

# LINEWAITERS' GAZETTE

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Volume DD, Number 6

March 12, 2009

## GENERAL MEETING REPORT

# Diversity Report, Israel "Boycott" Buzz

By Anita Aboulafia

Attendees at the Park Slope Food Coop's February 24 General Meeting, chaired by Robin Campbell, learned that the Coop now boasts the largest number of members ever—15,231. As always, there was an Open Forum, Coordinators' Reports and a discussion of agenda items. There were two items on February's agenda: the results of the diversity and equality survey and a presentation about the value of forming an audit committee.

### OPEN FORUM TOPICS Boycotting Israeli Products

At the January GM, a member had asked whether the Coop was considering a ban on Israeli products to protest Israel's recent incursions into the Gaza Strip. Although this member was advised that she could follow up her suggestion by placing it on the agenda for a future meeting, she did not do this. Nonetheless, there was a bit of a buzz in the local media, as well as in *The Jewish Daily Forward*, about her suggestion, and the rabbi of Congregation Beth Elohim, Andy Bachman, himself a Coop member, came to the

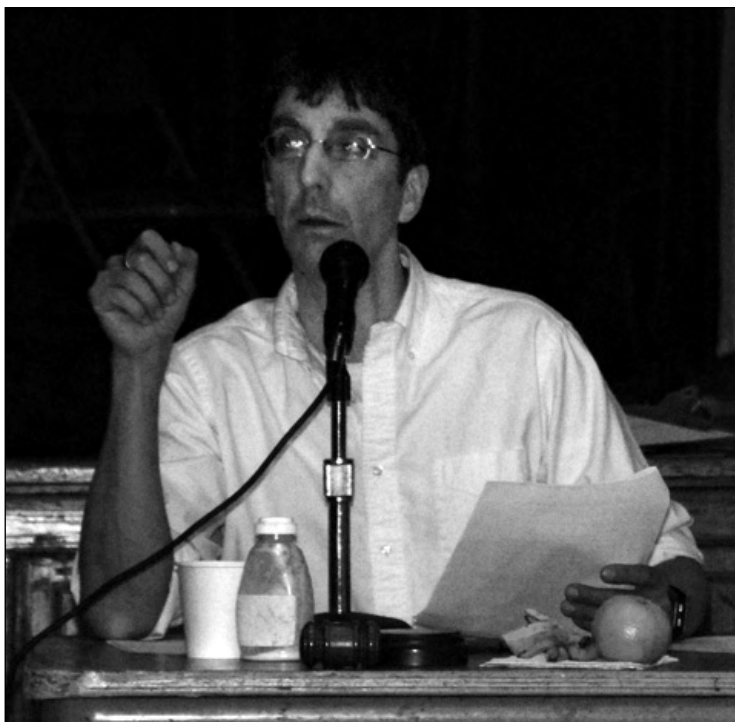


PHOTO BY ANN ROSEN

Robin Campbell, chairing the February General Meeting.

GM and spoke at the Open Forum. In keeping with the Jewish tradition of fostering diverse opinions, Rabbi Bachman said that he would "welcome a debate," adding that he would be opposed to such a ban. There was some discussion about this item following the rabbi's remarks.

### Overcrowding at the Coop

Several members presented their ideas about ways to

alleviate the overcrowding on the Coop's shopping floor:

Could a shopper go directly to the cashier counter with five or six items [as opposed to the current policy of a maximum of three items]?

Could the Coop open at 7:00 a.m. on weekdays?

Should the number of members in the Coop be capped?

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# On Coop BOYCOTTS

By Joe Holtz, General Coordinator

This is being written at this time because of the possibility that a group of members will be proposing a boycott of products from Israel that will eventually come to the floor of a General Meeting for discussion and perhaps at a later meeting as a proposal.

When there is a crisis or problem in our society or in a certain industry or in a certain company or in a foreign country, the Coop is not expected to take a position. The media do not call to find out our collective position on the topic of US relations with Cuba. Members do not expect the Coop to weigh in on whether or not Social Security should be privatized or what to do about the war in Afghanistan. The Coop in its usual operative mode does not take a position. We do not measure members on their adherence to any political position. There is no litmus test here for members other than whether the member is cooperating by fulfilling their membership responsibilities. We are open and welcoming to all who practice cooperation.

## COORDINATORS' CORNER

But we are a democracy. And part of being a democracy is that we do not ignore questions posed to us by our members. If the store that the Coop members own and operate were instead individually owned, the shoppers would most likely not know that in the 1970s the owners were asked by the United Farm Workers to stop buying California iceberg lettuce. But this store is and was owned by the members-owners and all it took was for at least one of our members to pose the lettuce boycott question to the Coop. The question was not and could not have been

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### Next General Meeting on March 31

The General Meeting of the Park Slope Food Coop is held on the last Tuesday of each month.\* The next General Meeting will be on Tuesday, March 31, at 7:00 p.m. at the Congregation Beth Elohim Temple House (Garfield Temple), 274 Garfield Place.

The agenda is in this *Gazette* and available as a flyer in the entryway of the Coop. For more information about the GM and about Coop governance, please see the center of this issue.

\* Exceptions for November and December will be posted.

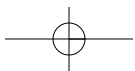
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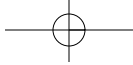
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## Coop Event Highlights

- Thu, Mar 19 • Brooklyn Food Conference Orientation 7:00 p.m.
- Fri, Mar 20 • The Good Coffeehouse: An Evening of Jazz, Tap and Song 8:00 p.m.
- Thu, Mar 26 • Blood Drive 3:00-8:00 p.m.
- Fri, Mar 27 • Blood Drive 11:00 a.m.-6:00 p.m.
- Sat, Mar 28 • Blood Drive 11:00 a.m.-6:00 p.m.
- Thu, Apr 2 • Food Class: Dessert 7:30 p.m.
- Fri, Apr 3 • Film Night: Silent Choices 7:00 p.m.

Look for additional information about these and other events in this issue.





## GENERAL MEETING REPORT

# Diversity Report, Israel "Boycott" Buzz

General Coordinator Allen Zimmerman said that the suggestion of capping membership has already been proposed and will be on the agenda at a future GM.

## Other Open Forum Topics

"Why are we still doing two shifts when we miss one shift

owned" entity, Keith Getter thought there were "apparent contradictions to our core values by allowing paid workers and their families to shop at the Coop without having to work shifts" and thought that the Coop "was setting up a nonworking class with a benefits class." A member

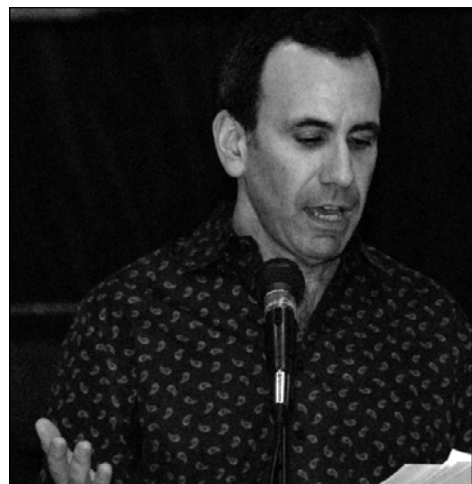
## Coordinators' Reports

Mike Eakin said that the year-end statement was not yet ready. The auditor will deliver it at the June annual meeting. However, a preliminary statement for fiscal year 2009 will be available at the March 31 GM.

Statistics were available

mittee (DEC) received approval at the February 2008 GM to conduct a quantitative survey of members. The survey was created, and from late May through September 2008 members had the opportunity to complete the survey either online or by filling out a paper version,

respond because the issue of diversity and bias is more relevant to them. In addition, there are two drawbacks to online surveys: there is a possibility (however unlikely) that a person responded more than once and a possibility of input error when printed surveys were



From left to right: George Perlov, Louise Daniel, Keith Getter, Sekai Chideya and on next page, Yigal Rechtman, Kamilah Duggins.

[given the fact that there are too many workers at the Coop?]" asked Kamilah Duggins.

Since we are a "member-

responded by saying that employees are entitled to benefits too, implying that one of those benefits was not having to work shifts.

on cumulative net sales from July 5, 1977 through February 1, 2009. A chart showing yearly net sales since 1977 was presented. The almost \$36,000,000 in sales last year brought the cumulative total since incorporation to \$284,391,615.

General Coordinator Joe Holtz said that Charlotte Corini, who was hired in the spring of last year as a general coordinator, resigned earlier in the month. Holtz said that the general coordinators and the Personnel Committee would meet to discuss filling the position.

In addition to discussing some of the wonderful produce that is currently available at the Coop, Allen Zimmerman announced that Lucky Dog, a farm northwest of the Catskills, is collecting money that would enable it to lease additional land in the area as a means to preserve farmland. The Coop has two collection boxes set up on the shopping floor and Applewood, a local restaurant, recently hosted a fundraiser for Lucky Dog, raising \$11,000.

## Agenda Item #1— Diversity and Equality Survey

There has been concern about incidents of bias taking place at the Coop, and to address these concerns the Diversity and Equality Com-

mittee was available at the Coop. George Perlov and Louise Daniel, two DEC members, presented a comprehensive PowerPoint demonstration outlining the survey's methodology, respondents' demographics, survey results and recommendations.

The survey's objectives: empirically document the extent, range, type and frequency of bias and discrimination in the Coop, measure the impact on members and the Coop as an institution and identify potential mechanisms for addressing and preventing bias in the Coop. Nearly 9.5% of Coop members (1,320 individuals) responded to the survey, with the vast number of respondents (1,242) completing the survey online.

Perlov pointed out that despite the constraints of the committee's limited budget, the survey's methodology was strong, response rate very high and, committee members agreed, the results are reflective of actual Coop experience. Over 300 people wrote in their thoughts about racial bias at the Coop, in addition to filling out the multiple-choice and open-ended survey questions, and these responses were analyzed as well. However, this was not a random sample of respondents; respondents may have been prompted to

uploaded to the online system for data analysis.

## Survey Responses Indicate A Tale of Two Coops

According the PowerPoint presentation:

- Nearly one in four respondents reported witnessing bias
- One in seven reported experiencing bias toward themselves
- One in 20 reported that their actions were interpreted as biased by others

When probed, those who experienced or witnessed bias cited the following situations as most prevalent:

- poor behavior or disrespectful language (62%), followed by arbitrary application of the rules (33%)
- skin color (54%), ethnicity (37%) and class/income level (26%)

Approximately 37% of the incidents of bias occurred on the shopping floor and approximately 28% of the incidents of bias occurred at the checkout counter. Sixty percent of respondents indicated that in response to the bias incident, "I ignored it or let it go." A small number (approximately 2%) reported the issue to the Diversity and Equality Committee. When asked, "Have you ever thought about leaving the Coop as a result of a bias incident?" more than 80% of the

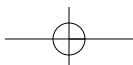
## PARK SLOPE FOOD COOP

### Product Return Policy

The Coop does not "exchange" items. You must return item and repurchase what you need. Returns of eligible items will be handled at the Second Floor Service Desk within 30 days of purchase only when accompanied by the PAID IN FULL receipt.

Please use the following guide to determine if an item is eligible for return:

<b>Produce</b> (fresh fruits & vegetables)	<b>May not</b> be returned with the exception of coconuts, pineapples and watermelon. Even if the claim is that the item is spoiled or that it was purchased by mistake, produce cannot be returned except for the three items listed above.  The produce buyer may be contacted on weekdays by members to discuss any other claims for credit.
<b>Books</b>	<b>May not</b> be returned.
<b>Juicers</b>	<b>May not</b> be returned.
<b>Bulk items &amp; bulk items packaged by the Coop</b>	<b>May not</b> be returned. Members may contact the bulk buyer to discuss any other claims for credit.
<b>Refrigerated items</b> <b>Frozen items</b>	<b>May not</b> be returned unless spoiled before the expiration date or within 30 days of purchase, whichever is sooner.
<b>All Other Products</b> (not covered above)	A. Other products <b>may be</b> returned if they are spoiled or defective and the category is not specified above  B. Other products <b>may be</b> returned if they are unopened, undamaged and therefore can be sold again.  C. Other products <b>may not</b> be returned if they are opened or unsellable, and were purchased by mistake or not needed.



## GENERAL MEETING REPORT

respondents answered no.

"Cross-tabulation analysis as well as analysis of open-ended responses show two divergent member segments at the Coop: a majority of mostly white members do not see any major issues regarding bias and discrimination in the Coop; those who do not find the Coop to be welcoming have witnessed, experienced or heard about bias incidents are more likely to be people of

problem of discrimination and bias at the Coop. Member Sekai Chideya, who conducts research at NYC's Department of Health, shared her concern about the survey's methodology. She asked, "What was the reading level of the survey? In what languages was the survey available?" DEC members responded that they hadn't determined the reading level of the survey and it was only available in English.

demonstrate that the higher the level of accountability and transparency, the more profitable an organization tends to be." Rechtman contended that the current Coop governance structure consists of the coordinators selecting the auditor, which creates a possible conflict of interest. An audit committee that would report to the Board and would consist of members with expertise

for the implementation of those changes. The committee would meet four to six times annually, thereby supporting implementation of recommendations year-round.

Following Rechtman's presentation, there was a short discussion. Joe Holtz explained that the Coop had

the responsibility of recommending another auditor. The committee solicited approximately seven bids and, based largely on how much it would cost the Coop to hire another auditor, an auditor was suggested to the General Meeting and then hired. There was a motion to extend discussion on this



## Demographics of DEC Survey Respondents

<b>Gender:</b>	3% Latino	<b>Years as a Coop Member:</b>
70% female	6% other	44% 5+ years
29% male		39% 1-5 years
1% other		17% less than one year
<b>Age:</b>	<b>Income Levels:</b>	<b>Health/Medical Status:</b>
31% under 34 years of age	21% under \$40K	11% indicated that they had a disability or long-lasting medical condition
47% 35-54 years of age	33% \$40-\$75K	
22% 55+ years of age	31% \$75-\$150K	
<b>Race:</b>	14% \$150K+	
72% white	<b>Education Levels:</b>	
9% African American	90% college grad or higher	
6% mixed	<b>Sexual Preferences:</b>	
4% Asian	79% straight	
	11% gay	
	5% bisexual	
	4% other	

color or those from other minority groups."

Daniel shared many of the open-ended responses to the survey. A common theme of these responses was the sense of inequality, a kind of *Upstairs, Downstairs* mentality of Coop members. Moreover, respondents clearly felt that some type of mediation and/or training needed to be implemented.

More than 60% of respondents indicated that the Diversity and Equality Committee should review the process for conflict resolution. Other suggestions included inclusion of diversity information in the Coop's orientation packet (56%), recording bias incidents (52%), disseminating information about diversity (46%) and developing training programs for coordinators (44%), squad leaders (42%) or for all Coop members (36%).

## Where Do We Go from Here?

The DEC will develop recommendations based on members' responses to survey findings. It will examine the efficacy of developing new policies and training programs and present its recommendations at a future GM.

There was discussion following the presentation, with most speakers in agreement that the survey was a good first step in addressing the

## Agenda Item #2—Formation of an Audit Committee

Using a PowerPoint presentation, Yigal Rechtman, a certified public accountant, outlined the reasons the Coop should form an audit committee. He began by saying, "Good governance provides a structured transparency... Experience and research

in the fields of auditing and accounting, would be charged with the responsibility of choosing the auditor. One member of the audit committee would be a coordinator.

Moreover, in addition to selecting the auditor, the committee would act as a liaison during the audit, recommend changes as a result of audit findings and moni-

had an auditor for almost 30 years. This auditor decided to cut back his hours and drop our account. A committee was formed by the general coordinators consisting of four members and three staffers, and they were given

agenda item since the allotted time for discussion was coming to an end, but that motion was defeated.

The minutes to the January GM were approved and following some announcements, the GM was adjourned. ■

# SAVE A LIFE

## Give Blood

**Join the Blood Drive**  
at the Park Slope Food Coop

🕒 **Thursday, March 26 • 3:00 – 8:00 p.m.**  
🕒 **Friday, March 27 • 11:00 a.m. – 6:00 p.m.**  
🕒 **Saturday, March 28 • 11:00 a.m. – 6:00 p.m.**

In the second floor Meeting Room

**FACT:** Less than 3% of the population donates blood and 90% will use blood some time in their life.

• Park Slope Food Coop • 782 Union Street •  
• Brooklyn, NY • 718-622-0560 •  
• In cooperation with New York Methodist Hospital •  
For further information about blood donation, call Stuart Rosenhaus, 780-3644

## PSFC MARCH GENERAL MEETING

Tuesday, March 31, 7:00 p.m.

- Items will be taken up in the order given.
- Times in parentheses are suggestions.
- More information on each item may be available at the entrance table at the meeting. We ask members to please read the materials available between 7:00 & 7:15 p.m.
- Meeting Location: Congregation Beth Elohim Social Hall (Garfield Temple), 274 Garfield Pl. at 8th Ave.

## AGENDA:

## Item #1: Annual Disciplinary Committee Election (35 minutes)

Election: The committee will present four members to be re-elected *submitted by the Disciplinary Committee*

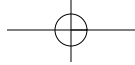
## Item #2: Board of Directors Candidates' Presentation (45 minutes)

Discussion: "Presentation by candidates for the Board of Directors followed by questions for the candidates"

## Future Agenda Information:

For information on how to place an item on the Agenda, please see the center pages of the *Linewaiters' Gazette*.

The Agenda Committee minutes and the status of pending agenda items are available in the office and at all GMs.



# “Will Work for Food” and Copycat Coops

By Gayle Forman

On April 1, the public radio station WBAI will run a half-hour documentary on the workings of the Park Slope Food Coop. Coop member Ursula Ruedenberg, an affiliates coordinator for Pacifica Radio, hatched the idea for “Will Work for Food” to air as part of *Sprouts Radio from the Grassroots*, weekly programs featuring content produced at community radio stations across the country that air on Pacifica affiliates. But Ruedenberg, who’s been a Coop member since 1986, didn’t pitch the idea because she thought the Coop needed publicity or more members. If anything, she thought it needed imitators, especially

after she noticed a disturbing trend: “A number of communities sent in stories about failing food coops,” she says. “These coops were not our model. They were models in which you didn’t have to work, in which you bought membership, and there was considerable distress about them disappearing. I thought we should do a story about a successful coop, an alternative that worked.”

She turned to Christine Black, a young producer with a passion for environmental issues, who was not a Coop member but who had been involved with other coops in the past. “In my experience, food coops have been more expensive than regular stores, so they’re a good concept for people who can afford them but not necessarily for everyone else.” In stark contrast to this, Black opens the documentary about the PSFC, which she describes as “a successful business that makes no profit,” with testimony from working mom and member Cynthia McKnight: “Oh man, I couldn’t afford eating healthy food if I wasn’t a member of the Coop,” McKnight says. “The Coop is modest when they say you save 30%. I see it more as 50% to 70%. I think even if I was rich I’d still be a member.” Soon after, Black makes the important point that it is the member labor that keeps costs low.

Member labor. If the Coop has a bogeyman, something that freaks out nonmembers and possibly prevents other coops from adopting our model, it’s the mandatory work policy. But the members that Black and her assistant Courtney Smith interviewed manage to humorously humanize and demystify the work issue. As member Din Clarke puts it: “It’s two and three-quarter hours every four weeks. It’s not breaking rocks on the side of the highway in ninety-degree weather.”

General Coordinator Joe Holtz points out that member labor doesn’t just keep the prices down, it also provides “the social glue” that keeps the Coop working, that makes possible the kinds of connections that Black recounts in the piece, such as one story of the Hasidic Jew and the Rastafarian trading recipes. If the documentary is short on negative views of the Coop, it’s not that Black edited them out; she just



In praise of coops: Ursula Ruedenberg (L) of Pacifica Radio and Christine Black (R), reporter/producer.

PHOTO BY HAZEL HANKIN

didn’t get many. There were realistic complaints, but generally people were positive on everything from worker initiative—“Every so often you get a worker who’s a lemon, but working hard and caring about what you do seems to be fairly contagious,” said a food processing squad leader named Jim—to the frustrations of long lines to the occasional fed-up-ness that one gets, and gets over, with the Coop. But most people just wanted to show Black their favorite things in the store. “It was like show and tell,” she says with a smile.

For most members, “Will Work for Food” tells us all the good stuff we already know. And that’s the point. It’s not meant for us so much as for all the millions of Americans who don’t have a Park Slope Food Coop. (And so far, the program has aired on more than 50 Pacifica affiliate stations.) But Black also uncovers some interesting nuggets that might educate even longtime PSFC members, delving into both the history of coops in the United States—apparently Ben Franklin started the first coop in the US—as well as into the Coop’s own background. Holtz explains how the PSFC founders were looking for alternatives in society—against the prevailing politics, against racism, sexism and the crappy food that was available.

Interestingly, Ruedenberg points out parallels between the genesis of the Park Slope Food Coop and Pacifica Radio, which itself was

founded in 1948 by a group of war resisters (pacifists, hence the name Pacifica) who thought the airwaves had been taken over by commercial interests. Similarly, WBAI comes from that tradition, says its public affairs director, Kathy Davis: “WBAI radio was created to serve community. Like the Coop, we were created as part of socially conscious movements of the 60s and 70s and continue to broadcast about the realities of ordinary people.”

Other serendipitous historical highlights that Black uncovers include General Coordinator Mike Eakin’s decision to leave the business world in the 1960s and take his Harvard MBA-educated self to the Coop, where he helped guide the growing PSFC through many of its expansions. Another interesting point that perhaps only an observant nonmember would notice has to do with pronouns. Black notes how over the paging system, when members are asking if the Coop has a certain item, the request is always: “Do we have any of this?” So ingrained is the sense of membership and ownership of the Coop that when members talk about it, we instinctively talk about *our* Coop (much as this reporter is doing right now).

A buzzword that repeats throughout the documentary is “sustainability”: having sustainable food sources, sustainable environmental and economic practices—and also for the Coop itself to be sustainable. “People are living a

lifestyle that’s not sustainable. Until recently this was considered a progressive theory, now with the stock market crash, it’s become a matter of fact,” Ruedenberg notes in the documentary. “People are looking for alternatives.... The Coop presents an alternative.”

While that may be true, the Coop itself is also an example of a model that can only be sustained within certain limits, and as Christine Black discovered, one of Joe Holtz’s motivations in participating in this documentary—and in helping any fledgling coop that comes seeking his advice—is in spreading the good word. “The Park Slope Food Coop is such an anomaly, and having that success and being integral to it, I think Joe would like to see more coops adopt the model,” says Black, who now counts herself as a coop convert if not a member. “I think people need to be thinking, with the implosion in our economy, what are other ways we can get our needs met. The Coop contains a wealth of examples of how you can do something differently and succeed. The fact that so many models existed and closed down, and yet the Park Slope Food Coop is as successful as it is, people should be shouting this from the rooftops.”

“Will Work for Food” will air on WBAI at 99.5 FM on April 1 at 11 a.m. You can also listen online after the air date at the archive show section at [www.wbai.org](http://www.wbai.org). ■



## TAKE THE SURVEY

Help the Coop gather valuable information on your shopping experience and payment choice by taking our survey in conjunction with the Federal Reserve Bank of Boston. Your responses will help the Coop serve you better!

Take the survey now on [www.foodcoop.com](http://www.foodcoop.com) or pick up an information card from the entrance desk.



# How Does Your School's Garden Grow?

By Larissa Phillips

**T**he National School Lunch Program is under fire for a multitude of sins. Charges include food that is high-fat, low-grade, processed and consisting of industrial leftovers bought on the cheap. In many schools, meals arrive prewrapped and ready to be microwaved, or, as one Brooklyn school nutritionist blithely put it, "just like Burger King."

According to Susan Rubin of the parent advocacy group Better School Food, we are living in an era in which one-quarter of American children between the ages of five and ten show early warning signs for heart disease; obesity rates have doubled in children and tripled in adolescents in the last 20 years. With more than 30 million children getting school lunch every school day, and 10 million getting school breakfast, the stakes are high.

Later this year the Child Nutrition Act, which has been overseeing school food since 1966, will be reauthorized. Federal guidelines and budgets for all school food programs will be reexamined and, critics hope, improved.

But in the meantime, changes are already happening on the local level. All across the country, parent committees dedicated to nutrition, wellness or food awareness have been taking advantage of local programs or simply following a personal vision to change the way kids in their schools experience food. Here are just a few examples of Brooklyn schools that are making changes, one step at a time.

## Building a Garden

Last year at PS 124 on Fourth Avenue in Park Slope, a parent named Mirem Villamil started thinking about a school garden. Ignoring what she remembers as a general feeling of skepticism from teachers and parents, she applied for a Lowe's Toolbox for Education grant, even though she had only a skeleton of an idea.

When spring arrived and the grant hadn't come through, Villamil went looking for other contributions. "I hit the banks and asked for money. Astoria Federal gave \$500. Kamco contributed

lumber. I called corporate headquarters for Miracle-Gro, and they sent over a pallet of organic soil. It was amazing." When the grant arrived with \$5,000, the skeptics perked up and came on board. "It was the most money the school had ever raised in one year," says Villamil.

Although Villamil has since switched schools, the garden has become a firmly established part of the school. "We have the *best* garden," Parent Coordinator Donna Maxil enthused.

For parents interested in seeing their own visions to fruition, Villamil recommends, "Just get started and people will jump on board." At the beginning, she says, "I couldn't get the science teacher interested. I was like, 'All I want is to put a tray of seeds into your classroom.'" The teacher was too busy to take on another project, and his classroom was too crowded, but Villamil kept pushing. "Sure enough, the seeds sprouted, and then his class went outside and planted them." Now, she says, the teacher is one of the biggest supporters of the garden.

"One of the most amazing things" about the garden, Villamil says, "was being out there with the kids and seeing how they reacted when they got to pick a leaf and taste it. It's an amazing experience that is sort of recompense in itself. One of the kids at 124 said he'd never seen a vegetable growing."

## Active Committees

Once a group can build its numbers, the options for action are seemingly endless. At PS 321 in Park Slope, the Go Green Committee has organized countless initiatives related to food. Because 321 has a small cafeteria, older children are allowed to go out for lunch. Recently, several parents went along Seventh Avenue and asked nearby restaurants to offer more healthful lunch options and specials that didn't include soda. Parent volunteers also come to the cafeteria and help the children make smart choices at lunch.

At PS 29 in Cobble Hill, the Food and Farming Committee has found success by working with the Office of School Foods and the cafeteria. "Last year we had a meet-

ing with the school food people," says Jessica Delaney, a parent and committee leader. "The big guys came—David Berkowitz and Bill Dougherty. In the meeting we asked for a salad bar. They said yes. Then we asked for School Food Plus, and they said yes. It was as easy as asking."

With School Food Plus, PS 29 gets an enhanced menu with a focus on NYS produce, more training for cafeteria staff and a nutrition curriculum for parents and children.

The school also started a garden in the playground, and last fall was able to participate in a pilot program called SchoolFood—Garden to Cafeteria. Created by the city's Department of Education, a nonprofit called SchoolFood and the NYS Department of Agriculture & Markets, the program was intended as a daylong event surrounding a lunch that included produce or greens that had been grown by the school's children. At PS 29, the cafeteria served pesto made with basil the kids had grown.

In a departure from the usual critiques of the Office of School Foods, Delaney says her school has forged a positive relationship with what she nevertheless imagines as a "behemoth, red-tape kind of a place."

The school has also benefited from working positively with the cafeteria. "We found that once we befriended the cafeteria, things definitely got better," she says. "When we first started getting into the cafeteria, there was a big sign that said 'No Parents Beyond this Point.' After a couple months that was gone." Now parents participate in many aspects of the cafeteria, including helping out at the salad bar, interacting with and serving the kids.

Delaney recommends accepting that "baby steps are sometimes the only way to go" and "to try to get as much out of school food as they will give you." Make that call to the Office of School Foods, she says.

## Garden to Cafeteria

For the last five years, PS 146 in Carroll Gardens (also known as the Brooklyn New School or BNS) has taken advantage of a program at Added Value, a nonprofit sustainability group in Red Hook

that runs a 2.5-acre farm. Each spring BNS first graders take part in an eight-week "Seed to Salad" workshop. "At the end," says one first-grade teacher, "many are willing to eat salad for the first time."

salad! Why don't we eat like this everyday?"

## Building a Coalition

Recently, a more expansive version of the parent committee was born, made



ILLUSTRATION BY PAUL BUCKLEY

Because of this connection, BNS was able to participate in the same Garden to Cafeteria project as PS 29. With no garden on school grounds, the school's second graders went back to the farm at Added Value where they'd grown greens the previous spring. There they performed a "symbolic harvest" (each harvesting a few leaves), which were delivered to the school's cafeteria.

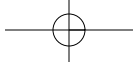
On the day of the project, the entire school took part in a daylong harvest celebration. The cafeteria was decorated with garden-related art and science projects; harvest songs were performed; and fifth graders operated tasting tables, encouraging younger kids to taste herbs and greens. At lunchtime, parents (including this reporter) and cafeteria workers raced to serve fresh salad greens to all children.

"It brought a level of excitement into our school's cafeteria the likes of which I have never witnessed in ten years working in the New York public schools," said Matt Sheehan, a former DOE teacher, now a volunteer teacher of environmental stewardship at BNS. "A familiar refrain heard from the children was, 'I love

up of parents from several schools in Brooklyn and Manhattan, each bringing their own school's trials and triumphs to the table. "We want to build a coalition, as there is power in numbers," says Sheehan of BNS, one of the group's initiators.

After coming up with more or less the same list of food-related problems that most school food and/or wellness groups have been coming up with for at least the last few years, the group narrowed it down. "We decided we would focus on trying to tackle one food-related issue," said Sheehan. The group's first order of business became a petition to ban milk containing artificial hormones. Mary Lenz, a parent at PS 41 in Manhattan, wrote up the petition, which can be signed at [www.healthyschoolnyc.com](http://www.healthyschoolnyc.com). Information about upcoming meetings and other ways to get involved in school food can also be found here.

Food reformer Kate Adamick of [schoolfood.org](http://schoolfood.org) once said, "It's going to take a million moms and dads marching on city hall, with lunch trays in hand" to change school food. Maybe that time has come. ■



**COORDINATORS' CORNER**

**On Coop BOYCOTTS**

CONTINUED FROM PAGE 1

ignored and could not be answered in private. If we want to maintain our democracy, which is an intrinsic principle of being a cooperative, we must today, as we have always done, answer such questions in the open and democratically.

The gray area is how we balance our usual way of not taking political positions with answering questions that whichever way we answer will be seen as taking a political position. When a political position is taken there is the risk of alienating members who do not share it. Part of our mission is to welcome all

our members. Diversity, according to our Mission Statement, is something we are committed to. How has the Coop taken positions on boycotts without becoming known for alienating members who do not agree with the Coop's decisions and without narrowing the diversity of those who feel comfortable here?

The answer is that the Coop has never really taken a position on a boycott on anything considered really controversial by more than a very few members. The 1973-to-the-present history of our boycotts of lettuce, grapes, products of Chile, products of South Africa, products of Colorado, Tropicana products, Nestle, Coca-Cola, and other boycotts I am not remembering, has not been particularly

controversial, and have been enthusiastically supported and/or at least found tolerable by a vast majority of members.

My view is that unless we can agree on a boycott in vast majority numbers, we will do damage to our cooperative spirit, and our mission. In recognition of the difficulty of these types of decisions, the April 1987 GM tried to leave a framework for future discussions by adopting Boycott Guidelines, so that individual members doing the deciding at future GMs would have the benefit of their experience. Here it is:

"The Coop will apply the following guidelines to determine whether the Coop will join a boycott:

1. Is there either...
  - a. an effective local organiz-

ing effort in support of the boycott?

b. an effective national campaign in support of the boycott?

2. Is this an item that would upset a significant number of Coop members if stocked?

3. The boycott proposal must be published in the *Gazette* in the month before it is discussed at the General Meeting."

Please note the 1987 meeting's use of words that are left open to interpretation, such as "effective" in number 1 and, most important, "significant" in number 2. In addition, the word "guidelines" itself is open to interpretation. Also, I think that had we thought of it in 1987 we would have written a corollary to guideline number 2: Is this an item that would upset

a significant numbers of members if boycotted?

One of the ways the Coop practices transparency and democracy is by having a basic policy of printing virtually all letters to the editor. An alternative to the Coop's taking a stand on a boycott is for members to write letters urging fellow members to buy or avoid products they feel strongly about.

In my capacity as one of the stewards of the Coop, I hope to see the Coop both survive and thrive. If and when any boycott comes to the floor of the GM, I will be considering first and foremost the things I have written about here, even more than the actual specific proposal on the floor. I hope many others will join me in thinking as stewards of the Coop's future. ■



**The Ecolvetch is now on Facebook, representing the Park Slope Food Coop's Environmental Committee.**



**CREATIVE? WRITER? TALKATIVE? LAWYER? SOCIAL-BUTTERFLY? WEB-DEVELOPER? HELP US GET STARTED AND MAKE YOUR OWN WORK SHIFT!**

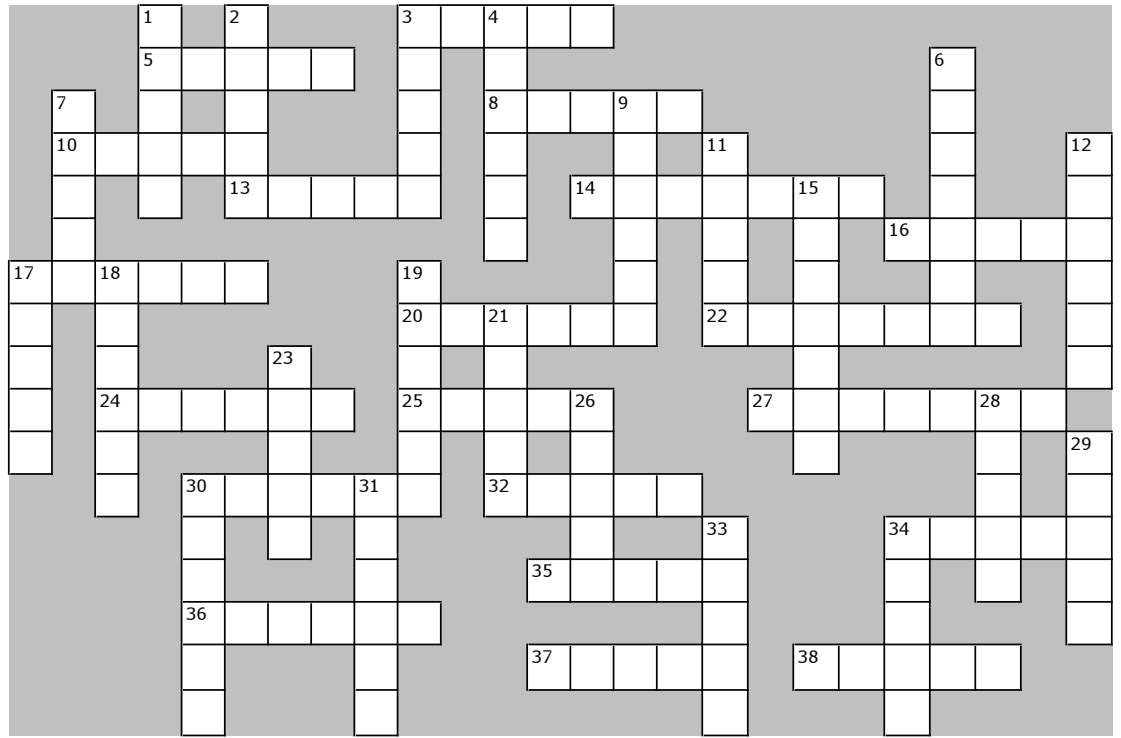
PSFC members will receive FTOP credit in exchange for their help. To receive credit, you should be a PSFC member for at least one year and have an excellent attendance record.

**MORE INFO** [www.GreeneHillFoodCoop.com](http://www.GreeneHillFoodCoop.com)  
[info@greenehillfoodcoop.com](mailto:info@greenehillfoodcoop.com) | 718-208-4778

## Puzzle Corner

### March Madness

1. The clues below are grouped into 7 sets. The answers within each set are all anagrams of one another. For example, the answer to the first clue in the first set (Harvests) is R-E-A-P-S. These letters can be rearranged to form the answer to the second clue, Oblong Fruits: P-E-A-R-S.
2. After solving each set of anagrams, the answers can be filled in the listed grid positions. However, the order of the clues does not match the order of the grid positions. For example, the first answer (REAPS) goes in 35A, not 3A. The second answer (PEARS) goes in 3D, not 34A. For some sets there are multiple ways to fit the answers into the grid.



**3A, 34A, 35A, 38A, 3D, 29D, 34D**  
 Harvests, Oblong fruits, Analyze, Lance, After (Fr.), Peels, Extra

**5A, 10A, 16A, 1D, 7D, 11D, 28D**  
 A-students, \_\_\_ Bleu!, Green \_\_\_, Criminal surveyor?, Hurries, Worries, Frighten

**8A, 13A, 25A, 32A, 2D, 26D**  
 Minimum, Stories, Unoriginal, Blues, Pilfer, Blackboard,

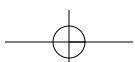
**14A, 22A, 27A, 6D, 15D**  
 Even Worse, Greek Wine, Eyeballs, Keeps, Spill again

**17A, 20A, 24A, 30A, 9D, 18D, 19D**  
 Survivor, Warnings, One adding seasoning, Add more seasoning, Heathers star, Older, Changes

**36A, 4D, 12D, 30D, 31D**  
 Spring holiday, Diners, Puzzle, Reelect, Usher

**37A, 17D, 21D, 23D, 33D**  
 Flower, Changed Chairs, Rips, Fees, Ogle

**For answers, see page 16. This issue's puzzle author: Stuart Marquis**



# Biofuels for a Green Brooklyn

By Michael Winks

"Food prices are skyrocketing, mono-crops and agribusiness have damaged the environment, farmers cannot afford the food they grow, most farmers and farm workers live in poverty, and an irrational system of food production and distribution based on short-term corporate profits has created a mess for us to clean up and change."

—From Park Slope Food Coop's website  
link to the Brooklyn Food Conference

"So it's a crime against humanity—it's a crime against humanity to convert agricultural productive soil into soil...which will be burned into biofuel," [UN expert Jean] Ziegler told a news conference. "What has to be stopped is...the growing catastrophe of the massacre (by) hunger in the world."

—Associated Press October 27, 2007

So what the heck are two Park Slope Food Coop members doing starting a biofuels coop? Are they criminals or something? And how in God's name could they be partners at the Brooklyn Food Conference?

Here's our reason: sustainable permaculture ethanol fits right in with the principles of

this conference. It stands for healing the soil, cleaning the air, declaring independence from corporate agriculture as well as fossil fuels, and it stands for more food for more people around the world.

You heard right. More food.

Oh, yeah, and reversing global warming.

Now that you've picked yourself up off the floor, I'll continue.

The Park Slope Ethanol Coop is not a gimmick. It's the beginning of a movement. Taking control of our energy future is a big part of it. Feeling better about what we put in the air, the choice we make to not sit tight and let multinational corporations make decisions for us. We are part of the green energy future and we aim to be a model for others in urban areas. We want the money that investors put into the Coop to stay local.

The permaculture system of design, as outlined in this paper's pages in recent weeks, allows for higher yields of food and other crops in smaller spaces. Our teacher, farmer David Blume, expert in alcohol fuels for 30 years, designs crops for food and fuel. On

page 44 of his book *Alcohol Can Be a Gas!*, he designs a permaculture production system that integrates food and fuel production on one acre that "financially outperforms 2,000 acres of corn." Gotta check out the book, folks.

As Ed Levy has reported in these pages, Blume points out a vast amount of acreage,



swamps and sloped land unsuited to regular farming, even rivers and ponds that the USDA doesn't count as cropland or farmland are suitable for growing specialized energy crops. High-yield crops include fodder beets and sorghum, grown as far north as Canada. Stale bread from bakeries (donuts anyone?). Filter human manure through cattails and produce 10 times more fuel than corn per acre.

Use desert crops such as mesquite pods, pimenton and Buffalo gourd in the arid Southwest—they need no fertilizer or fossil fuel inputs.

This is game changing, world changing stuff. And soil fertility will increase. Soil scientist Larry Korn, the author of *The One Straw Revolution*, said if farmers were to use Blume's model, soil fertility would increase worldwide while energy production would become not only sustainable but democratic.

Much of what we are told about ethanol is untrue. It's been said of medical studies that they have to pass muster with pharmaceutical companies before being published in major journals. It takes very little money on the part of oil companies to fund studies from various universities that will provide them with results they want. Cynical? Look at the history books. Read the 1982 classic (it's at the Brooklyn Public Library) *Forbidden Fuel: Power Alcohol in the 20<sup>th</sup> Century*.

The best thing we can do is prove to ourselves what we are doing works, that we reduce emissions substantially, that more food results because the byproducts can help us grow mushrooms and farm fish; mushrooms, as many foodies know (Google Paul Stamets) could feed the world several times if feeding people were a priority on the planet.

It is not about putting ethanol in SUVs so we can continue to lead wasteful lifestyles. Remember, if biofuels went away right now, we would still have corporate exploitation, rainforest destruction, monoculture and farmer subsidies and petrochemicals...you get the picture.

Oh, the global warming reversal part? You'll just have to come to one of our presentations of the DVD *Alcohol Can Be a Gas!* in the meeting room on Saturday March 28 or Tuesday May 26 at 7:30 p.m. Keep an open mind and ask questions. ■

## Founder of Microcredit Summit Campaign to Speak in NYC

By Rachel Casparain

Since the beginning of his administration, President Obama has encouraged the revival of service by all Americans. But for many of us this call to action is an overwhelming proposition. While we are presented with endless opportunities to "do good," choosing a focus for our time, energy and money can be a daunting task. "Should I sponsor a child in Africa?" "Would I do more good volunteering at a local food pantry?" "Can I afford a charitable donation this year and if so, where should it go?"

While I believe there are no wrong choices when it comes to where to focus one's service, I happen to think I've found a particularly effective and empowering organization to

lend my own time and voice to.

RESULTS is a nonprofit grassroots advocacy organization committed to creating the political will to end hunger and the worst aspects of poverty. Ending global poverty also positively impacts education, healthcare, violence and disease—all issues I might choose to focus on individually. But since becoming involved in RESULTS I have discovered how great my impact on all these issues can be, simply by leveraging my own personal and political power—by lobbying elected officials for effective solutions and key policies that affect hunger and poverty.

I'd like to extend an invitation to Coop members to hear directly from RESULTS founder and the founder and director of the Microcredit

Summit Campaign, Sam Daley-Harris, about how and why RESULTS got started by a regular citizen moving from hopelessness to action. This is a unique opportunity to learn more about this incredible organization that has already helped pull over 100 million people out of poverty. RESULTS gives hope, not only to those it serves, but also to those of us who champion the end of global poverty.

Please join RESULTS NYC in welcoming Sam Daley-Harris to lead a "Workshop to End Global Poverty" on Thursday, March 19th from 7:00-9:45 p.m. at The Neighborhood Church of Greenwich Village (269 Bleecker Street). For more information, please visit [nyc.results.org](http://nyc.results.org), email [info@nycresults.org](mailto:info@nycresults.org) or call 617-331-2533. ■

## Member Contributions

Thursday,  
April 2  
7:30 p.m.  
at the Coop



Susan Baldassano  
coordinator

### PARK SLOPE FOOD COOP

**Attention  
Dessert Lovers!**  
Join us for  
a night of sweet treats.

#### MENU

- Chocolate Lovers' Brownies
- Lemon Mascarpone Coconut Tartlets
- Frozen Yogurt Berry Smoothies—dairy and non-dairy versions
- Cardamom Pistachio Ice Cream—vegan
- Fresh Berry Sauce

#### \$4 materials fee

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop.

Dina Cutrone and Carina Kuhl are owners of TALL order in Brooklyn. TALL order offers a unique, healthy approach to cooking and entertaining. Dina is a graduate of Natural Gourmet Institute for Health and Culinary Arts and Institute for Integrative Nutrition. Carina is a graduate of Institute for Culinary Education. They offer dinner parties, cooking parties and classes and small-event catering. Dina has worked as a personal chef, cooking class instructor and caterer, and Carina has worked at Butter Restaurant, Per Se and catering companies in NYC. For more information, visit [www.tallorderonline.com](http://www.tallorderonline.com).

**MEMBERS & NON-MEMBERS WELCOME.**

Come early to ensure a seat.

**COOP HOURS****Office Hours:**

Monday through Thursday  
8:00 a.m. to 8:30 p.m.  
Friday & Saturday  
8:00 a.m. to 5:00 p.m.

**Shopping Hours:**

Monday–Friday  
8:00 a.m. to 10:00\* p.m.  
Saturday  
6:00 a.m. to 10:00\* p.m.  
Sunday  
6:00 a.m. to 7:30\* p.m.

\* Shoppers must be on a checkout line  
15 minutes after closing time.

**Childcare Hours:**

Monday through Sunday  
8:00 a.m. to 8:45 p.m.

**Telephone:**

718-622-0560

**Web address:**

www.foodcoop.com

**LINEWAITERS' GAZETTE**

The *Linewaiters' Gazette* is published biweekly by the Park Slope Food Coop, Inc., 782 Union Street, Brooklyn, New York 11215.

Opinions expressed here may be solely the views of the writer. The *Gazette* will not knowingly publish articles that are racist, sexist, or otherwise discriminatory.

The *Gazette* welcomes Coop-related articles, and letters from members.

**SUBMISSION GUIDELINES**

All submissions MUST include author's name and phone number and conform to the following guidelines. Editors will reject letters and articles that are illegible or too long. Submission deadlines appear in the Coop Calendar opposite.

**Letters:** Maximum 500 words. All letters will be printed if they conform to the guidelines above. The Anonymity and Fairness policies appear on the letters page in most issues.

**Voluntary Articles:** Maximum 750 words.

**Submissions on Paper:** Typed or very legibly handwritten and placed in the wallpocket labeled "Editor" on the second floor at the base of the ramp.

**Submissions on Disk & by Email:** We welcome digital submissions. Drop disks in the wallpocket described above. The email address for submissions is GazetteSubmissions@psfc.coop. Receipt of your submissions will be acknowledged on the deadline day.

**Classified & Display Ads:** Ads may only be placed by and on behalf of Coop members. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise–Non-commercial" category are free.) All ads must be written on a submission form (available in a wallpocket on the first floor near the elevator). Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2"x3.5").

**Recipes:** We welcome original recipes from members. Recipes must be signed by the creator.

**Subscriptions:** The *Gazette* is available free to members in the store. Subscriptions are available by mail at \$23 per year to cover the cost of postage (at First Class rates because our volume is low).

**Printed by:** New Media Printing, Bethpage, NY.

**Friday  
Mar 20  
8:00 p.m.**

very  
**The Good Coffeehouse**  
COOP CONCERT SERIES

A monthly musical fundraising partnership of the Park Slope Food Coop and the Brooklyn Society for Ethical Culture

**An Evening of Jazz, Tap & Song**

When she's not busy showing people how to communicate with power, authenticity and ease, **Jezra Kaye** weaves her sultry, swinging vocal magic on a mix of jazz standards, blues and sophisticated pop. This year she's joined by Roberta Piket (piano), Dom Richards (bass), Todd Isler (drums), Robin Burdulis (percussion) and special guests. Come find out why Jezra and her great backup musicians always pack the Good Coffeehouse.

Rhythm Tap soloist **Margaret Morrison** is joined by **Robin Burdulis** on percussion, Stefan

Bauer on vibes, Dom Richards on bass and other friends for an evening of tap dance and swinging jazz music. For over 20 years Margaret has presented her tap dance artistry across the globe, performing as a soloist and with the acclaimed American Tap Dance Orchestra. Reviewers have called her "a paragon of exacting control and cool theatricality" and "expressive and wonderfully musical."



**53 Prospect Park West [at 2nd Street] • \$10 • 8:00 p.m.** [doors open at 7:45]

Performers are Park Slope Food Coop members and receive Coop workslot credit.

Booking: Bev Grant, 718-788-3741

**Monthly on the...**

**Second Saturday  
March 14  
10:00 a.m.–2:00 p.m.**

**Third Thursday  
March 19  
7:00 p.m.–9:00 p.m.**

**Last Sunday  
March 29  
10:00 a.m.–2:00 p.m.**

On the sidewalk in front of the receiving area at the Coop.

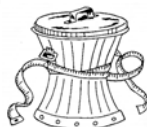
**PLASTICS****What plastics do we accept?  
Until further notice:**

- #1 type non-bottle shaped containers, transparent only, labels ok
- Plastic film and bubble wrap, transparent only, no colored or opaque, no labels
- #5 plastic cups, tubs, and specifically marked caps and lids, very clean and dry (discard any with paper labels, or cut off)

**NOTE: We are no longer accepting #2 or #4 type plastics.**

**PLASTIC MUST BE COMPLETELY CLEAN & DRY**

We close up promptly.  
Please arrive 15 minutes prior to the collection end time to allow for inspection and sorting of your plastic.



**R  
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## FTOP Plastic Recycling Drivers Needed

On-call FTOP drivers needed to transport plastic recycling. Must have a large capacity van, truck or mini-van with removable backseats for the volume of recycling collected (no hatchbacks!). Flexible time—member can pick up recycling at the Coop during Coop hours. The Recycling Center accepts plastic 24hrs/day. Member will be reimbursed for mileage according to IRS reimbursement rates. FTOPer must commit to at least six months of on call service. For more information, call Cynthia Pennycooke at 718-622-0560 M-F 8 a.m.–1 p.m. or email [cynthia\\_pennycooke@psfc.coop](mailto:cynthia_pennycooke@psfc.coop).

## Creative Media Project Seeks Talent

FTOP credit available if you're a video editor, comedy writer, media writer, broadcast/motion graphics artist, 2D or 3D animator, editorial researcher familiar with Lexis-Nexis, Westlaw, etc. Be part of the Brooklyn Food Conference: a grassroots event for a just, sustainable, healthy and delicious food system. Please contact us at [rooster@bway.net](mailto:rooster@bway.net).

## Schedule Copying

**Tuesday, 6:00 to 8:30 p.m.**

You will be copying Coop committee schedules from originals provided using the Risograph machine. Familiarity with a risograph machine and the ability to troubleshoot problems with the printer is a plus. You will be on your feet for much of the shift and you will be working independently. Looking for members with a good attendance record and who have been members of the Coop for six months. A six-month commitment to the workslot is required. If interested, please contact Debbie in the Membership Office.

# COOP CALENDAR

## New Member Orientations

Attending an Orientation is the first step toward Coop membership. Pre-registration is required for all of the four weekly New Member Orientations. To pre-register, visit [www.foodcoop.com](http://www.foodcoop.com) or contact the Membership Office. Visit in person or call 718-622-0560 during office hours.

Have questions about Orientation? Please visit [www.foodcoop.com](http://www.foodcoop.com) and look at the "Join the Coop" page for answers to frequently asked questions.

## The Coop on the Internet

[www.foodcoop.com](http://www.foodcoop.com)

## The Coop on Cable TV

**Inside the Park Slope Food Coop**

FRIDAYS 2:30 p.m. with a replay at 10:30 p.m.  
Channels: 56 (TimeWarner), 69 (CableVision).

## General Meeting Info

**TUE, MAR 31**

GENERAL MEETING: 7:00 p.m.

**TUE, APR 7**

AGENDA SUBMISSIONS: 8:00 p.m.

Submissions will be considered for the Apr 28 General Meeting.

## Gazette Deadlines

### LETTERS & VOLUNTARY ARTICLES:

Mar 26 issue: 7:00 p.m., Mon, Mar 16  
Apr 9 issue: 7:00 p.m., Mon, Mar 30

### CLASSIFIED ADS DEADLINE:

Mar 26 issue: 7:00 p.m., Wed, Mar 18  
Apr 9 issue: 7:00 p.m., Wed, Apr 1

## ALL ABOUT THE GENERAL MEETING

### Our Governing Structure

From our inception in 1973 to the present, the open monthly General Meetings have been at the center of the Coop's decision-making process. Since the Coop incorporated in 1977, we have been legally required to have a Board of Directors. The Coop continued the tradition of General Meetings by requiring the Board to have open meetings and to receive the advice of the members at General Meetings. The Board of Directors, which is required to act legally and responsibly, has approved almost every General Meeting decision at the end of every General Meeting. Board members are elected at the Annual Meeting in June. Copies of the Coop's bylaws are available at the Coop Community Corner and at every General Meeting.

### Next Meeting: Tuesday, March 31, 7:00 p.m.

The General Meeting is held on the last Tuesday of each month.

### Location

The Temple House of Congregation Beth Elohim (Garfield Temple), 274 Garfield Place.

### How to Place an Item on the Agenda

If you have something you'd like discussed at a General Meeting, please complete a submission form for the Agenda Committee. Forms are available in the rack near the Coop Community Corner bulletin board and at General Meetings. Instructions and helpful information on how to submit an item appear on the submission form. The Agenda Committee meets on the first Tuesday of each month to plan the agenda for the GM held on the last Tuesday of the month. If you have a question, please call Ellen Weinstat in the office.

### Meeting Format

**Warm Up (7:00 p.m.)** • Meet the Coordinators

• Enjoy some Coop snacks • Submit Open Forum items

• Explore meeting literature

**Open Forum (7:15 p.m.)** Open Forum is a time for members to bring brief items to the General Meeting. If an item is more than brief, it can be submitted to the Agenda Committee as an item for a future GM.

**Reports (7:30 p.m.)** • Financial Report • Coordinators' Report • Committee Reports

**Agenda (8:00 p.m.)**

• The agenda is posted at the Coop Community Corner and may also appear elsewhere in this issue.

**Wrap Up (9:30-9:45 p.m.)** (unless there is a vote to extend the meeting) • Meeting evaluation • Board of Directors vote • Announcements, etc.

### Attend a GM and Receive Work Credit

Since the Coop's inception in 1973, the General Meeting has been our decision-making body. At the General Meeting (GM) members gather to make decisions and set Coop policy. The General-Meeting-for-workslot-credit program was created to increase participation in the Coop's decision-making process.

Following is an outline of the program. For full details, see the instruction sheets by the sign-up board.

#### • Advance Sign-up required:

To be eligible for workslot credit, you must add your name to the sign-up sheet in the elevator lobby.

Some restrictions to this program do apply. Please see below for details.

#### • Two GM attendance credits per year:

Each member may take advantage of the GM-for-workslot-credit program two times per calendar year.

#### • Certain Squads not eligible:

Eligible: Shopping, Receiving/ Stocking, Food Processing, Office, Maintenance, Inventory, Construction, and FTOP committees. (Some Committees are omitted because covering absent members is too difficult.)

#### • Attend the entire GM:

In order to earn workslot credit you must be present for the entire meeting.

#### • Childcare can be provided at GMs:

Please notify an Office Coordinator in the Membership Office at least one week prior to the meeting date.

#### • Signing in at the Meeting:

1. After the meeting the Chair will provide the Workslot Credit Attendance Sheet.

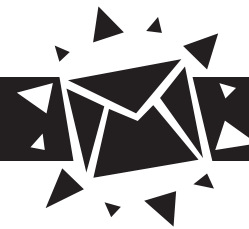
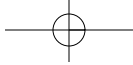
2. Please also sign in the attendance book that is passed around during the meeting.

#### • Being Absent from the GM:

It is possible to cancel without penalty. We do ask that you remove your name if you know cannot attend. Please do not call the Membership Office with GM cancellations.

### Park Slope Food Coop Mission Statement

**The Park Slope Food Coop is a member-owned and operated food store—an alternative to commercial profit-oriented business.** As members, we contribute our labor: working together builds trust through cooperation and teamwork and enables us to keep prices as low as possible within the context of our values and principles. Only members may shop, and we share responsibilities and benefits equally. We strive to be a responsible and ethical employer and neighbor. We are a buying agent for our members and not a selling agent for any industry. We are a part of and support the cooperative movement. **We offer a diversity of products with an emphasis on organic, minimally processed and healthful foods.** We seek to avoid products that depend on the exploitation of others. We support non-toxic, sustainable agriculture. **We respect the environment.** We strive to reduce the impact of our lifestyles on the world we share with other species and future generations. We prefer to buy from local, earth-friendly producers. We recycle. We try to lead by example, educating ourselves and others about health and nutrition, cooperation and the environment. **We are committed to diversity and equality.** We oppose discrimination in any form. We strive to make the Coop welcoming and accessible to all and to respect the opinions, needs and concerns of every member.



## RESPONSES TO ISRAELI BOYCOTT IDEA

### DEAR EDITOR:

I'm writing to oppose the proposed ban on Israeli products. The Middle East conflict is very complex with blood on both sides. Those who are angered at the recent war in Gaza should remember that Hamas provoked the fighting by firing rockets from civilian areas in Gaza at innocent civilians in Siderot and Ashkelon for the past six years. Israel tolerated the attacks using surgical strikes, but still Hamas did not stop. Even after the so-called truce, rockets are still raining down into Israel.

Moreover, those who support a ban should realize that they are uniting with Hamas: an anti-Semitic, regressive and illiberal organization whose avowed goal is to kill as many Jews (not Israelis) as possible.

Finally, such a ban would be a slippery slope. California recently voted to ban gay marriage; however, the Coop imports fruits from California. I would hope to oppose anti-gay discrimination, Coop members would vote to ban products from California that is unless they want to support Hamas—who is intolerant of gay people—instead of gay people.

Such a ban would target a sovereign nation that is merely defending its citizens. I wonder how Coop members would react if rockets were falling on 7th and 8th avenues where their children walk to school every day.

*Rick Armstrong*

### DEAR EDITOR:

In response to Hima B's call for a boycott of Israeli goods due to their alleged violation of international law, I would like to point out the following blatant violations of international law by Hamas: 1) using civilians as shields; 2) firing mortars from Palestinian schoolyards or adjacent to UN installations; 3) armed confiscation of UN aid and the selling of same; 4) in the first half of 2008 alone, 2,378 rockets and mortars were launched from Gaza aimed at Israeli civilian populations; 5) suicide bombers targeting civilian gatherings; 6) Their treatment of political rivals (Fatah)... shot in the kneecaps from behind so that the entire knee is destroyed and then thrown from high buildings; 7) Hamas' covenant itself is in violation of the Fourth Geneva convention as it is a direct and public incitement to genocide; 8) Hamas, not Israel bears legal responsibility for the deaths of civilians when Hamas launches rockets from civilian areas; and finally 8) it is a war crime to recruit children to battle.

As far as Israel violating international law, I quote British Army Colonel Richard Kemp, a former senior advisor on the Middle East to the British government being interviewed by the BBC:

"...Israel doesn't have any choice other than to defend its own peo-

ple.... I don't think there has ever been a time in the history of warfare when any army has made more efforts to reduce civilian casualties and deaths of innocent people than the IDF is doing today in Gaza..."

*Thank You,  
Shalmon Bernstein*

### TO THE COOP:

I find it very upsetting that there have been letters in the *Gazette* accusing Israel of apartheid policies and calling for the Coop to boycott Israeli products for what is happening in Gaza. They make claims that the action to boycott Israel is "not Anti-Semitic. It is about being anti-apartheid."

It would be important to point out that to equate Israel/Hamas conflict with struggle against South African apartheid is preposterous. Apartheid policies were directed against a majority population within South Africa. Gaza is an independent entity controlled by Hamas, which owes its independent status to the Israeli government removing, at times forcibly, Israelis and turning control over to Palestinians.

The fact is that the Arab/Muslim world and their allies have been feeding these lies to the world and getting away with it for years. These lies have only encouraged hate against Jews, whether they are Israeli or not. (Example: Venezuela where a synagogue was attacked.)

Before there is a rush to judgment, let's get the record straight:

More than a million Jews were expelled from Arab and Muslim countries between 1948 and 1974, without asking for compensation or the right to return.

As late as the 1960's there have been pogroms against the Jews in the Arab countries where they were murdered and driven out.

They had no choice but to go to the Israel, where they were attacked from day one by all the oppressive regimes that surrounded them. These were the same countries that kicked the Jewish people out in the first place.

These countries have been calling for the murder of both Israelis and Jews, so to say this boycott would not be anti-Semitic is one more lie that we are supposed to believe.

And, if the supporters of Hamas feel that Israel should be boycotted for what is happening in Gaza, maybe they and the other anti-Semites/Zionists should start with all the repressive regimes in that area, such as Saudi Arabia, Libya, Syria, Iran, Egypt and Hamas and Islamic Jihad themselves.

The Islamics refer to The Protocols of the Elders of Zion which has been condemned by the world for being an anti-Semitic farce. Yet it is used by the Arab/Muslim governments as a tool to oppose Israel. It's important to know its history and what these countries do with it.

Hamas is winning the propaganda war by convincing world opinion that Israel is in the wrong and not Hamas.

Hamas repeated many times that they have no intention of recognizing the State of Israel. Their only goal is to throw it out to sea. To paraphrase a letter to the editor of the *Woodstock Times*:

"If Hamas stopped firing rockets there would be peace. If the Israelis stopped defending themselves there would be genocide."

*S. Jacobson*

### TO THE COOP:

I am sure you are getting many messages about the proposed boycott of Israel. I am not happy with Israel's right wing government or their Settler policy. But I do feel Israel gets unfairly targeted. Many nations behave far worse than Israel yet are not boycotted. Israel's sometimes excessive reactions to being attacked are criticized far more than are the actions of any other nation. I do not support a Coop boycott of Israel and would feel obligated to leave the Coop...which is not something I want to do!

*David Michaelson*

### DEAR EDITOR:

To make an opinion, we need to be well informed. For those who are interested in information that is not usually found in the media, websites of Jewish peace organizations, all of which are working for a non-violent solution that will ensure that both Israelis and Palestinians will never again live in fear, can be accessed:

[www.ICAHD.org](http://www.ICAHD.org) (Israeli committee against House Demolitions)

[www.JewishPeaceFellowship.org](http://www.JewishPeaceFellowship.org)

[www.jewsagainsttheoccupation.org](http://www.jewsagainsttheoccupation.org)

[bfp@brooklynpeace.org](mailto:bfp@brooklynpeace.org)

*Claudine Michaud*

### GENTLE EDITOR:

There are letters in the last two issues from Hima B. and Imrana Sayed urging in one letter that the PSFC boycott Israeli products, and in the other requesting that a list of Israeli products the PSFC carries be published so that members can choose not to purchase them. Suggesting the PSFC boycott food producers from a specific country because of their country's actions is a slippery slope we should not descend. Where could such a policy lead? Should we boycott Turkish products because Turkey has invaded Iraq in search of Kurds who have attacked Turkey, or because Turkey refuses to consider Kurdish autonomy? Should we boycott Sri Lankan products because of the government's long and violent dispute with its Tamil people, also seeking some form of autonomy?

Should we boycott products from the United States? After all, our country's government launched an unprecedented preemptive strike on a sovereign nation.

Stating that Israel has single-handedly created South African-style

apartheid in Palestine isn't a known, indisputable fact, and much propaganda originating from both sides of the dispute has proven to be untrue or greatly exaggerated. Coop members who have an opinion on the subject probably extend all along the spectrum from one side of the debate to the other. Amending PSFC purchasing on the basis of opinions on debatable points of nations' policies and actions should never guide PSFC buying decisions. If that were the case, our store would have very few items for sale indeed.

*Mark Peters*

### DEAR EDITOR:

In response to the letters in the February 12, 2009 issue of the *Linewaiters' Gazette* regarding a boycott of Israeli products, the fact that a campaign is being mounted in the Food Coop regarding the above issue seems unfair. Rather, I think a campaign should be mounted to discredit Hamas and Hezbollah for the murders that were committed by their rockets into Israel and also for the killing of their own people, since they insist on shooting off rockets in the midst of their own crowded neighborhoods in Gaza, so that they can claim that Israel is responsible for this. They don't seem to care about their families or friends. They refuse to settle this issue peacefully. It has also been demonstrated on TV lately that they hold back on food deliveries to their own people in order to further propagandize this situation. They have become masters of propaganda, and many people are falling for this. But...by the same token, many people are not. They see through these schemes.

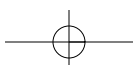
Does the world really expect Israel not to defend itself? Israel has tried many times to settle peacefully, through mediators and without mediators, but the people heading up the Hezbollah and Hamas organizations do not keep their word. The day after the last truce was up, they started shooting rockets into Israeli towns.

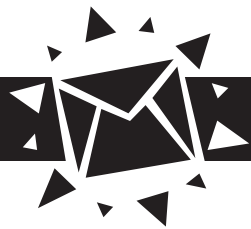
I would go along with Imrana Sayed's suggestion that if this action is contemplated in the Coop, then it should be voted on at the next board meeting. If this action is, indeed, instituted then I will leave the Food Coop and I am sure that hundreds of people will follow.

Let us hope for an amicable settlement.

*Millie Ruttner*

As an American and an Israeli, I fully support all forms of peaceful protest, and it is certainly your right, at least in this country, to boycott any products you choose. I fully deplore the loss of life of civilians, and disagree with many of the tactics used and decisions made by all parties in this situation in Israel, in Gaza. But what did you boycott when armed





Palestinians pulled my old family friend Avi Boaz out of his car in Bethlehem in 2002 and shot him dead, or when Palestinian terrorists came to my neighborhood in Netanya and massacred families who were sitting down at a Passover dinner? Did you boycott all American-made products when the U.S. began the war in Iraq and killed civilians there? Why ask the Food Coop to make arbitrary black-and-white decisions in a world of varied grays. Peace was achieved in Ireland through negotiations, how about asking the Food Coop to support the peacemakers in this process? There are many groups working on that right now, and I'd be surprised if many Coop members are not already involved in some of them.

Sincerely,  
Gilly Youner

## PLEASE EXPLAIN!

### DEAR EDITOR:

Our gross margins on the 48 weeks ending on January 4, 2009 (16.85%) do not match the one used to compare our gross income on \$32,000,000 sales with the one from regular coops (38%).

The article indicated a gross margin of 21% while ours is 16.85%. Furthermore, the difference in gross sales income between other coops and the PSFC is estimated at \$11,000,000; however on the basis of 16.85% for our gross margin, the difference should have been around \$5,390,000 instead of \$11,000,000.

Please clarify our gross margin rate (16.86 or 21%) and the reason for mentioning \$11,000,000 (or the correct amount) as unrealized gross income on our sales. Are we comparing our gross income in sales to those

of other coops? And if so, why? Is it to inform the membership how much can we increase our sales income if we increase our gross margins?

In cooperation,  
Gus Vianna Biehler

## RESPONSE TO GUS VIANNA BIEHLER'S QUERY

I apologize for the confusing figures regarding our 48-week financial statement as reported in the Gazette of February 12th.

The statement shows that we sold goods that cost us about \$27.3 million for about \$32.8 million, the difference of \$5.5 million constituting our gross margin of about 17% (5.5 / 32.8). At the meeting I noted that the typical extra-large US food coop would have sold these goods for about \$44 million, or about \$11 million more than we sold them for. I explained that this \$11 million represents the savings members achieve through their labor and our efficient operation.

The 21% figure is the **markup** we employ to achieve the 17% **margin** (.21 / 1.21). The typical extra-large US food coop employs a **markup** of about 61% to achieve a **margin** of about 38% (.61 / 1.61)

We are proud of our unusually low markup and strive to keep it low. We think it is useful to point out the primary source of our low prices.

Mike Eakin  
General Coordinator

## SUNDAY AT THE PROSPECT PARK ICE SKATING RINK

*Approaching from a distance I see,  
skaters flowing smoothly round and round  
But once on the ice – Chaos,  
bodies in Brownian movement  
Weave in and out, to avoid a collision,  
nanoseconds for each decision  
Unsteady beginner headed my way self  
deconstructs,  
goes down like a Kamikazi plane in a video  
game  
Yes! now I'm here with a patch of clear ice,  
to try skating backwards  
Stepping and sliding I look over my  
shoulder,  
to see that I'm gliding  
Straight towards a tangle of stumbling first  
timers  
Turn quick and push, try to look cool and  
pretend not to notice,  
when snubbed by the hot shot in hockey  
attire who shoots through  
the gap with a nonchalant flip of a blade  
Suddenly a whistle – clear the rink, the ice is  
wounded it cries for healing  
time for Doctor Zamboni to make an  
appearance  
The Crowd watches with interest, and all  
applaud the Doc's gyrations,  
while the patient lies quietly and coolly  
submits to Doc's ministrations  
Soon scrapes and gouges will be no more, the  
ice will be without a flaw  
Excitement increases as Doc's circles get  
smaller,  
anticipation mounting with each revolution  
The Crowd grows impatient they wait for the  
signal,  
then surge towards the ice when the "All  
Clear" is sounded  
And the first few to charge out at the head of  
the pack,  
can for a few moments triumphantly claim  
the whole glassy field as their personal  
domain.*

Anthony Marchese

## WHERE IS THE HEART OF THE CO-OP?

### DEAR EDITOR:

I had just gotten my period and had no tampons left.

I took a long bike ride to the Coop because I needed the tampons that don't have chemicals in them.

It was 5 past 10 p.m. and people were still checking their things out at the registers.

I ask "PLEASE, can't I just run in and get one box of tampons?"

In the time I could have run in to accomplish this, the lady sat there arguing with me, and then called the shift supervisor. I was then denied any compassion by the shift supervisor, even though people were continuing the check out and all the registers were still open!

What does it mean to be member owned and operated?

What is the point of working together if no compassion is shown for one another?

Is the Coop really only about getting cheap prices?

We are members, together, and we have the power to help each other.

It was only I, pleading, bleeding and really just needing a box of female friendly tampons.

Where is the Coop's heart???? I thought the Coop was about having a store that we all ran together, in a way that is devoted not only to environmental consciousness but also devoted to creating community, a "humanistic shopping experience" if you will. That is why I shop at the Coop and not Duane Reade, where for example the manager has no incentive to "make an exception" for me because they don't know me and don't care.

That should not be attitude of people at the Coop.

Sara C.

## Brooklyn Food Conference: Local Action for Global Change

### Learn How You Can Get Involved in the Food Conference

We are holding a meeting to introduce you to the Brooklyn Food Conference, co-sponsored by the Park Slope Food Coop, Caribbean Women's Health Association, Brooklyn Rescue Mission, World Hunger Year, and Brooklyn's Bounty (plus 80 other organizational partners). This huge conference, to be held on May 2 in Park Slope, will bring people together from all over Brooklyn who are interested in changing the food system, making it healthy, environmentally sustainable, and socially just to workers and consumers.

Come learn about the conference and how you can participate in it

(Get FTOP hours if you get involved in the conference.):

Thursday, March 19, 2009

7:00 – 9:00 p.m.

Congregation Beth Elohim, Second Flr. Ballroom  
Garfield Pl. off Eighth Ave. • Park Slope, Brooklyn

Info@brooklynfoodconference.org  
www.brooklynfoodconference.org

## Bank FTOP hours using your expertise to create one of the largest events in the COOP's history.

[www.BrooklynFoodConference.org](http://www.BrooklynFoodConference.org)

On **Saturday, May 2, 2009**, the PSFC, Caribbean Women's Health Association, Brooklyn Rescue Mission, World Hunger Year, and Brooklyn's Bounty will co-sponsor an all-Brooklyn Food Conference: Local Action for Global Change. More than 80 community organizations have signed on as partners helping us do publicity to attract the 2,000+ people we expect to attend. We need hundreds of Coop members to help us with this huge event! Do you have experience in ...

### COMMUNITY OUTREACH

#### BOOK KEEPING

**BUS COORDINATOR** – Coordinate bus transportation for the day of the event.

**VOLUNTEER COORDINATOR FOR MAY 2**, the day of the conference.

#### RESEARCHER

**HIGH SCHOOL STUDENT INTERN COORDINATOR**

#### WEB SITE CODING SKILLS

**AD COORDINATOR** for the printed program for the conference.

**CHEFS AND "FRONT OF HOUSE" PROFESSIONALS** to work the event on May 2, as well as doing kitchen prep work on Wed, April 29, 30, and May 1.

#### STORE, RESTAURANT, & VENDOR

**OUTREACH** – Help us reach out to stores, restaurants, and vendors to involve them in our conference.

**GRANT WRITING** – Help us raise foundation funds to support this free conference.

**MEDIA CONTACTS** – Help connect us to people you know in the media—journalists, TV, radio, bloggers, all needed.

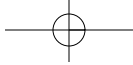
**EVENT PLANNING** – Including a parade, films, vendors, info tables, workshops, and educational groups for May 2; we also need help organizing fundraisers before May 2 to support this free conference.

**TRANSLATION** – Spanish, Creole, Arabic, Cantonese, Mandarin, Russian and American Sign Language

And if you have them, we need: AIRMILES or money to help bring keynote speakers to the conference.

Please send an e-mail with your name and area of expertise to [info@brooklynfoodconference.org](mailto:info@brooklynfoodconference.org).

As we intend to keep the conference free and open to the community, we are asking for donations.



## COMMUNITY CALENDAR

Community calendar listings are free. Please submit your listings in 50 words or less by mail, the mailslot in the entry vestibule, or [GazetteSubmissions@psfc.coop](mailto:GazetteSubmissions@psfc.coop). Submission deadlines are the same as for classified ads. Please refer to the Coop Calendar in the center of this issue.

\*Denotes a Coop member.

### SAT, MAR 14

PEOPLES' VOICE CAFE: Alix Dobkin; Blanche Wiesen Cook. At the Community Church of New York Unitarian Universalist, 40 E 35th St. (Madison & Park); wheelchair-accessible. Info: 212-787-3903 or [www.peoplesvoice-cafe.org](http://www.peoplesvoice-cafe.org). Suggested donation: \$15 general/\$10 members/more if you choose, less if you can't/no one turned away.

### THU, MAR 19

WORKSHOP TO END GLOBAL POVERTY at The Neighborhood Church of Greenwich Village (269 Bleecker St.), 7-9:45 p.m. Join your friends and neighbors as we work with the Obama administration and the 111th Congress to end global poverty. Info: [nycresults.org](http://nycresults.org).

### FRI, MAR 20

"ORPHEUS & EURYDICE" by Gluck in English. Orpheus descends to the underworld to bring Eurydice back to life with the help of the Goddess of Love, but not before he encounters Furies who will not let Orpheus pass into Hades. Brooklyn Repertory Opera with orchestra & ballet. 7:30 p.m. Brooklyn Lyceum, 227 Fourth Ave./President. Admission \$20, Seniors/Students \$10. [www.bropera.org](http://www.bropera.org).

### SAT, MAR 21

PEOPLES' VOICE CAFE: Women's Song Night: Jaime Anderson, The Belle, Lydia Adams Davis and Kathy Byers. At the Community Church of New York Unitarian Universalist, 40 E 35th St. (Madison & Park); wheelchair-accessible. Info: 212-787-3903 or [www.peoplesvoice-cafe.org](http://www.peoplesvoice-cafe.org). Suggested donation: \$15 general/\$10 members/more if you choose, less if you can't/no one turned away.

"ORPHEUS & EURYDICE" by Gluck in English. Orpheus descends to the underworld to bring Eurydice back to life with the help of the Goddess of Love, but not before he encounters Furies who will not let Orpheus pass into Hades. Brooklyn Repertory Opera with orchestra & ballet. 3:30 p.m. Brooklyn Lyceum, 227 Fourth Ave./President. Admission \$20, Seniors/Students \$10. [www.bropera.org](http://www.bropera.org).

### SUN, MAR 22

SPRING INTO ACTION! cooking class to fundraise for youth in need in Africa. Learn how to cook delicious and nutritious meals for the Spring season with Asian-inspired cuisine. 5-8 p.m. \$100 minimum donation to SEVA Project (visit [www.amberjcampion.com](http://www.amberjcampion.com) for more details about

project) and \$25 for food and materials. Space is limited. Info: [amber.campion@gmail.com](mailto:amber.campion@gmail.com).

### SAT, MAR 28

CELEBRATION OF URBAN FOLK MUSIC of the 1940s & 1950s Panels and Concert. Oscar Brand, Jean Ritchie, Tony Saletan, Roger Sprung & more. Little Red Schoolhouse, Elisabeth Irwin HS, 40 Charlton St. NYC, Folk Music Society of N.Y., Inc/ N.Y. Pinewoods Folk Music Club, 1-10, \$25 panels, \$25 concert, or \$40 full day. [www.folkmusicny.org](http://www.folkmusicny.org).

AUCTION FUNDRAISER: Middle School 51 PTA Annual Dinner/Dance & Auction, at Temple Beth Elohim, Garfield & 8th Ave., 2nd fl. ballroom. Food, drinks, dancing to music by Memphis Train & The Boxcar Horns. Purchase tickets (\$45 in advance/\$50 at the door) at [www.nycharities.org/event/event.asp?CE\\_ID=3535](http://www.nycharities.org/event/event.asp?CE_ID=3535).

"ORPHEUS & EURYDICE" by Gluck in English. Orpheus descends to the underworld to bring Eurydice back to life with the help of the Goddess of Love, but not before he encounters Furies who will not let Orpheus pass into Hades. Brooklyn Repertory Opera with orchestra & ballet. 3:30 p.m. Brooklyn Lyceum, 227 Fourth Ave./President. Admission \$20, Seniors/Students \$10. [www.bropera.org](http://www.bropera.org).

PEOPLES' VOICE CAFE: Sara Thompsen; Bernardo Palombo. At the Community Church of New York Unitarian Universalist, 40 E 35th St. (Madison & Park); wheelchair-accessible. Info: 212-787-3903 or [www.peoplesvoice-cafe.org](http://www.peoplesvoice-cafe.org). Suggested donation: \$15 general/\$10 members/more if you choose, less if you can't/no one turned away.

### SUN, MAR 29

"ORPHEUS & EURYDICE" by Gluck in English. Orpheus descends to the underworld to bring Eurydice back to life with the help of the Goddess of Love, but not before he encounters Furies who will not let Orpheus pass into Hades. Brooklyn Repertory Opera with orchestra & ballet. 3:30 p.m. Brooklyn Lyceum, 227 Fourth Ave./President. Admission \$20, Seniors/Students \$10. [www.bropera.org](http://www.bropera.org).

FINAL GIFTS: DONATING ONE'S BODY TO MEDICAL EDUCATION OR RESEARCH. Park Slope United Methodist Church, 6th Ave. and 8th St., 1-2 p.m. Representatives of NY medical school programs and two PSUMC family members of donors will present, with time for questions. Info: [dhuntin42@aol.com](mailto:dhuntin42@aol.com), 718-288-6874 or [z.moffitt@verizon.net](mailto:z.moffitt@verizon.net).

FOLK OPEN SING: Come sing with us. Bring voice, instruments, friends. Children welcome.

Cohosted by the Folk Music Society of N.Y., the Ethical Culture Society & the Goodcoffee House. At the Ethical Culture Society, 53 Prospect Park West. 7:30-10 p.m. Info: 718-636-6341.

### WED, APR 1

"Will Work for Food"—a radio documentary about the Coop (see page 4 of this issue)—will air on WBAI at 99.5 FM at 11 a.m. You can also listen online after the air date at the archive show section at [www.wbai.org](http://www.wbai.org).

### FRI, APR 3

CHILDREN'S GARDENING CLASSES: Spring classes for ages 4-12 at Brooklyn Botanic Garden's historic Children's Garden; Fridays & Saturdays beginning April 3. Kids tend their own garden plots and harvest fresh flowers, fruits & vegetables to bring home. Full scholarships available. Register: 718-623-7220 or [www.bbg.org/edu-/children](http://www.bbg.org/edu-/children).

### SAT, APR 4

PEOPLES' VOICE CAFE: Ray Korona Band. At the Community Church of New York Unitarian Universalist, 40 E 35th St. (Madison & Park); wheelchair-accessible. Info: 212-787-3903 or [www.peoplesvoice-cafe.org](http://www.peoplesvoice-cafe.org). Suggested donation: \$15 general/\$10 members/more if you choose, less if you can't/no one turned away.

### SUN, APR 5

SUPPORT GROUP for people caring for aging family and friends meets the first Sunday of each month from 9:30-11:00 a.m. at Park Slope United Methodist Church. Open to all members of the community dealing with issues around elderly parents, family or friends. Come share feelings, insights and resource ideas with others. Info: 718-783-4404.



April 3 • 7:00 p.m.  
at the Coop



## Silent Choices

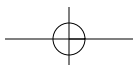
**Silent Choices** is a documentary about abortion and its impact on the lives of African American women. From African Americans' cautious involvement with Margaret Sanger during the early birth control movement to black nationalists and civil rights activists who staunchly opposed abortion (or stayed silent on the issue), **Silent Choices** examines the juxtaposition of race and reproductive politics. Three black women also share their stories of the abortions they had.

**Faith Pennick** wrote, directed, produced and edited the award-winning narrative short, *Running on Eggshells*, that aired on U.S. television in the fall of 2007. She also produced the narrative short film *Harlem Sistas Double Dutch*, which aired on the WNET/New York film series Reel New York in 2005. Pennick is currently directing and producing *Weightless*, a short documentary film about plus-size female scuba divers, to be completed in the summer of 2009.

**FREE  
Non-members  
welcome**

Film Curator **Faye Lederman's** independent films include *Women of the Wall*, *The New Old Country*, *A Good Uplift*, and *Hold the Soup*. She was a field producer on Election Day (POV 2008) and consulting producer on Judith Hefand's *Cooked* (in production). She is a member of New Day Films and her work has been supported by NYSCA, NYFA, the Funding Exchange and the Puffin Foundation.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop



## Candidate for Board of Directors of the Park Slope Food Coop, Inc.

Two full three-year terms are open.

To vote you may use a proxy or be present at the Food Coop Annual Meeting on June 30, 2009.  
Every member will receive a proxy package in the mail in late May.

You will have the opportunity to meet the candidates at the Annual Meeting.

### Candidate Statements:

(Statements are unedited and presented in alphabetical order.)

#### Audrey Miller-Komaroff



I'm Audrey Miller-Komaroff. I currently sit on the Board of Directors and I'm the Friday Shopping Coordinator. I've been a Coop member since 1975, and I've happily seen the Coop grow from 400 members to its present size.

I've always gone where I felt the Coop needed me. I was the first cashier trainer. I

was one of the twelve people who excavated and started the "Garden of Union." When the Coop expanded Friday shopping hours, I became a squad leader on the first 8:00 a.m. shift. Feeling limited being a squad leader on two squads, one for myself and one for my husband, I asked to become the Friday Shopping Coordinator when the job became vacant.

I have been a positive and cooperative member through all our changes in the last 34 years. The general meetings opened my eyes to our policy making procedures and I've enjoyed them. The

Coop is a very unique and successful venture that I love being a part of. Having served on the board for three years, I would like to continue for another three years.

I value the General Meetings and the expertise of the General, Receiving and Office Coordinators. I wholeheartedly believe in the cooperative spirit where each person gives of themselves for the benefit of the whole. The core beliefs of the Coop have made it strong and prosperous. I'm sure these shared ideals will serve it well in the future. My candidacy is endorsed by the General Coordinators.

#### The Role of the Board

From our inception in 1973 to the present, the monthly General Meeting has been the decision-making body of the Coop. Since the Coop incorporated in 1977, we have been legally required to have a board of Directors.

The Bylaws of the Park Slope Food Coop state: "The portion of the Board of Directors meeting that is devoted to receiving the advice of the members shall be known as the General Meeting. ...The members who gather to give advice to the directors may choose to vote in order to express their support or opposition for any of the issues

that have come before the meeting."

The Board of Directors, which is required to act legally and responsibly, conducts a vote at the end of every General Meeting on whether to accept the advice of the members as expressed in their vote(s) during the GM.

#### The Election Process

Each year the Coop must, by law, hold an Annual Meeting. This is the only meeting where proxies can be used. Those members who cannot attend the Annual Meeting may be represented, if they wish, by a proxy.

If you submit a proxy but come to the Annual Meeting in person, your proxy will be returned to you when you register.

Members who have a current membership as of Saturday, June 13, 2009 are eligible to vote in the election of Directors at the Annual Meeting either in person or by proxy.

Proxy packets are mailed to members in mid-May. If you do not receive a packet, please call the Membership Office or pick one up at the entrance door of the Coop. ■

## The Environmental Committee has a blog!

Please visit often for timely news and information from the PSFC Environmental Committee.



We're blogging about our activities at the Coop, as well as environmental events of interest at the Coop and beyond.

Find us at:  
<http://ecokvetch.blogspot.com/>

## What Is That? How Do I Use It? Food Tours in the Coop

Right now the hills are steep  
a head wind stings the cheeks  
tears rake the face

A light steady rain  
makes a goo of the road  
and the mud is flipped by the wheel  
onto the seat of our pants

The breath burns  
we want to stop – but it's as far  
to go back as it is to move ahead  
out here in the middle of nowhere  
the place we brought ourselves to  
on the bicycle of our world-bound selves

Someone  
no one we know  
cycles down to us  
peddles expertly in front  
pulls us into their slipstream  
and hauls us up the hill  
and then the next

By the time of our descent we have rested  
the wind at our back  
the rain eased

we sail back home happy  
whole

We have to apply ourselves  
we have to knit others  
and sometimes allow ourselves  
to be knitted  
into the slipstream of the collective good

That's where we're headed

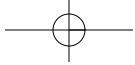
The Park Slope Food Coop  
Leading the way  
by Myra Klockenbrink

**Friday, March 20 (C week)**  
10:00 a.m. to 2:00 p.m.

**Thursday, April 2 (A week)**  
10:00 a.m. to 12:30 p.m.

**Monday, April 6 (B week)**  
noon to 1:00 p.m. and  
1:30 to 2:30 p.m.

You can join in any time during a tour.



## Past Life Regression Through Hypnosis

WITH JEFFREY T. CARL, CHT.

### DO YOU HAVE THE FEELING THAT YOU HAVE LIVED BEFORE?

Have you ever just met someone and felt like you have previously known them?

Are there other countries or cultures that seem familiar to you?

Well there might be an explanation for this.

Through hypnosis we can tap into the subconscious mind, as well as enter into a peaceful trance-like state to retrieve memories of our past lives.

Relax and take a journey within.

- Gain:**
- Realizations
  - A deeper understanding of who you are
  - Retrieve memories
  - Pass beyond death and back again

**Bring:** A blanket to lie down on or a comfortable lawn chair to relax into  
A note book to write down anything that comes up

**Jeffrey T. Carl, CHT**, a Coop member, is a certified clinical hypnotherapist, and a member of I.A.C.T. Jeffrey is also certified in past regression through the Wiess Institute.



**FREE** Friday, March 13  
Non-members welcome 7:30 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## Helping Feral/Outside Cats: Trap-Neuter-Return

WITH JESSE OLDHAM

Do you want to help your neighborhood cats?

Please join us for a comprehensive workshop on why trap-neuter-return is the healthiest and most humane choice for feral cats.



We will speak about the trap-neuter-return process, feral nutrition, advocacy, socialization, spay/neuter options, winter shelter and cold-weather caretaking tips!

All attendees will get a proof-of-attendance card enabling them to borrow traps from a number of area trap banks.

**Jesse Oldham**, a PSFC member, has been an animal welfare advocate for 13 years. She is the founder and President of Slope Street Cats and is on the NYC Feral Cat Council.

**FREE** Saturday, March 14  
Non-members welcome 1:00 - 4:00 at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Sunday, March 15** **FREE**  
12:00 at the Coop Non members Welcome

## Ayurvedic Nutrition for Kapha Season

The wisdom of Ancient India teaches us that an ideal diet is different for everyone, and also changes according to the season. As winter approaches, Ayurveda teaches us to use warming foods and spices for balance.

This workshop covers the basics of Ayurveda, with a focus on nutrition and balancing recipes for winter.

Namaste!



**Deborah** is an Ayurvedic and Living Foods nutritionist in Park Slope. She is a graduate of Harvard University and the European Institute of Vedic Studies and has worked internationally as an Ayurvedic Massage Therapist. She is a long-time Coop member and proud momma to happy baby Theo.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

## Meet Your Mind

WITH ALLAN NOVICK

### A Class In Basic Meditation

The fundamental nature of our mind is stable, strong and clear—yet these qualities become obscured by the stress and speed of our lives.

Meditation opens and calms the mind.

This is a basic meditation class for beginners, and for anyone who would like a renewed understanding of the technique.

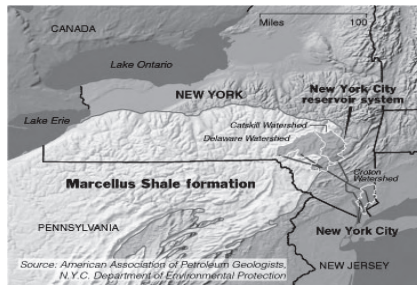
**Allan Novick** has practiced meditation since 1975 and is a meditation instructor at the New York Shambhala Center. He lives in Park Slope, has been a Coop member for many years, and works as a psychologist for the New York City Department of Education.

**FREE** Friday, March 20  
Non-members welcome 7:30 p.m. at the Coop

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, March 21** **FREE**  
11:00 a.m. at the Coop Non members Welcome

## PROTECT NYC'S WATERSHED



New York City's municipal water is considered among the best in the country. Gas companies are currently vying for drilling rights in the City's upstate watershed. To drill in this area, part of the Marcellus Shale, companies would use a technique called hydraulic fracturing, which releases hazardous materials and carcinogens. Learn what you can do to prevent this. Q&A will follow.

**Carolyn Zolas** is Watershed Coordinator of the Sierra Club, Atlantic Chapter, NYS.  
**Assemblyman Jim Brennan** is co-sponsor of legislation to halt gas drilling in upstate NY.

Sponsored by the Park Slope Food Coop Environmental Committee. Visit us at <http://ecovetch.blogspot.com>

**Saturday, March 21** **FREE**  
3 - 5 p.m. at the Coop Non members Welcome

## MOVE BEYOND PROCRASTINATION AND GET THINGS DONE!

Procrastination is a stress response to all kinds of challenges, but it is even more widespread in this time of economic crisis. The good news is there are ways to move beyond procrastination and accomplish your goals.

This workshop explores various reasons for procrastinating and offers proven techniques to stop staving and start doing. Throughout the workshop, there are opportunities to apply this knowledge to your particular procrastination situation. In written and interactive exercises, you will create your own personalized plan out of procrastination into action. All handouts and materials are free of charge. Let's get moving!



**Renate Reimann, Ph.D.**, is a Certified Life Coach. She works with clients who desire a balanced and productive life without procrastination. Her professional experiences include coaching, college teaching, and academic and market research. She holds a Certificate in Personal and Life Coaching from New York University and a Ph.D. in Sociology from The Graduate Center of CUNY. She has been a member of the Coop and a Park Slope resident since 1991.

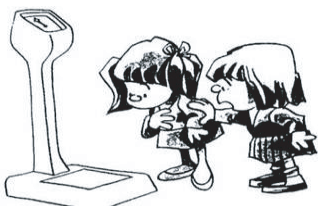
Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, March 21** **FREE**  
6:00 p.m. at the Coop Non members Welcome

## Why You're Not Losing Weight:

Ten Reasons Those Pounds are Sticking Around With Coleen DeVol

What many people don't seem to realize is that you can lose weight and still be unhealthy—which means lost weight is often gained back. This workshop is designed to give you the tools you need to kick-start your metabolism and get your body in a state of calorie-burning health and balance. Find out how to become the shape you are meant to be!



**Coleen DeVol** is a health counselor and whole foods nutrition educator certified by the Institute for Integrative Nutrition in conjunction with Columbia University's Teachers College. Fueled by a genuine passion for teaching others how to help themselves, Coleen has been involved in the healing arts for more than 10 years, and in the process has helped a wide range of people achieve their goals.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

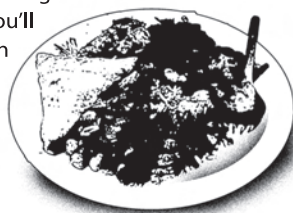
**Sunday, March 22** **FREE**  
12:00 - 1:30 at the Coop Non members Welcome

## EXPAND Your Protein Repertoire



**Are you bored** of your veggie burger? Less than enthused with that grilled chicken breast salad? Then come to this interactive class for a refreshing look at protein. We'll discuss creative new ways to get this nutrient in your diet, covering both

plant and animal sources. You'll also learn all the information you need in selecting the protein that works best for you. Guaranteed to please vegetarians and omnivores alike ... whether or not you like tofu.



Coop member **Ameet Maturu** is a Holistic Health Counselor who helps individuals have more fun in the kitchen, slow down, and experience better health.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, March 28** **FREE**  
7:30 p.m. at the Coop Non-members Welcome

## Gas is so 20th Century!

My car doesn't need gasoline... how about yours?

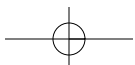
Say goodbye to fossil fuels and switch to clean-burning fuel. Help jumpstart the green economy. Gas prices are rising and by year's end, will be very high again. Get off gasoline now! There is an alternative!

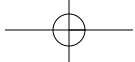


Find out more. Come to a screening of **David Blume's Alcohol Can Be a Gas!**

**Michael Winks** and **Kevin Burget**, founders of the Park Slope Ethanol Coop, are Food Coop members.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop





**Sunday, March 29** **FREE**  
12:00 at the Coop Non members Welcome

Please join us for an informative discussion to learn:  
**TEN WAYS TO GREEN YOUR ROUTINE**  
**TIPS TO DETOXING YOUR HOME AND OFFICE**  
**WAYS TO SAVE MONEY WHILE GOING GREEN**



**Saudia Davis** serves as president and the environmental consultant for Greenhouse Eco-Cleaning's "Holistic Eco-Home Program." Currently focused on high-end residential projects, Davis has committed herself to applying environmental and socially responsible practices that generate lasting value and greater health benefits for GreenHouse's clients. Moving beyond the immediate and obvious issues of sustainability, Saudia works to inspire holistic solutions that increase efficiency, reduce cost, and improve the human condition. Davis' previous professional experience includes project management for high-profile hospitality and commercial projects, as well as design for film and television.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Tuesday, March 31** **FREE**  
7:00 p.m. at the Coop Non members Welcome

**i pv** THE CASE FOR SOLAR POWER IN NEW YORK

Photovoltaic technology ("PV") converts sunlight into electricity. Believe it or not, the Big Apple is one of the most viable and promising locations for solar power in the entire country. Join I Heart PV campaign advocate and Coop member Margo Bettencourt to hear all about this and discuss current attempts to establish New York as a leader in solar adoption.

Launched by Solar One in 2008, I Heart PV is a people-powered campaign that mobilizes citizen support for pro-solar policies and educates New Yorkers about the potential and benefits of solar power here in the Five Boroughs.

**Margo Bettencourt** is a local environmental advocate by night, and an energy efficiency specialist by day. She is currently the Conservation Chair for the NYC Sierra Club, a campaign advocate for I Heart PV, a member of the Garden of Union, and the Park Slope Food Coop.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, April 4** **FREE**  
5:00 p.m. at the Coop Non members Welcome

**Avoid Burnout: Form a Caregiving Community!**

Do you have a loved one — parent, partner, or child — in need of home care and you're struggling all alone?

Even the best-intentioned caregivers sometimes burn out. It's hard to juggle caregiving with jobs and family commitments.

Informal group caregiving is an alternative model suited to tough economic times and community-spirited people. Join us!

PSFC member **Ellen Freudenheim** and guest **Sheila Warnock**, author of *Share the Care*, will discuss the nitty gritty of forming — and maintaining — a "caregiving family" of concerned friends, neighbors, and co-workers to help. A presentation will be followed by discussion.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, April 4** **FREE**  
9:30 - 11 a.m. at the Coop Non members Welcome

**Spring Cleaning**

Want More Energy?

Want To Look Younger?

Improve Digestion? Reduce Bloat?



We'll cover the basics of internal cleansing — from colonics to Inner Fire's 21-Day Purification Program. Learn how to gently detoxify your body without extreme fasting, hunger, headaches, fatigue.

Participants will be evaluated for toxicity and guided to the best approach for their situation.

**Diane Paxton, MS, LAc**, is the owner of Inner Fire Integrative Health Services, with offices in midtown and Park Slope. She is a long-time Coop member.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Saturday, April 4** **FREE**  
12:00 at the Coop Non members Welcome

**GREENING AND CLEANING YOUR HOME!**

Did you know that the air quality INSIDE your apartment is often 10 times worse than the air outside? Do you want to make your home as healthy as possible for yourself and your family?

In this workshop, we will identify common household items that can reduce your indoor air quality, and discuss ways to improve the air in your home. In addition, you will learn simple recipes for making homemade green cleaning products!



Coop member **Sarah Julig** is an artist, activist, and educator. She has been working as a freelance ecological housekeeper and home organizer since 2005. In 2008, she expanded her business to include a green consulting service, as a way to share how easy and affordable green living can be.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**To Submit Classified or Display Ads:**

Ads may be placed on behalf of Coop members only. Classified ads are prepaid at \$15 per insertion, business card ads at \$30. (Ads in the "Merchandise- Non-commercial" category are free.) All ads must be written on a submission form. Classified ads may be up to 315 characters and spaces. Display ads must be camera-ready and business card size (2" x 3.5" horizontal).

Submission forms are available in a wallpocket near the elevator.

**BED & BREAKFAST**

**SOUTH SLOPE GREEN** - new bed & breakfast. Full breakfast, organic, most diets accommodated. 2-room suite, private bath, families of 1-5. Reasonable rates, Coop members 10% discount. TV, Internet, mini fridge and microwave. Call Linda Wheeler at 347-721-6575 or email SouthSlopeGreen@gmail.com.

**HOUSE ON 3rd St.** B&B, beautiful parlor floor thru apt., double living room, bath, deck overlooking garden, wi-fi. Sleeps 4-5 in privacy and comfort. Perfect for families. Call Jane White at 718-788-7171 or visit us on the web at houseon3st.com.

**CLASSES/GROUPS**

**SUPER GENTLE YOGA.** Think you're too stiff, too old, too large, too out-of-shape to do yoga? Gentle, nurturing classes on Wednesdays, 7:30-8:15 PM or private sessions. Convenient Park Slope locations. Call Mina Hamilton, 212-427-2324.

¿HABLAS UN POQUITO DE ESPANOL? I can help you break through and truly improve your command of the language. Strengthen your grammar and pronunciation in a fun, conversational approach. All levels are welcome. Call Sergio at 646-775-1475.

**PERSONAL YOGILATES TRAINING** in Brooklyn and Manhattan. Yogilates is a balanced and complete workout combining the essence of yoga and pilates. Certified trainer offering one-on-one instruction in your home or office. A 60 min. session is \$50.00. All levels are welcome. Call Maria 917-213-1140.

**PILATES, YOGA, BODYWORK & more @ Force and Flow** Integrated Bodywork on Dean St. btn Franklin & Bedford. Small affordable group classes (5 max.) w/ lots of attention to alignment & breath. Thai Bodywork, Reiki & Bodytalk also available. **OPEN HOUSE SAT. MARCH 14.** Email info@forceandflow.com or call 646-644-9743.

**FREE FITNESS CLASS** Sat. Mar. 21 Devi Studio 7 p.m. 837 Union St. No experience necessary. All ages & fitness levels. The NIA Technique combines dance arts, martial arts, healing arts in a one-hour aerobic workout. Experience the JOY! NIA is based on the pleasure principle and done barefoot. Fusion Fitness. Info: http://niany.com/.

**Sunday, April 5** **FREE**  
12:00 at the Coop Non members Welcome

**DETOX DAY**

Fight aging, prevent illness, feel strong, and look great, with simple steps to detox your diet and lifestyle. Guests get: free food, face masks, foot soaks, breath work, stretching, and a three-day plan for cleansing at home.

**INSPIRE:** Find out how little effort it takes to make big changes.

**REFRESH:** Learn to erase daily indulgences using products that remove toxins from the inside and out.

**NOURISH:** Energize yourself for the week and the new Spring season. Learn to prepare foods that give you all the energy you want.

**ENLIGHTEN:** Take home tips and tricks for living a more focused and attentive life.



Presented by Coop member **Shannon Sodano**, B.S. Nutrition and Dietetics, Certified Spinning® Instructor, Corporate Work-Life Balance Trainer.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

**Sunday, April 12** **FREE**  
12:00 at the Coop Non members Welcome

**SPRING CLEANSING AND RENEWAL**



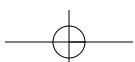
Spring is the season of renewal and new growth, and the perfect time to cleanse the body and give your energy a much needed boost!

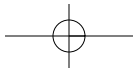
Come join our workshop and learn how to lighten up this spring by shedding winter congestion and optimizing the digestive system. Benefits of gentle spring cleansing include weight loss, reduction of allergy symptoms, and increased energy. Explore the role that diet, fresh greens and herbs, and acupuncture can play in this process. Tastings and samples of various herbs, teas, and fresh spring greens will be available.

**Joy Lindquist** has been a Coop member since 2008. She is a NY State-licensed acupuncturist and a health educator with a private practice in Carroll Gardens, Brooklyn.

Views expressed by the presenter do not necessarily represent the Park Slope Food Coop

continued on next page





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**Puzzle Answer**

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HOUSE FOR SALE by owner. Mohegan Colony Progressive Community in northern Westchester. 2500 sf legal two family on 0.9 acre. 3 br/2 baths + home office/family room and 1 br/1 bath. Lake rights to Mohegan Lake, near train and #15 bus. Lakeland school district. Phone 917-755-4686. Bob.

Female vegetarian kosher seeking like-minded female to share large 2-bedroom apt. in Kensington. Quiet, tree-lined neighborhood. No smokers, no pets, no drugs. Rent = \$700+ sec. dep. Gas & electric included. 646-415-8294.

**MERCHANDISE-NONCOMMERCIAL**

FOR SALE: Women's shoes, Merrell, size 8 1/2, tan, new, \$45; dark green Susan Bennis suede boots, embroidered, size 10, \$30; gold-plated jewelry signed by artist (vintage), \$20-\$40. Call 718-768-1598.

YAMAHA ELECTRIC PIANO UPP-50. 76 weighted keys with stand and manual. email: ingridcusson@verizon.net.

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ATTORNEY—Experienced personal injury trial lawyer representing injured bicyclists and other accident victims. Limited caseload to ensure maximum compensation. Member of NYSTLA and ATLA. No recovery, no fee. Free consult. Manhattan office. Park Slope resident. Long time PSFC member. Adam D. White. 212-577-9710.

ATTORNEY—Personal Injury Emphasis—30 years experience in all aspects of injury law. Individual attention provided for entire case. Free phone or office consultation. Prompt, courteous communications. 20-year Park Slope Food Coop member; Park Slope resident; downtown Brooklyn office. Tom Guccione, 718-596-4184, also at www.tguc-cionelaw.com.

MADISON AVENUE Hair Stylist is right around the corner from the Food Coop—so if you would like a really good haircut at a decent price, please call Maggie at 718-783-2154. I charge \$60.00.

HYPNOSIS SPELLS RELIEF: Do you have problems with self esteem & confidence? Do you suffer from stress or pain? Are you overweight or a compulsive smoker? Hypnosis can help with all of this and more. I am a certified hypnotherapist, practice in Park Slope & have flexible hours. Call me, Dr. Celene Krauss 718-857-1262.

HAIRCUTS HAIRCUTS HAIRCUTS. Adults, Kids in the convenience of your home or mine. Also Color, Perms, Treatments. Adults, \$35.00, Kids \$15.00. Call Leonora, 718-857-2215.

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HOLISTIC DOCTOR in Naturopathy stimulates body's natural ability to heal chronic conditions, allergy, skin, muscle, cancer support with homeopathy, physical & chelation therapies, bioenergetic acupuncture, lab tests, hair analysis & more. Research Director. 20 years exp. As featured in Allure Magazine. Dr. Gilman 212-505-1010.

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PSYCHOTHERAPY: Clinical psychologist with many yrs. experience (& many yrs. coop membership) offers respectful, collaborative treatment for adults, adolescents, couples & families. Insurance accepted. Look me up on http://therapists.psychologytoday.com/rms/60175. Linda Nagel, Ph.D., 718-788-9243.

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