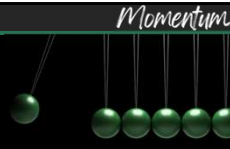


#FSHP2023 Momentum



“Ear” on the Side of Caution: Tracking *Candida auris*

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Disclosure

I do not have (nor does any immediate family member have) a vested interest in or affiliation with any corporate organization offering financial support or grant monies for this continuing education activity, or any affiliation with an organization whose philosophy could potentially bias my presentation.

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Pharmacist Objectives

- Discuss *C. auris* epidemiology and its emergence as a concerning pathogen, including challenges to microbiological identification
- Describe risk factors for *C. auris* colonization and developing invasive disease
- Examine important infection control measures to manage *C. auris* outbreaks and prevent further spread
- Evaluate current antifungal options and resistance patterns to determine appropriate treatment for patients

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Technician Objectives

- Describe *C. auris* and its emergence as a concerning pathogen
- Examine important infection control measures to manage *C. auris* outbreaks and prevent further spread
- Recognize current antifungal options for the treatment of *C. auris* infections

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DRUG-RESISTANT *CANDIDA AURIS*

323 cases in 2018
90% isolates resistant to at least one antifungal
30% resistant to at least two antifungals

Candida auris (*C. auris*) is an emerging multidrug-resistant yeast (a type of fungus). It can cause severe infections and spreads easily between hospitalized patients and nursing home residents.

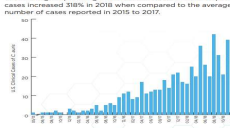
WHAT YOU NEED TO KNOW

- *C. auris*, first identified in 2009 in Asia, has quickly become a cause of severe infections around the world.
- *C. auris* is a concerning drug-resistant fungus.
 - Often multidrug-resistant, with some strains (types) resistant to all three available classes of antifungals
 - Can cause outbreaks in healthcare facilities
 - Some common healthcare disinfectants are less effective at eliminating it
 - Can be carried on patients' skin without causing infection, allowing spread to others

Data necessary U.S. cases only; isolates are from samples of *C. auris*.

CASES OVER TIME

C. auris began spreading in the United States in 2015. Reported cases increased 35% in 2018 when compared to the average number of cases reported in 2015 to 2017.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

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DRUG-RESISTANT *CANDIDA AURIS*


CONTAINING *C. AURIS*

It seemed hard to believe. CDC fungal experts had never received a report describing a *Candida* infection resistant to all antifungal medications, not alone *Candida* that spreads easily between patients after hearing the news that infections like this were identified by international colleagues in 2009. CDC sounded the alarm in the United States about *C. auris*, a life-threatening *Candida* species.

Disease detectives from CDC and state and local health departments soon investigated some of the first U.S. *C. auris* infections. They learned more about how the fungus spreads, and how CDC, health departments, and healthcare facilities can contain it. A key finding was that *C. auris* spreads readily in long-term healthcare facilities among patients with severe medical problems. CDC and partners developed new tests to rapidly identify it, and continue to work with healthcare facilities to control spread.

A GLOBAL THREAT

Investigators still do not know why four different strains of *C. auris* emerged around the same time across the globe. All four strains have been found in the United States. They introduced through international travel and subsequent spread in U.S. healthcare facilities.



ONLINE RESOURCES

About *C. auris*
www.cdc.gov/fungal/Candida-auris/index.html
Information for Laboratories and Healthcare Professionals
www.cdc.gov/fungal/Candida-auris/health-professionals.html

This fact sheet is part of CDC's 2018 Antimicrobial Resistance Threats Report. The full report, including data sources, is available at www.cdc.gov/DrugResistance/antimicrobial-resistance.

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Tracking *Candida auris*: 2013-2022

- Clinical cases include both confirmed and probable cases
 - 5,654
 - Florida = 683
- 13,163 screening cases

CDC. Tracking *Candida auris*. <https://www.cdc.gov/fungal/candida-auris/tracking-c-auris.html>

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Tracking *Candida auris*- Florida

Epidemic curve for cases of *C. auris* in Florida — May 2017 – Feb 2023 (N=2722)

- 2722 Total Cases
- 1930 colonization
- 792 clinical
- Mean Age: 66.26

Source: Florida Department of Health, Health Care Associated Infection Prevention Program

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COVID-19 Pandemic and Impact on *C. auris*

- Hospitals saw increase in outbreaks associated with *C. auris*
 - COVID-19 units
- 60% increase in 2020 compared to 2019
- Significant decline in colonization screening
 - Limited resources to perform

COVID-19 U.S. Impact on Antimicrobial Resistance, Special Report 2022

Candida auris Outbreak in a COVID-19 Specialty Care Unit — Florida, July–August 2020

Chatterghat Prasad, MD^{1,2}, Erica Anderson, MPH¹, Karolin Frenking, MPH¹, Meghan Lyman, MD¹, Manjiv A. de Pinto, MD^{1,3}, David Kohan, MD¹, Kinshuk Edwards⁴, Maria Rivera, MPH¹, Alicia Siegler, MA¹, Marissa Williams, PhD¹, Nicholas Q. Thomas, PhD¹

2022 Special Report COVID-19 U.S. Impact on Antimicrobial Resistance. CDC, 2022. <https://www.cdc.gov/diagnresistance/pdf/covid19-impact-report-508.pdf>
Prasad C, Anderson E, Chatterghat P, Lyman M, de Pinto M, Kohan D, Edwards K, Rivera M, Siegler A, Williams M, Bottom NG. *Candida auris* Outbreak in a COVID-19 Specialty Care Unit — Florida, July–August 2020. www.mmr.mmwr.mmwr.gov

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Typically affects patients who are sickest of the sick

- Risk Factors include
 - Tracheostomies, central venous catheters, feeding tubes, indwelling urinary catheters
 - Ventilator dependent
 - Recent surgery
 - Diabetes
 - Frequent healthcare encounters
 - Recent exposure to broad spectrum antibiotics and antimicrobials
 - Co-colonization with other multi-drug resistant organisms
 - ICU admission
 - Immunocompromised
 - Malignancy
 - Total Parenteral nutrition
 - Chronic Kidney Disease
 - HIV/AIDS

Al-Badwi A, Al-Mutairi A, Al-Hadadi A, Al-Hadidi A, Al-Kadiri S. Characteristics, Risk Factors, and Survival Analysis of *Candida auris* Cases: Results of One-Year National Surveillance Data from Oman. *J Fungi (Basel)*. 2023 Jan;10:1893. <https://doi.org/10.3390/jf10031893>. PMID: 36816716

Wattana BE, O'Brien AD, Srinivasan SK, Goussinsky GJ. Outbreak of *Candida auris* Infection and Transmission of *Candida auris* Pathogen among Hospital Patients. *Clin Infect Dis*. 2023;66:1485–1490. <https://doi.org/10.1093/cid/ciac107>

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Invasive Infections

- 5-10% of colonized patients develop bloodstream infections
- 30-60% of patients with invasive infections have died

- Reported mortality of invasive infections
 - 39% within the first 30 days
 - 58% within first 90 days

Adams E, Quinn M, Tsay L, et al. *Candida auris* in Healthcare Facilities, New York, USA, 2013–2017. *Emerg Infect Dis*. 2018;24(10):1846–1854.

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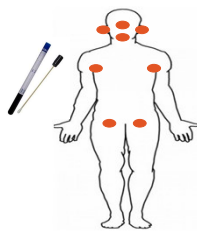
Prevention of Invasive Infections

- Patients with *C. auris* generally have invasive devices.
 - Serve as portals of entry for invasive infection
 - Require strict adherence to recommended insertion and maintenance practices (CLABSI, CAUTI bundles)
 - Continually assess need for device and ensure prompt removal when no longer necessary

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Colonization


- Often indefinite, remaining persistent for many months. Patients often remain colonized even after treatment for clinical infection.
- May lead to:
 - Transmission to others
 - Invasive infection
- Primarily on skin
 - Recommend screening by swabbing axilla/groin
 - Nares and other body sites also can become colonized
- No known decolonization strategies



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C. auris Spread

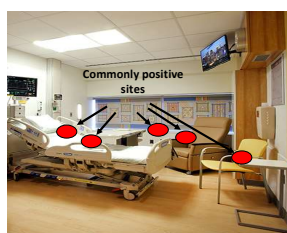
Doesn't just spread to roommates—
all other patients on the unit are at risk



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C. auris Spread, Environment

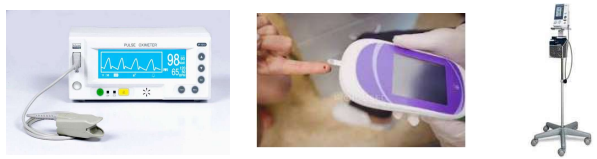
- Persistent in the environment
 - Survival >1 month
- Some common disinfectants (quaternary ammonia compounds) not effective



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C. auris Spread, Shared Equipment

- May be transmitted via shared, mobile equipment that is not properly cleaned and disinfected between patients



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Early Detection and Containment

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Identification of C. auris

- Misidentification may occur with different diagnostic methods used for yeast
 - Often misidentified as *Candida haemulonii*
 - Important to understand your lab detection methods
- At Risk: Yeast not identified to species level
 - If *C. auris* has been identified at your facility, consider identifying to species level from both sterile and non-sterile sites
 - Yeast from urine usually tossed out because not considered an infection
 - Only about 50% of clinical cases are from blood
- Missed detection of colonization cases without screening


Identification Method	Organism <i>C. auris</i> can be misidentified as
VISA-2 YST*	<i>Candida haemulonii</i> <i>Candida duobushaemulonii</i> <i>Candida sakei</i>
API 20C	<i>Rhodosporium glaucum</i> (characteristic: red color not present) <i>Candida sakei</i>
API ID 32C	<i>Candida neoformans</i> <i>Candida guilliermondii</i> <i>Saccharomyces kluyveri</i>
BD Phoenix yeast identification system	<i>Candida haemulonii</i> <i>Candida lusitanae</i>
MicroScan	<i>Candida famata</i> <i>Candida guilliermondii</i> <i>Candida lusitanae</i> <i>Candida parapsilosis</i>
RapID Yeast Plus	<i>Candida parapsilosis</i> *

CDC: Identification of *Candida auris*, <https://www.cdc.gov/fungal/diseases/auris/identification.html>

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Early Detection

- Allows for earlier infection control precautions
- Strategies to consider for early identification
 - Species identification of all *Candida* specimens
 - Screening high risk patients*
 - Periodic point prevalence surveys in high-risk facilities, even those without known cases




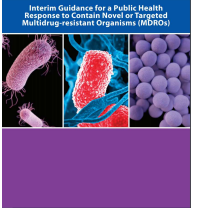
*From facilities/areas with high *C. auris* burden or outbreaks, healthcare abroad, healthcare contacts of cases

CDC Containment Strategy, [https://www.cdc.gov/hai/mro-guides/containment-strategy.html#:~:text=Goal%20of%20initial%20containment%20response,\(Tier%201%20202\)](https://www.cdc.gov/hai/mro-guides/containment-strategy.html#:~:text=Goal%20of%20initial%20containment%20response,(Tier%201%20202).)

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Standardized Response: Containment Strategy

- Offers a systematic response to emerging resistance
- Aggressive and rapid response to targeted, organisms of public health significance
- Objective is to focus on identifying transmission and preventing spread
- Consists of three tiers of organisms, guiding response activities
- Coordinated approach with public health

Interim Guidance for a Public Health Response to Contain Novel or Targeted Multidrug-resistant Organisms (MDROs)

Guidance Available at: <https://www.cdc.gov/hai/containment/index.html>

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Containment strategies before the first *C. auris* case

- Assess infection control and ensure good IPC practices
- Use a disinfectant effective against *C. auris*
- Ensure communication (interfacility and intrafacility) about *C. auris* for transferred patients
- Species identification of yeast from any body site, not just invasive specimens
- Consider targeted screening

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Containment steps after a case of *C. auris* is found

- Report to health department
- Infection control & staff education
- Screen patients with healthcare contact or high-risk patients
- Lab surveillance
- Consider other connected facilities




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You have Identified a Patient with *Candida auris*

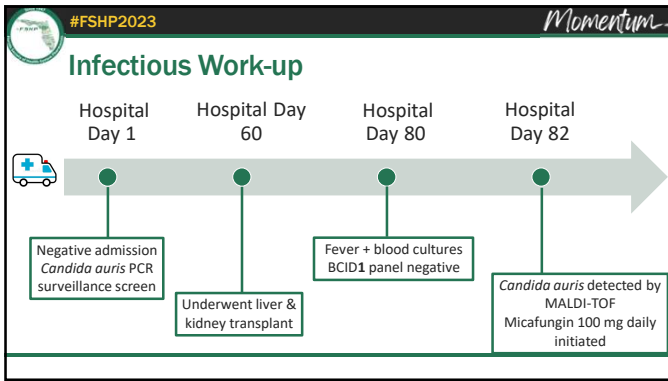
Immediately Implement	While the patient remains in the facility, Continue
<ul style="list-style-type: none"> ➤ Contact Precautions 	<ul style="list-style-type: none"> ➤ Communication of MDRO status (history) during transfer of care ➤ Enhanced hand hygiene and PPE audits to monitor compliance
<ul style="list-style-type: none"> ➤ Ensure disinfectant with EPA-registered claim for <i>C. auris</i> (List P) <ul style="list-style-type: none"> ➤ If List P product not available, utilize a disinfectant effective against <i>Clostridioides difficile</i> spores (List K) ➤ Perform thorough cleaning and disinfection of shared medical equipment <ul style="list-style-type: none"> ➤ Glucometers, nursing cart, temperature probes ➤ Perform thorough routine and terminal cleaning of patient's room and in areas where they receive care <ul style="list-style-type: none"> ➤ Radiology, surgery, therapy ➤ Education for patient and healthcare provider 	<ul style="list-style-type: none"> ➤ Contact Precautions ➤ Work with your public health partners in reassessment of colonization
Coordinate Containment Response <ul style="list-style-type: none"> ➤ In collaboration with public health partners 	

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Meet our Patient



PMH	65 year old male with history of hypertension, gastritis, hyperlipidemia, and alcoholic liver cirrhosis
Chief Complaint	Admitted to the hospital for abdominal distention and jaundice. Found to have MELD Score of 46.
HPI	Underwent liver and kidney transplant and developed <i>Candida auris</i> fungemia two weeks later while still hospitalized



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Rapid Diagnostics

- Rapid identification of *C. auris* is essential to jumpstart treatment and prevent further spread
- Gold standards = MALDI-TOF, The GenMark ePlex Blood Culture Identification Fungal Pathogen (BCID-FP) Panel, BioFire FilmArray BCID2
- Do not wait for culture growth!

BC ID <i>Candida albicans</i>	Not Detected
BC ID <i>Candida glabrata</i>	Not Detected
BC ID <i>Candida krusei</i>	Not Detected
BC ID <i>Candida parapsilosis</i>	Not Detected
BC ID <i>Candida tropicalis</i>	Not Detected

BC ID <i>Candida albicans</i>	Not Detected
BC ID <i>Candida auris</i>	Detected + III
BC ID <i>Candida glabrata</i>	Not Detected
BC ID <i>Candida krusei</i>	Not Detected
BC ID <i>Candida parapsilosis</i>	Not Detected
BC ID <i>Candida tropicalis</i>	Not Detected

Rapid turnaround time!

CDC: Identification of *Candida auris* <https://www.cdc.gov/fungal/candida-auris-identification.html>

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Treatment

- Three classes of antifungal agents are active against *C. auris*: azoles, echinocandins, and polyenes
 - In the United States, >90% of *C. auris* isolates have been resistant to fluconazole, ~30% have been resistant to amphotericin B, and <5% have been resistant to echinocandins
- Echinocandins are considered first-line based on lowest frequency of resistance, however this is increasing
- C. auris* is the first *Candida* species to be classified as multidrug resistant (MDR)
 - Exhibits resistance to ≥2 different classes of antifungal agents

CDC: Antifungal Susceptibility Testing and Interpretation <https://www.cdc.gov/fungal/candida-auris/c-auris-antifungal.html>

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Multidrug-Resistant *Candida auris*

- According to a CDC report, 331 isolates taken from infected patients were resistant to fluconazole (99.7%), amphotericin B (63.4%), and echinocandins (3.9%)
- In a study by Lockhart et al., 54 isolates were collected from patients in Pakistan, South Africa, and Venezuela
 - 93% were resistant to fluconazole, 35% to amphotericin B, and 7% to echinocandins
 - 41% were resistant to 2 antifungal classes and 4% were resistant to all 3 classes (pan-resistant)

Chowdhury R, et al. MMWR Morb Mortal Wkly Rep. 2020;69:6-9.
Lockhart SK, et al. Clin Infect Dis. 2017;64(2):134-40.

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Pan-Resistant

- Rare
- Resistant to all three antifungal classes (azoles, echinocandins, polyenes)
- Cases reported in NY, TX, DC
- Resistance develops from antifungal pressure, however transmission of resistance strains has been increasingly reported in the absence of echinocandin exposure

CIDRAP
NEWS TOPICS & PROJECTS HIGHLIGHTS NEWSLETTERS ABOUT

Three cases of worrisome pan-resistant *C. auris* found in New York
https://www.cidrap.umn.edu/candida-auris-july-6-2021
Patricia Goodfellow

Notes from the Field: Transmission of Pan-Resistant and Echinocandin-Resistant *Candida auris* in Health Care Facilities—Texas and the District of Columbia, January–April 2021
Wang L, et al. MMWR Morb Mortal Wkly Rep. 2021;70(2):102-8.

Lockhart SK, et al. MMWR Morb Mortal Wkly Rep. 2017;66(2):134-40.

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Clade Resistance

- Knowing clade information could help guide treatment because different clades differ in their antifungal resistance profiles.
- Antifungal resistance is widespread in *C. auris* South Asia Clade I isolates. These isolates are overwhelmingly resistant to fluconazole, are variably resistant to amphotericin B, and acquire resistance to echinocandins.
- Clade II is known to exhibit less resistance than other clades.
- South Africa Clade III isolates are commonly resistant to azoles.
- South America Clade IV includes isolates with variable resistance to amphotericin B.

Washington TL, et al. Antimicrob Agents Chemother. 2021;65(9):e0161721.
Lockhart SK, et al. Antimicrob Agents Chemother. 2017;61(7):e0055322.

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Resistance Mechanisms

Antifungal Class	Mechanism of Resistance
Azoles	Overexpression of drug efflux pumps belonging to ATP Binding Cassette (ABC) and Major Facilitator Superfamily (MFS) transporters, and alterations of the ergosterol synthesis pathway (overexpression of <i>ERG11</i> , and point mutations in <i>ERG11</i> , i.e., Y132F)
Echinocandins	Mutations of <i>FKS1</i> , a gene that codes the enzyme responsible for the key fungal cell wall component, $\beta(1,3)$ D-glucan.
Polyenes (e.g., amphotericin)	Single nucleotide polymorphisms in genes related to the ergosterol synthesis pathway leading to altered sterol composition
Nucleoside analogs (e.g., flucytosine)	Amino acids substitution in the <i>FUR1</i> gene (i.e., F211I)

Chabbert P, et al. Front Microbiol. 2019;10:2788

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Do we have Treatment Guidelines?

Southern African Journal of Infectious Diseases
DOI: (N/A) 2023-1001 (Page 2) 2023

AOSIS

CDC Center for Disease Control and Prevention

Candida auris

Federation of Infectious Diseases Societies of Southern Africa guideline: Recommendations of healthcare-associated *Candida auris* colonisation and disease in South Africa

Treatment and Management of *C. auris* Infections and Colonization

IDSA Practice Guidelines

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Recommendation 4.1: What are the suggested treatment regimens for confirmed or strongly suspected invasive *Candida auris* disease in adults and children?

- In the vast majority of adults, an echinocandin is recommended as first-line treatment. Amphotericin B deoxycholate is an alternative agent in settings where echinocandins are unavailable and is recommended for central nervous system, urinary tract or eye infections.
- Among children aged < 2 months, the initial treatment of choice is amphotericin B deoxycholate 1 mg/kg daily,
- Among children aged > 2 months, an echinocandin is recommended for the initial treatment.

Coovender NP, et al. S Afr J Infect Dis. 2019;34(1)163

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Recommendation 4.2: How should the source of infection be identified and controlled in adults and children?

TABLE 8: Source control and risk factor modification measures.

Source/risk factor	Suggested intervention
Indwelling venous/arterial catheters	Remove or replace
Urinary catheter	Remove or replace
Infected prosthetic material	Remove or replace
Collections/abscesses	Drain surgically or insert pigtail
Antibiotics	Stop/de-escalate/use only if deemed absolutely necessary
Corticosteroids	Stop/wean
Immunosuppressants	Stop/wean/modify
Total parenteral nutrition	Change to enteral nutrition, if possible

Coovender NP, et al. S Afr J Infect Dis. 2019;34(1)163

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CDC Guidance (Last updated December 2022)

Adults and children ≥ 2 months of age

- An echinocandin is recommended as initial therapy for the treatment of *C. auris* infections.
- Switching to a liposomal amphotericin B (5 mg/kg daily) could be considered if the patient is clinically unresponsive to echinocandin treatment or has persistent fungemia for >5 days.

Neonates and infants <2 months of age

The initial treatment of choice for this age group is amphotericin B deoxycholate, 1 mg/kg daily. If unresponsive to amphotericin B deoxycholate, liposomal amphotericin B, 5mg/kg daily, could be considered.

CDC does not recommend treatment of *C. auris* identified from noninvasive sites (such as respiratory tract, urine, and skin colonization) when there is no evidence of infection.

CDC. Treatment and Management of *C. auris* Infections and Colonization. <https://www.cdc.gov/fungal/candida-auris/cdc-auris-treatment.html>

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CDC Tentative Breakpoints

Antifungal	Considered as Non-susceptible/resistant	Comments
Fluconazole	MIC ≥ 32 mg/L	Isolates with MICs ≥ 32 were shown to have a resistance mutation in the <i>Erg11</i> gene, making them unlikely to respond to fluconazole
Caspofungin Anidulafungin Miconazole	MIC ≥ 2 mg/L MIC ≥ 4 mg/L MIC ≥ 4 mg/L	
Amphotericin B	MIC ≥ 2 mg/L	If using E-test, MIC=1.5 should be rounded up to 2
Voriconazole	N/A	Isolates that are resistant to fluconazole may respond to other triazoles. Some studies have used MIC ≥ 2 or 4 as their breakpoint
Flucytosine	N/A	Some studies have used MIC ≥ 8 as their breakpoint

CDC. Antifungal Susceptibility Testing and Interpretation. <https://www.cdc.gov/fungal/candida-auris/cdc-auris-antifungal.html>
Lodhhar SB, et al. Clin Infect Dis. 2017;64(1):134-40

Yu CA, et al. Transp Infect Dis. 2022;24(1):e13919
Sobus SL, et al. Antimicrob Agents Chemother. 2022;66(7):e0005322

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Treatment Summary

Confirmed *Candida auris* infections


★ Source Control

- Echinocandins**
 - Micafungin
 - Caspofungin
 - Anidulafungin
 - Generally 1st line
- Amphotericin**
 - Amphotericin lipid complex
 - Liposomal amphotericin B
 - Conventional amphotericin
 - Preferred if CNS, urine, or eye involvement
- Alternative agents**
 - Flucytosine
 - Voriconazole
 - Fosmanogepix
 - Ibrexafungerp

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Back to our Patient

- Micafungin was started two days after positive blood cultures for *C. auris*
- Suspected sources of infection: **line vs. collections**
 - Right upper extremity PICC removed and new left upper extremity PICC was placed
 - Subhepatic collection underwent drainage
 - Perineal collection also underwent drainage
 - Repeat imaging shows residual collections but smaller
- Despite source control attempts, patient remains fungemic



PICC: Peripherally inserted central catheter

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Strategies for treating persistent fungemia

- Source control issue? **Most likely**
- Switching to a liposomal amphotericin B (5 mg/kg daily) could be considered if the patient is clinically unresponsive to echinocandin treatment or has persistent fungemia for >5 days
- Repeat susceptibility testing
 - Are MICs increasing?
- Explore synergy combinations
- Consider alternative novel agents

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Addition of Flucytosine (5FC)

- Nine** *C. auris* isolates resistant to amphotericin, AMB-5FC yielded 100% inhibition.
- Six** *C. auris* isolates resistant to three echinocandins. Addition of 5FC to caspofungin, micafungin, anidulafungin yielded 100% inhibition.
- Thirteen** *C. auris* isolates with a high voriconazole MIC were 100% inhibited by VRC-5FC.

© Brian B, et al. Antimicrob Agents Chemother. 2021;64(4):e02195-21

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Echinocandin + Triazole

TABLE 1 In vitro interactions of caspofungin with fluconazole and voriconazole against *Candida auris*

Strain no.	CAS + FLU ^a				CAS + VRC ^b			
	CAS	FLU	CAS/FLU	FICI/INT	CAS	VRC	CAS/VRC	FICI/INT
VPC1482/913 ^{1*}	2	>64	1/32	0.75/ND	2	1/0.5	1/0.5	0.75/ND
VPC1132/913 ^{1*}	2	32	1/8	0.75/ND	2	0.5	1/0.063	0.62/ND
VPC1133/913 ^{1*}	4	>64	>64	1/ND	4	1	2/32	0.75/ND
VPC265/914 ^{1*}	4	32	2/32	1.5/ND	4	8	2/32	0.75/ND
VPC11510/914 ^{1*}	0.5	32	0.5/32	2/ND	0.5	4	0.5/4	2/ND
VPC1144/914 ^{1*}	1	>64	0.5/32	0.75/ND	1	0.5	1/0.25	1.5/ND
VPC266/914 ^{1*}	2	>64	1/32	0.75/ND	2	0.5	1/0.25	1/ND
VPC267/914 ^{1*}	2	32	1/8	0.75/ND	2	0.5	2/0.063	0.62/ND
VPC1483/914 ^{1*}	1	>64	0.5/8	0.56/ND	1	1	0.5/0.125	0.62/ND
VPC1518/914 ^{1*}	0.5	>64	0.25/8	0.56/ND	0.5	1	0.25/0.25	0.75/ND

TABLE 2 In vitro interactions of micafungin with fluconazole and voriconazole against *Candida auris*

Strain no.	MFG + FLU ^a				MFG + VRC ^b			
	MFG	FLU	MFG/FLU	FICI/INT	MFG	VRC	MFG/VRC	FICI/INT
VPC1482/913 ^{1*}	0.25	>64	0.25/64	1.5/ND	0.25	2	0.016/0.5	0.31/57%
VPC1132/913 ^{1*}	0.5	32	0.25/4	0.62/ND	0.5	0.5	0.016/0.125	0.28/57%
VPC1133/913 ^{1*}	8	>64	4/32	0.75/ND	8	1	2/32	0.25/57%
VPC265/914 ^{1*}	8	32	0.5/8	1.25/ND	8	8	0.063/1	0.25/57%
VPC11510/914 ^{1*}	0.25	32	0.063/8	0.75/ND	0.25	4	0.016/0.25	0.25/57%
VPC1514/914 ^{1*}	8	>64	8/16	1.12/ND	8	0.5	1/0.125	0.37/57%
VPC266/914 ^{1*}	0.25	>64	0.25/32	1.25/ND	0.25	0.5	0.0063/0.125	0.28/57%
VPC267/914 ^{1*}	8	32	8/8	1.25/ND	8	0.5	1/0.125	0.37/57%
VPC1483/914 ^{1*}	4	>64	4/32	1.25/ND	4	1	0.5/0.125	0.25/57%
VPC1518/914 ^{1*}	0.5	>64	0.25/64	1/ND	0.5	1	0.016/0.125	0.15/57%

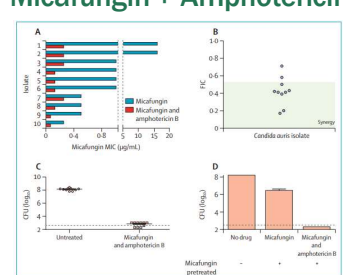
*Fluconazole-resistant isolates (n = 10).
^aCAS, caspofungin; FLU, fluconazole; VRC, voriconazole; FICI, fractional inhibitory concentration index; ND, indifference; 57%, synergy; NT, interpretation.
^bMicafungin-resistant isolates (n = 8).
^aMFG, micafungin; FLU, fluconazole; VRC, voriconazole; FICI, fractional inhibitory concentration index; ND, indifference; 57%, synergy; NT, interpretation.

Most effective combination was micafungin + voriconazole, as synergy was observed against all 10 MDR isolates belonging to the South Asian clade

Badrudin, et al. Open Forum Infectious Diseases. 2017;4(1):1-8

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Micafungin + Amphotericin



A: MIC (µg/ml) for Micafungin and Micafungin + amphotericin B across 10 isolates.

B: FIC for Micafungin and Micafungin + amphotericin B across 10 isolates.

C: CFU/100µL for Untreated, Micafungin, and Micafungin + amphotericin B.

D: CFU/100µL for No drug, Micafungin, and Micafungin + amphotericin B.

Bojarsanu S, et al. The Journal. 2020;18(1):134-5.

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Back to our Patient

Treatment Day 1: Micafungin 100 mg daily

Treatment Day 8: Micafungin 100 mg daily + Voriconazole 6 mg/kg load followed by 4 mg/kg BID

Treatment Day 18: Micafungin 150 mg daily + Amphotericin lipid complex 5 mg/kg daily

Treatment Day 25, perineal collection drained again → positive for *C. auris*

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Ibrexafungerp (formerly SCY-078) – Phase 3

Outcomes of Oral Ibrexafungerp in the Treatment of 18 Patients with *Candida auris* Infections, from the CARES Study

MSG ERG

Baseline Characteristics	Number of patients	Mean Patient Age	% Female	Mean Days on Ibrexafungerp
Geographic Region	17	51	26	18
Candidemia	1	62	0	27
Lower Urinary Tract	1	64	0	3
Non-Indwelling Catheter	1	64	0	3
Overall	18	60	39%	18

Outcomes by Baseline Fungal Load	Complete Response	Partial Response	Stable	Progression	Death	Unknown
Candidemia	4	0	0	0	0	0
Lower Urinary Tract	1	0	0	0	0	0
Non-Indwelling Catheter	1	0	0	0	0	0
Total	6	0	0	0	0	0

As of the most recent data update (October 2021), CARES has enrolled 18 patients from sites where *Candida auris* infections have occurred: South Africa, South Asia, and North America.

• Mean patient age: 58 years, 51 males, 7 females enrolled

• Ibrexafungerp median duration of therapy was 18 days

• The most frequent treatment-related adverse event was gastrointestinal in nature including diarrhea, nausea and abdominal pain.

#FSHP2023 Momentum

Fosmanogepix (formerly APX001) – Phase 2

Ongoing open-label non-comparative *in vivo* study evaluating the efficacy of fosmanogepix for the treatment of *C. auris* invasive candidiasis

FIG 1 Survival curves in mice inoculated intravenously with *C. auris* and treated with vehicle control, fluconazole 20 mg/kg qd, or isavuconazole 10 mg/kg bid or fosmanogepix at doses of 104 mg/kg and 100 mg/kg (a, b) or 200 mg/kg (a, b) BID. Treatment started 1 day post-inoculation and continued for 14 days. Mice were then followed after therapy stopped until day 21 post-inoculation (total 14 days of no therapy). Black square, vehicle control; white circle, 20 mg/kg fluconazole; gray circle, 10 mg/kg isavuconazole; white diamond, 104 mg/kg fosmanogepix; black square, 100 mg/kg fosmanogepix; white square, 200 mg/kg fosmanogepix. n = 10 mice in the vehicle control and each treatment group.

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Back to our Patient

Treatment	Antifungal regimen
Day 1	Micafungin
Day 8	Micafungin + Voriconazole
Day 18	Micafungin + Amphotericin
Day 30	Micafungin + Amphotericin + Ibrexafungerp
Day 50	Biopsies from transplanted liver and kidney resulted positive for yeast A few weeks later, TTE revealed mitral valve mass, suggestive of fungal endocarditis
Day 52	Micafungin + Amphotericin + Voriconazole
Day 81	Micafungin + Amphotericin + Voriconazole + Terbinafine
Day 92	Micafungin + Amphotericin + Isavuconazole + Terbinafine + Flucytosine

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Did MICs increase?

- Antifungal pressure drives the evolution of resistance to all major classes of antifungals
- For our patient, we observed increasing MICs to both micafungin and amphotericin after prolonged treatment

	Index Culture	Treatment Day 37	Treatment Day 80	Treatment Day 88	Tentative CDC Breakpoints
Fluconazole	128	256	256	256	MIC ≥ 32 mg/L
Micafungin	0.25	0.5	2	4	MIC ≥ 4 mg/L
Amphotericin	--	0.25	--	2	MIC ≥ 2 mg/L
Voriconazole	1	1	2	1	N/A


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Lessons Learned

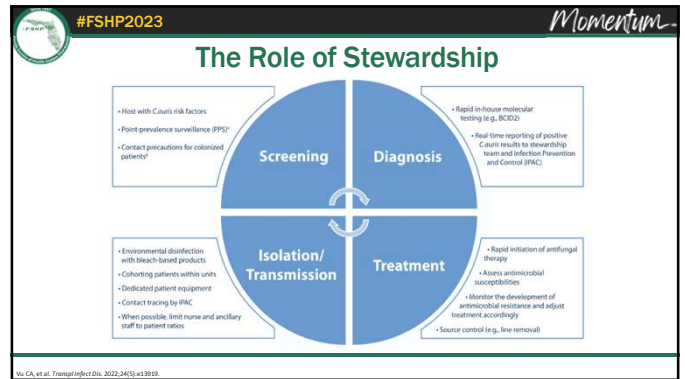
- Importance of rapid diagnostics (our hospital has since upgraded to BCID2 to be able to detect *C. auris* quicker)
- Try to avoid putting in a new line when patient is actively fungemic. But sometimes this is not always feasible!
- Methodically plan out escalation of treatment. Send out for synergy testing?
- Low threshold to escalate treatment with combination therapy or novel agents in the setting of persistent fungemia (>5 days)
- Antifungals will not treat infection without SOURCE CONTROL

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Is there a role for *C.auris* stewardship?



- Pharmacists play a key role
 - Timely initiation of treatment
 - Choice of antifungals (initial and/or escalation)
 - Monitoring for increasing MICs
- Collaborate with laboratory to implement rapid diagnostics
- Remove unnecessary sources of infection (e.g., central lines, medical devices)
- Protect the gut
 - Exposure to broad-spectrum antimicrobials is an independent risk factor for invasive candidiasis
- Explore new antifungal stewardship initiatives!
 - Example: Create *C. auris* antibiogram and monitor echinocandin resistance to determine the best empiric regimen for your institution




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Resources

- Infection Prevention and Control: <https://www.cdc.gov/fungal/candida-auris/c-auris-infection-control.html>
- Laboratory Identification: <https://www.cdc.gov/fungal/candida-auris/identification.html>
- CDC Antifungal Susceptibility Testing and Interpretation: <https://www.cdc.gov/fungal/candida-auris/c-auris-antifungal.html>
- Federation of Infectious Diseases Societies of Southern Africa guideline: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8377779/>

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THANK YOU!