



# POSTER

# DESIGN COMPETITION



Kindness Counts is a positive call to action to counteract the negative impact of bullying and to promote the values of Uptown School Complex.

## COMPETITION RULES:

1. Poster must include and have artwork inspired by a pre-selected “Kindness Quote” from the list.
2. Poster must be between 11” x 17” and 12” x 18”.
3. Student’s name, grade, and homeroom teacher must be written on the back of the poster.
4. Crayons, felt tip pens, markers, paint, pen and ink, pencil, etc., may be used to create the poster. Get creative!
5. Posters cannot include copyrighted characters from comics, cartoons, television programs, movies, newspapers, magazines, etc.



**POSTERS MUST BE SUBMITTED TO YOUR TEACHER BY FRIDAY, OCTOBER 28TH.**

## PRIZE:

- Three winners will be identified from each category, with prizes awarded to first place in each category. The categories are PreK-2, 3-5 and 6-8.
- Winners will be recognized on the Uptown website!
- Winning posters will also be displayed in the main hallway for all students and visitors to see.

# KINDNESS QUOTES

CHOOSE ONE FOR INCLUSION ON POSTER AND TO INSPIRE ARTWORK

1. LEAVE FOOTPRINTS OF LOVE AND KINDNESS WHEREVER YOU GO.
2. BE KIND TO EVERYONE, INCLUDING YOURSELF.
3. KINDNESS IS CONTAGIOUS
4. KINDNESS IS LIKE SUGAR-IT MAKES LIFE A LITTLE SWEETER.
5. IT'S COOL TO BE KIND.
6. TRY TO BE A RAINBOW IN SOMEONE'S CLOUD.
7. PLANT SEEDS OF KINDNESS.
8. KINDNESS IS LIKE SNOW, IT BEAUTIFIES EVERYTHING.
9. BE KIND, FOR EVERYONE YOU MEET IS FIGHTING A HARD BATTLE.
10. KINDNESS IS A MELODY EVERYONE CAN SING ALONG TO.
11. KINDNESS IS THE ROOT OF ALL GOOD THINGS.
12. WE RISE BY LIFTING OTHERS.
13. KINDNESS BEGINS WITH ME.
14. EVERYWHERE YOU GO, LEAVE A GLITTER TRAIN OF KINDNESS BEHIND YOU.
15. KINDNESS IS A GIFT EVERYONE CAN AFFORD TO GIVE.