

Using Family Life Education Infographics to Develop Family Programming



Patrice Powers-Barker and Katie LaPlant February 2017

Today's Program:

- Short overview of the Family Life Education (FLE) Framework
- Why the FLE Framework is important and useful in 2017 – for all FLE and partners
- Introduce 2 Infographics
- Go through the steps of the FLE Planning Wheel

Thanks to OHCFR for sponsoring!



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February is FLE Month

#FamilyLifeEd



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The National Council on Family Relations is the premier professional association for the multidisciplinary understanding of families.



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NCFR 78th Annual Conference Education and Enrichment – Roundtable and Resource Exchange



November 2016

Title: *“Making The Family Life
Education Framework Approachable:
The Planning Wheel”*



Katie LaPlant, Jackie Kirby-Wilkins, Patrice Powers-Barker, not pictured: Carmen Irving



**Where are you
located today?**

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Katie LaPlant

Why I celebrate Family Life

Education Month:

- FLE in all programming
- Many “do” FLE without knowing
- Celebrate all families



Working with families on a summer garden program #FamilyLifeEd

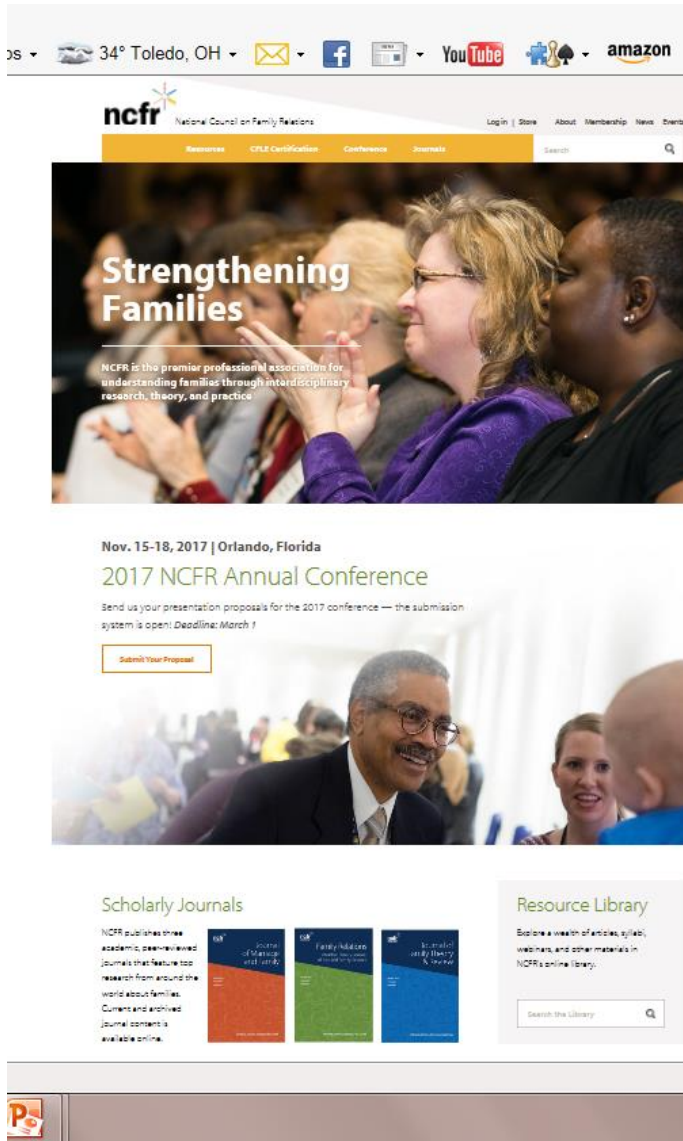
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Patrice Powers-Barker
Why I celebrate Family Life
Education Month

- My Community
- FLE Touches All My Work
- I Am Thankful

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The screenshot shows the NCFR website homepage. At the top, there is a navigation bar with the NCFR logo and the text "National Council on Family Relations". Below this is a main banner for the "2017 NCFR Annual Conference" held in Orlando, Florida, from November 15-18, 2017. The banner features a photograph of a woman clapping and a man smiling. Below the banner, there is a "Submit Your Proposal" button. The page also includes sections for "Scholarly Journals" and "Resource Library".

34° Toledo, OH

ncfr National Council on Family Relations

Strengthening Families

NCFR is the premier professional association for understanding families through interdisciplinary research, theory, and practice.

Nov. 15-18, 2017 | Orlando, Florida
2017 NCFR Annual Conference

Send us your presentation proposals for the 2017 conference — the submission system is open! Deadline: March 7

Submit Your Proposal

Scholarly Journals

NCFR publishes three academic, peer-reviewed journals that feature top research from around the world about families. Current and archived journal content is available online.

Resource Library

Explore a wealth of families, syllabi, webinars, and other materials in NCFR's online library.

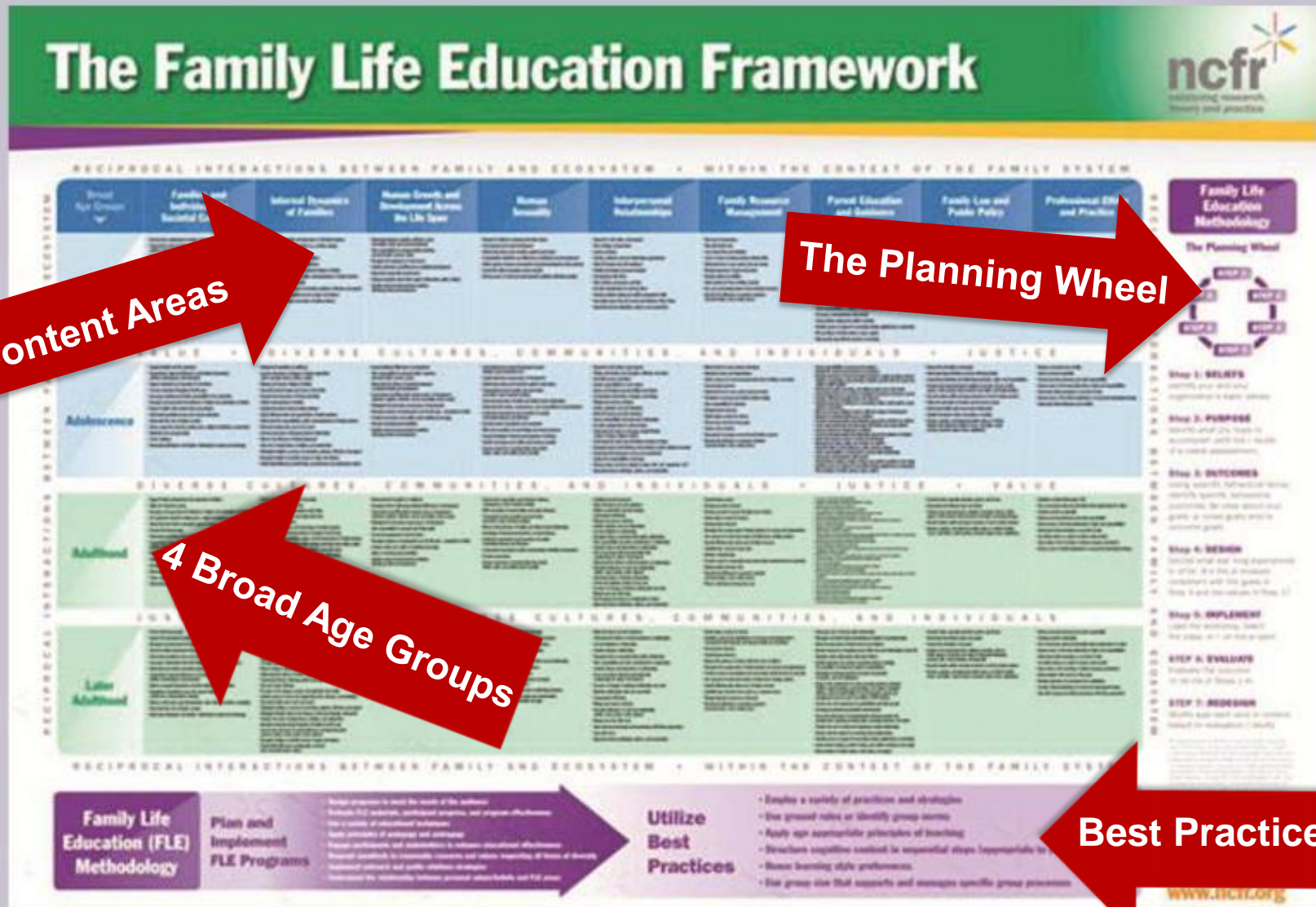
Search the Library



www.ncfr.org/



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The Family Life Education Framework

ncfr
nurturing, research,
theory and practice

RECIPROCAL INTERACTIONS BETWEEN FAMILY AND ECOSYSTEM • WITHIN THE CONTEXT OF THE FAMILY SYSTEM

Content Area	Family and Individual Social Capital	Internal Dynamics of Families	Human Growth and Development Issues in Life Span	Human Diversity	Interpersonal Relationships	Family Resource Management	Formal Education and Systems	Family Law and Public Policy	Professional Ethics and Practices
Adolescence									
Adulthood									
Later Adulthood									

RECIPROCAL INTERACTIONS BETWEEN FAMILY AND ECOSYSTEM • WITHIN THE CONTEXT OF THE FAMILY SYSTEM

Family Life Education (FLE) Methodology

The Planning Wheel

Step 1: BELIEFS
Identify your own and your organization's beliefs and values.

Step 2: PURPOSE
Identify what you seek to accomplish and the needs of a needs assessment.

Step 3: OUTCOMES
Using specific, measurable terms, identify specific, measurable outcomes for your group and goals at various points along the program path.

Step 4: DESIGN
Design what and how programming to offer. If a pilot program, determine what the goals of Step 3 and the return to Step 1.

Step 5: IMPLEMENT
Launch the program, track the data, and evaluate the program.

Step 6: EVALUATE
Evaluate the success of the program in terms of Step 3.

Step 7: REDESIGN
Determine what next steps to consider based on evaluation results.

Utilize Best Practices

- Develop a variety of practices and strategies
- Use ground rules or identify group norms
- Apply age-appropriate principles of teaching
- Structure activities around the sequential steps (appropriate to the group)
- Honor learning style preferences
- Use group size that supports and manages specific group processes

www.ncfr.org

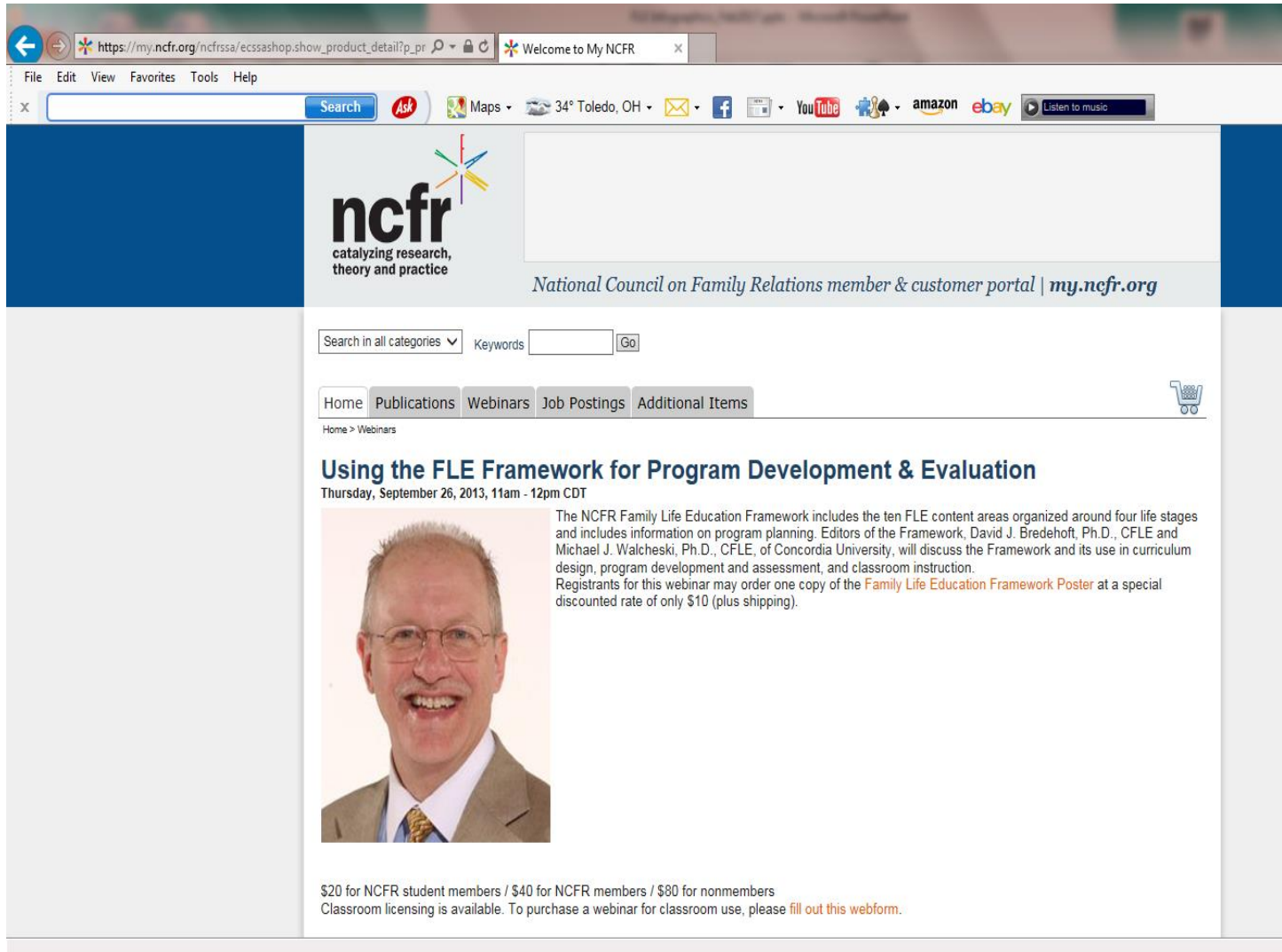
10 Content Areas

The Planning Wheel

4 Broad Age Groups

Best Practices

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The screenshot shows a web browser window with the URL https://my.ncfr.org/ncfrssa/ecssashop.show_product_detail?p_pr. The browser's address bar and menu bar are visible. The website header features the NCFR logo with the tagline "catalyzing research, theory and practice" and the text "National Council on Family Relations member & customer portal | my.ncfr.org". Below the header is a search bar and navigation tabs for "Home", "Publications", "Webinars", "Job Postings", and "Additional Items". The main content area displays a webinar announcement titled "Using the FLE Framework for Program Development & Evaluation" scheduled for Thursday, September 26, 2013, from 11am to 12pm CDT. A photograph of David J. Bredehoff, Ph.D., is shown next to the text describing the webinar. The text states that the NCFR Family Life Education Framework includes ten FLE content areas and that the webinar will discuss its use in curriculum design, program development, and classroom instruction. It also mentions that registrants can order a copy of the Family Life Education Framework Poster for a special discounted rate of \$10 (plus shipping). At the bottom of the announcement, pricing is listed: \$20 for NCFR student members, \$40 for NCFR members, and \$80 for nonmembers. A note indicates that classroom licensing is available and provides a link to fill out a webform.



Resources from NCFR include archived webinars like this one

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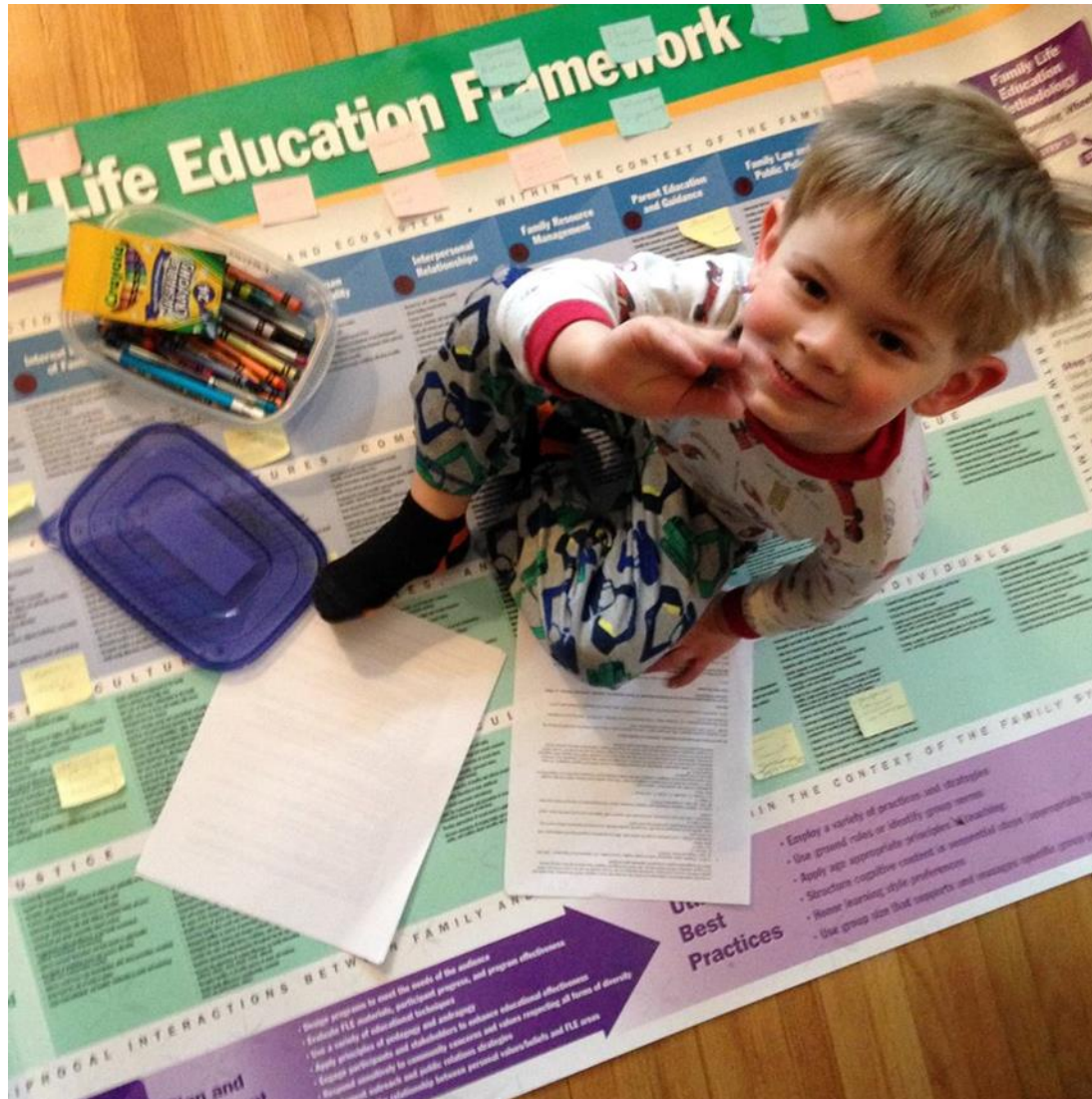


The screenshot shows a web browser window with the URL https://my.ncfr.org/ncfrssa/ecssashop.show_product_detail?p_pr. The browser's address bar and tabs are visible. The website header features the NCFR logo, which consists of a stylized star with four colored lines (red, green, blue, yellow) extending from a central point. Below the logo is the text "ncfr catalyzing research, theory and practice". To the right of the logo is a navigation menu with buttons for "Home", "Publications", "Webinars", "Job Postings", and "Additional Items". A search bar is located above the navigation menu. The main content area displays the product "Family Life Education Framework Poster and PowerPoint - Third Edition". A small thumbnail image of the poster is shown on the left. The product description on the right states: "This attractive, full-color, laminated 36" x 52" wall poster, based on the Certified Family Life Educator framework, describes ten major content and learning concepts for family life education programs over four life stages: childhood, adolescence, adulthood, and later adulthood. Consideration of Family Life Education Methodology has been added as an additional component to this new edition. The concepts of value, diverse cultures, communities, and individuals, and justice, are incorporated throughout the framework. Ideal for curriculum design, program development, continuing education, classroom instruction, and program assessment. Includes PowerPoint presentation which includes a separate slide for each of the 36 cells that make up the Framework. 2011." Below the description, the ISBN is listed as 978-0-916174-72-9, the order number as CF1101, and the prices as \$20.00 for members and \$25.00 for nonmembers. A blue "ADD TO CART" button is prominently displayed. Below the button, it says "(Member discounts applied at checkout)".



NCFR resources at the store, like the FLE poster and powerpoint

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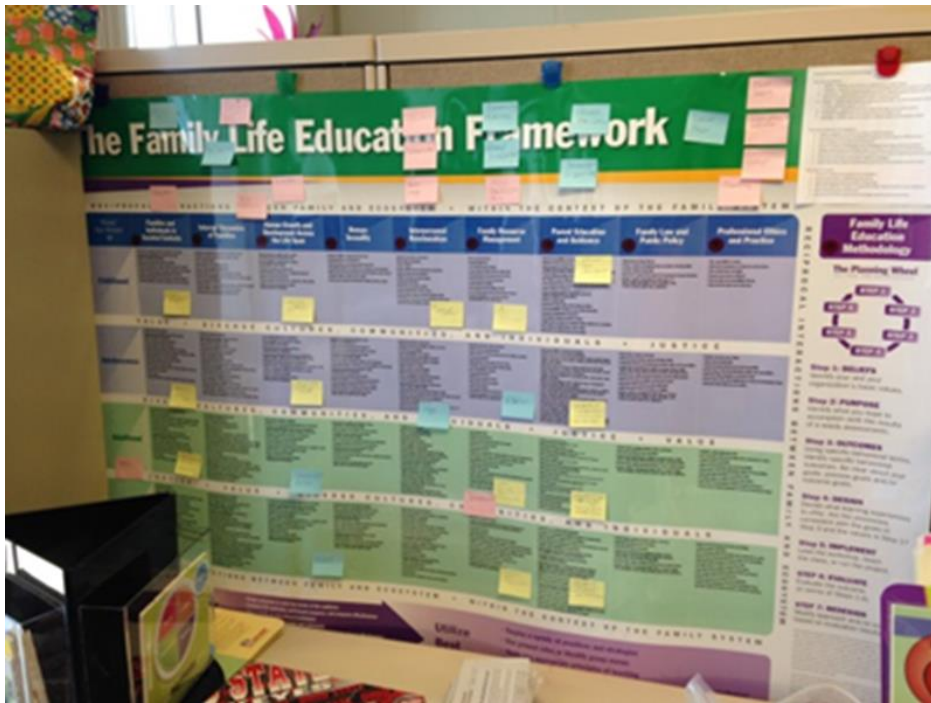


Managing Work & Family

“Hey Mom!
Is this your
professional
poster or my
educational
play mat?”

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2015-2016: From One Poster to Two Infographics




FLE Framework poster on the cubicle wall

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Family Life Education (FLE) Framework Across the Lifespan


CHILDHOOD ADOLESCENCE ADULTHOOD LATER ADULT



- 1. Families and Individuals in Societal Contexts**
How do families interact with society?
Networks • Education • Community • Work • Interacting Systems
- 2. Internal Dynamics of Families**
How do individuals function within the family?
Transitions • Roles • Strengths & Vulnerabilities • Choices • Beliefs
- 3. Human Growth and Development across the Life Span**
How do people grow and develop across the lifespan?
Social • Emotional • Physical • Cognitive • Well-being
- 4. Human Sexuality**
How does sexuality develop across the lifespan?
Intimacy • Reproduction • Family Planning • Feelings • Gender Roles
- 5. Interpersonal Relationships**
How are relationships developed and maintained?
Communication • Problem Solving • Relating to Others
• Respect • Self-Awareness
- 6. Family Resource Management**
How do families use resources to survive and thrive?
Needs & Wants • Goals • Decision Making
• Planning • Resource Allocation
- 7. Parent Education and Guidance**
How do parents guide their children?
Strategies • Parenting Styles • Teach & Protect
• Relationships • Rights & Responsibilities
- 8. Family Law and Public Policy**
How do laws and policies impact families?
Justice • Advocate • Contemporary Issues • Protect • Rights
- 9. Professional Ethics and Practice**
How are families supported through professional ethics and practice?
Respect • Responsibility • Diversity • Objectivity • Prevention Education
- 10. Family Life Education Methodology**
How does FLE enrich and empower families?
Participant Needs • Evaluate • Learning Styles
• Teaching Principles • Educator

go.osu.edu/fcsfle | The PlanningWheel

Presented by: Counseling Professor, Susan Barker, MSW, PhD, Ohio State University (2015) © Barker, J. J. (2015). *How to Lead a Group*. South, West, Publishing House, Inc. Reprinted with permission. © J. J. Barker (2011). *Family Life Education Framework Poster and Planning Wheel*. OSU Extension, 100 Harrison Center for Family-Related Infographic Services. October 2015



- 1 Beliefs**
Identify your— and your organization's— basic values
- 2 Purpose**
Identify what you hope to accomplish (with the results of a needs assessment)
- 3 Outcomes**
Using specific behavioral terms, identify specific behavioral outcomes (be clear about your goals, process or outcome goals)
- 4 Design**
Decide what learning experiences to offer (Check one the previous consistent with the goals in Step 2 and the values in Step 1)
- 5 Implement**
Lead the workshop, teach the class, or run the project
- 6 Evaluate**
Evaluate the outcome (in terms of Steps 1-4)
- 7 Redesign**
Modify your approach and/or content based on the evaluation results

- Design programs to meet the needs of the audience
- Evaluate FLE materials, participant programs, and program effectiveness
- Use a variety of educational techniques
- Apply principles of pedagogy and sociology
- Implement outreach and public relations strategies
- Engage participants and stakeholders to enhance educational effectiveness
- Respond sensitively to community concerns and values respecting all forms of diversity
- Understand the relationship between personal values/beliefs and FLE goals
- Employ a variety of practices and strategies
- Use ground rules or identify group norms
- Apply age-appropriate principles of teaching
- Structure cognitive content in sequential steps, appropriate to your audience
- Honor learning style preferences
- Use group size that supports and manages specific group processes

The infographics were intentionally designed to ***complement***, not replace NCFR's current FLE Framework materials.



Why Infographics?

Make the FLE Framework ***approachable***

Share the ***value and content*** of the conceptual model in a way that FLE professionals, students and partners can easily:

- Access
- View
- Implement FLE Methodology in Daily Work

Family Life Education (FLE) Framework

Across the Lifespan

CHILDHOOD ADOLESCENCE ADULTHOOD LATER ADULT



1. Families and Individuals in Societal Contexts

How do families interact with society?

Networks • Education • Community • Work • Interacting Systems

2. Internal Dynamics of Families

How do individuals function within the family?

Transitions • Roles • Strengths & Vulnerabilities • Choices • Beliefs

3. Human Growth and Development across the Life Span

How do people grow and develop across the lifespan?

Social • Emotional • Physical • Cognitive • Well-being

4. Human Sexuality

How does sexuality develop across the lifespan?

Intimacy • Reproduction • Family Planning • Feelings • Gender Roles

5. Interpersonal Relationships

How are relationships developed and maintained?

Communication • Problem Solving • Relating to Others
• Respect • Self-Awareness

6. Family Resource Management

How do families use resources to survive and thrive?

Needs & Wants • Goals • Decision Making
• Planning • Resource Allocation

7. Parent Education and Guidance

How do parents guide their children?

Strategies • Parenting Styles • Teach & Protect
• Relationships • Rights & Responsibilities

8. Family Law and Public Policy

How do laws and policies impact families?

Justice • Advocate • Contemporary Issues • Protect • Rights

9. Professional Ethics and Practice

How are families supported through professional ethics and practice?

Respect • Responsibility • Diversity • Objectivity • Prevention Education

10. Family Life Education Methodology

How does FLE enrich and empower families?

Participant Needs • Evaluate • Learning Styles
• Teaching Principles • Educator

Looking at the Infographics in More Detail

CHILDHOOD

ADOLESCENCE

ADULTHOOD

LATER ADULT



Sources:
Bredeloh, D. J., & Walchewski, M. J. (2009). Family life education: Integrating theory and practice. Minneapolis, MN: National Council on Family Relations.

Bredeloh, D. J., & Walchewski, M. J., Eds. (2011). Family Life Education Framework Poster and PowerPoint—3rd Ed. Minneapolis, MN: National Council on Family Relations.

Presented by: Patrice Powers-Barker, Carmen Irving, Katie LaPlant, Jackie Kirby-Wilkins (2016)



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1. Families and Individuals in Societal Contexts

How do families interact with society?

Networks • Education • Community • Work • Interacting Systems

2. Internal Dynamics of Families

How do individuals function within the family?

Transitions • Roles • Strengths & Vulnerabilities • Choices • Beliefs

**3. Human Growth and Development
across the Life Span**

How do people grow and develop across the lifespan?

Social • Emotional • Physical • Cognitive • Well-being

4. Human Sexuality

How does sexuality develop across the lifespan?

Intimacy • Reproductive Health • Family Planning
• Feelings • Gender Roles

5. Interpersonal Relationships

How are relationships developed and maintained?

Communication • Problem Solving • Relating to Others
• Respect • Self-Awareness

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6. Family Resource Management

How do families use resources to survive and thrive?

- Needs & Wants • Goals • Decision Making
- Planning • Resource Allocation

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- Strategies • Parenting Styles • Teach & Protect
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- Teaching Principles • Educator

OHIO STATE UNIVERSITY EXTENSION**Sources:**

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Bredehoft, D. J., & Walcheski, M. J., Eds. (2011). Family Life Education Framework Poster and PowerPoint – 3rd. Ed. Minneapolis, MN: National Council on Family Relations.

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The Planning Wheel

Family Life Education (FLE) Framework Across the Lifespan

10 Content Areas

- Families and Individuals in Societal Contexts**
How do families interact with society?
Networks • Education • Community • Work • Interacting Systems
- Internal Dynamics of Families**
How do individuals function within the family?
Traditions • Roles • Strengths • Vulnerabilities • Choices • Needs
- Human Growth and Development across the Life Span**
How do people grow and develop across the lifespan?
Social • Emotional • Physical • Cognitive • Well-being
- Human Sexuality**
How does sexuality develop across the lifespan?
Intimacy • Reproduction • Family Planning • Feelings • Gender Roles
- Interpersonal Relationships**
How are relationships developed and maintained?
Communication • Problem Solving • Friendship to Ourselves • Respect • Self-Awareness
- Family Resource Management**
How do families use resources to survive and thrive?
Needs & Wants • Goals • Decision-Making • Planning • Resource Allocation
- Parent Education and Guidance**
How do parents guide their children?
Strategies • Parenting Styles • Tools & Product • Relationships • Rights & Responsibilities
- Family Law and Public Policy**
How do laws and policies impact families?
Justice • Advocacy • Contemporary Issues • Protect • Rights
- Professional Ethics and Practice**
How are families supported through professional ethics and practice?
Respect • Responsibility • Diversity • Clarity • Prevention Education
- Family Life Education Methodology**
How does FLE enrich and empower families?
Participant Needs • Evaluate • Learning Styles • Teaching Strategies • Education

4 Broad Age Groups

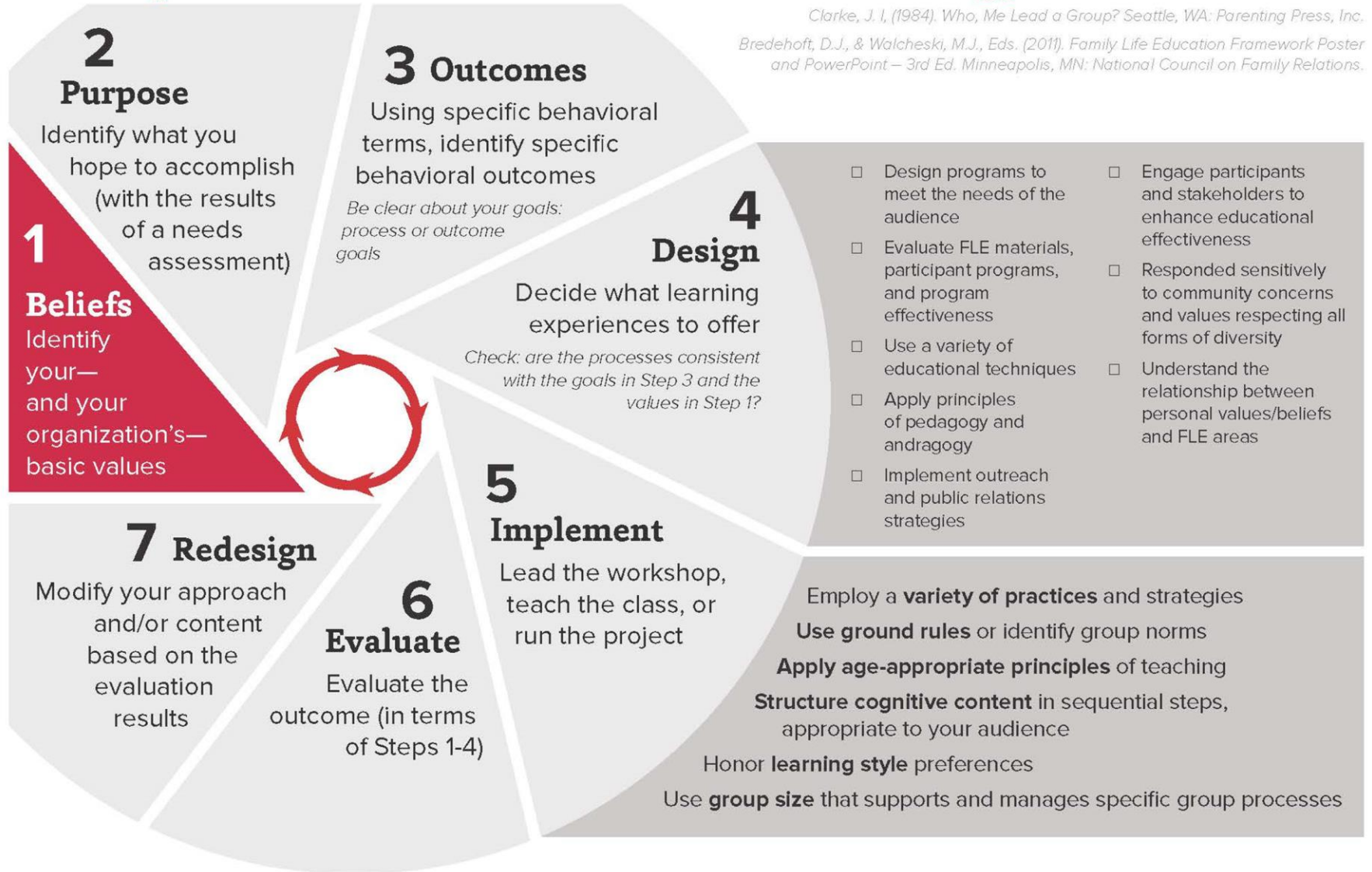
Best Practices

- Create a variety of practices and strategies
- Use ground rules or identify group norms
- Apply age appropriate principles of teaching
- Structure inquiries around 6 sequential steps: responsible to
- Honor learning style preferences
- Use group size that supports and manages specific group processes

Family Life Education (FLE) Methodology | The Planning Wheel

Clarke, J. I. (1984). *Who, Me Lead a Group?* Seattle, WA: Parenting Press, Inc.

Bredehoft, D.J., & Walcheski, M.J., Eds. (2011). *Family Life Education Framework Poster and PowerPoint – 3rd Ed.* Minneapolis, MN: National Council on Family Relations.



Seven Steps of The Planning Wheel

1. Beliefs
2. Purpose
3. Outcomes
4. Design
5. Implement
6. Evaluate
7. Redesign



Based on Jean Illsley Clarke's Book: *Who, Me Lead a Group?* (1984)

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Plan and Implement FLE Programs

- ✓ Design programs to meet the needs of the audience
- ✓ Evaluate FLE materials, participant programs, and program effectiveness
- ✓ Use a variety of educational techniques
- ✓ Apply principles of pedagogy and andragogy
- ✓ Engage participants and stakeholders to enhance educational effectiveness
- ✓ Respond sensitively to community concerns and values respecting all forms of diversity
- ✓ Implement outreach and public relations strategies
- ✓ Understand the relationship between personal values/beliefs and FLE areas

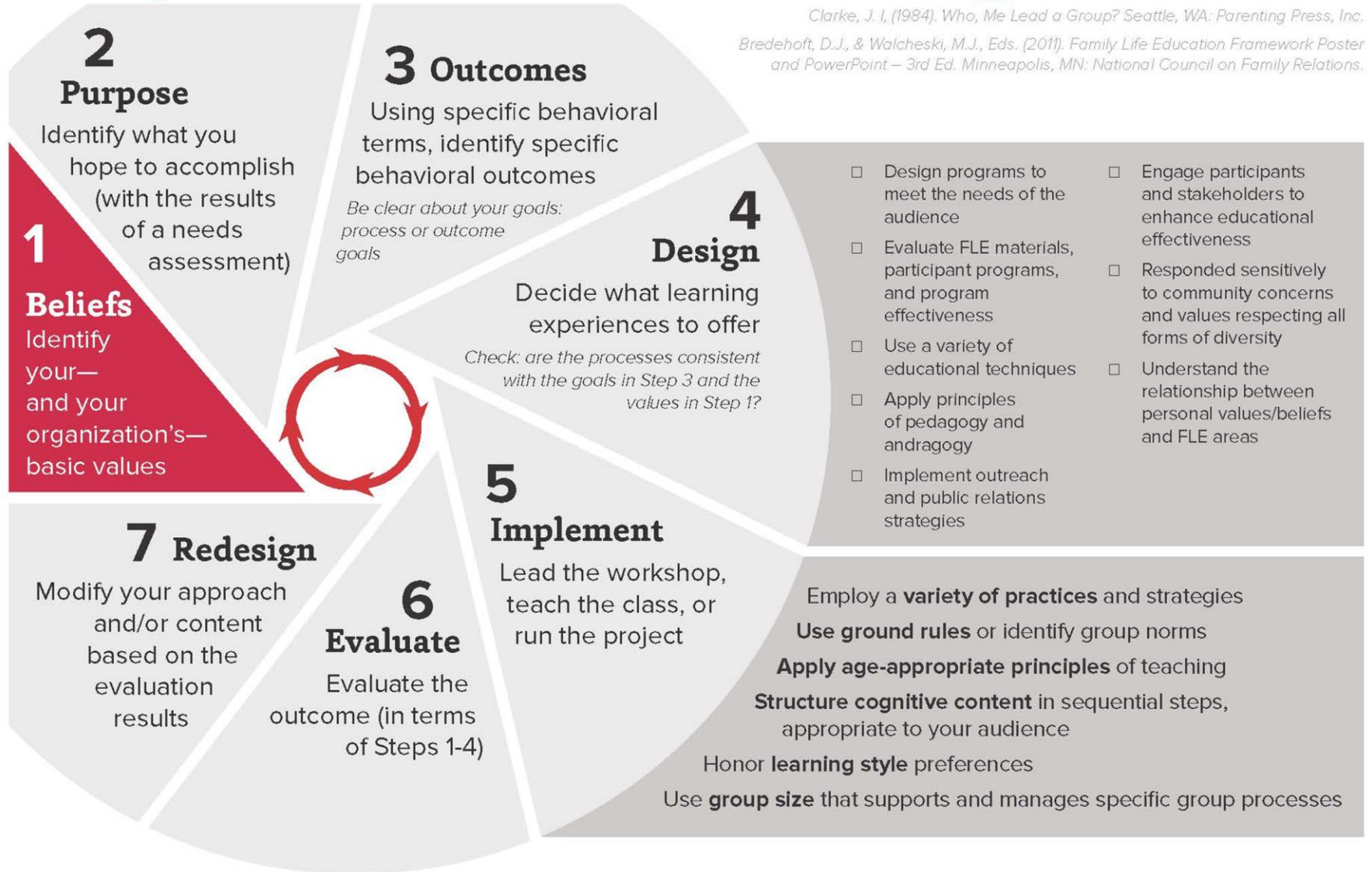
Utilize Best Practices

- ✓ Employ a **variety of practices** and strategies
- ✓ Use **ground rules** or identify group norms
- ✓ Apply **age appropriate principles** of teaching
- ✓ **Structure cognitive content** in sequential steps
(appropriate to your audience)
- ✓ Honor **learning style** preferences
- ✓ Use **group size** that supports and manages specific group processes

Family Life Education (FLE) Methodology | The Planning Wheel

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Using the FLE Planning Wheel at OSU Extension



- *Aging Smart* **curriculum development.** A multifaceted program and partnership between county Extension FCS Educators and the Office of Gerontology and Geriatrics.



- *Breakfast on the Farm*, **on-farm tour event.** Partnership between Extension (4-H, FCS, ANR) and partners in neighboring rural and urban counties. Event and survey completed, publications forthcoming.

Principles of Family Life Education



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FLE Framework with 4 broad age groups and 10 content areas

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Family Life Education (FLE) Framework Across the Lifespan			
CHILDHOOD	ADOLESCENCE	ADULTHOOD	LATER ADULT
			
1. Families and Individuals in Societal Contexts How do families interact with society? Networks • Education • Community • Work • Interacting Systems			
2. Internal Dynamics of Families How do individuals function within the family? Transitions • Roles • Strengths & Vulnerabilities • Choices • Beliefs			
3. Human Growth and Development across the Life Span How do people grow and develop across the lifespan? Social • Emotional • Physical • Cognitive • Well-being			
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7. Parent Education and Guidance How do parents guide their children? Strategies • Parenting Styles • Teach & Protect • Relationships • Rights & Responsibilities			
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Family Life Education (FLE) Methodology | The Planning Wheel

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FLE Methodology Planning Wheel and Best Practices

Sources:
Bredenhoff, D.J., & Walchewski, M.J. (2009). Family life education: Integrating theory and practice. Minneapolis, MN: National Council on Family Relations.
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What Would We Like You to Do?

- **Identify** your work as FLE and promote #FamilyLifeEd month
- **Use** planning wheel for all aspects of planning
- **Use** infographics in your social media story
- **Learn** more about FLE and tell others
- **Advocate** this as a valuable means to promote FLE



For a link to the Infographics and other information, please visit:

<http://go.osu.edu/fcsfle>

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References:

Arcus, M. E. (1987). A framework for life-span family life education. *Family Relations*, 36, 5-10.

Arcus, M. E. (1992). Family life education: Toward the 21st century. *Family Relations*, 41, 390-393.

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Bredehoft, D. J. (2001). The framework for life span family life education revisited and revised. *Family Journal*, 9(2), 134-139.

Bredehoft, D.J., & Walcheski, M.J., Eds. (2011). Family Life Education Framework Poster and PowerPoint – 3rd. Ed. Minneapolis, MN: National Council on Family Relations.

Clarke, J. I. (1984). *Who, Me Lead a Group?* Seattle, WA: Parenting Press Inc.

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