



2019 Aging in Texas Conference

BIG HEART

Tomorrow's Aging Today

June 26-28, 2019 ♥ Omni Houston

www.agingintexasconference.org



Texas Association
of Regional Councils



TEXAS
Health and Human
Services

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The 2019 Aging in Texas Conference.**

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Big Heart: Tomorrow's Aging Today

Aging in Texas Conference ♥ June 26-28, 2019 ♥ Omni Houston ♥ #AiTC2019



On behalf of the Texas Association of Area Agencies on Aging, Texas Health and Human Services Commission & the Texas Association of Regional Councils

Welcome to



Aging in Texas Conference

June 26-28, 2019 ♥ Houston, TX

Continuing on our growth from past conferences and emphasizing the benefits of keeping seniors involved and engaged within their communities, the theme of the 2019 Aging in Texas Conference (AiTC) is, "Big Heart: Tomorrow's Aging Today!"

As older Texans continue to live longer, healthier lives, it takes everyone in the aging community from providers to professionals to ensure the state's seniors continue to live with dignity and participate fully in life. The 2019 AiTC will focus on ways professionals within the aging services community can incorporate best practices and innovative programming to reinforce Texas' strength in collaboration by promoting connectivity and partnership to assist our state's growing senior population.

It is truly through a compassionate, caring, and educated workforce and public that we can take on Tomorrow's Aging Today!

Posting to social media? Be sure to tag us! #AiTC2019



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A Message from the President



On behalf of the 2019 Aging in Texas Conference Planning Committee, I want to welcome you to Houston, the City with the Big Heart! In addition to networking with aging professionals from across Texas, our goal is for you to leave here with tips, tools and ideas that will not only assist you in serving our state's seniors, but offer fresh, innovative programming to keep you up-to-date on the best ways to keep seniors active, healthy and connected to the world around them. As we spend the next few days learning new ways to make a positive impact on the lives of older Texans, remember it's our Big Hearts that will help ensure that that we're ready for Tomorrow's Aging Today! Thank you for your support and attendance. We hope you enjoy your time at AiTC 2019!

Curtis Cooper

Curtis Cooper

President

Texas Association of Area Agencies on Aging (T4A)

Posting to social media? Be sure to tag us! #AiTC2019



2019 Aging in Texas Conference Planning Committee

General Info

Thank you to the staff of the Harris County Area Agency on Aging and the Houston-Galveston Area Agency on Aging for serving as the local hosts of this year's conference.

Curtis Cooper, T4A President, Houston-Galveston Area Agency on Aging, Local Co-Chair

Paula Johnson, Harris County Area Agency on Aging, Local Co-Chair

Texas Association of Area Agencies on Aging (AAA) Representatives

Mallory Freitag, Houston-Galveston Area Agency on Aging

Chasity Gordon, Houston-Galveston Area Agency on Aging

Beverly Brownlow, Harris County Area Agency on Aging

Patricia Bordie, Capital Area Agency on Aging

Yvette Lugo, Rio Grande Area Agency on Aging

Liz Castro, South Plains Area Agency on Aging

Bettye Mitchell, East Texas Area Agency on Aging

Toni Roberts, Concho Valley Area Agency on Aging

Melissa Carter, Permian Basin Area Agency on Aging

Kerry Phillip, Central Texas Area Agency on Aging

Texas Association of Regional Councils (TARC) Representatives

Ginny Lewis Ford, Executive Director

Talia Milan, Health and Human Services Coordinator

Kimberly Lile, Membership & Regional Programs Director

Texas Health and Human Services Commission (HHSC) Representatives

Keely Lee, Community Services Officer

General Conference Info

Registration Desk Hours

Wednesday, June 26, 2019..... 8:00 am to 5:00 pm

Thursday, June 27, 2019..... 8:00 am to 5:00 pm

Friday, June 28, 2019 8:00 am to 11:30 am

Conference Schedule

Wednesday, June 26, 2019

Exhibitor/Vendor Set-Up..... 8:00 am to 11:00 am

Welcome Luncheon

& Keynote Address 11:00 am to 12:30 pm

Exhibit Hall Hours..... 12:30 pm to 6:30 pm

Exhibit Hall Grand Opening &

Dessert sponsored by WellMed..... 12:30pm to 1:00 pm

Breakout Sessions..... 1:05 pm to 4:55 pm

Welcome Reception with Special

Local Entertainment sponsored

by Aetna 5:00 pm to 6:30 pm

Thursday, June 27, 2019

Exhibit Hall Hours..... 8:00 am to 2:00 pm

Breakout Sessions..... 9:00 am to 10:55 am

Lunch on your Own..... 11:00 am to 1:30 pm

Exhibit Hall Closing & Dessert

sponsored by Humana 1:30 pm to 2:00pm

Breakout Sessions..... 2:00 pm to 4:55 pm

Exhibit Hall Tear-Down 2:00 pm to 5:00 pm

Friday, June 28, 2019

Breakout Sessions..... 8:00 am to 8:55 am

Closing Breakfast &

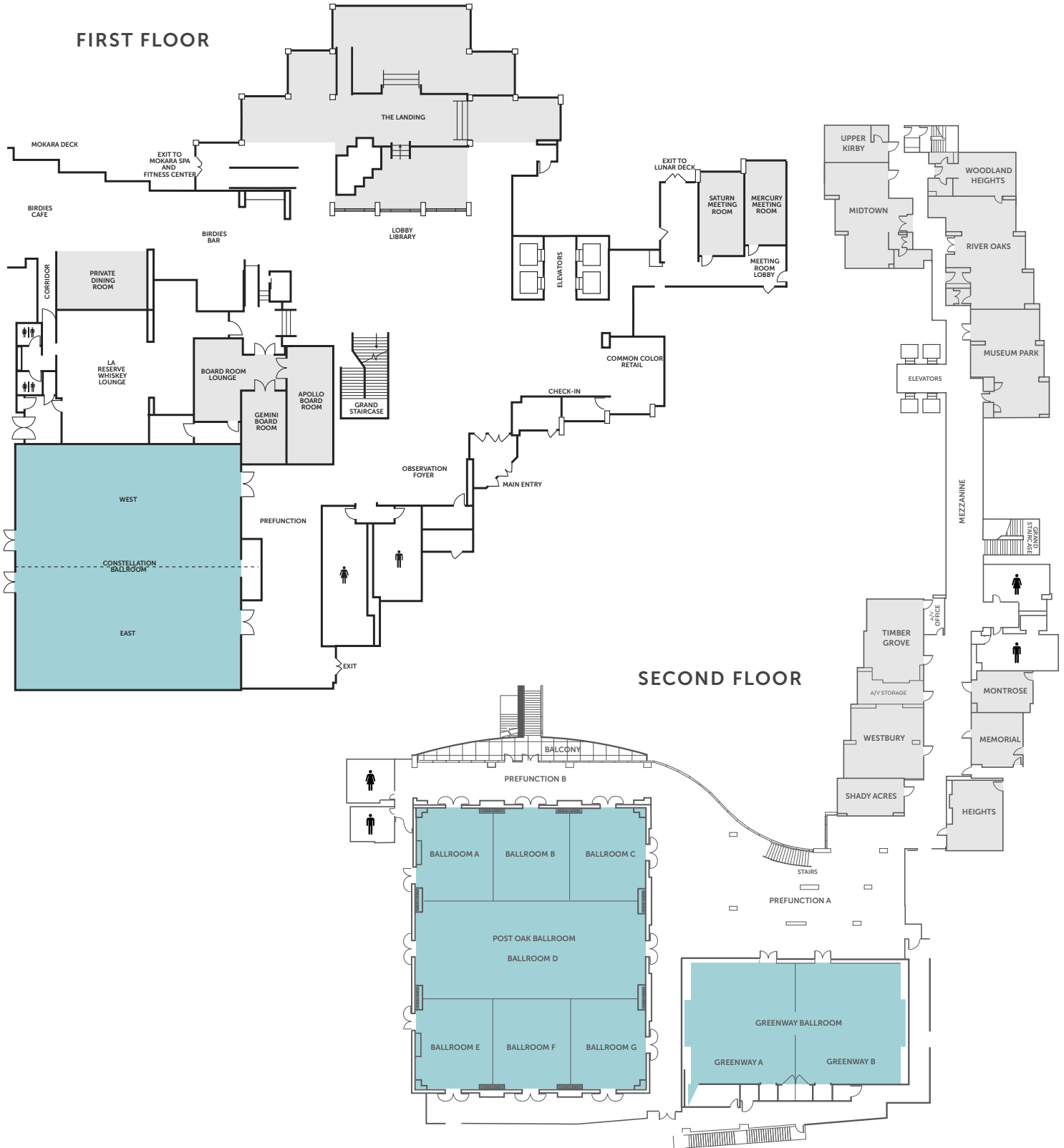
Keynote Address 9:00 am to 11:00 am



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Omni Houston Hotel





AiTC 2019 Special Events

Exhibit Hall Bingo

HOW TO PLAY

1. It's EASY! Just visit all participating booths and have it marked on your BINGO card found in your conference bag.
2. BINGO starts at the Exhibit Hall Grand Opening, 12:30 pm on Wednesday, June 26 and continues until Thursday, June 27 at 2:00 pm.

HOW TO WIN

1. Fill in the contact details on the back of the BINGO card.
2. BINGO cards must be turned in at Registration by 2:00 pm on Thursday, June 27 in order to be eligible for the prize drawing.
3. The prize drawings will take place during the closing breakfast on Friday, June 28. Participants must be present to win.

Meet the Top 3



HOW TO PLAY

1. Visit our top 3 conference exhibits and drop your business card in the bowls on their table by 2:00 pm on Thursday, June 27.

HOW TO WIN

1. During the closing breakfast, each sponsor will draw a card from their bowl for a special gift from the sponsors.
2. Participants must be present to win.

Win the Title of AiTC 2019's Social Media Butterfly

HOW TO PLAY

1. Share photos, posts and tweets during the conference on Facebook, Twitter and Instagram.
2. Tag posts with #AiTC2019.

3. Post the most tags by 5:00 pm on Thursday, June 27.
4. Winner announced during the closing breakfast on Friday, June 28. Participants must be present to win.

Welcome Reception Sponsored by Aetna

Kick off your 2019 Aging in Texas Conference experience at the Welcome Reception in the Exhibit Hall. Enjoy food and drinks while you network with peers, as well as the sponsors and exhibitors you've been waiting to meet. Entertainment will be provided by several very talented local groups!

- Chinese Community Center Dancers
- Denver Harbor Folkloric Dancers
- Third Ward Line Dancers

Available Continuing Education Units (CEUs)

The Texas Health and Human Services Commission is once again sponsoring continuing education units (CEUs) for attendees at the Aging in Texas Conference for the following fields:

- Social Workers
- Licensed Marriage & Family Therapists
- Licensed Psychology Professionals
- Licensed Professional Counselors
- Qualified Intellectual/Developmental Disability
- Assisted Living Facility Managers
- Occupational Therapists
- Licensed Nursing Facility Administrators
- Certified Nurse Assistants
- Nursing Facility Activity Directors

Certain conference breakout sessions are eligible for credit, resulting in up to 10.1 hours of available CEUs! For more information, including your CEU forms, please see page 35.



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Conference Agenda

WEDNESDAY, JUNE 26, 2019

8:00 AM - 5:00 PM **Registration Desk Hours**

12:30 PM - 5:00 PM **Exhibit Hall Hours** (*Post Oak Ballroom DEFG*)

11:00 PM - 12:30 PM **Welcome Lunch & Keynote** (*Constellation Ballroom*)

Welcome Remarks

Chuck Wemple, Houston-Galveston Executive Director

Stephen L. Williams, City of Houston, Houston Health Department Director

Sponsor Spotlight:  WELLMED

Sponsor Spotlight

Carol Zernial, Executive Director, WellMed Charitable Foundation

Carol Zernial, MA is a nationally recognized gerontologist who was named one of the nation's Top 50 Influencers in Aging for 2017 by Next Avenue, the digital journalism arm of the PBS System. She holds a master's degree in social gerontology from the University of the Incarnate Word, and has been involved in the field of aging for over 25 years.

Carol currently serves as Executive Director of the WellMed Charitable Foundation and Vice President of Social Responsibility for WellMed Medical Management. She is immediate Past Chair of the Board of Directors for the National Council on the Aging. Carol is a member of the governor's Aging Texas Well Advisory Committee. She is the producer and co-host of the podcast Caregiver SOS on Air.

Carol was a delegate to the White House Conference on Aging in 2015 under President Obama and 2005 under President George W. Bush. She was a staff member to the 1995 White House Conference on Aging under President Clinton. She is the former Chair of the National Institute of Community-based Long-term Care, board member for the National Association of Area Agencies on Aging, and Vice-President of the Texas Association of Area Agencies on Aging.

Keynote Address- Engaging Diverse Communities: The All of Us Research Program

Keynote Speaker: Dara Richardson-Heron, M.D.



Dara Richardson-Heron, MD, Chief Engagement Officer of the All of Us Research Program, is leading efforts to engage and retain one million or more volunteers in a landmark effort to advance innovative health research that may lead to more precise treatments and prevention strategies. All of Us, a cornerstone initiative of the National Institutes of Health (NIH), aims to build one of the largest biomedical data sets in the world, involving participants from diverse communities across the United States. Richardson-Heron is responsible for forging partnerships with research participants, health care professionals, and national and community-based organizations to raise awareness of the program, with a special focus on populations that have been historically underrepresented in research.

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She is also working with the NIH and All of Us Senior Leadership Team to develop strategies for creative and innovative programmatic efforts and enhancements.

Richardson-Heron has more than 20 years of leadership and management experience in the health care, corporate and nonprofit sectors, having served in Executive leadership positions at YWCA USA, Inc., Susan G. Komen for the Cure, United Cerebral Palsy Association and Consolidated Edison of New York, Inc.

Dr. Richardson-Heron is a physician by trade and an advocate by choice who is passionate about leveraging her skills, experience and expertise to make the world a better place. She holds a doctorate in medicine from New York University School of Medicine and a bachelor's degree in biology from Barnard College.

12:30 PM - 1:00 PM **Exhibit Hall Grand Opening & Dessert Sponsored by WellMed** *(Post Oak Ballroom DEFG)*
Join us for the grand opening of the Exhibit Hall and visit the 30+ conference supporters showcasing their products and services. Be sure to play all of the AiTC exhibit hall games found on page 5 of your program!

1:05PM – 2:00 PM **BREAKOUT SESSIONS**

Substance Abuse with Older Adults *(Post Oak Ballroom A)*

Speaker(s): Will Armstrong, Marketing Director, Health and Human Services Commission- Aging Services Coordination; Richard Hammer, Program Specialist, Health and Human Services Commission- Substance Abuse Division; Holly Riley, Manager, Health and Human Services Commission- Aging Services Coordination

Description: The opioid epidemic is impacting all age demographics, including older adults. This panel presentation will provide an overview of the ways opioids are impacting older adults, the substance abuse service network, and free or low-cost ways providers can empower their clients to address both opioids and substance misuse and abuse.

Lumps, Bumps, and Bruises: One Area Agency on Aging's Journey to Developing Business for Sustainability *(Post Oak Ballroom C)*

Speaker(s): Paula Johnson, Bureau Chief, Harris County Area Agency on Aging/Care Connection Aging and Disability Resource Center; Janice Sparks, PhD, Senior Staff Analyst, Harris County Area Agency on Aging/Care Connection Aging and Disability Resource Center

Description: Level or reduced funding, budget cuts and a growing older adult population have motivated Area Agencies on Aging to utilize revenue generating strategies for program sustainability, and the Harris County Area Agency on Aging (HCAAA) is no stranger to this trend. HCAAA has capitalized on federal initiatives, Title III D dollars, reimbursement for non-traditional services and partnerships to support service delivery. HCAAA has overcome challenges to generate revenue. The purpose of this presentation is to share all facets of HCAAA's experiences, the good and bad, to inform other AAA's that have the desire to enter the business marketplace. This presentation will help AAAs sustain programming, serve more consumers and remain viable amid changing policy, increasing population growth and variations in funding.



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Are You Ready? Essential Disaster Health Information Resources for Older Adults *(Greenway A)*

Speaker(s): Brian Leaf, MSLS, Community Engagement Coordinator, National Network of Libraries of Medicine, South Central Region

Description: The U.S. National Library of Medicine (NLM) offers a variety of databases and resources for consumers and health professionals alike, including the Disaster Information Management Research Center. This presentation will review these resources and give updates on apps such as the Wireless Information System for Emergency Responders (WISER). Additionally, opportunities for programming and partnerships geared for older adults will be discussed. Grants available from the South Central Region will also be discussed.

A Picture's Worth More than 1,000 Words: How to Turn Free Data into Useable Data *(Greenway B)*

Speaker(s): Tammy Mermelstein, JD, MSW, Director, Care for Elders at the Evelyn Rubenstein Jewish Community Center

Description: Are we meeting our community's and our client's needs? We have access to a lot of free information to aid in program development and decision-making, if only we knew how to use it in a live demo, participants will find local data, create an interactive map, and discuss its uses.

2:05 PM – 3:00 PM **BREAKOUT SESSIONS**

Health Care Ethics: Defining and Applying Core Principles *(Post Oak Ballroom A)*

Speaker(s): Peggy L. Determeyer, PhD, MDiv, MBA, BCC, McGee Fellow and Director, Community Bioethics and Aging Center, Hope and Healing Center & Institute

Description: Advances in health care have enabled people to live longer lives. What are some of the issues that arise with these advances? What are some of the core ethical principles and how are they applied? This presentation will review core principles and provide insights on ways of supporting aging individuals and their families.

Do's and Don'ts of Medicare and Coordination of Benefits *(Post Oak Ballroom C)*

Speaker(s): Alejandra Rischan, Benefits Counselor II, Houston-Galveston Area Agency on Aging; Karina Villela, Benefits Counselor II, Houston-Galveston Area Agency on Aging

Description: This presentation is given in a variety of professional and community settings by the benefits counseling team at the Houston-Galveston Area Agency on Aging. Participants in this session will learn about the basics of Medicare, assistance programs and coordination of benefits between Medicare and other types of insurance.

Trends, Challenges, and Opportunities with Accessing Affordable Housing and Supportive Services for Older Texans *(Greenway A)*

Speaker(s): Olivia Burns, MSW, Aging Texas Well Coordinator, Health and Human Services Commission; Carissa Dougherty, MSW, Interim Director, Operations and Systems Management, Health and Human Services Commission- Mental Health Coordination; Claire Flahive Irwin, MA, Age Well Live Well Coordinator, Texas Health and Human Services Commission

Description: This session will highlight issues in housing for older adults. Participants will learn about housing trends for older Texans; current initiatives that promote housing plus services; and practical strategies they can implement to promote housing plus services in their communities. Participants will brainstorm ideas about opportunities for affordable housing and services.



Power Aging by Loving Your Brain & Your Life (Greenway B)

Speaker(s): Joe Bates, MD Board Certified, Psychiatry, Pediatrics, Staff Psychiatrist at Burrell Behavioral Health

Description: Learn how to optimize cognitive functioning and reduce the risk of developing Alzheimer's. The attendees will become familiar with living a braincardio lifestyle by means of the B.R.A.I.N. acronym: Believe, Recover, Activate, Inspire, Nourish. Participants will leave knowing what types of activities, foods, and lifestyle choices that contribute to a healthy brain and healthy life, not just as we age, but also through trauma, grief, chronic illness, or how we react to general daily challenges. The participants will learn the latest studies on neuroplasticity, the ability for the brain to heal or grow, and be able to ask questions to a leading brain expert on one of the biggest topics discussed and demanded today, dementia and Alzheimer's prevention.

3:05 PM – 4:00 PM **BREAKOUT SESSIONS**

A Service Learning Model to Facilitate Exercise and Activity Among Seniors (Post Oak Ballroom A)

Speaker(s): Maria Nida Roncesvalles, PhD, Associate Professor, Faculty, Texas Tech University

Description: The Department of Kinesiology and Sport Management at Texas Tech University began a "service learning" program this year to engage seniors in Lubbock to exercise and be physically active. This session will discuss the philosophical and theoretical bases for such an endeavor, how they did it, and the resulting data and benefits harnessed and potentially generated to further community engagement. The goal is to empower both the students who spend a designated amount of time at the senior center, and the community partner(s) who regularly partake of the services of the Lubbock Parks and Recreation program. We will discuss the service learning model, motor development as a platform for healthy lifespan practices, specific goals and targets of service learning among seniors at one particular "Senior Center", data accumulated from this pilot project, data analyses, reflection, feedback, revisions and moving forward toward a continuous program that will be part of the curriculum and Texas Tech University's strategic goals.

Deep East Texas Council of Governments' (DETCOG's) Transportation Voucher Program (Post Oak Ballroom C)

Speaker(s): Natalie Villwock-Witte, PhD, Professional Engineer in New Mexico, Assistant Research Professor/ Research Engineer, Western Transportation Institute (WTI), Montana State University

Description: The presentation will address a transportation voucher program developed for seniors in the Deep East Texas Council of Government (DETCOG) region, which was deployed as a pilot project in 2018. The presentation will include a discussion of the background, goals, deployment, challenges, and benefits of the pilot project, as well as current efforts to continue and expand the program.

How to Revolutionize Your Senior Feeding Programs (Greenway A)

Speaker(s): Megan Couture, BS Culinary Nutrition, Director of Business Development, Revolution Foods; Kristen Tekell, MS, RDN, Nutrition & Compliance Manager, Revolution Foods

Description: Participants will gain background knowledge of senior nutrition programs, their role in supporting communities, and their regulatory requirements. They will also learn about Revolution Foods mission, community impact, quality standards, and culinary innovation process.



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Reaching Older Adults & Spurring Them to Action (Greenway B)

Speaker(s): Will Armstrong, Marketing Director, Health and Human Services Commission- Aging Services Coordination

Description: With limited funds for marketing and outreach, many organizations utilize free and/or low-cost marketing techniques to reach older adult consumers. This session will provide input and guidance on commonly utilized marketing techniques to reach older adults, and their effectiveness in prompting older adults to act.

4:00 PM – 4:55 PM **BREAKOUT SESSIONS**

Alzheimer's Patient and Caregiver: Scientific Discussion on the Latest Research Behind Nutrition, Exercise, Sleep, and Social/Spiritual Interaction (Post Oak Ballroom A)

Speaker(s): Xavier Fonz Gonzalez, PhD, MSPH, Professional Assistant Professor of Biomedical Science, Texas A&M University Corpus Christi

Description: The objective of this session is to provide an overview of research updates in the field of Alzheimer's. Following the session, attendees will be familiar with the most recent information on disease etiology, evidence-based prevention strategies and treatments, improved diagnostic tool development, and ongoing community research.

Come and Play in My Sandbox: Creating a Community of Care Model (Post Oak Ballroom C)

Speaker(s): Wendy Creighton, RN, BSN, CWCN, Healthy Texas- Making Moves with Diabetes Program Educator, Texas A&M Center for Population Health and Aging; Cindy Quinn, CHWI, BS in Gerontology, Active for Life Program Manager, Texas A&M Center for Population Health and Aging; Katharine Tuck, CHWI, BS in Psychology, Program Assistant

Description: Healthcare spending is at an all-time high, yet US residents are experiencing unprecedented rates of chronic disease, especially diabetes. The Texas A&M Center for Population Health and Aging collaborated with CHI St. Joseph to create a Diabetes Community of Care, a non-pharma approach to improve patient outcomes because health happens at home.

Partnering with AmeriCorps VISTAs (Greenway A)

Speaker(s): Claire Flahive Irwin, MA, Age Well Live Well Coordinator, Texas Health and Human Services Commission; Laura Marshall, Age Well Live Well VISTA Leader, Texas Health and Human Services Commission; Holly Riley; Manager, Health and Human Services Commission- Aging Services Coordination

Description: Participants will learn about creating partnerships with the help of AmeriCorps VISTA members and brainstorm innovative partnership projects. Hear about how Age Well Live Well VISTA members have applied for and received grants, expanded the reach of health and wellness programs, and created an intergenerational gardening project in Houston.

Caregiving in the Digital Age (Greenway B)

Speaker(s): Stephen Popovich, President and CEO, Clairvoyant Networks, LLC

Description: Technology has vastly improved our lives by providing current and historical information for better decision-making. Situational awareness -- knowing how, when, where and why a care recipient may need assistance--is now available for family and professional caregivers. This session will focus on affordable, useful and scalable technologies that are available today that caregivers can utilize to make their care recipient's home safer and more manageable. This session will also cover upcoming technology innovations that will transform caregiving in home and facilities.

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5:00 PM – 6:30 PM **Welcome Reception Sponsored by Aetna** (*Post Oak Ballroom DEFG*)
Join your fellow attendees in the exhibit hall for some tasty appetizers, refreshments, exciting local entertainment, and opportunities to win prizes!

THURSDAY, JUNE 27, 2019

8:00 AM - 5:00 PM **Registration Desk Hours**

8:00 AM - 2:00 PM **Exhibit Hall Hours** (*Post Oak Ballroom DEFG*)

9:00 AM - 9:55 AM **BREAKOUT SESSIONS**

You Got This- Fostering Resilience in Older Individuals (*Post Oak Ballroom A*)

Speaker(s): Patricia Bordie, MPA, Director of Aging Service, Area Agency on Aging and Aging and Disability Resource Center of the Capital Area, Capital Area Council of Governments

Description: Resilience: the process of adapting well in the face of significant sources of distress plays an increasingly important role in successful aging. Learn more about ways aging network providers and community partners can support older adults in problem solving, preparing for challenges and cultivating this essential component for well-being across the lifespan.

It Shouldn't be a Taboo Topic! Elder Abuse is on the Rise! - Part 1 (*Post Oak Ballroom C*)

Speaker(s): Rachel Portnoy, LMSW, Community Engagement Specialist, Adult Protective Services

Description: Awareness about elder abuse, still largely a taboo topic, is insufficient. Participants will become familiar and increase their skills in recognizing abuse, neglect, and exploitation. Workshop attendees will walk away from this training knowing what resources can assist vulnerable adults, the nuances in working with this population, and ways the community can come together to tackle this rising crime.

Aging and Incarceration: Innovative Responses to Older Adults Preparing for Reentry (*Greenway A*)

Speaker(s): Latosha Selexman, MPA, Division Manager- Community Reentry Network Program, City of Houston Health Department; James L. Bell, Bachelor of Science, Program Manager- Community Reentry Network Program, City of Houston Health Department

Description: This presentation will provide insight on the reentry landscape for the aging population. There are many older adults aging out of the Texas prison system as well as entering and exiting the local county jails. We will look at programs and services that are available to support the aging population upon return the community and innovative projects on the horizon in the Houston, Harris County, Texas area.

Eliminating Design Barriers Today for Better Housing Tomorrow - Part 1 (*Greenway B*)

Speaker(s): Ron Wickman, Master of Architecture, Principal at Ron Wickman Architect

Description: Designing a dwelling with the needs of more persons in mind is not just a technical issue that we can deal with in the future; it is a creative act we can consider now, so the future is better for everyone.



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10:00 AM – 10:55 AM **BREAKOUT SESSIONS**

But Who's Watching Out for the Caregiver *(Post Oak Ballroom A)*

Speaker(s): Holly Arbuckle, Senior Consultant, Sellers Dorsey; Rhonda J.V. Montgomery, PhD, Chief Science Officer and Co-Founder, Tailored Care

Description: Caregiver Identity Theory defines the changing role of a family member as he or she becomes a primary caregiver. This session looks at the danger signs of this change and discusses interventions. According to the theory, the caregiving role emerges out of an existing relationship, usually a familial role. Participants will learn what triggers a major change in condition – of the caregiver.

It Shouldn't be a Taboo Topic! Elder Abuse is on the Rise! - Part 2 *(Post Oak Ballroom C)*

Speaker(s): Rachel Portnoy, LMSW, Community Engagement Specialist, Adult Protective Services

Description: Awareness about elder abuse, still largely a taboo topic, is insufficient. Participants will become familiar and increase their skills in recognizing abuse, neglect, and exploitation. Workshop attendees will walk away from this training knowing what resources can assist vulnerable adults, the nuances in working with this population, and ways the community can come together to tackle this rising crime.

Building Better Communities for Older Residents *(Greenway A)*

Speaker(s): Isabel Longoria, Masters in Public Affairs, Associate State Director of Outreach & Advocacy, AARP; Shondra Wygal, Associate State Director of Outreach & Advocacy, AARP Houston

Description: This session will share information about AARP's Livable Communities and Livability Index resources that bring together community partners, government organizations, and residents to help cities and counties plan for an aging community.

Eliminating Design Barriers Today for Better Housing Tomorrow - Part 2 *(Greenway B)*

Speaker(s): Ron Wickman, Master of Architecture, Principal at Ron Wickman Architect

Description: Designing a dwelling with the needs of more persons in mind is not just a technical issue that we can deal with in the future; it is a creative act we can consider now, so the future is better for everyone.

11:00 AM - 1:30 PM **LUNCH ON YOUR OWN**

1:30 PM – 2:00 PM **Exhibit Hall Closing & Dessert Sponsored by Humana** *(Post Oak Ballroom DEFG)*

2:00 PM - 2:55 PM **BREAKOUT SESSIONS**

Elder Abuse: What It Is, How to Spot It, How To Stop It *(Post Oak Ballroom A)*

Speaker(s): Kimberly Hegwood, Attorney, Hegwood Law Group

Description: The number of baby boomers that are needing care is rising every day. Along with that is the number of elders that are being abused. Come learn what you need to know to protect yourself or a loved one from abuse.

The Wheels on the Bus...Are More Important Than You Think *(Post Oak Ballroom C)*

Speaker(s): Tammy Mermelstein, JD, MSW, Director, Care for Elders at the Evelyn Rubenstein Jewish Community Center

Description: We all know that transportation is a challenge for many older adults, but it is even more complicated than we think. Take a ride through a real-life example and explore transportation challenges and common sense solutions to one of an older adult's biggest obstacles to aging in place.

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Partnering for Community Action for Older Adult Services *(Greenway A)*

Speaker(s): Linda Branch, MA, LSW, Economic Case Worker, WellMed Charitable Foundation; Vivivian Nava-Schellinger, JD, Associate Director, Strategic Partnerships & External Affairs, National Council on Aging; Gloria G. Vasquez, Director, Aging Programs, Alamo Area Agency on Aging & Area Agency on Aging of Bexar County, Alamo Area Council of Governments

Description: This session will focus on partnerships, community building, and provide an overview of the National Council on Aging's (NCOA) programs, services, and 2018-2019 collaborations with Texas partners, including information on the key community trust builders guiding it's Benefit Enrollment Centers. Alamo Area Council of Governments will demonstrate how they became a Benefits Enrollment Center (BEC), partner with NCOA, and explain plans on growing reach and program impact in their region. Wellmed will demonstrate how expanding their economic casework initiatives will impact the lack of economic security in the region and across the state; with a focus on the reasons people are having problems accessing services, and the biggest challenges to building trust among individuals and in communities. This session will also touch on opportunities to provide solutions to access issues, education, and trust building.

Value of Older Adults Participating in Research *(Greenway B)*

Speaker(s): Kimberly Cantor, MPA, Senior Director, HCM Strategists

Description: Biomedical research is how scientists discover new medicines treating people with acute conditions and chronic diseases. Without diverse participation in research, scientific discoveries could lag, and communities may not benefit from new advancements. Panelists will discuss the value of older adults participating in research.

3:00 PM - 3:55 PM **BREAKOUT SESSIONS**

Being Old Doesn't Mean That You Lose the Right to Make Bad Decisions *(Post Oak Ballroom A)*

Speaker(s): Peggy L. Determeyer, PhD, MDiv, MBA, BCC, McGee Fellow and Director, Community Bioethics and Aging Center, Hope and Healing Center & Institute, Tammy Mermelstein, JD, MSW, Director, Care for Elders at the Evelyn Rubenstein Jewish Community Center

Description: Ever asked yourself, "How could he make that choice?" or "She can't be in her right mind and make this decision!" What do we do when we believe an older adult is making a bad choice? Explore guiding ethical principles and a new way to approach tricky situations.

Understanding & Solving Behaviors in Long Term Care Settings *(Post Oak Ballroom C)*

Speaker(s): Kathy Johanns, BA, Program Administrator, Texas State Veterans Homes Division, Veterans Land Board; Sara Rodriguez, RN, Quality Nurse Manager, Texas State Veterans Homes Division, Veterans Land Board

Description: Working in long term care we find that many of our residents communicate in ways we don't understand, and our staff can get frustrated attempting to figure out the reasons for those behaviors. We will dig deep into why some behaviors happen, how staff can better respond as well as train on different and more appropriate communication techniques. We will also share a tool that staff can use to determine the "trigger" to many behaviors, as well as how to do a "deep dive" into how to resolve.

The Veterans Administration and the Local Community Working Together to Help Veterans Remain in Their Homes *(Greenway A)*

Speaker(s): Susan Blevins, Care Transitions Intervention Coach, Care Coordination and VD-HCBS Specialist II, Alamo Area Council of Governments

Description: The Veteran Directed – Home and Community-Based Service is designed to help veterans remain in their homes or with family based on medical needs as opposed to having to live in a long-term facility. Working together, the VA and the Bexar Area Agency on Aging have partnered successfully with promising results for our veterans.



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Prepare to Care Podcast Part 1: Live Recording (Greenway B)

Speaker(s): Isabel Longoria, Masters in Public Affairs, Associate State Director of Outreach & Advocacy, AARP; Juanita Jimenez-Soto, Master's in Higher Education Administration, Associate State Director of Communication, AARP; Marie-Pierre Stein, Master's Business Administration, Director of Human Resources, Kinkaid School

Description: A live showcase of the AARP Prepare to Care podcast that will interview aging professionals involved with Area Agencies on Aging to discuss the Aging in Texas Conference, the value of Area Agencies on Aging, and current projects happening across the aging network.

4:00 PM - 4:55 PM **BREAKOUT SESSIONS**

Electronic Health Information for Lifelong Learners (eHiLL) (Post Oak Ballroom A)

Speaker(s): Bo Xie, PhD, Professor, School of Nursing and School of Information, University of Texas at Austin

Description: This session introduces a highly interdisciplinary and innovative research program, Electronic Health Information for Lifelong Learners (eHiLL). Through successful partnerships with local senior-oriented organizations including public libraries, senior centers, and senior-living facilities, eHiLL examines and promotes older adults' learning and use of new technology and the design of senior-friendly technology.

Don't Throw the Baby Out with the Bathwater; Undervaluing the Congregate Program (Post Oak Ballroom C)

Speaker(s): Linda Netteville, MA, RD, LD, Dietician Consultant

Description: The congregate meal program is the cornerstone of the OAAA Nutrition Program. Research has proven that it supports successful aging within the community, yet there is a decline in participation statewide. This session will identify the relationship of the congregate program to the social determinants of health and programmatic actions that can be taken to keep it relevant.

How to Tap a Fountain of Youth: Dance to Benefit the Mind & Body (Greenway A)

Speaker(s): Andrea Cody, BA, Director, Dance Houston

Description: Dance is good for the mind, body, and soul. Learn the latest research about the benefits of dance on mental and physical health in older adults. Take away practical and fun ways you can incorporate dance into activities and wellness plans for seniors and their caregivers. No experience necessary!

Prepare to Care Podcast Part 2: Podcast Workshop (Greenway B)

Speaker(s): Isabel Longoria, Masters in Public Affairs, Associate State Director of Outreach & Advocacy, AARP; Juanita Jimenez-Soto, Master's in Higher Education Administration, Associate State Director of Communication, AARP; Marie-Pierre Stein, Master's Business Administration, Director of Human Resources, Kinkaid School

Description: Podcasts are a new medium for engaging Texans on a variety of topics. We will share how and why we launched our podcast. We will explain how we create, promote, and keep the podcast running for a very low cost from day to day. From the financials, to marketing and everything in between we will cover how-to steps and what we have learned works along the way. We will discuss the pros, cons, struggles, and successes of starting the AARP podcast and how our process could be applied.

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FRIDAY, JUNE 28, 2019

8:00 AM - 11:00 AM **Registration Desk Hours**

8:00 AM - 8:55 AM **BREAKOUT SESSIONS**

Prepare Today: Enable Persons with Disabilities to Age in Place (Post Oak Ballroom A)

Speaker(s): Boss Limlek, MSM, Research Assistant, TIRR Memorial Hermann- ILRU; Aaron J. Loeb, MBA, MS, RN-BC, PhD Student, Cizik School of Nursing, University of Texas Health Science Center, Adjunct Clinical Instructor, Texas Woman's University; Alexander Zarutskie, MS, Research Assistant, TIRR Memorial Hermann

Description: Safely aging in place is a concern for millions of Americans, including Texans with a disability. Persons with disabilities report a higher rate of disparity in accessing services. A recent Houston based survey demonstrates a need to strengthen community and healthcare partnerships to better meet aging in place needs.

Paying for Long-Term Care Services on a Tight Budget (Post Oak Ballroom C)

Speaker(s): Trelisha M. Brown, MS, JD, Development, Training, and Community Education Practice Area Manager, Texas Legal Services Center

Description: People are living longer thanks to great strides made in healthcare. But there is a cost. Since people are living longer, how can they afford long term care when needed? This presentation discusses how people can pay for long term services and supports and ways to prepare for such expenses.

Highlights from Veteran-Directed Home and Community-Based Services Program and the Consumer View (Greenway A)

Speaker(s): Sonja Nelson, Master of Social Work, Community Programs Coordinator, Michael E. DeBakey VA Medical Center; Keith V. Taylor, Case Manager/Veterans Specialist, Suhelem V. Velasquez, Participant of the Veterans Directed Home and Community Based Services Program

Description: This presentation will highlight the Veterans-Directed Home and Community Based Services Program. The program is a partnership between the Area Agency on Aging and the VA to serve Veterans in Harris and surrounding counties. Under this self-directed program, Veterans can hire their own providers to receive in-home services to remain in their homes rather than being institutionalized.

Scaling Person-Centered Care with Telehealth (Greenway B)

Speaker(s): Darren Buatti, Partner Engagement Manager, CSTLTL

Description: Looking beyond chronic disease management and how various telehealth solutions are working to address critical Social Determinants of Health (SDH) and Behavior Health needs. The concept of combining tech with touch to maximize community support for Dual Eligible and high acuity patient populations. Quick snapshot of the virtual and remote care marketplace.



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9:00 AM – 11:00 am **Closing Breakfast & Keynote Address** (Post Oak Ballroom DEFG)

Sponsor Spotlight: **Humana.**

Sponsor Spotlight

Cheryl Gallon, Regional Vice President, Medicaid Market Operations, Humana

Cheryl Gallon holds 24 years of experience in managed care, strategic planning, operations, compliance, product development, and growth. She holds extensive knowledge of government programs, including Medicaid Fee-For-Service, Medicaid Managed Care, Managed Long Term Services and Supports, Dual Demonstrations, and Medicare.

As the Regional Vice President of Virginia Medicaid-Duals Market and National Medicaid, Cheryl administered the Virginia Medicaid plan finance and operations, including the Commonwealth Coordinated Care program. She accomplished this by developing strong relationships with regulatory associates, key stakeholders, and community agencies such as the Virginia Health Care Association, the Virginia Center for Assisted Living, Virginia Association for Home Care and Hospice, Virginia Association of Personal Care Providers, and the Area Agencies on Aging.



Aging in Texas Conference

June 26-28, 2019 ♥ Houston, TX



Keynote Address- Aging Programs Through A Different Lens: Perspectives on Aging Issues



Keynote Speaker: Percy Devine III, MSW, Bi-Regional Administrator, Region VI and VIII, Administration for Community Living

Percy Devine III serves as Bi-Regional Administrator of the Administration for Community Living Regions VI and VIII (Dallas and Denver offices) with responsibility for representing the Assistant Secretary for Aging and advocating for seniors and people with disabilities in Arkansas, Louisiana, Oklahoma, New Mexico, and Texas (Region VI) and Colorado, Montana, North Dakota, South Dakota, Utah, and Wyoming (Region VIII). Previously he served as the BiRegional Administrator for Regions IV and VIII, as well as Regions VIII and IX. He has exercised control over more than \$340 million in Federal grants for Older Americans Act programs and services. His 30-year career in gerontology has also included positions as State Unit on Aging Director for the Utah Division of Aging and Adult Services, Older Americans Act Manager, Older Worker Specialist, Adult Protective Services Program Specialist, State LongTerm Care Ombudsman, and Chairman of the Utah Governor Conference on Aging. Board memberships have included service to the Red Cross, United Way, National Association of State Units on Aging, and the U.S. Department of Health and Human Services (DHHS) Native American Taskforce.

Percy has an M.S.W. with Master Certificate in Gerontology from the University of Utah and a B.S. degree in Sociology with a Certificate in Gerontology from Weber State College / University. He is also a graduate of the Federal Executive Institute and the National Institute on Aging. He has received numerous honors, including an alumni award from Weber State and a Citation as Outstanding Regional Manager from DHHS.

Percy is married and has four children. His interests include collecting old books, art work, walking, and golf.



Keynote Speaker: Wayne Salter, Deputy Executive Commissioner for Social Services, Texas Health and Human Services Commission

Wayne Salter has over 19 years of dedicated service and experience in social services. As Associate Commissioner for Access and Eligibility Services within the Health and Human Services Commission Medical and Social Services Division, Mr. Salter oversees over 11,000 employees responsible for delivering public assistance programs, disability determinations services and community-based programs and services to millions of Texans every year.

Prior to arriving in Texas, Mr. Salter served as the Deputy Director of the Public Assistance Division for the Florida Department of Children and Families. Mr. Salter has dedicated his career to developing innovative and impactful solutions for improving social service delivery systems—many of which resulting in significant cost avoidance, efficiencies and streamlined processes. During his career he has served in key senior leadership positions including: Bureau Chief of Program Policy, Statewide Call Center Director and Operations and Management Consultant Manager for the Office of Quality Management.

Mr. Salter believes professional development and education are the foundation for success. He earned a Bachelor of Science degree in management and an Associate's degree in business administration. Mr. Salter also holds several professional certifications and is a graduate of the Florida Center for Public Management through the Reubin Askew School of Public



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Management at Florida State University receiving designation as a Certified Public Manager.

With public service at heart, he is a member of the National Association of Eligibility Workers, SNAP Integration Project Advisory Council Member and American Association of SNAP Director's Marketing Subcommittee.

Mr. Salter's extensive knowledge and experience administering public assistance programs, and passion for excellence drive his commitment to Access and Eligibility Services' mission of connecting Texans to services.



Keynote Speaker: Curtis Cooper, T4A President, Senior Manager, Houston-Galveston AAA

Curtis M. Cooper is a Manager with the Houston-Galveston Area Council Area Agency on Aging. For more than 30 years, he has led his team to provided nutrition services, transportation, in-home and supportive services, advocacy, education and training, long-term care residential advocacy, and Medicare benefits counseling for older individuals and their family caregivers living in 12 counties surrounding Harris County. He is the current president of Texas Association of Area Agencies on Aging (T4A).

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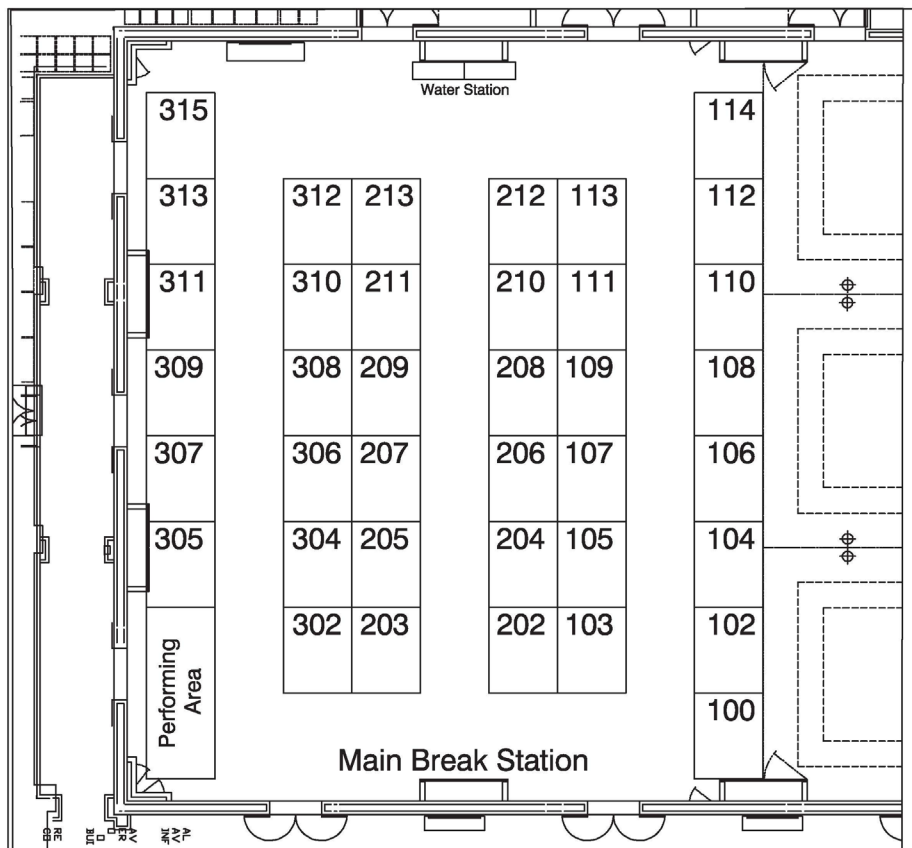


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Conference Exhibitors

- | | |
|--|--|
| 100 Texas Health & Human Services Commission | 209 Moms Meals |
| 102 Wellsky | 210 Exact Care |
| 103 Amerigroup | 211 Health & Human Services Commission
- Community Care |
| 104 Partners in Primary Care | 212 U.S. Census Bureau |
| 105 Cigna-HealthSpring | 213 Texas A&M Center for Population Health and Aging |
| 106 Senior Resource Guide | 302 Aetna |
| 107 Texas Chapter - National Academy of Elder Law Attorneys
(NAELA) | 304 Community Council of Greater Dallas |
| 108 Bank of Texas | 305 101 Mobility |
| 109 CapTel Outreach | 306 Trupulse |
| 110 MJM Innovations | 307 Critical Signal Technologies |
| 111 Caring Senior Services | 308 Homestyle Direct |
| 113 Jalimob Gifts | 309 ADT |
| 114 Houston-Galveston Area Agency on Aging | 310 National Association of Nutrition & Aging Services Programs
(NANASP) |
| 202 WellMed | 312 San Antonio Lighthouse for the Blind |
| 203 Humana | 311 National Committee for Quality Assurance (NCQA) |
| 204 AmeriHealth Caritas | 313 Revolution Foods |
| 205 VRI | 315 Harris-County Area Agency on Aging and Care Connection
Aging & Disability Resources |
| 206 My Senior Center | |
| 207 Baker Ripley | |
| 208 National Committee for Quality Assurance (NCQA) | |





Surrounding Attractions & Nearby Dining

ARTS & CULTURE

- Houston Museum District – 14 minutes
- Jones Hall , home of the Society for the Performing Arts – 15 minutes
- Kemah Boardwalk– 45 minutes
- San Jacinto Battleground State Historical Park Complex – 50 minutes
- Bayou Place, a diverse downtown entertainment complex – 6 miles
- Theatre District – 6.2 miles
- Downtown Houston nightlife and dining – 8 miles
- Alley Theatre – 8 miles
- Houston Museum of Fine Art – 8 miles
- Children's Museum – 8.2 miles
- Museum of Natural Science – 9 miles
- Galveston Bay – 60 miles

ATTRACTIONS

- Waugh Bat Bridge Colony – 5 miles
- Buffalo Bayou Hiking/Biking Trail – 6 miles
- Buffalo Bayou Cistern – 6 miles
- Sabine Promenade – 6 miles
- George Brown Convention Center– 6 miles
- The Escape Game Houston – 8 miles
- Houston Zoo - 9 miles
- Wet N Wild SplashTown Waterpark – 13 miles
- NASA Space Center – 25 miles

NEARBY DINING

- Del Frisco's Steakhouse – 2 miles
- Brenner's on the Bayou – 3 miles
- Café Annie – 1 mile
- Steak48 – 2 miles
- Cheesecake Factory (family/casual) – 2 miles
- Houston's (steak house) – 3 miles
- Buffalo Grille (family/casual) – 3 miles
- Dave and Busters (casual dining, bar & games) – 3 miles
- Barnaby's Café (family/casual) – 2 miles

SHOPPING

- Galleria, spectacular shopping mall and skating rink – 1 mile
- Uptown Park, outdoor mall with boutiques and eateries – .5 miles
- River Oaks District, luxury fashion and shopping – 2 miles
- Memorial City Mall – 7 miles
- City Centre – 8 miles
- Town and Country Village – 8 miles
- West Oaks Mall – 15 miles
- Katy Mills Mall, with more than 200 stores for shopping and dining – 23 miles
- Houston Premium Outlets – 26 miles

TRANSPORTATION

Complimentary transportation is available within a 3-mile distance of the Omni Houston Hotel

2019 AGING IN TEXAS CONFERENCE SCHEDULE

Wednesday, June 26, 2019

8:00 AM - 5:00 PM	Registration Desk Hours				
8:00 AM - 11:00 AM	Exhibit Hall Set-Up				
12:30 PM - 5:00 PM	Exhibit Hall Hours (Post Oak DEFG)				
11:00 AM - 12:30 PM	Welcome Luncheon & Keynote - "Engaging Diverse Communities: The All of Us Research Program" by Dr. Dara Richardson-Heron (Constellation Ballroom)				
12:30 PM - 1:00 PM	Exhibit Hall Grand Opening & Dessert Sponsored by WellMed (Post Oak DEFG)				
		Lifestyles	Services	Communities	Innovations
1:05 PM - 2:00 PM	Substance Abuse with Older Adults	Lumps, Bumps, and Bruises: One Area Agency on Aging's Journey to Developing Business for Sustainability	Are You Ready? Essential Disaster Health Information Resources for Older Adults	A Picture's Worth More than 1,000 Words: How to Turn Free Data into Useable Data	
2:05 PM - 3:00 PM	Health Care Ethics: Defining and Applying Core Principles	Do's and Don'ts of Medicare and Coordination of Benefits	Trends, Challenges, and Opportunities with Accessing Affordable Housing and Supportive Services for Older Texans	Power Aging by Loving Your Brain & Your Life	
3:05 PM - 4:00 PM	A Service Learning Model to Facilitate Exercise and Activity Among Seniors	Deep East Texas Council of Governments' (DETCOG's) Transportation Voucher Program	How to Revolutionize your Senior Feeding Programs	Reaching Older Adults & Spurring them to Action	
4:05 PM to 5:00 PM	Alzheimer's Patient and Caregiver: Scientific Discussion on the Latest Research Behind Nutrition, Exercise, Sleep, and Social/Spiritual Interaction	Come and Play in My Sandbox: Creating a Community of Care Model	Partnering with AmeriCorps VISTAs	Caregiving in the Digital Age	
		Post Oak A	Post Oak C	Greenway A	Greenway B
5:00 PM - 6:30 PM	Welcome Reception with Special Local Entertainment Sponsored by Aetna (Post Oak DEFG)				

Thursday, June 27, 2019

8:00 AM - 5:00 PM	Registration Desk Hours				
8:00 AM - 2:00 PM	Exhibit Hall Hours (Post Oak DEFG)				

Thursday, June 27, 2019

	Lifestyles	Services	Communities	Innovations
9:00 AM - 9:55 AM	You Got This - Fostering Resilience in Older Individuals	It Shouldn't be a Taboo Topic: Elder Abuse is on the Rise! Part 1	Aging and Incarceration: Innovative Responses to Older Adults Preparing for Reentry	Eliminating Design Barriers Today for Better Housing Tomorrow Part 1
10:00 AM - 10:55 AM	But Who's Watching Out for the Caregiver?	It Shouldn't be a Taboo Topic: Elder Abuse is on the Rise! Part 2	Building Better Communities for Older Residents	Eliminating Design Barriers Today for Better Housing Tomorrow Part 2
	Post Oak A	Post Oak C	Greenway A	Greenway B
11:00 AM - 1:30 PM	Lunch on your Own			
1:30 PM - 2:00 PM	Exhibit Hall Closing & Dessert Sponsored by Humana (Post Oak DEFG)			
2:00 PM - 2:55 PM	Lifestyles	Services	Communities	Innovations
	Elder Abuse: What It Is, How to Spot It, How to Stop It	The Wheels on the Bus...Are More Important Than You Think	Partnering for Community Action for Older Adult Services	Value of Older Adults Participating in Research
3:00 PM - 3:55 PM	Being Old Doesn't Mean That You Lose the Right to Make Bad Decisions	Understanding & Solving Behaviors in Long Term Care Settings	The Veterans Administration and the Local Community Working Together to Help Veterans Remain in Their Home	Prepare to Care Podcast Part 1: Live Recording
4:00 PM - 4:55 PM	Electronic Health Information for Lifelong Learners (eHILL)	Don't Throw the Baby Out with the Bathwater: Under Valuing the Congregate Program	How to Tap a Fountain of Youth: Dance to Benefit the Mind & Body	Prepare to Care Podcast Part 2: Podcast Workshop
	Post Oak A	Post Oak C	Greenway A	Greenway B

Friday, June 28, 2019

8:00 AM - 11:00 AM	Registration Desk Hours			
	Lifestyles	Services	Communities	Innovations
8:00 AM - 8:55 AM	Prepare Today: Enable Persons with Disabilities to Age in Place	Paying for Long-Term Care Services on a Tight Budget	Highlights from Veteran-Directed Home and Community-Based Services Program and the Consumer View	Scaling Person-Centered Care with Telehealth
	Post Oak A	Post Oak C	Greenway A	Greenway B
9:00 AM - 11:00 AM	Closing Breakfast & Keynote - "Aging Programs Through A Different Lens: Perspectives on Aging Issues" by Percy Devine, Wayne Salter, & Curtis Cooper (Post Oak DEFG)			

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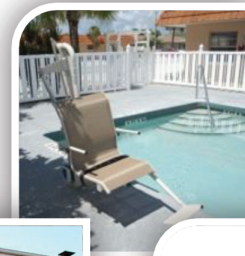
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COST	Varies by state. Average monthly median for a private one bed room in 2016 is \$3,628 (TX is \$3,515).	Varies by state. Average monthly medians in 2016 for a semi-private room is \$6,844; private is \$7,698 (TX is \$4,502 and \$5,931).
INSURANCE	Neither Medicare Parts A nor B offer coverage for comprehensive ongoing long-term care. Many states cover some assisted living services under their Medicaid programs; however, these fluctuate widely in terms of eligibility requirements and dollar amounts of coverage.	Nursing facilities are certified to participate in Medicare, Medicaid or both. Medicare covers services up to 100 days for beneficiaries that require skilled nursing care or rehabilitation services following a hospitalization of at least THREE consecutive days.



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What is the *All of Us* Research Program?

At the moment, health care is often one-size-fits-all. But imagine a future where your health treatments are tailored to you. This is called precision medicine, and we can make that future possible.

The mission of *All of Us* is simple. We want to speed up health research.

To do this, we're asking one million or more people to share their unique health data. This information will be added to a database. Researchers can then access this data to conduct thousands of studies on health and disease.



Why one million?

The key to the *All of Us* Research Program is diversity. Diversity of people, data types, and ways of life.

The more we know about what makes people unique, the more customized health care can become. That's why we're asking one million or more people to join us.



Why should I join?

It's simple. You'll contribute to research that may improve health for generations to come. There's no one exactly like you. Your unique health data may help researchers find the next big medical breakthrough.

The future of health begins with you.



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We salute research, unparalleled training and innovative tools and resources to create service delivery excellence in the field of aging.

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WORKING TOGETHER WORKS

Helping older adults and people with disabilities live healthier lives

Cigna-HealthSpring proudly supports the efforts of the 2019 Aging in Texas Conference.

Together, all the way.®



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Proud sponsor of the
2019 Aging in Texas Conference



Conference Evaluation Form

1. Please identify the type of agency/organization for which you work:

- State Administering Agency Local Government
 Nonprofit Other (Please Specify) _____

2. How would rate the overall conference?

- Poor Below Average Average Above Average Excellent

3. Were the topics covered at the 2019 Aging in Texas Conference important to your professional development?

- Poor Below Average Average Above Average Excellent

4. Which session(s) did you find most beneficial?

5. How can we improve the conference in the future?

6. Would you recommend this conference to others?

- Yes No

7. Please indicate your overall satisfaction with this conference.

Conference Content

- Very Dissatisfied Somewhat Dissatisfied Neutral Somewhat Satisfied Very Satisfied

Registration Process

- Very Dissatisfied Somewhat Dissatisfied Neutral Somewhat Satisfied Very Satisfied

Venue

- Very Dissatisfied Somewhat Dissatisfied Neutral Somewhat Satisfied Very Satisfied

Food & Beverage

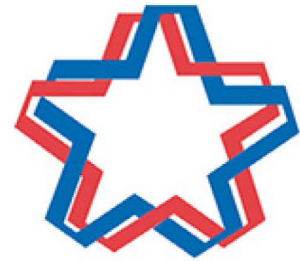
- Very Dissatisfied Somewhat Dissatisfied Neutral Somewhat Satisfied Very Satisfied

Please return completed forms to the registration desk.

2019 Aging in Texas Conference CEU Form



TEXAS
Health and Human Services



Omni Hotel, Houston, TX

Name: Please print clearly.	Date: June 26, 2019
Organization:	Email:
CEU Type: <input type="checkbox"/> Social Worker <input type="checkbox"/> LMFT <input type="checkbox"/> Licensed Psychology Professionals <input type="checkbox"/> Licensed Professional Counselor <input type="checkbox"/> Qualified Intellectual/Developmental Disability Professionals <input type="checkbox"/> ALF Manager <input type="checkbox"/> Occupational Therapist <input type="checkbox"/> LNFA <input type="checkbox"/> CNA <input type="checkbox"/> NF Activity Director	

WEDNESDAY, JUNE 26

Session	Room	Track	Time	Instructor/ Moderator Initials	CEUs
Select one session per group. Complete evaluation sheet. Turn in at end of session. Instructor/moderator will initial this sheet to confirm attendance.					
Keynote: Engaging Diverse Communities - The All of Us Research Program		General	11A - 12:30 PM		0.75
Session One					
Substance Abuse and Older Adults		Lifestyles	1:05 - 2:00 PM		0.92
Lumps, Bumps, and Bruises		Services	1:05 - 2:00 PM		0.92
Are You Ready? Essential Disaster Health		Communities	1:05 - 2:00 PM		0.92
A Picture's Worth More than 1,000 Words		Innovations	1:05 - 2:00 PM		0.92
Session Two					
Health Care Ethics: Defining and Applying Core Principles		Lifestyles	2:05 - 3:05 PM	ETHICS	1.00
Do's and Don'ts of Medicare and Coordination of Benefits		Services	2:05 - 3:00 PM		0.92
Trends, Challenges, and Opportunities with Accessing Affordable Housing		Communities	2:05 - 3:00 PM		0.92
Power Aging by Loving Your Brain & Your Life		Innovations	2:05 - 3:00 PM		0.92
Session Three					
A Service Learning Model to Facilitate Exercise and Activity Among Seniors No CE, No Evaluation		Lifestyles	3:05 - 4:00 PM	No CE	0.00
Deep East Texas Council of Governments' Transportation Voucher Program		Services	3:05 - 4:00 PM		0.92
How to Revolutionize Your Senior Feeding Programs		Communities	3:05 - 4:00 PM		0.92
Reaching Older Adults & Spurring Them to Action		Innovations	3:05 - 4:00 PM		0.92
Session Four					
Alzheimer's Patient and Caregiver		Lifestyles	4:05 - 4:55 PM		0.90
Come and Play in My Sandbox: Creating Community Care Model		Services	4:00 - 4:50 PM		0.90
Partnering with AmeriCorps VISTAs		Communities	4:00 - 4:50 PM		0.90
Caregiving in the Digital Age		Innovations	4:00 - 4:50 PM		0.90
Total CEUs for Day One:					

HHSC is an approved provider of social work credit. The Texas State Board of Social Worker Examiners (TSBSWE) renews approval status to HHSC annually. Current expiration is January 31, 2020. Contact the TBSWE at <http://www.dshs.state.tx.us/socialwork/>

Maximum eligible CEs for Day One = 4.5

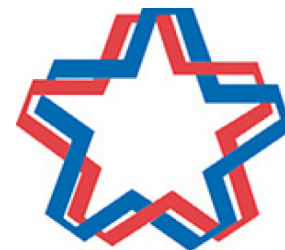
Keep this document in attendee's records as evidence of continuing education hours/credits earned.

Continuing Education authorized by
Mary Valente, MPAff, LBSW

Health and Human Services Commission

TSBSWE Provider # 5590
TSBEPC Provider # 2260
TSBEMFT Provider # 1080

2019 Aging in Texas Conference CEU Form



Omni Hotel, Houston, TX

Name:		Date: June 27, 2019	
Please print clearly.			
Organization:		Email:	
CEU Type: <input type="checkbox"/> Social Worker <input type="checkbox"/> LMFT <input type="checkbox"/> Licensed Psychology Professionals <input type="checkbox"/> Qualified Intellectual/Developmental Disability Professionals <input type="checkbox"/> Licensed Professional Counselor <input type="checkbox"/> ALF Manager <input type="checkbox"/> Occupational Therapist <input type="checkbox"/> LNFA <input type="checkbox"/> CNA <input type="checkbox"/> NF Activity Director			

THURSDAY, JUNE 27

Session	Room	Track	Time	Moderator Initials	CEUs
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Select one session per group. Complete evaluation sheet. Turn in at end of session. Instructor/moderator will initial this sheet to confirm attendance.

Session One - select one					
You Got This - Fostering Resilience in Older Individuals		Lifestyles	9:00 - 9:55 AM		0.92
It Shouldn't be a Taboo Topic Elder Abuse is on the Rise! Part 1		Services	9:00 - 9:55 AM		0.92
Aging and Incarceration: Innovative Responses to Older Adults Preparing for Reentry No CE offered, no evaluation		Communities	9:00 - 9:55 AM	No CE	0.00
Eliminating Design Barriers Today for Better Housing Tomorrow Part 1		Innovations	9:00 - 9:55 AM		0.92
Session Two - select one					
But Who's Watching Out for the Caregiver		Lifestyles	10:00 - 10:55 AM		0.92
It shouldn't be a Taboo Topic Elder Abuse is on the Rise! Part 2		Services	10:00 - 10:50 AM		0.92
Building Better Communities for Older Residents		Communities	10:00 - 10:50 AM		0.92
Eliminating Design Barriers Today for Better Housing Tomorrow Part 2		Innovations	10:00 - 10:50 AM		0.92
Session Three - select one					
Elder Abuse: What It Is, How to Spot It, How to Stop It No CE offered, no evaluation		Lifestyles	2:00 - 2:55 PM	No CE	0.00
The Wheels on the Bus...Are More Important Than You Think		Services	2:00 - 2:55 PM		0.92
Partnering for Community Action for Older Adult Services		Communities	2:00 - 2:55 PM		0.92
Value of Older Adults Participating in Research		Innovations	2:00 - 2:55 PM		0.92
Session Four - select one					
Being Old Doesn't Mean That You Lose the Right to Make Bad Decisions		Lifestyles	3:00 - 4:00 PM	ETHICS	1.00
Understanding & Solving Behaviors in Long Term Care Settings		Services	3:00 - 3:55 PM		0.92
Veterans Administration and the Local Community		Communities	3:00 - 3:55 PM		0.92
Prepare to Care Podcast Part 1: Live Recording No CE offered, no evaluation		Innovations	3:00 - 3:55 PM	No CE	0.00
Session Five - select one					
Electronic Health Information for Lifelong Learners (eHiLL)		Lifestyles	4:00 - 4:55 PM		0.92
Don't Throw the Baby Out with the Bathwater		Services	4:00 - 4:55 PM		0.92
How to Tap a Fountain of Youth: Dance to Benefit the Mind & Body		Communities	4:00 - 4:55 PM		0.92
Prepare to Care Podcast Part 2: Podcast Workshop		Innovations	4:00 - 4:55 PM		0.92

Total CEUs for Day Two:

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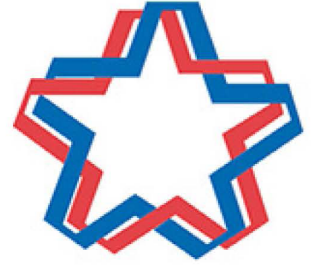
Maximum eligible CEUs for Day Two = 4.7

Keep this document in attendee's records as evidence of continuing education hours/credits earned

Continuing Education authorized by
Mary Valente, MPAff, LBSW

Health and Human Services Commission

TSBSWE Provider # 5590
TSBEPC Provider # 2260
TSBEMFT Provider # 1080



Omni Hotel, Houston, TX

Name: Please print clearly.		Date: June 28, 2019			
Organization:		Email:			
CEU Type:					
<input type="checkbox"/> Social Worker	<input type="checkbox"/> LMFT	<input type="checkbox"/> Licensed Psychology Professionals			
<input type="checkbox"/> Qualified Intellectual/Developmental Disability Professionals		<input type="checkbox"/> Licensed Professional Counselor			
<input type="checkbox"/> ALF Manager	<input type="checkbox"/> Occupational Therapist	<input type="checkbox"/> CNA	<input type="checkbox"/> LNFA	<input type="checkbox"/> NF Activity Director	
FRIDAY, JUNE 28					
Session	Room	Track	Time	Instructor / Moderator Initials	CEUs
Select one session. Complete evaluation sheet. Turn in at end of session. Instructor/moderator will initial this sheet to confirm attendance.					
Session One - select one					
Paying for Long-Term Care Services on a Tight Budget		Lifestyles	8:00 - 8:55 AM		0.92
Prepare Today: Enable Persons With Disabilities to Age in Place		Services	8:00 - 8:55 AM		0.92
Highlights from Veteran-Directed Home and Community-Based Services Program and the Consumer View		Communities	8:00 - 8:55 AM		0.92
Scaling Person-Centered Care with Telehealth		Innovations	8:00 - 8:55 AM		0.92
Total CEUs for Day Three:					

Maximum eligible CEUs for Day 3 = 0.9

Summary of Continuing Education Hours Earned		Maximum
Total CEUs for Day One		4.5
Total CEUs for Day Two		4.7
Total CEUs for Day Three		0.92
Grand Total		10.1
Total ETHICS earned		2.0

Keep this document in attendee's records as evidence of continuing education hours/credits earned.

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NOTES

**Thank you for attending the
2019 Aging in Texas Conference!**



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#AiTC2019**

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