

Swansea Ramblers

*wrth galon cerdded
at the heart of walking*



**y cerddwyr
ramblers cymru**

Winter Programme



October 2018 to March 2019

www.swansearamblers.org.uk





Swansea Ramblers wish to thank our walk leaders for providing walks for this programme. Without volunteers, a programme of walks would not be possible. If any member would like to learn how to lead, please contact a walks coordinator.

Swansea Ramblers

www.swansearamblers.org.uk

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Front Cover Photograph: *Evening walkers leaving Pennard Castle*

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About Swansea Ramblers

Swansea Ramblers, (*originally West Glamorgan Ramblers*) was formed in 1981. We always welcome new walkers to come and share our enjoyment of the countryside. We organise long and short walks varying from easy to strenuous across a wide area of South and Mid Wales, as well as Gower and Swansea. Our social events throughout the year offer opportunities to socialise and make new friends.

Programme of walks: We have long, medium & short walks to suit most tastes. The summer programme runs from April to September and the winter programme covers October to March. A copy of the programme is supplied to members but should you require an additional programme, this can be downloaded from our website.

Evening short walks: These are about 2-3 miles and we normally provide these popular walks once a week in the summer.

Monday Short walks: These are 2-3 mile easier walks as an introduction to walking and prove popular with new walkers.

Weekday walks: We have one midweek walk each week. The distance can vary from week to week, as can the day on which it takes place.

Saturday walks: We have a Saturday walk every week that is no more than 6 miles in length and these are a great way to begin exploring the countryside. Many new walkers find these a good introduction to the group. Occasionally, in addition to the shorter walk, we may also provide a longer walk.

Sunday walks: These are usually longer, more challenging walks for the experienced walker but we also provide some shorter, easier walks.

Social events: These include events such as meals out or coach trips. This is a great way to meet and get to know your fellow walkers. Details are emailed to members nearer the time (*so please make sure you have added your email address at <https://www.ramblers.org.uk/login> and ticked the three consent boxes to allow us to contact you*).

Weekends away: These are very popular events and take place at least once a year. Details are emailed to members (*so please make sure you have consented as described above*).

Swansea Ramblers Website: www.swansearamblers.org.uk

On the website, you'll find lots of interest and photographs of previous walks. For many new members, this is their first introduction to our group and part of the reason they choose to walk with us.

Swansea Ramblers is part of the GB Ramblers Association

Ramblers' Association is a company limited by guarantee, registered in England and Wales. Company registration number: 4458492. A registered charity in England & Wales, no: 1093577. Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.

What we do for walking in Swansea

Reporting blocked paths: We liaise with the council to resolve path issues. If you find a blocked path you should first report it to the council. Contact details and the number of the path can be obtained from <http://www.swansea.gov.uk/rightsofwaymap>. If the issue is not resolved, we can be contacted via footpathsAT*swansearamblers.org.uk.

We make a difference to our walking environment: We work with Swansea Council to ensure paths remain open for you to use and we have a regular team of volunteers who clear paths with the council throughout the year. You are welcome to volunteer to join a work party and make a practical difference to walking in the area. Swansea Ramblers, as a walking charity, takes part in discussions to improve access to the countryside, encourages more people to improve their health by taking up walking and we have been involved in creation of walking routes such as the Gower Way and the Wales Coast Path. If you would like to be involved in the running of Swansea Ramblers or maybe our Glamorgan Area council of local Ramblers' groups, please let us know.

Practical training: For anyone interested in helping us to provide more walks for fellow members, we are always happy to help you learn how to lead a walk. Just ask one of us on a walk or contact one of the committee. Occasionally, we are able to provide training courses run by Ramblers GB or Swansea Council.

Keeping in touch with us

Receiving information from us: If you have given your consent to receive information from us (<https://www.ramblers.org.uk/login.aspx>), then we will email newsletters, the walks programme and any last minute changes to walks, e.g. if bad weather causes a cancellation. We also email other information such as our popular social events. Every six months we also post out the programme. When you go online to let us know you want these updates, please ensure you tick all three contact boxes so we can keep in touch by email, post and telephone.

Walking with us

Publicity photographs/video: Photographs and video are taken on most walks and may be used to publicise Swansea Ramblers on Television, the Internet and in periodicals such as: Evening Post, What's On, Swansea Life, etc. At the start of every walk we will ask the group for verbal confirmation if they agree to appear in our publicity material. If you **do not wish to appear** in these publicity materials then please let the leader/photographer know **each time** you join a walk. Do not rely on the photographer remembering your preferences from a previous walk.

What do I do to start walking with Swansea Ramblers?

Many people are put off by the thought of meeting a large group of strangers for the first time. Swansea Ramblers are a friendly group that welcomes new walkers so just come along and walk with us.

You could just try out the shortest walks first and take it from there. You don't have to pre-book, just come along and enjoy. The Saturday six-mile walks (around three hours) are the most popular but if you prefer shorter walks, these are also available. The longer walks can be at a brisker pace so if you are unsure of your fitness level, just contact the leader first to discuss if the walk is suitable for you.

The first three walks with us are FREE so you can see if you like walking with us. If you do find you have enjoyed those walks and would like to do more, we will be pleased to invite you to become a member of our charity, (which promotes walking for the wellbeing of the public). Membership can be set up online from our website or you can ask us for a membership form. Your Ramblers area will be 'Glamorgan'.

Additional advice about joining a walk

- Meeting for the walk - The start point of a walk is usually given in the programme in addition to the meeting point. In exceptional circumstances, for example bad weather, the leader may need to cancel the walk. **The leader will only inform those present at the meeting point.** Anyone intending to travel directly to the start point is advised to contact the leader to confirm that the walk will go ahead.
- Walk gradings are provided as a general guide only. If you have any doubt about your fitness for a particular walk please contact the organiser or leader in advance.
- Bear in mind the distance of the walk, regional differences in terrain and possibility of bad weather can make a walk more difficult than planned.

- If you're unsure of your fitness level, try a short and easy walk first - it's much better to find a walk a little too slow and easy than to make yourself miserable and exhausted.
- Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.
- You will need suitable footwear and clothing, enough food and drink plus a small First Aid pack. While the safety of members is always of paramount concern, accidents may occasionally occur so please carry ID and contact numbers. It is also important to appreciate that you have a responsibility for the safety of both yourself and fellow walkers.

Walks are graded as follows:-

- **Easy Access** - walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections, please contact the leader running the walk for details.
- **Easy** - walks for anyone who does not have a mobility difficulty, a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.
- **Easy/Moderate** - walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.
- **Moderate** - walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.
- **Strenuous** - walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness should contact the organiser or leader in advance.

Using Public Transport

Members are encouraged to plan/attend walks using public transport. Information from Traveline Cymru (Tel: 0871-200-22-33) and online at: <http://www.traveline-cymru.info/> and <http://www.baytrans.org.uk/>.

Car Sharing

Please note that we cannot guarantee it will always be possible to provide a lift to the start of the walk, so we strongly recommend that if you are walking regularly with us, you pre-arrange to travel with a fellow walker.

If a driver is available to offer a lift to a participant without a car, we suggest a voluntary contribution is made to cover the costs of the driver and as a guide, we recommend a donation of £5 for a journey up to 20-miles and pro-rata for distances over that mileage. Where more than one individual accepts a lift in the same car, they may equally contribute to the suggested donation, so reducing the cost to the individual. Please ensure you bring with you a change of footwear and clothing to avoid mud being transferred to the interior of the car.

Please be aware: After a walk, the driver may intend either to remain in the walk area to have refreshments & socialise with the group OR may wish to return home immediately after the walk, so please confirm and respect the driver's wishes before accepting a lift.

Walking Etiquette –Safety at all times!

We are all responsible for our own safety **and** that of others on the walk. We need to keep together and not stride out ahead of the leader or force the pace. Participants should not leave the group during the walk without reference to the leader or the back-marker. This may cause the walk leader (& emergency services) to waste time looking for you!

Dogs on walks

Four-legged companions are welcome where we do not go near livestock. Please check the walk entry to see if dogs may come on a particular walk. Unfortunately, farm animals can be disturbed even by the presence of a well-behaved dog on a short lead, so it remains a leader's decision whether they think a walk is unsuitable for dogs. To ensure safety of other walkers and to prevent dogs chasing animals, **all dogs must remain on a non-extendable short lead.** Please also note that the majority of footpaths in the countryside will at some point cross a number of stiles where it may be necessary for an owner to lift their dog over these stiles.

Where we state '**Registered Assistance Dogs Only**', please contact the walk leader in advance to discuss your requirements. We can chat about whether the walk is suitable for a dog as it may sometimes be advisable to instead come with a companion, e.g. during the lambing season, (1st Dec. - 30th April) when unless we do not pass through farmland, it is not advisable to bring even registered assistance dogs.

Finding a meeting point

Grid reference coordinates are printed in the programme and these can be converted to Post Codes or Lat/Lon for Sat Nav using websites such as <http://gridreferencefinder.com/>. Our local website provides a link to the national walks finder on the GB website where a detailed map of the start and meeting points can be viewed.

Frequent Meeting/Start Points with Directions on Google

Meeting Point	Post Code	Grid Ref	Google Map	Lat Lon
Cefn Bryn (Arthur's Stone)	SA3 1AE	SS 490 900	http://goo.gl/maps/54OSf	51.589 -4.180
Civic Centre (County Hall)	SA1 3SA	SS 653 923	https://goo.gl/maps/94sYZ	51.614 -3.946
Cross Hands (Co-op Car Park)	SA14 6RE	SN 565 130	http://goo.gl/maps/KBGEP Mon-Sat (N.B. Locked Sundays after store closes)	51.797 -4.081
Cross Hands (Heol Parc Mawr)	SA14 6RE	SN 568 128	https://goo.gl/maps/FshsVNt1jg12 Sundays (Northern road just to east of Co-op)	51.796 -4.076
Cwm Ivy (Llanmadoc)	SA3 1DJ	SS 440 935	http://goo.gl/maps/rgx5p	51.619 -4.255
Dunvant (Cycle path)	SA2 7TB	SS 594 938	http://goo.gl/maps/SGkj6	51.626 -4.032
Go Outdoors (Llansamlet)	SA7 9DE	SS 682 974	http://goo.gl/maps/9nQTK	51.659 -3.906
Gowerton (B4295 CP)	SA4 3BP	SS 591 964	http://goo.gl/maps/TO4zn	51.649 -4.037
Green Cwm (Park Wood)	SA3 2EH	SS 538 896	http://goo.gl/maps/uNdis	51.586 -4.111
Guildhall <i>(Guildhall meeting point is in Francis Street between Guildhall & Victoria Park)</i>	SA1 4NP	SS 643 923	http://goo.gl/maps/BcNgB	51.613 -3.961
Gwyn Arms (Lay-by)	SA9 1GP	SN 846 165	http://goo.gl/maps/5lh9q	51.835 -3.677
Killay (Railway Inn)	SA2 7DS	SS 598 923	http://goo.gl/maps/RGDpr	51.613 -4.027
Llanrhidian (Dolphin)	SA3 1ER	SS 497 923	http://goo.gl/maps/C9qV9	51.609 -4.172
Penmaen (Rose Cottage)	SA3 2HJ	SS 526 884	http://goo.gl/maps/CJrc6	51.576 -4.128
Pontrhydyfen (Rhyslyn)	SA12 9RU	SS 800 942	https://goo.gl/maps/sFur4KP65e12	51.633 -3.735
Rhossili	SA3 1PP	SS 414 880	http://goo.gl/maps/S9NYYE	51.569 -4.289
Tankeylake (Llangennith)	SA3 1JT	SS 435 916	http://goo.gl/maps/4gd4l	51.601 -4.260

October

Advance Notice

Sunday 2nd December

Organiser: Lynne Esson

Tel: 01792-845845

Description: Our popular annual dinner takes place on Sunday 2nd December and you will need to book with Lynne by **31st October**. This year, there will be no pre-meal walk, just come along and enjoy the social.

Social Event

Ramblers' Christmas Dinner

Advance Notice

Saturday 15th December

Leader: Andrew Morgan

Tel: 07719-409504

Description: Our popular Bethlehem walk, meal and social takes place on Saturday 15th December. Please book with Andrew by **1st December**.

Social Event

Bethlehem

Monday 1st October

Gowerton and Duvant

One of a Series of Easier Walks with Friends

Leader: Peter Jones

Tel: 07840-542048

4 miles

Easy

Estimated finish time: 12.15 p.m.

Description: A walk along the cycleway to Duvant square and return via 'Donkey Lane' (which may be muddy).

Meet: Meeting Place:

Dogs remain on short leads

10.00 a.m. Gowerton: Car park on B4295 (*see frequent meeting points*)

GR: SS 591 964

Wednesday 3rd October

Rail Ramble:

Pantyffynnon to Pontarddulais

Leader: Richard Beale

Tel: 07505-974986

9 miles

Moderate

Description: We will walk from the station in Pantyffynnon up into the hills to join St. Illtud's Walk near Cwm Cerdinen. Once on the ridge we should have good views as we follow the trail southwards before dropping down into Pontarddulais. Bus passes can be used for his journey.

Meet: Meeting Place:

Registered Assistance Dogs Only

9.45 a.m. Pontarddulais: Rail station Car Park: (*To catch the 10.06 a.m. train to Pantyffynnon*). Check train times before travelling.

GR: SN 588 040

10.15 a.m. Pantyffynnon Rail Station Car Park

GR: SN 623 108

Saturday 6th October**Autumn Colours at Dinefwr****Leader: Myra Lewis****4 miles**

Tel: 07981-585640

Easy

Description: A gentle stroll through Coed y Castell Woods with beautiful views overlooking the town of Llandeilo. Lunch will be just below the castle entrance where again there is a wonderful panorama along the Towy Valley. Afterwards, we begin our return journey, passing the abandoned old church on the way.

Meet: Meeting Place: Dogs remain on short leads
11.00 a.m. Llandeilo: SA19 6HJ: Car park on the right of the main street

Directions: *In the main street, turn right at cross roads into Crescent Road then*

right for car park. (Parking fee applicable).

GR: SN 630 224

Sunday 7th October**Llantwit Major and Nash Point****N.B. Two walks today***Joint with Gower Society***Leader: Howard and Joan Siddle****10 miles**

Tel: 07909-770708

Moderate

Description: We'll walk along the Glamorgan Heritage Coast Path via St. Donat's and Marcross to Nash Point, using stretches of the coast path and inland fields. Opportunities to see the staggering cliffs around the lighthouse and the (remote!) chance to find a dinosaur!

Meet: Meeting Place: Registered Assistance Dogs Only
8.30 a.m. Between Guildhall and Victoria Park

(Leaders will meet group in Llantwit Major)

GR: SS 643 923

9.30 a.m. Llantwit Major: Visitor Centre Car Park (Charge)

GR: SS 967 687

Sunday 7th October**Penllergare:****N.B. Two walks today****'A Victorian Paradise'****Leader: Merfyn Williams****6 miles**

Tel: 01792-520181

Moderate

Description: A walk with no stiles! Explore Penllergare Valley Woods, the historic estate of the Dillwyn Llewellyn family which is gradually being restored to provide a wonderful green haven in an otherwise urban area of Swansea. Enjoy the woodland and lakes as we follow carriageways and other paths that lead to historic remains of the estate. Afterwards we will go for refreshments at the car park café (*opens 10.00 a.m.*). There are toilets at the side of the café building.

Meet: Meeting Place: Dogs remain on short leads
10.30 a.m. Penllergare Valley Woods Car Park

Directions: *From Penllergaer roundabout (M4: J47), take the A48 eastbound, signposted Llangyfelach and Morrision. After 200 metres, turn right into the road signposted, 'Penllergare Valley Woods'.*

GR: SS 623 992

Monday 8th October

**Pontardawe-Glanrhyd-
Llangiwch-Swansea Canal**

One of a Series of Easier Walks with Friends

Leader: Mike Clarke

Tel: 01792-843590

4 miles

Easy/Moderate

Estimated Finish Time: 1.00 p.m.

Description: A beautiful circular walk along Cwm Du to Glanrhyd. Then back down to Cwm Du and up to Llangiwch Church. Returning via woodland and the Swansea Canal. There is one set of steep steps on the route.

Meet: 10.00 a.m.
Meeting Place: Pontardawe: Lidl's car park (*permission granted*)
Dogs remain on short leads
GR: SN 722 037

Tuesday 9th October

Cowbridge and St Hilary

Leader: Steve Robson

Tel: 07758-468212

9 miles

Moderate

Description: A circular route via St Hilary and a couple of castles.

Meet: 9.30 a.m.
Meeting Place: Llansamlet: Go Outdoors Car Park
Registered Assistance Dogs Only
GR: SS 682 974
10.30 a.m. Cowbridge: Town Hall Car Park
Lat, Long: 51.462, -3.447
GR: SS 996 747

Wednesday 10th October

Path Maintenance Work Party

Co-ordinator: Steve Robson

Tel: 07758-468212

Description: On the 2nd Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.

WALK CANCELLED

Saturday 13th October

Dimbath

Leader: Paul Williams

Tel: 01656-841062

6 miles

Easy/Moderate

Description: A circular walk. Gentle up-hill in a north-easterly direction to top of the mountain then downhill to the river and return to Blackmill.

Meet: 11.00 a.m.
Meeting Place: Bridgend: Blackmill: Cattle Market car park: CF35 6DR
Dogs remain on short leads

Directions: *Travel time 45min: Leave M4 at J36 (Sarn Services). Stay in left hand lane. Take 2nd exit (sign posted Bryncethin A4061) then continue on A4061, sign posted Nantymoel. After entering Blackmill at bottom of hill, turn left after MURCO garage and before the Fox and Hounds Pub. Follow lane around back of Smithy Café and turn left to cross river bridge to enter Blackmill Cattle Market Car Park.*

Google Sat Nav Directions: <https://goo.gl/maps/NUZ56BmUgoT2>

Google StreetView: <https://goo.gl/maps/qLnyCk89LgA2>

GR: SS 933 868

WALK CANCELLED

Sunday 14th October

Hills North of Brecon

Leader: Howard and Joan Siddle

13 miles

Tel: 07909-770708

Strenuous

Description: We'll head west on the bank of the River Usk, visiting the site of Cicucium Roman Fort before crossing Mynydd Aberysgir and returning via Sarnau and Pen y Crug Hill Fort. *Joint with Gower Society*

Meet: **Meeting Place:** Registered Assistance Dogs Only

8.30 a.m. Between Guildhall and Victoria Park

(Leaders will meet group in Brecon)

GR: SS 643 923

9.30 a.m. Brecon: Promenade car park (Charge)

GR: SO 036 290

Monday 15th October

Killay and Clyne Valley

One of a Series of Easier Walks with Friends

Leader: Richard Beale

4 miles

Tel: 07505-974986

Easy

Estimated finish time: 12.00 p.m.

Description: Around Clyne Valley to discover some of its fascinating history. Afterwards we can visit the unique Railway Inn for refreshments.

Meet: **Meeting Place:** Dogs remain on short leads

10.00 a.m. Killay: Railway Inn car park

GR SS 598 924

Wednesday 17th October

Fan Llia

Leader: Nigel Hall

8 miles

Tel: 01792-232815 or 07511-637788

Strenuous

Description: After leaving the cars, a steep climb will take us onto the Beacons Way. Following the ridge we arrive above Blaen-Cwm-Du. A gradual descent leads to Sarn Helen for the return.

Meet: **Meeting Place:** Registered Assistance Dogs Only

9.30 a.m. Llansamlet: Go Outdoors Car Park.

GR: SS 682 974

10.30 a.m. Blaen Llia Picnic site

GR: SN 927 164

Saturday 20th October

AGM Walk: Llanrhidian

Followed by our AGM

Leader: Richard Beale

4 miles

Tel: 07505-974986

Easy/Moderate

Description: We will walk quiet lanes and part of the Wales Coast Path then through Llanrhidian village before returning in time for the AGM at 12 noon. We can then have with food that we'll order on the day at the bar.

PLEASE NOTE THE EARLIER START TIME FOR THIS WALK

Meet: **Meeting Place:** Dogs remain on short leads

9.30 a.m. Llanrhidian Holiday Park, SA3 1EU

GR: SS 509 933

Saturday 20th October

Swansea Ramblers' AGM

Followed by a meal in Purple Badger

Organiser: Lynne Esson

Tel: 01792-845845

Description: After this morning's walk, (*see entry above*), we'll hold our Annual General Meeting in the Purple Badger at Llanrhidian Holiday Park then have a meal together from the bar menu. We look forward to as many members as possible attending.

This year's meeting is important as we need a new chair to replace our sadly missed chair of many years, Vernon Davies.

We will have a speaker: Angela Charlton, Director of Ramblers Cymru will give us a talk about Ramblers in Wales and encouraging more people to walk with us.

Meet: Meeting Place:

12.00 p.m. Llanrhidian Holiday Park, SA3 1EU

Google Directions: <https://goo.gl/maps/1tmBQpkW1FH2>

GR: SS 509 933

Sunday 21st October

Bloreng and Mynydd Garnfawr

Joint with Gower Society

Leader: Tim Gronow

Tel: 07710-231630

9 miles

Strenuous

Description: A moorland and farmland walk near Blaenavon crossing both The Bloreng and Mynydd Garnfawr.

Meet: Meeting Place: Registered Assistance Dogs Only

9.00 a.m. Between Guildhall and Victoria Park GR: SS 643 923

10.15 a.m. Blaenavon: Pen-ffordd-goch (Keeper's) Pond on B4246
between Blaenavon & Govilon GR: SO 254 107

Monday 22nd October

Parkmill

One of a Series of Easier Walks with Friends

Leader: Steve Robson

Tel: 07758-468212

3.5 miles

Easy/Moderate

Estimated finish time: 12.00 p.m.

Description: A walk along Green Cwm then up to the lower slopes of Cefn Bryn. We'll go past Penmaen Church and across the road to Nott Hill for a view of Three Cliffs Bay. Return along the old road to Parkmill.

Meet: Meeting Place: Registered Assistance Dogs Only

10.00 a.m. Parkmill: Park Wood car park (*turn right immediately after the Gower Heritage Centre & follow narrow lane to car park*)

GR: SS 538 896

Tuesday 23rd October**Afan Argoed****Leader: Richard Coombs****7 miles**

Tel: 07422-534365

Moderate**Description:** A circular walk to Cymmer using solid paths. Up one side of the valley, back along the other side.**Meet: Meeting Place:**

Dogs remain on short leads

10.00 a.m. Ponrhydyfen: Rhyslyn Car Park

Directions: *M4: Jct. 40: Take A4107 then turn left on B4287. Car Park is signposted from under viaduct. Google Sat Nav: <https://goo.gl/maps/sFur4KP65e12>*

GR: SS 800 942

Saturday 27th October**Porthcawl****Leader: Gerti Axtmann****6 miles**

Tel: 01792-296418 or 07919-626478

Moderate**Description:** We start at Newton then walk towards Nottage via two lakes and 'The Wilderness'. From there we follow a cycle path towards Lock's Common to join the Wales Coast Path. The return will be along Rest Bay Beach towards Porthcawl Lighthouse, Sandy Beach and back to Beach Road via Trecco Bay. At the end of our walk, 'The Ancient Briton' is waiting for us!**Meet: Meeting Place:**

Dogs remain on short leads

10.00 a.m. Between Guildhall and Victoria Park

GR: SS 643 923

11.00 a.m. Porthcawl: Beach Road: The Ancient Briton Pub

Directions: *Leave M4 at Junction 37 and drive towards Porthcawl. Follow the signs for Newton/Trecco Bay. Drive up Clevis Crescent towards Beach Road. Park your car after the Playground either left or right on Beach Road. Parking is free. At the beginning of Beach Road you find 'The Ancient Briton' Pub on your right. Post Code is: CF36 5NT*

GR: SS 836 775

Sunday 28th October**Killay and Dunvant Circular****N.B. Two walks today****N.B. GMT starts today****Leader: Richard Beale****11.5 miles**

Tel: 07505-974986

Moderate**Description:** We will walk down Clyne Valley then ascend onto Clyne Common to cross the golf course. Our route will continue to Upper Killay and Dunvant before climbing over the Hendrefoilan Ridge and back via Killay. Once on the ridge we should have good views.**Meet: Meeting Place:**

Registered Assistance Dogs Only

9.00 a.m. Killay: Railway Inn Car Park

GR: SS 598 924

Sunday 28th October

N.B. Two walks today

Gnoll Estate & Tonna

N.B. GMT starts today

Leader: Merfyn Williams

Tel: 01792-520181

6 miles

Moderate

Description: A walk around Gnoll Estate, once home to the Evans family then the Mackworth family who both developed the country estate. We'll ascend alongside the long formal cascade then continue up to visit a second, informal one placed high on the hillside above Neath. We'll then descend to Tonna and walk along the towpath of the Neath Canal before once more ascending to pass beneath the 'Ivy Tower' that you can see from the main A465. Afterwards, we'll go for refreshments in the car park café with its views over the lake.

Meet: 11.00 a.m. **Meeting Place:** Neath: Gnoll: main car park (charge) **Dogs remain on short leads** GR: SS 766 975

Wednesday 31st October

N.B. Two walks today

Bryngarw House & Llangeinor

Leader: Paul Williams

Tel: 01656-841062

6 miles

Moderate

Description: Walk the cycle path to Bryngarw Park then a slight uphill to Llangeinor before over the mountain to return to Blackmill Car Park.

Meet: 10.30 a.m. **Meeting Place:** Blackmill: Cattle Market **Registered Assistance Dogs Only**

Directions: *Travel time 45min: Leave M4 at J36 (Sarn Services). Stay in left hand lane. Take 2nd exit (sign posted Bryncethin A4061) then continue on A4061, sign posted Nantymoel. After entering Blackmill at bottom of hill, turn left after MURCO garage and before the Fox and Hounds Pub. Follow lane around back of Smithy Café and turn left to cross river bridge to enter Blackmill Cattle Market Car Park.*

Google StreetView: <https://goo.gl/maps/qLnyCk89LgA2>

Google Sat Nav Directions: <https://goo.gl/maps/NUZ56BmUgoT2>

GR: SS 933 868

Wednesday 31st October

N.B. Two walks today

A Winter Evening Walk:

Halloween Haunting

Leader: Karen Gibbs

Tel: 07748-349264

4 miles

Easy

Description: Grab your witches' hats and broomsticks and join me on a Halloween night walk around Newton and Langland. **Don't forget your head torches.** Refreshments in a pub in Newton after the walk.

Meet: 6.30 p.m. **Meeting Place:** Newton: Junction of Highpool Lane and Highmead Avenue **Registered Assistance Dogs Only**

GR: SS 602 884

November

Saturday 3rd November

Trebanos

Leader: Al Evans

6 miles

Tel: 01792-475521

Moderate

Description: This starts on a lovely green path through woodland towards Trebanos. There is then a steep but wide path, partly on a stony surface that can be wet and muddy which climbs to Mynydd Gellionen. Return via Cwm Clydach.

Meet: 11.00 a.m. **Meeting Place:** Clydach: RSPB Nature Reserve car park **Dogs remain on short leads**
GR: SN 683 026

Sunday 4th November

Penlle'r Castell

Joint with Gower Society

Leader: John France

10 miles

Tel: 01792-547439 or 07719-829106

Strenuous

Description: Starting from the Garnswllt Activity Centre, we'll go over Pentwyn Mawr to follow St. Illtud's Walk to the remains of the Norman Castle of Penlle'r Castell. We'll then descend the Bettws Mountain road with the beautiful Amman Valley below us then a steepish climb leading across fields back to the cars. Superb views and a castle! But weather can change so good waterproofs and boots needed.

Meet: 9.00 a.m. **Meeting Place:** Between Guildhall and Victoria Park **Registered Assistance Dogs Only**
9.45 a.m. Garnswllt: Activity Centre GR: SS 643 923

Directions: *Cross M4 Junction 46 (Llangyfelach) to head north through Felindre. After descending into village, turn right uphill then almost immediately take left fork to Garnswllt. N.B. limited Parking opposite Centre; additional parking available downhill on the right hand bend. Google map: <https://goo.gl/maps/gqhde73bCZz>*

GR: SN 629 085

Monday 5th November

Swansea Canal and the River Tawe

One of a Series of Easier Walks with Friends

Leader: Mike Clarke

4 miles

Tel: 01792-843590

Easy

Estimated Finish Time: 12.30 p.m.

Description: A linear walk from Pontardawe to Clydach & back along the riverside & Swansea Canal. Afterwards we'll go for refreshments at the Pontardawe Inn ('The Gwachel').

Meet: 10.00 a.m. **Meeting Place:** Pontardawe: Pontardawe Inn **Dogs remain on short leads**
Parking area along the cul-de-sac, immediately opposite the front of The Inn or further along beneath the dual carriageway. GR: SN 725 037

Thursday 8th November**Horton – Oxwich - Horton****Leader: Sue Lyle****6 miles**

Tel: 07817-656623

Moderate

Description: The walk starts and ends in the village of Horton. There is one short, sharp pull up some steps cut into the hillside in the Oxwich Nature Reserve then a steep descent to Oxwich Church. The walk covers coastal paths, fields, woodlands, green lanes and tarmac lanes. We will stop for lunch at Oxwich Bay. Opportunities to buy lunch at the hotel there. We come back through Oxwich Green and through the fields back to Horton.

Meet: Meeting Place: Dogs remain on short leads
10.30 a.m. Horton Car Park (Pay and Display) Toilets on-site

GR: SS 474 856

Saturday 10th November**Glamorgan Area AGM****Leader: Bill Fawcett or Mike Holley****5 miles**

Tel: 01446 773405 or 07831 611524 (Bill)

Easy/Moderate

Tel: 01446 774867 or 07443 524278 (Mike)

Description: Every year, we meet up again with fellow Rambling Groups from the old ceremonial County of Glamorgan. We'll catch up with old friends, have a walk then the Area AGM will start at 2 p.m. The walk will go at a leisurely pace through the lovely countryside of the Vale of Glamorgan. Bring a packed lunch and enjoy the walk then the get together afterwards.

Meet: Meeting Place: Registered Assistance Dogs Only
9.20 a.m. Between Guildhall and Victoria Park GR: SS 643 923
10.30 a.m. Welsh St Donats: Cornell Cross: Community Hall, CF71 7SW
(Near Cowbridge, about 50 minutes from Swansea)

Directions: Take M4 East to Junction 34. Take 3rd exit to travel south. Turn right to pass by Hensol Golf Course, heading for Welsh Donats. Turn left at cross roads for 'Bonvilston/Tresimwn 3'. The hall is a short distance down road. N.B. Check route with Google Sat Nav Directions: <https://goo.gl/maps/6vho1ZwEFF22> before travel

Lat, Long: 51.475, -3.390 GR: ST 035 761

Sunday 11th November**Armistice Day***Joint with Gower Society***Leader: Nigel Hall****12 miles**

Tel: 01792-232815 or 07511-637788

Moderate

Description: Starting from the Lido car park, we walk to the Swansea War Memorial to observe the commemorations at 11 o'clock. This will mark 100 years since The Great War ended. Continuing along the front to the Tawe, we will pass the WW2 anti-aircraft gun before climbing up to the mast on Kilvey Hill. Return will be via the Merchant Navy Memorial near the Prince of Wales Dock.

Meet: Meeting Place: Registered Assistance Dogs Only
10.00 a.m. Blackpill: Lido car park (pay & display) GR: SS 619 908

Tuesday 13th November**Scurlage and Port Eynon****Leader: Edmund Sides****9 miles**

Tel: 07496-706858

Easy/Moderate

Description: A circular walk which will include views of the Gower from the Hill's Trig Point (weather permitting), cliffs above Paviland Cave, the Salt House at Port Eynon and Horton. See a variety of different land uses on the Gower, both agricultural and touristic.

Meet: Meeting Place: Dogs remain on short leads
10.00 a.m. Scurlage: Junction of Monksland Road and Salisbury Close.

Note: The 118 bus leaving Swansea at 9.05 a.m. arrives at Scurlage at 9.54 a.m. Return buses from Scurlage at 4.09 p.m. & 5.08 p.m. Check bus times before travel.

GR: SS 464 876

Wednesday 14th November**Path Maintenance Work Party****Co-ordinator: Bob Denley (Steve unavailable this month)** Tel: 01792-371248

Description: On the 2nd Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.

Saturday 17th November**Pub Lunch Walk****Leader: Bob Denley****3 miles**

Tel: 01792-371248

Easy

Description: A gentle walk taking in some of Ilston, Willoxton and Green Cwms. It includes a climb up to Lunnon which we will take slowly. Expect some mud! Join us for a wide variety of food afterwards in the Gower Inn.

Meet: Meeting Place: Dogs remain on short leads
11.00 a.m. Parkmill: Gower Inn car park. (Pay & Display. *Charge is recoverable when making a purchase in the pub.*)

GR: SS 551 891

Sunday 18th November**Cefn Bryn and Horton***N.B. Three walks today**Joint with Gower Society***Leader: Howard and Joan Siddle****12 miles**

Tel: 07909-770708

Moderate

Description: A very, varied walk through heath, woodland and coast. We will take in Cefn Bryn, Mill Wood and Oxwich.

Meet: Meeting Place: Registered Assistance Dogs Only
9.30 a.m. Penmaen: Rose Cottage car park SA3 2HJ

See frequent meeting point directions GR: SS 526 884

Sunday 18th November
N.B. Three walks today

A Figure of Eight Walk
(for beginners AND regulars!)

If you would like to try walking for the first time, why not try out a morning or afternoon short walk. If you like, you could come for the morning walk then decide at lunchtime if you would like to do the afternoon walk as well. Some of our regular walkers will do both walks and enjoy a combined distance of about six miles.

Sunday 18th November
N.B. Three walks today

Penllergaer Forest
Part 1 of a Figure of Eight Walk

Leader: Andrew Morgan

2-3 miles

Tel: 07719-409504

Easy/Moderate

Description: A short walk through the forest surrounding Tircoed Village, exploring a lesser known area of Swansea. If you've not been to the forest before, you'll be surprised at the expanse of forestry and if you own a dog, the opportunities here to take it for a walk. We'll circle back to the cars for lunch, after which you have the option to join me for a second walk to explore more of the forest.

Meet: **Meeting Place:** Dogs remain on short leads

10.00 a.m. Between Guildhall and Victoria Park GR: SS 643 923

10.30 a.m. Penllergaer: Tircoed Village Centre: Behind Village Shop

Google Sat Nav Directions: <https://goo.gl/maps/QdvGvmyYkS42>

GR: SN 620 001

Sunday 18th November
N.B. Three walks today

Penllergaer Forest
Part 2 of a Figure of Eight Walk

Leader: Andrew Morgan

2-3 miles

Tel: 07719-409504

Easy/Moderate

Description: The morning walkers will have enjoyed a short walk around one part of the forest and now some of them will set off with us in a different direction to walk even more of the woodland tracks that exit the village into the forest. Come and discover an area not often visited but well worth exploring. We expect to set off at or slightly after 12.30 p.m.

Meet: **Meeting Place:** Dogs remain on short leads

12.30 p.m. Penllergaer: Tircoed Village Centre: Behind Village Shop

GR: SN 620 001

Monday 19th November

**Kilvey Hill
and Colin's Old Stomping Ground!**

One of a Series of Easier Walks with Friends

Leader: Colin Warlow

Tel: 07856-233312

4 miles

Easy/Moderate

Estimated finish time: 12.00 p.m.

Description: A walk up Kilvey Hill, taking it gradually for good views from the top, weather permitting. Then come back down a different way through St. Thomas. Colin will have some “*when I was boy*” stories to tell.

Meet: 10.00 a.m. **Meeting Place:** St. Thomas: Junction of Harbour View Road and St. Illtyd's Crescent: On-street parking. Dogs remain on short leads

GR: SS 673 935

Tuesday 20th November

Cynghordy to Llanwrtyd Wells

Leader: Tim Gronow

Tel: 07710-231630

10 miles

Moderate

Description: Farmland and forest walk between Cynghordy and Llanwrtyd Wells. **Wading of rivers involved** so bring gaiters & spare socks! Return on 8.30 p.m. train from Llanwrtyd Wells, after spending some time at the Mid-Wales Beer Festival. **Weather dependent.**

Meet: 9.15 a.m. **Meeting Place:** Swansea: High Street Train Station to catch the 9.34 a.m. Heart of Wales train. **Buy return ticket to Llanwrtyd Wells but alight at Cynghordy.** Registered Assistance Dogs Only

Note: Walk leader may join this train here **OR** at a later station. You may also like to join the same train at any station along the route. **Check train times.**

Bus passes can be used for his journey.

GR: SS 657 936

Thursday 22nd November

Llanwrtyd Wells Circular

N.B. Two walks today

Leader: Tim Gronow

Tel: 07710-231630

6 miles

Moderate

Description: Forest and farmland walk near Llanwrtyd Wells. Return on 4.23 p.m. train from Llanwrtyd Wells after spending some time at the Mid Wales Beer Festival.

Meet: 9.15 a.m. **Meeting Place:** Swansea: High Street Train Station to catch the **9.34 Heart of Wales train to Llanwrtyd Wells.** Registered Assistance Dogs Only

Note: Walk leader may join this train here **OR** at a later station. You may also like to join the same train at any station along the route. **Check train times.** Bus passes can be used for his journey.

GR: SS 657 936

Thursday 22nd November
N.B. Two walks today

**A Winter Evening Walk:
Marina by night**

Leader: Alison Broady

2 miles

Tel: 07926-285806

Easy

Description: Soak up a bit of festive atmosphere with an easy after dark walk around the Marina, taking in the bright lights of Waterfront Winterland. Afterwards we'll go for refreshments at the Swansea Yacht and Sub-Aqua Club in East Burrows Road.

Meet: Meeting Place:

Dogs remain on short leads

7.00 p.m.

Swansea Marina: End of Trawler Road: Aurora Point Car Park
SA1 1RZ (free)

GR: SS 664 924

Advance Notice

Social Evening:

Monday 14th January

**Meal and Leaders' Meeting
at The Woodman Inn**

Organiser: Lynne Esson

Tel: 01792-845845

Description: Our popular evening meal at The Woodman takes place in the New Year and you will need to book with Lynne by **1st January**.

Saturday 24th November

**Gowerton, Dunvant, &
Three Crosses**

Leader: Roger Brown & Peter Jones

6 miles

Tel: 07977-144074

Moderate

Description: A picturesque walk through fields and woodland, starting and finishing close to the Gower Coast Path in the village of Gowerton with links to the villages of Three Crosses and Dunvant. This walk takes you through former mining areas which have now become pretty woodlands then alongside a golf course and across rolling fields.

N.B. Elaine Davies is unable to lead this walk so Roger & Peter have kindly agreed to step in for her.

Meet: Meeting Place:

Registered Assistance Dogs Only

10.30 a.m. Between Guildhall and Victoria Park

GR: SS 643 923

11.00 a.m. Gowerton: Brynymor Rd: (*on-street parking, near the rear of Tesco Express*).

Directions: *Head out of Swansea via Uplands, turning right up Glanmor Hill. Continue over 2 mini roundabouts and straight on at a light controlled junction. At the next set of lights, signposted Waunarlwydd/Gowerton, turn left onto B4295 (Cwmbach Rd) then continue approx. 2 miles. Turn left at light controlled junction by the Commercial Inn then go through next lights for approx. ¼ mile.*

Google Sat Nav Directions: <https://goo.gl/maps/PvTAh3qCc8Q2>

Lat, Long: 51.6492, -4.0476 GR: SS 584 965

Sunday 25th November

Rhossili & Broughton Circular

Leader: Mark Wolle

10 miles

Ascent: 1480 ft (450 m)

Tel: 07557-478789

Strenuous

Description: From Rhossili NT Car Park, we'll follow the coast to Hillend then go through the dunes to Broughton. We'll return via Llanmadoc, Hardings and Rhossili Downs. **N.B.** *This is a Winter Walk, so **don't forget your torch.** You shouldn't need it, but better safe than sorry!*

Meet: 9.30 a.m.
Meeting Place: Rhossili: NT Car Park

Dogs remain on short leads
GR: SS 414 880

Tuesday 27th November

Southgate – Bishopston – Southgate

Leader: Sue Lyle

5 miles

Tel: 07817-656623

Moderate

Description: The walk starts and ends in Southgate, near Pennard. There is one fairly long uphill stretch out of Pwlldu Bay. The walk covers coastal paths, green lands and tarmac roads. Packed lunch needed. At the end we can have tea and delicious cakes at Three Cliffs Café.

Meet: 10.30 a.m.
Meeting Place: Southgate: National Trust Car Park

Dogs remain on short leads
GR: SS 554 874



Swansea Ramblers enjoying a moderate eight mile Sunday walk above the Rhondda Valley

December

Saturday 1st December

Llanelli's Lakes and Docks

Leader: Gail Allen

6 miles

Tel: 01792-469232

Easy

Description: We will visit North Dock, Carmarthenshire Dock, Tre-Beddrod Lake, People's Park Lake and Sandy Water Park. One section goes steadily uphill on tarmac but we can do it slowly! No stiles on this walk.

Meet: **Meeting Place:** Registered Assistance Dogs Only
11.00 a.m. Llanelli: North Dock Car Park (*charge*)

Directions: *Located by the Millennium Coastal Park Visitor Centre on the seafront, half a mile south of Sandy Water Park, signposted off the B4304 roundabout.*

Google Sat Nav Directions: <https://goo.gl/maps/CHAH1oVnPCQ2>

GR: SS 498 994

Sunday 2nd December

Social Event:

Ramblers' Christmas Dinner

Organiser: Lynne Esson

Tel: 01792-845845

Description: Our annual Christmas dinner continues to be popular with both members who enjoy the meal each year. The deadline for booking with Lynne Esson was 31st October as this event is always oversubscribed and we had to let the venue know our choices well in advance.

Once more, there will be no pre-meal walk as members prefer to dress up for the occasion. We'll meet in the Avalon Function Room around 1.30 p.m. for a 2 p.m. start. The Function Room is located through gates to the left of the main entrance to the hotel.

Meet: **Meeting Place:**
1.30 p.m. Reynoldston: King Arthur

GR: SS 481 899

Wednesday 5th December

Kidwelly: Beating The Bounds

N.B. Please note change of day (originally scheduled for Thursday)

Leader: Karen Gibbs

8.5 miles

Tel: 07748-349264

Moderate

Description: This walk skirts Kidwelly Town Centre before going inland to Mynydd Y Garreg. It then climbs up onto the hills overlooking Kidwelly with good views of Carmarthen Bay.

Meet: **Meeting Place:** Registered Assistance Dogs Only
9.15 a.m. Gowerton: Car Park near Commercial pub GR: SS 591 964
10.00 a.m. Kidwelly: The Quay Car Park GR: SN 398 064

Saturday 8th December

Coach Trip:

Bristol and Westonbirt Arboretum

Organiser: Lynne Esson

Tel: 01792 845845

Description: After the success of last year's trip to Bath, the Social Committee has arranged a trip to Bristol and Westonbirt Arboretum. In Bristol we will have time for lunch / shopping / Christmas Market. We will leave approx. 4.30 p.m. and travel to Westonbirt.

At Westonbirt Arboretum we will be taking a walk along the '*Enchanted Christmas Illuminated Trail*'. There will be free time to visit the Christmas stalls, coffee shop, listen to the choir and just take in the wonderful atmosphere of the venue.

Exact departure times from Bristol and Westonbirt will be advised nearer the time, once confirmation of our Arboretum 'Trail' time is received but we expect to leave Westonbirt around 7.30 p.m. to make the two hour return journey to Swansea.

The booking for the coach trip is now closed as booking and payment had to be made by 31st August. The early date was required as the tickets for the Arboretum had to be booked early September.

Cost of this trip was £16.00 for members & £22.00 for non-members. Cheques payable to: **Ramblers Social Fund** (*N.B. This will be non-refundable*)

Meet:

Meeting Place:

10.00 a.m. Between Guildhall and Victoria Park

GR: SS 643 923

Sunday 9th December

Graig Fawr and St. Illtud's Walk

Leader: Karen Gibbs

10 miles

Tel: 07748-349264

Moderate

Description: Following St. Illtud's walk onto Graig Fawr and then over to Gerazim Chapel. Return over Twyn Tyle.

Meet:

Meeting Place:

Registered Assistance Dogs Only

9.30 a.m. Pontarddulais: Railway station car park

GR: SN 588 040

Monday 10th December

Swansea Marina and SA1

One of a Series of Easier Walks with Friends

Leader: Colin Warlow

Tel: 07856-233312

3.5 miles

Easy

Description: A walk around the marina and SA1, looking at Swansea, past and present. Afterwards to The Queen's for refreshments with a chance to look at old photos of Swansea which are on the walls of this traditional pub.

Meet: 10.00 a.m.
Meeting Place: Swansea Marina: Outside The Queen's Hotel: (*Junction of Cambrian Place and Gloucester Place*).
Dogs remain on short leads
GR: SS 660 928

Tuesday 11th December

North Gower

Leader: Steve Robson

Tel: 07758-468212

7 miles

Easy/Moderate

Description: A wander round the footpaths of North Gower. Good views of North Gower marshes.

Meet: 10.00 a.m.
Meeting Place: Cwm Ivy Car Park (Honesty Box)
Registered Assistance Dogs Only
GR: SS 440 935

Wednesday 12th December

Path Maintenance Work Party

Co-ordinator: Steve Robson

Tel: 07758-468212

Description: On the 2nd Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.

Saturday 15th December

Book by 1st December

Bethlehem

Walk, Meal & Social

CANCELLED DUE TO WEATHER

Leader: Andrew Morgan

Tel: 07719-409504

6 miles

Moderate

Description: This slow-paced walk will explore the area around Garn Goch, one of the largest hill forts in Wales. We'll have fine views (*weather permitting!*) over the Towy Valley to the hills beyond. Afterwards, back to The Cennen Arms in Trapp for a late afternoon pub lunch (and maybe a few hymns & arias?). **Let me know by 1st December** if you are coming so I can give approximate numbers to the pub. I'll email the menu to you when you contact me so they'll know what to prepare! Pub may not allow dogs.

Meet: 9.45 a.m.
Meeting Place: Between Guildhall and Victoria Park
Dogs remain on short leads
GR: SS 643 923
11.00 a.m. Bethlehem: Garn Goch SA19 6YY

(Limited car parking. Please share cars from Guildhall).

Google Sat Nav Directions: <http://goo.gl/maps/qzjKy>

GR: SN 681 242

Sunday 16th December

Oxwich & Penrice

Joint with Gower Society

Leader: Julia Robson

Tel: 07881-307548

11 miles

Strenuous

Description: A circular walk taking in Nicholaston Burrows & Woods, Penrice Castle, Mill Wood, Slade & Oxwich. Then back along the beach to Penmaen.

Meet: 9:30 a.m. **Meeting Place:** Penmaen: Rose Cottage Car Park **Registered Assistance Dogs Only**
GR: SS 526 884

Monday 17th December

Neath Canal Resolven

One of a Series of Easier Walks with Friends

Leader: Richard Coombs

Tel: 07422-534365

4 miles

Easy Access

Estimated finish time: 12.00 p.m.

Description: We will follow the canal towpath through an area brought alive by Alexander Cordell's book '*Song of the Earth*'. Toilets available at start.

Meet: 10.00 a.m. **Meeting Place:** Resolven: Car park off A465 roundabout **Dogs remain on short leads**
GR: SN 826 030

Wednesday 19th December

A Walk Along the Swansea Canal

Leader: Colin Warlow

Tel: 01792-701984

7.5 miles

Easy

Description: Walk northwards to the end of the canal. Cross the main road to visit the Miners' Memorial. Return via the cycle path / towpath.

Meet: 10.00 a.m. **Meeting Place:** Clydach: Coed Gwilym Park **Registered Assistance Dogs Only**
GR: SN 701 016

Saturday 22nd December

Llandybie

Festival of Winter Walks

Leader: Joanna & Mike Craddock

Tel: 01269-851005

6 miles

Easy / Moderate

Description: The highlights of Llandybie: A circular walk with views of the village plus there will be a unique feature on the walk *and this is the only place to see it in mainland UK!*

Meet: 11.00 a.m. **Meeting Place:** Llandybie Rail Station Car Park **Dogs remain on short leads**
(*Extra on-street parking nearby*)

Directions: From M4 Junction 49, follow A483 through Ammanford towards Llandeilo. In Llandybie, turn right on minor road following Rail station signs.

GR: SN 620 155



A moderate eight mile Saturday walk, travelling by coach to Manorbier then walking to Tenby

Sunday 23rd December

Bryn - The 'shorter' walk!
Festival of Winter Walks

*Joint with Maesteg Ramblers
 plus Neath Port Talbot Ramblers*

Leader: Roger Brown

Tel: 07977-144074

10 miles

Moderate

Description: Walk through forestry to Llangynwyd then down to the bottom of the Valley. Return to Bryn via transmitter and Golf Club, descending parallel with the B4282. Possible refreshments at the Royal Oak Pub.

Meet: 9.00 a.m. Between Guildhall and Victoria Park
 9.45 a.m. Bryn (Near Maesteg): Forestry car park

Meeting Place: Dogs remain on short leads
 GR: SS 643 923

Directions: Exit M4 at junction 40. Take A4107 north then at traffic lights, turn right onto B4282, (signed Maesteg). Bryn is just over two miles along this road. Turn right at The Royal Oak Pub (Large Brick building on right) then drive uphill to the forestry car park.

GR: SS 818 919

Wednesday 26th December

N.B. Two walks today

Popular South Gower Beaches

A Boxing Day Walk-1

Festival of Winter walks

Leader: Clive Scott

Tel: 07771-976987

6 miles

Easy/Moderate

Description: After last year's successful Boxing Day walk, we will again follow the scenic South Gower coast path from Bracelet, visiting the bays at Limeslade, Rotheroslade, Langland and Caswell. This year Clive promises to be in Langland in time to see part of the annual Boxing Day swim!

If you do not have enough time for the full walk, why not join us at Langland for the 3-mile walk to Caswell and back (i.e. the circular, middle section of this longer walk). N.B. Parking charges apply.

Meet: **Meeting Place:** Dogs remain on short leads
10.15 a.m. Bracelet Bay (Car Park area near Limeslade) GR: SS 627 871

Wednesday 26th December

N.B. Two walks today

Popular South Gower Beaches

A Boxing Day Walk -2

Festival of Winter walks

Leader: Clive Scott

Tel: 07771-976987

3 miles

Easy/Moderate

Description: After last year's successful Boxing Day walk, we will repeat the walk and join with the other walkers who started an hour earlier at Bracelet and with them enjoy the scenic South Gower coast path from Langland to Caswell and back. *N.B. Parking charges apply.*

Meet: **Meeting Place:** Dogs remain on short leads
11.15 a.m. Langland Bay: Lifeguard Hut GR: SS 608 874

Saturday 29th December

Swansea Parks and Beach
Festival of Winter Walks

Leader: Gerti Axtmann

6 miles

Tel: 01792-296418 or 07919-626478

Moderate

Description: We will walk from the Guildhall up to Cwmdonkin Park, down to Brynmill Park and on to Singleton Park. From there we make our way down to the beach via the Swansea Harriers Athletics Club.

Meet: 11.00 a.m. **Meeting Place:** Between Guildhall and Victoria Park Dogs remain on short leads
GR: SS 643 923

Sunday 30th December

Gower Sand and Hills
Festival of Winter Walks
Joint with Gower Society

Leader: Bob Denley

10 miles

Tel: 01792-371248

Moderate

Description: Down to Three Cliffs, over to Oxwich, Mill Wood then back along Cefn Bryn. Generally good views, good ground with a few ups and downs.

Meet: 9.30 a.m. **Meeting Place:** Penmaen: NT car park behind Church. Registered Assistance Dogs Only

Directions: *Turn right at the Penmaen sign as you approach from Parkmill. Car park is up lane*

GR: SS 531 888



Nigel points out Llyn y Fan Fawr on his strenuous ten mile midweek walk

January

Wednesday 2nd January

Gorseinon to Swansea

Festival of Winter Walks

Leader: Colin Warlow

8 miles

Tel: 01792-701984

Moderate

Description: Walk 'The Gower Way' then the Cycle Path via Blackpill into Swansea. Catch a bus back to Gorseinon to retrieve cars.

Meet: Meeting Place: Registered Assistance Dogs Only

10.00 a.m. Gorseinon: Car Park by Lloyds Pharmacy (behind the Toby).

GR: SS 593 987

Saturday 5th January

Llangeinor

Festival of Winter Walks

Leader: Paul Williams

6 miles

Tel: 01656-841062

Easy/Moderate

Description: The start of the walk is a steady uphill climb to join 'The Ridgeway' footpath. We will then go in a southerly direction along the mountain top (flat) and head to St, Cein's Church, Llangeinor where we will have a stop – (*the church will be open and hopefully some of the congregation will be on hand to supply tea / coffee and local produce for purchase*). We will then head downhill to Pant-yr-awel to join the cycle path back to Blackmill Car Park.

Meet: Meeting Place: Registered Assistance Dogs only

11.00 a.m. Bridgend: Blackmill: Cattle Market car park: CF35 6DR

Directions: *Travel time 45min: Leave M4 at J36 (Sarn Services). Stay in left hand lane. Take 2nd exit (sign posted Bryncethin A4061) then continue on A4061, sign posted Nantymoel. After entering Blackmill at bottom of hill, turn left after MURCO garage and before the Fox and Hounds Pub. Follow lane around back of Smithy Café and turn left to cross river bridge to enter Blackmill Cattle Market Car Park.*

Google StreetView: <https://goo.gl/maps/qLnyCk89LgA2>

Google Sat Nav Directions: <https://goo.gl/maps/NUZ56BmUgoT2>

GR: SS 933 868

Sunday 6th January

Waterfalls

Leader: Steve Robson

9.5 miles

Tel: 07758-468212

Strenuous

Description: A walk in the Brecon Beacons taking in a number of waterfalls. You will probably get wet (*even if it's not raining!*). Also, it will be rocky & muddy.

Meet: Meeting Place: Registered Assistance Dogs Only

8.45 a.m. Between Guildhall and Victoria Park GR: SS 643 923

9.30 a.m. Pontneddfechan: Dinas Rock Car Park GR: SN 911 079

Tuesday 8th January**Llanmadoc Hill****Leader: Julia Robson****8 miles**

Tel: 07881-307548

Moderate**Description:** A walk from Cwm Ivy to Rhossili Beach via Llanmadoc Hill and the Bulwark. Then back round the coast to Cwm Ivy.**Meet:** 10.00 a.m. **Meeting Place:** Cwm Ivy Car Park (honesty box) **Registered Assistance Dogs Only** GR: SS 440 935**Wednesday 9th January****Path Maintenance Work Party****Co-ordinator: Steve Robson**

Tel: 07758-468212

Description: On the 2nd Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.**Saturday 12th January****Goytre Reservoir****Leader: Tony Ruggiero & Bel Docherty****5 miles**

Tel: 07981-341422 (Tony)

Easy/Moderate**Description:** A pleasant mid-winter stroll along a disused railway track, woodland and upwards towards Goytre Reservoir.**Meet:** 11.00 a.m. **Meeting Place:** Goytre: AFC Car Park **Dogs remain on short leads****Directions:** Take the M4 east towards Port Talbot. At J40, take the exit for A4107 Port Talbot. At roundabout take the first left towards Cymmer/Goytre. At next roundabout go straight through for Goytre. At T-Junction, turn left and over series of speed bumps. After village cemetery follow road to a tight bend then turn left and down for car park. Google Sat Nav Directions: <https://goo.gl/maps/ypDQS41Fd712>

GR: SS 791 899



A moderate eleven mile Sunday walk through Langland

Monday 14th January

**Social Evening:
Meal and Leaders' Meeting
at The Woodman Inn**

Organiser: Lynne Esson

Tel: 01792-845845

We will be visiting the Woodman Inn to sample the food and/or drink of this Chef and Brewer Pub. This has proved popular with members so let us know you are coming by emailing Lynne as will need to let the venue know how many of us are dining so they can arrange the right number of staff. Please contact Lynne by **1st January** to say you will be joining us by emailing SaturdaysATswansearamblers.org.uk (*Replace At with @*) and we will send you the menu to choose your meal. (If you are not on email then just phone Lynne).

While the social is taking place, we will also be putting together the next programme so please think about a walk (or walks) that you could lead.

New Leaders: If you have never led before then have a chat with us; we will help you get started. Maybe you could begin with an easy walk such as an evening stroll or a Sunday/Monday short walk. It's not as hard as you think!

Meet: 7.00 p.m.
Meeting Place: Blackpill: The Woodman Inn

GR: SS 618 905

Tuesday 15th January

Rhossili Loop

N.B. Two walks today

Leader: Julia Robson

7 miles

Tel: 07881-307548

Moderate

Description: A circular walk from Rhossili via Hardings Down & Llangennith with a steep climb onto Rhossili Down to walk back along the top of the Down.

Meet: 10.30 a.m.
Meeting Place: Rhossili: National Trust Car Park (charge)

Registered Assistance Dogs Only

GR: SS 415 880

Tuesday 15th January

N.B. Two walks today

A Winter Evening Walk: Clyne Valley by Torch Light

Leader: Tim Gronow

Tel: 07710-231630

2-3 miles

Moderate

Description: Don't forget your head torch (or torch) for Tim's fun night walk in Clyne Valley. Explore the area in the dark, with the only light coming from our torches! Enjoy a fun time but do remember to check your torch batteries! Afterwards, we'll go for refreshments at the Railway Inn.

Meet: 7.00 p.m. **Meeting Place:** Killay: Railway Inn (*See frequent meeting points*) **Registered Assistance Dogs Only** GR: SS 598 923

Saturday 19th January

Oxwich Point

Leader: Ruth Harding

Tel: 07884-178669

4.5 miles

Easy/Moderate

Description: Our walk will take in St. Illtyd's Church, the Nature Reserve, Oxwich Point and Castle (*ascending the steps behind the church*).

Meet: 10.15 a.m. **Meeting Place:** Between Guildhall and Victoria Park **Registered Assistance Dogs Only** GR: SS 643 923
11.00 a.m. Oxwich Bay Car Park (charge) – *meet in area just on right of entrance* GR: SS 501 865

Sunday 20th January

Ilston Valley Circular

Leader: Mark Wolle

Tel: 07557-478789

10 miles

Ascent: 1640ft (500m)

Strenuous

Description: A 16km varied walk following mainly coastal & woodland paths/ancient tracks connecting the Bishopston, Ilston and Pennard valleys. Includes a short section of road walking. **N.B.** *This is a Winter Walk, so don't forget your torch. You shouldn't need it, but better safe than sorry!*

Meet: 09.30 a.m. **Meeting Place:** Southgate: NT Car Park **Registered Assistance Dogs only** GR: SS 554 874



Swansea Ramblers on the summit of Höllkopf mountain in Austria

Monday 21st January Fendrod Lake and The Liberty Stadium

One of a Series of Easier Walks with Friends

Leader: Colin Warlow **4 miles**
Tel: 07856-233312 **Easy**

Estimated finish time: 12.00 p.m.

Description: A walk around the side of the lake and then onto The Liberty Stadium to see the statue of a famous Swansea footballer.

Meet: **Meeting Place:** Dogs remain on short leads
10.00 a.m. Swansea Enterprise Zone: Fendrod Lake car park: (*Off Valley Way near the Honda Garage*). GR SS 677 970

Wednesday 23rd January Half the Swansea Half - *a Different Way!*

Leader: Colin Warlow **6.5 miles**
Tel: 01792-701984 **Easy**

Description: Catch the number 6 bus to the Union Inn, Danygraig then walk from the eastern Swansea boundary, along the coast path to Mumbles Pier. Call into the Pilot for a small libation. Catch bus back to the Quadrant

Meet: **Meeting Place:** Registered Assistance Dogs Only
10.00 a.m. Swansea: Quadrant Bus Station: Outside Costa Coffee
GR: SS 653 928

Saturday 26th January Craig-Cefn-Parc to Lluast

Leader: Mike Clarke **6 miles**
Tel: 01792-843590 **Easy/Moderate**

Description: A beautiful and varied walk from the RSPB Reserve along the Lower Clydach river and through country lanes to the lower slopes of Mynydd Lluast. We return along the upper footpaths from Ty Llwydyn Farm.

Meet: **Meeting Place:** Dogs remain on short leads
11.00 a.m. Clydach: RSPB Nature Reserve Car Park GR: SN 683 026

Tuesday 29th January Cwm Lliedi & St Illtud Circular

Leader: Huw Davies & Gary Evans **7 miles**
Tel: 01792-411952 & 07751-090755 **Moderate**

Description: At Llanelli, we'll walk north from Sandy Park along the cycle path to Cwm Lliedi Reservoir then return along country lanes and part of St. Illtud's Walk, (*a long distance trail Swansea Ramblers helped to re-launch*).

Meet: **Meeting Place:** Registered Assistance Dogs Only
9.30 a.m. Gowerton: Car Park on B4295 (*see frequent meeting points*)
Please share cars where possible GR: SS 591 964

10.00 a.m. Llanelli: The Sandpiper Pub Car Park
Google Sat Nav Directions: <https://goo.gl/maps/ewr84ymaH8v> GR SN 497 005

February

Saturday 2nd February Gowerton Circular

Leader: Peter Jones

5 miles

Tel: 07840-542048

Moderate

Description: A circular walk through Gowerton to Dunvant Brickworks – returning via Waunarlywydd. Afterwards we'll visit a local public house for refreshments.

Meet: **Meeting Place:** Registered Assistance Dogs Only

11.00 a.m. Gowerton: Car park on B4295 (*see frequent meeting points*)

GR: SS 591 964

Sunday 3rd February Penwyllt and Fan Gyhirych

Leader: Tim Gronow

9 miles

Tel: 07710-231630

Strenuous

Description: Hill walk from Penwyllt Quarry to the summit of Fan Gyhirych.

Meet: **Meeting Place:** Registered Assistance Dogs Only

9.00 a.m. Between Guildhall and Victoria Park GR: SS 643 923

9.45 a.m. Upper Swansea Valley: Penwyllt Quarry Car Park

GR: SN 856 155

Wednesday 6th February Oxwich Circular

Leader: Breda Regan

9 miles

Tel: 01792-686317

Moderate

Description: Walk from Oxwich Car Park, up through Oxwich woods and along the coast to Horton and Port Eynon. Back through fields, with some road walking.

Meet: **Meeting Place:** Registered Assistance Dogs Only

10.00 a.m. Oxwich Car Park (charge) GR: SS 501 865

Saturday 9th February Fforest, near Pontarddulais

Leader: Gail Allen

6 miles

Tel: 01792-469232

Moderate

Description: From Fforest to Llanedi and St Edith's church, through fields, woodland with some tarmac walking – *and a twist near the end!* A few stiles.

Meet: **Meeting Place:** Registered Assistance Dogs Only

11.00 a.m. Fforest: Park (carefully) on A48 on same side of road as the closed Bird in Hand pub.

Directions: *Stay on A48 through Pontarddulais, past station, through crossroads at Fforest, on Carmarthen Road. Bird in Hand pub is on the right.*

GR: SN 580 047

Sunday 10th February
N.B. Three walks today

A Figure of Eight Walk
(for beginners AND regulars!)

If you would like to try walking for the first time, why not try out a morning or afternoon short walk. If you like, you could come for the morning walk then decide at lunchtime if you would like to do the afternoon walk as well. Some of our regular walkers will do both walks and enjoy a combined distance of about six miles.

Meet: **Meeting Place:** Dogs remain on short leads
a.m. / p.m. Parkmill: By entrance to Gower Heritage Centre
Parking available (charge) at Gower Heritage Centre or in front of Shepherd's shop.
GR: SS 544 893

Sunday 10th February
N.B. Three walks today

Penmaen & Parc Le Breos
Part 1 of a Figure of Eight Walk

Leader: John Wade **3-4 miles**
Tel: 01792-850106 **Easy/Moderate**

Description: In this first half, explore the east end of Cefn Bryn to admire views of Three Cliffs Bay and see Parc-le-Breos burial chamber. We'll return to the start point for lunch (*approximately 12.00 p.m.*) after which you have the option to do another 2.6 miles in the afternoon (see below).

Meet: **Meeting Place:** Dogs remain on short leads
10.00 a.m. Parkmill: By entrance to Gower Heritage Centre
GR: SS 544 893

Sunday 10th February
N.B. Three walks today

Pennard Castle
Part 2 of a Figure of Eight Walk

Leader: Mike Clarke **3 miles**
Tel: 01792-843590 **Easy/Moderate**

Description: The morning walkers will have enjoyed a 3-4 mile walk (see above) and for this second half of the walk, you can join them to walk to Pennard Castle for wonderful views of Three Cliffs Bay from the east.

Meet: **Meeting Place:** Dogs remain on short leads
12.30 p.m. Parkmill: By entrance to Gower Heritage Centre
GR: SS 544 893

Sunday 10th February*N.B. Three walks today***South Gower Circular***Joint with Gower Society***Leader: Lynne Lock**

Tel: 01792-645748

11 miles**Strenuous**

Description: We'll walk from Kittle to Caswell then along the coast to Three Cliffs, returning through Ilston Valley. Afterwards, we'll go for refreshments in the Beaufort to thank them for the free parking.

Meet: 10.00 a.m. **Meeting Place:** Kittle: Beaufort Inn Car Park

Registered Assistance Dogs Only

GR: SS 573 892

Monday 11th February**Glyncorrwg and The Afan Valley***One of a Series of Easier Walks with Friends***Leader: Richard Coombs**

Tel: 07422-534365

5 miles**Easy***Estimated finish time: 12.45 p.m.*

Description: A walk past the ponds to Abercregan then returning along the same route to Glyncorrwg.

Meet: 10.00 a.m. **Meeting Place:** Glyncorrwg: Between the post office and community centre.

Dogs remain on short leads

GR: SS 875 992

Tuesday 12th February**Gower Way:****Green Cwm to Rhossili****Leader: Julia Robson**

Tel: 07881-307548

9.5 miles**Moderate**

Description: A linear walk from Green Cwm to Rhossili following the Gower Way. We'll arrive in Rhossili in time to catch the 118 bus at 4.00 p.m. - or you can stay for a coffee/beer at the hotel then catch the 4:50 p.m. bus. Even better, watch the sunset then catch the 6:27 p.m. bus. (*Check bus times*)

Meet: 9.30 a.m. **Meeting Place:** Parkmill: Park Wood Car Park (*turn right immediately after the Gower Heritage Centre & follow narrow lane to Car Park*)

Registered Assistance Dogs Only

GR: SS 538 896

Wednesday 13th February**Path Maintenance Work Party****Co-ordinator: Steve Robson**

Tel: 07758-468212

Description: On the 2nd Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.

Saturday 16th February

Alltwen, Cilybebyll & Coed Cwmtawe Circular

Leader: Mike Clarke

Tel: 01792-843590

6 miles

Easy/Moderate

Description: We walk through the village of Alltwen up to Wern Du. Then across to Graig Alltwen to Cilybebyll with great views of the Swansea Valley before descending through the woods of Coed Cwmtawe to the Swansea canal and back to Pontardawe.

Meet: 11.00 a.m. **Meeting Place:** Pontardawe: Tesco's car park (*please park as far as possible from the store*) Dogs remain on short leads

GR: SN 723 035

Sunday 17th February

Beacons Way & Sarn Helen

Leader: Mark Wolle

Tel: 07557-478789

10 miles

Ascent: 2300ft (700m)

Strenuous

Description: A 16km walk along the Beacons Way & over to the Mountain Centre. Return along Sarn Helen then to Fan Frynych and Craig Cerrig Gleisiad Nature Reserve. **N.B.** *This is a Winter Walk, so **don't forget your torch.** You shouldn't need it, but better safe than sorry!*

Meet: 9.00 a.m. **Meeting Place:** Between Guildhall and Victoria Park Registered Assistance Dogs only
9.45 a.m. Craig Cerrig Gleisiad Nature Reserve Layby on A470

GR: SS 643 923

N.B. *If adverse weather is forecast, this walk could be varied as appropriate. Therefore, if you are going directly to the start, please notify the leader beforehand.*

GR: SN 971 222

Wednesday 20th February

Mynydd Dinas

Leader: Richard Coombs

Tel: 07422-534365

7 miles

Moderate

Description: A walk around Mynydd Dinas. Ascending from Baglan, up to the trig point on top of Dinas with views of Cwmavon, steelworks and docks.

Meet: 10.00 a.m. **Meeting Place:** Baglan: Parking area outside Blaenbaglan school Dogs remain on short leads

GR: SS 757 928

Saturday 23rd February

Cefn Bryn, Llanrhidian and a large sink hole!

Leader: Gail Allen

Tel: 01792-469232

6 miles

Moderate

Description: Moorland, pools, fields, stiles and good views. Will be muddy.

Meet: **Meeting Place:** Registered Assistance Dogs Only

11.00 a.m. Reynoldston: On the road near the King Arthur Hotel (*NOT in drive to hotel*)

GR: SS 482 899

Sunday 24th February

Pontrhydyfen

Joint with Gower Society

Leader: Bob Denley

Tel: 01792-371248

11 miles

Strenuous

Description: Woods, valleys and hills north of Pontrhydyfen, including Tonmawr.

Meet: **Meeting Place:** Registered Assistance Dogs Only

9.00 a.m. Between Guildhall and Victoria Park GR: SS 643 923

9.45 a.m. Pontrhydyfen: Rhyslyn car park

Directions: *M4: Junction 40: Take A4107 then left on B4287. Car park is signposted from under viaduct. Google Sat Nav: <https://goo.gl/maps/sFur4KP65e12>*

GR: SS 800 942

Tuesday 26th February

A Winter Evening Walk: Gowerton by Torch Light

Leader: Tim Gronow

Tel: 07710-231630

2-3 miles

Moderate

Description: **Don't forget your head torch (or torch)** for one of Tim's fun night walks around the Gowerton area, returning along the cycle path. We'll explore the area in the dark, with the only light coming from our own torches! Come and enjoy a fun time but do remember to check your torch batteries! Afterwards, we'll go for refreshments at the Commercial Inn.

Meet: **Meeting Place:** Registered Assistance Dogs Only

7.00 p.m. Gowerton: B4295 Car Park GR: SS 591 964

(See frequent meeting points)

Wednesday 27th February

Kilvey Hill

Leader: Colin Warlow

6.5 miles

Tel: 01792-701984

Easy/Moderate

Description: We will walk through SA1 and Danygraig to the lower level of Kilvey Hill then up to the mast at the top. We'll descend via Pentrechwyth and follow the lower level of the hill before returning to the Queens for lunch.

Meet: 10.00 a.m. **Meeting Place:** Swansea: Maritime Quarter: Cambrian Place: Outside the Queens Hotel

Registered Assistance Dogs Only

GR: SS 660 927



Swansea Ramblers enjoying an eight mile Sunday walk at Abertillery with a visit to the Guardian Miners' Memorial to the Six Bells Colliery disaster. We then set off for wonderful views on the access land high above the town

March

Saturday 2nd March Pembrey Country Park

Leader: Joanna & Mike Craddock

5-6 miles

Tel: 01269-851005

Easy / Moderate

Description: Plenty of War-time history, plus coastal and woodland walking.

Meet: **Meeting Place:** Dogs remain on short leads

11.00 a.m. Pembrey: Country Park Car Park to left of the visitor centre

Directions: Follow A484 from Llanelli to Pembrey, following the country park signs. Turn left for the country park, going over the Rail Bridge and straight down road. Enter the country park and turn into the car park to the left of the visitor centre (there is a £2 Charge).

GR: SS 403 999

WALK CANCELLED DUE TO ADVERSE WEATHER

Sunday 3rd March Llanmadoc & Burry Pill

Leader: Sue Lyle

10 miles

Tel: 07817-656623

Moderate

Description: We'll walk over the Bulwark on Llanmadoc Down to enjoy great views over Burry Inlet before descending into the village of Llanmadoc and the nearby hamlet of Cwm Ivy. We'll pass through a nature reserve on our way to Cheriton then follow a hidden valley along the Burry Pill which will take us to Stembridge and return over Ryer's Down. Afterwards we'll drive to Llanmadoc for refreshments at the Britannia Inn.

Meet: **Meeting Place:** Registered Assistance Dogs Only

9.45 a.m. Between Guildhall and Victoria Park GR: SS 643 923

10.30 a.m. Llangennith: Tankeylake Moor (*see frequent meeting points*)

Google Sat Nav Directions: <http://goo.gl/maps/4gd4l> GR: SS 435 916

Monday 4th March RSPB Reserve & Lower Clydach River, Craig-Cefn-Parc

One of a Series of Easier Walks with Friends

Leader: Mike Clarke

4 miles

Tel: 01792-843590

Easy/Moderate

Estimated Finish Time: 12.45 p.m.

Description: A beautiful & interesting walk along the Lower Clydach River to Pont Llechart. Returning via the RSPB bird reserve to the New Inn for suitable refreshments.

Meet: **Meeting Place:** Dogs remain on short leads

10.00 a.m. Craig-Cefn-Parc: RSPB reserve car park GR: SN 683 026

Tuesday 5th March**Port Eynon – Foxslade – Port Eynon****Leader: Sue Lyle****6 miles**

Tel: 07817-656623

Moderate

Description: The walk starts and ends in the village of Port Eynon. We will be mostly on coastal footpaths on the outward journey, (*with constant ascents and descents*), then walking along tracks on the return journey. We can stop on the way back for a drink in The Ship Inn. Bring a packed lunch.

Meet: Meeting Place: Dogs remain on short leads
10.30 a.m. Port Eynon: Seafront Pay and Display Car Park

GR: SS 467 852

Saturday 9th March**Craig-Cefn-Parc
to Gellionen Chapel****Leader: Mike Clarke****6 miles**

Tel: 01792-843590

Easy/Moderate

Description: From the New Inn, we walk to Pont Llechart via Cathelyd Ganol. Then via country lanes through picturesque and precipitous Nant Llwydyn Valley, up to Gellionen. Return over Graig yr Allt to the New Inn for a well-earned drink!

Meet: Meeting Place: Dogs remain on short leads
11.00 a.m. Clydach: RSPB Nature Reserve Car Park GR: SN 683 026

Sunday 10th March**Cowbridge: Llansannor & Penllyn***Joint with Gower Society***Leader: Gail Allen****8 miles**

Tel: 01792-469232

Moderate

Description: Some interesting buildings on this walk, including a castle and Dr Salmon's Wells. A pretty walk, as always in this area but plenty of stiles between the fields.

Meet: Meeting Place: Registered Assistance Dogs Only
10.30 a.m. Cowbridge: High Street: Car park behind the Town Hall

Directions: Exit A48 at Cowbridge, follow curving left bend (*very sharp bend!*) into the long, straight High Street. Continue half a mile through the main shopping area then turn left at the Town Hall, (opposite Costa). The free car park is behind the Town Hall. Google Sat Nav Directions: <https://goo.gl/maps/XXiWNgLtSjp>

GR: SS 996 747

Wednesday 13th March

Path Maintenance Work Party

Co-ordinator: Richard Coombs

Tel: 07422-534365

Description: On the 2nd Wednesday of each month, We assist the City & County of Swansea to maintain footpaths by pruning & strimming vegetation, or doing work such as stile repairs and bridge building. All members are welcome to help, so if you are free today to assist us, please contact Steve to find out more information.

WALK CANCELLED

Wednesday 13th March

Rhossili to Penmaen

Leader: Howard and Joan Siddle

13 miles

Tel: 07909-770708

Moderate

Description: We'll catch the 9.41 a.m. bus from Penmaen Church to arrive in Rhossili at 10.05 a.m. We'll then walk along the Gower Coast Path back to Penmaen Church (*check bus times with leaders beforehand*). Don't forget your bus pass and torch.

Meet: **Meeting Place:** Registered Assistance Dogs Only

9.30 a.m. Penmaen: NT Car Park behind Church GR: SS 531 888

10.05 a.m. Rhossili: Bus Stop

(*Please note this is a **linear walk** from Rhossili to Penmaen*)

GR: SS 416 881

WALK CANCELLED

Saturday 16th March

Gwaun-Cae-Gurwen

Leader: Al Evans

6 miles

Tel: 01792-475521

Moderate

Description: We will revisit the trotting track still in use today but the rest of this walk is mainly on new paths in and around this interesting village. As usual, there will be ups and downs on uneven ground (that can be muddy).

Meet: **Meeting Place:** Dogs remain on short leads

11.00 a.m. Gwaun-Cae-Gurwen: Car park of Tairgwaith Canolfan Maerdy (Community Centre).

Directions: *In Gwaun-Cae-Gurwen, take A4069 north towards Brynamman. Almost immediately turn right onto road signed Tairgwaith and brown sign 'Trotting Track'. Drive along this road and just after East Pit on your left, turn into car park of Canolfan Maerdy. Google Sat Nav Directions: <https://goo.gl/maps/mRyRZamspKp>*

GR: SN 715 121

Sunday 17th March

Baglan, Aberavon and Mynydd Dinas

Leader: Al Evans

Tel: 01792-475521

10 miles

Moderate

Description: This is a lovely walk over varied terrain. We will start on the coast path through Baglan Dunes to Aberavon then make our way to the centre of Port Talbot. We'll then ascend Mynydd Dinas on an undulating path with climbs but the reward from this high vantage point will be some great views in all directions which continue as we return to the start.

Meet: **Meeting Place:** Dogs remain on short leads
10 30 a.m. Baglan: In Baglan Energy Park (underneath M4 flyover)

Directions: *From Swansea, take A48 over the old Briton Ferry Bridge. At the roundabout, take 4th exit onto Brunel Way, signed 'The Quays'. Continue along Brunel Way, passing on the right a metal tower and the entrance to 'The Quays'. Take the next left, passing 'Ecolab' then park at the end of the road or under M4 flyover on waste ground to the right.*

Google Sat Nav Directions: <https://goo.gl/maps/no3igFvePYr>

GR: SS 739 936

Wednesday 20th March

Bishopston, Coast and Valley

Leader: Nigel Hall

Tel: 01792-232815 or 07511-637788

10 miles

Moderate

Description: Down the valley to Caswell Bay then along the Coast path to Pennard, returning through Bishopston Valley, coming out between 'The Joiners' and 'The Valley' pubs.

Meet: **Meeting Place:** Registered Assistance Dogs Only
10.30 a.m. Bishopston: Pyle Corner: (*On-street parking at Brandy Cove Road*).

GR: SS 581 883

Saturday 23rd March

Horton

Leader: Morag Eddyshaw

6 miles

Tel: 07751-444535

Moderate

Description: A walk in the Horton and Oxwich area including parts of the Welsh Coastal Path and returning via Slade. There are a couple of steep climbs and parts of the route can be a bit slippery or muddy at this time of the year.

UPDATE: 09/03/2019: Summer car parking charges are now in operation at the Horton Beach Car Park. As these are expensive, walkers may prefer to organise car sharing.

There will be an additional meeting point at 10.00 a.m. between the Guildhall and Victoria Park to facilitate sharing of cars.

Meet: Meeting Place: Registered Assistance Dogs Only

10.00 a.m. Between Guildhall and Victoria Park GR: SS 643 923

11.00 a.m. Horton: Beach car park (charges payable)

Directions: Take the road towards Port Eynon then shortly before you get there, Horton is signposted to the left. Take this road and then the right turn to descend into the village. Follow this road until you reach the car park by the beach.

GR: SS 473 856

Monday 25th March

Margam Park Pulpit Walk

One of a Series of Easier Walks with Friends

Leader: Richard Coombs

3 miles

Tel: 07422-534365

Easy/Moderate

Estimated finish time: 12.30 p.m.

Description: We will enter the side of Margam Park and skirt around an old hill fort before climbing up to the pulpit where there should be good panoramic views. We will descend to return along the foot of the hill.

Meet: Meeting Place: Dogs remain on short leads

10.00 a.m. Outside Margam Park: Fishing lake car park

Directions: Leave M4 at junction 38 and then take first left after the roundabout signposted Margam Stones Museum. Take second left at right hand bend onto road to lake parking area.

Google Sat Nav Directions: <https://goo.gl/maps/yGEfEkSQgvR2>

GR: SS 802 864

Wednesday 27th March **Foel Fynyddau****Leader: Richard Coombs****6 miles**

Tel: 07422-534365

Moderate**Description:** A walk from Pontrhydyfen, with a bit of a climb which we'll take at a nice easy pace. Great views from the top. Return via Cwmavon.**Meet:** **Meeting Place:** Dogs remain on short leads

10.00 a.m. Pontrhydyfen: Rhyslyn Car Park

Directions: *M4: Jct. 40: Take A4107 then turn left on B4287. Car Park is signposted from under viaduct. Google Sat Nav: <https://goo.gl/maps/sFur4KP65e12>*

GR: SS 800 942

Saturday 30th March **Brandy Cove & Pwll Du****Leader: Gail Allen****5 miles**

Tel: 01792-469232

Easy**Description:** Primroses, blackthorn, violets, bluebells, gorse and more....
On the number 14 bus route.**Meet:** **Meeting Place:** Registered Assistance Dogs Only11.00 a.m. Bishopston: On-street parking, to the left of the shop in Pyle
(Please park considerately).

GR: SS 581 883

Sunday 31st March **N.B. BST starts today****Sunday 31st March** **Mynydd Myddfai and the Usk Reservoir***Joint with Gower Society***Leader: John France****10 miles**

Tel: 01792-547439 or 07719-829106

Strenuous**Description:** A walk with splendid views via Usk Reservoir to the Roman Camps and along the ridge of Mynydd Myddfai. Weather can change suddenly so equip yourself accordingly!**Meet:** **Meeting Place:** Registered Assistance Dogs Only

9.30 a.m. Between Guildhall and Victoria Park GR: SS 643 923

10.30 a.m. Usk Reservoir: Pont-ar-Wysg Car Park

Directions: *A4067 north then about a mile after Dan-yr-Ogof Caves, take left turn signed Trecastle. At T-junction take left turn signed Llanddeusant and follow for about 3 miles. Just before bridge and cattle grid onto open moorland, turn left into the car park. Google Sat Nav Directions: <https://goo.gl/maps/cA5YFSh8v722>*

GR: SN 820 271



A strenuous twelve mile Sunday walk above Crickhowell

ADVANCE NOTICE

Walking weekend Ross-on-Wye 12th to 14th April 2019

Organiser: Myra Lewis

Tel: 01792-429804

Description: Following on from the success of our previous weekends away, our social committee has arranged another weekend of walking and socialising. Once more a very enjoyable weekend is expected, this time in the lovely Herefordshire countryside, staying in the historic market town of Ross-on-Wye, situated on a hill above the majestic River Wye. Already over 50 people have indicated they will be coming.

Our choice of venue is The Chase Country House Hotel in Gloucester Road which boasts stunning Georgian architecture and is beautifully located in eleven acres of parkland and with excellent services and facilities.

The hotel is situated just two minutes' walk from the centre of town, so we can quickly access the shops, bars and restaurants.

We have secured a deal with the hotel offering us:

Dinner, Bed and Breakfast at a cost per person, per night of -

Twin/Double:	£72.50
Single	£95.00

The weekend still has places available (*at time of printing*). If you are interested, please book with Myra ASAP. Do not send payment until advised by Myra.

There will as usual be two walks on Saturday and Sunday, one long and one short so most of our members can experience the Hereford countryside on a walk that matches their preferred grading.

N.B. This trip is an 'official' Ramblers outing so Ramblers third party liability insurance will apply to those who have booked through the social secretary.

Cancellations may occur so if you have not been able to book a place please let the social secretary know you are interested so you can be placed on the reserve list.

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