## Collectanea Chymica:

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& \text { Treatises in } \\
& \text { CHEMISTRY }
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1684


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## Collectanea Cbymica:

# COLLECTION 

 Of Ten
## Several Treatifes

I N

CHYMISTRY,
CONCERNING
The Liquor Alkabeft, the Mercury of Pbilofopbers, and other Curiofities worthy the Perufal.

## Written by

Eir. Pbilaletba, Anonymus, Fob.Bapt. Van-Helmont, Dr. Fr. Antonie, Bernbard Earl :of Trevifan, Sir Geo. Ripley, Rog. Bacon. Geo. Starkey, Sir Hugh Platt, and the Tomb of Semiramis, See more in the Contents.

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L O N D O N \text {, }
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Printed for William Cooper, at the Pelican in Little Britain, 1684.

Wrotheyss all innit, with mo z2020 tom ung apola bsmy sufo sosertan
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## Ad Lectorem.

## Reader,

$\iint \begin{aligned} & \text { E feek no Mecienas to } \\ & \text { flatter mith a Dedica }\end{aligned}$ flatter with a Dedication, nor craze ree any Joelter from great Pernages, for we know that our Philofophy the Worlds Contempt, and its Profef. 's their fcorn and derifion, therefore neither crave their Pardon ir Frowns, but flall affert thor fear 1, that Arts bave no Enemies but filch
are Ignorant thereof are Ignorant thereof, for which reawe fear no Jack-Itraws In Jurrection ugh levelled againft our learning, for eWiddom is juftificd of her Children,
d to them only A to them only wee give this account of. occafion of printing this Collection thefe fmall Chymical Treatifes which (next to the ufefulnefs of them) for ir Prefervation, being by feveral for
geni.

## To the Reader.

genious Clyymifts conceived to be well worth the perusal, and too good to be loft, for the fmallegt Treatijes on this Subject are not always of the leaft rorib or fem, (for Truth needs nolurge Mattieingstofet her forth.). And for that foal Treatise of the Alkaheft, it was:beftomed upon and Sent into me by a Generous Stranger, rio mas pleated to take notice of my care in the preferving the Porta Primal at the end of Ripley Revived, as likewise of that general Invitation in the afore $\int$ aid Book. page 390, which if any other Gentlemen foal be pleased to Imitate, I hope an time me final obtain all the lift pieces of the lVorks of that Famous Modem Englith Adept, So mach thirfied after, what h will be very acceptable Service to all Philofophers, and not time leapt kindness moro Your Scruat W.C.P.

## THE

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## THE

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## OFTHE.

IMmortalLiquor

## CALLED

ALKAHEST, OR IGNIS-AQUA. By EIREN $\not \subset$ US PHILALETHES.

Communicated to his Friend, a Son of Art, and now a Pbilofopber.
By 2ueftion and Anfwer.

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L O N D O N \text {, }
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Printed for William Cooper, at the Pelican in Little Britain, 1683.

## ARCANUM

## Liquoris Immortalis

IGNIS-AQU庄; S E U
ALKAHEST.

AbEIRENEO PHILALETHA.

Amico fuo, Filio A R T I S, jam PHILOSOPHO,

Per Interrogationes ac Refponfiones commипісатит.

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L O N D I N I
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Sumptibus Gulielmi Cooper, ad Infigne. Pelicani, in Vico vulgò dicto Little Britain. 1683.
(4)

## THE

## S ECRET

## OFTHE

## LIO <br> U <br> O <br> R

 alkabct,Queft. 1 THAT is the Alkabeft? Anfw. 2It is a Catbolick andUniverfal Menftruum, and, in a Word, may be called (Ignis-Aqua) a Fiery-Water, an uncompounded and immortal ens, which is penetrative, refolving all things unto their firft Liquid Matter, nor can amy thing refift its Power, for it actech without any reaction from the Patient : nor doth it fuffer from any thing but its Equal by which it is brought into Subjection; bat after it hath diffolved all other things it remaineth intire in its former Nature, and is of the fame Virtue after a thoufand Operations as at the firlt.
23. of

## A R C A N U M

# LI Q U ORIS 

## alkabect,

OUID eft Alkabeft? Refp. 2. Eft Univerfale Menfruum Catholicum, uunius verbi Ignis-aqua, ens fimplex, immortale, penerrans, cuncta refolvens in primam nempe Liquidam fuam Materiam, \& ejus Virtuti nil refiftere valear, agitque ablque Reactione patientis, nec ab ulla re patitur nifi a folo fuo Compari a quo fub Jugum trahitur, alias autem res quafvis poftquam diffolvit integer in fua priftina $\mathrm{Na}-$ tura manet, tantúmque valet millefima Actione tanquam Prima.

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$$

3. Q. Of what Subftance is it?
4. A. Itis a noble circulated Salt, prepared with wonderful Art till it Anfwers the Defires of an Ingenious Artift, yet is it not any Corporal Salt made Liquid by a bare Solution, but is a faline Spirit which Heat cannot Coagulate by Evaporation of the moilture ; but is of a Spiritual uniforme Subftance, volatile with a gentle heat, leaving nothing behind it, yet is not this Spirit cither Acid or Alkali but Salt.
5. Q. Which is its Equal ?
6. A. If you know the one, you may without difficulty know the other: Seek therefore, for the Gods have made Arts the reward of Induftry.
7. Q. What is the next matter of the Alkabef ?
8. A. I have told you that it is a Salt, the Fire furrounded the Salt and the Water fwallowed up the Fire, yet overcame it not, fo is made the Philofophers Fire, of which they fpeak, The Vulgar burn with Fire, we with Water.
9. Q. Which is the moft neble Salt?
10. A. If you Defire to learn this defcend into your felf,for you carry it about with you, as well the Salt, as its Vulcan, if you are able to difcern it.
11. Q. Which is it, tell me I pray you? 12, A. Mans

## Arcanum Liquoris Alkaheft.

3. Q. Cujufnam eft Subftantix?
4. R. Sal Circulatus eff nobilis, mira Arte preparatus, ufquedum voto refpondeat fagacis Artificis; neutiquam tamen fal corporalis eft nuda Recollatione liquidus, at falinus Spiritus qui calore non coagulatur evaporatione humidi; fed uniformis eltSubflantiæ fpiritualis, levi calore volatilis, nec quicquam poff fe relinquens, non tamen acidus eft Spiritus aut Alkalizatus fed falfus.
5. Q. Compar ejus quis eft ?
6. K . Si Par novifii, Compar haud difficulter noveris; quare, nam vendidêre Dii fudoribus Artes.
7. Q. Ex qua materia proximè fit Alkahelt ?
8. R. Salem effe dixi, Salem circumdedit Ignis, Ignem abforpfit Aqua, nec tamen ei prevalet, fic factus eft Igais Philofophicus de quo dicitur, Vulgus cremat per lgnem, nos per Aquam.
9. Q. Sal maximè nobilis quinam?
10. K. Hoc fí cupis difeere, defcende in teipfum, nam tecum circumgeritur tam $\mathrm{S}_{3}$ ! quam ejus Vulcanus, fi valeas difcernere.
11. Q. Quis eft, dic fodes?
12.R. San-
12. A. Mans Blood out of the Body, or Mans Urine, for the Urine is an Excrement ftparated for the greatelt part from the Blood: Each of thefegive both a volatile and fixed Salt, if you know how to collect and grepare it you will have a molt precious Ballon of Life.
13. Q. Is the property of Humane Urine more noble than the Urine of any Beat?
14. $A$. By many degrees, for tho' it be an Excrement only, yet its Salt hath not its like in the whole Univerfal Nature.
15. Q. Which be its parts?
16. A. A volatile and more fixed; yet according to the variety of ordering it, thefe may be variounly altered.
17. Q. Are there any things in Urine which are different from its inmost Specifick urinaceous Nature?
18. A. There are, viz. A Watery Phlegm, and Sea Salt which we take in with our Meat, and remains intire and undigefted in the Urine, and by Separation may be divided from it, which (if there be no fufficicent use of it in the Meat after a convenient time) ceafeth.
19. Q. Whence is that Phlegm or infipid watery hurcidity?
20. A. It is chiefly from our feveral Drinks, and yt every thing hath its own Phlegm.

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21.2 . \mathrm{Ex}-
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12. R. Sanguis Humanus extra Corpus, five Lotium Humanum, eft enim Lotium excrementum ex parte maxima à cruore decifum, utrumque dat falem tam volatilem quàm fixum, li nônis colligere \& preparare preitò tibi erit Balfamum falutis pretiolifimum.
13. Q. Efine proprietas Llrinæ Humanæ, major nobilis Urina quorum vis jumentorum?
14. R. Mulṭis gradibus, etiam licèt Excrementum, Sal tamen ejus non habet fibi fimile in tota univerfa Natura.
15. Q. Qux funt ejus partes?

16 R . Volatilis \& fixior, pro varietate tamen tractationis alterantur hæ multifariàm.
17. C. Suntne aliqua in Urina ab intima ejus Natura Urinacea fpecifica aliena?
18. $R$. Sunt, Phlegma aqueum, videlicet, \& Sal marinus in cibis intrò lumprus ac fofpes indigefufque in Ulrina habitans, ab eademque per Secretionem divifibilis, qui (fi nullus fit ufus fatis in cibis por tempus idoneum) ceffat.
19. Q. Phlegma (five Aquea humiditas infulía) unde?
20. 2 . Sunt potus ex parte maxima, \& tamen queque habet fuum phlegma.
21. Q. Ex-

## 10

The Liquor Alkaheft.
21.Q. Explain your felf more clearly?
22. $A$. You muft know that the Urine, partly ty the feparative Virtue, is conveyed wit's what wedrink to the Bladder ; partly conlifts of a watery Teffas(an excrementitious humor of the Blood) whence being feparated by the odour of the urinaceous ferment, it penetrates moft deeply; the falenefs being unchanged, unlefs that the faltnefs of the Blood and Urine be both the fame; fo that whatfoever is contained in the Urine befides Salt is unprofitable Phlegm.
23. Q. How doth it appear that there is a plentiful Phlegm in Urine?
24. A. Thus fuppofe, firft from the Tafte,fecondly from the Weight, thirdly from the Virtue of it.
25. Q. Be your own interpreter?
26.A. The Salt of Urine contains all that is properly effential to the Urine, the fmell whereof is very fharp, the tafte differs according as it is differently ordered, fo that fometimes it is alfo Salt with an urinaceous Saltnefs.
27. Q. What have you obferved concer ning: the weight thereof?
28. $A$. I have obferved thus much, that three ounces or a little more of Urine taken from a healthy man, will moderately out weigh about 80 Grains of Fountain-Water, from

## Arcanum Liquoris Alkaheft. II

21. Q. Explica te planiùs?
22. R. Sciro Ulinam partim per Virtutem fecrecicem unà cum hauttis ad veficam tranfmitti ; partim ex Teffas (humore excrementitio fanguinis) aqueo conflare, unde decifum per fermenti urinacei odorem permeat intimè immutata falfedine, nili quod falfum Sanguincum fit falfum Urinaceum, fie quod prater falem in Urina quicquid continetur Phlegraa eft inutile.
23. Q. Quomodo patet in lotio Phlegma copiofum contineri ?
24. R. Hinc puta, primò quidem ex Guftu, deinde ex Pondere, tertiò ex Virtute.
25. Q. Efto tibi Mercarius ?
26. $R$. Sal Urinæ torum effentiale proprium lotio continet, cujus odor eft peracutus guftus pro tractationis varietate varius, ut videlicet nonnunquam quandoque falfus falledine Urinacea.
27. Q. Quid de pondere obfervali?
28.1R. Hoc nimirum, quòd Urinæ tres duplo plus uncix ab homine fano collecta, mediocriter Aquæ fontanx circiter Grana 80 preponderare, unde deftillatum effe Liquorem

12 Tbe Liquor Alkaheft.
whence alfo I have feen a Liquor diftilled which was of equal weight to the faid Water, whence it is evident that moft of the Salt was left behind.
29. Q. What have you obferved of its Virtue?
30. A. The Congelation of Urine by cold is an Argument that Phlegm is in it; for the Salt of Urine is not fo congealed if a little moifned with a Liquid, tho' it be Water.
31. Q. But this fame Phlegm tho molt accurately feparated by Deftillation, retains the Nature of Urine, as may be perceived both by the frell and tafte?
32. A. I confefs it, the little can be difcerned by tafte, nor can you perceive more either by fimell or tafte, than you may from Salt of Urinediffolved in pure Water.
33. Q. What dorh Pyrotechny teach you concerning Urine?
34. A. It teachech this, to make the falt of Urine volatile.
35. Q. What is then left?
36. A. An earthly blackifh finking Dreg.
37. Q.Is the Spirit wholly uniform?
38. A. So it appeareth to the fight, fmell and tafte; and yer containeth qualities direEtly contrasy to each other.

39 Q. Which be they?
40. $A$. By one through its innate Virtue the

Arcanum Liquaris Alkaheft. 13 xque ponderantem pradietx Aqux vidi, unde contiat relictum fere fuiffe falem.

## 29. Q. Quid de Virtute obfervafti?

30. R. Congelatio Urinx a frigore indicio poffit effe quòd Phlegma infit, non etenim fali Urine pauco Liquore (etiam aqueo) madefacto competit congelatio gelida.
3I. Q. At hujufmodi Phlegma ut ut exquifitiffimè Deftillatione feparetur, fapit Urinam,idque tam Naribus quam Lingua judicatum?
31. R. Fateor quidem; guffu tamen parùm deprehenditur,neutro quoque modo plus quam in Aqua pura a fale Lotii cohobata perciperetur.
32. Q. Quid docet Pyrotechnia circa urinam?
33. R. Hoc, viz. Salem Urinx volatilem reddere.
34. Q. Quid tum relinquitur?
35. R. Fxx terrea nigricans fetulenta.
36. Q. Spiritus an totus uniformis ?
37. K. Sic quoad vifum \& odurem pariter \& gultum ; \& rum diverfificatum inter fe qualitatibus planè contrariis.
38. Q. Quibus?
39. R. Ab una cozgulatur Virtute propria in.

## 14 <br> The Liquor Alkaheft.

the Dulech is coagulated, by the other it is diffolved.
41. Q. What further?
42. A. In the Coagulation of Urine its Spirit of Wine is difcovered.
43. C. Is there fuch a Spirit in Urine ?
44. $A$. There is indeed, truly retiding in every Urine, even of the moft healthful man, moft which may be prepared by Art.
45. Q. Of what efficacy is this Spirit ?
46. $A$. Of fuch as is to be lamented, and indced may move our pitty to mankind.
47. Q. Why fo?
48. A. From hence the Dulech its moft fierce Enemy hath its original.
49. Q. Will you give an Example of this thing?
50. A. I will. Take Urine and diffolve in it.a convenient quantity of Salt-peter: let it fland a Month, afterwards diftil it, and there will come over a Spirit which burns upon the Tongue like a coal of Fire, pour this Spirit on again and cohobate it 4 or 5 times, abftracting every time not above half, fo the Spirit becometh mott piercing, yet not in the leaft fharp; the heat which goeth out in the firlt deltillation of the Liquor, afterwards grows fenfibly mild, and at length almoft (if not altogether) vanifheth, and the fecond Spirit may be perceived mild both

Arcanum Liquoris Alkaheft. 15 inhabitante ; abaltera diffolvitur, puta Duelech.
41. Q. Cuid praterea ?
42. R. In coagulatione Lotii, fui Spiritus vini deprehenditur.
43. Q. Eftne talis Spiritus in Lotio?
44. $R$. Eff fanè reverà inhabitans quamvis Urinam, etiam hominis faniffimi, qui Arte proparari valet.
45. Q. Cujufnam elt hic Spiritus efficaciax?
46. R. Dolendæ fane, \& humano generi commiferandx.
47. Q. Quare?
48. K. Hinc Duelech hoftis atrocifimus fuum habet ortum.
49. Q. Dabifne exemplum hujus rei ?
50. R. Dabo. Sumatur Lotium, in eoque diffolvetur idonea Salis-Petrer quantitas, thes per menfem, poftea deftilletur, \& exibit primò Spiritus ardens fupra Linguam ac fieffet carbo, readfundatur Spiritus \& cohobetur quater vel quinquies non abftrahendo quavis vice ultra partem dimidiam, fic fiet Spiritus acuriffimus, nil tamen acefcens; ardor, qui in prima Liquoris deftillatione egreditur, poftea fenfim mitefcit, tandemque ferè (ii non omnino ) filet, mitifue fecundus Spiritus de-

## 16 The Liquor Alkaheft.

by the finell and tafte which, in the former was molt tharp.
51. Q. What have you oblerved concerning the former Spirit?
52. A. If it be a little thaked oily freaks appear fliding here and there, juft as Spirit of Wine deflills down the Head of the Alembick in fireaks like Veins.
53. Q. What kind of Putrefaction fhould the Urine undergo that fuch a Spirit may be got from it ?
54. A. In a heat fcarce to be perceived by fenfe; in a Veffel lighrly clofed or covered rather; it may alfo be fometimes hotter fometimes cooler, fo that neither the heat nor cold exceed a due mean.
55. Q. How may this winy Spirit become molt perípicuous?
56. A. By fuch a putrefaction which caufeth a Ferment, and exciteth ebullition, ) which will not happen in a long time) if the Urine be kept in a Wooden Veffel, aid in a place which is not hot (but yet keeps out the cold ) as fuppofe behind a Furnace in Winter, where ler it be kept till ofit felf a ferment arife in the Urineand ttirrs up bubbles, for then you may draw from it a burning Water which is fome what Winy.
57. 2. Is there any other Spirit of Urine? 58. A. There is; for Urine putrified with

## Arcanum Liquoris Alkaheft. <br> 17

 deprehenditur tam ad odorem quàm ad guflum, qui in priori erat acutiffimus. 51. Q. Quid de priori Spiritu notâti ?52. R. Si parùm agitaretur apparuiffe quatio oleofas frias hinc inde labentes; non fecus ac Spiritus vini per frias infar venarum per Alembici caput deffillat.
53. Q. Qualis effe debet Lotii putrefactio ad ejurmodi Spiritum eliciendum?
54. R. In calore vix ad fenfum perceptibili, vafe leviter obturato feu cooperto potiùs; pofit item quandoque calere, \& quandoque plus frigere, ita ut nec calor nec frigus fit ultra mediocritatem.
55. Q. Quomodo maximè perfpicuus fiet hic Spiritus vinaceus?
56. R. Tali putredine quax fermentum caufet, proritetque ebullitionem quod haud longo tempore accidet, fi in ligneo vafe adfervata Urina in loco non calido (frigus tamen defendente) ut puta pone furnum Hyemis tempore, teneatur quoulque fponte fuccrefcat in Urina fermentum bullas proritans, inde tum exhibit aqua ardens quodammodo vinacea.
57. Q. Eftne alius Urinx Spiritus?
58. $R$. Sic puta per duarum vel circiter B

## 18 Of the Liquor Alkabeft.

a gentle heat the fpace of a fortnight or thereabout-fends forth a coagulating Spirit, which will coagulate well rectified Aqua-Vite. 59. Q. How is that Spirit to be prepared which forms the Duelech of it felf with a clear Watery falagma ; and alfo that which diffolves the fame?
60. A. Urine putrified for a month and half in a heat (moft like the heat of Horfedung ) will give you in a fit Veffel each ftillatitious /talagma according to your defire.

6I. Q.Doth every Spirit of Urine coagulate the Spirit of Wine ?
62. A. By no means; this fecond Spirit is obferved to want that Virtue.
63. Q. What doth Uline thus ordered contain befides the aforefaid Spirits?
64. A. It's more fixed Urinaceous Salt, and by accident forreign Marin Salt.
65. Q. Can this more fixed Salt be brought over the Alembick with a gentle heat in form of a Liquor?
66. A. It may, but Art and ingenuity are required.
67. Q. Where is the Phlegm?
68. A. In the falt ; for in the Preparation of putrefaction the Salt being purified in the Phlegm afcends together with it.
69. ©. Can it be feparated?
70. A. It may, but not by every Artift. 71. Q. What
hebdomadarum fpatium levi calore putrefacta Urina coagulatorem edit Spiritum, qui Aquam Vitre dephlegmatam coagulat.
59. Q. Quomodo parandus eft ille Spiritus qui Duelech de fe formabit claro aqueo ftalagmate, itém ille qui prrfatum diffolvit?
60. R. Lotium per fefquimenfem calore (fimi caloris rmulo ) putrefactum, vafe apto utrumque ftalagma ftillatitium ad votum dabit.
61. Q. Coagulátne Urinx Spiritus quicumque Spiritum vini.
62. R. Neutiquam, hic fecundus illa Virtute caffus confpicitur.
63. C. Quid continet Lotium fic tractatum precter Spiritus prafatos?
64. R. Salem fuum urinaceum fixiorem, \& per accidens Salem peregrinum marinum.
65. Q. Poffitne hic Sal fixior per Alembicum levi calore Liquoris fub forma evocari ?
66. R. Poteft, at per Artem ingeniumque.
67. Q. Uli Phlegma ?
68. R. In fali; Præparatione enim putrefactionis Sal in phlegmate putrefactus cum eodem confufus afcendit.
69. Q. Poffitne feparari ?
70. R. Poteft, at non a quovis artifice.

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\text { B } 27 \mathrm{r} . \mathrm{Q} \text { Quid }
$$

$20 \quad$ The Liquor Alkaheft.
71. Q. What will this Spirit do, when it is brought to this?
72. A. Try and you will wonder at what you fhall fee in the folution of Bodies.
73. Q. Is not this the Alkzbeft ?
74. A. This Liquor cannot confift without partaking of the Virtues of Mans blood: and in Urine the Footfeps thereof are obfervable.
75. Q. In Urine therefore and Blood the Alkabeft lies hid?
76. A. Nature gives us both Blood and U rine; and from the Nature of thele Pyrotechny gives us a Salt which Art circulates into the circulated Salt of ParacelJ us.
77. Q. You fpeak fhort?
-78. A. I will add this; the Salt of Blood ought fo to be tranfmuted by the Urinaceous ferment that it ${ }^{2}$ may lofe its laft Life, preferve its middle Life, and retain its faltneff.
79. Q. To what purpofe is this?
80. $A$. To manifeft the excellency which is in Mans blood above all other Blood whatever, which is to be communicated to the U rine (after an excrementitious Liquor is feparated from ir) whence this Urine excells all others in a wonderful Virtue.
81. Q. Why do you add Urine ?

82, A. You mult know that to tranfinute
things

Arcanums Liquaris Alkaheft. 2 I 7.1. Q. Quid faciet huc adductus Spiritus?
72. R. Tenta \& quod videbis mirabere in corporibus folvendis.
73. Q. An non hic Alkaheft ?
74. R. Liquor hic citra humani fanguinis virtutis participationem conflare nequit, \& in Urina ejufdem fpectantur veftigia.
75. Q. In Lotio ergò \& fanguine Alkaheft delitefcit?
76. $R$. Sanguinem urinámque pariter dat nobis Natura, $\& a b$ horum Natura falem dat Pyrotechnia, quem circulat Ars in falem circulatum Paracelfi.
77. Q. Sub brevi fyrmate loqueris?
78. R. Hoc addam : Sanguinis falem per urinaceum fermentum fic tranfmutari debere, ut ultimam Vitam amittat, mediamque fervet, falfedinemque retineat.
79. Q. Quorfum hoc ?
80. R. Ad dignitatem que ineft fanguini humano pre alio quovis fanguine, Urinæ (ab eodem decifo excrementitio Liquore) communicandum, unde talis Lrina mirâ pra aliis cunctis Virtute pollet.

[^0]things a corruptive Ferment : is required, in which refpect all other Salts give place to the frong urinous Salt.
83. Q. Cannot the Phlegm be collected apart from the Salt ?
84. A. It majg if the Urine be not firft putrified.
85. Q. How great a part of the Water is to be reckoned Phlegm?
86. A. Nine parts of ten or there abouts diftilled from frefh Urine are to be rejected, the tenth part (as much as can be extracted in form of Liquor ) is to be kept; from that dried Urine which remains in the bottom by agentle Fire (which will not caufe fublimation ) let the Salt be extracted with Water, fo that there be as much Water as half that Urine whence this Feces was dryed; whatfoever is imbibed by the Water let it be powred off by decanting, let it be ftrained or purged per deliquium, then filtre it through a Glafs : Let frefh Water be powred on, and reiterate this Work till the Salt become pure, then joyn this vaftly ftinking Salt with your laft Spirit and cohobate it.

Praifed be the Name of the Lord Amen.

## Arcanum Liquoris Alkahelt.

 ruptionis fermentum adoptari qua dote cuncta falia urinali olido cedunt.83. Q. Annon Phlegma poffit a fale feorfim colligi ?
84. R. Poteft,fi modò Urina non putruerit prius.
85. Q. Quota pars Aquax Phlegma judicanda ?
86. R. Novem partes ex decem vel circiter à recentillurinadeftillatæ rejiciuntúr,decima pars (quantum fub forma Liquoris extrahi poteft ) Tervetur ; txficcatæ Urinæ in deftillare fundo, calore leni(qui fubliscationem non caufat ) extrahatur Sal per Aquam, ita ut Aqua tantum fit, quantum valet dimidium Urinæ unde frx hæe exficcata fuit; in aqua quicquid abforbetur effundatur decantando, coletur vel per deliquium purgetur, deinde filtretur aqua per vitrum: recens adfundatur, \& reiteretur opus donec Sal purus fuerit, tum conjunge Salem iftum immenfé fretidum cum tuo Spiritu ultimo \& cohobs.

Sit Nomen Domini benedictum, Amen.

## THE

PR ATTIC OF LI G H TS:

ORAN
Excellent and Ancient TREATISE

OF THE
Philofophers Stone.

$$
L O N D O N
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Printed for William Cooper, at the Pelican in Little Britain, 1683.

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\text { ( } 27 \text { ) }
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## THE

# PRACTICE 

OF

## LIGHTS.

SUrely, without any faliehood, the Scierice of Alchemy is true and not to be mocked or fcorned at, as many blind Affes do. Many men blunder about this bleffed Tincture which have neither Learning nor any fight in Philofophy, which cauferh great Mander and nocking to the great rebuke of this noble and glorious Science of Grace, which Science and cunning is contained only in natural moving or circulation and rotation of the Heavens above, as all natural things do in this World by paffing their circuit, which the high Creator of Nature keepeth in His marvellous Divine Power there as he beginneth and not elfe.

The

The faying of all the Philofophers is, that no man fhall come to this Science by hate and heady ftrength, but by Patience, and long time, and true Governance of Fire.

Firft of all this noble Science they deficibe of Calcination which I have feen and done all manner of ways as Sophifters and Ignorants do write, unto this day (the more the pitty.) But truly I have found a Natural Calcination, which rather encreafeth moitture radical than minilheth it : which Calx is of $\odot$ and $\Varangle$ woitbout any ot ber thing, as it is written, nibil demergeretur in Mercurio nify folem, 1 have kept this comzoffitum Solis of Mercurii one whole year in firing night and day and in my proportiou I loft my purpofe, for I took, 24 to one and left off that Work, then I took 3 to I: Which I kept in the Fire feaven Months ftanding in fuch a heat as the © in the higheft of $\Omega$, in any part of the World, and my Glafs was but luted, unto which I will never more truft, but only with nipping or clofing of my Veffel or clofing with Glafs Molten, and at the feaven months end (the matter all multen) I did open my Glafs and Arongly did caft the matter up and down, and the Body fo opened and melted with the cooling of the Glafs and flaking, cleaved to the high of the Glass and to the fides, and would not deliend.

## The Practice of Light. - 29

and that part that defcended down to the bottom, wo us black and unciuous, and I did let it reft that night in the Fire fill, and in the morning it was afcended up to the top again, and it was very Black, and cried as it had been fryed, and fo I did let it ftand ftillin the Fire till on the next morrow, and then I found it afcended fill,and I would lave caufed it to defcend with Fire, and made a Fire on the top, and with the violence of the Fire (the Lute being ftiff and ftrong) part paffed through the Lute into the Alhes, and that which remained in the Glafs was fair and clear cleaving to the Glafs: Then turned II ip the Glafs, and there appeared a thoufand fparks, like very crude $\wp$ bright and thining, marvelous to fight, which I pickt out as fubtilly as I could, and among them I found one that was black on the one fide and bright as Pearl on the other fide, and another like the colour of theRainbow, and all the other were as bright as any thing might be, fo that I thought they bad beers crude.

Then put I a part of them in a flong Fire, and they never blemilhed, but ever continued white, then I would have quickned them with more quick Water, Regm. Latlii Tef.: cap. 56. Aqua viva eft Aigentum vivum congelatum in fulphur, ficut menffuale quod
congelatur in Subjtantiam Embrionis: but they would never mingle, neither joyn with them more together: For the impediment was that thefe fparks were corrupted among the Alhes in the drying and fixing.

Then I did melt them all together, and never man faw fairer. Silver than that was.

Then I thought to prove a fhorter way : I took Sol and our Omogeneum, fometimes 6 to 1 , another 1 to 1 . and 4 to 1 and 3 to 1 . and within 40 days and lefs I have made Calces, R. Lullius ex metallorum limis vel oleis factis de corporibus imperfectis, هص in Aquam criltalinum deductis per Artem fit Aqua-Vite. Menftrum noftrum refolutivum quo terre oleorum purificantur a msculaoriginali: Aliam Aquam nolite querere, quia bec Aqua trabit animas a corporibus, \& facit eas vvifibiliter appareere, fi Scis banc Aquam rectè difponere, babes totum: Sed difficulter fit Aqua itta, or magno ingenio ex Luna fit Elixir cum Aqua illa, ơ ex Sole abfque putrefactione: non fic ex aliis corporibus nifi pogt pritrefactionem. Stude ergo propter iffam Aquam babendam fine qua nibil fit in bac Arte.

## The Practice of Lights.

Chap 86. Hoc Argentum vivum cum corpore conjunitum junt duo Spermata, de quibus facimus nasci Aquam-vivam: que ef Argentums vivum ndtrum, 由் Aqu--vite que corpora mortua refufcitat.

Argentum vivum confrucium of congelatum dat onnem calorem quo indigemus; fiat ergo olenm de ipfo cum corrofiva of abbinc trabatur aqua que diffolvit omnia: vel cum ipfo oleo mifceatyry oleum fermenti album vel rubrum é putrefiat totum per Balneum vi fac inde Elixir, as red as the Ruby, and in likewife robite caln woith Luna ; bright thining and as foft as Silk, which Calx I have examined and proved oft times after this manner. I have put the Calve of Luna into one of our vegetable Menfirues, and after I have put him into a Limbeck and have diftilled from the faid Calce the faid Mentrue, and the faid Calce hath been like a Sponge Spongeous and full of Arange Colours, and hining white marvellous to fee. Then have I taken this Subfance and put it in a clean Veffel and fopped it ofaft, and fo have I fublimed out all the Spirit; and the Body remained bencarh as foft as Oy , and impalpable that no man can exprefs the fubtilnefs thereof: Upon the which Calce I gave my whole Confidence: For what learned men foever had feen this Calce, would verily have known that
that it had been the very true and right calce after the teaching of wife Philofophers, for this Body is open and fubtilizate, and his radical humidity faved by his Menftruum $f_{x}$ tens.

And this Calce is apt to receive liquefaction and all other Operations to it naturally conferving. Now I perceive verily and without doubt how they declare one thing which is true, firt of the putting to of the Earth and the Water together in the Philofophers Egg, which is likened to the Mafculine and the Feminine, the which fhall bring and gender betwixt them the Child of the Fire, which after fhall never dread the Fire, for himfelf is the very Fire natural and retrograde to Water and Earth again, and after fo nourifhed in the Fire till he be perfect wobite called by bis Name Magnefia. Magnefia eft Aqua compofita o or congelata, que repugnat Igni, \&o poftea nunquam dubitat illum in aliquo,eoque ipSamet oft Ignis of de Natura Ignis fit, of in Igne crevit, \& fuim int inCtum fuit ignis. Reymund T. T. Cap. 63.

Jo. Daltin, Magnefia fanć eft Aquaz compofita Igni repugnans, congel sta, corpus to tum redigens in cinerem. Note how here-in this wonderful Preparation is hid all that ever the Wifemen had. in the which is the Menffruum $f_{x}$ tens, orIgris contraNuturamsit is the wonderful

## The Practice of Lights.

marvellous and fecret life of the Stone, as by my Practice I have feen and approved; for in the beginning of the firtt corruption it finelleth like foul Brafs: and after that he changeth from faver to favor and in Colvur ftrange, and at the laft he is fragrant and fwest finelling.

This I have truly proved by the very experience in making of my furefaid Calce notwithftanding the Preparations the Pnilofophers have hid and nothing elfe which I have duly proved, for I havecontinued our Mercury and $S o l$ in firing ten Months and more, in the which procels, I have feen the natural Acts with marvellous things incredible, except to them that have feen the changing of them as in manner of othir Vrgetáble things gowing by their own radical inoitare and heat of che Sun, both in burnithing and in divers Colours, fprinjing with leaves 'ike an Hauthorn-tree with Howers marvelous in fight to behold : and after this ten nonths I wearyed and halted with Fire above, nd my Body did mele and rife from the Jround and alcoided, and the Spirit brake rart out, and the other part of the work vas marvellous to fee; for part of the Sun vas turned into Moon, and I affure all good nd well difpofed men; but not to Affes and oolifh People: for I would not that they

fhould

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The Practic of Lights.
fhould fee my Book. But note the Tiftament of Reymond, where be declaieth in the 55 Chapter and theweth of the changing of common Mercury firft ere he may change the Bodf, for he faith: The common Mercury may never change iba Budy but bimfilf be firlt changed and made pare $W$ ater, and as he is changed fo will he change the Eody, and Preparation I never confidered till now at the laft labour, Wherefore let never man labour, nor bufis bimfelf till his Mercury be tzurned into pure Water and diftilled, and every Element well rectified and the Earth well calcinated, and the fame Earth from his original corruption, well waThed, and that once well and truly done, then the Sun and Moon joyned togetber with this forefaid Mercury. And then beginning your work, and then with the volatile matter thou thalt have both Earth and Water all of one thing and not of divers kinds, and when I thought to be at an end, there was but the beginning, and I never perceived it till I baad fiudizd the 55 Chapter of Reymonds Teftament. for I never could find in all the Authors that ever I did read or fee the Preparation fe plainly declared. Ye may read in the Eook o, Artepbius. called clavis Sapientic majoris, wher he writeth nibil occultaverant prater Prepara tionem. And this is the very and true wa; to the Stone of the Philofophers: For at

## The Practice of Lights. 35

their wonderful writing is but one thing, and of one thing, and in one thing, which I have fhewed you here afure. Notwithftanding with my Calce you may make right good Medicine both man and Venus. But the Royal Stone muft be prepared as I have Thewed thee: And after tbis Preparation done put the Man and the Woman in tbeir Bed and keep them clofe, and in the Egg Shall be brought forth a Cbild, and here is all that the Philofophers fay that is but one thing, one work, one Veffel, one Furnace, though it change into many things after his natures, as ye may fee in the Teftament about the 67 Cbapter, and there he theweth of the four good Elements : and it is called in the Maltery the firlt folution, after depuration, and then reduction which cometh before Fixarion. But I affure and certifie you, that I have feen with mine Eyes vifible like as I have afore declared. And I take to witnefs Reymond in the 67 Chapter, where he maketh thereof an open certification to all his Friends that he and others have done and proved vifible thefe Acts. Here I leave to write other general fayings of Philofophers, for I intend but only to proceed in this peculiar thing, which I know is poffible to be done: But it is the hardell Science in the World to an unknowing Man : And it is lighteft after it is

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underteod and known; as i have proved mu cerf by Experirsice of my Calese divers wavs, fornerime with Blood of common Vitriol, and airecr I have decocted is in the Vegetable Mercury ten or twelve days, and of that Powder I have had fine Silver after the quantity. Alfo I have examined this Calce of Silver and O ringerseum in common Aquafortis, and they have dryed and congealed therein marvelloufly bright fhining like a Diamorid which will melt in the Vigetable Mercury like Wax, and the Secret of this I have not concluded nor many other Secrets of the Calce for divers Conliderations that I fear by the Enervies of the World. The fecond caufe why I do not conclude, is patt for Poverty: for this Science requireth three things fpecial to conclude it: One is great ingeny and a pertect reafon in underftanding and handling therecf: The fecond is many Books to lead a man from one dark. Saying to another that giveth Light; and the third is Wordly gonds to maintain the Expences and Labour, the Subftance of the two Lights which the Mercury mult have to work upon, Sol and Luna for that Sunftence thall never be loft, though the Work-man do err in his work, but it hall be rather finer and better then it was at the beginning. Neverthelefs, a man may labour againft Nature and deftroy ánd

## The Practice of Lights.

fpoyl the good Bodyes. Wheretore I sdvife every man not to meddle with this Science unlefs they be well learned and prastied. Many men do boldly meddle and clarrer therein faying, it is a thing caft in the Street and cofteth nought, and every man hath it, as well the Poor as the Rich, and every time and place, it is in every Hill and in every Dale, and the Value at the beginning cofteth not paft tifty pence. All thele thing be true to them that ruly undertand them. Alfo they fay it is a Natural Mercary which col no Money which is che privicy and all the ground of our Wifdom: Ant all this is no leafing, but although it cof no ght, yet it is not had of mou't, and of a little Cubitarice for ye cannot have as much Wheat nt a handful as of a Bulhel; then mark we!l this reafon: If you woill bave much of this Natural Mercury or privy Corruption, which is the Rout and Foundstion of all there wo wherful rbings, thou muft have great quanticy of their Materials, I fay to thee as a Friend: If you put 20 pound weight of the Body that Arititlle declareth with noftro bomogeneo, which Body is in Value 24 foore pounds of curiant Coyn, it is not of the price of the fecret Stone that we mean of, and it cometh of the qualities of this one thing brought out by Art. And I fay to thee in Charity if thou

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hadff feen the privity thereot, thou wouldeft foon belicve it, and thou wouldelt marvel thereof it is fo light and eafie a thing, and ready at thy hand if thou have Grace to underftand that Corruption. But thou that laboureft herein mult underftand of treo manner of Corruptions after the definitions of the Philofophers: One is Corruption alterative, and the other is Corruption diffipative. And if you be a very true Philofopher then fhals thou know thefe two Corruptions, as well by the Theorick as by the Practick, and I fay to thee of a Truth that of this Corruption is a new Generation that bringeth forth this bleffed Tincture, but corruptio diffipstivia fhall never be brought to natural kind again, and they that labour in this Corruption fhall never lofe but their time for lack of good urderltanding, for they may fave their good Bodies evermose. Now Corraptio alterativa is evermore in generation, as the Philofopher duth make mention de Generatione ©́ Corrupitione, undic Corruptio unius oft Generatio allerius, ©xc. And if they err in this Corsuprion yat thall they fave all their Subftance of the Bodies that thall never be the worfe in Comparifon in quantity but the better rather in quality, as is aforefaid. Thercfore if thou be a wifeman thou thale have thy Subitance, as furcly as in thy Coffer, for as he fandeth in the bumidi-

## The Practice of Lights.

ty and Corruption, fo long is he growing in his own natural kind. Therefore confider this Example, and underfand woll the ele Corruptions: For that I have feen I telfifie to you of Truth, I take Gnd of Heaven to Witnefs, and advife ye well e're you begin to make tby Mercury Vegetable and flying ; but firtt of ail e're you begin I read ye know well rhy Principles, and take them of Arijtotle and Hermes, and of the fourth Book of Metears of Arifotle, and there you thill find this Principle, where he fayeth, Seiant Artifices Aichymie Spes varie tranfmutari non poant nifi prizs reducantur ad primam Materiam. Now note well what I fay, I demand what is the firf matter of Mankind ? Forfooth, 1 tell ye Sperm of nan. Then I ask what is the firft matter or fubflance of Sperm? I fay to the Food; as Meat and Drink. Then it appeareth, that Meat and Drink is the firit Subfance of Sperm, and Sperm is the very true Subffance and matter to bing forth man: So likewife in Mercury of white matier, and of white Subitance cometh that Mercury : For fo he is of a pure fubtil Earth, Sulpiur moft clear and mott fubtil commixed witis pare Water and with Commixtion and heat, thefe two Elements ougetterh with Temperance of heat and fo turncth into Mercury the Sperm of Metals, therefore $W$ ater and Earth is the firtit
matter of Mercury, and Mercury is the firlt matter of ali Mettals, and roben they be put into that Water, they all melt and diffolve in him as the Ice doth in woarm Water, and why do they fo, becaufe they were firl Water coupled by cold,and now here is Arijtotles's Principle afroyled.

And although there were two things firft, yet neverthelefs when ticy be refolved into clear currant Mercury, and no palpable thing of the Bndy feen nor felt, but paffeth throught the Philter clean as Water, then is it, but one thing, upon the which all Philofophers accord and ground them, ef una Sola res. And here now I have lhewed you more plainly then it hath been thewed bere before. And I fay to thee for truth, this is the very true Fey of this Sience, for Merlin and many others write here of divers ways, as in the verfe of Merlin, dilipare é isviter extracia, oxc. and Albertw in the fffh Book de mineralibus de femine Alesallorum, where he upon a little Glufs teacbeth Soluizn, as there ye may fee. Eut of all fp:cial Eooks that ever I could read or fee, Stella Complexionis is the Futbcr of Truth aid Dritirne, thew ing the clear light and the gight way of the Preparation of this precious Treafure, ard he iapeundech all the rigures of the Whilutephers openly, where I coube not but God hath his Scul in cverlating

Blifs: For by the fpace of thirity years I ever fludied and butied my felf upon the Myltery, Parablec, Figures and Sayings of old Phil fophers, in the which I was marvcllous blinded and overfeen, and fpecially by one book which is called the 12 Chapters,or 12 Gates in Metre in Engith, which was made by a fufficient Clerk and well learned, but I warn every man to beware of him, for by him ye fhall never know the privity, but rather he leadeth you out of the way for he faycth it is one Veffel, one thing; one furnace and no more.

True it is that it is but one thing, as I have before opened and fhewed: It is one form of a Veffel as Stella Complexionis declareth, And I fay to you this one thing in the wobich all the Wife Pbilofophers bave grounded tb:mfelves on, it is after the full putrefying and utter rotting of the Elements, then to be feparate and every one of them well rectifyed, and then reduced again to the Body by Nature in marvellous Sulphur elect. And here I Counfel thee to Practife truly, and to remember and confider the faying of the great Philofopher Conftantius Affricanus in the Book of Elements, where he theweth that man is made by ingreflion of contrary things, which is to be ins derfood of the four Elements and after t Body reverted to him fimple, then all his humour

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humour is turned into Water, the Spirit into Air, the heat into Fire, and the Bones and Fleh into Earth; now mayeft thou hear and know by vifible Experience, and in likewife with our Water one thing by rotting is turned again into his fimple Elements and moifture, then feparate them, and the firlt fhall afcend as a Snoak and furn into Air as Water, keep that Treafure, and then thou fhale dittil after that an Air more intentive and thicker, and one drop of this will fwim and go above $W$ ater if thou mix it with Water, and in this Air is Fire; aud beneath in the battom of your Cucurbit is your Earth as a dead Body corruptand infect. Note well here be the four Elements reverted into their Simple, as before is faid by the Authority of Conftantius. And I affure you that this is as true as ever God made Gold and Silver and all things elfe and Heaven and Earth and the Sea, therefore believe me it thou wilt or chufe thee to thy own folly, and leave off true DoEtrine of the Philofopiers, and wander forth in the World as Mift in the Wind, and fo thru thalt never come to thy purpofe, bat thou mult finft make the Bodjes wattr, after digett them not buming nor ettroying their radical moiture, which is the life of Tincture of this precious Treafure, and uitenly rot them, and after divide the Elements and well
rectifie thy Earth by due Calcination, and with wafhing of his own Water, till it be pure, clear, bright and white thining, and then fublime up all the quinteffence again, then thou haft the wonderful Earth called Terra foliata of Sulphur Elect of the Philofophers, more noble more precious then Gold or Silver, if thou wilt work it up as thou mayeft at thy pleafure by continuance of Reiteration and Sublimation, then he will become clear as Heaven Chritaline fhining bright, as thou mayeff fee in the Rofary of the Secrets of all Philofophers in the laft work. Therefore may you fee and underftand when your Tincture is perfect, which is in the fourth Governance plainly in writing, and alfo mark other Authors of this fecret Science; for when he is perfect fixt and ftable and will not fume, then he will run through a Plate of Copper, and make it perfect Silver or perfect Gold, better then ever was produced out of the Mine by Narure, and alfo the very truth of this Secree is more worth and richer then man can devife; for of bis own Sperm or Seed be fall evcrmore encrease ard multiply to the Worldsend, for as fire elemental burneth all and overcometh all things, ard nothing can overcone him, even fo this Magnetia the Child of Fire fhall never be blemithed nor va quithed by the Fire, but ever Itanding and a-
biding

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biding bright thining, clear, fo that almoft man cannot exprefs the brightnefs which is incredible to any man except to them that have feen it with their Eyes. And thou that art a finder of this Bnok, I charge thee as thou wilt anfwer to God that thou never thew this but to a vertuous and wife, difcreet and well difpofed man, which is ever glad to help the Poor and needy People; for with this glorious Science ye may procure many glorious Gifrs of the bleffed Trinity both in Riches and Soul, which thall never fail you everlaftingly. Da gloriam Deo, Amen.

> Magnalium Dei,

## FINIS.

# PR $\mathbb{E} C I P I O L V M:$ 

OR THE
Immature-Mineral-Electrum.

## THE FIRST

METALL: Which is the MINERA O F

MERCUR .

By Foh. Bapt. Van-Helmont.
LONDON,

Printed for William Cooper, at the Pelican in Little Gritain. 1683.

## Electum Minerale Immatu-

$$
\begin{aligned}
& \text { rum (id eft }) \text { Metallus } \\
& \text { primus eft Minera Mer- }
\end{aligned}
$$ curil.

- AKE of the beft Argentum vivum, which you thall Dillil from its own Minera, that is of the beft Hungarian Minera which Chall hold abundance of Argentum vivum, cne pound will hold twelve, thirteen or fourteen ounces of Quickfilver, you Chall diltill this Minera, (firft pulverized) in a Glass Retort with a Receiver, then you thall fqueeze the Mercury divers times through Leather. If you cannot get any Minera Mercurii Hungarici, take Spanilh Mercury, which is the beit after the Hingarian, fquetze it through Lcather divers rimes. If you cannot gee this $S p_{\text {a- }}$ nith Mercury, take of the belt Argentum viiun, that is to fay, if you put a little of it into a Silver Spoon, and hold the Spoon over glowing Coals, and when the Mercury
flyes away it leaves a ycllow or white frot in the Spoon, this Meacury wi! ferve, but if the Mercury leave a black foot, it is not g'nd for any Work. Take the Meroury. arhich leaves a yellow or white fon in the Spoon, waih it ten or twelve times with Sale and Vi. neger, and then fquecze it as many times through Liather, that it may be purged from its outward foulnels, the Kungarian and Spanifh Mercury are clean of themfelves and need no wafining.

Imprimis, you are to feparate the Mercurium coagulatum from the Mercurius Vivus, without any corrofivenefs, and that the Mercurius Vivus fhall be alive till, and fo clear as a Venice Looking-glofs: Which Mercury coagulate Paracelfis, and Helmont calls Precipiolum or Mercurius Coagulatus, and that it thall be feparated dead fromirs own Minera, and that the Mercury Vivus thall be fill alive after that the Precipiolum is 「eparate from it, and that the Corpus Mersurii vivi is the Pre. cipiolum Minera, and that the Eleitrum Minerale immaturum, is the Mercarii vivi Minera. Item Helmont os Pararelfiss inentions that when the Argentum Vivum or Mercurius Vivus thali come to his loca deffinata, that then the $A r$ gentum vivum thall leave hisPrecipiolumbehind him in the form of a coagulated Mercury, and the Mercurius Vivus will go away alive and remain a Mercurius Vizus.

The

## Precipiolum

The loca definata, where the Argentum vivum fhall leave the Semen Mercurii, and the Pre cipiolum is Gold and Silver, Gold is the beft place, by reafon of the Fixation and Purity, and next to Gold is Silver.

In this Precipiolum lyeth hidden the whole Art of the true Chymiftry. If a Chymift know not how to make or feparate that Precipiolum from Mercurius vivus, he will fail of the whole Arr.

This Precipiolum is the matter whereof fhall be made the Philofophers Mercury, that is, when it is reduced to his firft matter, that is in a clear Water, like the Water which runs out of our Eyes now and then, and is Пlippery : This Water will eat and drink his own Flefh and Blood, and multiply it felf with it ad infinitum, and this Water will rring all Gold and Silver into their firf mater, before Precipiolum is brought into his irft matter, (ir is when it is prepared Phiofophically without Corrofivenefs) it will ure triplicem Hydropem,podagram, morbsim veneium and alfo many more fickneffes.
The Philofophers call Argentum vivum beir Wine, and the Pracipiolum they call heir Tartar, both maketh the Philofophers biritum vini Pbilofopbicum, which they call ow and then, Ajtrum Mercurii, Spiritum' lecourï, their Fire their Sal Minerale of Sal

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 Van-Helmonts.Armoniacum, their Horfe-dung their, Balneum Marie, and an hundred more narnes to deceive the People.

Proceffus compofitus Precipioli.
Take in the Lords Name of the Mercury which is well purged : ten parts of our Gold or of our Silver, ( not common Gold or Silver as the common-people make ufe of it ) take ours, that is to fay, Gold which is well refined through Antimony, or if you will make it with Silver refine it with Lead, and purge thofe both very well from their Diofs and foulnefs: If you have ten parts of our Mercury.

Take one part of our Gold or Silver made to fine leaves or made into fine Powder with a File,and make an Amalgama of them both in a warm Glazen or Marbel Morter, and with a Peftel of Glafs mix it well, and then put this Amalgama into a Retort (as I Thall give you direction below ) and put it into an Earthen Copel or Earthen Pan, with one part of clear Sand, and three times as much fifted Ahhes, and cover it with another Earthen Pan,and put to it a little Receiver, without luting, and then make Fire in your Furnace, and give an indifferent heat, and diftil the Mercurium from our Gold and Silver with an indifferent heat, now and then, then take the Pan from it : If you fee the Mercury
is diftilled from the Gold or Silver, cover it again and let the Fire go out.

The next morning take your Retort and Receiver from the Furnace or out of the Sand, your Mercury will lye fome part in the Receiver, and fome part will hang in the Neck of the Retort, which you fhall wipe off with a Feather, to the other Mercury which is in the Receiver.

If you will, you may now and then hold a glowing Coal under the Neck of the Retort that the Mercury may run into the Receiver.

When you have Ceparated the Mercuirizm, then fcrape the Gold which will lye at the bottom of the Retort with a crooked Iron, from the bottom of the Retort, and take it out, and put it into a Glafs Morter and powder it fmall, then mingle or Amalgamate your Mercury with it again by degrees or by little and little, and put your Amalgama again into the Retort,and if you thall find any Powder that will not go into the Mercury, do not caft it away, but put it with the Amalgama into the Retort (or elfe you will lofe your Precipiolum) and diffil it again as it is mentioned. Now and then rake the Earthen Pan from it to fee if the Mercury be almoft gone over, and if it bealmolf gone over, let the Fire goout, and co-
ver with the Earthen Pan again, and let it ftand until the next morning, and then take the Retort and the Recipient again from the Furnace or out of the Sand, and wipe your Mercury again with a Feather out of the Neck of the Retort into the other Mercury in the Recipient, and fcrape again with your crooked Iron, your Gold out of the Retort as you did before, and put it again into your Glafs Morter, (oblerve you thall diftil fo that the Argent vive go frem the Gold, and that not any Mercury may be found nor be feen by your Gold which remaineth at the bottom of the Retort.) And then take your Glafs Peftel,and Powder again your Gold very fmall, and Amalgame your Mercury again with your Gold, by little and little, as before is mentioned.

You will find that the Gold and Mercury. will not well mix together as it did in the firt and fecond time.

Then take it and put it again in the Retort and dittil it again as it is mentioned, not calting any Powder away, which you will think to be feces, if you do caft it away, you will I fay lofe your Precipiolum. And when the Mercury is diftilled away from the Gold again, take your Glafs out of the Furnace or out of the Sand copel, fcrape your Gold with the crooked Iron, again out of

## Preeipiolum,

your Retort and you thall find that your Gold is much encreafed, if you fhould weigh it; the reafon is your Gold is the Load-ftone, which hath attracted the Precipiolzm, or your Gold is the Cask wherein the Philofophers Wine hath let fall its Tartar which Paracelfus ©rsHelmont calls Precipiolum.

Now how fhall the Philofophical Tartar or Precipiolum be feparated from our Gold ?

Take your Gold which you have frraped out of the Retort, and put it into your Glaffen Morter, and pouder it very fmall with your Glafs Peftel and mingle your Mercury by degrees as by little and little.

Your Mercury will hardly mix with the Gold, the reafon is, the Gold is full of the Precipiolum, and then it is time to Ceparate the Precipiolum from the Goid and Mercury, which is a Womans work, when her Cloaths, are foul, the wafheth them from their foulnefs. The fame way you muft cleanfe your Precipiolum from your Gold and Mercury as followeth.

When you have the fign that your Mercury will hardly mix with your Gold, and your Gold will not enter into your Mercurizm vivum, then power on it the clearelt and faireft Water (diltilled is beif) that it may go over three Fingers breadth your Gold and Mercury, then wath it well, ttirring it with

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your Peffel the Gold and the Mercury and the Water togerher which is in the Morter, I fay you hall wifh it together very well, until you fee your Water is difcoloured blewith black: Then is the fign that the Gold doth let fall the Tartarum or Precipiolum in the Water and maketh it blewifh black, then power off the Water into a Glafs (obferve that not any Mercury may fall with the powring out the blewi(h Water) then powr more frefh Water upon your Gold and Mercury, and wafh it again as is mentioned, and when your Water is blew again powr off the Water to the former Water in the Glafs, and thus continue wafhing till your Water remain white, then power this Water to the other Water in the Glafs, and cover your Glafs very clofe, that not any foulnets may fall into the Glafs. Obferve that your Gold will go again into the Mercury, when that Preciposlum is wafhed away as Wax gnes in melted Butter.

Take your Amalgama abovefaid, make it dry upon warm Alhes very fottly with a Spunge, and by a little heat that the Amalgama may be dryed and when it is dry put it again in the Retort, and dittil it as is befure mentioned with the Mercury as with cohobating; that is to fay in diftilling your Mercury, fo often from the Gold that the Gold

## Precipiolum,

will hardly mix with the Mercury, and this is the fign that the Gold hath attracted enough from the Pracipiolum, and then it is time to feparate with wafhing your Pracipiolum from your Amalgama.

Now obferve, I gave you Charge that you fhould keep your Glafs wherein you put your blewifh Water : which will be clear, and a Powder fettled at the bottom, which is fome of the Precipiolum.

Then power off the clear Water from the Precipiolum without difturbing the Water, as foon as you can into another Glafs: Now when you have that fign, that your Gold will not mix well with your Mercury, or not without great Trouble, then power the fame Water, which you powred off from your Pracipiolum into another Glafs, as it is mentioned upon your Amalgama, and walh it again, and when your Water is blewih power off the Water to your Pracipiolum into another Glafs , as it is afore mentioned, upon your Amalgama, and wafh it again, till all your Water hath wafhed away the Precipiolum, and then ftop your Glafs again that no foulnefs fall into it, then take your Amalgama and dry it again very gently, and diftil again, as is mentioned, till you have the fign, and then you fhall wafh it again with the firf Water, and you fhall find that your

56 Van-Helmonts.
Precipiolum will Augment or increafe daily. Thus filling and walhing thall you continue till the Mercury is freed from its Mercu ry coagulated or Pracipiolum.

Obferve if the Water Chould grow lefs add to it now and then frefh Water.

Now the fign is when the Mercurius hath loft all its Sperm, or its Tartar, or its Mercury coagulate, or its Precipiolum: The Mercury and the Gold will mix always well together, and if you fhould dittil it a thoufand times that Gold and Mercury the one from the other, and if you fhould wafh it a thoufand times the one from the other with frelh Water, the Water will be clear, not blewilh and fo long as the Pracipiolum is in she Mercury, the Gold and Mercury will hardly mingle one with another, and then when you would have it mix together you mult wafh it, and then it will lovingly mix again when it is walhod: So I fay when your Pracipiolum is all feparated from the Mercury, if you fhould a thoufand times difiil your Mercury from your Gold, it will mingle always lovingly togecher, and you will not find any Powder left, it will go all into the Mercury and your Water remain clear and white.

Now further to our intent, as to make or prepare your Precipiolum for a Medicine, power your clear Water, from the Powder which lyes at the bottom, in the Glafs that no Water may be left by the Powder.

Put the Glafs upon a little warm Afhes that the Powder may be dryed, the Powder will look blewilh yellow; alfo, put the powder into a little Cucurbit Glafs, and diftil five or fix times Spiritus rini from it, then your Precipiolum is made ready for a Medicine.

## The Dofe two Grains, or three at the mofto

## Compofitio Aque Albuminum Oiorum.

Take a good quantity of Eggs, boyl them very hard, then take the Whites and cut them very fmall, and diftil thern per Cineres per Alembicum very fffily, till you have gotten all the Water from the Whites, then take the Egg-fhels, burn them to Alhes, and put thofe in a Retort, and power upon them their con Water, and diffil it per arenam very frongly, and then power this Water upon the Athes again, and diftil it again, thus continue five or lix times, the Water is ready for the Precipiolam, the Mercurys coagulated Silt.

You

You may remember I gave you Inffruction, that you hould pour off the clear Water from the Pracipiolum, and you fhould make dry the Pracipiolum, and that Pracipiolum bring to a Medicinal Powder, or you fhall bring all Mettals, Principally his own Body into his firlt matter, which cannot be done without the Pracipiolum Salt, which is hidden in the Water you powred from the Pracipiolum, the fame Water filter through a gray paper, and fet the Water to evaporate in a round Glafs very foftly in Afhes, when the Water is evaporated away, you fhall find at the bottom of the Glars a yellow whitith Salt, which is the Salt of the Precipiolum, and the Clavis of the Philofophers, wherewith they do unlock the Lock of the Precipioli, and bringeth the fame to his firft matter.

If you know not this Salt, you know nothing of the true Chymiftry : This Salt doth decreafe in the decreafe of the Moon, and increafeth at the full-Moon, and one Grain will Purge very foftly all Podagrous, Venemous and Hydropical Humors with two Grains of your Precipioli prepared.

How to bring the Precipiolum into bis firft or lippery matter.

Take your Salt and twice as much of your Pracipolum, when it is made dry firft diffolve pour Salt in fair warm Water, and power t upon the Precipiolum, and evaporate it away very gently in warm Afhes with a genle Fire; then take your Precipiolum with its one Salt and put it into a little Retort, nip the Neck of the Retort very clofe, or melt it rogether, or Seal it with Hermes Seal, then put it into Balneum vaperofum and let it fland lix Weeks in digeftion or to putrifie, and it will turn to a llimy $W$ ater, then take your Retort, and open the Neck, then lay your Retort in a Sand Furnace and cover your Retort with an Earthen Pan, and lay a Receiver well luted, and firt give a flow Fire, then a ftronger, and this continue till your Spirits be well refolved into $l \mathcal{V}$ ater, firft your Spirit will come in form of a white Cloud, and at laft in the form of red Clouds or red Smoak, and give Fire fo long till all your Spirits be come over into clear white $W$ ater, and when you have this fign, take your Recciver from the Retort, and fop the Receiver very well with $W$ ax that no Spisit may fly away: Then let your Fire go out, then rake the
the matter which remaineth in the Retor ourt of the Retort, and put the fame into Botchead and ftop it well, and fet it in a warr place, then take your Spirits which are i the Receiver and rectifie them once,and kee thofe Spirits very carefully. Obferve this, yo may remember, when the Precipiolon hat loff its Mercury that the fame Mercury, wi be fo bright, as a Venus Lookinglafs; tak the fame bright Mercury and diffolve hin in your before-mentioned Spirit, as now fol loweth.

Take one part of your bright Mercur and put it into a Bolthead, and power upor it two parts of your Spirit of Mercury, and ftop it very clofe and let it thand in a littli warmth, and the Mercury will diffolve o melt in your Spirit, and then diftil it togethe through a Retort in Sand, and again taki one part of your bright Mercury and put i into a Bolthead, and power upon it twe parts of your Spirit and fet it in a warr place and the Mercury will melt in the Spirit then diftil again through a Retort in Sand and it will come over in the form of Water: this continue as lorg until the half part of your bright Mercury is brought to a cleat Water, when you have this clear Water keep it very clofe ftopped with Wax, and rake your Powder, which I gave you tc
eep in a Bolt-head, and place it very deep a Sand Copel, and give it a very frong ire for twenty and four Hours, then let the ire go out of the faid Copel, and flir the owder with a Wooden-ltick, and power pon it the half part of your clean Mercurial Jater, and ftop the Glafs or melt the Glafsouth together; then Chake it, and let it and in a warm place for three or four days digeltion, powr off this into another lafs, and powr upon the remainder of the owder another half of the Water and ftop a melt the mouth of the Glafs again, and tit fand again for three or four days in a arm place in digeftion; then powr it out , the former Water, and ftop the Glafs, or relt the mouth of the Glafs very clofe, that o Spirit may fly out or fly away, and let it and in your Balneo Vaporefo eight days, and ren diffil it through a Retort, and if any uff fhall remain in the Retort, which will e very little, powr upon it your Spirit gain, and diftil it over until all is gone ver.
Now is the Salt with his own Spirit mixt gether and brought into the firt matter, eep it very well Itopped.

Van-Helmonts.
Thisis the Water that the Philofopher: have given divers, yea above a hundrec Names unto it as their Horfe-dung, thei Balneum Maria, their Calx Vive, and ir fhort, this is the Philofophers true Fire, with. out this Fire or Water no man can do any true Work in Chimiftry.

The Philofophers having brought fort? this Salamander, which Salamander wil never wafte in the Fire, the longer the ftron ger.

This Water will increafe or multiply per Infinitum, that is to fay, if all the Sea Thould be Mercury it will turn the fame into th firlt matter.

Firft you muft walh your Mercury wit? Salt and Vinegar divers times, and at lat with Water to walh away the Salt, the mix this Mercury with Calx Vive and calcined Tartar, and diftil it in a Retort in Sand Furnace, and lay so it a Receiver, fil led almoft half full with Water, and wher your Mercury is dry, then fqueeze hin eight or ten times through Leather, and ther is your Mercury well purged from bis un cleannefs.

This is the Mercury you fhall ufe in multi plying your Spirit or Aftrum Mercurii.

Take of this Mercury purged one part, and of your Spirit or Aftrum Mercurii two parts, put them together mixt into a Bolt-head, ftop in well the Bolt-head, and let it fland in a warm in. place one Night, and your Mercury will melt in your Spirit or Altrum Mercurii, and turnit into Water, and then diftil it through the a Retort, and thus you may do by repeawill ting your Water with freth Mercury as long en- as you pleafe. This Water will bring or diffolve all Stones and Gold and Silver into petheir firt matter, Item, it will bring Gold and Silver over with him, through a Retort, and that Gold and Silver will never be reparated one from the other.

The reafon is, Gold and Silver and all metals be of the fame Nature, and have beginning from the fame Water; there is nothing in the World, but hath its beginning from it.

## The Univerfal Medicine.

Take of fine Gold that is made fine Powder (that is to fay, take the fame Gold, which did remain, when you made your Precipiolum ) one part of your fineft Silver, made to fine Powder two parts, put every metzl by it felf into a Glafs, power Tak upon each your Aftrun Mercarrii, that it may
go over it one finger breadth, and ftop each Glafs very clofe, and let it ftand in a warm place for eight days together, and your Gold and Silver will be almoft diffolved into Water, then powr off the Water every one by it felf in a Glafs, and power more $W$ ater to the Gold and Silver whici did remain, and let it fland eight days in a warm place, and then powr your Waters off to your former Waters, and all vour Gold and Silver will be diffolved into Water, and there will remain forme freses; then take of both thefe $W$ aters of each the fourth part, and put then together in a Bolt-head, that no more of the Bolt-head be empty then three parts, and Seal your Bolt-head or melt your Bolt-head mouth very clofe, and put your Bolt-head into an Athanor with your matter into a continual warm heat until it do come to a fixed red Stone or Powder; before it do come to a sed Powder, will appas in your Bolt-head many Colours, as bisck, green, yellow and red, and when it is red and a Powder, then take your Bolr-head and bury it in a Sand Copel very deep and give by degrees Fire, and at laft a very ftrong Fire, and it will melt as $W a x$, and let it ftand one whole week, or the longer the better, then take it out and let it cool, and break your Glass and you will find a fixt Stone, or Powder as

## Precipiolum,

red as Scarlet, I did give you Charge that you fhould keep three parts of your Gold and Silver which was diffolved into Water, put both thefe Waters together in a Retort, difili them, and both the Gold and Silver will go with the Water over through the Retort, with which Water you thall multiply your Medicine.

Now take one part of your Medicine made into fine Powder, and put it into a little Bolt-head, and poure upon it twice as much of your Water, as of Gold and Silver, and Seal it again, and fet it into your Athaor again, until it do come into a red Powler, and then put it again into the Sand, for o give him the Fixation, that he may melt ike Wax: Upon fuch a way you may muliply your Medicine ad Infinitum, and your 'owder will diffolve in any Liquor.
Now as to make your Aftrum Horizontale, r your Golden fixt Precipitate.
Take the Gold that remaineth over in the orking of your Precipiolum, and make it to a Powder, diffolve it in your $A / t$ trum Merrrii as much as you will, diftil through the etort once or twice, and your Gold will o over along with your Water, and will near be feparated one from the other, they are th of one Nature.

Now take your Precipiolum which is made dry, (I do not mean your Precipiolum which is made already dry to a.Medicine ) put it into a little Glafs Cucurbit, and pour upon it your Golden Aftrum Mercurii, and diffil it from it three or four times very flowly, and at laft very ftrong, and your Precipiolum will be red and fixed, if you will you may do the fame with Mercury purged, it will fix the fame to a red Powder, and you may do this work with Silver, and with your Precipiolum or Argentum vivum purga tum. No man can find out all thofe Secrets which are hidden in this Philofophical Men. firuum.

## The Oyl of Gold.

Take one part of Gold, five or fix part of the beft Mercury, mix them both roge ther, and then diftil the Mercury from th Gold, and then mix the fame Mercury a gain with the Gold, and this continue un til your Gold will not mix with your Mer cury, then take the Gold and grind it, an put it into a clean Crufible and Calcine it till it be almolt red-hot, and then extinguil your Gold in the beft rectified Spirit of Vi neger, when it is extinguifhed pour o your Vineger from the Gold: make you

## Precipiolum.

Gold dry, and then make it hot again, then again extinguifh it in your former Vineger, and this repeat five or fix times, and then, take your Gold and make it dry, and Amalgame it again with the aforementioned Mercury, and diftil it again as at the firf, and this do fo long until the Gold will not inix with your Mercury, and then Calcine your Gold again, and extinguilh it in the former Vineger five or fix times, if your Viieger decay or watte you may add to it fome nore fref Vineger. And this you may coninue until you think there is no ffrength eft in your Mercury: Then you muft take refh Mercury and go to work as before, and o continue, till you think you have enough rom the Gold.
Then take your Vineger which is impregrated with the whole Effence of Gold, Evarorate it, or difril it very foftly off, and it will lye at the bottom, like a yellow Salt, which you fhall diffolve in fair diftilled lain Water ; filter it and evaporate it again oftly, and then put it into a little Retort, nd place it in Sand, with an indifferent arge Receiver for it, and give a Fire by legrees and it will come over in a white pirit like Smoak, and then it will come over ed like Saffron, and when it is refolved into red Liquor, let the Fire go out ard keep

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$$ drops.

This is (faith the Author) one of the greatef Medicines under the Sun, and you can hardly get a better.

Three drops, are able to extinguilh any ficknefs, and in this Oyl of Gold is the greateft Secret of Nature.

With this Liquor Reymond Lully figureth Mercury in Exenterata Natura.

Thefe Proceffes was by a German given to Mr. Richard Pratt, who lived fome time in Hanthire and cured the German of a Sicknefs, for which Kindnefs the German gave him thefe Proceffes, protefting that they were fome of Van-Helmonts, and Mr. Pratt gave them to Mr. Yalden minifter of Compton near Godlyman in Surry, who fent them to Dr Salmon to Print, which he neglecting, fome Years they were fent with Dr. Antonies': Recipe of his Aurum potabile to William Coope: to Print for the benefit of the Publick, anc fince I recciv'd them, I find Dr. Salmon hatt newly Printed them in his Doron Medicun called Liquor Aureus, Lib. 2d. Book 11. Secti 2. page 520 to 523 . As for the Electrum msi nerale Immaturum which he calls Idea, vide $D_{0}$ ron lib. 1. Cap. 27. page 315. to 326. Bu fo very much mangled and altered by put ting in feignedNames, when indeed he receiv"
all of them in their proper known Names as you have them here Printed one purpofe to prevent mens being deceived, for Mr. Yalden is a Man of fo Chriftian a Temper, that he thirfteth to do all the good he could in this World, the Truth hereof his poor Parifhioners and Neighbours will fufficiently teftifie. Therefore to undeceive the $W$ orld, and to fave men from falle Broyleries and Chargeable Expenfes, I have here Printed the true Copy as Mr. Yalden Cent it to me, W.C.Bo

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AURひM-POT ABILE :

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## RECEIT <br> O F

Dr.FR.ANTONIE.

## SHEWING,

His Way and Method, how he made and prepared that moft Excellent Medicine for the Body of Man.

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L O N D O N,
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Printed for William Cooper, at the Pelican in Little Britain. 1683.

## Dr. Fr. Anthonie’s Receit

 Jheroing the may to makebis moft Excellent Medicine called Aurum Potabile.

Pake Block-tinn, and burn it in an Iron Pan ( making the Pan redhot before you put it in (and keeping a continual Fire under it, and firring it always till it be like unto Alhes, fome will look red, it will be burning a day, or half a day at the leaft, it muft be firred with an Iron Cole-rake, a little one, the hardle two Foot long.
G. H. M. Made an Iron Pan a Foot and half long, and a Foot broad, the Brims two Inches deep, and made an Oven in a Chimney with Bars of Iron in the bottom, whereon he placed the Pan, and a place under to make Fire, and it will after this manner fooner be burned (viz half a day) the Smoak will not hurt it.

## Dr. Fr. Antonie's

This A/bes keep in a Glafs clofe covered.
Take of there Athes $4 \frac{2}{3}$, and of the frongett red Wine Vineger 3 Pints; and put them in a Glafs like an Urinal, the Afhes being put in firft lute the Veffel, and let him ftand in an hot Balneum 10 days, which ended, take it forth, and fet it to cool, and let it fand 2 or 3 whole days that the Feces may fink unto the bottom, the Glafs muft be thaken 6 or 7 times every day.

That which is clear let it run forth unfiltred by 2 or 3 Woolen-threds into a Glafs Bafon, and diffil it in a Glafen Still, till the Liquor be ftilled all forth, this diftilled Water put upon 4 ounces of frefh Afhes, upon the Alhes from which the firft Liquor was filtred, putalfo a Quart of Arong red Wine Vinegar, lute the Glars as before, and put him into the Balneum, and there let him frand to digeft 10 days, filter this, and diftil it as aforefaid, thirdly pour on that Afhes one pint of the like Vineger, and put it in Balneum 10 Days, filter it, and diftil it as aforefaid, after the third Infution throw asway the Afhes.

Diftil all the Infulions apart, till the Liquor be clean diftilled forth.

Take this diftilled Water as often as it is diftilled, and pour it upon now Afhes, keeping the weight and order, their Infufions, Filtrings, and Dettillations, reiterate 7 times.

And you fhall have of this Water the Meriftruum fought for.

You mult take heed that the Vineger be of red Wine, and very ftrong, otherwife your Menfruum will not pertorm your Expectation.

The Bifhop gave Dr. Anthony 30 s . for a quart of Menftruum.

Takc an ounce of pure refined Gold, (which cofts 3 l .13 s .4 d .) calt into a Wcdge and File it into fmall Duft, with a tine File, put this ounce of filed Gold into a Calcined Pot, and put to it fo much white Salt as will near fill the Pot, and fet it among Charcoals where it may fiand continually hor 4 Hours, (if it fand too hot the Salt will melt ) which 4 Hours ended take it forth, and let it ftand to cool, then put it on a Painters Stone, and grind it very fmall with a Muller; then put it into the Pot and Calcinc it, and grind it again, till you have done it 4 or 5 times it it look red and blew when you take it forth it is perfect gond.

After this calcining, and grinding, put it into a Glafs Bafon, and put to it the Bafon full of fcalding hot Water, and ftir it a good while, till the thick part is fully fettled to the bottom, then pour away that $W$ ater, and put the like, fitir it, and let it fettle as before, and fo do again, till the $W$ ater when it is fettled have no tafte of Salt, this will be doing two or three days.

Of this nunce of Gold, there will be hardly above 16 or : 17 Grains brought into fine white Calx, but to feparate it from the Gold, leave a little of the laft freth Water in the Bafon, and ftir it well rogether, the Calx will fwim to the top, which foftly pour from the Gold into another Bafon, if all the white Calx go not forth, put a little more $W$ ater and ftir it again, aud pour it into the Bafon to the other Calx, then let it fettle, and pour away almoft all the Water, and Evaporate away all the reft over a heat till it be throughly dry, and fo put it up into a Glafs.

Then put the Gold which is not yet Calx to Salt as aforefaid, and Calcine it, and grind it four times again, and then walh it, and then take the Calx from it as before,and the Gold that remains, calcine and wafh, as before till it be all Calx.

Take

Take an ounce of this Calx, and put it into an Urinal like Glass, containing about a pint, and put to it half a pint of the Menfru$u \mathrm{~m}$. Set this Glads in a hot Balneum. fix days (being clofe luted) and flake it often every day; when the fix days are ended, let it flan two or three days, then pour away that which is clear, very gently, for fear of troubling the Feces; to there Feces put fret menfruum, but not fully fo much as at the firft, and fo the third time, but not fully fo much as at the fecond, then take the dry Feces which is the Calx, and keep it left forme Tincture remain in it.

There coloured Liquors put into a Glass Still, and diftil them in a Balneum at the firf, with a very gentle Fire, till all that which is clear be run forth, and that which remains be as thick as Hong, then take it forth, and fer it to cool, then put the Glads into an Earthen Pot, and put Afhes about the Glass into the Pot, and fix the Pot into a little Furnace faff, and make a Fire under, fo that the Glads may flank very warm till the Feces be black and very dry, (you may look with a Candle through the Glafs Still, and fee when it is rifen with bunches and dry.) Then take away your Fire, and let the Glass be very cold, then take out the black Earth, this black Earth being taken forth,
pu:
put it into a Glafs Bafon, and grind it with the bottom of another round Glafs to Powder, then put it into an Urinal-like Glafs containing about a pint, and to that put a litthe above half a pint of the Spirit of $W$ ine, fet this Glafs in a cold place till it be red, which will be about ten days, thake it often every day, till within three days you pour it forth. Then pour away the clear Liquor gently, and that clear put into a Glafs-Still (or other Glafs till you have more,) then put more Spirit of $W$ ine trs that Feces, and order it as before, and if that be much coloured, put Spiritus Vini. to it the third time, as at the firft, put all thefe coloured Liquors together, and diltil them till the Feces (called the Tincture) be as thick as a Syrrup.

Take an ounce of this Tincture, and put it into a pint of Canary Sack, and fo when it is clear, you may drink of it, which will be about a day and a half.

> The Pieparation of the Vineger to make the Menfiruum.

Glaffes neceffary get 3 or 4 Glafen Stills which will hold a gallon or two apiece, the Balueum 2 foot and' a halfe fquare to hold many Glaffes. Gèt about 6 gallons of the fliongeft red IF: ne Vinegar (Vineger of Claret
ret or White- $W$ ine are too weak) made of red Wine, Sack or Mufcadine, and fet as many Stills going at a time as your Balneum will hold, take a pint of that which runneth firf, and put it away, as weak and not for his ufe, then Still out all the reft till the Still be dry, walh the Still with a little of the (flegm) the firft running, and then wipe him dry, then put in that which was diftilled, and do as before, putting away the firft pint, and fo do five times, fo of a gallon you thall have 3 Pints of the Spirit of Vineger, and of ycur 6 gallons, only two gallons and two Pints, and if your Spirit be yet too weak difil it oftner.

This keep in a Glafs clofe ftopped to make your Menffruum.with; you may fop it with Cork, and Leather over it.

You mult provide three frong green Glaffes to make Menfruumz, with little Mats round the bottoms, containing four Pints apeice.

To Lute them, fit a $W$ ooden floppel of dry Wood firf boyled, and then dryed in an Oven, to the Mouth, then melt hard Wax to fill the Chinks, then pafte a brown Paper next over that, then prepaze luting of Clay, Horfe.dung and Afhes, and flopover all that.

Glafs Stills 2 or 3 to diftil the firf Infufions on the Earth, cover 3 or 4 Pints a peice of green Glafs .

The Rule of all Stillings, you muft pafte brown Paper to the clofing of the head of the Still, and alfo pafte the Receiver and nofe of the Still together fo that no Arength go forth.

Calcining Pots provide about a dozen, for many when they are put into a ffrong Fire will break, then muft you let your Fire flack.

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F I N \in I S .
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## A

## TREATISE

 O FBERNARD
EARLOF

TREVISAN,
of THE
Philofophers Stone.

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L O N D O N
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Printed for William Cooper, at the Pelican in Little Britain, 1683.

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# A Singular Treatife of BernbardCount Trevifan concerning the Pbilofopbers Stone. 

Onfidering the long Defires and Hopes of the Students in the Chymick Art, I will in the prefent Treatife briefly and openly declare this Art. Firlt therefore the Subject of the Art is to be known, in the fecond place, the Foundation, in the third, the Progrefs, fourthly and laftly, the Extraction of the Elements: Which being known, every one may moft eafily attain the ead of the Art.

The Subject of this admired Science is Sol and Luna, or rather Male and Female, the Male is hot and dry, the Female cold and moyft, and know for a certain that our Stone is not compounded of any other thing, although many Philofophers name feveral other things, of which they fpeak Sophitically.

F 2 Never-

## 84 <br> Bernard Trevifan,

Neverthelefs by Scotus, Hortulanus, St. Thomas, and Cbriftopher Parifienfis, and very many others, many other things for an other Caufe are fophiftically reckoned up, that Ignorant Men may be deceived, becaufe it is not fit for Fools to know our Secrets : And this is it, which I thought fit at this time to propound concerning the Subject of our Art.

The Foundation of this Art, is the Knowledge of the four Qualities; and that in the beginning of the work, Coldneis and Moyfture have the Dominion: For as Scotus faith, As the Sun dryeth up the abundance of Water in Fenny and Boggy Places, after the fame manner our Sulphur when it is joyned with its Whater or Mercury, doth by little and little confume and drink up the fame by the help of the Fire, and that by the affiftance of the only living God.

The Progrefs is nothing elfe than a certain contrary Action, for the Defeription of contrary things is one and the fame, and if thou fhalt have twice made this equality, thou fhalt finilh the whole Progrefs.

## Of the Philosophers-Stone. <br> 85

But now all skill confifteth in drawing forth the Elements, wherefore read over that which followeth fo often, until thou canft conceive and underfand it; and know that no one ever fpoke fo plainly as I in this Place, as thou wilt find by what followeth: Therefore give thanks to the great God, and be grateful to thy Friend who communicated to thee this Tractate: Live alfo according to God and reafon, becaufe Divine $W$ ifdom will not enter into a wicked Soul, nor into a Body fubjected to Sins.

The Extraction of the Elements is a certain Compofition of Blacknefs, Whiterefs, Yellownefs, and Rednefs : And know that Natures ought to be drawn from their Root. But the Root is a certain Congregation of Elements, confifting in Sulphur and Mercury, which they call a confufed Mafs. But the Natures, which are drawn forth from the Root are Sulphur and Mercury, which when they are joyned together are feparated, and purified, that they may be the better mingled afterwards, and united with the Body, out of which they are drawn. And after the Colours have paffed, and that which is above, is made like that which is below, and that which is below like that above, then Miracles will from thence appèar. Which being done, thou haft a Trian- is contained in four.

Now remaineth the Multiplication, in which this briefly is to be noted; That the Elixir ought to be nourifhed out of the fame things, from which at firl it had its Compofition. No Philofopher before now hath fo openly declared this, as I have here done; and that for two Caufes, firft becaufe from the beginning to the end of the work a long time is required, although fome Philofophers do fay, the Stone may be made in one day, and others in one month : But know that they Tpeak Enigmatically, and that their words ought not thus to be underltood.

Neverthelefs I fay with Scotus that the Stone or perfect work may be made in one year. Secondly, becaufe Man's Lite is fhort,and he groweth Old, before he comprehendeth and undertandeth what is needful to be done in the Compolition of the Stone. And therefore I have here fo openly explained all things, leaft this, fo noble a Science, lhould be loft and perilh.

> The Theory of the fane Author.

Ule venerable Nature, for the Philofophers from their own Auchority have impofed various Names on this Nature, by rea-

## Of the Philofophers-Stone.

fon of divers Colours appearing in its Alteration. For when it appeareth under the form of Water, they have called it Argent vive, Permanent Water, Lead, Spirit, Spit, tle of Lune, Tinn, orc. And when it's made dry and becometh white, they have named it Silver, Magnefia, and white Sulphur. And when it groweth red, they call the fame Gold and Ferment. But they do not vary in the thing it felf, when that is always one thing only, and the fame matter, and always of the fame Nature, in which nothing entreth which is not drawn from it, and this which is next to it, and of its Nature. And this is moft true, to wit, the Stone is one, and one Medicine, and it is a Water clear, and bright, permanent, pure and thining of a Celeftical Colour. And if Water did not enter into our Medicine, it could not purifie nor mend it felf, and fo thou couldft not obtain chy defire : But that which doth mend it is Sol, for the Warer cannot be made better without it: For without $S o l$ and his fhadow a tinging Poyfon cannot be generated. Whoever therefore fhall think that a Tincture can be made without thele tiwo Bodyes, to wit Scl and Lune, he proceedeth to the Practice like one that is blind. For Body doth not Act upon Body, nor Spirit upon Spirit: Neither doth Form
receive an Impreffion from Form, nor Mat ${ }^{-}$ ter from Matter, when as like doth not Exercife either Action or Paffion upon its like For one is not more worthy than an dther, wherefore there can be no Action betwixt them, when as like doth not bear Rule over like. But a Body doth receive Impreffion from a Spirit, as Matter dott frorn its Form, and a Spirit from its Body, becaufe they are made and created by God, that they may Act and fuffer each from other. For Matter would flow infinitely; if a Form did not retard and itop its Flux. Wherefore when the Body is a Form informing, it doth inform and retain the Spirit, that it afterwards cannot flow any more.

The Body therefore doth tinge the Spirit, and the Spirit doth penetrase the Body, whereas one Body cannot penetrate an other Body, but a fubtil Spiritual congealed Subftance doth penetrate and give Colour to the Body. And this is that Gummy and Oleaginous Stone, proportioned in its Natures, containing a Spiritual Nature occully in it felf together with the Elements purifyed. Therefore the Philofophers-Stone is to be wholy reduced into this Gumminefs by the laft Reiteration or Inceration of a certain genthe Flux, refolving all the Elcmonts, that they flow like Wax. Eut whon it is the Stone

## Of the Philofophers-Stone. 89

Stone, it appeareth like Copper, whereas notwithftanding it is a certain Spiritual Subflance, penetrating and colouring or tinging all Metallick Bodys.

From hence thou mayft eafily guefs, that this doth not proceed from the crallitude and grofsnefs of the Earth; but from a Spiritual Metallick Subftance, which doth penetrate and enter. Wherefore it behoveth thee to refolve the Body into a fubtil Metallick Spirit, and afterwards to congeal and fix, retain and incerate it, that it may flow before it tinge. For Gold doth Colour nothing befides it felf, unlefs firft its own Spirit be extracted out of its own Belly ; and it be made Spiritual.

And know that our Mercurial Water is a living Water, and a burning Fire, mortifying and tearing in pieces Gold more than common Fire. And therefore by how much more it is better mixed, rubbed and ground with it, by fo much more it deftroyeth it, and the living fiery Water is more attenuated. But now when three are made one in the Form of a congealed Subftance, then it hath in it a true Tincture, which can endure the Violence of the Fire. Therefore when the Body is fo tinged, it can tinge another, and it hath in it felf all Tincture and Virtue. And from hence all they who tinge with

Sol and his Shadow, (viz.) with the Poyfon, that is Argent vive, do perfectly compleat our Stone, which we call the great and perfect Gumm. And know for certain that it is not neceffary, that our Stone or Gumm lofe its firf Mercurial Nature in the Sublimation of its crude and firf Spirit : for the Oyl and Gumm pertaining to this Stone are nothing elfe, then the Elements themfelves Mercurialized, and made equal together, fhut up and coagulated, refoluble and living, retained or bound in the vifcofity of the Oyly Earth, and infeparably mixed. And we ought to know that that Gum or Oyl is firft drawn out of the Bodys, which being added, it is reduced into a Spirit, until the fuperfluous humidity of the Water be turned into Air, drawing one Element out of another by digeftion until the Form of Water be converted into the Nature of Oyl , and fo our Stone in the end gietteth the Name of Gumm and Sulphur.

But whofoever hath brought the Stone thus far, that it appear like a mixing Gumm, and fuffereth it felf to be mixed with all imperfect Bodies, he verily hath found a great Secret of Nature, becaufe that is a perfeet Stone, Gum and Sulphur.

## Of the Pbilofophers-Stone.

This Stone then is compounded of a Body and Spirit, or of a volatile and fixed Subfrance, and that is therefore done, becaufe nothing in the World can be generated and brought to light without thefe two Subftanese, to wit, a Male and Female : From whence it appearech, that alrhough thefe two Subflances are not of one and the fame Species, yet one Stone doth thence arife, and although they appear and are faid to be two Subftances, yet in rruth it is but one, to wit, Argent-vive. But of this Argent vive a certain part is fixed and digelted, Mafculine, hot, dry, and fecretly informing: But the other which is the Female, is Volatile, crude, cold and moylt ; and from thefe two Subflances the whole may cafily be known, and the whole Stone intirely underfood. Wherefore if our Stone did only confift of one Subflance, in it there could be no Action and palfion of one thing towards the nther; for one would neither touch nor cone nigh or enter into the oiher: As a Stone and piece of Wood have no Operation on cach other, fince they do confift of a different matter, and hence they can by no means, no not in the leat be mixed together, and there is the fame reafon for all things that differ in mattel. Wherefore it is evident and certain that it fhould be neceffary for the Agent and Pati-
ent to be of one and the fame Genus; but of a different fpecies, even as a man differeth from a Woman. For although they agree in one and the fame Genus, yet neverthelefs they have diverfe Operations and Qualities, ever as the Matter and Form. For the Mattes fuffereth, and the Form acteth affimulating the Matter to it felf, and according to this manner the Matter naturally thirfteth after a Form, as a Woman delireth an Husband, and a Vile thing a precious one, and an impure a pure one, fo alfo Argent vive coveteth a Sulphur, as that which fhould make perfect which is imperfect: So alfo a Body freely defireth a Spirit, whereby it may at length arrive at its perfection. Therefore Learn thou the Natural Roots, and thole that are better, with which thou oughteft to reduce thy Matter, whereby thou maytt perfect thy work. For this bleffed Stone hath in it all things neceffary to its perfection.

## The Practick of the Jame Autbor.

If we well confider the Words of Morienus that great Philofopher in Alchimy, who faith, Mix together Water, Earth, Air, and Fire in a due weight, without doubt thou wilt obtain all the Secrets of

## Of the Pbilojophers-Stone. 93

his Divine Science. And firf, when he aith, put into the Water, or putrific the Farth in Water, this fignifieth nothing elfe, hen the Extraction of Water out of Earth, and the pouring of Water upon the Earth, - long until the Earth putrifie and be cleaned, otherwife it would not bring forth its ruit. Secondly when he faith, mix Water nd Air, it's no more then if he thould have aid, mix Water now prepared with Air liffolved, or joyn and mix together difolved Air with Water. Judge ye your ilves : For you know that Air is warm nd moyff, and ye have the faying of Moienus concerning the diffolution of Air, Garth, Fire and Water. Some when they peak of Diffolution, fay that the Solution f the Fire is better, becaufe whatfoever ; diffolved in the Fire, that floweth in the ir. And Note that the Fire of the Phifophers is nothing elfe then the Air difslved and congealed. This you may better omprehend from fimilitude, and fuppofe that rft you have Air diffolved and congealed, to hich add Fire. The Earth ought to be firft repared, and the Fire diffolved, before they e mixed.
For the Earth together with the Fire aght to be put into a fit Veffel, and after
to be introduced the inextinguifhable
Fire

94 Bernard Trevijan, e̛c.
Fire of Nature, which when it defcendeth upon the Earth, devoureth the whole together with its Gumm, and converterh it into its own Nature. Wherefore if ye confider well the Sayings and Precepts of the Philofophers, and underfland their Myltical Sence, ye fhall come to all the Secrets of the Divine Chymick Art.

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Printed for William Cooper, at the Pelican in Little Britain. 1683.

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The Bofome-Book of Sir. George Ripley. The zobole Work of the Compogition of the Pbilofophical Stone, of the great Elixir, and of the firft Solution of the grofs Bo$d y$.

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Irft take 30 pound weight of Sericon f or Antimony, which will make 21 pound weight of Gum', or near thereabouts, if it be well iffolved, and the Vinegar very good, and liffolve each pound thereof in a Gallon of wice diftilled Vinegar when cold again, and $s$ it ftandeth in Diffolution in a fit Glafs Teffel, fitirr it about with a clean Stick very ften every day, the oftner the better, and then it is tvell moulten to the bottom, then G 3
filter

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filter over the faid Liquors three feveral times, which keep clofe covered, and caft away the Feces, for that is fuperfluous filth which muft be removed, and entreth not into the Work but is called Iefred damnata.

The making of our Gum or green
Lyon.
Then put all thefe cold Liquers thus filtred into a fit Glafs Veffel, and fet it into Balneo Marif to evaporate in a temperate heat, which done our Sericon will be coagulated into a green Gum called our green Lyon which Gum dry well, yet beware thou:burn not his Flowers nor deftray his greennefs.

The Extraction of our Menftrue, or blood of our green Lion.

Then take out the faid Gum, and put it into, a ftrong Retort of Glafs very well Luted, and place it in your Furnace, and under that at the firf, make fober Fire, and anon you Chall fee a faint Water iffue forth, let it wafte away; but when you fee a white Smoak or fume iffue forth, then put too a Receiver of Glafs, which mult have a very large Belly, and the mouth no wider then it
may well receive into that the Neck of the Retort, which clofe well together that no fume iffue forth of the Receiver. Then encreafe your Fire by little and little till the fume which iffueth be reddifh, then continue the greater Fire, until drops like blood come forth, and no more fume will iffue forth, and when that leaveth bleeding let it cool or affwage the Fire by little and little, and when all things are cold, then take away the Receiver, and clofe it faft fuddenly, that the Spirits vanilh not away, for this Liquor is called, our bleffed Liquor, which Liquor keep clofe ftopped in a Glafs till hereafter. Then look into the Neck of the Retort, and therein you fhall find a white hard Ryme as it were the Congelation of a Frofly vapour or much like fublimate, which gather with diligence and keep it apart, for therein are contained great Se crets which thall be thewed hereafter, after the great Work is ended.

> The Creation of our Bafis.

Then take out all the Feces which remaineth in the Retort, and are blackifh like unto Soot, which Feces are called our Dragon, of which feces Calcyne one pound or more at your pleafure in a fervent hot Fire
in a Potters or Glafs-makers Furnace, or in a Furnace of vente (or a Wind Furnace) until it become a white Calx, as white as Snow, which white Calx keep well, and clean by it felf, for it is called the Bafis and Foundation of the Work, and it is now called Mars, and our white fixed Earth or ferrum Pbilosophorum.

> The Calcination of the black Feces called our black Dragon.

Then take all the reft of the aforefaid black Feces or black Dragon, and fpread them fomewhat thin upon a clean Marble, or other fit Stone, and put into the one fide thereof a burning Coal, and the Fire will glide through the Feces within half an Hour, and Calcyne them into a Citrine Colour, very glorious to behold.

> The Solution of the Said Feces.

Then diffolve thofe Citrine Feces in fuch diftilled Vinegar, as you did before, and then filter it likewife, three cimes as before, and after make or evaporate it to a Gum again, and then draw out of it more of our Menflruum, called now, Dragons Blood, and iterate
iterate this Work in all points as afore, until you have either brought all, or the moft part of the Feces into our Natural and bleffed Liquor, all which Liquor put to the firft Liquor or Menftrue called the Green Lyons Blood, and fet that Liquor then altogether intone Veffel of Glafs fourteen days in Putrification, and after proceed to the Separation of Elements, for now have you all the Fire of the Stone in this our bleffed Liquor, which before lay hidden in the Feces, which Secret all the Philofophers do marvellouily hide.

> The Separation of the Elements robereaf the firft is the Air, and is alfo counsed our Ardent-Water, and our Water Attractive.

Then put all the faid putrified Menfituum into a Still of fine Venice Glafs fit for the quantity thereof, put on the Limbeck, and clofe it to the Still with a fine Linnen Cloth dipt in the White of an Egg, and then fet it in Balneo Marie, put to the Receiver, which inuft be of a great length that the Spirit refpire not out again, and with very temperate heat fe parate the Elements one from another, and then the Element of Air will iffue forth firft, which is an Oyl.

## Our Ardent Water or Water Attractive is thus made.

When all the firt Element is diftilled. then in another Still fit for it, rectify it, that is to fay, dillil it over 7 feveral times, and until it will burn a Linnen Cloth clean up that is dipt in it, when it is put to the flame, which then is called our Ardent Water rectified, and is alfo called our $W$ ater $A$. tractive, which keep very clofe ftrpped, fos otherwife the Spirit thereof which is very fubtil will vanifh away.

By often rectifying the Ardent Water, there will come Aer in a white Oyl fwimming above the Water, and there will remain behind a yellow Oyl which with a ftronges Fire will allo come over. Put Sublimate beaten fmall upon a Plate of Iron, and in the cold it will diffolve into Water, and filter it then, and put upon it fome of the Ardent Water, and it will draw to it felf all the Mercury in form of a gieen Oyl fwimming aloft. which feparate and put into a Retort, and diftil firft a Water, and afterward will come a green thick Oyl which is the Oyl of Mer. curs.

The Flood or Water of the Stone.
Then draw out the Flood or Water of the tone by it felf in another Receptory, which Liquor will be fomwhat white, and draw t with a very gentle Fire of Balnea, until here remain in the bottom of the Still, a thick Oily fubltance like unto liquid Pitch, keep this Water by it felf in a fit Glafs very :!ofe ftopped.

Note when the Liquor cometh white, rou mult put on another Reseiver, for then 1ll that Element is come over, two or three Jrops of this black Liquid Oyl given in Spirit of Wine cureth all Poyfon taken inwardy.

## Our Mans Blood is thus made and recilified.

Then put our Ardent Water upon that Matter blick and liquid, ftir them well together, and let it fo fland well covered, for 3 Hours then decant and filter it, put on fref Ardent Water and repeat this Operation $;$ times and then diftil it again with a moilt lent Fire of Balneo, and fo do three times, and then it is cailed Mans blood rectified, which the Workers in the Secrets of Nature do fo feek, and

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and fo haft thou the Elements exalted in the virtue of their quinteffence, namely the Flood that is Water and the Air, let this Blood be kept for a feafon.

> The Oyl or Fire, or the Earth of the Stone.

Then put up the Flood or Water upon the black and foft matter or Earth of the Stone, let them be well mingled together, and then diftil the whole until there remain in the botrom, an Earth moft dry and black which is the Earth of the Stone, fave the Oyl with the Water for a feafon clofe flopt in any wife.

## The Fiery IVater.

Then beat this black Earth into Powder, and mir,gle it with Mans blood, and fo let it fland 3 Bours, after that diftil it on Afhes, with a good Fire, and Reiterate this work 3 times, and then it thall be called Water of the Fire rectified, and fo haff thou three of the Elements exalted into the Virtue of the quinteffence, namsly, Water, Air and Fire.

## Of Sr. George Riply.

## The Earth.

Then Calcine the Earth black and dry, in Furnace of Reverberation, until it become very fine white Calx.

The Water of Life wobich is our Mercury and our Lunary.

Then mingle with this white Calx the iery Water, and diftil it with a ftrong Fire all ff as before, and Calcine the Earth again lat remaineth in the bottom of the Still, nd then diftil it again with a ftrong Fire ; before, and again Calcine it, and thus iftil and Calcine 7 times until all the Subance of the Calx be lifted up by the Limbeck, od then haft thou the Water of Life rectied and made indeed Spiritual, and fo haft rou the 4 Elements exalted in the Virtue f their quinteffence. This Water will difslve all Bodies and putrify them and Purge nem, and this is our Mercury and our Luna$v$, and whofoever thinketh that there is any ther Water then this, is Ignorant and a ool, and thall never be able to come to the fect.

## IIO Of Sr. Gecrge Ripley.

A grand Secret or Accurtation of Sr. George Ripley, for the belp of those which bauc made the Pbilofopbers Mercury and woboje Poverty difables them to proceed to either the Red or White Elixir

Take the Cerus or Cream of the fineft and pureft Cornifh Tinn moulten, reduce it into fine white Calx, put it into a fit Glafs Still, and thereupon pour a convenient quantity of our Mercury, when it is our Lundry perfect, then diftil that Mercury fromi the Calx again, and inbibe it therewith again, and again diftil and reiterate this work until the Calx is become fubtil and Oyly, yea and fo fubtil indeed, that it will How upon a Plate of Copper Fiery hot as Wax, and not evaporate, which then will convert Copper into fine Silver, for the foftnefs and nethnefs of the Tinn is taken away by the benefit of our Mercury confixed unto it by Virtue of which, it is made indurate and clean that it may agree with hard Budies in fufion and in Malleation even as pure Silver. This work is very gainful and eafie to be dealt withal, ufe it therefore uniil thou be Rich, and then I pray thee for our Lords fake go to the great work, which
s hear truly fet forth unto thee, according as oy Practice I have wrought and proved the ame. For the which thank God.

The Oyl wobich is the Element of Fire, and our red Mercury.

The Flood with the Oyl afore referved hall be diftilled with a molt lent Fire of 3alneo, and the red Oyl which remaineth in he bottum thall be diligently kept by it Kelf, or it is the Element of Fire, and the Waser hall be rectified again, and the fame work terated, until no more of our faid red Luna$y$ will remain in it.

## The work of Putrification.

When all your Elements be thus feparaed, then take the white Calcined Feces firf f all referved, called Mars, and put fo much hereof into a Chymia as will fcarcely fill half he Glafs, and thereupon pour fo mach of fur Ardent Water rectified as may but well over the Calx which done incontinent frop lofe the Glafs with a Blind-head, and fet it nto a cold place, until the Calx have drank ip all the Liquor, which it will do in 8 lays, then imbibe it again with the like quanity of the fame Water and let it fland eight days
days more, and fo Reiterate the work, from 8 days to 8 days, untill the fame Calx will drink no more ; but fland Liquid ttill, then Seal up the Glafo with Hermes feal and fet it in Balneo Mariz in a temperate heat to Putrifaction.

## The digeftion of the wobite Stone.

Then in that temperate Balneo let your Glafs fland unremoved by the face of fully. 150 days, and until the Stone within the Glafs become firft Ruffet, and after whitifh green, and after that very white like unto the Eyes of Fifhes, which then is Sulphur of Nature flowing, and not evaporating in Fire, and our white Stone ready to be firmented.

> Another Secret Accurtation of Sr. , George Ripley.

Take the above faid Sulphur of Nature, and project a quantity upon a Plate of Glafs fiery hot, and the Glafs fhall be converted inte a Silver Colour, and that Colour thall not be removed by any Art.

## The digeftion of the Red Stone.

Then take out the white Stone and divide. it in to two, and know the true weight of each half, the one half referve to the white work, the other half put into the Glafs, and real it up again with Hermes Seal, and then remove the Glafs into a Cinerition which is fomewhat a hotter Fire, and let it fland there likewife unremoved in that digeftion, until it occome Red, and of a Purple Colour, fo have you the red Stone alfo ready to be fermented.

## The Preparation of the Ferment to the wobite-Stone.

Then take Silver well purged from all Metalls, and other filth that may be joyned with it, and diffolve it in as much of our Lunary, which is our Mercury as the quantity fyour Silver is, and in no greater quantity is near as you may, and fet it upon warm Thes clofe covered, and when it is hroughly diffolved, the whole Liquor will e green, then rectifie our Mercury, clean rom it again twice or thrice, fo that no drop of our Mercury be left with it, then cal up the Oyl of Luna in a Cbenia, and fet

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it in Balneo to putrifie, until it thew all Colours, and at the laft come to be Chriftaline white, which then is the white Ferment of Ferments.

## The Fermentation of the robite-Stone.

Then put that half of the white Stone before referved, for the white-Work into a fit Glafs, and know his weight, and put fo much of the forefaid Lune Ferment into the Glafs with the Stone as may contain the $4^{t h}$ part of the faid Stone, and in the faid Glafs well luted fix them together, in a fixatory Veffel under the Fire, which will be well done in 2 or 3 days.

## The Inceration of the White-fone.

When they are thus fixed together, and become one very fine Powder, incerate, that is to fay, imbibe it with the white Oyl of our Stone, which is our Lunary by pouring on as it were drop after drop, until the Stune be Oylifh, then congeal it, and again imbibe it, and in this manner iterate this work, until this Stone will flow in Fire like Wax, when it is put upon a Plate of Copper Fiery hot and not evaporate, and congeal it up until it be hard, white and tranfparent cleat
$s$ Chryftal, then it is the Medicine of the hird degree, and the perfect white Stone, ranfinuting all Metaline Bodies, and chiely Copper and Iron, into pure and perfect iilver.

## The Preparation of the Red-ferment.

Then likewife take Gold very purely, firf jurged from all other Metals that may be joysed with it, with ten parts of Antimony, and hen diffolve it in our Mercury or Liquor $S_{0}$ utive, as before you did the Lune, and when i is perfectly diffolved the Liquor will be Sitrine; then in like manner, rectifie from : again our Mercury or Liquor Solutive, and hen Seal up the Oyl of Gold Ferment in a Shemia fit for it, and fet it in Balneo to Purifie, which likewife, will become black, and nuft fand fill unremoved in digeftion, unilit become white, which then remove into
ftronger Fire without opening the Glafs, nd then keep it until it change Colours nd become Citrine, which then is alfo Fernent of Ferments for the Red-work.

## The Fermentation of the Red-ftone.

Then to the other half of the Stone beore rubified, digefted, and referved for the

$$
\mathrm{H}_{2}
$$

Red

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Red-work, put fo much of the forefaid Gold Ferment as may contain the $4^{\text {th }}$ part of the faid Stone, and then fix them as you did the white-Stone, under Fire in a fixatory Veffel which will be then very well done in two or three days.

## The woork of Inceration for the Red.

When they are thus fixed together, and thereby become one very fine Powder, ince rate, that is imbibe it with the Red Oylo our Stone, then congeal it again, and again imbibe, and congeal and iterate this wort fo often until it will flow in Fire as Wax but not evaporate when it is put upon Plate of Copper Fiery hot, which then con geal up until it be clear tranfparent hard red in Colour like a Ruby or Jacinth, whic then is the Medicine of the third Degret and the perfect Red Stone, tranfmuting a Bodies, and efpecially Mercury, Lead and Sil ver into pure Gold, as any of the Natur Mine.

Thus have you the making of the Phile fophers Stones, both White and Red, whic is the great Secret of Philofophers. The Stopes muft be kept by themfelves in fever Glaffes, or fair Boxes in a warm place, dry at the lealt, as you would keep Suga

## OfSir George Ripley.

 tance, as they are apt to diffolve in every noift place which therefore preferve as is here heived.> The Multiplication or Increafe of the Vertue and Goodness of the aforefaid wibite and Red Stone.

If you lift to exalt your Medicine or Stone n quantity or goodnefs, then put your aforeaid white or red Stone, or part of each into feveral Vyol of Glafs fit for the quantity, lofe well the Viol, then hang your Glafs or Jlaffes in Balneo Marie vaporofe fo that it ouch not the Water, in this warm fume or reath, the Stone which was congealed beore in the Glafs will now be diffolved, which then congeal again upon warm Afhes, nd agsin thus diffolve and congeal, and fo terate this work of diffolution and congehatiin untilat laft the Stone within the Glafs liffolved will be congealed, affoon as he co-, neth out of the Pot or Balneo, and feeleth he cold Air, without any other manner of Jongelation to be ufed, and note that how fren in this work you do diffolve and conreal your faid Medicine or Stone, fo many imes doth he increafe his Virtue ten times in projection, fo that if at the firfone ounce $\mathrm{H}_{3}$ wild

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The Bofome-Book
will convert 100 ounces, after the fecond Solution, the fame one fhall convert 1000, after the third 10000 , after the fourth time 100000 , and after the fifth 1000000 parts of any imperfect Metal unto pure and true Gold and Silver in all Examinations as any of the Natural Mine.

> The way of Projection.

Becaufe it is very comberfon to melt a thouland thouland parts of any Body, when you will make Projection thus do. Take 100 ounces of Mercury firft wafhed with Salt, and Vineger, and put it into a Crufible, and fet it over the Fire, and when that doth begin to Wax hot, put in one ounce of your Elixir or Medicine thus prepared as afore taught you, upon that hundred parts of the cleanfed Mercury, and all the faid Mercury thall become Medicine, project, one ounce of that Medicine upon another $100 \geqslant$, of other walhed Mercurv, and it thall all allo be converted into Medicine, again the 3 time project one ounce of this congealed Mercury, upon another 100 ounces of walhed Mercury, and all thall be converted into Medicine, then project, the $4^{\text {th }}$ time I ounce of this, laft congealed Mercury, upon another 100 cunces of other walhed Mercury, and all that fhall be

## OfSr. George Ripley

onverted into Gold or Silver, according as our Stone was prepared, to the white or ed, praifed be God.

Accurtation of the great Work which $\int$ aveth balf the Work and Labour in the

Work revealed by Sr. George Ripley.

The white Froty Ryme or Powder whereIf I told you in the beginning, being found n the Neck of the Retort, after the drawng of the Menftrue is like Sublimate, and is jerfect Sulphur of Nature, and therefore neeleth neither Putrifaction nor Digeftion unto white, of this Sulphnr take either the half, or the whole if you lift, and alfo take fo nuch of Lune Ferment, when it is Firment of Ferments as may contain the $4^{t h}$ part of the faid Sulphur, feal them up both together in a Chemia and fix them together under the Fire in a fixatory Veffel, which will be well done in three days, and when they are become one very fine White Powder, then Incerate, that is to fay, Imbibe it with the White Oyl of our Stone, which is our Mercury, congealed, and imbibe and iterate this Work, and inall points do as you did in the White Work, in the great Elixir before, for this Sulphur is of the fame Nature, and
thus fhall you have the white Work perfectly made, and the Stone in half the time, and with half the Labour; which is not only a precious Jewel, but a great fecret allo.

The like Accurtation of the Red-work. done by the aforefaid Sul-
phur.

Take either the one half or the whole of this abovefaid Sulphur of Nature, and diffolve it once with our red Mercury congeal it again, and then Seal it up in Chymea and fet it in Cinerition (or Athes) till it be throughly digefted, and until it hath put on his Purple Colour or Fiery Chariot, then put thereunto fo much of the Ferment of Soll, when it is Ferment of Ferments, as may contain the $4^{\text {th }}$ part of the faid Sulphur, then fix them together under a Fire in a fixatory Veffel, which will be well done in 3 days, and when they be become one vary fine Red Powder, then Incerate, that is, Imbibe it with the red Oyl of our Stone, which is our red Mercury and red Lunary, and Fire of the Stone, and contizue in doing in all points as in the great Work aforefaid until the Stone be hard, tranrparent in Colour like a Ruby or facinth fowing in Fire, and not evaporating, then have you with lefs Labous and Expence of time
the perfect Red-Stone for the which tha God.
This is the pleafant and daintyGarden of the Philofophers, which beareth the fweet finelling Rofes white andred,abbreviated out of all the Work of the Philolophers, containing in it nothing fuperfluous or diminilhed, teaching to make infinitely Gold and Silver according as the Medicine was prepared, having Vertue to heal alfo all Griefes and Sickneffes as well proceeding of cold as of hot Caufes through the fubtilty of his Nature, above all other Medicines of Phifitians, for it comforteth the Healthy, flrengthneth the weak, and maketh the Aged feem Young, and driveth away all Grief, and putteth venom from the Heart, it moyfteth the Arteries and joynts it diffolveth all things in the Lungs, it cleanfeth the Blood, it purgeth the Pipes, and keepeth them clean, and if the Sicknefs be of one Months continuanse, it healerh it in one day, if of one Years continuance, it healeth it in 12 days, and if the grief be veiy old, it healeth it in one Month. To conclude, whofoever hath this Medicine, he hath an incomparable Medicine above all Treafures of the World, Praife God.

## $F I N I S$

## SPECULUM ALCHYMIE;

## THE TRUE



O F
A LCHEMY.

WRITTEN
By ROGER BACON.

$$
L O N D O N \text {, }
$$

Printed for William Cooper, at the Pelican in Little Britain, 1683.

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## Speculum Alchymix, Tibe true Glass of Alchimy by Roger Bacon.

ISalute or greet unto thee, moft dearly beloved, the Glafs of Alchemy, which in my heart I have figured or Printed, and out of the Books of wife-Men have drawn, in the which is contained fully all that they Fave gathered to the Perfection of Alchimy, I do give it unto your Perfon, and in the which all things which are required to this Art be here gathered together, and thofe which be in divers places difperfed: I hall thus anfwer unto your Prudence and Wifdom, all things be created of the four Elements, and they be the Roots and matters of all things, and the diverfity of things confifteth in three, that is to fay, Colour, Tafte and Smell. There is not to me but three viz. Diverfities of Elements, divers Proportions, divers Decoctions, and divers Mixtions. Wherefore if ye will one Metalline Body transform into another, ye muft know the Nature

Nature of one contrary and of another in $\mathrm{e}^{-}$ very diverlity, and when you know this, then you may by Addition and Subftraction, put to more of one Element, and the le!s of ancther, and feeth them together well or evil, and alfo to mix them together well or evil unto your own will and defire. And that may a Man do well in Metalls if he might know without errour, how to feparate the Elements, that is to fay, to reduce them to their firt Matter and Root, which Root is Brimftone and Quickfilver or Sulphur and $\ddagger$, ard then that is the Root or Matter neareft or nearer ; but becaufe the feparation of Elements in Metalls is difficult and hard, the Mafters did feek how to get the Roots nearelt without any labour, from Brimftone and Quickfilver, and of thefe they made their Separation of Elements, which they ufed, and faid that only the Elements did cleave in Metalls, and that ftrange Elements of other things, as the blood, E.ggs and Hair, do not enter but by Vertue or by Commixtion of them, with the aforefaid Elements, drawn of the Spirits and Bodies Metalline; but becaufe we cannot refolve or feparate as Nature doth, for Nature feparateth without Appofition of any ftrange thing in the fpace of a thoufand years, and we cannot live a thoufand years, therefore if we will make this
eparation we muft find the cunning or knowedge by the which we may do it fooner ; ut this we cannot do by no ways except ve do put unto them things divers and conrarious, for by his contraries ought ye to fearate the Elements by our Knowledge and Aaftery, therefore when two contrary things e mixed together one worketh in another, nd fo maketh him to give of his Complexiin and Virtue, part thereof; for this caufe e muft firft learn to know the Complexion nd Properties of all things, before you do nterprife to make commixtion together in heir proper Natures, and it is needful that ou know the works of Nature which you ntend to do, and how much and what evey thing doth give, of his Nature and Comlexion, and how much, and what he lackth of another Complexion and Nature, by he means of the working which you do, nd by the Nature of contrary things, which ou do commix together, and if you do err n any of thefe, to know how much and in vhat; for if you know this, then you do now how to rectifie any thing of the World, nd to reduce any thing unto his firf Mater or Complexion, or to any other thing acording to your defire'; then by the contrary, fyou know not this you thall not enterprife o-meddle, but by means of fome things
to attempt to make ingreffion or fuch like until you do know this, and this is in light or in light things, and the Philofophers do fay thatif any Man do know how to convert one Naturc into another he knoweth all the whole Maftery: and Aricen doth fay the fame, that fo it is, all your defire ought to be to this, for this which I have faid be the beginnings or Roots of Alchemy Philofophical and Medicine. And without the Knowledge of thefe Roots (if you will do any work or Medicine, which is called the Eliwir in this Art to tranfmute imperfect Bodies into Sol and Lune, of whatfoever the Medicine was in his Confection) you muft think well of four things which I thall tell you.

The firft is, that you do know how to prepare well all your things, and that you do know how to remove that which doth hurt moft, and that which doth comfort your Intention, and that you know the fign when you have that which you defire to have, and that you know how to remove that which you ought to remove: For all that Man doth hath an end, and a certain Term, for according to Philofophers when Nature intendeth to deflroy any thing, to generate another thing, worfe or better, it intendeth to feek a certain degree which it doth not pafs beyond and follandeth, and then

## Alchymix.

nother thing preparate, doth fo provoke nother feecial form which he had not beore.
The fecond is, that your things preparate ou do know to commix them well togeher, and that is of fundry and divers things o make one Subftance to be infeparable for ver; for if you know not how to mix your ings well and naturally, fo that every thing e deffroyed, and fo brought firft unto their wn primary being and proper feecies, and ne new thing to be generated of chem, it is orth nothing that you have done, and that ou know the fign when your mixtion is ompleated.
The third is, that you know the certain oportion, that is, the certain quantity of ch things as thou oughteft to mix together, id alfo to know by reafon why it thould be that thereby you may be fure to find the ing that you look for: By the quantities at you know to have mixed upon your elted Bodies, it will away at the laft flowly quickly how well foever the things were epared, without they were mixed rogether zording to Knowledg and Nature thou haft z all thy Labour as much as the final comement doth contain, and that fhall be well rceived in the Examination thereof, when e Body tranfmuted is put to Examination in

Afhes or the Tef,for there he will confume and wafte away according as there was too much or too little of his Proportion at the firft; but if the Proportions were rightly mixed according to Knowledg and Reafon, then it Thall not do fo. - And Fafis faith, if thou knowelt how to convert Lune into Sol, thou knoweft the contrary, that is to lay, Sol into Lune. But to know to do this, there is a certain Term and quantity hidden, which for to know thou oughteit not a little to fudy, that is to fay, thou nughtelt thereabout greatly to fuly, for Rafis faith, that the wife-Men did never hide any thing but quantity and weight, and we care not whether People do know it or no, for we have made and written our Books unto you that underftand what we mean, and to our Sons and Children. And when you know that, then may you well perceive that no Author or Book doth agree or accord with other in Weight and quantity, and therefore for lack of the Knowledg thereof rifeth a great errour: and it is hidden for this Caufe, that none but a wife-Man and learned may compafs to accomplifh the fame, which doth all his thing: with Knowledg and Reafon, of the fubti' Knowledg of Natural things; for if it migh be had otherwife, Men which do meddle without Knowledg and reafon; but only

## Alchymic.

hrough Foolith boldnefs might have comet ${ }^{\circ}$ he end, they would no more have cared for he Learning and Wifdom of wife-Men, than or Dngs, if that their own proper Induftry ind Wit could have helped them to have ound or gotten it.
The fourth thing which you ought to :onfider, is the greatelt Secret of all and nighty Wifdom, that is, that you know how to fortifie your Medicine and multiply is Vertue, and this is a work of great Prulence and Wifdom, and if you underfand his laft, one part of your Medicine will not only convert ten parts of any Body melted but
hundred, a thouland, ien thoufand, reti houfand 'houfanid, and nuch more without nd, according to the feveral Circulations ou fhall make. And this which I have now aid if you do underfland, it fufficeth you, and I have touched all things that is neediul, and they which do underfand thofe hings, they know the Art and none other, and to Speak of this Art is to Speak by means s we have fooken, and to work the Art of Alchemy is to work as we have faid, and to each the Art is to teach as we have taught, and he that teacheth any other teacheth nohing, and he that worketh any otherwife vorketh nothing. For who fo defireth this lre, if he do err in any of the aforefaid Ar.
ticles
ticles he thall never come to good end, until he knoweth the forefaid Articles, and the wife-Man faith that Glafs purgeth Metalline Bodies Corrupt, and cleanfeth them: For Glafs maketh the Metalline Bodies of hard Fufion, foft in fufion, and this is a Secret. And with fals Bodies are calcined and dryed, for falt doth cleanfe the Bodies in as much. as he dryeth up the Sulphur which is in them, by the which humidity they ftink and be black and burnable, for the Bodies calcined is clean fuffering the Fire without finking, and this is a great Secret ; but know you that it is Spoken for another Secret, which I will not fhow here, nor yet will write of it, for it is the Secret of all Secrets; for by that Secret, when it is well and perfectly known, a Man may come to the Secrets of all other kinds, and of this Secret, I have fhewed you part, and if you know not that which refteth, I will declare no more neither by Tongue nor Pen. Now is ended the Glafs of Alise$m y$ which I have given for his Name worthy the fame, tor in that you may when you will, behold, and fee as in a Glafs contained all the Articles pertaining to this Art, which you thould defire of wife-Men, I believe that she Roots were never fogathered together as they be here, for the which, underftand you, and bear it in Memory according to knowledg,

## Alebymia.

knowledg, and that you do both hide and open according to reafon, and as it ought to be, and not to thew it to every Rybald according to the lightnefs of the Mind, for then that fhall be vile which now is precious. In all the aforefaid Articles I will maké you Anfwer, if I have Life and Health, either by Mouth Writing or Words, fo that you Chall underftand it if God will, and thus endeth the true Glafs of Alchemy.

Unum continet in $\operatorname{se}$ Mafculinum or Femininum ergè Hermopbroditum. Duo continet Mafcalinum, Femininum \& Spiritum, tres Corpus, Sol and Lura.

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Geo. Starkeys Liquor Alkzbeft the Immortal di folvent of Paracely us and Helmont. 1675. 12 s.

Paracelfus his Arcbidoxis or chiefteachings of 2uintef Jences, Arcanums, Magiteries, Elixirs, ác. 1663. 80.
-Aurera and Treafure of Philofophers. 1659.80.

The Water Stene of the wife Men, defribing the Univerfal Tincture. 1659.80. The end.

## The Admirable

## EFFICACY,

And almost incredible Virtue of true Cyl, which is made of
SULPHUR-VIVE, Set on fire, and called commonly Cyl of Sulphur per Campanam,

To diftinguifh it from that Rascally Sophisticate Cyl of SULPHUR, which instead of this true Cyl, is unfaithfully prepared, and fold by Druggifts and Apothecaries, to the difhonour of Art, and unfeakable damage of their deluded Pa tents.

Faithfully ، collected nut of the Writings of the moot acute Philofopher, and unparalelid Doctor of this lat Age, John Baptift Van-Helmont, of a noble Extraction in Belgia, and confirmed by the Experience of.

George Starkey, who is a Philosopher by the Fire.

London, Printed for William Cooper at the Pelican in Little Britain. 1683.

The admirable Efficacy, and almoft incredible virtue of true Oyl mbich is made of SULPHUR VIVE, fet on fire, and called commonly Oyl of SULPHUR per Campanam.

OF this moft noble Liquor, and not vulgar Medicine, the noble Helmont writeth thus in his excellent Difcourfe corcerning the Tree of Life.

In the year 1600. a certain man belonging to the Camp, whofe Ofice was to keep account of the Provition of Vietuals which was made for the Army, being charged with a numerous Family of fmall Children, unable to thift for themfelves, hirniclf being then 58 years of Age, was very fenlible of the great care and burden which lay upon him to provide
vide for them, while he lived, and concluded, that thould he dye, they mult be inforced to beg their bread from door to door, whereupon he came (faith Helmont) and defired of me fomething for the prefervation of his life. I then (being a young man) pityed his fad condition, and thus thought with my felf, the fume of burning Sulphur, is by experience found powerfully effectual, so preferve Wines from corruption. Then I recollecting my thoughts, concluded, that the acid liquor or Oyl, which is made of Sulphur Vive, fet on fire, doth of neceffity contain in it felf this fume, yea, and the whole odor of the Sulphur, in as much as it is indsed nothing elfe, but the very Sulphurous fume imbibed, or drunk up in iss Mercurial Salt, and fo becomes a condenfed liquor. Then I thought with my felf, Our blood being ( to us) no other then as it were the Wine of our life, that being preferved, if it prolong not the life, at lealt it will keep it found from thofe many Difeafes which proceed originally from corruption, by which means the life being found, and tree from difeafes, and defended from pains and grief, might be in fome fort fpun out to a further length than otherwife. Upon which meditated refolution, I gave him a Viol glafs, with a fmall quantity of this Oyl, diffilled from Sulphur Vive burning, and taught him (moreover)
ow to make it as he fhould afterward need it; advifed him of this liquor, he Chould take wo drops before each Meal in a fmall draught f Beer, and not ordinarily to exceed that lofe, nor to intermit the ufe of it, taking for ranted, that two drops of that Oyl contain$d$ a large quantity of the fume of Sulphur, the zan took my advice, and at this day in the ear 1641 . he is lufty and in good health, walks ae Streets at Bruffels, without complaint, and likely longer to live, and that which is moft emarkable, in this whole fpace of forty one ears, he was not fo much as ill, fo as to keep is Bed, yea, although (when of a great age) it the depth of Winter, he broke his Leg, ear to his Ancle-Bone, by a fall upon the Ice, et with the ufe of this Oyl, he recovered ithout the leaft Symptome of a Fever, and alrough in his old age, poverty had reduced him 0 great flraits, and hardthip, and made him eel much want of things neceffary for the omfort and conveniency of Life; yet he lives ealthy and found, though fpare and lean. he old mans name is $\operatorname{Fobn}$ Mafs, who waitdupon Rithovius Bilhop of Ypre, in his Chamer, where the Earls of Horne, and Egmondon rere beheaded by the Duke of Alva, and he ras then 25 years of age, fo that now he is ompleat 99 years of age, healthy and lufty, nd thill continues the ufe of that liquor daily.

Thus farHelmont, which relation as it is moft remarkable, fo it gives the Philofophical reafon of his advice, on which it was grounded: And elfewhere the fame Author relates how by this liquor he cured many dangerous deplorable Fevers, which by other Doctors had been given over for defperate. And in other places he commends it as a peerlefs remedy to affwage the infatiable thirlt which accompanies moft Fevers.

To which relation and teftimony of this mott learned Doctor, and acute Philofopher, I fhall add my own experience.

I find it a rare prefervative againft corruption, not-only in living Creatures, but cven in dead fleh, Beer, Wine, Ale, ofc. a recoverer of dying Beer, and Wines that are decayed, a cure tor Beer, when fick and roping; Flefh by this means may be preferved fo incorruptible, as no embalming in the World can go beyond it, for the keeping of a dead Carcafe, nor Salting conse near its effeacy, as to the conferving Meat, or Fowles, or Fifh, which by this means, are not only kept from corruption, but made a mumial Balfome, which is it felfa prefervative from corruption, of fuch as thall eat thereof, which being a cusious rarity and too coftly for to be made a
ulgar experiment, I hall pafs it over, and ome to thofe ufes which are moft beneficial, nd defirable.

It is an excellent cleanfer of the Teeth, eing fcoured with it, they will become as white as the pureft Ivory, and the mouth beng wathed with Oyl dropped in water or white-Wine, fo as to make it only of the harpnefs of Vinegar, it prevents the growing f that yellow fcale which ufually adheres to he Teeth, and is the forerunner of their purefaction, it prevents their rottennefs for fuure, and fops it (being begun) from going. urther, takes away the pain of the teeth, diverts Rheums, and is a fure help for the trong favour of the Breath, making it very, weet: In a word, there is not a more defireble thing can be found, for fuch who would have clean or found Teeth, or fweet Breath or to be free from Rheums: for which ufeles, the water be made by dropping this Oyl inte: it, as tharp as Vinegar, as I faid before.

Againft a tickling cough and hoarfnefs, it is a rare remedy, not only taken two or three drops, twice a day inwardly, in the ufual drink one ufeth before each meal, but alfo by gargling the Throat with it, and (fo ufed) it is excellent againft fwelled Throats, Angi-

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Geo.Starkey's
na's, Struma's, Palates of the mouth inflamed, or the Vvula of the Throat, or the Almoonds of the Ears, which are (ufually faid then to be ) fallen; It is excellent alfo againft the Head-ach; and to divert Rheums from the Eyes, to wafh the Temples therewith, likewife to take away Tetters, Morphew, Itch, or $S c a l s$, this dropped in water is a pleafant, fafe, and effectual remedy.

Befides which outward applications, it is a Lord internally taken, preventing corruption, rooting out the feeds thereof, though never fo deeply concealed in the body, and upon that fcore opening inveterate obitructions, eradicating old pains, and preventing otherwife ufual relaples into Stranguretical, Colical, or Arthritical pains : it is ablterlive, cleanfing all Excrementitian fetlings in the Mefaraick or Mefenterial Veffels, and fo cutting off the original fourfe, and taking away the caufe of putrefactive corruption, which is the productive beginner of very many difcares.

On this fcore it lengthens the life, and. frees the body from many Pains and Ailes, to which otherwife is would be fubject.

## Oyl of Sulphur. <br> 145

It is a pleafant remedy, having only a little Tharpnefs, which to the Palate is moff gratefull, and yet this Acidity is contradiftinct from that Acidity which is the forerunner of putrefaction, which it kills and deftroys, as the Acidity of Spirit of Vitriol is deftroyed by the fixed Acrimeny of its own Caput mortuum, or that of Vinegar, by the touch of Ceriulse or Minium.

Preternatural heat and thirft in Fevers, is no way allayed fo fpeedily, and eafily, as by this, nor is there any thing that for a conftant continuance may be more fafely and profitably taken; Spirit of Salt (fuch as the noble Helmont (peaks of ) alone may be joyned with this, for its fafety, and continual ufe with profit, efpecially in Nephritical diftempers, and the heat or Charpnefs of Urine.

Now as this is fo noble a medicine,fo there is none in the World more bafely adulterated and counterfeited, our wife Doctors commending for it (quid pro quo) an adulterated mincral acidity of Vitriol, diftilled in a Retort from vulgar Sulphur, which the Apoflate Chemifts prepare, and fell for, and the Knavilh Apothecarries ufe, and give to their Patients inftead of this true Spirit, which if incere is clear as water, ponderous, and exK quifitely fet on Fire without any other mixture, and the fumes received in a broad Glafs, fitted for the purpofe, vulgarly called a Campzna or Bell, from its thape or likenefs.

Mof fottilh is that Maxime of the Doetors, that Spirit of Sulphur and Vitriol are of one bature, when experience teacheth, that the meer Acetofity of Vitriol (which brings over nothing of its excellent vertue ) will diffolve Argent Vive, which the ftrongeft Spirit of Sulphur, truly, and not fophiftically made, will not touch, nor will that recover Beer or Wines, or preferve them, as this will do, one therefore is an unripe Efurine Acetofity, of little vertue : the other a Balfom of an Antidotary vertue, a prefervative againlt corruption, and upon that fcore nothing can be ufed more effectually as a prefervative a. gainft, or a remedy in, Contagious Fevers, Small-Pox, Meafles, or Peffilence than this, nor more ridiculoufly than the other, which being drawn from the vulgar Sulphur, that hath an infection of malignity mixed with it (which it took from the Arfenical nature of the Minerals from which it was melted) adds nothing of vertue to the crude vitriolate Spirits, but only that which was before of little vertue, to become a Medicine of more danger
danger and hazard, but not a jot more goodnefs, than it was, when firt drawn from the Vitriol ; which being of it felf clear, and crude, is for to deceive the ignorant (by its Colour, ) tincted with fome Root or Bark; Thus the credulous world is impofed on, and cheated, while inftead of moft noble remedies (in name promifed) adulterated trifles are produced, to the Difparagement of Art, and the fcandal and reproach of the profeffors Medicine.

To difcover which abufes, and vindicate true Art, I have made my Prefludium, concerning this Oyl or Spirit of Sulphur, the vertues of which (if truly and faithfully made ) are fo eminently remarkable, and almoft incredibly efficatious, that I thought it not unworthy my pains, in a few lines to communicate to the fludious Reader, both what real benefit is to be expected from the true, and what injury is done to deluded (at leaft) if not deftroyed Patients, by the Sophifticate Oyl of Sulphur.

## Poft-Script.

$T$ Hat thofe who defire this So pleafant, so efficacious, and profitable a remedy, may K 2 not
not be abufed by the bafe counserfeit Oyl of $V$ triol, corruptly called Oyl of Sulpbur, becaufe it bath been once diffilled from common unmohotfome Brimftone, and sincted with fome Bark or Root, of wohich the Town is full, and all Apothecaries Sbops, to the great abufe of Art, but much greater of thofe woho make ufe of it inflead of the zrue, when indeed it bath not one quality like tbereto: Let the Reader be informed that at George Starkey's Houfe, in St. Thomas Apoftles, next door to Black-Lyon-Court ; And at Richard Johnfons, at the Globe in Moun-tague-Clofe in Southwark, the true is to be bad, drawon from Sulpbar Vive (fet on Fire) woithout any addition, but the Sulpbur it felf, wbicb is eafily known by its claarnefs, Marpnefs, woeight, not working on Quick-filver, turring bitter like to Gall, on the filings of Silver, prejèrving Wine and Bzer from Corruption, reftoring them zoben decayed, and in a woord, by its quenching feverifh beat and thirlt, \&c. A) befere bat'i been rehearfed at large, may by any one be diftinguiped, from that webich is falfe and Sepbificute. However at thofe two places be may be confident of that wobich is rea! and true; And likeroife at Richard Johntons Horife, in Mountague-Clofe in Southwark afored aid, you may have any Chimical Salis, Oyis, and Spirits.

## Oyl of Sulphur.

Befides mobich Oyl or Spirit of Sulphur, Several ot her rare and admirably effeciual Medicinal Secrets for the certain, Safe, and Speedy cure of moft (if not all) difeafes, as bath been proved by many bundred Patients (adjudged ratber incurable, or defperately dangerous by other Doctors) are there to be bad, being the more than ordinary Secrets, and preparations of George Starkey, who entitles bimfelf a Philofopher by the Fire.

And in particular, that Pill, or .Antidote, injurioufly challenged as the Invention of Mr. Richard Mathews, who in trutb bad that Preparation (for robbich be batb' fince been So fumoks ) from the faid George Starkey, the true Author thereof, who had it from God, by Itudious Search, without the belp of Book or MaAter, and wobich Preparation be batb fince amended, and advanced in its zirtue beyond comparifon of that wobich Mr. Mathews bad from bim, as bath been, and is daily confirmed by the Experience of able Men. Concerning wobich Antidute, or Pill, or rather Anodinous Elixir, its vertues, and advancement, to almof a true UniverSality, by four variations thereof, robich the firlt Autbor of the thing (by long Experience) found out, be batb woote particularly, and at large; woith the way of adminijtring it, and bono to order the Patient, by K 3

## 150 <br> Geo. Starkey's

one or all of thofe Preparations, for bis recovery, out of any the moft defperately acute, or fixed Crenical difeafe, whieb Book being now ready for the Prefs, in few days God willing, Thall fee the light. It is called a brief Examination and Cenfure of Several Medicines, \&c.

For the undeceiving of fuch wobo bave been injurioufly and falfely perfroaded, that only Mr. Richard Mathews, and Paul Hobfon have that Medicine truly prepared, condemning all otbers as counterfeit, to the difparagement, and palpable injury of the firlt Inventor, who accounts it unreafonable, that be wobo learned usbat be had from bim, should cenfure binsSelf as a counterfeit, unlefs be bind bimself up to bis Preparation, which though it be a trui one, yet is the moft inferiour in vertue of all the Author knows, and called by bim, bis Elixir Diaphoretick, commune ; Of which, able judicious Pracititioners (baving once brought bi. more effectual, and higber graduated Preparations in the fame kind) baie So low an efteem. (comparatively to thefe others) that they defirt no more thereof.

Farewel,

## George Starkey,

## Oyl of Sulphur.

When this Treatife and the Poft-fcript was Written, Mr. Starkey then lived in the Place therein Specified; but be dyed (as I bave been informed) of the Sicknefs, Anno. Dom. 1665. by venturing to Anatomize a Corps dead of the Plague (as Mr. Thomfon the Chymift bad done before bim, and lived many Years after) but Mr. Starkey's adventure coft bins bis Life, bowever the Medicine truly made and prepared from Mineral Sulphur called.Sulphur Vive, may now be bad of very many Cbymilts in and about London, nay, the difficulty in making threnf is not fo great, but that you may make it your Self if you please, and if you do but wait the time, and Opportunity to buy the Mineral Sulphur (not common Trimjtone) for the Mineral is not to be bad at all times.

The Procefs and thape for the Glars Bell, and the manner of making and rectifying this Spirit from Mineral Sulphur or Sulphur Vive as it comes Stone-like out of the Earth, it may be feen in the Chymical Works of Harsman and Crollius catled Royal Chymiltry, Charis's Royalpbarmacopea, Lefcbure, Thibault, Lemery, Glafer, Scbroder's Difpenfatory, and many others, untn whom I refer you. IV. C. $B$.
$\because \quad N \quad J$

## Books Sold by William Cooper.

## A Defcription of the Famous Country of

 Carolina. 1683.40.Ars Netoria, the Notary Art. of Solomon the Cabaliftical Key of Magical Operations, Gr. 1657: 120.

Truth and Honefty in Plain Englifh, or a Survey of the Libells and Pamphlets fince the Diffolution of the Parliament, 1679. 40.

Godfrey of the abules of Phyfick Phvficians, and Apothecaries, by Preventative Phyfick. 1674.80.

Webfer's Hiftory of Nietals. 167 I. 40.
Eireneus Pbilalethes Expofitio in Gebrum, de Preparatione Mercurii Sopbici \&s breve Manuductorium ad Campum Sophia. 1678. 80. Ejufdem de Metallorum Metamorphofi. 1669. 80.
—Ejufd. Brevis Manudıçio ad Rubinum Caleftem. 1668. 80.
-Ejufdem Fons Chimice Pblofnphia. 1668. 80.

- Ejufd. Arcanum de Igni- Aqua, five de Liquore Alkabeft. 1683. 80.
-Ejufdcm Introitus Apertus ad Occlufum Regis Palatium. 1667. 80.
Idem, his Marrow of Alchem ; in Englifh Verfe in 2 parts.

The end.

## SUNDRY

## N <br> EW,

 A NDArtificial Remedies

## AGAINST



Written by Sir. Hugh Blat, Upon the Occafion of the great Dearth in the Year 1596.

Non eft quo fugias à Deo rato niff ad Deus placatum, Aug.

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L O N D O N
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Printed for William Cooper, at the Pelican in Little Britain, 1683.

## New Remedies againft Fa-

 mine.He firft, and principal, and moft Chriftian Counfel that I can give in thefe threatning days of Sword and Famine, is by hearty Prayers from a Zealous Heart to call upon the Name of the great and mighty Febovah, and of the gracious and merciful God of Ifrael, that it may pleafe him to forget and forgive our manifold Sins and Tranfgrcffions, which have turned his fivourable Countenance fo long from us, and brought down from Heaven fo many Clouds of Wrath upon the Fruits of the Earth, as that the great hope of our Harveft is fmitten and daunted already, and that it would pleafe him of his fatherly goodnefs by. fuch/means as fhall feem belt in his own Eyes, for the relief of thefe our prefent wants, to turn this our penury into plenty, and fo to blefs us with his bountiful Hand, that we may all fing a full forg of thankfyiving unto him, as well for thefe new and undeferved favours, as for that
that glorious victory of late obtained againt our Popilh Adverfaries; by the Hand o thofe Honourable Commanders that hav already begun the peace of our Common. wealth.

Secondly, I could with that all inferiou Officers in their places, would have a mort Charitable and Religious care in the Execu tion of thole Orders, which have of late beer penned, and publifhed wish grave and de. liberate advice from the Higher Powers for the furnifhing of our Markets with all kind of Grain. For the Execution is the very life of the Law, and the Letter thereo though fet dow: by Aushority and graced with a moft honorable Chorits, doth give fome hope at the firff, but no full Satisfaction in the end unlef's the execusing Magifrate, together with thofe high dircctors do join hand in hand for the common good of their diftreffed Country.

Thirdly, I cannot want grod will to wifh though I have no Authority to command, that the very food of the Earth even the bleffing of the Lord, thould be no longer Subject to this Coppyhold and 1lavifh tenure, of fuch bafe and unmerciful Lords, who upon every rumor of forcign fcarcities, upon every petit-Tranfonration, yea rumour of Tranfpretation only, upon fair weather,

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\text { againf Famine. } \quad 157
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eather, or foul weather, or any weather they lift, can make the fame finable ad luntatem Domini, and fet what price they It upon the Bullel. Is there no Court of hancery, neither in Heaven nor upon Earth, , bridle thefe coverous and unmerciful ords, yea and to ftint them, that howfocer it fhall p!eale the God and giver of all lings to crofs us from the Heavens, that et no inferior Perfon thould dare to exceed certain price to be fet down by Authority, pon the confifcation of whatfoever Grain e fhould fo over rate unto his poor and needy Ieighbour?
Fourthly, if cver Abftinence were a true Shriftian vertue, then now let it appear morght us, for why fould the Rich Men 'taft, when the Poor are ready to famifh ? Vas there never but one Dives, and one lazarus upon the Earth? Or do we want Vit, or Will, or Grace to apply a Parable? lere I may well cry out and fay to the Rich, ind fat weathers of our time, as Tully fomeime faid to Antbony. Te miror, Anthony, wt uorum faça imit čr, eorum exitus non perborCcere. I wonder at you ô you Epicures hat you are not terrified with their Detructions whofe deeds you feem to imitate. Vell if we have brought our pampered Boies to thofe delicacies, that we can now as

### 1.58 <br> Now remedies

well leave our Lives, as our Lufts; yet it every Rich Man would fpare but one Meal in a Weck, and confer the effimate upon the poor of the Parifh where he dwelleth (nunquam nimis dicitur, quod nunquam Satis difcitur) I fay even this one Meal would ferve well to mend a whole Wceks Commons of a poor Subfcifor.

My fifth and laft Petition hhould be to move us to a Chriftian charity. And if that Koman Poet and Oratour, that fententious Seneca in the danger and diftrefs of a private Friend could give in Precept : Qrid amicorum neceffitati magis occurrendum, quam fuccurrendum, that we ought rather to prevent then relieve rhe neceffity of a Friend. Then what is to be expected at our hands in a cale of fo great weight and importance, as doth not only touch the credit of our Profeffion; but alfo the lives and welfare of many thoufands of our poor Chriftian Brethren, wheréof forne cannot labour, and many are without labour, and thofe swhich labour can hardly maintain themfelves by their labour ? Yca if we would look more narrowly and picrec more deeply with a tharp eye into the threats and terrours of thefe times, though Religion could work no Charity in us towards others, yet reafon, and civil policy mighe prevail fo much with us for our felves
d thofe which are dear unto us, that we fuld not ftay fo long until our Neighbours mes take hold of our own Houfes, nor try Eextremities that Hunger, and Famine may ork amongit us.
Thus much by way of Chriftian advice d counfel, now becaufe I had rather be away wanting, then in good will unto Iy native Country, unto the which I confefs at I owe my Wit, my Wealth, my Labour, 1y Life, and whatfoever elfe I poffers under y gracious Soveraign : And feeing that any grave, and learned Sermons have alady in vain beaten upon this Subject, ma' careful Provifions have been from time time made and publifhed from our Pruint, and provident Prince, and from thofe nourable Senators of our State, which as t can work no Impreffion in the fteely, d adamant Hearts of our Englifh Rooks and ormorants, though I cannot win the Goal fo great a purpofe as I have in hand, yet will bid the bafe to thofe choice, and de:ate Wits of England, who if they would ther affociate themfelves unto me at the fft, or fecond me, when I have begun this roud attempt, I would not doubt, but that I thefe our joynt Labours we fhould frurate the greatelt past of thefe covetous mplots, and by new, and Artificial difcoveries

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veries of ftrarge Bread, Drink, and Food, i matter and Preparation fo full of variety, $t$ work fome alteration and change in thi great and dangerous dearth.

Neverthele!s (though I do only break th Ice, for thofe that fhall follow me in thi kind ) yet according to that poor Talent c mine, I will try mine own ffrength and con fer as well my conceipt, as knowledg herein Which though it be neither fuch as I coule wilh, nor as thefe urgent times require yet I will be bold (in the fulnefs of min Affiction) to prcfer and prefent the fam to the view of the well difpofed Reader whofe courteous acceptation hereof, mal one day peradventure wring from the fomi matter of higher reach, and farther Servic then as yet I fee either juft caufe to promift or reafon to fpeak of.

And bicaufe in the Treaife folluwing m s Author had ranged over all manner of Trees Plants, Roots, green Pulfe and Herbs, ou of which he might by any probability draw any kind of furtenance for the relief u Man, I will only content my felf with the handling of the Preparation of fome of thefe particulars which are moft plentiful in theis quantity, lealt offentive in their Nature, and snoft familar with our Soul and Bodies, fo as their offenfive talte b:ing firft removed by

## againft Famine.

Art, they, may ferve us in a far better manner and to our greater liking then now they do, either for bread, drink or food.

Howo to take awnay a great part of that rank and unfavoury tafle of Beans, Peafe, Beechmaft, Cheftnuts, Acorns, Veches, and fucb like.

TF this may in fome good Meafure be performed, then I doubt not but that the Bulk and Body of our Meal and Flower will be much increafed and multiplyed, at the leaft for the poor Mans Table: Then receive mine own Exprience therein. Boyl your Beans, Peafe, Beechmaft, ovco in fair Water, and if they be not yet pleafing enough, Change your Water again, and at the fecond or third boyling, you fhall find a Itrange Alceration in Talte, for the Water hath fucked out and imbibed the greateft part of their ranknefs, then muft you dry them (and if you think good, you may alfo hull them, according to the manner fet down hereafter in the Abitract of Anchora Famis, \&c.) or elfe you may grind them unhulled, and then make bread thereof, either fimply of it felf, or with the Addition of fome third or fourth part of other WhearHower; or elfe for better Expedition at the
leaft in drink, if not in bread, you may take the ground Meal of them, and infufe warm Water thercon, and as it beginneth to cool dreyne the fame away, and reinfufe freft warm Water till the talte pleafe you: Ther dry up the Meal, and make bread thereo either fimply, or compounded as before Ind as concerning the Cheftnuts, we have the Experience of France therein already where in great abundance they are fpent anc confumed in their ufual bread in divers part: of that Country.

The Beechmaft doth yield a moft fwee and delicate Oyl , and every way comparabli with the Nut it felf, and therefore it is very probable that it will make an excellent breac with a very fmall correction : and if ther might be fome eafie way or manner founc out for the ready husking or hulling of therr (which feemeth no matter of any great dif ficulty ) then I durf promife a moft ricl and plentiful Oyl of our own growing, ans ferviceable for many neceffary ufes. But i notwithltanding my former Preparation o Beans, Peafe, ©cc. The Meal thereot do no yet content you, then work it into Palt with a liquor firft ftrengthened with form bruifed Annis-feeds, licoras, or fweet Fenne feeds, or with the feeds themfelves incorpo sated in the Paft, or for the avoiding o
charge with Pepperwort, Thime, Winterfavary, Penniroyal, ©cc. For if you can but deceive the Tafte, you thall find the bread very harty, wholfome, and nourifhing. And whatfoever is here fpoken of Beans, Peafe, ©i.: May be generally underfiood of all other Grain, Seeds, Plants, Pulfe, Roots, Or. And that which is ferviceable for Bread, will be much more tollerable in drink : For the making whereof in fome more cheap manner then as yet is known or ufual amongit us, you fhall find fome few notes of mine upon the Abftract following, in their feveral places.

Certain ftrange and extraordinary ways for the relieving of a Prifoner, or ot ber poor diftrefed Creatures, woben all bope of ufual Viciuals is taken from bim.
$T$ Hefe as I dare not warrant, fo yet becaufe I have received them either from good Authors, or from the credible report of Men of worth, I will deliver them as faithfully as I have received them.

1. And firt of all Paracel/jus himfelf affirmeth, that a frefh turf or clod of Earth, applyed every day unto the Stomach of a Man, will preferve him from familhing for fome frall number of days.

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2. I have heard many Travellours deliver of their cwn knowledge and experience, that a Man may live 10. or 12. days by fucking of his own Blood.
3. Bapt. Port 3. telleth us of a poor fellow upon whom a Ruinous Houfe fell, and the Man fo hedged in with the Floors and Tim. ber that fell upon him, as that not bcing able to get out he was forced to relieve himfelf with his own Urine for 9. or 10. days, making his hand his cup to drink in.
4. But the ftrangeft and moft incredible of all the reft, is that ftory which Parfon Bateman, fometime Parfon of Nemington, had by relation of that reverend father D. Grindal then Arcbbihop of 'Canterbury, from the mouth of two Englifh Captives, that were imprifoned in Turky, and for their offence condemned to be famifhed to death, and efcaped by this means. The keeper affecting his Prifoners for thofe good parts which he found in them, having received an Oath of their fecrecy, delivereth unto each of them a fmall piece of Allom, which he willed them five or fix times aday to rowl up and down in their mouths. Now at ten days end, the great Turk fending to know if the Chriltians were dead or alive, and being informed of their lives, he commanded that upon pain of Death no man thould dare

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to relieve them with any manner of food. Now when 10. days more were expired, and the like inquiry and return made as before: Well qd. the Turk, if they can continue yet 10 days more without food, I will ray that the God of the Chriftians will have them preferved, and they fhall be enlarged. The laft io. dajs expising, and the Prifoners lives certified unto the Turk, they were forthwith delivered out of Prifon, and returned For their own Country, and here difcovered the Secret. The reafon, and probability hereof I will leave for better Magitians then my felf. For though we might fuppofe that the falt of Nature might receive fome frength or vigour from this Mineral Salt, yet how the Guts fhould be filled wimh fo frall a proportion I cannot guefs, much lefs determine.

5 I A firth food but receiving fome help from Corn was commended by Mendozza himfelf, wherewith he affured me upon his honour that he had relieved a Spanifh Town, in an extream Dearth, and fcarcity of victual, and therewithal fhewed me a Loaf of Compofition, which was of Wheat-ftraw, chopt into thort pieces, and ground with fome proportion of Wheat into Meal. But fince f have been farther informed, that the fame practife hath been ufual in hard years

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in fome parts of England, and for mine own better fatisfaction, I caufed fome of the fame flower to be kneaded into bread, but it was very brown in Colour, and very gretty in the mouth, and therefore it fhould feem that our Stones be not fo apt for the grinding of it, and I have heard fome affirm, that the fame cannot well be ground but in a Steel Mill, or hand Mill.

6 And the Eaft-Indians, as I have read, do ufe to make little Balls of the juce of the herb Tobacco, and the Afhes of Cockle-fhells wrought up together, and dryed in the thadow, and in their Travel they place one of thefe Balls between their nether Lip, and their Teeth, fucking the fame continually, and lerting down the moyture, and it keepeth them both from hunger and thirft for the fpace of three or four days,

7 The feventh and laft of this kind, is that fweet Root called Lichoras, which being chewed only (if we may believe Pliny) doth in fmall quantity fatisfie both thirff and hunger , and yet maintain fnfficient frength in the Body.

Hows to make an excellent Eread of the Roots of Aaron called Cuckooppit, or Starch Roots.

$T$He making thereof is fet down by a late Writer in this manner. Firft, the roots that are large muft be cleanfed from all skin and filth, and then cut into fmall and thin flices, the thinner you make them the fooner they are prepared, feeth them in boyling water, fo long as you find the water hot and biting, and till the Roots begin to wax fweer. Then change your water. and pour frefh water unto them, and fo continue boyling until the water become fweet, and that the roots have loft all their acrimony. Then take them out, and lay them abroad upon Canvas, fupported with frames, and being. dry grind them with hand-mills, and they make a moft white and pure meal, which either of it felf, or by the mixture of one third of wheat meal with it, maketh a moft fair and favoury bread. This carrieth fome good fence and likelyhood of truth with it, for we find by daily experience, that it maketh as fair, if not a fairer Itarch, then our wheat. And therefore it were to be wifhed, that fome good husbandry were ufed in the planting, and multiplying of thefe Roots, L. 4
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obferving the nature of fuch foil and place whercin they moft delight. And though it Thould fail us in this kind, yet we thall find our labour richly requited, if we convert them into flarch only. But here it is to be remembred, that the root muft be gathered when it is plump full, and in his pride, which is about the latter end of March, and all April: For when it beginneth once to fpire, and that the fap is run up into the leaves, then the root thrinketh, and alfo lofeth much of his vertue. Here a juft nccafion is offered to practife the like upon the Turnep, whereof there are both good fiore and the price of them likewife very reaforable.

Bread, and other food inade of Pompions,
'THis fruit being beth cheap, and great, doih alfo make a very favoury bread, if a little meal be mixed therewith, yielding food to a great number with a fmall charge. And if you beftow fugar, and cther fauce upon it, it may alfo pals for a delicate difl. The manner of making the fame is thus defribed by Porta, Choofe the greatelt and ripatt Porepions, cut theminto thin flices, and take away the hard cruft or coat, and the inner marrow or foftnefs, feeth them in boy-
ling
ling water, and bring them to a pulp or pap, and then ftrein it, adding thereto a third part of meal or flower, and make it up into bread, the frefher you cat the fame, the more pleafant and delicate you thall efteem it. But with mine Authors fenvour: I think you will find it in his beff forme, and of fartheft extention, when it is in his pap or pulp, for his Body is exceeding waterifh, and vanifheth away to a fmall fubltance if you reek to dry it. This I write by mine own trial, yet peradventure the Goord of Naples, which he calleth Cucurbita, may be of a differing nature from our Pompions.

Horo to fave much flewer, or meal that is loft in all our ufual Corn mills, that grind either, zoitb Wind or W.ater.

TF I teach the Miller fo to grind his wheat as that neither the flarchmaker (if I be not deceived ) (hall have fluff to make his ftarch with ${ }_{2}$ except he grind for himfelf after the ancient manner; nor the brown $\mathrm{Ba}-$ ker any bran to make horfcbread withal, I hope that my fault will be pardonable at this time, becaufe I hold it much better to want flower about our necks then in our bellies, and that horfes fhould farve before their malters. The conceit is thort, and eafie, and

1 hope without controlment. Let every Mill that grindeth corn, have alfo a boulting mill annexed unto it, that the fame mover may play upon both, and by fhaking of the boulter make a divifion of the bran from the flower. This bran as foon as it is divided from the llower mult be returned again into the hopper amongtt the reft of the wheat that is unground, and fo as faft as you gather any bran, you mult mix it with more corn: And by this means you thall have much lefs bran, and alfo more flower, though you would notwithfanding this courfe, pafs the fame through a fine boulter again. It is an ufual manner in the higher part of Germany to boult with thefe mills, but not to grind over their bran again in the firft mill, for ought that I know, or as yet can learn.

> How to make ftarcb roit bout any corn.

TT is well known that thofe Aaron-roots before mentioned, will make a white and delicate ftarch. You mult gather them in March or April, walhing them clean, and paring away all the filth, or foul skins from them, and after flicing them into thin flices, and fo leaving them in fair clear water, and changing your water every 12. hours, for
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the fpace of four or five days, till they become exceeding white and clean ; then framp them, and force them through a frainer with clean water, and when the fubflance of the farch is fetled in the bottom, which will be in a few hours, then drein away all the clear water that fleeteth on the top, very gently, and expofe the relf being in flat earthen pans or clean tubs to the Sun, which will attract or draw up all the water, and leave a hard cake in the bottom. But in the winter time, when you cannot have the Sun of a fufficient force for this purpofe, then fet your ftone pans, or pewter bafons wherein you have firained out your flarch upon a pot with fcalding water, and fo you may dry the fame in a fufficient quantity for your own ufe all the year long. And if you would harden the fame without charge, then place your pan upon your biff pot, and fo you thall make one fire to perform feveral actions at once. But becaufe thefe roots are not to be had in all places, nor at all times of the year, therefore for a fecond fupply I have thought good to fet down this receit following.

Take of the whiteft Gum Arabique that you can buy at the Grocers, let them beat the fame into pieces for you as big as hafel nuts in their great morters, then take 3 . ounces
ounces of this Gum, and firf wafh it in fair Conduit warer, in a Stone Baron, ftirring it up and down with your hands to take the filth from it ; then wafh it again with fome more water, and pour that alio away, and then to every 3 . ounces fo wafhed put a wine pint of fair Conduit-Water, ftirring it up and down 3 . or 4 . times aday to procure a speedy folution or diffolving of the Gum: Then cover your Pan, and when all the Gum is diffolved, frein the water through a clean and thin Linnen cloth, 'and referve the fame in Glafles wel! fopt, till you have caufe to ufe it. It will laft fweet at the leaft three weeks after it is made. When you would ufe this flarch, if you detire to have your ruffs to carry a pure and perfect white colour, you mult mingle fome blew with the water, thirring it up and down with your finger in a Porrenger, and before the blew fettle to rhe bottom, wet your ruff therein, and prefently wring it out again; then put it till it be clear, and after fet it, as you do in your common farch. I do find by experience, that half the time that is loft in the other manner of farching, is here gained: For by reafon that your ftarch is in a thin water, the Lawn and Cambrick will be foon cleared and with much lefs beating. And I think that a fecond profit will here likewife fall out by
the
the way, viz. That your Lawn and Cambrick will laft much longer: For (if I be not deceived ) the continual patting, or beating thereot between the hands in our ufual ftarching, worketh a great fretting and. wearing of the farne. And I doubt not, buc that there be many other forts of Grain, Pulfe and Roots, which will make as good Starch as Wheat, which at this time I leave unto the fudiousindeavours of thofe that are careful for the common good. It may be that at my better leifure I may handle this fubject more at large, but now the prefent times inforce me, to deliver that knowledg which I have. And thus much for flarch.

Supeet and delicate cak's made woitbout Spice or Sugar.

CLice great and fweet Parfnep roots (fuch as are not feeded ) into thin flices, and having wathed and fcraped them clean, dry them, and beat them into powder (here as mill would make a greater difpatch) rearcing the fame through a fine fearce, then knead two parts of fine flower with one part of this powder and make the fame into cakes, and you fhall find thein to talte very daintily. I have eaten of thefe cakes divers times in mine own houfe, 2 uere, what may be
done in Carots, Turneps, and fuch like roots after this manner.

Here I think it not impertinent to the purpofe, which I have in hand to with a better furvey to be made of my book of Husbandry. being a parcel of the Jewel hrufe of Art and Nature, Printed an. 1594. Wherein fundry new forts of Marle are tamiliarly fet down, and publifhed for the good of our Englifh Farmers : amongf the which, thofe wafte afhes of the Sope-boylers ( for fuch as dwell near unto the City of London, or may by eafie water carriage convey them unto their hungry and lean grounds) have a principal place for the enriching of all cold, moift and weeping grounds. The book is to be had at the Pelican in Little Britain. And if there were fuch plenty as I could wifh of thofe fhavings or cuttings of Horn, whereof thofe that work for Lanthorns only make the greateft fore, I would then in refpect of the infinite extention thereof, commend that before any other manuring of ground whatfoever, and for the only Garden-dung that I know, although for arable ground I muft needs confefs, that I have one fecret, not as yet made known or common to the world, that would prove more general, and more eafie of price then any other whatfoever that I as yet have either heard, or read

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of, but for fome reafons beft known unto my felf, I do as yet forbear the difcovery thereof.

There is alfo a certain victual in the form of hollow pipes, or wafers, wherewith, as alfo with a detenfative oyl for his armours, peices, and other Weapons, I furnifhed fir Francis Drake in his laft Voyage, which hath been well approved and commended by fundry of his followers upon their return for England, whereby I was the more encouraged to make a fecond trial thereof in the Bear which went lately for CHINA. This food I am bold to commend in this place, both becaufe it argueth ad propofitum, and for that I know that if the Maftens, Owners, or Mariners of Ships, would advifedly look into it, they fhould find it one of the moft neceffary, and cheap provifions that they could poffibly make, or carry, with them. The particular commendation whereof, refteth upon thefe few branches following.

1 I Firft, it is very durable, for I have kept the fame both fweet and found, by the space of 3 . years, and it agreeth bef with heat, which is the principal deftroyer of Ses victual.

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2 It is exceeding light: For which qua lity Sir Francis Drake did highly efteen thereof, one man may carry upon any occafion of land fervice, fo much thereof, a: will be fufficient to relieve two hiundred men aday.

3 It is fpeedily dreffed, for in one hall hour, it is fufficiently fodden, by which property it may alfo fave much fewel and firing, which occupieth no fmall room in a Ship.

4 It is frefh, and thereby very plea. fing unto the Mariner in the midft of his falt meats.

5 It is cheap, for in this dearth of corn, I dare undertake to feed one man fufficiently for 2 pence a meal.

6 It ferveth both in ftead of bread and meat, whereby it performeth a double fervice.

7 Not being fpent it may be laid up in fore for a fecond Voyage.

8 It may be made as delicate as you pleafe, by the addition of Oyl, Butter, Sugar, and fuch like.

9 There is fufficient matter to be had all the year long, for the compofition thereof.

## againft Famine.

10 And if I might once find any good incouragement therein, I would not doubt but to deliver the fame prepared in fuch fort, as that without any farther dreffing thereof, it thould be both pleafing, and of good nourifhment unto a hungry ftomach.

- All thofe which are willing to victual their Ships therewith, if they repair unto me, I will upon reafonable warning, furnifh them therewith to their good contentment.

A Speedy or prefent drink wobich Trs vellers may make for themfelves (extempore) when they are diftreffed for want of good Beer or Ale at their Inn.

TAke a quart of fair water, put thereto five or fix fpoonfuls of good Aqua compofita, which is ftrong of the Annis-feeds, and one ounce of Sugar, and a branch of Rofemary, brew them a pretty while out of one pot into another, and then is your drink prepared. Or if you leave out Sugar, it will be pleating enough. I have been credibly informed that divers Gentlemen of good credit, when they travel abroad, and cannot like the talt or relifh of their drink, that they ufe no other then the aforefaid compofition, and find the fame both to refreft
eni coll them very well, neither are they troubled with the rawnefs of cold water, by reafon that it hath received fome correction by the Aqua compufita, and that the Annisfeeds do give a delicate taft unto it. It were not amifs for all Seamen to carry fome fore of Aqua-vite with them, that when their Wine, Cider, Perry, and Beer are fpent, they may tranfmute their water into the faid drink.

A cheap liquor for poor men, woben Malt is extream dear.

IF a poor man in the time of flowring, do gather the tops of Heath with the flowers, (which is ufually called and known by the name of Linge in the Northerly parts of this Realm, and is that plant whereof our common Heath Bruhes are made,) and lay up fufficient Rore therecf for his own provifion, being well dried and carefully kept from putrefying or molding, he may at all times make a very pleafing and cheap drink for himfelf, by boiling the fame in fair water with fuch proportion thereof, as may bef content his own taft. And this liquor i: commended unto me, by one of the mof fufficient profeffors of Phylick of our times and that upon his own and often experience

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for a molt wholefome and medicinable drink, as well for the Liver as the Spleen. It may be graced with a little Licoras in the decoction, if he fee caufe.

- I have alfo heard Sir Francis Drake affirm that fair Water and Vinegar mixed in a due proportion, doth make a fine cooling and refrefhing drink in hot weather, which he efteemed for a rare fecret at the Sea. And I have alfo known them that have made a voluntary drink thereof on the land, when they have had fufficient choice of others before them.

How to brews good and wholfome Beer, woithoiss any $H_{0}$ s at all.

SInce my profeffion in this Book, is in fome $S$ fort to Anatomize both Art and Nature, without any regard of private mens profits, whom it either may effentially or accidentally touch, I am bold therefore, without craving any leave to do good: To renew, or rather to confirm and ratifie an ancient opinion and practice, which long fince in the great dearth and fearcity of Hops, many brewers of this land have been inforced to put in ufe for the better fupportation of their weak and declining eftates. But becaufe they failed in pro-
portion (without the which there can be nothing compleat or abfolute) they fuffered a good conceit to die in the Birth. And no marvel then, if Wormwood notwithffanding it be a Simple fo highly commended of all the ancient and new Herbarilts, for his great and fingular effects in Phyfick, be in a manner utterly abandoned of all the Brewers in our time (except a few that can make a difference between five Shillings, or 5 pound charge, when Hops are fold for 50. s. an hundred) feeing as yet not any one of them hath fo clerkly wrought upon this Simple, as to cover and hide the taft thereof, from the well mouthed Ale-cunners of our Commonwealth, which weaknefs of theirs, becaufe it confifteth wholly in the want of a due proportion between the Malt and other beercorn, in refpect of Wormwood, I have thought good to fet down a fufficient direCtion for thofe that are wife, and willing to do good both to themfelves, and to their Country, whereby they may eafily even in one days Practife attain to the full perfection thereof. Suppofing then that your Wormwood is either cut down in the Leaf before it be feeded, or being feeded that it is cut into fhort pieces, whereby there may be made an equal mixture of the whole Bulk together (for you muft note that the feedy
tops are much ftronger and much more Oyly then the reft of the leaves or ftalks ) make firtt a decoction of 4. cunces of Hops with nine Gallons of water (which is the proportion which fome Brewers in fome forts of drink do ufe ) and when you have gotten out by ebullition or boyling, the full ftrength and vertue of them, keep the fame, and begin likewife with forne fmall proportion of Wormwood to the like quantity of water as before; and when you have beftowed as much time and fire therein, as you did about the Hops, then tafte each of them by it felf, and if you find the fame to exceed the firf in bitternefs, then begin with a lefs proportion of Wormwood, and fo reiterate your work, till you have equally matched the one with the other: Then may you fafely proceed by the rule of proportion to a barrel, and from thence to a Tun, and fo to a whole brewing. Neither let the bitternefs of Wormwood in his prefent taft any thing difmay you, for if you did but taft the decoction of hops only before the mixture of ground Malt (which doth wonderfully fweeten the lame) you would think it a very unapt liquor to be wrought up into fo plealing a drink as our ordinary Beer doth thew it telf to be: For it is the Hop only which maketh the effential differen ce between Beer and Ale, and that
by allaying the exceeding lufcioufnefs of Malt by his bitternefs, whereby both uniting themfelves ingether, become a favoury and wholfome drink for mans body: Which may be in every refpect as well performed in Wormwood, as in the Hop, yea, and peradventure with Centaury, Artichoke leaves, or Aloes bepatique, as fome workmafters have confidently affirmed unto me. And though the Hop be ufually in drink, and the Wormwood only in medicine, whereby fome may happily be perfwaded, that it is inconvenient for men that are in health to drink a Medicine continually to their meat : Yet let this be a fufficient anfwer to that Objection, that it is the dofe only that maketh the difference herein. For I can affure you in mine own experience, and by the experierce of one of the beft experienced Brewers in London, who yet liveth, that if you give a double or treble quantity of Englifh Hops to an ordinary guile of Atrong Beer, you thall find the fame to be a fufficient preparative to your body for the belt purgation that lhall be miniftred after. And this is the reafon why Venice-Turpentine, which being miniltred in a finall dofe, is given for the firengthening of the Back, and to flay the running of the Reins: Yet if it be taken in the quantity of an ounce at once, it will purge fuficiently in divers Bo-
dies. So then either let there be no more taft of Wormwood, then there is of Hops in our drink, and we fhall find no difference in effects, but fuch as thall commend and grace the Wormwood beyond the Hop; or let Beer be advanced with the Hop sto the bitternefs of Wormwood Wine, and fo we thall find the Hop far to exceed the Wormwood in his malign quality.

Thus much 1 have thought good to publih, for the credit of Wormwood and for the benefit of this lland in fundry refpects, which I hall not need to particularize at this time, becaule they are fo commonly known to all men. And though I know I may be overweighed either with the Flanders Merchants, or with the great hopmafters of England, whofe Foundation is fo deeply laid, that a few loofe lines can neither fhake nor Atir the fame : yet either knowing or at the leaft perfwading my felf to maintain the truth, before I give it over, I will crave the liberty of the Schools, quiod fiat controverfia. And in the mean time, thofe which will not be fatisfied of the wholfor and rare medicinable helps of the one, together with the weak and feeble vertues of the other (which was but a hedg-bird the other day, though now it be perking fo proudly upon his Poles) I will refer them to the learned Herbals of Dirfcori-
des, Matbiolur; Dočor Iurner, Dodoneus, Thurnizerus, and the reft.

An Abftract of certain frugal Notes, or Objervations in a time of Dearth or Famine, concerning bread, drink, andmeat, witb fome other circumftances belonging to the fame, taken out of a Latin roriter, intituling bis book, Anchora famis \& litis.

FIrft, for the avoiding of all putrefaction, as well in bread, as in corn, it is very requifite that they be perfeCtly dryed, or gently parched, either in the fun, or by the warmth of the Air, or elfe in the want of thefe two, in fome apt Oven, or ratber in a Stoue, but with fuch care, as they do not burn, or favour of adution.

2 After the baking of your bread, it is neceffary that the rame be left in the Oven, well clofed, for fome reafonable time, the heat thereof being leff'ned by degrees, for fo the bread being thoroughly baked, and fuffered to coll of it felf again, will fatisfie the hunger of a man in double propirtion to that which otherwile it would.

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3 Each kind or fort of bread being a little rofted over the coals, and afterwards fopped in Wine, will fill or glut exceedingly : Such a Breakfaft as this taken in the Morning is a fufficient repaft for the whole day after.

4 The meal of parched corn doth fill the gut exceediogly.

5 Bread may be made of Rice, Indian millet, or Turki/h Wheat, either by decocting the whole grain in water, and fo bringing it to the form of a Pulteis, and after baking the fame, or clle by grinding it into Meal, but the latter way maketh the fairer bread. This may as Sufficiently be performed with our ordinary robeat, for ought that I can imagine.

6 All manner of Pulfe, as Lentils, Vetches, Beans, and fuch like, if they be firft rubbed over in Lee, and then hulled and after ground, they will yield both fairer meal, and better bread.

7 Paft or Dow is foon baked upon thin Plates of Iron or Brafs.

8 Thofe which ride Poft, are oftentimes content both to bake their Bread, and alfo to ruft their meat under the feats of their Saddles, bere I think that our climate will prove too cold.

9 Men

9 Men muft be brought by degrees, and not too fuddainly from their ufual and natural Food and drink, into thefe artificial diets.

Io A Pulteis or hochpot, made of Flower or Meal fodden amongft Apples, Pears, Plums, and fuch like Fruit; or of fome bread and water, or the broath of Flefh that hath been tofted in the Smoke, or with Milk well boiled together, doth fill the Stomack more then thrice fo much of dry bread eaten alone, efpecially, if the fame be high boiled to a tifnefs, or confiftency.
in Such like compofitions do alfo extend farther in the fatisfying of hungry Maws, being made of Biskets, or dry, hard, or ftale grated bread. And by this means one loaf will go as far as two new loaves.

12 All forts of good Cakebread, or Spicebread fteeped a convenient time in fair water, will convert the water into a moft pleafant or wholfome drink, the Bread notwithfanding being very wholfom to be. eaten.

13 Pound your Pepper, Ginger, and fuch like Spices, and having feeped them in water, place the fame well covered over a gentle fire, and then work your pafte with the imbibition, or decoction thereof. And by this means your fpice will extend much farther

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ter in Cakebread. And the fame fice alfo ang new pounded or beaten, may be afterard wrought up in Patte for cakebread. ere you may practife upon thefe Plants, hich be hot and wholfome withal : As the ild Creffes, otherwife called Pepperwort, falingale, Thime, Orrace, Ifop, Winterfaery, Penniroyal; and fuch like Herbs inftead「Spices.
14 Some of thefe Artificial kinds of bread ad drink, if there be any left that may e well fpared, will ferve for the feeding ad fatning of Cattel, Geefe, Hens, Hogs, ${ }^{N}{ }^{\prime}$
15 The fmell or fent of Bread (It think be zeaneth that, wobich is news and bot from the ven) doth nourih the body, and refreh the pirits greatly. Some comme id the Spirits of read extracted by diftillation, as a moft foveraign refervative in the Confumption, and other pining jifeafes.
16 Ifany of there Artificial foods or drinks lo happen to offend, either in colour, taft, r favour, they may be helped with Honey, iugar, Saffron, Wine, Annis-feeds, Cotio ander feeds, fweet Fennel, Cinnainon, and fuch ike.

## 188 <br> New Remedies

17 In the time of neceffity, even greer corn taken as it groweth of it felf, or a littl parched or dryed againft the Fire, or fteeped or boiled in Wine, or water, affordeth a rea. fonable kind of fuftenance.

18 The diftilled water of Oats, doth fe warm the Stomach, as it doth overcome the fences. It is well knowon that many do Brewo a very ftrong and mighty drink with malted Oates. and bow profitable the fame might be to all our Englifh Brewers (if there might be fufficient ftore of them bad) in a deartb of Wheat and Barley, the Same being rightly matched, or rather maftered a little woith the $H$ op, to alter their taft: They can beft tell that have made their private experience and profit of them, woben others very inconfiderately bave run on in their common, and chargeable courfe of brewing.

19 The Liquor of the Birch tree is both wholefome, and favory, and deferveth to be recommended in his kind.

20 There may be an excelient extraction made of Ale, which you may term either a Spirit or a quinteffence, and that in a fmall dofe, far more excellent then all the tartareous, fulphureous, or mercurial preparations. If the Author do bere mean any i'bilosophical courfe, it will be both too curious and coftly for the common fort of piople: If only a well recitified Aquavite, or an evaporation of the Pblegmatick
tit to a tbick body, I cannot See bow we Shall Te any fore, or quantity of matter to furnilh - Subject wobich we bave in hand. If be mean fyically, we woill referve the ftrict examiition thereof, till a fitter Occafion be offe1.

21 The meal of fuch corn as is ground in remonth of $A u g u f t$, is remembred amongft re Writers of beft credit, to keep and laft beft the year after.
22 Such bread as is made up of the Flowof dry Beans is moft ftrong in nourifhment, d may be corrected of his talt by the addiin of Cumminfeed. And it is alfo a ufual latter in Germany to make drink of Beans. ir Englifh Brevsers do aljo find good ufe of rem amonglt otber Corn in a fmall proportion, berein they bave a special care not to furcharge ereft of their Beer Corn, woith too great a quany of Bcans; left they phould give a bad Smack farevoel to their Beer: But I am verily perPaded that if either Beans, or Peafe were artiially bandied according to the manner before preffed, that they roould not only prove fervicele, and that in a large manner for Beer only, :t alfo for the making of wholefom, Sopet, and licate bread.

23 Of Vetches firft hulled, and of $t$ Herb Aphace, which receiveth divers Tra flations, and is called Dandelion, Prie crown, Swines fnout, Monks head, Do teeth, or common Cicory, may be made bread fo as it be mixed with a convenie proportion of other ufual meal, for it yielde a very fair and favoury Flower, as the A thor tellifieth of his own experience : Ti fame may be corrected with Annis-feed, Fet nel feed, Coriander feed, orc.

24 Both Bread,and Drink may allo be ma of Lentils.

25 Bread may be made of Pannick, as: fo of Millet, whofe feed even in a fmall qua sity doth arife greatly both in Bulk, ar lubftance.

26 A folid, and wholfome Bread may made of wheat flarch. But fuch bread, reafon of bis price, zbill bave no fit place ber except every private man do make bis oxen pr vifion.

27 A decoction of Annis feed, Fennel fee Caraway feed, and fuch like, either in Wir or Water, is a moft wholefom drink. Her unto may be added a decocition alfo of Licor zoith Annis-Seeds together in fair Water in ad propertion.

28 Of Beechmaft, Acorns, and the Barks or raping of Trees that are wholfome, a convenient drink may be had.

29 Mulhrooms will fpring abundantly if you flit the Barks of the black, and white Poplar, and bury them in Furrows well dunged. So likewife the white Poplar being cut off clofe by the ground, and watered with warm water well Ceafoned with Leaven, in four days fpace will bring forth moft pleafant, and delicate Mulhrooms. Theefe being dreffed in their kinds are accompted amongft the moft tufty, and (tirring meats woith the Italians.

30 A good bread may be made of the Rape, or Navew, being firff fcorched, and after fodden, and then baked.

31 A bread may be made of the powdred, or ground leaves of the Pear Tree, Apple tree, Beech and Oak, and folikewife of drink.

32 Dow may be kneaded up with Wine, Vinegar, or Ale, if you would make the fame hot, and hearty. But I tbink the new Muft of Wine, or the belt Wort of Ale, or Beer mucho better, for that woe may well doubt, or rathep aflure our felves that the robole fpirit af Wine, or Ale woill fly away in the baking, becaufe the fame had firft wourght it felf into a body, whereas in Wort that never came to Workmanlhip, the fire or Spirit doth as yet lie clofe, and coucbed wotthin $i t_{\sigma}$

33 A drunken bread may be made with fpirit of Wine and Flower. But I tbink that common Aqua-compofita roould prove over chargeable.

34 A Pafte confifting of meal, and the Oyl of Olives, or other Fruit, or feeds mixed together may be made into bread.

35 Mizaldus reporteth of a certain Traveler, who undertaking a long journey did relieve himfelf with one pound of the Oyl of Violets and foft greafe mixed together, and therewith he preferved himfelf by the fpace of ten days. The like effect hath alfo been found in the Oyl of Almonds mixed with the greafe of a Cow, and that by reafon of the clamminefs thereof.

36 A bread made of Eggs is both wholefome, and more filling then other ordinary bread, but efpecially if the fame be kneaded up with the yieft of the ftrongeft Beer or Ale.

37 Thofe Eggs are moft carefully to be gathered, and kept, which are laid from the new Moon in Auguft, others do rather commend the Wain, and the time of both the Sunfteads. And new laid Eggs will keep long in dry Chaff or Bran.

38 An excellent bread may be made with milik either leavened, or unleavened, and of exceeding nourilhment being taken but in a

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fall quantity, but they fill more if refly Bacon being fryed be alfo incorporated therewith.

39 A man may live with milk only, and it will ferve inftead of meat, and drink, and medicine.

40 A glutting kind of bread may be made of new Cheefe, and likewife of old being grated ; mixed, and wrought up with meal. For it cometh all to one end whether we eat bread and cheefe severally, or both mixed together.



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## A Petition to the courteous Reader.

HEre I bave thought good (Gentle Reader ) to intreat thus much favour at thy bands, that Seeing my nerw fire of Coleballs, togetber with fome otber fero inventions, firlt mentioned in mine Apology, do as yet attend Some courtly favours, wobereby they cannot So prefently as I wijh, break fortb into the publick Service of this Land: That thou voouldeft for a little time (which I bope is now drawing to bis period) entertain them roith a good conceit and kind opinion, not regarding the cenfures of thofe ignorant, or malicious Spirits of our age, wobo prefuming to know the finples of my fire, may bappily range into bafe and offinfive matter, and thereby labour to difciedit that fecret, wobife compofition they could nevenyet reach unto, nor, if they bad the particulars, were they able to combine and knit them with their left banded IWorkmanfhip.

And for the bitter fatisfaction of my wellwifhing friends, and the full confutation of mine undeferved Foes, I would bave tisem to underfand that feeing the premifed Secrets, bave not only been $\int$ een, and allowed, but at this prefent

To the Courteous Reader.
are also countenanced by tho fe wobich are right Honourable in their places: that from henceforth they will fcorne the malice both of Viperous Tongues, as also of slanderous Pens, if any man Gould happen to be So extreamly, or desperately mad, as to take upon bim to argue upon that projet, wobereof be can neither find a medium, nor communes terminos, and therefore impo $\sqrt{2}$ ale to conclude Syllogifticè fin non in Bocardo againft io: the Courteous Reads


## Books fold by Williàm Cooper.

GEorge Starkey's Admirable Efficacy, and I almoft incredible Virtue of the true Oyl of Sulphur-Vive made per Campanam.

A detection of the various injuries, and abufes in Chymical and Galenical Phyfick, committed both by Phyficians and Apothecaries. 1674.80.

Fr. Mer. Van-Helmont his Cabbaliftical Dialogue concerning the Worlds Creation, in Anfwer to Dr. Hen. More. $1682.4^{\circ}$.

Geo. Kendall's Appendix to Mathew's unlearned Alchemift, or the Art and way taught how to make the faid Pillofor the benefit of the Pecple of England. London. 1663.80.

Sir George Ripley's Bofome-Book of his PhiIofophical Accurtations in the making of the Philofophers Mercury and Elixirs. 1683. 80.

Sir Hugh Plat's new and Artificial Remedies againit Famine, wrote upon the Occafion of a great Dearth in the year 1569.80.

El. Allomole's way to blifs, proving by Philofophy, and Reafon the poffibility of an univerfal Medicine. Lond. 1658.4.

Matth. Mackuile the diverlity of Salts and Spirits maintained, or the imaginary volatility of fome Salts and Non-Entity of the Alcali before
before Cremation and Identity of all Alcalies, all volatile Salts, and all vinous Spirits, by an only Lamp furnace, refolved into real improbability, in Anfwer to Dr. Dan. Cox, and with Animadverfions upon Gid. Harvey's new difcovery of the Scurvey, ơc. Aberdeen. 1683. 80.

- His Moffet-Well or a Topographicopagyrical Defcription of the Mineral Wells it Moffet in Annedale in Scotland, and the Jyly Well at St. Catherines Chappel, with a Character of Mr. Culpepper and his Writings. Edinburg, 1664.80 .
Starkey Revived, or the prefent ftate of गhyfick, as now practifed by K. Flitcher.Lond. 1676. 80.
R. Fletcher's Character of a true Phyician or a true Chymilt, ơc. London. 1676. 80.
fo. Collins his Difcourfe of Salt and the everal ways to make Salt in England, the Character of good and bad Salts, and the fe'eral forts of refined Englifh Salts, London. 682. 40.

Fr. Cox his Treatife of the making and ufe f divers Oyls, dittilled Waters, \&oc. Lond 575. 80.

The end.

## THE



## M <br> 

O F

## SEMIR AMIS

 Hermetically Sealed,Which if a Wife-man open (not the Ambitious Covetous Cyrus) he fhall find the Treafures of Kings, inexhauftible Riches to his content.
H. V. D.
'He that exercifeth Love, woill apprebend wobat I Say: but if I Speak to the ungrateful, be hall not comprebend my fayings.
S. Aug. of Divine Love.

London, Printed for William Cooper at the Pelican in Little Britain. 1684.

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Mot Noble and mont Famous, S.R. F. curious in the infpection of Nature, and my molt honoured Patrons.

- $T$ Ot only in former times, but aldo in this old Age of the World, nothing bath been deeper buried, nor hitherto more defined by all, especially the lovers of Art, than the knowledy of that great Mystery of the Philofophers, which by a known word is called the PhilofophersStone; We therefore preServing the Inscription of the Monument, do raife this Knowledge, buried and obfcured under the pretext of the Tomb of the moot wife Semiramis, formerly Queen of Babylon, out of its Grave, and

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I he Epistle
present it to the view of the Learned, which if (not an ambitious covetous Cyrus, but) a wife man open, he will to bis Satisfaction find Royal and inexbauftible Treafures: I may aldo add constant Health: which two, you will fay, are the principal supporters of an happy life.

But forme haply of no fall ingenuty will imagin that this Tomb may be opened by Women work, or Cbildrens Sport: but let them know that this Knowledy is a moot deep River, wherein the Lamb wades, that is, the upright profiteth; and the Elephant fivims, that is, the moft Learned do fluctuate, yea are drowned in their opinions, errors and doubts; whilft one is yet doubtful concerning the true fubjest of the great Work, yea generally: aftranger to it; another very felicitous
in acquiring the fophical Mercury s wearyeth himself with unfucceß Bul labours, not knowing what it is, or of what form; Another tortures bim elf with vain perplexity to know what the Pbilofopbers Fire is, what the magical Elements, the Key, or diffolving MenStrum, whence it is to be drawn, whether (west, or corrosive? cold or fiery? it bath troubled me often to fee such men fo concerned, and in vain laborious in tho fe things, wherein they at length could find nothing but vanity and affliction of mind; wherfore commiferating them by the impulfe of Cha. city, I do freely impart (though many will accufe me as guilty of violated $\sqrt{i}$ lence) the Light mercifully communisated to me, that they may use the fame as a Key to the Sanctuary of that $\int a-$ cred Knowledg.

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## The Epiftle.

Bat the curious Induftry, and indefatigable Curiofity of you, being mogt excellent in the exait Arcana's and Work of Polydædalus nature, having invited. all the Learned men of the World by your. moft fweet incitcments, to cormmunicate the moft fecret things, enjoyneth and obligeth me to make you (the genuine Sons of all forts of Knowledg). Heirs of this, which in my judgment is the mof exact and curious Work of all Nature. But who I am, enquire not. I am a man that makes it my ftudy to profit others, your Friend, and an admirer of your Vertues, known to many, at leaft by name.

Farewell therefore, ye Students of Nature, and High-Priefts of Art, the lofty Stars of Germany, God be with you, and with his Power ftrengthen your Works and Thoughts, that they may be bighly advantagious to the whole Commonwealth of Learning, for the encreafe of the Publick-good, and the immortal, Glory of your own Niames.

From my Study,

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## Tomb of SEMIRAMIS

 Hermetically Sealed.C H A P. I.
Of the Pbyyical fubject of the Philo. Jophers Stone.
 Work, and the end Charity, and love of our Neighbour. Entring therefore with the affiftance of our good God upon fo divine a Work, it mult be firft enquired, what the fubject thereof is. For as a Plough-man in vain prepares his Ground for Harveft, unlefs he be affured of the Seed ; fo alfo he prepares the Chymical Ground without any recompence, if he A 4
knows
knows not what he fows therein : and herein at this day many do perplex theinfelves, and are hurried into different opinions.

But this is not a place to difcufs all thefe things, whilft fome do feek it in the Animal Kingdom in Blood, Sperm, Sweat, 1 rine, Hair, Dung, Egs, Serpents, Toads, Spiders, $\neq c$. Others are with great diligence imploy'd in the Vegetable Kingdom, efpecially in Wine for the unprofitable Magittery. For though it be manifeft to us, that the fupreme Medicine of our health may be obtained in either Kingdom, and indeed in Man, (efpecially in his heart) as alfo in Wine: for as Gold contains the vertues of all Minerals, fo do thefe two comprehend the powers of all Animals and Vegetables as contracted into onc; yet that the great work of Philofophers could be made from them, was never in the thought of any Adept, it is therefore requifit to be fought in theMineral Kingdom. But there is alfo here a great company of Diffenters, fo that we have need of an Oedipus. For fome there be that think to extract it out of the middle Minerals, as they call them, namely, Salt, Nitre, Alom, and fuch other, but all in vain, bccaufe they have in them no Argent vive, into which they may be refolved; in which error even we in our primitive ignorance werc alfo involved.
volved. It remains therefore to be fuppofed, that Metals are the Phyfical fubject of our bleffed Stone. But here alfo the matter is in fufpence, becaufe Metals are fome perfect and fome imperfect.

But in fine we fay, that all fured Metals, but efpecially the not fufed, though imperfect, may by the intimate depuration of their original pollution (which yet is very difficult, and by outward appearance fcarce poffible) be the fubject of the Stone, whereof, faith Flamel, fome have operated in $\mathcal{F} u$ piter, others in Saturn, but I (faith he) have operated and found it out in Sol: and in Exercit. ad Turbam it is read, That all Metals clean and unclean are internaliy Sol, and Luna, and Mercury, but there is ane true Sol, which is drawn from them. And the Author of the fecret work of the Hermetick Philofophy, Can. 16. faith, He that feeks the Art of multiplying and perferiting imperfeet Metals but by the nature of Metals, deviates from the truth; for Metals mult be expecied from Metals, as the fifccies of Man from Man, of Beaft from Beaft. And Can. 18. He procceds thus: Perfect bidies are enderied with a more perfect Seed; under the bard Goell therefore of the perfect Met.zls licth the perfect Seed, wobich be that knoweth bow to extraif by PhiloSophical ReJolution, is entred into the Royal Patlo. So
alfo that Anonymous Pbilaletbes in his Introduction into the King's Sacred Palace, Cbap. 19. concerning the progrefs of the Work in the firft forty days; There is indeed in all (even in thecommon) Metals, Gold, but nearer in Gold and Silver, though (as the fame Adept (peaks well) there is yet one thing in the Metallick Kingdom of an admirable off-fpring, in which our Gold is nearer than in common Gold and Silver, if you feek it in the hour of its nativity, which melts in our Mercury, as Ice in warm Water, びc.

But leaving now thefe more imperfect Metals, at prefent we declare thofe two great and more perfect Luminaries $S o l$ and Luna, to wit, Gold and Silver, to be the Phyfical fubject of the Stone, which way a great part of the Philofophers have followed, and came to their defired end. Which fame thing Augurelius fhews, 2 Cbry $\delta p$. when he faith, Take a Metal pure, and purged of all its droß, moloofe Spirit recedes in its fecret part, and being preßed woith a great weight, lives privily, and defires ta. be releafed from bands, and to be Sent out of prijon to Heaven, being fpread into thin plates. The fame in Cibry. lib.I. Seek not the principles of Gold any-wobere elfe: for in Gold is the feed of Gold; though being clofe fout up, it retires further, and is to be fought by us writh

## Tumba Semiramidis.

 tedious labour. And concerning the dignity of both the Luminaries, Lully, that Star of Spagyrick Philofophy, in his Book, P.M. 28. faith, Twvo are more pure than the reft, namely, Gold and Silver, without which the Work, cannot be begun or finifhed, becaufe in them is the pureft fubftance of Sulphur perfecily purified by the ingenuity of Nature; and out of thees two bodies prepared with their Sulphur or Arsenick, our Medicine may be extracted, and cannot be bad without them. And Clangor Buccine faith, You muft operate prudently and exprefly, because neither Sol nor Luna can be without ferment, and any other Seed or ferment is not proper and ufeful;' but Gold to the red, and Silver to the robite; which bodies being firlt fubtiliated under weight, mult then be fovoed, that they may putrify and be corrupted; where one form being deftroyed, another more noble is put on; and this is done by the means of our Water alone. From hence a certain Anonymous in his Anfwer excellently concludes; As Fire is the principle of Fire, So Gold is the principle of Gold; fuch as the Caufe is, fuch is the Effect ; Such as the Father, fuch the Son; fuch as the Seed is, Such is the Fruit; Man generates Man, and a Lion a Lion.But you will fay, The Philofophers affirm, that the matter ought to be fuch, that the Poor as well as the Rich may obtain it;

## 12 <br> Tumba Semiramidis.

from whence that faying is, God bath granted this treafure to be fought by all men; nor doth be deny that great Good to any minn, except to bim that makes himfelf unvorthy by the depraved affections of bis beart. And Geber, You ought not to confume your goods becuufe of mean price: if you winderftand the principles of Art, wobich we Shall deliver to you, you will attain to the compleat Magittery. For if it were Gold, or any fuch culfly thing, the Poor would be conItrained to paltpone tbis glorious Work. And wobereas an Artijt may' often-times bappen to erre, a poor man could not repeat the Work after an error committed, which muft abfolutely be done, if there be no other remedy. And Liliutm; This Stone is openly fold at the meaneft rate, which if the Sellers knew, they would kecp it in their bands, and by no means Sell it. And another Anonymous, Our expences exceed not the price of two Florins: which Arnoldus thus contirms; Hold falt, becurese the charge of our moft noble Art exceeds not the price of trio pieces of Gold in its emption, that is, in the operation. And Geber faith, If in operations you lofe your money, reficit not injuriouly on us, but impute it to your oren imprudence; for our Art reguires no great expences.

To which we anfwer; That we never denied, that befides Gold and Silver there is not alfo granted another fubject of mean-
er value, where we excluded not imperfect Metals, as we mentioned before out of an Anonymous Philofopher in thefe words; There is yet one thing in the Metallick Kingdom of an admirable beginning, ovc. though many Pbilosophers would have this vile price to be anderftood of our difolving Menfruum:

Moreover, you will fay out of Sendingius Trã. 11. in your Operations take not common Gold and Silver, for thefe are dead things.

We anfwer, by granting that the Stone is not made of common Gold and Silver, as fuch, and fo long as they are dead, but when refufcitated, and reduced into their firft feminal nature, and made like unto the Philofophers Guld, then do they not only exprefs their feed, but alfo do ferve inftead of ferment : which a certain Philofopher confirms in thefe words, faying; Neither the anciens nor the modern Pbilusophers bave cver made any thing but Gold of Gold, and Silier of Silver, yet that ww not common Gold or Silver.
By which it appears, that the Philofophers Gold is not common Gold, neither in colour nor in fubfance, but that which is extracted from them is the white and red tincture.

## CHAP.

## CHAP. II.

## What the Phyfical or Philofopher's Gold is.

THe Philofophers Gold or Silver, is a metallick body, refolved into the laft matter, to wit, into Mercury, which is the firf matter of the Stone, and is thus proved: Every thing is from that into which it is refolved: But all Metals are reduced into Argent vive ; ergo, they were Argent vive.

For, according to the common opinions of Philofophers, that which the wife men feek is in Mercury. Morcover, Mercury is the radix in Alchymy, becaufe from it, by it, and in it are all Metals. And Theopbraftus (that moft profound Sea of the SpagyrickPhilofophy) thus fpeaks concerning the firf matter of Metals: To exiract Mercury from metallick bodies, is nothing elfe but to refolve or reduce thens into their firlt matter,that is,running Mercury, even fuch as it wows in the center of the Earth, before the generation of Metals, to moit, a moijt and vifcous vapour, which is the PhiloSophers Gold or Silver, containing in it invifibly the Mercury and Sulphur of Nature, the principles of all Metals, which Mercury is of ineffable vertue and efficacy, and contains divine fecrets.

CHAP。

## CHAP. III.

## Of the preparation of Bodies for the Pbilofuphers Mercury.

A Vicen faith, If you defire to operate, you muft neceflarily begin your Work in the folution or Sublimation of the two Luminaries; becaufe the firl degree of the W ork is, that Argent vive may be made from tbence; but becaufe tbefe, as tbe more perfect Bodies, are clofer bound, and bave an barder coagulation, that they may be reduced into Mercury, they do in the firt placerequire preparation, and pbysical calcination, n:bich indeed is not $f$ o neecfary in Silver; for by reafon of the cleanneß and Softreß thereof, our Water eafily acis upon it; whicb is not done in Gold, and the otber Metals, which do all require Calsination, on which our Water then more cafily acts, efpecially if thofe wobich are impure be depurated for the fimilitude of fubjfance.

Concerning the Calcination of Bodies out of the fecret Work of the Docitor and BiJbop of Trent for the Philofophers Stone : Metals to be diffolved ought to be firft calcined or purged in Lac virginis, and Lza being moft fine and fubtilly filed, mult be diffolved in Aqua-fortis, and diftilled rain-water in which SalArmoniack, or common Salt hath been dif-
folved;
folved; then it muft be precipitated intoa moft white Calx, and wathed in decanted water, and the Calx mult be edulcorated in other rain-water hot, that all the faltnefs and acrimony may be taken away, then muftit bedryed, and it will be a moft pure Calx.

But Gold mult be calcined after this manner: Make an Amalgame with Gold (which muft be firfe depurated by the Body of the blackEagle, that it may be made beautiful and gloriousabove meafure) and Mercury very well purged with Salt and Vinegar, and firained through Leather, put it in purified Aquafortis, that all the Mercury may be diffolved, decant the Aquafortis from the Calx of Sol , wafh the Calx as aforefaid in warm water, and dry it with a gentle heat, that Calx (if artificially and lightly reverberated, yet fo that it flow not) will be converted into a molt beautiful Crocus.

Gold that it may be reduced into the firft Matter, or Mercury of Philofophers, is thus otherwife calcined, whereof Paracelfus, in his 7 th Book of Metamarpisofis concerning refufcitation, declares, namely; that Metal muft be calcined with revivified Mercury, by puting Mercury with the Mctal into a Sublimatory, digefting them together, tillan Amal-
game be made, then fublime the Mercury with a moderate Fire, and bruife it with the metallick Calx, and as before, repeat the digeftion and fublimation, and that fo ofren till the Calx being put to a burning Candle will melt like ice, or wax. This Metal fo pred pared, put to digeftion in Horfe-dung or in Bal.Marie, moderately hot, digetting it for a month, and the Nietal will be converted into living Mercury, that is, into the hrft matter, which is called the Fhilofophers/Mercu* ry; and the Mercury of Metals, which many have fought, but few have found.

Foachimus Poleman of the Myftery of the Philofophers Sulphur, by help of hisduplir cated and fatiated Corrofive, divides a Metal into the leaft Atomes, and dilacerates it to be delivered to the fiery Menftruum, diffolving it to a tinging Soul.

It is calcined by us another and better way, which Calcination we rather call the firf folution, and it is done by pouring the Wine of Life to the Calxes of Sol or Luna aforefaid, put into a Phial, (which is our Menftruum, of which hereafter in Cbap. 6.) to the heighth of a fingers breadth, and putting to an Head or Alembick, they mult be digetted in Afhes, or alfo in Sand, and coagulated; being coagulated, you mult pour on new Menfruum, as before, and coagulate, and B
that but we could never find any tbing permanent in Fire, except the vifcous Moifture, the Sole radio of all Metals, when as all the other Moijtures being not woell tunited in bomogeneity do eafily flet from Fire, and the Elements are eafily Jeparatea from one another, but the vifcous Moiffure, to mit, Mercury is never confumed with Fire, nor is the Water Separated from the Earth, but they either remain altogetber, or go altogether aray.

But will you enquire in what weight the Menftruum is to be efpoufed to a Metal? The Philofophers Rofary faith, As in the working of Bread, a little Leaven leaveneth and fermenteth a great quantity of $P$ afte ; fo alfo a modicum of Earth is Jufficient for the nutrition of the phole Stonne. Arijtotle nominates the weight, faying, do thus, and coct till the Earth (that is, the Gold) bath exiboufted ten parts of the Water.

The Author of Novam Lumen at the end of his Book breaks forth into thefe words; There ought to be ten parts of Water to one part of Body: and by this way we make Mercury withous :common Mercury, by taking ten parts of our Mercurial Water (that is, the Mcrcurial Oyl of Salt putrefied and alembicated) which is an unetious vapour, to one part of the body of Gold, and being included in a Veffel by continual soction, the Gold is made Мет

Tumba Semiramidis.
Mercury, that is, an unciuous vapour, and nots common Mercury, as fome fally do imagine.

CHAP. V.
What a Quinteffence properly is.
DAR ACELSUS in his third Book of long Life, chap. 2. difcourfeth thus: $A$ QuintCence is notbing elfe but the goodneß of Na ure, fo that all Nature pafeth into a pagyrick nixture and temperament, in mhich, no corrupible thing, and notbing contrary is to be foust..

He alfo in his fourth Book Archidox of he Quinteffence faith, $A$ Quinteffence is a atter which is corporally extricted out of all Irefcitives, and out of all things that brve life, eing feparated from all impurity and mortality, noft purely fubtiliated, and dizided from all the ilements thereef.
And a little after in the fame place; $Y_{o u}$ ught to know concerning the 2 uinte $\int$ ence, that it r a matter little and Small, lodged and baroured in fome Tree, Herb, Stone, or the like; 'se reft is a pure body, from nobich we learn the paration of tije Elements.
Rupefciffa concerning the Quinteffence, in hap. 5. about the end, faith, The QuintB 3 efence

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effence which we Seek is therefore a thing ingeniated by divine breath, whick by continual afcenfrons and defcenfions is Separated from the corruptible body of the four Elements; and the reafon is, becaufe that which is a fecond time, and often Sublimed, is more Subtile, glorified and $\int_{\mathrm{c}}$ parated from the corguption of the four Elements, then wwhen it afcends only once; and So that wobich is sublimed even to a thousand times, and by continual afcenfion and defcenfion comes to fon great a vertue of glorification, that it is a compound almoft incorruptible, as the Heavens, and of the matter of the Heavens, and therefore called Quinteffence; because tis in refpect of the Body, as the Heavens are in reffect. of the moolt World, almoft after the Same woay: by wobich Art can imitate Nature, as by a certain like very near and connatural way.

## CHAP. VI.

Of the Philofophical Fire, or DiJ folving Menftruum, or our Liquor Alkaheft.

FHe preparation of this Water, or mol noble Juice, (which is the Kings tru Bath) the Philofophers always held occult
o that Bernard Count Trefne and Neigen, ${ }^{\text {? }}$ 3ook 2. faid, he had made a vow to God, - Philofophers, and to Equity, not plainy to explain himfelf to any man, becaufe it s the moft fecret Arcanum of the whole Work, and is fo indeed; for if this Liquor were manifefted to everyman, Boys would hen deride our Wifdom, and Fools would. se equal to the Wife, and the whole World would rufh hither with a blind impulfe, and run themfelves headlong without any regard to Equity or Piety, to the bottom of Hell. Augurellus calls this Menftruum Mercury in thefe words:

Tu quós nec captis Cyilleni audacibus unguam Defueris Argentum vulgo quod vivere dicunt. Suffocit, ov tantis preflant primordia rebus.

Nor is Argent vive ever wanting to the wold undertaking of Cylenus, it yecids principles to great things. The fame doth George Kipley judge in his Preface of the twilve Gates: I will teach you truly, that thefe are the Mercuries that are the kcys of Knowledge, which Raymuild calls his Men/trui's; withont which is nothing donc. Geber names it otherwife, faying, by the molt high God, this is that Water, which lighteth Candles, gives light to houfes, and ycelds abundance ot E 4 Riches

Riches, Oh the Water of our Sea! Oh our Sal Nitre appertaining to the Sea of the World! Oh our Vegetable! Oh our fixt and volatile Sulphur! O the Caput mortuum, or freces of our Sea !

Tridenfine in his fecret work of the Philofophers Stone, faith: The Water which Philofophers ufed for the complement of the Work, they called Lac Virginis, Coagulum, the Morning-dew, the Quinteffence, Aquavite, the Philofophers Daughter, efc.

Paracel fus variounly alfo, Azoth, Spirit of Wine temper'd and circulated, MercurialWater, Sendivogius, Cbalibs; Rupefoija, Vinegar moft nobly diftilled.

Van-Helnoont ( that moft profound Philofopher by Fire ) called it, the Liquor Alkabeft, and thus defcrib'd it: The Liquor Alkabeft refolves every vifible and tangible body into its firf matter, preferving the power of the Seed, conccrning which the Chymilts fay, the Vulgar burn by Fire, but we by Wa ter.

We, by the Philofophers leave, are thofe. that can at will give names to their products, do call it the Mercurial Oyl of Salt putreticd and alerrbicated : for Oyl is exalted to an higher degree of a fiery quality, as it is the foundation of the whole metallick folution, (which is to be well obferved)
without which nothing can be advantagious in the Art, and it acts the part of a Woman in our Work, and is defervedly called the Wife of Sol, and the Matrix; and it is the hidden Key to open the clofe Gates of Metals; for it diffolves calcined Metals, it calcines and putrefies the volatile and fpiritual, it tingeth into all colours, and is the beginning, middle and end of Tinctures; and is of one nature with Gold, as Arn.deVilla Nova affirms, unlefs that the nature of Gold is compleat, digefted and fixed : but the nature of the Water is incompleat, indigetted and volatile. In a word, it is the Philofophers Fire, by which the Tree of Hermes is burnt to alhes.

Concerning this Fire Fobannes. Pontanys in his Epiftle faith, The Philofophers Fire is not the Fire of Balneo, nor of Dung, nor of any thing of that kind, which the Philofophers have publithed in their Writings; it is mineral, it is equal, it is continual, it evapourates not, unlefs it be too much incenfed; it participates of Sulphur ; it is taken elfewhere than from the matter; it divide, diffolves calcines and congeals all thingsiand it is a Fire with moderate burning; it is a compendium without any great charge, becaufe the whole work is perfected therewith. Study therefore therein : for if I had found

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found this at firft, I had not erred two hundred times before I attained to practice: wherefore men do err, have erred, and will err, becaufe the Philofophers have not confituted a proper Agent in their Eooks, except one, namely Artephius. But he fpeaks according to his judgment: s and unlefs I had read Artephius, and perceived his fcope, I had never attained to the Complement of the Work, efc. Do you confult him, and ye fhall know what our Menftruum is. I have faid enough.

## CHAP. VII.

Whether the diffolving Menftruun be corrogive.

GEBER de Sum. perfeã. Cap. 52 feems I to be of this opinion, whillt he faith, Every thing that is folved mult neceffarily bave the nature of Salt, Alums, and the like. And Parucelfus in his fourth Book Arcbilox. of the Quinteffence, a little after the beginning, faith thus: It is difficult, and Scarce credible, to extrait a 2 niintefence witlonut a Corrofive out of Metals, but efpecially out of Gold, which cannot be overcome but by a Corrofive, by which the
Quint-

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Quinceffence and Body are one Separated from the otber; which Corrofive may again be taken from it. And Chap. 3. of Long Life, Tom. 6. Book 3. he thus fpeaks: Refolve Gold together wititb all the fublitance of Gold by a Corrofive, ©c. and that fo long till it be made the fame with tbe Corrofive: nor be you dijmayed becaufe of this way of operation; for a Corrofive is commodious for Gold, if it be Gold, and without a Corrofive it is dead.

Yet you mult know, that our Menfruum being poured upon Gold, ought not properly be faid to be corrofive, but rather fiery; the frength and vertue of which Arcanum overcomes all Poifons. For every Realgar, that is, Mercury vive and Jublimate, as alifo precipitate, ought to dye in the Elixirium of Sol, and come to a fingular and excellent tincture ; becaufe alfo violent folution is not made by our Menftruum, fuch as by the Refufcitatives, Aquafortis and Regia, and others of this form; but (as was faid before in the fourth Chapter) it is done gently, fwectly, without any noife, and with the prefervation of its radical moifture, with the fpirits of which (as Lully hath it in his Vade mecum) a vivified vertue is infufed in the mattors.

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## CHAP. VIII.

## of the practice of the Stone.

VHen you have acquired the tinging Soul of the Planet, or the true Quinteffence thereof by previous putrefaction', in which the true Mercury, and the Philofophers true Sulphur are contained: then is your matter prepared, fit to make thereby our bleffed Stonc. Take therefore (in the name of Him that faid, andyll things were done) of this moft pure matter a fufficient quantity, put it into a fixing Veffel, or Phial, or Philofophical Egg, hermetically realed; place it in an Atbanor, as you know, and proceed with a convenient, viz. a digelting heat, continual, (for that failing it muft needs' dye, or become abortive, fweet, fubtile, altering, and not burning that I may ufe the Counts own words) from the firft conjunction, even to perfect ablution, government of the Fire, concerning which the anonymous Pbilaletbes may be further confulted, who by the government of every Planet cleerly defcribes the diverfities of colours, coagulating and fixing it into the white or
red Stone: for ( as Raymund Lully advertifeth) he that hath not power and patience in the work, will corrupt it with too much hafte.

The fign of the Work perfected will be this: If the Stone being projected upon an hot plate of Venus, doth melt Jike Wax, and not fmoke, but penetrate and tinge, then is the Oriental King born, fitting in his Kingdom with greater power than all the Princes of the World. Hence a Philofopher crys out, Come forth out of Hell, arife from the Grive, awake out of Darkneff; for thou balf put on Brightneß and Spirituality, becaule the voice of Refurrection is beard, and the Soul of Life is entred into thee, praifed be the Moft High; and let bis Gifts redound to the Glory of bis moff boly Name, and to the good and benefit of our neighbour.

## CHAP. IX.

Of the augmentation of the bleffed Stone.

> Hen by the help of God you have now obtaincd the aforefaid incombuftible Sulphur, red with Purple, that you may
may by the repeated inverfion of the Wheel (as the Philofophers term it) know how to augment it ; in which no fmall myftery of Art is contained, we may the fame way and method augment it, whereby we made it; yet you mult know that the oftner our Sulphur, which is our Stone, is moiftned or nourifhed by its proper Milk, diffolved in a moilt Balneo, and again coagulated and fixed, as. in the firft work, the tinging vertue of it will be always greater; fo that indeed after the firlt abfolute work, one part will tinge an hundred of purged Mercury, or any other imperfect Metal, in the fecond folution by Lac Virginis, and the coagulation and fixation thereof, one part will tinge a thoufand. And thus time after time is our Medicine augmented and multiplied in quantity and quality, in vertue and weight.

Take therefore one part of our Stone, and pour it upon two parts of Lac Virginis, or the Mercurial Oyl of Salt putrefied and alembicated; folve and coagulate as you did in the firft work, and our Water which before was only a Mineral potentially, is actually made a Metal more precious than Gold. And thus is the Stone mortified by fublimations, and revivified by imbibitions, which is the chief univerfal way. Thefe things being brought to a defired end, Projections may at pleafure
be made upon this or that Mctal prepared, and decently mundified and fufed, as you have obtained the tincture either for white or red; the true ufe of this Art, and all the Philofophers Books, (efpecially our Pbilalethes) will abundantly fhew.

## CHAP. X.

## Of the phyfical ufe of the Stone both?

 internal and external.YOu muft know concerning this bleffed Stone, that it is an univerfal Medicine containing in it the perfect Cure of all Difeafes, as well hot as cold, fo far as they are known to be curable by Nature, and are permitted by God to be cured. If you enquire, how this moft perfect Medicine, and Celcfitial Tincture, and fuch other univerfal $C_{1}$ ratives do act, and operate, by curingiconerary things in Man's Body. We anfwer; They perform all this by heating, illuminating, and irradiating the Archous, as our Philofopher Van Helmont hath it in a Treatife, entituled, There is in Herbs,Words and Stonies a great Vertue, that they do certainly act without their difolution or deftruction, without their penetration,
netration, intro-admiffion, commixture, and commutation, alfo afar off upon the drowfie or inflamed Archous, as it woere by the fight alone, by the irradiation or ejaculation of their vertues pradueed and iexpojed, their former weight and propenties being yet retained and not changed. After which manner, as Foachimus Poleman excellently faith, They tranfmute the 乃pirits of dark: $n e ß$, to wit, difeafes, (wobich are all nothing elfe but the properties of the feat of death, or the forerunners of dark and obscure death ) into good Birits, fuch as they were wolen the man was found in perfect bealth, and by this renovation of the defective powers, ftrength is withal univer $\int a l l y$ re= fored.

The dofe of it is from one grain to two, according to the age and frength of the Patient in a draught of warm Wine, or in a fpoonful of the fame Quinteffence diffolved, and taken every third day. In external Difeafes, Wounds, Cacoctheck and Phagedenick ulcers, Fiftulxes, Gangresq, Cancer, E'c. one grain is taken in Wine every day, or once in two days; but the part externally affected is wathed in :Vine, wherein a porrion of our Stone hath been diffolved; or if neceffity requirc, it is injected by a Syringe, purting a plase of Lead, and a convenient I igature thereupon.

And this is the internal and external ufe of this great Myltery confummated, for the acquifition of which invoke the Light of Light, and with a pure heart pray for the illumination of your undertanding, and you flall receive it : then operate prudently, give relief to the Poor, abufe nor the bleffings of God, believe the Gofpel, and exercife your felf in Piety. Amen.

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F I N I S
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[^0]:    81. Q. Quare Urinam addis?
    82. $R$. Ah fcias ad res tranfmutandas cor-
