

HEDIS 2015 CRITERIA

Controlling High Blood Pressure (CBP)



Q: Which members are included in the sample?

A: Members 18–85 years of age who had a diagnosis of hypertension (HTN) and whose BP was adequately controlled in 2014 based on the following criteria:

- Members 18–59 years of age whose BP was <140/90 mm Hg.
- Members 60–85 years of age with a diagnosis of diabetes whose BP was <140/90 mm Hg.
- Members 60–85 years of age without a diagnosis of diabetes whose BP was <150/90 mm Hg.

Q: What codes are used?

A: Please reference Value Set Directory

Q: What documentation is needed in the medical record?

A: Must include both of the following:

1. Notation of hypertension (HTN, High BP, Elevated BP, Hypertensive vascular disease, Hyperpiesis, Hyperpiesia, Borderline HTN, Intermittent HTN, History of HTN) anytime on or before **June 30, 2014**, **and**
2. Notation of the lowest systolic and lowest diastolic BP reading from the most recent BP notation in the medical record in **2014**. (The BP reading must occur after the date when the diagnosis of HTN was confirmed.)

Q: What type of medical record is acceptable?

A: Notation of hypertension (HTN) in one or more of the following:

- Health maintenance form
- encounter form
- hospital H&P or discharge summary
- problem list
- progress notes (BP reading)
- SOAP note (BP reading)

Q: How to improve score for this HEDIS measure?

A:

- Use of complete and accurate Value Set
- Timely submission of claims and encounter data
- Ensure proper documentation in medical record
- ESRD/Pregnancy/non-acute inpatient admission - documentation will assist in excluding members from the HEDIS sample