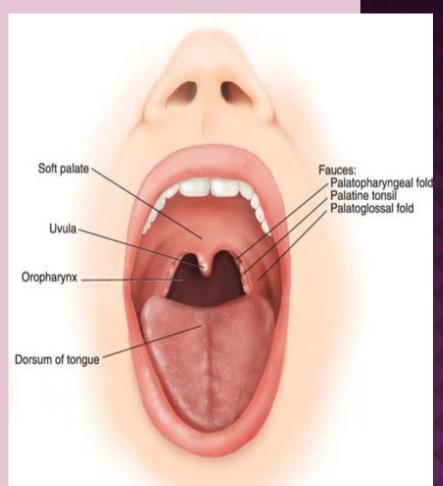
# ORAL GAVITY & PALATE

## ORAL CAVITY (MOUTH)

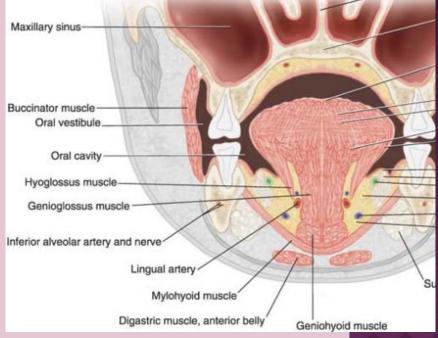
- Extends from the lips to the oropharyngeal isthmus
  - The oropharyngeal isthmus:
    - Is the junction of mouth and pharynx.
    - Is bounded:
      - Above by the soft palate and the palatoglossal folds
      - Below by the dorsum of the tongue
- Subdivided into <u>Vestibule</u> & <u>Oral cavity proper</u>



## VESTIBULE

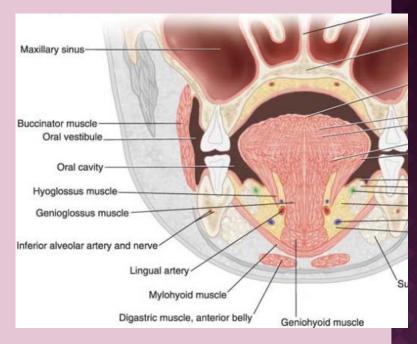
- Slitlike space between the cheeks and the gums
- Communicates with the exterior through the oral fissure
- When the jaws are closed, communicates with the oral cavity proper behind the 3<sup>rd</sup> molar tooth on each side
- Superiorly and inferiorly limited by the reflection of mucous membrane from lips and cheek onto the gums





## VESTIBULE CONT'D

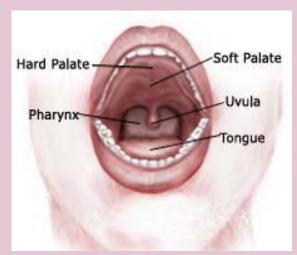
- The lateral wall of the vestibule is formed by the cheek
  - The cheek is composed of Buccinator muscle, covered laterally by the skin & medially by the mucous membrane
- A small papilla on the mucosa opposite the upper 2<sup>nd</sup> molar tooth marks the opening of the duct of the parotid gland

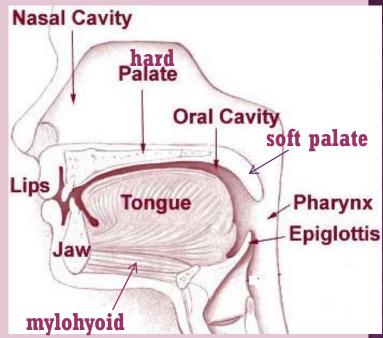




## ORAL CAVITY PROPER

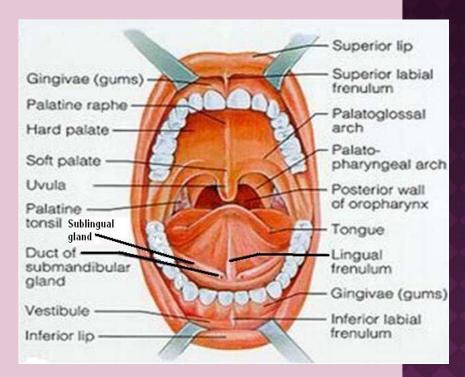
- It is the cavity within the alveolar margins of the maxillae and the mandible
- Its Roof is formed by the hard palate anteriorly and the soft palate posteriorly
- Its Floor is formed by the mylohyoid muscle. The anterior 2/3<sup>rd</sup> of the tongue lies on the floor.





## FLOOR OF THE MOUTH

- Covered with mucous membrane
- In the midline, a mucosal fold, the frenulum, connects the tongue to the floor of the mouth
- On each side of frenulum a small papilla has the opening of the duct of the submandibular gland
- A rounded ridge extending backward & laterally from the papilla is produced by the sublingual gland



## NERVE SUPPLY

### Sensory

- Roof: by greater palatine and nasopalatine nerves (branches of maxillary nerve)
- Floor: by lingual nerve (branch of mandibular nerve)
- Cheek: by buccal nerve (branch of mandibular nerve)

#### Motor

 Muscle in the cheek (buccinator) and the lip (orbicularis oris) are supplied by the branches of the facial nerve

## PREMALIGNANT ORAL LESIONS

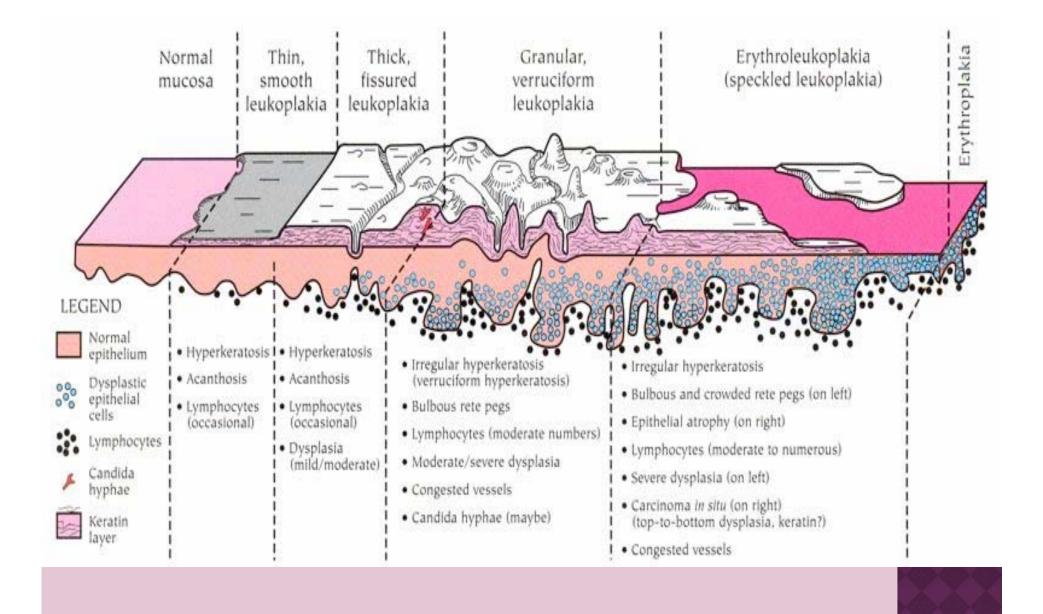
- Leukoplakia
- Erythroplakia
- Oral submucous fibrosis
- Oral candidiasis
- Sideropenic dysphagia (Paterson-Kelly Syndrome)
- Oral lichen planus

## LEUKOPLAKIA (LEUKO-WHITE; PLAKIA-PATCH)

- Oral leukoplakia is defined by the WHO as "a white patch or plaque that cannot be characterized clinically or pathologically as any other disease".
- Thus a diagnosis by exclusion.
- The term is strictly a CLINICAL one and does not imply a specific histopathologic tissue alteration.
- The clinical color (white) results from a thickened surface keratin layer (which appears white when wet) or a thickened spinous layer, which masks the normal vascularity (redness) of the underlying connective tissue.

## LEUKOPLAKIA

- Leukoplakia occurs most often in middle-aged and older men and arises most frequently on the buccal mucosa, alveolar mucosa, and lower lip.
- Overall, the malignant transformation potential of leukoplakia is 4 % (estimated lifetime risk).
- However, specific clinical subtypes are associated with much high potential malignant transformation rates (as high as 47 %).



## **ETIOLOGY:**

- Tobacco chewing or smoking
- 2. Alcohol
- 3. Local irritations
- 4. Vitamin deficiency: Vit A and Vit B
- 5. Endocrine disturbances
- 6. Candidiasis
- 7. Syphilis

## **CLINICAL FEATURES**

- More common in men than women
- Common above 4o years of age

Common Site: It can be found anywhere in oral cavity

- 1. Buccal mucosa and Alveolar mucosa
- 2. Tongue
- 3. Lower lip
- 4. Hard and soft palate
- 5. Floor of the mouth
- 6. Gingiva



## **MANAGEMENT**

- Proper history
- Prevention of the cause
- Surgical excision of the small lesion
- In females: supplementation of Oestrogen
- Topical chemotherapy and radiation

### **ERYTHROPLAKIA**

- These are red patches found in the oral cavity
- Erythroplakia not very common than Leukoplakia
- There is no sex difference
- Occurs in 6<sup>th</sup> and 7<sup>th</sup> decades of life

#### **Etiology:**

- Smoking: Pipe smokers
- 2. Trauma
- Dental irritation

#### Common Site:

Buccal muosa, soft palate, Floor of the mouth, Retromolar area, Tongue, Mandibular mucosa and sulcus

## **TYPES**

#### 1. Homogenous form:

- Which appears as a bright red, soft, velvety lesions and quite extensive in size
- Site: Commonly found in buccal mucosa and soft palate

#### 2. Speckled erythroplakia:

- These are soft, red lesions, slightly elevated with an irregular outline
- Surface being granular—These are often referred to as speckled leukoplakia/erythroplakia

Common Site: Anywhere in the oral cavity

3. Erythroplakia interspersed with patches of Leukoplakia:

 In this erythematous patches are not as bright as the homogenous form

Common Site: Tongue and floor of the mouth

## ORAL SUBMUCOUS FIBROSIS

 This is due to fibroelastic change of oral mucosa with epithelial atrophy leading to stiffness of oral mucosa and causing trismus and inability to eat.

#### **Etiology:**

- Chewing bettel nut, Panmasala
- Vitamin B deficiency
- Protein deficiency

#### **CLINICAL FEATURES:**

- Most common between 20-40 years of age, but can occur in any decades of life
- The disease is characterized by burning sensation of mouth particularly when eating spicy foods.
- This is accompanied by the formation of the vesicles, ulceration or recurrent stomatitis with excessive salivation or xerostomia
- Ultimately the patient develops stiffing of certain area of the oral mucosa with difficult in opening the mouth and swallowing.
- The fibroelastic band eventually appear on mucosa usually involving the buccal mucosa, soft palate, lips and tongue
- Treated with Local Hydrocortisone injection and Systemic corticosteroids

Investigations for all premalignant lesions:Biopsy

Treatment: Radiation therapy

## **ORAL CANDIDIASIS**

#### 1. Acute candidiasis:

- Acute pseudo membranous oral candidiasis
- Acute atrophic oral candidiasis

#### 2. Chronic candidiasis

- Chronic hyperplastic oral candidiasis—Resembles leukoplakia
- Chronic atrophic oral candidiasis—found in dentures sore mouth
- Chronic mucocutaneous oral candidiasis

## CHRONIC MUCOCUTANEOUS CANDIDIASIS:

 Involment of skin, scalp, nail and mucous membrane

#### Types:

- 1. Chronic familial muco-cutaneous candidiasis
- It is an inheritant disorders occurs before the age of 5 years
- There is equal sex distribution
- Oral lesions occurs in children

#### 2. Chronic localised mucocutaneous candidiasis:

- This also occurs earlier in life but no genetic transmission
- There is widespread involvement of face and scalp, mouth is the primary site
- 3. Candidiasis endocrinopathy syndrome:
- It is genetically transmitted candidiasis and infection of the skin scalp, nails and mucous membrane classically in the oral cavity
- Seen in Hypothyroidism, Hypoparathyroidism, Diabetes mellitus

#### 4. chronic diffuse mucocutaneous candidiasis:

- It has late onset over 55 years of age
- It is the least common form
- There is no family history and usually no abnormality

#### **Treatment:**

- Fluconazole tablets
- Amphotericin B
- Nystatin Suspension

## PLUMMER-VINSON SYNDROME (PATERSON-KELLY SYNDROME)

 This is an uncommon condition characterized by an irondeficiency anemia with an associated glossitis and dysphagia.

- It is of significance because of its association with a high frequency of oral and esophageal squamous cell carcinoma.
- Sideropenic dysphagia

## PLUMMER-VINSON SYNDROME: CLINICAL FEATURES

- This syndrome is most common in females between the ages of 30 and 50 years.
- It is more common in patients of Scandinavian and northern European background.
- Patients complain of a burning tongue/mouth.
- Smooth red tongue are often presenting features.
- koilonychia and brittle nail.
- The symptoms of anemia such as fatigue, shortness of breath and weakness often lead the patient to seek medical care.

## PLUMMER-VINSON SYNDROME: LABORATORY & MICROSCOPIC FEATURES

- Hematologic studies show a hypochromic, microcytic anemia consistent with iron-deficiency anemia.
- Biopsy of the oral mucosa reveals epithelial atrophy with submucosal inflammation.
- In advanced case one may see epithelial atypia, dysplasia, carcinoma in situ or frank squamous cell carcinoma.

## PLUMMER-VINSON SYNDROME: TREATMENT AND PROGNOSIS

- Treatment centers on correcting the iron-deficiency anemia and if this is successful, the glossodynia and esophageal symptoms improve.
- Patients should be evaluated periodically for oral, pharyngeal and esophageal cancer.
- The frequency of malignancy in these patients has ranged from 5 to 50 %.

## ORAL LICHEN PLANUS

- A chronic inflammatory disease that causes bilateral papules, striations or plaques
- May cause erythema, erosions and blisters
- Found on buccal mucosa, tongue and gingiva
- Female:Male ratio: 1.4:1
- Predominantly seen in adults over 40 years.

## PATHOGENESIS OF OLP

- Oral Lichen planus is a purely T cell mediated inflammatory response.
- keratinocyte apoptosis in OLP cause unknown
- No microorganism

## CLINICAL PRESENTATION

- Three common types
  - Reticular
  - Erosive
  - Plaque

Variants of Plaque and Erosive types Atrophic

**Bullous** 

Histopathology

Picture 1: Plaque-like OLP



Picture 3: Erosive OLP



Picture 2: Reticular OLP



Picture 4: Reticular OLP



## TREATMENT OF OLP

- No treatment for OLP is curative
- Goal:
  - Reduce painful symptoms
  - Resolution of oral mucosal lesions
  - Reduce risk of oral squamous cell carcinoma
  - Improve oral hygiene
- Eliminate exacerbating factors
  - Repair defective restorations or prosthesis
  - Remove offending material causing allergy
- Diet
  - Eliminate smoking and alcohol consumption
  - Eat fresh fruit and vegetables (but avoid tomatoes and nuts)
- Reduce Stress

## TREATMENT OF OLP

- Medication
  - Topical corticosteroids
  - Systemic Steroid Therapy

## STOMATITIS

Inflammation of lining of mouth

Caused : by injury,
 mechanically
 chemically
 thermal
 radiotherapy
 idiopathic
 malnutrition

## TRAUMATIC STOMATITIS

Caused by: hard tooth brush,

ill-fitting denatures

jagged teeth

simple cuts & bruns

- Pain
- Movement restricted
- Increase salivation
- Remove causative factor
- mouth wash with NS

## APHTHOUS STOMATITIS

- Generalized debilitating disease
- Solitary or multiple aphthous ulcer
- Vesicle with hyperaemic base
   Break to form small white circular ulcer
   Painfull
- T/t oral hygiene rinse with Listerin or NS solution
- Send C/S -antibiotic if culture positive

## MONILAL STOMATITIS (THRUSH)

- Infant first few week of life
- People debilitating disease
- Prolong antibiotic therapy
- Diabetics
- Fungus candida albicans
- Spots small red patches turn white (desquamated epithelium)
- Painful excessive salivation
- T/t oral hygiene glycerine nystatin

## ANGULAR STOMATITIS

- Cracks or superficial ulcer at corner of mouth
- Children rub & lick corner of mouth
- Over closure of mouth
- Dribbling saliva corner of mouth
- Inflammed red brown fissures at corner of mouth
- Vitamin B,C & iron supplement

