



\$1.50

Monday, November 13, 2023



Four from Gators swim team will compete at State. See page 1B.

Tank, Ankeny are MVP of cross-county teams. See page 1B.



NEWS Briefs

MAHS band concert scheduled for Nov. 14

Minnewaska Area Schools will hold its first concert of the year on Tuesday, Nov. 14, at 7 p.m. as the Concert and Varsity Bands take the stage at MAS Auditorium.

Senior Citizens Coffee with a Cop meets on Nov. 14

Senior citizens are invited to join law enforcement and the Pope County TRIAD team for coffee and treats on Tuesday, Nov. 14, at 2 p.m. at the Villard Community Center in Villard. This is time to have conversations about current scams and other safety issues for the aging community. For questions call Diane, Pope County Senior Coordinator, 320-424-0018.

Christmas Care Turkey Bingo this Sunday, Nov. 19

Turkey Bingo, a fundraiser for Christmas Care, will be held at the Starbuck VFW on Sunday, Nov. 19. Family friendly. Doors open at 3 p.m.

Christmas Care, a program of the Starbuck VFW, Auxiliary and the Starbuck Fire Department Auxiliary, gives to Western Pope County families in need at Christmas time. Financial donations can be mailed to the Starbuck Fire Department Auxiliary, PO Box 621, Starbuck, MN 56381 c/o Christmas Care. Donations of gifts can be dropped off at the Starbuck VFW from 3-8 p.m. Monday through Saturday. The Christmas Care event will be held on Dec. 16.

CDS Outreach Clinic back at Starbuck Community Center

The Children's Dental Services (CDS) Outreach Clinic will be at the Starbuck Community Center, 25 Main St, Starbuck (enter through the front door), to provide dental care for birth - 100+ years. Outreach Clinic dates: Wednesday, Nov. 15, and Wednesday, Dec. 20. Appointments must be made in advance by calling 1-866-543-6009 or 1-612-746-1530 8:30 a.m. - 4 p.m. Monday through Friday.

Lefse for sale at Blair's Pub & Grub in Starbuck

With the holiday season, comes lefse for sale at Blair's Pub & Grub in Starbuck. All proceeds support the Starbuck Depot.

Obituaries

Sunny G. Bartos
69, Glenwood
William "Bill" E. Meek
72, Starbuck

Office Hours
Monday-Thursday:
9 a.m. - 5 p.m.
Friday: Closed



HONORING VETERANS



MAS hosts 18th annual Veterans Day program

Local veterans took their seats at the 18th annual Veterans Day Program hosted by Minnewaska Area Schools last Friday. The event featured music by members of the MAHS band and choir and Major Janelle Johnson, right, was the featured speaker. For more photos, see Page 12B. Below, historic Pope County Courthouse was illuminated in green last week as part of Operation Green Light for Veterans, a nationwide effort by counties, the National Association of Counties and the National Association of County Veterans Service Officers. The Courthouse was illuminated green to show support for veterans and raise awareness around the resources available at the county, state and federal levels to assist veterans and their families.



Photo contributed by Pope County Commissioner Gordy Wagner

Voters 'vote twice' to renew, increase technology levy

Voters show strong support; about 70% vote 'yes' on both MAS questions

By Tim Douglass
tdouglass@pctribune.com

Minnewaska Area School District voters strongly supported both renewing and increasing the technology levy that was on the ballot November 7.

The first question, which asked voters to renew the tech levy that was first passed in 2014, passed easily with 77.48 percent voting "yes." The unofficial totals were 1,008 yes votes to 293 no votes.

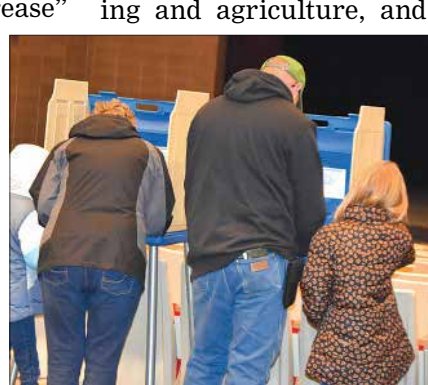
In the second question, which asked school district voters to "increase" the technology levy also passed easily with 69.40 percent voting "yes." The unofficial voting on that question revealed 905 voting yes and 399 voting no.

As the dedicated source of funding for MAS technology solutions for the next decade, the tech levy represented a critical investment for MAS students and staff, according to the School District. With voters renewing the tech levy, it means the school district will continue to provide MAS with \$350,000 annually over the next 10 years. Because voters voted to renew and increase the levy, the voters approved providing the renewal amount plus an additional \$500,000 annually over the next 10 years. This level of

funding would enable the district to purchase, upgrade and support a wide range of technology over the next decade/

"On behalf of the students, teachers, and staff at MAS, thank you for your support in passing the recent tech levy initiative, Minnewaska Area School Superintendent Chip Rankin stated in a message the day after the vote. "The overwhelming support demonstrated by our community ensures that MAS students will continue to have access to the necessary tools for success in an increasingly digital world over the next 10 years," Rankin said.

"With the funds from the tech levy, MAS students will benefit from updated technology in classrooms, new career-readiness initiatives in areas like manufacturing and agriculture, and



MAS residents showed up to support both questions on the ballot at Minnewaska Area Schools.

so many more valuable opportunities to connect, learn, grow, and prepare for the future than ever before," Rankin added.

With the additional funding MAS students will benefit from a wide variety of upgraded and new technology over the next 10 years. Some examples include student subscrip-

See Tech levy Page 2A

Kettle Kickoff is Friday at Tom's Market in Glenwood

Red Kettle season is almost here as the Salvation Army of Pope and Douglas Counties gets ready to launch one of their biggest fundraisers.

The Salvation Army will be hosting a "Kettle Kickoff" on Friday, Nov. 17 at Tom's Market in Glenwood from 5 p.m. to 7 p.m.

The event kicks off the Red Kettle Campaign in this area. Donna Ortendahl, Salvation Army Central MN Field Representative, said last week that the holiday season is a crucial time of the year for the organization with



much of their fundraising coming in the next six weeks, and the money raised helps people right here in Pope County.

The Kettle Kickoff will feature the first bell

ringers of the season with local law enforcement officers from Glenwood and Pope County will be among the first to be ringing the bell for the campaign. Other lo-

cal officials will also be ringing for the cause, including Glenwood Mayor Sherri Kazda. Hot chocolate, coffee and cookies will also be served at the Kettle Kickoff event. The Glenwood Fire Department will be providing a fire truck at the event on Friday.

Ortendahl said donations in the Red Kettle stay local - directly impacting the lives of area residents by helping them in their time of need.

"Most people know The Salvation Army for our Red Kettles, our Angel Trees, and our strong

presence during the holiday season, but we support local families all throughout the year," she added.

The donations collected during the holiday season not only help provide gifts to children who would otherwise go without, but they also help provide food, shelter, and utility assistance to those who need it most every day of the year.

To volunteer to be a local bell ringer during the holidays, sign up at the kickoff event or visit the website: registertor-ing.com.

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FIND NEW ROADS™

Business features unique, customized flower designs New floral experience opens in Glenwood

By Melanie Stegner
news@pctrubune.com

A new floral experience has made its home in Glenwood. The Flower Co., located at 14 6th Avenue Northwest, opened their doors to the public earlier this month. The store offers much more than flowers and plants.

Jana Zenner, owner of The Flower Co., brings nearly 15 years of experience in the floral industry to the area. She has owned the flower shop in Brooten since 2009 and decided that it was time to grow her business. "Glenwood is such an active community, we're excited to be part of it," Zenner stated.

"Flowers make people happy! I try to create designs that are unique. Be comfy, come in, express your flair. I'm excited to collaborate with customers to create what they envision," added Zenner. "Whether you prefer a look that is classic and traditional, modern and trendy, soft and romantic or unusual and offbeat, at The Flower Co., we customize designs with you in mind!"

Not only are customers walking through the door welcomed by the scents of blooming flowers, plant life, scented candles and coffee, but also with a cheerful smile. "I do my best to deliver courteous, professional service and high-quality items to my customers. I offer daily delivery service to local hospitals and funeral homes."

With plans to bring in more products, growth is a big part of Zenner's vision. She works with her customers on bouquets, wedding décor, funerals and memorial services, graduations and any other event that can be imagined. The Flower Co also has tables and chairs available for rent.

Zenner teaches classes on floral arranging which are usually held at Rolling Forks Vineyards. She has done classes on centerpiece building and holiday porch pots. She creates cemetery wreaths for loved ones who want to have flowers placed at the graves of their family members and friends. She participates in caring rose week and will be open for Small Business Saturday in Glenwood. "I just want to bring new designs, looks and concepts to my customers and be a part of their special events," she said. "We're open to suggestions from the community to fulfill



Jana Zenner opened a new floral shop in Glenwood recently. She also offers daily delivery services to the local hospitals and funeral homes, she said.

needs as well. I really want to be involved in the community."

Currently, the store is filled with plants, flowers and several holiday items. For more information, check out the website www.the-flowerco.net or call (320)334-4377.

"Don't be afraid to stop in either! I think one of the biggest parts of any design business is customer service. I want to create an experience for my customers that they will never forget," added Zenner.

Signal crayfish confirmed in Douglas County lake

The Minnesota Department of Natural Resources (DNR) has confirmed the presence of signal crayfish, an invasive non-native species, in Lake Winona, adjacent to Alexandria in Douglas County. This is the first confirmation of signal crayfish in Minnesota waters.

A commercial harvester contacted the DNR after trapping two signal crayfish in Lake Winona. Since the first catch, the harvester has found eight additional signal crayfish in Lake Winona. The DNR followed up with trapping in Lake Winona and in two adjacent connected lakes but did not capture additional signal crayfish.

One female was among the 10 adult signal crayfish captured and removed from Lake Winona. At this time, there is no evidence of reproduction; no eggs or juveniles have been found.

Signal crayfish are larger and more aggressive than Minnesota crayfish and the invasive rusty crayfish. They eat aquatic plants, detritus, fish eggs, smaller crayfish species and other beneficial native invertebrates. Signal crayfish might outcompete native species for food and habitat. Signal crayfish can spread between connected waterways or be transported by people. They can also crawl over land at night and during wet weather.

"Importing live, non-native crayfish to Minnesota is illegal without a permit," DNR Aquatic Invertebrate Biologist Don Eaton said. "Regardless of species, it is illegal to release non-native plants or animals into the environment. We deeply appreciate that people harvesting crayfish are keeping a close watch on their catch and that, in this case, the harvester quickly reported this unusual-looking crayfish to the DNR."

Signal crayfish are bluish-brown to reddish-brown in color, with large, smooth claws and a smooth carapace – the protective covering over their head and mid-section. They have a white or pale blue-green patch near their claw hinge, which looks like a signal flag.

People who think they might have observed signal crayfish or other invasive species should note the exact location, take photos, keep the specimen, and submit their observations to EDDMapS or their local invasive species specialist. To help confirm sightings of signal crayfish, photos of the blue-green patches on claws, the bright red coloring on the underside of the claws and full-body views from above and below are ideal. Placing the crayfish next to a ruler or other size reference is also helpful.

Tech levy ...from page 1A

tions to learning and curriculum platforms, devices for at-home and remote learning, 3D pens, precision manufacturing tools, STEAM learning resources, precision agriculture and drone technology, and more, according to the school district.

"In today's world, technology is an integral part of education," said Rankin. "The tech levy ensures that children will have access to the necessary tools without families having to bear the full financial burden."

The 2014 tech levy that was just renewed made a significant impact on MAS, supporting the expansion and update of student computing devices, the implementation of smart TV systems in classrooms, the upgrade of the point-of-sale system for Food & Nutrition Services, the modernization of instructional presentation systems.

Glacial Ridge Ambulance

17th Annual
HOLIDAY TOY DRIVE



Donate a new, unwrapped toy, teenage item, or monetary donation to be spent locally while fulfilling their wish lists.

Gifts are distributed through Pope County Family Collaborative and the BBE Schools.

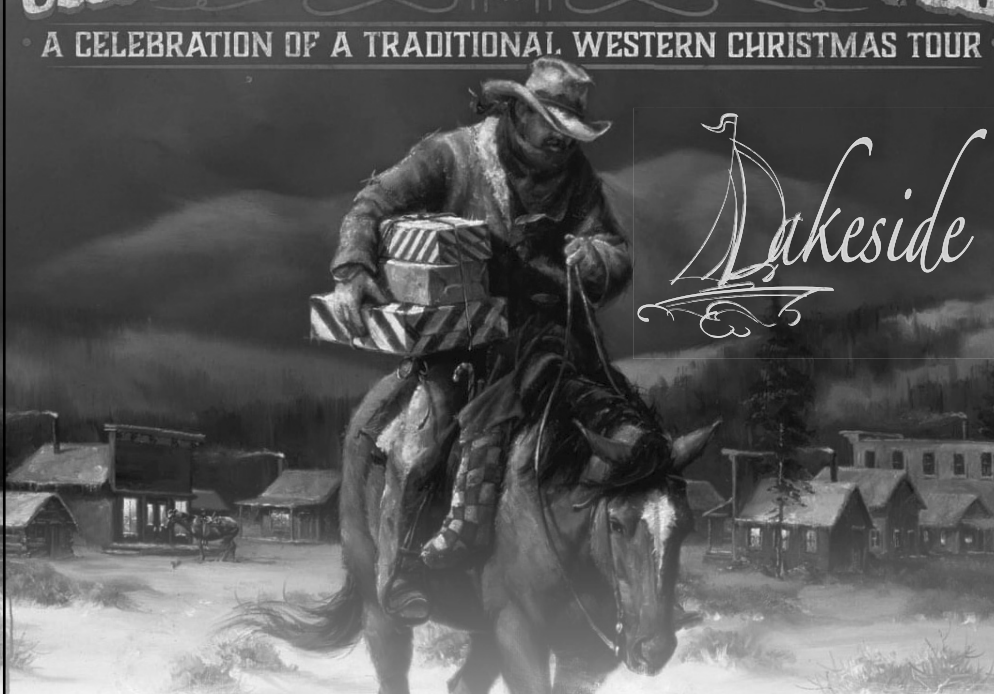
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Recycling picked up in Glenwood:
WEEK OF NOV. 20TH

Recycling picked up in Starbuck:
NOV. 17TH

Tax-forfeited properties to be sold on Dec. 6

By Melanie Stegner
news@pctribune.com

A resolution supporting Operation Green Light was passed at last week's county board meeting. Operation Green Light for Veterans is an initiative created as a way for counties to recognize the great respect, admiration and utmost gratitude "for all who have selflessly served the country and our community in the armed forces." Because of Operation Green Light, the courthouse was illuminated by green lights.

Five tax-forfeited properties will be coming up for sale on December 6 at 9 a.m. Two of the properties are in Glenwood Township and both contain a drainage easement. Two of the properties are in Cyrus and one property is in Starbuck. Minimum prices were set up for the properties whose assessed values vary from \$600-14,300. Minimums were set from \$100-7,500.

Over the last year, Starbuck Telephone/Hanson Communications have been working to provide broadband services throughout the county. As of recently, two-thirds of the county has broadband services. According to Dalen Hanson the project is set to be completed by the end of next year.

A request for appropriation and authorization to execute the final phase of the broadband DEED grant to support the completion of the project was presented and passed unanimously. "Starbuck Telephone and Hanson's have been a great asset to us," stated Commissioner Larry Lin-

dor. The grant contract for the Emergency Management department for the county was approved. An amount of \$21,882 was granted from the Minnesota Department of Public Safety Homeland Security and Emergency Management Division. According to Sheriff Tim Riley, this is a grant that the county receives yearly.

Changes are coming to the highway department in this month's report. Mike McMahon has been serving as the Maintenance Supervisor of the highway department for 12 years out of his 32-year career with the county. "I want to publicly thank Mike for his service as he retires in December," stated Brian Giese, County Engineer. McMahon's replacement will be Dave Orłowski who has been serving as the County Drainage Inspector. He will continue to serve in this role and absorb some of the maintenance plan development and contract administration. This creates an opportunity to restructure the department to add a Deputy Maintenance Supervisor position to work as a team to oversee the road and bridge maintenance activities.

Rolling Forks Vineyards was granted an on-sale 3.2 beer license and on-sale wine with strong beer licenses.

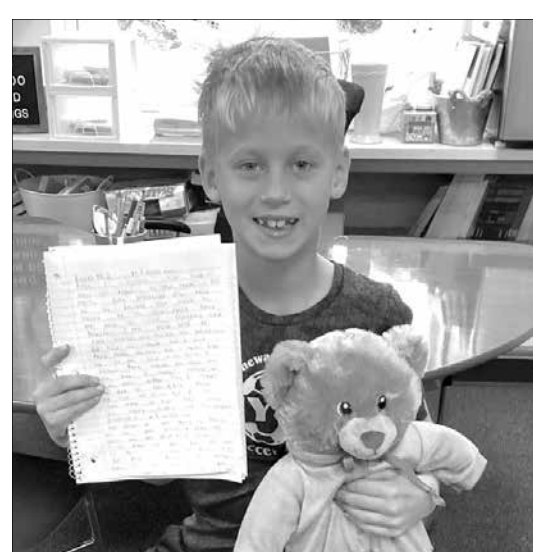
After a review of the bills and monthly financials, the meeting was adjourned. The next meeting will take place as a work session on Tuesday, November 14 in the third-floor meeting room.



'Buddy Bear' helps inspire student writing

The MAES librarian Ms. Deidre was able to get "Buddy Bears" donated for each elementary classroom. At the beginning of November, Ms. Schlosser's 2nd grade class started a "Buddy Bear" writing project.

Each Friday, a student will be chosen to take home Dino who is their classroom Buddy Bear. The student's job is to write two journal entries of their adventures with Dino. The events can be big or small, but the main purpose is for students to have a writing opportunity outside of school. The students can practice writing mechanics while being creative. The following Monday, the students get to share their writing with their peers.



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Remember loved ones and support Hospice program

My family lost my Dad to cancer just over a decade ago. He was a recipient of Hospice services at the end of his life and our family was grateful for Hospice and will always remember the loving dedication of Hospice workers and volunteers in the program.

We aren't alone. Many have lost love ones and have used Hospice services.

Again this year, loved ones who have passed away are remembered at the Glacial Ridge Hospice Tree of Life ceremony. The Tree of Life Ceremony will be held Thursday, November 16, at 6:30 p.m. at the Hoplin-Hitchcock Funeral Home in Glenwood.

The Tree of Life has roots in the community, reaching back almost 30 years. The event offers a time and place to honor and remember loved ones. The ceremony evolved from two Glacial Ridge Hospice ceremonies; one was the Remembrance Tree - a large, lighted Christmas tree in front of Glacial Ridge Hospital. Those remembered, with a \$5 donation to Hospice, were represented with the lights, and their names were posted on a wooden Christmas tree cutout in the hospital lobby. That tree eventually became known as the "Tree of Lights." Another Hospice ceremony, the annual candle-lighting memorial service, was traditionally held each spring. The two traditions were combined over 15 years ago, and the new ceremony was named "Tree of Life," reflecting the healing nature of remembering the many influences loved ones had in their families' lives and the world around them.

The ceremony on November 16 includes musical performances by local talent and a message from a Glacial Ridge Hospice representative. During the candle-lighting ceremony, the names of loved ones are read, and family members are invited to step forward to light candles in their honor.

The Tree of Life ceremony is open to the public and is for anyone who has lost a loved one, and you do not need to RSVP your attendance. Donations are accepted to help Glacial Ridge Hospice continue to help families in Pope County and the surrounding areas.



Publisher's PERSPECTIVE

Tim J. Douglass
PUBLISHER

The marketing barrage of Medicare Advantage plans is underway

• Residents should carefully compare the privately-run versions of the government's Medicare before choosing.

Residents eligible for Medicare have already been inundated with marketing and advertising about Medicare Advantage plans. That's because the open enrollment period for Medicare for seniors began in October and runs through December 7.

The marketing effort pushing the Medicare Advantage plans shows the plans are adding some benefits not typically covered by Medicare. But, those added benefits should be carefully considered since some Medicare Advantage plans, which are privately run versions of the government's Medicare, can restrict access to a network of doctors or hospitals, cause delays in procedures and limit care, as was recently reported in the Star Tribune. Traditional Medicare doesn't do that.

Only about one-third of the people on Medicare opt for a Medicare Advantage plan, according to the nonprofit Kaiser Family Foundation. There may be confusion about whether or not to sign up for the traditional Medicare plan or a Medicare Advantage plan. And there are some pitfalls that many Medicare Advantage enrollees don't find out about (the limitations of their Medicare Advantage plans) until they get sick, according to a recent report on Investopedia.

Some, who were dissatisfied with the Medicare Advantage plan they signed up for last year, can use this open enrollment to switch plans or opt for the traditional Medicare plans.

And, those who sign up for a Medicare Advantage plan during that open enrollment period, but later regret their choice, can make one change in the first three months of the year. The second window applies only to those who already signed up for a Medicare Advantage plan, it was stated on the medicare.gov website.

Pitfalls of Medicare Advantage Plans

By Lita Epstein, Investopedia.com

Medicare Advantage, also referred to as Medicare Part C, plans may sound enticing. As one plan, it combines Medicare Parts A and B benefits and may cover prescription (D) and other benefits. Many offer \$0 premiums, but the devil is in the details. You will find that most have unexpected out-of-pocket expenses when you get sick and only want you as a customer when you're healthy.

Also known as Part C, these plans, which private insurers provide as an alternative to traditional Medicare, must provide the coverage required by Medicare at the same overall

cost level. However, what they pay can differ depending upon your overall health.

Coverage Choices When You Qualify for Medicare

When choosing medical coverage as a senior citizen 65 years old and over, you can make one of three choices:

- Traditional Medicare, which has co-pays and deductibles.
- Traditional Medicare with Medigap private supplemental policy) that covers Medicare's co-pays and deductibles.
- Medicare Advantage, private insurance that varies greatly depending on the policy you choose.

Key Takeaways...

- A Medicare Advantage (MA) plan, known as Medicare Part C, provides all of Part A and B benefits and sometimes Part D (prescription) and other benefits.
- All Medicare Advantage providers must accept Medicare-eligible enrollees.
- Sick participants may find that medical care costs skyrocket under a Medicare Advantage plan due to co-pays and out-of-pocket expenses.
- Medicare Advantage customers can switch back to Traditional Medicare once per year during the annual enrollment period.
- Prospective Medicare Advantage customers benefit from researching plans, reviewing co-pays, out-of-pocket costs, and eligible providers.

Most Comprehensive Coverage

The most comprehensive coverage, which will likely result in the fewest unexpected out-of-pocket expenses, is a traditional Medicare plan paired with a Medigap policy. Medigap policies vary, and the most comprehensive coverage is offered through Medigap Type F. With Medigap Type F, all co-pays and deductibles are covered, and you even get some coverage when you travel outside the country. With this combination, you can go to any doctor who accepts Medicare. Be aware that with traditional Medicare and Medigap, you will also need part D prescription drug coverage.

The Devil Is in the Details

Medicare Advantage plans do not offer this level of choice. Most plans require you to go to their network of doctors and health providers. Since Medicare Advantage plans can't cherry-pick their customers (they must accept any Medicare-eligible enrollee), they discourage people who are sick by the way they structure their co-pays and deductibles.

See Medicare Page 5A

Support families at Christmas through 'Armful of Love'

Armful of Love committee members are preparing for the program that provides Christmas gifts for infants through 18 year olds who are living in the household and a family holiday food package.

The Pope County program was created to help relieve stressors that families may experience over the holiday season.

If community members, businesses or organizations would like to help by adopting a family, call Jeannie Pederson at 634-3909 or Mary Walsh at 239-1317.

To donate funds, please write a check to: Armful of Love and send it to the fiscal agent at: Western Prairie Human Services, Armful of Love, 211 Minnesota Avenue East, Suite 200, Glenwood, MN 56334. Donations are welcome through January 31, 2024.

Organizers are very appreciative of all the community support provided to help local families, it was stated.



Some thoughts from a pedestrian on vehicles turning right on a red light

What do you think about turning right at a red light? Or what do you think about those left turn signals in larger cities where everybody waits while the left turners do their thing?

A couple of recent things made me think about these actions.

The right turn on red makes sense if drivers really stop and look before turning. A week or two ago I was walking up Minnesota Avenue heading east and stopped in front of the bakery, pushed the pedestrian button and started watching for the signal to tell me I could go across Franklin Street.

Just as the signal told me I could go, a large pickup truck quickly came up the parking lane just as I was stepping off the curb. He'd cut around the other cars in line at the stop light. I saw him coming and jumped back. He never saw me. He was looking to his left to see if he could pull out in the traffic

lane. Needless to say he was in the crosswalk at the time.

I remembered that while reading an article in the STrib last week about some safety people wanting to eliminate right turn on red for that exact reason. The article said that Washington D.C. had just passed an ordinance that will eliminate the right turn on red business in 2025. (Don't ask me why 2025 and not 2024, it must be a Washington thing.) The whole safety issue is making it safer for pedestrians and bicyclists.

Generally as far as right turn on red down town in Glenwood makes sense to me. The line of southbound traffic on Franklin Street entering the intersection with Minnesota Avenue can get long and can take a while to clear especially if there are left turners coming from the opposite direction. Franklin Street is not wide enough for a special left turn lane. Even so



Stoneage RAMBLINGS

By John R. Stone

I'm not thrilled about people using what is a parking lane to drive in.

Right on red only makes sense if drivers do stop and look before they turn.

The left turn issue was something that came up on Sunday morning radio and it was related to saving gas.

The theory was that while left turn lanes may help the left turners, straight ahead drivers are sitting at idle burning lots of gas and sending lots of CO2 into the atmosphere. There could be 40 or 50 cars at a major intersection sitting and idling while 10 to 20 left turners from either direction do their thing.

In fact the radio person said the left turn signal should be eliminated entirely and be replaced by multiple right hand turns in order to save polluting gases and also be a little safer.

UPS and FedEx both have policies that reduce left hand turns. An article about the UPS program says it saves about 10 million gallons of gas a year. Some studies have shown that it can also be safer, right hand turners are involved in fewer accidents, and that makes sense because the driver is not crossing a lane of traffic coming from the opposite direction.

The TV show Mythbusters actually tested the gas savings with a truck and confirmed that a truck will use less gas making right turns because traffic moves more swiftly, there is less idling time, and fewer stops that can more than offset the slightly longer distance.

So the folks on the radio show figured we could save

many millions of gallons of gas, and have almost an instantaneous reduction in green house gas emissions, if we just made regular drivers turn on right as well and got rid of the special left turn lights.

-0-

As long as I am on pedestrians and automobile drivers and turns, I'm not sure the pedestrian walking paths marked across streets are very well respected by drivers. And in some cases I can understand why.

There are places where, if you're driving a car, you cannot see up the street if you stop short of the marked pedestrian path. Once or twice a week I come up to an intersection on foot to find a car sitting in the pedestrian path, the driver busy looking left to see if he or she can enter the street safely.

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First Amendment to the United States Constitution
"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances."



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If you're going to San Francisco

When our daughter Ingvild's husband Patrick died of a sudden heart attack on June 6, 2020, her college roommate, Joslyn flew in from San Francisco right away. And her brother, Erland, came immediately with his family from Brussels. Joslyn became part of our family then, coming to Ingvild's help when she was struggling as a single parent with three kids who needed to be chauffeured to three different venues. And when Erland died two years later, Joslyn was there to just be with us and offer her love.

Last Christmas, her gift to us was to host us on our trip to San Francisco. Having lived there for most of her life, Joslyn knew the city well and met us at the airport when we came there a few weeks ago. After making sure we were established in our small, but comfortable VRBO, she taught us the public transportation system, making sure we had the correct app for three days of unlimited public transportation for two for \$60. Since she had to work during the day, she then gave us an hour-by-hour itinerary complete with information about how to get to the sights we wanted to see. Each night we met in a new and totally unique restaurant.

And we were charmed and amazed by this city built on 50 hills with the many distinct districts which each contained so much history. The uniqueness of San Francisco also lies in its location as a peninsula (7x7 miles) parallel to the mainland with an inlet from the Pacific that is narrow, yet deep enough for big ships. This makes San Francisco the perfect harbor, one of the few gentle harbors among the harsh, steep cliffs of Northern California. The strait leading to the San Francisco Bay is called the Golden Gate because it was visualized (in 1848) as "the Golden Gate to trade with the Orient."

And the Oriental connection can be seen in Chinatown and Japantown and in the many people of Asian descent that are all over the city. Taking public transportation made us feel less like tourists and we were intrigued by how full the city was of young, energetic people. San Francisco felt and seemed unlike any other city I have ever visited both in the U.S. and Europe. The houses were colorful, most residential districts had rows upon rows of two or three-story townhouses. The streets were crooked and so very steep that a person had to walk leaning forward while going up and leaning backwards



View FROM A Prairie Home

Hege Herfindahl
COLUMNIST

while going down. On every corner there seemed to be a café and also a bus stop. In the tourist areas, there were people wearing orange vests with nametags labeled "information" whom you could safely ask for directions. They

warned us to not keep valuables in our car, because here, people will smash car windows and grab what's inside, but we didn't have a car. We had also been warned about all the homeless people, but even though we took a wrong turn one evening and ended up in an area with people sleeping on the sidewalks, they never bothered us.

Besides driving on buses, streetcars and thus being able to see the not-so-famous parts of the city, we also took a cable car ride up and down the hills and rented bikes and drove around the harbor. Then we biked to the Golden Gate Bridge, across it and down some very steep hills to a charming little town, Sausalito, where we took a ferry back to San Francisco.

If I left my heart in San Francisco, it is because of Joslyn. Not only did she show us the city she loved, but she showed us how to live with gusto and joie de vivre. She made us laugh and even feel moments of joy. During all the hard things we have had to face in the last three years, it is the love and caring of friends like Joslyn that has made us able to survive.



Joslyn and Grant in San Francisco.

Medicare

...from page 4A

Author Wendell Potter explains how many Medicare Advantage enrollees don't find out about the limitations of their Medicare Advantage plans until they get sick:

"Although Mom saw her MA premiums increase significantly over the years, she didn't have any real motivation to disenroll until after she broke her hip and required skilled care in a nursing facility. After a few days, the nursing home administrator told her that if she stayed there, she would have to pay for everything out of her own pocket. Why? Because a utilization review nurse at her MA plan, who had never seen or examined her, decided that the care she was receiving was no longer 'medically necessary.' Because there are no commonly used criteria as to what constitutes medical necessity, insurers have wide discretion in determining what they will pay for and when they will stop paying for services like skilled nursing care by decreeing it 'custodial.'"

You can see how a Medicare Advantage Plan cherry-picks its patients by carefully reviewing the co-pays in the summary of benefits for every plan you are considering. To give you an example of the types of co-pays you may find, here are some details of in-network services from a popular Humana Medicare Advantage Plan in Florida:

- Ambulance – \$300
- Hospital stay – \$175 per day for first 10 days
- Diabetes supplies – up to 20% co-pay
- Diagnostic radiology – up to \$125 co-pay
- Lab Services – up to \$100 co-pay
- Outpatient x-rays – up to \$100 co-pay
- Therapeutic radiology – \$35 or up to 20% co-pay depending on the service
- Renal dialysis – 20% of the cost

As this non-exhaustive list of co-pays demonstrates, out-of-pocket costs will quickly build up over the year if you get sick. The Medicare Advantage plan may offer a \$0 premium, but the out-of-pocket surprises may not be worth those initial savings if you get sick. "The best candidate for Medicare Advantage is someone who's healthy," says Mary Ashkar, senior attorney for the Center for Medicare Advocacy. "We see trouble when someone gets sick."

Switching Back to Traditional Medicare

While you can save money with Medicare Advantage when you are healthy, if you get sick in the middle of the year, you are stuck with whatever costs you incur until you can switch plans during the next open season for Medicare. At that time you can switch to traditional Medicare with a Medigap, but Medigap can

then charge you a higher rate than if you had initially enrolled in a Medigap policy when you first qualified for Medicare.

Most Medigap policies are issue-age-rated policies or attained-age-rated policies, which means that when you sign up later in life you will pay more per month than if you had started with the Medigap policy at age 65. You may be able to find a policy that has no age rating, but those are rare.

A Doctor's Experience with Medicare Advantage Plans

In 2012, Dr. Brent Schillinger, former president of the Palm Beach County Medical Society Services Foundation pointed out a host of potential problems he encountered with Medicare Advantage plans as a physician. Here's how he describes them:

- Care can actually end up costing more, to the patient and the federal budget, than it would under original Medicare, particularly if one suffers from a very serious medical problem.
- Some private plans are not financially stable and may suddenly cease coverage. This happened in Florida in 2014 when a popular MA plan called Physicians United Plan was declared insolvent, and people were called by doctors who canceled their appointments.
- One may have difficulty getting emergency or urgent care due to rationing.
- The plans only cover certain doctors, often drop providers without cause, breaking the continuity of care.
- Members have to follow plan rules to get covered care.
- There are always restrictions when choosing doctors, hospitals, and other providers, which is another form of rationing that keeps profits up for the insurance company but may limit patient choice.
- It can be difficult to get care away from home.
- The extra benefits offered can turn out to be less than promised.
- Plans that include coverage for Part D prescription drug costs may ration certain high-cost medications.

The Bottom Line

Shop very carefully if thinking of using a Medicare Advantage plan. Be sure to read the fine print and get a comprehensive list of all co-pays and deductibles before choosing one. Also, be sure to find out if all your doctors accept the plan and if all the medications you take (if it's a plan that also wraps in Part D prescription drug coverage) will be covered. If the plan doesn't cover your current physicians, be sure that its doctors are acceptable to you and are taking new patients covered by the plan.

One million acres now enrolled in voluntary MAWQCP

Minnesota Governor Tim Walz on November 3 celebrated that Minnesota farmers and landowners have enrolled one million acres in a voluntary agricultural water quality program, achieving a goal Governor Walz set in December 2020.

The Governor made the announcement at the farm of Eric Heins of Altura. Heins represents one of the 1,400 farmers who've become certified since the program began in 2014.

"This program ensures our lakes, rivers, and drinking water are protected for future generations," Walz said in a recent news release. "Farmers understand the need for this better than anyone – their

bottom line depends on conservation and a stable climate. Our farmers are stewards of our natural resources, and they're stepping up in a big way to implement sustainable practices that will protect the water, land, and community around them."

"I can't think of an area in Minnesota where water quality could be more important than right here on the bluffs above the Mississippi River," said Eric Heins. "When farming in an area where any excess water runs directly to a stream or river, we have to be sure that the water is as clean as possible if it leaves our farm. The Minnesota Ag Water Quality

Certification Program helps us do that."

The Minnesota Agricultural Water Quality Certification Program (MAWQCP) is a voluntary program for farmers and landowners that protects the state's water resources, and it is 100% funded by the Minnesota Clean Water Fund. To date, Minnesota Agricultural Water Quality certified farms have added over 2,700 new conservation practices that protect Minnesota's waters. Those new practices have kept nearly 48,000 tons of sediment out of Minnesota rivers while saving 141,000 tons of soil and 59,000 pounds of phosphorous on farms each year. The conservation practices

have also reduced nitrogen loss up to 49% and cut greenhouse gas emissions by more than 50,000 tons per year.

"We're excited to hit this million-acre milestone and recognize all the farmers and landowners that have stepped up to become part of the Ag Water Quality Certification Program," said Agriculture Commissioner Thom Petersen. "This is a unique program that allows farmers to highlight their conservation work, get access to funding assistance, and ensure they are compliant with the latest regulations. I encourage farmers and landowners to look into the advantages of certifying their land."



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POTUS visits MN November 1

It is pretty rare to have a sitting president of the United States visit a Minnesota farm. In fact, it has never happened before.

The event happened on Nov. 1, 2023, on the Dutch Creek family farm near Northfield, Minn., owned by Robert (Rusty) Kluver and his family. Rusty is the third generation of that family to run the farm.

I was curious how that farm was selected, and how long ago did they know that their farm was to be visited. By googling the event, I guess they knew about a week in advance of the Nov. 1 visit.

Also, I was curious as to why this particular farm was chosen.

They were chosen by the U.S. Department of Agriculture as an example of a farm that is implementing conservation practices and renewable energy projects. President Biden visited their farm as part of his "investing in Rural America Event Series." He announced more than \$5 billion in spending, largely in rural areas, that will go toward better adapting agriculture to climate change, as well as expanding high-speed internet access and improving local infrastructure.

Dutch Creek Farms has been involved in various environmental and conservation efforts, such as growing cover crops, practicing no-till farming, and creating riparian buffers to protect water quality. The Kluver family said they were "honored and excited" to host the president and show-case their farm which has been in operation since 1957. They also said they hope the president's visit will help raise awareness of the challenges and opportunities facing rural America.

I'm imagining that the POTUS visit created quite a stir in that area about 30 miles south of Minneapolis.

I heard that the day before the visit, the helicopters that transported the dignitaries from the MSP airport to the farm, the flying machines rehearsed their route to ensure the safest and trouble-free event.

The formal speech and presentation occurred in a shed on the farm. One could see a green tractor in the background, but the John Deere name and model number was covered over by another plaque or sign.

In the Nov. 6 issue of the Tribune, Publisher Tim relates some recent sightings of a moose in the New London-Spicer, Atwater, Grove City and Dassel-Cokato areas.

Those sightings brought back vivid memories from sometime in 1997 or so. My hired man and I were chopping corn silage three miles south of my farm, and a neighbor dropped by the field to tell us that there was a moose in my back yard.

It was obviously hard to believe, (that's not quite the exact words I used) but I went back home, and there was this young moose just relaxing in the yard behind my house. My veterinarian from Glenwood at the time, Dr. Gugisberg, verified that it was a moose.

At the time, there was a picture in the Starbuck Times of a moose sighted north of Starbuck. It could have been that one that spent the night behind my house.

We chased the animal up, and it headed south. I had electric fences at the time, and that was no hindrance to that tall, lanky animal. Some of my heifers were in a fenced-off area, and I recall that the whole bunch came right to the fence-line to gawk at that strange sight as the animal ambled by.

My friend Vic (who used to be the ranger at Glacial Lakes State Park), said at the time that a sighting like that in this area was not normal. He thought the animal may have had a brain parasite, which would cause the animal to be sick and disoriented.

After the sightings in this area, I did hear that the animal was sighted south of here.

Barb Keller is the big game program leader for the MD DNR. She is not sure exactly why these animals wandered so far south, but with deer rifle season at hand, she wants to remind hunters that it's illegal to shoot moose in Minnesota. People who see them are encouraged to take pictures, but keep their distance.

Keller thinks that moose will eventually move on to their natural habitat, which is mostly in the Arrowhead region of northeast Minnesota. There are only about 3,000 to 4,000 moose left in our state.

From Lake Crystal, Minn., comes a story from mid-October. Phil Radel was with his wife and kids, 10, 9 and 7, were driving on highway 60, when they spotted a young moose munching on ears of corn along the highway.

"When my wife and I spotted it, we said at the same time 'Is that amoose?'" said Phil.

"I pull over, off the road, and we watched him for a while," said Radel.

Lindsey Radel snapped photos of the moose that is probably on a mission to get back to the woody terrain of northern Minnesota.

The Radel's three children would have preferred a closer encounter with the animal that didn't exhibit any aggression or agitation toward the fascinated family.

"They wanted to get out of the car and pet him," said Phil, who declined their request.

Moose have earned a reputation for temperaments that turn on a dime. The animal is equipped with antlers and hooves sharp enough to fend off bears and wolves. Their sense of smell is keen, but their eyesight is very poor. If startled, they are quick to charge at a perceived enemy.

Please contact David Tollefson with thoughts or comments on this or future columns at: adtollef@hcinet.net



Views from the Cab

David Tollefson
COLUMNIST

All American Selection 2023 Top Ten Performing Annuals

Each growing season, the University of Minnesota West Central Research and Outreach Center in Morris conducts trials of hundreds of annual flower cultivars sourced from global plant breeding companies. These cultivars are either grown from seed or vegetatively propagated in the greenhouse.

The flowers undergo rigorous evaluation, with their performance rated on a scale of 1-5, where 5 signifies excellence and 1 indicates poor performance. The assessments consider various traits, including the uniformity of habit and flowering, flower abundance relative to other varieties, resistance to insects and diseases, as well as uniqueness. These evaluations are carried out by certified trial judges throughout the months of July, August and September, with results published at the end of the season.

In the 2023 trials, we've identified these top ten performing annuals:

1. Begonia BIG® Deep Pink Green Leaf

- This robust begonia features large, waxy petals supported by sturdy stems, resulting in an upright and branching habit.

- Its bright Pink blooms stood out throughout the season, even in fluctuating temperatures.

- The striking green foliage provided a uniform and compact appearance, making it ideal for shady container gardening.

2. Begonia Viking® Explorer Rose on Green & Celosia Flamma Rose (combination)

- A stunning display resulted from the unique combination of these two plants.

- Flamma Rose provided height at the containers center and delivered an eye-catching, non-fading color.

- Viking Explorer featured striking rose-colored flowers against glossy green foliage

- This combination showcased outstanding garden performance in a large container.

3. Calibrachoa Bumble Bee™ Hot Pink

- This semi-trailing Calibrachoa showcases a hot pink hue encircling a bright yellow eye.

- It displayed excellent garden performance, growing uniformly in a large hanging basket.

4. Coleus Talavera™ Pink Tricolor

- With a lime green edge and a vibrant raspberry and maroon center, this shade plant thrived in semi-shaded garden beds.

- It complements other shade plants and can make a dramatic impact in large pots or garden landscapes, growing up to 36 inches.

5. Petunia Itsy™ Pink

- Itsy™ Pink impressed with its petite size and uniform growth, featuring delicate light pink flowers that



Growing GREEN

Robin Trott
EXTENSION EDUCATOR

covered the foliage.

- This spreading petunia thrived throughout the season, maintaining its foliage even in changing weather conditions.

- Ideal for ground planting in full sun, it forms an attractive border.

6. Petunia Supertunia Mini Vista® Hot Pink

- This Supertunia offers continuous blooming throughout the season and is resilient to changes in weather. Its vibrant pink color contrasts beautifully with the foliage,

- It spreads evenly, reaching up to 24 inches in width, maintaining fullness at its center.

- Ideal for border planting, it thrives in full sun when placed in the ground.

7. Salvia Plum Crazy

- Attracting pollinators like hummingbirds, bees and butterflies all season, Salvia Plum Crazy boasts deep purple flowers against healthy green foliage.

- Its height, exceeding 36 inches, makes it an excellent choice for a garden backdrop.

8. Snapdragon DoubleShot™ Crimson Red

- The DoubleShot Crimson Red snapdragon defied expectations by delivering remarkable performance in July and August.

- Its deep red, open faced flowers on tall, sturdy stems remained abundant throughout the season, ideal for sunny locations at a height of 18-20 inches.

9. Sunflower Desert Sun

- The Sunflower Desert Sun was a standout in the garden, reaching a towering height of nearly 6 feet.

- Its unique flower head features a burnt orange center with a bright yellow ring, requiring minimal staking to withstand West Central Minnesota's varying weather conditions.

10. Zinnia Zydeco™ White

- This Zinnia flaunts a true clean white color and demonstrates excellent disease resistance, ensuring a clean appearance for both foliage and flowers

- Large white flowers stand above the foliage and its branching habit maintains compact growth despite its size of 18 inches wide and 12 inches tall, thriving best in full sun.

For more information about the annual plant trials, visit: <https://wcroc.cfans.umn.edu/research/horticulture>

For more news from U of M Extension, visit www.extension.umn.edu/news or contact Extension Communications at extdigest@umn.edu. University of Minnesota Extension is an equal opportunity educator and employer.

As long as my legs can hold out

I totally live in the land of dogs. I had more than a few Heinz 57 pets growing up but did not land my first bonafide Retriever until 1996 when I was 35. I was sitting at an AKC hunt test with many of the judges and participants and when the test had concluded for the day I asked the question, "why would anyone need more than one dog?" I figured you could only hunt one at a time and if the dog was good at its job there was no need for a second or a third.

The crowd all went into a laugh and chuckle at the same time. Their answer to me was just wait and see. Fast forward to opening weekend of my first pheasant season with a new young dog. I hunted the first two days with my friend who did the training at that time and on Monday evening I took my 1-year-old Yellow Lab named Scout on our very first solo outing. We hunted near the town I live and after that first night I took a picture with my two-rooster limit.

After the photo I was sitting on the ground petting my new hero and, much to my horror, I found a deep cut that ran from her chest to her privates. This was a long deep cut and ended up requiring 35 stitches. She gave me no indications of any kind that she had been injured. No yelp or anything.

I was scheduled to leave that Friday for my first trip to the land of ringnecks, South Dakota. My dog was in no shape whatsoever to participate so she got left home. I was so bummed. My hunting partners, not to miss a golden opportunity to give me a bad time, would always say when their dog brought them a bird that Scout would have gotten that one, but right, she isn't here is she?

This is the moment I knew that having only one dog was not going to be enough. The pheasant season is about 10 weeks long and with only one dog I was benched for three weeks of that 10-week season. This was not going to happen to me again. It takes about two years to go from wanting a puppy until you have one with enough training to be a valued asset. I bought and trained dog number two. Following my timeline out two years, I was hunting with a group of about eight guys in temperatures that required an exorbitant amount of restraint. A dog will hunt until it dies of heat exhaustion if the handler is not paying close enough attention.

In temperatures nearing 75 degrees a dog can only safely hunt for about 30 minutes without an extended break. I hunted dog one for 30 minutes and on the next walk I hunted the other and an hour and a half into that day I was "out of dog." Out of dog means out of dog horsepower. Both dogs needed a few hours



THE Outdoors

Scott Rall
Outdoors Columnist

to cool off and to hydrate fully. You cannot let a heated-up dog drink as much as they want because in this situation they can suffer an intestinal contortion. This is where the intestine twists inside the dog and death is the most common outcome. They get a small drink, wait 20 minutes then another small drink and

over the course of two hours they can hydrate satisfactorily.

Two dogs was not going to be enough and number three and four came along. About one every two years so their ages would be spread out and I would not have a stable of elderly retired nursing home dogs all at the same time. Today that roster has Tracer, age 12, Sarge, age 9, Raider, age 7 and Ghost, at the tender age of 3.

As my luck would have it this season, four is almost not enough. Tracer at 12 can only hunt about every third day. Sarge stepped in a hole and messed up his right wrist. He was on injured reserve for about 10 days. Ghost ended up with a deeply cut pad and the underside of feet that looked like they were painted with red lipstick. This is unavoidable and requires time to recuperate. Raider was the only dog I had operating at 100%. Now Raider is an A-Team member so I managed until some of the others recovered. Sarge is still not 100% so he continues to receive free room and board even though he hasn't played in the game for almost three weeks. Labradors live, on average, about 12 years so as much as my heart will ache, Tracer is certainly living in the end of his 4th quarter. I am searching where my next puppy will come from. It will certainly be from the genetics of Rounk Lake Kennels located in Bemidji, but those breedings will not take place until spring/summer of 2024. I may have five dogs for a short while but time marches on and no one or no dog can cheat its way out of it.

If you only hunt a few days a year then missing two, three or even four weeks of a season might not be all that big of a deal to you. For me it would be a killer. I spend all of my free time working on habitat for pheasants and other wildlife. In the fall I get to walk around on those efforts in the way of new publicly owned Wildlife Management Areas. I know at the age of 63 I cannot and will not be able to chase ringnecks at my current pace forever, but I intend to keep doing it as long as my legs, my health and my dogs can hold out and, I guess I should add, as long as I can keep up with my dog food budget!

If you have any questions, reach out to me at scotrarall@gmail.com.

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Glenwood Lutheran Church (ELCA), 206 Minnesota Avenue East, Glenwood, Minn. 56334; Rev. Mark Manning, Krista Lee, associate pastor: Monday, Nov. 13 - 7 a.m. Zoom Devotions with Pastor Krista, 9:30 a.m. staff meeting in library, 6 p.m. Deacons trustees meetings, 7 p.m. church council in dining room. Tuesday, Nov. 14 - 8 a.m. pastor's meeting in library, 8:30 a.m. do days quilting in dining room, 1:30 p.m. pastor's text study off-site, 7 p.m. men's and women's AA in meeting room.

Wednesday, Nov. 15 - 8 a.m. Men's Bible study in zone room, 10 a.m. staff meeting in dining room, 5 p.m. praise band practice in sanctuary, 5:30 p.m. dinner in dining room, 6:30 p.m. Holy Cow, confirmation grades 5 & 6 in chapel, confirmation grades 7-9 in sanctuary, JUBEL late ringer practice in bell room. Sunday, Nov. 19 - 8:30 a.m. worship service in sanctuary, 9:30 a.m. coffee fellowship in dining room, 9:45 a.m. adult choir practice in balcony, 10:30 a.m. radio broadcast, 11 a.m. contemporary worship service in sanctuary, livestreamed.

Worship services are also broadcast on radio and livestreamed. Tune into KMGK 107.1 FM (or the church's website) for live broadcasts of worship services at 10:30 a.m. Services are also livestreamed on our website (glenwoodlutheran.com), on our Facebook page (@glenwoodlutherans), and on our YouTube Channel (/Glenwoodlutheran), these can be watched live or viewed later Church Office Hours: Monday - Thursday, 8 a.m.-12 p.m. and 1-4 p.m. Office phone number: 634-4514 (leave a message if after hours). Weather announcements and cancellations: ext. 19. Funerals or wedding this week: ext. 17. Worship Services are also broadcast on radio and livestreamed.

Tune into KMGK 107.1 FM (or the church's website) for radio broadcasts of worship services at 10:30am. The 11:00am worship service is livestreamed on our website (glenwoodlutheran.com), on our Facebook page (@glenwoodlutherans), and on our YouTube Channel (/Glenwoodlutheran), and TV App, these can be watched live or viewed later.

CrossWind Lutheran Parish ELCA, Paul Johnson, pastor; a weekly devotional time and worship service are accessible at fronlutheran.org: **Fron Lutheran Church**: Tuesday, Nov. 14 - Sewing Circle quilting, church council. Wednesday, Nov. 15 - Confirmation. Sunday, Nov. 19 - 10 a.m. Coffee, 10:30 a.m. Sunday School, 11 a.m. morning worship. **Immanuel Lutheran Church** - Immanuel1872@hcinet.net: Sunday, Nov. 19 - 9:45 a.m. worship. **Indherred Lutheran Church**, 17110 State Hwy. 114, Starbuck; Wednesday, Nov. 15 - 4:30 p.m. Confirmation at Fron. Sunday, Nov. 19 - 8:30 a.m. worship, 9:15 a.m. Sunday school.

Hope Community Church, an Evangelical Free Church; Kelly Mahoney, pastor; www.hopeminnewaska.org: Sunday services: 9 a.m. worship - Starbuck (117 West 5th Street), 10:30 a.m. worship - Glenwood (Central Square, 105 2nd Ave. NE), 10:30 a.m. YouTube livestream, connect on the church website.

St. Johns Lutheran Church (LCMC), 17852 350th Ave., rural Starbuck; 320-360-3612; AJ Kluver, pastor: Sunday, Nov. 19 - 9:30 a.m. Sunday School, 10 a.m. worship with Holy Communion, 11 a.m. fellowship coffee and confirmation. Broadcast of scripture and sermon at popecountyareachurches.com/St.Johns.

Scandia Lutheran Church (AFLC), Sunday, Nov. 19 - 9 a.m. worship service, 10 a.m. Sunday school and confirmation.

St. John's Lutheran Church (LCMS), Villard; Ryan Pumphrey, reverend: Wednesday, Nov. 15 - 9 a.m. Bible study. Sunday, Nov. 19 - 10:30 a.m. worship. Worship services are found on Facebook: LCMS Lutheran Churches in Pope County, MN.

Trinity Lutheran Church (LCMS), Grove Lake; Rev. Ryan Pumphrey. Sunday, Nov. 19 - 9 a.m. worship, 10 a.m. Sunday school, 6 p.m. Bible study. For more information call 320-634-6433.

Shalom Community Lutheran Church (LCMC), 111 E. 5th St., Starbuck; Michael Troen, pastor: Tuesdays - 9:30 a.m. text study at Ministry Center and Zoom, 1 p.m. prayer meeting. Saturdays - 9:30 a.m. men's Bible study. Sundays - 9:30 a.m. worship at Ministry Center and YouTube Livestream, confirmation grades 7-9 in sanctuary, JUBEL late ringer practice in bell room. Sunday, Nov. 19 - 8:30 a.m. worship service in sanctuary, 9:30 a.m. coffee fellowship in dining room, 9:45 a.m. adult choir practice in balcony, 10:30 a.m. radio broadcast, 11 a.m. contemporary worship service in sanctuary, livestreamed.

Saints by the Lake Catholic Churches, Fr. Joseph Vandeberg, Sacred Heart Church (SH) 115 N. Franklin Street, Glenwood; St. Bartholomew Church (SB) 441 Lincoln Avenue, Villard; St. John Nepomuk Church (SJN) 25890 110th Street, Lowry: Monday, Nov. 13 - 6 p.m. Mass (SH). Tuesday, Nov. 14 - 9 a.m. Mass (SJN), 11 a.m. Mass (SB). Wednesday, Nov. 15 - 8:30 a.m. Mass (SH). Thursday, Nov. 16 - No Mass. Friday, Nov. 17 - 8:30 a.m. Mass (SH). Saturday, Nov. 18 - 4 p.m. Mass (SB), 5:30 p.m. Mass (SH). Sunday, Nov. 19 - 8:30 a.m. Mass (SJN), 10:30 a.m. Mass (SH).

Calvary Lutheran Evangelical Church (WELS), Glenwood; Neumann, pastor: Mondays - 6:30 p.m. Bible Study. Sundays - 9:30 a.m. Sunday School, 10:30 a.m. worship. Children's sermons and Sunday school will be available on our Facebook page (Calvary Lutheran Church - Glenwood).

Minnewaska Lutheran Church (AFLC), Starbuck, www.minnewaskalutheran.org; Micah Klemme, pastor: Tuesday, Nov. 14 - 7 a.m. men's discipleship breakfast Bible study, 9 a.m. quilting group meets at church. Wednesday, Nov. 15 - 7 p.m. Bible study at church. Sunday, Nov. 19 - 9 a.m. worship, 10 a.m. coffee fellowship, 10:15 a.m. Sunday School and Confirmation. A livestream of our Sunday morning service is on our YouTube channel or our website.

Lowry Community Covenant Church, Lowry; Andy League, pastor; aleague@gmail.com, 320-283-5416: Wednesday, Nov. 15 - 2 p.m. Bible study and prayer. Saturday, Nov. 18 - 5:15 p.m. Supper, 6 p.m. Movie. Sunday, Nov. 19 - 9:45 a.m. Sunday School for all ages, 11 a.m. worship. The morning worship service can be seen online on Sunday afternoon.

Glenwood United Parish (United Church of Christ/United Methodist Church), Glenwood, 320-634-3712; Rev. Yolanda Y. Williams PhD: Mondays - 7 p.m. Epistles with Zoom option available (Call or email church for link). Wednesdays - 2 p.m. The Parables of Jesus, 7 p.m. Confirmation. Wednesday, Nov. 15 - NO Activities. Sunday, Nov. 19 - Giving thanks to our partners in Ministry, 11 a.m. mission, vision and values workshop, 7 p.m. church council meeting via Zoom.

First Baptist Church, Glenwood, 320-634-4344, fbcglenwoodmn.com; Jeff Heitzman, pastor: Wednesday, Nov. 15 - 6:30 p.m. AWANA. Saturday, Nov. 18 - 8 a.m. Bible study. Sunday, Nov. 19 - 8:30 a.m. prayer time, 9 a.m. Sunday School, 10 a.m. coffee fellowship, 10:30 a.m. worship service.

Brooten Community Church, Brooten; Rick Krasky, pastor. Sundays - 9:30 a.m. worship service, 10:40 a.m. coffee fellowship and Sunday school.

East and West Zion Lutheran Churches (ELCA), Hancock, Minn.; 320-239-2430, zionparish@hcinet.net; Steve Carmany, pastor: All livestream worship will be on the Shepherd of the Hills Facebook page. Tuesday-Friday - 10 a.m. Wednesday, Nov. 15 - 1:30 p.m. WWZ at Norma Jeitz's, 6:30 p.m. confirmation. Thursday, Nov. 16 - 6:30 p.m. Zoom Bible study, 7 p.m. E.Z. council meeting. Friday, Nov. 17 - 12 p.m. daily devotions over KSCR 93.5 Radio. Sunday, Nov. 19 - 9:30 a.m. worship at W.Z., livestreamed, 10:30 a.m. W.Z. Nominating committee, 11 a.m. worship at E.Z., livestreamed.

Restoration Church, Glenwood; Dan Risdall, pastor; restorationchurchmn.com: Mondays - 7 p.m. Narcotics Anonymous meeting. Wednesdays - 6:30 p.m. Youth and Adult small groups. Sundays - 10 a.m. worship service.

First Lutheran Church, Kensington, 320-965-2540; Vern Hedlin, SAM & Wanda Hohler, SAM: Wednesdays - 3:15 to 4:30 p.m. Kingdom Kids, 5 to 6:30 p.m. confirmation, 6 p.m. choir. Sundays - 10 a.m. coffee, 11 a.m. worship.

Barsness/Chippewa Falls Lutheran Churches (ELCA), rural Glenwood, Brenda Boogren, pastor: Wednesday, Nov. 15 - 4:30 p.m. Confirmation at Chippewa Falls. Sunday, Nov. 19 - 10 a.m. worship at Chippewa Falls, 11 a.m. Elevator Blessing.

Lakes Area Seventh Day Adventist Church, 201 13th Ave. W and Fillmore, Alexandria; Nakwan Kitching, pastor: 10 a.m. Sabbath school, 11 a.m. worship service.

Trinity Lutheran Church and West Lake Johanna Lutheran Church, rural Brooten; Jean Meergorden, pastor: Wednesday, Nov. 15 - 3:40 p.m. God Squad, 5 p.m. choir, 6:30 p.m. Confirmation. Thursday, Nov. 16 - 11 to 3 p.m. quilting at Trinity. Sunday, Nov. 19 - 9 a.m. worship with communion at WLJ, 10:30 a.m. Worship with communion at Trinity.

St. Paul's Lutheran Church, Lowry; Bryan Taffe, pastor: Tuesday, Nov. 14 - 7 p.m. Martha Circle, Wednesday, Nov. 15 - 5:30 p.m. Confirmation. Thursday, Nov. 16 - 2 p.m. Esther Circle. Sunday, Nov. 19 - 9:30 a.m. worship with baptism, fellowship to follow, 10:45 a.m. Sunday School Music, 11 a.m. Sunday School.

Shepherd of the Hills Lutheran Church, Swift Falls; Steve Carmany, pastor: Thursdays - 6 p.m. Zoom Bible studies. Fridays - 12 p.m. radio devotions KSCR 93.5. Sunday, Nov. 19 - 9:30 a.m. worship, Sunday School and fellowship to follow.

First Baptist Church, 601 Lyndale Avenue, Morris; 320-589-4163, morrisfbc.org; Michael J. Tanis, pastor: Wednesdays - 1 p.m./7 p.m. prayer and Bible study (*adjustments from summer/winter). Sundays - 9:30 a.m. Sunday school, 10:30 a.m. worship. Visit the website for Facebook page for more information, resources for your family and links to study God's word and pray together.

Good Shepherd Lutheran Church (LCMC), 20490 480th Ave. Morris (1 mile north of Morris on County Rd. 5), 320-585-6868, gslmorris.com; Michael Hanson, pastor: Sundays - 9 a.m. worship, 10 a.m. fellowship and Sunday school.

St. Donatus, Brooten, parishesonthepairie.org; Greg Paffel, reverend: Wednesdays - 8:15 a.m. Mass.

Grace Pointe Church, Villard; John Praetorius, pastor: Sunday, Nov. 19 - 9 a.m. adult and youth Sunday school, 10 a.m. worship, 11 a.m. coffee fellowship, 11:15 p.m. admin council meeting.

Living Word Lutheran Church (LCMC), 1722 16th Ave. E., Alexandria, (south of Woodland Elem. School), 320-762-1997, livingwordalexmn.org; Pastor Jess Carson, Tuesday - 9 a.m. adult Bible study, Wednesday - 8:30 a.m. men's Bible study, Sunday - worship 9 a.m. followed by fellowship and Bible study. Online worship service available on our website and on Facebook - facebook.com/lwcalexandriamn.

NONPROFIT FUNDRAISERS

SATURDAY, NOVEMBER 18

VILLARD AMERICAN LEGION HAM & TURKEY BINGO will be held on Saturday, Nov. 18 at 7 p.m. at Grace Pointe Church (formerly Villard Methodist Church). 3 cards for \$1.00 or 50¢ a card. Door prizes! Proceeds go towards community projects.

To have your non-profit fundraising event listed here, send or bring in the information to The Pope County Tribune, 14 SE 1st Ave., PO Box 157, Glenwood, MN 56334, or email information to ads@pctribune.com. Cost is \$6/week. Information must be received by Noon on the Thursday prior to publication!

Church EVENTS

Please send your weekly/monthly church events by Thursday at noon:

office@pctribune.com

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320-634-1962 (after hrs)
Eric Jensen, Owner
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These weekly church messages are contributed by the following concerned citizens & businesses who urge you to attend the church of your choice!

One Size Fits All

When life seems to crash down upon us, Believers have protection.

Our hope is like a protective helmet.

Our hope of salvation gets us through all of life's difficulties.

Try on your hope helmet this week in church.

...for a helmet the hope of salvation.

1 Thessalonians 5:1-11

Judges 4:1-7 Matthew 25:14-30 Psalm 123

Revised Common Lectionary © 1992 by the Consultation on Common Texts for Sunday, November 19, 2023
Twenty Fifth Sunday After Pentecost

MAGIC 107.1
"Lakes Life FM"
PO Box 241, Glenwood, MN 56334

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Between Glenwood & Starbuck on State Hwy. 28

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20 1st Street SE, Glenwood, MN 56334

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320-634-0307
180 SOUTH LAKESHORE DR., GLENWOOD

Christmas Care 2023 is underway

Christmas Care, a program of the Starbuck VFW, Auxiliary and the Starbuck Fire Department Auxiliary, gives to families in need at Christmas time. This program serves families in Western Pope County (Starbuck, Lowry and Cyrus) and depends on members of the community to submit the names of any families or individuals who could benefit from this program. If you know of a family in this area that is in need during the holidays, please call Jen Haugen at 320-815-7245, or Karen Tharaldson at 320-239-4422 by Dec. 4 to register them. Financial donations can be mailed to the Starbuck Fire Department Auxiliary, PO Box 621, Starbuck, MN 56381 c/o Christmas Care or given to one of the persons listed above. Donations of gifts can be dropped off at the Starbuck VFW from 3-8 p.m. Monday through Saturday. The event will be held on Dec. 16.

Starbuck Senior Meals

Blair's Pub & Grub, in Starbuck, serves the senior meal in Starbuck Monday-Friday starting at 11 a.m. each day. Please check our Facebook page at Blair's Pub & Grub or call 320-239-4004 for the meal of the day.

Glenwood Senior Meals

The Senior Nutrition Program and Meals on Wheels are served out of the Village Inn Sports Bar and Cafe, 25 Franklin St. S., Glenwood.

The number to call for meal reservations, dine-in and Meals on Wheels, is 320-634-9961, ask for Geoff.

Tuesday, Nov. 14 - Spaghetti, veggie.

Wednesday, Nov. 15 - Goulash, veggie.

Thursday, Nov. 16 - Scalloped potatoes with ham, veggie.

Friday, Nov. 17 - Pulled pork, beans, coleslaw.

Monday, Nov. 20 - Turkey sandwich, chicken noodle soup.

Tuesday, Nov. 21 - Tater tot hotdish, veggie.

Wednesday, Nov. 22 - Chicken strips, potato, veggie.

All meals are served with low fat milk, bread and margarine. **The menu is subject to change.**

This project is made possible in part under the Federal Older Americans Act through funding from the West Central Agency on Aging under an area plan approved by the Minnesota Board of Aging.

Bookmobile Schedule

The Pope County area Bookmobile schedule is as follows:

• **Wednesday, Nov. 15, 29** - 11:45 a.m.-12:15 p.m. Kensington Bank, 12:30-1:15 p.m. Kensington school.

• **Friday, Nov. 17** - 2:15-3 p.m. Starbuck Minnewaska Lutheran Home, 3:15-3:30 p.m. Lowry Main Street.

• **Monday, Nov. 20** - 12-12:15 p.m. Terrace Store Company, 12:25-12:45 p.m. Sedan, 1-1:15 p.m. Grove Lake, 1:30-2 p.m. Westport, 2:30-3:15 p.m. Villard Fire Hall.

Glacial Hills Elem. Menu

Tuesday, Nov. 14 - *Breakfast:* Egg bake. *Lunch:* Cheeseburger, French fries, carrots.

Wednesday, Nov. 15 - *Breakfast:* Toast. *Lunch:* Lasagna rollups, garlic bread.

Thursday, Nov. 16 - *Breakfast:* Fried eggs. *Lunch:* Taco in a bag, corn.

Friday, Nov. 17 - *Breakfast:* Waffles. *Lunch:* Cheese breadsticks, California blend vegetables.

Monday, Nov. 20 - *Breakfast:* Mufins. *Lunch:* Tater tot hotdish, whole grain breadstick.

Tuesday, Nov. 21 - *Breakfast:* Scrambled eggs. *Lunch:* Chicken strips, potato chips, peas.

**Cereal, fruit, juice and milk are an everyday option at breakfast. Fruit and veggie bar and milk are an everyday option at lunch.*

Ignite change this November: Join the Great American Smokeout

Every year, as November brings in the crisp autumn air and the leaves turn, there is another transformation taking place across the United States - one that holds the power to change lives and save futures. It is the Great American Smokeout, an annual event that serves as a beacon of hope for countless individuals seeking to break free from the chains of tobacco addiction. As we prepare to embark on another November, let's delve into the significance of this event, its history, and how you can be a part of a nationwide movement towards a healthier, smoke-free America.

Since 1977, the American Cancer Society has hosted the Great American Smokeout on the third Thursday of November and it has become an annual event. The Great American Smokeout is an opportunity for people who smoke to commit to healthy, smoke-free lives - not just for a day, but also year-round. The Great American Smokeout provides an opportunity for individuals, community groups, businesses, health care providers, and others to encourage people to use the date to make a plan to quit, or plan in advance and initiate a smoking cessation plan on the day of the event. The Great American Smokeout event challenges people to stop smoking and helps people learn about the many tools they can use to help them quit and stay tobacco-free.

Addiction to nicotine in cigarettes is one of the strongest and most deadly addictions one can have. Quitting is hard for many people who smoke. It takes commitment and starts with a plan, often takes more than one quit attempt, and requires a lot of support. Often, the younger you were when you started to smoke, the more intense the addiction. About 34 million American adults still smoke cigarettes, and smoking remains the single largest preventable cause of death and ill-

What's on the Horizon

FOR PUBLIC HEALTH

Sophia Grabow
Health Educator
Horizon Public Health



ness in the world. Smoking causes an estimated 480,000 deaths every year, or about 1 in 5 deaths.

Smoking tobacco can not only cause cancer, but it can also cause a number of other diseases and can damage nearly every organ in the body, including the lungs, heart, blood vessels, reproductive organs, mouth, skin, eyes, and bones.

Health Risks of Smoking

- Increased risk for cancers of the: lungs, mouth, larynx (voice box,) pharynx (throat,) esophagus, kidney, cervix, liver, bladder, pancreas, stomach and colon/rectum.

- COPD
- Chronic bronchitis
- Emphysema
- Coronary heart disease
- Heart attack
- Stroke
- Infertility in women
- Erectile dysfunction in men

(American Cancer Society, 2020.)

It is never too late to quit using tobacco. The sooner you quit, the more you can reduce your chances of getting cancer and other diseases.

Health Benefits of Quitting Smoking Over Time:

- 20 minutes after quitting: Your heart rate and blood pressure drop.
- A few days after quitting: The carbon monoxide level in your blood drops to normal.
- 2 weeks to 3 months after quitting: Your circulation improves and your lung function increases.
- 1 to 12 months after quitting:

Coughing and shortness of breath decrease. Tiny hair-like structures (called cilia) that move mucus out of the lungs start to regain normal function, increasing their ability to handle mucus, clean the lungs, and reduce the risk of infection.

- 1 to 2 years after quitting: Your risk of heart attack drops dramatically.
- 5 to 10 years after quitting: Your risk of cancers of the mouth, throat, and voice box (larynx) is cut in half. Your stroke risk decreases.
- 10 years after quitting: Your risk of lung cancer is about half that of a person who is still smoking (after 10 to 15 years). Your risk of cancer of the bladder, esophagus, and kidney decreases.
- 15 years after quitting: Your risk of coronary heart disease is close to that of a non-smoker.

There are many free resources available to those who want to quit smoking, such as hotlines, support groups, counseling services and smoking cessation programs. Many offer free medications and support while you are quitting.

- Quit Partner MN: 1-800-QUIT-NOW
- Nicotine Anonymous: www.nicotine-anonymous.org/find-a-meeting

The Great American Smokeout serves as an annual reminder of the power we hold within ourselves to overcome addiction, improve our health, and work collectively towards a brighter, smoke-free future. As November dawns, let us seize this opportunity to kindle change, supporting one another in our journey towards a healthier, tobacco-free America. By taking that first step towards quitting or by being a pillar of encouragement for others, we can extinguish the harmful grip of tobacco and ignite the flames of hope, wellness and longevity.

MTG
MN Tool Group
1324 2nd Ave NE
Glenwood, MN

State Farm
Amy Roers
610 Franklin St
N, Ste 100
Glenwood

SHOP LOCAL

Glenwood Family Eye Center
16 Minnesota Ave W, Ste. 102
Glenwood

Hilltop Lumber
16128 State Hwy 29
Glenwood

Palmer Creations
107 Minnesota Ave E
Glenwood

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Evergreen Park
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SUPPORT LOCAL & WIN BIG!

Shop Small this Holiday Season!

LAKES AREA CHAMBER GLENWOOD

www.GlenwoodLakesArea.org

These businesses are dedicated to the Support Local initiative and are ready to welcome you! Cut out this game board and bring to the businesses listed. Each business will mark your game board. Once you've visited at least 10, send or drop off your board at the Glenwood Lakes Area Chamber & Welcome Center for a chance to win \$100 in Minnewaska Dollars.

**No purchase necessary. Must have turned in by Friday, December 22, 2023 at 4pm to qualify.*

Thanks for Supporting Local.

Turn in by 12/22/23 at 4pm to qualify for the \$100 Minnewaska Dollars drawing. Glenwood Lakes Area Chamber, 7 First Street NW, Glenwood, MN 56334. Promotion runs November 15 - December 22nd, 2023

Full Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

E-mail: _____

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21505 Selnes Rd, Glenwood

GrandStay Hotel & Suites
114 Minnesota Ave E
Glenwood

SHOP LOCAL

STRYHN
115 Franklin St
Glenwood

Trium Drug
7 4th Ave SE
Glenwood

Eagle Bank
2 Franklin St S
Glenwood

Brownies Tire & Auto Service
640 MN-28
Glenwood

SHOP LOCAL

Hope Community Church
105 2nd Ave NE #200
Glenwood

Glacial Ridge Veterinary Clinic
16159 MN-29
Glenwood, MN

Pope County Tribune
7 1st St NW
Glenwood

Glenwood State Bank
5 Minnesota Avenue W
Glenwood

SHOP LOCAL

A & D Creations
18327 Co Rd 21 S
Glenwood

Penny's Diner
120 5th St SE
Glenwood

Lakeside
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Glenwood

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Glenwood

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Glenwood Police Record

Record of city police calls/responses

Saturday, October 21

Public works-sewer backing up city crew notified • suspicious-suspicious motor vehicle-red Buick parked behind garages unoccupied, all garage doors checked and secured • traffic stop-citation-no proof of insurance • ambulance-medical-female with MS fell out of wheelchair and was found on the ground, uninjured, assisted ambulance staff with getting her back into wheelchair and changed her hearing aid battery • suspicious-suspicious motor vehicle-silver Buick in parking lot by construction equipment, unoccupied • ambulance-helicopter, secure landing zone • citizen complaint-complaint-kids shooting squirrel in yard • traffic complaint-driving complaint-report of vehicle all over the road, officer followed the vehicle to the residence and no suspicious behavior was observed • traffic stop-verbal warning-conducted for vehicle with inoperable driver's side headlight, verbal warning given • ambulance-medical-individual not feeling well.

Sunday, October 22

Traffic complaint-followed semi, overloaded but did not drop any beets out of trailer • traffic stop-verbal warning-speed(3) • agency assist-assisted Pope County Sheriff's Office and State Patrol with traffic control on accident.

Monday, October 23

School services-monitoring-school patrol • traffic stop-verbal warning-speed • alarm-false alarm.

Tuesday, October 24

Agency assist-individual walking on highway dark clothing, unable to locate • accident-motor vehicle vs animal-car vs deer • family service-child protection intake • school services-child protection intake • school services-monitoring-school patrol • traffic stop-verbal warning • theft-theft by check(2) • alarm-medical alarm-lift assist • 911 call-abandoned • neighborhood disturbance-loud noise-unable to locate, cleared from area • 911 call-accidental dial-accidental 911.

Wednesday, October 25

Theft-theft by check • family service-intake summary report(3).

Thursday, October 26

Ambulance-medical-transported to Glacial Ridge Hospital by Glacial Ridge Ambulance • agency assist-assist Pope County Sheriff's Office with traffic stop • ambulance-medical-fall • school services-monitoring-school patrol • lost and fund-lost animal-dog returned home • 911 call-abandoned • ambulance-medical-electric wheelchair incident • public assist-unwanted person-patrons being rowdy in business, asked to leave • ambulance-medical-assisted ambulance, female has heart condition and is on a pump for medication, very sick and weak • vehicle-unlock.

Friday, October 27

School services-monitoring-school patrol • ambulance-medical • public assist-civil issues between family members • public assist-information-vehicle title signed wrong advised seller to sign title in correct area so buyer can complete transfer of title • domestic-physical domestic-individual arrested domestic assault • mental issues-mental health issue.

Saturday, October 28

Domestic-physical domestic-parties separated • ambulance-medical-assisted EMS with individual who fell • public assist-welfare check-individual walking very cold out office gave individual a ride • public assist-advise and counsel-civil issue, explained he needs to go through the courts • ambulance-medical • fraud-scam-information only, reporting party did not fall for scam • public assist-welfare check-made contact all okay.

Sunday, October 29

Traffic stop-DUI-arrest • traffic stop-verbal warning-vehicle crossed center and fog multiple times • traffic stop-citation-no MN driver's license and no valid proof of insurance • lost and found-found property-bicycle • domestic-verbal domestic-parties separated.

Monday, October 30

Alarm-commercial burglar alarm-owner notified all okay • agency assist-assist Pope County Sheriff's Office with accident • school services-monitoring-school patrol • family service-intake summary report • domestic-arrest domestic assault • ambulance-medical-individual having a reaction, transported to hospital by ambulance • citizen complaint-parking complaint-for truck parked on street with blocks • mental issues-mental health issue • violations-release order • motorist assist-stalled vehicle-vehicle stalled at intersection, unable to start • alarm-building checked all okay owner notified.

Tuesday, October 31

Ambulance-medical-medical for an individual in need of a lift assist • motorist assist-stalled vehicle • 911 call-open line-all parties at address okay having issues with phone line • public assist-male on roof unable to get back into apartment • agency assist-assist Pope County Sheriff's Office cover officer for A&D hold per probation • fraud-financial card transaction fraud-Facebook was hacked and a unknown credit card was placed under her account, card was charged 24 cents, complaint contacted Facebook and was told to document, no further • lost and found-lost animal-unable to locate • 911 call-accidental dial • traffic stop-verbal warning-traffic stop conducted for vehicle not coming to complete stop at stop sign, verbal warning given.

Wednesday, November 1

Suspicious-suspicious person-got permission from individual to go into home and make sure no one was in there, no one found, units cleared • school services-monitoring-school patrol • traffic stop-verbal warning-speed(3) • public works-civil defense sirens-both sirens working • 911 call-accidental dial • ambulance-medical-medical lift assist.

Starbuck Police Record

Record of city police calls/responses

Friday, October 20

Suspicious-suspicious motor vehicle-parties shooting in pit, given permission, advised to always inform officer even with permission • harassment-harassment by text-information only • traffic complaint-parking complaint-small boat parked on city street no obstructing, advised of ordinance, will move by Monday or will be towed • agency assist-assist other agency-vehicle found parked behind China Panda, unoccupied, no contact made.

Saturday, October 21

Suspicious-suspicious motor vehicle-no response needed.

Sunday, October 22

Ambulance-medical-no officer response.

Monday, October 23

Traffic stop-driver not owner-revoked.

Tuesday, October 24

Civil-stood by while female retrieved items for male, male left for the night • school services-monitoring-school monitoring • school related incidents-weapon-knife found on school property by steps, officer disposed of knife • ambulance-medical • traffic stop-verbal warning-operate ATV on main street, no ATV certification, no city permit, no insurance, advised to get this all taken care of before operating again • public assist-doors and windows found open-gates open, closed and locked gate • suspicious-suspicious motor vehicle-parties sitting in their vehicle in front of their residence, will go inside • traffic stop-verbal warning-expired registration.

Wednesday, October 25

Ambulance-medical-officer on call, no response • agency assist-assist other agency-officers provided safe route for domestic violence walk • school related incidents-disorderly conduct-school resource officer request from Sauk Centre Police Department about incident at football game, student admitted to slapping another student at game who both mutually bully each other, advised, student will be trespassed from Sauk Centre School • school related incidents-student issue-possible theft, student did not have stolen items • school related incidents-student issue-student meeting, student parent has harassment restraining order, harassment restraining order allows for parent to be at school for meeting, school resource officer remained in area in case incident were to arise • school related incidents-student urine analysis test.

Thursday, October 26

School related incidents-weapon-student made comment about having knife to staff, school resource officer checked for weapon, no weapon found • school related incidents-mental health issues-student physically aggressive to staff, spitting, placing crayon in mouth while escalated, school resource officer assisted remove crayon to prevent choking • school related incidents-disorderly conduct-school resource officer checked cameras, student pushed another student in gym.

Friday, October 27

Violations-harassment restraining order-contacted the assistant city attorney and he declined to prosecute at this time, advised reporting party to continue documenting any posts and to notify us if needed any further assistance • family service-child protection intake-Western Prairie Child Protection will be doing a family assessment and it has been assigned • sex crimes-sex offender change of information-information sent to the BCA • ambulance-medical-provided medical aid to the patients wounds and assisted EMTs load patient in the ambulance • agency assist-assist other agency-request to assist Glenwood Police Department, canceled prior to arrival • traffic stop-admin citation-fail to stop at stop sign.

Saturday, October 28

Agency assist-assist other agency-assisted Glenwood Police Department on domestic • ambulance-medical-no officer response • information-info on trailer parked overnight • alarm-commercial burglar alarm-canceled prior to arrival • traffic stop-verbal warning-speed • traffic stop-verbal warning-headlight out, speed, display expired tabs • traffic stop-verbal warning-tailight out • suspicious-suspicious motor vehicle-vehicle parked up at business after hours, unoccupied.

Pope County Sheriff's Office

Record of county sheriff's office calls/responses

Wednesday, October 25

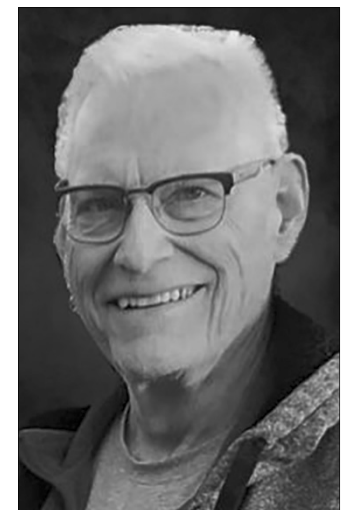
Traffic complaint-driving complaint-patrolled area, unable to locate • motorist assist-stalled vehicle-vehicle was unoccupied • theft-vehicle theft related-forwarded to state patrol for investigation • agency assist-all units assisted with traffic control on East and West Minnesota Ave. for domestic violence walk • public assist-request for extra patrol • compliance checks-tobacco • accident-hit and run property damage-state patrol will handle • fire-all okay, had burning permit.

Thursday, October 26

Accident-motor vehicle vs animal-semi vs cow • traffic complaint-driving complaint-wrong way driver southbound on State Highway 29 • accident-motor vehicle vs animal-motor vehicle vs deer • animal-car kill deer-possession permit issued • jail-miscellaneous prisoner transport • public assist-advise and counsel-advise and counsel on custody issue with granddaughter • accident-motor vehicle vs animal-dog hit by vehicle and ran off seemed to be ok • traffic complaint-debris on roadway-spoke with farmer and county highway about mud on county road, at this point nothing can be done about the mud on roadway due to wet weather • trespass-trespass-4 wheeler running through property • suspicious-suspicious activity-citations issued for reckless driving and under 21 possess marijuana • ambu-

OBITUARIES

William "Bill" E. Meek, 72



William "Bill" Edward Meek, the son of Alvin and Sophie (Smith) Meek, was born on Nov. 23, 1950, in Warren, Minn. He graduated from Stephen High School in Stephen in 1968 where he was active in football, basketball, track and band. He was known for carrying out many pranks with his friends and younger brother, John, while in high school. Bill spent his summers camping around Bemidji as a child while his dad built area hospitals and schools. He spent summer weekends camping and fishing at Lake of the Woods as a child and an adult. Bill shared his love of hunting, fishing and camping with his children as they grew up.

Bill married Leslie Thibodo on June 13, 1970, in Stephen. He graduated from the University of Minnesota-Twin Cities in 1973 with a degree in accounting. Bill and Leslie owned Meek Accounting in Elbow Lake from 1973-1984. After selling their business he took over as a controller of Cosmos Enterprises. In 1989 the couple moved to Ann Arbor, Mich., so Leslie could pursue her graduate education. Bill worked for several companies while in Michigan and specialized in helping companies at financial risk. Bill and Leslie moved back to Minnesota in 1994 where they built a hobby farm near Starbuck. He raised cattle and chickens with his son-in-law, Dennis. Bill worked for several companies after his move back to Minnesota, several years at Superior Industries and then eventually retiring from Toro.

Bill died on Sunday, Nov. 12, 2023, at Glacial Ridge Health Systems in Glenwood. He was 72 years old.

Bill is survived by his wife, Leslie; daughter, Jeni (Rick) Toms; son, Andy (Aubree) Meek; nine grandchildren, Cody (Danielle Keck) Wutzke, Morgan Meek, Colton (Genevieve) Wutzke, Hannah Wutzke, Bradwyn Meek, Nora Meek, Kyle (Brooke) Toms, Alex (Ashley Thompson) Toms and Stephanie Toms; two great-grandchildren, Garrett Toms and McKenna Toms; brother, John (Linda) Meek; sisters-in-law, Lynn (Steve) Johnson and Kelly (John) Prigge; brother-in-law, Scott (Pam) Thibodo; son-in-law, Dennis Wutzke; as well as many nieces and nephews.

He was preceded in death by his parents, Alvin and Sophie Meek; sister, Marilyn Smidt; and mother-in-law and father-in-law, Donalyn and James Thibodo.

Bill did not wish to have a public funeral service. A private family memorial service will be held at a later date.

Starbuck Funeral Home is in care of the arrangements for Bill. To send condolences to the family, please visit www.pedersenfh.com.

Sunny G. Bartos, 69

Sunny G. Bartos, 69, of Glenwood, died on Saturday, Nov. 4, 2023 at Glacial Ridge Hospital in Glenwood following a lengthy illness.

Family and friends are invited to celebrate and remember Sunny's life on Saturday, Dec. 9, between the hours of 3 and 6 p.m. at Heidi's Bar in Sedan. Arrangements are with the Hoplin-Hitchcock Funeral Home in Glenwood.

A complete obituary will appear in the December 4th edition of the Pope County Tribune.

lance-medical • traffic complaint-citation-careless driving • ambulance-medical • ambulance-assist.

Friday, October 27

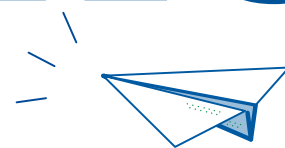
Warrant-attempt service on warrant-no contact • warrant-attempt service on warrant-party is in custody in Wright County • 911 call-accidental dial • agency assist-assist other agency-assist probation • family service-child protection intake • trespass-spoke with reporting party and informed him to speak with an attorney to write a trespass order for his property • attorney service-child protection intake(2) • animal-removed the deer from the roadway • agency assist-assisted Glenwood Police Department, suspect was physical with both parties mentioned • jail-miscellaneous prisoner transport.

Saturday, October 28

Agency assist-assisted Glenwood Police Department with a domestic • agency assist-ambulance requests lifting assistance • traffic complaint-parking violation-vehicle completely parked in yellow on Washington in front of Office Bar, located owner and warned for illegal parking • agency assist-assist Glenwood Police Department with intoxicated party • traffic stop-citation-speed(2) • suspicious-suspicious activity-reporting party stated she believes there are campers on her Gilchrist property again.

It's American Education Week

November 13-17, 2023



Thank you for supporting Minnewaska Area Schools!



Minnewaska Area Elementary School



MINNEWASKA TEACHERS ASSOCIATION



Minnewaska Area Middle School



Minnewaska Area High School



WIN Academy

STRONG SCHOOL = STRONG COMMUNITY

Sports

**Cross-Country
season awards**
Page 3B



Stadtherr and relay earn state berths for Gators

Four members of the Minnewaska-Morris Gators swimming and diving team will be competing at the State Swimming and Diving Meet after earning state berths during the Section 8A Meet last week at Detroit Lakes.

Lyla Stadtherr placed second in the 100 breaststroke to earn on state berth and then she turned around the next event to help three teammates join her as Lyla and Soffia Stadtherr, Melena Longtin and Becca Femrite placed second in the 400 freestyle relay to also earn a state berth.

It was close for the relay team though as they earned second by .26 over the third-place team to nab the last state berth of the



Clare Barnstuble dives for the Gators during a home meet this season. She placed eighth at the Section 8A meet.

Gator results...see page 2B

THIS WEEK IN
Sports



• Use the barcode above to buy your tickets for Minnewaska Area sports and activities

Junior High boys basketball schedule

Minnewaska JH Girls Basketball 2023-24 schedule

Jan. 3 First practice
Jan. 16 Morris Area here
Jan. 18 at BBE
Jan. 23 at Melrose Area
Jan. 25 West Cen Area here
Jan. 30 at Sauk Centre
Feb. 1 Osakis here
Feb. 5 Benson here
Feb. 8 at Morris Area-CA
Feb. 13 Melrose Area here
Feb. 15 at West Cen Area
Feb. 20 Sauk Centre here
Feb. 24 at Sauk Centre Invite

(Note: all games start at 4:30 p.m. except for Sauk Centre Invitational at 9 a.m.; home games are at elementary gym for 7th grade and WIN Academy for 8th grade)

Minnewaska JH Boys Basketball schedule 2023-24

Oct. 24 First practice
Nov. 2 at West Central Area
Nov. 9 at Sauk Centre
Nov. 14 BBE here
Nov. 16 Melrose here
Nov. 21 at Morris Area-CA
Nov. 28 at Benson
Nov. 30 Osakis here
Dec. 5 West Cen Area here
Dec. 7 Sauk Centre here
Dec. 12 at Melrose Area
Dec. 14 Morris Area here
Dec. 16 at Osakis Invite
Dec. 18 Benson here

(Note: all games start at 4:30 p.m. except for Osakis Tourney at 9 a.m.; home games are at elementary gym for 7th grade and WIN Academy for 8th grade)



Luke Hoffmann (left) and Jayce Kovarik race during the wet and soggy Section 6A Meet at LPGE High School.



Sydney Ankeny (900), Piper Citrowske-Lee (902) and Sophia Wallin (907) run with the pack during the section meet.

Tank and Ankeny are MVP's of cross-country

The Minnewaska Area cross-country teams had great seasons in 2023 as both teams were among the top entries in almost every meet they entered.

The girls team won the WCC title with the boys placing second. At the Section 6A Meet, the girls were third, while the boys placed fourth out of 15 complete teams.

In addition, the Laker girls were second at the 11-team LPGE Invitational, second of 15 teams at the Melrose Invite and second of four teams at the Minnewaska Invitational, while the boys were second of nine teams at the Sauk Centre Invitational and third of eight teams at the Paynesville Meet.

Maeson Tank and Lauryn Ankeny were the leaders for their respective teams this year and both earned MVP honors on their respective teams.

Tank placed first at the WCC Meet with a time of 16:54 and was also second at the Morris Invitational and third at three other competitions, while Ankeny placed first at the LPGE

Cross-country...page 3B



Pictured above are members of the Minnewaska girls cross-country team with its first-place WCC trophy. In front are Izzy Bautista (left) and Teagan Stark. In back are Ayden Svenning, Autumn Hess, Teagan Stark, Piper Citrowske-Lee, Sophia Wallin, Nori Song, Jillian Deutsch, Sydney Ankeny and Lauryn Ankeny.

7th grade volleyball Lakers place second at tourney

By Bruce Strand, Pacesetter Sports

The Minnewaska Area seventh-grade volleyball team placed second among 12 teams in the Minnesota Youth Volleyball State Championships on Oct. 28 at Paynesville High School.

The Lakers reached the finals with close wins over Hawley and Belgrade-Brooten-Elrosa. In the finals, Caledonia beat them 25-15, 22-25, 15-8. "It was fun to play stronger teams than we



Ally Johnsrud comes up to hit a shot as Cate Frey looks on during the 7th grade Pacesetter Tourney. Photo courtesy of Pacesetter.

7th grade...see page 4B

Laker volleyball team had another great year in 2023

The Minnewaska Area volleyball team had another great season in 2023, going 16-13 overall and 7-7 in the WCC.

The Lakers, who were seeded 10th in the Section 6AA Tourney, had their season end with a three-game loss to second-seeded Pequot Lakes after opening up the tourney with a four-game win over seventh-seeded Foley.

Pequot Lakes went on to beat Albany for the section title.

Sauk Centre won this year's conference title with a 13-1

Volleyball...see page 3B



Coach Jared Lyle (left) and the Lakers finished 2-7 this year. Season stats next week.

Coming up in Minnewaska sports:

Swimming-diving
• Nov. 16-18 -- State Swimming/Diving Meet

Laker Football
• Nov. 16-18 -- State semi-finals
• Nov. 24-25 -- State Football finals

Girls Basketball
• Monday, Nov. 13 -- First official practice

Boys Basketball
• Monday, Nov. 20 -- First official practice

Wrestling
• Monday, Nov. 20 -- First official practice

JH Boys Basketball
• Tuesday, Nov. 14 -- BBE here

• Thursday, Nov. 16 -- Melrose Area here
(*Note: Schedules change daily. Check the MAHS website for most-current changes)



SPEAKING OF Sports

John Fragodt | SPORTS REPORTER

Expectations grow with success

It's tough to fail when expectations are so great. It's a lot easier to miss out on something that wasn't expected, but that's the price of success; expectations increase and frustration and disappointment can also become greater when expectations are not met. Expectations are also a good thing to have though, because it means you've had some success and people just expect that you'll have more.

I've been thinking about the Minnewaska Area cross-country program and how disappointed it was for the girls team to miss out on a trip to state by the slightest of margins. If the Lakers had been a mediocre team, it wouldn't have been a big deal, but because they are a great team and because they've done it before, the expectations were greater and when Minnewaska Area failed to place second or first, the disappointment was also very great.

The Lakers' top two runners beat out the top two runners from WDC, but WDC's main pack of four runners was able to stay ahead of the Lakers' main pack, giving WDC just enough points to edge the Lakers. Running within a pack is one of the strategies for cross-country teams and WDC did it perfectly.

It was the second-straight season Minnewaska left the section meet disappointed after also placing third at the 2022 meet. The Lakers qualified their team to the State Cross-Country meet in 2021, but expectations grow when you have success; not only the team, but for the entire community and school as well.

At Benson High School, the expectations weren't as great as they could have been for many sports. The boys basketball team had 15-straight losing seasons going into the 2003-04 season, but then went 14-9 and had a first-round playoff game at home. My boys were a freshman and sophomore during that season.

The next three years we went 22-4, 22-5 and 20-10, playing in three-straight Section 3AA title games and advancing to state in 2005-06. The expectations increased greatly during those years, but my boys didn't mind because they also loved winning. Of course, when they did lose, the disappointment was huge, but that was one of the prices they paid for success.

With the main runners on the Minnewaska girls' cross-country team being sophomores or younger, the expectations will continue to grow in the next few years, but that's a good thing because it also means the program has had a lot of success and "expects" success in the future. The alternative is to have no success and so, there really are no expectations for success going into the future.

The Minnewaska Area volleyball team also experienced this as the Lakers have had great success over the last two years with a team mainly keyed by seniors. Well, the expectations were a little more this year and so, when the team lost a couple of early matches, there was disappointment. And, when the team was knocked out in the quarterfinal round of the section tourney, there was major disappointment.

Expectations can mean more pressure and more stress for the athletes and coaches, but it also means the program has had success and everyone expects that success to continue. Expectations can also help make teams better because it makes the student-athletes and coaches work harder and it forces them to raise their personal expectations.

I see talent all around at Minnewaska Area High School and I can't wait to cover the student-athletes in the coming years. However, because of all the talent, the expectations will also increase; but remember, that's a good thing because you know the alternative.

Joke(s) of the week:

Funny one liners

- Did you hear about the fire at the circus? It was in tents.
- What's the difference between a hippo and a zippo! One is really heavy and the other's a little lighter.
- My kids are so open to experiencing culture. They'll try anything, from chicken tenders at an Indian restaurant to chicken tenders at a Mexican restaurant.

Fact(s) of the week:

- The greatest snowfall recorded in a day was 75.8 inches at Silver Lake, Colorado on April 14-15, 1921.
- The fastest wind speed ever recorded was 231 miles per hour on Mount Washington, New Hampshire on April 12, 1934.
- The hottest place on earth is in Dallol, Ethiopia, which is a sizzling 94 degrees in the shade on a typical day!

Trivia: Miscellaneous

--Level 1 questions

- (1) What is 1/2 times 2/7 times 9/2, expressed as a fraction in simplest terms?
- (2) Who is Miss Piggy in love with?
- (3) What baseball position are you playing if you're in the corn?
- (4) What's the capital of Florida?
- (5) What's the oldest stroke used in competitive swimming?

--Level 2 questions

- (6) What's the most popular registered dog in America?
- (7) What Italian explorer is buried in the Dominican Republic?
- (8) What's the Big Bang said to have created?
- (9) What's the actual location of all the streets found on a Monopoly board?
- (10) What's the capital of Brazil?

--Level 3 questions

- (11) How did My Darling Clementine die?
- (12) What is the chemical symbol for iron?
- (13) What does an anthropologist eat?
- (14) What's found at 1313 Harbor Boulevard, Anaheim, California?
- (15) What heavyweight boxer defended his title the most?

SCORING: Level 1 questions are worth 1 point, Level 2 are 2, Level 3 are 3 - 0-6 pts-You need some work; 7-12-Join the crowd; 13-18-Moving ahead; 19-24-Congrats; 25-30-Fantastic

Trivia answers:

1) 9/14, 2) Kermit the Frog, 3) The outfield, 4) Tallahassee, 5) The breaststroke, 6) The poodle, 7) Christopher Columbus, 8) The universe, 9) Atlantic City, NJ, 10) Brasilia, 11) By drowning, 12) Fe, 13) People, 14) Disneyland, 15) Joe Louis

Fall 2023 high school sports scoreboard

Football

Final Mid NW Gopher-Gold Football Standings

Team	GG	All
BBE	7-0	11-0
**Upsala-Swan Area	6-1	8-2
**KMS	4-3	5-4
**Browerville-EV	4-3	6-4
**Atwater-CGC	4-3	6-4
**West Central Area	2-5	3-6
**Benson	1-6	1-8
**Long Prairie-GE	0-7	1-8

(*team eliminated)

Final Mid NW White Football Standings

Team	White	All
**Albany	6-1	8-3
**Rockford	6-1	8-2
**Pierz	5-2	6-4
**Montevideo	4-3	6-4
**Howard Lk-WW	3-4	3-6
**Sauk Centre	2-5	3-7
**Minnewaska	2-5	2-7
**Melrose Area	0-7	0-9

Final Mid NW Three Rivers Blue Football Standings

Team	TR	All
EV-Watkins	7-0	11-0
**Osakis	6-1	9-2
**Kimball Area	5-2	6-3
**Holdingford	4-3	7-4
**SC Cathedral	3-4	4-6
**Royalton	2-5	3-7
**Paynesville	1-6	1-8
**Maple Lake	0-7	0-9

Final District South/West-North Football Standings

Team	S/W	All
Minneota	7-0	12-0
**BOLD	6-1	9-2
**Canby	4-3	6-4
**Dawson-Boyd	4-3	5-5
**LQP Valley	3-4	3-6
**YME	2-5	2-7
**MACCRAY	2-5	3-6
**Lakeview	0-7	1-8

(*team eliminated)

Area results:
See separate State Tourney results on page 3B

Volleyball

Final WCC Volleyball Standings

Team	WCC	All
**Sauk Centre	13-1	23-7
**BOLD	11-3	20-5
West Cen Area	9-5	24-11
**Melrose Area	9-5	20-9
**Minnewaska	7-7	16-13
**Morris Area-CA	5-9	9-16
**Montevideo	1-13	2-19
**Benson	1-13	4-17

Final Camden North Volleyball Standings

Team	CN	All
**MACCRAY	9-2	21-10
**Prinsburg CMCS	7-4	16-11
**KMS	5-6	12-17
**Dawson-Boyd	3-8	9-17
**Lac qui Parle	2-9	7-17
**Ortonville	2-9	7-17

Final Central MN Volleyball Standings

Team	CM	All
**BBE	7-0	23-7
**Paynesville Area	6-2	20-6
**Royalton	4-3	15-12
**Kimball Area	3-4	14-13
**ACGC	3-4	12-13
**Maple Lake	3-4	16-13
**Holdingford	3-4	18-10
**Eden Valley-Wat	0-8	3-23

(*team eliminated)

Tournament results: Section 6AA

Minnewaska 3, Foley 1
Sauk Centre 3, Osakis 0
SC Cath 3, Pierz 0
Holdingford 3, Royalton 1
Melrose 3, Milaca 0
Staples-Mot 3, Pillager 0
Sauk Centre 3, SC Cath 0
Pequot Lakes 3, Waska 0
Melrose 3, Staples-Motley 0
Albany 3, Holdingford 0
Albany 3, Melrose 0
Pequot Lakes 3, Sauk Cen 2

Champ-Pequot L 3, Albany 1

State tourney results: Class A quarterfinals

#1-RTR 3, Pine River-Back 0
#4-New Life 3, #5-WCA 2
#2-Mayer Lutheran 3, Ely 0
#2-Mabel-Can 3, Bad-G-MR 0

Semifinals

RTR 3, New Life 1
Mayer Luth 3, Mab-Can 1
Consolation semis
WCA 3, Pine River-Backus 2
Ely 3, Badger-GB-MR 1
Fifth place
Ely 3, West Central Area 0
Third place
New Life 3, Mabel-Canton 2
Championship
RTR 3, Mayer Lutheran 1

Class AA quarterfinals

#1-SW MN Chris 3, WDC 1
#4-Rush City 3, #5-Annan 0
#2-Pequot Lakes 3, Redwd 2
#3-Caledonia 3, Concor Ac 0

Semifinals
Rush City 3, SWMC 0
Pequot Lakes 3, Caledonia 2
Consolation semis
Annapdale 3, WDC 2
Redwood 3, Concordia Ac 1
Fifth place
Annapdale 3, Redwood 2
Third place
SWMC 3, Caledonia 1
Championship
Pequot Lakes 3, Rush City 0

Class AAA quarters

#1-Marshall 3, DeLaSalle 0
#4-Det Lks 3, #5-Gr Rapids 0
#2-Delano 3, Mahtomedi 0
#3-Byron 3, Monticello 0

Semifinals
Marshall 3, Detroit Lakes 1
Delano 3, Byron 0
Consolation semis
Grand Rap 3, DeLaSalle 1
Monticello 3, Mahtomedi 0
Fifth place
Grand Rap 3, Monticello 1
Third place
Byron 3, Detroit Lakes 2
Championship
Marshall 3, Delano 0

Class AAAAA quarters

#1-Wayzata 3, Edina 0
#5-Anoka 3, #4-Eagan 2
#2-New Pr 3, Minnetonka 1
Stillwater 3, #3-Rogers 2

Semifinals
Wayzata 3, Anoka 0
New Prague 3, Stillwater 0
Consolation semis
Eagan 3, Edina 0
Rogers 3, Minnetonka 1
Fifth place
Rogers 3, Eagan 2
Third place
Anoka 3, Stillwater Area 0
Championship
Wayzata 3, New Prague 0

Girls Tennis

Final WCC Girls Tennis Standings

Team	WCC	All
**Minnewaska	8-0	12-7
**Montevideo	6-2	9-5
**Morris-WCA	5-3	7-5
**Benson-KMS	4-4	8-7
**MACCRAY	4-4	4-9
**Melrose Area	4-4	4-6
**LQP-DB	2-6	3-7
**Sauk Centre	2-6	2-6
**Benson	0-8	0-9

(*team eliminated)

State tourney results Class A quarterfinals

Roch Lourdes 7, Luverne 0
St. James 4, Crookston 3
Blake School 4, Prov Acad 3
Pine City 6, NLS 1

Consolation semifinals
Crookston 6, Luverne 1
Prov Academy 4, NLS 3
Semifinals
Roch Lourdes 5, St. James 2
Blake School 5, Pine City 2
Fifth place
Prov Acad 4, Crookston 3
Third place
Pine City 6, St. James 1
Championship
Blake 5, Rochester Lourdes 2

Class AA quarterfinals

Roch Mayo 7, Brainerd 0
Maple Gr 4, Elk River 3
Edina 5, Mounds View 2
Minnetonka 7, East Ridge 0

Consolation semifinals
Elk River 6, Brainerd 1
Mounds View 7, E Ridge 0
Semifinals
Roch Mayo 6, Maple Grove 1
Edina 4, Minnetonka 3
Fifth place
Mounds View 5, Elk River 2
Third place
Minnetonka 7, Maple Gr 0
Championship
Rochester Mayo 6, Edina 1

Swimming

Area results:
Gators at State Class A Meet -- Nov. 16-18

Cross Country

Area girls' results:
at Section 6A Meet -- (1) Staples-Motley 39 (2) Wadena-DC 84 (3) Minnewaska 102 (4) West Central Area 147 (5) Melrose 153, LPGE 177, Sauk Centre 188, Morris Area 208, OTC 237, Pillager 295, Benson-KMS 309, Ashby-B-E 315, Osakis 344, Verndale 357, Alexandria Community 367

Area boys' results:
at Section 6A meet -- (1) Bertha-Hewitt 48 (2) Staples-Motley 71 (3) Sauk Centre 76 (4) Minnewaska 121 (5) Wadena-DC 171, OTC 172, WCA 180, Osakis 196, Melrose 233, LPGE 306, Ortonville 312, Benson-KMS 342, Morris Area 352, Ashby-B-E 356, Pillager 414

Soccer

Final Granite Ridge Conference Standings

Team	GR	All
St. Cloud Cath	8-0	20-0
**L Falls/LPGE	3-3	2-5
**Minnewaska	2-4	2-6
**Melrose Area	2-5	1-11
**St. John's Prep	2-5	1-12

(*team eliminated)

State Tourney results Class A quarterfinals

#1-SCC 2, Marshall School 0
#4-Pine Island-ZM 5, #5-St. Charles 0
#2-Holy Family 2, Cristo Rey Jesuit 1
#3-St. Paul Academy and Summit School vs. St. Paul Washington Tech Magnet

Semifinals Nov. 1:
Pine Island-ZM 1, SCC 0
SP Acad-Sum 2, Holy Family 1
Championship:
St. Paul Academy and Summit School 3, Pine Island-Zumbrota-Mazzeppa 2

Stadtherr and relay advance to state . . from page 1B

meet.

"The Gators had an amazing weekend at the section meet and the relay state berth was such a great way to end the meet. The Gators are pumped for their state trip," head coach Sam Oellien said. "We will be taking Lyla in the 100 breaststroke; Soffia, Lyla, Becca and Melena in the 400 free relay and our alternates will be Sage Barnstuble, Isabel Guerra and Mesa Kittelson.

"We had so many personal bests, improvements over night and records on the last day that it was a wonderful day overall for the Gators."

Park Rapids dominated the section meet, totaling 482 points to beat out Alexandria (338.5) for first place in the nine-team field. The Gators placed fifth with 211.5 points.

The State Swimming and Diving Meet is set for Nov. 16-18 at the U of M.

Section 8A Meet

Park Rapids earned first and the Gators were fifth at the Section 8A Swimming and Diving Meet last weekend at Detroit Lakes.

Lyla Stadtherr placed second in the 100 breaststroke to earn one state berth for the Gators, while the 400 freestyle relay team of Lyla Stadtherr, Soffia Stadtherr, Becca Femrite and Melena Longtin also qualified to the state meet by placing second.

Lyla Stadtherr swam to a time of 1:10.67 in the breaststroke, which was six seconds faster than her time in the same event at the WCC Meet. Her time also broke the school record held by Julia Hoffman in 2015 (1:13.21).

The winning time at the section meet was 1:08.96 by Jisella Haskamp of Alexandria.

"Lyla has been swimming amazingly," coach Oellien said. "She had a four-second improvement overnight before the finals



Members of the 200 yard freestyle relay team compete at home. One racer just finished up (right), while another one just hit the water and ready to go next are Melena Longtin and Lyla Stadtherr.

in the breaststroke and also helped lead us to the relay state berth."

In the final event of the night, the 400 freestyle relay, Longtin swam an unofficial time of 54.33 in the anchor leg to rally her team to the runner-up finish and state berth. The time of 3:51.1 for the Gators was just .26 ahead of the third-place time.

The winning time in the 400 relay was 3:46.7 by the Park Rapids team.

Oh yeah, it also broke the school record of 3:51.22, set in 2018 by Ali Femrite, Michele Stai, Lacey Entzi and Hannah Hoffman.

In the diving portion of the meet, Ella Roering placed sixth (292.65 points) and Clare Barnstuble was eighth (283.05). "The divers have stepped up their



Lyla Stadtherr competes in the individual medley during a home meet for the Gators this season. Minnewaska Area/Morris Area competed at the section meet this past weekend. Stadtherr qualified to state in two events.

game this year and started throwing in some different dives that were very difficult," coach Oellien said. "Clare and Ella were able to make the podium, while Adelyn Ferrian (207.95 points) was able to break 200 points for the first time."

It wasn't all sunshine and rainbows for the Gators though, as the early part of the meet brought its share of disappointment.

The meet started with the 200 yard medley relay



Melena Longtin focuses for her next race during a home meet this fall. She qualified to state in the 400 freestyle relay and just missed out on two other events.

Gators...see page 4B



Pictured above are the Academic All-Conference award winners. In front from left to right are Lauryn Ankeny (also Academic All-State), Autumn Hess, Piper Citrowske-Lee and Aubrey Stark. Back -- Jayce Kovarik, Ian Mills, Zach Palmer, Luke Hoffmann and Teagan Stark.



Pictured above are the team award winners. From left to right in front are Sydney Ankeny (Best Teammate), Nori Song (Most Improved and Rookie of Year) and Piper Citrowske-Lee (Most Inspirational). Second row -- Izzy Bautista (Best Teammate), Teagan Stark (Best Teammate), Lauryn Ankeny (Laker Tough and MVP) and Sophia Wallin (Most Inspirational). Back -- Maeson Tank (Laker Tough and MVP), Luke Hoffmann (Rookie of Year), Zach Palmer (Best Teammate, Most Inspirational and Most Improved) and Ian Mills (Most Improved).



Selected as captains for next year's season are Piper Citrowske-Lee (left), Ian Mills, Zach Palmer and Lauryn Ankeny. Serving as captains this season were Maeson Tank, Teagan Stark, Izzy Bautista and Jayce Kovarik.



Earning All-Conference for the Lakers were (from left to right), Jillian Deutsch (honorable mention), Zach Palmer, Lauryn Ankeny, Maeson Tank, Nori Song and Jayce Kovarik (honorable mention).

Cross-country awards . . . from page 1B

Invitational and WCC Meet, was second at the WDC Invitational and third at the Melrose Invitational.

Of course, the highlight of the season was Tank and Ankeny qualifying to the state meet where Tank closed out his high school career with a 35th place finish in the Class A Meet, while Ankeny placed 122nd in her third-straight state competition.

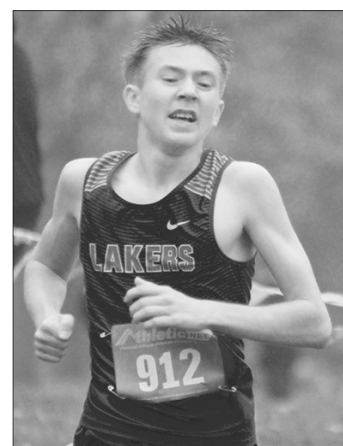
Just missing out on state berths this year were Nori Song, who placed ninth at the section meet for the Laker girls, and Zach Palmer, who was 18th for the boys team at the section meet.

At the state meet, Heritage Christian won the boys Class A team title, while St. Cloud Cathedral dominated the Class A girls meet.

Earning All-WCC for the cross-country program this fall were Lauryn Ankeny, Nori Song, Zach Palmer and Maeson Tank, while Jayce Kovarik and Jillian Deutsch were both honorable mention.

Seniors on this year's cross-country teams for the Lakers are Izzy Bautista, Teagan Stark, Jayce

Cross-country...page 4B



Ian Mills races for the Lakers at the section meet.



Pictured above are the letterwinners. From left to right in front are Jillian Deutsch, Nori Song, Sydney Ankeny, Autumn Hess, Piper Citrowske-Lee and Sophia Wallin. Second row -- Alannah Christensen, Aubrey Stark, Izzy Bautista, Teagan Stark, Lauryn Ankeny and Jayce Kovarik. Third row -- Ian Mills, Zach Palmer, Carter Dinsmore, Chase Wacker, Luke Hoffmann, Tate Wasiloski, Ryan Koehntop and Maeson Tank.



Nori Song was a great addition to the Lakers this season.

Volleyball recap and statistics . . . from page 1B

record, followed by BOLD (11-3), West Central Area and Melrose Area (both 9-5), Minnewaska Area (7-7), Morris Area-CA (5-9), Montevideo (1-13) and Benson (1-13).

The Lakers started out 6-3 this season, including a third-place finish at the Lakeview Tourney, but then went 5-7 to fall to 11-10 late in the season.

The Lakers closed out the year with a 5-3 record, including losses to Hawley and Sauk Centre at the Fergus Falls Invitational and a loss to Pequot Lakes in the section quarterfinals.

WCA was the only WCC team to make it to state as the Knights beat BBE and Underwood to earn the Section 6A title and a berth at state.

Seniors who will be lost to graduation from this year's volleyball team are Avery Fier, Haley Shea, Dreya Barsness, Brooklyn Meyer and Miaya Guggisberg.

Other members of the Minnewaska Area volleyball team were juniors Dacia Fleury and Addyson Kath; sophomore Emma Poegel; ninth-graders Brooklyn Noyes, Elian Marthaler, Emma Hellermann and Haillie Schulz; and eighth-graders Mya VanLuik and Berlynn Green. Coaching the Lakers this year were Michele Johnson, Bailey Gronner, Kari Nelson and Jacalyn Skoglund.

Coach Michele Johnson has indicated that she'll be stepping down as head coach next year. "This is my last year as head coach at Minnewaska. It's satisfying knowing the program has depth and has made a lot of growth. Looking forward



It was also a season of milestones as Dreya Barsness (left) earned her 700th kill, while Avery Fier (right) earned her 1,000th dig and 500th career kill.



Records included Avery Fier's 1,051 digs (she ended with more), while Haley Shea broke the school record with her 1,894th set assist before going on to go over 2,000.

Minnewaska 2023 volleyball stats

Name	Gr	GP	Attacks	Serv	Ace	Ast	Dig	Blk
Addy Kath	11	86	176-199-50	100%	0	8	18	9.5
Avery Fier	12	86	560-639-229	89%	30	52	345	31
Berlynn Green	8	20	2-3-1	93%	7	1	37	0
Brooklyn Meyer	12	29	0-0-0	93%	10	1	37	0
Brooklyn Noyes	9	43	1-2-0	91%	9	4	58	0
Dacia Fleury	11	65	468-550-82	0	0	3	68	10.5
Dreya Barsness	12	86	872-1000-339	85%	60	25	343	12
Emma Hellermann	9	39	30-34-6	0	0	1	18	13.5
Emma Poegel	10	86	17-18-2	96%	22	17	306	0
Haillie Schulz	12	86	488-544-160	90%	38	363	170	17
Haley Shea	9	86	38-39-2	94%	34	517	196	2
Miaya Guggisberg	12	75	133-143-34	0	0	1	17	24.5
Mya VanLuik	8	3	5-7-2	0	0	0	0	0
Totals	--	86	19.4%	91%	210	993	1613	120

(Key: Gr-grade; GP-games played; Attacks-good-attempted-kills; Serv-Serving percentage; Ace-service aces; Ast-set assists; Dig-defensive digs; Blk-total blocks)

to watching and hearing about them in the years to come. Very grateful for the support in the district and the community."

Season statistics

In season statistics supplied by the coaches, the Lakers had a kill percentage of 19 percent this year. Dreya Barsness led the way with 339 kills, followed by Avery Fier with 229, Haillie Schulz with 160, Dacia Fleury with 82 and Miaya Guggisberg with 34.

Among regulars, Fier led the Lakers with a kill percentage of 24 percent, while Barsness was next at 21 percent.

Barsness was the top server with 60 ace-serves, followed by Schulz with 38, Haley Shea with 34, Fier with 30 and Emma Poegel with 22. Poegel also led the Lakers by making 96 percent of her serves, while Shea served at a 94 percent clip. Overall, the Lakers made 91 percent of their serves this fall.

The top two setters for the Lakers this year were Shea with 517 set assists and Schulz with 363. Shea earned her 2,000th career assist during the season-ending loss at Pequot Lakes.

Defensively, Fier led Minnewaska Area with 345 digs this season, followed closely by Barsness with 343, Poegel with 306, Shea with 196 and Schulz with 170.

Fier also had a team-high 31 blocks for the Lakers this year out of 120 for the team. Guggisberg was next with 24.5, while Schulz had 17, Emma Hellermann had 13.5, Barsness had 12, Fleury had 10.5 and Addy Kath added 9.5.

State football results

Section 6AAA football

Team..... W-L
 1. New London-Spicer 6-4
 **2. Albany 8-3
 **3. Montevideo 6-4
 **4. Sauk Centre 3-7
 **5. Minnewaska Area 2-7
 **6. Melrose Area 0-9
 (**denotes team eliminated)

Quarterfinal results:

NLS bye
 Albany bye
 Montevideo 40, Melrose 16
 Sauk Centre 52, Minnewaska 18
Semifinal results:
 NLS 48, Sauk Centre 14
 Albany 28, Montevideo 0
Championship:
 Albany 24, NLS 23

Section 4A football

Team..... W-L
 1. BBE 11-0
 **2. Upsala-Swanville Area 8-2
 **3. Browerville-EV 6-4
 **4. Atwater-CGC 6-4
 **5. Benson 1-8
 **6. Long Prairie-GE 1-8
 (**denotes team eliminated)

Quarterfinal results:

BBE bye
 USA bye
 ACGC 34, Benson 10
 Browerville-EV 41, LPGE 6
Semifinal results:
 BBE 60, ACGC 8
 USA 24, Browerville-EV 14
Championship:
 BBE 36, Upsala-Swanville Area 12

Section 5AA football

Team..... W-L
 1. Eden Valley-Watkins 11-0
 **2. Kimball Area 6-3
 **3. Holdingford 7-4
 **4. KMS 5-4
 **5. Royalton 3-7
 **6. Paynesville Area 1-8
 (**denotes team eliminated)

Quarterfinal results:

EV-Watkins bye
 Kimball Area bye
 Royalton 20, KMS 7
 Holdingford 40, Paynesville 14
Semifinal results:
 EV-Watkins 52, Royalton 6
 Holdingford 34, Kimball Area 26
Championship:
 EV-Watkins 44, Holdingford 13

Section 6AA football

Team..... W-L
 **1. Osakis 9-2
 **2. Pillager 6-3
 **3. Staples-Motley 8-2
 **4. Wadena-DC 3-7
 **5. Menahga 1-8
 (**denotes team eliminated)

Quarterfinal results:

Osakis, Pillager and Staples-Motley, all first-round byes
 Wadena-DC 14, Menahga 12
Semifinal results:
 Osakis 49, Wadena-DC 0
 Staples-Motley 24, Pillager 14
Championship:
 Osakis 42, Staples-Motley 13

Section 5A football

Team..... W-L
 1. Minneota 12-0
 **2. BOLD 9-2
 **3. Dawson-Boyd 5-5
 **4. Canby 6-4
 **5. Lac qui Parle 3-6
 **6. MACCRAY 3-6
 **7. YME 2-7
 **8. Lakeview 1-8
 (**denotes team eliminated)

Quarterfinal results:

Minneota 70, Lakeview 8
 Canby 32, LQP Valley 0
 Dawson-Boyd 20, MACCRAY 19
 BOLD 48, YME 14
Semifinal results:
 Minneota 39, Canby 6
 BOLD 40, Dawson-Boyd 7
Championship:
 Minneota 14, BOLD 6



State Football Tourney:

Class A quarterfinals:
 Springfield 22, Fillmore Central 12
 Mahanomen-Waub 18, Parkers Prairie 0
 BBE 28, Mayer Lutheran 6
 Minneota 55, Braham 8
Semifinals Nov. 18 at US Bank:
 Springfield vs. Mahanomen-Waubun
 BBE vs. Minneota

Class AA quarterfinals:
 Jackson CC 41, Caledonia 0
 Barnesville 42, Osakis 36
 Cannon Falls 51, Triton
 EVW 60, Moose Lake-WR 0

Semifinals Nov. 17 at US Bank:
 Jackson City Central vs. Barnesville
 Cannon Falls vs. Eden Val-Watkins

Class AAA quarterfinals:
 Stewartville 22, Waseca 0
 DGF 33, Albany 6
 Dassel-Cokato 14, Mpls. North 7
 Annandale 14, Esko 7

Semifinals Nov. 18 at US Bank:
 Stewartville vs. DGF
 Dassel-Cokato vs. Annandale

Class AAAA quarterfinals:
 Byron 31, Hill-Murray 28
 Rocori 28, Orono 27
 Hutchinson 44, Totino-Grace 12
 North Brandt 38, Benilde-SM 27

Semis Nov. 16-17 at US Bank:
 Byron vs. Rocori
 Hutchinson vs. North Branch



In front from left to right are Lauryn Ankeny (All-WCC), Nori Song (All-WCC) and Jillian Deutsch (honorable mention). In back are Zach Palmer (All-WCC), Maeson Tank (All-WCC) and Jayce Kovarik (honorable mention).

Cross-country...

from page 3B

Kovarik and Maeson Tank, who also served as captains for this year's team.

This is the seventh year of having cross-country back at Minnewaska Area. This year's girls cross-country roster included seventh-graders Nori Song, Jillian Deutsch and Ayden Svenning; eighth-grader Sydney Ankeny; ninth-grader Sophia Wallin; sophomores Lauryn Ankeny, Piper Citrowske-Lee and Aubrey Stark; juniors Alannah Christensen and Autumn Hess; and seniors Izzy Bautista and Teagan Stark, while the boys cross-country roster included eighth-grader Rylan Tank; sophomores Carter Dinsmore and Tate Wasiloski; juniors Luke Hoffmann, Ryan Koehntop, Ian Mills, Zach Palmer and Chase Wacker; and seniors Jayce Kovarik and Maeson Tank.

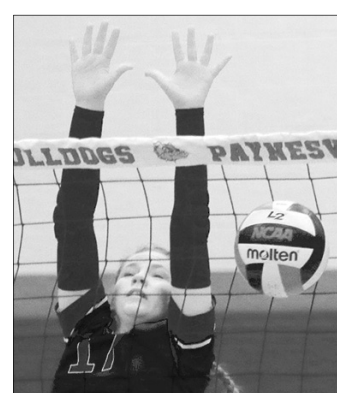


Pictured above are members of the 7th grade Minnewaska Area volleyball team. In front from left to right are Piper Barsness, Cate Frey and Taylor Schulz. Back -- coach Mary Johnsrud, Sophie Boll, Adeline Oeltjen, Ally Johnsrud and Ava Moen. Photo courtesy of Bruce Strand, Pacesetter Sports.

7th grade volleyball from page 1B

usually do," said coach Mary Johnsrud about the Pacesetter tournament. "We won both our tournaments this season but they were nothing like this one."

The Lakers got it done with just seven players: Ava Moen (setter), Ally Johnsrud (outside hitter), Taylor Schultz (outside hitter), Cate Frey (libero), Sophie Boll (middle



Adeline Oeltjen blocks a shot for the Lakers.

hitter), Piper Barsness (right-side hitter, setter) and Adeline Oeltjen (middle hitter).

There was also an eighth-grade tournament which was won by Stewartville.

Pacesetter, based in Paynesville, conducts basketball and volleyball camps and tournaments for area youth all year long.

Place your orders now: DNR accepting order for spring 2024 seedlings

The Minnesota Department of Natural Resources State Forest Nursery is accepting orders for spring 2024 seedlings beginning Oct. 25. With approximately 3 million seedlings available for the spring planting season, this is a great opportunity for landowners to reforest their property to create wildlife habitat, shelterbelts, or a woodland oasis.

Since 1931, the Minnesota DNR's State Forest Nursery has developed techniques to ensure the highest-quality seedling stock. The State Forest Nursery offers 26 species of native bareroot trees and shrubs. However, seedling selection and availability decreases after the first

few weeks of sales. Visit the State Forest Nursery seedling ordering webpage (mndnr.gov/forestry/nursery/ordering.html) to view the available species and access the tree seedling order form.

A minimum order of 500 seedlings is required when purchasing from the State Forest Nursery. This is roughly the number of seedlings needed to plant one acre of bare land. Orders can be tailored in increments of 100 for each species. Prices vary depending on species, with the price as low as \$195 for 500 seedlings. The State Forest Nursery also offers two pre-selected seedlings packets, simplifying the decision-making process. The conifer packet includes 250 white spruce and 250 red pine seedlings to add more greenery to woodlands in winter. The fruiting trees and shrubs packet features a mixture of chokecherry, black cherry, nannyberry, hackberry, and wild plum to create a pollinator-friendly habitat.

Landowners can receive assistance identifying the trees and shrubs best suited to their property and woodland management goals by reaching out to a local DNR forester (mndnr.gov/woodlands/cfm-map.html).

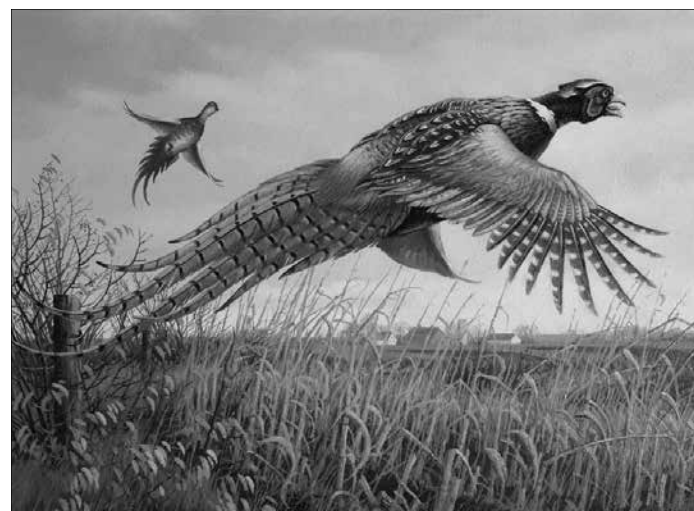
Seedlings must be planted within Minnesota. The last day to order seedlings is Friday, March 29,

2024. Landowners interested in planting fewer than 500 seedlings are encouraged to contact their local Soil and Water Conservation District (maswcd.org) to learn if they offer a tree sale program. Some SWCDs also offer planting services.

Got a good fishing or hunting picture?

Have you had some success recently fishing and/or hunting in the area. The Pope County Tribune would love to publish your picture(s) so that others can enjoy your success.

Please send your picture to sports@pctribune.com and make sure to include some basic information and a number we can reach you if we need more information.



A rooster in flight by Michael Sieve of Rushford.



A walleye by Melissa Mickelson of Minneapolis.



A blue-winged teal by Jim Caturia of Cannon Falls.

About the DNR fish and wildlife habitat stamp program

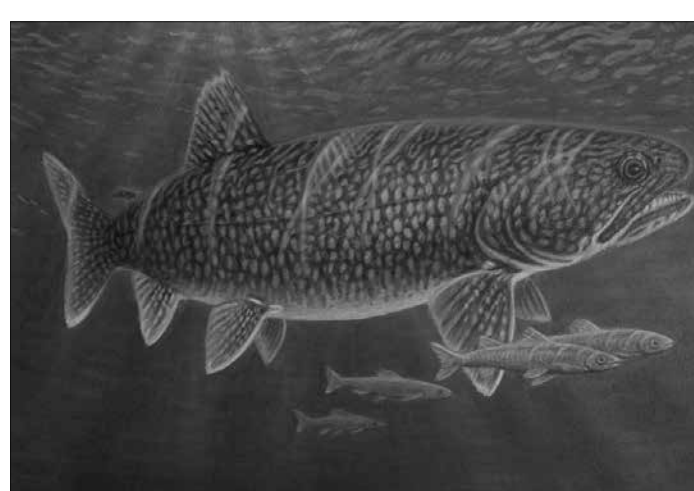
The DNR fish and wildlife habitat stamp program helps support fish and wildlife conservation by selling fish and wildlife habitat stamps. There are five stamps: trout and salmon, waterfowl, pheasant, walleye and turkey. Stamps can be purchased in combination with a hunting or fishing license or as collectables. This year's stamps are featured alongside this article.

The fish and wildlife habitat stamp contests are open to any Minnesota resident. If you are interested in entering the contest, download a copy of the stamp application and contest rules (PDF) and submit the application along with your artwork.

The Minnesota DNR uses revenue from voluntary purchases of walleye stamps to purchase walleye for stocking in Minnesota's lakes. Revenue from trout and salmon stamps, which are required for anglers ages 18-64 who fish in designated trout water or possess trout, is dedicated to trout and salmon management and habitat work. Visit the stamp webpage of the DNR website (mndnr.gov/stamps) for more information about habitat stamps and contest guidelines.

Final Fall 2023 sports polls

<p>Volleyball (FINAL--**2023) Class AAAA</p> <ol style="list-style-type: none"> Wayzata (16) East Ridge Champlin Park New Prague Lakeville N Lakeville S Rogers Eagan Rosemount Maple Grove <p>Class AAA</p> <ol style="list-style-type: none"> Marshall (13) Delano Northfield (1) Rocori Byron Holy Angels Kasson-Mantor Benilde-SM Cloquet Detroit Lakes <p>Class AA</p> <ol style="list-style-type: none"> SW Christian (15) Chatfield Albany (1) Pequot Lakes Caledonia Belle Plaine Rush City Zumbrota-Maz Waterville-EM Redwood Valley <p>Class A</p> <ol style="list-style-type: none"> Minneota (15) Mabel-Canton RTR Mayer Lutheran Kenyon-Wanam Canby Fillmore Central MACCRAY BOLD RCW 	<p>Football (FINAL--**2023) Class AAAAA</p> <ol style="list-style-type: none"> Eden Prairie (11) 8-0 Lakeville N.....7-1 Lakeville S7-1 <p>Class AAAAA</p> <ol style="list-style-type: none"> Chanhasen (11) ..8-0 Mankato West.....7-1 Alexandria8-0 Andover7-1 <p>Class AAAA</p> <ol style="list-style-type: none"> Becker (11)8-0 Hutchinson6-2 Kasson-Mantor....7-1 Rocori.....6-2 <p>Class AAA</p> <ol style="list-style-type: none"> Stewartville (8)....8-0 Esko (3)8-0 Annandale8-0 Litchfield7-1 DGF.....7-1 	<p>Boys Soccer (FINAL--**2023) Class A</p> <ol style="list-style-type: none"> Breck St. Cloud Cathedral Holy Family Catholic St. Paul Academy <p>Girls Tennis (FINAL--**2023) Class A</p> <ol style="list-style-type: none"> Rochester Lourdes Blake Pine City Pequot Lakes Staples-Motley Osakis St. James Thief River Falls Crookston East Grand Forks <p>Cross country (FINAL--**2023) Class A boys</p> <ol style="list-style-type: none"> Heritage Christian Redwood Valley Bertha-Hewitt Luverne Winona Cotter Lewiston-AI-R-P Park Rapids Area SC Cathedral Holdingford Mankato Loy-Cleve Mountain Lake Area <p>Class A girls</p> <ol style="list-style-type: none"> St. Cloud Cathedral Redwood Valley Hawley Nova Classical Rochester Lourdes NW Nighthawks Winona Cotter United N Central Staples-Motley Canby-Minneota Luverne Lake City <p>Nine-man</p> <ol style="list-style-type: none"> Moun Ir-B (9).....8-0 Fertile-Bel (1).....8-0 Nevis8-0
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A lake trout and cisco by Bradley Kenneth Hadrava of Bemidji.



Two toms in the woods by Micah Hanson of St. Charles.

Gator results . . from page 2B

Soffia Stadtherr, Femrite and Longtin in 1:45.77.

With three events to go, the Gators were still searching for their first state berth.

Soffia Stadtherr placed 15th in the 100 backstroke before Lyla Stadtherr broke through for the Gators with a second-place finish in the 100 breaststroke (1:10.67) with a time that also set a new school record. The old record was 1:13.21, set by Julia Hoffman in 2015.

Not to be outdone, the 400 freestyle relay team also qualified to state and set a new school record as Lyla and Soffia Stadtherr, Longtin and Femrite swam to a time of 3:51.1, which edged the third-place team by .26 and also broke the school record by .12.

The Gators were well back in third place before Longtin's anchor leg gave her team the second-place finish and another state berth for the Gators.

at Section 8A Meet Team scoring: (1) Park Rapids 482 (2) Alexandria 338.5 (3) Fergus Falls 324.5 (4) Detroit Lakes 258 (5) Minnewaska-Morris Gators 211.5 (6) Perham 185 (7) Fosston-Bagley-Crookston 125 (7) Thief River Falls 125 (9) Warroad 71.5

Individual results (winner and Gator top-16 results): 200 medley relay: (1) Alexandria 1:53.13 (7) Gators #1 (Soffia Stadtherr, Gabby Schneider, Mesa Kittelson, Isabel Guerra) 2:07.56

200 freestyle: (1) Holm, Alex 2:02.17 (4) Becca Femrite, Gators 2:05.71

200 individual medley: (1) Haskamp, Alex 2:13.02 (16) Mesa Kittelson, Gators 2:42.24

50 freestyle: (1) Schueller, PR 24.84 (4) Melena Longtin, Gators 25.45 (5) Lyla Stadtherr, Gators 25.52

Diving: (1) Lorenz, Perham/NYM 404.1 (6) Ella Roering, Gators 292.65 (8) Clare Barnstuble, Becca Femrite, Soffia Stadtherr, Becca Femrite, Melena Longtin) 1:45.77

100 backstroke: (1) Urke, Alex 1:00.56 (15) S. Stadtherr, Gators 1:15.06

100 breaststroke: (1) Haskamp, Alex 1:08.96 (2) Lyla Stadtherr, Gators 1:10.67

400 freestyle relay: (1) Park Rapids 3:46.7 (2) Gators #1 (S. Stadtherr, L. Stadtherr, Femrite, Longtin) 3:51.1

Events & Meetings

Senior Citizens Coffee with a Cop

Senior citizens are invited to join law enforcement and the Pope County TRIAD team for coffee and treats on Tuesday, Nov. 14, at 2 p.m. at the Villard Community Center in Villard. This is time to have conversations about current scams and other safety issues for the aging community. For questions call Diane, Pope County Senior Coordinator, 320-424-0018.

MAHS Band Concert

Minnewaska Area Schools will hold its first concert of the year on Tuesday, Nov. 14, at 7 p.m. as the Concert and Varsity Bands take the stage at MAS Auditorium.

Surviving the Holidays

First Lutheran Church (1655 18th Ave. E, Alexandria) is hosting a "Surviving the Holidays" event on Thursday, Nov. 16, at 2 p.m. and 6 p.m. This is a gathering for anyone who is grieving the loss of a loved one during the holiday. Local professionals will offer tips to help cope during this difficult time. We will watch the GriefShare Movie "Surviving the Holidays" and have a small group discussion. No registration is required.

Bereavement Support Group

Glacial Ridge Health and Hoplin-Hitchcock Funeral Home will hold a bereavement support group on Thursday, Nov. 16, from 2-3:30 p.m. at the Hoplin-Hitchcock Funeral Home, 122 First Avenue NE, Glenwood. For more information or to sign up, contact Pastor Katrina (Glacial Ridge Hospice/Spiritual Coordinator) at 320-634-2242 or Dawn (Hoplin-Hitchcock Funeral Home) at 320-634-4466. Open to anyone who has experienced the loss of a loved one. The goal is to provide a safe place to receive emotional support and information on ways to cope with grief and navigate through those difficult days.

Forada Lions Club Bingo

On Saturday, Nov. 18, the Forada Lions Club will have bingo at The Muddy Boot in Forada from 1:30 p.m. to 4:30 p.m. Cash prizes. Fun for all!

Ham & Turkey Bingo

On Saturday, Nov. 18, at 7 p.m., the Villard American Legion will hold Ham and Turkey Bingo at Grace Pointe Church (formerly Villard Methodist). Three cards for \$1 or 50¢ per card. Proceeds go to community projects. There will also be door prizes available.

Turkey Bingo

Turkey Bingo, a fundraiser for Christmas Care, will be held at the Starbuck VFW on Sunday, Nov. 19. Family friendly. Doors open at 3 p.m.

Brown Bag Book Club

The Brown Bag Book Club will meet on Monday, Nov. 27, at 12 p.m. for a one-hour group discussion. The group will meet at the Glenwood Public Library. **CORRECTION:** The book selected for discussion is "A Woman Is No Man," by Etaf Rum. Pick up this book from the library. For information, contact Nikki LaSota at 634-3239.

United Way Mobile Food Drop

The United Way Mobile Food Drop is scheduled for Thursday, Nov. 30, at New Life Christian Church, 1910 County Road 82 SE, Alexandria.

Christmas Cookie Stroll

A Christmas Cookie Stroll is planned for Saturday, Dec. 2, from 9-10:30 a.m. or until cookies are gone at Fron Lutheran Church in Starbuck (front entrance). If you don't have time to bake your favorite Christmas cookies, this is the event for you! \$15 for a container of a variety of holiday cookies. Come early as the cookies go fast.

Christmas Cookie Walk

Scandinavian treats abound as the Glenwood Retirement Village Auxiliary will be hosting a Christmas Cookie Walk on Saturday, Dec. 2, at the Glenwood Lutheran Church from 9-11 a.m. There will be a variety of tasty treats including lefse, krumkake, rosettes, rommegrot, quick breads and many more. Funds will be provided by Thrivent.

Hearts and Hands Food Shelf and Clothes Closet hours

Hearts & Hands Food Shelf is open Mondays and Wednesdays from 2:30-4:30 p.m. and the last Tuesday of the month from 4:30-6:30 p.m. The Clothes Closet is open Monday-Thursday from 10 a.m.-3 p.m. Please bring your own containers for food shelf.

Minnewaska PTO

The Minnewaska Parent Teacher Organization meets the third Thursday of every month at the Minnewaska House; 6 p.m. supper, 6:30-8 p.m. meeting. Sign up or make a donation at <https://www.minnewaska.k12.mn.us/parent-teacher-organization/>

Caregiver support group

A caregiver support group will be held on the second Tuesday of each month at 9 a.m. at Western Prairie Human Services, 211 E Minnesota Ave, Glenwood. Call Diane with questions at 320-634-7755. If you are a caregiver, please join this group for a time of sharing and education. Caregiver support groups are a place to share with others who may be living with the same or similar feelings. It can also be a place to just listen and gather knowledge from others experience.

Community Partners Drop In Center

The Community Partners Drop In Center (a community center that provides support, acceptance and socialization for anyone who experiences mental health issues or concerns) offers several groups and activities. Craft group is every other Monday, from 1-3 p.m., with a variety of crafts available. Bingo is held on the alternate Mondays with prizes. "Coffee talk" meets every Tuesday from 11 a.m. - 1 p.m. A card playing and socialization group meets on Thursday mornings at 10 a.m. and a video/discussion group on Thursday afternoons from 1-3 p.m. A lunch is provided every other Friday, from 11 a.m. - 2 p.m., for conversation and community connection. The Center is located at 125 Minnesota Ave. E, Glenwood, and is open 10 a.m. - 3 p.m. on Monday, Tuesday, Thursdays and Fridays.

City of Long Beach Regular Meetings

The regular scheduled meeting for the City of Long Beach will be every second Monday of the month at 7 p.m. at Long Beach City Hall.

City of Long Beach Special Meetings

The City of Long Beach will have a recurring special meeting the 4th Monday of each month at the Long Beach City Hall starting at 7 p.m. This meeting is a working session for city records management, training and administration of city services.

Rainbow Rider

Rainbow Rider's board meetings are held the second Thursday of each month.

The Salvation Army

If you, or someone you know, are in need of emergency assistance, contact The Salvation Army at 651-746-3507. Volunteers are also desperately needed each year to work with the Red Kettle drive in this area.

Glenwood Tuesday Night AA

Think you might have a drinking problem? Alcoholics Anonymous can help. Join us for more information at our meeting held each Tuesday at 7 p.m. in the lower level of Glenwood Lutheran Church. Please enter through the door from the parking lot on the south side of the church. For more information call Jim at 320-287-3092 or Eloise at 320-766-0101.

NA meeting

The Waska Warriors Narcotics Anonymous group meets every Monday at 7 p.m. at Restoration Church, 18151 County Rd. 21, Glenwood.

AA and AA/NA meetings

Alcoholics Anonymous will meet every Tuesday at 7 p.m. Alcoholics Anonymous/Narcotics Anonymous will meet every Friday at 7 p.m. Both meetings will be held at 205 16th St. N, Benson.

Fibromyalgia/Chronic Fatigue Syndrome Support Group

A Fibromyalgia/Chronic Fatigue Syndrome Support Group will meet every fourth Thursday of the month at 7 p.m. at Douglas County Hospital in the Education Room.

Pope County Republicans

The regular meeting of Pope County Republicans will be held at 7 p.m. at the Minnewaska House on the last Thursday of the month.

Glenwood American Legion

The Glenwood American Legion Post 187 (JRD) will meet every second Wednesday of the month at 4 p.m. at Central Square, room 107.

Minnewaska VFW

The Minnewaska VFW Post 3815 Glenwood will meet every second Wednesday of the month at 4:30 p.m., or shortly after the Legion meeting, in room 107 at Central Square.

Starbuck VFW Men's Auxiliary

The Starbuck VFW Men's Auxiliary meets every third Monday of the month at 6 p.m. at the Starbuck VFW Community Room.

Villard American Legion

The Villard American Legion Post and Auxiliary meet every third Monday of the month at 7 p.m. at the Villard Community Center.

Lowry Legion

Lowry Legion #253 meets the second Tuesday of every month at 2:30 p.m.

Starbuck VFW Bar Bingo, Texas Hold'em & Meat Raffle

The Starbuck VFW holds Bar Bingo every Tuesday, Texas Hold'em every Wednesday and Packet Bar Bingo every Thursday, all starting at 7 p.m., and a meat raffle is held every Saturday, starting at 5:30 p.m., at the Starbuck VFW Post 4582. Public welcome.

Glenwood Lions

Glenwood Lions Club meets the second Tuesday of every month, at 6:06 p.m. for dinner and program at Captains Bar and Grill. Anyone interested in joining Lions is invited to attend. For more information, contact Jerry Wright Secretary 320-634-4306.

Villard Area Lions

The Villard Area Lions meet every fourth Tuesday at 7 p.m. at the Villard Community Center. Men and women interested in the Lions are invited to attend these meetings.

Sauk River Watershed

The Sauk River Watershed District's regular board meetings will be held on the third Tuesday of each month at 6 p.m.

Minnewaska Rotary Club

The Minnewaska Rotary Club meets on the first and third Tuesdays of the month at noon at the Minnewaska House Brewing Co + Grill. The meeting features lunch and a program. Anyone interested in joining the Minnewaska Rotary is invited to attend. See www.glenwoodrotaryclubmn.com for more events.

Pope County Ag Society Fair Board

The Pope County Agricultural Society Fair Board meets at 7 p.m. on the third Monday of each month at the Fair Office on the fairgrounds in Glenwood. Call 320-491-5663 or email popceofair@gmail.com for further information.

Villard Neighborhood Watch

Villard Neighborhood Watch members will meet on the third Tuesday of the month starting at 7 p.m. at the Villard Community Center in Villard. All are welcome.

NAMI Minnesota Offers Free Mental Health Support Groups

NAMI Minnesota (National Alliance on Mental Illness) offers a variety of free online and in-person peer support groups for adults and young adults living with a mental illness, their families, friends, spouses/partners, as well as parents of children and teens. African-American, GLBTQ and BIPOC community focused groups are also offered. Led by trained peer facilitators, the support groups help individuals and families learn coping skills and find strength through sharing their experiences. Find a complete listing of group meetings and how to join in by going to namimn.org and clicking on "Support Groups" or go straight to <https://namimn.org/support/nami-minnesota-support-groups/>.



SUDOKU

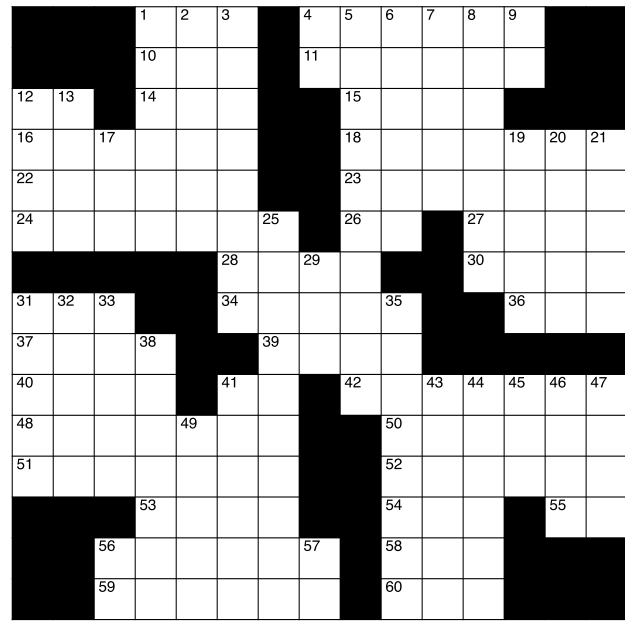
Here's how it works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name the easier it gets to solve the puzzle!

8		4			6			
	2			5				
				3		9		
4			8					9
	3	7						8
	1				3	4		
7			6	2		5		
2					4	7		1
				8				3

Level: Intermediate

CROSSWORD

Answers to the crossword will be displayed in next Monday's issue.



CLUES ACROSS

- Beats per minute
- Hindu deity
- Polynesian garland of flowers
- Not chained to
- Metric ton
- Tall, rounded vase
- Musical composition
- St. Francis of
- Discover the location of
- Compact group of mountains
- Mend
- Not current
- Atomic #64
- Young hawk
- Or
- Pouches
- Southern Thailand isthmus
- Mends with yarn
- Downwinds
- One of two equal parts of a divisible whole
- Italian archaeological site
- Cold appetizer
- Yes
- Peninsula
- Of that
- A way to divide
- Relating to the physical senses
- One who makes money
- Spumante (Italian wine)
- Inconvenience (abbr.)
- South Dakota
- Snout sport
- The products of human creativity
- Change mind
- Born of

CLUES DOWN

- Similar to the color of a clear unclouded sky
- Former name of Iran
- Made smaller
- Type of meter
- Revolt
- Killed with rocks
- Gregory __, US dancer
- Nullifies
- Home to the Flyers
- Female parent
- Pre-1917 Russian emperor
- Outsourcing (abbr.)
- Regal
- Line
- Hermann __, author of "Siddhartha"
- Clearing up
- No seats available
- Leaves of an Arabian shrub
- Groove in organ or tissue
- Not of this world
- Cooking device
- Forget
- Operational flight
- Actress Danes
- Poke holes in
- A way to discolor
- Shouts of welcome or farewell
- Pharrell's group
- Red fluorescent dye
- Jr.'s dad
- Electronics firm

- ANSWERS -

Crossword Solution from the November 6th issue.

8	4	2	5	8	7	6	9	1	REOCCUR	EREAS
1	9	7	4	6	8	9	8	2	EXPENSE	RHEARS
8	6	5	1	2	9	3	4	7	CHEESEBURGER	ERDR
2	4	2	3	9	5	8	1	6	OUR	USUAL
5	8	1	2	4	6	7	3	9	RMA	THEM
6	3	6	7	8	1	7	8	2	DESOLATED	SEINE
9	8	1	2	4	6	7	3	9	RACER	PARSED
6	3	6	7	8	1	7	8	2	ICED	RANI
4	1	4	6	8	3	2	9	7	HALLOES	SIREE
7	9	8	6	9	5	8	2	1	ENOLS	REFERRALS
9	7	8	6	9	5	8	2	1	RAGE	BARF
6	3	6	7	8	1	7	8	2	ORE	FARER
5	8	1	2	4	6	7	3	9	IC	VENERABILITY
2	4	2	3	9	5	8	1	6	CHIAS	FOREVER
1	9	7	4	6	8	9	8	2	SYNCS	FOSTERS

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Construction started on new hardware store

Nov. 14, 1963 - John Morton, a farmer east of Glenwood, was building a dam on the Chippewa River to provide a small lake on his property to provide habitat for waterfowl, fish, muskrats and other wildlife. Morton aided by the ASCS in this project, was a longtime conservationist and conservation award winner.

County agricultural agent N.P. Hanson called the county's corn crop "one of the best ever, more than we expected." Hanson said that 90 percent of the harvest was completed and that yields of 80 to 90 bushels were often reported with 50 to 60 bushels an acre being the area's average yield.

Neighbors helped Olvin Nelson with his corn picking following his bout with pneumonia. Pictured in the Tribune during the picking marathon were Albert Nelson, Carl Hagen, Jerald Hagen, Paul Hagen, Newman Erickson, Franklin Braaten, Roy Moe, Ingolf Jenum and Raymond Barsness.

Nov. 15, 1973 - Construction had begun on Glenwood's new hardware store on west Minnesota Avenue. Owner of the business, Glenwood Hardware Hank, John Caskey said, "We just outgrew the old location."

Glenwood and other area fuel oil dealers were not very optimistic about supplies for the year. Most dealers were reporting limited allocations, and none were taking new customers. Dealers told the Tribune that panic was not in order, but that conservation measures and care certainly were necessary.

One of the first medical emergency drills, organized by civil defense director Gordon Amble, was termed a success, through Glenwood fire fighters were actually dealing with real fires in two locations at the time. Though real emergency personnel were at a minimum, others pitched in to move pretend patients from the second floor of the Glenwood hospital to other locations when an imaginary blaze broke out in the hospital.

Nov. 17, 1983 - Area deer stations reported 1,101 deer bagged by hunters in the county. A weekend snow and the increase in the deer population itself may have contributed to the success of area marksmen. Those who might know were speculating that this was a record year.

The county's population was estimated to be up slightly from the 1980 census but less than it was expected to be.

Jennie's boarding home in Villard was sold to Glenwood Retirement Home to become a part of that operation. The home was expected to offer board and care services at its new Villard location.

Doug Toivonen and Paul Malenke claimed top honors in most categories of the Starbuck Bucks end-of-the-season statistics. Toivonen was the Bucks starting quarterback; Malenke was the team's leading rusher. Starbuck was 9-1 for the season for the second straight year.

Tim Lang of Villard, a student at Moorhead State University, participated in the toothpick engineering contest at the school. His structure held 94.8 pounds. The record-holder winner's entry in a previous year had held up 331

DOWN Memory Lane



TAKEN FROM TRIBUNE ARCHIVES

pounds.

Nov. 15, 1993 - Stacey Pederson, a senior at Minnewaska Area High School, had made front page news in the Tribune as the new teacher aide at Ann and Andy Preschool.

She was the first student at MAHS to participate in a work experience program for special-needs students.

A moose had been roaming around the Grove Lake area and attracted a large number of spectators. There was a picture in the Tribune of the moose near the Noble Lent farm.

Three students at E.N. Nordgaard Elementary School were honored as students of the week. They were John McMahon, second-grade, the son of Jim and Mary McMahon; Spencer Garner, fourth-grade, the son of Michelle Garner; and Katie Dahlseng, sixth-grade, the daughter of Allen and Deb Dahlseng.

Nov. 17, 2003 - At the end of a marathon meeting, the city commission voted to approve a \$1.8 million facility and borrow \$300,000 to help pay for it. That agreement, however, is tied to the fact that the project architect, Reed Becker, and the Greystone Construction company had to come up with a scaled-back design that will cost no more than \$1.8 million to build.

A 1995 graduate of Minnewaska Area High School was crowned Miss North Dakota, USA. Jennifer Smith took a giant step closer to her goal when she was crowned Miss North Dakota USA. In March of 2004 she would go on to compete in the Miss USA Pageant.

The American Cancer Society had recently honored the Pope County Relay for Life program for its significant growth in fundraising efforts. The Pope County program was recognized for 54 percent growth in its Relay for Life event held the previous summer. Relay chairs Peter and Heidi Flom of Starbuck accepted the award at the recognition event at Breezy Point Resort in Pequot Lakes.

Nov. 11, 2013 - A new feedlot housing 2,000 finish swine is one step closer to being built in Hoff Township. The Pope County Board of Commissioners approved a conditional use permit last Tuesday for Gary and Heidi Nohl to construct a 100-foot by 192-foot total confinement barn on their property in Hoff Township. According to the application, the barn will accommodate 600 animal units (2,000 swine ranging from 55 to 300 pounds) and will include an eight-foot deep engineered under-floor concrete liquid manure storage pit.

There is something new at Marthaler Chevrolet this month. In addition to the new 2014 models sparkling in the showroom, visitors will have the opportunity to see a 1914 Chevrolet Baby Grand Touring Car. This 100-year-old car is on loan from the Pope County Historical Society.

Area veterans were honored Nov. 6 at the eighth annual Veterans Appreciation Program held at Minnewaska Area High School. The program included guest speaker Sen. Torrey Westrom, musical performances by students and community members and more. The program is a collaboration between Minnewaska schools and local veterans' organizations.

The best butter maker in the state is in Pope County

From the Pope County Tribune, Thursday, November 15, 1923.

A car was left on the street near the Ward hotel Monday evening. All of a sudden gravity induced it to move on. Although the car had no driver it did some strange pranks. It first went down to the Anderson store, then it went along the sidewalk, but not finding any light along the street there it decided to cross to the street, which it did, and went into the first building that it found a light which happened to be the Krueger drug store, breaking out one of the plate glass windows, but otherwise not doing any material damage. The car, which belonged to a party from Villard, was not damaged.

The Boy Scouts of our city will receive their charter at a banquet held at one of the local churches on Tuesday evening, November 20. Ludvig Roe, of Montevideo, state commander of the American Legion, will be the speaker. All ex-service men in the county are invited to attend the banquet. Rev. D. Smith is the Scout leader.

Wrestling match at the McCauley Theatre, Glenwood, Minnesota; Friday eve, Nov. 16th. First match of the season, Graham Hopkins of Villard, Minn. Vs. Pete Brown of Fargo, N.D., N.W. Middleweight Champion. Falls: Best two out of three. This promises to be a good, hard, fast, clean match. Match immediately after showing the comedy of the second show. Show starts at 7:30, wrestling Match at 9:20. Admission to wrestling match 50¢.

From the Glenwood Herald, Thursday, November 15, 1923.

Pope County has good creameries. We often hear of one or the other of the

Museum NOTES

POPE COUNTY MUSEUM

creameries of the county getting top prices because of best quality butter. Now comes A.W. Dalsgaard, butter maker of Lowry, and gets first prize in a butter contest. Mr. Dalsgaard has all kinds of diplomas and document

that he has received at fairs and contests before testifying to his proficiency as a butter maker. The last thing he has done to win the first prize in the butter scoring contest at the thirtieth state convention at St. Paul of Minnesota creamery operators. This makes Mr. Dalsgaard the best butter maker in the state and the people of Pope County are proud.

The Starbuck Auxiliary will meet next Monday, Oct. 22 with Magna Peterson. The members will send a box consisting of jellies and preserves and jam to the disabled soldiers at the Aberdeen hospital in the city and any one who wishes to donate will have the opportunity to do so. Two boxes of lovely apples have already been sent.

From the Starbuck Times, Friday, November 16, 1923.

JOKES. Too numerous to mention.

A certain newspaper attempted to correct a typographical error in the following manner: "We wish to apologize for the way we disgraced the beautiful wedding last week. Through an error of the typesetter, we were made to say, 'the roses were punk.' What we should have said was, 'the noses were pink.'"

As St. John's church is at present under restoration, joint services for Immanuel and St. John's congregation were held at Immanuel church Sunday. The church was filled to its capacity and a very impressive sermon was given by the pastor Rev. Forde.

Anticipation is in the air

It's been a lovely Indian Summer, though Halloween was cold and only a few trick & treaters came to my house. Thanksgiving is a few short weeks away; Christmas arrives in less than two months. While Boy Scouts are canvassing the neighborhood selling wreaths and pine boughs, some folks are trimming their homes with lights. It may be early, but they're hoping to avoid the freezing temperatures and snow forecast later this week. Along with the scent of pine, anticipation is in the air!

Christmas boutiques, church suppers and candle lighting ceremonies are advertised in local papers. Though I haven't heard Christmas carols on the radio, nor have the DJ's been playing "Over the River and Through the Woods," I know those tunes will be played non-stop in a few days. Several stores have notified shoppers to get ready for an early Black Friday: they'll be open Thanksgiving evening! Pumpkin pies, pumpkin coffees, pastries, even pumpkin flavored beer are available... tis' the season of aromatic scents and mouth-watering tastes.

Thanksgiving is a gentle reminder that we have much to be thankful for. Perhaps some of you recall a picture, which hung in many dining rooms, kitchens and churches, of an elderly man praying before his simple meal. Entitled "Grace," the photograph portrays an attitude of thankfulness. Photographer Eric Enstrom said, "I wanted to take a picture that would show people that even though they had to do without so many things because of the war, they still had much to be thankful for."

Soon radio stations will be playing that memorable Thanksgiving song, which has already begun to spin endlessly on my head's turntable:

*"Over the river and through the wood,
To Grandfather's house we go;
The horse knows the way to carry the sleigh*

*Through the white and drifted snow.
Over the river, and through the wood,
Oh, how the wind does blow!
It stings the toes and bites the nose
As over the ground we go..."*

Lydia Maria Child wrote this popular Thanksgiving song as a poem in 1844. She enjoyed recalling childhood visits to her Grandfather's house.

As a young kid, I loved going to Grandma DeKok's house in Brooten, where I'd get to see lots of cousins. We'd gather at our Dutch Grandma's home, which she shared with my Aunt Sadie, the

red-headed post mistress in Brooten. My favorite Aunt Sadie sewed little girls' dresses, canned chickens, fruit and vegetables, quilted cozy blankets, baked Dutch treats and was a consummate garage sale shopper...I thought that Aunt Sadie could do anything!

Sadie and Grandma's house smelled of chickens roasting in the kitchen. In the living room, the uncles sat near the upright piano in comfy, overstuffed chairs and the sofa smoking cigarettes, though Uncle Dan was rarely without his fragrant pipe. Sitting on hard, stiff-backed, wooden, dining room chairs, the aunts sat for a few moments of rest and chatting after they'd assembled the meal, fed the little ones, served coffee to the men and began knitting or sewing. Silently, Grandma would rock back and forth in her rocker, always dressed in dark colors with her gray hair tucked into a bun. I don't ever remember her speaking: perhaps she didn't speak much English, only her Dutch language.

In the sunny kitchen, my cousins would sit around the gray Formica table in padded chairs, surrounded by smells of cooking chicken, potatoes and baking rolls. Orange or cherry Kool-aid was our treat along with rice crispy bars and sugar cookies, but only after we'd eaten a healthy meat and potatoes meal. After eating, the kids would play on the many windowed front porch with the dolls, buggies, balls, trucks, Chinese checkers and Cootie games that Aunt Sadie had purchased at garage sales. The afternoon passed too quickly; soon we had to climb into our blue Hudson car and drive home. At the close of the day, I longed to take my cousins home with me; I wanted brothers and more sisters to play with.

November is the month of thanksgiving, a prelude to December's month of enchantment and festivities. Now is the time to be thankful for the many blessings we enjoy.

To contact Pat, email: pat.spilseth@gmail.com.

History...



Photo & information courtesy of the Pope County Historical Society via mncollections.org

CHEVROLET BABY GRAND 1914 Chevrolet "Baby Grand" touring car. Black car without top cover. Running boards with luggage carrier on the sides. The wheels have wooden spokes. It was owned by Ole N. Barsness. He purchased the car from Schluter Brothers of Sedan.

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GLIMPSES IN THE PAST

110 YEARS AGO From Nov. 21, 1913

A deal was made the early part of this week through which Elmer Wesen became the owner of the dray line which has been operated by M.E. Lattin for something over a year. Mr. Wesen was already the owner of the bug feed barn on Main Street which he bought from Mrs. C.C. Carlson early last summer. The dray and feed barn will make a very good combination and we feel certain that Mr. Wesen will make good in his new venture as he has made good on other positions before.

The dearest baby the stork could convey has arrived from Cupid Land today. It's a boy weighing 5 lbs. He will make his home with Mr. and Mrs. C.L. Brevig.

The home of Mr. and Mrs. Hans Skaret was made glad last Sunday morning by the arrival of a tiny baby girl. The joy however, soon turned to sorrow, as the little life passed away in a few hours.

A bouncing baby boy has come to gladden the home of Mr. and Mrs. Albert Espelien last Tuesday.

Born to Mr. and Mrs. Carl Pederson on Thursday, a baby boy.

100 YEARS AGO From Nov. 16, 1923

Anton Aaberg sold the Benson Produce building this week to John L. Lynch, their manager, with 19 feet frontage on the main street.

The DuGlada Theatre will show free to all school children in Pope County, the film "The Copperhead," taken from the book with the same title, during Education week. This picture shows the life of Abraham Lincoln.

Elmer Erickson and his crew returned from Appleton this week after putting in one of the longest jobs of guard rail in the state.

M.P. Eidberg bought a corn sheller from the Farmers Store this week that shells 100 bushels an hour.

Miss Jennie M. Quammen and Mr. Magnus E. Thompson were united in marriage at the Central Lutheran church in Minneapolis Nov. 3. The groom is the son of Mr. and Mrs. Erick Thompson is Starbuck.

E. Chalenburg opened his new hardware store last Saturday, and enjoyed a brisk trade during the day. He sold five copper boilers the first day.

The Starbuck Milling Company is selling flour at \$3.20 for 98 lb sack contains a 10¢ coupon and every 49 lb. sack a 5¢ coupon, which will be redeemed for cash when presented by a Ladies Aid of any church.

90 YEARS AGO From Nov. 16, 1933

A severe wind storm hit this area of the state last Sunday. The strong wind blew with such intensity that most people had to be content to stay indoors. Some snow fell at noon but it didn't amount to very much. Towards evening the mercury began to drop and by Monday morning it was 3 degrees above zero. A number of small buildings were blown down, snow fences toppled and a wind mill on the Halfdon Tofner farm north of Cyrus blew down.

Funeral services for Peter T. Peterson were conducted at the Rolling Forks church on Sunday. Rev. G.G. Beito officiating. Mr. Peterson is survived by his wife, six daughters, Mrs. Gertrude Engen, Mrs. Dagny Evjen, Alma, Olga, Pearl and Margaret; two sons, Orin and Leonard; five grandchildren; three sisters, Mrs. Josie Lane, Mrs. Dina Hopkins and Mrs. Rosie Shelso.

A baby girl was born to Mr. and Mrs. Carl Anondson Friday.

Senator Henrik Shipstead has been here making a survey of feed situations of drought problems in hopes of getting federal aid for this area.

School notes from Dist. 38: The following pupils are on the honor roll with an average of 90 percent or more: Ruth Johnson, Elaine Nelson, and Alvina Gjerdingen. We have received our second set of

letters from the pupils of Dist. 37. We enjoy the correspondence with our unseen friends.

School notes from Dist. 3: The following have perfect attendance so far this year: Mildred Christenson, John Nelson, Gladys Smedstad, Jacob Gorder, Mildred Olson, Walter Nelson, Harris Tessem, Betty Moe, and Nels Forde. We have organized a club called the "Sunny Side Society". The officers are president Ralph Norland; vice president Arthur Finstad; Sec'y-treas.-Walter Nelson.

80 YEARS AGO From Nov. 18, 1943

Funeral services for Maynard George Nyhusmoen, son of Mr. and Mrs. Selmer Nyhusmoen were held at the West Zion Lutheran Church Nov. 13. Maynard died from pneumonia at the age of three weeks and 3-1/2 days. He is survived by his parents, one brother, Sidney and two sisters, Viola and Lorraine.

Mr. Josie Bottelson received a cablegram Tuesday from her son, Russell, who is in Italy, in which he stated that he had received their letters, was feeling fine and wished them a Merry Christmas.

S/Sgt. Adlore Forbord, 24, of Benson, has been awarded the Gold Conduct Medal. He is the son of Albert Forbord of Benson.

Mr. and Mrs. Freddie Runquist are the happy parents of a baby boy, Earle Cameron, weighing 7 lbs. 10 oz. born Nov. 8.

Mr. and Mrs. Harold Kjorstad entertained friends for dinner Sunday in honor of their daughter, Karen's fourth birthday.

Report from District 12: Enrollment on the opening day was nine. The following pupils had perfect attendance the past six weeks: Casper Hegg, Jr., Ralph Ranum, David Ranum, Robert Kirkwood, Maxine Kirkwood. Those who earned "A's" during the period were: David Ranum 4, Casper Hegg, Jr. 3., Allan Nygaard 3, Gladys Erickson 2, John Ranum 2, Maxine Kirkwood 2, Ralph Ranum 1 and Ellsworth Erickson 1.

70 YEARS AGO From Nov. 12, 1953

The infant daughter of Mr. and Mrs. Eugene Johnson was baptized Marcella Arlene Sunday at Immanuel Lutheran Church. Her sponsors were Mr. and Mrs. Arvid son of Danvers.

Mr. and Mrs. Jacob Gorder are the parents of a baby girl born at the Glenwood Hospital Nov. 13.

Funeral services for Mrs. Caroline Olson, 87, were held at Minnewaska Lutheran Church Nov. 1. She is survived by the following children: Albert and Henry Olson of Starbuck, Ben Olson of Onamia, Clarence Olson and Mrs. Alfred (Orpha) Sando of Sauk Rapids, Nina Halvorson of St. Pail and Mrs. Martin (Bertha) Skeslien of Terrace.

Miss Betty Williams, daughter of Mr. and Mrs. Carl Williams of Starbuck and James Stavem, son of Mr. and Mrs. Thomas Stavem of Lowry were married Nov. 8 at Fron Lutheran Church.

Miss Marna Mickelson of Morris and Bert Olson, son of Mr. and Mrs. Albert Olson of Starbuck, were married Oct. 31 at St. Petri Lutheran Church in Cyrus. The couple will make their home in Villard.

60 YEARS AGO From Nov. 14, 1963

The SHS Senior class will present the play, "The Courtship of Eddie's Father" Thursday and Friday. Members of the cast are: Mark Brenden, Jerry Tharaldson, Mary Roiland, Suzanne Landgraf, Rebecca Barsness, Corrine Kjorstad, Janice Kirkwood, Susan Smedstad, Gene Berg, David Bardal, Richard Carlson, Rick Thorstad, Fran Thorstad, Corliss Pederson, Helen Disrud, Conrad Barsness and Steve Hippel.

Relatives and friends helped Jeffrey Aaberg celebrate his 9th birthday Sunday at the Julius Aaberg home.

Sgt. and Mrs. Richard Swanberg (Alta Evensvold), who are stationed in France, announced

the birth of a son, Daniel Allen, born Thursday, Nov. 7.

Miss Geraldine Barsness, daughter of Mr. and Mrs. Ednard Barsness, and Mr. and Mrs. Carl Rasmussen, all of Starbuck, were married at the Minnewaska Lutheran Church Oct. 19. The couple will make their home in Morgan, MN.

50 YEARS AGO From Nov. 15, 1973

The Pope County Commissioners have drawn up and submitted a proposal to redistrict Pope County according to Minnesota Statutes, Section 375.02, reported Melvin Heggstad, chairman of the board. The matter of redistricting the county was brought to a head recently when the City of Glenwood requested the District Court to render a decision and settle the issue.

Garbage collection service was the main topic of discussion as the village council met in its regular session Thursday evening. The Village of Starbuck recently purchased a \$10,000 unit for garbage pickup which complies with regulations for this type of service.

The fund drive for the Pope County Hospital District is starting to pick up steam as early reports come in from the City of Starbuck. According to Virgil Amundson, treasurer of the district, as of Tuesday noon, \$144,000 has been given either in cash or pledges. This is only Starbuck except for a sprinkling from White Bear Lake Township.

40 YEARS AGO From Nov. 16, 1983

The Starbuck Centennial Committee received word last week that the World's Largest Lefse made in Starbuck on July 2, 1983 during the centennial celebration has been accepted and recorded in Norway's Book of Records "Schibsted".

Delton and Ruth (Baukol) Grussing are the parents of a daughter, Patricia Ruth, born Oct. 28 in Coon Rapids.

Nancy Schuett of Glenwood and Terry Brown, son of Mr. and Mrs. Raymond Brown of Starbuck, were married Sept. 17 at Fron Lutheran Church. The couple will make their home in Starbuck.

Funeral services for Amy L. Solberg, 80, were held from the Fron Lutheran Church Nov. 16. She is survived by one daughter, Mrs. Robert (Julie) Pochardt of St. Cloud.

Coach Bill Bailey was named Coach of the Year and eight Starbuck athletes were named to the All-Conference team at the Pheasant Conference meeting held last Wednesday. They were Chuck Freeman, John Lundebrek, Paul Malenke, Shaun Stottler and Doug Toivonen from the football team, and LaDona Anderson, Brenda Holten and Cindy Vatthauer from the volleyball team.

Funeral services for Edwin Hendrickson, 85, were held from the Fron Lutheran Church Nov. 5. He is survived by his wife, Evelyn and one son, Lyn Dale Hendrickson.

Nannette Joanne Cahoon of Little Suamico, Wisconsin and Jeffrey Sorenson, son of Rosali Sorenson of Starbuck were married June 18 at St. John's Lutheran Church in Little Suamico. The couple will make their home in Minneapolis.

30 YEARS AGO From Nov. 17, 1993

Funeral services for Irene

Guess Who's Pictured

Call: 320-634-4571 | Email: locals@pctribune.com
Photo and answer deadline: Thursday at Noon



Starbuck school personnel honored. The Starbuck School Board recognized individuals with Certificates of Merit for their years of service. Do you recognize any of them?



LAST WEEK'S PHOTOS



Peggy (now Shear). George Stadvold knew Peggy.



Chad Stadvold (left) and Jolene Mattson. George Stadvold knew her son, Chad, as well as Jolene.

Gosseling, 65, Clara City, were held at Immanuel Lutheran Church in Clara City Nov. 18. Among her survivors is a son, Dalen Gosseling of Starbuck.

Chris and Diane Buckingham announce the birth of a son, Dylan Thomas, born Nov. 6.

Starbuck Elementary Students of the Month are Heather Nelson, Cory Greeley, Justin Holten, Allison Freeman, Isaac Thomas, Robert Gregory, Jr., Hannah Mauk, Todd Starns, Evan Staples, Mitchell Hoverud, Jesse Beaumia, Becky Greeley, Mike Tangen, Chelsie Barsness, Kelly Hendrickson, Matthew Waters, Heidi Solvie and Brady Danielson.

Dr. David Przymus, a native of Wheaton, MN has joined the Pope County Eye Clinic as optometrist.

20 YEARS AGO From Nov. 12, 2003

Minnewaska Area School officials are already making preliminary plans to make radical cuts to programs and personnel because of last week's failed levy referendum. Specifics have yet to be determined, but Bob Vaadeland, school superintendent, said that the cuts will be deep.

Starbuck City Council members were caught a little off guard at their regular meeting on Nov. 10 after police chief Bruce Gilbertson announced his retirement. "There comes a time where you burn out and its better to get some new blood and new ideas in," he said. Gilbertson added that there are some problems in the department, though he did not specify what those were.

The Pope County Board of Commissioners tackled a problem that many employers are now confronting. Internet access is fast becoming a necessity in the work place, however, allowing that ac-

cess can, at times, lead to abuse. The board confronted the issue as there has been abuse in the past, so at the board's regular meeting it passed an addendum to its information technology policy.

10 YEARS AGO From Nov. 20, 2013

The Minnesota Department of Health recently redesigned Glacial Ridge Hospital as a Level 4 Trauma Center. GRH was one of the first hospitals in Minnesota to receive a trauma designation in 2008. Glacial Ridge Hospital and staff voluntarily participated in the intense re-designation process to continue to be a part of Minnesota's state-wide trauma system. The process included an outside review of the hospital's resources and capabilities to care for trauma patients. Glacial Ridge Hospital met standards of commitment, clinical and equipment resources and staff training. The hospital also participates in continuous performance improvement processes.

The Starbuck Beautification Committee got together on November 8 to put lights on the Aspen trees that are put out on the four corners of Starbuck's main street. Pictured in the Tribune are Victor Vatthauer and Ron Feigum who helped tie the trees to the planters so they are stable in the wind. Also pictured are Darlene Femrite, Karen Hudson and Lorie Billehus.



POPE COUNTY MUSEUM

Hunting for historical facts or family history?
Stop by the Pope County Museum!

809 S Lakeshore Drive, Glenwood, MN • (320) 634.3293

www.popecountymuseum.com • popecountymuseum@gmail.com



WE ARE OPEN! Tue -Sat 10a-5p



Pet OF THE Week

Beans

Hello there! I'm Beans! It's great to meet you! Yep, you heard that right, my name is Beans. The staff say I'm sweet like jellybeans! Not only am I super sweet, I'm playful and outgoing too. There's one thing I love as much as playing, can you guess? It's cuddling! I love to snuggle up and get all cozy! Are you needing something sweet like me in your life?

320.634.4761

MOST ANIMALS CAN BE VIEWED ON THE WEBSITES
Petfinder.com & Adopt-A-Pet.com

MEET THE AUTHOR JODI MELSNESS

THE LEMON BAR QUEEN



Saturday, November 18th
11:00 a.m.

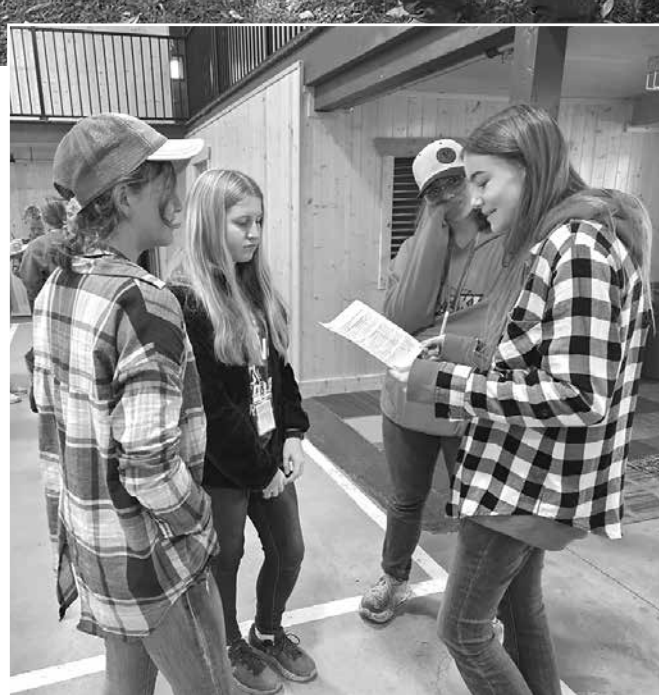
Glenwood Public Library

THE LEMON BAR QUEEN IS A TOUCHING AND SOMETIMES HUMOROUS TAKE ON LOVING A PERSON WHO HAS LOST HER THOUGHTS AND MEMORIES BUT FINDS COMFORT IN COFFEE, THE DAIRY QUEEN, BINGO, AND A STUFFED ANIMAL NAMED BLUE DOG.

4-H Junior Leader Workshop: Elements of Leadership



Contributed Photos



4-H Junior Leader Workshop: Elements of Leadership (JLW) was held October 19-20 at Faith Haven Camp near Battle Lake. This camp is designed to inspire and enable each participant to uncover unique abilities, develop greater confidence and master strategies for success as a leader in their local 4-H program. 39 youth in grades 6-9 attended, representing twelve county 4-H programs to learn about the elements of leadership as they develop as individuals and leaders.

Youth participants are part of different planning committees. These committees are used as vehicles to empower youth to become more confident, learn to work as part of a team and to showcase their skills to others. Committee members plan activities and implement them throughout the camp. Committees are guided by Continuing Committee Members (CCM's) who were selected after last year's JLW through an application process.

Pope County 4-H had 2 youth camp counselors attend: Emily Peabody & Evan Radil

In addition to working in their committees, youth took part in workshops to further develop their leadership and project skills. Workshops included: Team building, communication, art, identity, STEM, problem solving, career pathways, and exploring the Minnesota 4-H State ambassador program.

For information about 4-H contact the Pope County Extension Office at 320-634-7734

Quitters Can Win/Challenge to Quit Great American Smokeout - Thursday, November 16

The thought of quitting can be overwhelming. Nicotine addiction and the behaviors of smoking are deeply rooted in a smoker's life, no matter your age or how long you've been smoking. However, quitting improves health both immediately and over the long term. If you want to make a change, there is one consistent theme to success. HAVE A PLAN.

Giving up smoking or any nicotine use is a journey. Getting help through counseling and medications doubles or even triples your chances of quitting successfully! This plan needs to cover the four areas that are affected by smoking: addiction, the social component, the emotional component, and the behavioral component. Developing a plan gives you a framework to fall back on when you hit roadblocks in your quitting journey.

10 QUIT TIPS:

- 1. Pick a Quit Date.** Research shows that having a quit date picked out does help people quit because it gives you a tangible day. Having an idea to quit "next week" or "soon" can derail your quit before it even begins since next week or soon never really arrives.
- 2. Let your support network know you are planning to quit.** It can be scary to let people know about a quit attempt because of fear of failure. However, this allows people to help support you as you fight a tough battle or maybe quit with you. Your friends, family, and coworkers can encourage you as you work on becoming tobacco-free.
- 3. Gather a Quit Kit** (water bottle, stress ball, gum, toothpicks, fidgets, candy). Smokers who are quitting often find that they need something to hold in their hand or mouth to help replace the cigarette they were used to holding throughout the day. Drinking a lot of water helps to reduce nicotine cravings, as does peppermint.
- 4. Are you going Cold Turkey or using Nicotine Replacement Therapy (NRT) or medication? Make an appointment with a Tobacco Cessation specialist or your provider to discuss options.** There are several nicotine replacements and medications to help reduce nicotine cravings. You begin taking medications about a week before the quit date, so schedule an appointment early. It's also okay to change your mind about using NRT or medication. Providers will support your quit in the best way for you.
- 5. Identify your triggers.** Knowing what things trigger your urge to smoke helps you plan how to overcome them. Common triggers include talking on the phone, driving in the car, eating,

The Doctor Said
written by
Nicole Zenk
CNP, TTS
Family Medicine,
Trained Tobacco
Specialist

GLACIAL RIDGE
HEALTH SYSTEM

and drinking alcohol. We can't give up these things, but we can plan what to do instead of smoking when the triggers occur.

- 6. Make a plan to handle stress.** It's okay to step away from a stressful situation and not smoke. Maybe you will practice deep breathing, walk, or play a quick game on your phone. Try anything that helps you calm down besides smoking.
- 7. On your Quit Date, get rid of your tobacco items.** Non-smokers don't need ashtrays or tobacco products. Give them away or throw them away. If you have a sentimental item, it's okay to keep it but put it away so it's not in a place to be used.
- 8. Plan to Handle Cravings.** Use distraction, gum, breathing, or talking to a support person. Be prepared to use these strategies when cravings hit.
- 9. Plan for slips.** We're human. A slip is not a failure. Keep going! Practice makes perfect, and each quit attempt, even if you slip, is practice for the final, successful quit.
- 10. Reward yourself for your successes.** What would you like to do with the health, time, and money you gain by not using tobacco or nicotine products?

The journey to tobacco freedom begins with a single step. The journey will be a little easier if you have a road map. Consider joining this year's Great American Smoke Out on Thursday, November 16. Quit for the day. See how it feels. Maybe it's not as bad as you expect and may help you take the next step in your quit journey.

Find us online at
pctribune.com



Don't forget to enter in the Pope County Tribune Turkey Giveaway!

Drop your entries at the following businesses:

- Eagle Bank, Glenwood
- EcoWater Systems
- Glenwood Fleet Supply
- Glenwood Lakes Area Chamber & Welcome Center
- Glenwood Pizza Ranch
- Glenwood State Bank
- Lowry Insurance
- Lowry State Bank
- Minnewaska Dental
- Minnewaska Meats
- MN Olive Oil Co.
- Pope County Tribune
- The Neon Loon
- Tom's Market
- Villard Implement/Tanks Appliance
- Water's Edge

Example Entry

Drawings will be held the morning of Friday, Nov. 17th. Winners will be announced in the Nov. 20th issue of the Pope County Tribune!

Pope County Tribune

Name: Example
Phone: 320-634-4571

Entry blanks can be found in the November 6th issue of the Pope County Tribune.

No photo copies accepted. Only one entry per household per business.

**OFFICIAL PROCEEDINGS
POPE COUNTY
BOARD OF COMMISSIONERS
REGULAR BOARD MEETING
TUESDAY, OCTOBER 17, 2023**

The Pope County Board of Commissioners Regular Board Meeting duly notified for Tuesday, October 17, 2023 at the Pope County Courthouse, 3rd Floor Board Room, 130 E Minnesota Avenue, Glenwood, MN 56334 was called to order at 9:00 AM by the Chair, Gordy Wagner, with the following Board Members also present: Paul Gerde, Paul Gremmels, Larry Lindor, and Paul Wildman. Kersten Kappmeyer, County Administrator; and Neil Nelson, County Attorney, were present. The Pledge of Allegiance was recited.

Approval of Agenda and Approval of Official Proceedings for October 3, 2023 was presented by Chair Wagner. Motion to approve the agenda as presented, made by Gerde and seconded by Wildman, Carried Unanimously. Motion to approve the Official Proceedings for October 3, 2023 as presented, made by Lindor and seconded by Gremmels, Carried Unanimously.

The duly-noticed public hearing on a proposed fee for issuing an intoxicating liquor off-sale license per Minn. Stat. 340A.408, Subd. 3, was opened at 9:02 AM on motion by Lindor and second by Wildman, and Carried Unanimously. Auditor/Treasurer Stephanie Rust presented information on the proposed fee, and no public comment was offered when solicited. The public hearing was closed at 9:08 AM on motion by Gerde and second by Gremmels, and Carried Unanimously. Motion to set the Off-Sale Intoxicating Liquor License fee for Pope County at \$800, made by Gerde and seconded by Gremmels, Carried Unanimously.

The duly-noticed Pope County Annual Public Drainage Hearing was opened at 9:10 AM by the Board acting as the Pope County Drainage Authority on motion by Wildman and second by Gerde, and Carried Unanimously. Drainage Inspector Dave Orlovski presented information on the state of the County's drainage ditches and information on proposed drainage liens for 2024, and no public comment was offered when solicited. The public hearing was closed at 9:47 AM on motion by Lindor and second by Gremmels, and Carried Unanimously. Motion to approve the 2024 drainage liens as recommended in the Drainage Inspector's Report, on file at the Administrator's Office and at the Highway Department, made by Lindor and seconded by Gerde, Carried Unanimously.

Consider Resolution 202323 Amending the Pope-Douglas Solid Waste Management Solid Waste Fee for Pope County was presented

by Steve Vrchota, Director, Pope/Douglas Solid Waste Management. Motion to adopt Resolution 202323 Amending the Pope/Douglas Solid Waste Management Solid Waste Fee for Pope County to \$130 per parcel, consisting of \$129 remitted to PDSWM and \$1 retained as an administrative fee by the County, for year 2024 as presented, made by Gerde and seconded by Wildman, Carried Unanimously.

Conditional Use Permit #23199: Commercial Ag Business (Belgrade Co-op, White Bear Lake Township) was presented by David Green, Land & Resource Management Director. Staff presented information on the request of Belgrade Co-op, as well as information on the recommendation of the planning commission to approve as contained in the Board materials. The Board Chair received comment from the applicant in support as well as from residents in the proposed activity area in opposition. Board discussion followed. Motion to approve of the Conditional Use Permit request of Belgrade Cooperative Association for a commercial agricultural business in White Bear Lake Township with conditions and based on the findings as provided from the Planning Advisory Commission, made by Gerde and seconded by Wildman, Failed by the following vote: Ayes: Gerde, Wildman; Nays: Gremmels, Wagner; Abstain with Conflict: Lindor. After discussion, the Board directed the County Attorney to render an opinion on the effect of the vote taken on the Belgrade Co-op matter and report back later in the meeting.

Conditional Use Permit #23247: New Feedlot (Marthaler, Grove Lake Township) was presented by David Green and Ariel Hughes, of Land and Resource Management. Staff presented information on the request of Marthaler, as well as information on the recommendation of the planning commission as contained in the Board materials. The Board Chair received comment from residents in the proposed activity area in opposition. Board discussion followed. Motion to approve of the Conditional Use Permit application and issue a permit to Marthaler for a new feedlot in Grove Lake Township, with additional conditions of 800 feet setback from any residence, as well as additional fly, manure, and carcass management practices, and all other conditions as recommended based upon the recommended by Planning Advisory Commission and associated Findings, made by Lindor and seconded by Gerde, Carried by the following vote: Ayes: Gerde, Lindor, Wildman; Nays: Gremmels, Wagner.

The meeting was recessed at 10:45 AM by Chair Wagner, and reconvened at 11:00 AM.

The Board Chair received the opinion of the County Attorney as fol-

lows on the Belgrade Co-op matter previously heard and which motion to approve failed on a vote of two members in favor, two members in opposition, and one member abstaining due to conflict. The Board concluded that, pursuant to Minn. Stat. § 15.99, Subd. 2(b), the failure of the properly made motion to approve constituted a denial of the permit for the following reasons expressed in opposition as part of the meeting proceedings: Gremmels: safety concerns, potential environmental impact, traffic, particular location, but mainly taking prime agricultural land and tillable acres in light of trends taking land out of production; Wagner: health and wellbeing of the existing residential neighborhood near the proposed site, too close to residential homes in the neighborhood with the proposed use, propriety of a different location.

County Feedlot Program: 2024-2025 Delegation Agreement Work Plan was presented by Ariel Hughes, Land Use Specialist. Motion to approve the County Feedlot Program's 2024-2025 Delegation Agreement Work Plan as presented, made by Wildman and seconded by Lindor, Carried Unanimously.

Request from the City of Starbuck for grant money from AIS Prevention Aid funds for Stary Stonewort and Eurasian Watermilfoil control in Starbuck Marina was presented by Ralph Hanson, Land Use Specialist. Motion to approve the application and request of the City of Starbuck for Aquatic Invasive Species Grant funding in the amount of \$48,175 as requested, made by Wildman and seconded by Gerde, Carried Unanimously.

Consider Resolution 202324 to Support LRIP Grant Application for the Improvement of CSAH 18 and Approve Final Contract Payment - SAP 061-615-008 were presented by Brian Giese, Engineer. Motion to adopt resolution 202324 in Support of the Local Road Improvement Program Grant Application for the Improvement of CSAH 18 from TH 104 to TH 29 as presented, made by Lindor and seconded by Gerde, Carried Unanimously. Motion to accept the construction of SAP 061-615-008 as complete and authorize the final payment to John Riley Construction, Inc in the amount of \$56,372.31, made by Gremmels and seconded by Wildman, Carried Unanimously.

Request for Appropriation to Pope County HRA-ERA for Payment to Eagle Bank for Certain Electrical Connection Work was presented by Kersten Kappmeyer, Administrator. Motion to approve request for payment of \$5,420 for electrical line replacement services to Eagle Bank of Glenwood upon recommendation of the HRA-EDA Board and have payment issue to the HRA-EDA for further distribution to Eagle Bank as claimed. This motion, made by

Gremmels and seconded by Lindor, Failed by the following vote: Ayes: Gremmels, Wagner; Nays: Lindor, Wildman; Abstain with Conflict: Gerde.

Tax Abatement - Parcel 02-8720-060 - Taxes Payable 2023; September 2023 Trial Balance and Fund Balance Analysis; 3rd Quarter 2023 Journal Entries and Billing; 3rd Quarter 2023 Revenue Expenditure Budget Report; Auditor Bills - September 13 - October 10, 2023; and Pay Bills, Supplemental Bills, Per Diems and Employee Reimbursements were presented by Stephanie Rust, Auditor/Treasurer. Motion to approve the 2023 tax abatement in the amount of \$152.00 for David & Debra Brown on Parcel #02-8720-060, made by Lindor and seconded by Gerde, Carried Unanimously. Motion to approve the September 2023 Trial Balance and Fund Analysis, made by Wildman and seconded by Gremmels, Carried Unanimously. Motion to approve the 3rd Quarter 2023 Journal Entries and Billing, made by Lindor and seconded by Gremmels, Carried Unanimously. Motion to approve the 3rd Quarter 2023 Revenue Expenditure Budget Report, made by Wildman and seconded by Gerde, Carried Unanimously. Auditor Bills for September 13 through October 10, 2023 were presented as an informational item. Motion to approve payment of bills of \$259,575.55 plus supplemental bills of \$1,977.77 plus employee reimbursements of \$4,379.50, totaling \$265,932.82, made by Lindor and seconded by Wildman, Carried Unanimously, and were paid as follows: ALPHA Training & Tactics LLC 9,366.20; Counties Providing Technology 6,818.00; Douglas County Jail 6,020.35; Fidar Technologies Inc 5,353.00; Grove Lake Lakeshore Asn 4,900.00; Horizon Public Health 20,021.50; iWorq Systems Inc 2,000.00; John Riley Construction Inc 56,372.31; Kar Kraft Body Shop 5,364.69; M.C. Dean Inc 3,212.00; Minnesota State Auditor 12,515.22; Motorola Solutions Inc 14,015.46; Obenland & Nelson 5,575.00; Obenland/Vicki 3,150.00; Prairie Lakes Youth Programs 18,371.63; Regents Of The University Of Minnesota 36,132.49; Rinke-Noonan 11,758.00; Scandinavian Lake Association 14,238.00; Visa 5,347.72; 48 Payments less than 2000 \$21,021.75; Total: \$261,553.32. Informational updates were given by the County Administrator and Commissioners.

There being no other business before the Board, the meeting was adjourned by the Chair at 12:27 PM.

Kersten Kappmeyer
County Administrator
Gordy Wagner,
Chair of the Board

Nov. 13

IMPORTANT PROPERTY TAX HOMESTEAD NOTICE
**This will affect your 2024 property taxes and eligibility for Property Tax Refund*

Have you purchased or moved into a property in the past year?
Contact your county assessor to file a homestead application if you or a qualifying relative occupy the property as a homestead on or before December 31, 2023.

What is a qualifying relative?
Qualifying relatives for both agricultural and residential homestead include: parent, stepparent, child, stepchild, grandparent, grandchild, brother, sister, uncle, aunt, nephew or niece of the owner, by blood or marriage.

When do I apply?
You must apply on or before December 31, 2023.

Once homestead is granted, annual applications are not necessary unless they are requested by the county assessor.

Contact the assessor by December 31, 2023 if the use of the property you own or occupy as a qualifying relative has changed during the past year.

If you sell, move, or for any reason no longer qualify for the homestead classification, you are required to notify the county assessor within 30 days of the change in homestead status.

Pope County Assessor's Office
320-634-7715

Nov. 13

**CERTIFICATE OF ASSUMED NAME
Minnesota Statutes Chapter 333**

The filing of an assumed name does not provide a user with exclusive rights to that name. The filing is required for consumer protection in order to enable customers to be able to identify the true owner of a business.

ASSUMED NAME: ASB

PRINCIPAL PLACE OF BUSINESS: 31 E MINNESOTA AVE., PO BOX 218, GLENWOOD, MN 56334 USA

NAMEHOLDER(S):

American Business Forms, Inc.
31 E MINNESOTA AVE.
PO BOX 218
GLENWOOD, MN 56334 USA

By typing my name, I, the undersigned, certify that I am signing this document as the person whose signature is required, or as agent of the person(s) whose signature would be required who has authorized me to sign this document on his/her behalf, or in both capacities. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document, I am subject to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath.

SIGNED BY: Joshua A. Dorothy,
authorized attorney/agent

MAILING ADDRESS: None Provided

EMAIL FOR OFFICIAL NOTICES:
jdorothy@grjn.com

FILED: 10/27/2023

Nov. 6, 13

POPE COUNTY AGRICULTURAL SOCIETY ANNUAL MEETING

The annual meeting of the Pope County Agricultural Society, governing board of the Pope County Fair, will be held Monday, November 20, 2023 in the Legacy Building on the fairgrounds in Glenwood, MN at 7:00 p.m.

Those with an interest in preserving the tradition of the county fair and furthering the future of agriculture are invited to join. Lifetime membership is \$25. Agenda items include: Fair review, 4-H review, policy updates, and election of fair board directors. This is a public meeting, all are allowed to attend.

Refreshments will be served, free will donation.

Please email popecofair@gmail.com for further information.

Oct. 30, Nov. 6, 13

**Public Notices Cont.
Page 10B**

**Deadline for
Public Notices:
Thursday at
Noon.**

locals@pctribune.com

NOTICE OF MORTGAGE FORECLOSURE SALE

THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.

NOTICE IS HEREBY GIVEN, that default has occurred in the conditions of the following described mortgage:

DATE OF MORTGAGE: February 26, 2013

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$330,000.00

MORTGAGOR(S): James Lee Backer and Loraye Florene Backer, as joint tenants

MORTGAGEE: Mortgage Electronic Registration Systems, Inc.

TRANSACTION AGENT: Mortgage Electronic Registration Systems, Inc.
MIN#: 1009400-0005007665-3

LENDER OR BROKER AND MORTGAGE ORIGINATOR STATED ON THE MORTGAGE: American Advisors Group

SERVICER: Compu-Link Corporation d/b/a Celink

DATE AND PLACE OF FILING: Filed March 15, 2013, Pope County Recorder, as Document Number 258696

ASSIGNMENTS OF MORTGAGE: Assigned to: Carrington Mortgage Services LLC

LEGAL DESCRIPTION OF PROPERTY: That part of Government Lot 4 and the SE 1/4 SE 1/4, all within Section 34-124-40, described as follows:

Commencing at the southeast corner of said Section 34; Thence North 00° 00' 00" East, assumed bearing, along the east line of said SE 1/4 SE 1/4, 1254.11 feet to the North line of the South 1,254.00 feet of said SE 1/4 SE 1/4 and being the point of beginning of the land to be described;

Thence South 89° 14' 50" West, along said north line, 563.79 feet;

Thence North 00° 00' 00" East 518.19 feet;

Thence North 89° 14' 50" East 362.95 feet;

Thence North 00° 00' 00" East 599 feet more or less to the shoreline of Lake Emily;

Thence northeasterly, along said shoreline, 215 feet more or less to

the east line of said Government Lot 4;

Thence South 00° 00' 00" West, along said east line and along the East line of said SE 1/4 SE 1/4, 1,196 feet more or less to the point of beginning.

BEING the same property conveyed to James L. Backer and Loraye F. Baker by Warranty Deed from Jacob Walter VanEps, Jr. aka Jack VanEps, aka Jacob Walter VanEps and Judy VanEps, aka Judith A. VanEps, aka Judith VanEps dated October 23, 2006 and recorded October 24, 2006 at Instrument Number 237604.

PROPERTY ADDRESS: 27851 360th Avenue, Hancock, MN 56244

PROPERTY IDENTIFICATION NUMBER: 15-0178-000 AND 15-0178-009

COUNTY IN WHICH PROPERTY IS LOCATED: Pope

THE AMOUNT CLAIMED TO BE DUE ON THE MORTGAGE ON THE DATE OF THE NOTICE: \$211,072.00

THAT all pre-foreclosure requirements have been complied with; that no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof;

PURSUANT, to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:

DATE AND TIME OF SALE: November 14, 2023, 10:00AM

PLACE OF SALE: Sheriff's Main Office, Pope County Sheriff's Office, 130 E. Minnesota Ave., Glenwood, MN 56334

to pay the debt secured by said mortgage and taxes, if any, on said premises and the costs and disbursements, including attorneys fees allowed by law, subject to redemption within 12 Months from the date of said sale by the mortgagor(s) the personal representatives or assigns.

TIME AND DATE TO VACATE PROPERTY: If the real estate is an owner-occupied, single-family dwelling, unless otherwise provided by law, the date on or before which the mortgagor(s) must vacate the property, if the mortgage is not reinstated under section 580.30 or the property is not redeemed under section 580.23, is 11:59 p.m. on November 14, 2024, or the next business day if November 14, 2024 falls on a Saturday, Sunday or legal holiday.

"THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES SECTION 582.032 DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN 5 UNITS, ARE NOT PROPERTY USED FOR AGRICULTURAL PRODUCTION, AND ARE ABANDONED.

Dated: September 13, 2023

Carrington Mortgage Services LLC
Assignee of Mortgagee

LOGS Legal Group LLP

Tracy J. Halliday - 034610X
LOGS Legal Group LLP

Attorneys for Mortgagee
1715 Yankee Doodle Road,
Suite 210
Eagan, MN 55121
(952) 831-4060

THIS IS A COMMUNICATION FROM A DEBT COLLECTOR

NOTICE OF POSTPONEMENT OF MORTGAGE FORECLOSURE SALE

The above referenced sale scheduled for November 14, 2023, at 10:00 AM, has been postponed to February 13, 2024, at 10:00 AM, and will be held at sheriff's main address Pope County Sheriff's Office, 130 E. Minnesota Ave., Glenwood, MN 56334.

Unless the mortgage is reinstated under Minnesota Statute 580.30 or the property is redeemed under Minnesota Statute 580.23 the property must be vacated by **February 13, 2025**. If this date falls on a Saturday, Sunday or legal holiday, the date to vacate will be the next business day at 11:59 p.m.

THIS IS A COMMUNICATION FROM A DEBT COLLECTOR.

Dated: November 7, 2023

Carrington Mortgage Services LLC
Assignee of Mortgagee

LOGS Legal Group LLP

Gary Evers - 0134764
LOGS Legal Group LLP

Attorneys for Mortgagee
1715 Yankee Doodle Road,
Suite 210
Eagan, MN 55121
(952) 831-4060
23-116514

Nov. 13

**STATE OF MINNESOTA
COUNTY OF POPE
EIGHTH JUDICIAL DISTRICT
DISTRICT COURT
PROBATE DIVISION
Court File No. 61-PR-23-369**

Estate of
**Sonja M. Hawn,
Decedent**

NOTICE AND ORDER OF HEARING ON PETITION FOR PROBATE OF WILL AND APPOINTMENT OF PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS

It is Ordered and Notice is given that on December 4, 2023, at 8:30 a.m., a hearing will be held in this Court at 130 East Minnesota Avenue, Glenwood, Minnesota, for the formal probate of an instrument purporting to be the Will of the Decedent dated, May 27, 2020 ("Will") and for the appointment of Amy Klema, whose address is 16407 78th Ave., Kimball, MN 55353 and Jon Brooks, whose address is 1004 9th Ave., N, Princeton, MN 55371 as Co-Personal Representatives of the Estate of the Decedent in an UNSUPERVISED administration. Any objections to the petition must be filed with the Court prior to or raised at the hearing. If proper and if no objections are filed or raised, the Personal Representatives will be appointed with full power to administer the Estate including the power to collect all assets, to pay all legal debts, claims, taxes and expenses, to sell real and personal property, and to do all necessary acts for the Estate.

Notice is also given that (subject to Minnesota Statutes section 524.3-801) all creditors having claims against the Estate are required to present the claims to the Personal Representative or to the Court Administrator within four months after the date of this Notice or the claims will be barred.

A charitable beneficiary may request notice of the probate proceedings be given to the Attorney General pursuant to Minnesota Statutes section 501B.41, subdivision 5.

BY THE COURT

/s/ Melissa Listug
Judge of District Court
Dated: 10-24-2023

Attorney for Petitioner
Neil T. Nelson
Obenland and Nelson Law
605 South Lakeshore Dr.
Glenwood, MN 56334
Attorney License No: 0388073
Telephone: (320) 634-4581
FAX: (320) 634-4583
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PUBLIC NOTICES

NOTICE OF PUBLIC SALE OF TAX FORFEITED LANDS

NOTICE IS HEREBY GIVEN That the parcels of land described in the List of Tax-Forfeited Land which is contained herein shall be sold to the highest bidder at public sale. The sale will be governed by the provisions of M. S. 282.01 and by the resolution of the Pope County Board of Commissioners authorizing such sale. The resolution reads as follows:

BE IT RESOLVED, that all parcels of tax-forfeited land included in the list below which is also on file with the Pope County Auditor/Treasurer, be approved and authorization for public sale of this land be granted, pursuant to M.S. 282.01; that the sale will be held at 9:00am on Wednesday, December 6, 2023 by the Pope County Auditor/Treasurer at the Pope County Courthouse, Third Floor Board Room, for not less than the basic sale price; and that all sales shall be for payment in full; and,

BE IT FURTHER RESOLVED, that the conditions and terms of the public sale shall be as described in the list contained herein and approved by the Pope County Board of Commissioners.

Parcel	Legal Description	Minimum Sale Price	Special Assessments Before Forfeiture	Special Assessments After Forfeiture
09-0406-198	SECT-26 TWP-125 RANG-37 DEER PARK ADDITION OUTLOT A (DRAINAGE EASEMENT)	\$200.00	\$0.00	\$0.00
09-0406-199	SECT-26 TWP-125 RANG-37 DEER PARK ADDITION OUTLOT B (DRAINAGE EASEMENT)	\$250.00	\$0.00	\$0.00
22-0124-000	SECT-29 TWP-125 RANG-40 LOT-1 BLK-27 CYRUS CITY, ORIGINAL PLAT LOTS 1 THRU 7 BLOCK 27	\$100.00	\$0.00	\$0.00
22-0137-000	SECT-29 TWP-125 RANG-40 LOT-7 BLK-32 CYRUS CITY, ORIGINAL PLAT LOTS 7, 8 & 9 BLOCK 32 EX N 60 FT OF LOTS 7&8	\$100.00	\$0.00	\$0.00
27-0209-000	SECT-24 TWP-125 RANG-39 LOT-10 BLK-39 STARBUCK CITY, ORIGINAL PLAT E 40 FT OF LOT 10, W/2 LOT 11 BLOCK 39	\$7,500.00	\$206.98	\$100.00

POPE COUNTY TAX-FORFEITED LAND TERMS OF SALE FOR PUBLIC AUCTION

PUBLIC SALES: All tax-forfeited land offered at a public auction is sold to the highest bidder for not less than the Minimum Bid price set forth.

AUCTION REGISTRATION: Registration for the auction is any time before the day of auction at the Pope County Auditor/Treasurer's office during regular business hours (8:00am-4:30pm). All bidders must register by providing a Driver's License or other acceptable photo ID. All bidders must be at least 18 years old to register for and bid on available properties.

SALES OVER THE COUNTER: Any parcels for which no bid is received during the public sale may be rebid for purchase beginning the next business day following the sale at the office of the Auditor/Treasurer at the Pope County Courthouse for not less than the Minimum Bid price set forth. The Minimum Bid cannot be changed unless the parcel is re-appraised, republished and offered again at a subsequent auction.

PAYMENT TERMS FOR THIS AUCTION: Full payment at time of purchase - cash or personal check will be accepted.

FEES: At the closing of the sale, the following fees will be also collected:

Assurance Fee:	3% of the total sales price
State Deed Recording Fee:	\$46.00
Deed Preparation Fee:	\$25.00
Deed Tax	the greater of \$1.65 or .33% of the total sales price
Well Certificate	\$50.00 (if applicable)

ALL SALES ARE FINAL AND NO REFUNDS OR EXCHANGES ARE PERMITTED.

PROPERTY CONDITION: All property is sold "as is" and may not conform to local building and zoning ordinances. Pope County makes no warranty that the land is "buildable".

TITLE: The County or the State of Minnesota does not warrant the condition of title. The buyer will receive a receipt of purchase at the time of the sale and the Commissioner of Revenue will issue a deed from the State of Minnesota after full payment is made. Tax forfeiture will create a break in the chain of title, and the services of an attorney may be necessary to make the title marketable.

FOR ALL LAND NOT IN A PLATTED SUBDIVISION: There are restrictive covenants required for marginal lands and wetlands including lands in Auditor's Subdivisions (see Minnesota Statutes 2007, Section 103F.535, Subd. 1, and Minnesota Statutes 2007, Section 282.018, Subd. 2.)

SPECIAL ASSESSMENTS: Local improvements not yet assessed, and any special assessments levied after forfeiture, must be assumed by the purchaser. In addition, any outstanding balance of cancelled special assessments that existed prior to the tax-forfeiture MAY BE REASSESSED by the municipality. It is the responsibility of the prospective buyer to contact the municipality to determine special assessments that may have been cancelled and may be subject to reassessment and the municipality's terms for the payment of such assessments.

Contact the Pope County Auditor/Treasurer's Office at 320-634-7706 for a complete list of the Pope County Tax-Forfeited Land Terms of Sale for Public Auction.

/s/ Stephanie Rust
Stephanie Rust
Pope County Auditor/Treasurer

November 7, 2023
Date

Nov. 13, 20

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310 15th St SE
Glenwood, MN 56334

Contact Person:
Lisa Martin
320-634-5209

Thrift Shop
THRIFT SHOP HOURS: Pope County Humane Society Thrift Shop (CATS), located in Glenwood across from the old Shopko building, open Thursday and Friday, 10 a.m. - 5 p.m. and Saturday, 9 a.m. - 4 p.m.

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FOR SALE: Merchandise, food, clothing, recreation, furniture and more. For more info. tune in Saturday mornings at 9 a.m. to 107.1 F.M. for savings of 30-40-50 percent off on Magic Value Plus. Call 320-634-5358.

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Required qualifications include a Bachelor's degree with coursework in social work, psychology, sociology, or related field and minimal experience preferred in previous related social work/case management, or equivalent combination of education and experience. This is a full-time position, exempt, union position. Anticipated beginning pay is \$27.45 per hour. Health insurance and pension benefits are offered.

Required on-line applications can be found at www.westernprairiemn.us or please contact Western Prairie Human Services, Human Resources at 218-685-8200.

Applications will be accepted until filled.

NOTICE: The publisher assumes no financial responsibility for typographical errors, omissions or errors in publication. If at fault, we will reprint the advertisement in which the error occurred without charge or allow a credit under the following condition: **All credit claims must be submitted within the first week of error by Thursday noon following the first publication.**

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Help Wanted

HELP WANTED: Palmer Creations, a growing design/print/publishing business with offices in Glenwood and Alexandria, is looking for a dynamic FT or PT graphic designer to join the team. Desired candidate would be a self starter, show attention to detail, be committed to customer service, and willing to learn and grow with us. Experience in Adobe products required. Must be able to create professional designs for print materials, banners, decals, web, and possibly layout/design for some of our publications. There are currently design openings in both our Glenwood and Alexandria offices. To apply, send resume with references to jim@palmercreations.net. The Glenwood office is located at 107 East Minn. Ave, and the Alexandria office is located at 117 5th Ave. West. Deadline for applications is Nov. 17, 2023.

COOK: Minnewaska Area Schools has an immediate opening for a part-time cook at the Elementary School. This is a 9-month position, 5 hrs/day. If you are interested, please send a letter of application and resume to Supt. Chip Rankin, Minnewaska Area Schools, 25122 State Hwy 28, Glenwood, MN 56334, or email applications@isd2149.org. Applications are also available in the District Office. Positions are open until filled. Minnewaska Area Schools is an equal-opportunity employer.

CUSTODIAN POSITION: Glenwood Lutheran Church PT or FT negotiable. Pay based upon experience. 320-634-4514 fs@glenwoodlutheran.com.

CASE AIDE: Pope County is accepting applications for the Case Aide position in the Probation Department. This position assists with completing random drug testing, home visits, various office support functions, supervision of a case load of administrative and unsupervised clients, report writing, and completing Bail Study Evaluations per statute. Must have excellent communication and organizational skills and the ability to work with offenders. Criminal Justice or Law Enforcement education or experience preferred. Pope County offers an excellent benefit package including employer paid employee health insurance. Other available employee benefits include dental, vision, life and disability insurance, paid time off, and PERA pension. A detailed job description, salary information, and an application for employment are available at www.popecountymn.gov. Interested applicants must submit a job application, cover letter and resume with three professional references to Pope County Human Resources, 130 East Minnesota Ave, Suite 206 Glenwood, MN 56334, or email hr@popecountymn.gov. Please apply no later than Thursday, November 23rd, 2023. EEO

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18th Annual Veterans Appreciation Program



Minnewaska Area Schools hosted a Veteran's Appreciation Program on Friday to honor veterans in Pope County and all over the nation. The color guard was first ushered in by area veterans and their families followed by a singing of the national anthem and pledge of allegiance. Grace Zenk, MAS student and National Honor Society representative, gave a welcome speech and students performed a wide variety of patriotic music for on-lookers. The guest speaker was Major Janelle Johnson. Drew Winter played a moving rendition of Taps.

At left, members of the local Color Guard advance the colors into the gymnasium for the start of the program.

"Veterans in Minnesota make up less than 1 percent of all vets in the United States. We need to tell them thank you for your service as a great gesture of appreciation. But how many do we see who are not in uniform? We need to thank them too for being an integral part of our community," stated MAS Supt. Chip Rankin. "It's important for all of us to be thankful for everyone who makes our community a little bit better. The only way this school exists is because of taxpayers for our students to get the best education we can offer. We're the greatest country in the world because of the veterans sitting here today."



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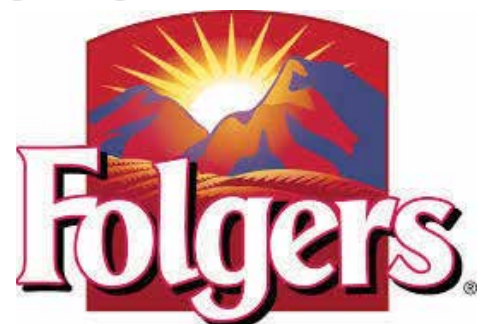
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Folgers Coffee

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8-10ct



3/\$5

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Crystal Farms Chunk or Shredded Cheese

7-8oz

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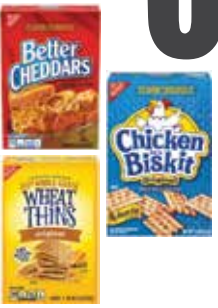
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\$2.88



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Kraft Miracle Whip 19-30oz

\$4.99



Planters Mixed Nuts 10.3oz \$4.49

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Saturday: Egg Bake and Toast
Sunday: 2 French Toast

\$1.99

Lunch Specials Served with 2 sides and a roll

Monday: Beef Stroganoff
Tuesday: Sausage and Sauerkraut
Wednesday: Spaghetti
Thursday: Sesame Orange Chicken
Friday: Brat on a Bun

\$6.79

★ BOGO FREE

No Coupon Needed

Albanese Ultimate Gummi Bears 7.75oz



BUY 1 GET 1 FREE

Old Orchard 100% Apple Juice 64oz

BUY 1 GET 1 FREE



Lipton Onion Soup Mix 2ct

BUY 1 GET 1 FREE



Essential Everyday Cranberry Juice Cocktail 64oz



BUY 1 GET 1 FREE

Essential Everyday Manzanilla Olives 5.75oz



BUY 1 GET 1 FREE

Planters Honey Roasted, Light or Regular Dry Roasted Peanuts 16oz

BUY 1 GET 1 FREE



★ PRODUCE

Russet Potatoes 5lb

\$2.49



Navel Oranges 4lb

\$5.39



Fresh Cranberries 12oz

\$1.99




Fresh Celery each

\$1.79



Dole Hearts of Romaine 9oz

2/\$6



Kraft Salad Dressing 14-16oz Buy 1 Get 1 Free

★ MEAT

USDA Boneless Beef Bottom Round Roast per lb

\$4.99



Boneless Pork Sirloin Roast per lb

\$2.19



Cloverdale Tangy Summer Sausage 28oz

\$9.99



Cello Wrapped Frozen Haddock Fillets per lb

\$5.99



Milford Farms Chicken Entrees 5oz

3/\$5



While Supplies Last

Ambassador Old Fashioned Wieners 5lb bag

\$30.99



Jennie-O Frozen Whole Turkey per lb

\$1.39



Ham Portion Bone-In per lb

\$2.49



Johnsonville Smoked Brats 12oz

\$3.99



Elliott's Smoked Sausage and Kielbasa 16oz

\$3.99

Elliott's

Banquet Brown and Serve Links and Patties 6.4oz

BUY 1 GET 1 FREE



Gold'n Plump Split Chicken Breast Family pack per lb

\$1.99



★ DAIRY

Simply Orange Juice Varieties 52oz

Simply beverages

\$2.99

Reddi Wip 6.5oz 2/\$6

Philadelphia Cream Cheese 8oz box

2/\$5



Kraft American Cheese Singles 12oz \$3.69

★ FROZEN

Marie Callender's Pies 24-42oz

\$5.99



Stoneridge Creamery Ice Cream 48oz 3/\$9.99

Ore Ida Fries, Hashbrowns, Tots 19-32oz

2/\$8



Birdseye Steam Fresh Peas, Corn, Mixed, Cut Beans or Broccoli 10oz 4/\$5

Heggie's Pizza All Varieties 12"

\$8.88



Marie Callender's Bowls or Pot Pies 3/\$9.99 10-12.3oz

Three Day

MEAT AND PRODUCE

Sale

NOV. 15, 16, 17, 2023

Arctic Shores Raw
Shrimp 16/20ct 16oz

\$6⁹⁹



Bar-S Corn Dogs
42.72oz box

\$7⁹⁹



Schweigert Summer
Sausage 9oz

\$3⁹⁹



Breaded and Buffalo
Chicken Chunks per lb

\$3⁹⁹



Simek's Meatballs 22oz

\$6⁹⁹



Simek's Lasagna 32oz

\$9⁹⁹



Betty Crocker Specialty
Box Potatoes 4.7-5oz



2/\$4

Totinos Combination
Pizza Rolls 130ct

\$8⁸⁸



Wild Harvest Cage Free
Brown Eggs 18pk

\$1³⁹



Granny Smith Apples
per lb

\$1⁴⁹



Golden Pineapples each

\$3⁴⁹



Fresh Asparagus 1lb

\$3⁹⁹



Irresistible Bath Tissue
12 mega roll

2/\$8⁸⁸



Hormel Chili With Beans
15oz



2/\$4

General Mills Regular
Flour 5lb

\$3⁶⁹



Folgers Breakfast Blend
K Cups 32ct

\$8⁸⁸



Pumpkin Donuts 6ct

\$3²⁹



Kretschmar Virginia
Ham per lb

\$4⁹⁹

