her sixth year rota group also organised a pyjama day at Kinross High School, raising a further £870 for the hospital charity.

Hannah would very much like to thank all those who kindly donated to both events including staff and pupils at Kinross High School, individual donors, local businesses and organisations including:

Alexander Harley Seeds
Kinross-shire Ladies Circle
Kinross-shire Round Table
Mandy's Hairdressing
Shop at the Green
The Windlestrae Hotel
Zen Zone

Beauty by Elaine
Knockhill Racing
Loch Leven Lodges
McNab Sport
The Grouse & Claret
The Muirs Inn

as well as a host of businesses out-with the Kinross area. Special thanks also to Maggie and Duncan McNab for encouraging fellow members of the Royal Warrant Holders Association to provide donations and items for auction. Also to Adrian Hendry for the generous donation and help given to Hannah on behalf of Kinross-shire Round Table.

100 Hole Challenge!

Two members of Kinross Golf Club are teeing up for a golf marathon. Stephen King and Neil Bell are aiming to play 100 holes of golf in one day in aid of Macmillan Cancer Support. With the course measuring 6200 yards, the pair will be walking 20 miles, assuming they hit the ball straight! The event will take place on **Wednesday 22 June** and the boys are inviting you to join them. Simply turn up and play as many holes as you want, or donate towards the cause. Any non-members can also turn up and pay a fee of £17.50, which is half the normal rate.

For more information please contact:

steveandneilgolf@gmail.com and to donate go to:
http://original.justgiving.com/100holenuggets

Block bookings at Campus - deadline

Live Active Leisure is inviting community groups, sports clubs and individuals in the community of Kinross who are interested in placing block bookings at the Loch Leven Community Campus to submit their application of interest for the further blocks in 2011 and 2012.


The application deadlines for the four blocks that will take place between July 2011 to June 2012 should be received no later than **Friday 27 May**. Contact the Loch Leven Community Campus on 01577 867200 or email lochlevenreception@pkc.gov.uk for further details.

Jim Moyes, the Chief Executive from Live Active Leisure stated:

"Live Active Leisure welcomes a high number of community groups, sports clubs and individuals in all of our LAL leisure venues. Loch Leven Community Campus in particular has been a great addition to our portfolio and has been extremely popular since its launch in 2009. Our aim in 2011 is to continue to provide a high quality of service and allow a diverse range of groups to enjoy the benefits of the campus."

Loch Leven Community Campus offers a wide range of high quality facilities including indoor sports halls, outdoor pitches, a dance studio and meeting rooms.

Live Active Leisure is an independent non-profit making Company limited by guarantee with charitable status that provides services on behalf of Perth and Kinross Council.


YogaWithAnna

Monday evenings - Crook of Devon Institute
 6.15pm - 7.25pm - Hatha - £5
 Build strength & flexibility

7.30pm - 8.40pm - Beginners Ashtanga - £5
 Get strong, flexible and toned for the summer
 with this dynamic yoga.

Anna Johns: 01383 851468 annabjohns@gmail.com
 or just come along.

CYS/Yoga Alliance Qualified Teacher (RYS 200)

Elections on 5 May

Scottish Parliamentary election

The Scottish Parliamentary election takes place on 5 May. Since boundary changes, our constituency is now called Perthshire South & Kinross-shire.

In the Scottish Parliamentary election you receive two ballot papers: a lilac coloured ballot paper and a peach coloured ballot paper.

The lilac ballot paper is to elect a **constituency member**. Voting is by putting a cross in the box opposite the candidate of your choice. The candidates for this constituency are:

CUNNINGHAM, Roseanna	Scottish National Party (SNP)
DUNCAN, Tricia	Scottish Labour Party
ROBERTSON, Willie	Scottish Liberal Democrats
SMITH, Elizabeth Jane	Scottish Conservative and Unionist Party

The peach ballot paper is to vote for **regional members**. The choices on the regional ballot paper can be parties or individuals. Voting is by putting a cross in the box opposite the party or individual of your choice. There are fourteen registered parties/individuals for our region, Mid Scotland and Fife. They are:

- All Scotland Pensioners Party
- British National Party
- Scottish Christian Party
- Scottish Christian Peoples Alliance
- Scottish Conservative and Unionist Party
- Scottish Green Party
- Scottish Labour Party
- Scottish Liberal Democrats
- Scottish National Party (SNP)
- Scottish Socialist Party
- Socialist Labour Party
- Solidarity
- UK Independence Party (UKIP)
- Andrew Rodger, Independent

In each region, parties and individual candidates win seats based on the number of votes they receive in this regional ballot and the number of constituency seats that parties win in the region.

Referendum

Also on 5 May, there will be a referendum on the voting system used to elect MPs to the House of Commons.

The question on the ballot paper will be:

At present, the UK uses the 'first past the post' system to elect MPs to the House of Commons. Should the 'alternative vote' system be used instead?

You show your choice by putting a cross in the 'Yes' or 'No' box on the ballot paper.

The two voting systems are explained in detail in an information booklet produced by the Electoral Commission. Copies of the booklet are being delivered to every household. The booklet also gives information about the Scottish Parliamentary election.

More information can be found at: www.aboutmyvote.co.uk or call the helpline on 0800 3 280 280.

Local horse in Grand National

A locally trained horse took part in this year's Grand National on 9 April. Silver by Nature is trained by Lucinda Russell at Arlary, Milnathort. The weather at Aintree was exceptionally warm and the dry conditions did not suit the horse. He and jockey Peter Buchanan did well to stay the course, however, as they were nearly brought down at the 13th fence by a falling competitor. Silver by Nature finished 12th. Of the 40 starters, only 19 finished. Two horses died after falling at fences.

Silver by Nature is owned by Geoff Brown, chairman of St Johnstone Football Club.

Cashmere and so much more at Lochleven...

Cashmere at Lochleven is back! Same location at the south end of Kinross High Street but a completely revamped look, feel and product range at prices you can afford. And a coffee shop!

With new stock arriving daily, look out for children's wear from August onwards and check out the stylish tartan wellies while stocks last.

It really does have 'something for everyone'. This time it's offering a whole lot more than a range of beautiful cashmere garments and accessories. A wide range of fun, stylish clothing for men and women from brands such as 'B Young', Amari, Osprey bags, Viyella, Caterpillar and Sherwood Forest are just a small taste of what's in store.

Cards, gifts, ceramics, scented candles are complemented by Scottish hand made jewellery as well as a range of contemporary jewellery, toys, hats, scarves, gloves and wrist warmers. The list goes on. With many items under £10, you'll get more for your money than you bargained.

We're just a minute away from Junction 6 of the M90 motorway, so whether you're local or just visiting the area pop in to the perfect stop off for good value stylish shopping and a catch up over coffee.

Polish Classes in Swansacre

It is good to announce that we have more than enough names to start Polish Lessons in October. Those who have registered an interest will be hearing from Perth College directly shortly. Any others who would like to join should be in touch with the office at the Learning Centre in Swansacre.

Alex Cant

First Click computer course for 55 +

PKC continues to offer beginners' computer classes for adults over 55 throughout the local authority area. This is in support of the BBC's 'First Click' campaign.

'First Click' aims to give a helpful, step-by-step introduction to using the internet and email. Classes are available in five-week blocks at Loch Leven Community Campus in Kinross. Classes run on Thursdays, 2pm-4pm until July. Booking is essential. Please call 01577 867218.

40th PERTH FESTIVAL OF THE ARTS

18th -29th May 2011



Joshua Bell, Steven Isserlis & Ian Brown
Academy of St Martin in the Fields
Bolshoi Orchestra & Opera
Peter Schaufuss Ballet Romeo and Juliet
English Touring Opera La clemenza di Tito,
Il tabarro & Gianni Schicchi
Tippett Quartet
Rainer Hersch Classical Comedy Orchestra
Ben Norris
Perth Youth Orchestra
Matisse & Ronald Forbes Exhibitions

Jools Holland's Rhythm & Blues Orchestra & Sandie Shaw
Loudon Wainwright III
Penguin Cafe
Alistair McGowan
Greg Davies
Jeremy Hardy
Jim Naughtie
Trail West
Katy Moffatt
Jimmie McGregor
Under Milk Wood
Art on the River, Daily Schools Concerts

Box Office 01738 621031 or online at www.perthfestival.co.uk

Music in Kinross Parish Church

Apologies for the mix-up over the venue for the last concert: this was due to performing rights regulations, and it was easiest to change the venue. Barbara Misiewicz and Anna Whyte gave sparkling performances. The next idea is to have a cello and accordion duo, which is original!

Our next concert is an evening with Gaberlunzie on **Friday 13 May** at 7.30pm. Gaberlunzie needs little introduction, but we don't hear them so often in Kinross. Tickets are £5.00 on the door, and children are admitted free.

On **Sunday 12 June**, a complete change is planned: the first appearance in these parts of the Scottish Recorder Orchestra. The orchestra is about 60 strong and so bowled over a mainstream violinist last year that he went home and composed a new piece for the orchestra, called 'Elevenses'. They hope to premiere it next year. The orchestra is conducted by Eileen Silcocks who is based in Greenock but jets all over the world taking master classes in baroque style and recorder playing. The repertoire is mainly early music and modern. The Orchestra has a link with the Dortmund recorder orchestra in Germany and shares platforms with them from time to time. The concert will last about an hour and starts at 6pm. There will be an opportunity to pop in to the rehearsal in the afternoon and see the whole range of instruments in action (from 8 feet to 8 inches!). Tickets are also £5.00 and children are encouraged to come at least to the rehearsal, but in any case, they are admitted free to the concert.

Calling all knitters!

Members and friends of Scotlandwell in Bloom have been busy knitting baby clothes for the 'African Babies Knitting Project'. This project was created for the purpose of supplying those destitute and in need in orphanages, safe houses, hospitals, rural and township regions with orphaned, premature, endangered, sick or HIV/AIDS positive babies and smaller children, supplying them with vital warm woollen clothing, booties, hats and blankets, to help them survive the extreme winter of South Africa. To date the group has sent three parcels of hand knitted garments and blankets, which have been very gratefully received.

We have recently received a sackful of wool and to make the best use of it, we would love to have some more knitters. Any type of baby garment can be knitted, so you can use your old baby patterns. However, if you don't have any patterns, don't worry, we can supply you with some. One of our patterns is for a very simple baby vest.

If anyone would like to volunteer to do some knitting for us, please contact Elaine (01592 840652) or Karen (01592 840379) for wool and patterns.

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Glenn Neve on 01592 860808 or email

subscriptions@kinrossnewsletter.org

Kilmagad housing decision prompts complaint to Scrutiny Committee

Councillor Mike Barnacle has written to the Convenor of PKC's Scrutiny Committee expressing his strong concern over the way a planning decision was reached by the Council in March. Coincidentally, the Convenor of the Scrutiny Committee is another Kinross-shire Councillor, Kathleen Baird.

As reported in last month's Newsletter, PKC gave approval for two large houses at Kilmagadwood on the edge of Scotlandwell at the March meeting of its Development Control Committee. The decision caused outrage amongst local residents. The site is part of a designated Area of Great Landscape Value; the houses will block views to Loch Leven as well as dominate the approach Scotlandwell. There had been dozens of letters of objection to the application and all four Kinross-shire Councillors were opposed to it. There had been two previous unsuccessful applications for the same site.

At the Development Control Committee meeting on 16 March, Convenor, Willie Wilson moved that the application be approved. An amendment was proposed by Cllr Sandy Miller and supported by Cllr Ian Campbell, who wanted to see the application refused on the grounds that it was contrary to the Kinross Area Local Plan. When the committee voted, the motion and the amendment had six votes each. Convenor Willie Wilson then used his casting vote to grant planning permission. In effect, the convenor had two votes.

In his letter to the Scrutiny Committee Convenor, Cllr Barnacle summarises his three main areas of concern as:

- The accuracy and selectivity of planning reports placed before the Development Control Committee;
- The lack of reference to the Main Issues Report submissions for PKC's new single development plan and liaison with Forward Planning officers that are material to applications;
- The use of casting votes by Convenors of Planning Committees.

When expanding upon the first concern, Cllr Barnacle says the report to the committee "... was inaccurate in that the Final Draft Local Plan 2004 did not extend the settlement boundary to include the site, a fact confirmed by PKC's solicitor to the Reporter in April 2009. The Report omitted the fact that the planning officers recommended both previous applications for approval, it was the Committee that refused them (to their great credit), the Reporters upholding their decision ..."

The Main Issues Report stage of the new local development plan, on which we were all encouraged to comment, asked whether small settlements should have settlement boundaries. Cllr Barnacle feels that, "an opportunity has now been lost to decide this boundary question and the submissions made rendered pointless."

Cllr Barnacle resigned from the Development Control Committee in May 2008 in protest at the Council's handling of rural development applications. That decision was triggered by Convenor Willie Wilson's use of his casting vote to grant a development of ten houses at Boreland Farm, Cleish. Reminding Cllr Baird of this, Cllr Barnacle says, "At the time I stated no confidence in the planning committees under their current convenorships or the planning service to protect Kinross-shire from inappropriate overdevelopment. I take no comfort that my actions then appear vindicated by subsequent developments..."

Cllr Barnacle expresses the view that a convenor faced with a casting vote should use it "**wisely** and ... **democratically** in supporting the status quo and the views of the local community and ward members. A convenor effectively has two votes but there is no requirement to exercise them; different local authorities have varying standing orders in relation to casting votes and I suggest these should be examined and compared with PKC's."

Cllr Barnacle is due to meet Cllr Baird in her capacity as Convenor of the Scrutiny Committee.

AQUARIUS HEALING

**Usui Reiki – Jikiden Reiki – Karuna Reiki
Traditional Indian Head Massage
Hopi Ear Candle Therapy**

**Paraffin Wax Treatments for Hands & Feet
Bio-Energiser D-Tox Spa Foot Treatments**

Try a course of Natural Therapies to reduce your stress levels and bring balance back into your life.

Reiki classes also available at all levels

Sandra Caldow BSYA(IH)TATH-MACTA-BSYA(BIO)
Member of the Association of Energy Therapists

BCMA REGISTERED

Holistic Therapist-Reiki Master

Karuna Reiki Master

Tel: 01577 864258 www.aquariushealing.co.uk

KINROSS GARDEN SERVICES

For domestic and commercial garden maintenance
and soft landscaping

- * *Lawns turfed and seeded*
- * *Lawn sand supplied*
- * *Mole trapping*

Agent for Sinclair McGill and John Watson's seeds for
Agriculture and Horticulture

For contracts and orders phone
Jim Oswald on 01577 864020

PIANOFORTE TUITION

ANTHONY J FOOTE, L.R.A.M.

Member of European Piano Teachers' Assoc.

Pupils entered for Associated Board
Examinations and Festivals
Refresher courses for adults

TELEPHONE: MUCKHART 01259 781446

Kinross-shire Visitor Information Points

Loch Leven Fishing Pier; Robertson's of Milnathort;
Kinnesswood Village Store;
Fossway Stores, Crook of Devon



Kinross High School Young Persons of the Year Award 2011



Categories are: 1st - 2nd year, 3rd - 4th year, 5th - 6th year

An award given by the community to pupils of Kinross High School for achievement in:

Sports, Arts, Dance, Drama, Music, Education, Community Service

HAVE YOU NOMINATED YET?

If the answer is **NO**, please contact
Sheila Herron for nomination at clerk@khspc.org

Please Nominate!



Kinross High School Young Persons of the Year Award 2011

Nomination Form

Name of person, persons or organisation making the nomination:					
Contact postal address and telephone number of person, persons or organisation making the nomination:					
I/We wish to nominate the following Kinross High School pupil (or pupils) for the award of the 2011 Kinross High School Young Persons of the Year Award 2011					
Pupil/Groups of pupils full name:					
School year category (Circle as appropriate):	1st & 2nd		3rd & 4th		5th & 6th
Reason for nomination:					

Please return your completed nomination to

Kinross High School Young Persons of the Year Award 2011. Sheila Herron clerk@khspc.org or to Kinross High School Parent Council, care of The School Secretary, Kinross High School, Loch Leven Community Campus, Muirs, Kinross. KY13 8FQ. Nominations should arrive no later than 1.00 pm on 1st June 2011.

Perth Samaritans

Perth Samaritans is one of 19 branches in Scotland that work together to provide 24/7 emotional support to those in distress. For the last 41 years, volunteers at our centre at 3 King's Place in Perth have been providing a safe place and time to listen to those with difficult and perhaps overwhelming emotions. In 2010 we responded to nearly 4,500 callers by phone, email or in person at our branch. In around 80% of our conversations our callers express feelings of distress, while 18.5% of callers admit to suicidal feelings – our experience tells us that making it alright to talk about feelings, with respect and without judgment, can help.

We are out and about in the community too, giving talks to groups and schools to raise awareness of our service and the importance of emotional health. We take our publicity stand to local events, such as the recent Better Place to Live Fair in Kinross, and hold street collections and fundraising events such as the bag-packing day at Sainsbury's last September. Our branch is totally self-supporting; we recruit, train, fundraise and publicise our service all through volunteer involvement. Our volunteers come from all over Perth and Kinross, from Comrie to Kinross, Rannoch to Auchterarder and have one thing in common – ordinary people giving their time to make an extraordinary difference.

This year we are encouraging callers to visit the branch – our outer door will be open when we are available for a visit. For a list of our opening times, please see the notice later in the Newsletter. If you would like to know more about Perth Samaritans, the volunteer experience or information about our external talks, please email us on perthsamaritans@hotmail.co.uk or ring 01738 626666. More information about Samaritans is available at www.samaritans.org

DOG-GONE-WALKIN'

Dog-Walking and Pet Care

10 years veterinary nursing experience
Insured, References available
Claire Murison BSc (Hons)

Tel. 01577 830588 / 07508 268528

E-mail: d-g-w@fiscali.co.uk

GARDEN STEPS & MORE...

Brick, blocks, mono blocks
& stone work etc.
Steps, paths, walls, patios, paving,
repairs/pointing

Specialist in stone work

For advice and a free estimate call

William Morris
01592 840095
07866 961685 (mobile)
william.morris18@btinternet.com

Adventures of a Palantype Operator

The Newsletter has been contacted by Mrs Mary Smith, who gave a talk to the Probus Club on 16 March. A description of Mrs Smith's talk formed part of the Probus Club entry in the April Newsletter. Mrs Smith was unhappy with the Probus Club's summary of her talk, as it contained several inaccuracies. Mrs Smith has provided the Newsletter with her own summary, which we are happy to print here.

Mary left the St. Albans Grammar School in 1943 and spent 1944 as a student at the London School of Stenotyping where she reached a speed of 200 w.p.m. on the Palantype machine - a system of shorthand by machine using ordinary letters of the alphabet as opposed to symbols used by Pitman. This means it can be used to record most foreign languages and can be read by anyone. She was at college during the flying bomb raids on London.

She then worked for the College in and around London as a Verbatim Reporter covering conferences and meetings but she also gave demonstrations of the machine all over the country staying in 5-star hotels.

When Mary was 19 and the war was over, the Government needed Verbatim Reporters to work at the United Nations in Geneva. She attended a test with about a hundred other hopefuls - she was the only girl. Most of the men walked out, unable to take and transcribe dictation at such high speeds, but Mary passed.

So she flew to Geneva, in a Dakota, for ten glorious weeks, to a country with no food or clothes rationing. Six girls rented a luxurious apartment on the shores of Lake Geneva. The next year, 1948, the General Assembly was held in Paris so again Verbatim Reporters were required and again Mary was invited to join the Secretariat which was mostly American. This time they lived in hotels which were full to overflowing with foreign delegates and Secretariats.

She celebrated her 21st birthday in Paris.

On her return to London, the following year she decided to leave the College as she was successful in becoming only the second lady to be admitted to work as an Official Shorthandwriter in the Law Courts in the Strand, London. Her firm also covered the North Eastern Criminal Circuit when a High Court Judge, his Clerk and an Official Shorthandwriter would visit Berwick, Newcastle, Durham, York and Leeds.

She worked in the Courts for four years until she married in 1954 and became a full-time housewife.

ADVANCED DENTURE

COMPANY Ltd.

For DENTURES & DENTURE REPAIRS

A wide range is available; from basic quality, to high quality **COSMETIC DENTURES.**

All produced in close consultation with the skilled technical craftsman.

**NO REGISTRATION
NO LONG WAITING LISTS**

A.D.C. MOUTHGUARDS

Sports mouth guards

Night protectors for tooth grinders,
can also be used to cure certain types of
tension headaches.

Ian Mackay 01577 864751

The Scottish Badminton Union now known as *BADMINTONScotland*

by Mary Smith, Maryburgh

The Scottish Badminton Union was formed 100 years ago in 1911 and is celebrating its centenary this year.

A booklet has been published to celebrate this unique event. It is full of interesting anecdotes and information about the people who have been instrumental in bringing the sport to where it is today – players, coaches, administrators and the many volunteers who act as tournament referees, umpires, linespeople, etc. etc. Some of the players I met or played against in and around London are also mentioned in the booklet.

Having moved to Scotland 46 years ago, I have thoroughly enjoyed my badminton north of the Border but I never realised that I've been part of its 100 year history for almost half its time – I've certainly played lots more badminton in Scotland than I did in England where I was eligible to play in the Herts., London and Middlesex leagues. Of course, badminton was played in Scotland long before the S.B.U. was set up.

Prince Edward, HRH The Earl of Wessex, has been our royal Patron for 21 years and recently a Centenary Dinner was held in his presence in Glasgow. I was delighted to be invited but regrettably had to decline. However, I hear it was attended by 400 people and was a great success. As well as the booklet, now other badminton centenary merchandise is on sale, such as pens, T-shirts, badges, candles, etc.

Did you know that, in the early days, Badminton was played with balls of coloured wool before shuttlecocks became more easily accessible and affordable? (I didn't know that! but at least it would be easier to see than a white shuttlecock when playing in a hall with white walls!)

I attended the finals of the Scottish Nationals in Perth this winter and was delighted that there were a few local players.

I was also pleased to meet up with many of the *BadmintonScotland* administrators at the Civic Reception following play.

I wonder whether some of the 'little girls' who attended my badminton classes in the Kelty Community Centre realise that one or two of their partners in the Under 11 and Under 12 tournaments went on to become well-known players? I taught there for over 20 years and have always been thrilled to read of a few of my ex-players who have competed, or are still competing, both from Kelty and Kinross-shire.

Many of the present Scottish coaches and administrators are from Fife and Kinross-shire and used to play in our junior Dunfermline tournaments up to 30 years ago.

Did you know that four members of the Flockhart family from Fife have notched up a total of 114 international appearances between them?

When I came to Scotland there were numerous clubs in the Dunfermline area playing in about 36 league teams, all members of the D.B.A.

In fact, some of us also played in the Kirkcaldy league. Nowadays these have dwindled to only a few, although badminton is still taught in the schools so there is hope for the future.

In my day, I played at my club on a Friday evening, a league match on Saturday evening and then taught at the Community Centre for four hours on Sunday. I also played at a country club during the week helping to coach their juniors once or twice a week, not to mention all the secretarial work associated with meetings and tournaments.

I'm always being told times have changed, that it's difficult to find adults willing to give up their time and one or two evenings per week.

I'd like to thank everyone I have met through my badminton experiences for contributing to my successes and enjoyment of the game and I'm not quite finished yet, though I did hang up my racket in my early 80's!

Reiki Awareness Week: 5 – 11 June

Ever wondered about Reiki and what it is? Well, this could be the week to satisfy your curiosity!

Lyn Haworth is a Reiki Master/Teacher living in Milnathort; she is also the Perth & Kinross area representative for the UK Reiki Federation. Lyn has further trained in Jikiden ('directly taught') Reiki with a Japanese Master and visited Japan to learn more; whilst there, she completed her teacher training in this traditional form.

To promote Reiki, and as part of Reiki Awareness Week, Lyn is once again offering half price Reiki sessions (£15.00), the proceeds of which will go to the Wormit Hedgehog Care Centre. This is a wonderful centre run by Mr. Sandy Boyd, on a charitable basis, for the care and rehabilitation of hedgehogs; his service covers a wide area, including Kinross-shire. Lyn looks after late litter baby hedgehogs through the winter, and Mr. Boyd has been an invaluable source of knowledge and support to her over the last seven years. She currently has three charges who were brought to her when they were only one week old. The photo is of two of them, Pinky and Perky!

So, what is Reiki? It is an energy balancing system which is used as a complementary therapy. A session is usually carried out with the recipient lying down or sitting. There is no need to remove any clothing. The practitioner places their hands on, or off, the body in a non-intrusive way. Reiki may be experienced as a flow of energy, mild tingling, warmth, other sensations, or nothing at all. People have reported their experience of Reiki as deeply relaxing, often having a profoundly calming effect, which can be particularly beneficial in times of stress. Anyone can have a Reiki session, and it can also be used alongside conventional medical treatment.

In addition, it is a very simple technique which you can learn to use for yourself; Lyn runs courses throughout the year.

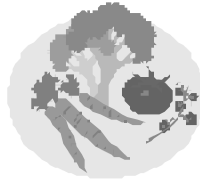
Give Lyn a call on 01577 864666 to find out more and know that (if you choose to book a session), as well as helping yourself, you will be helping a very worthwhile voluntary organisation that supports these fantastic little creatures!

**Contributors – please send your item
well before the deadline if you can**

Shape Up for Summer

By Alisa V Wilson, nutritional consultant

The sun has finally come out and, if you are carrying excess weight, now is the time to take action to shape up and make the most of your summer clothes. Crash diets may be tempting to get into those shorts, but they can lead to deficiencies in vital nutrients, lacklustre skin and fatigue. They do not help improve eating habits and most people return to unhealthy eating habits and quickly regain any lost pounds. So, what are the top ten tips to controlled weight loss and a healthy lifestyle?



1. **Eat Breakfast** – although it may be tempting to skip breakfast, this leads to blood sugar crashes and craving for mid-morning coffee and cake! Blood sugar control lies at the heart of successful weight loss. Avoiding the highs and lows of blood sugar imbalance helps to maintain consistent energy levels and avoid feelings of fatigue and cravings for sweet foods. Eat a nutritious breakfast such as porridge or sugar-free muesli with nuts and seeds, scrambled eggs or a nutritious high-fibre shake. These will kick-start your metabolism and help you feel fuller for longer.
2. **Limit Sugary and Refined Foods** – such as white bread, white rice and white pasta as they cause a rapid rise in blood sugar which insulin will then convert and store as fat. Switch to wholegrain pasta, bread and rice, eat plenty of fruits and vegetables and cut down on starchy carbs such as bread and potatoes.
3. **Eat Little and Often** – eating smaller quantities at each meal and having a small snack between meals is vital to stabilising blood sugar. Having a healthy snack, such as fresh fruit with a handful of nuts or seeds or oatcakes with hummus mid morning and mid afternoon, will enable you to eat smaller meal portions.
4. **Include All Food Groups** – protein digests slowly and keeps you feeling fuller longer. Include some healthy protein in every meal and snack, such as fish, chicken, nuts, seeds, beans and lentils. Healthy Omega fats are also essential and encourage fat burning. Oily fish provides Omega 3 fats, while both Omega 3 and 6 are found in nuts, seeds and oils such as flax and hemp.
5. **Reduce Stimulants** – like cigarettes, coffee, tea and alcohol as they have a significant effect on blood sugar. Reduce caffeinated drinks and substitute with refreshing herbal teas such as peppermint, lemon or green tea.
6. **Keep Well Hydrated** – as well as herbal teas, remembering to drink plenty of water throughout the day between meals is very important. One and a half to two litres per day is necessary.

7. **Eat Slowly and Chew Thoroughly** – studies have shown that eating more slowly means eating less but still feeling full.
8. **Get Organised!** – plan your shopping and ensure you have healthy snack foods on you when out and about.
9. **Understand Your Motivation** – understanding why you beat a path to the fridge or cake-tin, when hunger is not the real issue, may be vital in your ability to control weight. If your motivation is boredom, stress or low mood, these issues will need to be addressed to control emotional eating.
10. **Tone Up!** – regular exercise is crucial for sustained weight loss and can help raise mood and alleviate stress. Increase effort gradually and include some resistance exercise to help tone up and build muscle, which burns fat. Enjoy the lighter evenings and go for a brisk walk, jog or cycle around the loch. We are lucky in Kinross - we have a fantastic network of walking and cycle paths plus the scenery is spectacular – there is no excuse not to get out there and go for it!

Alisa Wilson is a qualified Naturopathic Nutritionist (Dip. Nutritional Therapy). She runs a local consultancy, Nutritionalise, www.nutritionalise.com

THE SHOP AT THE GREEN

MID SEASON SALE

* FOR ONE DAY ONLY *

THURSDAY 19 MAY 2011

9.30am – 6.00pm

AND

FOR SALE DAY ONLY

20% OFF ALL CLOTHES IN THE SHOP

Your Local Joiner

Alan Herd Joinery

Internal & External Doors
Kitchens supplied and fitted
Staircases and Balustrades
Sliding doors Fencing and decking
Laminate and Hardwood Flooring
Renovation Work and Extensions
Loft Conversions Loft ladders Fitted
Upvc Doors and Windows
For Free Estimate and Advice

Call ALAN Home 01577 865415
Mobile 07765167982

CRAIG'S TREE SERVICES

NO JOB TOO SMALL!

QUALIFIED CLIMBER & TREE SURGEON

ALL TYPES OF TREE WORK UNDERTAKEN

Free Estimates

CALL CRAIG HAMILL – 07515942809

'ALTERED IMAGES'

UNISEX HAIRSTYLING

in the comfort of your own home

Call LINDA on 01577 863860



Police Box

A number of thefts have occurred from both secure and insecure vehicles in the Kinross and Milnathort areas. Tayside Police are keen to remind residents to be on the look out for thieves operating in their community.

Thefts usually fall into three categories: Targeted Thefts, Opportunist Thefts, and Distraction Thefts.

Targeted Thefts

These are thieves who travel about the area looking for homes or vehicles that provide opportunities for them to commit theft at another time for example, houses with no intruder alarm fitted, or which are vacant whilst the owner is away on holiday, or vehicles with high value items left on display.

Opportunist Thefts

These are opportunist thieves who are looking for doors and windows lying ajar to quickly gain access to your home or vehicle and steal anything of value they can pick up such as wallets, handbags, jewellery and cash. These thieves will take every opportunity you give them to take advantage of your security weaknesses whether it is day or night.

Distraction Thefts

Distraction thefts often involve thieves posing as genuine tradesmen calling at houses during the day looking for business. These Bogus Workers claim to represent gas and electricity utility companies or even the local council authorities or water board. Their primary aim is to gain access to your home and distract you while they take the opportunity to steal when you are not looking.

Furthermore, at this time of year many people take advantage of the better weather and longer days and turn their attention to gardening and routine maintenance to their homes. Bogus workers may approach your home and offer to do work in the garden such as cutting down bushes and lopping trees. Quite often they may claim a part of your house requires immediate repair for example, loose tiles, broken guttering, rotten fascia boards and may intimidate the owner into parting with cash to have the work carried out. Sadly the householder is left out of pocket for a job which is sub standard and more likely not even completed at all.

So please remember the following:

Keep vulnerable doors and windows locked even when you are in the house. If others, such as relatives, need access make sure they have their own keys. For ventilation, ensure that windows have restrictors fitted to prevent them being opened from the outside. Keep your garage doors and garden sheds closed and locked when not in use. If someone unexpected comes to your door, think: **STOP, CHAIN, CHECK.**

STOP - Are you expecting anybody, do they have an appointment?

CHAIN - Use a door chain before opening the door.

CHECK - Ask for identification and double check it. Most utility companies have a telephone number in the phone book for you to check on their employees who call.

Use your common sense. If you really need a plumber or gardener would you normally wait about the house for one to call you? **NO.** If you are not sure which tradesman to use, Tayside Police, in partnership with Trading Standards, operate a **BETTER BUSINESS PARTNERSHIP** which contain a list of approved tradesmen. If you need an approved tradesperson, simply contact the Better Business Partnership on **01738 476476.**

Keep an eye out for elderly or vulnerable neighbours and take the opportunity of introducing yourself so they know who you are. This will help them, especially if a criminal pretends to be their neighbour to try to gain access to their home. Sometimes it is difficult for someone who has memory problems but ask them if they have had any new callers at the door. If you are a relative, ensure that there is no property missing when you visit. If you suspect callers have been visiting, inform the Police immediately. If you see strangers visiting a neighbour, make a point of finding out who they are. It's not about being nosy; it is about caring for others. The 'Nominated Neighbour' scheme is a great way of protecting the elderly and vulnerable from criminals – for more information, contact your local Community Officers.

Another way residents can help prevent crime is to join a **Neighbourhood Watch Scheme.** Neighbourhood Watch is community-led and one of the biggest and most successful crime prevention initiatives within the UK allowing householders to get together to reduce the opportunities for criminal activity. Anyone wishing to join their local scheme or set one up in their area should contact Constable Salisbury on 0300 111 2222 or Lisa Toon, from Association of Scottish Neighbourhood Watch Schemes tel 01786 450145 or visit their website at www.aosnw.co.uk

Crime Stoppers - Telephone Number 0800 555 111

This is a free phone number (unless you are using a mobile phone) which any member of the public can contact at any time if they have information relating to criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Contacting your Community Officers

Kinross Police Station: **Telephone 0300 111 2222**

Open Door drop-in

at community campus: **Thursdays, 3.30pm-4.30pm**

Give online feedback: **www.tayside.mypolice.org**

Area Officers:

PC Stuart Johnstone

Kinross

PC Brian Easton

Milnathort & Portmoak areas

PC Nicky Ward

Cleish & Blairadam, Fossoway and Glenfarg areas

PC Euan Mitchell

Abernethy and Bridge of Earn areas

Follow officers on Twitter using the names: KinrossPC, MilnathortPC, GlenfargPC and BridgeofearnPC.



Community Council News

The Community Council News is produced from edited draft CC minutes. Some CCs have full minutes on their websites. Full Kinross CC minutes are lodged in the local Library and County Buildings. All Community Council meetings are open to the general public.

Kinross Community Council

News from the Annual General Meeting

Present at the AGM held on 6 April were: Cllrs C Watson, B Davies, D Colliar, D Cuthbert, W Freeman, M Blyth, D Mackay and M Scott. Also in attendance were P&K Cllr K Baird, PC Stuart Johnstone and two members of the public. Apologies for absence were received from Cllrs L MacKay and I Jack.

Chairman's Report

"My first year in my second stint as Chairman of Kinross CC has been quite eventful. We have, as always, dealt with the various planning applications coming in. These have been fewer than past experience because of the downturn in the property market though it has been noticeable that in recent months more and more builders have been making presentations to us regarding possible development and with a view to trying to establish zoning for the ground they are interested in, in the future local plan going forward.

The Newsletter has gone from strength to strength. Its format has been modernised and the content expanded and it continues to generate a substantial income which is disbursed for local charitable purposes. Every effort is made by the Editor to stay in touch with modern developments and to fine-tune as far as possible the production and the content of the Newsletter. We continue to be extremely proud of its contribution to the community.

Buildings continue to cause major concern to our CC. On the positive side the restoration of the Swansacre building has at last commenced and hopefully this eyesore, which has blighted the centre of Kinross for almost twenty years, will now be improved. We supported a bid by Historic Building Preservation Trust (as backed by the Kinross-shire Partnership) for the Town Hall. Sadly, the council accepted a bid from another developer.

We of course have a huge interest in the site of the former Kinross High School. Despite the fact that the closing date established by the Council was over a year ago there is no formal confirmed news about what is happening here. Rumours abound but the community as a whole does not know what is planned for this rather important central site.

In the Autumn came the news that the Council were proposing to transfer all of the Council services from the County Buildings to the new campus. In conjunction with the Kinross-shire Partnership we have had meetings with Council officials because we are anxious to retain this building for community use. We do however need to have a viable plan for the building if the Council are to be persuaded to enable us to have control of the building. We believe that that the Council have agreed or will agree to defer any sale of the building until 2012 and, jointly, the CC and the Kinross-shire Partnership have written to the Council with an illustration professionally prepared showing potential uses for the County Buildings. We have indicated that we think we have two immediate users of the County Buildings, being the Kinross Community Newsletter and also a Technology Training Centre. The proposal has indicated that we are confident that there are a number of practical future uses for the building, that there are various tourist and community uses that would

be viable, and we have asked the Council to agree to a short term (say twelve months) lease of the County Buildings on roughly the undernoted terms:

1. Rent £1000 per month
2. Entry 1 June 2011 or whatever date the Council may propose
3. The tenancy to be free of rates
4. The tenancy to be free of any insurance obligation
5. Maintenance of the building in the meantime to be the liability of PKC.

Between us, the Partnership and the Kinross CC would have to commit to this rental obligation if the proposal came back accepted. Through the Newsletter of course we have the funds to do this and to pay the rent but I would be grateful if I could have the endorsement of the CC to this proposal. I should also say we have asked if access could be given to members of the CC and the Kinross-shire Partnership to the County Buildings in order to inspect the facilities in the County Buildings. I have no idea what prospect of success we will have in obtaining control of the building for a year or so. What we do know is that the Council move slowly and we would not expect any imminent response to our approach.

As I indicated earlier in this report there has been a noticeable increase in the interest of developers in land around Kinross, all of which goes to show how important Kinross is strategically and geographically, what an attractive place it is to live and work in. All the more important, then, that we continue to fight to protect and preserve the amenity of the town and its historic buildings.

We look forward to another interesting year and I would just like, in closing, to thank all the members of the CC for their interest in its business and their support, especially the Office Bearers who carry out the tasks allotted to them and most importantly of all Margaret Scott our Secretary for the huge amount of time and effort she puts in, in dealing with the minutes and the correspondence."

The CC accounts were available for perusal. Cllr Blyth questioned the figures for the poppy wreaths; it was answered that the Ex-Servicemen's and CC wreaths are paid by the CC. The accounts were proposed by Cllr Freeman and seconded by Cllr Watson.

The Office Bearers were voted in as follows:
Chairman - C Watson; Vice-Chairman - B Davies; Secretary - M Scott; Treasurer - I Jack.

Planning: Cllr Colliar advised that he wished to stand down from this position, however he would be willing to offer support and assistance to his replacement. He was thanked for his services in this role. **W Freeman** was proposed by Cllr Colliar and seconded by Cllr Watson.

CC membership: The CC's advert for a co-opted member was answered by **David West**. Cllr Colliar proposed that the CC accept Mr West as a member and was seconded by Cllr Cuthbert.

News from the April Meeting

Attendance and apologies: as for the AGM above, with one member of the public now listed as a Cllr (David West).

Police Report: PC Stuart Johnstone reported on the incidents over the last month: Three incidents in the Sandport area;

three vandalism calls; two drug warrants executed; numerous calls in relation to the old High School site; shoplifting; break-in to a shop. All the above are under investigation. Again, the Police advise vigilance in relation to securing cars, doors and windows and avoiding leaving valuables on display in vehicles.

County Buildings: There are rumours circulating that the building is not to close and the Council services are to remain. Cllr Baird answered that this was not the case, there being a delay and that the transfer/closure would probably take place mid May. A paper was to be presented in May recording this building as surplus to requirements, however recommending that a decision be taken **not** to put it on the open market but to allow a six-month window for the CC/ Partnership to prepare their business plan. CCllr Watson is to meet with representatives from the Council to discuss this matter at the end of this week. He explained that we require control of the building to demonstrate whether or not our proposals will work and stressed that support from the community would also be a requisite. As mentioned by the Chairman in his Annual Report it was proposed to use income from the Newsletter to pay the rent and this proposal was accepted in principle by the CC.



The County Buildings, Kinross

Former High School: Cllr Baird advised that negotiations are ongoing, albeit slowly. The security on site is the responsibility of PKC. Cllr Baird is to enquire further into this matter and CCllr Watson will broach the subject with David Littlejohn when he meets with the Council this week.

NHS: It was noted that an email was received from NHS Dundee advising that we have to write to The Community Health Partnership in Perth.

Planning Applications

11/00441/FLL Rachel House: Alterations and formation of patio area with enclosed walls and canopy.

11/00283/FLL 53 Green Park: Alterations and extension to dwelling house.

11/00344/FLL The Woodlands, Hatchbank: Alterations and extension to dwelling house and erection of a garage.

11/00363/IPL 198 High Street: Demolition of workshop and erection of 2 flats (in principle).

11/00390/FLL 1-84 Station Road: G S Brown Construction: Modification of existing consent (05/01475/FUL) Change of House Types (Plots 27- 29 and 34 - 37).

10/02175/FLL Land 400 metres northwest of 17-19 Clashburn Road, Bridgend Industrial Estate, Kinross: Formation of distributor road to connect Junction Road with Clashburn Road. The CC was advised by PKC of this application. The CC agreed to write a letter of support.

11/00260/FLL Scottish Motor Auctions: Variation of

condition 3 of previous consent (01/01440/FLL) to alter hours of operation.

11/00270/FLL Police Station: Installation of solar voltaic panels.

11/00197/FLL MOTO Hospitality: Demolition of existing motorway services and petrol filling station and erection of new motorway services building and petrol station, retail units, landscaping and junction improvements. The CC was advised by PKC of this application.

There were no objections to any of the above.

Applications Approved:

10/01579/FLL Site south of Middle Balado House, Balado: Erection of a house with integral garage.

11/00101/FLL 32 Lathro Park: Extension.

11/00186/FLL Granada Services Area: Renewal of existing consent (05/02430/FLL) for the formation of petrol forecourt area including new shop.

10/00842/FLL Middle Balado House: Erection of bungalow, formation of private access road and treatment plant.

08/01707/IPL Site south of Middle Balado House: Residential development (in principle).

10/02094/LBC Kinross House: Internal refurbishment.

11/00033/FLL 14 Sandport: Alterations and extension to dwelling house.

11/00201/FLL 5 Kellieside Park: Change of house type.

11/00047/FLL 6 Kellieside Park: Change of house type.

11/00025/FLL 47 Argyll Road: Extension.

Application Withdrawn: 10/01946/FLL Gellybank Farmhouse: Erection of a 15kw wind turbine.

Planning Appeal: Land 60m north of Green Hotel: 41 retirement flats. An appeal has been lodged with the Scottish Ministers. A further letter was received notifying of a site visit by the Reporter on 14 April.

Report from P&K Councillor Baird

Bins: More waste products are being recycled.

Potholes: PKC is endeavouring to repair these as quickly as it can.

Lathro: CCllr Cuthbert mentioned a sign being down in this area and also that the path at the rear floods on a regular basis. CCllr Davies asked Cllr Baird about the progress with respect to the prevention of the continued flooding in this area.

Gordon Place: CCllr Colliar stated that the bollards had yet to be erected in Gordon Place.

School plaques: CCllr Colliar stated that the plaques at the school were not on public display. Cllr Baird answered that the plaques had been erected in the Conference Suite and in the corridor leading to the Fitness Suite.

Road safety: A member of the public questioned the safety of children playing in the area of Old Cleish Road as a number of accidents had occurred at the junction. CCllr Colliar asked if it would be possible to erect a signpost, flashing countdown marker or marker poles in this area. The CC will make enquiries of the Roads Department.

Correspondence

KLEO: Letter regarding the Feel Good Fair at the Lochleven Half Marathon on 14 May. Also, KLEO is planning to hold the Kinross-shire Music Festival from 17 - 20 November: looking for support from the local community and have requested financial support of £1,000 from the CC, this money to be used to support local involvement in the event, e.g. payments for local bands, workshops and equipment sourced locally. Decision postponed.

Course: Planning for People on 7 May.

TAYplan: Information event at Kinross on 15 June.

Pier Road: Proposed build-outs and signage improvements. Letter from PKC with drawing showing proposed remedial measures. Concerns were that drivers entering Pier Road/Kirkgate from Burns-Begg Street were failing to give way to oncoming vehicles. This was in particular creating concerns for pedestrians using Pier Road to access/egress the adjacent housing in Pier Road, Sandport and Sandport Gait. These proposals should improve the existing layout. Following discussion, the CC agreed to answer that in its opinion this would be a complete waste of money, and all that is required is to renew the white lines which have worn away.

Thanks from Mr Hogg for donation regarding Mr Paterson and MND Scotland.

Police comment on the cycle event on 23 April.

Review of CCs: PKC has adopted all the recommendations in the report and will return to the CC in May/June to discuss the way forward and arrange for constitutions to be drawn up.

Other Business

Newsletter: Councillor Colliar noted that the advertising costs had been increased and that he was not aware of any decision having been reached in relation to this. Following discussion it was agreed that we ask the Editor to provide a brief statement and Councillor Watson will obtain the accounts from the Treasurer. These papers will be presented at the next meeting.

Campus: Councillor Davies reported that prices at the Campus have increased from 1 April. This was discussed at some length. The CC agreed to invite a representative from Live Active to its next meeting.

Kirkgate Park: Councillor Cuthbert advised that all outstanding matters at the park have now been resolved and that Friends of Kirkgate Park has now disbanded.

Gateway: The geese should be erected shortly.

The Next Meeting of Kinross CC will take place on Wednesday 4 May 2011 at 7.30pm in the Masonic Hall, Muirs, Kinross.

Agenda for the May Meeting of Kinross CC

1. Apologies for absence
2. Minutes of the April meeting
3. Police report
4. Newsletter accounts
5. Presentation by Wallace Land
6. Matters arising from the April minutes
7. Future of Kinross buildings
8. Planning matters
9. Reports from Perth & Kinross Councillors
10. Miscellaneous correspondence
11. Other competent business
12. Date of next meeting

Members of the public wishing to address Kinross CC are requested to contact the Secretary in advance and supply a copy of any relevant papers.

Milnathort Community Council

News from the AGM and April Meeting

CCllr Hamilton, Chairman, welcomed CCllrs Giacopazzi, Halford, Thomson, Smith and Bennet to the meetings held on 14 April in Heaven Scent. Also in attendance were P&K Cllr Baird, Minute Secretary E Rougvie, Sgt Sandra Williams of Tayside Police and four members of the public. Apologies were received from CCllr Cottingham and P&K Cllr Robertson.

Police matters: Sgt Williams reported that someone had been caught in relation to break-ins to cars in the village and was due to appear in court that day.

There were still speeding issues in the village, which the police were trying to address.

The police were involved in the organisation of two major events, T in the Park and Sportive Kinross.

CCllr Giacopazzi expressed concerns about a recent spate of shoplifting in Kinross, which was also affecting Milnathort. There were rumours that it was being carried out by people who had been decanted to the area from elsewhere. However, Sgt Williams said that most of the offences had been committed by local people. Cllr Baird confirmed that it was not PKC policy to relocate 'problem' families but that Scottish Government policy dictated that homeless people had every right to join the housing register and they would be accommodated wherever housing was available, including private lets.

CCllr Halford asked if anything could be done about two parked cars that were causing problems at the junction of Old Perth Road and Back Loan. Sgt Williams advised that the police could only take action if they were causing an obstruction. The police will speak to the people concerned, but residents are urged to be considerate when parking. Sgt Williams added that traffic wardens had been present in the village recently and this had had a positive effect on parking issues.

Annual General Meeting

Chairman's address: CCllr Hamilton, Chairman, gave his report as follows:

"I am now eight months into this job and I have enjoyed the challenges immensely.

What have we done in the past year?

We have discussed 54 planning applications and commented on 16 of them with almost every one being determined as per our recommendation. Seven of these were wind turbine applications and if all are built there would be 15 so far in our council area.

We have commented on the Main Issues Report for the new Local Development Plan and we wait to see if our comments help to formulate this plan.

We are actively involved in Milnathort Placecheck. Some of the projects have already been actioned and the rest are coming to fruition this year. This has and will help our village immensely. We hand deliver all the Placecheck Newsletters to every resident in Milnathort.

We have brought about a multi-thousand pound upgrade to the Tillywhally Wood which now has a path of the same high quality as the Loch Leven Trail.

We were involved in the Pavement Café Policy Review and they have agreed with us that having a drink in the sunshine European style is perfectly reasonable without being forced to buy a "substantial" meal which is the current criterion.

We have upgraded the website to have photos and contact

details of the CClrs as well as details and agendas of forthcoming meetings.

What future plans do we have?

We will encourage local residents to contribute to meetings by giving them time to express their views at each meeting. We are listened to in PKC and can indeed have an effect.

We strongly believe that snow clearing in our village is not good enough and we are looking at various options to improve this.

We are a democracy, however sometimes the loudest rather than the majority view has prevailed. In future I will be asking the councillors to vote on more issues to ensure that our response is always truly democratic.

To ensure all CClrs are aware of any responses that are submitted to the Council or any other party on behalf of the CC we will in future send a copy of such responses to all other CClrs.

We will aim to find a consistent time and venue for meetings. Being bounced from the Town Hall to the School to the Thistle to Heaven Scent is too complicated.

I would like to thank the following: Liz, the Minute Secretary, for turning our ramblings into precise and coherent minutes; Joe, the past president, for helpful advice and support; Willie and Kathleen for keeping us right on Council matters; Lynne for all her help and for hand delivering an unequal share of the Placecheck Newsletters; all the other councillors for their professionalism and enthusiasm, and the Kinross Police for keeping us up to date on policing matters at each meeting.

I am enjoying working with you all, and together, I do feel we can make a positive difference in our community."

Treasurer's report: CClr Bennet reported as follows: Opening balance at 1 April 2010: £879.13. Income: grants and donations £673.85; Total income: £1552.98. Expenditure: Notice board sign £27.24; Milnathort in Bloom £400; Minute Secretary £315; room rent £110.80. Total expenditure £853.04. Closing balance at 31 March 2011: £699.94. The treasurer was commended for her diligence and efficiency.

Minute Secretary's remuneration: It was agreed that the current payment of £25 per meeting is acceptable and it will be reviewed on an annual basis.

Election of office-bearers: Following brief discussion, it was unanimously agreed that the office-bearers would be re-elected en bloc. They are: Chairman CClr Hamilton, Vice-chairman CClr Cottingham, Secretary CClr Giacomazzi, Treasurer CClr Bennet.

Other business: Following a suggestion by CClr Bennet, it was agreed that the CC would purchase a gift for Ross McConnell by way of thanking him for his auditing services, which he provided free of charge.

Monthly Meeting

Matters Arising

Missing plaque: CClr Smith reported that he had located the plaque that had gone missing from Tillywhally Wood. It will be securely fixed to prevent removal. CClr Halford agreed to find someone to carry out the work.

Placecheck: Diane Cassidy of Placecheck was unable to attend the meeting, but gave the following update via e-mail: Works on the greenspace areas have been delayed, but it's hoped they will be finished in early May. All sites have started (Ba' Hill, Donaldson Park, Back Loan) and Ba' hill is almost complete. In Back Loan play equipment has been installed and a ramp is under construction; in Donaldson

Park works for surfacing under the teen shelter are under way. Tree planting is complete in Donaldson Park and unfortunately only one person from the community came to help. The trees will enhance the arboriculture richness of the park with more interesting and varied trees. Tree planting at Auld Mart should have started. A site visit took place with concerned residents at Wester Loan on 5 April, which went well. The issue of poor street lighting is to be addressed there. Volunteers are to be sought later to help with bulb and wildflower plug planting in the parks.

Zebra crossing: The CC expressed concerns about the poor state of the zebra crossing in New Road, and it was felt that this should be treated as a matter of urgency as it constitutes a danger. CClr Baird will pursue the matter.



The zebra crossing on New Road

Motorway: CClr Thomson expressed concern about the poor state of the M90 surface. CClr Baird advised that this is the responsibility of BEAR Scotland and they were working on it at the moment.

Tillywhally Wood: CClr Bennet said that the school can make use of chippings and logs that were being cleared from the wood. She had received a cheque for £300 from Kinross Road Runners to help pay for new benches and they will be invited to choose which bench they would like for their plaque.

Planning matters

Application lodged: change of use from vehicle repairs workshop to used car sales forecourt at Mitchells Electrical Services, 101 South Street: after brief discussion, the CC agreed to write in support of this as it was felt that any use for economic purposes should be encouraged.

Applications determined since the last meeting: display of advertisement for Carrs Billington Ltd., Stirling Road - approved; change of house type at 6 Kellieside Park - approved; change of house type at No.6 Netherhall Farm - approved.

Correspondence

- Copy of application to the licensing authority by Milnathort Golf Club seeking permission to extend its licensing hours for certain functions. Noted after discussion.
- Letter from the Convention of Community Councils advising that the body was to wind up. Noted.
- Invitation from PKC to an outdoor access forum in Birnam on 10 May. CClr Thomson will attend if possible.

- Letter from PKC advising of a change to the 'pavement café' policy whereby drinks may be consumed outside even if not accompanied by a substantial meal. This applies to the Jolly Beggars and was welcomed by the CC.
- Four e-mails from Tracey Ramsay, senior community capacity worker at Loch Leven Community Campus, including a survey which CCllr Hamilton will complete.
- Circular encouraging communities to become involved in 'The Big Lunch' on 5 June, which is organised by the Eden Project with Lottery funding. Noted.
- Invitation from KLEO to have a stall at the Feel Good Fair in Kinross on 14 May. Noted.
- Copy of SNH publication 'The Nature of Scotland'. Noted.
- Copy of SEPA View. Noted.

Other business: CCllr Halford reported that he had attended a Planning Aid seminar which he had found very helpful.

Members of the public

Public consultation on Pitdownies: Prior to the CC meeting a public consultation had been held on an application to change a condition to outline permission that had already been granted for a development at the Pitdownies. An extension is being sought to the timescale in which a full application must be lodged. The outline application was granted in 2008 and the Local Plan provides for 28 houses. A member of the public raised concerns about the suitability of the site for the development on the grounds of noise, proximity to the motorway, drainage, land quality and ecology issues. The CC and members of the public will have the opportunity to comment when a full planning application is lodged but the CC noted that the owners of the land, the Ferrand Trust, have the right to utilise it as they see fit.

Motorway crash barriers: A member of the public expressed concerns about the gradual disappearance of the fence at the crash barriers on Hattonburn Road, which became a safety issue near the motorway. Cllr Baird will take up the matter.

Cemetery wall: A member of the public noted that the wall on the east side of the cemetery was in a state of disrepair and in danger of collapse. After discussion, it was agreed to seek a site meeting with the appropriate PKC official. CCllr Thomson will also follow up the issue of tidying up the cemetery, as it was felt that the council had not done a satisfactory job.

The Next Meeting of Milnathort CC will be held in Milnathort Primary School on Thursday 12 May 2011 at 7pm. Included on the agenda will be a discussion aimed at identifying a regular meeting place for the CC, as it was felt that the lack of a permanent venue was not conducive to encouraging members of the public to attend.

Milnathort CC minutes are posted on www.kinross.cc

Images of Kinross-shire

Photographs can be downloaded free of charge from the www.kinross.cc

Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.

Portmoak Community Council News from the AGM and April Meeting

In attendance at the AGM and monthly meeting held on 12 April were: CCllrs M Parkin (Chairman), J Bird, R Cairncross, R Williamson, S Forde, T Smith and M Strang Steel; P&K Cllrs K Baird, W Robertson and M Barnacle and ten residents. The Chairman informed the meeting that he had received a letter of resignation from CCllr Margaret Wilson because she would be moving out of the area shortly. The Chairman reported that he had written to CCllr Wilson to thank her for her considerable work as a Portmoak CCllr.

Annual General Meeting

Chairman's Report: The Chairman gave his report, finishing with a statement of optimism for the future, and expressed his thanks to the residents for their interest and involvement with the work of Portmoak CC.

Treasurer's report: The Treasurer gave his report and made available copies of the audited accounts, which showed that there was a balance of funds amounting to £555.64.

Appointment of Officers: The present Chairman, Secretary and Treasurer had agreed to stand for a further period and were duly elected.

News from the April Meeting

Police Report: A verbal report had been given to the Secretary earlier in the day. The Community Policeman sent his apologies for non-attendance as he was required elsewhere for operational reasons. There were no reported incidents in the last month. Two people had been detained following the recent theft from a car in Bishop Terrace. Car parking which was causing a problem to other road users was being targeted by the Police in a number of areas of Portmoak.

Stephen's Field, Kinnesswood: The CC still awaits confirmation of builders' or planners' decisions to proceed with the proposed development, without which arrangements for the Field cannot be concluded. From a conversation with the builders, it is probable that the new houses will not be started until the latter part of this year.

Balgedie Toll to Mawcarse Road: Signing work which was knocked over in the winter has still to be replaced. There was also a problem at the bottom of the slope in the vicinity of Kay Trailers, where there was considerable water run-off. Discussion then centred on the ditch that has been dug in the field alongside the A911, beside the Balgedie Toll, to take the strain of the water running from the higher ground, and flooding property and the A911, as reported last month.

Hedge alongside playing field, Kinnesswood: Work had been completed, although road signs had yet to be uplifted. This was a satisfactory outcome.

Kinnesswood bus shelter area: The CC would judge the feelings of the community to decide whether there was sufficient interest to make changes to this area, to enhance the centre of the village. It was noted that there would be considerable interest, and it was up to the CC to find a solution. The poor state of the asbestos roof of the present bus shelter could require something to be done sooner rather than later. A resident suggested that the website could be used to gather opinions on the matter.

Meeting with Gliding Centre: Two CCllrs had attended a safety presentation at the Gliding Centre, organised and designed primarily for pilots. The Chairman had recent contact with the Gliding Centre and reported that there had not been any potential incidents reported to the Gliding

Centre by members of the public. Communication between the Gliding Centre and the CC was now established.

Build-outs: The major work on the build-outs has now been completed at the Leslie end of Scotlandwell and the Easter Balgedie end of Kinnesswood.

Vane Farm Road: Cllr Baird reported that improvements would be made to this road.

Snow clearance and gritting: This report has been completed in draft and will be finalised and submitted to PKC shortly.

Level of Loch Leven: There were a number of issues discussed following last month's suggestion that the water level was being kept high, resulting in path flooding. The Chairman had contacted the River Leven Trustees and had also spoken to a number of local sources for information. Nothing conclusive could be ascertained, and it was decided to ask the River Leven Trustees to provide a clearer explanation of how the level of the loch was decided.

Convention of P&K CCs: The Convention was having a problem attracting CC membership and support. A meeting was planned for 20 April to ascertain if the Convention should be dissolved, and the Chairman was given a mandate to agree to that decision should an alternative way forward for the Convention not be found. Cllr Barnacle suggested that it might be preferable to have a Convention for Kinross-shire CCs only, since the Convention in its current form seemed too large to be workable.

Subcommittee reports

Paths, Pavements and Roads

CCllr Smith reported that grass cutting had been organised this year for the Michael Bruce Way. There were three contractors in Portmoak who carried out grass cutting services and all three had been invited to quote for the work. It was noted that further maintenance work is required on the MBW.



The wall opposite Portmoak Hall, with new handrails in place

Work on the new path alongside the A911, from Woodmarch to the Church, was almost complete. A resident raised the issue of the appearance of the wall which had been built as part of the access to Portmoak Hall. Two new accesses had been provided to allow access to both the Hall and the Church. Their design supported mothers with children and prams as well as disabled persons. The appearance of the access at the Hall was considered by some residents to be out of keeping with the local surroundings. Cllr Baird had discussed this issue with PKC, who had carried out the work at a cost of £57000, and she reported that the nature of the work had been agreed by the CC at a site meeting. This was disputed by the CC. It was suggested that a PKC engineer

could be invited to the site to review the position, and Cllr Baird agreed to progress this.

Cllr Baird also agreed to follow up the replacement of the Kilmagadwood sign.

Although there had been reports of potholes and sunken roadside drains, it was not known whether these had been reported to Clarence. CCllr Smith was asked to make a list of these problems, as notified to him, and report to Clarence for attention. Cllr Robertson indicated that PKC would provide a record of each such report as their normal procedure.

Planning

Following the CC meeting on 8 March with PKC Legal Department, it was reported that the issues discussed will be addressed by PKC officers at a meeting on 26 April. Cllr Baird will monitor progress.

Three planning applications at Loch Leven Larder (11/00139/FLL; 11/00353/FLL; 11/00354/FLL) had been received. These include extensions to the main building, a multi-function room, larger car park, and an improved drainage system. The CC had not objected to these proposals, but had asked for landscaping work to be effected.

An application for an extension to a house in Scotlandwell had been received (11/00388/FLL). This would be considered shortly.

A resident had previously contacted the CC asking if the siting of a static caravan at the cattery at Scotlandwell required planning permission. After some discussion, a resident confirmed that a planning application had in fact been submitted for the approval of this static caravan.

Reports by P&K Councillors

Cllr Robertson reported that, following a speed limit report throughout Kinross-shire, it was agreed to make an area either side of Auchmuirbridge 40mph, and the road from Pittendreich to Kinnesswood 40 mph.

It was also noted that a 20mph restriction would be introduced in certain areas.

Cllr Barnacle commented on the wider issues that he felt surrounded the recent Kilmagadwood planning decision made by the PKC Development Control Committee, and he would be forwarding his concerns to Cllr Baird, the Convenor of the Council's Scrutiny Committee.

A resident also raised two other points which he felt should be raised regarding the Kilmagadwood decision. The first was to ask how many times the Convenor of the Council's Development Control Committee had voted in favour of a developer, and how many times against a developer; and the second was to ask the CC to write regarding the need to change the Kilmagadwood village settlement boundary, to prevent further westward development along the A911. Cllr Baird agreed to ask the first question, and the CC agreed to write regarding the Kilmagadwood boundary.

Communications

The full draft CC minutes contain a list of all communications received since the last meeting. These include: T in the Park local community forum report; P&K Outdoor Access Open meeting; Community capacity building satisfaction survey; community engagement in the planning process, waste training; Loch Leven Community Campus Partnership; Tayplan briefing; Planning Process Training; Planning Aid Scotland.

The Next Meeting of Portmoak CC will take place on Tuesday 10 May 2011 at 7pm in the Primary School.

Fossoway and District CC

News from the April Meeting

CCllrs T Duffy-Wigman, S Anderson, K Borthwick, R Cooper and S Morrison attended the meeting held on 5 April. Also in attendance were P&K Cllrs W Robertson and K Baird and sixteen members of the public. Apologies for absence were received from: M Anness, A Lavery, A Cheape and P&K Cllr M Barnacle. There were no declarations of interest.

Community Policing: No-one present to report. Chairman has asked Sgt Williams to try to speak to the people who are parking in the village. (Note after the meeting: apologies were received by email from Sgt Williams. There is nothing to report for our area.)

Presentation by Malcolm Smith (Wilson Homes), Carnbo Pitcairnie: The proposal is for two semi-detached properties to complete "courtyard". Extend existing road opposite and add three detached properties – all similar style as existing. Roads, services, etc, already in place. Use garden of existing house. Flood study done and submitted with application for SEPA and PKC Planners to review – a considered proposal taking these concerns into consideration.

The CC feels that there is excessive development here and new property has caused flooding to another house. CC would like commitments from developer to ensure prevention of further flooding and also allow continued access to residents during development. M Smith says that the development will take consideration of what SEPA approves, and also that the constructor will take notice of planning constraints. Chair expects there to be a very strong condition in the planning permission to ensure the developer behaves appropriately.

Cllr Robertson reminds us all of the You Tube video showing the previous problems, and the continued unhappiness of the surrounding property owners. Issues: Wall, Flooding, Waste pile in adjacent field. M Smith asked for Cllr Robertson's correspondence to be forwarded to him so that the issues can be addressed.

Secretary explains that it's not a question of whether there is or isn't actually a technical problem (the wall may well be built to standards) but whether people feel that they are being listened to or not. M Smith hopes that the new development will receive a fair hearing, not based on history. Chair replies that this would be helped if existing development was completed and tidied up. S Wilson (developer) says that work will re-commence on Monday, but this has been a difficult time for the construction industry, and that future developments will be carried out in a reasonable manner (M Smith adds "in accordance with planning requirements.") R Cooper asked if there has been any feedback to the flooding proposals yet? M Smith said that SEPA are still considering them as part of the application. R Cooper suggests that flooding problem may be due to water running down the new access road with nowhere to go. M Smith said that a full survey has been done with estimates of calculated storm levels and the proposed plan will prevent any problems.

Matters Arising

Blairingone Energy Plant: The Blairingone Biomass Plant Community Action Group (BAG) has been formed. The CC gives the group their support. There have been several meetings. It's important to keep a dialogue open with the developer. Groups can now make agreements with

developers under "Good Neighbour Scheme." It is important that there is a permanent group to make the agreement with, so that discussions and benefits can continue. The two members of the CC seconded to the BAG will form a very useful bridge.

The CC has written to PKC requesting extra time for consultation, but no response as yet. This may be resolved once the application goes in. Cllr Robertson has consulted with the senior planner (Mr Bean) and he's well aware of the previous history.

A member of the public pointed out that these schemes are being accepted in spite of enormous numbers of objections, so this could be a hard fight.

War Memorial, Blairingone: Cllr Barnacle sent apologies for this meeting, so no update.

Dunning Glen problems: The current weather conditions make it difficult to do anything at the moment. We now have a risk assessment. Ian Taylor from Beinn Skips met with K Borthwick today, and a quotation for the tidy-up will be forthcoming, so CC can source funding for the work. In South Lanarkshire, landowner is informed of fly-tip material and they are charged by Council if they don't remove it. All agree this is massively unfair. Many thanks to Rod Paterson who did a risk assessment on the cleaning-up exercise.

TRACKS: George Lawrie gave an update. A small path round Kilty Mill is being developed. There is a £27k project to add brown "tourist" signs to get people into the area. TRACKS are always interested in proposals from communities for paths – they're good at getting funding. PKC Core Path plan is with Reporter, unlikely to be agreed before October 2011. What about the Rumbling Bridge Gorge Bridge – could they help replace it? George estimates £50k to fix, but doesn't think it is possible at this time. Cllr Robertson thought replacement was unlikely at this time.

Community Council Business

Loch Leven Campus Users: R Cooper is attending meetings but has nothing to report.

CPKCC: K Borthwick and Sandy Morrison went to a poorly attended meeting of the convention. FDCC proposed that it be wound up – the last AGM had no officer's reports or audited accounts. There will be a special meeting to decide about the future of the CPKCC.

Scottish Water: S Morrison – The CC raised issue of flooding from dam at meeting. SW said they need to keep the dam full to avoid water shortages. They don't seem to plan ahead for snowmelt or other weather conditions. CC has not had a reply to letter of 14 February.

Clacks Council: Sandy Morrison attended a planning meeting of Clackmannanshire Council regarding Glenquey Quarry. Report to the Clacks Planning Committee was very critical of PKC who had not consulted with any of the CCs etc, and the development was contrary to plan.

Reports from P&K Councillors

Cllr Robertson reported on A977 and Clacks border to A823 road speed limits being lowered to 40mph. Work on the repair to the Dunning Glen Bridge has started and then stopped again while soil samples are taken.

Cllr Baird: Information about brown bins, you can get more than one. If you're on a route, then ask for a brown bin if you don't have one. There are no plans for kerbside collection of glass.

Planning Applications

- North Clayske Farm – No CC comment.

- Pitcairnie, Cambo – CC has objected.
- Middleton Fossoway – No CC comment.
- Middleton Stables – CC has objected.
- Rantrie Knowe Drum – CC not objecting, but requesting look at flooding risk.
- The Old Station, Rumbling Bridge – No CC comment.

General Correspondence: All outgoing and incoming correspondence was available for viewing.

Glendevon Possible Hydro Scheme: Very initial stage, consult with CC prior to funding application. Possible benefit to community of £20k/year, doubling to £40k after capital costs paid off. Chair gave cautious approval at this stage. The developer is happy to come and explain at a future meeting.

Snow Clearing: Comments on this year's activities must be received by 28 April.

Royal Mail: Is service from Kinross office going to deteriorate further due to new shift patterns etc? Cllr Robertson points out that it's a private company.

The Next Meeting of Fossoway & District CC will take place on Tuesday 3 May 2011 at 7.30pm in Fossoway Primary School. All welcome!

Cleish & Blairadam CC

The CC met on 14 March in the Tabernacle Hall, Blairadam and was attended by five CCllrs, P&K Cllr M Barnacle, one member of the public (surely this must be a record low) and the Editor of the Cleish & Blairadam Newsletter.

News from the AGM

Chairman's Report

Two new members had joined the CC: Patty Fraser and Fiona Macgregor, and Sandy Morton who had resigned, but then had expressed his willingness to rejoin, and had been co-opted.

The new Police Liaison Officer was Nicky Ward, and although she was not able to attend every meeting there was no doubting that the Police were active in the area and responsive to our calls and concerns.

The list of planning applications continues to grow as does the list of applications pending. This must be partly due to the cutbacks in Local Government spending.

The new Development Plan will be a subject for wider public. How this can be done is a matter of immediate concern – there is the website where everything can be accessed, but not everyone reads it, and this Newsletter [the Cleish & Blairadam Newsletter] is still a source of information.

Whatever method you use, please do read and take on board the information as published. Comment is important and welcomed.

The Chairman thanked all the CCllrs, the C&B Newsletter Editor and Freda Whalley who prints the Newsletter and the many people who deliver it. The C&B Newsletter is

delivered to every household in Cleish and Blairadam and to a number beyond the Parish boundaries who take a great interest in Cleish and Blairadam and support many of the local activities. Thanks were also due to Fran Gillespie who does the website.

Treasurer's Report

The Treasurer was glad to say there is a healthy balance in the Bank and although we are not in the millions there would be money available for a community event.

Both reports were approved.

News from the March Meeting

Crime Prevention: There had been a report of a break-in at Keltybridge following which the Police intimated that as this was in a Fife postcode area such incidents were the business of the Fife Police. This matter to be resolved, pointing out that Keltybridge was in the Perth and Kinross district.

CCs New Constitution: The proposals for the establishment and new constitution of community councils has been adopted by PKC. In future all CCs would be re-elected at the same time. The elections are likely to be held in the autumn of 2011. CCs are statutory bodies, as laid down by the Scottish Government, the members of which are democratically elected. Any member of the community may stand for election provided they are correctly proposed and seconded. There is a perception among some members of the population that the views of the community are not being represented. The CC must ensure that this is not the case. How the Council engages the population at large is a matter for future discussion and all views will be taken into consideration. This is YOUR CC – please support it either by attending meetings or by seeking nomination as a member.

MIR Meetings: These had been well attended and the response of the Cleish and Blairadam CC is available for view on the website. The Perth and Kinross Draft will be made public in December 2011. The Proposed Strategic Development Plan will be published in June 2011 with an eight week consultation period.

Planning Applications:

The Bungalow, Blairadam: withdrawn and re-submitted.

Eight dwelling houses at Sunnyside Farm: withdrawn.

Erection of dwelling house at Moreland Farm, Cleish: access and new barn approved, retrospectively. House pending (outline).

Change of house type at plot 1, Sunnyside Farm: pending.

Gairneybridge Caravan Site: pending.

Greenacres: more hard standing – Enforcement Officer to be informed.

Nivingston House, Cleish: erection of wind turbine: pending.

Extension to Cleish Church: pending.

Roads: The Roads Department said the grit lorries had been to Cleish, despite the evidence of no grit having been seen.

The road from Mawmill to Balado Cross Roads and Cleish Cemetery Road are both appalling – the Roads Department to be informed.

Notice Boards at Keltybridge and Blairforge: They are showing signs of wear and tear; Sandy Morton to find out costings for repair.

Dates of future meetings: 16 May Cleish; 20 June Tabernacle Hall; 22 August Cleish; 24 October Tabernacle Hall; 5 December Cleish.

Classified Advertisements

Check the Classified Ads section on www.kinross.cc

Buy or Sell Goods up to the value of £500

Items are advertised free of charge for up to six weeks

Down Memory Lane



New Road, Milnathort.

New Road, Milnathort, c. 1925.



New Road, Milnathort, c. 1964.

Photographs courtesy of the Kilmross-shire Historical Society



Club & Community Group News

Kinross Museum



The exhibition *This Happens in War* came to an end after four months during which it attracted a good deal of attention. The Museum Trustees are grateful to the Black Watch Museum in Perth and all who gifted or loaned material to Kinross Museum for this display.

During April we have been busy putting together a major new exhibition – *Kinross-shire Rocks* – which focuses on the geology of Kinross-shire. If you want to know about the 1852 ‘Gold Rush’ in the Lomond Hills, where to find agates in Kinross-shire or how coal was used to light the streets and houses of Kinross, Milnathort and Kinnesswood, come along to the Museum and find out.



The medieval key found at Classloch Farm

The Museum continues to receive generous gifts to add to the collection, including items such as this medieval key found at Classloch Farm by metal detectorist James Crombie.

Kinross Ladies Circle



Kinross Ladies Circle is a fantastic club for women aged 18 to 45 who want to make new friends, have lots of fun and do some fund raising along the way! We get involved in all manner of social and fund raising activities. Each year we nominate a local charity to benefit from our fundraising efforts and this year we have chosen to support PLUS, Perth. PLUS is a mental health charity and a champion of the See Me campaign working to lessen stigma towards mental illness and to promote recovery.

Upcoming Ladies Circle diary dates:

- 4 June JSA Lunch, Edinburgh Zoo
- 25 June Lepra bike ride food stop

For further details about us or to join please go to our website, www.kinrossladiescircle.co.uk

Kinross Garden Group



Unfortunately our speaker, Mr Kevin Kelly of Kelly Tree Care was unable to attend our April meeting at the Millbridge Hall because of work commitments. The Committee arranged a slide show of Vienna and a talk on Spring Gardens instead.

This meeting was also our AGM and the Chairman, Mr John Porter, Outings Convener/Deputy Chair Mrs Chistina Rodger, Treasurer Mrs Anne Walker and Secretary Mrs Helen Leslie were elected and willing to serve.

Milnathort muscle needed!

News from the Milnathort Town Hall Association

Following the fantastic news that the lease for the building has been settled, all the funding opportunities that we have been unable to access without it are available.

We have at last secured the future of our B-listed Town Hall, which stands at the heart of our village.

All we need to get things started, as part of our long term plans to create an exciting, accessible community resource, are some volunteers who can give us some time (however little) when we get things started.

Whether its brawn or brains you can bring to help, the Milnathort Town Hall Committee are looking for enthusiastic volunteers to help with the Town Hall refurbishment.

Opened in 1855, the hall has been a central part of our community life for generations. Please help us restore its rightful place at the heart of the community!

Thanks for reading,

Susan Britton, tel 07737 461 293

susanbritton@yahoo.co.uk



Milnathort town hall - what will YOU use it for?

Want to sell something?

Advertise your item free of charge in the **Classified Advertisements** section on

www.kinross.cc

Kinross and District Art Club



The club's weekly sessions continue to be well attended and our new members are showing great potential and bringing different creative ideas. Most, if not all, begin with some apprehension but quickly find that we are all learners. Even the more experienced are constantly looking to improve their techniques and we can all learn from each other.

Our library of DVDs is expanding and the aim is to have as wide a range as possible of these high quality visual tuition sessions to cover all mediums and genres of painting. As well as whole club viewings, individual members can borrow these to take home and work through in their own time.

This source, along with individual help from our in-house Professional Adviser, ensures that the club is a place where members can improve their skills or, if the wish, simply paint for pleasure.

We are beginning to think ahead now to our Annual Exhibition in September, but before that we have so much to look forward to: our Summer outdoor painting days and a bus trip to the Pittenweem Art Festival.

For more information about the club visit www.kadac.co.uk or call Sybil on 01577 830347



Club member Ellen Milne discusses techniques with visiting Artist Joyce Graham at the March Group Activity event

J. MILLER

CARPET AND UPHOLSTERY
CLEANING

Domestic and Commercial
Free No Obligatory Quotations
Free Deodoriser

Fully Insured & Qualified
01577 864129 or 07961415871

Kinross Boys Brigade



Anchors and Juniors enjoyed a "Pirates' Evening", taking advantage of the fact that their senior colleagues were having fun on the flumes at Burntisland Leisure Pool. The wave machine also provided great amusement as heads bobbed up and down in time with the rolling waves.

Jennifer MacKessack's midnight hike team finished in runners' up position in the annual Battalion competition for the second consecutive year with the Company's other three teams finishing further down the leader board.

In the battalion Drill Competition, Jennifer led her squad to win the Major Ralston Drill Medal in first place with Andrew Jack's squad finishing in third position behind Blairgowrie. This is the 26th time that the Kinross Company has won the coveted drill medal since the Company reformed in 1940.

Junior section members are looking forward to their weekend camp at one of the Scottish Centres in the Lothians.

The Kinross Company's Annual Display and Presentation of Awards will take place in Kinross Church Centre at 7pm on **Friday 13 May** to which all parents and friends are cordially invited.

Congratulations are due to Alice Eade and Andrew Morris who successfully completed their Queen's Badge final course at the Carronvale Scottish Headquarters.

Marquee bookings for the summer ahead are already being received. Anyone wishing to hire the 40' by 20' white marquee tents should contact Company Captain David Munro (tel 01577 862126). The cost is £180 per tent per occasion and includes erection and dismantling.

Lodge St Serf No 327



The next Regular Meeting will take place on **Tuesday 6 September** at 7.15pm - Degree to be arranged.

Many thanks to all of the businesses and individuals who donated so generously to our Sportsman's Dinner on Friday 1 April past. It was an excellent evening, enjoyed by all who attended. Monies raised will be distributed to local good causes later in the year and be included in Newsletter.

Kinross & District Town Twinning Association



Members are preparing for next year's visit to Gacé in Normandy and are awaiting finalised dates before making travel arrangements. Anyone interested in joining the group for a week staying with a French family should contact chairperson Jeannie Paterson (tel 862159). The popular "50 Club" still has a few vacancies and is due to start in May. Contact Jeannie if you wish to be involved in this year's prize draws.

Milnathort PS Parent Council

For the most up to date minutes and other information, please look at our website www.milnathortprimary.org.uk or contact the Clerk, Lesley McCormick on 862060 or email lesley.mccormick@milnathortprimary.org.uk

Kinross Primary School

P6B Roll out the Red Carpet for their Film Premiers

At the start of term we, P6B, received a mysterious box which contained Buddy the bear. He came to us with an important request; he wanted to be a film star. We accepted his request and made our own film, all of which Buddy starred in. So on 24 March we held an Oscars event where we and our parents had the privilege of coming in formal dress. We even went to the extent of staying after school for dance lessons, as we would be performing a dance to Fame! We also made things like goodie bags and shortbread and we made props for the films. The films we made were Shrek Forever After, Alice in Wonderland, Ice Age, Harry Potter and Wizard of Oz.

There were various awards and well done to all of the winners. We put all of our effort into this topic and we just can't thank everybody enough, especially to Miss Robinson for making this whole event happen and Mrs Fairweather for filming all of our beautiful faces. We can't forget to thank all of the staff for attending our wonderful Oscars and for all the P7's for selling our programmes and DVD's. There was Shloer as you came in and we got our photos taken with our guests. We also got our photo taken while we were dancing and singing. We really enjoyed this topic and we hope our parents enjoyed their night.

by Luke Crichton, Caitlin Ganley and Ingrid Hill



Class P6B in their Fame costumes

Kinross Primary Fly their 'Green' Flag

On 23 March Kinross Primary School was assessed for their Green Eco flag. Anne Black and Norma Smith (both from Eco Schools Scotland) came to the school and assessed it for the green flag. The school had to choose four main topics to focus on. Kinross Primary decided to focus on litter, waste minimisation, water and energy. Our main concern was the amount of litter in and around the school grounds. Recently we have started up 'litter monitors' which entitles two or three children from each class in Primary 5 and upwards every break and lunch to walk about and monitor the litter that is getting dropped. If the litter monitors spot someone dropping litter they note down their name and report them to Mrs Rodgers who then decides on a suitable punishment. Anne and Norma were very impressed with this way of making sure our playground was kept tidy. Mrs Rodgers (the eco coordinator in the school) selected four of us (Emma Hodgkinson P7, Rebecca Davidson P7, Euan Boyle P7 and Johnny Mullen P5) to

show around the ladies from Eco Schools Scotland which meant we had to do a grand tour of the whole school. We met Anne and Norma at the foyer and split into two groups so the tour was a bit quicker. Emma and Rebecca showed Anne around the middle and upper school while Euan and Johnny showed Norma around the Nursery and infant end of the school. Emma and Rebecca started by taking Anne out to the wildlife garden. Although it does not belong to the school the school often uses it for planting things, mini-beast hunts, making shelters and much more. Anne thought it was wonderful that we had outdoor space that was available for us to use for activities. After we'd finished the tour Anne and Norma wanted to meet with the Eco Committee which meant we all got to miss part of Maths. When Anne and Norma had found out all they needed to know the members of the Eco Committee went back to their classes hoping that we would get our green flag. In the afternoon we were called out of class and told the good news. We had achieved our first green flag! We were very happy! We would just like to say a big thank-you to everyone that helped us achieve this eco award.

by E Hodgkinson, R Davidson, E Boyle and J Mullen



The members of the Eco Committee and the Green Ambassadors with the Green Flag – children of various ages

Katie Morag Comes to Kinross Primary with P2A

Primary 2A had a Katie Morag day for their topic where they were split into two groups; for one baking and the other playing games. They made porridge and biscuits for in the afternoon so that the teachers and pupils could taste their baking. They dressed up as people from the Isle of Struay and Mrs Murray dressed up as Katie Morag. When she spoke to some of the children to see what they thought of the day. "I enjoyed making the porridge," said Lucy and Kai said, "I liked making the biscuits." Rory told us that he had fun making the sheep biscuits; they also made sheep and Highland Cow pictures for their topic. At the end of the day we caught up with Mrs Murray to find out what she thought of the event, "we have had a fun, lovely day and all the children look great as Isle of Struay characters." For this topic P2A linked up with Tong Primary School in the Isle of Lewis where they made comparisons between the two school experiences.

by Bethany Sparling, Josh McLaren and Aaron Stanfield,

P6B

Portmoak Primary School

Gala Royal Party chosen

Carol and David Eadie from the Portmoak Gala Committee attended the assembly at Portmoak Primary School on Friday 1 April to make the draw for the royal party for this year's gala. The lucky winners were:

Gala Queen - Charlotte Spencer (P7)

Escort - Murray Ballantyne (P7)

Flower Girls - Caitlin Taylor and Emily Welsh (both P2)

Louise Gordon, headteacher, said, "All those involved were delighted to have been chosen and I have no doubt that they will do a fantastic job at this year's gala. This is my first gala since taking over at Portmoak Primary and I can't wait to see our children decked out in all their finery. Thanks to Carol and David Eadie for taking the time to come to the school so that the children could witness the live draw for themselves."



The Gala Party winners are pictured with Carol and David Eadie in the school hall

FOR SALE - Chappell Upright Piano

French polished case in rich mahogany with ivory keys. Good tone and good condition. Recently tuned. Full iron frame, overstrung, under damper. Measures 146cm long, 125cm high, 57cm deep. Valued at £700. Offers.

Liz Mackay

Hillside House, Carnbo, Kinross, KY13 0NR

078 010 717 54

lizmaward@hotmail.com

JOHNSTON PLUMBING

All plumbing work carried out.
Shower and bathroom installations,
heating systems, rhones, leadwork etc.

**For free estimates phone Stuart on
01577 863968 or mobile 07926 503422.**

A welly good time

Portmoak Primary School had a welly-good end of term on 1 April, when the ladies from Kinnesswood in Bloom came to work with pupils and staff at the school. The children took part in creative art work either designing a welly decoratively or by inventing a welly invention. In the afternoon they took part in welly-wanging, with prizes for the furthest welly and for the best design in each class. The design competition was judged by Louise Batchelor, local celebrity, who is a patron of the Woodland Trust.



Janette Gardiner (from K in B) welly wanging with P1/2

Norma Smith, from Kinnesswood in Bloom, spoke to the children at assembly about some of the work that the Woodland trust does and Louise Batchelor promised to come back another day with some more information. All the older classes in the school have already contributed to planting trees in the Kilmagad Wood, so were able to explain what they did there to Mrs Smith too.

At night the ladies were due to hold a welly-conga as a fundraiser. (See Kinnesswood in Bloom report.)

Louise Gordon, headteacher, said "Thank you to the ladies from Kinnesswood in Bloom for organising such a fun day for the end of term. We now have lots of lovely decorations for the Portmoak Hall during the festival and everyone had a super day making them."



Welly art at Portmoak Primary!

Kinross & Ochil Walking Group

Summer's round the corner. Come out and enjoy the scenery at its best. Whether you're new to walking or a regular walker, try out a walk or two to see if you'd like to join us. Walks are led by volunteers from the group and new members are made very welcome. This month we have two lovely weekend walks.

Saturday 7 May: Conic Hill. 6½ miles. From Balmaha car park join part of the West Highland Way to the summit of Conic hill via clearly defined paths. Open uplands with some rocky, stony and steep stretches. Total climb 360m to summit then gradual descent via Burn of Mar, Milton of Buchanan and then by the B837 to Balmaha.

Sunday 22 May: Glensherup Circular. 8 miles. Good forestry tracks to the Glensherup Reservoir then a steep ascent towards Ben Shee, thereafter an undulating ridge walk with spectacular views of Cairn Morris Hill, Tarmangie Hill and Innerdownie before returning on forest paths and tracks to the carpark. No dogs please.

For all walks you do need appropriate clothing (not jeans) including boots and waterproofs. Walks can be of several hours duration so a packed lunch/water/warm drink should be brought.

For further details and where to meet us, please call our group Secretary Edna Burnett on 01577 862977. Or check our website koramblers.org

Portmoak Film Society

2010/11 Season goes out with record ratings

The Portmoak Film Society's 2010/11 season ended on a high note in April with a bumper attendance of fifty. We couldn't work out whether it was the lovely sunny evening or the film itself, Nigel Cole's 2010 British film "Made in Dagenham" which enticed more people out than usual, but we were glad to welcome many new filmgoers, including some younger ones. Was it the entertaining depiction of an iconic chapter in British labour history, the 1968 strike at the Ford Dagenham car plant, where female workers went on strike in protest against the bosses' stubborn refusal to pay them the same rates as the men, that attracted a bigger audience? We'll probably never know, but it was an enjoyable evening with a toe-tapping soundtrack from the '60s and a memorable performance from Miranda Richardson as Barbara Castle, Secretary of State for Employment who supported the women strikers – they don't make 'em like that anymore, sadly for today's politics...

The film got a 'best of the season' bean result too, with 94% rating it "excellent" or "good". Prior to the film, the AGM was held with no changes to the office bearers and as usual, the films were democratically selected for the next season. These look like being an exciting mix of classic and contemporary, Hollywood blockbusters and European arthouse movies and can be previewed at our website: www.portmoakfilmsociety.org.uk

So it's goodbye from PFS for the summer and we hope to see all our 'old faithfuls' and some new 'friends of film' at the start of the next season in September.

Newsletter Deadlines

A list of future deadlines can be found on our website

www.kinrossnewsletter.org

From the diary...

Lendrick Muir is an activity centre, owned by Scripture Union Scotland, and set in 120 acres near Rumbling Bridge

March

As I write, a nursery group from Portmoak are arriving (in the sunshine) for a Bear Hunt (one of our popular story trails for young children) and a school group from Aboyne are just preparing to leave. This is our busiest season with non-stop school activity residentials, activity holidays and busy weekends, so our Hospitality Team is kept on their toes providing (often) a complete turnover for the whole house (150 beds!) in a few hours before another group arrives.

The seasons move fast at Lendrick Muir! It only seems like a few weeks ago that we welcomed over 200 local folks to three evenings of "Come Dine with Us". For many people it was their first visit to Lendrick Muir and they enjoyed a fabulous meal organised by our staff and volunteers. Several people came more than once as the food was so good!



Playing volleyball at Lendrick Muir

"Come Dine with Us" was part of on-going fundraising for our development appeal. Our main building is a stone-built mansion dating from the 19th Century and there are major roof, window and stonework repairs to be done *and* re-wiring *and* road resurfacing! To raise £500,000 is a massive challenge.

If you want to join in the fundraising we are organising a 100-mile sponsored bike ride from just outside Aviemore to Lendrick Muir from 19-20 August. The ride is challenging and previous riders battled poor weather across the Cairngorms, finishing with a daunting hill section north of Yetts O' Muckhart. More information and registration details can be found at www.suscotland.org.uk/bigbikechallenge.

April

Schools out and **SU Holidays** are in. It's been mixed weather so far but when the sun is shining – it's like summer. The go-karts are in full swing and we've just taken delivery of a bungee trampoline – kids (and staff!) are eagerly anticipating jumping up to 10 metres high (in harnesses, I hasten to add) while experimenting with acrobatic manoeuvres.

Michael Cook, our new Centre Director, joins us at the end of May. He lives locally, has a wife and 6-year-old son, Sam. He has previously worked for PricewaterhouseCooper and Prudential and currently is Executive Director for Scotland with Mission Africa. We hope he quickly feels part of life at LM.

Anne Sutherland

Kinross-shire Local Events Organisation

www.kleo.org.uk

Fun for all the family at

Feel Good Fair at Loch Leven Half Marathon

In conjunction with the Kinross Road Runners, KLEO will be arranging some entertainment and fun activities at the finish line of the Loch Leven Half Marathon on **Saturday 14 May**. The event starts at 1pm at the KGV Rugby Field and we finish when the last runner passes the finish line. While you wait for the runners coming in, come along and browse through the wares of local stall holders, kick a football at the street football, try to 'Beat the Goalie' with the Boys Brigade or play volleyball. The Kinross Pipe Band and local highland dancers will entertain us with some music and kids can enjoy the Fun Run, which Swansacre Playgroup organises every year at 1.30pm.

If your local group/club or charity would like a free stall at the Feel Good Fair, please let us know. Businesses can hire a stall for £20.

Come along and enjoy!

Film 'Tangled' (PG) at Community Campus

On **Friday 27 May** we will show 'Tangled' at **7pm** (doors open 6.30pm).

The magically long-haired Rapunzel has spent her entire life in a tower, but now that a runaway thief has stumbled upon her, she is about to discover the world for the first time, and who she really is.

Tickets (£3 for 18 and under and £5 for adults and £14 for a family (2A, 2C) are available on the evening at the door.



Kinross Potager Garden

"Spring is sprung, the grass is ris".... so says the poem, and we are so glad to see the plants coming back to life in the garden, and to **welcome the children** for their summer term of gardening. This year it is Mrs Hynd's P5 class who will be learning about plants and the environment, and growing their own vegetables.

We are also hoping to host a **gardening course** run by Perth College, if there is sufficient interest.

Our **Coffee Morning** on 26 March was busy, and we raised £136.26 for Marie Curie Cancer Care, and the Guides made £25, with good plant sales too; thank you to everyone who attended, and helped with the event. Thanks to **David Sands** for their generous donation of refreshment items for the coffee morning.

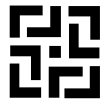
We still have good supplies of shrubs, herbaceous plants, herbs and soft fruit. We will have a stall at the Half Marathon Feel Good Fair on **Saturday 14 May**, and our **Plant Sale** at the garden on **Saturday morning 28 May**, which will include young vegetable and flower plants, grown by the children. For plant sales at other times, phone Amanda James (01577 840809) to arrange a time to visit the garden. The garden is now open every day, so do drop in for a look around, or to sit and enjoy the peace, on our new picnic benches, supplied by Perth Walled Garden, funded by a donation from the Rotary Club some time ago.

Our **AGM** will be held on **Tuesday 31 May** at 7pm in the Church Centre, to which all are welcome.

We are very grateful again to be receiving support and advice from **Dobbies in Kinross**, and would like to thank Luke Chamberlain and his team for their donation of seed potatoes, onion sets, potting compost, and other items.

We would like to let you know about the **Dobbies Little Seedlings Club** for children aged 4 to 10 years, which meets once a month. The session on **Sunday 8 May** at 11am will be about having fun growing your own vegetables, with games and hands-on growing. Children must be accompanied by an adult, and booked in advance; Call into Dobbies, or phone 863327 for booking and more information.

For information, or to find out about volunteering at the garden, contact Amanda James on 840809, or amanda@tyafon.plus.com.



Gaberlunzie will be playing at the Kinross-shire Music Festival

Kinross-shire Music Festival, 17-20 November

A festival that promotes live music of all styles and genres, and at all levels! This festival will take place at a wide variety of venues in Kinross-shire.

We are happy to announce that Gaberlunzie & Friends will be playing at the festival! If you as a local band/musician would like to be involved, please let us know. Also let us know if you, as a local group, would like to organise a music event under the umbrella of the festival. You will then be included in all the PR.

For more information contact Bouwien Bennet, 01577 863107 or bouwien@kleo.org.uk

BODY BLISS

"Therapies to Enhance Your Life"

REFLEXOLOGY / REIKI
SWEDISH BODY MASSAGE
AROMATHERAPY MASSAGE
REMEDIAL SPORTS MASSAGE
ON-SITE MASSAGE

Contact: **Morag Abel** / Powmill

Tel: 01577 840171

GIFT VOUCHER AVAILABLE

Men & Women Welcome!
Member of the International
Council of Holistic Therapists

Kinross & District Rotary Club



The Club had two excellent talks at its meetings this month.

Euroscola, Caitlin Rush

Every year the Club selects a pupil from the High School to be our Euroscola representative at a visit to Strasbourg to take part in a joint venture of similar aged students from all over Europe. This year our candidate was Caitlin Rush and she joined 17 other pupils from Rotary District 1010 for a week in February. It's always very refreshing to be informed by the Euroscola candidate and this year was no exception as a very confident Caitlin addressed the club on 28 March. With photos of the week's activities, Caitlin described the life changing experience and the various events which took place and the party seem to have made their mark for Scotland, with highland dancing, ceilidh and Burns night celebrations. She spoke of the confidence gained from speaking at the European parliament to the assembled throng of over 500 people and in speaking to the residents of Strasbourg in French whilst conducting a survey.

Antiques Charity Auction

Our meeting on 21 March was, of course, postponed to the Wednesday of that week to accommodate the Antiques Valuation evening, a new and very successful venture for our club. The famous auctioneer, Anita Manning (the first lady auctioneer in this country), opened the proceedings with an address to the almost 100 paying guests, in which she gave an insight into her background and experiences as an auctioneer. After dinner, she and a colleague spoke about and gave valuations of the various items brought by members of the audience. One of our members had very generously donated three paintings for the evening and Anita kindly agreed to auction two of them at the end of the valuations. A third painting was the star prize of a raffle and the lady who won it then asked Anita to offer it for auction also, raising even more money.



Anita Manning and Paul Howard of Great Western Auctions Ltd discussing an antique with John Matthew, President of the Rotary Club

The theme for the evening was ShelterBox, particularly relevant at present with the disastrous earthquakes and subsequent events in New Zealand and Japan and there was a Box on display at the Windlestrae during the evening. Anita was particularly impressed with the work of ShelterBox and used every opportunity to praise this and Rotary throughout the evening, resulting in a magnificent figure of just over £2,500 being raised. This is sufficient to

pay for five ShelterBoxes, which the Club is delighted about and would like to thank all those who so generously gave of their time and money on the evening.

WaterAid

Supporting Water Aid is the next major target on the Rotary calendar. Water Aid is an international organisation whose aims are to bring fresh water and clean sanitation throughout the World. We take for granted that we can simply turn on a tap and we will have available a clean, pure supply of running water. Currently 884 million people do not have access to safe drinking water and 2.6 billion people do not have adequate sanitation. Last year Water Aid funded over 400 partners in Africa and Asia and reached 94 million people with a safe supply of clean water and 1.24 billion with sanitation.

At the moment 4,000 young children die every day from water borne diseases. Providing a clean and safe supply of water can be easily and cheaply achieved by sinking a borehole in a village. This can save people having to walk miles to the nearest running stream of water, which is usually used by all the local wild life as well. Disease can be reduced at a stroke.

Rotary is actively supporting Water Aid throughout the World from funds from its charities.

If the above activities are of interest to you, or you would like to be involved, please visit our web site, www.kinrossrotary.org for further information about the Rotary movement and the Kinross Club in particular.

Kinross High School Parent Council Blazer Sales



In anticipation of P7s moving up to Kinross High School in August, the following KHSPC 'Blazer Sales' dates have been confirmed at the catchment primary schools:

Date	Primary School
Tuesday 3 May	Cleish PS
Wednesday 4 May	Fossoway (& Blairingone) PS
Thursday 5 May	Arngask PS
Monday 9 May	Kinross HS (open to all)
Tuesday 10 May	Portmoak PS
Wednesday 11 May	Kinross PS
Thursday 12 May	Milnathort PS

KHSPC 'Blazer Sales' representatives will be in attendance at the schools from 1800 to 2000 on each of the above evenings. There will be a selection of boys' and girls' purple blazer sizes for the P7 children to try on and for parents to order.

Price of a blazer is £45, payable when ordering.

The blazers will be available for collection from Kinross High School in June on two designated evenings during the last week of term. The KHSPC will forward a parents' blazer information leaflet to each primary school by mid April, in advance of the sales evenings in May.

Details of the above sales itinerary will also be posted on the KHS and KHSPC websites.

May I take the opportunity on behalf of the KHSPC to thank you for your continued support to the KHS blazer initiative.

Common Grounds

The daffodils are magnificent and the trees are lovely at this time of year, so fresh and clean. Beautiful sunny days mean that summer time is nearly upon us, putting grass cutting and barbecues high on the agenda.

Project Lunch: Our next Project Lunch will take place on **Tuesday 17 May** at the Guide and Scout Hall, Church Street, Milnathort at 12 noon for 12.30pm. The speakers are Ken and Margery McFarlane from Luncarty who will speak about the charity Chernobyl Children's Life Line.

Project: Our current project is SPANA, The Society for the Protection of Animals Abroad. SPANA is a UK charity founded in 1923. Operating from mobile clinics and educational buses, SPANA helps mostly working animals in the poorest countries, ensuring that families can make a living. If an animal falls sick or is injured then the family it supports may go hungry and fall deeper into poverty. Because of what SPANA does, there are more happy and healthy animals working hard and earning an income for their owners. This in turn puts food on the table and can pay for their children to go to school. Although SPANA helps animals throughout the world, African countries feature strongly in their care programme. Our donation to SPANA will go to help animals in Ethiopia.

Book Club: The book club now meets in Milnathort Town Hall on the evening of the first Tuesday of the month. Please contact Chris Scholes on 01577 864053.

Can I remind you of our ongoing "wish list": our requirements are still for a new Treasurer and more Volunteers for our coffee shop. Do come along and see for yourself how we operate and try our Fairtrade tea or coffee.

Our opening hours are still 10am-1pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are: James Henry (Convener) 01577 864452 and Linda Freeman on 01577 865045.



Probus Club

The speaker for the meeting on 6 April was Mrs Sandra Miller and her subject "Commentator Through Technology". Sandra had started her teaching career as a music teacher, but had changed to working with Special Needs children when she came to this part of the country. Her job now is Principal Teacher for Communication Skills. Whatever their disability, all children must learn to communicate, for without communication children learn nothing and are unable even to make their needs known. Various manufacturers had produced technical inventions to help handicapped children. Sandra showed several of these devices to the members and explained how they worked. Some of these devices were expensive, others not so expensive. Frank Wellman gave the vote of thanks for a most interesting afternoon.



Portmoak Hall 100 Club

March Draw

- 1st No. 98 Jane Buchan, Kinnesswood
- 2nd No. 68 Doreen Thomson, Kinnesswood
- 3rd No. 8 Rita Pritchard, Kinnesswood

Innner Wheel Club of Kinross and District



At our meeting on 11 April our speaker made us think how fortunate we are. We were delighted to welcome Lynn Pollock, who spoke to us about her trip to Peru with the Vine Trust. Lynn flew to Amsterdam, then to Lima where she met the rest of the volunteers then to Brazil and on to Peru.

The Amazon is two miles wide. The water is brown and full of debris, the boats engines very noisy. They saw their quarters on the boat: a small shower, one toilet and one sink. The alarm call was 5.15am, devotions at 7am in Spanish and English. They ventured into the villages at 8am. Patients arrive at 8.30am. The finish time is when the last patient leaves. Everyone who comes on board gets de-wormed. All babies are breastfed. Lunch and siesta and then move onto next village. Work at 2.30pm, supper at 6.30pm, bedtime 8.30pm. The team are not allowed to drink alcohol while they are working on the boat and ... disaster! They ran out of coffee.

There are two boats which sail up the Amazon to bring hope, comfort and healing to people who do not have the same access as we have to the NHS. After hearing this talk you wonder, what do we have to complain about? We have a dedicated team at the Health Centre, access to medicines and are able to be referred to the appropriate departments in the hospital.

There were seven in the team that went out to Peru, all with their own specialties. The Peruvian Team consisted of two nurses and one midwife. There were three translators, seven crew, a pharmacy dispenser, dentist and cooks.

The two boats set off in different directions. They sail up the Amazon to the furthest point and the people are visited every three months. The poverty is terrible to behold and we take our hats off to those who give of their time and their talents and also pay for the privilege.

Grass Cutting, Rotovating
Hedge Trimming, Tree Pruning
Turfing, Slab Laying, Fencing
work undertaken

I. Robertson, Station Road, Crook of Devon
Telephone : **Fossoway 01577 840526**

Pauline now grooming at
LOCHRAN MOSS GROOMING
(1/2 mile Junction 5 M90)

All dog breeds catered for sympathetically
and to owner requirements
Clipped, trimmed and bathed
in a friendly environment

For appointment:
Call **Pauline 07825 367804** or
01383 830752

LOCHRAN MOSS, BLAIRADAM, KELTY
FIFE KY4 0HZ

Kinross Camera Club

The Annual Dinner on 30 April sees the end of the Club's formal season, and we look forward to 15 September when we hold our "Welcome Night" and the opportunity to greet new members.



In the summer months members are not idle, there are many events, sporting and otherwise, taking place in and around Kinross and with our 2nd League Competition being "Sport" they are likely to be present at a number of these.

A range of Summer Outings is also being proposed, some informal, others a little more organised including a coastal walk which offers a chance to take images for another of our competitions the "Thackery", where the subject for 2011/12 is "Coast" for which a themed panel of three images is required.

In October last we had a talk where we were encouraged to scan the skies from late May through to the beginning of August to try to photograph noctolumescent clouds high in the sky. At the time of writing it is mid-April and the weather has been cloudy, but one may hope that at some time between the end of May and early August opportunities may arise to record these most interesting phenomena. The subject of our first competition of the season is an open one and it may be hoped that the normally generally terrestrial subjects may be supplemented on this occasion.

The kind donors of the Greer and Fortune Quaich have received copies of the winning images in this year's competition and have been invited to set the subject for next season, so we await with interest their choice.

A new competition called the "Creative Digital Competition" will be taking place and this should encourage creativity in the production of projectable digital images.

Further information from Alison Bradley on 01592 840251 or contact www.kinrosscameraclub.org.uk or alisonbradley101@btinternet.com

Copies of the book "25 Years of Kinross Camera Club" containing photographs taken by Club members and commemorating the first 25 years of the Club's existence are available from Blurb.com

PLANNING PERMISSION BUILDING WARRANTS

McNeil Partnership is a locally based practice with LOCAL knowledge providing drawings and processing applications for Planning permission and Building Warrants.

We specialise in Extensions, Attic Conversions, Conservatories, Porches and Internal and External Alterations.

Contact **Eric or Fiona McNeil**
01577 863000
For free advice

CERAMIC TILING SERVICE

*A large range of wall and floor tiles for supply and fix
or*

You may require a labour only service

Free estimates

Phone **GEORGE BIRD Kinross 862253**

Kinnesswood in Bloom

www.kinnesswoodinbloom.org



Work Parties

Regular Saturday work parties have been taking place in the village, cleaning up after the winter, pruning, weeding and dividing plants. Some of the areas are now looking very smart after their spring clean. There are also individuals who work away on their own little patch and adding to the village amenity. Apart from the mainly female volunteers the group has appreciated considerable help from some of the men of the village, sourcing and delivering bark, moving and spreading it and helping with turning the compost. The school grounds in particular have benefited from considerable work by John. It makes a difference to have so much support when it is needed.



A well earned break for the Saturday working party!

The planters needed less attention this year as they are now planted up with sustainable plants. The main task now is to divide the plants and use them in other areas of the village. Flowers for the hanging baskets are being sourced from a local nursery this year and we look forward to seeing the displays in June.

Fund raising

Fund raising continues to be a year round activity. The Quiz night raised £121 and the Walk Book brings in a regular income. The joint Ceilidh with Scotlandwell was an enjoyable evening with a lively band and raised £101.25 for each group. The **decking sale** is now scheduled for **Sunday 15 May** so if you are having a spring clean keep us in mind.

Welly Day

No, it wasn't an April fool. The ladies wearing the colourful wellies and doing a conga from Kinnesswood to Scotlandwell on 1 April were raising money for the Woodland Trust. Great fun was had by all and the sum of £85 was raised.

Earlier in the day Norma, Janette, Donna and Pat spent a day at the Portmoak School, helping the children design and decorate their own wellies. The children also had a go at welly wanging to see how far they could throw a welly. Louise Batchelor presented prizes donated by Kinnesswood in Bloom. The lovely bright decorated wellies will be on show at the Portmoak Festival in June.

Kinross-shire Fifty Plus Club



The May meeting will be held on **Thursday 5 May** at 2pm in the Kinross Parish Church. Please note the change of venue, which is due to the Millbridge Hall being used for the election. There will be a talk by the well-known author Peter Kerr.

Away Days, May:

Thursday 13 May to Berwick on Tweed.

Thursday 27 May to the House of the Art Lover, Bellahouston.

Annual Outing: The Club annual outing will be to Largs on Sunday 10 July. Details of the cost, coach plus high tea, will be advised as soon as available.

Royal Edinburgh Tattoo: Edith will be collecting the balance of ticket money at the May meeting. Would members who have not been paying by instalments please pay the full amount at the May meeting.

Friday Hill Walkers:

6 May: The summer walks programme starts with an old favourite with a return to Ben Vrackie from Moulin, led by Flora.

20 May: A new walk for us at Loch Venachar which starts at Brig o' Turk, led by Anne.

Would members please go to hillfolk.pbworks.com for any changes and let us know if you are planning to come.

Please note this membership list is currently fully subscribed.

Friday Walkers:

13 May: Culross, round the lagoons to Preston Island, finishing the day at the 'Red Lion' with soup and sandwiches – a flat walk of no more than 5 miles. This walk is a repeat of a successful day last year when a seal kept on surfacing to see who was whistling.

27 May: A new Loch Ordie walk – this time we leave from above Butterstone village to walk along country roads to Loch Ordie and then back along familiar roads to Dowally – and down the two paths we usually struggle up. As well as going through a new bit of country, this is a leisurely one-way walk of only 6 miles.

Please note that the walkers' membership list is currently closed.

DOG GROOMING BY KIRSTEN

Qualified Groomer
19 years experience

All types of dogs
Bathed – Trimmed – Clipped
Nails and Ears attended to
Cats and small animals
Also groomed

For an appointment or further enquiries

TEL: 0771 647 2733

or email

kirstenk9@blueyonder.co.uk

Club Correspondents

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

Activities

The Club's activities, which include the following, are open to all members of the Club and take place in the Millbridge Hall unless indicated otherwise:

Carpet Bowls: A few more members have joined this group and as a result Helen is pleased to advise that Bowls will continue until further notice. The sessions last an hour and are held every Monday at 2pm. **Please contact** Helen Duncan 01577 863638 for information.

Craft Group meetings are held each Wednesday at 2pm.

The Fly Tyers meet each Monday between 2pm and 4pm. This group has both men and ladies within its membership.

The Kinvest Investment Club meets once a month. New members, who need only a general knowledge of investments, will be made most welcome. The meetings are normally held the first Monday of each month at 1.30pm. Club members wishing to take part should contact John Dryburgh on 01577 862555 for details and venue.

The Keep-Fit Group meets at 2.30pm. The members who attended thoroughly enjoyed the session and recommend it. Come along and join in. New members please note that an exercise mat or large towel will be required.

The Line Dancers swing and sway every Tuesday and Friday at 10.30am.

LUST: The slimmers meet each Thursday, 9.30am to 10.30am.

The Smiddy Singers meet every Tuesday at 2.30pm in the Smiddy House. New members will be most welcome. The Singers are also looking for a pianist to assist them.

Kinross in Bloom



We are pleased to see the beautiful displays of daffodils once again at various points around the town, especially at the Health Centre, thanks to the local Army Cadets who helped to plant the bulbs at the back end of last year.

After the destruction of the poly-tunnel at Hattonbum, we say a big thanks to Amanda and the Potager Garden for allowing the delivery of all our Summer plants, where they will be re-potted, fed and watered, prior to planting out in baskets and barrels. Thanks again, you saved the day.

Thanks also goes to Sir David and Lady Montgomery who kindly allowed us to store our equipment at the Home Farm, and to Mr Bashford from the Golf Club who arranged transport from Hattonbum.

Our project to develop the entrance gateway to Kinross is nearly complete, and with the installation of the centrepiece very soon, and further planting out, it will be something to be proud of.

Can I again remind you that our **Quiz Night** takes place on **Wednesday 4 May** at the Rugby Club. Our contacts are Aileen Sorbie on 01577861477 or Iain Todd on 01577 866794.

VAN AND DRIVER FOR HIRE ANY DISTANCE

Full or Part Removals
All Round Property Maintenance
Painting and Decorating
Drives and Patios

No Job Too Small
Tel: 07967 025931



The Kinross-shire Civic Trust



Annual General Meeting

The Annual General Meeting of the Trust was held on Wednesday 13 April in the Loch Leven Community Campus.

This was followed by a very enlightening talk by Mike Travers on **'The Cost of Renewable Energy'**. Mike is a professional Electrical Engineer. He served with the Royal Engineers all over the World and then was involved with the construction at Mossmorran. Since his retirement he has spent a considerable amount of time investigating energy sources and their cost, both to the developer and to the user. Mike's talk was centred around the subsidies that are dished out by our government and the cost to ourselves the users. When Ed Milliband was in office and ran the Department of Energy and Climate Change, he introduced in April 2010 the following subsidies:

- Renewable energy (Wind) delivering below 50kW would be paid 26.7p per kWh
- Onshore Wind would be subsidised at 4.8p per kWh (the ROC)
- Offshore Wind would be subsidised at 9.6p per kWh (double ROC)

What the Labour government didn't say was that the subsidies would come from our electricity bills and not from taxes.

He then went on to quote examples. A 1.5kW wind turbine would cost £7000. This would give an income of £700 based on a 30% efficiency. The same energy generated at Longannet would cost the consumer £86. A farmer putting up three 15kW turbines would have an annual income of £11,695. The cost of the same energy from Longannet would be £1,445. Moving on the 120m high turbine rated at 2.3MW and the figures go even higher. One of these selling into the grid receives £173,000 per year, plus an ROC giving a total subsidy from our electricity bills of £252,000. All this is based on an efficiency of use of 30% and many wind turbines, particularly the smaller ones, are sited in inappropriate ones which generate even less use than that. The less the energy produced, the less the subsidy.

Offshore, we have the biggest offshore wind farm in the world, owned by a Swedish company. They sell electricity into the grid about £23m pa and they also pick up an ROC as a subsidy of £75m pa for 25 years. Denmark has the most wind farms and their average electricity price is 22.91p per unit, compared with UK of 12.67p per unit and France 10.55 p per unit (nuclear). So one can see the trend if we go down the wind energy road.

Mike then looked at a typical energy demand for Britain through a winter day, which showed a major peak at about 5.00pm. Wind energy cannot be relied to provide energy on demand. Nuclear and coal-fired power stations rely on providing a constant supply of energy as it takes a long time to wind up the turbines. They work best providing energy 24/7. We need to have other energy sources, such as gas-fired stations, hydro-power or other forms such as tidal barrages.

All this is leading to further costs not only to the householder, but also to industry, which cannot sustain this increase if we are to remain competitive in the modern world.

The talk was followed by questions and discussion from the floor, which demonstrated the concerns that the talk had raised. The propaganda is not giving the public all the facts and the public need to be aware.

As a post-talk comment, the Trust would offer the following. We have just had the longest and coldest winter for a great many years. This has been accompanied by mainly High Pressure weather, which provides very low wind speeds. Low wind speeds mean wind turbines do not work. So, in a period of high energy demand, the wind turbines have been contributing little if any energy to that. Sounds like a good economic answer by the governments.

20th Anniversary

This year is the 20th Anniversary of the foundation of the Kinross-shire Civic Trust. The Trust will celebrate this with the Mid-summer walk, which will be a walk around the very interesting archaeological remains in Tullibole Estate. The walk will be on **Sunday 19 June**, and **NOT** on Sunday 26 June as previously stated. The walk will be about 2 miles long and people should bring sensible shoes. After the Walk there will be a Wine and Cheese to celebrate the 20th Anniversary.

Programme

The Civic Trust has a full programme for the coming year:

- The **Mid-summer Walk** will be at Tullibole Castle on **Sunday 19 June** at 2.30pm to celebrate the 20th Anniversary of the Trust, which was the first site that the Trust visited on its formation twenty years ago.
- The Trust intends to be at the **Kinross Show**.
- The Best Kept Village Award Judging will be in July.
- There will be an **Autumn Lecture**.

JOE BURNS

Computer Repairs & Servicing

Computer slow, virused,
needing upgraded or internet problems?

If you suffer from any of the above or just need advice,
give me a call.

Local collection and delivery, competitive rates, call-outs
and evening visits available.

01577 862399 (24hr Ans Mc)

07850897924 Mobile

JBcomputing@btinternet.com

Looking for a Job?

Check the situations vacant page at

www.kinross.cc



The Kinross-shire Civic Trust (continued...)



Buildings of Interest in Kinross-shire St Paul's Scottish Episcopal Church

The driver approaching the north end of Kinross along Springfield Road cannot fail to be impressed by the presence of St Paul's Scottish Episcopal Church which, as you reach the junction, stands directly ahead on the east side of The Muirs. From the west, light shines through three tall perpendicular stained glass windows which dominate the broad gable end of the building that looks onto the road. An adjacent four-storey polygonal tower is capped by an open arcaded belfry, each storey decreasing in width as it rises skywards. Built of grey sandstone and roofed in slate, the church stands on land gifted by Sir Graham Graham Montgomery (1823-1901), who succeeded to the Kinross Estate on coming of age in 1844.

Although Episcopalians had worshipped in Kinross in the 17th century and probably continued to do so after the 1688 'Glorious Revolution' which ousted the Stuart monarchy, the first modern congregation was not established until the autumn of 1869 when a service was conducted in Kinross Town Hall by the Episcopalian Bishop of St Andrews and the Rev. Robert M'Walter, the congregation's first parson. A decision was simultaneously made to build a church and funds were soon raised from events such as a two-day bazaar held at Kinross House in August 1872 and from generous donations made by three local families.

St Paul's Church was designed by the Kirkcaldy-born architect John Lessels (1809-1883) who trained under the noted architect William Burn and went on to set up his own practice in St Vincent Street, Edinburgh, in 1846. Lessels had already connected with the Montgomery family in 1845, 1849 and 1863 when he undertook repair work for Sir Graham at Stobo Castle, the Montgomery family home in Peebles-shire. John Lessels was also familiar with Kinross-shire, having carried out alterations at Cleish Castle and Orwell Parish Church in the early 1870s.

Completed in 1874, the church was opened for worship on 4 October when a service was conducted by the Dean of Edinburgh and the Rev. E B Field. The total cost of the building and its fittings amounted to just over £1,413, a figure that was somewhat higher than the original estimate. The work was completed with a loan of £350 from the bank and it was only when this debt had been cleared that the congregation felt able to have the building consecrated by the Right Reverend Charles Wordsworth, Bishop of St Andrews, in a service that took place on 4 October 1881. A parsonage was subsequently built in 1887 on land to the north of the church feued from Sir Graham Graham Montgomery and a year later land to the south was gifted by Mr Purvis Russell for a parsonage garden. A corrugated iron-roofed church hall erected in the first decade of the 1900s for the use of the Sunday School still stands next to the recently-built modern hall.



St Paul's Scottish Episcopal Church

G & S Joiners Ltd Kinross Joiners and Builders

New Build Homes Extensions
Attic Conversions Kitchens
Replacement Windows, Doors and Conservatories
Roofline Products
All Fully Qualified and Certified Tradesmen
Fully Insured and Guaranteed
All Trades Supplied

Free Quotations Upon Request
Tel: 01577 862532
Mobile : 07956 570342

SOFT FURNISHINGS

Quality hand-finished Curtains and Blinds
expertly made from your own fabric.

Specialising in hand-pleated, interlined
curtains

Full fitting service available

Free quotations

Contact Jeanne Sledmore on
Tel 01383 724607
Mob 07799 204739

Need to check something in an old Newsletter?

Consult our electronic archive at
www.kinrossnewsletter.org

Issues from September 2006 to two months ago available

Contributors

Please write or type clearly
Leave a margin
Use one side of the paper only



Sports News

A first in fifty years

On 31 March, eleven pupils in 5th and 6th year from Kinross High School took part in Perth Academy's annual rugby 7's u-18s competition. The boys had high hopes for the competition, as for many it would be their last chance to represent their school and play with the team they had been with for six years. The team played well in their group with wins over the hosts (Perth Academy), Perth High School and a hard fought win over Port Lethem. By topping their group they would now be playing in the final against a strong Madras Academy team who were looking to win the competition for the third year in a row. Kinross High School had never won the competition (which has been held for 50 years!) however the team were inspired by the team talk given to them by their coach, Mr Campbell, and knew that they had the ability to beat the opposition. In what was a tightly contested final, the Kinross team finally won the match with a score in extra time. The win was thoroughly deserved and highlighted the commitment which both the players and coach had shown on the day and over the years.

Duncan Jarvie (Captain)



Back, l to r: Jamie Richmond, Craig Letham, Duncan Jarvie, Andy Clarke, Chris Innes, Ben Mitchell, Andrew Wilcox, Nick Glebocki.
Kneeling: Adam Ramsay. Lying down: Jamie Young & Cameron Maclachlan. Lying at front: Coach, Mr Duncan Campbell

Milnathort Golf Club

Junior Section

The Junior Section held its first medal competition of the season on 7 April: Pete Henderson had the lowest gross and net scores in the Junior section and in the U14 section Gareth Hutchison had the lowest net score and David McIntyre the lowest gross score. Both Gareth and David have had their handicaps cut as a result of their efforts. Four Milnathort Juniors also took part in the county U18 Boys Strokeplay Championship – Congratulations to Sam Craigon who came second overall with a net 69 and Chris Ness and Russell Malcolm were both in the top 16 so qualified for the county U18 Boys Matchplay Championship.

The club will again be running Clubgolf Coaching sessions over the summer for any local junior golfers interested in learning the game. These are free to members of the golf club and cost £2 per session to non-members. These start on Wednesday 4 May and will run till 29 June before having a break for the summer holidays. The sessions will run from 6.30pm to 7.30pm. Please contact the golf club on 01577 864069 if you are interested or sign up on the list in the junior locker room.

Senior Section

The new season for the Seniors started on Thursday 7 April, when the sun shone and a bunch of handsome, old-timers took to the first tee in the Senior Captain versus Vice Captain Fourball Match. Back to playing the full course was enjoyed by all and in the end the Seniors Captain's team ran out the emphatic winners. The trophy for the best pairing on the day went to Bob Christie and John Mills. Roger Bromley and Roy Stevens were the runner-up pairing and Frank Gallagher and Donald Stirling took third place. The trophy and prizes were presented to the recipients by Seniors Captain Ron Macdonald.

On Thursday 14 April, we entertained the Seniors from Falkland Golf Club at Milnathort in a fourball, better-ball friendly match on a day when the weather was kind to us and we had the benefit of playing on our home course. After a game played in the true spirit of golf, Milnathort Seniors ran out the emphatic winners and we now look forward to the return Match at Falkland next year.

Dates for your diaries:

- 5 May Turn up and play – Stableford
- 12 May Round 2 of the Charlie Macari Trophy
- 20 May Home match versus Anstruther Seniors

Get your names down early on the Entry Sheets on the Seniors Notice board if you want to participate in these events.

Do you have Photographs of Kinross-shire

you'd be happy to share with others?

Visit www.kinross.cc to find out how to add your photos to the Photo Library. The aim of the library is to provide a resource for promoting Kinross-shire.

Need Equipment for a Community Event?

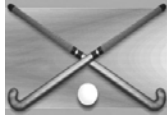
Marquees, Gazebos, Chairs, Tables and more available to hire (or sometimes borrow).

Items are listed on www.kinross.cc at:

www.kinross.cc/equipment_hire/equipment.htm

If your community group has items it would be prepared to lend or hire out, please add them to the list.

Kinross Ladies Hockey Club



First XI

On 19 March the first XI played a league game at home against Grove 3. Kinross won 10-0, with goals from Katy Russell, Vicky Carver, Christine Sorbie, AJ Combe and Michelle Best.

The following day the first XI played at home again in the third round of the District Cup against Greaves Clydesdale. Kinross took the lead with a goal from Vicky and held their lead until near the end of the first half when Greaves Clydesdale scored. Tired legs took hold and Greaves Clydesdale went 4-1 up, with Kinross managing to pull one goal back before the final whistle.

On 26 March they were playing away at DISC in Dundee against Grove 3 in the first round of the Knockout Cup. This game wasn't as easy as the game on the 19th, but Kinross still came out on top, winning 6-0 with goals from Katy and Vicky.

On 9 April they played away in Stirling against Stirling Uni 2 in the second round of the Knockout Cup. Kinross were 9-0 up at half time with Rachael Campbell, Gail Nelson, Vicky and AJ scoring. In the second half Gill Robb, AJ and Rachael scored leaving the final score 14-0 Kinross.

Second XI

On 19 March the second XI played a league game away at Kilgraston against Perthshire 2. Kinross fought hard throughout the game but were unlucky with the final score finishing 3-0 Perthshire.

On 26 March they were playing at home against Dundee Uni 2 in the Knockout Cup. Kinross played a great game and won 2-0 with goals from Claire Brownbridge and Wilma Collier.

On 9 April they played at home against Brechin in the second round of the Knockout Cup. Kinross played well but Brechin came out on top winning 5-1. Goal scorer for Kinross was Anna Black.

That is the season finished for the second XI now. They finished fourth in the Midlands Division 2.

If you would like any further information on Kinross Ladies Hockey Club please visit our website at www.kinrossladieshockey.co.uk. We also have a new Facebook page, so join up now!

Kinross Volleyball Club

There were no competitive games over the first fortnight in April and with two sets of fixtures outstanding, Kinross Scotrange still lead in the Perth Premier League with Kinross BB in third place in the Recreational League.

New members are still welcome at your local volleyball club on Monday evenings at the Community Campus from 8pm till 9.45pm (juniors P7 to 18 from 8pm till 9pm). For further details telephone Dave Munro (862126).

Club member Dave Munro was awarded the George Mortimer "Lifetime Achievement Award" at Perth and Kinross Sports Council's annual dinner at the end of March. The club is preparing for this year's Scottish Open Volleyball Tournament, which will take place in Perth over the last weekend of May.

From June till September the club will meet outdoors at King George V Park on Monday evenings starting at 7pm for fun games with anyone welcome to join in (weather permitting).

Kinross Men's Hockey Club

Kinross 1sts

Kinross travelled to Grange 6th and managed to secure a 2-2 draw with goals from Bradley Harrison and Ross Turbet; a good result from Kinross who had a number of "walking wounded" players. Man of the match was defender David Goodenough.

Next week Kinross travelled to face a strengthened Edinburgh University "5ths" with only half their regular 1sts, the balance being made from the 2nds who were playing their second game that day. Kinross took the lead through Dougie Ogilvie and two further goals by David Goodenough kept Kinross in touch, but eventually some tired legs and injuries told in the second half and Kinross succumbed 6-3 to a much fitter side.

Against Falkirk GHG 3rds, Kinross took the lead with a goal from Ross Turbet, but Falkirk fought back to level the scores at half time and then scored another two goals in the second half to win 3-1.

Kinross then faced Grange 6ths and put together one of their best displays of the season to win 9-1 with an outstanding hat trick from Bradley Harrison.

The final game was against league winners Reivers and again Kinross put in a fantastic performance with Ali Vaughan and Ross Turbet both scoring hat tricks as Kinross overpowered Reivers to win 9-1. Played 18, won 10, drawn 2, lost 6 and finished third in Division 2.

Kinross 2nds

Kinross faced league winners Dunfermline. Kinross started well and Kinross scored first but this inspired Dunfermline who eventually ran out 9-3 winners. It was not a one-sided game as the score line suggests. The following week Kinross again faced Dunfermline, who led 5-0 at half time. Kinross rallied to win the second half with two goals from man of the match Ollie Volland, but lost the game 5-2. However Kinross did manage to score five goals in their two games against a team who only conceded only 14 goals in the league.

The final game of the season Kinross had to concede their game against Falkirk GHG 5ths, as they were unable to put together a team. That meant a 5-0 loss plus two penalty points, a sad end to the season. Played 18, won 9, drawn 1, lost 8 and finished fourth in Division 4.

Kinross needs players of any ability for next season, as we've had to concede two second team games due to a shortage of players. Why not come down to our summer hockey?

Summer Mixed Hockey

Summer hockey is on Tuesday nights, 7.30pm to 9pm starting 10 May and all are welcome. Cost is £1.50 per head to cover pitch hire.

For further information either contact Chris Benningwood on e-mail: captain@kinrosshockey.co.uk or Gordon Balfour: secretary@kinrosshockey.co.uk or visit our website at www.kinrosshockey.co.uk for further details of mixed and veterans' hockey this summer.

Visiting Kinross-shire?

For information on Eating Out, Parks and Gardens, Historic Buildings and more, visit

www.kinross.cc

Click on "Visitors" then "Things to See and Do"

Kinross Curling Club



The curling season came to an end for another year with the last game of the season also being one of the most important. On 7 April Kinross Curling Club won the final of the John Stewart Memorial Cup. As John had been our past president and an active member for many years, there was added significance to this particular final, being the first year since the competition was renamed in John Stewart's memory.

The end of season prize-giving was a success, with Mr Eric Poole presenting the following winners with their appropriate trophies:

Rankine Cup	R McCleary, P Baughan, J Paterson, G Douglas
Mackintosh Trophy	L McCleary, D Beveridge, C Murphy, E Poole
Hogg Trophy	A Wood, H Cowbrough, K McLachlan, I Muirhead
Beveridge Bowl	I Cormack
Silver Medal	B Melville
Bronze Medal	D Clydesdale
Fife Quaich	B Melville
Jubilee Salver	A Bogie, S Wilcox, M MacGillis, J Montgomery
Gallowhill Ploughshare	G Baird, D Beveridge, H Cowbrough, L McCleary
Gartwhinzean Cup	R McCleary, A Bogie
Skinner Rosebowl	B Robbie, G Douglas
Poole Trophy	B Robbie, H Cowbrough, B Melville, J Montgomery
Montgomery Trophy	R McCleary, D Beveridge, A Bogie, I Muirhead
Fulton Quaich	A Wood, S Johnston, G Hutcheson, G Douglas
Tams Tankard	R Mitchell

Although the curling season is over for another year, now is the best time for new members to express an interest in joining the club. It is during the summer months that the club books ice and plans for the new season. Kinross Men play most of their games on weekday evenings between October and March. There are different membership options, depending on the level of commitment a new player is able to give. Please contact Paul Baughan 01577 863085 if you wish to discuss joining the club.

SPARE GARDEN SPACE WANTED

A local, keen vegetable grower with no room to grow, hopes someone in the **KINROSS/MILNATHORT** area has a spare patch of garden they would like to share and see put to good productive use!

I am happy to share the edible fruits of my green-fingered labour, in exchange.

**Please telephone 01577 866857
If you can help me.**

Orwell Ladies Curling Club

Orwell Ladies held their AGM and prize-giving ceremony on Thursday 14 April.

Thomanean Plate (opening bonspiel)	W Brownlie, S Cameron, C Liddle & A Wilcox
Thistle Cup	W Brownlie, S Scougal, M Forbes & E Thomas
Jubilee Plate	W Brownlie, S Cameron, A Pirie & C Liddle
Gairney Rosebowl	A Wilcox, M Forbes, C Liddle & J Smith
Wooden Spoon	G Deas, L Kyle, M Forbes & F Doig
Cuthill Salver (points)	Susan Scougal
Kay Queich (pts runners-up)	= G Paterson, W Brownlie
Jessie Baillie Rosebowl (points, highest 2nd/lead)	Caroline Liddle
Kirkforthar Cup (pairs)	S Scougal & E Thomas
Wharlawhill Cup (closing bonspiel)	W Brownlie, M Nelson, N Gibb & S Ballantyne
Mixed League (with Orwell men)	W Brownlie, Robin Kay, A Whitelaw & Gez Eaton
Paterson Rosebowl	Sue Cameron

Kinross Cycling Club

www.kinrosscyclingclub.co.uk



April was an eventful month for us with our inaugural sportive, Sportive Kinross, taking place on 23 April while the Newsletter is at press. So we cannot tell you too much more about the day just yet. We can tell you the club raised through the event £4,205 for CHAS and presented our second and final cheque on 14 April to Jon Heggie, the CHAS fund raising manager. At this point they still have to learn how much the 14 free rides we donated earned them, but we are expecting total charity earnings to be around £7,000 from the event, which is a tremendous result we are very proud of. We'll bring you a full report in the June Newsletter.

Elsewhere we have been working away on club development and formally launched a third riding group, G1.5 to cater for the growing demands of our members. This looks like a great success with Grant Young and Angus McCulloch acting as route-masters. We have welcomed a number of new members to club at all levels and launched our new website (see under heading).

We will have, by the time this goes to press, run two of our eight event Grand Prix series. The results for the first one are in and we can report the 2.9km long/ 139m (climbing) Cleish Hill Climb was won by **Stuart McElroy** in a club record time of 8m 15s (which, when you do the arithmetic, you will see is pretty fast speed up a hill on a bicycle), smashing the previous best time held by Sandy Bennett of 9m 29s.

All participants score points in each event with the eventual winner being determined by the greatest number of points over the eight-event series. Top five positions are below; find the rest on the club website.

Cleish Hill Climb (Climb 1), 14 April

Pos	Name	Category	Pts	Time
1	Stuart McElroy	M Sn	50	00:08:15
2	Gillian Corsie	F V	49	00:08:52
3	John Gallagar	M V	48	00:09:04
4	Roddy Pattison	M V	47	00:09:16
5	Ken Ogilvie	M Vin	46	00:09:33

Kinross Badminton Club



This season has been one of the best for the Kinross Badminton Club Juniors. There have been consecutively busy nights every week for both the Primary and Secondary groups. We would like to thank all the juniors who represent the club and show regular attendance. The Juniors have become better players since the club brought in new coaches at the start of the season, which is nice to see as they are the future of the club. The last Junior club night of the season was on 28 April. This was a Yonex night that was highly attended and organised by Alison Walker and Scotland's national Junior coach, Bill Hogg. The club would like to thank Bill for providing an excellent night and it was much appreciated by all of the Juniors. Once again the Club would like to thank Alison, Kirsty, Bruce and Gordon for all of the time and effort they put into the club.

The Adult club held their finals night for the annual end of season tournament on 21 April. The committee would like to thank everyone who attended and the players for producing some entertaining and competitive matches to watch. Congratulations to all those who took part. (Winners and runners-up list will appear in the next Newsletter.)

The committee decided to change the date of the annual golf outing and presentation from 4 June to **11 June**. The golf will be taking place at Muckart Golf Course and then, as always, the BBQ and presentation will be held at Bill Macdonald's house in the evening.

The Adult club will be finishing their season on 31 May and will start up again on 16 August. The Junior club will restart on 1 September.

For more information, contact our President, Bill Macdonald, on 01577 862592 or our Vice-President, Rory Cooper, on rtc00001@students.stir.ac.uk or log onto the Club's website: www.kinrossbadmintonclub.co.uk

For an article about the Scottish Badminton Union and the reminiscences of a veteran player, please see Articles, p.15

CLOVER GARDEN SERVICES

Garden Maintenance

Grass Cutting, Weed Control etc.

Free no obligation quotes

Very Competitive Prices

Reliable Service

Established 12 years

Tel: 01577 865985 Mob: 07845 909333

Need a new member of staff?

Employers – advertise for staff on

www.kinross.cc

Kinross Golf Club

Who could have wished for anything better than a crisp, dry, sunny morning for the start of the 2011 season and an excellent turnout of 83 members to watch Captain (Scott Michie) and Vice Captain (Jim McKay) tee off in their annual match. And the winner? The Ladies' Vice Captain thought the Vice Captain's team were home and dry, but the last group in secured a point for the Captain's team to make it a halved match!



Opening day of the 2011 season: Scott Michie (Captain), Lyn Murray (Ladies' Captain), Heather Gough, (Ladies' Vice Captain) and Jim McKay (Vice Captain)

Heather Gough and Anne Moore booked their place into the second round of the SLGA foursomes with a 3 and 1 win against Blairgowrie played over Rosemount.

Anne Moore and Betty Brannan have progressed to the second round of the Daily Mail Foursomes, having beaten Milnathort. Kinross will now play Dollar away.

In the Ladies' Invitation Greensomes, Lyn Murray and Joyce Smith (Dunfermline GC) won 1st Scratch, r/u Maureen Glennie and Aileen Penny (Balbirnie GC). Best Handicap, Elspeth Caldwell and Fiona Smith (Milnathort GC), r/u Anne Moore and Vikki McCallum (Canmore GC). Don't forget to put your entry in for the Mixed Open Competition on Sunday, 8 May. Entry forms are available from Liz McKay.

STOP PRESS

Have you thought about joining Kinross Golf Club? Well, we do have a few vacancies in Men's, Ladies' and Junior Sections. If you are interested, please contact Liz McKay, Office Administrator on 01577 862237 for an application form.

ALDERBANK LTD

Hardwood Flooring Specialists

- New Floors Supplied and Fitted
- Old Floors Repaired, Sanded and Refinished

For Free Advice and Quotations

Call **Niall Simpson on 07508 418848**
or **01259 781394**

Kinross Tennis Club

The new season for Kinross Tennis Club opened on Saturday 2 April at the club courts in Station Road, Kinross with an Open Day welcoming members, old and new, and a tennis clinic run by club coach, Laura Grimmond.

The committee has worked hard over the winter preparing the club for Clubmark assessment and we are delighted to announce that on 31 March **Kinross Tennis Club successfully achieved Clubmark accreditation**. Tennis Clubmark is the LTA/Tennis Scotland endorsement for quality Places to Play and recognises that the club promotes best practice with policies and procedures in place so as to safeguard all members and visitors. The committee is delighted that KTC has achieved such prestigious recognition and we hope this bodes well for our coming season and indeed the future of the club.



Kinross Tennis Club receiving the Clubmark Award from Kirsty McRae of Tennis Scotland

Mini & Junior Coaching: A 10-week coaching block started on Tuesday 19 April - coaching for ages 4 and upwards is running four days a week at KTC and spaces may still be available. For further information please email kinrosstenniscoaching@gmail.com.

Adult Coaching: A 10-week block for beginners/improvers and intermediates commenced on Tuesday 19 April – there are still spaces available, particularly for beginners, so if you are interested, please contact Susan by emailing kinrosstennis@gmail.com – it's a great way to meet other players and get you out on court.

The **Tennis Tayside Leagues** started during the last week of April. KTC has entered one ladies team, a gents team, two mixed teams and a junior U16 team. The club is always looking for new team players, especially ladies, so if you are interested, please let us know or pop down to one of the upcoming home league matches:

Ladies v Falkland 1	Mon 2 May from 6.15pm
Ladies v Broughty Ferry 1	Mon 23 May
Ladies v Montrose 1	Mon 30 May
Gents v Montrose 2	Thu 5 May from 6.15pm
Gents v Craigmuir 2	Thu 19 May
Gents v St Andrews 3	Thu 26 May
Juniors v Crieff 2	Sat 7 May from 3pm
Juniors v Craigie 3	Sat 28 May

We have a full programme of coaching, matches and social tennis planned for the season and it's the perfect time to join in the fun. Further information can be found on our website www.kinrosstennisclub.org or by contacting our secretary, Susan Malcolm on 01577 863774 or by emailing kinrosstennis@gmail.com.

Kinross Vaulting Group

On 2 and 3 May, three of our vaulters travelled to Bishop Burton Agricultural College in England. In the 14 to 18 class Emma Paterson was 13th and Hannah Ballantyne was 14th. Both competed on Max and were lunged by Liz Mackay. Heidi Ballantyne on Max, lunged by Lynn Ballantyne was second in the walk individual. Hannah Ballantyne and Emma Paterson, again on Max and lunged by Liz Mackay, were fourth in the pas de deux (canter pairs). This was a first for Max to travel so far from home and with none of his horse friends!

Many of our vaulters, parents and families came to our Easter Party BBQ on Sunday 17 April at Hillside, where the kids had a great time playing games, rolling eggs and Easter egg hunting in glorious sunshine.

We are all working hard again for our next competition at Oatridge agricultural college on 7 May.



Orwell Bowling Club Opening of the green

There were many avid watchers of the weather forecasts in this neck of the woods in the days preceding Saturday 16 April – and jubilation when the day dawned as promised – sunny, with a light breeze. Many social members came to spectate, and no fewer than 42 players took to the green when our first ever Lady President, Diane Foster, threw the first jack. With three rinks and three triples, in a very friendly President vs Vice-President game in aid of the Blind Bowlers Association, the scoring was very close. However, Vice President Andy Lloyd with his team comprising Tony Venn, new member Jimmy Robb and old hand Maureen Allan triumphed and received their prizes (suspiciously Easter-Egg shaped).

On completion of eleven ends, when hands were beginning to show the first signs of minor frostbite, the warmth of the clubhouse, nips from the bar quickly followed by liberally served bowls of delicious hot soup and appetizing sandwiches provided resuscitation where required. Cheers and groans accompanied the raffle draw, after which the Treasurer was able to announce that, thanks to the generous donations of prizes, as well as monetary ones from the membership, a total of £182 had been raised for the Blind Bowlers Association.

Members please note that the Tuesday evening points games start on Tuesday 3 May at 7pm. The "Monday Roll-Up" and Senior Points afternoons each Thursday at 2pm have already started. New members are always welcome – just come along on these dates; coaching is available in addition to bowls to "try before you buy".

Here's wishing one and all another good season's bowling.

DRIVING TUITION

LOCHLEVEN DRIVING SCHOOL

Call Marie Scott

on
Kinross 862266

Established 23 years

Kinross Cricket Club

New Venue For Junior Coaching

Junior training will be held at Loch Leven Community Campus grass pitches due to the planned building and maintenance work going on at Kinross House this summer. Junior training is every Monday evening from 6.15pm – 8pm. New players, (boys and girls), age 8 to 15 are very welcome to come along and give cricket a try. No equipment or experience is required. Players should wear warm clothing early on in the season and bring a drink to every session. Junior convenors, Tim and Allison Gosse will be situated at the entrance to the grass pitches and all new players should register their attendance at the desk on the grassy area. Junior matches will continue to be held at Kinross House. Please email secretary@kinrosscc.co.uk for further information.

Senior Training

Senior training for men and young men 16+ and women and girls 12+ continues at Kinross House every Thursday evening from 6.30pm – 8.30pm. (Ladies coaching is separate from the men.) New members are wanted for all sections of the club. The club is one of the founding member teams of the new 8-a-side Perth & Kinross mid-week league. The newly promoted 1st XI plays in the premier league of the Strathmore & Perthshire cricket league on Saturdays and the 2nd XI plays in the 3rd division on Sundays.

New Season Begins

The new cricket season got off to a wonderful start on Sunday 17 April with temperatures of 20°C and a full day of sunshine. The 1st and 2nd XI men's teams played an inter-club training game at Kinross House and the Ladies played St Andrews University women in a friendly 30-overs game away in St Andrews. This is the first time the ladies have played the slightly longer version of the game, having only played 20-overs matches so far. Despite losing this warm-up game, the ladies managed to be "not out" in their 30-overs and gained valuable experience in structuring a longer innings.

Ladies Play In New National League

Kinross Ladies have joined the newly formed National Women's League. Six teams have signed up to take part and this offers the ladies regular good quality fixtures throughout the season. It also enables the Scotland selectors the opportunity to see which girls are in form and have the potential to play at a higher level. Six of the Kinross Ladies team have been invited to the Scotland Women's Team trials this summer including Hannah Drew, Zoe Conway, Claire Jackson, Deanna Green, Laura Walker and Ruth Neave. We wish them the best of luck with their training and trials matches. New members are very welcome. No knowledge of the game, no equipment and no fitness is required. Come along ... have a go. We're friendly and cricket is FUN!

Club Development

Exciting plans are fast becoming a reality as the planning application for our second "Academy" level ground have been lodged with PKC this week. New bigger and better facilities will help keep the club at the forefront of Scottish cricket and enable players to train at the highest possible level. The club management is working closely with Cricket Scotland to make Kinross-shire a centre for cricketing excellence. Keep watching the club website for more exciting news! www.kinrosscc.co.uk



Kirsty is a Winner

The club was well represented at the recent Perth & Kinross Sports Council Awards. We made it to the final three in several categories including:

- Team of the Year (Kinross Ladies – national indoor champions 2010)
- Young Sports Personality of the Year – Scotland u-19 internationalist and Kinross CC player, Peter Ross
- Club of the Year (Kinross CC)

And we were absolutely delighted to have a winner from the club. Ladies player, **Kirsty Clarke** was voted the winner of the Disability Endeavour Award for her commitment to cricket, her great enthusiasm and efforts whilst dealing with serious health issues. Congratulations, Kirsty!



Kirsty Clarke, winner of the P&K Sports Council Disability Endeavour Award

Kinross Kobras Junior Hockey Club

During April the club entered a team in a Blairgowrie U10 Hockey Tournament. Despite the Kinross team winning many of their matches, the overall tournament was won by a strong team from Perthshire Hockey Club. On 8 May Kinross Kobras, together with Perthshire Hockey Club, are hosting a Perthshire Junior Hockey Festival at the KGV pitch, which is open to all junior hockey club members in the county. All who turn up will take part in mixed teams selected on the day. This format should lead to an enjoyable competition for all.

Kobras training continues through the summer term until the end of June at the KGV astro turf pitch from 6.30pm to 7.30pm; new members are always welcome.



The Kobras U10 team at the Blairgowrie Tournament

Kinross Road Runners



Our big event this month will be the **Loch Leven Half Marathon on Saturday 14 May**.

The route, which takes runners round Loch Leven, has a reputation for being one of the best in Scotland. If you are quick, there is still time to enter on line via Entry Central. You will find a link on the Kinross Road Runners (KRR) website. Entry to the race closes on 11 May and there are no entries on the day, so if you want to take part, enter now!

KRR members have been very active over the last month including international events in Lisbon (half marathon) and Paris (marathon) but here is a summary of events closer to home:



Lisbon Half Marathon 20th March: from back left Alison Smith, Ann Malcolm Front row from left Anne Macintyre, Val Findlay and Linda Palmer

Alloa Half Marathon, 20 March

17 members of the club competed in the first half marathon of the season.

First KRR man home and in 28th place overall was our club president Stephen Crawford (1:20:26), 2nd man Alan Kemp (1:25:51) and 3rd man Peter Edgerton 1:26:43. First lady home was Jillian Gordon (1:29:00 PB), 2nd Patricia Milne (1:33:50), 3rd Judith Dobson (1:34:56). Norman Smith (2:09:05) was 1st M70. Other runners were Paul Hegarty, Graham Kemp, Mark Jeffrey, Steve Hopton, Christine Myerscough, Jackie Smith, Julie Rose, Ronnie Ritchie, Geoff Bilton and Gillian Black.

Anglo Celtic Plate (50km), 27 March

This event took place at the North Inch in Perth where runners did circuits of the Inch until they had reached their final distance. Judith Dobson completed 50km in 4:08:56 and was 1st FV50 and 9th overall.

Heaven and Hell Half Marathon, 10 April

The clue is in the name of this event which is a combination of lovely downhill stretches followed by very steep climbs in the second half of the course. Four club members competed in this event: Rashi Shah (1:43:34), Ronnie Ritchie (1:48:56), Douglas Leitch (2:06:46) and Andreas Rogowski (2:08:48).

Edinburgh Half Marathon, 10 April

It was a sunny morning with very little wind providing almost perfect running conditions, although a bit warmer than we had been used to on our training runs!

First man home Alan Kemp (1:24:22 PB), 2nd Peter Edgerton(1:27:44) and 3rd Mark Jeffrey (1:33:59 PB). Graham Kemp also achieved a PB in 1:38:08. First lady home was Valerie Findlay (1:47:17 PB), 2nd lady Linda Palmer (1:48:37) and 3rd lady Ann Malcolm (1:52:23 PB). Other runners were Wendy Grieve, Michael Cafferty, Fiona Kemp and Sarah Eaton.

Lochaber Marathon, 10 April

After months of training in wind and cold on the day of the event it was a sweltering 20 degrees.

First man home was Stephen Crawford in a personal best time of 3:10:14 , 2nd man Brian Kemp (4:35:57). First lady home was Gill Lopez (3:58:51), 2nd lady Anne Wilson (4:05:50) 1st FV55 and 3rd lady Isabella Carmichael (4:37:55) 3rd FV55.

Training

Our summer training schedule is now in place and can be downloaded from our website.

On Tuesday evenings we meet for speed training at 7pm at the far end of Kirkgate and do 1km circuits of the park. On the **first Tuesday of the month** we do a time trial at **Lathro**. Then we meet at 7pm outside the old doctors' surgery. On Wednesday evenings we meet at 6:45 at the old doctors' surgery ready to set off for a hill or trail run.

New members of any ability are always welcome to join the club or come along for a taster session. All the information you need can be found on our website.

Kinross Cavaliers Basketball Club



Members of Kinross Cavaliers Basketball Club have been busy training each week since we returned after the Christmas break, and are looking forward to a forthcoming tournament, to be held on Saturday 14 May at DISC, Dundee. A team will be selected to enter the Tayside & Fife Tournament and will compete with other teams from Tayside and Fife.

If you are in Primary 6 or 7, S1 or S2 and are interested in basketball or would like to give basketball a try, just come along any Tuesday from 6pm-8pm at the Loch Leven Community Campus, Kinross. The sessions cost £2.50 per week with a one-off annual payment of £10.00.

The Club provides coaching to develop and improve your basketball skills throughout the year, with an emphasis on keeping fit and having fun. You don't have to be an expert – you will be made welcome even if you have never played before.

Remember the Perth & Kinross Under 15 development club train weekly, and would warmly welcome you any Friday evening from 6pm-8pm at Perth Academy. Perth Phoenix also has under 16 and under 18 teams playing at national league level. If you are interested, contact Russel Kesson, Head Coach on 0794 387 5824. Basketball Scotland's website provides a wealth of information on all national league teams, events and much, much more. The website is www.basketball-scotland.com.

If you would like to get involved in any capacity, or would like any further information, please call Karen Nicholson on 01577 862623 or email k.e.nicholson@btinternet.com

Kinross Rugby Football Club

KRFC Clubhouse

KGV Playing Fields, Muirs, Kinross

01577 861773 www.kinross-rugby.com



Finish as you mean to start....

After a season of ups and downs, Kinross managed to finish on a high, with back to back league wins over Arbroath and Carnoustie, followed by a fantastic reunion weekend on 16 April. With the spirit shown by the club in this period, next season has every chance of being a belter!

KRFC Grand Reunion weekend

They came from far and wide: France, Spain, Dubai, South Africa, London and even Lumphinnans – to name just some of the lengths former Kinross players travelled in order to attend the reunion.

The weather was perfect; burger stalls, Zumba dance classes, face painting and bouncy castles all added to the atmosphere of this festival of rugby.

The highlight of the day for our mini and midi sections was **Alistair Kellock** (Scotland Captain) presenting the end of season prizes. This seemed a highlight for some of the mums too, who insisted on getting their photograph taken with him.

Local Rugby clubs Fife Southern and Glenrothes brought along teams and Kinross fielded 4 senior 15's for the first time in its history. A great day was had by all players and spectators. The evening was spent dancing the night away to the Red Hot Swing Band in the marquee. Many tales of daring deeds from seasons passed were recounted, and some of them were even true!

Here's to the next 30 years of Kinross rugby.

Club Dinner

Our ever popular club dinner will be held at the Windlestrae on **Friday 27 May**. We have had some great speakers over the years, and this year is no exception with Scotland legend Iain Milne, and renowned after dinner speaker Les Peters providing the entertainment. Don't miss out on a great night; get your tickets early from KRFC Clubhouse.

Kinross RFC Midis and Minis

The KRFC junior rugby season effectively finished at the end of April, with only one or two final minis games to be played early in May and a couple of U14s one-off celebration invitation tournaments in May and June. Well done to all the boys and girls who played rugby this season; and well done as well to all the Mums and Dads for your support throughout the season.

2011 End of Season Prize Giving

The Minis and Midis end of season prize giving took place on Saturday 16 April as part of the Kinross RFC 'Reunion Weekend' celebrations. Alastair Kellock, Scottish rugby captain, made a very special appearance, spending over two hours touring the celebration activities, talking to children and signing autographs. He also very kindly agreed to present the Minis and Midis end of season prizes.



U18s Player of the Year, Ally White, presented by Alastair Kellock

The winners of the 'Player of the Year' in all the junior age categories were as follows:

U 18s	Ally White	P5s	Struan Fotheringham
U 16s	Matt Kilby	P4s	Gregor McPherson
U 14s	Calum Gosse	P3s	Finbar Drumbeck
P7s	Sam Smith	P2s	Moray Sturgeon
P6s	Angus Marden	P1s	Ramsay Scott

The full list of end of season prizes together with all pictures of the presentations by Alastair Kellock can be found on the Kinross RFC website.



Kinross players travelled from far and wide in order to attend the Grand Reunion weekend

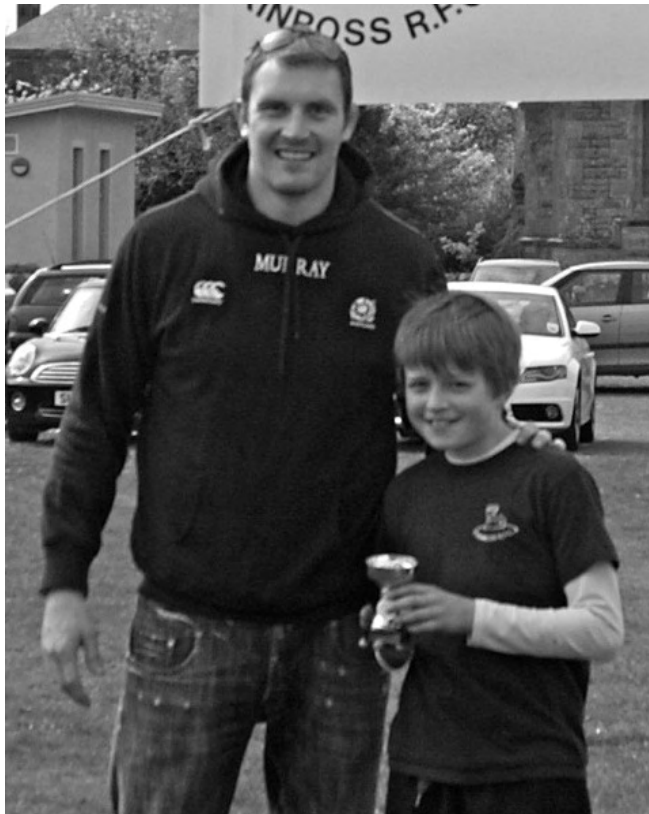
Kinross RFC continued...

Next Season

Training is over for this season, but players should note that **Minis will re-start on Saturday 20 August**, while **Midis re-starts on Monday 1 August**.

The Summer Rugby School will take place during the last week of the school holidays.

Midi players can continue to come down on Wednesday evenings throughout the summer, 6pm till 7, for touch rugby.



P7s Player of the Year, Sam Smith, presented by Alastair Kellock

Kinross RFC Midis and Minis welcome new players and have a policy that every player who turns up at the games will get to play. For further information about the Kinross RFC Midis and Minis rugby please visit the KRFC junior website at www.kinross-rugby.com or contact Andy Williams, the KRFC Youth Convenor, on 07855 807634 and a.b.williams@btopenworld.com.

Business opportunities

We are keen to hear from local businesses who would be interested in supporting our club either financially or with advice or specialist services. In return we can offer physical and web based advertising opportunities, access to meeting facilities, corporate memberships and many other ways to work together.

For more information about any aspect of Kinross RFC, playing or social, please contact the Club President Ollie Cox on 0774111219 or at Ollie.Cox@virgin.net.

PASCAIG GUEST HOUSE

Welcoming, superior B&B in central Kinross
Perfect for Tourists, Families or Business stop-overs
With secure parking for motor bikes and bicycles

**For availability and rates contact
Alan or Pat on 01577 862251**

Exercise in Disguise

*by Janice Webster, Zumba dance fitness instructor
www.zumbafitnesswithjanice.co.uk*

'Exercise in disguise', Zumba is a Latin based, cardio dance fitness workout designed for everyone: any age, any background, any fitness level – no dance experience required. There are no right or wrong ways to do the moves – just 'feel the music'. The Zumba goal is simple: We want people to love working out, coining the concept of a 'fitness-party' and making fitness fun. Celebrity fitness trainer, 'Beto' Perez, created the concept of Latin-inspired dance-fitness in his native Cali, Colombia in the mid-nineties.

Zumba Toning is Zumba workout at a slower pace, toning the body using lightweight toning sticks.

ZumbaAtomic is a fun, healthy programme designed for kids (boys and girls), using the zumba dance fitness concept made up of fun, age-suited choreographed fitness routines. The music and games make exercise fun – kids don't even realise that it is exercise.

What are the benefits of the Zumba? You will get a great dynamic core workout in an easy non-intimidating learning environment, weight loss, positive self-image, and a sculpted body.

What to wear/bring? Wear comfy clothes you can move in: t-shirt, joggers and trainers (please be careful that your trainers are suitable for side movements). Bring lots of water.

Where to find a class? There are lots of classes in the area run by different instructors. Each instructor has their own style. They all love teaching Zumba and all have the same goal – to make exercise fun. You'll find some instructors' adverts in this Newsletter. All licensed instructors are listed on the official Zumba web site, **www.zumba.com** – just visit 'find a class', type in your postcode and you will find details of local classes. Zumba Gold, Aqua Zumba and Zumba in the circuit are also available in some areas. More information on all Zumba programmes available on the official web site.

You Tube has a lot of Zumba videos you can check out and see what it's all about.

As with all exercise, please consult a doctor if you are being treated for anything that may restrict your physical activity before coming to a Zumba fitness class.

AUSTIN HEATING & ELECTRICAL

SERVICE, REPAIR & INSTALLATION OF:

- Central Heating Systems
- Boilers, Fires, Warm Air Heating
- Cookers, Ranges, Water Heaters & Showers
- GAS, LPG & OIL

Plus – Gas Safety Checks & Landlord's Certificates
Also all Domestic Electrical Works undertaken
No Call Out Charge in Normal Working Hours

Tel: 01577 861188 or Mobile: 07786 705261

**Please mention The Newsletter when
answering advertisements**

Kinross Otters

Portobello Mad March Meet

Mercat Gait, Prestonpans, 2 - 3 April 2011

The Portobello Mad March annual meet certainly was a bit mad this year as it took place in April at Prestonpans over the first weekend!!

Leading the Otters with the only gold medal of the day was **Rachel Brisbane**, who perhaps unexpectedly won the 13 yr old Girls 200m Butterfly event in 3.03.98 to prove that she has now added this stroke to her repertoire. Her best stroke is the breaststroke where she managed a bronze in 3.10.46.

The **Moloney** family were well represented amongst the medals as **Niamh** got a cracking silver medal in the 8 yr old Girls 25m Backstroke in 22.30 secs and big sister **Claire** won a bronze in the 11 yr old Girls 200m Individual Medley in 3.01.66.

Rounding off the individual medals tally was **Finlay Nesbitt**, who has acquired a very nice habit of winning medals wherever he goes these days, in the 10 yr old Boys 50m Freestyle, where he managed a silver medal in 35.57 secs.

The Kinross Otters Boys 10 + 11 yr old 200m Freestyle relay team also won a silver medal in 2.32.34.

Swimathon 2011, Loch Leven Leisure Centre, 9 April

The world's biggest fundraising swim took place at over 580 pools UK wide over the weekend of 8th – 10th April 2011. 17,000 swimmers are aiming to beat the £2 million raised by Swimathon 2010. Donations can still be made until the end of June. A fund raising report will follow when all the money is collected. The money raised goes to the Marie Curie Cancer Care and the Swimathon Foundation. The fundraising will allow Marie Curie Nurses to provide more care to people with terminal cancer and other illnesses. Marie Curie Nurses care for patients in their own homes, throughout the day or overnight. It costs Marie Curie Cancer Care £20 to provide one hour of nursing care, every £1 you raise makes a big difference. As well as managing and promoting Swimathon, the Swimathon Foundation offers grants to organisations and individuals who provide and promote swimming to their local community.

There were more Kinross Otters taking part this year than ever before and as an interesting aside and bonus to the big day, they produced some amazing results. **Cameron McCloskey** produced a superb display of endurance and speed in the 5km swim (200 lengths!) to knock over ten minutes off last year's time and was once again the fastest swimmer all weekend at Kinross (including adults!). More impressive still, he managed to come *third* quickest in the whole of the UK in the 13-15 yr old category in 1 hour eleven minutes and 3 seconds (just 16 seconds behind the fastest person), despite turning 13 three weeks ago. Easy to see where his sights lie next year! Twelve year old **Conor McCormick** has developed quickly this year and he too produced an excellent performance in 1 hour 23 minutes and 46 seconds in the 10-12 year old category to come **9th** in the whole of the UK. **Vicki Reid** (14 yrs) surprised herself with a tremendous 1 hour 21 minutes and 56 seconds to come **14th** in the UK in that 13-15 yr old category. **Niamh Mullen** (12 yrs) managed a **29th** UK position in 1 hour 35 minutes and 56 seconds.

Only two Otters opted for the half as demanding 2.5 km challenge and **Claire Moloney**, who was 4 days from her 12th birthday, was very glad she did as she finished in an excellent 40 mins 56 secs to come *second in the UK* in the 10



-12 yr old category, some two mins ahead of the nearest person!! **Jack Watson** (10 yrs) recorded a very creditable 48 mins 1 sec to end up **9th** quickest in the UK in the same category.

The Otters also had three teams entered to spread out those 200 lengths - Iona and Duncan Crawford with their parents who came **167th** in 1hr 37 mins 35 secs (see **Fiona Crawford** for fundraising as below), **The Silver Sharks – 169th** in 1 hr 37 mins 41 secs (Mathew Moloney, Robbie Carstairs, Elliot Hogg and Scott Barclay) and **The Hunties – 71st** in 1 hr 25 mins 19 secs (Rebecca and Amy Hardie with mum, coach Lyn and dad along with friend and Otter, Lauren Miller).

Last year the Otters raised £450 and helped our local pool come third (yes third!!) in the fundraising stakes in the whole of Scotland. PLEASE help them to beat this total for this very worthy charity.

To sponsor a swimmer of your choice follow the path below - www.swimathon.org, Sponsor a swimmer, Distance Challenge, Sponsor a swimmer, Enter name (Team or individual), Search, Donate.

Scottish Gas National Age Group Championships Tollcross Leisure Centre, Glasgow, 7 - 10 April

The Scottish Gas National Age Group Championships were held at Tollcross, Glasgow from 7th – 10th April 2011. To even qualify, the swimmers had to exceed some very tough qualifying times and needless to say, only the best were there. To add to the competition, there were many of the best swimmers from all over the UK who had some “Scottish blood” in them.

This superb facility boasted a 50 metre Olympic standard swimming pool complete with ten lanes which had full electronic timing and a giant electronic scoreboard. This set the scene for the capacity crowd to enjoy throughout the long weekend and is to be the venue for the Commonwealth Games in Glasgow in 2014.

Traditionally, the Otters don't get many swimmers on the starting blocks for this competition, but this year they had two. **Cameron Nelson** was the strongest qualifier in the Boys 10-12 year old category and his swimming has improved beyond all recognition in the last year. He achieved the qualifying times in a very impressive 5 events. After three days of very tiring competition he managed to make the final of the 200m Breaststroke, which is a huge achievement in itself. He came 10th and this was his best placing overall, but his best race and time was very probably the 200m Individual Medley where he knocked a full 5 seconds off his personal best to show what an excellent all round swimmer he has become. His performances are summarised below:

200m Freestyle – 2.27.10 (personal best) – 26th position

200m Breaststroke – 3.10.89 (3.08.04 in the heat) – 10th position

200m I.M. – 2.43.79 (personal best) – 13th position

100m Backstroke – 1.16.66 – 13th position

100m Butterfly – 1.17.28 (personal best) – 16th position

Mairi Mulhern is also one of the most improved swimmers at the Otters and she qualified with ease in the Girls 14 yr old 200m Breaststroke but sadly had an off day to come 17th in 3.12.57. Had she swum to form she would have made the final with quite a bit to spare. Nevertheless, as stated above, to even get here was a great achievement and well done to both Mairi and Cameron who now have their eyes set on next year and will hopefully be joined by more of their fellow Otters!!

Health and Fitness

by Tony Brotherton, Personal Fitness Trainer, fit & happy.



Gym Jargon

Every sport has its own language and Health and Fitness certainly is no exception, but don't be put off by it!

Here's a basic guide to terms that you might overhear in the local gym and a brief explanation:

Aerobic Exercise: This refers to training that requires plenty of oxygen. It works your body's muscles, which increases your heart rate and strengthens the heart and lungs.

Anaerobic Exercise: Fast paced training which quickly exhausts the supply of oxygen, for example sprinting.

"Abs"/Abdominals: Muscles of the midriff responsible in part for posture including the Rexus Abdominus, or six-pack muscle.

Bleep Test: Shuttle run test which helps to calculate the V02 Max (see below).

Cardiovascular (Cardio): These exercises are geared to increasing the activity of the heart and lungs through increased physical effort. Asking your heart to work hard makes it stronger as it, too, is a muscle. The intensity of the effort is reflected in working in heart rate zones, which relate to the number of beats of the heart per minute.

Concentric: The portion of a lift in which the muscle shortens under tension, for example, the raising phase of the bicep curl.

Cool Down: Easy training or stretching at the end of the workout which allows your heart rate to gradually slow down.

Core training: Training which involves working the muscles of the abdomen and lower back. Essential component for most sports and activities as they control body stabilisation.

Eccentric: The portion of a lift where the muscle lengthens under tension, for example, the lowering phase of a bicep curl.

Endorphins: In contrast to short-intensity workouts like sprinting or weightlifting, prolonged, continuous exercise like running, long-distance swimming, aerobics, cycling or cross-country skiing appears to contribute to an increased production and release of endorphins. This results in a sense of euphoria that has been popularly labelled the "runner's high."

Fat burning zone: A zone of exercise intensity that increases your heart rate to around 60-70% of its maximum and causes your body to use stored fat as its primary source of fuel.

Fitness Instructor: A supervised exercise professional; with a level 2 Register of Exercise professionals (REPS) qualification. This means that they have learnt how to design basic training programmes for a range of people with different fitness goals.

Free weights: Weights which aren't controlled by machines, such as barbells and dumbbells.

"Glutes": Muscles of the posterior made up of Gluteus maximus, minimus and medius.

Lactic Acid: A liquid which is produced in the muscles as a result of anaerobic training. It slows down the body if too much of it builds up. Often feels like a burning sensation in the muscle and can make the muscles feel "heavy".

Maximum heart rate: This is a theoretical calculation based on your age. Simply 220 less your age. From this maximum the heart rate zones can be calculated usually expressed as "fat burn" etc and are expressed as a % of the maximum..

One rep or 10 rep max: The heaviest weight you can push or pull for one or more likely ten repetitions of an exercise.

Overtraining: Training your body too frequently and intensely for it to recover properly. It can take a long time to recover from overtraining, so although those endorphin rushes are good, they need to be controlled!

Personal Trainer: An unsupervised exercise professional with a level 3 Register of exercise professional (REPS) qualification. This means that they can design sophisticated training routines that include baseline assessment, nutritional advice and progressive programming.

Programme: Usually a prescribed series of exercises, often designed by the FI or PT to achieve an individual's fitness goals.

Resistance: This refers to working your body muscles against a fixed weight such as your own bodyweight, or more usually in the gym against a weight held in a machine, or free weights such as dumbbells.

Repetition or "reps": One complete movement of an exercise.

Sets: A fixed number of repetitions. Programmes are usually made up of sets and repetitions.

V02 Max: The maximum amount of oxygen a person can use in a one-minute work out. A high V02 max makes the body more efficient for performance.

Warm up: This is preparation time before the main workout. It is important for ensuring that muscles are warmed up and the heart rate is begun to be elevated.

I hope you have found this small selection of terms beneficial and remember next time you're in the gym don't be afraid to ask questions of the staff. There really are no daft questions!

I want you to enjoy your training, understand what it is that you're going to get out of it, and most importantly, exercise safely. Using the services of a personal trainer is one way of ensuring that you can be supported and professionally guided towards your exercise goals.

Note: It is important that anyone considering taking up an exercise regime should consult their GP before doing so, particularly if it has been some time since you last exercised or if you are on any form of medication or suffer from a chronic illness or high blood pressure.

Next Month: Over 50s Exercise

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Glenn Neve on 01592 860808 or email

subscriptions@kinrossnewsletter.org



News from the Rurals

CARNBO – President Mrs Eileen Thomson welcomed everyone to the March meeting. Business concluded, she then welcomed our speaker for the evening, Ms Irene Hamilton from The Haven Association, who gave us an insight of what the Haven actually does in helping women and children reduce the fear of domestic violence and assisting mothers and children to become independent. Her talk was thoroughly enjoyed by all. The vote of thanks was given by Miss Grace Hamilton.

Competitions:

Decorated toiletry - Mrs Cath Mearns
Flower of the Month - Mrs Cath Mearns

President Eileen Thomson welcomed everyone to the April meeting. After business, she introduced our speaker for the evening, Ms Joanne Finlay, who gave us a very passionate talk and slide show on her recent visit to Palestine. It was thoroughly enjoyed by all. The vote of thanks was given by Mrs E Campbell.

Competitions:

Flower of the Month - Josephine Paterson
Sugar Sifter - Josephine Paterson

GLENFARG – Betty Graham from Scone introduced Glenfarg to the art of plastic canvas work with a demonstration and impromptu workshop by making a bookmark. It was thoroughly enjoyed by all at a happy evening. Mrs Liz Yull proposed the vote of thanks.

Competitions:

Flower of the Month - Allison Messenger
Necklace - Margot Moran
Lemonade - Liz Yull

BISHOPSHIRE – Duncan Davidson gave a fascinating illustrated talk on moths and butterflies. Obviously someone with a passion for these insects, he focused especially on the many and varied species of moths. No one had realised there were so many colourful moths, and all these insects are vital to the natural order of the animal world. So don't be too sore on the caterpillars in the garden!

Competitions:

Slice of Victoria sponge - Sylvia Herrington
Nature collage - Sylvia Herrington

Help is available for **your** child to succeed
Maths and English @ First Class Learning

A Personalised Programme 5-16 year olds
to improve skills, raise confidence and self esteem
to develop independent learning.

Weekly Classes are held at
Crook of Devon, Tuesdays, between 3.30 - 5.00pm

Approximate time in class 20-30 minutes
Individual tuition is available

For more information phone Janet 01577840225 or
07793486150

Or visit our website at
www.firstclasslearning.co.uk

BLAIRINGONE – Vice President Jean Broome welcomed members to our April meeting, then introduced Joyce MacCray, ex-national President of the WRI.

Joyce gave us an excellent and humorous talk extolling the virtues of the WRI, saying how much fun, education and friendship she had gained through it.

Hostesses Jean Broome and Hazel Smith provided a lovely tea.

Competitions:

Jam - M Ramsay
Tea Towel - J Petrie
Flower of the Month - J Petrie

CLEISH – Mrs Dorothy Morris, president, welcomed members to the April meeting. After business, Mrs Margaret Kilpatrick gave a fascinating slide show and talk on her holiday and experiences in the Himalayan country of Bhutan. She gained an insight into the culture and folklore of these passive, friendly people, as she travelled east to west across the country. Mrs Marion Bisset thanked Mrs Kilpatrick for a truly wonderful presentation, delivered at short notice due to the illness of the scheduled speaker.

Competitions:

Flower of the Month - Fiona Barnfather
Two Meringues - Anne Bayne
Small Craft Item - Alison Morris

KINROSS GROUP – The Spring Meeting was held on 19 March. Winners of the Ramage Dawson Trophy for 15 minutes variety were Glenfarg WRI. The runners-up, Cambo WRI, received the Erskine Trophy and Lillias Johnston (Glenfarg WRI) received the Jessie Smith Salver for Best Performance.

Competitions:

Wedge Coffee Sponge: 1st Allison Messenger; 2nd Ena Thomson; 3rd Chris Stewart.

Knitted Tea Cosy: 1st Dorothy Morris; 2nd Catherine Fairweather; 3rd Ena Thomson.

The Kinross Community Council Newsletter

is available from:

David Sands	High Street, Kinross
Newsplus	High Street, Kinross
Shoppextra	High Street, Kinross
Kirkland's Garage	High Street, Kinross
Sainsbury's	Station Road, Kinross
Costcutter	Green Road, Kinross
Giacopazzi's	New Road, Milnathort
Milnathort Post Office	New Road, Milnathort
Stewart & Smart	Stirling Road, Milnathort
Buchan's Garage Shop	Main Street, Kinnesswood
Fossway Store	Main Street, Kinnesswood
Glenfarg Shop	Crook of Devon
Mona's Coffee Shop	Ladeside, Glenfarg
Powmill Store	Muckhart
	Powmill



Out & About

Vane Farm



Hello, folks! Another month past again – the year's jist fleein' in. At time o' writin, some o' the pinkfeet are still about – hunners in fact – but by the time yeh read this, maist o' them will be headin' back tae Iceland. We micht hiv a few hingers oan thit linger intae May, but the big bulk will hiv departit Scotland. A bonny wee red breasted goose (a kinda red breest n thrapple, black oan the back n white along the sides) hiz been taggin along amangst them – first yin we hiv hid fur around six or seven year, so that's been sumthin different fur the visitors tae try n pick out o' the wheengs.

The quest fur nestin lapwings is still ongoin and at time o' writin we are up tae eight confirmed nests, which is five ahead o' last year's coont at this stage, so that's guid. A pickly o' these bein' in the new muddy area creatit when we took the trees doon along the loch shore last year. Alang wi the "teuchats", anither name fur lapwings, ither wader type birds like redshank n oystercatcher are also yaisin the muddy bits tae feed, so that's guid enaw. Maist o' the migrants hiv appear back, wi hunners swoopin' ower the loch hawkin' fur insects tae keep the auld bellies foo. Survey work will keep gawn though the summer tae mak shair we hiv a full hawndle oan the avian pictur fur the reserve.

Whit's been happenin around the centre, staff wise? Well when Chris left tae gan back tae Skye we employed a new lass fae Belfast cried Beverley Gaston as hiz replacement. She will be wi us fur the next six months so say hello or "what about ye" next time yer in. Ma new nickname fur her is "Bevster" cos ah'm kinda like that, ah like tae gie folk nicknames. Ither than the Bevster, awbudy else is the same, bit ye kin still say hello tae them tae.

This month's retail emporium ooffers are as follows: We are offerin MD binoculars fur the bargain price o' £199 new poonds – no awfa shair if it's the full range cos the shop disnae hiv awe the details yit, bit it will likely be some o' the maist popular models X8 n X10. If yer lookin fur a pair fur summer jaunts drap in fur a looky n save a few bawbees. That ooffer runs 5 - 24 May. Fae 25 May till 7 June ye kin get £5 aff a 12.75kg bag o' birdfood, excludin peanuts. Whit's the problem wi peanuts ye hiv tae ask? We only dae whit the heed bummers fae the Lodge tell us tae dae, keeps life simpler!

Next events comin' up:

Sunday 8 May, it's "Walking with Birds", a free guided walk, 11am-12.30pm. Bookin' is required, so if ye wid like a place, book noo. Donations to cover costs wid be appreciated.

Saturday 21 May, an "Intermediate Photography Course" – learn how tae get mair oot yer SLR camera wi tips n hints fae Dave the expert. Costs £40 fur non members and £32.50 fur members; tea, coffee n lunch includit. Advance bookin required since places are limited tae eight people. It runs fae 10am-4.15pm.

Finally, ower the weekend o' **28/29 May** the shop is hostin' an "Optics Weekend" whar ye kin get expert advice oan binoculars or telescopes. Ye kin even purchase sum if ye like, n help yer local conservation organisation!

Further details about any o' these events kin be gleaned by phonin oan the usual number 01577 862355.

Ta ta till next time,

Colin

Loch Leven NNR



Summer migrants are beginning to arrive to sample the best of Scottish weather and Loch Leven cuisine. The first swallows were seen on the reserve on 7 April at Levenmouth. It was once thought that swallows hibernated here underwater in mud as they often gather at reed bed roost sites like at Levenmouth before they 'disappear'. Nowadays their return is a sign that warm weather is on its way and after the winter we have had, I think we deserve a lovely warm summer! Keep an eye out for returning willow warblers and sand martins too.

Insects have started to buzz around the reserve once more and a team of volunteers have been monitoring butterflies, dragonflies and bumblebees around the reserve. The first butterfly was a small tortoiseshell, seen on 11 April at Burleigh.

As well as monitoring insects, the reserve staff have also been monitoring birds that are beginning to pair up for the breeding season. We noted pairs of mallard, tufted duck, teal, gadwall, goldeneye, shelduck, mute swan and greylag geese. Last year we had particularly good productivity figures from tufted duck, gadwall, and mallard and the first nests of black-headed gulls to be recorded in recent years on St Serf's. So the regular monitoring work will continue throughout the summer as we hope to improve on the good productivity results of last year.

This month we will be launching a black-headed gull raft into the loch at Factory Bay. The wooden raft has been created by our volunteers and will provide suitable habitat for black-headed gulls to nest in. It has been covered in gravel and vegetation clumps and wooden 'huts' have been created to provide the young gulls with somewhere to shelter and hide from passing predators. The raft will be visible from the new hide that is planned to be built at Factory Bay later this year once the short extension to the Heritage Trail is complete.

We are continuing to run a programme of free events through the year on the reserve, for more information watch this space or visit www.nnr-scotland.org.uk and click on News and Events. The two events taking place this month are both evening botany walks so if you would like to improve your identification skills and find out more about the flowers and plants that make Loch Leven their home, then come along to:

Burleigh Botany on Wednesday 18 May, 6pm to 8pm, meeting at Burleigh car park.

Findatie Botany on Wednesday 25 May, 6pm to 8pm meeting at Findatie car park.

Booking is essential for both events, so please telephone 01577 864439 or email Craig.Nisbet@snh.gov.uk to book your place.

Finally, Scotland's National Nature Reserves are now on Facebook, so you can keep up to date with Loch Leven and all of Scotland's other National Nature Reserves at:

<http://www.facebook.com/pages/Scotlands-National-Nature-Reserves>

Joanna

Farming



Well, it looks like spring has finally found its way here to Backward Farm, and very welcome it is too. Grass and winter barley are greening up nicely and the fertilising is up to date and the fields to be ploughed are dry enough for this job to be done in pretty good conditions. The weather forecast is looking good, so hopefully by the time you are reading this, all the spring cereal should have been sown and it might even be peeking through the ground. We have also had the surprise of four ewes lambing at least a fortnight earlier than expected, producing lambs with markings that we wouldn't have expected from the offspring of George, our resident Texel tup. Racking our brains to think how this could be, we suddenly remembered that we had a visit from a dark coloured feral tup which we assumed had come down from the hill. He appeared one day and disappeared just as quickly, but he certainly looks to have been a busy boy! Although having ewes lambing in May should mean that it coincides with good weather and plenty grass for the ewes to eat, care must be taken that the ewes don't have too much grass, as this results in higher birth weights of lambs which can lead to lambing difficulties, especially with ewes expecting only one lamb. It's all about striking a balance, as you don't want to underfeed twin or triplet bearing ewes. Time will tell whether we have got the strategy right.

Our suckler cows have been calving over the past few weeks, and are nearly finished, with only a few stragglers left to calf. We have reduced the number of cows we are keeping and it looks like it was the right decision as we have kept only the best cows and we have been able to give them more space in the sheds, so calving problems have been greatly reduced and calves are growing well. We look forward to getting them out to grass very soon.

We are intending to artificially inseminate a portion of the cows this year, so we will see how that turns out although most will be put to Tiger, our Simmental bull.

Things have been quite hectic recently since I have been helping out my brother a lot more after his shoulder operation. Fortunately, it seems to be healing well and he is gradually regaining the mobility and strength of his arm.

Anyway, I'd better go and get the plough going again and try to get Backward Farm transformed into Up-to-date Farm. Well, one step at a time!

John



Care must be taken that the ewes don't have too much grass at this time of year

Weather

Sorry, we can't bring you the March weather report from Carnbo. It will appear alongside the April one in the June Newsletter.

Local Attraction Opening Times

Lochleven Castle, Castle Island, Kinross

Famously where Mary Queen of Scots was imprisoned in 1567 and forced to abdicate before dramatically escaping, this semi-ruined castle is set on an island in beautiful Loch Leven. Parts of the castle date from the late 14th or early 15th century. There are lawns and benches on the island. The property is reached by boat, operated by Historic Scotland and departing from the fishery pier, where there is a café, shop and parking nearby. Opening times for 2011:



1 April to 30 September:	Daily, 9.30am to 5.30pm (last outward sailing 4.30pm)
1 to 31 October:	Daily, 9.30am to 4.30pm (last outward sailing 3.30pm)
Admission prices: (includes boat trip)	Adult £4.70, Child £2.80, Conc £3.80, HS members free.

The ferry is not equipped to carry passengers in wheelchairs, though access to the interpretation boards, the castle forecourt, courtyard, gardens and grounds is over grass and suitable for visitors using wheelchairs or with limited mobility.



Loch Leven Castle

Burleigh Castle, Milnathort

A fascinating tower house dating from around 1500. The grounds are open during daylight hours. The keep can be opened on request. Please follow signs on site for key.

Balvaird Castle

A late 15th century tower on an L plan. Refined architectural details. View exterior only. Phone 01786 431324 or check Historic Scotland website for open days for internal viewing. Grid ref 58NO16915. Near Gateside and Glenfarg.

Elcho Castle, near Bridge of Earn

A 16th century fortified mansion, five miles NE of Bridge of Earn. Opening times: 1 April to 30 September, daily, 9.30am to 5.30pm. Admission prices: Adult £3.20, Child £1.90, Concessions £2.70.

Abernethy Round Tower

One of the two round towers of Irish style surviving in Scotland dating from the late 11th century. Good views of the Firth of Tay. Follow signs on site for key (not Mondays).



Gardens Open

Gardens, and some properties, open regularly not too far from Kinross	Opening Arrangements			Admission	Disabled	Contact
				Adult	Child Access	Number
Dowhill, Kelty (SGS)	1-31 May	Tue & Thu	1000-1600	£4.00		
Falkland Palace & garden (NTS)	to 31 Oct	Mon-Sat	1100-1700	£11.00	£8.00 gdn only	0844 4932186
		Sun	1300-1700			0844 4932186
Hill of Tarvit mansion & gdns (NTS)	1 Apr-31 Oct	Thu-Mon	1300-1700	£9.00	£6.50	
Hill of Tarvit grounds only (NTS)	all year	daily	to dusk			yes 0844 4932185
Kellie Castle & garden (NTS)	1 Apr-22 May	Thu-Mon	1230-1700	£9.00	£6.00	partial 0844 4932184
	23 May-28 Aug	Daily	1230-1700			
Kellie Castle garden & estate only (NTS)	to 31 Oct	daily	1000-1800	£3.00	£2.00	yes 0844 4932184
Culross Palace, study, town hse and gdns (NTS)	1 Apr-31 May	Thu-Mon	1200-1700	£9.00	£6.50	no 0844 4932189
Culross Palace gardens only	all year	daily	1000-1800			difficult 0844 4932189
Branklyn Gardens, Dundee Rd, Perth (NTS)	1 Apr-31 Oct	daily	1000-1700	£6.00	£5.00	partial 0844 4932193
Glendoick Gardens, Glencarse, PH2 7NS	4 Apr-10 Jun	Mon-Fri	1000-1600	£4.00	free	partial 01738 860640
	May	Sat&Sun	1400-1700	£4.00	free	partial
Scone Palace grounds only	1 Apr-31 Oct	daily	0930-1745	£5.50	£3.75	limited 01738 552300
Barham, Bow of Fife, KY15 5RG (SGS)	27 Apr-28 Sep	Weds	1400-1700	£3.00	free	no 01337 810227
Braco Castle gardens, Braco, FK15 9LA (SGS)	1 Feb-31 Oct	daily	1000-1700	£3.50		partial 01786 880437
Drummond Castle Gardens, Crieff	1 May-31 Oct	daily	1300-1800	£5.00	£2.00	restr 01764 681433
Botanic Garden, Canongate, St Andrews, KY16 8RT	Apr-Sept	daily	1000-1900	£2.00	£1.00	yes 01334 477178
Pittencrieff Park, Dunfermline	all year	daily	dawn-dusk	free	free	yes 01383 720285

Notes: Other prices may be available, eg Concessions, Family. NTS = National Trust for Scotland (entry free to members). At some gardens there are plants for sale and refreshments available. Some gardens do not allow dogs.

Scotland's Gardens Scheme

SGS, a registered charity since 1931, organises the opening of hundreds of gardens, ranging from formal castle gardens to small cottage gardens, to raise money for charity while giving pleasure to garden lovers. 60% of entry fees to gardens in this scheme benefit SGS's charities, which are: The Queen's Nursing Institute Scotland, Gardens Fund of the National Trust for Scotland, Maggie's Cancer Caring Centres, The Gardeners' Royal Benevolent Society and The Royal Fund for Gardeners' Children. 40% of entry fees goes to a charitable cause chosen by the garden owner. For more information, see the book "Gardens of Scotland 2011" or the website www.gardensofscotland.org

Local Garden open regularly in May

Dowhill, near Kelty is open on Tuesdays and Thursdays throughout May (see chart above). Several ponds surrounded by primulas, mature trees and rhododendrons. Woodland walks to the ruins of Dowhill Castle. Route: ¾ mile off M90, exit 5, towards Crook of Devon on the B9097. WASPA receives 40% of admission fees. Dogs on leads.

Special Days Open in May

On **Sundays 1 and 15 May**, admission fees at **Glendoick** (see chart above) are donated to SGS charities. On these days, 2pm-5pm, visitors can walk round the nursery production areas as well as the gardens and members of the Cox family will be available to answer questions.

On **Sunday 8 May**, 10am-4pm, admission fees at **Branklyn** (see chart) will be donated to SGS charities. Branklyn has an outstanding collection of plants, particularly rhododendrons, alpine, herbaceous and peat-loving plants. Teas and scones, weather permitting. No dogs.

Admissions (£4.50) to the gardens at **Falkland Palace** (see chart) on **Sunday 15 May**, 1pm-5pm, will be donated to SGS.

Rossie House at Forgandenny is open on **Thursday 19 May** from 2pm to 5pm. Many of the trees in the garden date back to the 17th century. The undulating terrain is full of magnificent trees, shrubs and beautiful rhododendrons. Stream, bridges, walled garden and sculptures. Admission: £4, children free. 40% to Sandpiper Trust. Small plant stall. Partial disabled access. Homemade teas. Route: on B935 between Bridge of Earn and Dunning. PH2 9EH.

New to SGS, **Lindores House at Newburgh** is open on **Saturday 21 May** from 2pm to 5pm. Lochside woodland walk, rhododendrons, herbaceous borders and walled garden. Route: off A913, 2 miles east of Newburgh. Admission £4.50, children free. 40% to Abdie and Dunbog Church. Plant sales, partial disabled access, Craft stall, homemade teas. No dogs. KY14 6JD.

Three established gardens at Lathrisk House, Old Lathrisk and North Lodge in **Freuchie** are open on **Sunday 29 May** from 2pm to 5pm. Route: B936 from Falkland to Freuchie. Turn off at Lathrisk Road, Newton of Falkland. Or off A92 just north of Freuchie. Look for yellow signs. KY15 7HX. Admission £4.50, children free. 40% to Freuchie and Falkland Parish Church. Plant sales, partial disabled access, traditional jazz, cream teas. No dogs.

Also open on **29 May**, **Arndean by Dollar** has a beautiful mature garden extending to 15 acres. Woodland walk, orchard, flowering shrubs, rhododendrons, azaleas, specimen trees, tree house. Well signposted off A977. Admission £5, children free. 40% to St James' Church, Dollar. Plant sales, baking stall, golf and tennis games, Macallan whisky promotion, cream teas. Partial disabled access, dogs on leads welcome.

Congratulations



PAMELA CURETON and **ALAN BEGGS** were married at Balbirnie House Hotel on 13 March 2011.

At the Perth & Kinross Sports Council Sports Awards for 2010 ceremony held in March 2011:

KIRSTY CLARKE of Kinross Cricket Club won the Disability Endeavour Award.

DAVID MUNRO of Kinross Volleyball Club was awarded the George Mortimer Lifetime Achievement Award.



David Munro

PATTY FRASER, Office Manager of Loch Leven Equine Practice, has won the Petplan Veterinary Support Staff of the Year Award at the Petplan Vet Awards 2011, held in Birmingham. The national awards recognise and celebrate staff and practices throughout the country that have delivered an exceptional level of care to the nation's pets and their owners. Petplan received 2,800 nominations for the awards, covering all aspects including small animals, equine and mixed practices.

KINROSS PRIMARY SCHOOL has been awarded its first Eco Flag (see page 41).

KINROSS TENNIS CLUB has achieved Clubmark accreditation (see page 67).

FW BEAUTY & SPA THERAPIES

Contact Fiona on 01577 862615 or 07540 139831

LAVA SHELL MASSAGE ("the new hot stones")
HOT STONE MASSAGE
AROMATHERAPY MASSAGE
SPA FACIALS (hot mitts/towels)
LUXURY HAND/FOOT TREATMENTS
HOPI EAR CANDLES
REIKI

Discounts On First Visit & Monthly Offers
Girlie Nights In & Gift Vouchers Available
MEN AND WOMEN WELCOME!

LP DRIVING SCHOOL

- * Local Friendly Instructor.
- * Fully qualified ADI, DSA Approved.
- * Competitive rates

Call Laura on: 07747 733 744

Thanks



From **JESSIE PORTER**: Well hello once again to you kind people of Milnathort and Kinross-shire who wished me well with your kind thoughts, prayers, cards and flowers in my illness. They gave me a terrific uplift, and I owe you all a Big Thank You and God Bless.

ROBINA (RUBY) WARDROPE wishes to express a heartfelt thank you to all relatives, friends and her church who made her 90th birthday such an enjoyable occasion on Saturday 16 April 2011 with their gifts, cards and flowers.

CLEISH CHURCH: A most successful Burns Supper was held in Cleish in January as a result of which £1000 was raised for the El Sharooq School for the blind in Israel. Thanks are also due to all who worked extremely hard to make this such a successful and happy occasion, not least to the four young gentlemen who were model butlers.

The horrendous weather forced the cancellation of the Milnathort Over 70's Christmas Party, but the decision of the **Orwell Old Folks Association Committee** to hold a **Spring Tea** more than made up for the disappointment. The committee and helpers had created a spring-like effect in the hall with their yellow and green table decorations and gifts. Excellent entertainment was provided by **Gordon Menzies** of Gaberlunzie, followed by a delicious afternoon tea, catered for by the 'Jolly Beggars', with a plentiful supply of savouries and sweets. Grateful thanks to car drivers for their help and kindness in providing transport. In all, a very much appreciated special afternoon. A big thank you to all those involved.

SCOTLANDWELL IN BLOOM would like to thank everyone who supported their Bring and Buy Sale at the Well Country Inn on Saturday 9 April. A fantastic total of £543.10 was raised. This money will be well used as the group prepare for their entry into Britain in Bloom 2011.

For more Thanks, see also the "Fundraising Success of Kinross Teenager" article on page 3, and the Potager Garden report on page 46.

ROCK LEVEN EVENTS

BRIAN CARROLL (Events Promoter)

Parties, Discos and Live Bands

Tel 07967 025931

Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit www.kinross.cc

Kinross-shire Churches Together



Kinross Parish Church of Scotland

10 Station Road, Kinross KY 13 8QR (Charity number SC 012555)
 Rev Alan D. Reid MA, BD Tel: (01577) 862952
 Reader: Margaret Michie Tel: (01592) 840602
 Session Clerk: Jaffrey Weir Tel: (01577) 865780
 Church E-mail: kinrossparishchurch@hotmail.co.uk
 Church website: www.kinrossparishchurch.org

Church open for visiting or quiet contemplation Mon-Fri 10am-12noon (but note Pram Service on Tuesday mornings in term time)

Church Office: Mon-Fri 10am-12 noon. Tel. (01577) 862570
To Lease Church or Church Centre: Helena Cant (01577) 862923
 helenacant@aol.com

Events listed below are in the church unless indicated otherwise.

Regular Services and events

Sundays 10.30am Morning Service, includes a crèche, Junior Church and, for secondary age, Jam Pact. The church has disabled parking, ramp access, disabled toilet.
 7.30pm Church Centre : Crossfire, for S1 age upwards

Mondays 8pm Housegroup (contact Brenda Fraser 862000).

Tuesdays 10am Pram Service.

Wednesdays 10.45 am Midweek Worship: Reading Room, Church Centre.
 12 noon Mid-week and Mid-day: Time to Pray
 7.30pm Various Housegroups (contact Margaret Michie).

Saturdays 10am- 12 noon Church Centre: 2nd hand book stall and café.

Special Services and events in May

Mon 2 8.00am Time to Pray – Silent Meditation
 8.00pm Heaven and Earth Café, the Muirs Inn: ‘How do we respond to the most challenging words ever?’ - an informal get-together for anyone, whether or not connected to a church

Tue 3 2.30pm Whyte Court Service

Thu 5 7.30pm Thursday group, Church Centre: ‘Crystal Therapy’.

Sun 8 11.45am Informal Communion after 10.30am Morning Service.

Sat 14 8.30am - Prayer Breakfast (numbers in advance to church office).

Thu 19 9.00pm – Time to Pray: late evening service of Compline

Sat 21 10.00am – 2.00pm **Spring Fayre**, Church centre: plants, baking, gifts, crafts, games, morning coffees, lunches.

Tue 24 7.30pm – The Wider World: speaker from the Christian Palestinian community.

Sun 29 Training afternoon for those helping at Family Week 1-5 August – contact Margaret Michie 01592 840602.

Tue 31 2.30pm Causeway Court Service.

Loch Leven Garden Services

For all your garden maintenance needs.
 Lawn mowing, scarifying, aerating, pruning,
 hedge trimming,
 turfing, weeding, jet washing, rubbish removal,
 garden clean-ups and general odd jobs.

For a free no obligation estimate please call

Stephen Brown
01577 840441 / 07828 189523
 Let's make your garden look fantastic!

Orwell and Portmoak Parish Church

Church of Scotland

Interim Moderator & Locum Minister - Rev Duncan Stenhouse
 E-mail: orwellportmoakchurch@yahoo.co.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Village Hall (until church is repaired),
 11.30am Orwell Church.

5 June - Communion services in both churches.

Prayer Meeting held 30mins before each service

United Service most weeks at 6.30pm in Orwell Hall (check weekly Order of Service for details).

Service at Ashley House: first Thursday of the month at 2.30pm

Services at Levens: first Tuesday of the month at 4pm

Morning Prayers at 9am

in Portmoak New Room on Monday and Thursday each week
 in Orwell Church on Tuesday and Friday each week

Oasis Ladies' meeting in Portmoak New Room.

10.15-11.45am last Friday of the month

Events – Everyone welcome

Blackheart in concert – Saturday 30 April at 7:30pm
 (tickets available in the Church Office).

Roll Away the Stone – We are organising a bus to this event in Edinburgh. If you are interested then please fill in Application Form (available in the Church Office).

Church office & shop open Mon – Sat 10am until 2pm.
 Christian cards, gifts, bibles & books for sale. Also internet access; printing & copying facilities; recycle ink toners, spectacles, stamps & batteries. Meeting room available to let.

Contact the Office 01577 861200
 orwellportmoakchurch@yahoo.co.uk



Orwell Parish Church, Milnathort

Hall Bookings

A list of halls and contact details can be found at
www.kinross.cc

Cleish Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
E-mail: joanne.finlay196@btinternet.com
Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services 11.15am
Crèche 11.15am
Junior Church 11.15am

May

Sun 1 11.15am Preacher: Rev. Joanne Finlay.
Sun 8 11.15am Preacher: Rev. David Smith.
Sun 15 10am - Early Birds Service.
Sun 15 11.15am - Christian Aid Sunday & soup lunch.
Sun 22 11.15am Preacher: Reader, Brian Ogilvie.
Sun 29 11.15am Preacher: Reader, Brian Ogilvie.

June

Sun 6 11.15am, Sacrament of the Lord's Supper.
Tuesday 3 May, 7.30pm - Pilgrimage to the Holy Land Slide Show, Fossoway Church Hall.
Saturday 28 May, 2pm, Cleish Church Fete

St Paul's Scottish Episcopal Church

Muir, Kinross, KY13 8AY

Rev Dr Marion Keston Telephone: (01577) 866834
Website: www.stpauls-kinross.co.uk

May Services

Sun 1 Easter 2, 8.30am Holy Communion.
11.00am Sung Eucharist.
6.00pm Easter Carol Service led by ABI choir (KCT).
Sun 8 Easter 3, 8.30am Holy Communion.
11.00am Sung Eucharist.
Sun 15 Easter 4, 8.30am Holy Communion.
11.00am Christian Aid dedication service and Sung Eucharist.
Sun 22 Easter 5, 8.30am Holy Communion.
11.00am Sung Eucharist.
Sun 29 Easter 6, 8.30am Holy Communion.
11.00am, Sung Eucharist.

2nd Tuesday of month 7.30pm informal worship in meeting room.

Other Services

Tuesday 10 7.30pm 2nd Tuesday service in meeting room
Thursday 26 9.15am Service of prayers for healing

For further information Contact Jan Campbell 862391
Everyone welcome at all services

Sunday School and Crèche during the 11.00am Services.

Thursday Morning 10am, group Bible Study. Everyone welcome.
For further information, please contact Jan Campbell, telephone (01577) 862391.

Kinross Christian Fellowship Evening Service

On the second Sunday of every month, the Fellowship will be holding an evening service beginning at 6.30pm. There is no formal format envisaged; however, it may be expected that it will include lots of praise, worship, and joy in the LORD. Everyone is welcome, irrespective of faith or denomination, and we look forward to seeing - and hearing - you. For more information please contact Peter on 01577 863509. On behalf of KCF, God bless.

Fossoway Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
E-mail joanne.finlay196@btinternet.com
Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services at 9.45am
Junior Church, crèche,
"Wrigglers Group" (0-3 year olds) at 9.45am,
Tots Music: Friday mornings in hall, 9.30am
Café Refresh: Every Thursday, church hall, 2-4pm
Yoga classes: Mondays 7-8.30pm
Teenage Group first Sunday of month 9.45am
(Sunday evenings - details from Margaret Hamblin 850252)
Women's Group: Every Tuesday, church hall, 2pm.

May

Sun 1 9.45am: Preacher, Rev. Joanne Finlay.
Sun 8 9.45am: Preacher, Rev. David Smith.
Sun 15 9.45am: Christian Aid Sunday.
Sat 22 9.45am: Preacher: Brian Ogilvie.
Sun 29 9.45am: Sacrament of Lord's Supper.

Saturday 30 April - Monday 1 May - Art Exhibition in church hall.

Tuesday 3 May, 7.30pm - Pilgrimage to the Holy Land Slide Show, Fossoway Church Hall.

St James's R C Church

5 High Street, Kinross, KY13 8AW

Father Colin Golden Telephone: (01577) 863329

Mass Times Saturday Vigil 7.00pm
Sunday 9.30am

Please look out for other information on other parish activities in the Sunday newsletter.

Kinross Gospel Hall

Montgomery Street, Kinross

Website: www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
	6.30pm	Gospel Meeting
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Wednesday	6.30pm	Children's Club (term time)

Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

Church and Children's Sunday Club

Every Sunday at 10.30am
in the Millbridge Hall, Old Causeway, Kinross.
During each service there will be a time for ministry and prayer for healing.

Deadline for all Submissions
2.00 pm, MONDAY 16 May
for publication on Saturday 28 May

Obituaries

GLOVER – Helen, of Wester Balgedie, died peacefully, with her husband David by her side, on 16 March 2011, after a long illness borne with great courage and fortitude.

Helen was born in Dundee in 1944, being the only daughter of William and Helen Mackenzie. She moved to Aberdeen with her parents in the 1950s.

Helen attended Ashley Road Primary School, Aberdeen High School for Girls, Aberdeen University and Aberdeen Teachers' Training College. Helen married David in 1966. She started teaching in Renfrewshire, latterly moving to Fifeshire where she was a special education teacher at Ballingry Junior High and Lochgelly High before retiring due to ill health.

Helen had many interests. She loved cooking, many excellent lunches and dinners being prepared for her guests. She was an active member of the Lomond Antiques Club. She also officiated as chief clerk for local and general elections at Portmoak Hall. She was the organiser for the Earl Haig Fund (Poppy collection) in Milnathort for many years. She enjoyed going to the theatre, her special pleasure being musicals. Helen was the local correspondent for the Perthshire Advertiser and Fifé Herald, a role which she relished. She was also a mystery shopper, a simulated patient for Dundee University and a member of the National Association of Fine Arts Society.

Helen was a devoted and loving wife to David, mother to Lorna and grandmother to Scott, Joshua and Jack. Helen was also a true friend to everybody who knew her.

Helen's funeral took place at Dunfermline Crematorium on 23 March 2011.

DRYSDALE - Bob, of Kinnesswood Farm, Kinross, passed away peacefully at Queen Margaret Hospital, Dunfermline on 15 March 2011.

He was born in Cupar in 1933 to John and Margaret. He was brother to Anne and Jimmy. He farmed at Leys, Blairhill and Balado before being called up for National Service in 1955 where he served with the Argyll and Sutherland Highlanders. He married Sheila (Hamilton) in June 1957. He was a much loved dad of John, Robert, James and Anne, father in law of Jane, Julie, Moira, and Mike and loved grandad of Ross, Rob, Lynsay, Kim, Scott, Rachel, Lauren, Craig and Joanne.

He farmed at Cleish and finally Kinnesswood for 41 years.

Bob will be sorely missed by his friends and family.

GARRY – Margaret Jessie (née Mitchell), formerly of Church Street, Milnathort and West Park Care Home, Leslie, passed away peacefully in Victoria Hospital, Kirkcaldy on Saturday 12 March 2011 in her 80th year.

Margaret was born in St Andrews in 1930, the elder daughter of the late Meg and David Mitchell who finally settled in Milnathort. After completing her Senior Secondary Education at Perth Academy, Margaret moved on to the Glasgow and West of Scotland College of Domestic Science, affectionately known as The Dough School, to further her career in the catering field. Through time, a position became available in The Ochil Hills Hospital, a post which she held and enjoyed for a number of years. It was here that she met and married her husband, George, a male nurse at the hospital. They set up home in Church Street, Milnathort, where their children David and Margaret were raised.

Margaret had many interests but mainly The Annual Flower

Show and the Local Association of The Orwell Girl Guides. She held the position of secretary in both organisations for over twenty years and was instrumental in passing on her knowledge to many Girl Guides who went to her home to learn and eventually gain the Cook's Badge.

Towards the end of her life Margaret had many health problems and it became necessary for her to move into West Park Care Home in Leslie where she received outstanding professional care and kindness, mingled with lots of love and humour.

Margaret was predeceased by her husband George in 2004 and is survived by her son and daughter, David and Margaret, her grandchildren and great grandchildren.

SHARP – Rab (Robert), of Green Road, Kinross, passed away peacefully at Cornhill Macmillan Centre, Perth on 5 April 2011. Rab is survived by wife Margaret, daughter Pauline, son Gordon and his wife Alison and grandchildren Nicole and Ryan in New Zealand.

Acknowledgements

GLOVER – David and Lorna and all the family would like to thank all relatives, friends and neighbours for the sympathy received, visits, cards, letters, flowers and phone calls on the very sad loss of Helen. Many thanks to Dr McCracken for many years of care and latterly Dr Osborne for her daily visits – they were very much appreciated. Thanks must also go to the district nurses who visited daily and made Helen's final days comfortable. They cannot be praised highly enough. Thanks also to Dr Alfonso and renal nurses Maggie and John at Queen Margaret Hospital, Dunfermline for their advice and care during Helen's 3½ years of dialysis and Dr Adamson and the staff of the chemotherapy daycare unit at Ninewells Hospital. A very special thanks must go to civil celebrant, Neil Dorward for conducting a beautiful and memorable celebration of Helen's life. Thanks to funeral directors Gordon and Alison Stewart for their excellent and efficient handling of the funeral arrangements. Many thanks to Lyn Hayworth for her daily visits and therapies which comforted Helen in her final weeks; to Karen of Macmillan Cancer Support and occupational therapist Rhona for their advice and help. Donations made at the end of the service have been forwarded to Macmillan Cancer Support, Helen's choice.

DRYSDALE – Sheila, John, Robert, James and Anne wish to thank all friends, relatives and neighbours for the many kind expressions of sympathy, cards, letters and flowers received following Bob's death. A special thanks to the staff at Queen Margaret Hospital, Dunfermline and to the local doctors and nurses for their care and attention. Grateful thanks to Stewart Funeral Directors Ltd, Kinross for handling the funeral arrangements and to Jinty of Dream Flowers for the beautiful family tributes. Thanks also to Duncan Stenhouse for the kind and uplifting words and to all who paid their last respects to Bob at Perth Crematorium and gave so generously to the sum of £876.04 to Chest, Heart and Stroke Scotland.

SHARP – The family of Rab Sharp here and in New Zealand wish to thank relatives, friends and neighbours for their kindness, support, flowers and cards; also everyone who attended the service at Perth crematorium. The generous donations amounted to £1,146.27 in aid of Cornhill MacMillan Support Group, Perth.

biblefresh

It could change your world

We are now into the season for marathons! If you are not in training to run 26 miles – or even to enter the Loch Leven half-marathon, Kinross Parish Church is offering you the opportunity to take part in a 'readathon'. On **Friday 10** and **Saturday 11 June**, the complete New Testament will be read aloud in the church. Unlike the runners you can participate in just a short part of the event – and there will be a break during the night!

The reading is scheduled to run from 9am to 9pm on the Friday and the Saturday with each person reading for approximately 10 minutes. To cover this we are looking for volunteers from P5 to.....no upper age limit! You might want to gather together a team of three to cover 30 minutes or six to read for an hour. Or just sign up as an individual.

One of the aims of Biblefresh, which marks the 400th Anniversary of the King James Bible, is to raise funds for Bible translation in Burkino Faso in West Africa. Out of seventy distinct languages in that country, only five have adequate Scriptures. In support of this project we are suggesting that those who participate in the readathon invite friends to sponsor them. We hope that your sponsors will also come and listen to you read.

By early May, a programme will be available so that you can choose the time and/or the part of the New Testament you would like to read. However we will need lots of people who are prepared to be flexible so that the whole time and text are covered – and you can opt for more than one slot!

This is open to everyone in the community – you do not need to be a member of a church – and we can promise that this will be a memorable and rewarding experience, as God enriches your own life through the declaring of his Word. For more information on the Burkino Faso project see www.biblefresh.com

To sign up for the Readathon telephone Kinross Parish Church Office on 01577 862570, or by email at kinrossparishchurch@hotmail.co.uk. See also the church web-site at www.kinrossparishchurch.org

SAFESTORE, KINROSS

A SUBSIDIARY OF David Sands Ltd
Alligin House, 2 Clashburn Close, Bridgend Industrial Estate, Kinross KY13 8GD
Telephone: 01577 865141/Fax: 01577 865104
SAFESTORE, KINROSS offers containers which are available for customers to utilise. As it is self-storage, you will be required to load and unload the container yourself, thus keeping costs to you down.

The containers will accommodate the contents of an average 2-3 bed house or are suitable as storage facilities for a small business..

Min rental period one month. Long term available.
Opening hours – Monday to Friday 7am – 7.30pm
Saturday 7am – 3pm Sunday 7am – 1.30pm

Healing Rooms Kinross

Healing Rooms - simply a place where people come to get Christian prayer for healing.

Kinross Healing Rooms has now been open for well over three years! Every Thursday without fail (excluding Christmas Day) from 11am to 1pm. Take a walk down to the Millbridge Hall and check us out. And, as it is a purely Christian ministry, there is no charge and no appointment is necessary. People from all walks of life are included: believers, non-believers and the 'don't knows'. We don't counsel or offer advice on any subject - we simply pray a Christian prayer for healing.

Not sure? That's okay, come and see us anyway, you may be assured of a warm friendly welcome, in a warm friendly atmosphere. (We even offer free refreshments, including lunch, in the attractive café area!) You have literally nothing to lose, but perhaps a great deal to gain. We do look forward to meeting you. For further information please call 077665 15950, 0777371 7339 or go to www.healingrooms-scotland.com

Recently bereaved? Needing some support? AMONGST FRIENDS

(Bereavement Group)

meets at the Health Centre, Kinross
on the last Friday of the month, 2.30pm to 4pm
A warm welcome awaits all
For details phone Marg 01577 863557

'Mission Rescue'

Family Week 1 – 5 August
Monday – Friday 10am – 12noon
At Kinross Parish Church

'Mission Rescue' is this year's summer holiday family week, organised by churches in Kinross. There will be a secret agent theme as we explore a message from the bible in a fun way with songs, dancing, stories, games, crafts and drama. The age range is from those just about to start school up to S4.

Parents can help their children to get straight into the fun by registering them in advance through Kinross Parish Church office (telephone 01577 862570 or email kinrossparishchurch@hotmail.co.uk) or, from late May, on line at www.kinrossparishchurch.org

Lochend Farm Shop Scotlandwell

Fresh seasonal vegetables
carrots, turnips, cabbage
and lots more harvested daily
Maris Piper potatoes available now
Apple Pies, scones, hot from the oven
Menu changes daily

Open seven days 9am-6pm
Tel: 01592 840 745

Outside catering buffets lunches
or book the shop for private functions
Phone for further information

Playgroups & Nurseries

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell
(only 10 mins from Milnathort and Kinross)

Babies and Toddlers (birth – 3yrs)
Tues 10:00am - 11:30am

Playgroup (2yrs onwards)
Mon & Fri 10:00am – 12noon

Contact Carolyn Robertson 01383 831129

LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

Session times

Tuesdays 9.30- 11.15, Fridays 9.30 - 11.15
Contact - Caroline 07507 204731

All Mothers, Fathers, and Carers with children aged birth to 3 years are welcome to attend.

LOCHLEVEN TWOS CLUB

Masonic Hall, The Muirs, Kinross

Thursdays 9.30 to 11.15 (term time only)

Suitable for children from about 18 months to preschool with their/parent carer. Activities include painting, craft, dressing up, stories, singing as well as a variety of toys. A snack is also provided. Registration is unlimited with a maximum of 20 children per session. Younger siblings also welcome.

Contact Sophie Irvine on 01577 863288
for further details,
or email bunnyirvine@btinternet.com

FOSSOWAY TODDLERS

The Institute, Crook of Devon

Wednesday 9.30 a.m. - 11.15 am

All Mums to-be and Mothers, Fathers and Carers with children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

FOSSOWAY PRE-SCHOOL GROUP

Glenbank Cottage, Powmill

Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives
Sessions daily 9.30 – 12 noon

Contact Pat Irvine 07703 177766 or
www.childcarelink.gov.uk/perthandkinross



SWANSACRE PLAYGROUP

21-23 Swansacre

Kinross-shire Playgroup Association
Aka Swansacre Playgroup
Registered Scottish Charity Number SCO17748



TEL: 01577 862071

Swansacre Playgroup provides a warm, friendly, and stimulating environment in which children can learn and develop through play.

Playgroup sessions

Mon to Fri 9.15-11.45am and Fri 12.45-3.15pm

Children from the age of 2 yrs welcome.

Rising Fives sessions

Mon & Wed 1.00-3.15pm, with Lunch Club beforehand.

This is complementary to morning Nursery.

Spaces available for both Playgroup and Rising Fives.

For more information, please contact

Julia Slater 07810 742046 or Playgroup 01577 862071

Baby and Toddler Group – Thurs 1-3pm

Ante-natal to pre-school.

Fun for children; coffee and chat for the parent/carer.

For more information, please contact Diana 07514 999192.

The premises are available to hire for Private Functions.

For more information, please contact Denise 07780 612201.



MILNATHORT BABIES & TODDLERS

Orwell Church Hall, Milnathort

Milnathort Babies and Toddlers offer a relaxed, friendly environment.

Tea/coffee for mums, dads and carers, healthy snack and fun for the children.

Children aged birth to 3 years (5 years if attending with younger sibling) are welcome.

Thursday & Friday, 10am – 11.30am.

For more information please contact Charlotte Giacopazzi
on 07740 600424
or e-mail charlottegiacopazzi@yahoo.co.uk.

GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Wednesdays, 9.30-11.30am.

Healthy snack for children

Coffee/tea & biscuits for carer

Lots of toys

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Lucie on 07810 201935 or just come along!



Notices

Annual Fossoway Art Exhibition and Spring Tea

Saturday 30 April 11am - 4pm
with WALC Spring Tea 2pm - 4pm

Sunday 1 May 11.30am - 4pm

Monday 2 May 11am - 4pm

Fossoway Church Hall (Elizabeth Wilkie Hall)

Art • craft • jewellery

Free entry. All profits to Fossoway Church And WALC

New Brownie Unit
opening in Milnathort on **2 May 2011**
6.45pm until 8pm
Interested? Call Alison on 01577 864262.
We'd love to see you.



Annual General Meeting

TUESDAY 3 MAY

10am
at

Barrowmore, Mawcarse, Milnathort

Children 1st Kinross Action Group Charity No: SC016092

Spring Fayre

Kinross Church Centre

Saturday 21 May 10am - 2pm

Plants, Baking, Crafts, Gifts, Coffees, Lunches.

Come along and support Kinross Parish Church's
annual fund-raising event.



Kinross-shire Local Events Organisation FILM



'Tangled' (PG) at Community Campus

Friday 27 May at 7pm (doors open at 6.30pm)

Tickets, £3 for 18 and under and £5 for adults and £14 for a
family (2A, 2C), are available at the door on the evening.

www.kleo.org.uk



Potager Garden Annual General Meeting



Church Centre, Kinross

Tuesday 31 May at 7pm

All Welcome

Milnathort Girl Guides

We meet every Tuesday in the Guide Hall from 1930hrs –
2100hrs. Girls aged 10 - 14 welcome to attend. We have
about 25 girls who come along every week and have fun.

For further information please contact Tracy Reid on
01577 864415 or Lesley McCormick on 01577 862060.

Kinross Guide Association

Anyone interested in helping a unit in the Milnathort,
Kinross or Glenfarg area, come along to the **Feel Good
Fair** at KGV Playing Fields, Kinross, on **Saturday 14 May**
and speak to one of our current leaders. They will explain
what guiding is all about in the area and how you can be
part of it. If you have an hour to spare a week and enjoy
working with children, we'd love to see you. Rainbows 5-7
years old, Brownies 7-10 years old, Guides 10-14 years old.
If you can't manage along to the Feel Good Fair, you can
contact Alison on 01577 864262.

CEILIDH DANCE

with the Glenfarg Ceilidh Band

Saturday 7 May

8pm-Midnight in Portmoak Village Hall

in aid of Hall funds

Tickets: £10 adult, £5 child

Supper included Licensed bar

Tickets available from Kinnesswood Village Shop

Elizabeth Porter – tel. 01592 840655

and Joan Smith – tel. 01592 840561

Kinross Boys and Girls Brigade Coffee Morning

in the Church Centre, Kinross

Saturday 7 May

10am to 12pm

All the usual stalls including bottle stall, raffle
and home baking

Kinross-shire Volunteer Group and Rural Outreach Scheme Annual General Meeting



Thursday 19 May at 7.30pm in the Church Centre

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone on 01738 626666 or 08457 909090

Email us jo@samaritans.org

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays 1630 – 2130 Thursdays 1630 – 1900

Wednesdays 0830 – 1100 Fridays 1000 – 1630

and 1930 – 2130 Sundays 0800 – 2130

No pressure, no names, no judgment.

We're here for you, anytime.



Cleish Church
SUMMER SALE & FETE

SATURDAY
28th MAY
2.00pm

FUN, GAMES, FROLICS & FETE

A not to be missed, fabulous afternoon out for all the family!





Splat the Rat
Beat the Goalie
Kids and Adult Races
Jelly and Cakes
Tombola
Toys and Games
Bric a Brac
Afternoon Teas and Plenty More!

Disability Sport

There are many activities for people with disabilities at local, regional and national level which welcome people with physical, learning and sensory disabilities. Sports available include swimming, athletics, boccia and bowling. If you would like further information or would like to be included on an email distribution list to keep up-to-date with what is available, please contact Caroline Ness, Sports Development Officer by telephone on 01738 472242 or email CMNess@pkc.gov.uk



Friends of Kirkgate Park
Special General Meeting



There will be a proposal to dissolve the 'Friends' group
Tuesday 24 May
at 7.30pm in the lounge of the Green Hotel, Kinross



Tel: 01592 890583
Mob: 07826 244765
email: grf.morag@ntlworld.com
www.greyhoundrescuefife.com

Volunteers needed - Can you Help?
Greyhound Rescue Fife
Baltree Country Centre
Gairneybank,
Kinross, KY13 0LF

Annual Dog Show 8th May 2011
Caldwell's farm near Collessie Fife
Tickets £3.50 kids (under 16) free
Full Details available on our Website

Milnathort FILMHOUSE **MAY 2011**

Milnathort Town Hall
Saturday 7th May 8pm

SEX AND THE CITY 15



Get Carried away!

BYOB & TUCK SHOP
Tickets available NOW!

Sex and the City (15) tickets available in advance from Milnathort Post Office or through our Facebook page
Adult £5 (OAP & Student concession £3),
Screening 8pm, doors open 7.15.
Other info Kathleen Mitchell 07818 532091 or email milnathortcinema@btinternet.com JOIN US ON FACEBOOK just search 'Milnathort Filmhouse'

Milnathort Filmhouse Films for 2011

- Saturday 7 May**
Sex and the City (15), 8pm
- Sunday 12 June**
Kung Fu Panda (PG), 3pm
- Sunday 4 Sept**
WALL - E (U), 3pm
- Sunday 30 Oct**
Nanny McPhee (U), 3pm
- Saturday 24 Dec**
The Snowman (U), 5pm

Tickets from Milnathort Post Office 2 weeks before screening. Films shown in Milnathort Town Hall



Rainbows, Brownies and Guides

Invite you to

A GIANT TEA PARTY

Saturday 2 July 1-4 pm

at the Guide and Scout Hall
Church Street, Milnathort

Stalls, raffle, games,
Crafts to make and buy,
Tea and cake



Scottish National Blood Transfusion Service

The next blood donor sessions at the Millbridge Halls, Kinross will take place on:

Monday 20 June 3.30pm to 8.00pm
Tuesday 21 June 5.00pm to 8.00pm

The Service is most grateful for the support received from Kinross-shire

PORTMOAK GALA

Saturday 18 June

As usual there will be a wide variety of stalls, dancers, displays and activities - a great day for all the family!

Requests for stalls, donations for stalls and offers of help - please telephone Sandra Davidson on 07900 196742

Perth & Kinross Council	www.pkc.gov.uk
Kinross Area Office	Tel: 01577 862351
21 High St, Kinross	
Customer Service Centre	Tel: 01738 475000
(Mon to Fri, 8am-6pm)	
Out of Hours Emergencies	Tel: 01738 625411
(Roads, flooding, environmental health and dangerous buildings)	
Clarence (for non-emergency road and lighting defects)	Tel: 0800 232323

Milnathort Community Council

The composition of Milnathort Community Council as of the election of 24 June 2010 is as follows:

Bruce Hamilton (Chairman)	Newhill Farm, Glenfarg
David Cottingham (Vice Chair)	Middleton House, Milnathort
Joseph Giacomazzi (Secretary)	1 Greenburn Field, Milnathort
Lynne Bennet (Treasurer)	1 Reid Crescent, Milnathort
Patrick Milne-Home	Craigow, Milnathort
Sandy Smith	21 Church Street, Milnathort
Robert Halford	Nether Tillyrie Cottage, Nether Tillyrie, Milnathort
Dorothy Thomson	Tillyrie House, Milnathort

Thursday Group

This is a Women's Group which meets the first Thursday of each month in the Lower Hall, Church Centre. Meetings are usually talks on various subjects, ending with refreshments and a chance to talk to friends. New members would be made very welcome. If interested, contact 01577 863625.

Forthcoming meetings: 5 May, 2 June

Blythswood Care

Sainsbury's Car Park
(if car park is full, van will park nearby, e.g. Park & Ride or Oehil View)

Tuesday 17 May
between 10.30 am and 11 am

Further details from 862258

Mindspace



Mindspace is the counselling service for Perth Association for Mental Health (www.pamh.co.uk). We have Young People's Counsellors working in Kinross one day a week. Clients can self-refer via email to info@mindspacepk.com; by telephone on 01738 631639, or by visiting our website at www.mindspacepk.com and filling in a referral form. Clients can also be referred by their GP. Mindspace also offers counselling to adults (18+) at their offices in Perth.

Loch Leven Community Campus Partnership

As a member of the Community, your views and ideas in the development of this facility can be represented through the Partnership.

Contact the Loch Leven Community Partnership on campuspartnership@kinrosshigh.pkc.sch.uk

English as a Second Language

Free
Local
Friendly
Support

With
English for
Speakers of
Other Languages

Would you like to improve your ability to:

- ↓ Talk to friends and neighbours
- ↓ Understand what people say to you
- ↓ Give information
- ↓ Talk on the phone
- ↓ Fill in a form
- ↓ Apply for a job

For further information please contact:



Roseanne Gray
Adult Literacy Worker
Loch Leven Community Campus
Email: rgray@pkc.gov.uk
Tel: 01577 867216



ADULT LITERACY & NUMERACY

Free local and friendly support

With reading • writing • spelling • numbers

"I can enjoy books now"
 "I feel more confident"
 "Filling in forms is less scary!"
 "I passed my driving test"

If you would like further information please contact:



Roseanne Gray
Adult Literacy Worker
Loch Leven Community Campus
Email: rgray@pkc.gov.uk
Tel: 01577 867216



Community Councils

Kinross: Secy: Mrs M Scott (01577) 862945

KinrossCommunityCouncil@pkc.gov.uk

Cleish & Blairadam: Secy: Mrs M Traylor (01383) 830059,

CleishCommunityCouncil@pkc.gov.uk

Milnathort: Secy: Mr J Giacomazzi (01577) 864025

MilnathortCommunityCouncil@pkc.gov.uk

Fossoway & District: Secy: Trudy Duffy -Wigman (01577) 840669,

FossowayCommunityCouncil@pkc.gov.uk

Portmoak: Secy: Mr J Bird (01592) 840368,

PortmoakCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 MuirGrove	
David Colliar	10 Rannoch Place	864037
Dave Cuthbert	Highfield Circle	861001
Barry M Davies (Vice Chair)	60 Lathro Park	865004
Bill Freeman	64 Muirs	865045
Ian Jack (Treasurer)	Burnbrae Grange	863980
Laura Mackay	Brunthill Farm	07872 499145
Dot Mackay	29 Green Park	864635
Margaret Scott (Secy)	21 Ross Street	862945
Campbell Watson (Chair)	7 Gallowhill Gardens	861544
David West	9 Leven Place	07824 313974

Perth and Kinross Councillors

Kathleen Baird, Easter Clunie, Newburgh, Fife, KY14 6EJ

Tel (home): 01337 840218.

Email: kbaird@pkc.gov.uk

Michael Barnacle, Moorend, Waulkmill Road, Crook of Devon,

Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516.

Email: Michael@mabarnacle.freeserve.co.uk

Sandy Miller, c/o Perth & Kinross Council, 2 High Street, Perth,

PH1 5PH. Tel (business): 01577 840462.

Email: SMiller@pkc.gov.uk

William Robertson, 85 South Street, Milnathort, Kinross,

KY13 9XA. Tel (home): 01577 865178.

Email: wrobertson@pkc.gov.uk

Kinross Recycling Centre, Bridgend

Opening Times: **Mondays to Fridays 9am to 7pm**
Saturdays and Sundays 9am to 5pm

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil, Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions & Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal, Paper, Phone Directories, Plastic Bottles, Textiles, Wood, Bicycles.

Fossoway and Cleish Community Office

A service for the Community, open:

Thursdays 2 pm - 4 pm

Saturdays 10am -12 noon

Out of hours there is an answering machine

Tel: 01577 840185 Email: fcco@btinternet.com

Regular Library Sessions for Young Children

At Loch Leven Community Library.

No need to book, just come along.

Story Telling

every Monday morning 10.15 – 10.45 am

and every Thursday afternoon 2.15 – 2.45 pm

Bookbug Rhymetimes

every Saturday 10.30 – 11 am

and every second Wednesday 2.00 – 2.30 pm

(next Wed session: 4 May)

Bookbug Library Challenge: For children aged 0 to 4: On each visit to the library, children are given a sticker. After collecting four stickers, they are awarded a certificate.

Member of Parliament for Ochil & South Perthshire Constituency Gordon Banks MP

www.gordonbanksmp.co.uk

Email: constituency@gordonbanksmp.co.uk

For dates and locations of regular advice surgeries, or to raise any concerns you may have, please contact the constituency office: telephone 01259 721536, fax 01259 216761 or write to 49-51 High Street, Alloa, FK10 1JF.

Members of the Scottish Parliament

The Scottish Parliament was dissolved on 23 March 2011 prior to the Scottish Parliament Election to be held on **Thursday 5 May**.

We will provide information on the Members of the Scottish Parliament for this area in the next available issue of the Newsletter after the election, i.e. the June issue.

Mobile Library – Blairingone and Milnathort Every Second Wednesday

Next visits: **Wednesday 4 and 18 May**

Blairingone	9.30am - 9.45am
Westerloan, Milnathort	2.10pm - 3pm
Bridgefauld Road, Milnathort	3.05pm - 4pm

Any queries telephone AK Bell Library 01738 444949

Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ

Telephone: 01577 867205

Email: lochlevenlibrary@pkc.gov.uk

Opening Times

Monday	10am – 6pm
Tuesday, Wednesday, Thursday	10am – 8pm
Friday	10am – 6pm
Saturday	10am – 3pm

The Café

We invite you to join us at the Millbridge Hall between the hours of 11am and 1pm every Thursday. Tea, coffee, snacks or even lunch available (and you won't believe the prices!) Please drop in for a warm welcome in a very friendly atmosphere. All you have to do is simply turn up!

(The Cafe is brought to you by Kinross Christian Fellowship working together with Kinross Healing Rooms.)

School Holidays, Academic Year 2010 - 2011

Academic year	Wed 18 Aug 2010	-	Fri 1 Jul 2011
Spring Holiday	Mon 4 Apr 2011	-	Fri 15 Apr 2011
Easter Break	Fri 22 Apr 2011	-	Mon 25 Apr 2011
In Service Day	Tue 26 Apr 2011		
May Day	Mon 2 May 2011	(tbc)	

Dyslexia Drop-in Session

Last Tuesday of the month, 6.30pm

Loch Leven Community Library

A local branch of Dyslexia Scotland

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

Linda Freeman

Tel: 01577 865045. Email: linda.freeman64@tesco.net

Kinross-shire *Day Centre*



Table Tennis • Videos • Cards • Dominoes
Daily Papers • Chiropody • Trips • Exercises

Weekly Programme

Monday	Elderberries	1.30 pm		
Tuesday	Bingo	1.30 pm		
Wednesday	Morning Service	10.45 am,	Quiz Afternoon	1.30 pm
	Dominoes	1.30 pm	Scrabble	1.30 pm
Thursday	Art Class	1.30 pm,	Film Afternoon	1.30 pm
	Dominoes	1.30 pm		
Friday	Scrabble	1.30 pm	Dominoes	1.30 pm

Additional Events for May

AGM
Barge Trip

Tuesday 17th at 1.30 pm
Wednesday 19th at 11.30 am

Public Holiday

Could you please note that the Day Centre will be **CLOSED** on Monday 2 May

Annual General Meeting will be held on Tuesday 17 May at 1.30pm

All interested parties are welcome. Agenda includes approval of accounts and appointment of committee.



Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily
Telephone: 01577 863869

LOCAL CHEMIST INFORMATION



Rowlands Pharmacy, Kinross

(opposite David Sands)

Mon - Fri: 9.00 am - 6.00 pm

Saturday: 9.00 am - 5.00 pm

Tel: 862422

Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm &

2.00 pm - 6.00 pm

Saturday: 9.00 am - 12.30 pm

Tel: 862219

Sundays: The nearest open pharmacy is Asda, Dunfermline



Kinross-shire Volunteer Group and Rural Outreach Scheme

Registered Charity No. SC015642

Charges to service users (as at 1/10/10)

Perth, Dunfermline, Kirkcaldy	£10
Stirling	£12
Dundee, Edinburgh	£18
Stracathro	£25
Loch Leven Health Centre, Kinross/Milnathort	£3
Loch Leven Health Centre, outreach area	£5

Co-ordinator: Ann Munro 01577 840196.



Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross. The next visits are:

10 and 24 May

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 450580; Appointment line 01738 450581.



Kinross-shire Fund

Grants available for local community projects



e.g. Events, Information, Transport, Welfare, Physical Amenities, Recreational Facilities, Support for Care of the Elderly, Voluntary Organisations

For more information and to download an application form, see www.kinross-shirefund.org or contact Annabel Bath

on 0131 524 0300

or email Annabel@scottishcf.org

Grants and Funding Websites

www.pkgrantsdirect.com

www.scottishcf.org

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the [kinross.cc](http://www.kinross.cc) website before applying to **check whether a position is still available** (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Various part time and contract positions available, Heaven Scent, Milnathort

Contact Heaven Scent, South Street, Milnathort for more details.

Part time floor staff, Kinnairds Restaurant at Knockhill

Kinnairds at Knockhill seeks full time and part time staff working in the kitchen and floor in this busy diner/restaurant. Must have own means of travel.

Contact Andrew at Heaven Scent on 01577 865577

Live Active Leisure, Loch Leven Community Campus

Various part time positions available.

Contact company head office, Caledonia House, Hay Street, Perth, PH1 5HS Tel: 01738 492440

The Green Hotel, The Windlestrae Hotel, Kinross

Part time Food and Beverage Assistant - Monty's.

Please send your CV to Shona Wallace at the Windlestrae Hotel, or e-mail to shonawallace@windlestraehotel.com

See the Situations Vacant page on the www.kinross.cc website for more details on the above vacancies.

Classified Adverts

The Newsletter publishes items for sale listed on the [kinross.cc](http://www.kinross.cc) website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter.

Items for Sale

Walking frame **£20.00**

Description: Lightweight adjustable zimmer with front wheels and detachable caddy for safe and independant transport of personal items.

*Seller Details: Carol McIntyre 01577 861659
dugaldmci@aol.com*

Husqvarna Self-Drive Lawn Mower **£230.00**

Description: 18" cut with autostart. As new and serviced. Can deliver.

*Seller Details: Richard Rutherford 01577 861602
ccruth@turfhills.fsnet.co.uk*

Kitchen Appliances **£50 each ONO**

Description: Indesit Washing Machine; Whirlpool Tumble Dryer; Bosch Dishwasher All in good working order with user manuals. Collection Only.

*Seller Details: Louise Blackwood 07765 617433
blackwoodlogo@hotmail.com*

Makita 240v Router 3612 **£150.00**

Description: Brand new top quality router. Unwanted gift, still in box, unused. rrp £250+

Seller Details: Danny, danny.loughney@googlemail.com

Bathroom Taps Set **£60.00**

Description: Chrome Bath mixer tap set with shower attachment. Also included is a matching set of sink taps. Mint condition.

Seller Details: Danny, danny.loughney@googlemail.com

1 X Gents and 1 X Ladies Bicycles **£50.00 each**

Description: 1 x Gents and 1 x Ladies Mountain/road bicycles. Gents never used. Ladies used twice. Universal X2ATB

*Seller Details: Marie Young 01577 865205
raymaryoung7@onetel.com*

Dora the Explorer girls bike **£40.00**

Description: Second hand girls bike suitable for ages 3-6, hardly used. Also girls cyde helmet.

*Seller Details: Donald Fraser 07883 021588
donfraser@tiscali.co.uk*

Flymo Turbo Compact 350 Vision **£30.00**

Description: Second hand hover mower, reasonable condition.

*Seller Details: Donald Fraser 07883 021588
donfraser@tiscali.co.uk*

Dan Childs Highchair **£35.00**

Description: Natural wood

*Seller Details: John Louden 01577 863171
tractor1@hotmail.co.uk*

Ladies Bike Gemini **£40 ono**

Description: Pink

*Seller Details: John Louden 01577 863171
tractor1@hotmail.co.uk*

Garden Gazebo (Green) **£35**

Description: Zipped side and window

*Seller Details: John Louden 01577 863171
tractor1@hotmail.co.uk*

Freezer - counter top size **£20**

Description: Buyer collects

*Seller Details: Pauline Watson 07877 840347
pauline@thegreyhouse.co.uk*

For more classifed adverts see the Classified page on the www.kinross.cc website.

Life Drawing

with tutor Simon Reekie
www.simonreekie.com
in Loch Leven Community Campus,
Muir, Kinross KY13 8FQ

4th May – 8th June

Wednesdays 7-9pm

£50

To book
please send a cheque
payable to
Perth & Kinross Council
with your contact details
(tel / postal address & email)
to:
Arts Development,
Blackfriars, North Port,
Perth PH1 5LU

For Enquiries
07960851327

First come
first served

All abilities welcome. Easels & basic materials provided.
Subject to a minimum 11 participants.

Note: we are unable to offer a concessionary rate as this course
is extra to the usual PKC provision.



Looking for a band for your Procession or Gala Day?

The Forth Bridges Accordion Band (Bo'ness) is the only
community marching accordion band in Scotland.

For more details please visit
www.forthbridgesaccordionband.webs.com

Diary

*A more extensive and regularly updated
Diary of Events can be found on www.kinross.cc*

April			Page
Sat	30	Bishopshire Horticultural Society Plant Sale, Portmoak Hall, 10am-2pm	
Sat	30	A Night to Remember in aid of MND, Windlestrae Hotel	
Sat	30	Blackheart concert	89
Sat	30	Spring Tea and Fossoway Art Exhibition	96
May			Page
Sun-Mon	1-2	Annual Fossoway Art Exhibition	96
Tue	3	Children 1st AGM	96
Tue	3	Fossoway & District CC meets	33
Tue	3	Pilgrimage to the Holy Land slide show, Fossoway Church Hall	90
Wed	4	Mobile library visits Kinross-shire fortnightly	101
Wed	4	Kinross CC meets	22
Wed	4	Life Drawing classes begin at campus	103
Wed	4	Kinross in Bloom Quiz Night	54
Thu	5	Fifty Plus Group meets in Parish Church	54
Thu	5	Thursday Group meets	98
Thu	5	Election Day	4
Sat	7	Ceilidh, Portmoak Hall	96
Sat	7	Boys Brigade Coffee Morning, Church Centre	96
Sat	7	Milnathort Filmhouse: Sex and the City	97
Sat	7	Ceilidh, Portmoak Hall	96
Sun	8	Dobbies Little Seedlings Club	46
Sun	8	Walking with Birds, RSPB guided walk	81
Tue	10	Portmoak CC meets	29
Tue	10	Citizens Advice Bureau visits Kinross twice monthly	102
Thu	12	Milnathort CC meets	26
Fri	13	Gaberlunzie in concert at Kinross Parish Church	7
Fri	13	Boys Brigade Annual Display and Awards	38
Sat	14	Loch Leven Half Marathon	71
Sat	14	Feel Good Fair at the Half Marathon	46
Sun	15	Kinnesswood in Bloom Decking Sale	53
Mon	16	NEWSLETTER DEADLINE	1
Mon	16	Cleish & Blairadam CC meets	33
Tue	17	Blythswood Care collection	98
Tue	17	Common Grounds Project Lunch	50
Tue	17	Kinross-shire Day Centre AGM	102
	18-29	Perth Festival of the Arts	7
Wed	18	Burleigh Botany with SNH	81
Thu	19	Shop at the Green Mid Season Sale	16
Thu	19	KVG-ROS Annual General Meeting	96
Sat	21	Intermediate photography course at Vane Farm	81
Sat	21	Spring Fayre in Church Centre, Kinross	96
Tue	24	Friends of Kirkgate Park Special General Meeting	97
Wed	25	Findatie Botany with SNH	81
Fri	27	Deadline for campus block bookings	3
Fri	27	KLEO film at campus: 'Tangled'	46, 96
Fri	27	Rugby Club Dinner	72
Sat	28	Plant sale at Potager Garden	46
Sat	28	Cleish Church Summer Sale and Fete	97
Sat, Sun	28, 29	Optics weekend at Vane Farm	81
Tue	31	Potager Garden AGM	46, 96
Tue	31	Dyslexia Drop-in session	101
June			Page
Wed	1	Nomination deadline - KHS Young Persons of the Year award	11