



BOSTON COLLEGE
OFFICE OF INTERNATIONAL
PROGRAMS

University of Copenhagen
Academic Year 2013-2014
Program Guide

University of Copenhagen
<http://www.ku.dk/English/>

Preparing for Study Abroad

- Students can maximize their study abroad experience by learning about their host country, its history, and culture. Students may want to go to Encyclopedia Britannica <http://www.britannica.com/> for a summary of Copenhagen and Denmark. Another useful site is: www.economist.com/countries. Please refer to the suggested readings and websites provided at the end of this document for additional information.
- Students should know what is happening in the news in their host country by reading the local newspaper at: <http://www.cphpost.dk/>
- Encountering and adapting to a different culture is an intricate component of studying abroad. Students are strongly encouraged to use the following websites to learn about intercultural communication before you leave home: <http://www.pacific.edu/sis/culture/> and <http://www.peacecorps.gov/wws/educators/enrichment/culturematters/index.html>.
- Customs and traditions in Denmark will be different than the ones found in the United States and at Boston College. To learn a little about the local customs and traditions you may want to consider the following questions: What type of government does Denmark have; what are the national sports; what are some of the popular TV shows; who are some of the biggest celebrities in Denmark; what music is currently popular; how do you order food in a pub; what is the policy regarding tipping? In addition, students should review the below site for information regarding Danish customs and traditions: <http://www.kwintessential.co.uk/resources/global-etiquette/denmark-country-profile.html>
- Students and their parents/legal guardian should refer to the Office of International Programs website for more information regarding the abroad experience: www.bc.edu/international. In addition, all students will be given the Boston College Study Abroad Handbook prior to departure. Students are expected to attend the mandatory pre-departure orientation held at Boston College. At the orientation, students will have a chance to learn more about their host country/city from their advisor and former study abroad students. Finally, additional student and parent information can be found at: <http://www.studyabroad.com/guides/index.html>

On-Site Contact Information

- International Office
University of Copenhagen
Fiolstraede 24, I
PO Box 1143
DK 1010 Kobenhavn K
Tel: +45 35 32 3907
Fax: +45 35 32 3900
Email: rj.intoff@cbs.dk

Travel Information

- Students enrolled in Boston College programs make their own flight arrangements, often using student travel agencies such as STA Travel (www.statravel.com). The student agencies generally offer competitive rates.

The easiest way to get from Copenhagen International Airport to your housing is to take the train into Copenhagen Central Station (Hovedbanegarden). From the Central Station, students will need to choose the bus or taxi to continue to your residence. More detailed information regarding airport transfer can be found here:

http://studies.ku.dk/arriving_and_living_in_copenhagen/Arriving/

Copenhagen will provide additional details regarding arrival.

- Passport: US citizens need a passport to travel to Denmark. Passports must be valid at least six months beyond the estimated return date. Students may apply for a passport at any major US post office, and the process usually takes approximately 6 to 8 weeks to complete. For more information regarding passports, please visit: http://travel.state.gov/passport/passport_1738.html
- Residence Permit: Students must also have a Danish residence permit to study at CBS, which should be obtained prior to your departure. Students can apply for the permit with the Royal Danish Consulate General in New York. For details of the documentation required for the resident permit application, go to: http://www.nyidanmark.dk/en-us/coming_to_dk/studies/how_to_apply.htm

Students must submit the ST1 Residence Permit applications; CBS will complete one part and the application will be sent directly to students. Since the resident permit application process can take up to three months, students must apply as soon as they receive the documentation from CBS. Further instructions will be sent to students by CBS; application details can also be found on the CBS website:

www.cbs.dk/content/download/11685/176205/file/visainstructions.pdf

There is a fee attached to the permit process. Since fees can change over time, students are advised to review the fee structure here:

http://www.nyidanmark.dk/en-us/coming_to_dk/fee/

- There are no immunizations required for students studying in Denmark

Academics

Autumn Semester 2013

- Pre-semester Danish language course: TBD
Block 1: 2 September – 8 November 2013
- Block 2: 18 November - 24 January 2014**

Spring Semester 2014

- Pre-semester Danish language course: TBD
Block 3: 1 February - 4 April 2014
- Block 4: 14 April - 20 June 2014

**Students must make arrangements with their professors for alternative exams prior to leaving Copenhagen.

- Course information for Copenhagen is available at: <http://studies.ku.dk/studies/>. The academic system at Copenhagen is different than what students find at Boston College. Students will take a total of 30 ECTS credits. Courses or modules are less structured than courses at Boston College. Students are expected to do much more independent reading. Student's grades will be based on a limited number of assignments. It is likely that ones grade will be based on one final exam or paper.
- Course approval information will be found at:
<http://www.bc.edu/offices/international/academics/courseapproval.html>
- Information about transcripts and grades is available at:
<http://www.bc.edu/offices/international/academics/transcripts.html>

Housing

- Housing costs are paid directly by students to the residence in Copenhagen. Most students are placed in rooms in private homes or share apartments with other KU and international students. Dormitories placements in Copenhagen are also possible, although these dorms are not university-owned.

For more information about accommodations, please visit the exchange student section of the KU website (http://studies.ku.dk/housing/exchange_students/)

- Additional information about the estimated cost of housing may be found at:
<http://www.bc.edu/content/dam/files/offices/international/pdf/Nov%2011%202011-2012%20estimated%20student%20budget%20w%20housing.pdf>

- Meals: Exchange students are not offered meal plans but are welcome to use KU's cafeteria facilities on a cash-basis. Most students will have access to a kitchen. Grocery stores are located throughout the city for your convenience. Students can review the KU Study Abroad guide for a list of stores.
- Local Transportation: Students prefer using bicycles as their main method for getting around Denmark. Buses, S-trains and the Metro are other public transportation options. Student should refer to the Copenhagen transportation website for further enquiry: www.rejseplanen.dk. Be sure to click on the English translation.
- The university has a wide-range of social clubs open to all exchange participants and students are strongly encouraged to join those that interest them. Students will have access to the Student House, which hosts a number of activities and facilities including quiz-night, live music and the International Cafe. The house is also home to many of the student clubs. Students with an interest in sports should consider joining the University's Sports Association. More information regarding clubs can be found here: http://studies.ku.dk/University_of_Copenhagen/student_associations/
- Cell Phones: Students may purchase pre-paid cell phones upon arrival (these do not require a contract).

Wellness, Health and Safety

- Make sure that you have had any required or recommended vaccinations for your travel destinations by consulting the Centers for Disease Control website at www.cdc.gov.
- HTH Worldwide Insurance Services is an emergency health and emergency services provider. All registered BC students are covered by our blanket policy while living and traveling outside of the United States. For more information, visit the following website: <http://www.bc.edu/offices/international/travel-health-safety/HTH.html>
- Students are advised to visit the U.S. State Department website: <http://www.state.gov/> for important travel information including travel advisories. In addition, the State Department has developed a site specifically for students: <http://studentsabroad.state.gov/>
- Adjusting to a new culture and environment can be stressful. Students will have a smoother transition by making sure that they prepare to remain healthy. The following are some websites that provide important information and advice about how to have a healthy and safe experience abroad:
 - http://kidshealth.org/teen/your_mind/emotions/culture_shock.html
 - <http://www.kwintessential.co.uk/cultural-services/articles/cultureshock-stages.html>
 - <http://www.bravenewtraveler.com/2007/11/20/the-4-stages-of-culture-shock-and-how-to-beat-them/>
- Be sure to visit the OIP website for additional information about Health and Safety: <http://www.bc.edu/offices/international/travel-health-safety.html>
- BC emergency contact information:

- Office of International Programs: (617) 552-3827 (Monday to Friday 9 a.m. – 5 p.m.)
 - Boston College Police Department: (617) 552-4444 (outside of normal business hours)
- Alcohol and Drugs: In many cultures, alcohol consumption is an acceptable part of the culture and people are taught to drink in moderation at home. Many countries have a lower drinking age than the U.S. while other countries have drinking and drug abuse laws that may be more severe. Students are subject to the laws of their host country, so if you choose to drink alcohol abroad, always drink responsibly and be knowledgeable about your host country's laws by visiting:
http://travel.state.gov/travel/tips/safety/safety_1747.html

Finances

- The OIP website provides information about estimated expenses for study abroad:
<http://www.bc.edu/content/dam/files/offices/international/pdf/2012-2013%20estimated%20student%20budget%20w%20housing%20June%202012.pdf>
- Scholarships and Financial Aid information can be found at:
http://www.bc.edu/offices/international/Scholarship_Opportunities.html
- The best way to access funds from the US is with an ATM, credit, and debit cards (also give the best exchange rate). Students who use an ATM, credit and/or debit card abroad, should contact the appropriate bank before leaving United States. Please inform the bank that you will be overseas for an extended amount of time as some banks may question foreign transactions. In addition, banks may have additional fees if a card is used overseas. It is advisable to have some funds in traveler's checks as a back-up method as well as a small amount of local currency on hand when students arrive.

Returning to BC

- Complete a Program Evaluation. Upon completion of your program OIP will e-mail the link to the evaluation.
- Mentor an exchange student from abroad by e-mailing: oipexchange@bc.edu
- Volunteer for Discovery Night, Pre-departure Orientation, Re-entry seminar by contacting Larry Pickener (Pickener@bc.edu).

References

- University of Copenhagen international website: <http://www.ku.dk/international/english/>
- Denmark Tourist Information: www.visitdenmark.com
- Copenhagen Tourist Information: www.visitcopenhagen.dk
- Copenhagen Card (discount card for free admission to Copenhagen attractions & free bus & train travel in Greater Copenhagen; valid from 24-72 hours): www.copenhagencard.dk
- "Everything About Copenhagen": www.aok.dk/Copenhagen/Visiting_Copenhagen/
- The Copenhagen Post (Denmark's English language newspaper): www.cphpost.dk

