

WEST HAVEN NEWS



WWW.WESTHAVENCITY.COM

APRIL 2020

City Hall Seminar

Our next seminar will be on Tuesday, May 5th at 6:00. We welcome Lacey McFarland as our presenter on QPR. Due to the extenuating circumstances, the seminar will be held electronically. Registration at <https://www.eventbrite.com/e/question-persuade-refer-qpr-virtual-presentation-tickets-101735983064> is required to attend.

Question, Persuade, Refer (QPR) is a one-hour evidence based suicide prevention training that teaches three steps anyone can learn to help prevent suicide. During the training participants will learn myths and facts about suicide, how to recognize the warning signs of suicide, how to offer hope and how to get help and save a life. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.




Earthquake Damage Report

As a result of the Magna Earthquake, we have been asked to provide damage assessment estimates to the State and FEMA.

Please visit <https://arcg.is/0LSmzi> and fill out this simple survey if you have observed any physical damage to your property (residential or commercial business) which was caused by the Magna Earthquake on March 18, 2020. If you haven't observed any damage, no need to fill out the survey. There is a 30-day window in which to report damage. Reports must be submitted before April 17th. Please contact our emergency manager, Kim Dixon kimd@westhavencity.com if you have questions.

COVID-19 Updates

For the most up-to-date information on the pandemic, please check our website westhavencity.com frequently. There is a quick link on the home page that will go straight to Public Health Information. There are links for information about the virus, links for business owner resources, and information about cancellations and closures in the City. Daily updates from the State of Utah and other partners are shared on social media:

-  @MAYORBOLOS
-  @WESTHAVENCITY
-  WEST HAVEN CITY

These are the most recent updates:

We have resumed public meetings. Until further notice, meetings will be held electronically. Information for joining the meetings will be included on the public notices.

Our public playgrounds, pickleball courts, and tennis courts have been closed until further notice. Parks are open, but we remind the public to practice social distancing. There should be *at least* 6' between individuals. Porta potties at our parks were removed due to toilet paper theft. Restrooms are usually open mid-April, but will not be opened this spring until the risk of COVID-19 spread is past.

Weber County Sheriff's Office has made some adjustments to combat the recent spike in vehicle burglaries. School resource officers have been temporarily reassigned to the patrol division. This adds an additional 8 deputies for focused patrol on areas that have been targeted. They would like to remind the public to lock their vehicles. Suspects are very rarely using forced entry.

We have created a business registry on our website. We would like to let the public know what West Haven businesses are doing to stay open during a time when there are so many restrictions – adjusted hours, pick up or delivery service, special pricing, etc. Please call Amy at 385-389-2690 to add your business's information.

West Haven Days

At West Haven City, we are taking a proactive approach to the COVID-19 situation. We are not "blanket canceling" events. We want to provide hope and potential for future activities. We fully plan to have West Haven Days 2020 until something prohibits that.

When the time comes that life resumes for us at a more normal pace (such as availability of toilet paper) we want to be able to provide a great kickoff to a renewed state of life! Sooo...we are still planning strategically.

West Haven Days is scheduled for June 25-27.

For information on being a vendor or a sponsor, please contact Brock 801-430-1517

Trail Grant

We recently received a grant to complete the Hooper Slough trail from 4000 South to 5100 West. We are committed to complete the trail along the slough as part of the 4700 West widening project in the summer of 2021. The \$200K grant will pay for the extension from Stonefield Park to 5100 West.

Stay Home, Stay Safe!

Mayor Sharon Bolos



COMMUNITY CALENDAR

APRIL 12:

EASTER

APRIL 16:

MEET THE MAYOR

APRIL 23-25:

SPRING CLEAN-UP

APRIL 24:

ARBOR DAY

MAY 5:

CITY HALL SEMINAR

MEET THE MAYOR

On Thursday, April 16th, the Mayor will be available to answer questions for anyone interested. Visit

<https://zoom.us/j/473397130> to participate. Another option is to visit zoom.us and click on JOIN A MEETING and enter the ID # 473 397 130.

The meeting will be from 5:00-5:40.

SENIOR LUNCHEON

Our senior luncheons will be suspended until further notice. Those who paid for a lunch inn March will be able to apply that payment toward the next luncheon.

 @MAYORBOLOS

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City Council Meetings
1st and 3rd Wednesdays
6:00 p.m. at City Hall

Planning Commission Meetings
2nd and 4th Wednesdays
6:00 p.m. at City Hall

Special Services District Meeting
3rd Monday
6:30 p.m. at City Hall

The Mayor, Council Members, and Planning Commission welcome your input and attendance at the meetings.

Did You Know?

Did you know you can receive text messages for emergency information? Sometimes called a reverse 9-1-1, Code Red is a program designed to notify individuals of emergency situations or critical community alerts. Examples include: evacuation notices, bio-terrorism alerts, boil water notices, and missing child reports. Go to <https://public.coderedweb.com/CNE/en-US/11B885E194B7> to register.

Dumpster days

Mark your calendar for April 23rd thru April 25th for our fourth annual Dumpster Days! Bring excess household trash to the drop-off locations at the Country Park (2825 W 3300 S) or Sports Park (4215 S 3900 W). The drop-off sites are open in the evening on Thursday, April 23rd until noon on Saturday, April 25th.

Green waste will be accepted on Saturday, April 25th at the Country Park arena until noon. Tree limbs only! Limbs must be no larger than 5" in diameter.

Please refrain from bringing the following items in any form: asbestos, free liquid waste, medical waste, sewage or sewage sludge, hazardous waste or tires. This event is open to West Haven residents for disposal of household trash only.

Arbor Day

If your family is interested in participating in Arbor Day, contact Brock at 801-430-1517 and he will schedule a time and location for you to meet and plant a tree.

April is Alcohol Awareness Month. Parents Empowered is a campaign that gives parents strategies to help their kids stay alcohol free.

Why it matters-

Underage drinking can hinder proper brain development, damaging the good judgment area of the brain that controls urges and harming a person's memory ability. Underage drinkers may have a clear disadvantage when it comes to problem-solving, memorizing and other mental tasks later in life.

What can you do?

Bonding: Create a positive home environment and do things together as a family. Stay actively involved in your child's life - even if you think they aren't listening to you. You make a difference.

Boundaries: Set rules and expectations of what is expected - absolutely NO underage alcohol use. Unclear rules and expectations leave kids vulnerable to underage drinking.

Monitoring: Know where your child is, whom they are with, and what they are doing. Notice your child's emotional well-being, and help them to become involved in worthwhile activities.

Parents are the number one reason kids don't drink alcohol. You CAN make a difference! Learn more tips at parentsempowered.org

For more information about Fremont 5 Communities that Care, visit our Facebook page - @Fremont5CTC.

Upcoming Trainings/Events:

E-Cigarette/Vaping Information Night (Adults 21+) - Hooper City Office - April 14th; 5:30-6 PM

***Emotion Coaching** - Farr West Elementary- Thursdays April 16th - May 21st; 5-6:30 PM

***Youth Mental Health First Aid** - Marriott-Slaterville City Office - April 17th; 8 AM-5:30 PM

National Take Back Event - April 25th; 10 AM - 2 PM

*To register for trainings: www.weberhs.net/prevention-families-youth OR contact: Aracely Warner (801)625-3886



Hello West Haven Residents,

We anticipate hosting a 2020 baseball season this year!

Registration for all baseball leagues will be extended until April 15th. The following start dates are tentative.

- Coed T-ball will start on Monday June 8th for M/W teams and June 9th for T/TH teams.
- Coed Coach Pitch will start on June 8th.
- Machine Pitch will start on June 8th for M/W teams and June 9th for T/TH teams.
- Softball: grades 3/4, 5/6 and 7-9 will start on June 1st.

Team Selection will be as follows: Coaches can protect up to five (5) players including the coach's child, if their child is playing; followed by mutual buddy requests (players have to request each other for request to be valid), followed by random selection.

Baseball: grades 3/4, 5/6, 7-9 will start on June 2nd

-Team Selection for 3/4 and 5/6 graders: In order to start on time we will NOT be hosting a draft this year for 3/4 and 5/6 grades. Instead, each coach can protect up to five (5) players including the coach's child, if their child is playing; with the remainder of the team being placed randomly. We feel this will make the teams most fair and give the kids a chance to make new friends.

-Team Selection for 7-9 graders: Coaches can protect up to five (5) players, followed by mutual buddy requests (players have to request each other for request to be valid); followed by random selection.

-Coaches meetings will be May 27th for Baseball, Softball and Machine Pitch and May 28th for T-Ball and Coach Pitch at 6 pm at the Country Park large bowery.

-We also plan on teaching tennis and pickleball in June and July with registration running from May 1st – May 31st. We plan on having a youth class in the morning and an adult class in the evenings. Details to come!

-Karate was supposed to run in June and July but has been postponed until further notice.

Please contact the recreation office with any questions. Office hours are Mon – Thurs 10:00 am - 6:00 pm or follow us on Facebook @westhavenrec

If there are any cancelations, refunds will be given

Utah Shakeout Earthquake Drill

March 18 there was a 5.7 magnitude earthquake felt across the Wasatch Front. Several aftershocks have been felt since. Earthquakes can happen in Utah at any time. It is very important to know what to do in the event of an earthquake.

April 16th at 10:15 a.m. Utah will hold the Great Utah Shake Out. This activity is an annual earthquake drill sponsored by Be Ready Utah and the Federal Emergency Management Agency. All individuals, families, businesses, organizations, and government agencies are encouraged to participate. Visit <https://www.shakeout.org/utah/> for suggestions on how to prepare for an earthquake and to register for the drill.

All individuals are encouraged to:

- **DROP** to the ground (before the earthquake drops you!),
- Take **COVER** by getting under a sturdy desk or table, and
- **HOLD ON** until the "shaking" stops (about 60 seconds)

All individuals are encouraged to:

- Do a "hazard hunt" for potential items that might fall in your home or business during an earthquake and secure them
Create a disaster preparedness plan
- Practice how to communicate with family, friends, and co-workers in the event phones are out of service
- Organize or refresh your emergency supply kits
- Identify your building's weaknesses and make efforts to fix them
- Enroll in a Community Emergency Response Team (CERT)

For more information on how to get prepared for an earthquake, emergency, or disaster, visit: beready.utah.gov. There are also a variety of emergency preparedness brochures available at the West Haven City office.

West Haven City appreciates all of our HAM radio operators and Community Emergency Response Team (CERT) volunteers. In the event of a disaster, their service will be vital. If you are interested in becoming a volunteer and would like more information, contact Kim Dixon at kimd@westhavencity.com

CodeRED

CodeRED is an Emergency Notification system that allows emergency officials to notify citizens and businesses in the event of an emergency situation via text, email, or call alerts.

Messages regarding safety, property, or welfare of the community will be disseminated using the CodeRED system. Messages may include AMBER alerts or other emergency information.

Please visit <https://public.coderedweb.com/CNE/11B885E194B7> to register your contact information.

Special Needs Registry

After looking at the lessons learned from many emergencies and disasters throughout the world, emergency planners have realized that knowing where citizens with special needs are located is critical to a community's disaster plan. With this information, steps can be put into place to develop a plan to help those with special needs in a disaster. One can register for the Special Needs Registry at <https://specialneedsutah.org/SNRthanks.php>

Pesticides, Herbicides & Fertilizers

Nationally, one quarter of the pollutants found in rivers and streams originate from the residential use of pesticides, herbicides, and fertilizers. These materials can enter our waterways through illegal dumping, run-off from excessive lawn irrigation, and from heavy rains. The following guidelines if followed can greatly reduce the potential of these pollutants from entering our waterways.

- Use pesticide/herbicide/fertilizer only if there is an actual pest problem (not on a regular preventative schedule).
Routine soil testing can help prevent over application of nutrients to turf and landscaped areas. Test soils every 1-3 years to determine the amounts of nutrients already present in the soil. Plan your fertilizer program according to soil test recommendations.
- Do not use pesticide/herbicide/fertilizer if a heavy rain is expected. Apply only when wind speeds are low (less than 5 mph).
- Do not mix or prepare pesticide/herbicide/fertilizer for application near storm drains.
- Prepare the minimum amount of pesticide/herbicide/fertilizer needed for the job and use the lowest rate that will effectively control the issues.
- Employ techniques to minimize off-target application (e.g. spray drift) of pesticide/herbicide/fertilizer, including consideration of alternative application techniques.
- Calibrate pesticide/herbicide/fertilizer application equipment to avoid excessive application.
- Sweep pavement and sidewalk if pesticide/herbicide/fertilizer is spilled or overspread on these surfaces.
- Purchase only the amount of pesticide/herbicide/fertilizer that you can reasonably use in a given time period (month or year depending on the product).
- Triple rinse containers and use rinse water as product. Dispose of unused pesticide/herbicide/fertilizer as hazardous waste.
- Dispose of empty pesticide/herbicide/fertilizer containers according to the instructions on the container label.



Weber Mosquito Abatement District

Keith Hill, Director
505 West 12th Street, Ogden, Utah 84404
Office (801) 392-1630 Fax (801)393-9399
www.webermad.org

The season for mosquitoes has once again returned and there are several steps that you may take to protect both your family and neighbors. The mosquito species that carries and transmits West Nile Virus could be growing in your own yard. Mosquitoes need water to breed and can lay eggs in even the smallest amount of standing water. To do your part in keeping your family, neighbors and yourself safe, inspect your yard often and drain water sources. Watch out for birdbaths, rain gutters and downspouts, plant saucers, tree holes and stumps, open trash or recycling bins, kiddie pools, pet dishes, horse troughs, old tires or buckets, leaky hoses and puddles, sand pails and other toys, neglected pools and any other trouble spots which may contain standing water. Mosquitoes can grow from an egg to an adult in just a few days, so check these spots weekly. Please be sure to contact the Weber Mosquito Abatement District to stock your ornamental pond with mosquito fish, to anonymously report sources of standing water throughout the neighborhood, or when experiencing mosquito problems around your home. Spray requests may be submitted online at <http://www.webermad.org/services/spray-request/> or by contacting the Weber Mosquito Abatement District by phone at (801)392-1630.

West Haven Days 2020 June 25-27

We look forward to another exciting West Haven Days this year. The theme for this year will be the **Wild, Wild West**. This was the 1st place winner from last year's submissions. We expect to provide the best ever event this year for our great citizens.

We are excited to kick off these festivities on June 24th, with free swimming at the Roy Aquatic Center. This event will require citizens picking up a free ticket from City Hall for each member of your family. Proof of residency within our City will be required. The events will end on Saturday night with a great display of fireworks. Don't miss it.

There have been many new residents move into our city over the past 12 months and many of them are unaware of the great heritage of West Haven Days. We ask each of you to be a part of our communications and marketing plan by inviting your neighbors. This is a great event to build unity for the residents of our city, and enjoying some of the best entertainment, activities and one of the best rodeos in the west. Come and join in the fun! For more information you can visit www.westhavendays.com.

We are also planning on the Veterans and Active Military members of West Haven City being honored this year in our parade as our flag bearers. Please look at www.westhavendays.com for information on signing up.

Many of our terrific vendors have already committed and we have many new vendors joining this year. There will be more vendors at the event this year than any previous year. If you have a business that you would like to promote, please go to www.westhavendays.com and sign up to be a vendor. Take a look at some of those that have already committed.

VENDORS

Scooters Coffee Waffle Love Spghetties Italian Ice Senegence/Lipsense Farm Bureau Insurance Sugar Mama's

Zeppes Italian Ice/Frozen Custard In a Sticky Situation America First Credit Union Pretty Yard Art Golden Spike Concessions

The Cotton Candy Gut/Nut Cracker Sweets Float On Dreams & Wings Boutique Olive & Rose Boutique Beehive State Honey

Western Skies Metal Works Royal Roots Boutique Sugar Spicer Tupperware Sojourn Church Bingham Abbots

Taco's Rico Locos J&S Dutch Oven Cooking Utah's Own Pink Drink LLC The Smoking Boxcar Briley & Sydnee's Henna Tattoos

Party Paints by Kate Hokulia Statera Chiropractic Chrystal Barton's Phantastical Faces Otaku Anime Sparkle with Mikiya

We will list each of the sponsors and vendors in subsequent newsletters and they will also be advertised on the West Haven Days website. We could not have this great event without our tremendous sponsors, vendors, staff and volunteers, and most importantly, each of you.

INAUGURAL WEST HAVEN CITY – "LIMITED IRONMAN CHALLENGE"- 2020

With the weather improving, we are starting to see winter in the rearview mirror and now we have the chance to get outside and exercise. The "Stay Safe, Stay Home" directive for COVID-19 is still very active, but you can still go outside and start warming up for our Limited Ironman Challenge. Please remember to practice social distancing.

Who: All citizens, surrounding family and neighbors welcome to participate in the challenge.

When: On April 17th, the challenge will begin for everyone. You will have until June 18th at midnight to complete it. We encourage you all to get involved and win a specialty t-shirt, earn your name in the newsletter and awards.

Why: We all need a boost in getting into shape and using our trail system. Getting into shape is a positive way to get our children and grandchildren to unplug and get moving outside.

What: You have 60 days to run/walk 26.2 miles, Swim 2.4 miles, Bike 112 miles. This equates to 140.6 miles. 2.3 miles a day, on average. Of course that may sound extensive, but biking goes by quickly and it is easy to walk, or tread mill a few miles a day. Ages: 16-100 full Challenge, 11-15 Half Challenge and 5-10 Quarter Challenge.

How: You can enter the challenge at City Hall or by visiting the website at <https://www.westhavendays.com/limited-ironman.html>. The cost is \$10.00 per person or \$40.00 for an immediate family. On Saturday June 22, 2019 you will be able to pick up your specialty t-shirt at the park during West Haven Days from 8-12pm and proudly show your friends you completed the challenge along with and some selected awards (8) for Categories TBA.

If you would like to sponsor a person or family, we will support this for anyone wanting to participate. Our goal is to have fun and participate in a wellness community event.

If you have any Questions, contact Rob Vanderwood 801-745-5168

Hope to see you all there!