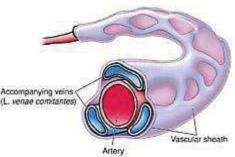
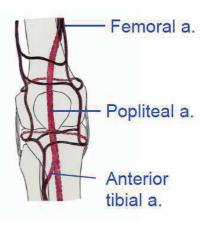
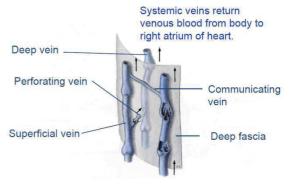
L67 Vascular Supply to the Limbs

A. Anatomical Features of Vascular Supplies

- 1. Arterial Anastomoses
- Arterial anastomoses: a segment of artery joining two different arteries
- Provide <u>alternative channels</u> (collateral circulation) for blood to reach a given tissue or organ, especially if the main artery supplying a tissue or organ is slowly occluded
- ► Eg. genicular arteries linking femoral, popliteal and tibial arteries around the knee joint → collateral circulation for blockage of popliteal artery
- 2. Veins
- Most veins follow the course of an artery and are not specifically named (except large veins or those that do not accompany an artery)
- Classification of systemic veins:
 - Deep veins travel with arteries and found deep in muscles
 - \rightarrow Share the same name with the artery
 - \rightarrow <u>Drain</u> deeper structures such as muscles, bones and joints
 - Superficial veins running in superficial fascia and some are externally visible
 - \rightarrow Drain subcutaneous tissues
 - → Clinical importance: venipuncture and transfusion; those in lower limb prone to varicosities
- Deep and superficial veins communicate by perforating or communicating veins piercing the deep fascia
 - Deep fascia: well-defined layer of connective tissue separating superficial tissues and deep tissues
- Valves help direct blood from superficial to deep veins
- Venous tributary: a smaller vein that drains into a larger vein



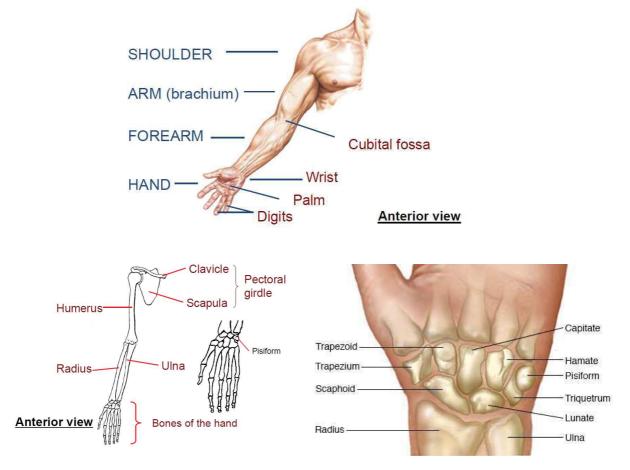




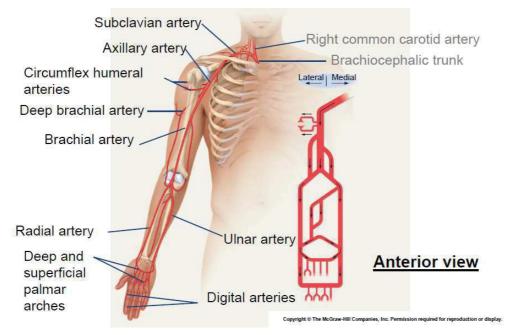
- Mechanisms of venous return:
 - □ Valves
 - □ Muscular pump (for **deep veins** found between muscles)
 - D Pulsation of adjacent artery (for venae comitantes)
 - → Venae comitantes: deep veins accompanying medium-sized arteries are usually paired

*Terminology: an artery supplies a region while a vein drains a region

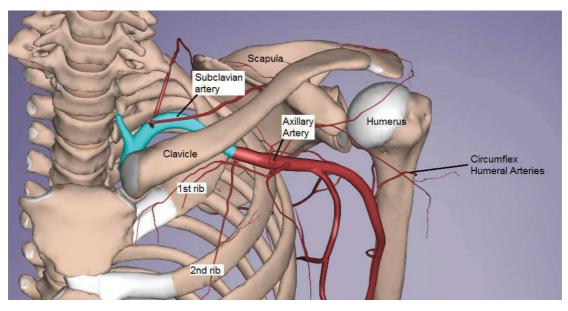
- 3. Lymphatics
- Lymphatic capillaries drain lymph from tissues and return it to bloodstream
- Lymphatic vessels in limbs divided into:
 - □ Superficial lymphatic collecting vessels in the subcutaneous tissue travel along superficial veins
 - Deep lymphatic vessels accompany the deep blood vessels
- B. Vascular Supply to Upper Limbs
- 1. Anatomical Overview on the Upper Limb



2. Main Arteries of the Upper Limb



a. Subclavian Artery



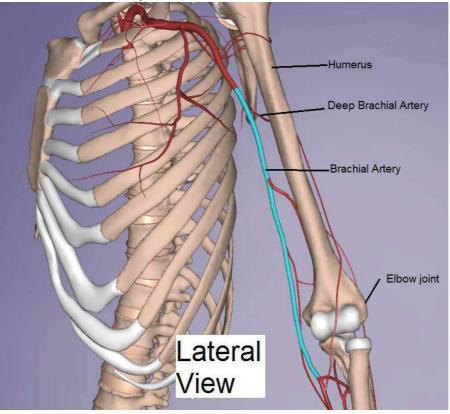
- Left subclavian artery arises directly from aorta
- **Right subclavian artery** is a branch of **brachiocephalic trunk**
- Becomes the **axillary artery** at lateral border of 1st rib
- Pulse can be palpated <u>posterior to midpoint of clavicle</u> where the artery passes over the 1st rib

b. Axillary Artery

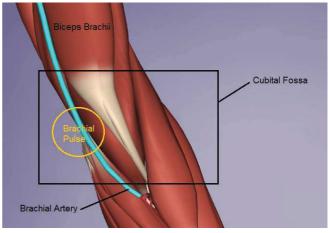
- Direct continuation of **subclavian artery**
- Located in the **axilla** (armpit)
- Begins at <u>lateral border of 1st rib</u> and ends at <u>lower border of teres major</u>
- Gives off branches to supply pectoral region, scapular region and shoulder and anterior and

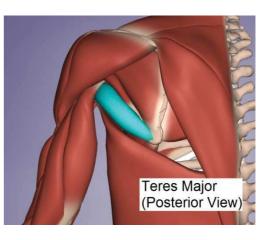
posterior circumflex humeral arteries (encircle surgical neck of humerus)

c. Brachial Artery



- Direct continuation of **axillary artery**
- Ends just distal to elbow
- Supplies muscles in the anterior compartment of the arm
- Pulse can be palpated in cubital fossa, medial to biceps brachii tendon
- Clinical significance: most common site of blood pressure measurement

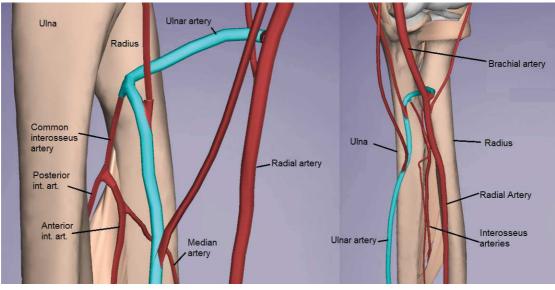




d. Deep Brachial Artery

- Also called **profunda brachii artery**
- Branches from **brachial artery**
- Supplies muscles in the posterior compartment of the arm
- Takes part in anastomosis around the elbow joint

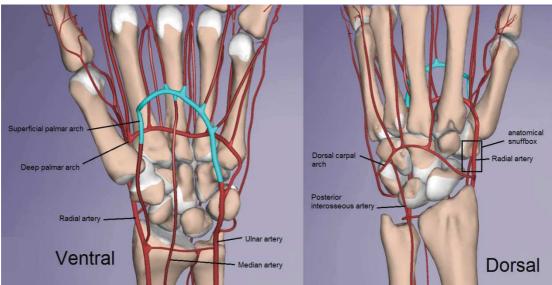
e. Ulnar Artery



- Medial branch of **brachial artery**
- Supplies forearm muscles
- Gives off common interosseous artery which further branches into anterior and posterior interosseous arteries (on anterior and posterior surfaces of interosseous membrane respectively)
- Pulse can be palpated in front of wrist, lateral to flexor carpi ulnaris tendon and pisiform bone
- f. Radial Artery
- Lateral branch of **brachial artery**
- Pulse readily palpable in front of wrist lateral to flexor tendons and in the anatomical snuffbox (area of depression on dorsum at base of thumb)
- Supplies lateral forearm muscles

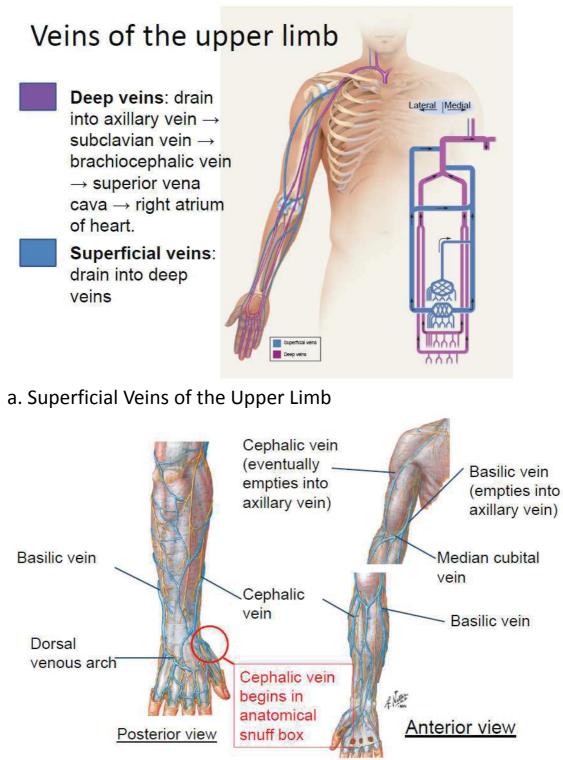


g. Superficial and Deep Palmar Arches

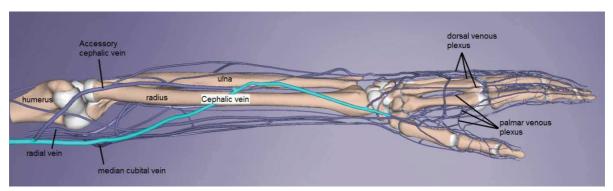


- Formed by anastomosis of radial and ulnar arteries
- Superficial palmar arch: direct continuation of ulnar artery
- **Deep palmar arch**: direct continuation of radial artery
- Together send branches to the digits

3. Veins of the Upper Limb

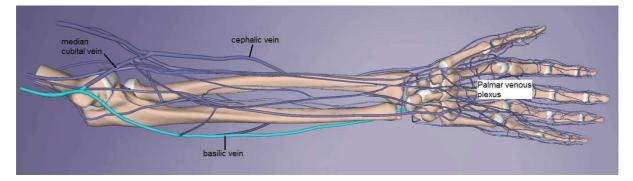


Dorsal venous network on the back of the hand draining to cephalic and basilic veins



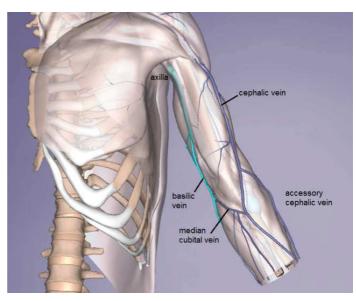
• Cephalic vein:

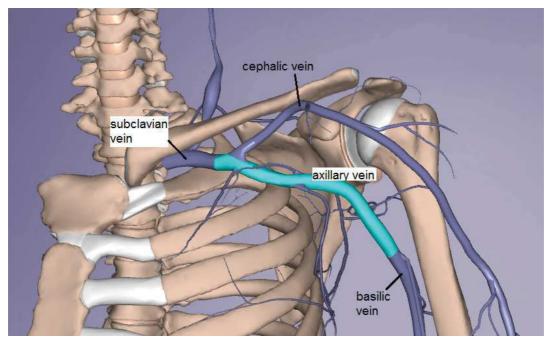
- □ Visible at anatomical snuffbox
- □ Runs up the lateral side of forearm and arm
- Drains the lateral part of **dorsal venous network**
- Drains into the **axillary vein** at axilla



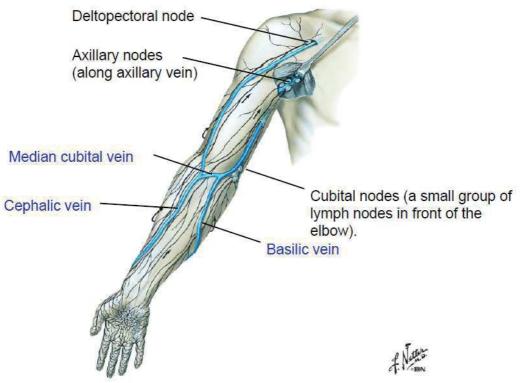
Basilic vein:

- Arises from medial side of dorsal venous network
- Joins brachial veins to form axillary vein
- Medial cubital vein:
 - Anastomosis between cephalic and basilic veins at cubital fossa
 - Most common site for drawing blood





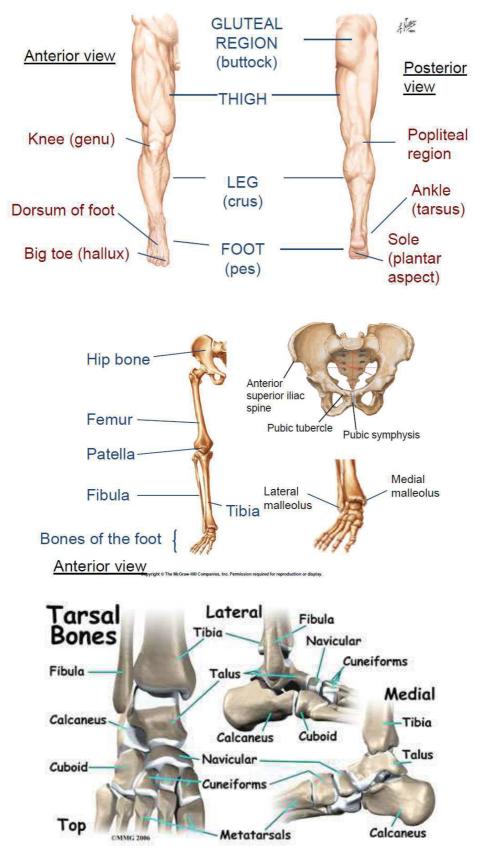
- Axillary vein drains into subclavian vein, brachiocephalic vein and then into superior vena cava
- 4. Lymphatic Drainage of the Upper Limb



• Axillary lymph nodes drain upper limb, mammary glands, skin and superficial fascia of trunk above level of umbilicus and hip

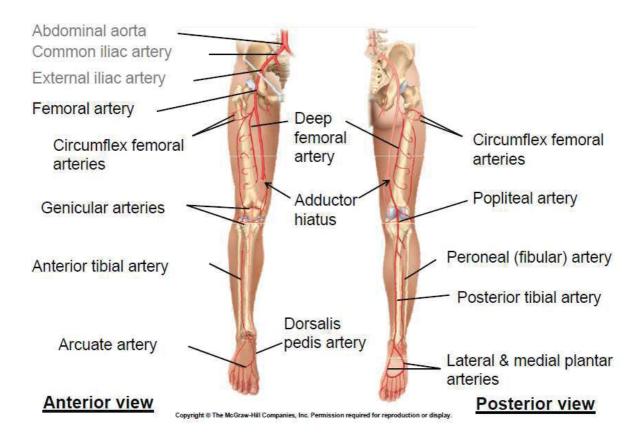
C. Vascular Supply to the Lower Limbs

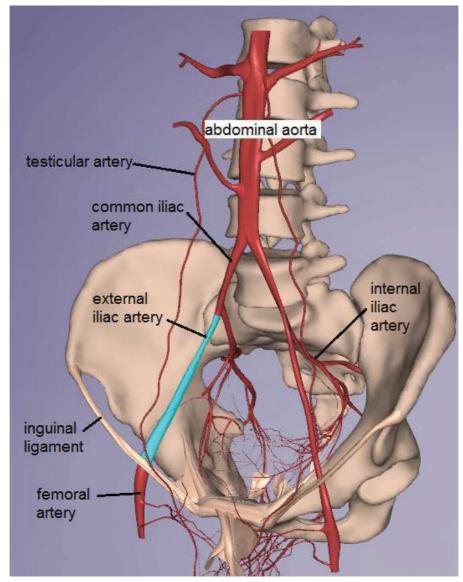
1. Anatomical Overview on the Lower Limbs



- Page 129 of 384 -

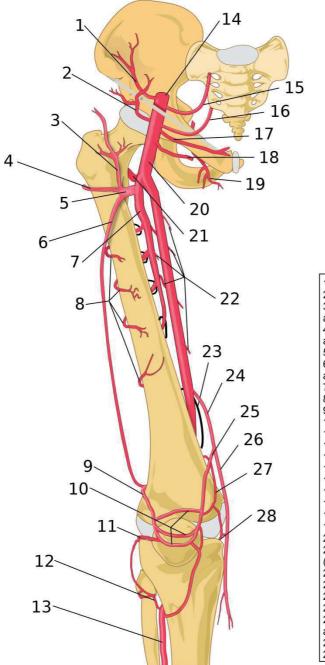
2. Main Arteries of the Lower Limb





- a. External Iliac Artery
- External iliac artery arises from the common iliac artery
- Supplies the lower limbs via the **femoral artery**
- Becomes the **femoral artery** when pass through the **inguinal ligament**

b. Femoral Artery

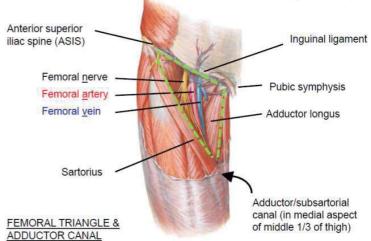


- 1 Deep circumflex iliac artery 2 Superficial circumflex iliac artery
- 3 Ascending branch of lateral femoral circumflex artery
- 4 Transverse branch of lateral femoral circumflex artery
- 5 LATERAL CIRCUMFLEX FEMORAL ARTERY 6 - Descending branch of lateral femoral circumflex artery
- 7 DEEP FEMORAL ARTERY
- 7 DEEP FEMORAL ARTERY
 8 Perforating branches
 9 Superior lateral genicular artery
 10 Patellar anastamoses

- 11 Inferior lateral genicular artery12 Circumflex fibular branch of anterior tibial artery
- 13 ANTERIOR TIBIAL ARTERY
- 14 EXTERNAL ILIAC ARTERY
- 15 Inferior epigastric artery

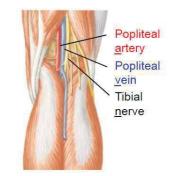
- 15 Interior epigastric artery
 16 Superficial epigastric artery
 17 Superficial external pudendal artery
 18 Deep external pudendal artery (cut)
 19 Obturator artery (from internal iliac artery)
 20 FEMORAL ARTERY
 21 MEDIAL CIRCUMFLEX FEMORAL ARTERY
- (from deep femoral artery)
- 22 Muscular branches 23 ADDUCTOR HIATUS
- 24 Descending genicular artery
- 25 Articular branch of descending genicular artery
 26 Saphenous branch of descending genicular
- artery 27 Superior medial genicular artery 28 Inferior medial genicular artery

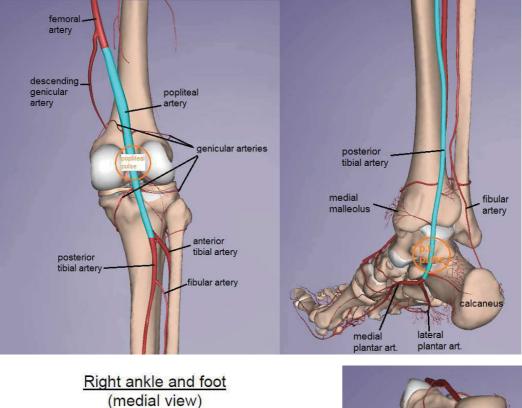
- Femoral artery: direct continuation of the external iliac artery
- Enters femoral triangle at mid-inguinal point
 - Femoral triangle bound by inguinal ligament, adductor longus and Sartorius and is covered by skin and fascia only



- \rightarrow Clinical significance: can be easily accessible for cannulation
- □ Mid-inguinal point is the mid-point of the imaginary line joining anterior superior iliac spine (ASIS) and pubic symphysis
- Passes through Hunter's (or adductor or subsartorial) canal in the medial aspect of the middle third of thigh
- Passes through adductor hiatus to enter popliteal fossa and become the popliteal artery
 - Adductor hiatus: a gap in adductor magnus muscle
- ► Note V-A-N arrangement from medial to lateral
- c. Deep Femoral Artery
- Also called **profunda femoris artery**
- Branch of femoral artery
- Main arterial supply to thigh
- Branches: medial and lateral circumflex femoral arteries and 4 perforating arteries
- d. Popliteal Artery
- Arises from femoral artery after it passes through adductor hiatus
- Divides into anterior and posterior tibial arteries
- ► Note A-V-N arrangement from deep to superficial
 - □ The 'N' is **tibial nerve** not **popliteal nerve**
- Pulse is more difficult to feel because it is the deepest structure in the popliteal fossa

POPLITEAL FOSSA (right)

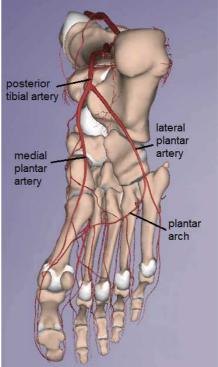






e. Posterior Tibial Artery

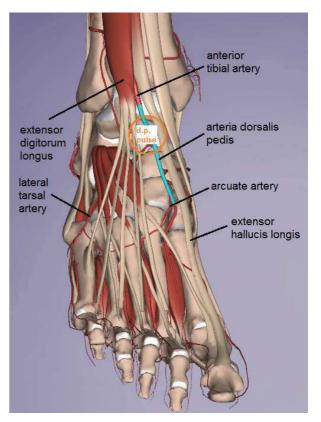
- Travels along the posterior side of the leg
- Supplies muscles of the posterior compartment of the leg together with its branch peroneal (fibular) artery
- Turns medially at the distal half of the leg to enter foot
- Divides into medial and lateral plantar arteries in the foot
- Lateral plantar artery forms the plantar arch
- Pulse: felt midway between tip of medial malleolus and medial margin of the heel



f. Anterior Tibial Artery

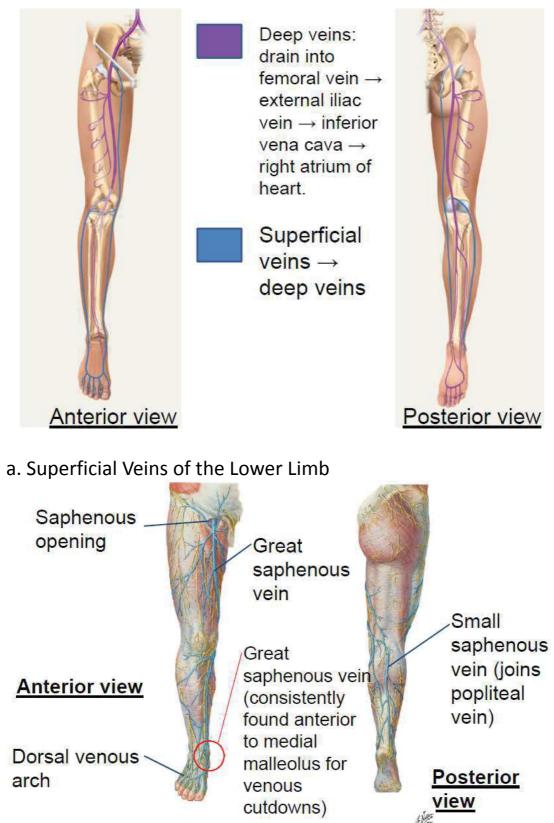
- Arises from **popliteal artery**
- Enters anterior compartment of leg through an opening in the **interosseous membrane**
- Continues into foot as **dorsalis pedis artery**
- Supplies muscles in anterior compartment of leg
- Pulse palpable in front of ankle midway between the two malleoli
- g. Dorsalis Pedis Artery

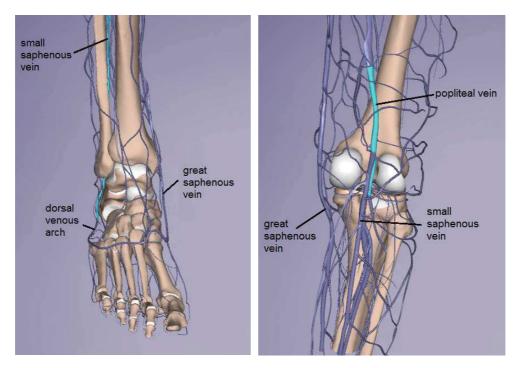




- Arises from anterior tibial artery
- Pulse readily palpable on dorsum of foot (pressing against tarsal bones) just lateral to tendon of extensor hallucis longus (extensor muscle for the big toe)

3. Veins of the Lower Limb

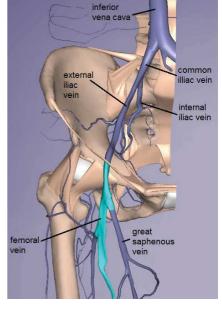


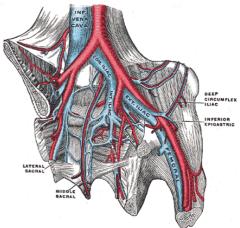


 Dorsal venous arch on dorsum of foot drains tissue on the foot

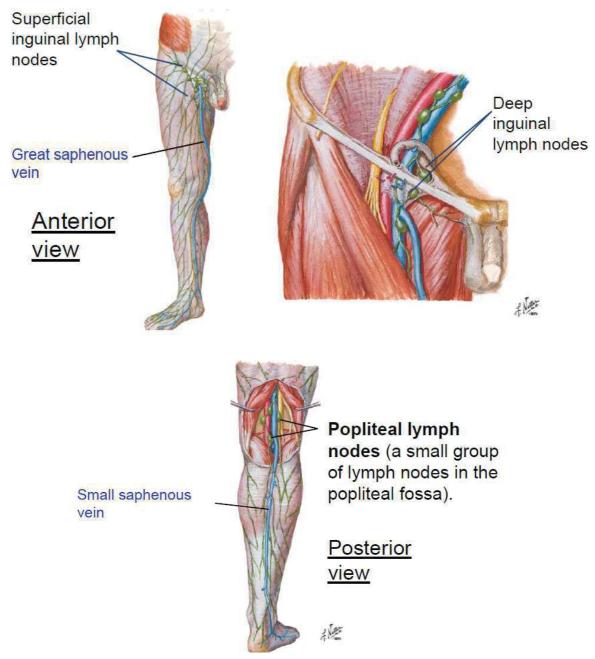
• Great (greater/long) saphenous vein:

- □ Arises from medial side of the arch
- Passes the region 2-3 cm anterior to medial malleolus
 - → Clinical significance: accessible for venous cutdowns
- □ Travels up medial side of leg
- Passes through **popliteal fossa** and then up medial side of thigh
- Penetrates the deep fascia of the thigh through the saphenous opening below the inguinal ligament
- Drains into **femoral vein**
- Small (lesser/short) saphenous vein:
 - \Box Arises from lateral side of the arch
 - □ Runs up posterior portion of leg
 - Drain into **popliteal vein** at popliteal fossa
- Popliteal vein arises from small saphenous vein and drains into femoral vein at thigh
- Femoral vein arises from the small saphenous vein and drains into external iliac vein and then towards common iliac vein (then into inferior vena cava)





4. Lymphatic Drainage of the Lower Limb



 Inguinal lymph nodes drain lower limb, skin and superficial fascia of the trunk below the umbilicus, external genitalia, mucous membrane of lower half of anal canal