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## Feelings UNO

*When you play a color card, tell about a time when you felt...*

**Red**- Angry

**Green**- Worried/Anxious

**Yellow**- Happy

**Blue**- Sad

### *Action cards:*

**Reverse, Skip:** Name an activity you enjoy doing with whomever you are reversing/skipping

**Draw 2, 4:** Give 2, 4 compliments to that person

**Wild Card:** Whatever color you choose, follow above