



# TORREYANA

THE DOCENT NEWSLETTER FOR  
TORREY PINES  
STATE NATURAL RESERVE

Issue 415

February 2020

## Dining Out at Torrey Pines

by Dan Hammer

As we approach the 2023 centennial of the Torrey Pines Lodge, docents attending the January TPDS meeting had the pleasure of learning more about its history. In her informative presentation on “The Restaurant Entrepreneurs of Torrey Pines Lodge,” TPDS historian **Judy Schulman** portrayed the cast of characters who operated the Lodge as a restaurant between 1923 and 1959.

Torrey Pines became a favorite picnic spot for San Diegans at the end of the 19<sup>th</sup> century, but construction of the Lodge was delayed while work on the Pan-American Exposition of 1915 took up much of the City’s time and budget. Once the Lodge was built, locals and travelers alike flocked to picnic there.

In 1923, John and Frances Burkholder became the first concessionaires to open and run a restaurant in the Lodge. They also lived in the Lodge, using the current video room as their living room and today’s docent library as their bedroom. Their servers and dishwasher sometimes stayed at the Lodge in what is now Supervising Ranger **Dylan Hardenbrook**’s office.

On February 16, 1923, the San Diego Natural History Museum sponsored an outing to Torrey Pines, including lunch – the first time food was served at the Lodge. Though novice restaurateurs, the Burkholders were an instant success, serving John’s chicken dinners and Frances’s pastries to a growing clientele of up to 100 diners a day.



### Docent General Meeting

**Saturday**, February 8, 9 am

**Location:** St. Peter’s Episcopal Church Rec Hall, Del Mar  
**Speaker:** Matthew Costa, postdoctoral scholar at Scripps Institution of Oceanography–UCSD

**Topic:** Blue Carbon

Coastal wetlands store carbon more effectively than almost any other ecosystem on the planet. Plant matter produced or captured in these tidal environments is buried by layers of accumulating sediments. Some of the carbon in this buried plant matter is preserved for hundreds of years, keeping it from returning to the atmosphere as carbon dioxide. Carbon buried in coastal environments such as these is called “blue carbon.” Dr. Costa will introduce the science of blue carbon in coastal wetlands and discuss the relevance of protecting these ecosystems for mitigating our carbon crisis.

**Refreshments:** Docents with last names beginning with **M, N, O** will be responsible for providing snacks for this meeting.

### Inside

Meeting Minutes	3
Children’s Program	3
Docent of the Month	4
New Ranger at TP	4
Superhero Docents	5
National Univ. Parking Info	5
TP Book Club	5
Nature Discovery Series	6
Red Book	6
Bird of the Month	7
Bird Survey	7

The Torrey Pines Docent Society publishes the *Torreyana* monthly, edited by Joan Simon and Dan Hammer on alternate months, and is formatted and produced by Roger Isaacson. Submissions are due on or about the 20th day of the preceding month and may be emailed to

**Editors@torreypine.org.**

Please send postal/  
email address changes to:

Torrey Pines Docent Society  
P.O. Box 2414, Del Mar, CA 92014  
Attn: Membership or email to

**Membership@torreypine.org**

Web sites:

TP Docent Society: [torreypine.org](http://torreypine.org)

TP Association: [torreypines.org](http://torreypines.org)

Visitor Center phone: **858.755.2063**

**TPDS Executive Board Members:**

President: Janet Ugalde

Vice-president: Roger Isaacson

Treasurer: Gerry Lawrence

Secretary: Gabriele Wienhausen

Directors-at-large:

Mark Embree

Annette Ring

Stu Rosenwasser

Lynne Truong

David Walker

**TPSNR Staff:**

**Supervising Ranger:** Dylan Hardenbrook

**Rangers:** Stephanie Adams, Kyle Knox,  
Dave Richards, Jesus "Chuy" Salinas  
Rodriguez

**Sr. Park Aides:** Louis Sands, Jake Mumma

**Park Aides:** Cheryl Biernacki, Krista  
DeBusschere, Joy Inton, Shawn Jacobs,  
Johnson Jou (Interpreter), Ingo Renner

© Torrey Pines Docent Society  
Since 1975  
All rights reserved

FLASH From Joy Inton: Don't  
forget to donate your ZooNooz  
magazines to the Museum Shop.

They sold souvenirs and baskets. In addition to the Nat's monthly excursions, the Lodge hosted weddings, birthday parties, and other events. Tour buses made regular stops for lunch.

The Burkholders did well at the Lodge until the early 1930s, when John's father died, the Great Depression hit, and a new road skirting the park siphoned business away. In June 1934, they gave up the Lodge lease, and Harriet Iles of Pacific Beach took it over.

Over the next few years, a string of concessionaires ran the Lodge. Most of them lasted only a year or two. One leaseholder agreed to run the Lodge, supervise the park, and "keep premises free from all immorality and immoral characters."

Axel and Margaret Johnson moved down from Alaska and served two tours between 1938 and 1949.

They lived at the Lodge with her mother, who reportedly served afternoon tea after World War II even though the restaurant had closed.

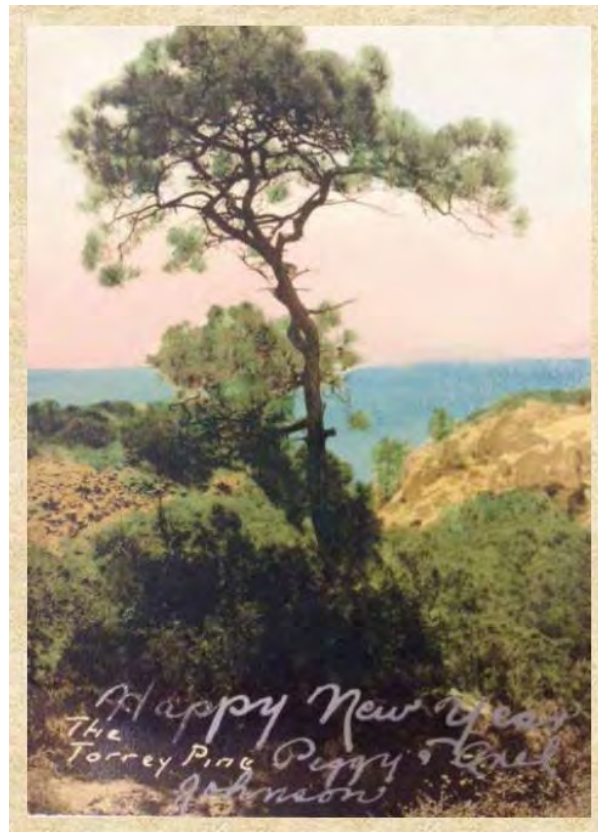
Then Margaret left Axel – alone with his mother-in-law. This odd couple continued to run the Lodge, though without food service. Officers from nearby Camp Callan used the Lodge for parties and meetings, and local civilian volunteers manned an airplane spotting station on the roof following the attack on Pearl Harbor.

Following Axel's departure and two more changes of management, stability returned to the Lodge with the arrival of Edward and Marian Stiegemeier in 1952.

The Stiegemeiers not only operated the Lodge concession but also managed Torrey Pines Park. However, they were unceremoniously dismissed and evicted when the State Parks took over Torrey Pines in 1959.

Six decades later, there are no more chicken dinners served at the Lodge – and no food allowed in the Reserve. With more than 3 million visitors a year, this level of protection is essential to the health of Torrey Pines and its flora and fauna.

As **Jane Barger** humorously noted in introducing her, Judy might not have been present at the creation of the Lodge, but she is our longest-serving active docent (42 years!), and she is a font of knowledge about the rich history of Torrey Pines. We were fortunate to drink from the font and hope to do so again.



## General Meeting Minutes – January 11, 2020

Meeting called to order at 9:00 am by President **Janet Ugalde**.

**Speaker:** Fellow docent **Judy Schulman** presented a very interesting lecture titled *The Restaurant Entrepreneurs of Torrey Pines Lodge* (see the article on page 1).

**President's Report:** **Janet Ugalde** welcomed **Annette Ring** back after her serious accident. Janet announced that **Stephanie Adams** is a new, additional ranger for TPSNR (see article on pg. 5). **Chad Van Doren** is the new maintenance chief for our Reserve.

There are two new TPDS board members (**David Walker** and **Gabriele Wienhausen**) and therefore new liaisons to several committees. The latest list of liaisons can be found on our website under *Society Docs*, and it is posted on the Library bulletin board.

We will be celebrating Earth Day 2020 on Saturday, April 18 from 9 am – 1 pm. Park Aide **Ingo Renner** is the lead for this event, and **Lynne Truong** is the board liaison.

**Dylan Hardenbrook** reports the North Lot restroom replacement project is underway with completion scheduled for this July. There is a path next to the project to access the beach under the low bridge. (See last month's *Torreyana* for Dylan's *Restroom Update* article for the Upper West Lot restroom project timeline.) The Board established a Holiday Party committee for our annual event next December.

**Annette Ring** will be the chairperson; contact her if you want to help plan the event. **Ingo Renner** will lead the first *CEED* walk for 2020 on the Del Mar Mesa Friday, January 31 at 9am. The next *Nature Discovery Series* event will be **Jane Barger's** *The Amazing Gray Whale Migration* on Saturday, January 25 at 10:30 am. The February *Nature Discovery Series* event will be a children oriented *Plant and Animal Adaptations*. Janet reminded docents they can log one hour for attending *CEED/Nature Discovery Series* events with an annual maximum of 12 hours for those events. **Louis Sands** announced there will be a Children's Program meeting Wednesday, January 29 at 10 am at the *Torrey Circle Pavilion*. This meeting will be for both experienced walk leaders and new graduates, with emphasis on the five different program topics available.

**2019 Fun Year-End Awards for Docents:** **Annette Ring** put together some year-end, fun awards based on super heroes and super powers (see the article on pg. 4).

**Treasurer's Report:** **Gerry Lawrence** reported that TPDS continues to be in a great financial position. Net income for 2019 was up due to increased Museum Shop sales and donations. Our expense for buses to bring students to our Children's Program increased 20%, and that is a positive thing. Our budget has a new expense line titled *Trail Maintenance* as several of our donations specified the funds

were to be used for that purpose, and the 2020 budget is \$10,000 for maintaining trails. The Treasurer's Reports are available on our website under *Society Docs* and are also posted on the Library bulletin board.

**2020 TPDS Dues and Parking Passes:** Parking passes were distributed at the meeting to docents that had met their 2019 hour requirement of 84 hours, and paid their dues. If you haven't paid your dues yet, you can mail a check to our PO Box address or place your check in the Treasurer's box in the Library (show your check beforehand to a park aide to receive your parking pass).

**General:** **Kristine Schindler** announced her free *A Matter of Balance* program will take place in the April/May timeframe with exact date and time to be determined. Contact Kristine if you are interested in attending this fall prevention program (see [January 2020 Torreyana](#)). **Rick Vogel** is going to put in an order for docent volunteer vests, so email him with your size if you need one. **Jeannie Smith** pointed out there is an alternative vest available on the CA Dept of Parks and Recreation Store website.

**Docent of the Month:** **Janice Barnard** for her enthusiasm when frequently staffing the TIK and Lodge. She also serves on the Nominating Committee and helps organize the monthly lagoon cleanup and weeding.

**Refreshments:** At February's General Meeting, docents with last names starting with letters **M-N-O** are responsible for snacks.

Meeting ended at 10:55am.

## Children's Program

by *Louis Sands, Children's Program Coordinator*

Whether you are one of our most recent training graduates or you have been in the docent society for a while, if you've never served the Children's Program, then February may be the month for you! February will provide you not only the opportunity to experience the wonderful diversity of school districts that we serve, but also the chance to exercise your interpretive muscles with a relatively tame program offering, the Kumeyaay.

The Children's Program has all the supplies you'll need to support an interactive and fun experience for kids on our trails. We have picture tags that detail practical uses for plants, picture books, acorns for grinding in our outdoor mortar, and, most importantly, authentic Kumeyaay artifacts.

We begin the month with a Kumeyaay program offering on Feb. 4. Salt Creek Elementary's third graders will travel all the way from Chula Vista's beautiful Otay Ranch area for a day of wonder with us. Why not be one of the hike leaders who wows them with stories of Kumeyaay resourcefulness and strength?!

We end the month on Feb. 27 when Empresa Elementary's third graders visit the Reserve from the opposite end of our

county, Vista. And just to keep things interesting, we've scheduled Poway, San Diego, and San Marcos district schools for the days in between. Visit the [docent website](#) for more field trip specifics. Who knows? Your neighborhood school could be on our list.

**To the uninitiated, you are always welcome to join us. We truly hope to see you soon!**

## Docent of the Month: Janice Barnard

*Photo by Herb Knüfken*

**I**t seems like just yesterday that I was out with Carol Martin, retired State Park Aide, working on the Los Peñasquitos Lagoon restoration. That was almost 12 years ago. She was an amazing committee organizer and incredibly hard task master, but an inspiration for me and everyone who worked with her on the project. She was the reason I became a docent.



I have volunteered for many years on committees, boards and projects with the Sierra Club, San Diego Canyonlands, and Torrey Pines. My real passion is preservation of our open spaces for our native animals and plants, which includes education and appreciation of those precious assets. Growing up in the East County and riding my horse in the canyons without encountering another human or structure was a magical time and still fills me with gratitude that I need to pay forward.

My mentor and inspiration since becoming a docent at TPSNR has been **Ken King**. He has provided insight, knowledge, and support (although we disagree at times) over the last 10 years. He is funny, intelligent, and a good source of information.

Thank you for the honor of being named Docent of the Month.

## Torrey Pines Welcomes a Fifth Ranger

*by Joan R. Simon*

*photo by Herb Knüfken*

Torrey Pines welcomes for the first time a fifth park ranger, **Stephanie Adams**. Supervising Ranger **Dylan Hardenbrook** credits the docent-led 2015/16 visitor census (see [Torreyana article of Oct. 2016 pg. 5](#)) with helping him convince State Parks that Torrey Pines needed an additional ranger. That census showed 3.1 million visitors coming to Torrey Pines annually, substantially more than the 1.9 million visitors tallied the year before using an older methodology.

## Stephanie Adams

**S**tephanie Adams is a local San Diegan through and through. She grew up here and graduated from San Diego State University. Before attending the State Parks Ranger Academy, she worked as a park aide at San Elijo State Beach/Campground with former Torrey Pines ranger Lisa Urbach (who is now North Sector Superintendent for San Diego North Coast District).



Before coming to Torrey Pines, Stephanie was a ranger at Pismo State Beach and Oceano Dunes State Vehicular Recreational Area, which she describes as the “complete opposite of Torrey Pines.” At Oceano Dunes, cars can drive onto the beach for miles, then unload their ATVs and cruise over the sand dunes, which are as much as 75 feet high. She worked as a ranger there for ten years, her last four as supervising ranger. “It was a very challenging assignment,” she said.

She welcomes the relatively peaceful atmosphere at Torrey Pines, but said she “can’t believe how many people come here” and how much busier the Reserve has become in the ten years she was away. After only two weeks on the job, she was impressed with the number of docents she has seen and “amazed at how much the docents do to support the park.”

Stephanie’s husband works as a maintenance mechanic at Carlsbad State Beach. With two small children at home, ages 6 and 3, she welcomes the “regular hours” of Torrey Pines, especially after serving at an area that stayed open 24 hours a day. Stephanie’s work days are Wednesday through Saturday from 7 am to 5 pm.



Six of our superheroes were awarded capes at the January meeting. From left: TPDS president **Janet Ugalde** with honorees **Annette Ring** (Awesome Docent), **Steve Neal** (Super Duper Docent), **Don McGuire** (Super Docent), **Selma Torres** (Host with the Most), **Lynne Small** (Super Weeder), and **Roger Isaacson** (Geekman). Photo by Herb Knüfken

## Docent Parking at National University

Good news! Torrey Pines docents can now park at National University 7 days a week from sunup to sundown as long as we: (a) display a current docent hangtag; and (b) park ONLY in the parking area that is on the **south** side of the campus (south of the 11255 North Torrey Pines Road building). We understand that there might not always be a parking spaces available during weekday working hours. But particularly during the crunch times on weekends and holidays, this is a great option for docents entering the Reserve for Lodge duty, TIK staffing, and other activities.



## Torrey Pines Book Club

**When:** Tuesday, February 11, 1 pm

**Where:** Gabrielle Ivany's home in Rancho Bernardo

**What:** *A Primate's Memoir: A Neuroscientist's Unconventional Life Among the Baboons* by Robert M. Sapolsky

Amazon says:

In the tradition of Jane Goodall and Dian Fossey, Robert Sapolsky, a foremost science writer and recipient of a MacArthur Genius Grant, tells the mesmerizing story of his twenty-one years in remote Kenya with a troop of Savannah baboons ... *A Primate's Memoir* interweaves serious scientific observations with wry commentary about the challenges and pleasures of living in the wilds of the Serengeti – for man and beast alike. Over two decades, Sapolsky survives culinary atrocities, gunpoint encounters, and a surreal kidnapping, while witnessing the encroachment of the tourist mentality on the farthest vestiges of unspoiled Africa. As he conducts unprecedented physiological research on wild primates, he becomes ever more enamored of his subjects – unique and compelling characters in their own right – and he returns to them summer after summer, until tragedy finally prevents him. By turns hilarious and poignant, *A Primate's Memoir* is a magnum opus from one of our foremost science writers.

All TPDS docents are welcome. Meetings usually last a couple of hours. RSVP to Gabrielle if you plan to attend. (Check Member List for email or phone number.)

**March 10:** *The Mosquito: A Human History of Our Deadliest Predator* by Timothy C. Winegard

## Nature Discover Series – February 15, 2020 –rev 1/29/20

The February Nature Discovery Series program is "A Family Nature Discovery Day: Plant and Animal Adaptations for Kids!" – Join us for a fun morning learning about native animal and plant adaptations. We will have live animals, nature booths and scavenger hunts. Meet at the Pavilion at **10:00 am**. Tell your families, neighbors, and friends to bring their kids for a fun day out.

### A Glimpse of the Past

by Dan Hammer

At the February 2018 Docent Society meeting, longtime TPSNR Supervising Ranger **Bob Wohl** presented and commented on excerpts from the 1988 Red Log Book, the rangers' daily journal. (See article in [March 2018 Torreyana](#).) Back then, anyone who worked at Torrey Pines – rangers, aides, docents, and other volunteers – could write an entry in the book whenever the spirit moved them or events warranted. The result is a colorful pastiche of incidents, comments, meeting minutes, and to-do lists.

Since Bob Wohl's talk, a number of docents have asked to see an excerpt from the Red Log Book. Here you go!

We have digitized the first 69 of the 147 pages: [Click here to download](#).

4/16/92 Rattlesnake Sitting on Razor Point Trail.  
12N. Visitor states it rattled, then  
slithered into bushes. Jon

Helen Montgomery-Drysdale has volunteered to  
reframe the Miss Helen ~~Scripps~~ Scripps photo. If  
she should come by for photo before I  
make arrangements with her. This has been  
OK'd by Bob Wohl + I have noted  
this in ranger log Jon Wohl

4/22 Displays + flat surfaces dusted. J. Wohl

4/24 Visitors are curious about all the lizards –  
what kind are they? How many varieties  
in the reserve. Since they are probably ~~our~~  
most frequently seen animal this spring, maybe  
we could find some info about these critters!  
(See p. 100 in Green Book + V-12 in Eng. Manual) <sup>at Watson</sup> M.D.

4/29/92 Dusted displays and swept the lodge.  
There is a driver's license from a  
Patricia Price inside the drawer at  
the Docent's desk. I called her and  
left her a message with regards to  
it. H. Moran

3/2 72 Suggestion of visitor: We should have some  
small printed material in French + Spanish  
(perhaps Japanese) to explain briefly  
about Park.  
- We do - Trail maps

3/12 "Fat 5 ft diamond back caused our path on  
Guy Fleming Trail"

# Bird of the Month: California Scrub-Jay

by Jack Friery; photo by Andy Rathbone

Our featured bird this month is the **California Scrub-Jay**, *Aphelocoma californica*. This noisy and active bird is a common feature at Torrey Pines Reserve and can be found along the coast from Washington state down to Baja. Listen for its loud call (a “raspy scold”) and its roller coaster flight. The bird is almost a foot long and weighs about 2.5 to 3.5 ounces.

The California Scrub-Jay feasts on acorns and Torrey Pine nuts, but there are reports you can also see them on the backs of mule deer, picking off ticks. (The deer seem to appreciate the effort.)

Thanks to genetic research, this bird, long known as the Western Scrub-Jay, was split into two species in 2016: the California Scrub-Jay in our area and the Woodhouse’s Scrub-Jay in the interior west. And recent studies have indicated that the scrub-jay may have superior intelligence, having an ability to plan for the future. And they even hold “funerals,” summoning others to screech over the body of a dead comrade.

Sources: [allaboutbirds.org/guide/California\\_Scrub-Jay/overview](http://allaboutbirds.org/guide/California_Scrub-Jay/overview);

[en.wikipedia.org/wiki/California\\_scrub\\_jay](http://en.wikipedia.org/wiki/California_scrub_jay);

[audubon.org/news/are-western-scrub-jays-wits-or-worries-responsible-amazing-behavior](http://audubon.org/news/are-western-scrub-jays-wits-or-worries-responsible-amazing-behavior).



## Torrey Pines Docent Society Bird Survey: January 2020

**Number of species:84**  
(+2 other taxa)

Northern Shoveler 4  
Gadwall 18  
Mallard 32  
Northern Pintail 11  
Green-winged Teal 26  
Canvasback 1  
Lesser Scaup 19  
Surf Scoter 16  
Bufflehead 18  
Ruddy Duck 10  
California Quail 1  
Pied-billed Grebe 2  
Eared Grebe 1  
Western Grebe 282  
Clark's Grebe 2  
Eurasian Collared-Dove 4  
Mourning Dove 22  
Anna's Hummingbird 44  
Allen's Hummingbird 9  
hummingbird sp. 22  
American Coot 35  
Killdeer 4

Whimbrel 16  
Long-billed Curlew 2  
Marbled Godwit 1  
Sanderling 7  
Spotted Sandpiper 1  
Willet 10  
Heermann's Gull 27  
Ring-billed Gull 30  
Western Gull 25  
Royal Tern 2  
Red-throated Loon 2  
Black-vented Shearwater 24  
Brandt's Cormorant 1085  
Double-crested Cormorant 24  
Brown Pelican 49  
Great Blue Heron 2  
Great Egret 4  
Snowy Egret 1  
Black-crowned Night-Heron 1  
White-tailed Kite 1  
Cooper's Hawk 2  
Red-tailed Hawk 8  
Belted Kingfisher 1  
Nuttall's Woodpecker 18  
Northern Flicker 1  
American Kestrel 10

Peregrine Falcon 3  
Black Phoebe 12  
Say's Phoebe 12  
Cassin's Kingbird 8  
Hutton's Vireo 2  
California Scrub-Jay 8  
American Crow 46  
Common Raven 18  
Bushtit 48  
Wrentit 84  
Golden-crowned Kinglet 1  
Ruby-crowned Kinglet 4  
Blue-gray Gnatcatcher 2  
California Gnatcatcher 19  
gnatcatcher sp. 1  
House Wren 3  
Marsh Wren 1  
Bewick's Wren 21  
California Thrasher 16  
Northern Mockingbird 8  
Western Bluebird 2  
Hermit Thrush 13  
Scaly-breasted Munia 7  
House Sparrow 18  
House Finch 79  
Lesser Goldfinch 47

Dark-eyed Junco 1  
White-crowned Sparrow 48  
Golden-crowned Sparrow 11  
Song Sparrow 27  
California Towhee 61  
Spotted Towhee 17  
Red-winged Blackbird 22  
Orange-crowned Warbler 2  
Common Yellowthroat 9  
Yellow-rumped Warbler 118  
Townsend's Warbler 2  
Wilson's Warbler 1

**Observers:** Andy Rathbone, Marty Hales, Steve Neal, Herb Knüfken, Robert Turner, Kathy Dickey, Gary Grantham, Mark Embree, Charlotte Morris, David Walker, Tsaiwei Olee, Les Faulder, Donna Mancuso, Nancy Richardson, and Anonymous

View this checklist online at [ebird.org/checklist/S63314954](http://ebird.org/checklist/S63314954)

Herb Knüfken's amazing photo gallery, including many birds, may be found here: [pbase.com/herb1rm](http://pbase.com/herb1rm)



Torrey Pines Docent Society  
PO Box 2414  
Del Mar, CA 92014  
(858) 755-2063  
[torreypine.org](http://torreypine.org)