

BETH
TIKVAH
SYNAGOGUE



HAKOL HADASH

הקול
חדש



HIGH HOLIDAY EDITION

5784

5784 HIGH HOLIDAYS SERVICE SCHEDULE

Selihot: Saturday, September 9

8:45 pm - Lecture

10:15 pm - Service ***

Kever Avot: Sunday, September 10

10:30 am - Pardes Shalom

2:30 pm - Bathurst Lawn

Erev Rosh Hashanah: Friday, September 15

6:00 pm - Evening Service

Rosh Hashanah Day I: Shabbat, September 16

9:00 am - Morning Service

6:00 pm - Evening Service (at Beth Tikvah) ***

Rosh Hashanah Day II: Sunday, September 17

9:00 am - Morning Service

6:20 pm - Tashlikh/Minhah (at Pomona Park) ***

6:20 pm - Tashlikh/Shofar/Minhah (at Don Valley) ***

7:20 pm - Evening Service & Shofar ***

Erev Yom Kippur: Sunday, September 24

6:15 pm - Minhah

6:45 pm - Kol Nidre (sunset is at 7:12 pm)

Yom Kippur: Monday, September 25

9:00 am - Morning Service

3:30 pm - Study Session (Sanctuary)

5:00 pm - Minhah Service

6:15 pm - Neilah Service

7:52 pm - Shofar Blast and Havdalah

All members in good standing will receive live streaming links prior to the event.

Services marked with an asterisk (***) are open for in-person attendance without registration.

Selihot

September 9, 2023

LECTURE AND SELICHOT SERVICES

Selihot lecture hosted by
Rabbi Kayley Romick @ 8:45 PM



Embracing Atonement: The Inner Pathway to Forgiveness

Can we forgive others and seek forgiveness without first forgiving ourselves?
Delve into sources about forgiveness and the role that introspection and self-compassion play during the Yamim Nora'im.



Services will follow at
10:15 PM at Beth Tikvah
Featuring
Hazzan Tibor Kovari,
the Beth Tikvah Choir
and
the Wellington
String Quartet

HIGH HOLIDAY LEARNING

with Rabbi Jarrod Grover



Monday, September 11 @8PM



The Expulsion of Ishmael

Come and join Rabbi Grover these high holidays for an in-depth look into the expulsion of Ishmael. This is an experience you don't want to miss!

**BETH
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Beth Tikvah Synagogue

3080 Bayview Ave

Toronto, ON

M2N 5L3 Canada

Phone: 416 221 3433

www.bethtikvahtoronto.org



Every donation to Beth Tikvah is greatly appreciated. There are many ways you can help support the Synagogue.

Donate Online: www.bethtikvahtoronto.org/payment.php
or use the QR code at left

By Phone: 416-221-3433



A Message from our President



Barbara Albert

It's hard to believe that Rosh Hashana is upon us once again. It feels like only yesterday that I was writing my Passover article, with chicken soup on the stove. Now, it's honey cake in the oven!

Honey cake is an interesting little delight. It's a fairly uncomplicated dessert, yet there are so many variations.

First of all, one must decide what type of honey to use. Each type of honey, like wine, has its own flavour profile, and therefore contributes differently to a recipe. Some recipes call for nuts; some don't. Some require coffee (not sure why...); mine uses tea. Some are moist; others, not so much. No matter what the recipe, however, once the ingredients are mixed together and baked, that honey cake manages to put a smile on a person's face at first bite.

Beth Tikvah is much like a honey cake. Each person who walks through our doors is an important ingredient that when mixed together with all of the others, makes our shul unique in its sweetness. It is, therefore, completely understandable that we would desire to retain the recipe as is, make it exactly the same way year after year, and even ensure that we pass down the recipe to the next generation so as to maintain the flavour and integrity of our recipe. And why not! Who doesn't love a good honey cake?

Funny thing is, I find that many of the younger generation actually don't really love honey cake. It doesn't appeal to them. I don't understand it, I love it. But they don't. They don't eat much kugel, either. And for some strange reason, a

good corned beef sandwich isn't as interesting to some as it used to be with us. Tastes change, so it seems. And that's a bit sad....or is it?

Truth be told, I decided not too long ago that it was time for me to assess my eating habits. After all, although they're completely delicious, corned beef contains an obscene amount of salt, kugels call for way too many eggs and honey cake is too....no, honey cake is still great! Fine, I can't completely throw everything away, but maybe, I decided, it was time to think about making some changes.

I still make honey cake, but now I also make honey cookies (I'll gladly share the recipe upon request!). The kids love the cookies, and the adults like them too (but still prefer the cake). I'm attempting to create new traditions while honouring the old ones.

We at Beth Tikvah are beginning to realize that just like with honey cake, not everything we do resonates with the younger generation. Indeed, change is inevitable for our long term survival. We are learning which recipes work and which might need tweaking. We are testing out different recipes to see which ones are most delicious. This takes time, effort and input. And we can't do it alone. Each one of you is a taste tester for our recipes. Your input is invaluable as we navigate this exciting yet challenging time.

I wish you and your entire family a Shana Tova U'Metukah. May this year bring you health, happiness and much joy. And may your honey cake, or honey cookie, or both, be delicious!



A Message from our Executive Director



Rivka Campbell

Israel holds a special place in the hearts of many of us. We celebrate her victories, we mourn her tragedies, and we commiserate with her challenges.

One of the things that makes Israel so special and what separates her from other nations is her will and desire to change and grow. Israel is globally known for her start-

up entrepreneurial spirit due to her thriving technological and innovative ecosystem. She is, in fact, a beacon to the world.

Israel has several factors that contribute to her reputation as a "Start-Up Nation", making her a favorable environment for entrepreneurial ventures. Here are some key aspects that have helped shape Israel's status:

Culture of Innovation: Modern Israel was built by pioneers who often had to start from scratch with the tools they had. But the attitude was to keep going and make it work, a mindset that encourages individuals to think creatively and solve problems without relying on outside help.

Entrepreneurial Spirit: Israelis are known for their entrepreneurial spirit and willingness to take risks. This willingness to venture into new territories, whether in technology, innovation, or business, requires courage and the ability to embrace uncertainty and overcome challenges.

Cultural Values: Israeli culture places a strong emphasis on self-reliance, resilience, and determination. These values, combined with a strong sense of national identity and unity, can contribute to a collective mindset of bravery and perseverance.

Ingenuity and Fresh Thinking: Israelis have a reputation for innovation and looking within to find creative solutions to complex problems. This ability to think outside the box and take calculated risks often requires a certain level of bravery and willingness to challenge conventional thinking. As a result, many Israelis have become the top experts in their field and are known internationally.

As I contemplate the marvel that is modern Israel, I wonder, how can Beth Tikvah become more like Israel? How can we model ourselves after this great start-up nation and foster a culture of innovation?

Beth Tikvah is facing challenges in terms of membership and engagement. We need to work on developing innovative solutions and be creative in our problem solving. Beth Tikvah has many opportunities to collaborate with not only other synagogues but also other Jewish organizations in the community. We need to continue to grow these relationships and seek out new relationships, all the while maintaining our wonderful culture that has demonstrated incredible unity and resilience throughout the years.

Let this year be the year that we become the Start Up Nation in the synagogue world – Be like Israel.

Shana Tova U'Metukah



Join Rabbi Zilbershtein for a private exhibition tour
Special Guest: Canadian historian and curator Robert Jan van Pelt



Sunday, October 29 @11AM
LIMITED TO 28
BETH TIKVAH MEMBERS
 Koffler Gallery, 180 Shaw Street

The Synagogue at Babyn Yar

Turning the Nightmare of Evil into a shared Dream of Good





Rabbi Jarrod Grover

It's All About Change

In Tractate Rosh Ha-Shanah (16b), Rabbi Yitzhak lists a number of actions of repentance that “tear up a negative divine decree,” including changing one’s name, changing one’s deeds, and some say changing one’s place.

The common theme is that T’shuvah entails making changes in our behavior and life situation.

According to Rabbi Israel Salanter (1809-1883, Lithuania), change is the core strategy of the season of T’shuvah. Centuries ago, in traditional Jewish communities, the advent of Elul was enough to make people tremble and arouse every Jew to mend their ways and strengthen their Jewish commitments and devotion. Added to this was the custom to blow shofar each morning “to awaken a person from their sleep and the vanities of their distractions to pay attention to their deeds.” Nowadays, complains Rabbi Salanter, we need more to shake us up to draw us closer to God and His service. The most effective strategy we have for Tshuvah today is to work hard to make changes in our routines, changes in our accustomed patterns of behavior that have become ruts of complacency. We do this by finding new opportunities to help others and dedicating ourselves to new, higher levels of careful practice of Mitzvot, and investing new energy in learning.

We can stimulate these changes by finding new ways to engage with Judaism. Focus on a mitzvah with which you might be less familiar. Maimonides (1138-1204, Spain) suggests selecting a mitzvah in which to become an expert and practicing it with detailed knowledge, observance and purity of intent as a way to uplift our entire spiritual practice. Find new opportunities to learn Torah. Join a lecture or class at Beth Tikvah, even find new opportunities to learn online. Look proactively, as a family, for worthy Tzedakah organizations to support and new ways to help others – have a family meeting about it and involve your children in the decision-making process. These changes are not artificial. They are valuable in themselves, they are educational and they prompt a critical self-awareness that helps us transform in positive and substantive ways. They are also wonderfully contagious, inspiring others to do the same, effectively changing the culture of our synagogue.

The season of T’shuvah is a time of moral and spiritual opportunity, in which our tradition says that God is especially close to us and we can draw close. In this season we can take advantage of this intimacy to awaken ourselves to a reinvigorated life and welcome a New Year of new possibilities for ourselves, our community and the whole Jewish world. Carmela and I join with our children in wishing you and yours Shana Tova u'Metuka!

Rabbi Jarrod Grover



YOM KIPPUR STUDY SESSION

with Rabbi Jarrod Grover & IDF Veterans

LESSONS OF THE YOM KIPPUR WAR

Yom Kippur: SEPT. 25th @ 3:30pm

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Rabbi Alisa Zilbershtein

The Tree of Life

The High Holidays—Rosh Hashanah and Yom Kippur—are a significant time in the Jewish calendar. They are moments for reflection, renewal, and return to our roots. Famously, the symbols of the New Year in Judaism are apples, honey, and pomegranates. This year, I find myself connecting these holidays with a rather unusual symbol: my cherry tree.

As many of you who watched my Yizkor Sermon in the previous year know, in Ukraine, I had a beloved cherry tree. It was a simple tree, one among many, but to me, it was special. Its beautiful pink blossoms in the spring and its delicious cherries in the summer brought joy to my heart and connected me to the cycles of nature.

Trees are potent symbols in Jewish tradition. The Torah is often referred to as עץ חיים "Etz Chaim", a tree of life. Each time we return the Torah Scroll to the ark during the services, we sing together, *"She is a tree of life to those who grasp her, And whoever holds on to her is happy. Her ways are pleasant ways, And all her paths, peaceful"*. (Proverbs 3:17-18) When we refer to the Torah as "Etz Chaim," we are acknowledging her as a spiritual resource that is continuously renewable, like a tree. Just as a tree's roots draw sustenance from the earth, so do we draw from the teachings of the Torah, nourishing our souls and guiding us on the path of righteousness. *"And whoever holds on to her is happy. Her ways are pleasant ways, And all her paths, peaceful"* - these lines reaffirm that the lessons of the Torah lead to a path of peace, tranquility, and happiness.

Trees represent growth, stability, and resilience, traits that resonate deeply with the journey we undertake during the High Holidays. Like the annual cycle of a tree, we go through our own phases of growth and shedding, joy and sorrow, accomplishment and regret. Just as the tree stands tall through the changing seasons, so do we stand in front of our Creator during these Holy Days, acknowledging our shortcomings and aspiration for growth.

My first year at Beth Tikvah was just like that—full of growth and accomplishments, with some challenges added for good measure. But one thing I did not share with anyone; my Ukrainian cherry tree got cut down while I was in Canada. I was very saddened by that and by the feeling of utter helplessness. There was nothing I could do to save it. After the speech that I gave on Yom Kippur, I could not bring myself to tell anyone that the tree was gone...

Imagine my surprise when I came back from my summer vacation and found a young cherry tree waiting for me in my backyard! Turns out that the members of Beth Tikvah came together to present me with a new tree, not even knowing that my old tree was gone. I was filled with deep gratitude for the thoughtful gesture of our loving community. The new cherry tree that was generously gifted to me symbolizes much more than a replacement for the one left behind. This tree represents the extraordinary kindness, understanding, and compassion that has made my transition to a new home in Canada more bearable. Just as a tree thrives best when nurtured by a caring gardener, so too have I felt nurtured by this community's benevolence and support. Now this new tree is growing under my window and every time I see it, I am reminded of your warmth and the sense of belonging that you have instilled in me. For this, I am deeply grateful, and it fills my heart with joy.

This sense of gratitude underscores the beauty of our High Holidays, a time when we can come together, express appreciation for each other, and strengthen the bonds of our community as we look forward to a new year of growth and renewal.

Each of us is, in many ways, like a tree. We have roots, we grow, we sometimes lose our leaves, but we always have the potential to blossom again. This is the essence of Rosh Hashanah and Yom Kippur. We reflect on the past year, make amends, and resolve to better ourselves in the coming year, just as a tree sheds its old leaves in autumn and grows new ones in spring.

As we head into these High Holidays, let us be like the cherry tree - resilient, hopeful, and always ready to grow. Let us embrace the chance for new beginnings, to forgive and be forgiven, to grow and to learn. Shana Tovah — may we look forward to a sweet new year full of growth and renewal and may we be all inscribed in the Book of Life!

Rabbi Alisa Zilbershtein



Message from our Beth Tikvah Educator



Nadia Moldaver

Unboxing the Jewish Experience

It is such a blessing to be creating and facilitating in-person Jewish learning and delivering engaging intergenerational programming for our families, young children, and teens. Beth Tikvah prioritizes the next generation, and in my year here I have quickly learned that there is a natural desire for people to learn and live Jewishly. There is always room for more; tradition, engagement, community, and meaningful connections to Judaism and to one another.

We have created a bespoke Jewish learning program for Beth Tikvah families and friends, and its future, our children. “Unboxing Jewish”, will launch “unofficially” on the First day of Rosh Hashanah at our “Unboxing Jewish” Family Service.

What is Unboxing? Jewish living is all about the day to day experiences that make us Jewish; from Kabbalat Shabbat to Havdalah, from Sukkot to Shavuot, from Mitzvot to Tikkun Olam, from Chagall to the Modern State of Israel. Unboxing Jewish is a child-centered, experience-based program that strengthens our children's connection and understanding of themselves, our community, and our world.

My wish for this New Year is for us to commit to continue building a vibrant and engaged Beth Tikvah for the next generation. Judaism is our gift, join me as we Unbox Jewish, together.

Shana Tova! May it be a Sweet, New Year!

Registration for Unboxing is now open:
www.bethtikvahtoronto.org/unboxing

Please connect any time!
nadia@bethtikvahtoronto.org



EIGHT SUNDAY FUNDAYS: 10AM - 12PM

2023

- October 15 Chagall art workshop
- November 5 Shabbat workshop
- December 3 Hanukkah workshop

2024

- January 14 Havdalah workshop
- February 11 Tikkun Olam
- March 3 Purim workshop
- April 7 Passover workshop
- May 5 Israel workshop

ADDITIONAL PROGRAM DATES:

- Sunday September 10:
Back to Shul Party 5-7 PM
(\$10 per person; Ages 10 and under are Free)
- Sunday May 26:
Lag Ba'omer Family Event
(\$10 per person; Ages 10 and under are Free)

	Members	Non-Members
First child:	\$118	\$180
Second child:	\$72	\$118
Third child:	\$36	\$72
Individual Sessions	\$20	\$25



5784 FAMILY HIGH HOLIDAYS SERVICE SCHEDULE

Rosh Hashanah Day 1: Shabbat, September 16 **UNBOXING ROSH HASHANAH: FAMILY SERVICE**

Doors open - 9:30 am
Start Time - 9:45 am
End Time - 12:00 pm

Rosh Hashanah Day 2: Sunday, September 17 **ROSH HASHANA SEDER**

Join us as we explore Rosh Hashanah through the Sephardic Tradition of hosting a Rosh Hashanah Seder followed by a Shofar Service and Tashlikh

Doors open - 9:30 am
Start Time - 9:45 am
End Time - 12:00 pm

* This is a participatory service, so for the full experience, please join us at the start time. Late comers are welcome.

Yom Kippur: Monday, September 25

The Magic of Forgiveness Traditional Family service

Doors open - 9:30 am
Start Time - 9:45 am
End Time - 12:00 pm

Traditional service followed by Yizkor



Prayground in the Kulanu Room

Rosh Hashanah and Yom Kippur

Open 9:45am to 12:00pm

We are offering a space for 0-3 year olds and their Adults to schmooze, play and have a snack.



BTTs Teen Lounge, Downstairs in the Ketubah Room Rosh Hashanah

10:30 am to 11:45pm

Snacks, Schmooze and Speakers:

Yom Kippur

11:00 am to 11:50pm

The Magic of Forgiveness with special guest, Ben Train

**FAMILY SHABBAT DINNER
IN THE SUKKAH
FRIDAY, SEPTEMBER 29TH
4:30 PM - 6:15 PM**

Families with children Aged 10 and under:

Join us as we decorate our community Sukkah followed by Shabbat table blessings and a yummy kid-friendly dinner!

\$15/person. Children 3 and under are FREE!







Bracha Feder

The Spiritual Condiments of the High Holidays

by Bracha Feder

Until a recent *tiyul* up north, the words Beit Hashita only called to mind cans of pickles and olives I see on supermarket shelves. A visit to the ‘secular’ Kibbutz Beit Hashita has changed that. Now I identify it with two different ‘spiritual condiments’.

First: It is home to the Shitim Institute - Hagim Center. It was established in the 1950’s by Aryeh Ben Gurion, nephew of David Ben Gurion. Aryeh’s vision was to **preserve** and **rejuvenate** the celebration of the Jewish holydays and culture in ways that speak to the diverse members of Am Yisrael. He created an archive in a small hut adjacent to his home on the kibbutz. Over the years this collection of documented texts, haggadot, and ceremonies has evolved into a national educational resource.

Aryeh sought to educate the new generation of pioneers including his own family. He shares:

“When my grandson reached Bar Mitzvah age he asked me: “What kind of holiday is Rosh HaShanah?”

I replied: “I will give you for this incoming year a diary with 365 pages and every morning you will try to write down all your hopes for that day and then before you go to sleep each night you will examine honestly and summarize how much of your expectations [of yourself] you realized. Know that whatever you wrote down in that book was the sum of your very own choices and decisions, the work of your own hands and the fingerprints you left on the world. No God and no superior force intervened to enforce its will on you [As Maimonides says, God gives us absolute free will in the realm of moral responsibility and only a fool believes that one’s fate is sealed by luck or by the horoscope]. Your balance, your final accounting, is on the 365th page of your diary. That is Rosh HaShanah.”

Second: The Yom Kippur War brought incomprehensible loss to the kibbutz. It lost eleven young men- of the next generation. The mourners never really felt satisfied with their memorial. Almost two decades later, one of Israel’s greatest composers, Yair Rosenblum, visited the kibbutz.

Members of the kibbutz shared with him their desire to create a memorial ceremony for their fallen sons on the holy day and asked Rosenblum to compose a piece for the new ceremony. Until then, they had tended to ignore the traditional Yom Kippur.

Although Rosenblum knew this, he felt compelled to choose as the text the U’Netaneh Tokef. How strange for individuals who had negated God to speak of His eternal power.

*On Rosh Hashanah it is inscribed,
And on Yom Kippur it is sealed:
How many shall pass away and how many shall be born,
Who shall live and who shall die,
Who shall reach the end of his days and who shall not,
Who shall perish by water and who by fire,
Who by sword and who by wild beast,
Who by famine and who by thirst...*

Aryeh Ben Gurion saw in Rosenblum’s coupling of this ancient text with his new melody an example of sanctified preservation and rejuvenation. Ben Gurion wrote:

“I think *Kiddush Hashem* (sacrificing for God) exists not only for religious people, and that the cemeteries over 100 years of Zionism are mostly evidence of Kiddush Hashem on the part of parents who buried children because a young son gave his life for something that was more important to himself than himself... That is why this tune will continue to speak, and will outlive its time and its words.”

Many of you are actually familiar with this uplifting melody. Interestingly, another of the kibbutz’s attractions is “Reaching the Sky” with hot air balloons. Each of us needs to be lifted so as to then return to our earthly concerns reenergized.

L’Shana Tova Nikateivu V’Neichateimu

Bracha Feder has shared her passion for learning and teaching with teens, adults and teachers for years. She holds an M.A. in Jewish Thought and Education from the Hebrew University. She was Instructor of Ethics in Jewish Living for the Florence Melton Adult Mini School of the Hebrew University in Toronto for 12 years.

Currently, she offers Synagogue Adult Education courses and on topics such as Jewish Thought, Tanakh, Tefillah, Shabbat and Holy Days.

DINNER IN THE SUKKAH

FRIDAY, SEPTEMBER 29

MINHA/MA'ARIV @ 6:30PM

DINNER FOLLOWING @ 7:15PM

\$40: MEMBERS

\$50: NON-MEMBERS

\$25: AGE 13 & UNDER

Register on the BT Website

SCHEDULE OF SERVICES - SUKKOT 5784

Friday, September 29

- 4:30 PM Family Sukkot Table Blessings & Dinner in the Sukkah
- 6:30 PM Minhah and Ma'ariv services for Shabbat and the first night of Sukkot
- 7:15 PM Beth Tikvah Dinner in the Sukkah
- 6:44 PM *Candlelighting*

Shabbat, September 30

- 9:00 AM Shaharit for Shabbat and the first day of Sukkot
 - 6:40 PM Minhah for Shabbat and Ma'ariv for the second night of Sukkot
- Candlelighting is at 7:43 PM*

Sunday, October 1

- 9:00 AM Shaharit for the second day of Sukkot
- 6:50 PM Minhah for the second day of Sukkot, Ma'ariv for Hol Hamo'ed & Havdalah
- 7:41 PM *Havdalah*

Monday, October 2 to Wednesday, October 4

- 7:00 AM Shaharit for Hol Hamo'ed (at Adath Israel)
- 7:30 PM Minhah and Ma'ariv for Hol Hamo'ed

Thursday, October 5

- 7:00 AM Shaharit for Hol Hamo'ed (at Adath Israel)
- 7:30 PM Minhah and Ma'ariv for Hol Hamo'ed
- 8:00 PM Pizza in the Hut with Rabbi Grover

Friday, October 6

- 6:45 AM Shaharit for Hoshanah Rabbah
 - 6:00 PM Minhah and Ma'ariv for Shabbat and Shemini Atzeret
- Candlelighting is at 6:32 PM*

Shabbat, October 7

- 8:45 AM Shaharit for Shabbat and Shemini Atzeret (*Yizkor recited*)
- 6:25 PM Minhah for Shemini Atzeret and Ma'ariv for Simhat Torah
- 7:31 PM *Candlelighting*
- 7:45 PM Special Ice Cream Dessert Bar Following Services

Sunday, October 8

- 9:00 AM Shaharit for Simhat Torah
- 9:45 AM Individual Aliyot
- 10:25 AM Hakafot and Light Kiddush
- 11:10 AM Special Honourary Aliyot
- 12:10 PM Luncheon
- 6:40 PM Minhah for Simhat Torah, Ma'ariv and Havdalah
- 7:29 PM *Havdalah*

Monday, October 9 (Statutory Holiday)

- 8:30 AM Shaharit (at Adath Israel)
- 7:00 PM Minhah and Ma'ariv

ORDER YOUR LULAV & ETROG

Deadline to order is
Friday, September 22nd
at Noon.

Pickup: Sept 28-29
Price: \$75 for the set.



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Pizza in the Hut
 Join our Rabbis
 in the Sukkah
 for Pizza & Study
THURSDAY, OCTOBER 5 @ 8PM

Lessons of Sukkot From The Talmud

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Hol HaMo'ed Sukkot: Rain or Shine!
 Bring your jackets and we'll see you in the Sukkah!



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RABBI GROVER IN CONVERSATION WITH EDITOR & AUTHOR DAVID HAZONY

**THURSDAY, OCTOBER 26, 2023
 7:30 PM ON ZOOM**

World's Greatest Cantors

Save the Date: Tuesday, April 9, 2024

Meridian Arts Centre, Weston Recital Hall, 5040 Yonge Street



*Cantor Azi Schwartz
New York City*



*Cantor Shai Abramson
Israel*



*Cantor Netanel Hershtik
The Hamptons*



*Cantor Yanky Lemmer
New York City*



*Maestro Raymond Goldstein
Israel*



*Cantor Gideon Zelermyer
Montreal*





**BETH
TIKVAH
SYNAGOGUE**



**IN PERSON
LUNCH
and
LEARN**

Fall
Session



October 17:

NANCY MCDONALD

**The Kindness of Strangers:
Memorializing the Past,
One Stone at a Time**



November 14:

KATHY KACER

**Book Banning
and the Holocaust,
*A Dangerous Trend***



October 24:

DAVID EISENSTADT

**Under The Radar
30 Notable Canadian
Jewish Musicians**



November 21:

JOSEPH GILBERT

**Medicine & Health Care
in the Shtetl**



October 31:

JACOB STEINBERG

**The Lost Army
*Their only Survivor's
Personal Story***



November 28:

**RABBI ALISA
ZILBERSHTEIN**

**Birobidzhan: The Jewish
Land Far, Far Away**

**A new IN-PERSON Lunch & Learn Series:
6 sessions beginning October 17th**

Come to Beth Tikvah for 12PM and enjoy lunch with your friends.
Then hear the featured speaker at 12:30 PM for an hour lecture!

TICKETS:

Advance RSVP required.

6 Pack:

Members: \$150

Non-members: \$180

Individual Session:

Members: \$30

Non-members: \$35

This series has been generously sponsored by Helen Stollar

**OCTOBER 17:
NANCY MCDONALD
THE KINDNESS OF STRANGERS:
MEMORIALIZING THE PAST,
ONE STONE AT A TIME**

In November 2019, Nancy McDonald received an extraordinary email out of the blue. It was from a man in Berlin who explained that he was involved in the Stolpersteine Project, the largest decentralized monument to the Holocaust. He was researching the lives of Jews who had lived in his neighbourhood of Mariendorf, among them, the Avigdor family, her late husband's family. Thus began a journey of discovery for Nancy – and the start of a lifelong friendship with a total stranger. Come with her as she unravels the past, one stone at a time.

Nancy McDonald is a former broadcast journalist, turned script writer, turned novelist. Her first two books, Boy from Berlin and One Boy's War, are based on the Avigdor family's desperate flight from Nazi Europe.

**OCTOBER 24: DAVID EISENSTADT
UNDER THE RADAR—30 NOTABLE
CANADIAN JEWISH MUSICIANS**

David Eisenstadt shares his perspective – the journey of a hobby which began with select music from his recently-released, second book *Musicians Under the Radar-36 Notable Canadian Jewish Performers*.

David Eisenstadt is a respected Canadian Public Relations Consultant. One of the Public Relations Society of America's first two elected Canadian Fellows, and the first of two Canadian Public Relations Society Fellows.

**OCTOBER 31: JACOB STEINBERG
THE LOST ARMY**

It is the personal story of their only surviving prisoner. The Lost Army was fighting for 34 years in the remote jungles of Myanmar, Thailand and Laos. Who were they? What were they fighting for? And are there any Jews in these jungles?

After graduating from University, Jacob travelled around the world for five years. He climbed mountains, crossed deserts, explored jungles and spent more than a year travelling across South East Asia, where his unexpected arrest led to the story he will talk about at his session.

**NOVEMBER 14: KATHY KACER
BOOK BANNING AND THE
HOLOCAUST—A DANGEROUS
TREND**

It is impossible to talk about Holocaust literature for young people without raising concerns about books that have been removed or banned from library shelves. Award-winning author Kathy Kacer will explore the current dangerous trend toward book banning along with its disturbing implications. In addition, she will talk about her own writing and her many books about the Holocaust that are acclaimed in schools and libraries around the world.

Kathy Kacer has written more than 30 books focusing on the Second World War and the Holocaust. She lives in Toronto and lectures in universities about teaching sensitive material to young people. She speaks to children in schools and libraries about the importance of the Holocaust and keeping its memory alive.

**NOVEMBER 16: JOSEPH GILBERT
MEDICINE AND HEALTH CARE IN
THE SHTETL**

The Shtetls were the home to a large population of Ashkenazi Jews from the 17th to the 20th Centuries. The majority population were in the Pale of the Settlement, a portion of Russia, Poland and the Ukraine. These regions were behind in development compared to western Europe. This also was the situation for Medicine and Health care.

The lecture will discuss what the Jews in these small towns knew about medicine: How was illness treated? What methods for public health existed until modern understanding

of disease became the norm? How did Halacha, and Minhag (custom) influence responses to illness?

Dr. Joseph Gilbert is a retired physician, researcher, research administrator and hospital executive.

**NOVEMBER 28:
RABBI ALISA ZILBERSHTEIN
BIROBIDZHAN: THE JEWISH LAND
FAR, FAR AWAY**

Discover the Fascinating History of the Jewish State in Russia! Join us at Beth Tikvah Synagogue for an enlightening and entertaining presentation led by Rabbi Alisa Zilbershtein!

Dive into the rich and captivating history of Jews in Birobidzhan, a Jewish town located in the Russian Far East—a region where Rabbi Zilbershtein was born. She will take you on a journey through time, exploring the unique culture and heritage that emerged in this fascinating corner of the world. Rabbi Zilbershtein will share rare historical and personal photographs, current updates on the life of Jews there, and her own experience growing up in that land far, far away.

This event promises to be both educational and entertaining, leaving you with a deeper understanding and appreciation of Jewish history and culture.

Rabbi Alisa Zilbershtein is the Assistant Rabbi of Beth Tikvah Synagogue. She is a graduate of the Jewish Theological Seminary in New York with an M.A. in "Jewish Civilizations". Before coming to North America she lived in Kyiv, Ukraine, where she taught History of Jewish Philosophy.



Threads of Warmth, Bonds of Unity: Extending Our Community to Ukraine

Shalom Aleichem, dear members of our beloved community,

It fills my heart with immense gratitude and joy to share with you the remarkable feats we have achieved as a community this year. Our display of unity, compassion, and mutual responsibility (Arevut), especially in the face of adversity, reinforces the beauty and strength of our Jewish roots.

We successfully organized a winter clothing drive, collecting an impressive 1851 lbs (or roughly 840 kgs) of warm garments. All children's clothing from this shipment went to an Orphanage in Smila Cherkasy Oblast of Ukraine. This immense weight of clothes is not just the measurement of physical items but also the weight of our shared responsibility, our love, and our empathy towards those facing the biting winter cold in Ukraine. We did not merely send clothing, but we sent hope and life, affirming the dignity of each individual who will wear these items and, indeed, the whole world they represent.

The remainder of the clothing that we did not send to Ukraine, we graciously donated to our local charity, underscoring our commitment to Tikkun Olam, repairing the world, starting from our immediate surroundings. We realize that our obligation towards our neighbours is no less than our responsibility towards humanity at large.

Moreover, we had the privilege of welcoming the brave combat medic David Brymer. His inspirational talk about his experiences in saving lives on the battlefield moved us profoundly. The fact that many of you extended your hand

to support him is a testament to our community's generosity and solidarity. It reflects the Talmudic teaching that "charity saves from death" (Proverbs 10:2), demonstrating how our deeds can protect and sustain lives.

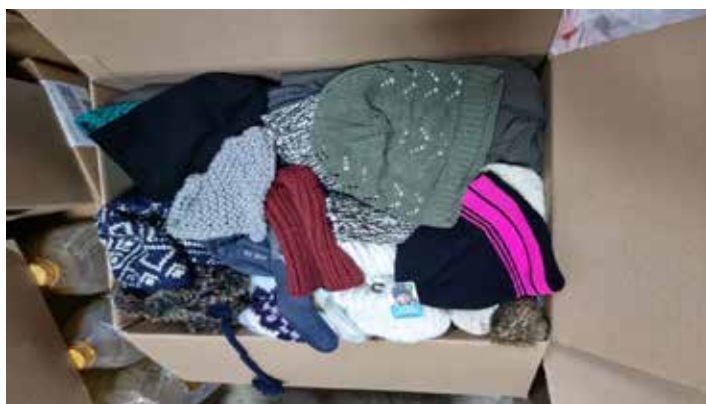
The remarkable deeds of this year stand as clear evidence of our steadfast dedication to the well-being of all people, spanning beyond geographical and cultural confines. Despite the complex history interweaving Jewish and Ukrainian narratives, our community has exhibited a remarkable capacity to empathize with the newer generations in Ukraine, illuminating the darkness of the past with the light of compassion and understanding.

In this endeavour, we are honouring the legacy of the Righteous Among the Nations, those brave individuals who risked their lives during the Holocaust to save Jewish souls. Our compassionate efforts mirror their courage and altruism, echoing their heroic acts of humanity in times of immense suffering.

May we continue to grow and learn together, strengthening our bonds, and may the unity we have shown serve as a beacon of hope and warmth to all. Remember, our deeds do not merely shape the world; they define us as a community and individuals.

Shalom and blessings,

Rabbi Alisa Zilbershtein.



Message from David Brymer

Dear Beth Tikvah Community,

I'm writing this note with gratitude swelling in my heart. Your generous support and heartfelt welcome have genuinely moved me.

Your unity and kindness echo loudly across borders, bringing a ray of hope to many in desperate need. I'm truly humbled by your acts of goodwill and the ripple effect they create.

As I put forward the action of "Never Again" — the vow I took like so many of my Jewish brothers and sisters, remember we are one people, and we are judged as a people before Hashem, not just individuals. I might have my feet on the ground here, but you are all with me and the prayers and support you have given and will continue to give me are manifesting in mitzvahs every day. "To save a life is to save the world." Together we protect future generations.

Your continued support and prayers are not just wind in my sails, they're a lifeline. They transform into daily mitzvahs, touching lives and making a difference. It's an honour to be part of this journey with you all. "Never Again."

With deep gratitude,

David Brymer



SAVE THE DATES

Special Shabbat Dates:

October 14: -Shabbat Morning-Visiting delegation from Israel-IS, a dynamic Israeli NGO that aims to broaden the lens through which Israel is perceived by creating meaningful conversations.

November 4: Scholar in Residence-Rabbi Paul Plotkin

November 11: Remembrance Day Shabbat with Peace of Mind

Hanukkah Party

Saturday, December 9:

Havdalah Hanukkah - Fire & Ice



Mother Hubbard's Cupboard

Located in the hallway next to the Coat Check. We would love to see this cupboard always filled with donations of non perishable Kosher items for the Pride of Israel Food Bank. Bring new or unused cosmetics for the Shelter known as Eva's Place. Eye glasses and their cases are taken to the Superstore at Steeles & Dufferin. They are then sent to a third world country. At least once a week the cupboard is checked, donations removed and taken to the various recipients. Please keep us busy emptying the cupboard.



Starting in September, we are accepting any non-perishable goods for the North York Harvest Food Bank at Beth Tikvah.

Or, if you prefer, the truck from the North York Harvest Food Bank will be in our driveway on Kol Nidre Eve from 5:00 to 6:30 PM.

A cheque payable to North York Harvest Food Bank is always welcome by our Shul office or the driver on Kol Nidre will be happy to deliver. Last year, in spite of Covid, we donated close to 1,000 pounds of goods. **Let's see if we can do better this year!**





Join us in our many fantastic programs!



Beth Tikvah Women's contribution to Ve'ahavta

Beth Tikvah Women, under the guidance of Sasha Schaeffer and Adele Weinstein, have been supplying Ve'ahavta - the Jewish humanitarian organization, with sandwiches for the increasing number of homeless people in our city. This project, which started last November, contributes 1,000 individually wrapped sandwiches per month. We meet every second Monday morning at 10:30, at Beth Tikvah and we are usually finished by noon.

We would very much like to keep this project running, but the costs are considerable.

Donations are welcomed and you will receive a tax receipt for your donation. Please contact the Beth Tikvah office 416-221-3433 for more details.

You will be doing a mitzvah and contributing to *Tikkun Olam*, repairing the world.

It is such a good feeling to be doing something useful for the community.

We hope you will join us!

Shana Tova from Beth Tikvah Women





Dear Beth Tikvah Women,

On behalf of my colleagues at Ve'ahavta, I wish to thank you and your outstanding Beth Tikvah community for volunteering in Ve'ahavta's Meal Train program this past year. From November 2022 until now, Beth Tikvah volunteers clocked 147 hours and thousands of sandwiches lovingly prepared and then delivered to Ve'ahavta for distribution.

The importance of those sandwiches cannot be emphasized enough. In addition to the hot meals made on-site in Ve'ahavta's Recipe for Success kitchen program, sandwiches are a vital source of nutrition and food security for people experiencing homelessness and poverty. Sandwiches (and baked goods) are always requested as they are easy to carry for when hunger strikes in the middle of the night. At each stop visited by our Mobile Jewish Response to Homelessness vans, clients access the vans for relief and resources. They know they can request what they need and are treated with dignity and respect.

At Ve'ahavta, the Jewish ethics of justice, kindness, and responsibility move from guiding principles into tangible actions. Beth Tikvah is a committed, generous and chesed driven partner. Your community has had an enormous impact on thousands of individuals and families struggling in downtown Toronto and Scarborough.

Thank you for your support!

Ruth Hart

Community Partnerships Coordinator

Phone: 416-964-7698 ext. 216



*The Standards Program Trademark is a mark of Inagene Canada used under license by Ve'ahavta

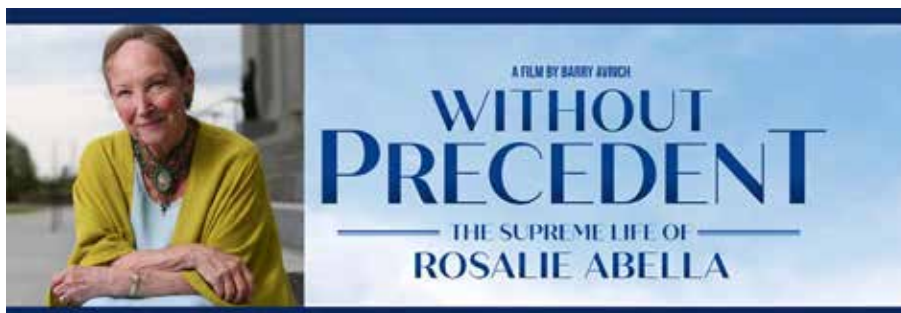
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T 416.964.7698
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Thank you to the Beth Tikvah community who attended the exclusive screening of the documentary Without Precedent-The Supreme Life of Rosalie Abella.

A must-see film showcasing Canada's first Jewish woman Supreme Court Justice and her impact on the judicial system and Canadian history. Following the screening, Rabbi Grover was in conversation with acclaimed Director, Barry Avrich and Producer, Mark Selby, where the audience heard insights into the behind the scenes of the making of the recently released film. Thank you to our member, Doreen Manly, for spearheading this program and helping to raise funds for Beth Tikvah programming.

Women's League for Conservative Judaism Convention 2023

Wow, there isn't anything else to say about the 2023 Women's League convention! This wasn't my first convention but by far it was the best. From meeting over 200 women from Canada and the U.S. to listening to Rabbi Bradley Artson and Chancellor Shuly Schwartz, the atmosphere during the whole convention was electric. Yasher Koach and Mazel Tov to the 30 women who celebrated their Bat Mitzvah after three years of studying over the internet. (Not an easy thing to do).

Congratulations to the women of Beth Tikvah for receiving the Jewels of the Crown award for their outstanding programming. I'm so proud to be one of the Beth Tikvah Women who accepted this award. Then, there were eighty-seven of us women who belong to the prestigious group known as Makom B'Yachad. We meet every Tuesday, Wednesday and Friday at noon, first to recite Mishaberach for those who need healing, then to learn Torah from Rabbi Ellen and Rabbi Margie or one of our own women. Then we say kaddish. They were there for me when my mom passed away during COVID. It was so good giving all those hugs to so many women that we only saw in a computer square.

The new Women's League board and executive were installed by many of the past Women's League Presidents. What a delight to see them all again! There were many break-out sessions and to finish off 3 terrific days, we had a fabulous dance party! We all came home on a high!

Yasher Koach to the committee that put together this 2023 convention. You did a fabulous job. Looking forward to the 2026 convention.

Rivy Blass,
Secretary, Beth Tikvah Women



Musica Beth Tikvah

Musica

We have just completed a wonderful Musica rejuvenation. Our programs this past year continue to be varied and designed to appeal to all ages.

November – Gabi Epstein returned to Beth Tikvah (dare we say Beth Tikvah’s “own Gabi Epstein”) to present her solo show accompanied by Mark Camilleri on piano.

In honour of Shabbat Shira and Tu B'Shevat in February, we had an afternoon concert celebrating Mother Nature.

March brought in Rak Shalom, an a capella group from Baltimore, generously sponsored by the Arnie Shulman Fund. We were also treated to their musical style for Kabbalat Shabbat, as part of Shabbat services, and at Kiddush. A refreshing take on music we love to sing.

In May, we were part of a synagogue-wide celebration of Lag B’Omer, finishing with a wonderful evening concert enjoyed by 300 people in person, as well as more attending through live-streaming.

Jewish Music Month in May at Beth Tikvah was the culmination with the inaugural concert of the Toronto Jewish Camerata Orchestra conducted by Maestro Alexander Veprinskiy. The concert featured soloists Moshe Hammer on violin, Shoshana Telner and Michael Berkovsky on piano, and tenor Guy Mannheim, as well as Beth Tikvah’s Hazzan Tibor Kovari. This was our annual gala fundraiser, and the financial participation from our in-person and online attendees helped make it a financial success. THANK YOU!!



The wonderful Gabi Epstein

So what’s in store for the coming year? Here’s an outline with further details to come to your inbox very soon.

Sunday, November 19, 2023

SHABBAT ROCKS - an informal pray, dance and sing-a-long party for young and young at heart. Presenting some of the greatest classical Rock hits ever, adapted to the lyrics of the Shabbat prayers, featuring Hazzan Tibor Kovari and friends, and the BT Shul Band. Come and share in the legendary music of bands and artists such as Queen, Scorpions, Europe, Guns ‘N’ Roses, Alice Cooper and many many more. You don’t want to miss this!!

Sunday, January 21, 2024

In honour of Shabbat Shira, we feature Jazz in the Afternoon with the Jordana Talsky Trio

Tuesday, April 9, 2024

Community Cantorial Concert – at the Meridian Arts Centre in North York.

Tuesday, May 28, 2024

Jewish Music Week – The Reel Jewish Experience – with Cantor Eyal Bitton (former Choir Director at Beth Tikvah), and a cast of other top voices from Canada and abroad.

And remember – most of the programs and extra concerts that Musica and Beth Tikvah have presented to date, are available on the Beth Tikvah YouTube Channel. We hope you continue to enjoy them, and please tell your friends about us.

Please remember when you are making a donation through the synagogue for a memorial or other special occasion, to consider a donation to the Musical Heritage Fund, to aid us in presenting these programs. We look forward to seeing you at our sparkling 2023-2024 Musica program series. Shana Tova!



Three Hazzanim: Aaron Bensoussan, Tibor Kovari & David Guber sing at the Lag B’Omer concert on May 8, 2023 at Beth Tikvah



Dear Tibi,

We celebrate the 20 years of devoted service you have brought to Musica Beth Tikvah and the Beth Tikvah Choir.

The fact that you are so diverse in your musical tastes, has enriched us.

You always have a vision in what you want for a specific program. You are a wonderful team player to other branches of the synagogue and it is reflected in the great varied programs offered.

You have mentored young musicians and singers. You have connected with families of all ages.

Tibi - THANK YOU!!

We hope that you will enjoy this small token of our appreciation and respect.

Todah Rabah

Beth Tikvah Synagogue | 3080 Bayview Avenue, Toronto, Ontario M2N 5L3
 Phone: 416.221.3433 | www.bethtikvahtoronto.org



B'not / B'nai Mitzvah

Daughter of Leah and Jeremy Baruch. Sharing in the celebration are proud younger brother Max, Grandparents Karen & Amnon Baruch and Natalia & Leonid Mikhailovsky, and Great-Grandmother Susan Baruch. Deeply missed at this time are Great-Grandparents Joseff Baruch, Rose & Jack Milgrom, Charna & Chaim Mikhailovsky and Claudia & Konstantin Ivanushkin.

Mia was thrilled to have her Bat Mitzvah on a Shabbat and a Rosh Chodesh, especially since both are so meaningful to women. She recited her Torah portion and delivered a beautiful and heartfelt D'var Torah about how having her Bat Mitzvah these special days inspired her to think even more about the woman she wants to become. She spoke about how grateful she is to have incredible, strong and kind female role models in her life who inspire the kind of woman she wants to be. Mia also talked about the special sisterhoods in her life and the great power of women and sisterhoods. Mia concluded the Service by beautifully singing *Adon Olam* for the Congregation.

For her Bat Mitzvah Project Mia ran a toy drive for SickKids Hospital and collected an enormous amount of toys which she was so proud to deliver. Mia has supported SickKids Hospital in the past and wants to be a doctor, so her project was especially meaningful to her. Mia attends Bialik Hebrew Day School. She loves spending her summers at Camp Winnebago and loves dancing, singing, performing, watersports and being at her family cottage. Mia loves spending time with her family and friends and is very close with her little brother Max. Mia is especially grateful to Rabbi Grover for his support and guidance as she prepared for her Bat Mitzvah.



Mia Elle Baruch
Bat Mitzvah: April 22, 2023



Margot Cooper
Bat Mitzvah: June 17, 2023

Daughter of Ian Cooper & Jessica Watkins. Sharing in the celebration is sister Emma Cooper, grandparents Jerry & Eleanor Cooper and Stephen & Francine Watkins, Margot's 8 aunts and uncles, 12 first cousins, and numerous other family and friends.

Margot recited Parshat Shelach Lecha - the same Parsha read by her mother, more than 30 years ago - and delivered a D'var Torah. She is grateful for the support of her Bat Mitzvah teacher Nirit Gruber and the sage commentary of the late Rabbi Jonathan Sacks, as well as the support of Rabbi Grover and Rabbi Zilbershtein.

Margot is a competitive swimmer with NYAC, plays recreational soccer and piano, and loves debate, public speaking, travel, baking, hosting family events, and making new friends wherever she goes. She attends Glenview Senior Public School and Camp New Moon.

Margot's grandparents are founding members of Beth Tikvah, and her father had his Bar Mitzvah at the synagogue.

Daughter of Michelle McGowen & Brian Habert. Sharing in the celebration are proud grandparents Mimi Habert, Ken McGowen, Mary Ward & Donald Velanoff. Sadly missed at this time are Claude Habert & Carol McGowen.

Amanda currently attends the Toronto Heschel School and takes an active roll in committees involving *Tikkun Olam*. Amanda is passionate about theatre, music and enjoys singing and playing piano. She proudly leads our Shabbat blessings and prayers at our Friday night dinners surrounded by friends and family. Amanda marked her Bat Mitzvah by chanting parshat Tzav and leading the Havdalah service. She also delivered a thoughtful D'var Torah about the handing down of traditions and living a Jewish life with intention. To this end, she donated a portion of her Bat Mitzvah gifts to charities that were meaningful to her.

We are forever thankful to the Beth Tikvah clergy and community. Special thanks to Gayle Kertzman for her guidance and direction, Irv Kirshenblat & Rabbi Zilbershtein for their superb teaching; we could not imagine better role models for our daughter, and Rabbi Grover & Hazzan Kovari for their constant support over the past decade at Beth Tikvah.



Amanda Habert
Bat Mitzvah: March 25, 2023

Son of Jessica & Shawn Jerusalem. Sharing in the celebration is brother Ethan and sister Ava and proud grandparents Jack & Glynis Jerusalem and Debbie Storchan. Sadly missed at this time is his late grandfather Saul Storchan. Dylan currently attends Bialik Hebrew Day School and spends summers at Camp Walden in Palmer Rapids, Ontario. Dylan is an exceptional swimmer and enjoys spending time playing soccer and football with friends.



Dylan Jerusalem
Bar Mitzvah: June 1, 2023

He is passionate about helping others in the community and has chosen to support Save a Child's Heart Foundation for his Bar Mitzvah project. Dylan will be traveling to Israel with his family and plans to visit the foundation and meet a child who he helped support life-saving cardiac treatment for through his mitzvah project and donations.



Samuel Katz
Bar Mitzvah: March 23, 2023

Son of Shane & Lara Katz, grandson of Alf & Gayle Kwinter, Rivka & Barry Iseman and Peter Katz. Sharing in the celebrations were brothers Benjamin and Jack. Sadly missed at this time were great grandparents Mildred & Michael Rosen and Yeheskel & Leah Sneiderman, as well as Uncle Jack. Sam currently attends Bialik Hebrew Day School and spends his summers at Camp White Pine. Sam loves to play hockey, flag football and baseball. Sam loves to spend time with family and friends and was honoured to share this special simcha with those who mean the most to him.

Sam's D'var Torah, Vayikra, about physical and symbolic sacrifice, was particular meaningful as he was able to reflect on the sacrifices his family members have made in the past, such as those who perished and survived the Holocaust.

Daughter of Marla & Ori Watkin. Sharing in the celebration are her older brothers, Ryan and Shane, along with proud grandparents, Debi & Nahum Watkin and Karen Shaw. Brooke currently attends Associated Hebrew School and spends her summers at Camp Northland. Brooke is an outdoors lover, and basically loves to spend time doing any activity outdoors. But, she is especially passionate about playing soccer and going on thrill rides at Canada's Wonderland. She loves her pet rabbit, Thumper.



Brooke Watkin
Bat Mitzvah: June 20, 2023

When we chose Beth Tikvah to host our Bat Mitzvah, very little thought was required. As we already hosted many events at Beth Tikvah (including two Bar Mitzvahs for Brooke's older brothers and Brooke's Baby Naming 12 years ago), it seemed only natural for Brooke to follow on the same path for her own Bat Mitzvah. She even selected the smaller chapel, citing that it was a much more intimate environment.

Dealing with the staff at Beth Tikvah was effortless, and we thank the entire staff and clergy at Beth Tikvah for making our simcha such a beautiful and memorable event.

B'nai Mitzvah PROGRAM

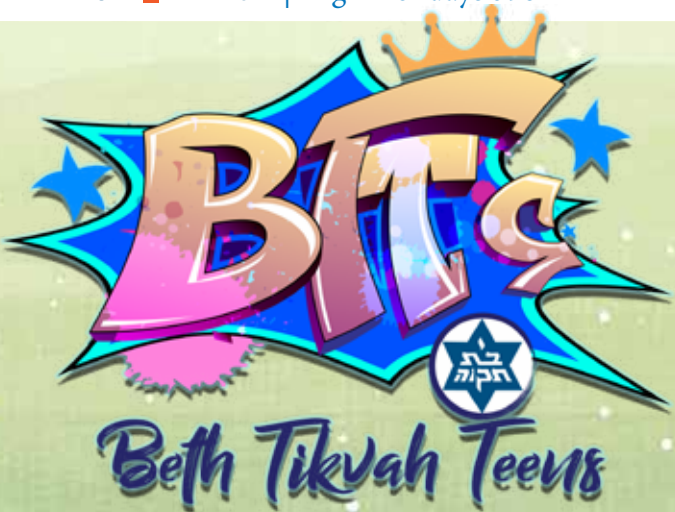
Tuesdays from 6:00 PM - 8:00 PM
*Pizza dinner will be served each session
*Complimentary parent schmooze/discussion while you wait

9 SESSIONS

2023	2024	
October 17	January 16	April 9
November 14	February 13	May 7
December 12	March 5	June 4

Your child's B'nai Mitzvah journey begins here!
We will explore Jewish Identity and how we connect to our greater Jewish community and the Jewish world/

Contact Nadia for more details: nadia@bethtikvahtoronto.org



Shalom!

We are the Beth Tikvah Teens, also known as, BTTs. This year we are launching a Beth Tikvah Teen program for all teens post B'nai Mitzvah. We felt we needed a little something special for Teens at our Synagogue and so, we got together, brainstormed, formed a committee, and started planning.

Our primary goal is to create a social network of teens to get together monthly; bowling, games, movies, and so much more. We will also do some Jewish things...like the Purim Shpiel, hands on *Tikkun Olam* to name a few. You will have to come to our events to find out!

Our First event is in the Sukkah on Tuesday, October 3 from 7:30-9:00 PM. We are hosting a BTTs Sukkah Schmooze where you can get to know us, let us know what you might like to do this year, and of course eat some pizza and treats!

Let's get together and make this year an awesome year for all teens at Beth Tikvah!

Your BTTs committee,

Amanda, Cole, & Renee
teens@bethtikvahtoronto.org

TUESDAY, OCTOBER 3RD
7:30-9:00 pm

ICE CREAM IN THE SUKKAH

First Beth Tikvah Teen event of the year! Join BTTs for a social evening of dessert and schmooze in our community Sukkah. Teen event for post-Bnai Mitzvah to grade 12. Bring your friends!



Amanda



Cole



Renee

MAZEL TOV TO THE FOLLOWING:

Bat/Bar Mitzvahs:

Lara & Shane Katz on the Bar Mitzvah of their son Sam and to grandparents Gayle & Alf Kwinter, Rivka & Barry Iseman and Peter Katz.

Katy & Daniel Heuman on the Bat Mitzvah of their daughter Shawna and to grandparents Judith & Robert Heuman and Beatriz Kisel.

Michelle McGowen & Brian Habert on the Bat Mitzvah of their daughter Amanda and to grandparents Mimi Habert, Ken McGowen, Mary Ward and Don Velanoff.

Jennifer Hoffman Rosenberg & Edward Rosenberg on the Bnei Mitzvah of their children Nolan and Grier Rosenberg. Grandparents are Lylian & Martin Hoffman.

Leah & Jeremy Baruch on the Bat Mitzvah of their daughter Mia Elle. Grandparents are Natalia & Leonid Mikhailovsky and Karen & Amnon Baruch. Great-grandmother is Susan Baruch.

Randi & Richard Berman on the Bar Mitzvah of their son Grey. Grandparents are Marim & Mark Tobenstein and Esther & Murray Berman.

Laura & Jonathan Adam on the B'not Mitzvah of their daughters Claire and Julie. Grandparents are Judy & Bernard Verbeeten and Paul Adam.

Jessica & Shawn Jerusalem on the Bar Mitzvah of their son Dylan. Grandparents are Glynis & Jack Jerusalem and Deborah Storchan.

Julie Barry and Jonathan Lerman on the Bar Mitzvah of their son Isaac. Grandparents are Nira and Sheldon Lerman.

Jessica Watkins & Ian Cooper on the Bat Mitzvah of their daughter Margot. Grandparents are Francine & Stephen Watkins and Eleanor & Jerry Cooper.

Marla & Ori Watkin on the Bat Mitzvah of their daughter Brooke. Grandparents are Debora & Nahum Watkin and Karen Shaw.

Engagements:

Mazel tov to Leslie & Arlene Kraft on the engagement of their son Jason, to Rivka, daughter of Joel and Janice Savage. Grandparents are Ruth Pakes, Sydney Dubisky and Eleanor Bergman.

Births:

Cary Urowitz & Aviva Webb on the birth of their twin sons, Jordy & River. Grandparents are Marsha & Jack Urowitz, Arlene Rimer & Chris Webb.

Birthdays and Anniversaries:

Merle Goldman on her 80th birthday

Shirley Anne Haber on her 85th Birthday.

Doug Millstone in Honour of the 60th Anniversary of his Bar Mitzvah.

Anna & Lou VanDelman on their 68th Wedding Anniversary.

Shirley Anne & Harvey Haber on their 62nd Wedding Anniversary on June 6th.

Linda & Stephen Bernofsky 54th Wedding Anniversary on June 6th.

Gayle & Stephen Kertzman on celebrating their 25th Wedding Anniversary on August 16th.

Rabbi Alisa Zilbershtein & Viktor Burkatskyi in honour of their 1 Year Anniversary at Beth Tikvah.

Weddings:

Dana Smith & Lorne Roth on their Aufruf and Wedding. Parents are Patty & Paul Smith and Karen & Michael Roth. Grandparents are Ellen & Mike Smith, Marcelle & John Ohayon, Hy Beckenstein and Stan Roth.

Mila Sheina & Yigal Shinderman on their Aufruf and Wedding. Parents are Elena Sheina and Lilia & Jacob Shinderman.

Marlee Vinegar & David Warshafsky on their Aufruf and Wedding. Parents are Risa Awerbuck, Alan Vinegar & Barbara Albert and Naomi & Neil Warshafsky.

Laura Barkin & Steven Sherman on their Aufruf and Wedding. Parents are Paula & Alan Barkin, Ken & Deena Sherman and grandparents, Ruth & Hal Brudner, Linda Silver-Dranoff and Jack Marmer.

Brittany Kasco & Ofir Sondak on their Aufruf and Wedding. Parents are Telly & Yosef Sondak and Michelle & Bill Kasco.

Charity Phoenix & Jared Foot on their Aufruf and Wedding. Parents are Margaret & Scott Kuehn and Jeanne & Keith Foot.

Alexis Bass & Joshua Fletcher on their Aufruf and Wedding. Parents are Karen & Neil Bass and Adrienne & David Fletcher. Grandparents are Arnie & Roneen Weingarten, Marcia & Izzy Snyder, Ruth Bass and Albert Fletcher.

Proud and delighted parents Adele and Steve Weinstein announce that their son, Eli Weinstein married Emily Richardson on May 21, 2023. Grandparents are Fran Caine, Shirley and Al Weinstein.



Melissa and Wayne Potashner are thrilled to announce the wedding of their daughter Dana to Stefan Boas, on June 3, 2023. Sharing in this simcha is Bubby Sheila Ocopnick, brother and sister-in-law, Zach and Mel Potashner, and nephew Brooks Potashner.

More Mazel Tovs:

Mazel Tov to Heather & Brahm Goldenberg on their son, Kyle, becoming Valedictorian for the CHAT Class of 2023. Mazel Tov to Issy, grandparents: Shirley & Lou Greenbaum and Nancy & Gerry Goldenberg of Montreal. Great Grandmother is Helen Greenbaum.

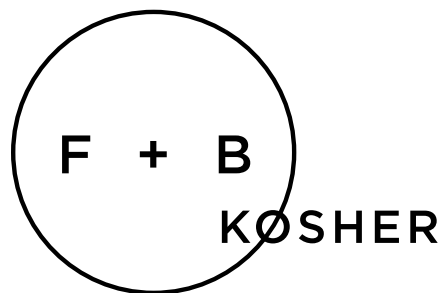
Mazel Tov to Dana Potashner Boas who graduated as a Doctor of Medicine from Ben-Gurion University's Medical School of International Health on May 22, 2023. She is currently completing a residency in Anaesthesiology.



Welcome to our New and Returning Members

- Caroline Alpert & Jeremy Fox
- Shannon & Michael Anthony & Family
- Chelsea Crangle
- Mark Fruitman
- Robin Waxer & Shaul Gorelik & Family
- Jonathan Lerman & Family
- Leslie & Mark Marmor
- Esther Rodzynek
- Jodie & David Rosen & Family
- Julie Fruitman & Brent Usprech & Family
- Dana & John Veltri & Family
- Justin Winch & Abby Gradinger
- Jodie Wolkoff & Neil Shankman & Family
- Jordana Zelsman Rozenwald

Beth Tikvah's Kosher Caterers:
Ready for all your Holiday or Shabbat Meals



Influencers of Kosher Catering



Brought to you by Cary Silber and David Silber

✉ info@fbkosher.com
 🌐 fbkosher.com
 📞 416-900-0918

📘 @fandbkosher
 📷 @fandbkosher



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Saturday, October 7th at 6:25 pm
Minha for Shemini Atzeret
& Ma'ariv for Simhat Torah
Ice Cream Bar following services

Sunday, October 8th at 9:00 am
SIMHAT TORAH!
Special Honourary Aliyot, Hakafot
& entertaining Kids Programming
Light Kiddush & our Annual Celebratory Luncheon

**BETH
TIKVAH
SYNAGOGUE**

Wednesday,
September 27th, 2023

**Preserving
Your Memories
Workshop**
with
Michael Brooke

**Time for
MY STORY** 



In person at Beth Tikvah Synagogue

Capturing and preserving memories is a vital endeavour for individuals of all backgrounds, but it holds particular significance for Jewish people.

We are a community with a rich history spanning thousands of years. The act of capturing memories becomes a means of safeguarding and passing on the collective experiences, struggles, and triumphs that have shaped our Jewish identity.

By recording personal stories, anecdotes, and recollections, you will help ensure that these events are not forgotten or distorted with time. This allows for the transmission of Jewish traditions, values, and cultural heritage from one generation to the next.

Jewish life is deeply rooted in rituals, customs, and celebrations, and memories play a fundamental role in keeping these traditions alive. By attending this workshop you will ensure that future generations have a tangible connection to their past, fostering continuity within the community.

Capturing memories provides the opportunity for individuals to reflect on their journeys, identities, and connections to the Jewish community. Memories help forge a sense of personal identity and provide a source of inspiration, resilience and hope for future generations.

Through interactive exercises, and real-life examples, participants will discover the transformative effects of this profoundly human endeavour. The workshop will be led by author and publisher Michael Brooke.

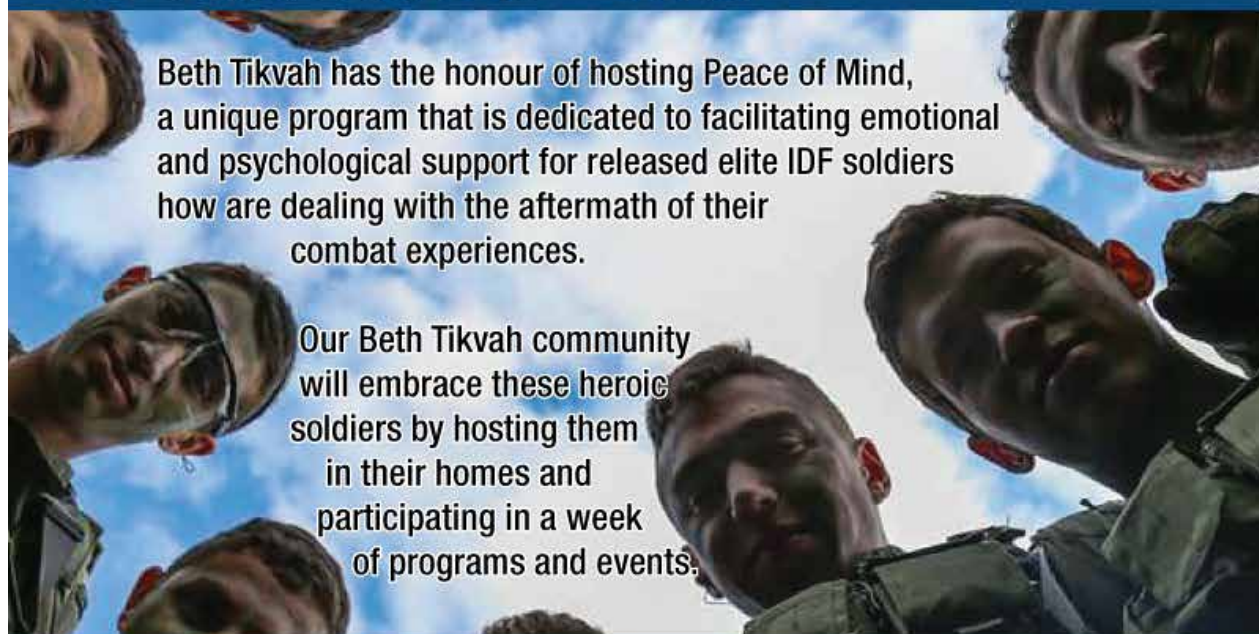
PEACE OF MIND CANADA



**BETH
TIKVAH
SYNAGOGUE**



NOVEMBER 5th - 12th



Beth Tikvah has the honour of hosting Peace of Mind, a unique program that is dedicated to facilitating emotional and psychological support for released elite IDF soldiers how are dealing with the aftermath of their combat experiences.

Our Beth Tikvah community will embrace these heroic soldiers by hosting them in their homes and participating in a week of programs and events.

HERE'S WHAT HAPPENING!

Sunday, November 5th
Soldiers arrive and meet host families

Wednesday, November 8th*
Shul-Wide Special Performance featuring Israeli entertainer Lay Z (Eliezer) Gordon, former Maccabi Tel Aviv & Israeli National Team basketball star, turned entertainer & soul musician.

Thursday, November 9th
Host Families Dinner

Friday, November 10*
Shul-Wide Kabbalat Shabbat Service & Dinner

Shabbat, November 11th
Remembrance Day Shabbat featuring IDF Soldiers 

Sunday, November 12th
Soldiers return home to Israel

*Pre-registration and fees apply

Peace of Mind is a transformative nine-month therapeutic intervention that offers a profound healing experience for IDF veterans. Led by specially trained therapists from METIV: The Israel Psychotrauma Centre, our program gives veterans the opportunity to individually and collectively navigate and heal from their combat experiences.

Jewish communities worldwide play a key role in providing a safe, quiet, and supportive environment for one week where the participants can process their trauma away from the pressures of daily life in Israel. The veterans emerge with strengthened emotional and mental health, which allows them to lead healthier and happier lives.

What some of our members have to say about their Peace of Mind experience:

Howard & Leah Price:

In November 2019, my wife, Leah, and I had the wonderful opportunity to host two former elite Israeli combat soldiers as part of Beth Tikvah's Peace of Mind project. It was an intensive week for these former soldiers who came to Toronto with the rest of their combat unit to deal with the lingering psychological stress that any soldier would have. As well as having full-day sessions with their co-ordinator, the young men had evenings off and got to have dinners with the host families as well as having the opportunity to see Toronto and Niagara Falls. As well, there was a very special Friday night dinner at the shul with the former soldiers, their host families and other synagogue members. Perhaps, the most moving event of the week was during the Shabbat morning service when the soldiers went up to the Bimah while the congregation cited the Prayer for Israeli soldiers. On a personal level, Leah and I formed a tremendous bond with our soldiers and that bond has persisted. When we were in Israel last year, they showed their gratitude and hosted us for dinner along with their wives and children.

In November 2023, Beth Tikvah will again be hosting a Peace of Mind group of soldiers and I would strongly encourage members to participate. I would encourage you to consider hosting a couple of soldiers for the week. I guarantee that you will find it tremendously enjoyable and have a chance to form a lifetime bond. I would especially encourage members with children to host since it's so important for Diaspora Jews to show our gratitude to Israeli soldiers and show that we are one big family.



Laya & Jeff Weissberger:

Hi, my name is Laya and my husband Jeff and I hosted two POM soldiers at Beth Tikvah in November 2019. At the time our children were 16, 13 and 9. The two men who lived with us that week were matched up with our family so well. For instance, our sixteen year old son was in a theatre arts school and one of our men had a job in theatrical arts. These men were so grateful we opened up our homes to them for the week. We made it clear that we were more grateful to them for serving in the army to protect homeland. Our kids were fortunate to get to know Idan and Ari as the men they are now years after the army. When these guys were not with us, they were at their sessions immersing themselves in workshops and meetings allowing for post army healing and closure. Those sessions are the meaningful and beautiful offering that is the Peace of Mind program. The schedule is tight and well organized. When the guys were available and spending time with us we had a chance to get to know them

a bit better. It was also beautiful to see them socialize with the other men from their unit being housed within the Beth Tikvah community. This was a special time for them and also for us to have social time with our own shul community members.

We shared our home with them and taught them about Canadian culture, while at the same time having the opportunity to find out more about them as individuals, and what their life is like in Israel and what it has been like since completing the army years before. They too shared their culture with us through conversation and our time spent together.

All in all it was such a meaningful and memorable week as a host family. We were so happy to be a part of their lives through this program and have them both in our home and in the Beth Tikvah community.

Nancy & Gerald Machtinger:

We were skeptical but in hindsight, we should have been honoured to have been asked.

In the Fall of 2019: Beth Tikvah approached us asking if we would like to host two of the Chayalim who were part of the Peace of Mind program coming to Beth Tikvah. Over the next week, we spoke to a few people who had hosted others who had been part of their synagogue's Peace of Mind program - one even hosted a second time.

Like most people, we were wondering what state of mind the men would be in; after all they were participating in this program! We were assured by those who had previously hosted that the young men will have had healing therapy at home for the past six weeks and will continue with an intensive week in Toronto and Beth Tikvah.

We are all in it because of our love for Israel and the soldiers. It is a small way of showing our appreciation to them for protecting Israel.

There is so little time that you get to spend with these guys, but we learn as much as we can about each other in these short moments. Quick breakfasts before dropping them off at synagogue for the day; one or two dinners with you at your home; group get together at one of the participant's homes; Shabbat Dinner at Beth Tikvah; Shabbat Morning services. Saturday afternoon at various activities. Many evenings are arranged with programs and social outings for them.

What I'm trying to say is that what you think might be a burden on your time, will turn out to be a craving for more time with them. We have asked to host again, but will certainly (reluctantly) bow out if there is another family who wants to do this. The impact on you and your whole family is immeasurable. We continue to message each other off and on through out the year. Even now, I'm smiling, thinking about "the boys", all of them.

We extend Condolences to the following:

Gail Sandler on the passing of her husband, Allan Sandler, *z"l*.

Howard and Nancy Wise on the passing of their mother and mother-in-law, Anne Wise, *z"l*.

Leonard and Linda Sadinsky on the passing of their sister and sister-in-law, Audrey Taerk, *z"l*.

Emile Aufgang on the passing of his wife, Barbara Aufgang, *z"l*.

Rhona and Brian Birenbaum on the passing of their father and father-in-law, Ben Glatt, *z"l*.

Frances and George Dankevny on the passing of their brother and brother-in-law; and Colin and Catherine Cooper on the passing of their father and father-in-law, Bernard Cooper, *z"l*.

Gayle and Barry Sokoloff on the passing of their father and father-in-law, and Denise on the passing of her husband, Cyril Shenker, *z"l*.

Iris and Jonathan Mandel, and Avi and Elysa Baratz on the passing of their father and father-in-law; and Hana Baratz on the passing of her husband, Daniel Baratz, *z"l*.

Gwen and Gordon Orriell on the passing of their brother and brother-in-law, David Rubin, *z"l*.

Robert and Susan Robinson on the passing of their mother and mother-in-law, Diana Robinson, *z"l*.

Jackey and Lorne Silverberg, and Zev and Alyssa Pilc, and Miriam and Rick Levine on the passing of their mother and mother-in-law, and Itzhak Pilc on the passing of his wife, Dwora Pilc, *z"l*.

Evan and Sari Shear on the passing of their mother and mother-in-law, Eleanor Shear, *z"l*.

Mark and Melissa Lewkowicz on the passing of their mother and mother-in-law; and Harold Lewkowicz on the passing of his wife, Ellen Lewkowicz, *z"l*.

Chelsea Crangle and Jonathan Crangle, on the passing of their father; and Brenda Crangle on the passing of her husband, Gary Crangle, *z"l*.

Fauna and Allan Grill on the passing of their father and father-in-law, Gerald Mandel, *z"l*.

Beryl Kofman on the passing of her husband, Harvey Kofman, *z"l*.

Marlene and Martin Rochweg on the passing of their mother and mother-in-law, Helen Benson, *z"l*.

Joelle Kutner on the passing of her father; and Dinah Kutner on the passing of her husband, Howard Kutner, *z"l*.

Murielle and David Bloomberg on the passing of their mother and mother-in-law, Jacqueline Toledano, *z"l*.

Claudia and Blumberger on the passing of their brother and brother-in-law, Larry Kurlender, *z"l*.

הַמָּקוֹם יִנַּחֵם אֶתְכֶם
בְּתוֹךְ שְׂאֵר אֲבְלֵי צִוּן וִירוּשָׁלַיִם.

Joyce Harris on the passing of her husband, Leon Harris, *z"l*.

Vanessa and Michael Judelman on the passing of their mother and mother-in-law; and Alan Judelman on the passing of his wife, Lin Judelman, *z"l*.

Edgar Morris on the passing of his wife, Lynn Morris, *z"l*.

Harold Shapiro on the passing of his sister, Marilyn Smith, *z"l*.

David Skopitz on the passing of his sister, Rene Levine, *z"l*.

Gayle and Jeffrey Jackson and Barry and Brenda Edelstein on the passing of their mother and mother-in-law, Ruth Edelstein, *z"l*.

Edith Cantor on the passing of her sister, Sally Elizabeth Chodorcove, *z"l*.

Etty Danzig on the passing of her husband, Yehuda Danzig, *z"l*.

Beverly Schaeffer on the passing of her husband, and David & Sasha Schaeffer on the passing of their father and father-in-law, Fred Schaeffer, *z"l*.

The Family of Shirley Hager, *z"l*.
The Family of Marilyn Starkman, *z"l*.
The Family of Rosamond Rogers, *z"l*.

We would thank those who made Yahrzeit Donations:

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Donor Appreciation Night:

June 11—Donor Appreciation Evening: Thank you to everyone who attended our special reception on a rainy Sunday evening. Thank you to our committee, Renee Birnbaum, Lillian Cornfield, Gayle Kertzman, Marlene Rochweg and Toby Zarnett, for organizing a fabulous evening to celebrate our community raising \$1 million for the Synagogue. A special thank you to the Beth Tikvah Photography group, led by Rick Bornstein, for their incredible talented display of artwork. The evening was capped off with delicious desserts provided by PRC Caterers and the soulful sound of singer-songwriter Jordana Talsky and her accompanying band.

As one member wrote: Thank you for a most delightful evening. We truly do have an incredible community. We old timers always marvel at the care and thoughtfulness given to all the programs offered at BT, and evenings like this one prove that point. May you continue to make our Shul thrive and survive in the years ahead.



AS SEEN
ON NETFLIX

BETH
TIKVAH
SYNAGOGUE



SAVE THE DATE

Live!

AT BETH TIKVAH SYNAGOGUE

JEWISH MATCHMAKING

with
ALEEZA BEN SHALOM

**WEDNESDAY,
APRIL 3RD, 2024
at 7:30 PM**

VIP Meet & Greet at 6:30 PM

Early-bird tickets for Beth Tikvah members go on Sale in November!