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# Journal

## "CINDERELLA" ROCKEFELLER

By the maid who married into America's richest family

## 30 WAYS TO LIVE ON LESS MONEY

By Sylvia Porter

## JACKIE SUSANN'S SECRET STORY

by Rex Reed & Doris Day

## HOLLYWOOD DIET

How the stars stay slim

## Betty, Happy & Me

By Marvella Bayh

## GREAT COOKS' COOKBOOK

## Ali MacGraw's First Poetry

SUSAN FORD talks about life in the White House

CAPES to sew

Susan Ford & her cat Shan

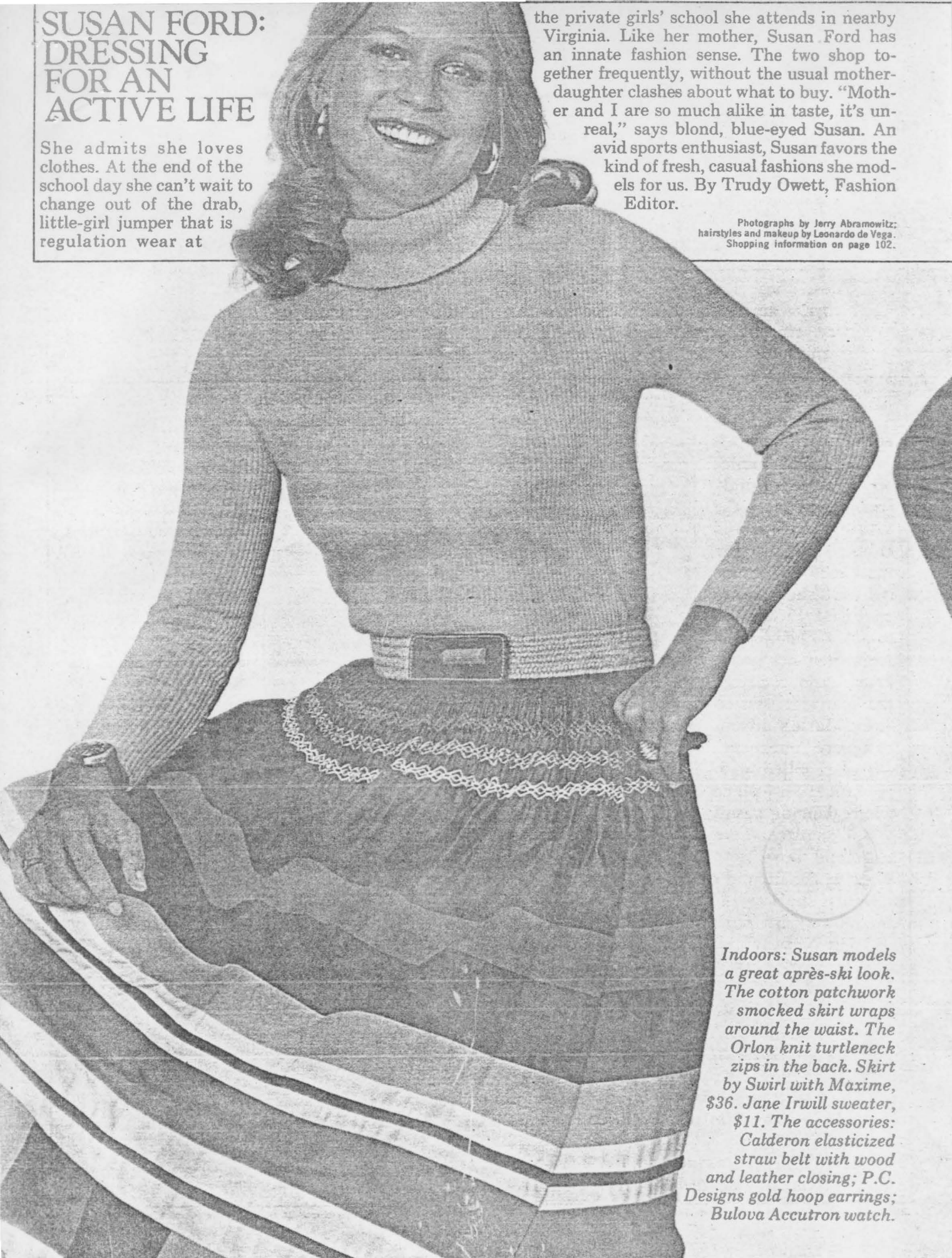
**THE SUPERSTARS FITNESS PLAN**  
 Get-in-shape tips from top women athletes — plus L.H.J.'s own exercise routine

# SUSAN FORD: DRESSING FOR AN ACTIVE LIFE

She admits she loves clothes. At the end of the school day she can't wait to change out of the drab, little-girl jumper that is regulation wear at

the private girls' school she attends in nearby Virginia. Like her mother, Susan Ford has an innate fashion sense. The two shop together frequently, without the usual mother-daughter clashes about what to buy. "Mother and I are so much alike in taste, it's unreal," says blond, blue-eyed Susan. An avid sports enthusiast, Susan favors the kind of fresh, casual fashions she models for us. By Trudy Owett, Fashion Editor.

Photographs by Jerry Abramowitz;  
hairstyles and makeup by Leonardo de Vega.  
Shopping information on page 102.



*Indoors: Susan models a great après-ski look. The cotton patchwork smocked skirt wraps around the waist. The Orlon knit turtleneck zips in the back. Skirt by Swirl with Maxime, \$36. Jane Irwill sweater, \$11. The accessories: Calderon elasticized straw belt with wood and leather closing; P.C. Designs gold hoop earrings; Bulova Accutron watch.*

BY KANDY STROUD

Daddy calls me his football-player girl. I've got his big shoulders, bones and knees," says 17-year-old Susan Ford, the latest in the succession of White House "prin-

cesses." The only daughter of Gerald R. Ford, the 38th President of the United States, Susan may be above average in size: she stands five feet, eight inches tall in her stocking feet and, like her father, is broad of face and shoulder. But according to all reports, Susan is in other ways the stereotypically wholesome, all-American teen-ager—Miss instead of Ms., anxious to be wed, more physical than intellectual in (continued on page 109)

## SUSAN FORD: ON THE GO IN THE WHITE HOUSE



*Outdoors: A natural on the slopes, Susan usually spends winter vacations at her family's Colorado ski home. Here she wears a zip-front jumpsuit with a matching parka with multicolored striped markings. Number One Sun by Head, in nylon with polyester interlining. Parka, \$50; Jumpsuit, \$48. Accessories: Demetre patterned wool turtleneck ski sweater. Bausch & Lomb ski goggles.*