



Robert Ohotto

Intuitive Guide | Spiritual Teacher | Coach |
Counselor | HoloKompass Astrologer™ |
Strategist | Author | Radio Show Host



ohotto.com



Questions for Reflection from the First Stage: *Birth*

- What are your Archetypes of Soul?
 - How were you conditioned to deny these Forces? Do you still?
- What are your Archetypes of Fate?
 - What are your Tribal Archetypes?
 - What are the Social Energies that imprinted you when you were born?
 - What Archetypes are part of your Family Psychic/Archetypal DNA?
 - How did Society and Culture shape your Family Archetypally?
- What was/is your Child Archetype?
 - Was this an 'adaptation' to your childhood?
 - What does your Child Archetype need to feel safe?
- What are your Adapted Archetypes?
- What are your Archetypes of Destiny?
- What Archetypal Patterns are forms of Soul-Abandonment for you?
- What is your first memory of violation? Did it activate the Victim Archetype? How have you made the Victim Archetype your identity? Where in your Life is this most prevalent? What are the consequences?

Mystical Truth: Nothing Happens by Accident



- **Holographic Mysticism**

- A Beginning Meditation on Your Wounding
- Reading from Kahlil Gibran, *The Prophet*
- The Holographic Nature of Wounding (a reversal of perspective)
 - **Online Definition of Wounding** = an injury, usually involving division of tissue or rupture to skin due to external violence or some mechanical agency rather than disease – violating the integrity of an organism
 - **Mystical Definition of Wounding** = Something that violates and injures the Holographic Holism of One's Nature, Soul, Childhood Vulnerability, Human Vulnerability, Personhood, Mystical Value, Right to Be Alive, and Free Will. (applies to all Beings)
- The Wounding of the Mystical Truth/Soul of Life via Your Tribes
 - Culture's Wounds
 - What Culture Wounds can you identify?
 - Social Wounds
 - What Social Wounds can you identify?
 - Family Wounds
 - What Family Wounds can you identify?
- The Holographic Nature of Your Wounding Part I (a reversal of perspective)
 - How did Cultural Archetypal Patterns Wound You?
 - Cultural Patterns past and present that violated your Essential Nature (Your Essential Nature is what Holographically makes you YOU!)
 - What are your Adapted Archetypes to this Wounding?
 - Perfectionist, Codependent, Addict, Prostitute...
 - How did Societal Archetypal Patterns Wound You?
 - Social Patterns past and present that violated your Essential Nature
 - What are your Adapted Archetypes to this Wounding?
 - Shadow Queen, Scapegoat, Shadow King, Bully, Victim
 - How did Your Family Archetypes Wound You?

- Family Patterns past and present that violated your Essential Nature (took aim at your esteem, safety, security, confidence)
- What are your Adapted Archetypes to this Wounding?
 - Adult Child, Invisible Child, Shadow Rescuer, Fundamentalist
- The Holographic Nature of Your Wounding Part II
 - Unhealed Ancestral Wounds – Your Archetypal DNA
 - Ancestral Wounds of Culture, Society, and Family
 - LGBTQ, Germans, Native Americans, Women, Classism, Racism
 - Story from Sedona (Queen vs. Mother)
 - What Wounds and their Archetypal Patterns have been passed down to You?
 - How have you made those Wounds Identity?
 - How Can You Be Wounded Archetypally? (beyond physical, emotional, psychological wounding...)
 - Soul Archetypes and Soul Wounding
 - Violating or injuring the capacity to express Soul Archetypes
 - The Wounding of Healthy Human Ego Development
 - Damaging your capacity to develop into an empowered sense of Self and feel safe, valued, and confident in the world
 - The Hologram of your Wounding
 - **Holographically What Are Your Wounds?**
 - Can you see how your wounds are interconnected to a Karma much larger than just your Family?
 - What Archetypes can you identify as Forces that manage your Wounding?
 - Often these are Adapted Archetypes

Second Stage of Mystical Empowerment: *Healing*

- **What does Healing Mean to You?**
 - **Online Definition of Healing:** to make sound or whole, to make well again, to restore health, to patch or correct a breach or division, to restore to original purity or integrity
 - **Mystical Definition of Healing:** to accept and integrate all aspects of our Essential Nature and our Life's experiences unconditionally. To neutralize our victim consciousness with the understanding that nothing happens by accident, and all wounds are calls to the Soul. To live from holism, knowing we are already enough, we are already whole.
- **The Dark Night of the Wounded Ego**
 - Meeting the Karma of Tribal Archetypes that Wounded You and Self-Sabotage of Your Adapted Archetypes
 - A Call to Heal
 - Can't heal via the Archetypes that got you sick!
 - Can't heal if you've made these Archetypes your Identity
 - Must enter into the Mystical Self
- **Sacred Agreements Made Before Birth to Be Wounded**

- Your Soul Contract with the Wounded Healer
 - Wounded Healer Archetype
 - Healing Culture, Society, and Family
 - Identifying Your Sacred Wound
 - The Chiron Paradox
 - It's in accepting that the wound may never heal, that we heal
- The Bodhisattva Soul Contract and Archetype
 - Making a Soul Agreement to take on wounds that are not part of your Karma
 - Healing something bigger than Yourself
- **Human Ego Development & Your Soul Contract to Heal**
 - All Pathologies (Adapted Patterns of Sickness) Are a Call to the Soul
 - The Bodhisattva, Wounded Healer, Alchemist, and Shame
 - The Alchemist Archetype
 - The Alchemist and The Scapegoat
 - The Scapegoat and Your Esteem System
 - You are NOT the Lead or the Gold – You're the Alchemist!
 - Your Mystical Healing Archetypal Allies
 - The Bodhisattva, Wounded Healer, Seeker, Healer in Others
 - Your Mystical Pivot with The Child, Victim, and Prostitute
 - The Mystical Child
 - The Mystical Victim
 - The Mystical Prostitute
 - The Mystical Alchemist

Mystical Truth: It's in Accepting that your Wounds may never heal, that they can Heal! All Pathologies are a Call to the Soul...

Wounding is also Healing
A Closing Meditation

Nothing Happens by Accident – Not Even Your Wounding