

We invite you to your nearby health facility for a child spacing session



1. Ask your partner

Do you want any more children?

Yes *If yes, in how many years?* _____

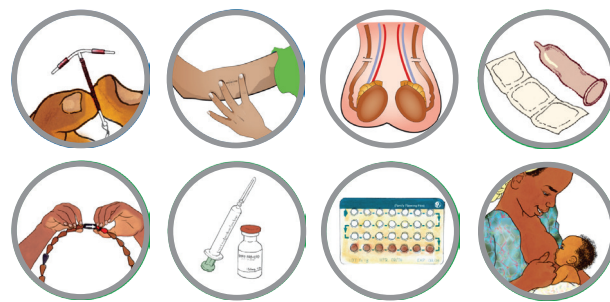
No



2. Decide when to go to the health facility to learn more

When will you go to the health facility to learn more?

Date: _____



3. Ask a health worker about available child spacing methods

Call the toll **free** hotline: 0800 200 600
if you have questions about child spacing.

TOGETHER YOU CAN PLAN FOR A HEALTHY FAMILY!