

Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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Emmitsburg gears up for National Night Out

On Tuesday, August 6, the town of Emmitsburg will become host to National Night Out, a nationwide event held annually on the first Tuesday in August. The event will be held from 6 p.m. to 8:30 p.m. at Emmitsburg's Community Park.

National Night Out dates back to the 1990's in Frederick County. It is an annual community-building campaign that promotes strong police-community partnerships and neighborhood camaraderie to make neighborhoods safer places to live and work. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances.

Millions of neighbors take part in National Night Out across thousands of communities from all fifty states, U.S. territories and military bases worldwide. Neighborhoods host block parties, festivals, parades, cookouts and various other community events with safety demonstrations, seminars,

youth events, visits from emergency personnel, exhibits and more. The event is designed to heighten crime and drug prevention awareness, build support and participation in local anti-crime programs and, most importantly, represent the kind of spirit, energy and determination that is helping to make many neighborhoods safer places to live. It is also the perfect opportunity to get to know your neighbors even better.

This year, Emmitsburg will be teaming up with Frederick County and the Frederick County Sheriff's Department for a countywide celebration! In the hopes of having a northern county celebration in 2019, Emmitsburg's Mayor Donald Briggs asked Frederick County Sheriff Chuck Jenkins if he would consider hosting the event in northern Frederick County, specifically Emmitsburg for 2019. Sheriff Jenkins accepted and the planning began. Based on numbers from years past and the growing interest in this community event, between 400 and 600 people are expected to attend.

Most of the food and decorations for the National Night Out festivities are being donated by local organizations.

This event is free to the community and will feature face painting, complimentary hot dogs and ice cream from Antietam Dairy, a bounce house, D&D pony rides, and a petting zoo, entertainment, police K-9 demonstrations, SWAT teams, fire trucks, McGruff the crime dog, ambulances as well as an array of vendors. Representatives will be on hand from local organizations including: the American Foundation for Suicide Prevention; the Boys & Girls Club; Frederick County Emergency Communications, Parks & Recreation, Public Library, State's Attorney's Office; Frederick County Health Department Overdose Response/Narcotic, Prevention Services, Syringe



The Deputies that serve in Emmitsburg have always been on the lookout for ways to serve the community - as such, they are all well liked and respected.

Services; US Census Bureau; and Mount Saint Mary's University. Other vendors include: Native Plant Apparel, Frederick County Animal Shelter, EOPCC Board, Catocin Feeder Schools, Christ Community Church, Color Street, and more!

Be sure to stop by National Night Out, hosted in Emmitsburg for an evening of community fun. It will be a great time to get to know your neighbors as well as your local police and safety personnel!

Apple Harvest Festival prepares for 55th year

As we enter what may be considered the warmest part of the summer, organizers for local fall festivals are hard at work planning and organizing. The National Apple Harvest Festival is a favorite among locals in Adams County, Frederick County and many throughout Pennsylvania, Maryland and Virginia. This year marks the 55th year of the National Apple Harvest Festival. This old-fashioned family event will be held in October over the weekends of the 5 & 6 and the 12 & 13, at The South Mountain Fairgrounds in Biglerville.

This family-friendly event has something for everyone including a wide variety of delicious food options, dozens of free entertainment options and hundreds of arts and crafts vendors. "As the festival moves into the future, we want to make sure that we preserve its old-fashioned and rustic feel while implementing new technologies to help each attendee have the best time possible," Publicity Chairman Andrew Robinson said. "We also continue to focus on what people want when they come to a festival like ours - and we've adapted over the years to include dozens

of new food options as well as craft beers, wine and liquors."

The festival's roots date back to October 14, 1961, when The Adams County Fruit Growers Association held an Apple Harvest Holiday to celebrate the apple harvest. After the fruit growers decided not to run the holiday again, The Upper Adams Jaycees organized and sponsored the very first Apple Harvest Festival on October 10, 1965. Admission was free. The Jaycees earned a profit of \$297 that first year and voted to try it again. The event only grew from there.

With profits earned from the festival, The Upper Adams Jaycees are able to help support all sorts of community, member and individual projects. A fifteen-member board of directors of Jaycees guides the festival each year, meeting every month and is responsible for improvements to the festival.

The festival's name says it all, with many apple products and demonstrations available. From apple bread, apple butter, cider slushies, hot cider and apple desserts of all kinds, you will be sure to delight in everything apple during the peak of apple season. Besides apples, there

are various other delicious foods available including barbecue chicken, pit beef and pulled pork, French fries, homemade soups and sandwiches, homemade scrap-ple, and "fair" food.

With admission, entertainment is included on six stages with music played from all genres. In the Exhibition Area view the Native American Dancers and listen and learn at Van Wagner's Tall Timber "Lumber Heritage" Program.

Take a hayride, stop at Kid Country—storytelling, apple pie eating contests, and a petting zoo. Enjoy the Orchard Tours, craft demonstration area, and shop at over 300 arts and crafts vendors. Don't miss the operating steam engine and



Mark your calendar for this year's National Apple Harvest Festival, held during the weekends of October 5 & 6 and 12 & 13.

shingle mill, listen to the hit 'n miss engines, and enjoy the antique autos! Check out the National Apple Harvest Festival Gallery with displays of old-fashioned apple production equipment and past festival memorabilia.

For more information visit www.appleharvest.com or call 717-677-9413. Mark your calendar for this year's festival, coming soon!

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EMMITSBURG NEWS

Sign ordinance approved

Emmitsburg's new sign ordinance moves one step closer to final approval after the support shown by the town's Planning Commission on June 20. After the June 6 town meeting the Board of Commissioners voted to pass the proposed sign ordinance off to the town's Planning Commission for the mandatory 30-day review. Specifically, Commissioners asked Planning Commission members to provide comments on internally illuminated signs in the Village District, and whether the town's architectural guidelines should be added as review criteria to specific sections in the code.

After the initial presentation of this ordinance garnered attention from business owners and residents town staff opted to hold multiple meetings for members of the business and residential community in Emmitsburg to provide feedback on the proposed changes. Flyers were mailed with the sewer/water bill, meeting dates were placed on all social media outlets and at the town office and all EBPA members received emails regarding these meetings. 23 members of the community attended these meetings,

most of which were businesses.

After the conclusion of these meetings, with input from business owners, the town made a few changes to the ordinance. The originally proposed ordinance prohibited neon/internally illuminated signs in businesses, however, after much discussion between town staff, the Mayor and several business owners in favor of using these signs, it was decided that neon signs will be permitted. Each business may only have one neon sign, in size up to two square feet and must be a steady and stationary light source.

Initial concerns regarding neon signs came from Mayor Don Briggs who didn't believe they fit into the parameters of the historical district of town. Planning Commission Chair Keith Suerdieck argued that, "neon signs could be considered historical in themselves as they define an era of the 20s, 30s and 40s. From a design point of view... and historically, they are a part of it just as much as the buildings are themselves." Fellow Commission members seemed agreeable to this statement, especially with the other restrictions in place for these signs. Time restrictions will be in

place from 5 a.m. – 11 p.m. or a half hour after close of business. Businesses utilizing these signs will be required to place their neon sign on a timer to ensure compliance with the ordinance. In regards to brightness, during the daylight hours sign luminance may not be greater than 5,000 nits. All other times, it may not be greater than 250 nits.

Another change included the fines associated with any violations of the ordinance. Offenders may receive a fine of up to \$1,000 per day. Town Planner Zachary Gulden said that the increase in fines is due to increased town staff costs and legal fees associated with enforcing the ordinance. However, any fine related issue has to be approved by the town manager and the Mayor first. Town staff would send two warning letters prior to issuing a fine to anyone.

The Planning Commission unanimously approved the changes made to the ordinance and voted to pass it back to the Board of Commissioners. A public hearing will be held at the regularly scheduled town meeting on August 5, after which a vote will be taken by Commissioners to either approve or continue amending the ordinance.

Two Commissioner seats open

Two seats on the Emmitsburg Town Board of Commissioners will be up for election on October 1. The two seats that will become vacant are those presently occupied by Commissioners Glenn Blanchard and Elizabeth Buckman. Both positions up for election are three-year terms, with a compensation of \$4,000 annually. Candidates wishing to be listed on the printed election ballot must file before August 30 at 4 p.m., and those interested in becoming write-in candidates must file prior to September 24 at noon.

Current Commissioners, Glenn Blanchard and Elizabeth Buckman have both filed their paperwork to run for the three-year term as Emmits-

burg Town Commissioner. Newcomer Frank Davis will also be running for the position.

Blanchard was initially elected to the Board of Commissioners in 2005. Blanchard has served the Town of Emmitsburg for fourteen years and will be running for his sixth term as a member of the Board. Blanchard was a supporter and liaison for the town's community garden and has also been serving as the Council's liaison for the Planning Commission. After serving as Treasurer of the Board for several years, Blanchard has just completed his first year as the appointed Vice President.

Buckman was elected to her seat on the board three years ago, win-

ning against Jennifer Joy. During her time as Commissioner, Buckman has served as the liaison the town's Citizen's Advisory Committee and was a spearhead for Emmitsburg Cares. Buckman looks forward to the upcoming election and hopes the result will bring forth a change to the town council.

Frank Davis, President of the Vigilant Hose Company noted several concerns for the future of Emmitsburg. "While it is important to have regulations and ordinances, there comes a point when we over regulate and establish unnecessary fees. These need to be reviewed. Additionally, a lot of effort has been put forth over the



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Senior Advisors:
Eric Glass, Taney Corporation
Dan Reaver, Emmitsburg Glass
Bo and Jean Cadle, Former Publishers of the Emmitsburg Dispatch
Shea Rowell, MSMU Class of 2019

Executive Editor: Michael Hillman, editor@emmitsburg.com
Managing Editor: Morgan Rooney, MSMU Class of 2020
Assistant Editor: Angela Guiao, MSMU Class of 2021
News Editor: Danielle Ryan, PSU Class of 2015
Sports Editor: Grace Kovalcik, Catocin Highschool, Class of 2021

Graphic Design and layout: Brian Barth, timebombstudios.com
Advertising: Sharon Graham, advertising@emmitsburg.com
Photographer: John Zuke

Letters to the Editor, notice of upcoming events, news stories, and interesting and creative articles are welcome and may be submitted via regular U.S. Mail to P.O. box 543, Emmitsburg, MD 21727, or by email to editor@emmitsburg.com.

All-inclusive playground arriving

Emmitsburg's Board of Commissioners voted to approve a contract to construct an all-inclusive playground during their July 1 town meeting. The project, which has been in discussion for several months, will finally be coming to fruition this fall.

With a growing need for parks of this kind, and a growing number of children with varying disabilities and special needs, Emmitsburg knew constructing an all-inclusive playground to cater to all children and adults would be a great project. Following in the footsteps of Thurmont, Emmitsburg will be joining the growing list of towns and municipalities taking steps forward to making their parks more accessible.

Similar to Thurmont's all-inclusive playground, which was completed at the end of 2017, this new playground in Emmitsburg is meant to create a space where children and adults of all abilities can play together. The playground will be accessible to children with varying physical, emotional and behavioral related abilities. "We have a growing number of children with special needs in our town," stated Com-

missioner Elizabeth Buckman, "I think this will be fantastic." All other Commissioners and town staff agreed, stating this project would be a great addition to the town.

Commissioners approved a contract with Playground Specialists Inc., of Thurmont, for a total project cost of \$302,350. According to Emmitsburg Mayor Don Briggs, the project will be funded through several sources, including: a Department of Community Housing Development Community Legacy Grant for \$75,000; a Project Open Space Grant for \$120,000; town funds totaling \$82,350; and pending grant approval from the Catocin Civitan Club for \$25,000.

The contract with Playground Specialists includes playground design, grading, installing new equipment and mulching. Design for the playground was inspired by other playgrounds of its kind throughout Maryland, but will have its own unique equipment as well. Emmitsburg's design features an accessible merry-go-round, a climbable orb, percussion play, double cloud, and a balance beam along with several other unique pieces.

The all-inclusive playground will be

incorporated into the town's existing Community Park Playground, located along Willow Drive. The area will also be expanded to incorporate all the equipment and will have a wheelchair accessible path. Benches and a shade structure will also be installed on site.

Installation of this playground will begin this October.

last several years to beautify our town; the same effort is needed to upgrade our infrastructure. We also need to become a business friendly town. We need to help our businesses succeed not discourage customers from visiting downtown," stated Davis.

As of the issuance of this edition, no other candidates have filed to run

for the seats. Individuals interested in running for one of the open commissioner's seats can do so by filing their candidacy papers, available at the town office. As always, all candidates will be provided free space in this paper to introduce themselves, and their goals, to Emmitsburg voters.

Contractors approved for backflow preventer installation

On July 1, Emmitsburg's Board of Commissioners voted to approve contractors for the installation of backflow preventers in residences and businesses. The state mandated backflow preventer device was approved by the Board in April, requiring all properties in town to install this device within five years of the ordinance enactment. A permit is required for installation.

Tri-County Plumbing & Heating was chosen as the approved backflow preventer contractor for all commercial/industrial (high hazard) properties receiving water service from the Town. These businesses may

schedule an installation/inspection appointment by calling 301-788-5711 or emailing Josh@TCPAH.com. A permit must be obtained after the device is installed.

Kelco Plumbing & Backhoe Services, LLC. was selected as the Town's approved residential (low-hazard) backflow preventer contractor. Residents may schedule an installation appointment by calling 240-288-7061 or emailing KelcoPlumbingLLC2@gmail.com. A permit, free of charge, must be obtained after the device is installed. Starting price for installation is \$162.

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FAIRFIELD/CARROLL VALLEY NEWS

Vacancy still open on Borough Council

Carroll Valley's Borough Council is still seeking candidates to fill a vacancy after Council member Jared Huster resigned from his duties as Council member. Huster's term on the Council was a two-year term, and was coming to an end this fall. In his letter of resignation, Huster thanked the Council and Borough staff for his opportunity to serve the community, but noted an increase in travel for his job was hindering his ability to serve the community to his fullest potential.

During the July 9 Council meeting fellow Council members accepted Huster's resignation, which was submitted June 7. With this acceptance, Council members were faced with the timeline to fill the vacancy in 30 days. Three applications for this position were received,

but according to Council President Sarah Skoczen, all are current members of the Planning Commission. Only three elected officials are allowed on the nine-member committee. Electing a member of the Planning Commission to Council would push the number of elected officials on the committee to four. One of the elected officials would then need to resign from the Planning Commission.

According to Borough Solicitor Stephen Coccores Council would have the option to rescind the previous motion to accept Huster's resignation, which would give them 45 days from the submission of the letter (June 7) at which time the resignation would be automatically accepted. From this date, Council would have

another 30 days to fill the position. Council members Richard Matthews and Robert Verderaime voted to move forward with filling the position, while the remaining members present, Skoczen, Bruce Carr and David Lillard voted against. Carr motioned to rescind the acceptance of Huster's resignation, thereby giving Council more time to fill the vacancy. The motion was accepted 3-2.

Applications are currently being accepted by the Borough. For anyone interested in serving on the council, please reach out to Borough staff. Council intends to choose an applicant by their next meeting, held in August.

In other Carroll Valley news, the borough will be hosting National Night Out again this year, at the

Carroll Valley Park. National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie. This event is free and open to the public – that includes free parking.

This year the event is hosted in conjunction with the Adams County Children's Advocacy Center and will be held from 5 p.m. - 8 p.m. on August 6. Boy Scout Troop 76 will provide free hot-dogs, chips and drinks for kids through age 12, and Cub Scout Pack 76 will be making snow cones. Antietam Dairy will feature ice cream treats, and Poppa J's will be in attendance as well, with their tasty food. Kids will be able to enjoy face painting, tattoos and even a moon bounce.

Carroll Valley Police will display and explain some of the equipment and vehicles used to provide police enforcement services to residents of Carroll Valley and Fairfield Borough. Those in attendance will have the opportunity to meet and chat with police officers and emergency personnel from Adams Regional EMS, Fairfield Fire Department, Fountaindale Fire Dept, and the Adams County 9-1-1 center.

Adams County SPCA will be in attendance, offering low cost rabies vaccines and microchips to dogs and cats. Other vendors include: Strawberry Hill Foundation, Healthy Adams County, Wellspan, PA Game Commission, Children's Advocacy Center, U.S. Park Services, Adams County Library, Fairfield Youth Sports, Smokey the Bear, YWCA and much more!

Strawberry Hill to fund own crosswalk line painting

Strawberry Hill Foundation, an environmental education and stewardship-based non-profit located in Hamiltonban Township, may have to fund the painting of their own crosswalks to ensure safety for all those who visit the campus, after a vote taken by Hamiltonban Supervisors early in July.

Two months ago, a concerned citizen reached out to Hamiltonban's Board of Commissioners in regards to painting crosswalks in two different locations along Mt. Hope Road, within Strawberry Hill Foundation's "campus." During the most recent, regularly sched-

uled Board of Supervisor's meeting, Supervisors voted not to paint crosswalks along Mt. Hope Road, but instead gave the non-profit permission to move forward with finding their own contractor to paint the safety crosswalk. Nothing has yet been provided to Strawberry Hill pertaining to specifics about traffic control if Strawberry Hill were to do the work themselves. Would this be the responsibility of the township or the Foundation?

A portion of Mt. Hope Road, which is owned entirely and maintained by Hamiltonban Township, was slated for seal coating at the end of July. The painting

of traffic lines, railroad crossings, stop blocks at intersections, crosswalks (etc.) are all contracted out, similarly to roadwork, but Supervisor Bob Gordon noted that the township had no crosswalks to paint this summer. According to Gordon, the township "does not paint crosswalks for our own purposes and the board did not want to set a precedent to paint a crosswalk for a private entity."

Strawberry Hill Foundation hosts children's camps all throughout the summer, as well as numerous other events and activities including guided hikes, animal shows, field trip programs, fund-

raisers etc. in which adults and children are utilizing the entire property, on both sides of Mt. Hope Road. The posted speed limit sign along this stretch of road is 35 mph, although many drivers are found zooming by Strawberry Hill, well over the posted limit, placing visitors to the Foundation at risk of being hit.

In an effort to help slow down speedy drivers, Strawberry Hill staff thought to paint crosswalks on both ends of the property along Mt. Hope Road. A single "slow, children at play," sign coming from one end of Mt. Hope currently exists, but the current

crosswalks are faded and cannot be seen by drivers. Staff utilizes sandwich board-type crossing signs during camp season, but noted that they have already had to replace a few due to drivers speeding by the property, running the signs over. Painting new crosswalks could be the first step to help ensure the safety of all those who visit Strawberry Hill.

Word has not yet been received in regards to whether the township could bid out the painting of crosswalks for Strawberry Hill next year. If not, the Foundation will be responsible for funding and contracting the painting in-house.

Fairfield area news-briefs. . .

Liberty township hire new part-time police officer

During the July 2 Board of Supervisors meeting, Liberty Township Supervisors voted to hire an additional part-time police officer. Cory Ammerman will be joining fellow part-time officers Brian Weikert and Craig Hartley, led by new full-time Police Chief Sherri Hansen.

According to Chief Hansen, Ammerman just recently graduated from the Police Academy and brings with him a background in law enforcement through his experience with the Penn State Game Commission. Ammerman will work two evenings every week or one weeknight and one weekend, depending on how the schedule pans out. He will be compensated \$20.40 per hour, which is the current wage other part-time officers in the township are set at. This starting wage was set based upon the experience he brings with him. Ammerman began his work serving the township as police officer on July 9.

Township staff and fellow officers welcome him on board and look forward to working with him.

Secretary receives raise for commendable work

After an executive session held at the end of the regularly scheduled Board

of Supervisors meeting in July, Supervisors voted to give a raise to current Secretary/Treasurer Wendy Peck.

"In the past, we have had marginal secretarial/treasury activities... I think Wendy has truly taken control of that. She's been here almost three years now, has taken control of the books, has done a good job in the minutes, I think it's time we give her a raise," stated Supervisor Bob Jackson. Peck's current wage of \$19.68 per hour will be increased by 10%, increasing her wages by \$1.98 per hour.

Supervisor John Bostek noted that he has been trying to give Peck a slight pay raise over the last three years but it has always been denied. Supervisors were agreeable now that she deserved the full pay raise for all of her hard work over the past few years. The raise will be effective August 4.

Additional funding needed for Carroll Valley Path System

Phase 1 of Carroll Valley's Path System may need some additional funds after the Borough came across some issues that were not originally accounted for in the project's design. While mapping out the design for the trail, surveyors noted two stream crossings that would likely need a footbridge. The cost for these bridges, according to Borough Manager Dave Hazlett, could be as much as \$20,000 a piece.

A rough estimate, noted Hazlett, for additional funds could be anywhere from \$20,000 - \$50,000.

The Carroll Valley Path System hopes to provide a connection between major population centers within Fairfield and Carroll Valley Boroughs. Within Carroll Valley proper, the full-proposed plan calls for the connection of the trails in and around Ranch Park with the Fairfield schools. In addition, the trail will connect to existing trails around the lakes in Carroll Valley and to the trails around Ski Liberty. It is also proposed that a connection trail will be built to connect Michaux State Park with Strawberry Hill Foundation.

Survey work has already been completed for this project, and staff and engineers are in the process of finishing up with the design and putting together costs for the first phase. Staff has already reached out to Liberty Mountain, who are very positive about this project.

Interim FASD school board member elected

Fairfield resident Earl Shutt was elected as the Fairfield Area School District's newest school board member during the July 22 board meeting. Shutt will replace Apryl Huster, who resigned from the board in June.

Shutt was elected unanimously for the interim role, which will be perma-

nently filled this upcoming November. "In the broad scope of global society a well-educated population will be critical to ensure that there are sufficient leaders and negotiators to maintain production and peace. This board has a small but significant part in beginning of this process," stated Shutt. He brings with him life experiences that he believes may be of benefit to the school board and believes he can fulfill the role of interim member well.

During the same board meeting, school board president, Ian Strahler stepped down from his role as President of the board and asked fellow board members to elect a new president in his place. Marcy Van Metre was unanimously appointed to the new role. Rhonda Myers was elected as the new Treasurer, in place of Van Metre. Both will serve their new positions until the board reorganizes in December.

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THURMONT NEWS

Clean energy bill, a potential cost to residents

Residents of Thurmont may soon see an increase in their electric bill, after recent modification to a state law regarding renewable energy. Thurmont Commissioners are looking to fight back against this new legislation.

Legislation by the state of Maryland was set years ago requiring towns to receive a portion of power supply from renewable resources. In May, standards regarding this legislation were modified, increasing the percentage of electric required to be sourced from renewable resources. The percentage jumped from 25% to 50%, and of that 50%, 14.5% would need to come from solar power. Towns and cities in Maryland must meet that level by the year 2030. Governor Larry Hogan also has higher energy goals, and is looking for Maryland to be 100% renewable by the year 2040. He may look to begin moving this goal forward next year.

How will this bill affect residents? The

town's cost per megawatt hour to purchase power from a solar resource jumped from \$10 to \$60. Although the demand for solar power will see a vast increase, companies are not building more "solar plants" quickly enough, thereby they cannot supply solar power as quickly as it is needed. This means that costs must jump to supply the needs of the state. The overarching thought is that this may entice more companies to construct solar facilities to help meet the demand.

As discussed during the July 2 meeting, if the town does not purchase power from these renewable resources, they will incur a penalty fee (after 2030) of \$22 per megawatt hour. The wholesale number of megawatt hour needed/used by Thurmont is approximately 83,000, and by 2030 the town would need 12,000-megawatt hours from solar power alone. This could mean an annual increase of \$250,000-\$320,000 for the cost of just solar, causing residents

to incur an increase in tax rates in the future. "We have to be prepared for the increase in the cost to buy the power," stated Commissioner Marty Burns.

To combat this legislation, Thurmont will be looking to ban together with other municipalities in the state cooperatives in an effort to, hopefully, get the same treatment as the cooperatives. The cooperatives did not receive the jump to 14.5% solar use; instead they remained at the original 2.5%. Going back to a 2.5% cap would give the town more time to "go green" without weighing too heavily on their residents financially. Residents are urged to reach out to local representatives to begin conversation on reinstating the 2.5% cap.

Town staff will work with Easton Utilities to investigate legislation to reinstate the 2.5% cap for solar. Staff will also begin to look into the cost of installing a solar field to help defray the cost of the future load of power.

Country Corner Thrift Store



Commissioner Wayne Hooper, Mayor John Kinnaird, and Commissioner Bill Buehrer welcome Michelle & Scott Calderon, proprietors of The Country Corner Thrift Store to Thurmont! The Country Corner Thrift Store stocks a wide variety of ladies, men's, children, & infant apparel, shoes, & housewares. Some furniture, knickknacks, antiques, and electronic video games. The Country Corner Thrift Store does take donations of merchandise. When you donate merchandise, you will receive a 20% off coupon on your next purchase. Scott & Michelle also buy video games. The Country Corner Thrift Store is located at the Thurmont Plaza Shopping Center at 224 North Church Street, unit C2 beside of Peeking Palace. Their hours are Monday through Saturday 10am-7pm, & Sunday Noon-5pm. Their phone number is 301-524-3615

Thurmont news-briefs...

Ice Kiosk coming to Thurmont

A new ice kiosk is coming to town soon, with installation projected at the end of August. The property, located on the corner of East Main Street and Apples

Church Road was previously occupied by a Bank of America but has been sitting vacant for close to five years.

Current property owner, Jeff Barber, acquired the property over a year

ago and has been debating what to do with the small, oddly shaped property. Barber noted that he didn't want to do anything that was already in town, like an ice cream shop for example, or anything that was going to be in and out of business like so many other small town startups. An ice kiosk seemed like the perfect fit for the space.

The ice kiosk, as described by Barber, is a self-contained, purified ice and water vending machine. The ice will cost about half of what traditional stores sell it for and the water is softened, and filtered through several stages for the best taste and quality. Customers will be able to utilize the kiosk 24/7 with credit card or cash. It will be a great addition to the community of Thurmont, and will be perfect for construction workers, factory workers, residents, and the ball fields located nearby.

The old bank building that occupied the space previously is currently under demolition; afterwards the lot will be repaved for the installation of the ice kiosk. Additionally, once installed, Barber will be landscaping and fixing the sidewalks surrounding the property.

Paving project underway

On Monday, July 15, the State Highway Administration (SHA) began the

paving project of MD-77 (West & East Main Street) beginning at Tippin Drive and ending at MD 550. The project includes approximately two miles of milling and overlay of the east and west bound lanes as well as the shoulders through the Town of Thurmont. Residents should expect lane closures with delays and areas of no parking as the project progresses. Signs will indicate areas of no parking. Residents are asked to be patient and be aware of the contractor's progress through Town as well as the movement of the no parking areas. The anticipated project completion date is August 30.

MHAA awards money for local heritage tourism projects

On July 11, the Maryland Heritage Areas Authority (MHAA) approved \$5 million in funding for heritage tourism projects across Maryland's thirteen certified heritage areas. In the Heart of the Civil War Heritage Area (HCWHA), eighteen local heritage tourism projects in Carroll, Frederick, and Washington Counties received grant awards totaling \$796,063.

Locally, monies were granted for the town of Thurmont and Emmitsburg. The Town of Thur-

mont received \$12,259 for the installation of two gateway signs for two of the entrances into the Town of Thurmont. The first two signs were already installed last fall, but the final two, with the help of this grant money, will be placed at the Route 15 north exit and at the end of East Main Street by the Elementary School. The Town of Emmitsburg received \$12,062 for their historical wayside exhibits.

Additionally, The Catocin Furnace Historical Society received \$17,600 for the Collier Log House rehabilitation project, and \$38,540 for the "Forged in Bone: Facial Reconstructions of Catocin Furnace's Enslaved Workers" project. The Friends of Cunningham Falls State Park and Gambrill State Park received \$15,000 for the Catocin Furnace Iron Master's House ruins stabilization.

For each of these MHAA grants, state support is matched dollar for dollar with other funding. The total investment leveraged by these MHAA grants is more than \$2.2 million in the Heart of the Civil War Heritage Area alone. For more information, contact the Heart of the Civil War Heritage Area at info@heartofthecivilwar.org or (301) 600-4031.



THURMONT BUSINESS NETWORK
connecting and empowering local business

Thursday, August 1st TBN welcomes KELLY SHULTZ



MD Dept. of Commerce Secretary as the Guest Speaker
Kelly will be talking about doing business in Maryland and will be answering questions from businesses.

OLE MINK FARM RECREATION RESORT
12806 Ole Mink Rd., Thurmont
(In the "Reflection Hall" meeting and banquet facility)

The meeting will begin at 8 a.m.. Come a little early. A continental breakfast will be served.

NEXT BUSINESS NETWORK
Thursday, September 5 - 8-9 a.m.
Catocin Breeze Vineyard, 15010 Roddy Creek Rd., Thurmont

The Thurmont Business Network is open to any business owner/manager in the 21788 zip code. Clients buy from people they know, like and trust. When business owners know, like and trust each other it's easier to refer clients to additional services they want or require.
Contact ygrinder@thurmontstaff.com for more info.

 <p>FRANZIA BAREFOOT BLACK BOX Single Serving WINE Several Varieties 500 ML</p>	 <p>PURA STILL Spiked Water Assorted Flavors 6 PAK Bottles</p>	 <p>CAPE LINE SPARKLING COCKTAILS 6 PAK & 12 PAK</p>	 <p>RITAS SPRITZER VARIETY 12 PAK</p>
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 <p>CORONA REFRESCA ALL VARIETIES 12 PAK CANS</p>	 <p>Paul's Pit Stop DISCOUNT BEER, WINE & LIQUOR Website: m.paulspitstop.net 150 S. Seton Ave., Emmitsburg 301-447-6262</p> <p>Monday - Thursday 9 a.m. - 10 p.m. Friday & Saturday 9 a.m. - 11 p.m. Sunday 11 a.m. - 8 p.m.</p>		 <p>SMIRNOFF INFUSIONS Several Varieties 750 ML</p>

100 YEARS AGO THIS MONTH

August 1919

August 7

Dr. Glenn Dies At Home

Dr. James Glenn, of Fairfield, one of the most widely known and highly esteemed physicians in Adams County, died at his home on Monday. For many years Dr. Glenn, who was 53 years of age, had been in poor health but continued to practice medicine in spite of his handicap. This continued perseverance and willingness to respond to the call with his patience, won for him, the universal goodwill of persons in his community. Dr. Glenn practiced in Fairfield for 25 years.

Hamer Takes Over Zimmerman Pharmacy

A. Hamer has purchased the Zimmerman Pharmacy. The pharmacy is located on East Main St. in Emmitsburg and will be improved sometime during the year. Fixtures will be installed, a soda fountain will be run in connection with the drugstore, and a full and complete line of drugs will be carried.

May War On Tobacco

An extensive campaign has been conducted in New York to learn to what extent, and whether or not there is a movement to make war on the raising, selling and use of tobacco. It is thought that the Woman's Christian Temperance Union is quietly working against tobacco, and it was also thought that they are the same Anti-Saloon League forces that put through the temperance bill. No particular evidence has been found to make the assertion positive. Like it or not, tobacco will be fought sooner or later.

Traffic Officer Busy

The heavy hand of the law fell upon a number of persons in Thurmont last Saturday, and they were relieved of various sums of money for infractions of the state road rule. It seems that the Commissioner of Motor Vehicles suspected that something was lacking in this end of the county, and to Emmitsburg and Thurmont he sent one of his many officer men, not in a fancy uniform, but in tired and common everyday clothes, to really see if everyone was living up to the numerous laws of the road. Other officers of the road would come here but very little business was done by them. This special officer has

a special ear to detect cutouts open, and during the day four persons were arrested for operating cars with cutouts open. On Friday night John Weddle of Thurmont was caught in Emmitsburg with cutouts open by this officer and was fined \$12. Numerous other persons were arrested in Emmitsburg Friday evening on various charges.

August 14

Boozers Rally At Proposed Tobacco Restrictions

'Weaser' Shorb was the keynote speaker at a special meeting of the Former Former Boozers Association at the Hotel Slagle, which was called in response to the ludicrous proposal by self-centered women to restrict a man's access to tobacco. To the hoots and howls of the boozers, "Weaser," between coughing fits, credited his life long use of tobacco to the creation of the odor that has allowed him to avoid the pitfalls of marriage. On the more serious side, Dr. Jameson told the Boozers, "smoking was in fact good for men," pointing out that all successful men were smokers. "On the other hand," said Dr. Jameson, "it is apparent that women are incapable of benefiting from smoking." He then went on to challenge the Boozers to name just one woman they knew who smoked who was "not a washed up only nag that looked like death warmed over."

Real Farmerettes

Miss Margaret Newman of Waynesboro and Miss Beulah Weldon of New York have taken charge of a farm near Emmitsburg where they will engage in practical farming. These two farmerettes have been associated together in settlement work in New York for the past several years and have now decided to enter a new field of activity.

Little Girl Killed

On Wednesday morning of this week an accident occurred at the home of Mr. and Mrs. Moser on the state road south of Thurmont, which resulted in the instant death of their youngest child and daughter, Olie, age about three years. Mr. Moser had brought home a load of fertilizer, and found it necessary to stop the team in order to remove something in the wagon shed before pulling in the

wagon. Unconscious of the child being about he started the team and drew the load into the shed, and looking around saw two children just outside the shed, one of them already dead, the left wheel of the wagon having passed over the baby's head crushing it. The other child was so near the wheel that some flesh was rubbed from its legs.

Grabbed While Picking Berries

Brutally assaulted near the roadway some 400 to 500 yards from the home of her sister, was Miss Mary Herdorff, about 1/2 mile from Rocky Ridge, towards Emmitsburg. She was cut across the breast, her clothing cut and torn and also suffered other injuries. She became unconscious from the brutal treatment administered to her. After regaining consciousness she struggled to the home of her sister and told her what happened to her. In conjunction with a little girl, Miss Herdorff had walked from her sister's home some distance where she entered the thicket to gather some blueberries. In the meantime her small companion had gone back to the house leaving Miss Herdorff alone. Shortly thereafter she was attacked by the brute, who grabbed her by the throat and choked her. Her cries for help were not heard by her sister's home which was not far way. Her screams brought from her settlement the threat that "I'll carve your damned heart out." He then cut Miss Herdorff across the breast with a knife and she fainted and fell to the ground. Sheriff Kiupp was notified and spent the entire night making the search in hope of apprehending the man, but without success.

August 21

Spangler Hotel Bought By Mrs. Slagle

Mrs. Slagle, the well-known hotel proprietress of Emmitsburg now conducting the Slagle Hotel, has purchased the Hotel Spangler; the price being \$4,500. In addition to the hotel property, the purchase by Mrs. Slagle includes the Opera House, and grounds in the rear of the hotel. The new owner is planning extensive improvements to make the place attractive. The Spangler Hotel was formerly known as the Western Maryland Hotel and is located on the Square.

Arrested For Assault

While returning from church, Miss Goldie Haugh, of Emmitsburg, was



One of the earliest photos of the Western Maryland Hotel after it was renamed the Hotel Slagle.

assaulted by John Cramer, of Graceham. Miss Haugh, in company with several other girlfriends, was returning home on E. Main St. when an automobile containing several young men drove up alongside the curb and one of them asked the girls to take a ride. After refusing them, young Cramer jumped from the machine taking hold of Miss Haugh. While trying to free herself Miss Haugh alleges that the young man struck her in the mouth and made a number of insulting remarks. A warrant was sworn out for Cramer by John Haugh, father of the girl, and he was promptly arrested, and is currently in the Frederick lock up having failed to make the \$200 bail.

August 28

Boozers Revel At Farmerettes

Emmitsburg's new farmerettes were the source of much amusement to members of the Former Former Boozers who spent Monday afternoon watching the pair try to start a tractor on their farm. The women eventually called Dan Glass over to help. Dan immediately identified that poor quality gas was the cause. Soliciting 'hooch' from Boozers, he quickly got the tracker running nice and right, telling the women they needed to treat their tractor like a man, always ensuring it had a good steady supply of hooch. On their return to town, Dan admitted the problem really was that the women had failed to turn the starter switch on, but he could not pass up an opportunity to teach some upstart women the importance of

hooch in a man's everyday life.

School Reopens September 1

The schools of Frederick County will reopen on Monday, September 1. The teachers generally have all been assigned and the buildings are now being put into proper conditions. All the larger buildings and many of the smaller ones have been fumigated against contagious disease. The same schedule of work and grades will be pursued this year in our high school as during the past year. It therefore remains for people to make every effort to see that the enrollment is up to the highest possible number. The same excellent standard will be maintained as has marked the past years. The compulsory school law will be rigidly enforced.

Lightning Strikes Barn

Monday afternoon a heavy thunderstorm, rain and windstorm coming from the west passed over this area and did considerable damage to crops and property of various kinds. During the storm a large bank barn, with wagon shed and corncrib attached, on the farm of George Houck, near Harmony Grove, was struck by lightning and totally destroyed. More than half of this year's wheat crop, a quantity of hay, spring wagon, a four-horse wagon, carriage and a lot of farming implements were burned. The loss is estimated between \$4,000 and \$5,000. No livestock perished in the flames, the twenty head of cattle and eleven head of horses having been turned out in the pasture.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

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FROM THE DESK OF...

County Councilman Phil Dacey

August is here and the big issue that the County Council is currently wrestling with is a new planning document called 'The Livable Frederick Master Plan.' It clocks in just under 230 pages and covers everything from designating future growth areas for the county, health and safety of the community, economic development and supporting of the arts. It is a new way of planning and is really not possible to summarize entirely here.

The Council plans to vote on this document on Tuesday, September 3.

This document represents hundreds of hours of staff and volunteer time, hundreds of thousands of tax dollars for consulting expended, and several years time and effort going back before the election. So far the Council alone has introduced 50 amendments. I have not yet decided how to vote on this although as a supporter of limited government, I bring general skepticism to the expansion of a local land use planning document into areas such as health care, promotion of the arts, and a healthy dose of environmental regulation.

I really do welcome your feedback into the document. One of my main concerns is that the document represents the views of too narrow a group of citizens of Frederick County. The document as it currently stands is not accessible to enough of the community. The people who have been vocal in support of it or certain aspects of the document are generally those with a specific interest.

I will give you an example. One of the amendments to Livable Frederick sets the table for future regulation due to the assertion that we are in a 'cli-

mate change crisis.' I voted against this amendment. The word crisis is alarmist by nature. A crisis can be used to justify virtually any type of response.

But the people that advocated insertion of the phrase climate change crisis were vocal. They were organized. They were persistent over many years. We literally heard from one citizen who urged us not to approve any more gas stations in Frederick County to reduce carbon emissions; this is the kind of advocacy a 'crisis' can bring out. I simply don't believe that this position represents a majority view for citizens of Frederick County and therefore am

skeptical that the document has been reviewed and commented on by a broad enough segment of the Frederick County populace. We need to hear from more regular citizens on this document which could be used to set policy and regulation for the next generation.

Finally, it is interesting to note that a Montgomery County Councilman has recently declared economic job growth in their county a crisis. It is truly a strange world when Montgomery County is declaring a crisis in job growth and economic development and Frederick County has declared our crisis to be climate change.

County Notes

Senior Tax Credit Programs to Save Money

County Executive Jan Gardner today encouraged seniors, homeowners and renters to take advantage of available tax credit programs. She highlighted the recently expanded Frederick County Senior Tax Credit, the Maryland Homeowners' Property Tax Credit for homeowners of any age, and the Renters' Tax Credit.

"Everyone appreciates saving money," said Executive Gardner. "I want citizens to know about these opportunities to save money with tax credits. Last year, Frederick County residents saved more than \$4 million through these programs."

During her public information briefing today, Executive Gardner explained that the Frederick County Senior Tax Credit has been expanded to include homeowners who are at least 65 years old and have a household income of \$80,000 or less. If a house is owned by more than one person, only one of the homeowners must be 65.

To qualify, the house must be a principal residence and the applicant

must live there at least six months of the year. In addition, the applicant must have a net worth of less than \$300,000, not counting the value of the home or any qualified retirement savings. The eligible income level and net worth levels were raised to allow more people to benefit from this tax credit.

To apply for the Senior Tax Credit, citizens fill out the State of Maryland's Homeowners' Tax Credit application, and the state will automatically determine if they qualify for the county's tax credit. Contact the Senior Services Division at 301-600-1234 for additional information.

The Homeowners' Property Tax Credit is available to homeowners of all ages. To qualify, residents must live in their home at least six months of the year, have a combined household income of less than \$60,000 a year and have a net worth of less than \$200,000 (not including the value of the home or a qualified retirement savings). The amount of tax credit varies based on income.

The application is available online from the State Department of Assessments and Taxation's website, <http://dat.maryland.gov>, or a printed form is available from the State Assessments office, the Frederick County Treasury Department or the Senior Services Division. This year, applications are due by Sept. 3.

The Renters' Tax Credit is for those who are over age 60, people of any age with a dependent who is under age 18, or for people who are 100 percent disabled. The credit is worth up to \$1,000, depending on a person's household income. For more information on tax credits, contact the Treasury Department at 301-600-1111.

Heritage Area Authority Grants
The Hogan administration today announced 109 matching grants totaling \$5 million were awarded to Maryland nonprofits, local jurisdictions, and other heritage tourism organizations by the Maryland Heritage Areas Authority (MHAA). These grant funds support heritage tourism projects and activities that draw visitors to and expand economic development and tourism-related job creation in Maryland's 13 certified heritage areas. In FY19, the

Hogan administration doubled the funding for the MHAA grants program.

"Heritage tourism is one of the building blocks of our overall tourism strategy in Maryland," said Governor Larry Hogan. "By preserving these historic, natural, and cultural treasures, we attract visitors to our state, and ensure that these unique communities continue to grow and thrive well into the future."

Organizations receiving grant awards include museums, parks, educational organizations, and other entities that steward and celebrate the unique cultural and natural resources located within one of Maryland's heritage areas. A list of the 109 FY20 grant awards can be found at mht.maryland.gov/heritageareas.shtml.

"As chair of the MHAA, I am able to witness the commitment and dedication to the places and the people that have made our history," said Secretary of Planning Robert McCord. "As a stu-



Popular Town Commissioner Liz Buckman is hoping the citizens of Emmitsburg will return her to office so she can continue her efforts to reform Town governance.

dent of history, it is a great honor to help these areas thrive and make their stories known to broader audiences."

MHAA oversees Maryland's system of 13 locally-administered, state-certified heritage areas. Today, all Maryland counties and Baltimore City have at least part of a state-certified heritage area within their boundaries.

Heritage areas foster broad public-private partnerships to preserve and enhance the best of Maryland's historic sites and towns, unspoiled natural landscapes, and enduring traditions. These tangible links to both place and past help residents recognize their communities have a special piece of the American story to treasure and share with others and, in doing so, contribute to the economy of Maryland's communities by preserving and enhancing places that attract heritage tourists.

Every dollar of MHAA state grant funding has a return on investment of \$4.45, generates \$19.8 million in state and local taxes, and creates 3,146 jobs annually. For this round of grants in

FY20, more than \$5.9 million in funds were requested with \$5 million awarded.

MHAA is an independent unit in the Executive Branch of government administered by the Maryland Department of Planning. Since its creation in 1996, MHAA has awarded more than \$41 million in grants and helped to leverage more than \$1.6 billion in non-state funding for heritage tourism projects and activities in Maryland's 13 certified heritage areas.

**TOWN OF EMMITSBURG
ELECTION DAY
TUESDAY
October 1, 2019
22 East Main Street
7:00 a.m. – 8:00 p.m.**

The last day to register to vote with Frederick County is August 30, 2019.

Registration applications can be obtained at the Town Office located at 300A South Seton Avenue Emmitsburg, Maryland or by visiting www.elections.maryland.gov.

Candidates must file written application for candidacy and their Financial Disclosures with the Town Clerk no later than August 30 at 4:00 p.m.

All candidates will be posted on the Town bulletin board in the order they are received.

The write-in deadline is September 24, 2019 at noon.

The two commissioner seats are up for election.

For more information visit www.emmitsburgmd.gov or call the Town Office at 301-600-6300.

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GOVERNMENT—SOUTH OF THE BORDER

County Executive Jan Gardner

Frederick County is poised for the future. We have exceptional schools, a safe community, a thriving economy, and a high quality of life.

Our challenge is to protect what we love about Frederick County, seize our opportunities, and embrace new ideas and innovation. That takes planning. With the help of community partners, I have developed a strategic plan to guide the second term of my administration. This plan builds on our accomplishments of the past four years and introduces new ideas to move Frederick County forward.

My four key priorities remain the same as they were during the first term: Education, Jobs, Seniors, and Community Needs. This term, I've added a fifth priority, Growth. These five topics are the areas people talk to me about all the time.

I want to highlight a few specific initiatives within each of the five priorities. You can reach the full list of goals online at www.FrederickCountyMD.gov/CountyExecutive.

Education

We know great schools lift our students, their families, and property values, and ensures our long-term economic prosperity through a well-educated and trained workforce. The strategic plan includes several major education initiatives. First we must ensure the best teachers are in classrooms to deliver desired educational outcomes. I am proud to have fully funded the four-year phase-in of a new pay scale for school system employees. This is a huge accomplishment! But our work is not done.

We need to identify adequate funding for public education, both for the day-to-day operating budget and for school construction. These two initiatives have been and will be a hot topic at the state level for the foreseeable future. The State's Kirwan Commission is redefining education in Maryland with recommendations to increase funding in targeted areas, such as special education and students in poverty, while expanding pre-K and increasing teacher pay.

Over the four years of my first term, Frederick County increased funding

per pupil by more than \$700. Over the same four years, the State of Maryland only increased per pupil spending in Frederick County by \$129. Clearly Frederick County is doing its part, while the state is falling behind.

On the school construction side, I continue to accelerate school construction because I believe every child deserves a seat inside a school building. I have made a record investment in school construction, more than double the prior two administrations. I am committed to funding the County's share of school construction projects, and I expect that in the upcoming session there will be a "super-charged" school construction bill to increase State funding. In Frederick County, we are ready to seize this opportunity. Our shovel is ready, we have a long list of projects ready to go, and we are waiting for State funding to advance several projects.

I support innovation in public education, including the exciting changes to the Dual Enrollment program, which allows students to take college courses offered at FCC while attending their own high school. Last year nearly 1,000 students took advantage of dual enrollment, and soon students may even be able to graduate from high school while earning their associate's degree at the same time.

Jobs

We know having a job is fundamental to having a high quality of life. My vision is for Frederick County employers to provide a diversity of jobs to ensure residents have the opportunity to work where they live. To make this a reality, we will implement our Growth Opportunities Strategy. We want to define who we are and how we want to be known, so employers see that Frederick County is a great place to do business. That means we will try to attract targeted new jobs, such as in the life sciences, where we've added an economic development specialist for just that purpose.

Frederick County's agricultural heritage is an integral part of who we are as a community. So another goal is to help our farmers so that agriculture remains economically viable. In the spring, we

surveyed the industry and I hosted an Agriculture Roundtable. We are now busy doing our homework to evaluate value-added agriculture opportunities like a malt house, or cheese production. You'll hear more about this soon. We are also looking at how our Agriculture Preservation Program can be enhanced to preserve our strong ag heritage.

Seniors

By next year, there will be more people age 60 and older living in Frederick County than school-aged children. That's why we launched a new Senior Services Division a year ago. The division's goal is to engage, empower and equip our seniors to live their best life. Our initiatives are designed to improve access to health care, support aging in place with grace, and connect active seniors to jobs and meaningful volunteer opportunities. Specific programs include Meals on Wheels to provide nutritious meals, a strong caregiver support program, and home retrofits, so seniors can continue to live in the place they've called home for years. It also means being a dementia friendly community.

Community Needs

Frederick County offers a high quality of life, as well as safety and well-being for everyone who lives here. A key initiative is to sustain safe communities. One way we will do this is with the implementation of Next Generation 9-1-1. We will also continue to add public safety positions in fire/emergency medical services, police and 9-1-1. We've applied for a new federal SAFER grant to add 38 firefighter positions. And we are developing long-term plans for staffing and competitive pay.

Improving mobility/transportation options is something we heard over and over again. A key focus is finding options for rural transportation, and meeting the demand for paratransit for seniors.

Housing affordability continues to be a challenge for young families, millennials, and seniors, so providing housing options and leveraging resources for workforce housing is an important initiative. For example, we are dedicating part of our recordation tax for workforce housing, identifying land for workforce housing locations, and drafting bills to allow the building of small, affordable dwelling units with new houses so there are more options for more people.

Healthy living is another key initiative. We want clean air, water, and renewable energy options, such as the solar array we are currently constructing at the landfill that will provide power for seven county facilities. The coolest part is that this solar array will power up the chargers for our electric buses, so they are running on 100% renewable energy! No one else in our region is doing this. Frederick County is really leading the way!

A real community need is aggressively addressing opioid and substance misuse, providing hope and help, as well as prevention. By the end of this year, we will have detox services in Emmitsburg. Additional beds for detox are on their way to Frederick, as well.

Parks & Recreation add to our quality of life. We will continue to expand our parks to all areas of the county. The second phase of Utica Park will open by the end of this year. And we are looking for land in the northern part of the county for a new regional park.

Growth

All across the county, people tell me that we need to preserve what's spe-

cial in our communities as our population increases. My goal is to ensure that we preserve our rich history and valuable resources while we invest in communities and infrastructure. One initiative is to preserve the things we value and that give Frederick County its unique sense of place. I have already taken a step toward this initiative with the hiring of a preservation planner within our Division of Planning and Permitting. And I want to develop a rural historic district preservation program.

Perhaps one of the most important areas is to modify policies, regulations and laws concerning development to ensure that our community grows wisely. This includes updating our Adequate Public Facilities Ordinance, keeping our mitigation and impact fees up to date, and strengthening the Forest Resource Ordinance to ensure we stop losing forest cover.

We also need to expand broadband access. We receive lots of requests for rural broadband or internet, and it's important to our rural areas. Frederick County has received a grant to study the feasibility of expanding broadband, and we are gathering proposals from vendors right now.

There is a great deal to accomplish in the next three and a half years! Fortunately, we have a strong group of people already hard at work turning these ideas into reality. Frederick County is able to accomplish amazing things because people care and are engaged. By setting our sights on education, jobs, seniors, community needs and growth, we will ensure a high quality of life, maintain our unique sense of place, have a thriving economy and a healthy environment.

Frederick County is poised for a bright and prosperous future!

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12:00-Savage 11 500A Hunter Pkg 280 Rem	12:05	12:10-Henry H001 22LR	12:15
12:20-Remington 763 5YN Pkg 308 Win	\$500	12:25	\$750
12:40-Ruger American Vortex Pkg 308 Win	\$300	12:30-Mossberg Patriot Highlander 30-06	\$300
1:00-Browning A-Boil II 7mm Rem Mag	1:05	12:50-Wealtherby Vanguard 52 6.5 Creedmoor	\$300
1:20-H Point 995 9mm	\$300	1:10-SCCY CPK-1 FDE 55 9mm	1:15
1:40-Remington 763 Walnut 270 Win	1:45	1:30-Savage 30817 FVSS 17HMR	\$300
2:00-CZ 712 ALS G2 12ga Semi	2:05	1:50-Remington 870 Exp Turkey Camo 12ga	1:55
2:20-Thompson Center Compass 6.5 Creedmoor	\$500	2:10-Savage BMAG-22 22Mag	2:15
2:40-Ruger American Ranch 450 Bushmaster	2:45	2:30-Mossberg Patriot Highlander 30-06	2:35
3:00-Mossberg MVP Predator 556mm	3:05	2:50-Remington 700 ADL Pkg 243 Win	2:55
3:20-Stevens 320 Field Camo 12ga	\$500	3:10-Ruger 10-22 22LR	\$300
3:40-Remington 763 HB FDE 300 Blackout	3:45	3:30-Browning Buckmark Field Target Micro 22LR	\$300
4:00-Henry Goldenboy 22LR	4:05	3:50-Martin 335W 30-30	3:55
4:20-Ruger American 22Mag	\$600	4:10-H&R Pardner 20ga Walnut	4:15
4:40-Mossberg Patriot Vortex Pkg 300 Win Mag	4:25	4:30-Savage AXIS XP Pkg 25-06	\$300
5:00-Remington 700 BDL 270 Win	\$300	4:50-Ruger LCR 38 Spco	4:55
	\$800		\$700

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FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

No rain! Last year, the entertainment portion of the celebration was canceled due to rain. What a difference a year makes. We had the sun and the Carroll Valley July 4th Celebration was such a success with approximately 4,000 in attendance. The Hubcaps entertainment was outstanding. The 50s Rock & Roll music echoed throughout the Valley. Many in the crowd got the rhythm, so much so, that they got up and danced to the beat! The evening ended with a great fireworks display.

Thanks goes to the following people for the July 4th event: Amanda, Steve, and Jayden Bell, Dave, Leann, Noah, and Josh Hazlett, Erika Hetlyn, Jeni, Jim, and CJ Jarrell, Jessica, Jacoby, Makenzie Taylor, Caroline and Jesse Kraft, Charlee and Gayle Marthers, Cali and Hunter Paulus. The wealth of your efforts was enjoyed by those who attended the event.

I would also like to thank the major sponsors of the event: Liberty Mountain Resort & Conference Center, Adams Electric

Cooperative Inc., Shealer Septic Service, Park's Garbage Service, Inc. and the Borough Council for the continued support of the event. To see the pictures, go to ronspictures.net.

On June 24th, we had one of the best blood drives. The Central Pennsylvania Blood Bank saw 25 donors and collected 20 units of blood. Rick Pope, Donor Resource Consultant, said that they will be able to save 60 local lives. The next Blood Drive is scheduled for Monday, September 23rd, 4 p.m. at the Borough Office. Thank you.

On July 13th, E-Waste Recycling was held at Hamiltonban Township. Two 20-yard containers were filled. Ninety-nine vehicles visited the disposal site. The breakdown stats are Carroll Valley-32, Fairfield-13, Freedom-7, Hamiltonban-19, Highland-16 and Liberty-12. The following individuals help provide their support: Charlie Cool (Fairfield Borough), Ed Wenschhoff (Freedom Township), Keth Bauer, Mike Higgins, Peter Klaus, Danny Froto, Mike Hicken, Bryan

Krekel, Mark Walker and Mike Harbold (all from Mid-Atlantic Soaring – Liberty Township) and LuAnn Dille (Supervisor, Hamiltonban) and Nina Farretson (Secretary, Hamiltonban Township). As the Vice President of the South Central Region of the Pennsylvania State Mayors' Association (PSMA), I would like to thank Mayor Bob Stanley of Fairfield Borough for his outstanding presentation of his involvement in the recovery of the Apollo 11 spacecraft on July 24th, 1969. He was the 2019 PSMA Banquet Speaker held at the Nittany Lion Inn, State College.

Please mark your calendar for the 14th Annual Carroll Valley Borough's National Night Out (NNO) event to be held on Tuesday, August 6th from 5 to 8 p.m. (rain or shine). NNO is celebrated each year across the United States to increase awareness for safety within the community, and to educate residents on how to protect their families and familiarize them with available services. Cub Scout Pack 76 will be providing young people up to the age of 12 with a free meal consisting of a hot dog, a bag of potato chips and a drink. Adams County SPCA will provide dogs with rabies shots (\$10) and microchips (\$25). Dogs

only. Take advantage of these low-cost options and get that required rabies shot. The Western Maryland K-9 will put on a demo behind the municipal building. There will be games; fire and police display; counseling services; food for everyone to enjoy. NNO is a time to strengthen neighborhood spirit and police-community partnerships. The children should see our police officers as people who can help them in their time of need. I do hope you take the time to come and join us.

Carroll Valley Library Summer Program "Forgotten Friend Reptile Sanctuary" (animal show) is scheduled for Thursday, August 8th at 3:30 pm. Registration is not required. The Adams County Volunteer Emergency Services Association is inviting everyone to join them for the dedication of the new "Training Tower Module" on August 10th at 1 p.m.. The dedication will be held at the Adams County Emergency Services Training Center 230 Greenmyer Lane, Gettysburg. Refreshments will be provided. The next "Movies In the Commons" event is scheduled for Friday, August 16th. The movie will be "Jungle Book" (animated). Be sure to check out the information posted on the Carroll Valley Parks & Recreation Facebook page. Don't forget those lawn chairs. Hope to see you there.

August is usually the month that many of us go on vacation. But please do not overlook making sure your home is safe when you are away. There are several things you should consider doing to protect your home. According to the FBI, more than half of home burglaries happen during the day. Here are a few tips: (1) Lock your doors and windows if you leave your house; (2) Do not share the details of your vacation with everyone and especially on social media, like Facebook when you are on vacation – remember, if you are there, I know where you are not; (3) Make the house look as if someone is home by using light timers throughout the house; (4) Go to the Post Office and delay mail delivery; (5) Contract with a security company and when selecting one, check-out their references by going to www.bbb.org; and (6) Contact the Carroll Valley Police Department to be placed on their house checklist. And, by the way, have a great, safe, and relaxing vacation.

The Borough meetings for August are: Planning Commission (Aug 5th), Borough Council (Aug 13th) and the Parks and Recreation Committee (Aug 28th). If you have any questions, call me at 301-606-2021 or email me at MayorRonHarris@comcast.net. Please always lock your car whether you are at home or on the road.



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MAKING SENSE OF INVESTING

State Representative Dan Moul

Just a few days shy of the June 30 state budget deadline, the Pennsylvania General Assembly approved the 2019-20 budget and sent it to the governor to be

signed into law. The \$34 billion spending plan contains no new taxes or fees, meets our obligation to our most vulnerable citizen and provides record funding for preK-12 education.

The budget will spend \$432 million more on preK-12 education for an all-time high of \$12.8 billion. Basic education funding was increased by \$160 million, special education will get \$50 million more, and Pre-K Counts and the Educational Improvement Tax Credit program will each get an additional \$25 million. Schools in my legislative district will also receive budget increases of between 2% and 4%.

Career and technical education, the focus of the Legislature's career development and job-growth strategy, will receive \$10 million more in state funding, including \$3 million for equipment grants. The School Safety Grant program will be funded at \$60 million and public libraries will receive an additional \$5 million.

Other highlights of the new budget include additional funding for mental health services, programs for people with disabilities, payments to nursing homes and home care workers, naloxone for first responders and early intervention for infants and toddlers. It also invests

\$19.5 million in agriculture to help create the Agriculture Business and Workforce Investment initiative and provide new farmers with the assistance they need to be successful.

Many items in this budget will benefit my constituents and I voted with the majority to approve it, but I am still not satisfied with our level of state spending. I believe the General Assembly missed a golden opportunity to get ahead during a robust economy.

The optimism in this year's budget stems from a surging national economy that increased state revenues beyond projections. Sales tax collections are up 7.6%, more than \$700 million over last year. Personal Income Tax collections are up 5.2% or \$633 million and Corporate Net Income Tax collections are up nearly 22% or \$508 million.

The uptick in state revenue is good news and it is enabling us to transfer more than \$250 million into the state's Rainy Day Fund. However, instead of holding the line on state spending and focusing on paying down debt, this budget feeds the voracious appetite of state programs and institutions that continue to grow our government and hinder our efforts to bring state spending under control.

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 3 Skyline Tr., Fairfield, PA 4 BR, 3 BA, rustic rancor near ski slopes & golf course. 2.78 acres & many more amenities. \$339,900	 365 D Boy Scout Rd., New Oxford, PA 5 BR, 1 BA getaway on 1.85 acres. Elevated creek front. \$88,900	 9 Lakeview Tr., Fairfield, PA 3 BR, 2 BA, 0.46 ac., move-in condition, lovely landscaped gardens, great floor plan. \$219,900 NEW LISTING
 3 Otter Tr., Fairfield, PA Delightful chalet nestled in a very gorgeous rustic setting. 3 BR, 2.1 BA, partially wooded, 1.55 acres, up to date. NEW LISTING \$265,000	 17 Lakeview Tr., Fairfield, PA Does living in a round house appeal to you? 5 BR, 4 BA, 2 stories, full walk-out basement. Near park, creek, library, skiing & golf. NEW LISTING \$225,000	 5015 St. Simon Ct., Frederick, MD 4 BR, 3.5 BA, deck, HOA amenities include playground, community pool, club house. Finished basement, walk-out to fenced yard. NEW LISTING \$425,000
 15 Brown Tr., Fairfield, PA 0.54 ac., level lot with a few trees, low perc rate, near skiing & golf courses... \$19,000	 11518 Old Route 16, Rouzerville, PA 4 BR, 1 BA, nice older home w/lots of potential. Plenty of room to spread out. NEW LISTING \$115,000	 76 & 78 Eagles Tr., Fairfield, PA - 1 acre corner lot, perc approved, cleared, septic area marked. Perfect lot build on!..... \$35,000
 64 Meadowlark Tr., Carroll Valley, PA Lovely double lot, perc approved, near skiing and golf..... \$25,900	 Lot A Cold Springs Rd., Gettysburg, PA - 1.48 ac., perc approved, level lot, great building site..... \$69,900	 2 Hilltop Tr., Fairfield, PA - Well, perc appr., septic design done, 1.76 ac., close to Ski Liberty and golf courses..... \$88,900
 46 Snowbird Tr., Carroll Valley, PA Ready to build? 0.52 acre lot is prepared to go! Public sewer..... \$33,500	 15094 Manahan Rd., Sabillasville, MD Great location for a home site. Level open lot, beautiful views, well, perc appr. \$64,000	

GOVERNMENT—NORTH OF THE BORDER

County Commissioner Jim Martin

As Adams County Commissioner frequently receive invitations to attend various events. Many of those events expose me to very worthy causes such as the 4-H Livestock Auction, taking place on August 3, beginning at 4 p.m. at the South Mt. Fairgrounds. This auction deserves our support for recognizing the commitment of the young members of 4-H and Future Farmers of America.

These young people spend months raising livestock that they hope will be a Grand Champion or Grand Reserve Champion and that will garner a premium price for their special efforts. All livestock that is entered in the auction by the club members is sold-champion and others. You can help our young people by coming and bidding on their animals. Bidder's purchase of livestock helps defray the cost of raising the animal and also generates funds to support 4-H.

The high bidder does not have to take ownership of the animal, but rather he can choose to do a "buy back". This option allows the livestock broker to purchase the animal at his market price. By doing the "buy back" the high bid-

der will then pay the difference between the bid price and the broker market price. This difference then becomes a donation in the bidder's name to 4-H.

The auction begins with some items other than livestock (come see what they are). It is generally a most interesting opening to the auction. If you are able, at least come to the beginning of the auction, you may become hooked on staying longer. One year I ended up with some unanticipated purchases, but it did not matter to me because it was helping the youth of Adams County.

Speaking of the participating youth, some belong to Future Farmers of America. They have a motto; "Learning to Do, Doing to Learn, Earning to Live, Living to Serve". That is a powerful model to live by. If I may, I would like to add to that, "Serving to Support". The support that we provide to our youth; whether it be volunteering, financial giving, or both, could be the turning point in their lives. That being said, I would like to thank those that volunteer their time and provide financial support to our various youth programs.

Speaking of turning points, numerous individuals in Adams County have not achieved a turning point in their lives, but need one for a better life. I am referring to those dealing with addictions and anxieties. Help is available without using drug maintenance programs. This help is available through a program known as Reformers Unanimous, often referred to as RU. I mention this because the county's recovery house will not be in operation for months and someone is likely searching for help now.

Those that complete the program have had over 80% success, no relapse. The program includes a very strong element that teaches individual accountability. In personal conversations with Secretary of Corrections, John Wetzel, he stressed that individual accountability is at the core of success.

The RU Program is offered locally through Pastor Robert Gray. The program meets every Friday evening, 7:00 pm at the Lighthouse Baptist Church, 80 Apple Avenue, Gettysburg. The program has trained leaders that work closely with those in the program. RU has been a viable program for years. In

conversation with Pastor Gray, he is sold on the program, having witnessed the success. The program cost is minimal and so minimal that it should not stop anyone from joining the program. I have personally examined the program and it is evident that it contains years of wisdom and experience in its development. The program and the leader can be contact by calling the Lighthouse Baptist Church, Gettysburg or going to lighthousebaptistgettysburg.org.

By the time this article is in your hands I will be preparing to attend the County Commissioners Association of Pennsylvania (CCAP) Annual Conference. To expand my involvement in CCAP I have become a member of the Resolutions Committee. This committee solicits resolutions that can be presented to our legislators to begin the process to create or amend legislation.

The ultimate goal of the committee is to facilitate the passage of new legislation that will help counties deliver more effective and efficient governance. A prime example of successful resolution action was the development of the funding legislation to support county 911 emergency communication systems.

At our last CCAP Resolutions Committee meeting in June, we reviewed numerous resolutions and made appropriate deletions or additions. Before we can engage in this review, it requires hours of studying proposed resolutions ahead of the meeting. All resolutions' final language to be presented at the Annual CCAP Conference must have received a majority vote of the committee at our June meeting. This necessitated some lengthy deliberations and debates before committee passage could be achieved. This exercise gives me greater appreciation for policy experts and becomes a great learning tool to expand my background and knowledge.

If re-elected this fall, CCAP insurance pool has already started to solicit me to chair their finance committee. This gives me another opportunity to expand my experiences to better serve the residents of Adams County and other counties across the state. I believe giving of myself to participate in various committees' work adds value to who I am as your commissioner. This vision then allows me to be more than a one dimensional commissioner, but to be a commissioner raising the bar of leadership with each term in office.

County Commisioner Randy Phiel

Adams County residents going to the county Finance or Controllers offices should now go to the first floor of the historic courthouse previously occupied by the District Attorney. Both departments had been located on the "new" 40-year-old courthouse second floor. The Adams County Building & Maintenance staff is to be commended for their work freshening up the work space by moving walls, painting, and installing carpeting and ceiling tiles. This kept costs down with only HVAC contracted out. Randy said that Building & Maintenance will now turn their attention to the second floor as their work load permits where the county solicitor office will re-locate. When that is completed the Public Defender will be moving to the historic courthouse to allow expansion of the Sheriff's Office.

In significant news from Harrisburg that impacts Adams County financially, the status of voter reform legislation and paying for the new mandated voting machines has been bouncing around like one of those crazy balls. Because I am on the County Commissioners Association Board of Directors, I can tell you that organization has been lobbying hard for reasonable state reimbursement for the new machines. This process to date has been like a yoyo. At first the state was only going to reimburse counties 10%. The counties screamed bloody murder, lobbied their legislators and the Governor's office, and that went up to 50%; but with other voter reform attachments that were not agreeable to both parties.

There was much anticipation regarding the Senate Bill 48 reform package that included reimbursement, and the Governor vetoed that package because

of the attached reforms and things went back to square one. The Governor has countered announcing he intends to support taking a bond for \$90M to reimburse counties for 60% of the cost without the reform attachments; but there may be some legislative push back on that plan. Voting machines for Adams County are in the ball park of \$500,000, so 60% combined with federal reimbursement of 10%, could amount to \$350,000 reimbursement for the county - if it ever gets through the Governor and the legislative process. Regardless of the reimbursement amount, voters will see the new machines during the upcoming November 5 General Election so both poll workers and residents can become familiar with them prior to the next Presidential Election that normally has a much larger voter turnout.

We are all aware that there is an opioid epidemic in our communities resulting in a human and financial toll. The Mercy House at St Francis on High St. is currently vacant and was used as a residence for the church nuns. During the Battle of Gettysburg they provided care for wounded soldiers. There is some irony in the fact the residence will again be used to provide care to the community. The Mercy House Recovery Center, envisioned by this Board of Commissioners, in partnership with our York/Adams MHIDD joinder, is moving ahead full steam. The county team has finished up the last of the grant applications and are still waiting for some hopefully good news from additional funding sources.

Just to recap, the Mercy House will be a facilitator for substance recovery services in the county. It will be a drop in center during the day

and will also contain five apartments for men as they work through their recovery process. Over the past year we have applied for funds from eight government and philanthropic organizations. We have been awarded \$11,500 from the Adams County Bar Association, \$55,000 from the Adams County Community Foundation, and \$762,000 from Health Choices for a total of \$828,500. While we have not heard back from five organizations, we are optimistic that they are looking favorably on this project.

So far the initial support has been amazing and we look forward to more philanthropic and community investment into this project. With the last of the grants written, staff are turning their focus to the bidding process and getting the project ready for construction work. Once a contractor is approved, we will keep the community updated as the project progresses. Our hope is to have the project ready for move-in during the first quarter of 2020; but historic renovation may impact the time line. This facility will remain county owned. While providing recovery and counseling services, renovation will largely be funded by grants and the county will collect rent from the RASE Project who will run the center. Blending this service and business model is an efficient method to provide service and renovate a historic property.

Land preservation is an important issue to many Adams County residents. After six years of lobbying support throughout the agricultural community, HB 370 has finally passed! What does that mean for Adams County? Adams County's Farmland Preservation Program proposed a change to the State Farmland Preservation Program to allow

for a one-time subdivision of either an existing residential structure or the construction of an additional residence for the landowner, immediate family member or employees.

The motivation for such a bill came from the necessity to allow the next generation to continue to work on the farm, but own their residence outright and not under the property ownership of the farm.

The Bill also gives permission to the agricultural conservation easement landowner to relinquish and extinguish the right of construction of the additional residence if they wanted to. This current Bill was introduced by Representative Klunk in 2017 and co-sponsored by local Representative Dan Moul. A shout out to our conservation staff for their support and facilitation of this bill.

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COMMENTARY

Words From Winterbilt

Our similarities and our government

Shannon Bohrer

While we have differences between the members of our two major political parties, we also have a lot in common. I believe our similarities are sometimes greater than our differences, but we don't see them, possibly because we aren't looking in that direction. Maybe if we looked we might be surprised with what we find. We can start with the American dream, which holds that each successive generation will be better off than the previous generation.

I believe it's in our DNA to think that we should always be improving. In our Declaration of Independence it says "We hold these truths to be self-evident, that all men [all people] are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness..." That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed." The majority of people in both parties would agree with these lofty words, at least the direction they imply.

While we can agree on most of the words in our Declaration of Independence, there are people that have a problem with the part that says, "Governments are instituted among Men, deriving their just powers from the consent of the governed." Some people just don't like the government.

According to the Pew Research Center, in 1958 around seventy five percent of us trusted our government. The trust declined in the 1960's with

the Vietnam War and then again in the 1970's with Watergate. Every time the economy grew, confidence also grew and each time the economy faltered, so did our confidence. After 911, the confidence in our government experienced a 30-year high, but just temporarily. Trust in our government since 2007 has not exceeded 30 percent. A peculiarity with the polling is that the party in office has more faith in government - when they are in office. So is the faith with the party, or with the government?

The "consent of the governed" means we give the government the power to represent us. That is a sticking point for many. While Americans say they love their country, they are rarely complementary about their government. In some ways I find this position somewhat contradictory. It would be like me saying I love my marriage, but I don't trust my wife. It is understandable that there are times when we are not happy with our government, but it is our government - as we have determined it.

"Let us never forget that government is ourselves and not an alien power over us. The ultimate rulers of our democracy are not a President and senators and congressmen and government officials, but the voters of this country."

-Franklin D. Roosevelt.

The premise that we don't trust our government, can sometimes conflict with reality. In September of 2009 at a political event in South Carolina a person said, "Keep your government hands off my Medicare." The problem for

this person was, and maybe still is, that Medicare is a government program. So, in essence if the person likes their Medicare - they like a government program. Obviously there are people that cannot admit that they like something that the government does. Sometimes it can be very difficult for some people to say anything good about our government, even when they benefit from a government program.

"I got a letter the other day from a woman. She said, I don't want government-run health care. I don't want socialized medicine. And don't touch my Medicare."

-President Obama's addressing a town hall meeting in July 28, 2009.

While many don't trust our government, we trust ourselves. We, in both parties, believe that we are independent and responsible for our own success. People need to be charge of their own lives; they need to make their own choices and should be responsible for their own success. Often coupled with this belief is the idea that government interferes too much, and hinders our ability to be independent.

While many have the belief that being independent and responsible is ideal without government interference, there is a contrary belief that government interference is not always bad. Is government interference or assistance required when we don't have a level playing field? Remember the part that says "We hold these truths to be self-evident, that all men [all people] are created equal..." While very idealistic, the reality is that after being created, the equality often dis-



appears. Those that are born into wealth and privilege are more likely to succeed, than those born into poverty. We may be equal in the eyes of the creator at birth, but that equality can change the moment after birth.

The ability to experience "Life, Liberty and the pursuit of Happiness..." can be dependent upon equal opportunity and equal opportunity does not always exist. We hear individuals from both parties stating that every child should have the opportunities to grow and flourish, but is the opportunity available for everyone? We hear that we are supposed to pull ourselves up by our bootstraps, but what happens when someone has no boot straps, or they have no boots?

While we agree on much, we sometimes disagree on what constitutes equal opportunity. Does anyone really believe that the children in Flint Michigan are on equal footing with children from other cities? How many other Flint Michigan cities exist and what is being done to correct the problem?

While some believe that the less the government does, the freer we are to "Be all that we can be", how does that fit with the idea of equal opportunity?

If the government is to ensure that each of us is entitled to "Life, Liberty and the pursuit of Happiness...", how does the government ensure a level playing field? Maybe the question should be - can a government ensure a level playing field? What the government should do, or could do, to ensure equality might describe a major political difference between the two parties.

Since we are a nation that values individualism, we should also expect disagreements, maybe we should value them. The problems we have can divide our political systems, but they also have the ability to unite us. If we examine problems from the perspective of resolving them - starting with what we both believe, we might move in a better direction.

"What makes us Americans is our shared commitment to an ideal - that all of us are created equal, and all of us have the chance to make of our lives what we will."

-Barack Obama

To read past editions of Words From Winterbilt, visit the Author's section of Emmitsburg.net.

Common Cents

Billionaires and American politics

Lawrence Wittner

Is the United States becoming a plutocracy?

With the manifestly unqualified but immensely rich Donald Trump serving as the nation's first billionaire president, it's not hard to draw that conclusion. And there are numerous other signs, as well, that great wealth has become a central factor in American politics.

Although big money has always played an important role in U.S. political campaigns, its influence has been growing over the past decade. According to the Center for Responsive Politics, by 2014 the share of political donations by the wealthiest 0.01 percent of Americans had increased to 29 percent (from 21 percent four years before), while the top 100 individual donors accounted for 39 percent of the nation's super PAC contributions.

With the 2016 presidential primaries looming, would-be Republican nominees flocked to Las Vegas to court billionaire casino magnate Sheldon Adelson and his wife, who had donated well over \$100 million to Republican groups during the 2012 election cycle. Although even Adelson's money couldn't save them from succumbing to vicious attacks by Trump, Adelson quickly forged a close alliance with

the billionaire president. In 2018, he became the top political moneyman in the nation, supplying Republicans with a record \$113 million.

In fact, with Adelson and other billionaires bringing U.S. campaign spending to \$5.2 billion in that year's midterm elections, the big-ticket players grew increasingly dominant in American politics. "We like to think of our democracy as being one person, one vote," noted a top official at the Brennan Center for Justice. "But just being rich and being able to write million-dollar checks gets you influence over elected officials that's far greater than the average person."

This influence has been facilitated, in recent years, by the rise of enormous fortunes. According to Forbes a publication that pays adoring attention to people of great wealth by March 2019 the United States had a record 607 billionaires, including 14 of the 20 wealthiest people in the world. In the fall of 2017, the Institute for Policy Studies estimated that the three richest among them (Jeff Bezos, Bill Gates, and Warren Buffett) possessed more wealth (\$248.5 billion) than half the American population combined.

After this dramatic example of economic inequality surfaced in June 2019, during the second Democratic

debate, the fact-checkers at the New York Times reported that the wealth gap "has likely increased." That certainly appears to be the case. According to Forbes, these three individuals now possess \$350.5 billion in wealth a \$102 billion (41 percent) increase in less than two years.

The same pattern characterizes the wealth of families. As Chuck Collins of the Institute for Policy Studies recently revealed, Charles and David Koch of Koch Industries (their fossil fuel empire), the Mars candy family, and the Waltons of Walmart now possess a combined fortune of \$348.7 billion an increase in their wealth, since 1982, of nearly 6,000 percent. During the same period, the median household wealth in the United States declined by 3 percent.

Not surprisingly, when billionaires have deployed their vast new wealth in American politics, it has usually been to serve their own interests.

Many, indeed, have been nakedly self-interested, sparing no expense to transform the Republican Party into a consistent servant of the wealthy and to turn the nation sharply rightward. The Koch brothers and their affluent network poured hundreds of millions (and perhaps billions) of dollars into organizations and election campaigns promoting tax cuts for the rich, deregulation of corporations, climate change denial, the scrapping of Medicare and Social Security, and the undercutting of

labor unions, while assailing proposals for accessible healthcare and other social services. And they have had substantial success.

Similarly, billionaire hedge fund manager Robert Mercer and his daughter, Rebekah, spent \$49 million on rightwing political ventures in 2016, including funding Steve Bannon, Breitbart News, and Cambridge Analytica (the data firm that improperly harvested data on Facebook users to help Trump's campaign). After Trump's victory, Robert stayed carefully out of sight, sailing the world on his luxurious, high-tech super yacht or hidden on his Long Island estate. But Rebekah worked on the Trump transition team and formed an outside group, Making America Great, to mobilize public support for the new president's policies.

The story of the Walton family, the nation's wealthiest, is more complex. For years, while it fiercely opposed union organizing drives and wage raises for its poorly-paid workers, it routinely channeled most of its millions of dollars in campaign contributions to Republicans. In the 2016 elections, it took a more balanced approach, but that might have occurred because Hillary Clinton, a former Walmart director and defender of that company's monopolistic and labor practices, was the Democratic standard-bearer.

Although some billionaires do contribute to Democrats, they gravitate toward the "moderate" types rather

than toward those with a more progressive agenda. In January 2019, an article in Politico reported that a panic had broken out on Wall Street over the possibility that the 2020 Democratic presidential nominee might go to someone on the party's leftwing. "It can't be Warren and it can't be Sanders," insisted the CEO of a giant bank. More recently, billionaire hedge fund manager Leon Cooperman made the same point, publicly assailing the two Democrats for their calls to raise taxes on the wealthy. "Taxes are high enough," he declared. "We have the best economy in the world. Capitalism works."

The political preferences of the super-wealthy were also apparent in early 2019, when Howard Schultz, the multibillionaire former CEO of Starbucks, declared that, if the Democrats nominated a progressive candidate, he would consider a third party race. After Schultz denounced Warren's tax plan as "ridiculous," Warren responded that "what's 'ridiculous' is billionaires who think they can buy the presidency to keep the system rigged for themselves."

Can they buy it? The 2020 election might give us an answer to that question.

Dr. Lawrence Wittner, syndicated by PeaceVoice, is Professor of History emeritus at SUNY/Albany.

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The American Mind

Killing America one city at a time

William Hillman

If you want to get a sense of what a lawless society looks like, go no further than Philadelphia or Baltimore. Two years ago, the city of Philadelphia elected a progressive district attorney, Larry Krasner. Progressives celebrated his victory as a path to judicial reform in Philadelphia. The city has suffered every day since he took office. And his disease is spreading to other cities.

Krasner was a defense attorney known for suing the police. He would regularly attack police on local news and in the media. Krasner became DA in a seven-way race receiving 58,000 votes in a city with a population of 1.5 million.

During his first week, Krasner fired most of the Assistant DA's, replacing them with like-minded lawyers who passed the progressive litmus test. In the first months as DA, Krasner stopped prosecution of drug possession (including intent to sell) and prostitution. He stopped bail for low-level offenders, reduced supervision for parolees, and sought more lenient sentences for certain crimes. He would direct the Assistant DA's to not prosecute illegal gun possessions and sales. Theft under \$250 would no longer be prosecuted.

The Philadelphia Inquirer compared 310 gun cases resolved in late 2017 — before Krasner arrived — to 350 cases closed in late 2018. Krasner's office secured

a lower percentage of guilty verdicts and saw more cases tossed than the year before. The drastic drop in convictions was due mostly to more cases withdrawn by prosecutors.

Then he went to war with the cops. He publicly accused the police of being racists and corrupt, and compiled lists of police officers whose arrests his office would not prosecute. (There are corrupt police who should be removed and prosecuted but painting the entire police department with broad strokes is unfair and destructive.)

Krasner's war on police went full scale when his office chose not to pursue the death penalty in the 2015 shooting death of Philadelphia Police Sgt. Robert Wilson III.

"Wilson, an eight-year veteran of the force, was killed on March 5, 2015 when he entered a GameStop store in North Philadelphia to buy a gift for his son's tenth birthday. The father of two was slain while protecting the store manager and other customers when the gunmen opened fire during an attempted robbery. The 30-year-old officer was shot multiple times, including fatal wounds to the head and back."

—Philly Inquire, June 25th 2018.

Today the police are afraid to take action for fear of being

a target of the DA. The city is on the verge of lawlessness. At night, gangs roam the street looting stores. The homicide rate is at the highest it's been for over a decade. Every metric of crime has skyrocketed. Drug camps dot the city. Heroin addicts get their fix in front of schools, leaving their government-supplied needles in the schoolyard for children to find.

Within this void of law is a growing vigilante mentality. On July 12th an attempted car jacker was beaten to death by neighbors who, in the lack of police protection, are taking law enforcement into the own hands.

The "Black Guns Matter" movement, which started in Philadelphia, continues to grow as citizens in the most affected communities arm and train themselves.

I talked to a single mother, Dafney Jenkins, who lives in one of the most affected areas of the city where crime has spiked in the last two years. "I'm taking classes and getting a gun. The city has no interest in protecting us anymore, we have to do it ourselves. What they don't get is when they release these criminals, it's our neighborhoods that suffer. All the rich white liberals who are doing this live in fancy apartments with their own armed guards. They sit in their exclusive clubs, drink expensive wine congratulating each other on how progressive and morally virtuous they all are. But it's our kids who are dying. It's our homes being robbed. It's our future they are destroying. There were problems with the police and there were

some bad ones. Bill Clinton's 'three strikes you're out rule' destroyed our community. Something had to change. But the solution cannot be giving the criminals free range of the city. This is not helping us. We in the black community are once again the victims of Progressive social experiments."

The Progressive poison is not limited to Philadelphia. Baltimore, Dallas, Boston, to name a few now have progressive DA's

Dallas District Attorney, John Creuzot, who ran on a platform of ending mass incarceration (i.e. stopping police from arresting minority criminals) has now introduced sweeping reforms to stop police in Dallas County from prosecuting theft of personal items worth less than \$750, similar to Baltimore's policy.

In the Boston Globe last month, Cape and Islands District Attorney Michael O'Keefe, wrote how the Suffolk County DA, Rachael Rollins' new policies introduced by her and other reform DA's are responsible for new threats to public safety.

In his op-ed, O'Keefe wrote, "the idea that we should exempt groups of people from having to obey the law is an insult to them and a destructive form of pandering, because it suggests that these people are lesser beings than those we expect to obey the law."

Rollins was elected Suffolk County's Chief Prosecutor seven months ago after presenting a vision that balanced crime control with reducing rates of incarceration, which disproportionately impact young men of color.

She developed a list of 15 low-level crimes that the DA's office would review on a case-by-case basis and would — generally — be reluctant to prosecute. The roster includes trespassing, shoplifting, larceny under \$250, receiving stolen property, and drug possession with intent to distribute. Rollins said in a TV interview in January that her philosophy was that jail should be a last resort.

"Make no mistake about it: We're ground zero in a revolution, an epochal moment that asks—without necessarily answering—big questions: What is crime? What is punishment? What makes up our social contract? Throughout the country, funded by billionaire George Soros, a new breed of District Attorney has been taking the reins of power; when former public defender Mark Gonzalez, who has the words "Not Guilty" tattooed across his chest, was elected District Attorney in 2016 in Nueces County, Texas, it was a harbinger of sweeping change. The lines in our adversarial justice system were blurring. You could see it in our D.A. race last year, when ultimate victor Larry Krasner swung the debate leftward and suddenly those running to be our chief law enforcement officer sounded like they were seeking to become our Public Defender In Chief."

— Larry Platt.

To read past editions of *The American Mind*, visit the Authors section of Emmitsburg.net.

Down Under

The trust factor

Submitted by Lindsay Melbourne, Australia!

Trust is the glue of life. It is the most essential ingredient in communication. It's the foundational principle that holds all relationships.

—Stephen R. Covey

"Do you trust Donald Trump?" This is a question a reporter asked a Trump supporter, a well educated, high profile one who should have been able to give a considered answer. "Have a think about it before you answer," he continued.

The supporter considered, looked thoughtful, nodded his head a few times then walked away without answering.

The reporter took a deep breath and sadly shook his head. It had been the sixth supporter today to respond the same way. How could they vote for someone they didn't trust? He knew the stock answers — the economy is growing, he's taken it to the Chinese, the Iranians, North Korea — he'd actually gone there to show Kim Jon Un the error of his ways — and he was making the country great again. He said he was the greatest president in history and

they had to believe him. He said it with such conviction.

The reporter knew they ignored the Russian link, the depredations of the environment, the total amorality, the dying middle class. They couldn't be bothered to hear what his opponents were saying, they were too proud of their own set of beliefs. All their friends shared them. Talk of impeachment was nothing more than the Democrats running scared. They refused to be concerned with the churn of staff, the lack of respect to anyone who ventured to say something he didn't like, (or had the smell of non-Trump about them). Indeed the lack of manners to everyone at home and abroad was understandable — how could he run the country if he was soft and gracious to them? That's not what they wanted or expected.

And the reporter thought he knew why: They'd forgotten how to think, to analyse, to put logic in the place of tweet. They accepted that truth was variable, that electronic news was much better than print, and big business cared about their product and services. The strange feeling of an angst that seemed to intruded into their dreams was caused by overeating, nothing more. Why worry — they'd get through like they always had.

Having studied sociology the reporter knew that what they had given up in order to wear their rose-coloured specs was their fundamental decency— do unto others as you would be done by, help those worse off than you, respect your neighbor. They'd become part of the selfish culture, the me first you second, the greed is good mantra that they'd been brought up with. They weren't bad people, and Trump wasn't either.

He wondered if America would survive the bread and circuses society that pervaded the land, knowing that Aldous Huxley had been right. The future would be undone by diversions, that his Brave New World would be filled with cowering sycophants who existed in an artificial world of self-absorption. It was a scene that filled him with dismay. Death by a thousand cuts. The frog looked like being cooked as the water got too hot.

He hoped that the responsible media would be brave enough to be a sufficiently powerful voice to push back the black tide, that educators would join the revolution and help cut the bonds of ignorance. Above all, he hoped a leader would emerge that was proof to the fire-storm that would fall on anyone brave enough to shout the truth. Someone who could unite the voices of reality and reason, a figure on the hill with a flaming sword.

He doubted it.

Without trust we would never have progressed from being part of a pack where it is instinctive and essential for survival. Early groups had little else to use; cooperation meant being able to depend on your neighbor. It enabled them to unite and develop their culture, arts and stories.

But when someone took over, ruling and becoming king, priest or president, it became possible to choose whether we aided others or not, when we could put ourselves above the rest, it also became possible for us to not give such help when it was needed and to prevent others doing so too.

Trust, therefore, is one of the most fundamental requirements of a successful society; we cannot actually live without it; no family can last, no children survive without it and no country progress beyond having warring factions.

Today, when there are so many competing forces, so many alternative needs, so many people asking us to trust, bewilderment is the norm. We were brought up to believe we could trust doctors, we could trust priests, and we could trust politicians more than lawyers. Today that is so often untrue; self interest and self-indulgence has taken precedence over honesty and ethics, emperors and megalomaniacs have inserted themselves into govern-

ment and become our masters

Sure, we can go to a different doctor, we can avoid priests, but unless we migrate was cannot avoid our politicians. They are everywhere because we have been glad to elect them into our system of government, which we label democracy, but which it isn't: Capitalism is not government by elected representatives, it is government run by capitalists.

And, except for making profits, capitalism is the death of trust. "Trust me" is the jingoistic nonsense they spout, and we take it with shrugged shoulders because we know it's a lie. When the president adopts it we accept it (well, some do) because he's honorable because he is the president. Heard that before?

In a land where everything is paid for, everything is reduced to a commodity. Yes, we buy and sell goods and services, but it is impossible to put a price on morality. Decency, honor and trust are not things. They are values. They form the basis of a wholesome society, one that is there for the well-being and protection of the majority. One where the government and the president can be trusted to deal with citizens and foreigners fairly.

So how come so many trust Trump?

To read past editions of *Down Under*, visit the Authors section of Emmitsburg.net.

THE PASTOR'S DESK

Do pets go to heaven?

Pastor Wade Martin

This question is one that I think many a pet owner has asked, if not aloud, quietly to themselves. I know some of you have asked this question of me in recent months.

Well sooner or later, for pet owners, any discussion of pet loss comes around to this question.

Christians tend to find this question particularly difficult, because we want to base “answers” to any spiritual question on the authority of the Bible. Consequently, most discussions of this question turn into scripture-slinging contests, addressing the issue of whether animals have “souls,” can they be “redeemed,” so on and so forth.

But the problem is scripture doesn't offer a definitive answer to this question. And there's a reason for this; it's not simply God's perverse decision to leave thousands of pet owners in the dark. Perhaps the reason the Bible is silent on this issue is because the Bible is about human redemption; it's a book about the choices humans must make.

And if pets do go to heaven it isn't due to anything you or I do to “get” them there—so perhaps it's no surprise that the Bible contains no specific answers for us on the matter.

So what I hope to offer you is not a “hard answer” to the question because quite frankly I can't, but I do hope to provide a framework within which you can choose your own answer, based on your ability to reason and your understanding of God's love.

The Christian concept of heaven

is linked with the concepts of salvation, redemption, and resurrection. Christians don't believe that “going to heaven” happens automatically; it's the result of conscious faith decisions made during one's life.

However, another way to look at this question is to recall why the Bible states that redemption is “necessary” for humans. In scriptural terms, humans are “fallen” beings. Humans have free will, and therefore the ability to choose between good and evil. Humans can choose salvation and heaven, or choose to reject both.

Animals, however, have never “fallen” — and if one has not fallen, it's not at all clear that the step of “redemption” is necessary. Animals can't “choose” between good and evil; when animals behave badly in our homes, it is generally because of a conflict between their God-given natures and our human requirements. Animals have no need to be saved because they aren't considered “sinners.”

This doesn't mean that we can necessarily assume that because animals have no “sin,” they're automatically received into heaven. What it does mean is that the whole issue of “redemption” simply doesn't apply.

Another common argument against the notion that pets go to heaven is that “animals don't have souls.” Again, the Bible isn't exactly clear on this, so the question is not answerable on a strictly scriptural basis.

Lets consider heaven for a moment. What do you believe heaven is like? If you ask this ques-

tion of most people, you're likely to get a description of a glorious garden, filled with beautiful trees and radiant flowers, with sparkling waters and soft breezes. Very few people imagine heaven as some sort of giant, sterile concrete parking lot, devoid of life.

We base our image of heaven on the beauties of the creation we live in now. And just as I can't imagine a heaven without plants, neither can I imagine one without animals. Whether or not animals have souls, I'm convinced there are animals in heaven. After all, God created all the creatures of the earth on the fifth and sixth days of creation, right before the creation of humanity.

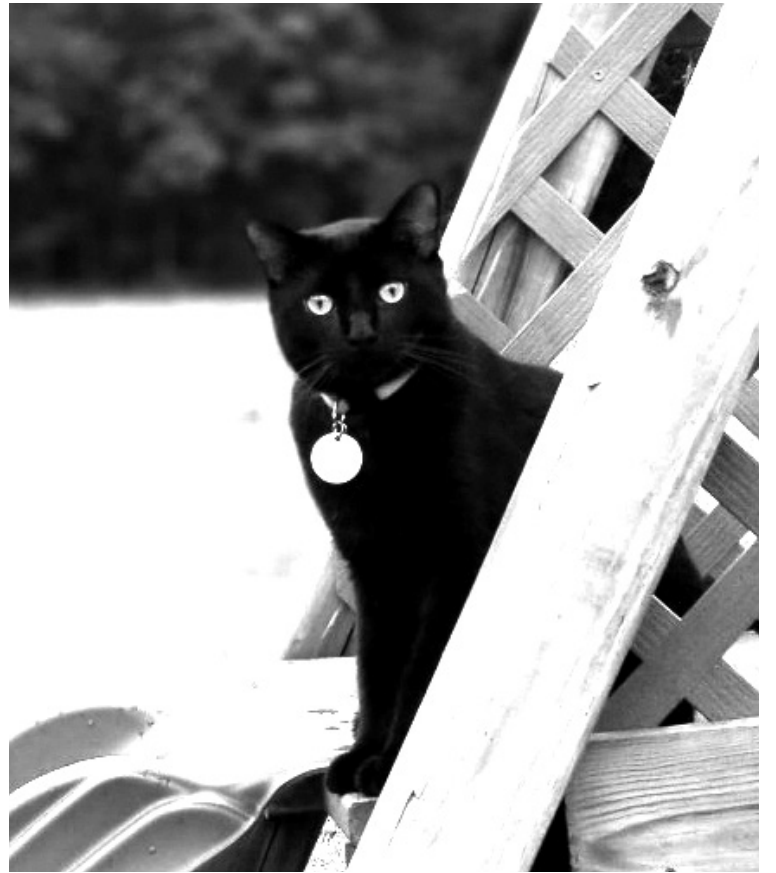
You know God has a purpose for every part of his creation and I believe God uses pets to help humans learn about God's love and faithfulness. When I enter my house after being gone all day, the one thing I can count on is being greeted by my dog Molly with her slobbery tongue of love.

From our pets, we also learn mercy, compassion, patience, and understanding — and we also learn what it means to receive unconditional love. If pets are a means by which we are taught about love, must we assume that once we have learned the lesson, we're then forced to lose that love forever?

Are we to assume that God, the author of love, has so little compassion for us that He first gives us pets to love and pets to love us only later to say, “Oh well, I know that you really loved that little dog or precious cat I sent your way, but rules are rules so you won't see them again”? I don't believe that. God is a God of love and he wouldn't give us love one day, only to take it away permanently on another.

Now while I may wonder about whether I'll be reunited with my pets in heaven, I am certain of one thing: My pets aren't wondering the same thing. Theology is only of interest to those who wonder about choices.

Our pets live in the now, not in the next week; they deal with what is, not what might be, or could be, or should be. Pets don't ask, “What comes next?” This is a human question, based on human grief.



Chester 2016 - 2018

Chester was a sweet cat who was loved by all, and who loved all. He will be greatly missed by all he touched.

I firmly believe that God takes care of all his creation including the animals of this world.

So when I ask whether I'm going to meet my dog again, I'm asking for my sake, out of my grief — not because I feel I have to worry that God will forget to look after my dog if I don't remind Him. I ask, because I want to know if my loss is eternal or temporary.

Would heaven be a wonderful place — would it truly be “paradise” — if our pets weren't there? For many, the answer is “no” — and obviously, God knows this! Placing restrictions on what can or can't be in heaven is a fruitless exercise, no one has brought back a report of what's in heaven, and sooner or later we're all going to find out anyway. In the mean time, on the issue of whether pets go to heaven or not, we are free to believe what we choose, based on our understanding of God and God's love.

Now, there are some who feel that it's important to be “right” about everything all the time, especially everything spiritual — that there's no room for spiritual “error” if you will.

These are the folks, I suspect, who argue most loudly and angrily against the concept of pets in heaven. And there are certainly many issues on which, for a Christian, there is no “wobble room” for debate.

But I believe where the answer absolutely matters, where the answer has eternal significance for us, the answer is given. If the answer is not given, then it's quite possible the answer doesn't really matter at this point in our lives — there's no penalty for being “wrong.”

If we believe that pets go to heaven, and this turns out to be incorrect, there's no penalty. Such a belief will not doom anyone to hell; it's not a salvation issue. Nor are we at risk of leading someone else “astray” if we allow him or her to hold onto such a belief.

If, for example, you're concerned about allowing a child to believe something you think is an “error,” ask yourself whether having such

a belief is more damaging to that child's faith than believing that God doesn't share or respect that child's genuine love for his or her pet, or care about his or her grief.

So what if we choose to believe that our pets are in heaven and then, when we get there, we find out we're wrong? While this may be painful to imagine, it's equally hard to imagine being disappointed in any way shape or form when we do get to heaven — whether we find our pets there or not.

As Paul writes in 1 Corinthians 13:12: “Now we see but a poor reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know full, even as I am fully known.” This text means what we don't know now, we will know in the future; and what we don't understand now, we will understand in the future. And in the end we will not be disappointed.

So what's the bottom line? Do pets go to heaven or not?

Well every argument I've offered in favor of pets going to heaven could easily be used to argue the opposite view. So the key is not to seek a “definitive answer,” because there is none. The key is this: On this particular issue, where the Bible is silent, we have the right to choose the answer that seems true to us — that comforts and consoles us — that's based on our best efforts to reason and understand God and God's love for all creation. In the future when we enter heavens gates, God will reveal all truth.

As for me, I believe pets do go to heaven.

Thanks be to God for our pets, and for the joy and love they bring to our lives!

Editor's Note: Wade Martin was the former Pastor at Trinity United Methodist Church. To learn more information about Trinity and the Methodist faith visit trinityumcemmitsburg.com or call 301-447-3740.

To read more Pastor's articles visit the emmitsburg.net.

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THE BOOK OF DAYS

The nature and folklore of August



August comes, the harvest-fields are nearly ripe and ready for the sickle and there are signs on every hand that summer is on the wane, and that the time is fast approaching when she will take her departure.

We catch faint glances of autumn peeping stealthily through openings where the leaves have already fallen, and among berries where summer hung out her blossoms; and sometimes hear her rustling footstep among the dry seed-vessels, which have usurped the place of her flowers. Nearly all the field-flowers are gone and many of the birds that sang in the green chambers which she hung for them with her richest arras, have left her and gone over the sea. What few singers remain are silent, and preparing for their departure.

Musing at times over her approaching end, one is touched by her beauty, and crimson up with the flowers of the heather. The blue harebell peeps out in wonder to see such a land of beauty, and seems to shake its fragile bells with delight. In waste-places, the tall golden-rod, the scarlet poppy, and the large ox-eyed daisy muster, as if for a procession, and there wave their mingled banners of gold, crimson,

and silver, as summer passes by, while the little eyebright, nestling among the grass, looks up and shews its white petals, streaked with green and gold.

But, far as summer has advanced, several of her beautiful flowers and curious plants may still be found in perfection in the water-courses. Many a rare plant flourishes beside bright meadow streams, where the overhanging trees throw cooling shadows over their grassy margins, and the burning noon of summer never penetrates. Such pleasant places are always cool, for there the grass never withers, nor are the paths ever wholly dry; and when we come upon them unaware, after having quitted the heat and glare of the brown dusty high way, it seems like travelling into another country, whose season is spring.

Further on, the purple loosestrife shews its gorgeous spikes while the water-violets appear as if growing to

leaves, looking like green resting places for this Queen of the Waters to sit upon, while dipping at pleasure her ivory sandals in the yielding silver; or, when rocked by a gentle breeze we have fancied they looked like a moving fairy-fleet on the water, with low green hulls, and white sails, slowly making for the shore.

The curious little bladder-wort is another plant that immerses immerses itself until the time for flowering arrives, when it empties all its water-cells, fills them with air, and rises to the surface. It may now be seen almost everywhere among water-plants. In a few more weeks it will disappear, eject the air, fill its little bladders once more with water, and, sinking down, ripen its seed in its watery bed, where it will lie until another summer warms and wakens it to life, when it will once more empty its water-barrels, fill them with air, and rising to the light and sunshine, again beautify the surface with its flowers.

August is a month richly flushed with the last touches of summer, toned down here and there with the faint grays of autumn, before the latter has taken up his palette of kindled colours. Still, we cannot look around, and miss so many favourite flowers, which met our eye on every side a few weeks ago, without noticing many other changes.

The sun sinks earlier in the evening; mists rise here and there and dim the clear blue of twilight; we see wider rents through the foliage of the trees and hedges, and, above all, we miss the voices of those sweet singers, whose pretty throats seemed never at rest, but from morning to night shook their speckled feathers with swellings of music. Yet how almost imperceptibly the days draw in, like the hands of a large clock, that appear motionless, yet move on with true measured footsteps to the march beaten by Time.

Even now unseen hands are tearing down the tapestry of flowers which summer had hung up to shelter her orchestra of birds in the hedges. What few flowers the woodbine again throws out—children of its old age - have none of the bloom

and beauty about them like those born in the lusty sunshine of early summer. For even she is getting gray, and the white down of thistles, dandelion, groundsel, and many other hoary seeds streak her sun-browned hair. In the sunset the fields of lavender seem all on fire, as if the purple heads of the flowers had been kindled by the golden blaze which fires the western sky.

Never does the country look more beautiful than now, if the eye can at once take in a wide range of scenery from some steep hillside. Patches of green, where the cattle are feeding on the second crop of grass, are all one emerald - looking in the distance as if April had come again, and tinted them with the softest flush of spring.

In some places, if it has been what the country-people call a forward summer, harvest has already commenced, though it is more general about the beginning of next month, which heralds in autumn. And now the fruit is ripe on the great orchard-trees, the plums are ready to drop through very mellowness, and there is a rich redness on the sunny-side of the pears, and on many of the apples!

Apple-trees so old that their arms have to be supported on crutches, as the decayed trunk would not bear the branches when they are weighed down with fruit, for some of these codlins are as big as a baby's head.

And when does a pear ever taste so sweet or plum so rich and mellow, as those which have fallen through very ripeness, and are picked up from the clean green after-math under the orchard-trees, as soon as they have fallen? few that are gathered can ever be compared with these. A hot day in August, a parching thirst, and a

dozen golden-drop plums, picked up fresh from the cool grass, is a thing to be remembered, and talked about. They must not be shaken down by the wind, but slip off the boughs through sheer ripeness, and leave the stalks behind, so rich are they then that they would even melt in the crevice of an iceberg.

high we have now reached the borders of a fruitful land, where the corn is ready for the sickle, and the wild fruits hang free for all; for though the time of summer's departure has arrived, she has left plenty behind for all, neither forgetting beast nor bird in her bounty. And now the voices of the labourers who are coming up to the great gathering, may be heard through the length and breadth of the land, for the harvest-cry has sounded.

Historical

In the old Roman calendar, August bore the name of Sextilis, as the sixth month of the series, and consisted but of twenty-nine days. Julius Caesar, in reforming the calendar of his nation, extended it to thirty days. When, not long after, Augustus conferred on it his own name, he took a day from February, and added it to August, which has consequently ever since consisted of thirty-one days. This great ruler was born in September, and it might have been expected that he would take that month under his patronage; but a number of lucky things had happened to him in August, which, moreover, stood next to the month of his illustrious predecessor, Julius; so he preferred Sextilis as the month which should be honoured by bearing his name, and August it has ever since been among all nations deriving their civilization from the Romans.

To read more of Robert Chambers' *The Book of Days*, visit Emmitsburg.net.

the roofs of their caves, the foliage clinging to the vaulted-silver, and only the dark-blue flowers shewing their heads above the water. There, too, is the bog-pimpernel, almost as pretty as its scarlet sister, which may still be found in bloom by the wayside, though its flowers are not so large. Beautiful it looks, a very flower in arms, nursed by the yielding moss, on which it leans, as if its slender stem and prettily-formed leaves were too delicate to rest on common earth so had a soft pillow provided for its exquisite flowers to repose upon.

Then we have the beautiful white water-lily, which seems to bring an old world before us, for it belongs to the same species which the Egyptians held sacred, and the Indians worshipped. To them it must have seemed strange, in the dim twilight of early years, when nature was so little understood, to see a flower disappear at night, leaving on the surface no trace of where it bloomed—to re-appear

again in all its beauty, as it still does, on the following morning.

And lovely it looks, floating double lily and shadow, with its rounded



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ECOLOGY

Fresh water jellyfish?

Alexa Rudisill
Strawberry Hill

Fresh water jellyfish have long been a topic of controversy throughout Pennsylvania and Maryland. Many have shared stories and rumors about their existence in our local ponds and lakes, but are they real? Do the stories hold any truths?

I remember the summer days I spent as a child, going to my neighbors' pond to look for the penny sized jelly fish. I would share my hunting stories at school, but no one would believe me, not even the teacher!

The answer is yes! Freshwater jellyfish, or *Craspedacusta sowerbyi*, do exist in our ponds, lakes and even some of our rivers! According to the USGS, their presence in Pennsylvania has been recorded as far back as 1957. It is thought that they were originally introduced to the United States in the late 1800's by the transportation of water hyacinth, or other aquatic vegetation, from its native region in China. Once in the country, polyps and resting bodies were probably translocated accidentally from water body to water body via water fowl, stocked fish and aquatic vegetation.

Today, they can be found in every continent, excluding Antarctica, and almost every state in the United States. Its unnatural wide-spread presence throughout the globe classifies them as an exotic invasive. An exotic invasive

is a plant or animal that isn't naturally found, or native, to a specific area, that usually causes harm to the native ecosystem and balance of the local environment. You may have heard of a few exotic invasive species who have made their way through our area or are about to, such as insects like the spotted lantern fly, emerald ash borer, the brown marmorated stink bug (the brown ones, not the green!), the gypsy moth, the hemlock woolly adelgid, the Japanese beetle and the Asian longhorn beetle. As well as plants and trees like poison hemlock, tree-of-heaven or *Ailanthus*, Japanese stilt grass, mile-a-minute, kudzu, Japanese honeysuckle, Japanese barberry, English ivy and to most people's surprise some species of *Rubus* or raspberries!

But the real question is, are fresh water jellyfish harmful to our native species like so many other exotic invasives are? This question arises because, depending on the situation, exotic species are sometimes intentionally introduced to an area for beneficial reasons. For instance, a tiny, parasitic Asian wasp has been introduced to the east coast to combat the brown marmorated stink bug. Before their release, extensive research was done to assure they wouldn't harm any of our native stink bugs, who are closely related to the invasive brown marmorated stink bug, or throw any other species off balance. Sometimes entomologists (insect scien-

tists/specialists) are lucky enough to find native insects, diseases or fungi that can combat exotic invasives, but unfortunately that isn't always the case.

The USDA recognizes that freshwater jellyfish pose no great threat to the ecosystems of the waters that they inhabit, but more research is still being conducted. In fact, they can be seen as an "indicator species," because they prefer to live in clean water, thus indicating a clean body of water. Scientists came to this conclusion for several reasons. The first being that their populations are controlled by crayfish! Crayfish are considered their only "important predator" as they feed on the hydromedusa phase. The second reasoning being that they feed on the plentiful zooplankton and copepods. In some cases, they will feed on freshly hatched striped bass or small fish eggs, but they are not considered an important predator to these small fish. They are considered "opportunistic feeders," as they will eat and digest what they can, when they can. To fully understand how they "catch" and digest their prey, it is important to comprehend their life cycle/stages and form.

According to the USDA *C. sowerbyi* can reproduce sexually and asexually. It all begins with a sexually fertilized egg released by a mature freshwater jellyfish, or "medusa." The egg goes through several stages until it settles and attaches to the ground, metamorphosing into a "polyp." It is here that asexual reproduction can



Surprisingly a fair number of people have opted out of fish tanks for Fresh Water Jellyfish tanks. Many of the more upscale bars feature jellyfish in their bar's fishtanks, although their inclusion does put a dent into the fish population over time.

occur, a male frustule larva can grow on the polyp, detach itself, settle in a new location, and metamorphose new polyps. Otherwise, new female polyps can form on the original parent polyp to form a colony. Medusas are released from the polyps, which is what we see and know as the jellyfish! The medusa continues to mature and then settles to the bottom of the body of water to release eggs. Sexual reproduction between a male and a female is uncommon.

Jellyfish are most commonly related to memories of the beach. Whether it was a fun filled day poking the gelatinous tops of the unfortunate creatures that washed up on the shore, or being stung by their stingers while swimming in the salty water. But wait! Can freshwater jellyfish sting you while swimming in your favorite local pond, lake or river? The answer is no, thank goodness! Freshwater jellyfish tentacles cannot pierce our human skin. They are only poisonous to small fish and tiny macroinvertebrates. Despite lacking many common predator-like characteristics, *C. sowerbyi* often camouflages itself by secreting a thick mucous that catches dirt and debris particles. Both the polyp and medusa stages have "stingers" or nematocysts to catch prey.

During the cold months, polyps overwinter in a special form called "podocasts." They contract into these small bundles and can remain dormant for several months. Together they produce a chitin-like coating that allows them to survive through more extreme conditions than if they were in an active form. Chitin is a polymer that makes up most of an insect's exoskeleton and is also the primary component in fungus cell walls. Once the extreme conditions pass, the podocasts then metamorphose into polyps to continue with their life cycle.

To reiterate, freshwater jellyfish, or *Craspedacusta sowerbyi*, pose no threats to humans, our ecosystem or our wildlife. If anything, they provide species diversity and serve as a food source to our local pond life! So if you don't believe me, grab your friends, family, children, grandchildren, sister, brother, husband or wife and get out to the closest body of water and go catch yourself some freshwater jellyfish! They will remain a shocking spectacle of our waters for generations to come.

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Insect Decline

Tim Iverson, Naturalist

People generally aren't very fond of creepy crawlies. Bugs usually elicit a reaction ranging from "gross!" to "kill it!" There are very few charming critters among the insect ranks - butterflies, lady bugs, and honey bees to name a few. The rest we could do without, right? Wrong. Not even close. We'd be goners without them. Which makes the global decline of insect populations all the more troublesome.

If you lumped all the insects together collectively they'd weigh more than all the fish in the ocean or the mammals on land. They outweigh all of humanity by 17 times over. Insects are the basic foundation upon which much of the food chain is built upon. Unfortunately, a few recent studies have put their numbers into a staggering downward spiral. An October 2018 paper from the National Academy of Sciences documented a 30 year decline of insects within a Puerto Rican rainforest. Over the course of the longitudinal study survey net traps had a decline of up to 8 percent, while sticky traps pegged a decline of up to 60. A similar longitudinal study conducted in Germany, and released in 2017, showed a decline of up to 75 percent.

These were two separate studies conducted to within two separate protected forest environments half a world apart. Within these national forests populations are insulated from either widespread insecticide use or habitat loss. The conclusion the authors came to is that the staggering losses within these safe spaces is a result of human driven climate change that is precipitating a global extinction event.

When you start pulling foundation stones out from under a structure the rest becomes shaky. That's a concern that bugs more than just entomologists. Most people are relatively well acquainted with the services that honey bees and similar pollinators provide. When we lose large sections of the insect biomass more than just our food supply starts to unravel, entire ecosystems suffer.

Climate change was always bound to take out some specialist plants and animals. As sea levels rise rare plants on isolated islands end up underwater. The specialist pollinators for the specialist plant have no choice but to go down with the ship. Researchers expect this, but the unexpected findings of these studies have shown that it's also generalist insects that are also suffering. Insects that are well adapted to all sorts of conditions are also suffering the same fate as their less adaptable brethren. The loss of the building blocks of the food web ripples upwards. In some cases it's even correlated to the population decline of their respective predators like reptiles and birds.

Biodiversity (the diversity of species, genetics, and ecosystems) relies on a rich multitude and variety of life. The sudden and stunning initial reports of declines among insect species in separate parts of the globe should give everyone pause. The reasons why are largely the same no matter where they occur.

The main reasons for these losses stems largely from habitat loss. Land use is central to threats against many other species, insects are no different. Climate change is an additional factor spurning more biological varieties of tougher more infectious diseases that affect insects. Finally, better and better insecticides have ripple effects throughout the entire insect community. They indiscriminately affect all insects, not just what they are intended for.

Pollinators serve a vital and irreplaceable role in our world. The word pollinator immediately conjures up images of bees, specifically honey bees. While bees are an important pollinator they don't have the market cornered. Other pollinators include bats, birds, beetles, moths, butterflies, and small mammals. Pollination is the process by which pollen from flowering plants is spread. In a recent report from the USDA it is estimated that, "Pollinators, most often honey bees, are also responsible for one in every three bites of food we take, and increase our nation's crop values each year by more than 15 billion dollars." With the sudden inexplicable loss of a significant pollinator we should be alarmed.

The honey bee has been most notably the face of these losses. They are susceptible to insecticides sprayed on crops, with the intent not to kill bees, but other insect pests. This in turn has wrought havoc on their immune system. Plagued by varroa mites they become sick. With the additional compounding factors of less wild land space and warmer drier



While bees are an important pollinator they don't have the market cornered. Other pollinators include bats, birds, beetles, moths, butterflies, and small mammals.

conditions they have seen less and less stability within their colonies.

Over the past few years neonicotinoid pesticides have been under intense scrutiny and examination as a potential factor in declining bee populations. Most research scientists agree that a host of factors are creating the perfect storm that is crippling bee populations. However, the link between this type of pesticide and the effect it has on pollinators is beginning to be understood. Pollinators are intricately interwoven into our food system and economy. Simply, their importance can't be overstated. Pollinators are directly responsible for 85% of flowering plants, 35% of global food production, add more than \$15 billion to the US economy, and provide \$26 million worth of pollination services in Maryland alone. Maryland has been a leader on this issue, having banned the use of these pesticides in 2016.

By planting native plants in homegardens homeowners can personally and directly combat the issue. Native plants require no fertilizer or pesticide. As a result, they protect both pollinators and a homeowner's budget. These plants have evolved to live right here in our local ecosystems and require little attention for survival.

They have grown accustomed to the weather and climatic patterns and have natural defenses against predators and disease. The Maryland Native Plant Society (www.mdflora.org) and the US Fish & Wildlife Service www.fws.gov/chesapeakebay/ offer resources on native plants for our region and locations where they can be found for purchase.

Potentially as many as six to ten million species of insects, comprising almost 90% of animal life, exist on earth today. We consider many as pests because they live in our homes, feed on our food, or worse - feed on us. However, many more prey on those insects, and other even larger animals feed on them. Some of them work to

feed us by spreading pollen to ensure vegetables and fruits continue to flower.

While more research into the issue is underway there are meaningful avenues we can take to mitigate losses. Native pollinators contribute billions to the economy and ecosystem and are too significant to idly let them vanish. Human intervention is likely required to tackle a human caused problem, and an all hands on deck approach is important to protect and encourage these species. By being proactive, being responsible, and being stewards we'll be okay.

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REAL SCIENCE

Unidentified flying objects

Michael Rosenthal

The observation of strange objects in the sky has always held a fascination for people, and it is always tempting to believe that the UFOs, as we call them, are visitors from other places in the universe. My wife and I had a striking UFO experience when we lived in the Hudson Valley of New York, seeing lights moving in the sky near the Hudson River that were unlike anything we had seen before or since.

In 2014 and 2015 strange objects were spotted moving against the wind, high in the skies over the east coast of the United States. Navy pilots spotted these objects on a regular basis and said that they had no visible engine or infrared exhaust plumes, and that they reached 30,000 feet in altitude and at hypersonic speeds.

These reports came from highly experienced Navy pilots in such reliable aircraft as an F/A-18 Super Hornet. In late 2014, a Super Hornet pilot had a near collision with one of these objects, and an official "mishap report" was filed. There are even videotapes of such encounters, and the objects bear no resemblance to known aircraft.

No one yet in the government is claiming these sightings are extraterrestrial in origin, but no logical explanations have been forthcoming about the nature of the objects. The Navy has gotten so interested that they have sent out classified guidance to pilots on how

to report what they call aerial phenomena, what we usually label as UFOs.

The Pentagon actually created the Advanced Aerospace Threat Identification Program, begun in 2007 and officially shut down for lack of funds in 2012, which routinely analyzed the video footage and personal reports from such encounters as these. The retired officer who ran the program calls the reported sightings "a striking series of incidents." In spite of the program's closing, the Navy recently said that it still investigates reports of UFOs.

Professional astrophysicists are skeptical of the existence of objects with an extraterrestrial origin, but logical explanations of the sightings are scarce. Earlier this year the History Channel ran a six-part series which featured interviews with key participants in the sightings and analyses of the incidents. UFO sightings continue to be reported. A Google search will reveal many specific cases extending into 2019. However, there has been no absolutely positive evidence that these sightings are caused by alien spacecraft, and thus the mystery continues to evolve.

We've written in the past about acupuncture, and the fact that medical facilities as respected as Johns Hopkins Medicine now provide it to patients. Medicare is now exploring whether to authorize payment for acupuncture treatment for chronic low back pain. Part of their interest is the hope

to discourage opioid use for such maladies. Acupuncture is continuing to gain legitimacy as a treatment for pain in the United States. It has been reported that more than 10 million treatments are being administered each year! The Department of Veterans Affairs has trained some 2400 acupuncture providers. The Mayo Clinic is a strong supporter of acupuncture, and it supports Medicare payment for it.

The controversy goes on as to whether acupuncture is scientifically effective or it simply promotes the Placebo Effect. There is no evidence yet that the points in the body linked to the so called "energy channels" that acupuncture claims to be stimulated to offer pain relief even exist. Many doctors and scientists believe acupuncture is a placebo only. Their concern is that acupuncture is a psychological treatment, not a physiological treatment.

Vaccine issues continue to fill the news. People oppose vaccines use for a variety of reasons, but there is absolutely no scientific basis for doing so. A decade-long study involving more than 650,000 children confirmed that the measles, mumps, and rubella vaccine absolutely does not increase the risk of autism. You'll recall that the start of this misbelief was a flawed 1998 study, which has been thoroughly proven to be nonsense. The new study is based in Denmark, which has a free and voluntary vaccination program. The study found that the children who received



Rumor has it that this recently unearthed photo of two aliens was taken in Emmitsburg the night Jack Deathridge was conceived - which now that we think of it, would explain a lot.

the vaccination were no more likely to develop autism than those who did not receive the vaccine.

Nine states and the District of Columbia are making commitments to increasing the use of renewable energy. A bill becoming law in Maryland without Governor Hogan's signature is one of obtaining 50% of its electricity from renewable energy sources, such as wind and solar, by 2030. Governor Hogan's mixed feelings on the bill are reflected in his statement, "This bill is not clean enough, not smart enough, nor does it create the intended jobs within Maryland." State Senator Brian Feldman, the sponsor of the bill, says it is projected that the new law will create 20,000 solar jobs and 5,000 wind jobs by 2028.

On an international level, about 80 countries want to increase their climate pledges ahead of the schedule in the Paris climate accord. Under the Paris Agreement, countries set their own targets to control their greenhouse gas emissions. The first formal deadline in the agreement to make a commitment is 2020. The Secretary-General of the United Nations, Antonio Guterres, has emphasized climate change as a major issue, and he has encouraged world leaders to tax carbon usage and to quickly phase out use of coal, the dirtiest fossil fuel in terms of atmospheric pollution. The current administration here in the United States continues to support use of coal. One of the world's countries that can really make a difference is China, whom we hope will make commitments at the September summit conference.

There is some positive climate awareness movement outside the federal government here in the United States. A group of chief executives in the business world have declared that "cli-

mate change is a major threat to the U.S. economy," aligning themselves with environmental groups to call on President Trump and Congress to develop a federal policy to combat climate change. The group calls itself the CEO Climate Dialogue, and they have endorsed a goal to cut the U.S. planet warming greenhouse-gas emissions by 80 percent or more by 2050. The United Nations actually wants to reach net-zero emissions by 2050! The participation of the mainstream business world in seeking healthier climate initiatives is a very significant factor in my mind toward making real progress in climate stabilization. The undeniable of the scientific presentations in this area has brought along much of the business community, and that is a very good trend. We can hope that these businesses will also use their lobbying power to move Congress to high-level action. Will the executive branch of the federal government be persuaded to change its views and support clean energy to combat global warming?

Thanks to my chemistry colleague from my days at Bard College, here are a few points I missed with the Noble Gases. The structure of Xenon Hexachloroplatinate is probably more complex than its title suggests. It still however is a noble gas compound. Fluoride complexes of Radon, Krypton, and Argon have been synthesized. And most recently there has been evidence of the synthesis of a compound of Helium, formed under high temperatures and pressures. These gases are not quite as noble as we originally thought!

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Everything in its place

Jack Deatherage

I don't know how many times I've read the frog (French) expression *mise en place* in cookbooks, but it's been often enough to know I act in accord with it whether it's a frog idiom or no. Admittedly, I'm no fan of the frogs, but I accept some of their idioms are useful, or at least so widely used as to make them unavoidable. The tattooers I study, or pester- depending on who's telling the story, practice *mise en place*. Work tray, ink cups, tattoo machines, water rinse cup, ink bottles, design image reference are all *en place*. Surgeons in operating rooms, factory workers of all types, masons, skilled anglers, painters, sculptors, writers- everyone seriously involved in creating seems to have *mise en place* firmly in place! Except me.

A Child of Chaos, I'm constantly at war with my various natures, though the laziest of them usually wins when a hankering for some edible stomach filler isn't pushing me into the kitchen- I mean "kitchens". I now have two kitchens to establish *mise en place* in!

The downstairs' kitchen has two 19 or 20 cu/ft refrigerators and a mid-sized (13 cu/ft) freezer and a flat top stove with a pizza oven. It also has a dishwasher, an island pantry as well as a walk-in pantry that we can only reach into. There's plenty of counter space, though none of it is accessible for all the nonfood related stuff piled haphazardly. Also often in the kitchen and the rest of the apartment are an endlessly "blooming" female Rottweiler and a neutered mixed breed, short-haired kickmutt (or tripmutt depending on whether it's me or the DW encountering the little barker) and a "climbing on everything" cat. In the adjoining room is my dust covered library- including my cook, baking, wine and mead books.

The upstairs apartment has a larger kitchen/dining area, but few cupboards and work counters. A large dining table (seats eight, comfortably) serves as a work counter as needed. There is an island pantry and some cupboard space in the washer and dryer cubby. The stove is an older coil burner and the oven door doesn't have glass in it which makes it perfect (sort of) for bread baking! Only one fridge (maybe 16 cu/ft) and no room for a stand alone freezer.

Bookshelves, just a bit shorter than me and some actually shorter than the DW, are slowly filling with books from downstairs as I clean off the dust and stumble upstairs with them. Establishing their *mise en place* will be ongoing as the DW and I struggle to find our *places* in the extra space now that we haven't a long term guest living there. All the cooking, baking and making books will grace the upstairs as will history, philosophy, geography and art books.

I had hoped to claim the kitchen for my food experiments and the dining area as a meeting place should I ever take on an actual job that requires people to visit me. (Tain't no chance I'd let anyone but kin into the downstairs with the dogs! Even most of the kin will be directed upstairs.) The DW has other plans, of course.

"I want a quiet place where I can sit and read without dogs pawing and snittling me. And now, Jack, Raiza, Luke, Simona, your brothers, sisters and their kids have a place to stay when they visit."

"Well," Says I. "I've offered the kitchen to some of the neighbor kids so they can learn to cook and bake, which a couple or three of them seem interested in doing."

Before the One-eyed DW can fire up her Balor evil-eye I add, "Their moms said they'd pay for any ingredients the kids need!" Once again a scorching is delayed. (If only I could harness that glare and use it to heat the oven for baking!)

"And wouldn't it be nice to have people around the table feasting again?" Might as well push my luck.

The DW ponders that thought. It's been years since we last had a feast.

"Yes." She nods remembering the cakes, cookies, stews, breads, roasted meats, steamed shrimps, egg noodles, gravies, salads, wines, beers and mead. Everthing made by us from scratch, if at all possible. "I miss those days."

"Imagine what we could pile on the table and counters if we have a few more cooks bringing ideas to the effort!" I pile on while the mood is in play!

The evil-eye begins to glow. "Imagine the mess they'll make and we'll have to clean up!" She growls. "Last time we held a feast we were three days preparing the foods and two weeks cleaning up the mess!"

"Ahha!" I counter. "I have a plan-"

"Oh Gods." She groans. "I'm going in the other room and read a book about dragons. Dragons are more likely than any plan of yours becoming reality!"

"Well-" I bite my tongue as she raises her chin, daring me to counter. "Of course I'll clean up after them."

Nodding *affirmatively*, she leaves the room.

I stand in the upstairs kitchen surveying my baking domain. *Mise en place* manifests differently where the dogs and cat are not allowed! This kitchen is clean! No animal hair, no downstairs dust. As I build breads, or the DW prepares her evening's salads, we clean up before moving on to the next task. Neither of us wants a repeat of the dogs' domain!

I'm establishing order as I carry flours, pans, salts, fats, rolling pins, scrapers, dough whip, wooden spoons, spatulas, measuring cups and spoons into the apartment. Yes the dining table is piled with books and the shelves are yet to be ordered. Flour and whole grain containers are placed hodgepodge about the great room (kitchen-dining area). The mill, the pasta machine, the food processor and mandoline, when they make it up the steps, will need their own resting places until needed. Whoever needs these things will determine where they end up.

If the neighbor kids (ages 9



Jack puts 2 and 2 together upon discovering the photo on the prior page of the alien visitation he had long dismissed as family folklore. Ya, it really does explain a lot.

to 16) show up, *mise en place* will have to accommodate them more'n me and the DW, though the DW is about as tall as the 9 year old. Anyhow, none of the lot is near six foot tall and I'm half a foot beyond that! Heavy books, flour buckets and machines will have to be at waist level for the shorties, but only if they will be regularly using such items. Books would also be arranged by category and likelihood of anyone actually referring them. (I doubt I need worry about where to place the Western History, Western Philosophy, Western

Literature, horticulture and botany tomes. I'll likely be snoozing under any of them while the would be cooks and bakers are about their businesses.)

I'm trying not to get overly hopeful about the possibilities the upstairs kitchen presents me with. Too many times the gods have howled at my plans, though they might well spare me this time around. Feasts, even those held on Xian holy days, are always in my gods' honor.

To read past articles by Jack Deatherage visit, the Authors section of Emmitsburg.net.

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Hydrangeas

Mary Ann Ryan
Penn State Extension, Adams County

People are driven by fashion, style and trends. Many aspects of our lives, good or bad, are directly affected by this, whether it's what kind of pets we have, what clothes we wear, what we eat, how we re-model our kitchen, or what plants we plant. In the last several years, an old time plant, the hydrangea, has re-established its place in the garden magazines. We find many species and cultivars in the nurseries and garden centers. This has driven our nurseries and garden centers to supply this trend to us.

However exciting and photogenic hydrangeas are, there is much confusion on how to care for them, or what the differences are between this genus *Hydrangea*. Each species has its own set of needs, from light requirements to pruning needs.

Unless there is a reason for pruning, hydrangeas can be left alone.

Cutting out dead wood is always a good idea, but general pruning is not typically necessary for the health of the plant. Reasons for pruning would include diseased or insect infected plants, size control, or preparation for transplanting. If pruning is necessary, pay particular attention to the species of hydrangea you are growing.

There are five common hydrangea species grown. All four shrub type species have been re-introduced into our gardens in a big way. These four shrub species are: *Hydrangea arborescens*, *Hydrangea quercifolia*, *Hydrangea paniculata*, and *Hydrangea macrophylla*. The fifth species, *Hydrangea anomala petiolaris*, is a vine.

Hydrangea arborescens, more commonly known as smooth or wild hydrangea, is one of our native shrubs. It is found as far north as New York, south to Florida, and as far west as Missouri. This plant is one of the most cold-hardy of the hydrangeas, hardy as



Hydrangea arborescens 'Invincibelle Spirit' - a pink selection of the native smooth leaf hydrangea - is just one of the many varieties of hydrangea you can plant in your garden, adding both summer and winter interest to your gardenscape.

far as zone 3. A common variety of this species is 'Annabelle', selected for its pure white flowers at maturity. It will reach about four feet in height and about five feet wide. It is a shade plant, so keep it out of full sun, as it will wilt and decline quickly. It likes it moist and loves rich, organic matter. Mine grow at the bottom of a northeastern slope, in deep topsoil with organic matter. They have been growing in their current home for about seven years and are quite happy.

Pruning hydrangeas can be tricky. *H. arborescens* develops flowers on new growth, so pruning can be done in the fall or winter of the year without affecting the flower buds. I have never pruned my *Hydrangea arborescens*, except for cutting flowers to take inside.

Oakleaf hydrangea, *Hydrangea quercifolia*, is a native shrub to the

U.S. that grows to be large, 6' - 8' tall and wide. It is found in Georgia, south to Florida, west to Alabama and is hardy to zone 5. This awesome hydrangea has white cone shaped flowers that grow on last year's growth, so pruning is typically done right after blooming as the buds develop in August-September. If pruned in the winter, it will not flower as the buds would have been cut off.

This variety likes moist, well-drained soil and semi-sun. It will do ok in full sun if it has enough moisture, but be prepared for a smaller, slower growing plant that may suffer from leaf scald in the summer if you take the full sun path. Fall color ranges from purple to red. This hydrangea has great winter interest because the bark is cinnamon in color and peeling, making it a great specimen plant for year round interest.

Some cultivars you may see in the nurseries include 'Snowflake' and a dwarf variety 'Pee Wee', which maintains a height of four feet.

Another hydrangea that bares conical shaped white flowers is *Hydrangea paniculata*, or Pee Gee hydrangea. This large growing shrub is one that can handle full sun, and can be trained into a small tree form. It blooms on new wood, so they can be pruned in the winter. This hydrangea becomes a large shrub or small tree, reaching up to 20'. Common cultivars are 'Lime-light', which has a green flower, and 'Tardiva', grown for is late summer, early fall flowering.

Hydrangea macrophylla is native to China and Japan. This is probably the most common of the hydrangea species grown here, mostly because of the blue - pink flower color. It has two different flower types. One type is commonly called mophead hydrangea; the other may be referred to as lacecap hydrangea. Both types of macrophyllas are hardy only to zone 6, and bloom on one year old wood. Flower buds are developed in August and September. This tells us that a harsh winter will kill the flower buds for the following bloom season, as we are in zone 6. Many of these hydrangeas died back to the ground after the tough winter we had this past year.

These macrophyllas, whether mophead or lacecap, like part shade, will wilt quickly when dry, so planted in a moist, well-drained soil is important. They get blue or pink flowers on them, changing according to the pH of your soil. If you have a more acidic soil, your flowers will be shades of blue; if more alkaline, expect pinker flowers. The mophead types have large, rounded balls of flowers, blooming in June-July. As with all hydrangeas, the flowers will remain on the plant and dry a tan-brown color, considered attractive as well.

Lacecap type hydrangeas have a flat flower, with fuzzy like flowers on the inside and a ring of typical petaled flowers on the perimeter. As with the mopheads, the lacecaps have blue to pink flowers, and the color will change according to the soil pH. My lacecap did very poorly this summer after the cold winter. It completely froze to the ground and

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THE MASTER GARDENER

only a few stems came up. No flowers, and a good chance that I won't see it back next year. It's in a protected location and still struggled. When planting the macrophyllas, just be aware that we are on the most northern edge of hardiness.

Some common mophead cultivars you may find in the nursery include 'Nikko Blue' and 'Endless Summer', both touted as blue varieties. However, if the soil is more alkaline, the blue will turn more purple or dark pink. 'Twist 'n Shout' is a common cultivar of the lacecap. Many new cultivars are being introduced into the trade, so selections for flower color and size are varied.

Unlike any of the hydrangeas already mentioned, *Hydranea anomala petiolaris*, climbing hydrangea, is a vine. It has flat, white flowers, resembling the lacecap, which will cover the plant in mid-summer. It requires a wall or heavy trellis to support it and part sun to part

shade. They like slightly acidic soil which is moist, but well drained. It may take a few years before it begins to bloom, but when it starts, it's quite stunning. It will eventually grow up to 60'-80' but is not considered a fast grower.

Hydrangeas are awesome plants. Remember, the pH will affect the color of the blue/pink shrubs, and the white plants will always be white no matter what the pH is. When selecting from this large group of plants, know what your soil is like, what pH you soil is, and how much sun you receive. This will easily guide you to the right selection of hydrangeas. Be aware of the pruning needs, so buds aren't inadvertently cut off. Let's face it, we grow hydrangeas for the flowers, so do what you can to encourage them!

To read other gardening articles, visit the Gardening section of Emmitsburg.net.

Small Town Gardener

Clean up, or let it be?

Marianne Willburn

Well, the equinox will soon be upon us. These last little drops of summer are to be savored – after all, they are what we will remember when the January banshees start to scream.

As miscanthus plumes ripen and the heads of chrysanthemums brown and fade, you may be tempted to do a bit of wacky-wacky out there to “get on top of your fall workload.” But that may not be the best idea. Let's explore your options in terms of a pro and con list.

Implementing the Total Clean Up Approach

What you do:

- Exhaust yourself.

How you do it:

- Cut back perennials and annuals, rake all leaves and compost, remove all debris, stack cages, trellises and stakes, mulch heavily, feel smug.
- Pros:
- The garden looks as tidy as a military base.
 - Clean up is reduced in the spring when you are busy with planting.
 - Some pest and disease problems are alleviated with the removal of debris.
 - There is less habitat for winter-destructive voles.
 - Aggressive fall seeders are dead-headed.

- Your neighbors love you.
- Winter weight gain begins in January, not October.

Cons:

- Exhaustion
- Less habitat for wildlife.
- Winter interest is drastically reduced.
- Without marking, you won't be able to tell where many of your herbaceous plants are located.

Implementing the Let It Be Approach

What you do:

- Nothing

How you do it:

- However you like. I prefer a glass of Zinfandel and a wicker chair.
- Pros:
- A lot more time on your hands.
 - A beautiful winter scene as frost carpets the undulations of the previous season's garden each morning.
 - Possible compositions of poetry as a result of the above.
 - Over-wintering places for pollinating insects and wildlife.
 - The ability to see where you have planted your herbaceous plants before you cut them back in spring.
- Cons:
- A 'country messy' look that might bug you.
 - Non-beneficial bugs
 - Winter weight that's definitely going to bug you.
 - More work in the spring. (There

being no such thing as a free lunch.)

- Your neighbors give you tight little smiles in the evenings.

You've got to weigh your options. And more than likely, you'll come up with a compromise. I certainly do.

I rake fallen leaves on lawns and driveways and use them to create big piles of leaf mold for next season, but I never remove them from my growing beds, preferring instead to leave a blanket in place for protection and eventual nutrients.

I cut back some of my more aggressive seeders such as *Pennisetum alopecuroides* 'Moudry,' but leave the heads of golden rod, teasel and *Echinacea* for the birds.

I mow the lawns one last time and edge the beds tightly, but leave the mowing of wilder areas of grass until the late winter.

I remove my tomato and pepper cages and stack them, but wait to strip them of odd bits of vine until it is brittle and falling off in March.

Wicked. But satisfying. The tweaks you make to your plan depend on who you are, what you wish to see in your garden, and whether you live under the auspices of an HOA.

Marianne is a Master Gardener and the author of *Big Dreams, Small Garden*. You can read more at www.smalltowngardener.com or follow *The Small Town Gardener* on Facebook.

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PETS

You can't rewind a pet's life

Jennifer Vanderau
Cumberland Valley Animal
Shelter

I am moderately worried about my addiction to rewinding live television. I use it somewhat religiously.

It's amazing to me when I'm watching my favorite show and can't exactly make out what one of the characters said, I simply push the rewind button and find out. Or when there's a particularly touching moment or a great line I want to remember to talk to friends about, boom. Rewind button.

Sharon Carter's memorial to her Aunt Peggy in *Captain America: Civil War* gets backed up pretty much every time it's on my television. Ugh. What a great speech.

With all that in mind, I was on my way to work a while ago and in one of the yards I passed by I noticed a little girl walking up to a swing set being followed by a cute looking dog. Obviously the pup belonged to the family and it appeared to me that he was watching over the little girl as she played, doing his job protecting her.

It was as close to a Normal Rockwell painting come to life as

I've ever seen.

As I drove by, I thought to myself, oh let me rewind to watch that again.

No joke. That thought actually went through my head.

I'm not terribly proud of this moment. I'm sure my mother is not all that fond to read that, either.

In the car, now well-beyond the aforementioned adorable scene, I had to blink a few times to allow the whole thing to really take hold in my brain. Once I truly realized what I had just done, I had a pretty monumental epiphany.

Despite the fact that all this really goes without saying, I had to remind myself that for as much as I enjoy the rewind button on my television, life does NOT have that particular innovation.

Being a student of Eastern Philosophy and acupuncture for almost ten years now, I've heard a lot of talk about the importance of living in the moment and being present.

One of my very favorite quotes comes from Master Oogway in *Kung Fu Panda*. "Yesterday is history. Tomorrow is a mystery. Today is a gift. That's why it is called the present."

What really matters is the here and now. We can't rewind it, we can't predict it, so the only other option is to fully experience it.

Give your focus, your attention, your concentration to the present. You might be surprised at what you encounter.

I am a ghost tour guide in Gettysburg and last month, I took a group of middle school kids from Seattle, WA, out to try to scare them. It worked. They were awesome and a ton of fun and when they left, they were seriously worried about what might be waiting for them in their hotel room from the other side of the veil.

It was so much fun.

There was a moment, though, during the tales when a lightning bug buzzed into the center of the half-circle the kids had formed around me. Being from the west coast, they had never seen a lightning bug before.

Normally, on ghost tours I'm

focused on the stories and what time it is and where I am because I know I have to get the group back on time to the buses. It really is a great part time job, but you do have to keep to a schedule.

But seeing the absolute awe on those kids' faces gave me pause. For a minute, I let them watch the twinkling insect as it flickered around them. One of them tried to catch the bug and I said, "Go ahead, they don't bite."

It was a moment of purity, of true authenticity to witness young kids experience something like that for the first time. And I deliberately let it happen. I didn't worry about the time or getting to my next story stop.

I'm glad I did because it was really neat to observe and be a part of that guilelessness.

The opportunity arose again a few weeks ago when I took two utterly adorable kittens from CVAS to a local daycare. I talked to the children about the shelter and what we do. We told stories and I got to hear all about the kids and their animals and how one little girl believes that she is a rainbow superhero.

It really is a glorious world of random when you're around kids five and younger.

When it was time for them to say hello to my kittens, I sat on a chair and they came up one by one. For that instant, I stopped looking at the clock and worrying about where I needed to be. Instead, I watched as each one of them stood beside me and very gently petted the kitten on my lap.

The little black-and-white feline actually started purring midway through the introductions. None of my cats at home would ever be that chill. This little guy was an amazing cat (needless to say he got adopted really quickly).

When one of the little girls leaned down and gave the kitten the softest of kisses on his head, I think my heart may have actually contracted in my chest.

It was a connection to child-like wonder and excitement and forgetting about my to-do list allowed me to truly enjoy it.

Following that visit, I had to stop by an office that helps the shelter and instead of bringing the

kittens back to the shelter first, I took them along with me. Oh my word, did the employees love that. I swear I saw more people that worked there in just one hour than I have for an entire year.

I turned my brain away from everything waiting for me on my desk and just watched them all interact with those little squirts.

You know what I noticed? Their expressions mirrored the ones of the daycare kids — for a moment those adults became children again. Animals really do bring out the best in all of us and when you see that unadulterated joy, you can't help but catch the feeling.

Imagine if I hadn't been focused on all those seemingly small moments. What if I'd been paying more attention to my watch than what was happening around me? How sad to have missed out on sharing that kind of delight.

I can't rewind life like I can the *Captain America* movies. If I miss something in the real world, then I miss it.

Maybe there's a reason for that. Maybe that keeps us grounded, in the here-and-now, so that the best parts of life don't pass us by.

How often are you distracted by where you have to be and what you have to do instead of engrossed in the moment? What could you be missing?

If you keep your eyes open and mind turned off to the endless chatter of "should haves" and "have to do's," you might be really charmed and grateful for what you get to see.

I love my rewind button for television, but when it comes to life, there's no going back, so the here-and-now is where I want to stay.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter, and can be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website www.cvas-pets.org. CVAS also operates a thrift store in Chambersburg. Help support the animals at the shelter by donating to or shopping at the stores.



Rambo is an 8-year-old, orange-and-white boy who came into the shelter as a stray. This guy is a laid-back fella who likes to hang out and chill. If you're looking for someone to while away the days with, Rambo might be your guy!



Echo is a 7-year-old boxer mix who was surrendered to the shelter because his owners could no longer care for him. Don't let the age fool you — this guy has energy to spare! He's a sweet fellow who loves to play in the yard and be around people. He can be a counter-surfer in a home, so the people in his new home will have to work with him on this. We've been told Echo can jump fences, so supervision at all times is a must. Because of his energy, an age restriction for children may apply, so be sure to discuss that with shelter staff. Could you have the right spot for Echo?



Josie is a 4-year-old hound/Shepherd mix who was returned to the shelter because things weren't working out. She's a sweet girl who knows how to sit, but needs to be the only animal in the home. Because of Josie's age and background an age restriction for children may apply, so please discuss this with staff. If you think you've got the right spot for Josie, please stop out and meet her!

For more information about Rambo, Echo and Josie call the Cumberland Valley Shelter at 717-263-5791 or visit them online at www.cvaspets.org or better yet, visit them in person at the shelter!

Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...
The love I left behind.

-- Author Unknown

Working by flashlight

**Kimberly Brokaw DVM
Walkersville Vet Clinic**

It is very rare that I'm called out to a barn that doesn't have electricity. While they may not have operating room quality lights, barns usually have adequate lighting for me to do whatever it is I need to accomplish. Truthfully for the majority of situations I don't have to see that well anyway. Vaccines and Coggins tests are so routine that I just need enough light to read the labels and fill out the forms. One time I was even able to hit a jugular vein on a cow in almost complete darkness. That being said, my preference is to have bright lights in every barn so I don't take a chance on missing some subtle finding.

In most of the dairy and beef industry, cows that are born with horns are dehorned. However there are a few breeds in which the horns are kept for showing. I only have a few clients with longhorn cows. These farms compete their cattle in shows. Aesthetics are important in showing, and the horns are not removed. The longhorns do seem to regularly injure each other with their horns, so my colleagues and I are frequently called to do laceration repairs, seemingly only on the longhorn cattle. In fact I can only recall two lacerations I've repaired on cattle that were not longhorns.

One farm keeps high quality show longhorns of multiple championship lines, as well as good breeding stock. They keep the cows in small groups with extra room, to try to prevent injury. However, one night around dinner time, there was a disagreement between a few cows. One of the prize bulls ended up with a deep cut on his hind leg that would need stitches. He was also supposed to go to a show in 2 weeks. The owners were hoping to have the wound fully healed by then, so I was called out to repair the wound.

The bull was housed in a very nice barn that usually had lights. However, just as I was pulling into the driveway it started to storm. Less

than 10 minutes later the power was out. Everyone pulled out their cell phone flashlights and while that was enough light that I could suture the wound, I was grateful when a large, high quality, flashlight was also produced. Even though this was a very nice bull that was used to being handled, he was not going to tolerate the typical horse level of standing sedation for the laceration repair. I know because I tried to repair the wound after a small amount of sedation, and he immediately started kicking at me. I decided it was safer for everyone involved if I just gave him enough sedation to lay him down. Normally I'll work with cows in a head chute or stocks, however in this case a gate was used to hold him still so I could give the injection without him turning one of his horns into me.

A few minutes later he was laying on the straw on the barn floor. I cleaned the wound and gave him a local anesthetic block to numb the cut. I then proceeded to stitch his skin back together. While it wasn't a very deep wound, he'd opened up a flap of skin that left the muscle layer below exposed. In order to have a nice cosmetic appearance with just a tiny scar, it definitely needed over a dozen sutures. Truthfully this bull was lucky. I've seen far worse injuries caused by longhorns including penetration into the chest cavity and eviscerations of intestines onto the floor. Long horns can cause big holes. I was very pleased to see that this was a superficial wound that didn't appear to be any deeper than the skin.

One of the things they don't teach you in vet school is that your average owner can't hold a flashlight still on a wound. Instead they shine it on the floor, at the ceiling, in your eyes, and basically everywhere but the wound. I've actually experienced this phenomenon on multiple occasions. I'm not sure if its because looking at the wound makes them queasy or they just get distracted. In fact all of the vets at the clinic carry a headlamp in the car because of this known fact about the typical owner's flashlight holding skills. However, as luck would have it, the batteries in my headlamp were dead. I was left with the son holding the light while his dad yelled at him to keep it still and shining on the wound. After I finished the repair I asked the owner if they wanted me to bandage the leg. While a bandage is ideal, its only ideal if the bull would be cooperative enough to let them take it off and clean the laceration site. A bandage that stays on too long is much worse than no bandage at all. The owners assured me that they'd have no problem changing it. After I applied the bandage, I gave the bull an antibiotic shot, left instructions, and was on my way. The farm still did not have power restored but luckily the lack of electricity didn't have any effect on the quality of care that was provided.

While I don't know how the bull did at the show, I do know that his wound healed well and he was able to attend.

To read other articles by Dr. Brokaw, visit the Authors Section of Emmitsburg.net.

Managing intakes of owned pets

**Linda Shea
Frederick County
Animal Shelter**

Beginning August 1, owners wishing to surrender their pets to the Frederick County Division of Animal Control and Pet Adoption Center will be required to make an appointment. Last year the shelter took in 3,783 animals. Of those, 1,562 were surrendered by owners who could no longer keep those pets due to allergies, moving, new baby, landlord won't allow, can't afford, too much energy, kids getting pregnant, and a myriad of other reasons. There are some occasions when owners make hasty, seemingly irrational decisions to surrender their pet and then regret the decision, especially if an animal is rehomed or euthanized. To offer alternatives to surrender, our shelter will be implementing a process known as "Managed Intake" for pet owners.

The managed intake process strives to reduce the stress involved in relinquishment--for animals and people. The process dedicates pre-planned time to collect valuable information, as well as pre-planned housing to ensure our shelter population is not overcrowded. It allows owners the opportunity to fill out pet profiles ahead of time, as well as collect veterinary records. Owners will be able to select a time and date

that fits their schedule and will receive a reminder of what to bring with them to make the process more efficient. Routine intakes can take from 30-45 minutes. However, perhaps the most important aspect of managed intakes is providing information on resources PRIOR to an appointment link to resolve the reason for relinquishment if owners truly want to keep their pet, but are unaware of resources available.

Managed intakes of owned animals is already established in adjacent counties. The intake process for stray animals will not change. Unsure if your animal is stray or owned? While the concept of ownership is normally not questionable, there are times when people have been caring for an animal for a long time (food, vet care) but don't want to be considered the owner. The purpose of categorizing pets as owned or stray is to facilitate a proper pathway for an animal. Owned animals may be placed immediately. Stray animals are held for at least five days--unless they are dangerous or suffering--to give an owner the opportunity to reclaim.

As with other processes and protocols we implement, we strive to provide the best service to our community and its unwanted and homeless animals. Surrendering your pet to the shelter should be a last resort.

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PETS

Neilex – no regrets



One of my most favorite photos of Neilex, taken when he was still a puppy. He loved riding in the truck, no matter where he was on the farm, the call of 'truck' was sure to bring him running.

Mike Hillman

I've often found that writing about the loss of a pet helps settle my mind and come to terms with the loss, but I have to admit, I've been struggling with writing the story of Neilex, my Jack Russell, who succumbed to cancer last week after a two-year battle. He died peacefully in his bed. He simply went to sleep and never woke up. We should all be so lucky.

So where do I begin ... I guess the beginning. Fifteen years ago...

I had lost PJ, my first Jack Russell, a few weeks earlier and really wasn't in the mind to replace him just yet. I would replace him eventually, but not right away. I can still remember vividly seeing him for the first time. One of my students brought him into my kitchen. When she announced he was from a litter of her dog, who I was not a fan of, and her mother's female, who I was even less fond of, I had pretty much made up my mind that I was going to have nothing to do with it. I was convinced nothing good could come from the pair.

Then she put him into my hands...

Try as I might, I quickly found myself smiling at him. When he reached up and licked my face, I knew I was in trouble.

My student was on her way to a horse show where she planned to sell him. Still not willing to commit, I told her that if she didn't sell him at the show to bring him back and I would buy him.

"Seriously Mike," she said. "If I take him to the show he is going to get bought."

I thought about it for what, to me at least, seemed forever, and finally I said: "Leave him." And so began Neilex's life with us.

Between the horses, cats and dogs, my wife and I had long ago come up with a naming convention for animals – Star Trek characters. I can't recall why we chose Neilex, a character from Star Trek Voyager, but we did,

and the name suited him.

That evening, we faced our first big dilemma with Neilex – where he would sleep. As we hadn't planned on getting a puppy, we didn't have a crate for him. My wife, who had less than a hospitable relationship with PJ, put a blanket on the ground next to my side of the bed and placed him squarely in the center. Neilex was not having anything to do with it.

Every time we turned the lights off, he would whimper. Not surprising, as he had spent his whole life – all eight weeks of it, in the championship of others. Being alone in the dark was scary.

It only took my wife about ten minutes to throw in the towel. "Just pick him up and put him between us," she said. I did, and Neilex promptly fell fast asleep... as he would every night for the rest of his life. I could swear he had a smile on his face. He knew what he wanted, and he was too cute to deny him.

That night as I stroked his head, I promised him that he would have a good life, and that he would be my retirement dog, and when that day came, we would have all the time in the world. I fully intended to keep those promises.

That night, I called him "Poop" for the first time, short for puppy. While Neilex was his official name, I always called him 'Poop.' To his last day, he was, and will always be, a puppy to me.

The next morning I was awoken with slobbering doggie kisses. It was way, way too early for me, but not for a Jack Russell puppy eager to get going in his new life.

Jack Russells have a horrible reputation of being neurotic, but as I learned with PJ, they are only neurotic if raised around other Jack Russells. In the morning, Neilex got his first real introduction to Kess, a shelter rescue and Kira, a laid back Lab-Rottweiler mix. Kess, a female, looked upon Neilex as her puppy. Kira however, was not impressed with Neilex. She had long ago forgotten what puppyhood was about

and made it clear she had no intention of raising the little brat that was climbing all over her. But she got over it.

As the years progressed, Neilex and Kira became inseparable. Kess was happy being my wife's dog. I often joked that while Neilex liked me, he loved Kira. They were the perfect Mutts and Jeff. Wherever one went, the other was sure to follow.

Neilex's days were predictable, which made him a happy puppy. Once he learned the boundary of the farm's Invisible Fence, he was let out with Kira every morning to do his 'sniffs.' Once he verified the property safe, he returned to a waiting breakfast, and then joined either my wife or I in the barn as we took care of stalls. Then came hours of riding, where he joined me in my ring. Then more barn work, then dinner, then sleep. For a Jack Russell, living with us was about as good it gets.

Good as it gets, that is, until one's wife takes her eye off a curious puppy, and that puppy gets in the way of a 1,200-pound horse...

I still recall the call from my mortified wife. "Riker stepped on Neilex's paw." She said. "He just squished it. Neilex was screaming, but Riker was oblivious and just stood there."

She took Neilex to the vet, who assured her that while his paw pads were in fact 'squished,' they would recover. And they did. But as bad as the situation was, there was a bright side – I got one of my most favorite photos of Neilex out of it.

The incident also sparked the beginning of my wife's long and deep affection for Neilex. I'm not sure if it was because he was such a good patient for her as she changed his bandages every night, or just his laid back, happy go lucky nature, but he made it clear to her that he liked her, and she returned the favor.

On occasion, way too many to count, my wife would sit with Neilex on her lap and they would sing – well she called it singing, I called it howling. It was their thing. I may throw the Frisbee, I may take him for rides, but singing was theirs.

It always started off slowly, but always built to a crescendo so loud that I often found myself leaving the room to give my hearing a rest. It always ended with my wife getting a thorough face licking from a very happy puppy.

It's funny, once you lose a pet their idiosyncrasies tend to dominate your memory of them. The vision of my wife and Neilex sitting on the couch singing will be forever etched in my mind. So too will be Neilex's shaking – a trait he inherited from his father. To those who did not know him, it looked like Neilex was either shivering from cold, or from fright, but as I explained countless times, he just shook.

Neilex also had an annoying habit of sitting out in a field and barking at nothing – a trait he inherited from his mother. I can't even begin to enumerate the number of times I had to get off my horse and chase him back into the barn so I could continue my ride in peace.

Neilex however, did have his positive idiosyncrasies, like always waiting to lick my legs dry when I came out of the shower. I never did understand it – maybe it had something to do with protecting me, but God forbid if I didn't give him the opportunity to do that job.

The shout of the word "Frisbee" was a sure fire way to bring Neilex out of wherever he had settled down. Unlike the other dogs however, Frisbee, for Neilex, involved only chasing the Frisbee, not returning it. I always tried to explain it to him that we could play longer if he returned the Frisbee, but the gears in his head just couldn't seem to process the idea. Only once did he actually catch the Frisbee, the rest of the times he would wait for it to land, then pounce on it, only to run off with it when I tried to retrieve it for another throw.

At night Neilex would always go through what can be best described at a dance as he pawed his blanket into the perfect nest at the foot of our bed. At times, my wife and I would watch in awe at his antics he would go through to make the bed just right, and once he settled in, god help you if you happened to nudge him with your foot. Any disturbance was sure to be met with a growl. In the morning, when I was not home, Neilex was always ready and waiting for my early rising wife. However, when I was home, Neilex ignored my wife and always waited for me to rise. I miss him being the first thing I see in the morning.

Of course my greatest memory of him will be the sheer joy he would show whenever I would come home. He would squeal like a child opening Christmas presents. The squeal would only grow louder when I picked him up, which also allowed him to thoroughly clean my face with doggie kisses.

Neilex also always insisted on carrying anything I had in my hands. In his mind, that was 'his job.' As I would usually read the paper in bed at night, he would sit at the bottom of the stairs and block my path, allowing me only to pass when

I had given him the folded paper. Of course, many of the papers were too big for him to hold securely, so by the time he got to the top of the stairs, half the paper was strewn on the steps. But once at the top, he would turn to me and wiggle his tail as to say 'ok, I'm done.'

As I grow older, I'm increasingly aware that time is a precious commodity. The long hours of today will be but a distant memory in a flash of any eye. A little bouncing puppy will become a routine fixture before you know it, and in a blink of an eye, an old dog enjoying the last few years of his life.

Such was the case of Neilex.

His early life was marked by the thrill of joining me at my horse shows, where he got to run around courses and do what Jack Russell's do best – be busy. When I quit competing, I turned my attention to rebuilding my house – the tearing down of walls, the comings and going of the workmen provided Neilex almost non-stop entertainment. Even when that ended, Neilex always had his trusty canine companions to turn too.

Kess, who had looked upon him as her puppy, eventually died. I'm not going to anthropomorphize and say Neilex felt her loss like we did, but I do recall he was quiet the night Kess died, and as we went to bed, he came up and gave me a gentle lick on my face and then settled in next to my chest, his head facing mine. He had a sad look in his eyes.

Those sad eyes would soon be replaced by joyous ones, when Troy joined our household and increased the canine complement back to three. As Kira by this time was growing old, a young puppy was exactly what Neilex needed, and soon, the two were inseparable.

When Kira died, Neilex again mourned. He had grown up with her. Kira had been his companion at horse shows, countless car rides, and the rebuilding of the house. As with Kess, Neilex was quiet the night she died. Again, he slept next to my face, as opposed to my feet as we slept. I recognized the look in his eyes. He missed her.



While Neilex actually never, ever caught a Frisbee, or for that matter returned one, he loved to run around in the fields with one in his mouth.

PETS



One more occasion that I care to account: I would often find myself with only one shoe – Neilex having carried the other off when greeting someone.

But Neilex had Troy, and life went on.

I fully expected Neilex to live out his natural life with us, which for a Jack Russell not stupid enough to kill itself, should have been 16, but at 12 we noticed a marked drop in his outward appearance, and sprit, enough of a change to bring it up to our vet, Gary Kubala, to look at. The evening of his examination, Gary dropped by to tell us the bad news, Neilex had a tumor in his intestines, and it was cancerous. The cancer was an aggressive one Gary told us, and the outcome was poor at best.

From the get go, there was no doubt in either my or my wife's mind that we would pull out all the stops for Neilex, the first of which was to do surgery to determine how extensive the cancer had spread.

The results of the surgery were better than we hoped. The cancer, much to the pleasant surprise of the oncologist who worked with us, was localized to a small section of his intestine, something she said never happens. The involved section of the intestine was removed and the intestine resected. Neilex returned home that evening to recover under the watchful eye of my veterinary nurse wife. Within days, he began to put on weight, and within weeks, he was again running around in the field with Troy.

We held our breath when he returned for his first check up with the animal oncologist. The news was bet-

ter than we had dared to hope. There was no sign of cancer. After a few months, his monthly checkups were stretched to quarterly, all with the same results. Neilex was cancer free.

That all changed this past March. March was supposed to be his last and final checkup. If he was still cancer free, then Neilex was officially in remission. But his luck finally ran out. I still vividly remember the call from my wife. I was expecting word of remission, but instead, I got the opposite. And unlike the first round, the cancer had already spread throughout his body.

In this case surgery was not an option, so we opted to do chemotherapy. Yes, it was expensive, but there was always a chance it would work, and no matter what, we didn't want to find ourselves questioning if we had done all we could for him – we wanted to make sure when he died that we would have no regrets.

Unlike the first bout of cancer, Neilex entered the second bout in relatively good health, so he handled the chemotherapy relatively well. Of course he did have to take daily medicine, to counteract the effects on his stomach, which at times stretched my wife's patience, but we dealt with it, as did he, albeit begrudgingly on his part.

Unfortunately, the first round of chemotherapy was ineffective, so Neilex was switched to another drug that required weekly infusions. As the veterinary oncologist office was in West Chester, Pennsylvania,

requiring my wife to dedicate a day every week for his treatments. The time was well spent on both parts. Neilex would fall asleep on the bench he and my wife sat on while getting his infusions, and while he slept, my wife got to build new memories.

Unfortunately, while the second drug did manage to arrest the progression on the cancer, it was too little and too late. The end came quick.

Two weeks before he died my wife told me I should try to spend as much time as I could with him, while I could. I'm glad she did.

At first Neilex was able to follow me out into the field, a field he used to run around in as a happy-go-lucky puppy. But within days, I found that while he could follow me out, he could not make it back, so I had to carry him.

Neilex's once voracious appetite evaporated – whereas one night he would gobble down chicken, the next night he couldn't. When he turned away from cat food, something he was always trying to sneak a bite of, we knew his time was up.

My last night with him was spent sitting out in the field with him curled in my lap. He barely had the energy to hold his head up. I sat with him for over an hour, stroking his frail body, reminiscing our life together.

That evening, as we lay in bed, my wife and I made the decision that it was time to help him along and arrangements were made for Gary to come over and put Neilex asleep in his own house, on his own bed. We had no regrets. We had done all we could.



It will take a long time before I am able to look at the foot of my bed and not be startled to see Neilex is no longer sleeping there.

There was nothing more to do.

The next morning, Neilex seemed to rally – greeting my wife when she arose. A last glimmer of hope. As she headed out to do some chores, she put Neilex onto his heated dog bed, wrapped his blanket around him, and headed out.

Neilex went to sleep. He never woke up.

I like to think he was greeted in heaven by all the dogs and cats that have found refuge and love in our home, and that he is running around in fields of grass with them, awaiting for the time we will be reunited with him.

It will happen in a blink of an eye.

But until then, I will miss him, as I miss all the four footed souls that have shared their lives with us.

It's time like this that I always find myself reading Pastor Wade's article - Do pets go to heaven. His conclusion helps bring a smile to my face, allowing us to believe I will see Neilex once again, and this time, he will be with us forever.

To read other articles by Mike Hillman visit the Authors section of Emmitsburg.net.



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SUMMER SCHEDULE UPDATE

Pickleball - Tuesdays 7 - 9 p.m.
Thursdays 5 - 7 p.m.

September 14 - Yard Sale
September 20 - Speaker Series featuring Author Garrett M. Graff
September 28 - Bass Fishing Tournament

For more information or to purchase tickets for events call 301-241-5085 or visit www.thefrc.org

HEALTH NOTES

10 healthy family-fun summer activities

Kelsey Shupe
Frederick Memorial Hospital

Did you know summer's irregular sleep patterns, meal choices, and activity schedules can impact your child's health?

According to a national study, for example, elementary school students are at higher risk of gaining excessive weight during the summer than when they're in school. In the two-year study, between early fall and late spring, the prevalence of children who were overweight increased from 23.3 percent to 28.7 percent. The prevalence of those with obesity grew from 8.9 percent to 11.5 percent. According to the study, all of the increases were during summer breaks only.

There are many reasons why this could happen. Children may eat more in the summer, get less physical activity, or a combination of both. Kids tend to sleep less (or more) during the summer, have more irregular sleeping habits, and may be on their phones or playing video games with more frequency

on their days off, leading to a sedentary summer.

Being healthy and active all summer can lower your child's risk for obesity, boost their self-esteem, and make them happier and healthier overall. Now's the time to start working healthier activities into your family's lifestyle. Here are just a few ideas for fun, healthy activities the whole family can do right here in Frederick County this summer:

1. Enjoy a Story & Walk on the Story Path - Story Path promotes early literacy, physical activity, and enjoying the outdoors all at once. As your family walks along the Story Path trail, you'll find pages from a children's book to read along the way. With each step, the story unfolds. It's all possible thanks to LiveWell Frederick and efforts of several community groups. Learn more about Story Path, including how to host your event, on LiveWell Frederick's website.

2. Break Out the Bicycle & Take a Ride - With several bicycle routes and trails for riders of all skill levels, Frederick County is an excellent destination for

pedaling. The Frederick History Bicycle Loop explores the city's 50-block district, the town creek, and more, while the Covered Bridge route takes you to all three of Frederick's historic covered bridges. If your family loves to ride, then bicycling in Frederick County is the summer activity for you.

3. Hit the Trail - If biking's not your thing, try taking a walk, going for a run, or hiking instead. Frederick County has more than 20 trails and parks to discover. Don't forget to bring your Hit the Trail Passport with you! Wegman's and LiveWell Frederick teamed up on this free passport to encourage folks to enjoy a healthier life through great food and physical activity. The passport details the locations, terrain, and duration of local trails. Each time you visit a trail, rub the trail markers to record your visits in your passport. Once you've completed the entire passport, drop it off at the local recreational department for a chance to win prizes.

4. Take a Dip - One of the best ways to beat the summer heat is with a jump in the pool. Swimming keeps your



heart rate up but takes some of the impact off your joints, builds endurance and muscle strength, and helps you maintain a healthy weight. Frederick County offers American Red Cross Swimming and Water Safety programs that combine instruction with water safety, swimming lessons and classes at the YMCA of Frederick County, open swims at community pools, and more. Before you swim, be sure to check out our tips for swimming safety.

5. Host a Cookout in the Park - Looking for something to do on the weekend? Visit any of Frederick County's parks, plan a healthy picnic or cookout, and bring games to play that get everyone up and moving. Consider healthier sides like salads or grilled

veggies, create a dessert that includes in-season fruit, and stick to sugar-free drinks. For outdoor games, think relay races and sports like volleyball, badminton, or Frisbee.

6. Walk with a Doc Walking is low impact, so it's easier on the joints, especially for people with orthopedic ailments. Have you heard of Walk with a Doc? It's a local walking program for anyone interested in taking steps to a healthier lifestyle. While you walk at your own pace, you're joined by local physicians who will answer your various health questions. All you need is a pair of comfy walking shoes to join the fun.

7. Visit Your Local Farmers Market - Summer's the perfect time to try new foods and fresh produce. More than 30 farmers' markets, community supported agriculture (CSA), and orchards offer locally grown fruits, vegetables, and more in and around Frederick County. Consider a day excursion with your kids—together, you can plan a healthy meal for dinner, market for all the locally-sourced foods on your shopping list, and cap it off by making a delicious, fresh meal as a family.

8. ...Or Learn to Grow Your Own - Container gardening is a great way for beginning gardeners to start producing their own food, plus it encourages children to get outside and get their hands dirty. Not sure where to start? Check out this video from the University of Maryland Extension Home & Garden Information Center for everything you need to know about container gardening—from potting soil to choosing what to grow.

9. Get Competitive - For those summer days when going outside is not an option, due to rain or extreme heat, take the fun indoors. Visit your local recreation center with such amenities as basketball courts, soccer fields, and volleyball courts, or take the action to the YMCA, a bowling alley, skating rink, indoor swimming pool, or indoor sports center. Make it interesting by splitting into teams with family and friends and challenging one another to a friendly competition.

10. Attend a Health Class or Seminar - There's so much to learn about health and wellness. Why not attend a free health and wellness class, activity, or seminar with the family?

LiveWell Frederick updates their events calendar frequently, and so do we, so check these out while planning your summer activities and events. We hope that you and your family have a safe, healthy summer! If you try any of these activities, we want to hear about it. Share your photo on our Facebook page.

For more information on staying safe in or around the water this summer, check out the American Red Cross for more tips and training courses, or contact one of our doctors today.

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Timeless Trends turns ten!

One of historic Thurmont's corner stores celebrates its 10 year anniversary. What has kept this retail location open in this quaint town during a tough economy?

Timeless Trends Boutique opened its doors in 2009, during one of the toughest economic periods in recent history. "Everyone told me I was nuts," owner Virginia LaRoche said, "but I must be a stubborn kind of nuts because here we are 10 years later!" The anniversary celebration will begin on August 10th and runs through August 18th.

The boutique is located in the historical Creager's Furniture Store, is home to a not so small family run business centered around vintage furniture and upscale home décor with a lean toward "farmhouse appeal". The old Creager's home furnishing store was built in the mid 1800's and is reportedly the county's oldest store location. The boutique also offers a variety of local artisans works, with the most impressive being custom-built farm tables. "My son handcrafts the farm tables and we get a steady stream of orders for them," Virginia said. The farm tables are crafted from reclaimed lumber from old buildings or from local mills and no two are alike. They also carry art glass by Yemi with a Thurmont design that is exclusive to the store and several local jewelry artisans also consign their jewelry at the boutique.

Behind the boutique is the Vintage Warehouse which has an entirely different feel to it. "The Vintage Warehouse started out to be a once a month event," says Virginia. The owner went

on to state that people started asking to see it all the time so now it is open the same hours at the boutique. "The warehouse is like hunting through an old barn for all kinds of really cool vintage stuff. The funny thing is you can always tell when we need to send the guys out there to do some hunting through the old tools and other 'guy stuff' that is out there," chuckled Virginia. "They will be rushing their wife or girlfriend along and then we tell them about the Vintage Warehouse which they seem more than happy to visit and then it becomes their favorite shopping destination."

When asked what has kept this business on a Main Street that has seen so many others come and go, Virginia chuckled, "stubbornness! But really, it takes a connection with the people you serve, and our commitment to bring them back." Virginia went on to describe the work it takes through social media and special events to bring people into the store. "With today's economy and the demands on people's attention, you can no longer just open the door, hang a sign and expect to thrive," the owner said. Customer feedback and reviews concur that Virginia and her staff always offer personalized, friendly service. Virginia stated, "my employees know that if a stranger comes in the door they leave here as a friend!"

The store holds several events each year to invite customers in including jewelry shows, community benefit events and ladies nights. "By far our biggest event is our holiday open house the first weekend in November.

We close for a whole week to get the store ready for it and usually have over 20 trees decorated," explained Virginia. "I don't think there is another store in the county that does Christmas as big as we do!" Part of the preparation for the holiday open house is covering the windows for the entire week and then on Friday evening we do a big window reveal. Many of the town residents comment that it marks the start of the holidays in the town.

Last year, the time of the reveal was posted on their facebook page. Virginia stated, "it was so exciting to have people come out for the reveal. It was even raining and they still came out to support us. It really meant so much!" Giving back to the community has always been a key value to the business. The store has several fundraising events a year, raising money for the local food bank, Hearty House and the Patty Hurwitz Breast Cancer Foundation. "We are always looking for ways to give back to the community," stated Virginia.

Timeless Trends Boutique is definitely a family run business, with Virginia, her children and husband all pitching in to keep things running. "I have been fortunate to have great staff that take pride in both personalized customer service and creating beautiful store displays," Virginia went on to say. When asked what is the thing she is most passionate about, the owner reportedly said "it's the people that keep me passionate about the business. We love going out hunting through Pennsylvania all the way down to South Carolina



Timeless Trends is the ideal place to purchase that perfect piece of furniture, home decor, or unique handmade jewelry.

to bring our customers the very best in home decor. If someone comes in and we don't have what they are looking for, we go out and try to find it for them." She went on to say the upcycling pieces is another passion. "Anything we can salvage or keep out of the landfill is important to us!"

Thurmont's Economic Development Manager Vickie Grinder raves about Timeless Trends Boutique and says, "Timeless Trends is a store you would expect to see in DC, Georgetown or Frederick City. We are very proud that Timeless Trends Boutique calls Main Street Thurmont their home. How many towns have a 4,000 square foot vintage furniture store that sells handcrafted and hand painted furniture? Not too many! I never get tired of boasting about the history of the building either.

"Once upon a time this building was a furniture store and a place you could buy coffins, and still is home to a furniture store-that's a really cool fact and sets Timeless Trends apart from any other retail outlet in Fred-

erick County. I never get tired of boasting about this gem on Main Street and is the ideal place to purchase that perfect piece of furniture, home decor, and a large variety of unique handmade jewelry that you will not find anywhere else. Happy Anniversary Timeless Trends Boutique and thank you to Virginia and Jay LaRoche for choosing Thurmont for this exceptional retail outlet on Main Street and for the friendship and support over the last decade!"

Timeless Trends Boutique's anniversary celebration kicks off Saturday August 10th and runs through August 18th with specials, live furniture paint demos and interactive sales. "We are very proud and excited to be celebrating this anniversary and hope people will come celebrate it with us!" If you haven't been into the boutique you may be quite surprised at the size and variety of the selection.

Timeless Trends Boutique is located at 21 E. Main Street, Thurmont.

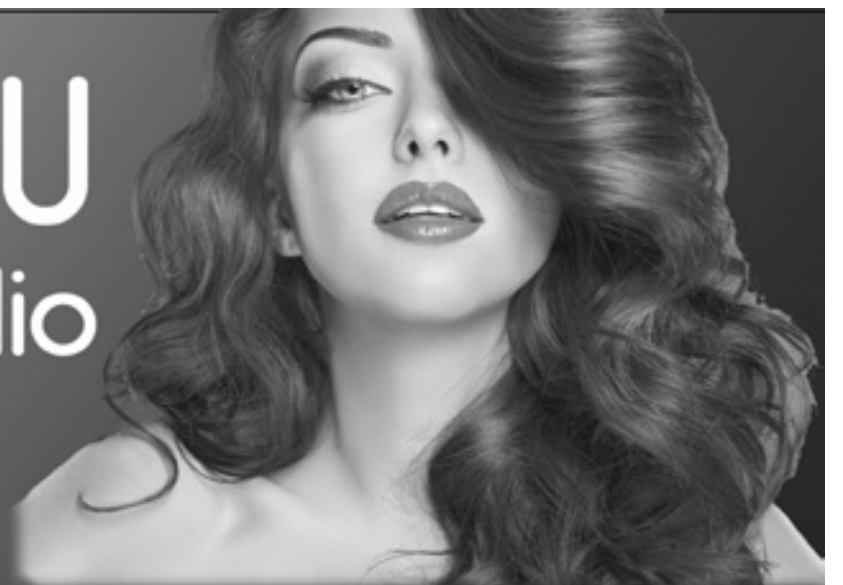
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WWI NEWS REPORTS FROM THE FRONT

War flares again in the east

August 7

Peace Treaty Before Senate

The protocol to the German peace treaty, defining explanations of the treaty agreed to, was laid before the Senate today by Vice President Marshall. Among the provisions in the protocol is one requiring the Germans to transmit to the Allied and associated governments, within one month after the treaty becomes effective, a list of persons who are accused of having committed acts in violation of the laws and customs of war.

Another paragraph provides for the appointment of a commission to supervise the destruction of the German fortifications. Provision is also made that proceedings be taken against persons who committed punishable offenses in the liquidation of property in the Allied countries, and the protocol says the Allied and associated powers will welcome information or evidence the German government can furnish on the subject.

Romania Threatens Hungary

Romania has served an ultimatum on the Hungarian government, making demands far in excess of the armistice terms. The ultimatum stated that if the Hungarians refuse to accept the terms laid down the Romanians would take possession of all material and animals required to repair the damage inflicted by the enemy upon Romania.

The fear was expressed in conference circles that Romania's action would result in the overthrow of the new Hungarian government. The Romanian army is refusing to take orders from the Allied Central command. The Romanians have not been actively participating in the Peace Conference since their government, some time ago, took exception to the decision of the conference upon the principle guaranteeing the rights of minorities within national boundaries.

In their ultimatum Romanians demanded the reduction of the Hungarian army to 15,000 men in the surrender of 50% of the harvest animals and farm machinery and 50% of the railway supplies.

Meanwhile, it is reported that Romanian military authorities have requisitioned all automobiles in Budapest, including those of the Hungarian Ministers. A Romanian general has been appointed commander of the city and has ordered that the Red Guard police be disarmed. The Romanian commander openly flouted the Hungarian War Minister, saying that he now was commander in Budapest and that all Hungarian officials were now civilians in his eyes.

Railway cars are stopped at eight o'clock in the evening. The few workmen who were unable to return home at night, had been shot while attempting to pass Romanian patrols.

A French regiment is arriving shortly, and it is expected that they will confront the Romanian troops, who have requisitioned all food stocks in the Hungarian capital for themselves.

A wireless dispatch from Budapest reports that the city was bombarded before the Romanians occupied it.

There were many arrested yesterday at Budapest, according to advances from that city. All those arrested, shown to have been connected with the Soviet system, were imprisoned.

The new Hungarian government has said they are willing to observe the terms of the armistice and have asked that each of the great powers send a regiment to Budapest to bring the Romanians into check. However, it is impossible for the Allies to comply with this request, as the troops are not available. Small detachments however, will probably be sent with the generals composing the inner Allied commission to arrange an armistice between the Hungarian government and the occupying Romanian troops.

Members of the American peace delegation expressed fears that the setting up of a stable democratic government might be jeopardized by the Romanian attitude. Vigorous representations, it was said, are being made to Romania, both in Bucharest and Budapest, but means of communication are so bad that Peace Conference officials have been unable to learn if their messages are reaching the Romanians.

Hungarian Government Falls

The Hungarian government has fallen, and Archduke Joseph has established a ministry in Budapest. Reports received at the Peace Conference state the Romanian forces have crossed the Danube into the business section of Budapest and were seizing supplies, preparing to ship them to Romania.

Other acts charged against the Romanians are assault upon the inoffensive persons and forced entrances into houses everywhere in Budapest under the pretext of searching for arms. The Romanian army is reportedly living on the country, seizing the food, wildlife stock, farming implements, rolling stock and food – they are being sent to Romania, although Budapest is on the verge of starvation.

The food situation in Bucharest has become critical because the most productive food territories and Hungary had been cut off from the capital by the Romanian advance. Peasants are reported to be hunting down communists who have fled to the country from Budapest, it being alleged that they are incited in this work by the Romanians. Moving courts are touring the provinces and trying communists. An appeal has been posted all over Hungary calling upon peasants to arrest communists who are charged with murder and not permit them to reach Austria, where they will be sheltered.

Archduke Joseph was the commander of Austrian-Hungarian forces on the southern sector of the eastern battlefield during the first two years of the Great War. In 1918 he had a movement looking to secure independence for Hungary from Austria, and when the collapse of the first dual monarchy came in November, 1918, he was asked by Emperor Charles of Austria to take charge of the situation and find a solution for the political crisis before the country. With his son, Archduke Joseph Francis, he took the oath to submit unconditionally to the orders of

the Hungarian National Council and later took the oath of fidelity to the new government. Last April it was reported that he had been executed by the communists at Budapest, but this report was properly denied.

August 14

Turkish Atrocities Uncovered

Charges have been raised that Turkish officials decimated the Greek population along the Black Sea coast. 250,000 men, women and children living near Sinope, were "parboiled" in Turkish baths and then turned out without clothes to die of pneumonia or other ills in the snow of winter.

The worst of the crimes were committed in the winter of 1916 and 1917 when orders were issued for the deportation of the Greeks along the Black Sea coast. The people are crowded into the steam rooms of Turkish baths under the pretense of sanitary regulations and after being tortured for many hours were turned out of doors into snow almost knee deep without lodging or food. Their garments, which had been taken from them for fumigation, were lost or stolen. Most of the victims, ill clad and shivering, contracted tuberculosis and other pulmonary diseases and died in swarms on the way to exile.

In the province of Boafra, where there were more than 29,000 village Greeks, now less than 13,000 survive and every Greek settlement has been burned. The number of orphans, including some Armenian and Turkish children, in the entire district is said to exceed 60,000.

Meanwhile, it is reported that the Bolsheviks have killed at least 310 Persian subjects in Armenia, 270 of whom were Mohammedans and 40 Christians. When the anti-Bolshevik volunteer army evacuated Armavir, in the face of the oncoming Bolshevik army, the Bolsheviks called out the town leader, and shot him down and mutilated his body with swords and bayonets. The Bolsheviks then herded together all the Persians who had taken shelter under the protection of a Persian flag and shot them down in mass with machine guns and left them to rot in the heat.

In a letter sent to the Senate, from Davis Arnold, managing director of the American committee for relief in the near East, Arnold states that it is imperative that Turkey, both European and Asiatic, be policed by foreign troops, preferably American, before any actual partition of the country takes place.

He says, "if that this is not done there will be wholesale massacres. For humane reasons," he said, "the United States should accept the mandate for all Turkey." He believes 100,000 Americans could police both European and Asiatic Turkey and keep the country in order for two years or until local conditions are stabilized. With 400,000 to 500,000 Armenians now in Russia Armenia will undoubtedly starve or be killed if the British leave without other foreigners entering to act as a police force, as Armenia is



After years of subjugation, the end of the war allowed Romania to incorporate lands inhabited by Romanians resulting in it nearly doubling its pre-WWI size. However, Romania was unsatisfied with the terms of the peace and sought to subjugate the Hungarian people, thus starting a new war in central Europe.

being oppressed equally by the Turks, Tartars and Kurds.

These people surround the Armenians on all sides, persecute them and will not permit through to reach them. The 40,000 children now being fed by Americans must invariably starve if no foreign police force is to be provided. Even the British protection and relief workers lost 20% of their foodstuffs in transportation. There are probably another half million Armenian fugitives in southern Russia who want to return home, but cannot do so.

Romania Is Bitter, An Alleged Attack On Allied Nations

Romanian troops agreed to leave Bucharest, in consequence of the notes sent to Romania by the Allied Central command. A statement attacking England and America, demanding that Hungary be united with Romania under the sovereignty of King Ferdinand and threatening to strip Hungary if the Romanian army is forced to withdraw from that country has been presented to Archduke Joseph, head of the Hungarian government, by the authorized Romanian representative at Budapest.

Claiming that they are trying to defeat Bolshevism, the Romanian note further stated: "There are 250,000 workmen in Budapest who are only waiting for the Romanians to leave Hungary to immediately take the situation into their own hands, which would mean the return of Bolshevism. The uncaring government cannot depend upon the Allied powers for assistance, for those powers have withdrawn troops from Russia and America is unwilling to send

a single soldier. We do not trust the Allies, which want to humiliate us. We are willing to withdraw our troops, if necessary, but we will carry off everything and strip the country just as Field Marshal MacKensen did to Romania."

"The only grudge the Allies have against us is that we refuse to have English and American capital dominate Romania. Hungary must follow Romania's policy in not accepting English and American capital. Whatever would remain after the Romanian retreat would be taken by the Allies anyways. The Allied idea is to have Romanians and Hungary fight and destroy each other, the Allies thereby getting all."

"There is only one policy for Romania to pursue, that is a junction between Hungary and Romania, rule by the remaining King. We do not care what the Allies want to do or is doing. We will follow our own policy."

Meanwhile, the Romanians, according to reports from Bucharest, are stripping the country and seizing the railway and transportation lines. Supplies of all kinds are in readiness to be moved out of the country. The Romanians have taken flour and sugar from warehouses and even threshing machines working in the harvest fields, and seized food and medical supplies from hospitals.

August 21

Common Ground On Treaty May Be Found

President Wilson and administrative supporters in the Senate will come to



The Hungarian-Romanian War was fought between the First Hungarian Republic (as the Hungarian Soviet Republic from March 1919) and the Kingdom of Romania. Hostilities began on 13 November 1918 and ended on 3 August 1919. The Romanian Army occupied eastern Hungary until 28 March 1920.

close grips this week with the proposals and reservations to the covenant of the League of Nations; fitnesses being employed in the preliminaries by both sides to the controversy.

The announcement that President Wilson will never consent to textual changes in the treaty that some senators at first blush to think that possibly all negotiations looking to compromise were off, until they figured out that there is a difference between textual amendments - which are not proposed by a working majority - and reservations, which the president's supporters in the Senate think they may find acceptable in the end.

Textual amendments, it was explained, would necessitate sending the treaty back to the Peace Conference. Some of the proposed peace treaty changes include:

1 - That whatever the two-year notice of withdrawal from the League of Nations had been given by the United States, as provided in Article 1, the United States shall be the sole judge whether all its international obligations and all its obligations under the covenant shall have been filled at the time of the withdrawal.

2 - That the suggestion of the Council of the League of Nations as a means of carrying the obligations of Article 10 into effect are only advisory, and that any undertaking under the provisions of Article 10, the execution of which may require the use of American military or naval forces or economic measures, can, under the Constitution, be carried out only by the action of Congress, and that the failure of the Congress to adopt the suggestions of the Council of the League or provide such military or naval forces or economic measures shall not constitute a violation of the treaty.

3 - The United States reserves to itself the right to decide what questions are within its domestic jurisdiction, and declares that all domestic and political questions relating to its internal affairs, including immigration, coastal traffic, tariffs, commerce and all other purely domestic questions are solely within the jurisdiction of the United States, and are not by this covenant submitted in any way easy to arbitration or to the consideration of the Council or the assembly of the League of Nations or to the provisions or recommendations at any other power.

4 - The United States does not bind itself to submit for arbitration or

inquiry by the assembly or the Council any question which is the judgment of the United States depends upon or involves its long-established policy known as the Monroe Doctrine, and it is preserved unaffected by any provisions in the said treaty.

These four points above the main objection, which has been urged against the League of Nations.

Allies Forbid Romania To Strip Hungary

Romania will not be permitted to strip Hungary, according to the draft of the supreme council's reply to the last note from Bucharest. The Romanian government was informed that the fixing of the amount of reparations to be made by Hungary, as well as its distribution, is a matter under control of the Allied and associated powers, and that until final decision is reached all war, railway and agricultural material in Hungary and subject to distribution will be under the common administration of the Allied powers.

The supreme council insists on the fact that the final recovery of war, railway and agricultural material, cannot occur at present. According to the principles of the Peace Conference accepted by the Allies it is the right of the assembly of the Allied and associated powers alone to fix the reparations to be made by Hungary. Neither the Romanian army nor the Romanian government has the right itself to fix Romania's share, assets of all kind belonging to Hungary being a pledge

held by the Allied Powers in general.

Delivery of the Romanian note, in which the Bucharest government claims that the Romanians, in confiscating property in Hungary were merely getting back Romanian property and insisted that the armistice of November, 1918 no longer exist, and that Romania considered herself still at war with Hungary. They state that the Hungarian Archduke is violently hostile towards the Romanians, and as commander of the Austrian Hungarian troops in Transylvania, he permitted the soldiers to commit atrocities on the Romanian people. When there was talk of disposing King Ferdinand, the Archduke was the principal Austrian candidate for the Romanian throne.

August 28

Bolshevik's Leave Death In Wake

Before the Bolsheviks abandoned Riga they murdered most of the civic leaders, played machine guns on the persons in one prison and sacked the homes of the wealthy. The inhabitants of Riga however were heartened by the arrival of American supplies and turned on their oppressors and were now hunting down the Bolsheviks and executing many daily.

A large radical element however, is left in the population, and failure of the authorities to provide food until the city can get on its feet again might lead them, with the assistance of the Bolsheviks still in hiding, to attempt another uprising.

Before the Bolsheviks abandoned the city they opened the doors of one prison and drove the prisoners into the yard, where machine guns were played upon them. The bodies of seven clergymen and a number of women were found when the troops entered the city.

Under the Bolshevik reign occupants of handsome residences were moved into slums and hordes of ruffians invaded richly furnished apartments. Houses of the wealthy were ransacked and furniture, clothing and jewelry shipped into the interior.

To be well dressed in Riga today is

dangerous. A grim local saying is "if a man is well-dressed he is a Bolshevik; if in rags, he is harmless."

The Bolsheviks divided the population into three classes for distribution of food. To receive daily ration, applications had to be made for cards, but as applicants were often thrown into prisons instead of receiving cards, many were frightened into staying away and starving.

Feeble men and women stood in line for hours to receive their rations, and often there was no bread for weeks. When there was any extra food, such as meat, fats or vegetables, Bolshevik commissioners were the only ones to benefit. No food was to be had in the open markets.

As the Bolshevik food supplies were insufficient, the inhabitants either starved, or if they had property, exchanged jewelry or clothing for bits of food smuggled into the city by the peasants from the country. Exorbitant prices were demanded. Bolshevik currency, printed in vast quantities, was thrown about in the streets, being practically valueless.

Even with the arrival of the American supplies food conditions were distressing. 'Roof Rabbits' - Bolshevik for house cats - are bringing almost prohibitive prices, as they are virtually the only form of meat available.

Almost 187,000 persons, nearly 15,000 of whom are seriously ill from typhus, effects of starvation and other causes - are receiving a meal a day from fifteen American kitchens, while American bread is being distributed from 90 depots. With an epidemic of dysentery feared, American medical experts are studying the situation to decide what foods are most urgently needed.

Curious crowds still gather on the waterfront watching white flour unloaded from American ships of the American relief administration. Women and children in warehouses pinch flour from the floor and eat it raw from the fingertips. After five years of war and Bolshevik rule the population has been reduced from 12,000 to 4,000.

Austrians Fear Ruin, Collapse

The entire text of the Austrian counterproposal to the Allied peace terms,

which the Allied delegates are still keeping strictly secret, and to which they expect to make the final reply within a few days, are voluminous.

The Austrians argue every point in the peace treaty thoroughly. The Austrians claim that the treaty, as drafted, is declared utterly unacceptable. The German-Austrian government dislikes to sign engagements which surely are impossible of fulfillment. These terms mean ruining collapse of Austria, but if it is necessary she will, of course, submit.

Austria hopes to be allowed to join the League of Nations immediately after the treaty is signed. The Austrians claim that the new frontiers will adjust and deliver many German-Austrians to other states. The election showed that 33% of the voters in Bohemia, 20% of those in Moravia, and 66% in Silesia are Germans. Many million Germans are shut within Czechoslovakia. A plebiscite is requested in certain communities, which are purely German to allow the people to decide whether they do not prefer the former part of German-Austria. These communities are necessary to the revitalization of Vienna.

The Austrians say they are grateful for the inclusion of the District of western Hungary within the new Austrian boundaries, but would prefer that a plebiscite be held in those districts so that the people themselves could decide.

After citing the name of the patriot Andreas Hofer, the Austrian reply ventures to protest that the old spirit of Hofer will rise and shake off the yoke of the peace treaty, the weight of which is an insult to the mountain people, who are jealous of the independence of their Fatherland. According to the treaty provisions regarding nationality, some former Austro-Hungarians will belong to several nations at once and others to no nation at all.

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HISTORY

Gateway to the Mountains

George Wireman
Originally published in 1969

Editor's Note: As head of Emmitsburg Historical Society, I had the opportunity, nay the honor, of getting to know George Wireman well. He was a great asset to the Emmitsburg Historical Society as we assembled our history of the Greater Emmitsburg area - know as the Tom's Creek Hundred.

As our friendship matured, and George discovered I know something about computers, not a month would go by without a call from George about his e-mail going down. I can still here his grainy voice now "Michael, my e-mail is down again..."

Not that I had anything to do with his e-mail service mind you - he was on AOL - but I gave up trying to explain that to him and would always drop whatever I was doing and drive down to fix his e-mail - which usually invoiced nothing more then turning his computer off and restarting it.

Prior to his death, George handed over to me much of his historical material, asking that I put them on-line so they never get lost - which I did. But as I've discovered with Emmitsburg's history, there is a whole new generation that is unaware of George's life work. So it gives me great pleasure to introduce to many of our reader

George sentinel work - Gateway To the Mountain. It's in 40 chapters, so it's going to take a while to reprint it. For those who become enamored with the book and wish to jump ahead, you can always access the full book on www.mythurmont.net.

Foreword

A vigorous and growing community such as ours must preserve its historic heritage and pass it on to succeeding generations. This heritage tells the story of the growth of Thurmont (now over 216 years old), its trials, its accomplishments, and goals. It provides the key to understanding the present and planning wisely for the future. How well we safeguard and interpret this priceless legacy will determine the kind of community we shall have tomorrow.

In the writing of books there are many motives. Some are writ-ten only to entertain, some to inform,

some to educate, and still others to persuade. This volume is written for the purpose of pre-serving important and historic data for future generations.

"Gateway To The Mountains" is not offered as a serious historical work, though the author has striven for accuracy as to the names and dates occurring in the descriptions herein. The author's intent has been to gather the more important happenings, events, and characters of this community; put them into brief readable form and to add a number of illustrations and photographs so as to fix their locality and help to impress them on the memory.

Thurmont, unfortunately, has never been given the attention she justly deserves by the writers of history. In fact it might be said that in the early days of this little community, the pioneers and early settlers seemed to be more concerned about making history rather than recording it for future generations. Consequently, there are scores of our citizens who are ignorant of much of this community's past and unacquainted with the many activities found within the corporation limits and surrounding areas.

These pages, it is hoped, will prove a source of enlightenment along these lines and lead to a keener appreciation of the many attractions and the contributions which Thurmont has made to society, our nation, and the world.

It is no small task to get into tangible form the historic data of a community that is over 216 years old. Due to incomplete records and conflicting historical data, there may occur errors, mistakes and omissions which is not meant to be intentional.

"Gateway To The Mountains" is a true story of achievement and invention as well as a story of marked progress by the many citizens who helped to build this historic little community, nestled in the foothills of the beautiful Catoctin Mountains of Western Maryland.

This Book is dedicated to my grandchildren and future citizens of Thurmont.

Chapter 1 - Early Settlers

It is a far cry from the present modernized conditions and appearance of things in Thurmont, to the times when, not only the mountains, but the valleys on each side, were entirely covered with the forest that extended far and wide in every direction. The landscape was broken only by the farms and little log cabin homesteads of the early pioneer settlers who were engaged in their arduous daily labors. When going to their log built churches or elsewhere for that matter, they carried rifles in defense against the wild beasts and Indians who might unexpectedly attack them.

Long before any white man invaded the peaceful valley at the foot of the beautiful Blue Ridge Mountains, Mechanicstown had its real beginning - in Germany. The earliest records consulted showed that Daniel Weller, of the province of Berleberhischen, Germany, had three sons, Jacob, Joseph and John. Wishing to escape the religious persecution, which was a by-word in Europe during the early 18th Century, Daniel Weller invested his life savings into passage for his wife and sons, to the fabled land of freedom on the other side of the Atlantic. It was quite an investment, but Daniel Weller knew that he was investing his money in a future for his loved ones. The Wellers landed in Philadelphia, and immediately pressed on to a rural area, in hopes of finding a spot at least reminiscent of the mountain-fast valley of their native Wurtemberg. So it was that Daniel Weller chose Berks County, Pennsylvania, where adjustment to the New World was made easier by the fact that 10,000 Germans had already settled there, banding together with the common ties of language and customs.

Six years later, however, Daniel Weller realized that he must leave the security of that already over-crowded German community and push on into the wilderness, if he was to wrest from this new land the opportunities and advantages that he had gambled for in leaving his native country. Then too, there were many disputes arising over boundary lines, more especially between Lord Baltimore and William Penn, over the bound-

aries of the Pennsylvania and Maryland line. And so, in 1742, the Wellers and several other families set out over the Pennsylvania-Virginia Road (later to be known as the Woodsboro Pike), which was frequently used by General George Washington, when he traveled between Philadelphia and Mount Vernon. The Wellers pressed on to the intersection of the pike with the Baltimore and Pittsburgh Road.

There, a thriving little settlement had already been established by Lawrence Creager, known then as "Monocasia" because of its proximity to the river known by that Indian name ("river of many bends"), but later renamed "Creagerstown." Creager, at the time, owned all of the land from his settlement west to the mountain, and was eager to attract new settlers; so the Wellers tarried for a while.

Still determined to have his own land, Daniel waited until his sons, Jacob, John and Joseph, were full-grown and able-bodied men. In 1748 the Wellers reached that parcel of land which now comprises the northern part of Frederick County. This land was held under patent from the King of England by Lord Baltimore, who in turn subletted a great part of it to Daniel Dulaney, a land promoter in Baltimore City. As an inducement to attract settlers, married couples were offered 200 acres rent-free for the first three years of their tenure, after which a maximum rent of four shillings per 100 acres was charged annually.

Though it is not certain whether all three of Weller's sons were married at the time, it is still an unquestioned fact that the Wellers had a right to claim several hundred acres of land. So, looking for an ideal spot, the Wellers finally arrived in the valley at the foot of the Blue Ridge Mountains. They were immediately impressed by the beauty, the luxuriant growth of the virgin timber, the fertility of the soil, and the plenteous supply of water, so they decided to



Downtown Thurmont in the early 1900s - truly the Gateway to the Mountains

stake their claim and stay.

The Wellers looked around for a spring by which they could make temporary camp - and found the cradle of clear, cold water which they immediately referred to as Cold Spring (known today as the Webster Spring and located near Route 77 just west of Thurmont).

A tragic circumstance furthered the decision of the Wellers to make Thurmont their permanent home. Although complete details are unfortunately not available today, it is believed that a child, the daughter of one of the Weller sons, was taken ill as a result of the trip through the wilderness and died in the crude shelter of their make-shift home by the spring. Records do not indicate the name or age of the youth, who died a victim of frontier privations.

According to tradition, five families, the Wellers, Creagers, Willhides, Firors and Eylers were the early settlers of Thurmont and vicinity. Many of these early pioneer family names are still found in our community today, but among the very earliest was one Jacob Weller.

There is a tradition that a grant of land given to Jacob Weller must have been given by one of the Lord Baltimores, and it was from this grant of land that the will of the first Jacob Weller gave to Jacob Weller.

The Wellers built several homes at scattered locations to make permanent their settlement. Their first home was erected adjacent to the spring, which has long since been reduced to rubble by the ravages of time and weather, so that only a

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HISTORY

crumbling stone wall remains bordering the spring. Less than a hundred feet away, however,

stands another Weller home, built around 1751, when other settlers began moving into the valley to make their home here.

The town that the Weller family started was destined to grow because of its location along the road leading to Hagerstown. An influx of carpenters, blacksmiths, mechanics and farmers in 1751 gave it its first claim to "town" status, as all sorts of shops were opened in the settlers' homes.

The practicality of these early settlers, resolved to supply all of their own needs, is demonstrated by the versatility of one James Creager, a cabinet-maker by trade. Much of his skill was required in the making of coffins, so he became an undertaker and, with the help of his sons, Wesley and Luther, cornered the funeral market for miles around.

A second-generation Jacob Weller (son of John Weller who is often recognized as the founder of Thurmont) married an Anna Krall in 1774. The oldest son of this union, also a Jacob, became an outstanding leader, recognized for his wisdom and vision. He considerably enhanced the respect which he already commanded by suffixing his signature with the initials, "B.S." He had reason enough to do this, just to distinguish himself from the many other bearers of that popular name in and about the settlement at that time. But he was well aware of the importance it gave him, too, in the ken of those who did not know that "B.S." stood for "Black-smith". He was in truth though, a skilled blacksmith and mechanic, having served an exacting apprenticeship in the tilting-hammer forge of his father, Jacob Sr., had built. The pride he took in the hatchets, axes and other

items he produced was borne out by the inscription carefully cut on every piece that he forged - "Jacob Weller, B.S."

It was this Jacob Weller, B.S., who, with his brother Joseph, was engaged in many activities at one time established a match factory on West Main Street and thus became the first in America to make Lucifer Matches. (I will cover that in Chapter 8)

The name Jacob Weller strides across the pages of Frederick County's history as a vivid figure, a man whose interests and attainments

were notable in frontier periods. It was he who built the first hotel to accommodate the travelers. As a result of his deep interest in drugs and medicine, Jacob Weller was also known to have had a large library of medical books.

As this little community began to grow it became known as Mechanicstown,

having received its name from the many mechanics that lived here. There were potters, tanners, cabinet-makers, carpenters, wheelwrights, shoemakers, blacksmiths, machinists and others.

Jacob Weller can be truly looked upon as having done more for his community than any other citizen of his day. One often wonders where he found the time to accomplish the many worthwhile projects which have been credited to his name. He is known to have started the first Post Office as well as erecting a number of substantial dwellings and he was the moving spirit in donating land for the erection of a church and cemetery, and, strangely enough, was the first person to be buried there.

Continued next month

John Brown



of the Catocin Colorfest, was a former member of the Board of Thurmont Main Street; and was a member of the Thurmont Lions Club where he recently received the International Association of Lions Clubs' Life Membership award for his long-time service with the Lions Club Eyeglass Program. As a member of St. John's Lutheran Church, John served on the church council both as a member and as a chair.

John William Earl Brown, passed away while vacationing with his family on July 24. His family was with him when he passed. Born November 28, 1939 in Cascade, he was the son of the late Stanley and Pauline Brown. He was pre-ceded in death by his wife Betty Brown.

Mr. Brown owned and operated Browns' Jewelry and Gift Store for nearly 40 years. He was an artisan who enjoyed designing special pieces for his valued clients. Prior to being a jeweler, Mr. Brown was a lab technician at Fort Detrick, Wayne Laboratories, and the Maryland State Animal Health Lab.

Mr. Brown was a dedicated member of the Thurmont community. He served as a president

event he could physically attend. He cherished time with his family, especially the traditional yearly vacation to Pine Knoll Shores, N.C., where he taught his grandchildren to fish, treated everyone to lovely dinners, and told tales that only he could tell.

Mr. Brown is survived by his daughter Stacey Brown-Hobbs and her husband Michael Hobbs and numerous grandchildren.

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MOM'S TIME OUT

Curve ahead

Mary Angel

I have been a little nostalgic recently, which has led me to revisit some of my older articles and advice to all of you. I have definitely given more than my fair share of advice but, I have also given you all a lot of warnings. Warnings like "did you know they won't always remain babies" or "they will one day, no matter what you do, become teenagers". After all of these earth shattering warnings I realized I have left out a very important one.

Yesterday, while driving with my son I realized I forgot to warn you

that when your children become teenagers they will also be old enough to drive! That is right, I said drive. As if that isn't bad enough, you will be the one who has to be in the passenger's seat when they are behind the wheel. This is an inevitable fact of life. They need to learn and they need a licensed adult in the seat next to them while they do so. So, when I said I was driving with my son, what I really meant was that I was sitting white knuckled in the front passenger's seat wondering why I hadn't bought a vehicle with more "Oh S**t!" handles. I am not sure of that is the technical term for

those handles but, I do remember my mom referring to them that way when she taught my brother to drive (now I understand why).

There is no logical way around this rite of passage. The bottom line is that they will need a license to get to work or college or both. For some moms there is the chance that the dad will do all of the practice driving and you will be able to just comfort your husband as he regales you of the trials and tribulations of the evenings deadly cruise. The other option is to spend your retirement to pay a driving school to complete your child's 60 hours of practice driving (which will run you around \$2700 including your complementary hours included in the class). I guess you should research relaxation breathing techniques, suck it up, and drive with your teenager.

I can tell you that frantically stomping your imaginary brake will only heighten their stress level (and consequently, yours). I recommend finding a very large, empty parking lot to begin your practice. If you are starting in the summer then any school is a good choice. Church parking lots are also a pretty good choice. When I was young the driver's education class was a credit class in high school, no you will



be required to locate one separate from school. It is a 2 week fairly intensive class. Be forewarned that your child will begin to correct your driving after their second class (at the latest). Also be aware that some of the rules have changed. I will never forget when I asked my sons instructor a very precise question, that I was positive of the answer, and he corrected me with a, "They haven't done it that way in years".

For the most part it will go better than you expect, but of course there will be those few incidents that you can all laugh about for years to come. For example, my son had one red light that when it turned green he couldn't seem to take off without giving me whiplash. There were no other stop signs or red lights that had that prob-

lem except for one. My mom still tells the story of learning to drive with my grandmother. One time in particular her mom said "hit it" and my mom kept questioning the instruction until my grandmother yelled, "HIT IT!" With that my mom hit the gas and ran up over the concrete parking chock. My grandmother apparently looked at her in shocked and demanded to know what she was thinking. The bottom line is that my grandmother meant hit the brake and was not clear. You must be crystal clear with a new driver. I obviously didn't learn anything from this story when I was trying to get my son to understand that when I scream "STOP" I mean immediately. I told him to go slowly down the lane and I would yell stop and he should stop immediately. I did not explain that you don't need to push the brake through the floor and I ended up with whiplash and a bruise from the seatbelt. Maybe it wasn't that bad but, I was much clearer from then on.

The incident that actually sparked this article was one where I was in the back seat and my husband was the driving instructor. We were stopped at a red light waiting to make a left when we got a green arrow. My husband says go and our son goes a foot or two and stops and my husband says go and then we go another 2 feet. It looked like our van had the hiccups. It turned out that our son thought the oncoming traffic had the right of way because he had never seen a left turn arrow. Apparently there are a lot of opposites and exceptions when you drive. I guess when you have been driving for so long they just become second nature.

I do know when we first started practicing he would jerk the car when he started moving. So we talked about taking your time and having smooth (non 80 mile an hour) starts. Then I realized that he was almost hesitating when he would pull out into traffic because he was trying to be "smooth". Then we had to talk about committing to your decision and pressing firmly but not crazily on the gas. Just like the turn arrow, oncoming traffic does have the right of way unless you have a green arrow. Another one is right on red, unless there is a sign stating you may not.

All of your teens will have different struggles when learning to drive. As for us moms the struggles we will have in common are blood pressure issues, our imaginary brake not working, and worrying about our new driver. Hang in there moms!

To read other articles by Mary Angel visit the Authors section of Emmitsburg.net.

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WELCOME BACK TO SCHOOL!
MOUNT STUDENTS!

What to do with all these Zucchini??!!??

Kay Hollabaugh
Hollabaugh Brother's Fruit and Farm Market

Zucchini is a summer squash which has truly fed people for over 2000 years! Although the word is that it originated in the Americas, its seeds were carried back to Europe where it became wildly popular. During and after World War II, Americans were reunited with the squash after soldiers, on duty in Europe, enjoyed the tender vegetable in countries which bordered the Mediterranean – especially Italy. So yet the next reason to thank a soldier – for bringing Zucchini back to the states!

For those of you with a garden, likely your “zukes” are producing wildly by now and you are wondering just what to do with them. Neighbors will take only so many! Zukes differ from fall squash in that their skin is tender, their seeds are tender, and their flavor is much more mellow. Their shelf-life is also not nearly so long as some of the fall squash like Acorn, Butternut and Hubbards. So enjoy your zucchini now. You can't put them in a crate and eat them in a month!

I've included some of my tried and true zucchini recipes and purposely did not include just a plain old “zucchini bread” – although it truly IS one of my favorites!

Zucchini Corn Medley

Ingredients:
¼ c. Butter
½ C. Small Onion
3 Small Zucchini
3 Ears of Sweet Corn
Salt
Pepper

Cooking Instructions: Heat butter in a skillet and stir in onion until softened and translucent – about 10 minutes. Add zucchini and corn and season. Cook about 20 minutes or until desired softness.

I enjoy this recipe as it blends 2 of my favorite summer vegetables!

Zucchini Crab Cakes

Ingredients:
2 C. Grated Zucchini
2 Eggs
¼ Chopped Onion
½ C. Flour
½ C. Grated Parmesan Cheese
½ C. Shredded Mozzarella Cheese
¼ to ½ Tsp. Old Bay Seasoning
Salt to Taste

Cooking Instructions: Combine all ingredients well. Fry until lightly browned on both sides. Serve plain on a bun. Add tartar sauce if you'd like. You'll think you're eating a crab cake sandwich! At much less the cost!

Squash Carrot Cake

Ingredients:
1 C. Granulated Sugar
¼ C. Brown Sugar
1 C. Vegetable Oil
3 Eggs, Beaten
¼ Tsp. Vanilla
1 ½ C. Zucchini, grated
1 C. Carrots, finely grated
2 C. Flour
1 Tsp. Baking Soda
1 Tsp. Baking Powder
½ Tsp. Salt
1 Tsp. Cinnamon
½ Tsp. Allspice
¼ C. Orange Juice
1 Tsp. Grated Orange Rind
½ C. Chopped Nuts (Opt.)
Shredded Coconut (Opt.)

The glaze consists of:
1.5 C. 10x sugar
1 T. butter, softened
½ tsp. vanilla
2 to 3 T. orange juice, well blended

Cooking Instructions: In a large mixing bowl, blend sugars, oil, eggs and vanilla. Stir in squash and carrots. In a separate bowl, combine dry ingredients and stir into first mixture gradually with orange juice. Stir in rind and nuts, if using. Bake in greased 13x9x2 inch pan at 350 degrees for 30 to 35 minutes. Frost with orange glaze and sprinkle with shredded coconut, if desired.

Italian Squash Casserole

Ingredients:
1 Lb. Ground Beef
1 Medium Onion, Sliced
3 Cans (8 oz.) Tomato Sauce OR 3 C. Diced Fresh Tomatoes
1 C. Dry Red Wine
1 Tsp. Italian Seasoning
Black Pepper to Taste
Garlic Salt to Taste
1 T. Sugar
½ Tsp. Salt
Grated Parmesan Cheese
2 Pounds Zucchini

Cooking Instructions: In a large skillet, brown the meat and onions. Stir in tomato sauce, wine and seasonings. Cook over low heat an hour, stirring occasionally. Wash squash, trim off ends and boil in large pan of salted water, 8 to 10 minutes. Cut squash in half lengthwise when barely tender. Scoop out seeds and pulpy membrane. Place cut side up in a greased, shallow baking dish. Pour sauce over the squash and bake at 350 degrees for 45 to 50 minutes. Sprinkle with Parmesan cheese before serving.

Chicken Zucchini Casserole

Ingredients:
1 Package (6 Oz.) Stove Top Stuffing Mix
¾ C. Butter
3 C. Diced Zucchini
2 C. Cubed, Cooked Chicken Breast
1 Can Condensed Cream of Chicken Soup (10.75 oz.)
1 Medium Carrot, Shredded
½ C. Chopped Onion
½ C. Sour Cream

Cooking Instructions: In a large bowl, combine UNPREPARED Stove top stuffing mix with melted butter. Set half of this mixture aside. Add all remaining ingredients to the stove top mixture. Transfer to a greased 11x7 inch baking dish. Sprinkle with remaining stove top mixture. Bake at 350 degrees, uncovered, for 40 to 45 minutes or



till nicely browned and bubbling.

Texas Squash Skillet

Ingredients:
4 T. Butter
1 Large Onion, Chopped
1 Small Green Pepper, Chopped
1 Clove Garlic, Minced
2 to 3 Lb. Squash, Sliced
4 Fresh Tomatoes, Peeled and Chopped
1 Tsp. Salt
¼ Tsp. Pepper
¼ C. Grated Parmesan Cheese

Cooking Instructions: In a large skillet, saute onion, green pepper and garlic. Stir in squash, tomatoes and seasoning. Cook over low heat, stirring occasionally, till squash is tender. Sprinkle cheese over top and serve.

Events at Hollabaugh

Bros in August

Every Wednesday Morning at 9 and again at 10:30 – Read, Learn Grow – Cost is \$7 first child, \$6 each additional child in a family. No registration required. Most appropriate for ages 3 to 7. Last class is August 7
Adventures, Experiments and

Other Exploits – Every Thursday at 10. Last 1.5 hours. Cost is \$15.00/child. Registration IS required. Last class is August 8.

Peach Fest – 12 to 4:30. Suggested parking fee of \$1 to benefit Adams Co. United Way. Food stand by United Way. Live entertainment. Bounce House. Peach Ice Cream Sundaes and Milkshakes. Samples. Fun for all ages.

Aug. 3 - Kids' Night: Summer Celebration – 6 to 8 p.m. Cost is \$4 per child; no registration is required. If inclement weather, check FB and/or website for cancellation policy.

Aug. 8: Adult Cooking Class: August Produce Special: Salsa 7 to 8:30 PM. Cost is \$20. Registration is required.

Aug. 18: – Paint A-Long Event: Ode to Starry Night – 1 to 3 p.m. Cost is \$35 which includes supplies and a light refreshment. Registration is required at paint-along-withDeb.eventbrite.com.

Aug. 24: Mommy and Me Picnic Tea – Noon Seating. Cost is \$20/person. Registration required.

For more information visit www.Hollabaughbros.com

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LIBRARY NEWS & EVENTS

Blue Ridge Free Library

Monday - Story Time starts at 4:30 p.m., immediately followed by Legos and Wee Build Imagineering until 5:30.

Wednesday - Coffee club from 4 - 5:30 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, &c.

Wednesday - VITT (very important teens and 'twens) night. The community room is reserved for teen use from 6 - 7:30 p.m.. just hang out or play Wii, play board games, do puzzles, eat snacks, watch movies, make movies, etc.!

Saturday - Join us at 11 a.m., for Story Time and all of its festivities! What could be better than a great book and a fun craft?

Upcoming Special Events

Zero, our wonder therapy dog, will be at the library from 5:30 - 6:30 p.m. on August 20 for the ever popular "doghouse sessions". He loves a good book and great company so stop on by and get a fuzzy cuddle! He also has a brand new book to preview and coloring pages and business cards to share.

The Summit Stitchers Quilt Club is also meeting at 5:30 p.m. on August. New members and new projects are always welcome! Any skill level may attend. If you have always wanted to learn how to quilt, now is the perfect time to start! The group is currently working on this year's gor-

geous raffle quilt.

The Dining Car Food Club will be meeting at 6 p.m. on August 15. The theme this month is "Farmers Market Festival" so please put on your creative cap and bring a dish of seasonal foods to share.

The Train of Thought Book Club will meet on August 22 at 6 p.m.. This month's discussion will be about Tolkien and the Great War: The Threshold of Middle Earth" by John Garth.

Frederick County Library Emmitsburg Branch

Family Storytime - Every Tuesday and Wednesday at 10:30 a.m. and every Tuesday night at 6:30 p.m.

Imaginarium - Aug. 1, 8, 15, 22, 10 - noon. spark your child's imagination as you play, explore and learn as a family.

The Organic Difference with the Common Market - Saturday, Aug. 3, 10 a.m.. The Common Market explains the definition of "organic." Learn the pros and cons of organic versus conventional food. Organic snacks provided.

STEM Mondays, Aug. 5 & 19, 4 - 5 p.m., 8/5: Math Fun, 8/19 Technology.

Summer Challenge Sponsor Event: The Little Gym of Frederick Experience (Ages 0-12) - Wednesday, Aug. 7, 10:30 a.m., Boost your brain with movement and play presented by The Little Gym of Frederick.

Universe of Stories Storytime - August 10 & 17, 10 a.m., enjoy stories, music and a fun activity each Saturday morning!

Teen Clothing Swap - Saturday, Aug. 10, 1 p.m., refresh your wardrobe for free! Bring items you no longer want and go home with some new pieces.

R.E.A.D. with Wags for Hope - Aug. 15, 5 - 6 p.m., children read to Reading Education Assistance Dogs.

Constellation Embroidery - Aug. 24, 10:30 - 12:30 p.m., create a simple piece of embroidered constellation art for display.

On-site at Stravros Pizza: Make Pizza - July 25, 5 - 7 p.m., make pizza from scratch with Stavros Pizza.

Thurmont Regional Library

NEW! Musical Storytime - Every Monday at 10:15 a.m.

Family Night on the Deck - Every Friday night at 7 p.m.

Nature Sprouts - Aug. 1, 8, 15, 22, 29, 2 p.m., explore the natural world through stories and fun activities.

Owl Pellet Dissection - Aug. 1, 4 p.m., learn about owls. Take apart your own pellet discovering bones, fur, and what they've eaten.

How the Climate Crisis is Transforming Maryland - Thursday, Aug. 1, 7 p.m.. Bob Brenneman, Professor Emeritus, Montgom-

ery College and trained Climate Reality Leader leads a discussion on how the climate crisis is affecting and transforming Maryland, along with how individuals can get involved.

Family Night on the Deck: Scales & Tales - Aug. 5, 7 p.m., every animal has a story - even snakes, lizards and turtles. Cunningham Falls Park Rangers give a reptile wrap-up with live animals.

Guardians of the Galaxy Escape Room - Aug. 6, 1 - 4 p.m., use your wits to solve puzzles and unlock clues as you traverse a Guardians of the Galaxy-themed escape room.

Space Camp - Tuesdays, Aug. 6, 13, 20, 27, 1 - 2 p.m., train to be an astronaut and learn about the universe.

Universe of Stories - Saturdays, Aug. 3, 10, 17, 24, 30, 10 a.m., enjoy stories, music and a fun activity each Saturday morning!

Luis Garay: Percussion World Duo - Aug. 7, 2 p.m., listen to some great music and enjoy hands-on percussion fun!

Storyland: A Sensory Storytime for Little Ones Aug. 9, 10 a.m., a special Storytime in partnership with Frederick County Infants and Toddlers Program.

Choose Civility: 2020 Census: Employment Opportunities - Aug. 9, 11 a.m. - 1 p.m., representatives from the Census will be available with information about employment with the Census Bureau.

Fermented Food Series: Sauerkraut for Strength: Vegetable Fermentation for Beginners - Saturday, Aug. 10, 11 a.m. - 12:30 p.m.. Rachel Armistead of Sweet Farm shares the basics of vegetable fermentation and probiotics as you make your own sauerkraut. Enjoy samples of Sweet Farm's product line.

Music on the Deck: Herb & Hanson - Aug. 11, 2 - 4 p.m. American Roots duo Herb and Hanson perform songs on mandolin and guitar from Americana's oldest influences.

Family Night on the Deck: Paint Night with Pandy - Aug. 12, 7 p.m. Pandy, a 3-year-old therapy

dog, loves to paint. Her handler, Dr. Monica, shares Pandy's story to inspire creativity.

Cookies and Card Games - Aug. 14, 6 p.m., eat cookies and play new and classic card games.

Create Retro-Chic Furniture - Thursday, Aug. 15, 6:30 p.m. Timeless Trends Boutique owner, Virginia LaRoche, demonstrates paint techniques to transform old furniture into retro-chic treasures.

Family Night on the Deck: Bingo - Aug. 19, 7 p.m., celebrate the end of summer and win fun prizes.

Art on the Deck: Painted Bottles - Aug. 21, 6:30 - 8:30 p.m.. Artist Michele Maze teaches bottle painting. All supplies included. Wear your artist's smock! Free tickets will be distributed the evening of the event beginning at 6:15 pm.

Perler Beads & Popsicles - Aug. 22, 6 p.m., design your favorite character with these colorful beads then turn it into a magnet, coaster, or key chain.

Board at the Library - Aug. 23, 2 p.m., play board games at the library, both old favorites and newer releases.

Chess Club - Aug. 24, 11 a.m., stop in to learn, play, or sharpen your skills. All ages and skill levels welcome.

R.E.A.D. with Wags for Hope - Aug. 24, 11 - noon, children read to Reading Education Assistance Dogs.

Open Memory Lab - Aug. 25, 2 - 4 p.m.. use our equipment to convert your photos and analog home videos to digital formats you can share and enjoy today! Lab volunteers will be available to help.

Art on the Deck: Paint a Tile Trivet - Aug. 26, 6:30 p.m., artist Michele Maze teaches you to paint your own tile trivet on the deck. All supplies included. Wear your artist's smock!

Teen Advisory Board - Aug. 28, 6 - 7 p.m., let your voice be heard and influence the library! Gain leadership and volunteer experience and discuss what the library can do for you. Snacks provided.

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SCHOOL NEWS

School system buzzes with summer activity

Joy Shaffer
Frederick County School Board

Those out and about Frederick County this summer may notice school buses traversing their routes, or school parking lots packed to capacity – unexpected sights during the break. But Frederick County Public Schools (FCPS), like most school systems, is abuzz with lots of activity over the summer months with continued programs and services to students as well as preparations for the coming school year.

Still Serving Students - Hundreds of students engage in learning throughout the summer, in a variety of ways. FCPS provides students with a variety of programs, instruction, and services throughout the summer.

Students receiving special education services are able to continue those services through July. This is especially important to ensure students are able to maintain skills and continue to make steady progress.

Through the County's Virtual School, approximately 650 students

participate in summer learning, to improve a grade for a course they've already taken, earn a new credit, or meet a standard for promotion to high school or fulfill a graduation requirement. Students can learn in an on-line or a traditional face-to-face setting, or through a combination of both. These classes require strong commitment and work for teachers and students as each five-week course represents the content and requirements delivered at FCPS high schools over an 18-week semester.

Many other students participate in extended academic learning opportunities (Extended School Year (ESY) programs), summer programs, or camps. More than 900 students, elementary, middle and high school, participate in ESY programs at 10 elementary, one middle and two high schools and at Rock Creek School. Among the many summer camps and sports programs is the two-week We Are the World Languages Camp, open to 2nd and 3rd graders at Ballenger Creek Middle School, where students are introduced to a broad

variety of foreign languages. The staff at the Earth and Space Science Lab, offer rich and varied summer programming – movies and films, summer camps and programs, and this summer the special event "Apollo Palooza," celebrating the 50th anniversary of the moon landing.

While some teachers continue to work directly with students, more than 400 teachers and curriculum staff gathered together for several weeks at Oakdale High School to develop or update FCPS curriculum, instructional materials, resources, and assessments.

Student Served by Operations Staff - The transportation division operates over 100 bus routes during the summer months to support student participation in extended school year programs, as well as in programs for English learners and students receiving special education services. Transportation staff are also busy developing and refining bus routes and schedules for the fall.

Custodial staff provide services to schools over the summer, as

offices are open and programs run in various schools, but it is also a key time for projects that are challenging to complete while students and teachers are in the building and need daily access to classrooms and the grounds. Custodians are able to "deep clean" schools, scrubbing desks, tables, chairs, or move furniture in order to wash and wax floors and shampoo carpets. Maintenance staff replace flooring, windows and doors, or install fire alarms. Exterior building maintenance and projects as well as reconditioning of athletic fields are also done during the break.

In Thurmont, the second and final phase of Catoclin High School's HVAC system is underway. The new system replaces the original equipment and will provide increased comfort and an improved learning environment for staff and students.

The Food and Nutrition Services team serve free breakfasts and lunches at eight schools across the county, Monday through Thursday and at C. Burr Artz library, Tuesdays and

Thursdays. In addition, they evaluate and test new recipes and plan meals and menus for the new school year.

The Communications team continues to keep students, families and staff informed, while preparing the annual Calendar Handbook for distribution the first week of school, and planning for county-wide back-to-school events. Human Resources staff perform background checks, confirm certifications and licensure and on-board new employees. The Finance staff close out the last fiscal year, acquire equipment and services needed for the new one, and start to develop next year's budget.

Though the school year is certainly busier, the work does not stop during the summer "break."

Joy Schaefer, Education Advocate, Frederick, MD. Joy is Vice President of the Board of Education of Frederick County, Past President of the Maryland Association of Boards of Education, Chair of the Board of United Way of Frederick County, serves on the Commission for Excellence and Innovation in Education, and writes for the National School Boards Association.

Missing Gold

The Fort Ritchie Community Center has been robbed! Gold recovered from a sunken Pirate ship on loan to the Community Center's summer program has gone missing. Luckily, participants in the summer camp program are on the case collecting and deciphering clues as part of the Crime Scene

Investigators theme week. "We know one of the staff took the gold," said a seven year old male camper, adding the gold would be too heavy for his bookbag. Participants will get some professional guidance to help break the case from the Washington County Special Response Team comprised of local law enforcement officers this week.

A field trip is planned to see a local courtroom and video surveillance of the room where the gold was on display will also help the campers identify the culprit.

"The CSI week was the first week to sell out in terms of registration this year," said Buck Browning, director of the Community Center. "Our staff does a great job planning the activities for each theme week and then the involvement from agencies and other groups really help make the experiences memorable and exciting for the campers," he added.

Browning credits the summer camp staff with designing the activities so campers use a broad range of critical thinking skills to collect clues and work together to identify suspects and then ultimately decide who they think took the gold.

The Community Center located in Cascade provides nine weeks of summer camp activities for local children between the ages



Emma Ginn, Finley Brodsky, BreElla Guildoo, Isabel Brodsky, Mitchell Hundley, Jaylyn Etter (staff), Sarah Henry, Hunter Stockslager, Casey Lowe, and Gabe Riling look over the crime scene as part of the CSI Week of the Fort Ritchie Community Center summer camp.

of six and 13. Each week features a theme, such as Crime Scene Investigators, Sports, Outdoor Adventure, Robotics, and the Arts. Guest presenters, specialized activities, and field trips are incorporated into the traditional summer camp schedule.

The Fort Ritchie Community Center is located on the former Fort Ritchie property. In addition to summer camp activities,

the Community Center features a fitness center, exercise classes, two gymnasiums, and a museum highlighting the history of the property. Programs offered through the Center include job skills for youth, senior citizen activities, and various community events such as craft shows and holiday celebrations. For more information regarding the Community Center, visit its website at www.thefrcc.org.

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FOUR YEARS AT THE MOUNT

As the next semester is starting and students are beginning to adjust back to their lives in higher education, we asked our writers to think about the different changes they will be facing as they return to the Mount.

Sophomore Year

On the joys that lie ahead

Harry Scherer
MSMU Class of 2022

As my classmates and I transition into our second year of college, there seems to be a common sentiment of expectation for the unknown, but comfort in the knowledge and experience of the past. This upcoming year will be markedly different for me in some ways but pleasantly similar in other ways.

Firstly, I will be a resident assistant on the same floor on which I was a resident during freshman year. For the sake of myself and, most importantly, the residents for whom I will be responsible, this added obligation and privilege will consume physical and mental energy. I have little idea what to expect for this position, but I anticipate the joys, sorrows, successes and difficulties which accompany it.

By virtue of the position, I will be required to think of persons, many persons, other than myself. This requirement is, of course, incumbent upon all of us because of our humanity, but is particularly necessary for me with these men. The situation makes me think of my aunt,

a nurses' aide, remarking about a colleague: "she's a solid aide. And that's about the best thing you can say about the people who do that job." My hope is that the residents think of me at the end of the academic year as a "solid RA", despite my vices and weaknesses.

The year will also be the same in many ways, as well. I will still be going to classes, eating lunch with friends and trying to live the way a college student should. While seemingly innocuous, all of these tasks require interior and exterior motivation, as is the case with any other human action which has any meaning to it. Otherwise, we would not get out of bed in the morning. We have to face the dragon of the unknown every day, without any guarantee that this encounter will be successful. Thankfully, the dragon of resistance from ourselves, others and nature make us stronger and more capable of winning the battle for the next day. Outside of this outlook, the banality of life seems to overcome too many in our own

generation in the forms of drug and alcohol abuse, suicide ideation or even a consistent apathy.

These perversions of life itself remind me of my junior philosophy teacher in high school often repeating the meaningful phrase: "Bad metaphysics leads to bad ethics!" Without a proper understanding of who we are, who God is and what our relationship with Him is, we will not treat each other or ourselves with the respect and dignity which we deserve by nature of our humanity.

One of the best things about college, especially in an isolated, rural environment, is the ability and encouragement to talk about things like this. I did not realize at the beginning of my freshman year that I should carve out time to talk about these topics with very knowledgeable people. As an incoming freshman, I was so concerned with initiating social relationships and filling up all the hours of the day with activity that I did not give myself the chance to step back and consider the bigger picture about who a college student should really be and why I am at this college with these people at this particular time. Now that I have had some time during the summer to step back from many of these

social obligations and activities, I was reminded of the necessity for time in solitude and silence. In addition, I hope to take greater advantage of the office hours of professors. Every professor that I have had so far has been particularly generous and encouraging with their office hours and it is a resource which I think I neglected in my first year. Also, I would like to spend more time at the grotto. That place of peace is, in my eyes, one of the best attributes of our campus.

After all of these practical resolutions, I still know almost nothing about what will be different about this upcoming school year. Recently, whenever I tell myself that I have 'almost no idea what to expect' about a certain experience or encounter, the result is almost always positive. Granted, these reminders are usually said in moments of anticipation and not those of hesitation, but my sentiments for the upcoming year are certainly ones of anticipation. But, what has become more frequent in my routine of mental preparation for these sorts of things is the expectation of suffering and a vague idea of how to deal with it. This seems to be understood even on a natural and secular level. For example, clinical psychologist Jordan Peterson said, "it is not an accident that the axiomatic

Western individual is someone who was unfairly nailed to a cross and tortured." While the limitation of Christ to that of axiomatic individual of the West might be myopic in theological scope, the idea of the universality of suffering is still very present for secular society. We should be encouraged to recognize that suffering is an unavoidable part of life and is worth considering even while we are not experiencing it. This might seem unnaturally cynical for a college student, let alone a sophomore college student writing about the joys and hopes of the future. I beg the forgiveness of the reader, but I want to think like this at this point of my life so that I might be a blind optimist at the end of my life.

To that end, a final hope for this upcoming year is a greater devotion to the ancient prayer of memento mori, remember your death. Our generation would do well to have a greater eschatological urgency with regard to how we direct our thoughts, words and deeds. Memento mori is not a morbid foreboding of our ultimate demise, but rather a hopeful anticipation of the joys that lie ahead.

To read other articles by Harry, visit the Authors section of Emmitsburg.net.

Junior Year

Embracing change

Angela Guiao
MSMU Class of 2021

A new year, a new experience, a new change. As I enter my junior year, I can't help but look back at my transformation over my time here at the Mount. And, I must say, it is rather grand.

I remember starting out when I

was a shy, scared Freshman. I still remember wandering the halls of the AC, trying to find my class despite already being ten minutes late, just because I was too scared to ask someone how to get there. I remember hiding away in my room on family weekend or bonfires because I felt like I was too introverted compared to the other people in my grade.

By the time I began sophomore year, I found I had emerged from my shell. I discovered my love for

volunteering, and I made close and supportive friends. I realized how meaningful and fun it is to attend events and feel like a part of something. I finally felt like I was in college. I had gained this sense of freedom and independence that I couldn't achieve when I lived at home or when I was a freshman.

I started to feel like I could actually make a difference. I understood how my hard work and perseverance could help make a change in the world. And I think that is the importance of college. I think we need to feel this way so that our world can become a better, more inclusive, more loving place.

This semester, as I continue my education and enter my third year here at the Mount, I realized something else. Looking back, I can see how much I have grown. Some of the best moments of my life have already happened here at the Mount, but this year, I understand that I am part of something bigger. I have control of my own life. My own choices that I make are what defines my future.

I am now officially closer to graduating than I am to the start of my college life. And if I am being completely honest, I'm scared. I now have to start thinking about the future. I am starting to wonder about what is going to happen to me when I graduation. What will come next? Will it all be worth it?

I find myself plagued with the questions I believe are on the minds of all my other fellow juniors: Will I be able to get a job? Will I be able to make enough money to pay off my loans? What is going to happen

to me when the day comes where I leave the Mount?

Will it all be worth it?

As everything changes this new school year, I am going to keep one thing in my mind: I can do anything I set my mind to. I think a lot of us may need to be reminded that. We are told this as children, but we tend to forget this as we grow older. I think all people crave the same basic necessities. We crave comfort, we crave companionship, and we crave an end goal. We like to feel like we are doing things for a reason, like we have a purpose. And that is what I am going to focus on this year.

I may be getting older, and I may be closer to the day where I'll have to fend for myself in the real world. But I know that all I have to do is remember why I did this. What is my end goal?

I want to graduate. I want to make my mother proud. I want to make a difference. I want to work at a job I love. I want to make a goal and achieve it. I want to be comfortable enough so that I can focus on things that matter. Overall, alike everyone else, I want to live a life that makes me happy.

This year, I realized that I am in charge of my own life. I am in control, and it is my decisions that will determine my success or failure. I realized how much I have changed. How I have transformed from the small, dependent, scared freshman to this strong, determined, motivated junior.

I learned that I need to work on embracing change. I need to learn to take things and just go with it. I can worry and stress and wonder

all day every day but doing so is just not a productive use of my time.

This year as I grow up, as I continue to mature, and as I learn how to prioritize the things which are most important, I understood the importance of learning from your past and working towards becoming a better version of yourself.

We can do anything we want to do. Isn't that what college is about? We can be whatever we want to be. I feel like we forget about this. This is the foundation of university life. The ideal may disappear in the bustle of school work and tests. It may get lost in the late nights with friends and lunches alone in the library.

But we went to college because we believed that we could make a change. We believed that we could make a difference. We believed we could challenge ourselves. We believed that we could make ourselves a better future. We understood the importance of hoping and believing that we actually play a part in our life. And this year, I want to go back to believing. I want to feel the same sense of excitement and possibilities that I felt when I was freshman. And I want to do so with the complete understanding that anything is still possible.

We may grow older, and we may find ourselves face-to-face with the realities of life, but we should never forget the feeling of hope and blind enthusiasm for life and our possibilities. Let us embrace change together. Let us grow, learn, and continue to believe.

To read other articles by Angela, visit the Authors section of Emmitsburg.net.

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FOREVER CHANGING

Senior Year

Forever changing

Morgan Rooney
MSMU Class of 2020

Something that many people fear, but I choose to embrace (I try to at the very least) is change. Every day, there are little changes that make the following day different and the day before seeming more of a distant pass. Change is the reason that we can't look at tomorrow like we think about yesterday. Change creates uncertainty, and uncertainty often makes fear, but change isn't something we should be fearful of. Of course, we will always make mistakes throughout our lives without exception, but we will move forward in so many ways as well. This is how we came to be in this wonderful (but forever changing) world we're living in today.

I always try to remind myself that change is not a bad thing. I think, if I always stuck to the same old routines and never did anything different, I'd never live the life I want to live. I'd never achieve those lifelong dreams that I've had since I was a child. I would never travel to certain places or make any achievements. I would never grow to become the person that I want to become. I need to do things outside of my comfort zone if I want to grow as a person, and that means making

changes and embracing changes. I'm looking forward to this school year more than any other, not just because it's my last year before graduation, but because I'm ready to work hard again and start thinking about what's next. As much as I always say how excited I am to finally finish up school and graduate with my degrees, it will certainly be a difficult change. This is the first time I will ever finish a school year and not have to prepare for more years to come, which is a scary thing to think about because it is not the norm. I anticipate many years of learning to come, but they will never be in quite same way.

As much as we're afraid of change, it always seems to be what we're waiting for it our whole lives. We're always waiting for that next paycheck, or that trip overseas, or until we finally get the job we've always wanted. We're always waiting for that amazing point in our life when we are finally happy and have everything and sometimes, we forget to enjoy where we are. I've learned that it's important to look forward to the future to build yourself up and motivate yourself, but you need to live in the moment as well. It is not the best approach to life to always live in the future.

Something that I definitely need to work on is to embrace change, but not live for it. Some things may change so slowly that I never see anything in a differ-

ent light, but others will change so fast that I will need to appreciate how things are before it's gone.

One of the many changes that I have already made this year was moving up to the Managing Editor position at this paper. It has been an exciting and worthwhile challenge that I am looking forward to continuing throughout the school year. The Emmitsburg News-Journal is certainly and experience that I will never forget and something I am extremely proud of.

It will be interesting to meet so many new people once again and move into a different location. I am looking forward to moving back in and continuing what I started while almost making so many new memories along the way. I will be in new classes (including the ones I was dreading and have been putting off until the last year) and I will be living with new people, alike most other students. It's not as big of a leap as the first-year students who are leaving high school and joining us to get their higher education, but it is still an exciting step towards the next chapter of my life.

This is my last year returning to the Mount which is pretty scary to think about because I don't have a clue what is going to come next. This is going to be something I will need to carefully figure out along with each course's workload, but I'm full of excitement for the day I walk across that stage



and receive my degree. Receiving my degree will be one of the proudest moments I will ever have, certainly one of the proudest moments I've had so far with few things that I could even put in the same category.

Throughout college, my friends have already changed so much. As sad as it is to watch a friend slowly fade out of your circle and out of your life, plenty more will come into the picture. College is a time where you figure out who your lifelong friends will be and which friendships are more short lived and only are in your life for the time being. There is nothing wrong with that. We all need to go into our own directions and everyone may not be along for the ride. Even though these changes happen, this does not mean that they were not valuable friendships that we enjoyed and learned from.

There are not enough stars

in the sky to count how many changes will take place during the course of my life. There have been moves across long distances and many travels. There have been times where everything seemed to be going my way and days where nothing seemed to work out. There have been many births but may deaths along the way. There has been so much laughter but many days of sorrow. This is the rollercoaster of life. The best advice I have for myself is something that all of us have heard before: "Hope for the best but expect the worst." I can't control everything but all the changes that are to come are happening for a reason. It's so I can learn from them and grow into the person I want to be.

To read other articles by Morgan, visit the Author's section of Emmitsburg.net.

The Graduate

Change: a new way to look younger

Shea Rowell
MSMU Class of 2019

At the end of his life, a family friend made a comment I will never forget. "You only get old," he said, "when your world starts getting smaller." I think about this often, as it is both a warning and a challenge to those who wish to stay young (at heart). Our friend, an active farmer through his late eighties, was advising us to continue actively expanding ourselves, or, in other words, to remain open to change.

The old cliché, "you can't teach an old dog new tricks," rings true in many cases I've seen, but my peers and I, in our early twenties, have no such excuse. Change supposedly comes naturally to the young as a part of normal human development. The young not only adapt to change, we actively seek it out. I, however, have never been fond of the idea that the college years are years of "experimentation," or, even worse, of "finding yourself" by changing who you have always been. These philosophies, I fear, lead a person closer to identity crisis than to self-discovery and peace.

There must be a healthy balance between stubbornly resisting change and flippantly forcing it for its own sake. There must be a way to remain young without,

to reference yet another cliché, becoming reckless.

At the end of my senior year at Mount St. Mary's, I applied to a graduate assistantship at Villanova University's Office of Graduate Studies. During the interview, one of the interviewers asked, "how do you handle times of change?" While I admit this question was unexpected, I'm glad she asked it, as it gave me the opportunity to reflect on my own track record with change. In response, I recounted my "plan" for my senior year of college, which was to simply remain open to opportunities as they arose. I was wary of over-planning and over-preparing, ultimately forcing myself into a shoe that didn't fit – a life that was never meant to be mine. Instead, I decided to (sheepishly) answer "I don't know yet," when people asked me what my plans were following graduation. I decided to apply to every job with an opening, to take the GRE over my Christmas vacation, and to resist the urge to count myself out. I decided to trust God to guide me to the right path. He did.

August 2019 will be a month of great change in my short life. I will travel out of the country for the first time on a week-long trip to Paris. I will attend my first graduate-level English class with new professors, a new university with

new classrooms in new buildings and in a new state. I will work my first day at a new job, and for the first time change my official address from my childhood home. The new and unknown are equally daunting and exhilarating. Attempting new things leads to learning new things about myself. I risk learning more about the weaknesses I never knew I had, or failing at a task I have never tried. I also risk realizing that there is room within me to expand, adapt, and maybe even succeed.

I remember my first night on campus at Mount St. Mary's four years ago. As the oldest of four siblings, I was the first to leave home, and I was homesick and afraid. I couldn't help thinking about the things I knew I would miss: sitting at the dinner table hearing about my sisters' days at school; weekend dinners cooked masterfully by my dad; the friendly faces of my high school friends and neighbors. I remember staring at the ceiling while lying in the dark on my Sheridan Hall top-bunk dorm bed, choking back tears, wondering who I was without the people I loved surrounding me each day.

Hard as that first night was, the next day I saw the bright sunshine reflecting from the statue of Mary at the Grotto for the first time, heard the musical toll of bells that marks the hours on campus, and met the strangers who would soon become my best friends. In short, I made the Mount my home. There, I found more people to

love, and I soon allowed Mount St. Mary's to leave her mark on my mind, heart, and soul. Soon enough, I found myself missing Mount St. Mary's while I was home on school breaks, and longing for classes to start again.

As a new school year approaches, I find myself repeating that same cycle of fear, sadness, and excitement that I went through four years ago. Doubts and apprehensions fill my head: will living so far away from my family cause me to lose touch with them? Will graduate courses be impossible to keep up with? Will it be too difficult to balance academics, work, spiritual life, hobbies, and relationships? Will all the changes be too overwhelming? What if I'm not smart enough, not good enough to make it?

When my mind grows clouded with these doubts and anxieties, there is a prayer I often turn to called the Litany of Trust. One

part of the prayer reads, "That not knowing what the future holds is an opportunity to lean on you, Jesus I trust in You." Simple as it may seem, this prayer is powerful. It reminds me, in a moment of frantic introspection, that my life is not entirely about me. God is at the helm, guiding every step, watching as I make mistakes, waiting for me to call for His grace.

With God's help and the support of those whom I love, I welcome the changes that August will bring. I welcome the first-day-jitters and bashful introductions. I embrace the inevitable missteps, and the growth that will follow. I cherish the risk and the vulnerability of the newness to come, the joys and the challenges I cannot yet foresee.

This August, my little world will get a little bit bigger. Wish me luck!

To read other articles by Shea, visit the Authors section of Emmitsburg.net.



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FASHION

How to dress like a fashionista in resortwear

Valerie McPhail
MSMU class of 2015

As the sun beats on the fashionable pockets of town, the Meatpacking District, Tribeca and the West Side's Skylight Clarkson Studios herald Men's New York Fashion Week later this month amid the latest European fashions found during Resort Fashion week. In a city filled with creative expression, New York City fosters those devoted to statements, fashion included. Exaggerated characteristics of design further a fashionista's aficionado for fashion and excitement for style, also their expression of self communicated through fashion.

Primary definitions of the term defined someone as one who observes fashion ideals among a crowd. In my college days, a fashionista could be spotted easily on campus—Fashionistas in metallic skirts hugged biology books and Socrates texts in oversized designer monogrammed tote bags, as Fashionistas sported messenger bags while it was the go-to accessory during the current men's runway season. As fashion has claimed greater influence over culture in recent years, the definition of a Fashionista/o has escalated to refer to those

exaggerated in dress. From the runway to realty, Fashionistas never hide from expressing their passion for fashion.

Often times exaggerated, flamboyant and attention seeking, setting the precedent of appearance, Fashionistas are bold, fierce and fearless in their presence. To acknowledge, or even test such tactics in this summer's resortwear season requires the admiration for the trends that characterize the current resort runway season as foundation for fashionable dressing. Let the themes of sporty style, party prints and razzing ruffles guide statements of the season.

This 2017 season, the dress is the staple of resortwear fashion. A classic statement of design, the dress transitions between accents including sportswear, juxtaposed prints and amplified ornamentation as an image of summer fashion for days at the beach, backyard BBQs and Fourth of July boardwalk celebrations—essentially wherever you find yourself this summer. Definitely, without further questions the following trends will keep the fashion focused in extravagance and style.

Sporty style

Varsity styled high school throwbacks and exotic, illustrated bomber jack-

ets, track pants and flexible knitwear are the key pieces treasured among the athleisure—athletic wear trends. A full-length dress, for example, as offered in Rosetta Getty's coveted multicolored extravaganza of rainbow-stripes. The colors captured the sunbeam of summer—a kaleidoscope of cheerful color, as the nature of design offers room for comfort. French fashion house, Balmain continues the trend of sporty knitwear with a rainbow colored knit dress. Resembling connotations to a bathing suit cover-up, however not as casual, this design sneaks into a special occasion evening dress by default of its gold-link trimmed details. Such style keeps a sporty style accessible, and never too casual.

Party prints

This includes an assortment of tropical wild flowers printed on dress designs from Giambattista Valli, Gucci and Sonia Rykiel. The print makes a comeback without much of a surprise once again this season.

Other prints including patchwork from Fendi: a full length printed dress decorated with a variety of red and white prints resembling a quilt. Patches including paid, kaleidoscope diamonds and chain-link patterns personify the character of costume dressing, common to Fashionista style. The storytelling of folklore prints are among the humble styles presented this season. As all Fashionistas have a story to tell, the traditional prints that mark this dress carry novel of tales to share.

Somewhat ahead of the season is CFDA, Council of Fashion Designers of America, Rose Assolulin's plaid



Oscar de la Renta treats Resort 2017 with traditional styled polka dotted ruffled dress.

printed ensemble showcased in her Resort 2017 Collection. The New York Designer's fall toned two top design—a ruffled sleeved top and A-line skirt of colors including burnt orange, brown and mustard yellow romances the summer sunsets. This print is relaxed, unassuming yet paired with an exciting design forever undeniably striking at first sight.

Discotheque party dresses from the collections of Altuzarra and Carven—both French inspired labels celebrated fashion with contrasting prints on dresses. Altuzarra's asymmetrical dress of pastel pink, lavender and gold accented flowers created a look dressed up for the occasion, as Carven's sports-

wear inspired dress—a mix between a knit wear tank top and tulle ruffled skirt patchworked with an assortment of prints shows off a mish mash of prints in a fun, flirty fashion.

In contrast from the high fashion risks is found a classic black and white polka dotted print circa 1970s from Oscar de la Renta's Resort collection. A magenta pink belt accented the double tiered—high low dress of the classic print, creating a stable standard for those looking to traditional summer attire. Calvin Klein modernized the tradition with a sleek long bell sleeved dress. Although different in their forms of expression a polka dotted dress never shies for strong-willed expression. Historically it is referenced as a print worn by women with opinions and fearless attitudes that share their beliefs. As bold as the summer sun, the polka dotted print presents a strong voice in fashion.

Razzing ruffles

Rochas, a French fashion house originally marketed as a perfume label in 1925, has since become a reference of smart, stylish and elegance. Among the lacy accents and floral dresses showcased for Resort 2017, the brand too offered a thin strap spaghetti dress of pure purple fashion-forward ruffles and a traditional-like brooch-resembling bow. The monotone purple dress decorated with multiple tiers of ruffles created an outfit best defines a modern consideration of a Fashionista. That is, with elegance and attention to how the stylish process fashion into every day dress. Ruffle accents could possibly become the next flower craze. They materialize meanings of cute, playful and iconic into a statement that characterizes forms of dress.

Playful prints, ruffles and athleisure accents: these are the fundamental characteristics within design that dictate the 2017 Resort Collections. It goes without saying that fashion empowers the person making a statement. With courage and confidence in design and aesthetic, Fashionistas broadcast style out from the trends.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

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COMMUNITY NOTES

A Great Leap Of Faith

Inspired by the permanent exhibition at the National Museum of American History, “American Democracy: A Great Leap of Faith” opens to the public in the Gettysburg Museum of the American Civil War at the Gettysburg National Military Park Museum & Visitor Center. The exhibit will close November 10.

The Gettysburg National Military Park and Gettysburg Foundation worked with the Smithsonian Institution Traveling Exhibition Service to bring the exhibit to Gettysburg. The exhibition is included with a ticket to the Film, Cyclo-rama & Museum Experience or the Museum Experience exclusively at the Gettysburg National Military Park Museum & Visitor Center.

“American Democracy: A Great Leap of Faith” draws from the permanent exhibition of the same name at the Smithsonian’s National Museum of American History. “American Democracy” explores the challenges and triumphs that generations of Americans encountered as they sought to create a government based on the sovereignty of the people. The exhibit explores the history of citizen participation, debate and compromise from the nation’s formation to today.

In 1776, many colonists made a great leap to a new idea: Maybe they could do without monarchy and aristocracy. If they could unite with one another, “the com-

mon people” of the colonies might form a more equal society and government. “American Democracy: A Great Leap of Faith,” a traveling exhibition from the Smithsonian Institution Traveling Exhibition Service, examines the continuing evolution of America’s experiment in a government “of, by and for the people.”

Featuring artifacts from the Smithsonian and supplemental items from the Gettysburg collection and artifacts on loan from The Gilder Lehrman Institute of American History, “American Democracy” demonstrates that self-government relies on every citizen’s active participation in the quest to form a “more perfect union.” Exhibition sections explore the origins of American democracy, the changing identity of eligible voters, the machinery of democracy, the right to petition and protest beyond the ballot, and the rights and responsibilities of citizens.

The first section sets the scene with “The Great Leap,” which examines the system that the colonists inherited and the issues that founding generation debated to change that world.

The second section, “A Vote, A Voice,” looks at Americans grappling with the expansion and contraction of voting rights as they debated who should have a direct voice in the political process.



American Democracy’ explores the challenges that generations of Americans encountered as they sought to create a government based on the sovereignty of the people.

In its third section, “The Machinery of Democracy,” exhibition investigates the informal institutions and activities not spelled out in the Constitution, but which make America’s participatory system possible and motivate citizens to join political parties, support candidates and vote.

“Beyond the Ballot” explores the ways in which Americans have shaped their country through petitioning, protest and lobbying throughout the country’s history and across the political spectrum.

“Creating Citizens,” the concluding section, examines the basic questions of: How diverse should the citizenry be? Is there a need to share a common national story? And what are the rights and responsibilities of citizens? These questions have shaped the most contested debates in America’s more than 200-year-old political history.

Land Conservancy’s Road Rally

The 21st annual running of the Land Conservancy of Adams County Fall Classic Road Rally is set for Saturday, Oct. 19 and offers an excellent opportunity for community organizations to connect with land preservation enthusiasts by sponsoring the event.

Each year the Road Rally fundraiser guides more than 50 driver-navigator teams on an exciting road trip over the county’s most beautiful, least-traveled roads at the peak of fall foliage colors. Teams follow numbered route instructions, participating in activities at stops along the route, and searching for clues to answer questions relating to land conservation in the county—all with the aim of sparking community interest in preserving the county’s rural lands and character.

Those who prefer not to drive the route may participate aboard the Rally bus, which includes complimentary refreshments and commentary from a special tour guide.

Each Rally concludes with a Finish Line Party featuring food, entertainment, door prizes, sponsor recognition, and awards for top-performing teams. Rally teams must preregister, and early registration is encouraged for this popular community event. The Rally is held rain or shine.

Each Road Rally has a theme, and this year’s is “A Mad Hatter’s Taste of Adams County.” Costumes and hats are highly encouraged (though not required)—and prizes will be awarded for the best-dressed team at the Finish Line Party. This year, each stop along the Rally route will feature a tasting

from one of Adams County’s favorite food purveyors.

The Land Conservancy is seeking local organizations and individuals to participate in the Road Rally as community sponsors. Sponsorships start at \$300 (\$200 for nonprofits) and includes free registration and Finish Line Party tickets for up to four people, recognition in the Rally’s full-color event program, linked recognition on the Land Conservancy website, print recognition in *The Gettysburg Times*

following the event, the opportunity to contribute branded items to team “goodie bags,” and more. All sponsorships contribute to advancing the Land Conservancy of Adams County’s mission of preserving the county’s rural lands and character.

For more information and complete sponsorship benefits, interested community organizations and individuals are invited to contact the Land Conservancy at LCAC@adamscounty.us.



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ARTS

GCCA announces 76th concert season

Peggy Magaldi
Gettysburg Community
Concert Association

Even though it is the height of the summer vacation season, back-to-school sales and autumn are right around the corner. Now is the time to look ahead to “save the dates” for an autumn tradition: the Gettysburg Community Concert Association Concert Season. While the opening concert for GCCA is not until Thursday, October 17, the regional Community Concert Season begins on Sunday, September 15, in Waynesboro, at 3 PM with “Girl Power”- a 60’s girl group tribute. This concert is free with a GCCA membership through a partnership agreement. GCCA’s 76th season offers four classical concerts by artists of national and international renown and ten more popular variety programs for free in

Waynesboro and Hagerstown Berlin Counterpoint, wind quintet and piano, on its North American debut tour, opens the season. Between them, these six musicians hold passports from Romania, Germany, Slovenia, England, the United States and Turkey. Their sparkling sound, homogeneous virtuosity and adventurous yet thoughtful interpretation is very much owed to this meeting of different cultural and musical backgrounds and equals a gratifying musical experience to start the season.

The New York Brass Arts Trio, appearing on Wednesday, November 6, are three world-class virtuoso soloists who have come together to revolutionize the brass trio. Consisting of trumpeter Joe Burgstaller, French hornist David Jolley and trombonist Haim Avitur, New York Brass Arts Trio will present an evening filled with clas-

sical arrangements enhanced by entertaining anecdotes. If you enjoy music presented by top-notch players who are serious about their music but don’t take themselves too seriously, you’ll love New York Brass Arts Trio!

On March 24, Diderot String Quartet brings a fresh approach to works of the eighteenth and nineteenth centuries. This young quartet’s calling card is their use of period instruments: gut strings without synthetic materials, no chin rests, shorter bows, flatter bridges, and standing to play. They have found the thrill of exploring the quartet repertoire on period instruments to be irresistible, providing an equally irresistible listening experience for the audience.

The GCCA concert season concludes with showstopper pianist Joel Fan. Fan’s commitment to a wide range of repertoire leads him to easily traverse the distance between world music, classical music of the 21st century, and music by Schumann and Beethoven. He has re-invented the piano recital by illuminating the rare and unexpected - creating, in the words of the Baltimore Sun’s critic Tim Smith, “one of the most satisfying piano performances I’ve heard.” This can’t miss concert is on April 21.

Love all types of music from Big Band to Bubl  to country? Enjoy the variety offered with the following five Sunday afternoon, 3pm reciprocity concerts, free with membership at the Waynesboro High School auditorium, Waynesboro: Girl Power (60’s Girl Group Tribute) September 15; Savannah Jack (Country Band) October 20; Waking Up In America (Vocalists) November 3; Trio Pacheco (Tenor, Soprano and Piano) April 19; and area favorite, Thomas Pandolfi (Piano) May 3. And these five concerts presented at the historic Maryland Theater in Hagerstown: Sons of Serendip (Finalist on AGT) October 24; Dan Miller’s Cowboy Revue - November 4; Loren & Mark (Guitar Duo) November 25; Shades of Bubl  -



Berlin Counterpoint, wind quintet and piano.

April 7; Shawn Johnson Experience (Big Band) May 5.

The 76th Concert Season features artists straight from some of the world’s great concert halls to perform in nearby Gettysburg at the comfortable, convenient Gettysburg High School Auditorium, 1130 Old Harrisburg Road, where patrons always enjoy open seating and ample free parking. Become a member for only \$50. Children to age 18 and college students with ID are admitted free. Memberships also support student outreach programs to area schools.

For information call 717-334-3788; e-mail info@gettysburgcca.org.

or visit www.gettysburgcca.org. The Gettysburg Community Concert Association (a non-profit membership organization) 2019-2020 Season is supported in part by a grant from PA Council for the Arts, a state agency funded by the Commonwealth of PA and the National Endowment for the Arts, the Adams County Arts Council’s STAR Grant Program which is funded by the Adams County Commissioners and the Borough of Gettysburg; the Rice Family Foundation; the Robert C. Hoffman Charitable Endowment Trust; the Adams Electric Cooperative, Inc., Enbridge Foundation; Service 1st Realty and Spectra Energy.



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Mount St. Mary's fall arts lineup

Chloe Corwin
MSMU Class of 2020

Summer is coming to a close and Mount St. Mary's University is prepping to open its doors up for the Fall Semester of 2019. The Visual and Performing Arts Department is ready to bring in their musicians, thespians, and artists for another great year. The 2019/2020 school year will commence in a few weeks on August 19, beginning what will be a new chapter in many students' lives as they enter their senior year, begin their journey as freshmen, or anywhere in between.

Though the school year has yet to begin, the V&PA is readying themselves for several events that are already in the works. It has already been noted how busy the year gets once it has started, so prepping in the months off is ideal for those in the department. Luckily, the professors have provided a little preview into the events for the next few months.

Before the official happenings of the department, several invitational events the first few weeks of the school year will welcome students and invite them to join the artistry of the Delaplaine Fine Arts Center. These events will be for students only.

Then, the music subject area will be hosting the icarus Quartet yet again for another exciting percussion event. Jeff Stern, the percussion instructor at the Mount, will take the stage with his group on September 21 at 7:30 p.m. in the Knott Auditorium. Last year icarus Duo and Quartet were showcased on two different occasions, blowing the audience away each time. They will no doubt do the same this year as well.

Next, the theatre subject area will take the reins in a student spotlight event known as an Evening of Student Directed One-Acts. On September 26-23 students will have the opportunity to learn about directing outside of a classroom setting. More details will be provided as the date approaches.

Then, a performance is in the works with vocal professor and mezzo-soprano Francesca Aguado and tenor Nicholas Simpson. The tentative date for this event is November 10 at 7:30 and the location is to be determined. Both Aguado and Simpson are extremely talented classical singers, having been in the production of Carmen at the Maryland Symphony in 2016. In 2017 the vocalists had an event at Mount St. Mary's University titled An Afternoon of Vocal Masterworks that was phenomenal. The talent these two incredible artists possess will ensure an enjoyable experience for any attendee.

The final event on the schedule as of now is Mount Theatre's Fall Mainstage Production on November 21, 22, and 23. The show selected is not yet able to be released to the public. Typically mainstage shows are at 8:00 p.m. and \$7 a person. Auditions for the upcoming show will happen in early September allowing for a longer than usual rehearsal period. As always, the mainstage performances are a culmination of the hard work of the actors, tech crew, technical director, and director with a remarkable result,

so you will surely not want to miss this!

In addition to the scheduled events, the music subject area will provide several musical evenings spread throughout the semester provided by the various musical groups on campus such as the string ensemble, lab band, or big band. The MSMU Chorale will also be hosting events, typically later in the semester. Also, the art subject area will showcase one or two artists' works in the Williams Art Gallery at the Delaplaine Fine Arts Center. Those artists have not yet been determined.

As for me, I am approaching my final year at Mount St. Mary's University. I have seen many friends come and go from the V&PA Department, shows come up and down, and heard more ensemble and band music than I ever thought I would. I felt it to be necessary as I enter my senior year to reflect on what I have learned over the years and what I plan on doing for my final semesters in college.

For the fall semester, though I will remain writing on the goings on at the Delaplaine Fine Arts Center, I will be studying abroad in Dublin, Ireland. There, I will be studying about Ireland's history, adventuring around the country, and hopefully seeing a lot of Europe. I feel very lucky to have an opportunity such as this and have worked very hard to get myself into position to do this. Luckily, I have gotten to know the staff at the V&PA Department very well, being a theatre major and having worked as a work study student there previous to my position at the Emmitsburg News Journal, so the distance should be of no issue to report the upcoming events.

As someone who has been studying the arts for three years and revolved my entire college career around this particular topic, I feel that taking this opportunity to travel abroad not only will be a fun experience, but one that I can inspire future projects upon. This is especially important because once I return in November, I will be holding auditions for my own show I intend



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on directing as my senior project.

Primarily I am a stage manager, and have done so for three Mount Theatre Mainstage shows as well as other outside theatres. With the guidance of MSMU Theatre professor Dr. Blaugher, though, I have been easing my way into directing. Exposure to different cultures, lives, and experiences will hopefully allow me to expand my ideas and advice as I am acting coaching or conceptualizing how I would like a set to look. It will definitely be strange not returning to my usual position of helping in any way I can for the upcoming mainstage shows, but I can think of no better reason to take a break than studying abroad.

I have also been very interesting in technical theatre, something I had little experience in coming into college. Professor Ben Buhman has been supporting my desire to learn more about the world of technical theatre for three years now, and has given me so many opportunities to learn and grow as a technician and artist. Every performance I have attended outside of the Mount since being a student there I always look to see what equipment the space is working up and most importantly, "look up." With these newfound observatory skills, any performance I go to abroad, (and intend on going to quite a few), I hope to find new ways in building and creating to

manipulate the stage into a new world.

Though in just a few short months my life is going to change dramatically, I am confident that my training and experiences at the Visual and Performing Arts at MSMU will lead me to where I am meant to be as an artist, creator, leader and technician.

The Mount St. Mary's University Department of Visual and Performing Arts is located in The Delaplaine Fine Arts Center and can be con-

tacted by phone at 301-447-5308.

Like our Facebook page @msmupa for more updates, photos, and videos. For more information about the department in general, search for Visual and Performing Arts on the Mount St. Mary's University official website www.msmary.edu.

To read other articles by Chloe, visit the Author's Section of Emmitsburg.net.

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LOCAL SPORTS

Catoctin summer sports kicking into full gear

Grace Kovalcik
CHS Class of 2021

The ceaseless commitment it takes to play high school sports is undeniable, and it would be untrue to say that student-athletes are not dedicated. Their devotion to their sports is especially demonstrated throughout the summer. From rigorous workouts to hours of game strategy, Catoctin High School's athletes always do what they can to get the most out of summer break. For a good deal of student-athletes, the summertime can actually be more strenuous than the regular season, especially since many play up to three different sports. That being said, summer sports events are some of the best parts of Catoctin High School's athletic programs.

Many of Catoctin's sports programs utilize summertime as the perfect opportunity for team bonding and growth. From camps to group workouts, each sport has its own way to keep athletes in the competitive spirit. The soccer teams have fitness training, lacrosse and field hockey teams

have open fields and running sessions, and the volleyball teams have a camp for incoming freshmen. Additionally, a couple of teams also participate in summer leagues to keep their players fresh during the summer.

One program that participates in a summer league is girls' basketball. The tight-knit group of girls and coaches began their league on June 17, the night before the last day of school. On this day, the girls traveled to Liberty High School to play against competing high schools. Playing two 40-minute scrimmages, the Cougars began their streak of success by defeating both of their opponents. Continuing on from there, the varsity team played two games every Monday night, until late July. Overall, the Cougars only lost about four games total, and were especially proud to have performed so well.

Additionally, the girls' junior varsity basketball team participated in the league, playing in two games every Wednesday evening. While the junior varsity team solely consisted of incoming sophomores and freshmen, a few of the underclassmen were occasion-

ally asked to play with the varsity girls. Mainly, the girls who played up in the summer league are looking to try out for the varsity team in the winter during the regular season, which takes both skill and experience.

Even though it will mainly consist of juniors and seniors, Catoctin's varsity basketball team will most likely have some underclassmen, many of whom have exactly what it takes to play up. Specifically, there are a lot of incoming sophomores that had experience playing with varsity.

One of the many talented sophomores, Emily Williams, played with the varsity team for a large part of her freshman year. Although she was rostered on the junior varsity team, she was commended for her athleticism shortly into the season and was asked to join the varsity girls for several games. Not only did she play in some of the regular season games, but she was also asked to compete with the team in the Varsity Christmas Tournament and their playoff games. From there, Williams continued to improve by competing in the summer league and going to open gyms. "My goal this season is to be a starter on varsity, but also to contribute to the team as much as I can," Williams enthusiastically stated. "This upcoming year is definitely going to be exciting for myself and the team, and I can't wait to put it all out on the court." Her statements are true, as her teammates also readily anticipate the start of the season.

The girls' basketball program has also continued the tradition of holding their annual Lady Cougar basketball camp at the high school. Taking



Eight of Catoctin's basketball girls pose in Messiah College's new locker room before a scrimmage.

place in July, the summer event welcomed young athletes to Catoctin for a week of scrimmaging, learning, and most importantly, having fun with the sport.

Like every year, the high schoolers have the opportunity to be counselors to the campers whose grades range from third to ninth. Not only do the high school girls get the chance to work with each other, but to work with and teach future Cougars. Throughout the week, the young girls form teams and compete with each other with guidance from the high schoolers and head coach Amy Entwistle. At the end of the camp, the campers even win awards and prizes for their accomplishments throughout the week.

Immediately following this week, a small group of the lady Cougars traveled to play at a team camp held at Messiah College. Taking place at Coach Entwistle's alma mater, the sleepover camp provided yet another chance to give the girls some practice.

There, eight of Catoctin's best stayed in the dorms and played against other teams from various schools in Pennsylvania. Playing seven scrimmages together, the group not only had the opportunity to play against some new competition, but also had plenty of bonding time. When the girls weren't out on the court, they were laughing together in the dining hall. Once the camp ended, the girls were happy to have experienced it and continue with their summer.

The boys' basketball program played in a summer league similar to the girls'. Although instead of playing at a high school, the boys played at Hagerstown Community College, competing against other high schools. The boys, unlike the girls, did not have both a varsity and junior varsity play in the league. Instead, they only had their varsity team register to compete, and had the junior varsity kids play up when they could. The boys finished their league in late July with a winning record, defeating teams such as the Brunswick Railroaders and the Middletown Knights.

Other than playing in the summer league, the boys were able to get some time on the courts when coaches held open gyms on Wednesdays. There, the team has many opportunities to get in some shooting, while keeping up the chemistry and camaraderie with each other. Although the basketball coaches do not hold any conditioning, the team still gets in fitness through their other sport commitments, such as football and soccer training.

On top of that, the boys also held a basketball camp for the younger kids. The camp, which took place from July 29 to August 1, was similar to the girls' camp. The high schoolers had the chance to coach the kids, while the campers learned more about the game and scrimmaged against each other. Coaches Brian Burdette and Jim Weddle were also there to provide guidance to the young athletes.

Aside from the impressive schedules of Cougar basketball, tryouts for fall sports are quickly approaching as summer continues on. Tryouts begin on August 14, and many of Catoctin's teams are looking to draw in more players. Particularly, both the girls' and boys' soccer teams would like to be able to form junior varsity teams along with their varsity teams. For more information about Catoctin High School tryouts and how to register, visit www.fcps.org/athletics. The Cougars would be happy to have you!



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Baseball: there's a piece of it everywhere

Brian Vogelgesang
MSMU Class of 2016

One can probably recall at some point in their life sitting in the stands of a ballpark. Maybe it's a memory of a hot summer's day with echoes of cheers and the smell of delicious hot-dogs being sold to fans. For some, their favorite memory of baseball may be the feel of a brand new leather glove or the crack of a bat hitting a hard ball. Whatever this memory may be, it is clear that baseball, known as America's Pastime, has impacted the lives of Americans for centuries.

The history of baseball can be followed back to the 18th century. There are multiple accounts of who founded the game or even if it was created in America. One myth tells that baseball was founded by Abner Doubleday, who was a civil war hero. Another idea about how baseball was created stems from a baseball-like game called rounders, which was first played in England. Some people say that baseball's roots lie in the game of rounders. Though, when looking through the history of baseball and all the accounts of how the game came to be, it is almost impossible to pinpoint the exact origin of the game. When considering all of these accounts, it is not surprising to find that baseball took many forms before there were regulatory rules put in place to clarify the game.

At first, baseball was mostly played on sandlots. These games were not played by the little leagues we know today or by the professionals we watch on television. The games of early times were played by grown men on teams from opposing towns. The spectators for the game consisted of children and other townspeople.

This early form of baseball was somewhat different from the game of baseball we know today. The balls were made from different material, the field was much more rugged, and the play was seemingly more violent. In fact, in the old version of the game players could get the runner out by plugging them. This method of getting someone out involved actually throwing the ball at the player while he was running. If the ball hit the player they were out. As baseball aged with time, so did the rules. The game became more

defined and this restricted the practice of the game which in turn allowed for a more universal understanding of how to play baseball. Aiding the regulation of baseball rules were leagues. These leagues used regulation as ways to settle disputes in their own organizations and eventually, as these leagues became more defined by their rules they also became more popular. (Though no direct correlation was found between the rules and popularity of baseball, they seemed to have relatively changed around the same time).

As the civil war ended, baseball leagues, especially in New York and New England, started to make their mark on sports. Some leagues had over 100 teams joining them signifying that baseball was becoming an exceedingly popular sport. The extent to which the leagues were considered based on level of play ranged from minor hometown leagues to professional leagues consisting of big time ball clubs. These leagues, though differing greatly in fan base and overall magnitude, still brought many memories to people all over America. This love for the game was shared by many from big cities to small towns like Emmitsburg, MD. Each person that has ever encountered the game of baseball plays a role in the history of this great sport. One can even argue that small town baseball history like Emmitsburg's baseball history possesses as much richness as the nationally recognized teams possess.

In Emmitsburg there was a single-A semi-pro team which disbanded between WW1 and the Korean War. This may have been due to the fact that easy access to cars brought more fans to watch the Major League players in big cities. Though, the disbanding of this team did not compromise Emmitsburg's ties to America's game. An intercollegiate baseball team at Mount St. Mary's University proved to show that Emmitsburg was still on the baseball map.

Currently Mount St. Mary's University fields a NCAA Division I baseball team. The team, though lacking success with their present season, has a remarkable history in the game of baseball. To start, the Mount has fielded men that eventually went on to play in the major or minor leagues.

According to a 2008 article posted on the Mount Athletic website, "The Mount has had five players play in Major League baseball. Edward Kenna (C' 1898) was the first Mount player to play in the major leagues, playing for the Philadelphia Athletics in 1902. Joe Engel (C' 11) spent seven seasons in the major leagues with the Washington Senators and the Cincinnati Reds while Dan Costello played for the New York Yankees in 1913 and three years with the Pittsburgh Pirates (1914-16). John Chapman played for the Philadelphia Athletics in 1924 while Ed Edegen played for the Washington Senators in 1932."

The article also spoke of Josh Vittek (C 08') who set many school records one of which being a record of 64 homeruns. Vittek went on to play for a rookie league baseball team called the Kansas City Royals. Two more of Alum, Ivor Hodgson and Mike Gioioso, went on to play for other rookie teams.

Other than the successful players the Mount has produced, Mount St. Mary's University baseball also had an appearance in the NCAA tournament in 2008 along with a Northeastern Conference Championship in that same year. The Mount has not seen a conference championship or NCAA tournament appearance since 2008.

The Mount's baseball program has suffered some losses while picking up some wins against big name schools in the past few years. With teams like The Ohio State University, the University of Michigan, and Michigan State University on their schedule, the Mountaineers still battle hard for the victory.

Today the Mount's baseball games are enjoyed by a diverse group of spectators. The people at the game include students, professors, townspeople, alumni, and maybe even a few scouts. The Mount's baseball stadium is located right behind the ARCC. All one has to do to enjoy and support the Mount's baseball team is take trip to its beautiful campus. Here they can still watch baseball history being made.

Emmitsburg baseball history does not just stop at Mount baseball. Emmitsburg has had a little league since 1955. The league started off with humble beginnings as it was built from ground up. The little



While Harney was always a small town, always batted above its size when it came to taking on its local rival baseball teams.

league, at first, was not part of the national little league but only competed against teams from opposing, local towns. The little league suffered some financial trouble in the 70's but made it through to see a championship in 1985. The little league has remained in Emmitsburg to the present day.

Not only did baseball provide an outlet for many youngsters to play but it also provided a way for townspeople to gain notable publicity. A Century old article written by William E. Hays remembers a character named Ben Sebold. It notes how Ben was a tough youngster who played with the big boys. He was the center attention for unknown reasons but people loved to watch him. It is people like Ben that allow for us to see how baseball brings much joy and excitement to a community.

This excitement and joy can be seen in the faces of Emmitsburg residents today. With the Mount's baseball team

and the little league teams, it is not hard to find a smiling face in the stands or on the diamond. People from all over love to watch the Mount play just as much as they love to watch the little guys compete for the win while dreaming of making it to the pros.

Baseball, throughout history, has brought together many people in a community. It serves as a place of entertainment, a way to overcome hardship, and a place for a community to bond as whole. This seems to be the underlying factor throughout all of baseball history: it brings together the people in a community causing them to socialize and more importantly to unify them in a way that creates tension between opposing sides but overall love between the people at the end of the day. In recognition of Flag Day, maybe one can reflect on how America's pastime has impacted not only their lives but the lives surrounding them.

To read other articles by Brian, visit the Authors section of Emmitsburg.net.

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COMPLEMENTARY CORNER

Love is the way

Renee Lehman

In many previous articles it has been discussed how Natural Laws are followed in Traditional Chinese Medicine. The Five Elements, as observed by the ancient Chinese, are felt to be the prime energetic building blocks from which everything in the material world are composed. The Five Elements reflect a deep understanding of natural law, the Universal order underlying all things in our world. It provides a master blueprint that diagrams how nature interacts with the body and how the different dimensions of our being impact each other.

The Five Elements organize all-natural phenomena into five patterns: Wood, Fire, Earth, Metal, and Water. So, every living thing and every person are a unique embodiment and combination of these Five Elements. Together, the Five Elements help us to understand the process of dynamic harmony and balance in the whole system of energy. Therefore, when it comes to our health, if all Five Elements are in balance within us, then we are at a state of optimal health/wellness.

We are currently in the season of summer, which relates to the Fire Element. The universal energy of summer and the Fire Element are most directly aligned with the Heart's energetic frequency. Fundamental factors that can lead to balanced Heart energy are to empty the mind and to be peaceful inside and out. Our stressful modern-day lives that involve demanding schedules often make it difficult to achieve this state of peacefulness, but it is always possible to bring love and happiness into your being.

Close your eyes. Picture someone or something that you love deeply. Notice how your body responds to that memory. Maybe your face relaxes, your smile widens, your heartbeat slows—your whole body responds. That is love.

That feeling is true.

Love is not just in the mind; it has energy and consciousness. Just think about the bible passage:

Corinthians 13: New International Version (NIV)

If I speak in the tongues of men or of angels, but do not have love,

I am only a resounding gong or a clanging cymbal.

If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing.

If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing.

Love is patient, love is kind. It does not envy, it does not boast, it is not proud.

It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.

Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away.

For we know in part and we prophesy in part, but when completeness comes, what is in part disappears.

When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me.

For now we see only a reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known.

And now these three remain:

faith, hope and love. But the greatest of these is love.

Many people have heard this chapter as a reading used at weddings. Yet the chapter is not written to a couple. It is written by Paul to members of a church. These church members have found many ways to imagine themselves as superior to others in the same community: some speak in tongues; some have prophetic powers; some have knowledge that baffles their brothers and sisters in Christ. Paul asserts that even such gifts as these are nothing if those who possess them do not also have love.

Let's combine a couple of these characteristics of love and apply them to life in general.

For example, "love is patient," together with love is not "rude" or "irritable." Being patient rather than rude and irritable isn't easy. None of us likes it when our plans are disrupted or delayed. We get frustrated with traffic jams and long lines at the check-out counter at the store. Our natural response is to get impatient and respond rudely to those who've been an inconvenience. Let's be honest: you could say that sometimes we are by nature irritable people! We can be impatient and mean, envious and boastful, arrogant and rude.

So how do we deal with this irritable side of ourselves? The only hope is for us to let go of expectations that we have for our life. For example, we need to let go of the expectation that we will have a trouble-free life with no inconveniences. We need to let go of the belief that others must satisfy my needs and not irritate me. When we let go of these expectations and demands, these are examples of love for self and others.

Another way of interpreting the 1 Corinthians 13 scripture could be:

If I live my life to perfection, doing what is right and good on behalf of others, but act with compulsion and without love, then I am nothing at all.

If I take care of the needs of everybody in the world, especially the poor, because of my own need



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to help, but am without love even for myself, then I am nothing at all.

If I am efficient and successful in all that I do for the sake of justice, but act out of drivenness and without love, then I am nothing at all.

If I am cultured and refined, and in touch with the pain of existence, but am absent from the pain of persons in the present moment who need my empathy; and if I act without love and compassion, then I am nothing at all.

If I have the gifts of wisdom, insight, and understanding, but am not engaged with those around me in the present moment and am without a spirit of compassion and love, then I am nothing at all.

If I am faithful, loyal, and obedient, and never deviate from the law, but am judgmental and blaming, and am without love, then I am nothing at all.

If I live in a pain-free world of dreams and plans, enjoying optimism and pleasurable options, but am not addressing present problems and am avoiding people in actual distress and am without love, then I am nothing at all.

If I am strong and powerful but lose my best self in a spirit of resentment, retaliation, and vindictiveness, and know nothing of the vulnerability of love, then I am nothing at all.

If I am settled and accommodating, holding onto a sense of distance and calm, but am not

journeying inward to know and appreciate my weaknesses and gifts, and am neglecting my own legitimate calling to love myself, then I am nothing at all.

Love is a choice? Love can be warm and fuzzy, it can be found in the discipline of a child by a parent or in a truth spoken between friends. Love is the way!

All your cells have a memory of love, so this energy can be saved as data (the example from the beginning of the article). Memorize it down to your cellular level. Then later, if you feel depressed or stressed, or if something bothers you, sit back, close your eyes, and conjure up that feeling of love.

In Traditional Chinese Medicine, each organ has a time of governance throughout the day. Heart time is between 11am and 1pm. Find a few minutes during this time to close your eyes. Bring your feelings of love to the surface and continue to practice feeding your body love. Eventually, with love and a sense of peacefulness, you'll be able to achieve a higher state of being and deeper level of self-development. You'll be able to share your gifts with the Universe!

Renee Lehman is a licensed acupuncturist, physical therapist, with over 30 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.

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FITNESS AND HEALTH

Fresh veggies are here!

Linda Stultz
Certified Fitness Trainer

Fresh vegetables are coming into season soon, and much more will follow in the next few months. Maybe you have already had that first, fresh tomato from your garden or local farmers market. Fresh vegetables are low calorie, high nutrient, readily available and best of all, great tasting foods that will help with the healthy eating style you are looking for.

Many people think they don't like squash or eggplant or many greens but there are some great recipes out there that contain vegetables that are beneficial for you and you don't even know they are in there because when mixed with other things you can't taste them.

This is a great way to get kids and even adults to eat their veggies without them knowing or complaining about them. I know it may be hiding things from them but it also may be the only way to get them to eat the healthy foods they need. Maybe once they find out what they have been eating and realize that they liked it, they may start eating some of the foods they thought they didn't like. Check out some of the recipes on the internet or talk with others about the foods your family won't eat and you may be surprised how many ideas people have come up with.

Usually people like fruit and it is easier to get your family to eat fruit than it is to get them to eat vegetables. Fruit is a nutritious food but it is also high in sugar

content. Cleansing your pallet of processed sugar may surprise you in many ways. Once you eat the things you were use to eating they may seem too sweet now. Changing your taste buds can improve your health by lowering your blood sugar and inflammation in your body. Sugar is a root cause of many health issues. Many people are pleasantly surprised how much better they feel by not consuming sugar. I know it is hard to give up all sugar but try to avoid processed sugar or adding sugar to your food. There are many natural sweeteners, like adding fruit to recipes, that will satisfy your sweet tooth if you cleanse your taste buds.

I hope this article with inspire you to check out the veggie aisle the next time you go to the grocery store or to stop by the local

roadside stand and stock up on the fresh vegetables now available. Eating vegetables is an important part of a healthy diet any time of the year and an important part of a plan to lose weight.

Fresh vegetables are the best for low calories but when they are not available or not convenient for you, frozen are also packed with nutrients and can be stored longer than fresh. Foods that come in cans usually contain higher salt and sugar to help preserve them. Always check the amount especially if you have high blood pressure or other problems with salt.

Some people have decided to can or freeze their own vegetables like their parents and grandparents did. This is more work but we enjoy the time spent together and know that these foods are healthier than canned. Take a

few minutes and get your family involved in planning the next grocery list. This will make them feel a part of the planning process and hopefully they will be excited about the kinds of foods you get and want to try new foods or eat more of the fresh foods and less of the processed snacks they usually eat. Involving kids in meal planning teaches them healthy habits and makes them feel important and may just get them interested in planting a garden, cooking and even coming up with some recipes of their own. Meals are part of a healthy eating plan along with exercise so Keep Moving and call me at 717-334-6009 if you have any questions or have any ideas that I can share in future articles.

For further information or any questions please call 717-334-6009.

Frederick County creates new Mental Health Court

On July 8th the Maryland Court of Appeals approved the creation of the Frederick County District Mental Health Court. The new Problem Solving Court will serve defendants affected by mental health issues. It will be one of only a handful of Mental Health Courts in the State of Maryland. Currently, Frederick County also has a Drug Treatment Court. Creating innovative solutions to work with offenders has been a top priority for Frederick County State's Attorney Charlie Smith.

Smith commented, "This has been a passion of mine for many years. Unfortunately, previous attempts were unsuccessful. We now have all of the pieces in place to launch what I consider a legacy program in Frederick County." One of the greatest challenges facing the criminal justice system has always been recidivism rates. Smith added, "The revolving door involving these offenders was quite frankly frustrating. We would prosecute them, incarcerate them, and they would be back out on the streets doing the same offenses. I consider this crime fighting and an improvement to our public safety."

Following the closure of many state mental hospitals in the 1980s, jurisdictions around the country struggled with mentally ill offenders. Starting in the 1990s, the criminal justice system found few alternatives to incarceration. With only a small number of mental health facilities in operation, the hope was offenders would get some form of therapy or medication while behind bars. In reality,

the system was unable to provide that level of treatment. Problem Solving Courts are designed to provide treatment and accountability, so offenders can be rehabilitated while in our community.

The Frederick County State's Attorney's Office has observed high recidivism with defendants with mental illness repeatedly arrested for low-level offenses such as shoplifting, trespassing, vandalism or disorderly conduct. Our case management system calculated 845 individual cases between 36 defendants over the last three years, averaging of 23 cases per individual.

State's Attorney Smith believes these Problem Solving Courts not only aid offenders in getting their life back on track, but it helps the taxpayers as well. The goal is simple, treat mental health and substance abuse issues so that offenders have the necessary resources to return to our community as productive law-abiding citizens.

Joyce King, Smith's Chief Counsel, was instrumental in getting the proposal submitted to the Judicial Council Committee on Specialty Courts. Following the approval, the State of Maryland awarded \$100,000 for the first fiscal year of operations to fund a full-time Mental Health Court Coordinator and Clinician, as well as a part-time panel Public Defender. All of this could not have been possible without the assistance and cooperation of the Hon. Judge Dino Flores, Hon. Judge Earl Bartgis, Mary Riley of the Maryland Public Defenders Office, Hilari Young of Parole and Probation, Andrea

Walker of the Local Behavioral Health Authority, and all partners of the Mental Health Public Safety Collaborative Committee.

The Frederick County Mental Health Court hopes to be operational by Fall 2019 after the positions are filled by Behavioral

Health Services Division/Local Behavioral Health Authority of the Frederick County Health Department.

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ASTRONOMY

The night sky of August

Professor Wayne Wooten

For August the first quarter moon is on August 7th. The waxing gibbous moon passes two degrees north of Jupiter on August 9th. On the morning of the 12th, the moon will occult (cover) Saturn, but only for observers west of us. When they set about 3 AM locally, the moon will still be to the lower right of Saturn. If you are still up then, you will see the peak of the Perseid meteor shower, coming out of Perseus, almost overhead then. After moonset, you may get about a meteor a minute before dawn comes. The full moon, the Green Corn Moon, will be on August 15th. The last quarter moon will be on August 23rd, and the moon will be new on August 30th.

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up into deep space, far beyond our own Milky Way, binoculars are better for spotting specific deep sky objects. For a detailed map of northern hemisphere skies, about July 31st visit the www.skymaps.com website and download the map for August 2019; it will have a more extensive calendar, and list of best objects for the naked eyes, binoculars, and scopes on the back of the map. There is also a video exploring the August 2018 sky from the Hubble Space Telescope



With the 50th anniversary of Apollo 11 becoming a distant memory for many, we thought we would run this photo of the moon and ask the simple question - Does America still have the capability to go back, or has our technological prowess fallen victim to our addiction to social media?

website at: <http://hubblesite.org>. Sky & Telescope has highlights at <http://www.skyandtelescope.com> for observing the sky each week of the month.

Mercury, Venus, and Mars are all too close to the sun for good viewing in August. Jupiter is still well placed for viewing in the southwest in Ophiuchus at sunset, just north of Antares in Scorpius. The Great Red Spot is easy to spot with small telescope, as are the four larger moons. Much more distant, fainter Saturn is in

eastern Sagittarius, in the south at sunset. Enjoy the rings, now 24 degrees open and tilted toward earth and sun. Look closer and you may see its huge moon Titan, the most earth-like surface geology elsewhere in the solar system!

The Big Dipper rides high in the NW at sunset, but falls lower each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Cooler than our yellow

Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley.

Spike south to Spica, the hot blue star in Virgo. From Spica curve to Corvus the Crow, a four sided grouping. It is above Corvus, in the arms of Virgo, where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years away from us.

Hercules is overhead, with the nice globular cluster M-13 marked on your sky map and visible in binocs. It is faintly visible with the naked eye under dark sky conditions, and among the best binocular objects on the map back page when you download the SkyMap pdf file.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, the "double double"...a fine sight under steady sky conditions.

Below Vega are the two bright stars of the Summer Triangle; Deneb is at the top of the Northern Cross, known as Cygnus the Swan to the Romans. It is one of the most luminous stars in our Galaxy, about 50,000 times brighter than our Sun. To the south is Altair, the brightest star of

Aquila the Eagle. If you scan the Milky Way with binocs or a small spotting scope between Altair and Deneb, you will find many nice open star clusters and also a lot of dark nebulae, the dust clouds from which new stars will be born in the future.

To the southeast, Antares is bright in the heart of Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Just above the tail of the Scorpion are two fine naked eye star clusters, M-7 (discovered by Ptolemy and included in his catalog about 200 AD) and M-6, making one of the best binocular views in the sky. Your binoculars are ideally suited to reveal many fine open star clusters and nebulae in this region of our Galaxy. Get a dark sky site, and use the objects listed on the back of the August 2019 SkyMap printout to guide you to the best deep sky wonders for binoculars and small telescopes.

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. In the same binocular field just north of the Lagoon is M-20, the Trifid Nebula. Just east of the pair is the fine globular cluster M-22, faintly visible to the naked eye and spectacularly resolved in scopes of 8" or larger aperture. Look just east of the top star in the teapot of Sagittarius with binoculars.

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Farmers' Almanac

"Summer has set in with its usual severity."

—Samuel Taylor Coleridge (1772-1834)

Mid-Atlantic Weather Watch: Remnants of Gulf hurricane, heavy rain in the southern part of the region (1, 2, 3) with hot and humid weather (4, 5, 6); storms (7, 8) followed by the 3 H's —hazy, hot, and humid (9, 10, 11, 12, 13); Atlantic hurricane, heavy rain, severe storms (14, 15, 16, 17) turning hot and humid again (18, 19, 20, 21, 22). Periods of storms, mainly in the south (23, 24, 25, 26, 27, 28, 29, 30, 31).

Tornado Watch: The Hagerstown Town and Country Almanack sees no tornado activity in the month of August.

Full Moon: August's full moon will occur on August 15th. It has been referred to by many Native American tribes as Fruit Moon or Ripe Moon because of the many fruits and vegetables that ripen during the month. And since August 11th marks the end of the 'Dog Days of Summer', it has also been called Dog Moon.

Special Notes: The 224th edition of the J. Gruber's Hagerstown Town and Country Almanack will be on newsstands and at popular retailers throughout the Mid-Atlantic Region in September but you can place your order for the 2020 issue of The Almanack right now! Simply send an email to info@almanack.com now and order your copy for delivery after Labor Day. Check out www.almanack.com/order and consider taking advantage of the popular 3-year subscription, which offers guaranteed delivery of The Almanack for the next three years with no increase in price for only \$23.50! Or you can register as a Friend of the Almanack (FOTA). As an FOTA member, you will receive a hard copy of the current edition, have immediate access to the digital version of The Almanack and also to year's digital edition, too for only \$15. All great deals for a great almanac!

Holidays: Labor Day will be here before you know it, signaling the end of summer so enjoy it while you can!

The Garden: August is the peak of the hot and dry season and your plants will need water more than any-

thing during this time. If watering is limited or restricted in your area, concentrate on getting the most to newly planted trees and shrubs. If you use thick mulch and give it a good soak, water will be retained much better over much longer periods of time. To ensure a happy harvest, pick vegetables in the morning hours when the sugar content is highest. Never harvest or do any other garden work when plants are wet or you're likely to spread disease.

The Farm: Best for planting root crops (21, 23); weeding and stirring the soil (2, 28, 29); planting above-ground crops (7, 8); harvesting all crops (14, 15); the best days for setting hens and incubators (8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23)); the slaughtering and butchering of meat (1, 2, 3, 4, 5, 6, 30, 31); transplanting (1, 2, 3, 4, 5, 6, 30, 31); the weaning of all small animals and livestock (9, 10, 11, 12, 13, 14, 15, 16, 17, 18); harvesting and storing grains (23, 24, 25, 26, 27, 28, 29).

J. Gruber's Thought For Today's Living

"The wise man often says little while observing much; the fool observes little while talking a lot"

COMPUTER Q&A

Microsoft Accounts – What are they and do you need one?

**Aysë Stenabaugh
Jester's Computer**

When setting up a new Windows 10 computer signing into a Microsoft Account or creating one is required. It didn't use to be, which might leave you wondering why it's necessary. While having one might create some frustration, ultimately it can provide security and peace of mind.

Account Basics – When you first create your Microsoft account you will be asked to enter an existing email address, otherwise one will be created for you. You may already have a Microsoft account, if you have a Live, Hotmail, Outlook or MSN.com account you can login to your already created account. To determine if you already have an Microsoft account visit www.live.com and choose sign in. Once you entered your email address and click next it will ask you for your password if an account is already created, or it will give you the option to create an account.

If you choose to create a new account you will have the choice of using your existing email address or you can create a new one by selecting a new email address at either @outlook.com or @hotmail.com. When you create your account its very important that when you are requested to enter in your date of birth or phone number, that you enter the information accurately. Should you need to regain access to your account, and you're unable to access your email, this information will help you verify account ownership so that you can create a new password.

Microsoft office – Once you have a Microsoft account, you can visit www.office.com to access the web versions of Word, Excel, PowerPoint and OneNote for free. If you subscribe to Microsoft's Office 365 suite or have previously purchased Office and added your product key to your account, you will have the option to install office from this page. By Creating a Microsoft account and redeeming your product code to your account, you can easily access and install Office without needing to retain the 25-character product key which is normally required to re-install office.

OneDrive – If you're running Windows 10 you've probably seen something about OneDrive. OneDrive is Microsoft's cloud storage, or online storage space. All Microsoft accounts automatically receive 5GB of storage space, if you using Office online for free, OneDrive will automatically be the default storage location for files that you create or edit. If you subscribe to Office 365 you receive 1 TB of online storage making the subscription even more valuable. When you open File Explorer on your Windows 10 PC, under your user folder, you will see a storage location for OneDrive. Any files that are stored in OneDrive are being synced to the cloud. This means that if your computer crashed you could retrieve your documents by accessing your OneDrive. You can even access files stored in the cloud by signing into your Microsoft at www.onedrive.com from any device.

From OneDrive you can even share files and folders so that friends and family can access files without needing to physically transfer any data. If your concerned about storage space, you can configure which folders in OneDrive are being synced to your device. For example, you might share a Microsoft Account between multiple computers lets say you only wanted your photos on one machine but your work files on another. Selecting which folders are stored on your device and which ones are stored in the cloud only is easily achieved by configuring your OneDrive settings.

Synced Data – In addition to the benefits listed above, some user data and settings are automatically synced to your account. You might notice that

if you are logged into the same Microsoft account on two different computers that if you change the background on one it will change on the other PC. Other information like passwords stored in Edge, Internet Explorer settings and accessibility settings are synced too. You can manage you sync settings by searching for "sync" in Windows 10 or by going to settings > accounts > sync your settings.

Additional Microsoft Services – You may already be using a Microsoft account without realizing it. If you are using Skype, Outlook.com or Xbox live you probably do! It's recommended that you use one Microsoft account for all the various services.

Need additional support? At Jester's

Computer Services we offer a variety of technology services including one-on-one support and on-site support. Contact us for help at (717) 642-6611 or visit us at 5135 Fairfield Road Fairfield, Pennsylvania 17320.

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UPCOMING EVENTS

August 1 - 3

South Mountain Fair - A small country fair featuring rides for the kids, barns filled with farm animals, many home-made needlework exhibits, photography, home canned fruits and vegetables, fresh produce and fruits, and beautiful flowers, all on display and lots of food!

In addition there is nightly entertainment in the auditorium, a fireworks display one evening, and the antique tractor and farm machinery parade another evening, and so much more. Something for everyone to enjoy!

Admission price is \$7. Children under 36 inches tall are free. Unlimited carnival rides are included in the admission price! Children under 36" tall ride for free. South Mountain Fairgrounds, 615 Narrows Road, Biglerville, PA. For more information call 717-677-9663.

August 2

Free Mulch Fridays! A single, double-and triple-ground mulch available at our 9031 Reichs Ford Road facility will be available at no charge to residents and commercial businesses (no limits to quantity taken, while supplies last, on a first come/first served basis). The Reichs Ford Road site offers professionally produced mulch: screened, chipped and shredded to produce an even-textured, all natural, beautiful product. There are no dyes or chemicals- and it's not packed in non-recyclable plastic bags! Mulch is sold in bulk only, not bagged (unless customers bring their own bags and a shovel to hand load their own containers).

Gettysburg Community Theatre's Kids on Broadway - A night of your favorite musical theatre songs performed by local youth. You think you know Broadway? You ain't seen noth-

ing yet folks! Come enjoy the incredible youth talent of Gettysburg Community Theatre! For more information visit GettysburgCommunityTheatre.org. Gettysburg Community Theatre is a not-for-profit community theatre organization offering performances and classes year-round in musical theater

August 3

The Gettysburg Heritage Center's 2019 George Armstrong Custer and the Indian Wars Gettysburg Symposium. On June 25, 1876, Lt. Colonel George Armstrong Custer and more than 200 men under his immediate command were killed after they attacked a large Sioux and Cheyenne encampment along the banks of the Little Bighorn river in Montana. The remainder of Custer's Seventh Cavalry Regiment were besieged on the hills overlooking the river until the Native Americans withdrew their village on June 26. Except for Gettysburg, no battle in American history has generated as much interest and controversy among historians as the battle of Little Bighorn. Gettysburg historian and author James Hessler will discuss the battle's most polarizing figure, from his commendable Civil War career to his later battles with the bottle, Native Americans, and Custer's partisans. Tickets and information are available at the Gettysburg Heritage Center's website www.gettysburgmuseum.com or by calling, 717-334-6245.

McAllister Mills's Underground Railroad Tours - Learn about the historical significance of the Underground Railroad and hear the stories of those escaping slavery. See the location of the famous mill pond featured on the History Channel TV program, "Battlefield Detectives"! Recognized by the National Park Service as part of the UGRR Network to Freedom. Tours leave from the

parking area near the historic marker at 1360 Baltimore Pike and McAllister Rd. (formerly Mulligan McDuffers Mini Golf). No reservation needed.

Seton Shrines Event: First Saturday Films. We welcome everyone to join us for our First Saturday Films, featuring a free showing of Creed II. Under the tutelage of Rocky Balboa, heavyweight contender Adonis Creed faces off against Viktor Drago, son of Ivan Drago. Rated PG-13. This free showing takes place in the Shrine's theater. Seating is limited; get your free tickets today. The National Shrine of Saint Elizabeth Ann Seton: 339 S. Seton Ave., Emmitsburg. For more information call 301-447-6606.

Strawberry Hill Nature of the Battlefield series! Nature of the Battlefield is part of the summer campfire series at the Gettysburg National Military Park, hosted at the Pitzer Woods. To learn more about Strawberry Hill and the programs we offer, visit our website: StrawberryHill.org.

August 3 & 4

12th Annual Threshing Days sponsored by the Maryland International Harvester Collectors Club and the Frederick County Farm Museum. Come out for a free day of fun. Watch wheat harvested the old-fashioned way, with 1940's threshing machine, and straw baled with a 1919 John Deere hay-baler, the bales are tied by hand. You can display your tractor, or just come and watch. All makes and models of tractors are welcomed. Visitors are welcomed to watch and ask questions. A simple wheat weaving technique will be shared. Anyone interested can learn how to make a simple favor to take home with them. There will be games for children. Located at Rose Hill Manor Park N. Market Street Frederick, MD. For more information, call 301-343-5093 or 240-440-4403. Hope to see you there.

August 3, 10, 17, 24, 31

McAllister Mills's Underground Rail-

road Tours - Learn about the historical significance of the Underground Railroad and hear the stories of those escaping slavery. See the location of the famous mill pond featured on the History Channel TV program, "Battlefield Detectives"! Tours leave from the parking area near the historic marker at 1360 Baltimore Pike and McAllister Rd. (formerly Mulligan McDuffers Mini Golf). No reservation needed.

August 9, 10 & 11

Gettysburg Rocks - a bi-annual music festival, held in February and August. The event benefits Four Diamonds, whose mission is to conquer childhood cancer by assisting children treated at Penn State Hershey Children's Hospital and their families through superior care, comprehensive support, and innovative research. For more information visit www.gburgrocks.com.

August 10

Rocky Ridge's Mt. Tabor Church Annual Big Picnic - "Home of the Big Slide". Dixie Wind Band.

St. Anthony's Church's "Beauty and BBQ" - "Beauty and BBQ" is a unique fundraiser event celebrating beauty through art which will include a wine tasting with a great Barbecue dinner in the beautiful setting of Catoctin Mountain Breeze Vineyard. Local artists are making their works available for sale through live and silent auctions - paintings, drawings, photography and more. A limited number of \$30 tickets are being sold. Admission price includes the BBQ dinner, a glass of wine and the opportunity to bid on unique art and experiences. Musical entertainment will be provided throughout the evening. For tickets, contact the OLMC/SAS office at 301-447-2367. Tickets must be purchased in advance. Fundraiser benefits Our Lady of Carmel and St. Anthony Shrine Parish.

August 10 & 11

Hollabaugh Bros's 29th Annual Peach

Festival - Our annual Peach Fest weekend is always full of great family activities and awesome food. And, of course peaches, peaches and MORE PEACHES! Nothing beats our fresh peach ice cream sundaes! We hope you will plan to join us for Peach Fest 2019! 545 Carlisle Road, Biglerville, PA. For more information call 717-677-8412 or visit www.hollabaugh-bros.com.

August 11

Thurmont Public Libraries Music on the Deck featuring Herb & Hanson - American Roots duo Herb and Hanson perform songs on mandolin and guitar from America's oldest influences.

Music Gettysburg! presents Cormorant's Fancy - Celtic music on the green grass of Schmucker Grove. You'll dance and sing! Music, Gettysburg! is a premier concert series featuring international, national, regional and local musical artists for the greater south central Pennsylvania region, embarking on its 39th season. For more information about these and other concerts in the Music, Gettysburg! schedule, please call 717-339-1334 or visit the Music, Gettysburg! web site at www.musicgettysburg.org.

August 15, 16, 17, & 18

Gettysburg Bluegrass Festival - Internationally acclaimed bluegrass festival in Gettysburg! Four days of music on two stages, informative workshops, All-Star jam, Bluegrass Academy for kids, food, merchandise and arts & crafts vendors. Visit www.gettysburgbluegrass.com for details on schedule.

August 17

Eisenhower National Historic Site's Family day event - "sports and recreation." Throughout his life, President Eisenhower was an avid sportsman and athlete. From playing football at West Point to rounds of golf at Augusta National in Georgia, Eisenhower loved recreation. Youth visiting the site will be able to learn all about Eisenhower and sports during his era, and weather dependent, they may get a chance to practice their swing on the president's putting green! Eisenhower National Historic Site preserves and interprets the home and farms of the Eisenhower family as a fitting and enduring memorial to the life, work, and times of General Dwight David Eisenhower, 34th president of the United States, and to the events of far-reaching importance that occurred on the property. Learn more at www.nps.gov/eise.

University of Maryland Extension Frederick County Master Gardeners presents the following free seminar: "Fall Season Gardening—Plant Now for Fall." Begin to plant now for a second harvest in the Fall. Find out what to plant and when to plant it. Discover the benefits of making and using row covers. UME Office, 330 Montevue Lane, (off Rosemont Avenue), Frederick, MD.

Gettysburg Brew Fest - a 3 and a half hour unlimited sampling experience for craft beer (and hard cider) aficionados. The Brew Fest is a production of Brew Fest Partners and the Lutheran Theological Seminary at Gettysburg (the non-profit beneficiary of the event and the event host).

The Gettysburg Brew Fest is a "rain or shine" event and an important fundraiser for the non-profit

Rocky Ridge CARNIVAL

AUGUST 12TH - 17TH

13616 Motters Station Rd., Rocky Ridge
(In The Park Across From The Fire Hall)

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Fruit & Custard Pies, Soups, Sandwiches, Pizza, Ice Cream,
Crab Cake Sandwiches & Of Course Our Famous
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ENTERTAINMENT - All Shows Begin At 7 p.m.

Mon., 8/12 - LONG TIME COMIN' (Variety)

Tues., 8/13 - Opening FAITH BOYZ BAND - 6 p.m.
followed by **ELLY & DREW COOKE (Country)**

Wed., 8/14 - PARADE NIGHT @ 7 p.m.
On Stage: **CATOCTIN MT. BOYS (Country)**

Thurs., 8/15 - TAYLOR BROWN'S ELVIS SHOW
(50's - 70's)

Fri., 8/16 - DIXIE WIND BAND (Formerly River Bend Band)
(Country Variety)

Sat., 8/17 - FOREVER YOUNG (Patsy Cline Show)

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Thursday, Sept. 5 from 6-9pm & Friday Sept. 6 from 8:30-11:30am
For Exhibitor Entry List and Activities Information, visit:
THURMONT&EMMITSBURGCOMMUNITYSHOWWEBS.COM

Friday, September 6, 2019

6pm Community Show opens to the public
7pm Opening Ceremonies, Auditorium
Begins with our 43rd Annual Community Organizations Flag Ceremony
Honoring three community organizations:
- Thurmont's Edwin C. Creeger, Jr. American Legion Post #168
- Emmitsburg's Francis X. Elder American Legion Post #121
- The 50th Anniversary of Emmitsburg's Seton Center
Highlights: The 2019-20 Catoctin FFA Ambassador's announcement
8:15pm Baked Goods Auction, Auditorium - Buyers are welcome!
9pm Grand & Reserve Champion Baked Goods sold

Saturday, September 7, 2019

9am-2pm Market Goat, Beef, Sheep and Swine - Fitting & Showing and Show, Ag Center
10am-1pm Pony Rides, Petting Zoo, Face Painting & Farm Animals Display, Upper Parking Lot
10am K-9 Demonstration by Thurmont Police Department, Front Lawn
10:30am Pet Show, Front Lawn
1pm Elmer-Sicilia Productions Dance Program, Auditorium
1pm-2pm Thurmont Academy of Self Defense Program, Auxiliary Gym
1pm-2pm Thurmont Orange's Roast Turkey & Country Ham Supper, Cafeteria
3-7pm Adults - \$14, Children under 12 - \$7 & Carry-Outs - \$15
7pm 45th Annual Catoctin FFA Alumni's Market Goat, Beef, Sheep & Swine Sale, Ag Center - Buyers are welcome!
- Selling approximately 9 Goats, 16 Swine, 10 Lambs and 16 Steers -
7-8pm Thurmont's Gateway Brass Ensemble Concert, Auditorium
8-9pm Richard Trossell Musical Performance, Auditorium

Sunday, September 8, 2019

9am Dairy Goat & Dairy Cattle - Fitting & Showing and Show, Ag Center
10am-1pm Pony Rides, Petting Zoo, Face Painting & Farm Animals Display, Upper Parking Lot
10am Catoctin FFA Alumni's Chicken BBQ, Cafeteria
11am Adults - \$10, Children under 12 - \$7 & Carry-Outs - \$11
11am Kallie Pedal Tractor Pull Contest, Ag Center
1pm 36th Annual Catoctin Men. Log Sawing Contest, Ag Center
1pm 39th Annual Roben Kaas Horseshoe Pitching Contest, Softball Field
1-3pm Catoctin Mountain Boys Musical Entertainment, Auditorium
3-6pm Exhibitor entries may be removed

UPCOMING EVENTS

Lutheran Theological Seminary. For more information visit gettysburg-brewfest.com.

August 18
Strawberry Hill's Native Forest Plants Hike. For more information visit www.strawberryhill.org.

Thurmont AMVETS Ladies Auxiliary's Classic Car & Truck Show. All Makes and Models Welcome. Thurmont Guardian Hose Activities Bldg, East Main Street, Thurmont.

St. Mary's Church's all-you-can-eat spaghetti dinner in the parish hall. The cost is \$8 for adults, \$5 for children 6 to 12 and under 6 free. 256 Tract Road, Fairfield. For information call 717-642-8815.

August 22
Taste of South Africa Food and Wine Event - at the Arts Education Center, 125 S. Washington Street, Get-

tysburg. The cost of the event is \$50 for ACAC members and \$55 for nonmembers. For more information about The Taste of Nepal or to view the menu and wine selection, and to sign up for the class, register online: adamsarts.org or call, 717-334-5006.

August 24
The Mid-Atlantic Soaring Association (M-ASA) welcomes the community for an "open house" at the airport near Fairfield. Lunch will be available at bargain prices, or bring your picnic and enjoy the day. For more information visit midatlanticsoaring.org.

August 25
Saint Elizabeth Ann Seton Birthday Celebration - We welcome everyone to join us as we celebrate Saint Elizabeth Ann Seton's birthday Mass will include a Backpack Blessing for all students in attendance. For the

Blessing, students may bring a backpack or any other item used in their studies-a book bag, basket, tablet or anything else. After Mass we'll have free refreshments and a variety of activities like games, a magician, silhouette artist and face-painting.

For more information visit www.setonshrine.org.

August 30 & 31
Film Festival and Horror Convention at Wyndham Gettysburg! Celebrity guests include: Corey Feldman,

Patty Mullen, Joe Bob Briggs, Geretta Gretta, Chalet Lizette Brannan and Brandon Novak. We'll also have vendors, auctions, food trucks and nightly ghost tours and film viewings. For more information visit www.creaturefeatureweekend.com.

Our Lady of Mount Carmel Parish
103 North Church Street, Thurmont

ANNUAL LABOR DAY FESTIVAL

Mon., Sept. 2nd - Noon - 5 p.m.

Family Style Dinner
MENU includes: Fried Chicken, Baked Ham, Potato Salad, Corn-on-the-Cob, Green Beans, Cole Slaw, Roll, Fresh Peaches for Dessert.
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Aug. 31st Chris Woodward & Shindiggin'



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