

# THE FOLLOWERS' FOOTSTEPS



ST. THOMAS  
HOLY SPIRIT  
Lutheran Church

## JULY 2020

### The Month of July 2020: Holidays, Fun Facts, Folklore All About the Month of July

By The Editors  
June 9, 2020

**July** is the month when summer has a firm hold on all of us. The average temperature just about everywhere in the United States is above 70°F, and thunderstorms are nearly as abundant as ants at a picnic! Here's everything to know about the month of July.

*The farmers grind and whet their scythes,  
While hay-stacks in the meadows rise:  
Green fields and shady groves appear,  
And rip'ning harvest crowns the year.*

—The 1793 [Old] Farmer's Almanac

### The Month of July

July is named after Roman dictator Julius Caesar (100 B.C.–44 B.C.). With the help of Sosigenes, Caesar developed the precursor to the Gregorian calendar we use today. [Learn more about the origins of the months' names.](#)

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*The Followers' Footsteps* is the monthly newsletter of St. Thomas/Holy Spirit Lutheran Church (Evangelical Lutheran Church in America). We welcome you to worship with us and to experience the joy of having fellowship with other people who believe in the love of God and the teachings of Christ.

**Saturday Worship: Suspended**

**Sunday Worship: 10:00 AM (Online until further notice)**

**Christian Fellowship Time: 10:45 AM (Online until further notice)**

**Sunday School/Adult Forum: Suspended**

3980 S. Lindbergh Boulevard, Sunset Hills, MO 63127

**Telephone:** (314) 843-6577 **Fax:** (314) 849-2617

**Email:** [sths@sthschurchstl.com](mailto:sths@sthschurchstl.com)

**[www.sthschurchstl.com](http://www.sthschurchstl.com)**

**Pastor:** The Rev. Dr. Jill V. Seagle

**Ministers:** The People of St. Thomas/Holy Spirit Lutheran Church

**Director of Music:** Perry Nelson

**Newsletter Editor:** Sue Rosso

#### **Christian Community Homecare:**

Chris Lewis, Director

[chris@christiancommunityhomecare.org](mailto:chris@christiancommunityhomecare.org)

314-843-9673

#### **TLC Preschool:**

Kim Heumann, Director

[kheumann@tlcpreschoolstl.com](mailto:kheumann@tlcpreschoolstl.com)

314-843-8622

## NUMBERS, ATTENDANCE, PLEDGES

Saturday/Sunday average attendance through June 28 (attendance at regular weekend worship only)

	<b>2020</b>
<b>Total Sat/Sun attendance for year 2020</b>	<b>8540</b>
<b>Average weekly Attendance</b>	<b>328 (26 wks.)</b>
<b>Total Sat/Sun attendance for prior month through 06/28</b>	<b>1338</b>
<b>Total attendance for all public services since beginning of year, through June 28</b>	<b>8540</b>

Year-to-date attendance through June 28 (services on Saturday, Sunday, church holidays and midweek for Epiphany, Lent and Advent) (incl. Ash Wednesday)

## YEAR-TO-DATE PLEDGES AND OFFERINGS

YTD pledges over/(under) (not including online giving)	(\$ 19,713)
Weekly pledges needed	\$ 5,588
Offerings received last Sunday (not including online giving)	\$ 2,872.50

### FROM THE STHS NEWSLETTER EDITOR

Articles for *The Followers' Footsteps* can be left in the church office or sent to [sths@sthschurchstl.com](mailto:sths@sthschurchstl.com)

August 21 for the September issue  
 September 18 for the October issue  
 October 16 for the November issue  
 November 20 for the December issue



## FROM THE PASTOR'S DESK: *The Hopes and Fears*

Christmas in July is not exactly what everyone is thinking these days. Yet, as I sat down to write my July newsletter article, this line from the hymn, "O Little Town of Bethlehem," popped into my head: *the hopes and fears of all the years are met in Thee tonight*. The hymn was written by Phillip Brooks, rector of Holy Trinity Episcopal Church in Philadelphia, PA in the 1860s. History credits the lyrics to The Rev. Brooks making a trip to the Holy Land in 1865 and writing them for a children's Sunday School program in 1868. These years happen to be the immediate years following the Civil War. Hopes and fears would have still been rampant in the nation: fears borne of years of war; hopes borne from a time of reconstruction.

Hopes and fears seem to be everywhere these days. There is the hope that people have that "everything is going back to normal." There is the hope that people have that "this time things will actually be changed and we will turn the corner on issues of hate." There is the fear that people have that "this is going to last forever." There is the fear that people have that "this time will be no different and we will simply go back to the way things have always been."

The fears often get the better of us. Fear is a powerful tool of control. When fear is sown it causes us to turn on each other and turn into ourselves. We want to preserve the status quo at all costs and preserve our own sense of wellbeing. We do not go forward, instead sinking backward into the things that we think will keep us secure.

Hope, as most people define it, is "the promise of a better tomorrow." Yet, the theology and ethic of hope in the Christian tradition make it an active, realized state that brings God's kingdom to bear in the world today. Hope is not just what is going to happen tomorrow. The reality of being the people of God makes it imperative for us to bring the promise of Jesus to life in the world today.

The incarnation indeed brings hopes and fears to their meeting point, driving the fear away and bring the hope to full fruition. Which brings to mind the question: are we the body of Christ for the world? For if we are the body of Christ, then we are the living example of the incarnation that drives fear away and brings hope to fruition.

Our world, and most assuredly our Church, has been pushed into a new reality, whether we are ready or not. The COVID19 pandemic has forced us to redefine the nature of church community. Honestly, we had already been moving in this direction as STHS; the pandemic just pushed us off the edge that we were planning to slowly descend. Even when we return, we will be returning to a new regular pattern. In September, we will return to worship in the sanctuary. However, we will not be having three services a weekend. Instead, we will be having a Sunday morning simul-cast service, available streamed and (for a limited number to maintain physical distance) in person. An identical service will be offered in person Wednesday evenings. More of our activity will be focused outside of the church building, making us very much the church as it was meant to be.

We will also continue to be active in working on our story telling and our listening to the stories of others. We will be doing this in different ways: recording and posting stories as part of our online presence as well as sharing stories within our worship services. Knowing our story as the people of God is important; knowing how faith in action has impacted our lives is important; sharing these stories is what being people of God in the world is all about.

Additionally, we will continue to listen, learn, and speak about dismantling racism. In ways, our fears of upsetting our own comfort has delayed our progress in this area. It is only by confronting uncomfortable truths about our culture and actively working to change our hearts and our community that we can create a world that is borne in hope active in the kingdom of God.

The hopes and fears of all the years are indeed met in this incarnational moment for the body of Christ. We are ready and up for the task. May we see this as the wonderful gift it is meant to be.

In Christ,  
*Pastor Jill*



## PRESIDENT'S MESSAGE: NEWS AND EVENTS

We continue to get requests from groups wanting to meet in our Park. The latest are two groups of AA members who have been meeting at our church in the last few years. They each want to meet twice a week. We will get back to them to be sure they understand the rules as established by St. Louis County and caution them not to use any Church facilities or furniture.

The SunCrest Fest is still on schedule for September 19. Tentatively, SunCrest Fest Planners are intending to hold the event in 2020 but have some concerns about the carnival company who are struggling to develop operating plans in line with St. Louis County Covid-19 restrictions and limitations. Planners are also waiting to see how Lindbergh Schools will operate this Fall. Because they are a big part of the Festival, either of these groups could determine the fate of this year's SunCrest event.

In the past month we have requested proposals from three companies who offer disinfecting services to help us deal with Covid-19 cleaning requirements. Two of the companies are part of the well-known SERVPRO firm and one is a small startup that is concentrating strictly on disinfecting needs that have grown out of the Pandemic. We found the prices very high and question whether we can deal with the cost.

God Bless and Be Safe,  
*Loran Schnaidt*

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### JULY OUTDOOR WORSHIP SERVICE

Save the date for the July outdoor worship service on  
Sunday, July 12, 4:00 PM.  
More details will follow.



An online morning prayer service will be on Sunday, July 12,  
at 10:00 AM and the children's message will be at 11:30 AM.

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### BOOK STUDIES

Join us via Zoom Wednesday mornings at 9 AM for a discussion of Dear Church: A Love Letter From a Black Preacher to the Whitest Denomination in the U. S. Each session will be recorded and available for those who are unable to join in person.

Following Dear Church, we will be discussing Trouble I've Seen by Drew Hart.



## CHURCH COUNCIL MEETING

June 8, 2020

Loran Schnaidt called the meeting on Zoom to order at 7:00 p.m.

**PRESENT:** Pastor Jill Seagle, Loran Schnaidt, Steve Hilts, Ken Janovec, Jan Dillon, Paula Greenwood, Anita Petrovic, Ruth Thureau, Dave Eshelman, Sandy Griffard.

**DEVOTION:** Pastor Jill gave the devotion.

**APPROVAL OF MINUTES:** Minutes of the May 11 meeting were approved as written.

**FINANCIAL REPORT:** Overall the church finances show a positive cash flow of \$42,084 and a designated account balance of \$131,286 as of 5/31/2020. These numbers include the SBA Loan received on 4/8/2020 of \$93,700 of which \$68,241 was applied to the budget with a balance of \$20,997 in designated accounts. For the 8 weeks (6 weeks as of 5/31) full salary was paid to all ministries based on salaries received during the lookback period (Jan-Feb, 2020) offset by actual hours worked. All wages paid were applied to the SBA Loan because that was what the loan was based on. After 6/3, no non-work wages will be paid to any staff including guest musicians, janitorial help unless if needed and approved by Council using applicable Emergency Fund designated accounts based on need. Of note, TLC collected no revenue since it is not open; Homecare is slightly below budget due to COVID19 and client reduction. Pledge contributions continue to show normal giving tendencies, only \$3,000 below budget.

**ADDITIONS TO WRITTEN REPORTS:** Ruth Thureau said that Thrivent Choice monies and SouperBowl Sunday donations have been paid out; 38-40% of budget has been paid out. Paula Greenwood said that Homecare has one new client.

**CHURCH FACILITIES USE POLICY:** Loran said he will seek some help with this and get it finalized.

**BUDGET PLANNING SESSION:** Pastor explained that we were unable to do the congregational meetings to look at our mission statement, but Council needs to do some budget planning. It was decided that Council will have a July meeting to work on this.

**ANCHOR CHURCH UPDATE:** Basically this is on hold for now.

**MODEL FOR REOPENING THE CHURCH:** Loran explained that it is necessary for STHS to get a cleaning company to do the necessary sanitizing, disinfecting for church and TLC to reopen. He has a referral for a company, DBR Disinfecting Solutions, that is interested in doing this for churches. He got this recommendation from Nancy Benson, from the Chamber of Sunset Hills. Loran and Pastor will meet with Matthew Book from this company; he will walk through our church and give us estimate for doing this. Pastor talked about the protocols necessary to reopen the sanctuary for services. We could have 25% of capacity for a service, about 37 people. She showed us a video of how she measured and marked off the sanctuary with social distancing. We don't have a very large space to work with. It was suggested that some could sit in narthex. Everyone would need to wear masks. We would not use any hymnals and could not have singing. We would not move about – not take offering or distribute communion. Persons would have individual communion packet or bring your own bread and wine. Since number is limited, members would need to rsvp for service. It is risky being in the church sanctuary; everyone is in a confined area for extended length of time. We talked about having outdoor worship service. Since



# LEARNING AND FELLOWSHIP

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shade is limited, we could send a call out to members to borrow “pop-ups” to add shade to the area. Each person would bring his/her own chair. Areas would be marked to observe social distancing of 6 feet. Everyone would need to wear masks. Outdoor worship services hinge on the availability of our sound crew and the weather. Worship Team recommends that we plan for one outdoor service in July and one in August. Worship Team also recommends that we plan to open sanctuary in September. In order to have time to clean between the services, we will have one service on Sunday at 10 AM and another identical service on Wednesday at 6 PM. It will be necessary to have RSVP for service you wish to attend. We plan to continue to live stream the service for those who are unable to attend in person.

## **NEW BUSINESS:**

**TLC FUTURE PLANS:** In order to open TLC, changes will be needed in order to meet CDC directives. Disinfecting of center must be done daily in addition to any wiping down done by teachers throughout the day. Limiting the number of students is needed in order to social distance. We may need to reduce the operating hours. The concerns for preschool are similar to the ones discussed for opening sanctuary. Plans are for TLC to open in September.

**ROOF REPLACEMENT:** The roof has been replaced by Frederic Roofing. We have received the bill.

**UPDATE COMPUTERS & CHURCH TECHNOLOGY:** Council has been aware that our technology is in need of upgrading. Steve Fobian submitted a proposal for addressing this issue. Steve proposes that we research and interview for 2 professional services: 1 for day-to-day office system technology needs and 1 for our future worship live streaming needs. A few select Council members (call it a Technology committee?) would then review and approve the professionals' recommendations. The professional services could come from a company or an individual on a consulting basis. Discussion supported this proposal. Motion was made, seconded and passed that Steve make contacts to professional services who will evaluate our situation and make recommendations for our needs and form a committee to review & approve these recommendations.

Meeting closed with prayer and adjourned at 8:16 PM.

Next Council meeting is July 13, 2020.

Respectfully submitted,

Sandy Griffard, Secretary



# LEARNING AND FELLOWSHIP

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## Noteworthy Dates

**July 1** is [Canada Day](#), a Canadian federal holiday that celebrates the creation of the Dominion of Canada in 1867. The Dominion of Canada was a union of the three separate Canadian colonies of the time—New Brunswick, Nova Scotia, and Canada (which included Quebec and Ontario). Canada remained a part of the British Empire until 1982.

**July 3** brings the start of the hot and sultry **Dog Days of Summer!** Read all about the [Dog Days of Summer](#).

**July 4** is [Independence Day \(U.S.\)](#) on the fourth of July celebrates the adoption of the Declaration of Independence in 1776. Don't forget to raise the flag! [See American Flag Rules](#).

**July 14** is [Bastille Day](#), which commemorates the storming of the Bastille and the start of the French Revolution. Read more about Bastille Day below.

**Did You Know?** John Adams believed that July 2 would be the day when Americans would celebrate their independence. On July 3, 1776, he wrote to his wife, Abigail: *“The second day of July, 1776, will be the most memorable epocha [sic] in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival.”*

## “Just for Fun” Days

July is National Watermelon Month—yum! Have fun with these strange celebrations:

- **July 7–13:** National Farriers Week
- **July 8:** International Town Criers Day
- **July 17:** World Emoji Day
- **Jul 20–28:** National Moth Week
- **July 22:** Spooner's Day
- **July 25:** National Day of the Cowboy
- **July 27:** Take Your Houseplants for a Walk Day

## July Astronomy

### The Full Buck Moon

July's full Moon, the full **Buck Moon**, occurs on Sunday, July 5. Look for it to rise above the horizon in the southeast just after sunset that evening. [Find out why it's called the Buck Moon!](#)

### July's Moon Phases

**Full Buck Moon:** July 5, at 12:44 a.m. EDT

Last Quarter: July 12, at 7:29 p.m. EDT

New Moon: July 20, at 1:33 p.m. EDT

First Quarter: July 27, at 8:33 a.m. EDT

### Earth Reaches Aphelion on July 4

On July 4, Earth is at **aphelion**, the point in its orbit where it is farthest from the Sun. The distance between the two orbs will be 94,507,635 miles on this day.

Look up! Summer is a great time for stargazing. See our [Sky Watch highlights](#) to know what you're seeing above.

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# LEARNING AND FELLOWSHIP

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## Recipes for the Season

Enjoy some delicious summertime recipes:

[Grilled Chicken and Herb-Cheese Wraps](#)

[Baked Summer Squash](#)

[Grilled Summer Vegetables](#)

[See our tips on how to grill vegetables.](#)

Visit our [Fourth of July recipe page](#) for a list of festive food ideas!

Visit the garden-fresh [Summer Recipes collection](#) for great meal ideas using fresh, seasonal ingredients.

## July Gardening

Now all hands to haying; [sic] begin by mowing the ripest and thinnest first.

Look to your gardens; see that you destroy all kinds of weeds before they go to seed.

In July, summer bugs are at their best (or worst, as the case may be). Find help in our [library of pests and diseases](#).

Are your crops starting to take over your kitchen? Check out some of our [storage tips for fruits, vegetables, and herbs](#).

## Everyday Advice

Warm weather allows us to get outside and complete some annual household duties. Do you have some painting to do? Learn [how to choose and use the right paintbrush for the job](#). Many folks sell their house [sic] in the summer. Check out our [tips on a speedy house sale](#).

## Folklore for the Season

- Ne'er trust a July sky.
- If ant hills are high in July, the coming winter will be hard.
- As July, so next January
- No tempest, good July,  
Lest the corn look ruely. [sic]
- *Whatever July and August do not boil,  
September can not fry.*

## July Birth Flower

July's birth flowers are the **larkspur** and **water lily**.

The larkspur, especially white forms, generally indicates lightheartedness; pink, fickleness; purple, first love.

The water lily symbolizes purity of heart. [Find out more about July's birth flowers](#).

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## July Birthstone

The July birthstone is the ruby, which is believed to protect its wearer from evil.

- “Ruby” is derived from the Latin rubeus, which means “red.”
- This gem is a red form of corundum; all other colors are sapphires. The ruby’s color is due to the presence of chromium, which also makes the gem subject to cracks. High-quality rubies are a transparent, vibrant, purplish red; cloudier samples, or ones containing brown, orange, or pink tones, are less valuable. Many rubies nowadays are heat-treated to improve color saturation and transparency.
- The ruby, along with the related sapphire, are the second hardest natural gemstones, with only the diamond being harder.
- The gem was once thought to protect warriors if worn on their armor or embedded in their skin.
- Considered the king of gems, the ruby symbolizes love, passion, energy, and success. [Find our \[sic\] more about July’s birthstone.](#)

## This Month in History

### WE DO DECLARE!

On April 19, 1775, during the Battles of Lexington and Concord (Mass.), the first shots were fired between colonists and British troops, starting the American Revolution. After these first military conflicts, tension between Britain and her American colonists continued to mount. Finally, on July 2, 1776, the Second Continental Congress voted for independence from Britain.

Two days later, on July 4, the Congress approved the final draft of the Declaration of Independence, which had been written by Thomas Jefferson and edited by John Adams and Benjamin Franklin. On July 8, the first public reading of the Declaration took place at the Pennsylvania State House (now Independence Hall) in Philadelphia, Pennsylvania. Later that same day, other readings occurred in Trenton, New Jersey, and Easton, Pennsylvania.

Printer John Dunlap made about 200 copies of the Declaration dated July 4. Known as the (continued on next page) *(omitted by editor)* “Dunlap Broadside,” these were distributed throughout the 13 colonies. However, it wasn’t until August 2 that the Declaration was officially signed. John Hancock, president of the Congress, was the first of 56 delegates who signed this enlarged version, writing in big, bold letters.

*Excerpts from the Old Farmer’s Almanac*



# LEARNING AND FELLOWSHIP

## Re-Opening The Building: Timeline and Basic Guidelines

We are planning to resume “in-person” worship the first Sunday in September (September 7). There will be one worship service at 10 AM. The service will be streamed on Facebook Live in addition to being held “in person.” A second “in-person” worship will be held every Wednesday evening at 6 PM. The service will be identical to Sunday’s worship.

Space will be limited for in-person worship. Physical distancing requires each household unit to be seated at least 6 feet from other household units. The size of our sanctuary will prohibit more than 40 people to be in attendance at each service. Therefore, there will be an “RSVP” process. People are asked to reserve space in the sanctuary by Thursday for the Sunday service and by Monday for the Wednesday service. You will be asked to only attend one of the services per week. If requests are higher than the space will allow, we will rotate through the congregational requests so that everyone who wishes will have an opportunity to attend once every two to three weeks.

Attendees will be required to wear a mask. If you arrive without a mask, you will be given one to wear for the duration of the service. We ask that if you are feeling ill, even if it is just a common cold, please stay home and stream the service online.

You are asked to bring your own bread and wine/grape juice for communion. If you are unable to bring your own, sterile communion packs will be available. Communion will not be distributed in a traditional manner. The elements will be blessed from the front; however, you will already be holding your communion elements in your seat. The only time you will remove your mask will be to take communion.

Doors will remain propped open throughout worship to eliminate touch points on the door handles. You are asked to proceed directly into the sanctuary upon arrival. At the close of the service, you will be dismissed in a manner that keeps physical distance.

There will be no bulletins nor will there be Hymnals/Bibles in the pews. Offering plates will not be passed; instead, you will be asked to deposit your offering in an offering plate at the back of the sanctuary. The peace will be shared in a distanced manner (waving, peace sign, etc.).

Use of the HVAC system is still being researched.

We know these measures sound strict in comparison to the procedures other congregations may be using. Given the general age of our congregation and what we currently know about the virus we are opting for a safer approach to meeting in person.



# SHARING GOD'S LOVE AND BLESSINGS

## ***Alzheimer's and Dehydration***

People with Alzheimer's are more likely to experience dehydration. They often forget to drink, have difficulty swallowing, or may not be able to express their needs. Some may avoid taking fluids if they are incontinent. Dehydration is a major reason why many adults suffering from dementia are treated in the emergency room.



One way to help prevent dehydration in all seniors is to use a buddy system. Have a relative, friend or neighbor check on them at least twice a day during a heat wave. Make sure they are able to take enough fluids and are able to stay in a cool place. Watch out for signs of heat exhaustion.

### **Signs of Heat Exhaustion:**

- Heavy sweating
- Cold, clammy skin
- Dizziness or fainting
- A weak and rapid pulse
- Muscle cramps
- Fast, shallow breathing
- Nausea, vomiting or both

. **Have someone call 911** while you begin cooling the person:

- Get him to a shady area.
- Cool him rapidly, however you can: Immerse him in a cool tub of water or shower; spray him with cool water from a garden hose; sponge him with cool water; or, if the humidity is low, wrap him in a cool, wet sheet and fan him vigorously.
- Monitor body temperature; continue cooling efforts until body temperature drops to 101–102°F.
- If emergency medical personnel are delayed, call the ER for further instructions.
- If he is conscious and able to swallow, give cool water or nonalcoholic, decaffeinated beverages.

*Source: American Heart Association; Department of Health and Human Services; Caregiving in the Comfort of Home*

### **Safety Tips – Stay Hydrated, Stay Safe**

While proper hydration is always important, in summer heat it can be *lifesaving*. Our natural sense of thirst diminishes with age so it is important to drink water “by the clock,” as you would schedule crucial medications. This allows better absorption of nutrients from foods as well as medications. Dehydration, especially in the elderly, can increase confusion and muscle weakness and cause nausea. Nausea, in turn, will prevent the person from wanting to eat, thereby causing more dehydration.

*Source: NIH News In Health, Department of Health and Human Services; CDC*

*Homecare currently serves 9 families and employs 11 caregivers. Recently we've had several inquiries into our program. I'm hearing from people that are more determined than ever to stay in their own homes. Some of them have expressed fear over the thought of being in a nursing home and cut off completely from their loved ones. Please keep our clients and caregivers in your prayers.*

*I hope you are having a safe and enjoyable summer. Stay healthy and cool!*

Chris Lewis, Director





# **FOOD DRIVE**

**Friday, July 31**

**Two Sites : Two Times**

**9:00 a.m.—11:00 a.m.**

**St. Thomas Holy Spirit Lutheran Church  
3980 S. Lindbergh, Sunset Hills, MO 63127**

**OR**

**10:30 a.m.—1:00 p.m.**

**St. Luke's United Methodist Church  
2761 Telegraph Rd, St. Louis, MO 63125**

**Donations given to Feed My People and LifeWise STL**

## **2 Options to Donate**

**Drop & Go** : Drop your donations at one of the sites listed above.

**Home Pick Up** : We will come to you! Call Ruth Thurau for this option at 314-846-5644.

**Items Needed:** Canned Chicken & Tuna, Peanut Butter, Soups, Canned Fruit & Vegetables, Pasta, Rice, Beans, Mac and Cheese, Oatmeal, Personal Hygiene Items, Diapers, Baby Wipes, Toilet Paper, Paper Towels



# UNSEEN BUT *active*

This experiment illustrates that although God is invisible, we can see his work all around us.



**What you need:**

- Drinking glass
- Water
- Index card

**What you do:**

1. Practicing over a sink, fill the glass halfway with water. Then press the index card snugly atop the glass with one hand.
2. With the other hand, hold the base of the glass and carefully flip it over.
3. Remove your hand from the card. It should stay on the glass, without spilling the water! The invisible air in the glass creates a suction with the card, preventing the water from spilling out. Research air pressure to learn more.
4. After perfecting the trick, amaze others with it. Then talk about how God, like the air in the glass, is unseen but active.



# WATER WORKS!

The gospels record Jesus' miracles, many of which involve water.

*Directions: Using the illustrated equations, fill in the blanks to describe each miracle. Use the Bible references for help.*



Water changes to

\_\_\_\_\_

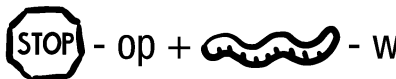
JOHN 2:1-11



Heals a man born

\_\_\_\_\_

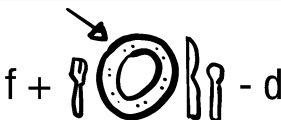
JOHN 9



Calms a

\_\_\_\_\_

MATTHEW 8:23-27



Catch of

\_\_\_\_\_

LUKE 5:1-11



Walks on


\_\_\_\_\_

MATTHEW 14:22-33

Answer: wine, blind, storm, fish, water



# BIRTHDAYS , ANNIVERSARIES AND PRAYERS



## Birthdays

Mark Steketee	7/01
Lorraine Dunn	7/07
Jon Mueller	7/07
Nancy Moyer	7/09
Debbie Freeman	7/10
Inge North	7/10
Olivia Wideman	7/10
Sidney Wideman	7/10
Carla Mosby	7/13
Miriam Steketee	7/13
Rocki Droege	7/15
Tom Droege	7/15
Bob Jones	7/15
Linda Benitz	7/16
Kevin Avery	7/17
Zach Hohenstein	7/19
Jill Larson	7/19
Evelyn Vocelka	7/19
Sana Cook	7/21
Jessica Van Pelt	7/23
Dave Andrasko	7/24
Spence Sorenson	7/25
Bonnie Butterfield	7/26
Russ Brda	7/28
Alyssa Greenwood	7/28
Emma Rush	7/28
Haley Karius	7/29
Erin Wischmeier	7/29



## Anniversaries

Loren & Chris Bodendieck	7/03	44 Years
Lee & Sandy Bodendieck	7/06	63 Years
Bob & Ruth Thurau	7/07	41 Years
James & Jessica Van Pelt	7/12	7 Years
Mike & Loretta Hughes	7/14	15 Years

**CURRENT PRAYER CONCERNS:** Doug Andrasko (Dave Andrasko's brother), Nancy Beecher, David Brockelmeyer (Jim Brockelmeyer's son), Bridget (Carmen Schoen's daughter), Alain Carron (Lynne Carron's grandson), Lynne Carron, Jackie Hertlein (Linda Meierhoff's sister-in-law), Mary Markowski (Bill Petrovic's sister), Debbie Mayer (Sandy Griffard's sister-in-law), Jenn Nelson (Jan & Judy Jobe's daughter), Judy Robinson (Jim Brockelmeyer's sister), Doug Seagle (Pastor Jill's husband), Jamie Shupe (Stacy Steketee's mom), Lauren Stewart (Amy Skrien's niece), Sam Valentine (Pastor Jill's dad), Evelyn Vocelka

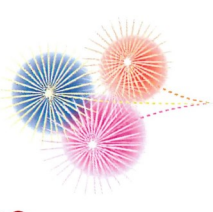



**ONGOING PRAYER CONCERNS:** Allison, Mary Altshuller, Dave Andrasko, Lorna Bishop, Judy Blume, Ruth Bremer, Nina Brendel, Josh Brockelmeyer, Emily Lingg Bromwell, Curt Carron, Boyce Clark, Bob Conoley, Laurie Daniels, Yvonne DeHart, Diann K., Angelina Dietrich, Nancy Dietrich, Lorraine Dunn, Erna Dwars, Perry Dwars, Lois Eshelman, Mike Evans, Matt Finn, Sandy Freeman, Robin Henry, Jeff K., Bobby Jensen, Jordan, Karen, Emmett Klauburg, Gerry Knoeller, Clinton (Gene) Kramer, Sr., Sandy Kuhn, Pat Lane, Bill Leonard, Melba London, Kay Littlefield, Garret Matthews, Shane McGoogan, Shelby McGoogan, Randy McGuire, Amy Melser, Keith Mohl, Steve Moylan, Kathy Nielsen, Kathy O'Hara, Pam, Darryl Peters, Vern Poenitske, Betsy Poth, Miriam Raines, Jessica & Terry Reeves, Wayne Schlichting, Scott Seagle, Christopher Seebeck, Barbara Sheffield, Steve Sheffield, Shelly Smith, Pastor Dave Stevens, Jim Thompson, Samantha Thurau, Susan Till, Theresa Tyler & Family, Betty Valentine, Alicia Volz, Russ Werkmeister, Donna Williams

**FROM DEATH TO NEW LIFE:**

**FOR THE HOMEBOUND:** Nina Brendel, Nancy Dietrich, Evelyn Vocelka

**SERVING IN THE MILITARY:** Kyle Bougeno, Grant Covey, Michael Denner, Hope Funderburk, Alex Lageman, Jeffrey Lauber, Andrew McGuire, Brandon Mendes, Nathan Nugent, Dillon Parsons, Steve Pera

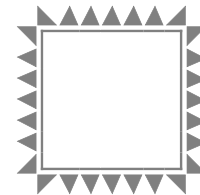


Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<h1>JULY 2020</h1>							
<b>5</b> 10:00 AM Online Worship 10:45 AM Online Fellowship 11:30 AM Children's Message	<b>6</b> 	<b>7</b> 11:30 am Children's Message	<b>8</b> 9:00 AM Book Study (online)	<b>9</b>	<b>10</b> COUNCIL REPORTS DUE	<b>11</b>	
<b>12</b> 10:00 AM Online Prayer Service 11:30 AM Children's Message 4:00 Outdoor Worship— CrossPaths	<b>13</b> 6:30 Executive Team (online) 7:00 Council (online)	<b>14</b> 11:30 am Children's Message	<b>15</b> 9:00 AM Book Study (online)	<b>16</b>	<b>17</b> WORLD EMOJI DAY FF ARTICLES DUE 	<b>18</b>	
<b>19</b> 10:00 AM Online Worship 10:45 AM Online Fellowship 11:30 AM Children's Message	<b>20</b> 	<b>21</b> 11:30 am Children's Message	<b>Stay up-to-date with changes as they occur. See the online calendar posted on the church website at <a href="http://www.sthschurchstl.com">www.sthschurchstl.com</a>.</b>				<b>24</b>
<b>26</b> 10:00 AM Online Worship 10:45 AM Online Fellowship 11:30 AM Children's Message	<b>27</b>	<b>28</b> 11:30 am Children's Message	<b>29</b> 9:00 AM Book Study (online)	<b>30</b>	<b>31</b> Food Drive: 9:00 AM to 11:00 AM STHS 10:30 AM to 1:00 PM St. Luke's United Methodist	<b>25</b>	
						<b>NATIONAL WATER-MELON MONTH</b> 	

All times listed are PM unless otherwise indicated Version 07/01



St. Thomas/Holy Spirit Lutheran Church  
3980 South Lindbergh Blvd  
St. Louis, MO 63127  
314-843-6577



A Stephen's Ministry Congregation

THE FOLLOWERS' FOOTSTEPS



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## Star Spangled Banner

O! say, can you see, by the dawn's early light,  
What so proudly we hailed at the twilight's last  
gleaming:  
Whose broad stripes and bright stars through the  
perilous fight,  
O'er the ramparts we watched were so gallantly  
streaming,  
And the rocket's red glare, the bombs bursting in  
air,  
Gave proof through the night that our flag was still  
there;

O! say, does that Star-spangled Banner yet wave  
O'er the land of the free and the home of the  
brave?

