



# Hemostasis

Red: very important. Green: only found in males' slides. Purple: only found in females' slides. Gray: notes.

#### **Physiology Team 436 – Foundation block lecture 12**

Lecture: If work is intended for initial studying. Review: If work is intended for revision.

### Objectives

- Recognize different stages of hemostasis.
- Describe formation and development of platelets.
- $_{\odot}\,$  Explain the role of platelets in hemostasis.
- Recognize different clotting factors & cascade of clotting.
- Describe the intrinsic, extrinsic and common pathways.
- Recognize the role of thrombin in coagulation.
- Explain the process of fibrinolysis and function of plasmin.

### Hemostasis

- It is the spontaneous arrest (stop) of bleeding from ruptured blood vessels.
- Its mechanism (steps of function):
- I) Vessel wall (Vascular spasm).
- 2) Formation of platelet plug.
- 3) Blood coagulation & clot retraction.
- 4) Fibrinolytic system (Fibrinolysis).



White blood cells



### Steps of Hemostasis





#### PLATELET PHASE

Copyright © 2004 Pearson Education, Inc., publishing as Benjamin Cummings.

### Hemostatic Mechanism

### I-Vessel wall.

- Immediately after injury there is a localized
   Vasoconstriction (vascular spasm, in order to decrease blood flow)
- Mechanism of vasoconstriction (causative Factor):
- Local myogenic spasm (systemic release of adrenaline).
- Local release of Thromboxane A2 [TXA2] & 5HT" serotonin" by platelets. (humoral factors)
- Nervous factors "stimulation for nerve impulses + nerve reflex is vasocontraction". (reflex action involves simple nervous pathway)
- Importance:

#### Crushing injuries > intense spasm > no lethal loss of blood.

#### Notes:

Causative Factor: meaning that it is "a cause"

Vasoconstriction is produced by vascular smooth muscle cells, and is the blood vessels first response to injury.

The damaged vessels will constrict (vasoconstrict) which reduces the amount of blood flow through the area and limits the amount of blood loss.

Myogenic contraction refers to a contraction initiated by the myocyte cell. (muscle cell)

Platelets release cytoplasmic granules which contain, ADP, 5HT (serotonin) and thromboxane A2 (TXA2), all of which, increase the effect of vasoconstriction. \*will be explained in the next slides\*

#### A. VASOCONSTRICTION





(a) Damaged blood vessel endothelium

© 2011 Pearson Education, Inc.

(b) Normal blood vessel endothelium

© 2011 Pearson Education, Inc.

- 2-Formation of platelet plug (primary hemostasis)
- Platelets are small "biconvex" disc shaped cells.
- (Remember: RBCs are biconcave discs)
- Platelet count: 150x10<sup>3</sup> 300x10<sup>3</sup>/ml.
- Life span: 8 12 days.
- Contain high calcium content & rich in ADP.
- Active cells contain contractile protein.
- Thrombocytes are fragments of megakaryocytes in the bone marrow.
- Regulation of thrombipoiesis is done by thrombopoietin.
- Site of formation: bone marrow, steps:

Stem cell > Megakaryoblast > **Megakaryocyte** > Platelets.

• Importance: enough to stop bleeding from small vascular damage.





### Platelet Cont.

#### **Platelet Charactersitics:**

shape: minute round or oval discs size: I-4 um in diameter location: 80% in blood & 20% in spleen

Contractile, adhesive, cell fragments.

Store coagulation factors & enzymes

Surface Binding sites: **GP Ib** (Glyco Protein Ib or Ib on cell membrane of platelets) is a component of **GP Ib-IX-V complex** that functions as a receptor of vW factor.

#### **FUNCTIONAL CHARACTERISTICS:**

- Motile: Actin And Myosin Molecules (for muscle contraction)
- Active: Endoplasmic Reticulum, Golgi Apparatus & Mitochondria
- Enzymes Systems For Synthesis Of Prostaglandins
- Granules

Postglandins: any of a group of compounds with varying hormone-like effects

#### **Platelet Receptors:**

-GP Ia, GP VI (adhesion to Collagen)
-GP Ib-IX-V (receptor for vW Factor)
-TPα (for TXA2)
-GP IIb-IIIa (for Fibrinogen, vW Factor)
-P2YI2 (for ADP)

Dense or δ granules contain:
• Serotonin
• ADP
• Ca++
α granules contain:
<ul> <li>Coagulation Factors</li> </ul>
Fibrinogen
• PDGF (Platelet-derived growth factor)

### **Platelet Plug Formation**

(Importance  $\rightarrow$  enough to stop bleeding from small vascular damage.)



### Platelet Function: Begins With Platelet (Thrombocytes) Activation:

	Platelet adhesion	Shape change		Activation and Aggregation*	Re	elease reaction/Secretion	С	ot retraction*
0	Exposed collagen attracts platelets, Platelets stick to		0	Activated platelets stick together and activate new platelets to form a mass called a <b>platelet</b>	0	Activated platelets (activated by adhesion) extend projections (protrusions) to make contact with each other and release Serotonin ADP (activating	0	Myosin and actin filaments in platelets are stimulated to
	the sub endothelial layer) (Von WilleBrand Factor) released from the damaged	Resting platelets	0	Plug reinforced مثبّت by fibrin threads formed during clotting	0	other platelets) & thromboxane A2 (TXA2). Serotonin & TXA2 are		aggregation further reinforcing the plug and help release of
	endothelial cells in vessel wall or underlying damaged endothelial cells in		0	*Platelet aggregation: The clumping together		vasoconstrictors decreasing blood flow through the injured vessel.	0	granule contents. *Clot retraction: is
Re	vessel wall.		le	of platelets in the blood.	0	I. ADP & TXA2: increase the <b>stickiness</b> of platelets		the shrinking of a clot over a number of days.
	telet () () () () () () () () () () () () ()	Activated Platelets* Activated platelets	*	عشان يوقف الدم (ري السداده 	0	2. aggregation is increased. 3. cut vessel is plugged.		TRA 2 ROPT

### Activated Platelets (during shape change)

- When platelets are activated they secrete:
- I) **5HT** > causes vasoconstriction.
- 2) ADP (Adenosine Di-Phosphate) > stickiness
- 3) **Platelet phospholipid (PF3)** > clot formation.
- Thromboxane A2 (TXA2) > a prostaglandin formed from arachidonic acid, and it is inhibited by aspirin. (its function is vasoconstriction and platelet aggregation)



Further explanation of the process: platelets adhere to damaged endothelium to form a platelet plug (*primary hemostasis*) and then degranulate Platelets play one of the biggest roles in the hemostatic process. When platelets come across the injured endothelium cells, they change shape, release granules and ultimately become 'sticky'. Platelets express certain receptors, some of which are used for the adhesion of platelets. When platelets are activated, they express receptors that interact with other platelets, producing aggregation and adhesion. Platelets release cytoplasmic granules such as (ADP), serorotin and thromboxane A2. Adenosine diphosphate (ADP) attracts more platelets to the affected area, serotonin is a vasoconstrictor and thromboxane A2 assists in platelet aggregation, vasoconstriction and degranulation. More chemicals are released more platelets stick and release their chemicals; creating a platelet plug and continuing the process in a positive feedback loop. Platelets alone are responsible for stopping the bleeding of unnoticed wear and tear of our skin on a daily basis. This is referred to as primary hemostasis

يمنع تكون الجلطات

لمقدرته على جعل الدم في حالة سائلة

### Hemostatic Mechanism (cont.)

F

Х

Х

Х

3- Blood Coagulation: secondary hemostasis

- CLOT is a meshwork of fibrin fibers running in all directions entrapping blood cells, platelets and plasma.
- Blood clotting is the transformation of blood (soluble fibrinogen) from a liquid into a solid gel form (insoluble fibrin strands) this fibrin will strengthen the previous Platelet Plug.
- Clotting Cascade Pathways: Intrinsic
   and Extrinsic
- Begins to develop in

 $\texttt{I5-20 sec} \rightarrow \texttt{MAJOR/SEVERE TRAUMA}$ 

I-2 min  $\rightarrow$  MINOR TRAUMA

actors	Names					
(1)	Fibrinogen					
I (2)	Prothrombin	<b>Clotting Factors</b>				
II (3)	Thromboplastin	Circulate in plasma in				
V (4)	Calcium	*most of them				
(5)	Labile factor	synthesized by the liver				
II (7)	Stable factor					
'III (8)	Antihemophilic factor A					
X (9)	Antihemophilic factor B					
(10)	Stuart-Power factor					
(II)	Plasma thromboplastin antecedent					
	(PTA)					
(12)	Hagman factor					
(III (13)	Fibrin stablizing factors					
• •						

1 – T

5 – V

II

IV

III

VI

7 - VII

9 - IX

10- X

11 - XI

8 - VIII 13 - XIII

12 - XII

14 - XIV

15 - XV





### **TABLE 31–5** System for naming blood-clotting factors.

Factor <sup>a</sup>	Names			
1.	Fibrinogen			
П	Prothrombin			
ш	Thromboplastin			
IV	Calcium			
V	Proaccelerin, labile factor, accelerator globulin			
VII	Proconvertin, SPCA, stable factor			
VIII	Antihemophilic factor (AHF), antihemophilic factor A, antihemophilic globulin (AHG)			
IX	IX Plasma thromboplastic component (PTC), Christmas factor, antihemophilic factor B			
x	Stuart–Prower factor			
ХІ	Plasma thromboplastin antecedent (PTA), antihemophilic factor C			
XII	Hageman factor, glass factor			
XIII	Fibrin-stabilizing factor, Laki–Lorand factor			
HMW-K	W-K High-molecular-weight kininogen, Fitzgerald factor			
Pre-Ka	Prekallikrein, Fletcher factor			
Ka	Kallikrein			
PL	Platelet phospholipid			

<sup>a</sup>Factor VI is not a separate entity and has been dropped.

#### Found in the males' slides

### Blood coagulation (clot formation) mechanism (steps)

- A series of biochemical reactions leading to the formation of a blood clot
- I. Formation of Prothrombin activator complex (Xa+Ca+PF-3+V) by Extrinsic & Intrinsic Pathways → leading to Common Pathway.
- 2. This reaction leads to the activation of thrombin enzyme from inactive form prothrombin (Conversion of prothrombin (clotting factor II) into thrombin)
- Prothrombin (inactive thrombin) is activated by a long intrinsic or short extrinsic pathways
- 3. Thrombin will change fibrinogen (plasma protein) to fibrin (insoluble protein)

(Conversion of fibrinogen into fibrin)

• 4. Fibrin converts to stable fibrin polymer

1- ينتشط الـ -1 دoagulation system Intrinsic or short يتنشط عن طريق Prothrombin (inactive form) -2 الى ايش ؟ الى Thrombin (active form enzyme) Fibrogen (plasma protien+soluble in plasma) يخلي الـ الموجود بالدم يتحول الى Sibrin ( insoluble protein) Blood clot -4



Found in the males' slides

### Thrombin

### > Thrombin changes fibrinogen to fibrin

- <u>Activates</u> factor V (proaccelerin or labile factor) and XIII (fibrin stabilizing meshwork) —
- Thrombin is essential in <u>platelet morphological</u> <u>changes</u> to form primary plug.
- Thrombin <u>stimulates</u> platelets to release ADP
   & thromboxane A2; both stimulate further platelets aggregation.
- Explanation: As part of its activity in the coagulation cascade, thrombin also promotes platelet activation and aggregation via activation of receptors on the cell membrane of the



### **Critical Role of Thrombin**

Thrombin is the link between vascular injury, coagulation, and platelet activation



Coughlin SR. Nature. 2000;407:258-64; Monroe DM et al. ATVB 2002;22:1381-9.

### ACTION OF THROMBIN ON FIBRONOGEN TO FORM FIBRIN

#### ROLES OF THROMBIN IN HEMOSTASIS





### Platelet Haemostatic Plug Formation

Platelet plug formation  $\rightarrow$  primary blood coagulation  $\rightarrow$  secondary





### Intrinsic pathway

(intrinsic mechanism for initiating clotting)

- The **trigger** is the activation of factor XII (12) (Hagman factor). This occurs when blood comes in contact with foreign surface (different from normal) such as glass, injured blood vessel and exposed collagen or endothelium.
- ► Activated factor (XIIa) will activate XI (||)
- **Xla** will activate **IX** (9)
- **IXa** + VIII (8) + platelet phospholipid + Ca activate X
- Following this step the pathway is common for both

Trauma to the blood itself or exposure of the blood to collagen (from a traumatized blood vessel wall), foreign surface/glass

Note: In the blood coagulation pathway, **thrombin** acts to **convert** factor XI to Xia (activated form) and VIII to VIIIa,V to Va, fibrinogen to fibrin, and XIIIt o XIIIa.



#### Colours are for your understanding ONLY. $\bigcirc$

### Extrinsic pathway

- Triggered by material released from damaged tissues (tissue thromboplastin)
- tissue thromboplastin + VII (7) + Ca → activate X
   Common pathway
- Xa + V + PF3 + Ca (prothrombin activator) it is a

proteolytic enzyme\* **activate** prothrombin to change into **thrombin**.

#### Xa: main factor.V: enhances its activity.

- Thrombin act on fibrinogen and changes it into insoluble thread like fibrin
- Factor XIII (13) (fibrin stabilizing factor) + Ca → strong fibrin (strong clot)
- TF or tissue thromboplastin\*\* includes phospholipids from the membranes of the tissue plus a lipoprotein complex that functions mainly as a proteolytic enzyme

. \*noun: protease: enzymes that breaks down protein. (Protein here is thromboplastin it broken down.

\*\*Thromboplastin is a plasma protein catalyzes conversion of prothrombin to thrombin



Colours are for your understanding ONLY.  $\textcircled{\odot}$ 



#### The three pathways that makeup the classical blood coagulation pathway





### Hemostatic mechanism (cont.)

 4- Fibrinolytic system (Fibrinolysis)

Formed blood clot can either become **fibrous** or **dissolve** 

 Fibrinolysis (dissolving) =
 Break down of fibrin by naturally occurring enzyme
 plasmin therefore prevent
 intravascular blocking.

• There is balance between clotting and fibrinolysis

#### **Examples of imbalance** $\otimes$

– Excess clotting  $\rightarrow$  blocking of Blood Vessels

– Excess fibrinolysis  $\rightarrow$  tendency for bleeding



### Plasmin

- **Plasmin** is present in the blood in inactive form **plasminogen**
- Plasmin is activated by tissue plasminogen activators (t-PA) in blood.
- Plasmin digest intra & extra vascular deposit of Fibrin → fibrin degradation products (FDP)\*
- Unwanted ext{B} effect of plasmin is the digestion of clotting factors
- Plasmin is controlled by:
  - Plasminogen-Activator Inhibitor (PAI) Anti-plasmin from the liver. (inhibits the activation of plasminogen)
- Tissue Plasminogen Activator (t-PA) used to <u>activate</u> plasminogen to dissolve coronary and cerebral clots (activates the activation of plasminogen)
- \*As a cut heals, the clotting slows down. Eventually the clot is broken down and dissolved by plasmin. When the clot and fibrin net dissolve, fragments of protein are released into the body. These fragments are fibrin degradation products or FDPs.







## Bleeding disorders (coagulation defects)

### Excessive bleeding can result from:

• Platelet defects:

deficiency in number (thrombocytopenia) or defect in function.

- **Coagulation factors defect:** Deficiency in coagulation factors (e.g. hemophilia).
- Thrombocytopenia
- Low number of platelets
- Vitamin K deficiency.



- Hemophilia: (To be discussed later –slide#31)
- Vitamin K deficiency
  Prothrombin, Factor VII, Factor IX,
  & Factor X require vitamin K for their synthesis.

### Hepatic (Liver) Disease

(Almost all coagulation factors are synthesized in the liver.)

- e.g. Hepatitis, Cirrhosis
- Decreased formation of clotting factors
- Increased clotting time

Coagulation

inhibition

#### **CLOT RETRACTION.**

When clot retracts (contracts), it expresses most of the fluid (serum) out from the clot within 20-60 min.

Serum cannot clot.

Role of platelets in clot formation & retraction: they are **contractile** (capable of or producing contraction.)

Vitamin K: helps blood clotting by combining with oxygen to activate clotting cascade.

#### **ROLE OF CALCIUM IONS IN CLOTTING**

No Ca++  $\rightarrow$  No Clotting (Needed in many steps)

#### Blood samples are prevented from clotting by:

Citrate ions  $\rightarrow$  Deionization of Ca++ Oxalate ions  $\rightarrow$  Precipitate (creation of a solid from solution) of the Ca++

Heparin molecule: is not active by itself but increases the effect of **antithrombin** 100–1000-fold, with the **added effect** of removing activated factors XII, XI, X and IX. (Inhibition of thrombin)

Warfarin (anticoagulant): decrease production of Factors VII, IX and X by liver. (vitamin K-dependent factors) -> Vitamin K antagonist. EDTA  $\rightarrow$  chelates (binds) calcium ions

### NATURAL INTRAVASCULAR ANTICOAGULANTS

- I. Endothelial Surface Factors
- The smoothness of endothelial cell surface. (which prevents contact activation of the intrinsic clotting system)
- Glycocalyx Layers (which repels clotting factors and platelets)
- Thrombomodulin protein:
- binds to thrombin
- thrombomodulin-thrombin complex activates a plasma protein, protein C, that acts as an anticoagulant by inactivating Factors V and VIII
- Increases the formation of plasmin
- 2.Anti-thrombin action of <u>Fibrin</u> and Antithrombin III
- 85-90 % Thrombin binds with Fibrin
- I0-15 % Thrombin binds with Antithrombin III
- Antithrombin III is a circulating protease blocking clot factors (It blocks your blood clotting mechanism by turning off the major clotting protein "thrombin.")

### 3. Heparin

is a highly negatively (-) charged conjugated polysaccharide Function: as anticoagulant by increasing the effectiveness of Antithrombin III.

Produced by:I. Mast cells2. Basophil cellsMost widely used anticoagulantclinically e.g. in stroke

#### 4. Alpha2 – Macrogobulin

Acts as a binding agent for several coagulation factors.

### Role of Thrombin in Hemostasis



### THROMBOCYTOPENIA

#### Diagnosis:

Disorder in which there is a decrease of platelets (PLT or thrombocytes.)

- Platelet count up to 50,000 ul→ thrombocytopenia that requires emergency care.
- Bleeding time increases.
- Less than 10,000  $\rightarrow$  Fatal.

#### **ETIOLOGY**:

Decreased production of platelets due to:

- Aplastic anemia
- Leukemia
- Drugs
- Infections (HIV, Measles)

#### Increased destruction due to:

ITP (immune thrombocytopenia purpura) Drugs Infections

### **Clinical Features**

- Easy brusability
- Epistaxis
- Gum bleeding
- Hemorrhage after minor trauma
- Petechiae/Ecchumosis

#### Rx

- Rx of the underlying cause
- PLT concentrates
- Fresh whole blood transfusion
- Splenectomy





### Hemophilia

### (Rare bleeding disorder in which the blood does not clot normally)

- $\uparrow$  bleeding tendency.
- Genetic disorders X-linked disorder.
- Transmitted by female chromosome as recessive trait.
- Occurs exclusively (affects) in males
- Females are carriers

### **Clinical features:**

Easy bruising, massive bleeding after trauma or operation, hemorrhages in joints.

-Rx <u>Hemophilia A: (Classic)</u> 85% of cases Deficiency (and therefore we inject) of factor VIII (hemophilia A, 1/10,000)

### Hemophilia B:

15% of cases Deficiency (and therefore injection) of factor IX

32 (hemophilia B, 1/100,000)

Summary of reactions involved in hemostasis.







# Hemostasis Mechanism





### https://www.onlinequizcreator.com/hemostasis/quiz-221751

# Thank you!

اعمل لترسم بسمة، اعمل لتمسح دمعة، اعمل و أنت تعلم أن الله لا يضيع أجر من أحسن عملا.

### **The Physiology 436 Team:**

I ina Alwakeel Rana Barasain Heba Alnasser Munira Aldofayan Sara Alshamrani Sundus Alhawamda Ruba Ali **Rehab Alanazi** Norah Alshabib Nouf Alaqeeli Buthaina Almajed Alaa Alaqeel

Fahad Al Fayez Ibrahim Al Deeri Hassan Al Shammari Abdullah Al Otaibi Abdullah Al Subhi Ali Al Subaei **Omar Al Babteen** Foad Fathi **Faisal AI Fawaz** Muhammad Al Aayed Muhammad Al Mutlag Nasser Abu Dujeen Waleed Al Asqah

#### **Team Leaders:**

Qaiss Almuhaideb Lulwah Alshiha

### Contact us: <u>Physiology436@gmail.com</u> @Physiology436