

21 PEMBROKESHIRE CARREGWASTAD POINT

▶ Distance: 5¼ miles/9.3km ▶ Time: 2 hours ▶ Grade: Moderate

Views along the coast from Carregwastad Point.



PHOTO: ALISON GASTER



CHOSEN BY... ALISON GASTER

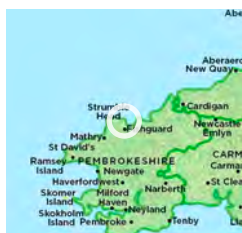
This walk starts high above the small market town of Fishguard and offers a coastal walk with spectacular scenery. It's easy walking to begin with, along the heather and bracken-clad, grassy clifftops. Enjoy the uninterrupted seascape views and look out for seals bobbing up and down in the shallows of the many rocky coves that you pass. The path becomes more undulating and rugged as you head round to Carregwastad Point, where a memorial commemorates the last invasion of Britain (a tapestry depicting the event can be viewed in Fishguard Town Hall). Heading inland, the

route takes you to the top of the rocky outcrop of Garnwnda, the site of a Neolithic burial mound. Take time after the walk to explore Fishguard itself. Lower Fishguard was the setting for the 1972 film adaption of Dylan Thomas' *Under Milk Wood* and the quaint Old Harbour is a lovely place to while away the time.

1 Start From the parking area, join the coastal path heading north. The route is well signposted and defined.

2 2½ miles/4 km The path drops steeply into the wooded valley of Cwm Felin and climbs again to reach

PLAN YOUR WALK



ROUTE

Start/parking Viewpoint and parking area at end of Harbour Village, off New Hill, grid ref SM949391

Is it for me? Open clifftop paths, part of waymarked Pembrokeshire Coast Path, tracks, lanes

Stiles None

PLANNING

Nearest town Fishguard

Refreshments Pubs & cafes in Fishguard and Goodwick

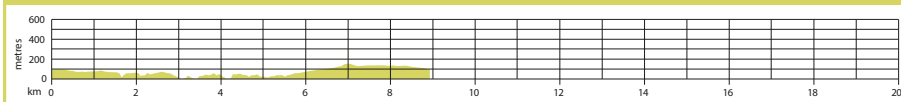
Public toilets Nearest Fishguard Pier car park

Public transport Limited bus service 410 from Fishguard and Goodwick to Harbour Village Mon, Wed and Sat. Train station in Goodwick

Maps OS Explorer 35; Landranger 157

Carregwastad Point. Pause here to enjoy the coastal views before retracing your steps back down and up Cwm Felin. ➔

GRADIENT PROFILE



21 PEMBROKESHIRE
CARRAGWASTAD POINT▶ OS Explorer map 35 ▶ Buy maps at: ordnancesurvey.co.uk/shop

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Turn R through a small gate and follow the path away from the coast through pleasant open scrub to a further gate. Cross the open area of grassland leading onto a hedge-lined track. Go through small gate at end and straight across the field to a metal gate to the L of a large rocky outcrop.

3 3/4 miles/5.2km
Go through gate at end and continue on a stony track which curves round to join a lane. Walk up the lane with the rocky outcrop of Garnwnda in view ahead of you. Turn R along a tarmac track signed to Garn Gron and Garn Fach. Pass to the L of the second cottage.

Go through a wooden gateway and turn L to climb to the top of the Garnwnda between high gorse bushes, passing the massive slabs of the ancient burial chamber just shy of the top. The climb is well worth it for the spectacular panoramic view. Look along to the Pen Caer Lighthouse on the coast, beyond Carregwastad Point in one direction, and across to the Preselli Hills in the other. At the top, bear R to a second rocky outcrop. Continue over it and bend L, looking for a gate and undefined path to take you off the outcrop. Descend down a narrow path to a lane.

4 4/4 miles/6.8 km
Walk down the lane and

bear R at the end to join the main lane. At T-junction continue ahead onto a stony bridle track.

5 4/4 miles/7.6km
Just beyond stables, turn L at a T-junction of paths. The track widens into a stony bridle track. Go through farmyard and continue ahead on lane. At end, turn L onto Harbour Village Road back to the start. **CW**

VIEW THE WALK ON OS MAPS ONLINE:
walk1000miles.co.uk/cwroutes

IN ASSOCIATION WITH



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DATE WALKED

TIME TAKEN

YOUR RATING

