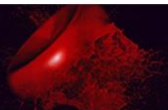


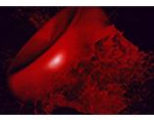
# ? Medical mystery ? A case report

N. Boeckx, MD, PhD  
03-10-2017



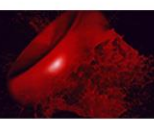
## Case report

- 34 year male
- Medical history (Peru)
  - **2014**: anemia (**Hb 7-8 g/dL**) => endoscopy: negative, R/ iron
  - April 2015: acute cholecystitis (and gallstones) => laparoscopic CCE, **Hb 8,3 g/dL** (PLT 78.000/ $\mu$ L and WBC 2890/mm<sup>3</sup>)
  - 2015: hemolytic anemia, R/ prednisolone
  - April 2016: splenectomy, 1 unit of PC, stable Hb
  - **May 2016**: **Hb 6 g/dL**, evaluation by rheumatologist: no arguments for CTD
  - August 2016: arterial hypertension, R/ Micardis
  - **September-december 2016**: Hb values between **8.3 and 9.7 g/dL**
  - February 2017: occipital left headache
  - March 2017: acute gastro-enteritis and coitis (E. Coli), sever anemia, temporary acute (prerenal) insufficiency, R/ AB, hydratation, 2 units PLT
  - **March 2017**: **Hb 10.3 g/dL**



## Case report

- Laboratory and other test (Peru):
  - Hemolysis parameters: positive (eg. LHD: increased +++)
  - Protein EF: normal
  - Cryoglobulins and cryo-agglutinins: negative
  - IgM, IgA, IgG: normal
  - ANF, ANCA, SSA (anti-Ro) and SSB (anti-1a), RF: negative
  - DAT: negative
  - Hb-electrophoresis: normal
  - Glucose-6-phosphatase: normal level
  - Osmotic fragility: decrease of osmotic fragility curve
  - HAM-test: negative
  - Flow PNH: negative
  - Gastroscopy: negative, no HP
  - APO spleen: congestion of red pulp



## Case report

- 2<sup>nd</sup> opinion UZL (July 2017): anamnesis
  - Continuously tired ('used to it because it lasts since 3 years'), fatigue ++
  - Continuous icterus
  - Dark urine
  - No abdominal or thoracal pain
  - No increased frequency of infections (exception early 2017)
  - No thrombosis in past

# Case report

- 2<sup>nd</sup> opinion UZL: laboratory test
  - **Hematological parameters**
    - Hb: 8.1 g/dL ↓
    - Hematocrit: 0.266 (0.400 - 0.540) ↓
    - RBC:  $3.06 \cdot 10^{12}/L$  (4.50 - 6.00) ↓
      - MCV: 86.9 fL (76.0 - 96.0)
      - MCH: 26.5 pg (27.0 - 32.0) ↓
      - MCHC: 30.5 dL (30.0 - 35.0)
      - RDW: 20.9% (11.7 - 14.5) ↑
    - Reticulocytan telling:  $297 \cdot 10^9/L$  (20 - 100) ↑
      - Immature reticulocytan fractie: 42.9% (5.0 - 21.0) ↑
    - Erythroblastan telling:  $0.27 \cdot 10^9/L$  (0.00 - 0.07) ↑

# Hemolytic anemia

The diagram illustrates the classification of hemolytic anemia into several categories:

- Enzymopathies:**
  - Glucose-6-Phosphate Dehydrogenase (G6PD) Deficiency
  - Pyruvate Kinase Deficiency
- Membranopathies:**
  - Hereditary Spherocytosis
  - Hereditary Elliptocytosis (Ovalocytosis)
  - Thalassemias
- Hemoglobinopathies:**
  - Sickle Cell Anemia
- Immune Hemolytic Anemia:**
  - Autoimmune hemolytic anemia (Cold AHIA, Warm AHIA)
  - Alloimmune hemolytic anemia
  - Hemolytic Disease of the Newborn
  - Drug-induced hemolytic anemia
- Mechanical Hemolytic Anemias:**
  - Hemolytic Transfusion Reaction
  - Paroxysmal Nocturnal Hemoglobinuria
- Other Causes of Damage to Red Blood Cells:**
  - Acquired Hemolytic Anemias

## Case report

- 2<sup>nd</sup> opinion UZL: laboratory test
  - **Hematological parameters**
    - Hb: 8.1 g/dL ↓
    - Hematocriet: 0.266 (0.400 - 0.540) ↓
    - RBC:  $3.06 \cdot 10^{12}/L$  (4.50 - 6.00) ↓
      - MCV: 86.9 fL (76.0 - 96.0)
      - MCH: 26.5 pg (27.0 - 32.0) ↓
      - MCHC: 30.5 dL (30.0 - 35.0)
      - RDW: 20.9% (11.7 - 14.5) ↑
    - Reticulocytan telling:  $297 \cdot 10^9/L$  (20 - 100) ↑
      - Immature reticulocytan fractie: 42.9% (5.0 - 21.0) ↑
    - Erythroblastan telling:  $0.27 \cdot 10^9/L$  (0.00 - 0.07) ↑
  - **Biochemical parameters:**
    - LHD: 2041 U/L (135 - 250) ↑
    - Haptogloblin: <0.10 g/L (0.30 - 2.00) ↓
    - Bilirubine total: 6.33 mg/dL ( $\leq 1.18$ ) ↑
    - Bilirubine direct: 0.66 mg/dL ( $\leq 0.50$ ) ↑
    - Iron: 23  $\mu\text{g}/\text{dL}$  (65 - 175) ↓
    - Transferrine: 2.79 g/L (2.00 - 3.60)
    - Transferrine saturation: 6% (16 - 45) ↓
    - Ferritine: 42  $\mu\text{g}/\text{L}$  (30 - 400) ↓
    - icteric sample
  - **Cytology PB**
    - RBC:
      - Hypochromia ++, no target cells
      - No sferocytosis
      - Polychromasia, erythroblasts
    - nl WBC, ↑ PLT
  - **DAT:** negative
  - **Urine analysis:**
    - RBC heme +
    - urobilinogen ++

## Case report

- 2<sup>nd</sup> opinion UZL: Laboratory test
  - **Diagnostiek RBC enzymes**
    - Glucose-6-phosphatase: geen deficiëntie
    - Pyruvate kinase: geen deficiëntie
  - **Diagnostiek RBC membraanpathologie**
    - **Osmotische resistentie:** verhoogde osmotische resistentie, compatibel met ijzergrebek, thalassemie of verhoogde reticulocytose.

## Case report

- 2<sup>nd</sup> opinion UZL: Laboratory test
  - **Diagnostiek RBC membraanpathologie** (Uitgevoerd door LHUB-ULB Site Anderlecht (Hospital Erasme))
    - Cryohemolyse      niet uitgevoerd
    - EMA                    2.0% (refw: < 19.0%)
    - Ektacytometrie    Het profiel is abnormaal maar niet typisch voor erfelijke sferocytose.
    - Elektroforese      niet uitgevoerd

⇒ **BESLUIT:** Screeningstests hebben de aanwezigheid van erfelijke sferocytose **NIET** aangetoond.

## Case report

- 2<sup>nd</sup> opinion UZL: Labora
- **Flow:**
  - PN

**Mystery solved: PNH**

# Case report

PNH results (Peru, 01/06/2016)

**CONCLUSION:**

- No observa expresión bimodal de los antígenos CD14 y CD16.
- Se observa déficit de expresión de CD14 en población monocítica.

No compatible con HPN.

PNH results (Peru, 08/08/2017)

**CONCLUSION:**

- Se observa déficit de expresión de CD16 en población granulocítica.
- Se observa déficit de expresión de CD14 en población monocítica.

Compatible con HPN.

# PNH: epidemiology

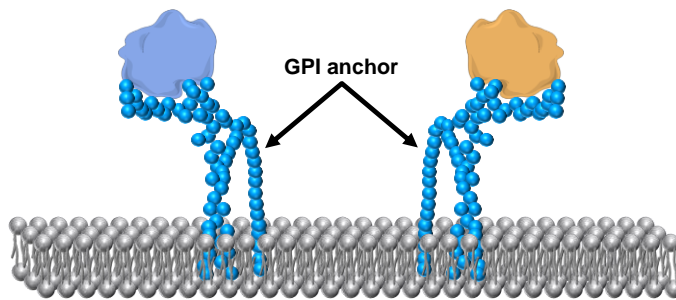
- uncommon (incidence of  $1 \text{ per } 10^5 - 10^6$ )
- 5 years mortality: ~35%
- diagnosed at all ages
- median age: early 30s
- affects men and women equally
- progressive disease

The expected survival of an age- and sex-matched control group is shown for comparison. In a patient population where  $\frac{1}{2}$  the patients have < 30% clone, 1 in 7 patients died by 5 years (Peffault de Latour R et al. *Blood* 2008;112(8):3099-106)

1. Hill A et al. *Blood* 2006;108: abstract 985. 2. Hillmen P et al. *NEJM* 1995;333:1253-58. 3. Socié G et al. *Lancet* 1996;348:573-7. 4. Hill A *Br J Haematol* 2007;137:181-92. 5. Lee JW et al. *EHA* 2010, abstract 506.

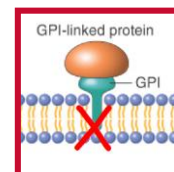
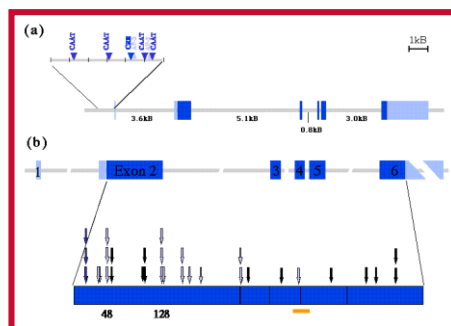
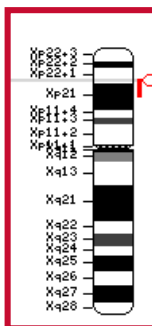
## The defect in PNH

- an acquired hemolytic disorder
- somatic mutation of the *PIG-A* gene
- no binding of GPI-anchored proteins to the cell surface

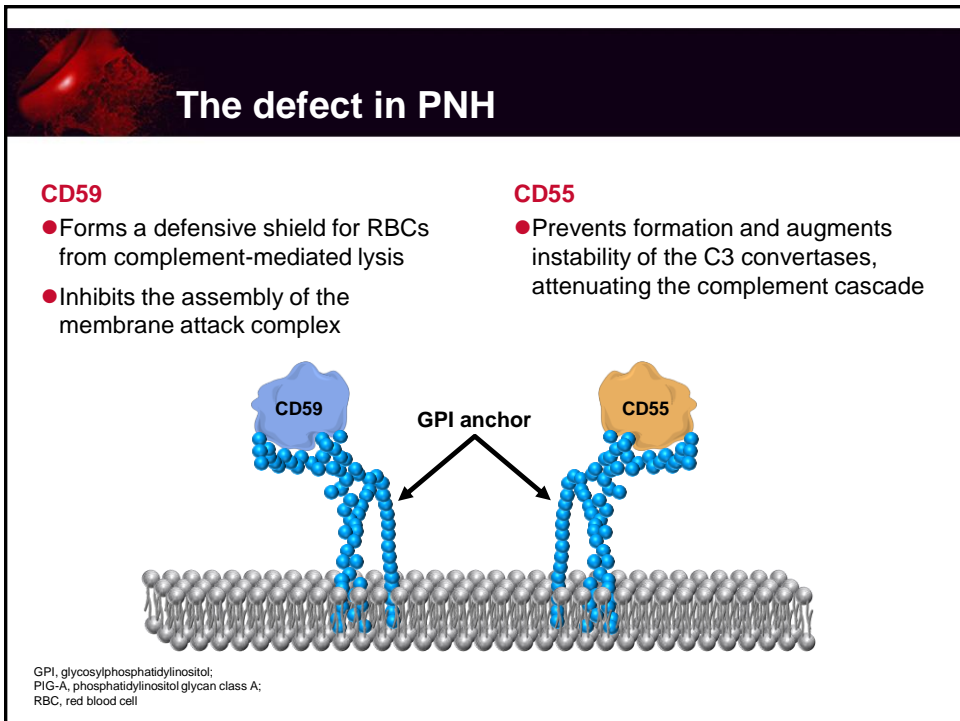
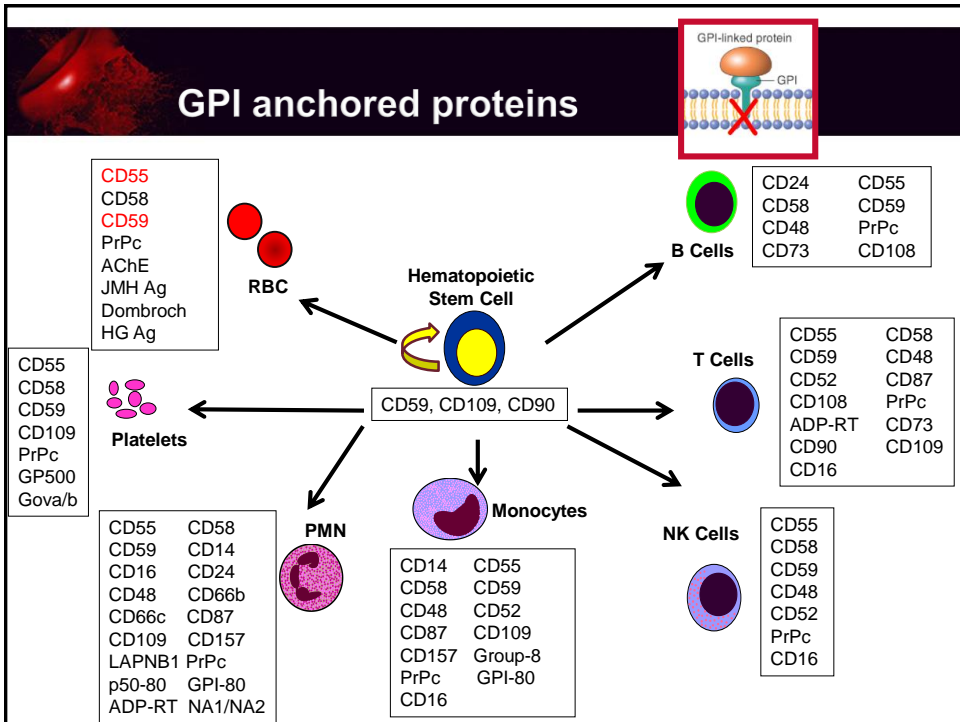


GPI, glycosylphosphatidylinositol;  
PIG-A, phosphatidylinositol glycan class A;

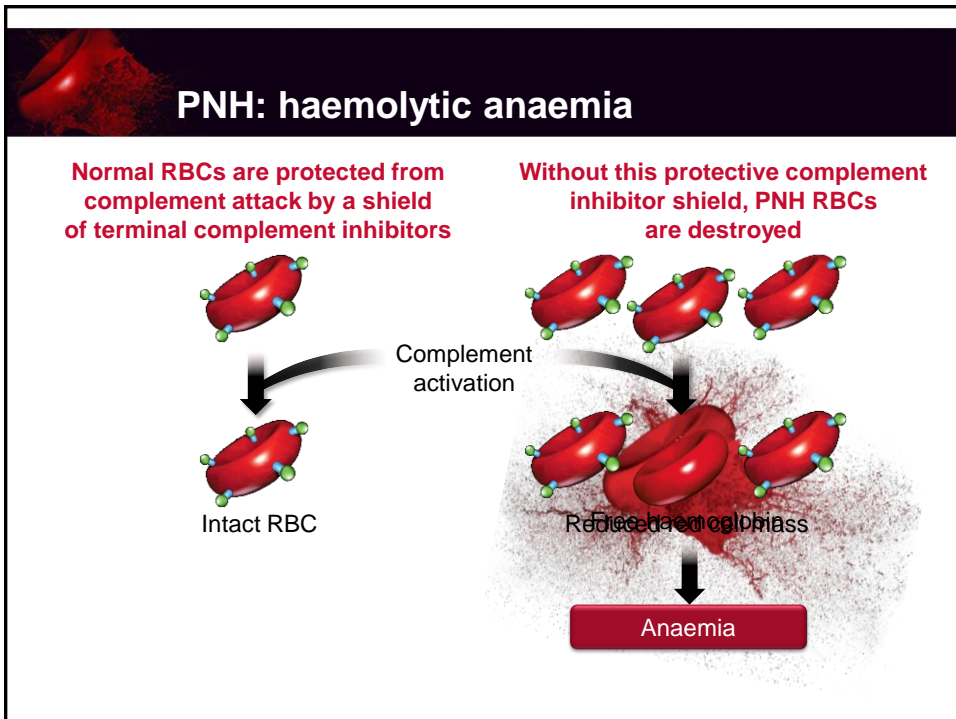
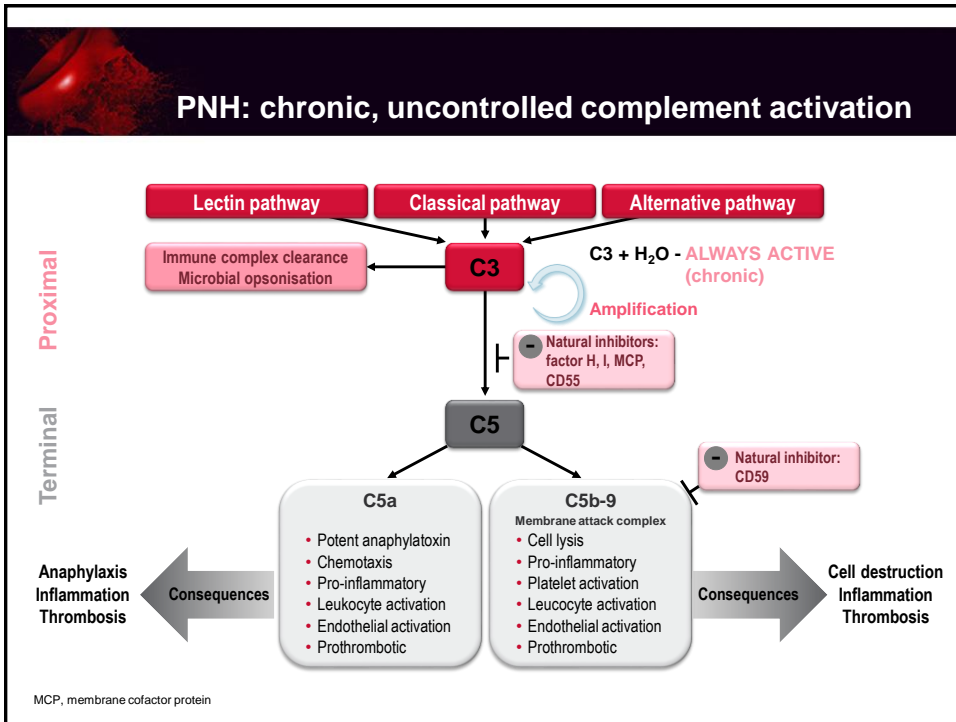
## Molecular genetic lesion: PIG-A



- Mutations throughout entire phosphatidylinositol glycan complementation class A (**PIG-A**) gene at Xp22.13 (no hot spot)
- ~100 mutations - frameshifts (most common), small deletions/insertions
  - Mostly: complete loss of function/protein (glycosylphosphatidylinositol (GPI) anchor)
  - Rare: protein is still partially functional

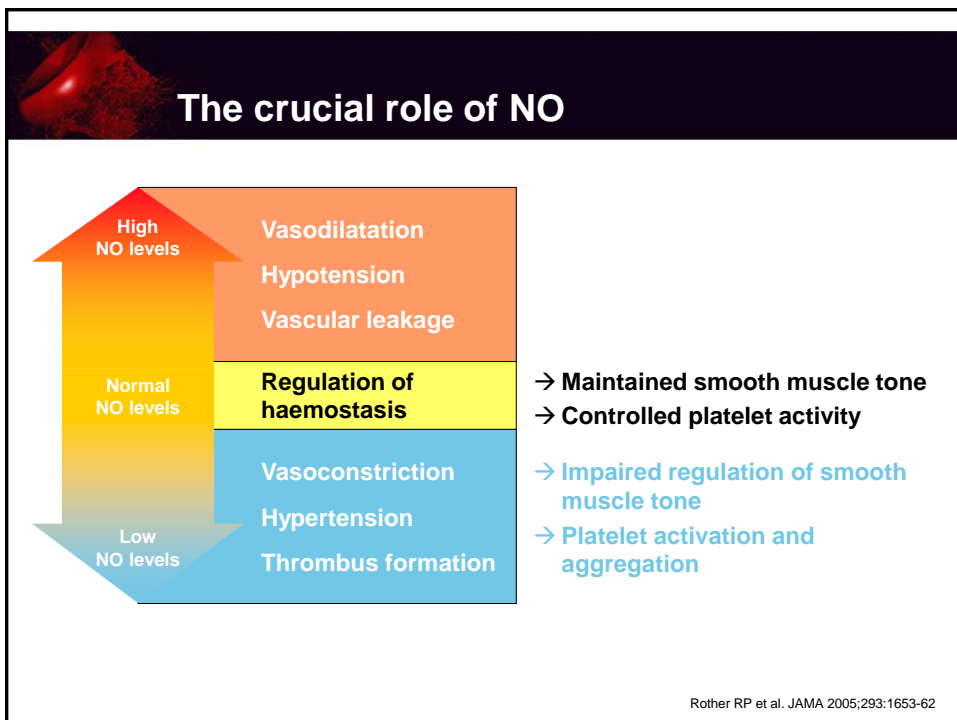


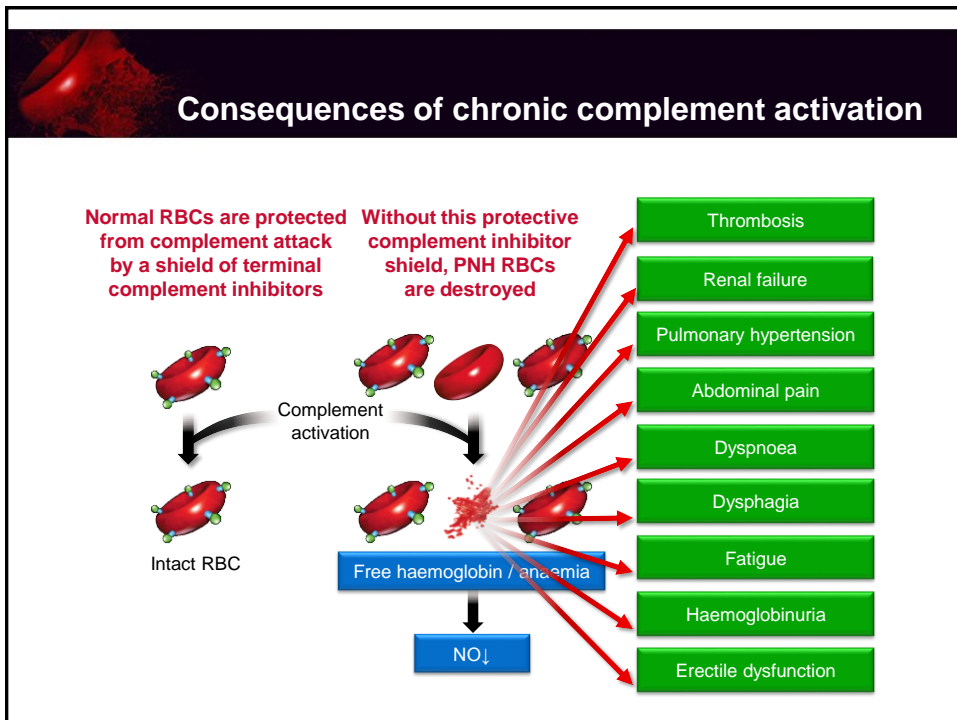




## Hemolysis and Nitric Oxide

- RBC hemolysis => cell-free Hb => depletes nitric oxide (NO)
- NO depletion => smooth muscle dysfunction
  - vasoconstriction => pulmonary and systemic hypertension, erectile failure
  - gastro-intestinal contractions => abdominal pain, dysphagia, severe lethargy
- NO depletion => thrombotic events
  - Platelet activation and aggregation (hypercoagulability-platelet hyperreactivity)





## PNH: thrombosis

- All patients with PNH are at risk for thrombosis
- Occurs in typical and atypical sites
  - Hepatic veins (Budd–Chiari syndrome)
  - Other intra-abdominal veins (portal, splenic, splanchnic)
  - Cerebral sinuses (CVA, TIA)
  - Dermal veins
- 40-67% of deaths are due to thrombosis (first thrombotic event can be fatal)

Hillmen P et al. Blood 2007;110:4123-8; udebert HJ et al. J Neurol 2005;252:1379-86; Lee JW et al. Haematologica 2010;95(suppl 2):abs 506

## Clinical indications for PNH testing

### Intravascular haemolysis as evidenced by haemoglobinuria or elevated plasma haemoglobin

- Evidence of unexplained haemolysis with accompanying:
  - iron-deficiency, or
  - abdominal pain or oesophageal spasm, or
  - thrombosis (see below), or
  - granulocytopenia and / or thrombocytopenia
- Other acquired Coombs-negative, non-schistocytic, non-infectious haemolytic anaemia

### Thrombosis with unusual features

- Unusual sites:
  - Hepatic veins (Budd–Chiari syndrome)
  - Other intra-abdominal veins (portal, splenic, splanchnic)
  - Cerebral sinuses
  - Dermal veins
- With signs of accompanying haemolytic anaemia
- With unexplained cytopenia

### Evidence of bone marrow failure

- Suspected or proven aplastic or hypoplastic anaemia
- Refractory cytopenia with unilineage dysplasia (MDS)
- Other cytopenias of unknown aetiology after adequate work-up

## Clinical indications for PNH testing

**Table 1. Reasons for first-time PNH testing in 323 unique patients**

Reason	N = 323 (% of total)
Hypoplastic/aplastic bone marrow	32 (10%)
Hemolytic anemia	82 (25%)
DAT negative	42 (13%)
DAT positive	30 (9.2%)
DAT not performed	10 (3.0%)
MDS	21 (7%)
Cytopenia	60 (19%)
Cytopenia with hemolysis	5 (1.5%)
Unexplained cytopenia	55 (17%)
Thrombosis	59 (18%)
Venous	51 (16%)
Arterial	6 (1.9%)
Mixed arterial/venous	2 (0.62%)
Other clinical reasons	13 (4%)
No clinical info	56 (17%)

DAT, Direct antiglobulin test; MDS, myelodysplastic syndrome.

**Table 2. Reasons for PNH testing in 25 PNH patients.**

Distribution of positive first-time tests, and relative risk per reason for screening is displayed for 267 unique patients with sufficient clinical information

Reason	N = 25 (% of PNH patients)	Positive tests/ screening group (%)
Hypoplastic/aplastic bone marrow	15 (60%)	5/32 (47%)
Hemolytic anemia	6 (24%)	6/82 (7%)
DAT negative	4 (16%)	4/42 (10%)
DAT positive	1 (4%)	1/30 (3%)
DAT not performed	1 (4%)	1/10 (10%)
MDS	1 (4%)	1/21 (5%)
Cytopenia	2 (8%)	2/60 (3%)
Cytopenia with hemolysis	1 (4%)	1/5 (20%)
Unexplained cytopenia	1 (4%)	1/55 (2%)
Thrombosis	1 (4%)	1/59 (2%)
Venous	1 (4%)	1/51 (2%)
Arterial	0 (0%)	0/6 (0%)
Mixed arterial/venous	0 (0%)	0/2 (0%)
Other	0 (0%)	0/13 (0%)
All reasons (overall)	25 (100%)	25/267 (9%)

MDS, myelodysplastic syndrome; DAT, direct antiglobulin test.

## Classification of clinical PNH

Category	Rate of vascular hemolysis	BM
<b>Classic PNH</b>	Florid (LDH, often episodic macroscopic hemoglobinuria)	Cellular BM with erythroid hyperplasia, +/-normal morphology
<b>PNH in BM failure disorder</b>	Mild (often minimal abnormal biochemical markers of hemolysis)	Evidence of concomitant BM failure syndrome (AA or low-risk MDS)
<b>Subclinical PNH</b>	No clinical or biochemical signs of hemolysis	Evidence of concomitant BM failure syndrome (AA or low-risk MDS)

Table 3. Clinical PNH classification

Classification	N = 25 (% of total patients)
Classical PNH	6 (24%)
PNH in bone marrow disorders	6 (24%)
Subclinical PNH	13 (52%)

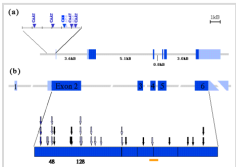
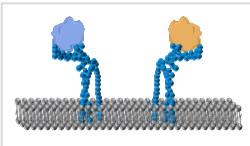
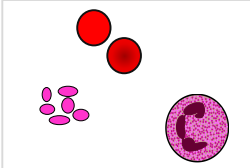
PNH, Paroxysmal nocturnal hemoglobinuria

Mercier A, et al. ULH, 2017, 3:329-36.

Parker CJ., Hematology ASH Education Book, 2011:21-9.

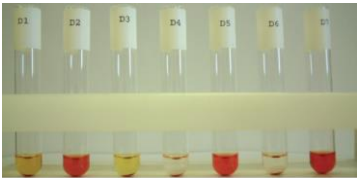
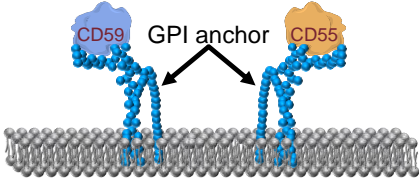
### PNH diagnosis: What can we test?

- Defects at DNA level (PIG-A mutations)
- Missing surface molecules
- Effect of the missing molecules on function of the various cell populations

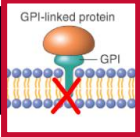




## PNH testing: options

- ✘ **Molecular:** sequencing of *PIG-A* gene for mutations. Not applicable to routine testing as many mutations without clear association to PNH subtype and its severity
- ✘ **Ham's test:** based on the differential susceptibility of PNH RBCs to complement-mediated haemolysis. But time-consuming, with lack of standardisation and restricted sensitivity
- ✔ **Flow cytometry:** directly demonstrates the disease phenotype (GPI-linked antigen deficiency)

## GPI anchored proteins



**RBC**

- CD55
- CD58
- CD59
- PrPc
- AChe
- JMH Ag
- Dombroch
- HG Ag

**Platelets**

- CD55
- CD58
- CD59
- CD109
- PrPc
- GP500
- Gova/b

**PMN**

CD55	CD58
CD59	CD14
CD16	CD24
CD48	CD66b
CD66c	CD87
CD109	CD157
LAPNB1	PrPc
p50-80	GPI-80
ADP-RT	NA1/NA2

**Monocytes**

CD14	CD55
CD58	CD59
CD48	CD52
CD87	CD109
CD157	Group-8
PrPc	GPI-80
CD16	

**B Cells**

CD24	CD55
CD58	CD59
CD48	PrPc
CD73	CD108

**T Cells**

CD55	CD58
CD59	CD48
CD52	CD87
CD108	PrPc
ADP-RT	CD73
CD90	CD109
CD16	

**NK Cells**

CD55	
CD58	
CD59	
CD48	
CD52	
PrPc	
CD16	

**Hematopoietic Stem Cell**

CD59, CD109, CD90

## Considerations for flow cytometric PNH testing

Sample source	PB (BM is not optimal)
Anticoagulant	EDTA (preferred), heparine or ACD
Sample volume	Minimum 1 ml; 3 ml is adequate for most testing, though more might be needed if WBC is very low
Maximum sample age	Up to 7 days for RBC; <48h for WBC
High-sensitivity analysis	<u>0,01%</u> ; at least 250,000 events of specific cell type collected

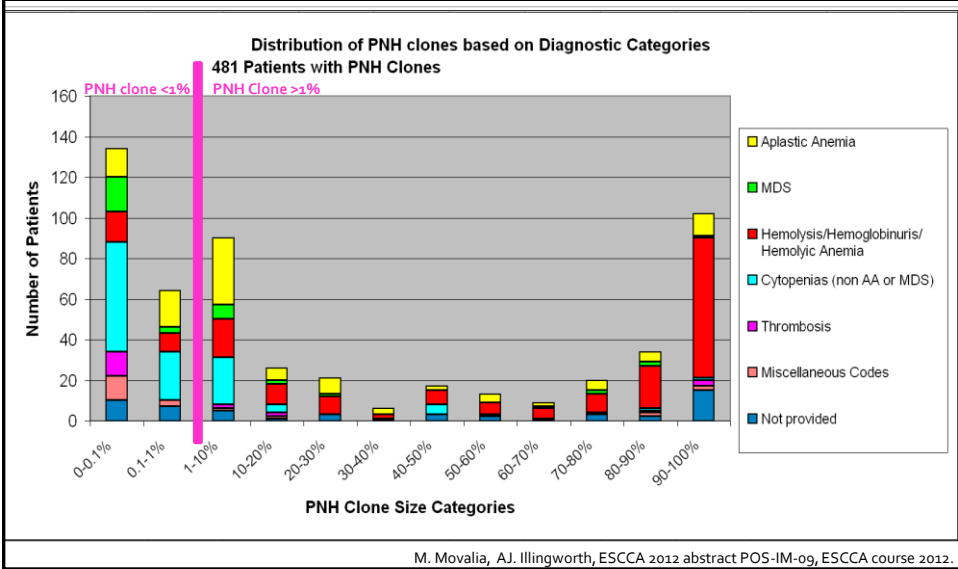
"Guidelines for diagnosis and monitoring of PNH and related disorders by flow cytometry". M. Borowitz *et al.*, Cytometry Part B (clinical cytometry), 2010

## Considerations for flow cytometric PNH testing

Sample source	PB (BM is not optimal)
Anticoagulant	EDTA (preferred), heparine or ACD
Sample volume	Minimum 1 ml; 3 ml is adequate for most testing, though more might be needed if WBC is very low
Maximum sample age	Up to 7 days for RBC; <48h for WBC
High-sensitivity analysis	<u>0,01%</u> ; at least 250,000 events of specific cell type collected

"Guidelines for diagnosis and monitoring of PNH and related disorders by flow cytometry". M. Borowitz *et al.*, Cytometry Part B (clinical cytometry), 2010

# Distribution of PNH WBC clone sizes



# Follow-up of PNH+ patients

113 patients with PNH clone

	<0.1%	0.1-1%	>1.0-10%	>10-100%
Increased	0	2 (16%)	9 (38%)	0
Decreased	0	2 (16%)	5 (21%)	1
No Change	33	8 (67%)	10 (41%)	43
Totals	33 (29%)	12 (11%)	24 (21%)	44 (39%)
Monitoring recommendations	6-12 m	3-6 m	3-6 m	as indicated

M. Movalia, AJ. Illingworth, ESCCA 2012 abstract POS-IM-09, ESCCA course 2012.



## Follow-up of PNH+ patients

113 patients with PNH clone

	<0.1%	0.1-1%	>1.0-10%	>10-100%
Increased	0	2 (16%) →	9 (38%) →	0
Decreased	0	2 (16%)	5 (21%)	1
No Change	33	8 (67%)	10 (41%)	43
Totals	33 (29%)	12 (11%)	24 (21%)	44 (39%)
Monitoring recommendations	6-12 m	3-6 m	3-6 m	as indicated

M. Movalia, AJ. Illingworth, ESCCA 2012 abstract POS-IM-09, ESCCA course 2012.

## Follow-up of PNH+ patients

113 patients with PNH clone

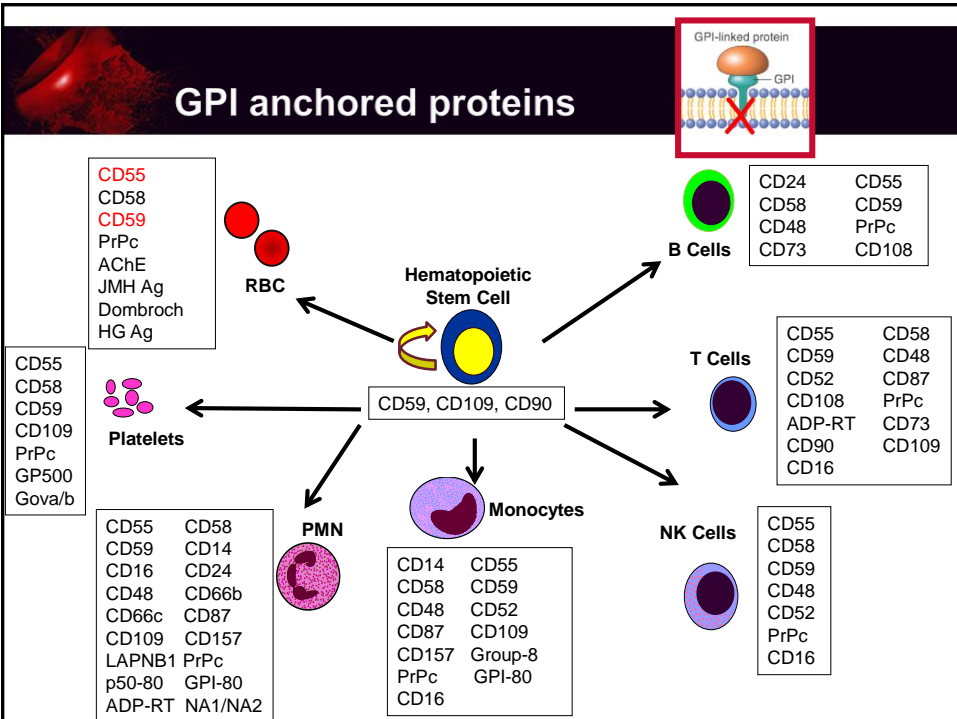
	<0.1%	0.1-1%	>1.0-10%	>10-100%
Increased	0	2 (16%) →	9 (38%) →	0
Decreased	0	← 2 (16%) ←	← 5 (21%) ←	← 1
No Change	33	8 (67%)	10 (41%)	43
Totals	33 (29%)	12 (11%)	24 (21%)	44 (39%)
Monitoring recommendations	6-12 m	3-6 m	3-6 m	as indicated

⇒ Follow-up testing in patients with PNH clone sizes of 0,1-10% should be performed

M. Movalia, AJ. Illingworth, ESCCA 2012 abstract POS-IM-09, ESCCA course 2012.

# Considerations for flow cytometric PNH testing

Sample source	PB (BM is not optimal)
Anticoagulant	EDTA (preferred), heparine or ACD
Sample volume	Minimum 1 ml; 3 ml is adequate for most testing, though more might be needed if WBC is very low
Maximum sample age	Up to 7 days for RBC, 48h for WBC
Routine analysis	1%; at least 5,000 events of specific cell type collected
High sensitivity analysis	0.01%; at least 250,000 events of specific cell type collected
Cell populations analyzed	

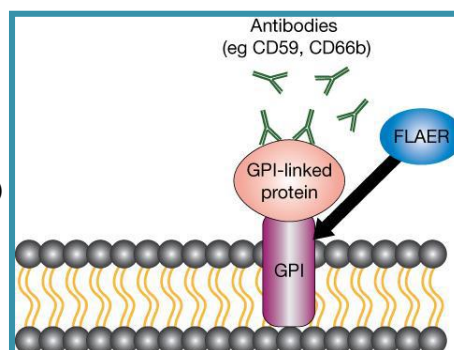


## Considerations for flow cytometric PNH testing

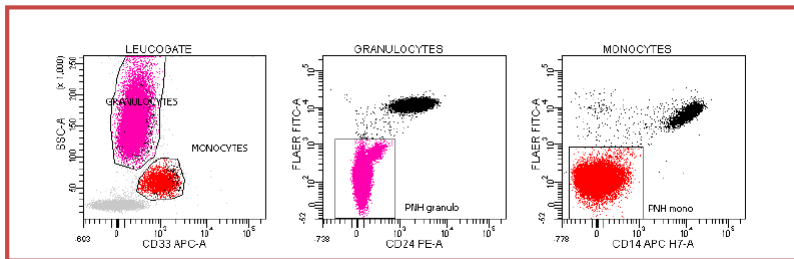
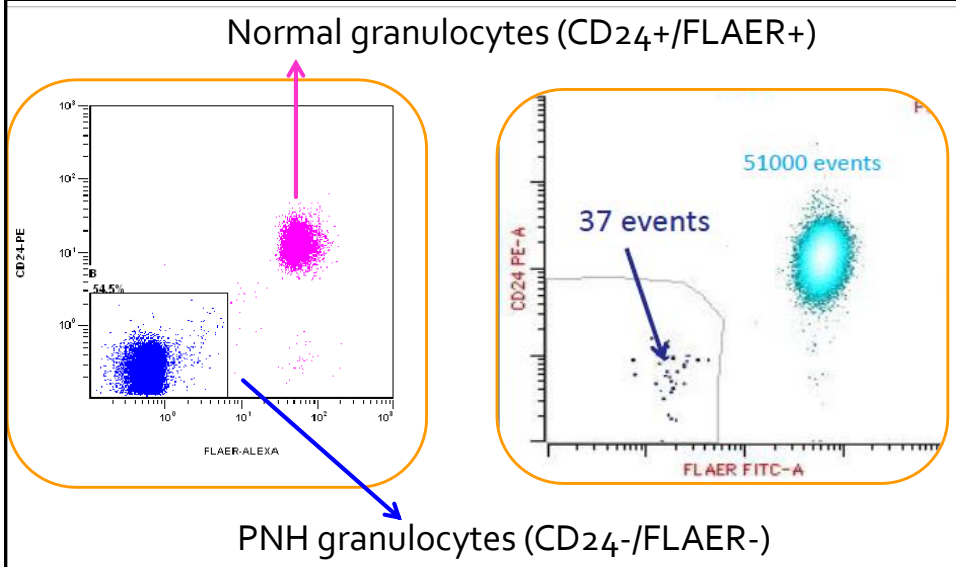
Sample source	PB (BM is not optimal)
Anticoagulant	EDTA (preferred), heparine or ACD
Sample volume	Minimum 1 ml; 3 ml is adequate for most testing, though more might be needed if WBC is very low
Maximum sample age	Up to 7 days for RBC, 48h for WBC
Routine analysis	1%; at least 5,000 events of specific cell type collected
High sensitivity analysis	0.01%; at least 250,000 events of specific cell type collected
Cell populations analyzed	<p><b>Granulocytes</b> in all cases.</p> <p><b>Monocytes</b> provide confirmatory information.</p> <p>No role for analysis of lymphocytes due to long life span.</p> <p><b>RBC</b> in at least those cases with a WBC PNH clone detected by WBC analysis (or in all cases).</p> <p>RBC's alone is not recommended.</p>

## Detection of PNH clones in WBC

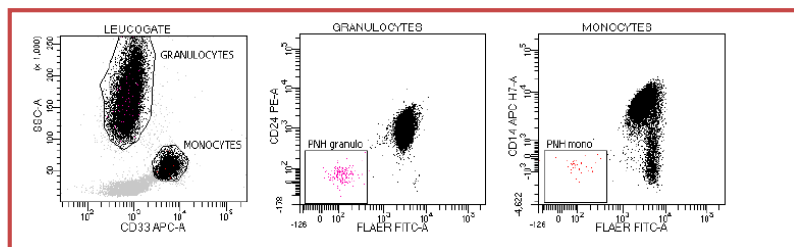
- **GPI-AP**
  - CD24 (granulocytes)
  - CD14 (monocytes)
- **FLAER = fluorescent aerolysin**
  - Fluorochrome-conjugated inactive variant of the bacterial derived protein aerolysin (52-kDA protein secreted by *Aeromonas Hydrophilia*)
  - Aerolysin is a molecule that directly binds to the GPI anchors on leucocytes (**not erythrocytes**)



# Detection of PNH clones in WBC



**Patient with classic PNH showing a large clone  
(PNH granulocytes (86%) and PNH monocytes (83%))**



**Patient with a BM failure disorder showing  
a small number of PNH cells (0,3%)**

## Classification of clinical PNH

Category	Rate of vascular hemolysis	BM	Flow cytometry
Classic PNH			Large population (>50%) GPI-anchor deficient PMN
PNH in BM failure disorder			% of GPI-anchor deficient PMNs is usually relatively small (<10%)
Subclinical PNH			Small (<1%) population of GPI-anchor deficient PMN

Classification	N = 25 (% of total patients)	PNH clone size %		
		Mean	Median	Range
Classical PNH	6 (24%)	55	65	1.7-95
PNH in bone marrow disorders	6 (24%)	44	34	0.3-98
Subclinical PNH	13 (52%)	12	3.2	<0.1-62

PNH, Paroxysmal nocturnal hemoglobinuria.

Mercier A, et al. ULH, 2017, 3:329-36.

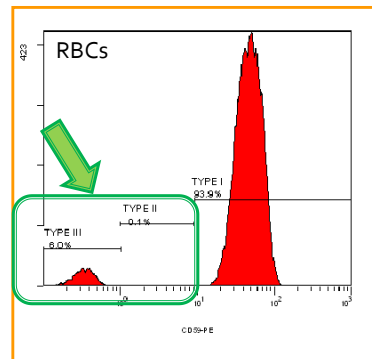
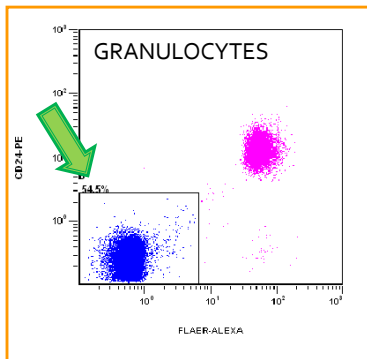
Parker CJ., Hematology ASH Education Book, 2011:21-9.

## Types of PNH cells (RBC)

- **Type I cells** => normal cells
    - Life span RBC: 120 days
  - **Type II cells** => partial deficiency of GPI-anchor
    - Life span RBC: ~45 days
  - **Type III cells** => complete deficiency of GPI-anchor
    - Life span RBC: <20 days (10-15 days)
- ⇒ total PNH clone: type II and type III cells

## Detection of PNH clones in RBC (1)

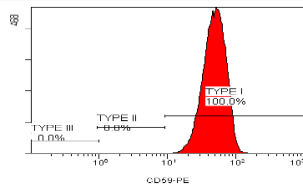
- RBC clone size often underestimated because of transfusion or hemolysis



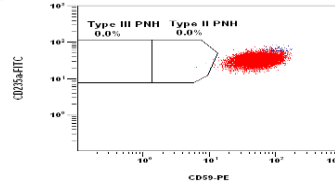
## Detection of PNH clones in RBC (2)

- RBC clone size often underestimated because of transfusion or hemolysis
- Significant RBC clones are never seen without WBC clones
- CD59, CD55:
  - CD55 less abundant expressed: not recommended as a sole reagent
  - Rare cases of congenital CD55 or CD59 deficiency are reported
    - CD55 deficiency : no hemolysis
    - CD59 deficiency: clinic cfr. PNH with hemolysis and thrombosis
  - Addition of CD235a
- RBC testing: best way to identify Type II cells

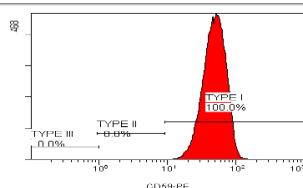
## CD59 expression – Type I, II , III RBCs



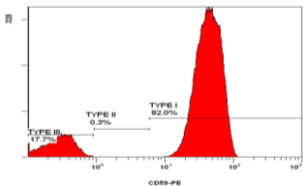
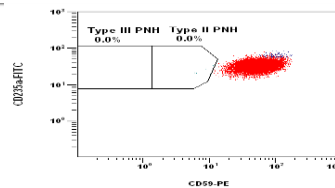
Normal RBC's: normal  
CD59 expression  
Type I cells



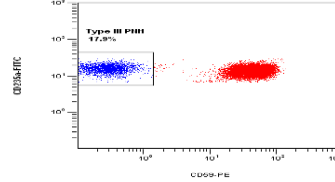
## CD59 expression – Type I, II , III RBCs

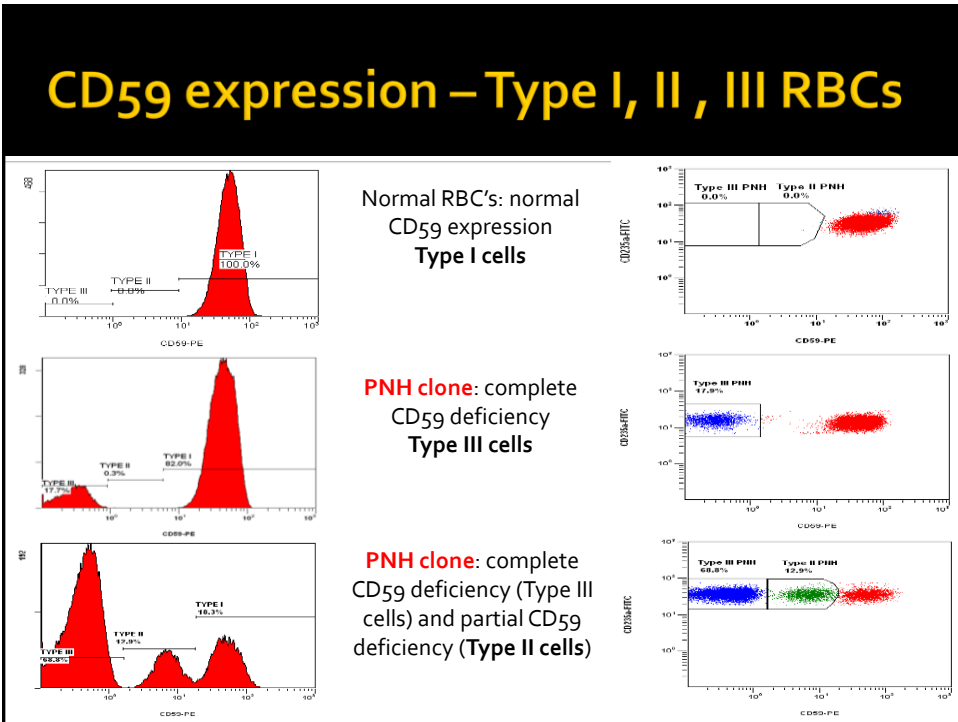


Normal RBC's: normal  
CD59 expression  
Type I cells



**PNH clone:** complete  
CD59 deficiency  
Type III cells





## Detection of PNH clones in RBC (3)

- RBC testing has clinical significance and should be done in patients with a PNH WBC clone
  - symptomatology is associated with size + type of RBC clone
  - proportion + type of cells: varies greatly among PNH patients
    - Type I and type III: most common phenotype
    - Type I, type II and type III: 2° most common phenotype
    - Type I and type II: least common phenotype

**high % of type III RBCs: clinically apparent hemolysis**

**high % of type II RBCs but low % of type III cells: hemolysis may be modest**

**low % of type III cells: only biochemical evidence of hemolysis may be observed**

Parker CJ Hematology Educ Book ASH 2013: 21-29

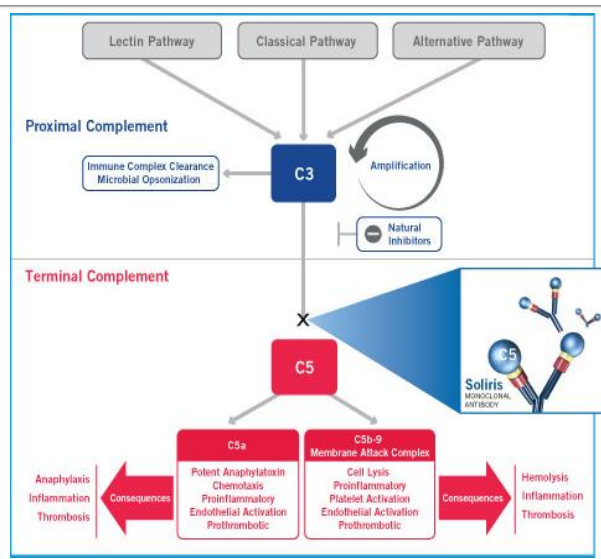


## Treatment of PNH

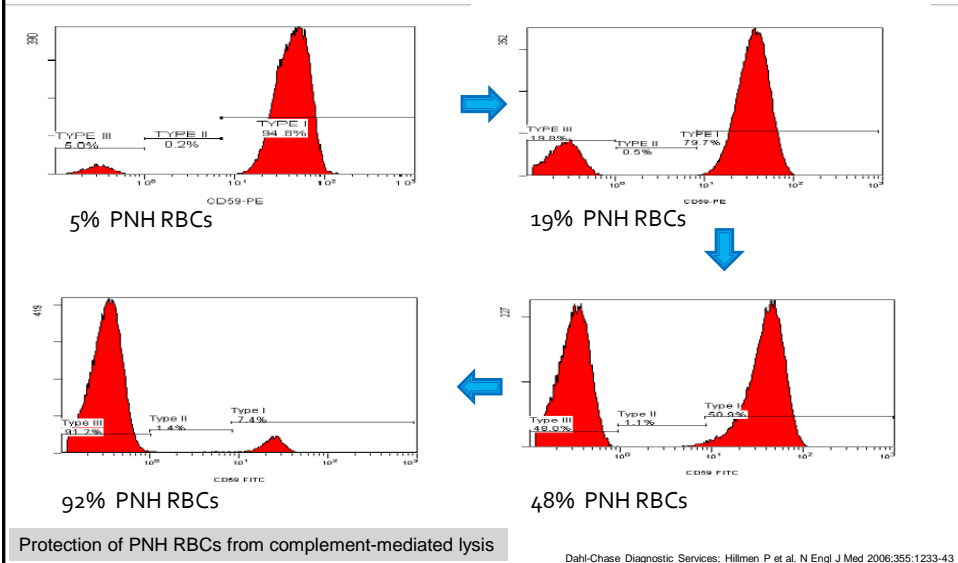
- Hematopoietic SCTx
- Anti-complement therapy:
  - eculizimab
    - stabilization / improved hemoglobin levels
    - reduced transfusion requirements
    - reduced measures of hemolysis (eg, normalization of LDH)
    - improved quality of life
- Novel complement inhibitors in development / under study

## Eculizumab (Soliris®)

- Humanized anti-C<sub>5</sub> antibody
- Complement inhibitor: binds to C<sub>5</sub> => inhibits cleavage of C<sub>5</sub>
  - Terminal complement - C<sub>5a</sub> and C<sub>5b-9</sub> activity blocked
  - Proximal functions of complement remain intact



# Effects of eculizumab on RBCs of PNH patient with a 95% WBC PNH clone



# Classification of clinical PNH

Category	Rate of vascular hemolysis	BM	Flow cytometry	Benefit from eculizumab
<b>Classic PNH</b>	Florid (LDH, often episodic macroscopic hemoglobinuria)	Cellular BM with erythroid hyperplasia, +/- normal morphology	<b>Large population (&gt;50%)</b> GPI-anchor deficient PMN	<b>Yes</b>
<b>PNH in BM failure disorder</b>	Mild (often minimal abnormal biochemical markers of hemolysis)	Evidence of concomitant BM failure syndrome (AA or low-risk MDS)	% of GPI-anchor deficient PMNs is usually <b>relatively small (&lt;10%)</b>	<b>Typically no, but some patients (&lt;10%) who have relatively large clones and clinically significant hemolysis, may benefit</b>
<b>Subclinical PNH</b>	No clinical or biochemical signs of hemolysis	Evidence of concomitant BM failure syndrome (AA or low-risk MDS)	<b>Small (&lt;1%) population</b> of GPI-anchor deficient PMN	<b>No</b>

Parker CJ., Hematology ASH Education Book, 2011:21-9.

## PNH registry

- The aim of the PNH Registry is to collect data to characterise the progression of PNH as well as associated clinical outcomes, mortality and morbidity. Results from the PNH Registry will provide a better understanding of PNH and its real-world outcomes.
- Implemented in following countries: Argentina, Australia, Austria, Belgium, Canada, Colombia, Czech Republic, Denmark, Finland, France, ...
- Type of data :
  - demographics (age, gender)
  - medical history
  - flow cytometry results
  - symptomatology
  - treatment
  - clinical outcomes
  - safety events of interest
  - pregnancy

## Conclusions

PNH is a rare disease

- ⇒ PNH testing should only be done in selected patients
  - BM failure / cytopenia
  - Thrombosis (unusual anatomical locations)
  - **Intravascular hemolysis, Coombs negative and related symptoms**
- ⇒ Flow cytometry is the method of choice for diagnosing/monitoring PNH clones