

Anatomy of the Heart

Editing file

Cardiovascular block-Anatomy-Lecture 1







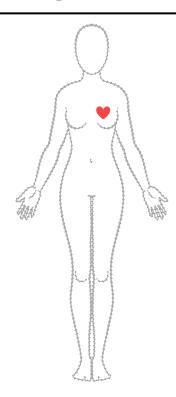
Objectives

Color guide:

Only in boys slides in Green Only in girls slides in Purple important in Red

Notes in Grey

- → At the end of the lecture, the student should be able to:
- Describe the shape of heart regarding: apex, base, sternocostal and diaphragmatic surfaces.
- Describe the interior of heart chambers: right atrium, right ventricle, left atrium and left ventricle.
- List the orifices of the heart:
- 1. Right atrioventricular (Tricuspid) orifice.
- 2. Pulmonary orifice.
- 3. Left atrioventricular (Mitral) orifice.
- 4. Aortic orifice.
- 5. Describe the innervation of the heart
- 6. Briefly describe the conduction system of the Heart



The Heart

- It lies in the middle mediastinum.
- It is surrounded by a fibroserous sac called **pericardium** which is differentiated into
 - 1. Outer fibrous layer (Fibrous pericardium)
 - 2. Inner serous sac (Serous pericardium).

Subdivided into: parietal layer and visceral layer

The Heart is somewhat pyramidal in shape, having:

→ External features:

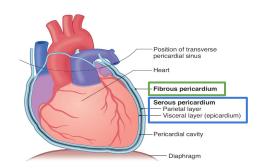
- Apex
- 2. Sterno-costal (anterior surface)
- Base (posterior surface).
- 4. Diaphragmatic (inferior surface)

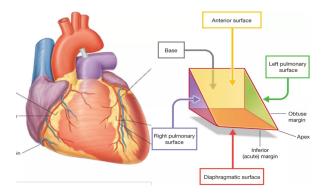
Borders:

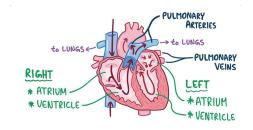
- ☐ **Upper border:** Is formed by the 2 atria. & It is concealed by ascending aorta & pulmonary trunk.
- ☐ **Right border:** Is formed by right atrium
- **Lower border:** Is formed mainly by right ventricle + apical part of left ventricle.
- ☐ **Left border:** Is formed mainly by left ventricle + auricle of left atrium.

→ Internal features:

Its divided by vertical septa into 4 chambers 2 atria (right & left) & 2 ventricles (right & left) the right atrium lies <u>anterior</u> to the left atrium, and the right ventricle lies anterior to the left ventricle.



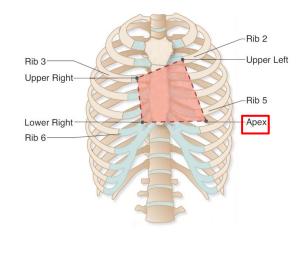




External features of the heart:

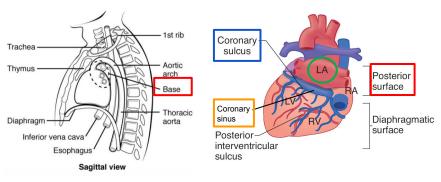
Apex

- Directed downwards, forwards and to the left.
- It is formed by the left ventricle.
- Lies at the level of left 5th intercostal space 3.5 inch from midline.



Base (posterior surface).

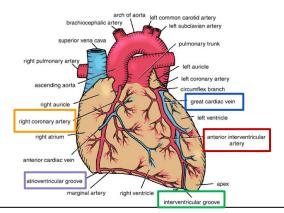
- It is directed backwards.
- It is formed by the 2 atria, mainly left atrium, into which open the 4 pulmonary veins.
- Lies opposite <u>middle thoracic vertebrae (5-7)</u>
- Is separated from the vertebral column by descending aorta, esophagus and oblique sinus of pericardium
- Bounded inferiorly by post part of coronary sulcus which lodges the coronary sinus
- Note: the base lies opposite the apex. The heart does not rest on its base; it rests on its (Diaphragmatic surface)



External features of the heart:

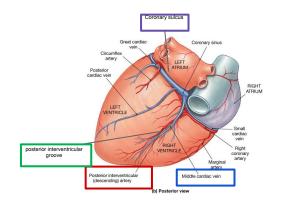
Sterno-costal (anterior surface)

- This surface is formed mainly by the right atrium and ventricle
- Divided by coronary (atrioventricular) groove into:
- 1. Atrial part, formed mainly by right atrium.
- 2. **Ventricular part**, 2/3 is formed by right ventricle, 1/3 is formed by left ventricle.
- → The coronary groove lodges the right coronary artery.
- The 2 ventricles are separated by anterior interventricular groove which lodges:
- 1. Anterior interventricular artery (branch of left coronary).
- 2. Great cardiac vein.



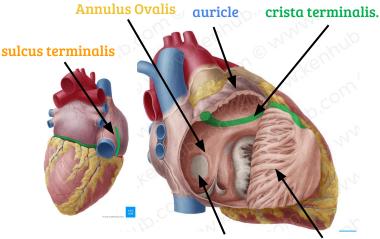
Diaphragmatic (inferior surface)

- Formed by the 2-ventricles, mainly left ventricle(2/3).
- Slightly concave as it rests on diaphragm.
- Directed inferiorly & backward.
- Separated from base of heart by posterior part of coronary sulcus (groove)
- The 2-ventricles are separated by posterior interventricular groove which lodges:
- 1. Posterior interventricular artery
- 2. Middle cardiac vein

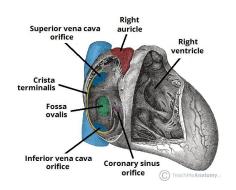


Internal features of the heart: Right atrium:

- Consists of a main cavity and a small outpouching, the auricle.
- The junction between the atrium and the auricle called:
 - ☐ From outside is a vertical groove, the sulcus terminalis
 - ☐ From inside forms a ridge, the crista terminalis.
- → Crista terminalis divides right atrium into:
 - Anterior part: rough and trabeculated by bundles of muscle fibres (musculi pectinati).
 - 2. **Posterior part:** (sinus venarum) is smooth.
- In Posterior part The interatrial septum carries an oval depression called Fossa ovalis The margin of this depression is called Annulus Ovalis
- Openings in right atrium:
 - 1. **SVC** --- has no valve
 - 2. **IVC** --- guarded by a valve
 - 3. **Coronary sinus**: has a well-defined valve
 - 4. **Right atrioventricular orifice:** lies anterior to IVC opening --- tricuspid valve
 - 5. **Small orifices** of small veins
- The blood leaves right atrium to right ventricle via **tricuspid valve**.

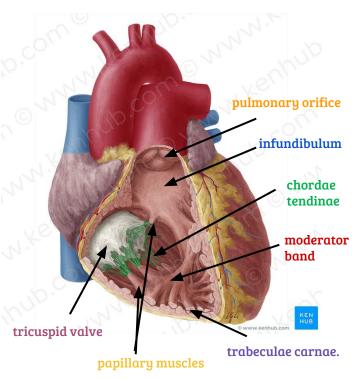


Fossa ovalis musculi pectinati



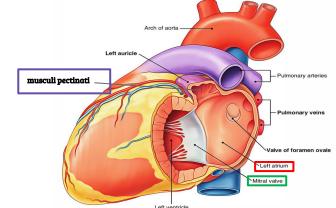
Internal features of the heart: Right ventricle:

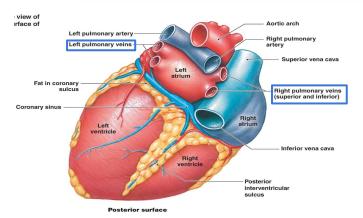
- The right ventricle communicates:
 - 1. with the right atrium through the atrioventricular orifice
 - 2. with the pulmonary trunk through the pulmonary orifice
- → As the cavity approaches the pulmonary orifice it becomes funnel shaped, at which point it is referred to as the infundibulum its smooth and contains no trabeculae.
- Its wall is <u>thinner</u> than that of left ventricle
- Its wall contains projections called trabeculae carnae.
- Large projections arise from the walls called papillary muscles
 - 1. **Anterior** papillary muscle
 - 2. **Posterior** papillary muscle
 - 3. Septal Papillary muscle
- → Each papillary muscle is attached to the cusps of tricuspid valve by tendinous threads called chordae tendineae.
- Interventricular Septum Is connected to anterior papillary muscle by a muscular band called moderator band
- Blood leaves the right ventricle to pulmonary trunk through pulmonary orifice.



Internal features of the heart: Left atrium:

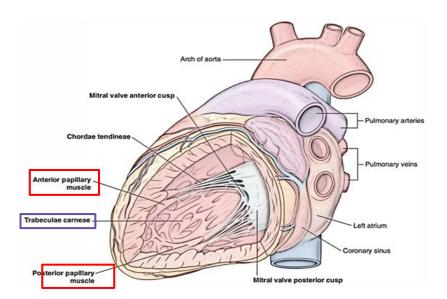
- The left atrium communicates:
- with the left ventricle through the atrioventricular orifice
- It forms the greater part of <u>base of heart</u>.
- Its wall is smooth <u>except</u> for small musculi pectinati in the left auricle.
- Receives <u>4</u> pulmonary veins which have no valves.
- Sends blood to left ventricle through the left atrioventricular orifice which is guarded by mitral (bicuspid) valve.

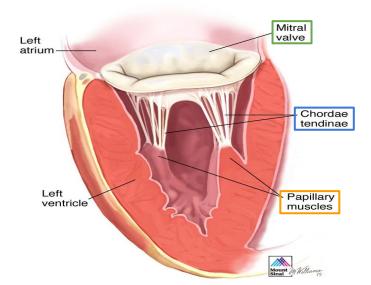




Internal features of the heart: Left ventricle:

- Its wall is thicker than that of right ventricle.
- Its wall contains trabeculae carneae.
- Its wall contains 2 large papillary muscles (anterior & posterior). They are attached by chordae tendineae to cusps of Mitral (bicuspid) valve.
- The blood leaves the left ventricle towards the ascending aorta through the aortic orifice.
- The part of left ventricle leading to the ascending aorta is called aortic vestibule. The wall of this part is fibrous and smooth.





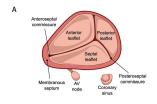
Internal features of the heart: Semilunar orifices:

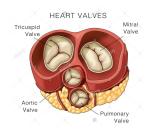
Pulmonary Orifice **A**ortic Orifice It is surrounded by a fibrous ring which gives It is surrounded by a fibrous ring which gives attachment to the cusps of pulmonary valve. attachment to the cusps of aortic valve. The valve is formed of 3 semilunar cusps: Aortic valve is formed of 3 semilunar cusps: 2 Anterior **1** Anterior 2 Posterior **1 Posterior** They are concave superiorly and convex inferiorly. They are concave superiorly and convex inferiorly. No chordae tendineae or papillary muscles are No chordae tendineae or papillary muscles are attached to these cusps attached to these cusps HEART - LOOKING DOWN ON SUPERIOR SURFACE HEART - LOOKING DOWN Right nulmonary veins

Internal features of the heart: Atrioventricular orifices

Right AV (Tricuspid) Orifice

- 1. one inch **wide**, admitting tips of 3 fingers.
- 2. Guarded by a Tricuspid valve
- 3. Surrounded by a fibrous ring which gives attachment to the cusps of tricuspid valve.
- 4. It has 3 cusps:
 - -Anterior
 - -Posterior
 - -Septal (medial)
- 5. The atrial surface of the cusps are <u>smooth</u>, while their ventricular surfaces give attachment to the chordae tendineae.

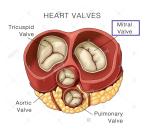




Left AV (Mitral) Orifice

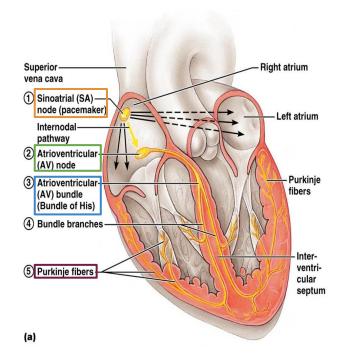
- 1. **Smaller**, admitting only tips of 2 fingers.
- 2. Guarded by a mitral valve
- 3. Surrounded by a fibrous ring which gives attachment to the cusps of mitral valve.
- 4. It has 2 cusps:
 - -Anterior: lies anteriorly and to right.
 - -Posterior: lies posteriorly and to left.
- 5. The atrial surfaces of the cusps are smooth, while ventricular surfaces give attachment to chordae tendineae.





Nerve supply and conduction system:

- The heart is supplied by sympathetic & parasympathetic fibers via the cardiac plexus situated below arch of aorta.
- ☐ The **sympathetic** fibres arise from the <u>cervical</u> & <u>upper thoracic</u> <u>ganglia</u> of sympathetic trunks.→accelerate heart rate
- The parasympathetic fibres arise from the vagus nerves. \rightarrow (constriction of coronary arteries) \rightarrow slow heart rate
- Postganglionic fibres reach heart along SAN, AVN & nerve plexus around coronary arteries.
- The beating of the heart is regulated by the intrinsic conduction (nodal) system
- Its function is to ensure that the chambers of the heart contract in the proper rhythm and sequence:
- 1. Sinoatrial (SA) node (pacemaker) located in the right atrium it generates the impulse
- 2. **Atrioventricular (AV) node** is located at the junction of the atria and the ventricles
- 3. Atrioventricular (AV) bundle (bundle of His) is located in the interventricular septum
- 4. **Purkinje fibers** are located inside the walls of the ventricles.



MCQs

Question 1: Blood reaches the right ventricle from the right atrium through the?	Question 5: apex of the heart Lies at the level of ?
A. Mitral valve	A. space between 5th rib and 6th rib
B.Tricuspid valve	B. space between 4th rib and 5th rib
C. Semilunar valve	C. 6th intercostal space
D. Aortic Valve	D. 5th rib
Question 2:The diaphragmatic surface is mainly formed by ?	Question 6: the Right AV Orifice has ?
A left ventricle	A. 3 cusps: Anterior, Posterior , inferior
B. right ventricle	B. 2 cusps: Anterior ,Septal
C. left atrium	C. 3 cusps: Anterior,Posterior ,Septal
D. right atrium	D. 2 cusps: Anterior,Posterior
Question 3: crista terminalis appear in	Question 7: The heart rests on its?
A. Right atrium	A.base
B. Right ventricle	B. diaphragmatic surface
C. left atrium	C. posterior surface
D. left ventricle	D.both A & B
Question 4: Annulusovalis is ?	Question 8: anterior interventricular groove which lodges by:
A.fibrous ring which gives attachment to the cusps	A .Anterior interatrial artery
B. The margin of Fossa ovalis	B. Anterior interventricular vein
C. muscular band connected to anterior papillary muscle	C. Great cardiac vein.
D. smooth part below pulmonary orifice	D.Middle cardiac vein

Team members

Boys team:

- Faisal Alqifari
- ★ 🏻 Salman Alagla
- Ziyad Al-jofan
- Ali Aldawood
- Khalid Nagshabandi
- Omar Alammari

Team leaders

- ★ Abdulro
- Abdulrahman Shadid
 - Ateen Almutairi

Girls team:

- Ajeed Al Rashoud
- Taif Alotaibi
- Noura Al Turki
- Amirah Al-Zahrani
- Alhanouf Al-haluli
- Sara Al-Abdulkarem
- Rawan Al Zayed
- Renad Al Hagbani
- Nouf Al Humaidhi
- Jude Al Khalifah
- Nouf Al Hussaini
- Alwateen Al Balawi
- Rahaf Al Shabri
- Danah Al Halees
- Rema Al Mutawa
- Amirah Al Dakhilallah
- Maha Al Nahdi
- Ghaida Al Braithen

THANKS!



Contact us:



