

Cubert Parish News

Temporary Editor: David Hawken - Cubert Parish Council
01637 830947

SEPTEMBER 2022



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NEWSLETTER TO CLOSE?

If you wish to run/help with the Cubert Parish Newsletter then **PLEASE** contact the temporary editor **URGENTLY**: 01637 830947 (cubertpc@btinternet.com)

I am happy to provide information, advertising contacts and organisational documents that have been used since I have been temporary editor I am also prepared to offer training or guidance if needed.

NEWSLETTER WEBSITE

The website <http://www.spanglefish.com/cubertnews/> will continue to be active until such a time as it is deemed to be of no value – The website version of the Newsletter is in FULL COLOUR.

NEWSLETTER POST BOX

The Newsletter post box can still be used for the Social Club Surveys, used stamps and any community usage whilst still required for the Newsletter.

USED STAMPS

The views and opinions expressed in this Newsletter do not necessarily reflect those of the editor. The editor reserves the right to refuse material for any reason whatsoever and cannot be held responsible for any errors or omissions which may occur in this publication.

Judy is still be collecting used stamps for iSight Cornwall.

I will continue to use the Newsletter Post Box as a collection point. Reports on how much money we raise or a change of collection point etc will be posted in the Cubert Shop window or notice boards

Thanks everyone and keep collecting

Judy



Harvest Coffee Morning & Grand Draw

10am-12 noon

Saturday 24th September

Cubert Church



Grand draw 11.30am

Cakes, plants, books, raffle, tombola

All proceeds to Cubert/Crantock Churches

Need transport call 01637 831024

CUBERT



JESUS KNOWS YOUR POTENTIAL

Excerpt from UCB Word of Today

Have the experiences you have been through made you a different person from the one God intended you to be? Have the people, pursuits, and pleasures you chose resulted in a feeling of hopelessness about your future?

When you lose your sense of worth, it's hard to believe God could love you – but He does.

He knows that hidden inside you is a person who can do great things for Him.

That's why He is stirring your heart and letting you know He is moving in your life.

So, respond to Him in faith. Dare to believe that He can make you 'a new creation'

The fellowship at Cubert Beacon of Light invites you to take up this invitation and join us on Sunday mornings at 10.30am.

Beacon of Light speaker for September 2022 are as listed:

- 4th Phil Rowe
- 11th William Thomas from St. Ives
- 16th National Day of Prayer
- 18th Food Bank Harvest Service – led by Liz Holloran with shared Harvest Lunch to follow.
- 22nd Bible Study with Gareth Jones @ 7pm
- 24th Coffee Morning 10-12 noon
- 25th Gareth Jones

We meet weekly at 10.30am includes children's time

Thursday 22nd September @ 7pm

Your Country Needs YOU
 National Day of Repentance and Prayer
 Friday 16th September 2022

Covid, increasing Russian and Chinese aggression and the threat of war, collapse of the global economy, cultural disintegration, climate change, famine, political turmoil and cost of living crisis ...

What next?

In WW2, standing alone before the might of Nazi Germany, we faced what looked like certain defeat. Seven times the King called the nation to pray, and seven times we were miraculously delivered.

Now we face another and perhaps even greater Battle for Britain.

In these chaotic and testing times, only God can save us from the challenges and dangers that lie ahead. Only God can bring order to this disordered world.

Organise your own event or join us online to pray for the deliverance of our nation.

**National Day of Repentance and Prayer
 Friday, 16th September 2022**

CUBERT BEACON OF LIGHT COMMUNITY CHURCH WILL BE OPEN FROM 10AM - 7PM FRIDAY 16TH SEPTEMBER FOR NATIONAL PRAYER DAY PLEASE FEEL FREE TO POP IN AND OUT ANY TIME DURING THE DAY

CUBERT BEACON OF LIGHT WILL BE OPEN FROM 10AM TO 7PM ON FRIDAY 16TH SEPTEMBER. PLEASE POP IN DURING THE DAY

**Saturday 24th September
 10am – 12 noon**

The Baker's Dozen, Holywell Road, Cubert, TR8 5EQ

Open Monday -Saturday 9:00am – 4:30pm 01637 831900

FRESH...

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Kernow Chocolate

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Fowey Valley



FARM...

Free range meat:

Fresh & frozen: Steaks, mince, stewing steak & pork sausages
All reared & direct from the farm

Flour: Home-grown & traditionally stoneground on our farm, used in our breads and cereals

Eggs: Free range hen & duck

VEGETABLES:

Fresh off our market trolley
Homegrown Turnips



THE

Winter Menu...

Hot smoked bacon rolls

Homemade muesli & granola



Toasted saffron & spicy buns

Cream Teas

We are always at the Truro Farmers Market alongside lots of other local producers & traders.

This can be found on Lemon Quay:
Wednesdays & Saturdays 9am – 3:30pm
Falmouth on The Moor Tues 9am – 2pm

FOOD HYGIENE RATING

① ② ③ ④ ⑤

5





CUBERT VILLAGE HALL NEWS PAGE



THANK YOU FROM THE CVH COMMITTEE

The hall has had work done over the last few months carried out by local people and companies. Some were paid, some did extra for the money and some donated their time.

Many thanks to Colin Poulter for his work on replacing the kitchen hatch and saving us money on the solution used and also to Mark Carter for doing that bit extra when painting the outside of the new extension – shiny toilet block !

Thanks to Peter Griffin who came out on his holiday and rodded the drain for us earlier in the year. Thanks to Helen & Lee for the availability of our new noticeboard at the post office and shop and also James Bradder for help with weed clearance

Container clearance was done by the CHCC members, CVH committee members and parishioners as a joint working party as reported in the June newsletter.

Local businesses used – Advanced Fire, JP Electrical, Down To Earth, Claire Bradder Cleaning, DG Wright Accounting.

VERY MUCH APPRECIATED

CUBERT VILLAGE HALL



AUGUST 2022 DRAW

No 260 for 1st prize of £30
No 207 for 2nd prize of £20
No 167 for 3rd prize of £10

ENTER TO WIN

CONTACT DETAILS

Email cubertvillagehall@outlook.com

Phone 01637 830150

VISIT OUR WEBSITE AND FACEBOOK PAGE FOR NEWS, WHAT'S ON, NEW EVENTS, BOOKINGS, REGULAR BOOKING'S INFORMATION ABOUT CLASSES AND GROUP OFFERINGS AND MUCH MORE

Search for "cubert village hall" to find the relevant pages

WANT TO HIRE THE HALL ?

TEMPERATURE CONTROL IS BY AN AIR SOURCE HEAT PUMP SYSTEM AND THEREFORE CAN BE HEATING OR COOLING.

150 CAPACITY MAIN HALL

COMMITTEE ROOM HOLDING APPROXIMATELY 20 PEOPLE
32 TABLES, 100 CHAIRS

KITCHEN WITH MICROWAVE, FRIDGE, OVEN, TEA URN AND KETTLE.

LARGE CAR PARK TO THE REAR AND DISABLED PARKING AT THE FRONT

SEE OUR **WEBSITE** FOR CHARGES AND INFORMATION OR USE THE CONTACT DETAILS BELOW.

To make an enquiry or booking please contact
Deborah Hopkinson (01637) 830909 or e mail
cubertvillagehall@outlook.com

CVH MAINTENANCE - AUGUST UPDATE

The progress of our current projects to improve and maintain required standards are as follows at the time of writing on 19th August 2022

- **Back door ramp** – New ramp laid and steps to store room created.
- **Main Hall Roof Repairs** – final paint and 250 bolts to be done 22/8/22
- **Flat Roof – On North West Face** – quotes received and work will be planned at next meeting 23/8/22
- **Main Hall Floor Refurb** – new quotes found and visits required. Financial planning started.
- **Car Park Surface – Front and Rear** – no change. On future list to do.



**CUBERT VILLAGE HALL
REGULAR BOOKINGS -FROM SEPTEMBER 2022**



MONDAY	TAI CHI	11:00 to Noon	Main Hall
	PRIVATE DANCE PRACTICE	18:30 to 20:00	Main Hall
TUESDAY	TAI CHI	11:00 to Noon	Main Hall
	SHORT MAT BOWLS	14:00 to 16:30	Main Hall
	PILATES	18:30 to 19:30	Main Hall
WED	YOGALATES (NEW) starts 7th	09:15 to 10:15	Main Hall
	PHONICS FOX (NEW) starts 14th	12:30 to 14:30	Main Hall
	CREATIVE FLOW ART CLUB	10:30 to 13:00	Com Room
THURSDAY	TAI CHI	10:30 to Noon	Main Hall
	SHORT MAT BOWLS	14:00 to 16:30	Main Hall
	KARATE	18:30 to 20:00	Main Hall
FRIDAY	TODDLER GROUP termtime	09:30 to Noon	Main Hall
	BALLROOM DANCING	18:00 to 21:00	Main Hall
	MOBILE PIZZA 9th & 23rd SEPT	17:00 to 20:00	Car Park
SATURDAY			
SUNDAY	TAEKWONDO	10:00 to Noon	Main Hall

THERAPY ROOM

KAREN'S BEAUTY TIPS TUES 13:00 to 18:00 / WED PLEASE ASK / THURS 09:30 to 17:30
FRI 13:00 to 18:00 / SAT 09:00 to 13:00

**PLEASE VISIT OUR WEBSITE OR FACEBOOK PAGE FOR THE
REGULAR BOOKINGS DETAILED INFORMATION**

<http://www.spanglefish.com/cubertvillagehall/index.asp>

<https://www.facebook.com/cubertvillagehall/>

To make an enquiry or booking please
contact Deborah Hopkinson (01637)
830909 or e mail

cubertvillagehall@outlook.com

SIMON FOSTER ARCHITECTURAL SERVICES

Planning & Building Regulations drawings prepared
for extensions, refurbishments, loft conversions etc.

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LITTER BINS

Everyone can help us by **NOT** putting domestic waste or **dog poo bags** in litter bins. Please only put dog poo in the allocated Dog poo bins – The Parish Council litter bins are not designed for this use. The Parish Council struggles to empty POO filled bins due to the weight and the lack of a Parish Council vehicle to carry them! Domestic waste should never be placed in litter bins. Please use the Cornwall Council regular collection service.

VOLUNTEERS REQUIRED

Some of the footpaths/hedges in Cubert require cutting, we are looking for volunteers to form a working party on Saturday 3rd September at 10AM for about 2-3 hours.

We have power and hand tools, just bring your gloves.

Meet at Cubert Allotments.

For more info please email waynecaff.pc@yahoo.com

or phone 01637 831823



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CUBERT NEWQUAY

OPENING TIMES

MONDAY - SATURDAY:

Bar 11.30 - 10.30
Food
12-2.30/5.30-8.30

FOOD ALL DAY
1st - 5th

SUNDAY:
Bar: 11.30 - 10
Food 12 - 8

AUTUMN IS NEAR!

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OR

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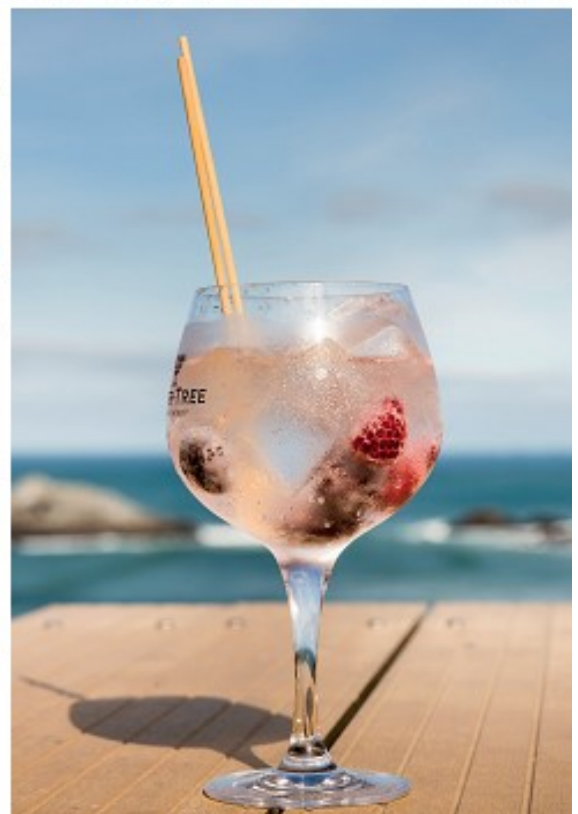
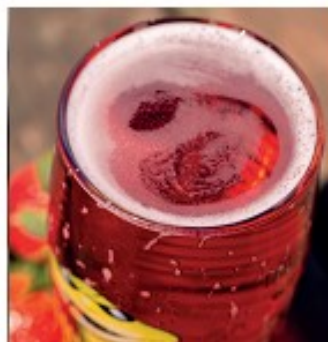
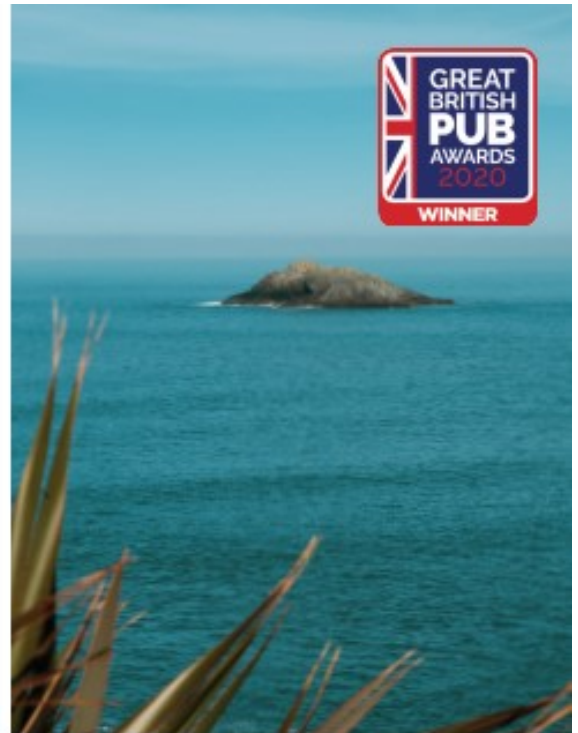
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Newsletter Post Box

Painted black and located outside to the left of the Cubert Village Shop door

Newsletter Deadline for Advert & Articles

Hand Written on 19th of the Month

Electronic – Noon on 20th of the Month

Contributions

Articles, advertisements, comments, etc. can be Placed in the Newsletter Post Box OR email

Email: cubertpc@btinternet.com

Website: spanglefish.com/cubertnews/

Temporary Editor: David – 01637 830947

Payments Or Donations

These must be received in advance for adverts.

Bank transfer details are to be found on the invoice

Cheques are made payable to

'CUBERT NEWSLETTER'.

Please send to :-

Cubert Newsletter, c/o Cubert Post Office &

Stores, Holywell Road, Newquay, TR8 5EQ

OR....place in the Newsletter Post Box

Queries To The Treasurer

Email : cubertnewslettertreasurer@gmail.com

Jubilee Follow up.

All Hands to the Hoe!

We have received many comments about how great the Parish was looking throughout the Jubilee. How about , now that the Jubilee is over, we try to keep the Parish looking great. How about doing a little weed clearance outside your house? It only needs 30 minutes a month to keep on top of he pesky weeds.

If you know your neighbour can't manage to do their bit why not give them a hand and do theirs as well.

ST CUBERT PARISH CHURCH NEWS SEPTEMBER 2022

Sunday Sep 4th Holy Communion 9.30am

Sunday Sep 18th Holy Communion 9.30am

HARVEST COFFEE MORNING AND GRAND SUMMER DRAW

There will be a Harvest Coffee Morning on Saturday 24th September in the Parish Church from 10am to 12 noon. There will be the usual stalls and the Draw will be made around 11.30am. Tickets can be bought from members of the congregation or from the Post Office. There are cash prizes of £200, £100, £50 (x2) and £25 (x4). All proceeds will be divided between the two churches of St Cubert and St Garantoc. Your support for this annual fundraising event is much appreciated.

**DIOCESAN PILGRIMAGE**

There will be a diocesan pilgrimage based at St Cubert Church on Saturday October 8th. It will visit the two Holy Wells and include a short service at the church. This is being organised by the diocesan chaplain for the environment, Elly Sheard, and Bishop Hugh hopes to be joining. More details in the next newsletter, but all are welcome to take part.

CONTACTS

The Revd Anne Brown (Priest in Charge) atlanticcoastcluster@btinternet.com 01872 572654

Wendy Barritt (Church Warden) wendy@carines.com 01637 830380

PRICKLES AND PAWS

If a hedgehog needs help, please call us.
Do not leave a facebook message.
07926 576164

Greetings once more to you all! How quickly the year is shooting past! At the time of writing, we are in the middle of an Amber weather warning for heat, hard to believe the Bale Push is just around the corner.

We are very excited to be attending the Bale Push this year, our mascot Horace is keen to be out and about and say Thank You in person to all of our local supporters!

We have really needed your support more than ever this year as admission numbers continue to climb.

The extreme heat and resulting drought has left wildlife struggling, not just from the lack of water, but also food. Putting out a shallow dish of water is the simplest and best way to help wildlife.

We look forward to seeing you all at Bale Push!

Vehicles in the dunes at Holywell, and parking on the pedestrian crossing in Cubert.

Incidents of vehicles driving into the Holywell dunes, and of vehicles parking on the crossing in Cubert have been reported recently, as they have been many times in the past.

In both instances, the acts are offences that should be dealt with under the Highways Act.

In order to reach the dunes at Holywell, vehicles will have passed signs showing that they are entering Treguth Common, and that only authorised vehicles should proceed further.

Treguth Common (which is part of the dunes system) needs to be crossed to access the beach area by vehicle. The Highways Act prohibits any crossing or parking on the Common unless the vehicle is authorised to do so.

Individuals wishing to report a crime under the Highways Act (at the Cubert pedestrian crossing or Treguth Common) should do so by contacting the police via the 101 telephone system. It would help the police if vehicle registration or other evidence could be provided.

The Parish Council has requested that yellow line parking restrictions within the parish are re-painted and the Traffic Regulation Orders amended, and this should be taking place in late August 2022. Parking restriction offences are dealt with by the enforcement officers at Cornwall Council, and the reporting of any offence should be made to Cornwall Council via their Website, e-mail (parkingenforcement@cornwall.gov.uk), or phone (0300 1234 222).

The police do not deal with yellow line parking restrictions, and Cornwall Council Parking Enforcement officers do not deal with pedestrian crossing and zig-zag violations.

Cubert Short Mat Bowling Club

We are a friendly group playing every Tuesday and Thursday in the Village Hall from 2.00pm to 4.30pm Teas and biscuits at half time!

Come and join us - All necessary equipment can be provided

Please do come along for a free introductory session on any regular Tuesday or Thursday.



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BALE PUSH 2022

THE BALE PUSH IS SUPPORTING
**CORNWALL LEUKAEMIA TRUST • THE WAVE PROJECT
YELLOW WELLIES**

And other local organisations and charities

FRIDAY 9TH

SEPTEMBER 2022

PUSH OFF 5.00PM PROMPT

BE THERE OR BE SQUARE!!

**CRANTOCK
BALE PUSH**



CRANTOCKBALEPUSH



@BALE_PUSH

Email. crantockbalepush@gmail.com

PRESENT: Cllrs. W. Caff, D. Hopkinson, W.C. Longden, S. Bell, A. Percy, G. Rowe, M. Smith, Cornwall Councillor Adrian Dennis Harvey and the Clerk: D. Hawken, and 5 members of the public.

APOLOGIES: Cllrs. R.L.B. Spencer, T. Hulbert

Police Report – None.

Before the meeting opened: Robin Charlton spoke in favour of his planning application at Restormel, Wesley Road. Theresa Herman addressed the Parish Council to object to the Wesley Road 30 house planning application. Pauline Tudbury addressed the Parish Council to object to the Wesley Road 30 house planning application.

OPENING: The Meeting was opened at 7.19 pm, by the Chairman Cllr. A. Percy

MINUTES OF THE MEETING HELD ON 20th July 2022: The Minutes were approved and signed as True Records.

MATTERS ARISING FROM THE MINUTES OF 20th July 2022:

The Clerk informed the meeting that he has contacted Cornwall Council Highways to request a Strim/scrape back of the pavement from Seaview Lane to Cubert. The Clerk further informed the meeting that he has adjusted the Catches on the Gates in Chapel Green.

Cllr. A. Percy gave an update on where we are with getting the Boat on Cubert Common changed to a restricted Byway.

Cllr. Rowe suggested the moving of the Commemorative stone to the front of the Well

PLANNING:

Decisions made by Cornwall Council:

PA21/10797 Alteration & extensions to Moonstones. Ground floor extension and new first floor/roof construction. Moonstones Access To Kens Meadow Holywell Bay TR8 5PT for Mr. & Mrs. Carter - **Approved**

Applications

PA22/05283 Reserved matters following outline approval (PA17/10746) dated 11.05.18 for Phase 3, 10 luxury holiday homes, storage building, access road, car parking and private amenity areas - Gull Rocks Beach Holywell Bay Cornwall TR8 5PW for Mr. Adrian Tribe - Following advice from Group Leader areas 3 & 4 of the Local Planning Authority (Cornwall Council): Cubert Parish Council Resolved: To raise a "**Holding Objection** to defer the matter until such time as the Local Planning Authority has ascertained that site boundary and material importation issues are within the previous Outline Consent or Reserved Matters application.

PA22/06559 Proposed extensions and alterations including change of roof from hip to gable design. Restormel Wesley Road Cubert Cornwall for Mr Robin Charlton - Resolved to **Support** the application

PA22/06416 Reserved matters application following outline approval PA18/08384 (appeal decision dated 27.02.2020) for 30 dwellings - Land South Of Homeslink Wesley Road Cubert Newquay TR8 5HB for - Mr Paul Clark - Resolved to raise no objection to the application provided that all Open Space on the Site is given to the Parish Council to manage (Via a Section 106 or other legally enforceable mechanism) and that all section 106 monies identified in the outline application and reserved matters application are secured properly and fully in a timely manner by your legal department. We have had experience of Section 106 monies not being paid in the past and want to ensure this is NOT repeated.

It was decided to refer the Trading at Cubert Crossroads to planning enforcement and also the advertising trailer on A3075. Penhale Camp – Cllr. A. Percy gave an update on the application. Statutory consultees appear to be against the applications. Gwinear – It was decided to contact Planning enforcement regarding rubble in the fields.

NEIGHBOURHOOD DEVELOPMENT PLAN

The steering group have had another meeting at which the proposed Highways Policy was discussed at length.

PARKING ENFORCEMENT – to discuss and resolve on Parking Enforcement for Cubert Parish.

It was decided to investigate further the costs and the service on offer.

ANY OTHER RELEVANT BUSINESS NOT REQUIRING DECISIONS AT THIS MEETING:

Cllr. A. Percy updated the Parish Council with the progress towards additional equipment for the play areas. 2 quotes have been received for the play areas at the moment. And 2 quotes for cycle path. It was decided to source suitable paint for the Youth Shelter. (RAL6001)

CLOSING, DATE OF NEXT MEETING: The meeting was closed 9.53pm.

The Regular Parish Council meeting to be held on **21st September 2022** at 7.00pm in the Village Hall

Last month I considered how sometimes lawyers ask questions before engaging their brain but occasionally health professionals can slip up. Writing patients' notes and letters to other clinicians is a privilege but sometimes it would have been better to read what was written first. This is list of genuine entries from patient notes and letters – enjoy!

1. Patient has chest pain if she lies on her right side for over year.
2. On the second day the knee was better and on the third day it disappeared completely.
3. She has no rigors or shaking but her husband says she was really hot in bed last night.
4. The patient has been depressed ever since she started seeing me in 1993.
5. The patient is tearful and crying. She also appears depressed.
6. Discharge status: Alive but without permission.
7. The patient refused an autopsy.
8. The patient has no past history of suicide.
9. Patient has left his white blood cells at another hospital.
10. Patient had waffle for breakfast and anorexia for lunch.
11. Between you and me, we ought to be able to get this lady pregnant.
12. Because she can't get pregnant by her husband, you might like to work her up.
13. She is numb from her toes down.
14. While in the ER (emergency room) she was examined, X-rated and then sent home.
15. The skin was moist and dry.
16. Occasional, constant, infrequent headaches.
17. Patient was alert and unresponsive.
18. Rectal exam revealed a normal size thyroid.
19. She stated she had been constipated for most of her life until she got a divorce.
20. I saw your patient today as she is still under our car for physiotherapy.
21. Both breasts are equal and reactive to light and accommodation.
22. Exam of genitals reveals he is circus sized.
23. The lab test showed he had an abnormal lover function.
24. The patient was to have a bowel resection but he took a job as a stockbroker instead.
25. Skin somewhat pale but present.
26. The pelvic examination will be done later when I get her on the floor.
27. The patient was seen by Dr. *** who says we should sit on the abdomen, and I agree.
28. She has two teenage children but no other abnormalities.

The TREGUTH

13TH CENTURY

HOLYWELL BAY | CORNWALL



September

Sunday Roast

Join us for our popular Sunday Roast

Open Hours
See Social Media and
Our Website
For opening times





The latest count of Choughs in Cornwall is 25 pairs, producing 70 young this year. What a change, not that many years ago I was part of a team watching a nest locally when we took shifts and had a code word on changeover.



Blue Tits are under threat from climate change – experts claim it is because it is making them lose their colour. Their flashy feathers are getting duller putting survival in doubt because the males use them to attract mates. The change which is seen in both sexes will result in a fall in the number of chicks born, researchers fear. The finding comes from a 15 – year study of the blue-crested, yellow breasted birds in France and Corsica. In that time the temperature rose 1.23 C and rainfall fell 0.64mm. Dr. David Lopez – Indiaquez of the University of the Basque Country, Spain said colouring was decisive to breeding. Birds have also grown bigger beaks to help control body temperature to adapt to global warming a University of Sheffield study found last month.



Countryfile on 24th July reported that only 8 Puffins are left on Jersey. I have seen these beautiful birds with iconic brightly coloured beaks on the outer islands of Scilly. They rest in burrows in the turf, sometimes in a crevice between rocks. They tend to disperse from their colonies after breeding.

At the end of July wildlife rangers collected around 3,000 dead wild birds, as avian flu hit a colony including Guillemots on the Farne Islands off Northumberland, to halt the spread.

A driver deliberately ploughed into a group of Geese leaving one dead and two injured. His 4x4 was seen speeding up before running over the birds. The incident has been reported to the RSPCA by a witness who guided the surviving birds to a lake near Walney, Cumbria. The animal charity said purposely driving into wildlife was illegal. It added “There’s no excuse for ploughing into some defenceless Geese. He could have waited for them to cross.

Efforts are being made on two of the Scilly Isles to eradicate rats. The Islands are St. Agnes and Round Island (Which is uninhabited). The rats cause problems with nesting birds.

On the 18th August Ben Hocking saw 2 Curlews flying over. Most British Curlews migrate South West with some reaching France and Spain.



Rodney Philips





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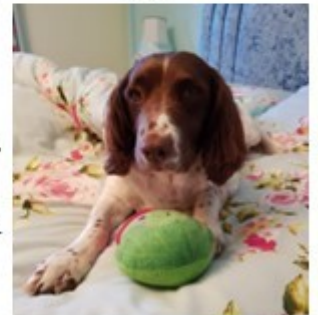
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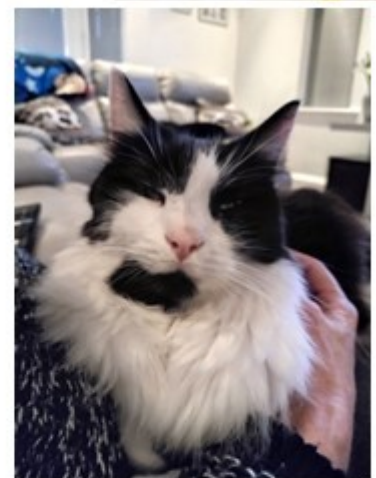
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WI press Report September 2022

What a summer we have had! I hope all members have been able to make the best of the lovely weather in August.

Although storm clouds gathered for our visit to the Lavender Field in late July, the sun did shine on us. The following report by Lynne Willson gives you a flavour of our morning there.



Visit to the Lavender Fields

The Crantock coffee (and cream tea) ladies enjoyed an outing with a difference on Tuesday, 19th July to the Cornish Lavender Fields at Great Carnbargus Farm near Perranporth. The weather tried to upset the proceedings - the day before being too hot and on the day of the visit we had rain (and thunder) so we weren't sure if we would be able to see the actual field of beautiful lavender. But in the end we had a glorious morning. We were met by Tina Bessell, the owner of the Lavender Farm and she gave a very informative and inspiring talk on when and how she had set up the farm, the 3 types of lavender she grows and the reasons why. Who knew different varieties of lavender have different properties from using in food, as an antiseptic (particularly good for burns) and as a sleep aid. But be warned on the latter - if you use too much it has the reverse effect and could have you bouncing off the walls! We were given a tip on how to make our own lavender essence - put the flowers (wait for tips to go brown which shows the seeds are ready for harvesting) plus stalks and leaves into a jar, fill with (cheap) vodka, tighten the lid and leave for 4 to 6 weeks. It will look a bit disgusting by then but strain through muslin and you will have a liquid that can be diluted with water to make a lovely spray or use in recipes. After a delicious cream tea, with essence of lavender in the scones, and being entertained by the very friendly dogs, we were able to spend time looking around the field of lavender, the distilling shed (harvesting was taking place) and the shop. Those who were brave enough (or desperate) made use of the composting toilet. It was definitely an experience but one to repeat - possibly not! Thank you to Marie Hedge for recommending this little gem.



Clay poppy making continues and we are almost at a point where we feel we have produced enough for this year. As mentioned before, we plan to sell poppies and brooches at the Bale Push so look out for us there.

Crantock WI does not have a formal meeting in August but we do meet for a Summer Lunch. This year the heavens opened but rain did not stop play! Thank you to Val Cheesman who allowed us to use her house instead of her garden. Also thank you to Pete for putting up with 20+ women taking over his home. As always the food was wonderful - provided by members and supervised by Sue Fern, our wonderful catering queen. She was ably assisted by Sonia Jones, Maureen England and Lynzi Ali. Thank you all. Our gatherings are always well attended and enjoyed by all.

We look forward to our next members' meeting in September on Tuesday the 13th. Our guest speaker will be Alan Alder who will talk about Beach Combing. The September competition is entitled 'The Best of Beachcombing'. I can't wait to see the interesting entries.

I look forward to our Autumn Programme which includes, a visit to the Cornwall Registry Office for a demonstration of ancestry tracing, a visit to see 'The Callendar Girls' at the St Ives Theatre, a walk and talk about local trees in Crantock and much more. Guests and new members are always welcome.

Linda Hallwood President

**THE FOUR WINDS BY KRISTIN HANNAH
CRANTOCK W.I. BOOK GROUP REVIEW - JULY 2022**

The author, Kristin Hannah is a lawyer turned writer and lives in Seattle and has written numerous books which have won awards or turned into films - Firefly Lane was released on Netflix in 2021.

This novel, although based on one of the darkest periods in the Great Depression, the Dust Bowl era, did, by the authors admission, have a degree of 'poetic licence' in that some of the events were 'merged' to make the story flow.

The main character, Elsa, was unloved and ignored by her own family and she thought she had found love with Rafe a young Italian immigrant who was a bit of a dreamer. Elsa became pregnant and her family threw her out.

She found love and happiness in motherhood and with Rafe's family - but not Rafe himself - it was an extremely hard life and drought caused major problems which went on for year after year. The descriptive writing was emotional and heartbreaking and you could feel and taste the dust that the family endured on a daily basis.

Elsa took her children to find Rafe - who by now had deserted his family to find a new life in California - the land of milk and honey. However, 'Okies' (as immigrants were known) were treated abysmally and exploited by landowners and had to live in camps). This led to political uprising - the forefront of the formation of workers unions - but ended tragically for Elsa.

The Group in general enjoyed the book although we felt it dragged a bit at the beginning and, in some respects, had everything thrown at it - one of those books that had maybe a lot more content than was needed. But it was an interesting period of history that we knew little about and subsequently learnt a lot - which is the sign of a good book. It had been well researched by the author.

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