

**Women in the Word**  
**Galatians 5 & 6**

*October 8, 2015*

FREE & RICH  
IN CHRIST  
A Study of Galatians and Ephesians

1. In Galatians 5:1, Paul once again states the major point of this letter to the church in Galatia. What does he encourage the Galatians to do?

In your own words, describe what it means to you to be set free by Jesus.

2. Read Galatians 5:2-6. Salvation is by grace through faith in Christ alone. Yet, it is easy to live legalistically and add requirements to our salvation. What requirement were the false teachers adding to salvation by faith? What are some elements Christians might add to salvation today?

Why do you think it is so easy to become entangled in legalism?

How do you see legalism creating attitudes of arrogance, criticism, dissension and envy among Christians today?

3. Read Galatians 5:2-6 again. "Falling away from grace" in verse 4 does not mean losing your salvation. What does Paul mean?

Our own efforts cannot accomplish what faith can accomplish through the Holy Spirit. According to verse 6, what is the expression of our freedom in Christ that counts?

How does Jesus explain the importance of love in Matthew 22:36-40 and John 13:34-35?

4. Paul gives two illustrations in Galatians 5:7-10. Read these verses and explain how running a race is a good illustration of the Christian life.

Review Galatians 5:1-10 and make a list of the ways the false teachers (Jewish Christians) have hindered the Galatians' race.

5. What does yeast or leaven often represent in the Bible? See 1 Corinthians 5:6-8 and Matthew 16:11-12.

How would Paul's illustration in Galatians 5:7-10 be a warning to the Galatians against the false teachers?

6. Read Galatians 5:11-15. In what two opposing ways can we use our freedom?

Which way does Jesus say is better? Read Luke 10:27-28.

7. Count and record the number of times you read the word "Spirit" in Galatians 5:16-26.

What is the best way to combat squandering our freedom in Christ according to verse 16?

What do the following verses teach us about how we can walk in the Spirit?

Acts 9:31

Romans 5:5

Romans 8:5-10

Romans 8:26-27

1 Corinthians 2:9-13

Titus 3:4-7

8. Look back at Galatians 5:5. What is our hope when we live through the Spirit?

In what have the false teachers or Judaizers placed their hope?

9. Read Galatians 5:16-26 again. List the works of the flesh and ponder each work.

What one word comes to mind as you consider the works of the flesh?

List the fruit of the Spirit. What one word comes to mind as you consider the fruit?

Who produces the fruit?

How is the meaning of works and fruit different?

10. Christ set us free to love others. Read Galatians 6:1-10. From these verses, summarize all the ways we can love others through the leading and power of the Holy Spirit.

11. As you read Galatians 6:11-18, what do the Judaizers boast in?

Why might the Galatians find it difficult to boast in Christ alone when surrounded by legalists? See verse 12.

12. Thinking back on this study of Galatians, what are some practical ways you will walk in the Spirit? Do you have some legalistic thoughts or practices you will let go of? Please share.

13. Do you have a personal prayer request to share with your small group?

## Live Free! But How?

Paul has told us we are free so live like it. Now he tells us how to live free.

### By Grace through Faith Expressed in Love 5:1-15

- You are saved by grace. Don't let the law take you away from \_\_\_\_\_.
- We are justified by \_\_\_\_\_ in Jesus. We are no longer slaves to the Law.
- It is not the external but the internal that counts. \_\_\_\_\_ fulfils the whole law.

*Avoid the slavery of legalism.*

### By the Holy Spirit 5:16-26

- Walk by the Spirit. He enables us to overcome our sinful human nature day by day.
- Be led by the Spirit. He enables us to produce the fruit of the Spirit.
- Live by the Spirit. Keep in step with the Spirit by relying on Him in all circumstances.

*Avoid license. Do not squander your freedom.*

### By Caring for Others 6:1-10

- Restore with \_\_\_\_\_ the sister who has sinned. Do not become self righteous.
- Carry one another's burdens. Others will know we are Christ followers by our \_\_\_\_\_.
- Be generous. The selfish will reap very little. The generous will reap fulfillment.
- Do good. Do not grow weary and give up for in time you will have a spiritual harvest.

*Avoid a lifestyle of self centered activity.*

### For God's Glory 6:11-18

- The false teachers were motivated by religious pride and \_\_\_\_\_ interest.
- Paul was motivated by the cross. Christ died for our sins and set us free.
- Not circumcision or personal glory, but the scars of following Jesus define Paul.
- Paul closes with tender words for the Galatians. "Grace be with you, brothers."

***EMBRACE GRACE and LIVE FREE!***

**Free and Rich in Christ Galatians 5 & 6  
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**John 10:28** I give them eternal life, and they will never perish, and no one will snatch them out of my hand.

**Matthew 22:37-40** And He said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets."

**Acts 1:8a** But you will receive power when the Holy Spirit has come upon you...

**Galatians 4:6** And because you are sons, God has sent the Spirit of His Son into our hearts, crying, "Abba! Father!"

**Romans 6:6-7** We know that our old self was crucified with Him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. For one who has died has been set free from sin.

**John 14:26** "But the Helper, the Holy Spirit, whom the Father will send in my name, He will teach you all things and bring to your remembrance all that I have said to you."

**Philippians 2:13** For it is God who works in you, both to will and to work for His good pleasure.

**Galatians 2:20a** I have been crucified with Christ. It is no longer I who live, but Christ who lives in me.

**John 13:34-35** "A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another."

**1 Thessalonians 3:12** ...and may the Lord make you increase and abound in love for one another and for all...

**2 Corinthians 5:17** Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.