



FREE

# LEE VALLEY Outlook

To Advertise call Des: 087 659 3427 E: des@outlookmags.com News: leevalleyoutlook@macroom.ie



50 years of Ploughing. The founding members of Macroom Ploughing Association Tim Creedon President of Macroom Ploughing Association, James Wiseman, Jerry Kelleher, John Kelleher Kilvoultra, and John Kelleher Annville. Anna Marie McHugh Paddy Casey and NPA Managing Director Anna May McHugh. Right; Deirdre Coakley presenting her father's Cup to J.J. Delaney, winner of the Senior Horse class. © Peter Scanlan

## CONNECTIONS

### Instax Mini Printer

Instant photo printing direct from your smartphone

Only €139.95



## CONNECTIONS

FOLLOW US ON FACEBOOK

Fitz-Gerald Street, Macroom 026 23986  
The Square, Bantry 027 50104



*Treat your Mum this Mother's Day March 19th*

with a Castle Hotel Gold Card Gift Voucher

Valid for use in all areas of hotel, including Bar, Cafe & Leisure Club.

Buy online at [www.castlehotel.ie](http://www.castlehotel.ie) or in Dan Buckley's Bar.

OUR CARVERY HAS REOPENED!

Mon - Sat: 12.30 to 3.00pm / Sun: 12.30 to 3.30pm

Main St. Macroom, Co. Cork | [www.castlehotel.ie](http://www.castlehotel.ie)

Tel: 026 41074

MSW

## MACROOM SLIDING WARDROBES LTD

• SLIDING • HINGED DOOR • WALK-IN WARDROBES

Call Martin Lynch: 087 7932841

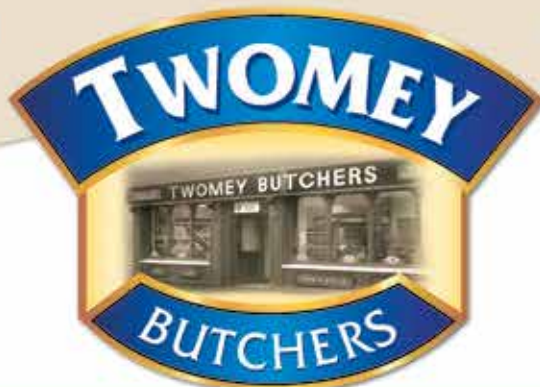
Kevin Healy: 087 6180159

Find us on Facebook



Ireland's First Guaranteed  
Irish Butcher  
Since 1998

Supporting Local Agriculture  
Supporting The Local  
Economy



**Local Angus  
Topside Roast Beef**  
ONLY €11.95/Kg

**€25 SPECIAL**

- 400g Steak Mince
- 3 Loin Pork Chops
- 1 Large Chicken Crown
- 4 x 4oz Angus Beef Burger
- 400g Diced Steak
- 12 Homemade Sausages
- 300g Michael Twomeys Pudding

+1 STAMP ON YOUR LOYALTY CARD



**THE BEST LOYALTY  
CARD IN TOWN!**

FULL CARD IS WORTH €12  
MINIMUM,  
ASK IN-STORE FOR DETAILS

5 x 110g Hand Boned  
Irish Chicken Fillet  
Portions

**Only €6.00**  
/€10.90 per kg



**OUR LOCAL WAGYU BEEF**

in partnership with our Local Wagyu Beef Producers

The Healthiest Tastiest  
Burger you can eat.

**6oz Wagyu Beef Burger**  
€2.50 each



*And delicious on the BBQ*

**LOCAL FARMERS BEEF**

Ciara Cronin O'Callaghan, Farnanes, Co Cork

**SHANDANGAN LAMB**

Christy O'Callaghan, Kilmurray, Co Cork

**FREE RANGE PIGS**

Senan & Cathal Noonan, Togher, Dunmanway, Co. Cork.

**FREE RANGE CHICKENS**

East Ferry Farm, East Ferry, Middleton, Co. Cork.



**WEST CORK WAGYU BEEF**

Tim Mulcahy, Whitechurch, Co Cork

Railway View, Macroom, Co. Cork  
Tel. 026 42436

Wolfe Tone Sq, Bantry, Co. Cork  
Tel. 027 55519

Macroom Environmental Park,  
Bowl Road  
Tel. 026 - 42280

Email. mtwomeybutchers@hotmail.com | Web. mtwomeybutchers.ie



CLARINS

# Gift of Beauty

Which 4 will you choose?



Your choice of 4 travel-sized essentials and a cosmetic bag when you purchase 2 Clarins skincare products, one to be a moisturiser or serum\*

Available at Deasys Pharmacy, Macroom  
Thursday, 23rd March - Saturday, 8th April 2023



Deasys Pharmacy  
Main St, Macroom, Co. Cork  
Tel: 026-41048

\*Terms and conditions apply. Offer subject to change.



# Get in Touch...

Don't be a stranger If you have an article, photo or story you wish to share, email: [leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie)

If you cannot access physical copies, the LVO can be viewed online at: <https://www.outlookmags.com/archives/lee-valley-outlook/>

We are a bi-weekly magazine; therefore, submissions must be on the Sunday before publication at the latest, if you want a piece included in the following week's edition. Due to print processes, late submissions will be published in the following edition.

As always submissions as Gaeilge are always welcome too!

**For Advertising email Des. E: [des@outlookmags.com](mailto:des@outlookmags.com)  
Mobile: 087 6593 427**

## Daffodil Day Coffee Morning

The big days, the little days, cancer can take special moments away, but together on Daffodil Day, we take those moments back. The Irish Cancer Society want Daffodil Day to be a reminder of the urgency to catch up on the detection of thousands of cancers remaining undiagnosed since the start of the pandemic. It comes as an estimated 2,600 cancer diagnoses were missed in 2020 alone due to the Covid pandemic and catch up remains difficult due to demands on the health service. The Irish Cancer Society will use Daffodil Day to fund its vital free

services such as drives to and from cancer treatment, the Freephone Support Line and Daffodil Centres staffed by experienced cancer nurses, the Night Nursing service providing end of life care and counselling for anyone affected by cancer. Donations from the public will also provide funding for state-of-the-art cancer research and life-saving cancer trials. We're asking the public to rally around us to help us make this the biggest Daffodil Day ever, to ensure nobody in Ireland faces cancer alone."



**DAFFODIL DAY**  
Maidin Caife  
**Friday 24th March**  
**9.30am - 12.30**  
**Abbey Hotel, Ballyvourney.**

*Fáilte roimh cách*  Irish Cancer Society

## Macroom Library

**Open Hours** 9.30am – 5.30pm from Tuesday – Saturday. Closed on Monday and Sunday. Also closed on the Saturday of Bank Holiday weekends.

**Phone:** 026 42483

**Email:** [macroom.library@corkcoco.ie](mailto:macroom.library@corkcoco.ie)

### UPCOMING EVENTS AT MACROOM LIBRARY

– All are free to attend.

#### MUSIC MORNING

will take place on Friday March 10th at 11am. Audience members are welcome to bring along CDs that feature their favourite songs to be played. If you're bringing a CD, please arrive a little early so the song can be included in the playlist.

#### PURLIES KNITTING GROUP

will meet on Thursday March 16th at 11.30am. Ciorcal Cainte will feature a special guest this



Bernice Corcoran's art exhibition that is on display at Macroom Library

month as we celebrate Seachtain na Gaeilge. Dick Beamish of Ballincollig will be visiting us on Thursday March 23rd at 11.30am to entertain us with a session of songs and storytelling. Fáilte roimh cách. Cupán tae ar fáil. Creative Writing will meet on Friday March 24th at 11am – members will not be meeting on the

usual first Friday of April as the library will be closed (Good Friday).

#### STORY TIME FOR TODDLERS

is on Saturdays at midday.

#### CLOSURE

The library will be closed on St. Patrick's Day (Friday March 17th) and will re-open again on Saturday March 18th.

#### ART EXHIBITION

For the month of March, there will be a fantastic art exhibition by Bernice Corcoran on display in Macroom Library. Bernice's collection is titled 'Tuath Lán de Rúndiamhra' (A Land Full of Mysteries) and features a wonderful selection of graphite and pigment-wash drawings inspired by the landscape of West Muskerry, and the Upper Lee Valley. Please call in to have a look.

## In this Edition

Ed 05 - 9th March  
2023

A. Macroom Updates - pages 4, 6, 8, 10, 12, 14, 16, 18, 19  
B. Lee Valley Updates - pages 22, 24, 26, 28, 30  
C. Snippets - page 12  
D. Sports - pages 44, 46 - 50

E: Trades & Services pages 54, 55  
F: History - pages 38, 40  
G: Advertorial - page 42  
H: Classifieds - page 57



# MACROOM MOTORS



## THE NEW YARIS CROSS IS THE CAR FOR AN ADVENTURE



### TEST DRIVE THE ALL NEW YARIS CROSS

ENQUIRE ABOUT OUR UNBEATABLE FINANCE OFFERS FOR 2022

CALL US TODAY  
**026 20800**

[www.macroommotors.com](http://www.macroommotors.com)

## MACROOM FLOWER & GARDEN CLUB

Macroom Flower & Garden Club will be host a Gardening Talk on Thursday 9th of March Coolcower House Macroom, Co. Cork P12E135 8.00p.m. sharp Guest Speaker Sonya McGee Horticulturist /Herbalist Ballymaloe. Doors open at 7.30p.m. New Members and Visitors Welcome Further information re Membership, AOIFA Floral Art Classes, Workshops, contact 087-9821708.



## MACROOM IRISH DOGS

A new support group for the Irish Guide Dogs in the Macroom area recently met to see if we could set up a new branch in this area. There has always been great support for the organisation but Macroom never, as far as we know, had their own branch. Our first meetings have gone well, and we recently visited the Irish Guide Dogs head office in Model Farm Road. Now being set up, we will be looking for more volunteers, who could give some of their time to this very worthy cause. If you would like any further information or you would like to get involved please contact Colum on 087 6480544.



Tim Creedon President of Macroom Ploughing Association making a presentation to Annemarie McHugh. © Peter Scanlan

## MACROOM GIRL GUIDES MacEgan Senior Branch

### Art Workshop in Macroom Library Macroom Girl Guides - Ardilaun Guides

Congratulations to our wonderful Ardilaun Guides who won both sections (Senior and Junior) in the South West Regional Finals of Timpeall an Domhain International competition 2023. The Senior Patrol with Emer O'Sullivan, Juliette Looney, Emily Mehigan, Ruth Burton and Liadan O'Regan chose Korea for their presentations. The Junior Patrol had Abi Duggan, Ada Browne, Emily Murphy, Catherine McGuinness, Rosie Hallahan and Lily Barry and

they picked Mexico. Timpeall an Domhain is a biannual event run by the International committee of IGG, based on a selected country in the World Association. The Patrols researched Korea and Mexico; learning about Guiding in those countries, their culture and customs; prepared food native to the country and demonstrated a local craft. They also performed a short drama on a famous person and an event from

their chosen countries which they scripted themselves. The Guides have been working on their presentations since January and the judging team were extremely impressed with their work and knowledge. They will now go forward to represent the South West Region at the National finals in April. Well done to Niamh McSweeney South West rep on IGG's International Committee for organising the competition.



Macroom Guides took part in the South West Regional International competition last weekend and won both the Senior and Junior sections.



Jermiah MacSuibhne buaiteoir do chiste ó Dhiolachán Cíستی le Luke Ó Leighinn



Daítáí Ardeiste ón anuraidh ag Oíche na nGradam le Máistir Ó Creimín



# matt murphy's PHARMACY

Main St., Macroom Tel: (026) 41000

**SPOONFUL BOTANICAL**  
JOINT SUPPORT



**JOINT SUPPORT**  
NEW IN STORE!



*A spoonful a day will help ease the aches away...*

**WE NOW STOCK CLINIQUE PRODUCTS**



**CLINIQUE**

# hello sunday™



**RANGE IN STORE NOW**

**FREE GIFT WITH 2 PURCHASES OF A NUXE AND VICHY PRODUCT!**



**OPENING HOURS: 8.30AM-6.15PM MONDAY TO FRIDAY SATURDAY 9AM-6PM**



# MCEGAN COLLEGE



Students from McEgan College, Katie Cronin, Amy Cronin, Kate Twomey, Laura Casey, Kirsten Seery, Aoife Kelleher, Yasmin Blehova, Oliwia Raba, Tammy O'Driscoll, Tara Twomey, Leah Buckley, Ellie O'Sullivan & Aisling McCarthy ready for action in the recent Tag Rugby Blitz.

## CELEBRATING 10 YEARS OF ETB

This month signals the 10th anniversary of the change from Vocational Education Committees (VEC) to Education & Training Boards (ETB). McEgan College comes under the umbrella of Cork ETB. Staff and students celebrated ETB week by engaging with the core values project and staff wore shades of Green on Wednesday.

## SPORT UPDATES

**Football:** Boys u14 ½ Football Blitz held at Páirc Uí Chaoimh 4g pitch. McEgan College played 4 games narrowly losing out to Scoil Mhuire Ballingearry and came out on top in close encounter vs Nagle Rice Doneraile. A great win followed vs Mayfield Community School while a loss was suffered against a strong Beara Community School side. A great day was had by all at state-of-the-art facilities.

**Tag Rugby:** McEgan College 2nd and 3rd year students travelled to Nemo Rangers, Douglas on Thursday 2nd March to partake in a Tag Rugby Blitz hosted by Cóláiste Daibhéid. We enjoyed a great day of sport and comradery with Cóláiste Daibhéid, Cóláiste Mhuire Béal Átha and Cóláiste Ghobnatán of Baile Bhúirne. Captains Jack Fitzgerald and Oliwia Raba both demonstrating great leadership on and off the field.

## COLLEGE EXPERIENCE FOR 5TH YRS IN UCC

5th yr students Jade O Sullivan, Lauren O'Sullivan, Dylan Sheehan, Sadhbh McCarthy and Matt Murphy, recently attended first year lectures as part of a career investigation in the college of Arts in UCC. in the areas of English, History, Maths & Film.

## FUNDRAISER FOR TÜRKIYE & SYRIA EARTHQUAKE VICTIMS

Siba 2nd Yr, & Nour 1st yr, with some assistance from Ms. Blavin organised a no-uniform day on Friday 3rd March to fundraise for the survivors of the Syrian/Turkey earthquake. Students and staff generously donated to the event, and many opted to wear the colours of the Syrian Turkey flags, i.e., Red, White, Black & Green. A sum of €350 was collected for the fund.

## FLIPPING PANCAKES FOR MACROOM COMMUNITY HOSPITAL

On pancake Tuesday, 21 Feb, the transition year

class made pancakes with a range of available toppings and sold them to staff and students during lunch breaks. A grand total of €170 was raised for Macroom Community Hospital, which we were delighted to present to Matron Ms Bernie Buckley and her staff the same day.

## IWISH GIRLS IN STEM CONFERENCE 2023

Transition Year Girls attended the IWish 2023 event this year by joining the online event from the school. IWish is a multi-award-winning initiative to inspire, encourage and motivate secondary school female students to consider Science, Technology, Engineering, and Maths as a career choice. I Wish is a unique coalition of local government, higher education, and industry to improve female participation in STEM through direct, high-impact, fun, and inspirational engagement. Among the many speakers was former President of Ireland Mary Robinson who encouraged the teenage girls to stretch themselves and to be ambitious. Being female should never preclude you from pursuing the careers you wish to follow.

## INTERNET SAFETY WEEK 2023

From the 20th to the 23rd of February, a committee of 13 Transition Year students, facilitated by Mr. Sheehan, organised a variety

of activities for an "Internet Safety Week". These activities aimed to inform students, teachers and parents about the pitfalls of unsafe online activity and provide a variety of tips and tricks on how to stay safe online in a fun and engaging way. Activities include a QR code scavenger hunt, a poster competition, a survey of students and their parents on online habits, a talk from a local Garda, a film workshop to create a short film on the topic of bullying and cyberbullying, a 1st year "debate" around the idea of the "Silent Witness" in cases of cyberbullying.

## FILM MAKERS IN MCEGAN

As part of Internet Safety Week 2023 TY students to shoot a short film on the theme of cyber bullying. The group of students enjoyed a workshop run by Emmet from Burning house Productions. The workshop included lessons on the use of lighting, sounds equipment, recording equipment, script writing, editing, acting and everything in between. The students wrote a script in conjunction with Ms Ni Laoire in English class on the run up to the day. Watch this space for the release of the film later this month.



McEgan College u14 ½ footballers at recent Blitz.

Back Row L to R Paul Dineen, Fifił Pilarski, Promise Uzor, Niall O'Brien, Adam O'Keefe, Conor Lynch, Taylor Power, Scott Forde. Front Row L to R Ebn Tshibusu, Finbar Creedon, Emika Keenan, Ryan Coleman, Cian O'Donovan, Aiden Lee, Jack Fitzgerald.



# Kingdom Installation Ltd.

**NEW GRANTS AVAILABLE  
OVER €1,000 TOWARDS  
UPGRADING INSULATION  
IN YOUR HOME**

*Grant applied for on behalf of the Homeowner*

*Grant amount automatically deducted from overall costs*

**Call us for further information and your  
FREE QUOTATION**

*\*subject to site survey and measurement*



CAVITY WALL INSULATION | ATTIC INSULATION  
EXTERNAL WALL INSULATION

**KERRY** 066 7135991  
**LIMERICK** 061 320953  
**TIPPERARY** 062 72761



See us on Facebook

[www.kingdominstallation.com](http://www.kingdominstallation.com)

email: [enquiries@kingdominstallation.com](mailto:enquiries@kingdominstallation.com)

**Weather Master Ltd**



**DUNMANWAY, CO. CORK**

**SERVICES:**

- Domestic & Commercial new build / replacement work undertaken
- Upgrade and maintenance work
- Trusted & experienced installers
- Palladio composite doors
- Apeer composite doors
- uPVC frames
- Thermally broken aluminium frames



**Energy Efficient Windows, Doors, Sunrooms & Porches**

For Quotation call us today on

**023 8845868**

[info@weathermaster.ie](mailto:info@weathermaster.ie) | [www.weathermaster.ie](http://www.weathermaster.ie)

## Tiles, Timber Floors & Bathroom Ware



**Extensive Ranges  
FREE Measuring Service  
Ample Parking**

[www.hardwoodfloors.ie](http://www.hardwoodfloors.ie)

**026 61007 | Millstreet Rd, Macroom**

EST. 2004  
**HARDWOOD  
FLOORS  
& TILES  
MACROOM**

*Dedicated to  
Perfection*





# DE LA SALLE College Macroom



De La Salle College Junior Boys Athletics team after placing first in the South Munster Athletics Championship



## Senior Football Simcox Championship: De La Salle College V Coláiste an Spioraid Naoimh

By Fionn Fitzgibbon and Adam Ben Hinchion

De La Salle travelled to Bishopstown's 4g pitch to take on Spioraid Naoimh in the first round of the Simcox Cup. The home team got off to a better start as they managed to find the net in the opening two minutes. Alexander Asling followed this with an excellent point, from the outside of the foot, to get De La Salle up and running. This was followed by another point from Joe O'Mullane. Great defending by Cormac Bourke and Jack Devine kept a lively Spioraid Naoimh side contained. A promising passage of football by Denis Mullane and Alan Desmond was rewarded with a penalty, but unfortunately Denis failed to convert. Another goal from Spioraid Naoimh saw the De La Salle heads drop, but they showed great heart bouncing back with a point from Tom Browne and a goal by Sean O'Leary. Haftime score: De La Salle 1-7 to 2-2.

For the second half De La Salle looked for fresh legs as they brought on Noah O'Leary for Alan Desmond. Spioraid Naoimh started the half stronger as they came out with two quick points to level the game. Joe O'Mullane got a point to put De La Salle back in front. Spioraid Naoimh followed with another goal and kicked another two points. De La Salle looked to the bench again as Ryan Sabas came on for Joe O'Mullane. Tom Browne kept the scoreboard ticking over for De La Salle. Another sub for De La Salle as Oisín O'Sullivan came on for Alexander Asling. Denis O'Mullane kicked over

another free to keep De La Salle in touch. Sean O'Leary got De La Salle back in the game as he finished a superb solo run and put the ball into the top left corner of the goal. Tom Browne brought DLS within a point of the home team. De La Salle made yet another sub as Jamie Hourihan came on for Sean O'Leary. Spioraid Naoimh finished the game with another point. A disappointing loss for the boys in a very lively game. The Macroom boys showed great heart against a tough side. Full time De La Salle 2-12 Spioraid Naoimh 3-11.

### TEAM

- 1-Stiofan McSweeney (UibhLaoire)
- 2-David Lynch (Kilmichael)
- 3-Jack Devine (Kilmurry)
- 4-Cormac Bourke (Macroom)
- 5-Alexander Asling(Kilmurry)
- 6-Owen McCarthy(Clondrohid)
- 7-Michael Downey(Kilmichael)
- 8-Rory Duggan(Kilmurry)
- 9-Darren Moynihan(Canovee)
- 10-Sean O'Leary(Kilmurry)
- 11-Daire McMahon(Canovee)
- 12-Joe O'Mullane(Kilmurry)
- 13-Tom Browne(Kilmichael)
- 14-Alan Desmond(Kilmurry)
- 15-Denis O'Mullane(Kilmurry)
- Subs: 25-Noah O'Leary(Aghinagh)
- 20-Ryan Sabas(Macroom)
- 22-Oisín O'Sullivan(Macroom)
- 24-Jamie Hourihan(Clondrohid)

### CROSS COUNTRY

The De La Salle Junior cross country athletics

team have had a very successful few weeks, under the guidance of Mr. Landers. They competed in the South Munster Athletics Championship competition in mid-February, held in the impressive WIT sports grounds in Waterford. The boys won gold for the team event, with Finn Yore (second year) coming in second and Brendan O'Leary (first year) coming in 5th and impressive displays from the remaining team of Rory McElroy, Eoghan Healy, Liam Neville, Darragh Murphy, Sam Leavy and Cathal Neville contributing to the best Junior team of the day. The Munster Championship was held Friday February 24th, with our boys again in excellent form and bringing home another gold in the team event for junior boys, Munster Champions!!! Finn Yore placed 5th this time round, with super running from the rest of the lads. The very best of luck to them on March 11th as they compete in the All Ireland Athletics Finals in WIT.

### POSITIVE MENTAL HEALTH

On Thursday, February 9th, Elma Walsh, mother of the late Donal Walsh gave a motivational talk to First and Second year students in De La Salle. Donal Walsh was a Kerry teenager who touched so many lives when he spoke of his battle with cancer and his Live Life message on RTE's Brendan O Connor show. Elma spoke to the students about positive mental health, resilience and how important it is to live life to the fullest. Thanks to Elma for the strong message she gave and to Mr. Fleming for organising the visit.



Students Finn Yore (2nd Year) and Brendan O'Leary (1st Year) from De La Salle who placed 3rd and 5th in the South Munster Junior Athletics Championship.



De La Salle College Junior Boys Athletics team after placing first in the Munster Athletics Junior Championship.



# JJs APPLIANCES

## LIGHTING & ELECTRICAL



**DELIVERY & CALLOUT SERVICE  
NOW IN YOUR AREA**



**BROWSE & SHOP @  
JJSAPPLIANCES.IE**



**ALL LEADING  
BRANDS**



**FREE HOUSE  
PACKAGE QUOTES**



**LIGHTING  
SHOWROOM**



**INSTALLATION & DELIVERY SERVICE**

**SERVICE CALLS & BREAKDOWNS**

**Dromalour, Kanturk  
Tel: 029-51212**



# TRAILER HIRE



Single & Double axle

Caged Trailers

Box trailers

Tipper trailers

Car transporters

Plant trailers

**FOR MORE INFO CHECK OUT  
www.ostrailerhire.ie**

**Phone: 029 62420**

**DROMALOUR, KANTURK**

# TRAILERS FROM €50 A DAY



# Leabharlann Bhaile Bhúirne

## LIBRARY DATES FOR YOUR DIARY

- ° Knit, Craft & Chat Group Every Tuesday  
11am to 12.30pm
- ° Library Book Club Friday 10th March 2023  
11am to 12pm
- ° Ceardlann Amhrán le Ceara Conway  
11th March 2pm
- ° Creative Writing Group Saturday 25th March  
10am.
- ° Sensory Talk by Senior Occupational Therapist  
(OT) Jess Kennedy Friday March 31st 10am

Please confirm monthly meetings with the library on 026 45767 during opening hours.

February has flown by and here we are into March already. It's been a cold start to the month but it's lovely to see the daffodils blooming, nodding their golden heads as if to say – warmer days are coming. We are already testament to the 'great stretch in the evenings' and I've been using the stretch in the mornings as an opportunity to take a walk before I get caught up in the day without giving myself a chance to enjoy the beautiful area I live in. I must be honest and say I am not the biggest fan of walking, especially as I live in quite a hilly area, but the mornings I have gone for an early walk I was very pleased with myself. The road is so quiet in the early morning, before people start to travel to work and school. The birds are in full voice, the trees have tiny buds on them, the ditches have small pops of colour here and there where some early wildflowers are starting to bloom, the little streams have their own relaxing sound and the air is so clean and clear. It's picture postcard perfect! The cold air makes my eyes water and my nose run but afterwards my head feels clearer and I generally feel happier. I get home and when I walk into the kitchen my spectacles fog up and I enjoy the welcoming warmth of going indoors. Then, feeling particularly virtuous, I have some porridge for my breakfast and I'm happy that I have started the day well as I make my way to Leabharlann Bhaile Bhúirne.

Tá Seirbhís Leabharlaine & Ealíona Chomhairle Chontae Chorcaí ag rith comórtas cárta poist do leanaí chun Seachtain na Gaeilge a cheiliúradh. Sí Éire an tír a chuireann céad míle fáilte roimh



gach éinne, mar sin teastaíonn uainn go ndéanfá dearadh ar chárta poist leis an téama 'Fáilte' chun a léiriú go bhfuil fáilte roimh cuairteoirí go dtí an tír seo. Tá an comórtas roinnte i dhá aois ghrúpa: 5-8 bliain agus 9-12 bliain. Caithfidh an cárta poist a bheith déanta ar fhoirm iontrála, agus is féidir iad san a fháil ó do leabharlann áitiúil, Leabharlann Bhaile Bhúirne san áireamh. Tabhair an foirm iontrála ar ais go dtí an leabharlann roimh Dé hAoine 31ú Márta agus d'fhéadfá duais a bhuaicint!

Cork County Council Library & Arts Service is running a Postcard Competition for children to celebrate Seachtain na Gaeilge. Ireland is the land of one hundred thousand welcomes, so we want you to design a postcard with the theme 'Fáilte' to show that visitors are welcome to Ireland. The competition is divided into two age categories: 5-8 and 9-12 years old. The postcard must be completed on the entry form, and these can be collected from your local library branch including Ballyvourney Library. Return your entry form to the library by the closing date on Friday March 31st and you could win a prize!

Beidh Ceardlann Amhrán le Ceara Conway i Leabharlann Bhaile Bhúirne ag 2in ar an Satharn 11ú Márta, beidh an t-amhránaí Ceara Conway i láthair i gcóir ceardlann dhátheangach i Leabharlann Bhaile Bhúirne. Foghlaimeoidh na rannpháirtithe faoi chleachtais caoineadh na hÉireann agus domhanda, cloisfidh siad samplaí de chumha Éireannach agus Idirnáisiúnta agus foghlaimeoidh agus canfaid cumha le chéile. Nó is féidir leat teacht díreach chun taitneamh a bhaint as an amhránaíocht. Tá an t-imeacht seo saor in aisce!

On Saturday March 11th at 2pm, singer Ceara Conway will be presenting a free bilingual

workshop in Leabharlann Bhaile Bhúirne. Participants will learn about Irish and global keening practices; hear examples of Irish and International lament and we will learn and sing a lament together. Or you can just come along to listen and enjoy the singing!

Senior Occupational Therapist (OT) Jess Kennedy from 'My OT & Me' will be visiting Leabharlann Bhaile Bhúirne on Friday 31st March at 10am to deliver a talk on understanding the different sensory systems and the benefits of using specific sensory tools available in libraries to support children in school and at home. The sensory toys that are available in the library are specially designed to engage one or more of the senses, many of which can help to support a child's ability to remain calm in different environments. This talk is targeted at parents, teachers, preschool educators, or anyone who is caring for children. There will also be an opportunity to ask questions at the end.

The library will be closed for St. Patrick's Day on 17th of March as we all celebrate our national day. Whether you are going to a parade or a party, a ceili or a concert I hope everyone has a great day. Don't forget Mother's Day which is just a couple of days later on 19th March – we can tell by all the great books written about mother's that Mums are very important so spare a thought for all the Mums around the world that day, some of whom are doing their very best to be wonderful mothers under very difficult circumstances such as wars, natural disasters, famines, persecution, etc.

**March brings breezes sharp and shrill,  
Shakes the dancing daffodil.  
-Sara Coleridge**

## AM OSCAILTE /OPENING HOURS

Dé Máirt, Dé Céadaoin, Dé hAoine  
Tuesday, Wednesday, Friday  
10am to 5.30pm  
(Dúnta/Closed 1.00 - 2.00pm gach lá/daily)  
Dé Sathairn 10.00am - 1.00pm\*  
Dúnta gach Luan agus Déardaoin  
Closed every Monday & Thursday

\*Dúnta ar Shatharn Deireadh Seachtaine na Saoire Poiblí

\*Closed on Saturday of Public Holiday Weekend  
Eolas : 026 45767

## SNIPPETS | DIARY

**Snippets may include details of upcoming Lee Valley functions, fundraisers, sports events etc. We may include commercial events that are also being advertised simultaneously in the magazine.**

### DATES FOR YOUR DIARY

#### ST. PATRICK'S DAY PARADE IN COPPEEN

Coppeen and surrounds are getting ready for their parade again this year and this year it celebrates

its 52nd birthday. The parade begins at 3pm with local schoolchildren, clubs and groups taking part followed by traditional music and dancing. A day not to be missed!

**March 9th** - Kilmurry Museum AGM @ 8:30pm

**March 9th** - Macroom Flower & Garden Club Meeting @ 8pm

**March 11th** - Coachford Induction Day for 1st years - 9:00am

**March 11th & 12th** - Fáilte Abhaile, Ionad Cultúrtha an Dochtúir Ó Loingsigh, Baile Mhúirne @7pm



Senior music students outside the national concert hall in Dublin



# e|egans

HEARING CLINIC  
at

## SULLANE FAMILY PRACTICE MACROOM

# TICKS ALL THE BOXES



- ✓ Full range of Digital Hearing Aids
- ✓ Hearing Tests
- ✓ Full range of TV/phone accessories
- ✓ Ear protection: swim plugs / shooting / musician / snoring defenders

GRANTS  
up to  
**€1000**  
AVAILABLE

For appointment phone  
**021 427 6414**  
email: [reception@eganshearing.ie](mailto:reception@eganshearing.ie)  
[www.eganshearing.ie](http://www.eganshearing.ie)

CLINICS THROUGHOUT MUNSTER



## JEREMY O'SULLIVAN FITTED FURNITURE

Quality Bespoke Furniture

- Kitchens • Utility Rooms
- Wardrobes & Sliderobes
- Offices • Living Room Units



Mushera, Millstreet, Co. Cork.

t: 085 2301345

e: [jeremiosullivan2011@hotmail.com](mailto:jeremiosullivan2011@hotmail.com)



# AULD TRIANGLE

Bar & Restaurant

*Bar / Restaurant Open  
Wednesday to Sunday 12 noon*

*Take Out Food Available*

*We also cater for Birthday Parties,  
Retirement Functions, Christenings etc.*

*We have limited availability for  
Communions & Confirmations.*

*Treat your Mother by dining  
with us on Mother's Day*



*The perfect gift for  
Mother's Day*



Killarney Rd., Macroom.

Visit our website at [www.auldtriangle.ie](http://www.auldtriangle.ie) or call us on 026 41940.

Follow us on Instagram Facebook and Twitter





## NUAHT Ó CHOLÁISTE GHOBNATAN



Foireann pheile Sóisearach na gCailíní a bhuaigh an Cheathrú Ceannais na Mumhan le déanaí.

### COMHGHAIRDEAS

Tréaslaimid le Sadhbh Ní Bhuachalla atá mar bhail de Cheolfhoireann Óige BOO Chorcaí a sheinn sa Cheoláras Náisiúnta cúpla seachtain ó shin – éacht den scoth!

### OÍCHE NA NGRADAM BOOC

Tréaslaimid le daltaí na hArdteiste anuraidh a fuair gradaim ag Oíche na nGradam BOOC le déanaí. Bhí an ócáid ar siúl i Halla na Cathrach, Corcaigh. Reáchtáil Bord Oideachais agus Oiliúna Chorcaí (CETB) an oíche sin chun aitheantas a thabhairt do na daltaí Ardteiste sa chontae. Fuair Éamonn Ó Meachair, Neil Ó Buachalla, Art Ó Liatháin, Dylan de Faoite, Eimear Ní Luasa, Lucy de hÍde, Lucy Ní Laoire agus Meabh Ní Chonaill teastais éachta bunaithe ar a gcuid torthaí Ardteiste. Bronnadh gradam "Dalta na Bliana" ar Avril Ní Chríodáin. Táimid an-bhródúil as bhur ngaiscí agus guímid gach rath oraibh don todhchaí.

### GAIRMTHREOIR

Thug beirt iarscoláire caint do ghrúpaí daltaí sa scoil le déanaí. Ar dtús tháinig Martin Corkery chugainn. Tá sé mar Stiúrthóir Réigiúnach le Fiontraíocht Éireann. Labhair sé linn faoin am a chaith sé anseo i gColáiste Ghobnatan, faoin bpost atá aige anois, faoi na deiseanna oibre agus fiontraíochta a bheidh ann amach anseo, agus thug sé moltaí agus spreagadh do na daltaí maidir lena n-oideachas agus dúirt sé leo chun na deiseanna rompu a thógaint. Thug Sarah Ní Dhonnabháin caint dúinn thar Zoom ó Barcelona. Tá sí ag obair ann le cúpla bliain anuas. Labhair sí leis na daltaí faoina cuid ama ar scoil, conas a tháinig sí chun céim sa Ghnó a roghnú mar chonarid di, na deiseanna foghlama agus na deiseanna taistil a bhfuair sí, an obair atá á déanamh aici anois, agus na deiseanna atá aici fós a cuid Gaeilge a úsáid agus í ina cónaí sa Spáinn. Táimid buíoch dóibh as a gcuid ama a thabhairt suas

chun labhairt leis na daltaí, agus as an spreagadh a thug siad dóibh.

Bhí deis ag cailíní ó bhliain a 4 go 6 faire ar ócáid fhíorúil iWISH le déanaí, a léirigh na deiseanna sna gairmeacha ETIM (STEM) atá ann do chailíní agus mná.

Go raibh maith míle agat Bean Uí Thuama a d'eagraigh na seisiúin eolais sin.

### DÍOLACHÁN CÍSTÍ

Cúpla seachtain ó shin d'eagraigh 5C CGAT Díolachán Cístí agus Raifil le cabhair ó Bhean Uí Dhonnchú chun airgead a bhailiú do Chumann Ailse na hÉireann. Bhailigh siad €500. Maith sibh a dhaltaí. Comhghairdeas le Jeremiah Mac Suibhne a bhuaigh an raifil. Míle buíochas le Looney Cakes as ucht urraíocht a dhéanamh ar an gciste álainn.

### TRÁTH NA GCEIST MHATA/MATHS QUIZ

Beimid mar scoil óstaigh do Tráth na gCeist Mata le Cumann Múinteoirí Matamaitice na hÉireann. Tá Tráth na gCeist Pí oscailte do dhaltaí sa tríú bliain. Beidh sé ar siúl ar an 14ú Márta san Ionad Cultúrtha (in aice leis an scoile). Is féidir le scoileanna áitiúla clárú anseo ar [www.imta.ie](http://www.imta.ie) nó má tá ceisteanna agat is féidir leat glaach a chuir ar an scoil 02645058. Go raibh míle maith agaibh!

We will be as a host school for an upcoming Maths Quiz in conjunction with the IMTA (Irish Mathematics Teachers' Association). The Pi Quiz is open to third year students. It be taking place on 14th March in the Ionad Cultúrtha (next to the school). Local schools can register here [www.imta.ie](http://www.imta.ie) or if schools have questions they can ring the school on 2645058. Many thanks!

### SEACTAIN BOO

Bunaíodh Boird Oideachais agus Oiliúna Éireann (ETBI) 10 mbliana ó shin agus tá Bord Oideachais agus Oiliúna Chorcaí (CETB) mar chuid de. Tá Coláiste Ghobnatan faoi chomphátrúnacht Bhoird

Oideachas agus Oiliúna Chorcaí agus Dheoise Chluain Uaimh. Mar chuid de Sheachtain BOO d'eagraigh ár séiplíneach Iníon Ní Bhuachalla comórtas póstaer chun bunluachanna BOO a cheiliúradh. Bhí daltaí idirbhliana mar mholtóirí ar an gcomórtas. Na buaiteoirí ná Sadhbh Ní Bhuachalla, Claragh Ní Shuibhne, Avril Ní Thuama, Clíona Ní Mhócháin, Rebecca Ní Chárthaigh agus Charlie Lockett. Maith sibh go léir!

### CUAIRT AR SOMEX INNOVATION

Chuaigh grúpa daltaí ó bhliain a 6, le suim acu san Innealtóireacht, ar cuairt go Somex Innovation. Tugadh eolas dóibh faoin obair a dhéantar ann, na meaisíní a dheantar agus a dhéantar, an gnó atá acu, agus na cineálacha poist a bhíonn acu. Beidh Printíseacht ar fáil leis an gcomhlacht i nDéantús Buntrealaimh (OEM) i Meán Fómhair. Gabhaimid buíochas le Bean Uí Thuama agus le Máistir Ó Síocháin a chuaigh ann leis na daltaí. Míle buíochas le Somex Innovation le haghaidh an deis iontach seo!

### TAITHÍ OIBRE

Tá daltaí na hIdirbhliana ar ais linn tar éis seachtain a chaitheamh ar Thaití Oibre. Fuair eadar an-mholadh ó na fostóirí as an obair a rinne siad agus as an meon a bhí acu. Fuair siad an-taití i dtaobh scileanna oibre agus saoil de, agus tá dearcadh nua acu anois i dtaobh roghanna oideachais, cúrsaí agus poist don todhchaí. Táimid thar a bheith buíoch as na fostóirí (áitiúla agus níos faide uainn) a ghlac lenár ndaltaí don Thaití Oibre.

### ÁR MEÁIN SHÓISIALTA

Leanaigí ár gcuntais le haghaidh an nuacht is déanaí!

Twitter: @ColGhobnatan

Facebook: Coláiste Ghobnatan @colghobnatan

Instagram: @colaiste\_ghobnatan

TikTok: @colaiste\_ghobnatan



Na foirne cispheile sa dara bliain



# O'CONNELL CARPENTRY

Ballyvourney. Tel: 087 7614866

## Leaky Flat Roof???

We have the solution that works!  
**Fibreglass - Call us Today!**



**Other Services:**

**CARPENTRY**

- Roofing • First Fix • Second Fix • Stairs
- Flooring • Dry Lining/Slabbing
- Attic Conversions & Renovations



**THE Abbey HOTEL**  
ÓSTÁN GHOBNATAN, BALLYVOURNEY.  
★★★



Serving food: Monday to Thursday 4pm to 8.30pm  
Friday to Sunday Bar Menu 12.30 to 9pm  
Restaurant bookings taken daily

- Try our popular Takeaway Menu
- Homemade Desserts & Scones available to pre order
- Check out our specials on Facebook & Instagram

**Tel: 026 - 45324**  
Email: reception@abbeyhotelballyvourney.com  
www.theabbeyhotel.ie






Sales & Letting  
Valuations  
Commercial  
Residential  
Agricultural  
Public Auction  
Private Treaty



**ccm**  
PROPERTY NETWORK

[www.ccmproperty.com](http://www.ccmproperty.com)



**CORK MARTS**  
Macroom

**General Cattle Sale Every Saturday**

- Dry Cows 10am
- Calves 11am
- Bullocks 11.30am (followed by heifers)

**ORGANIC CATTLE SALE**  
FIRST SATURDAY OF EVERY MONTH

**Sheep Sale**  
Next Sheep Sale Wednesday, March 1st.

**Factory Sheep assembly Every Tuesday**

Online Sale available on MartEye App

## LAND TO LET

- 70-80 Acres Renanirree/Kilnamartyra Area (one or more lots)
- 150 Acre Working Dairy Farm - Mid Cork Area
- 60 Acres Kilbarry Area
- 40 Acres Kilmichael Area
- 60 Acre Farm Coppeen
- 64 Acres Dunmanway Area

*To discuss your property needs in confidence, contact CCM Property*

**Macroom Mart Office 026 41121**  
**Jerh O'Sullivan M.I.P.A.V. 086 8329321**



ST MARY'S NEWS

**MUSIC TRIP**

Fifth- and sixth-year music classes travelled to Dublin with Ms. Donovan and Ms. Queally, to the National Concert Hall on Tuesday Feb 28th to attend a performance of Romeo and Juliet Fantasy Overture by Tchaikovsky by the National Symphony Orchestra. This is one of their set works for the Leaving Cert music exam and the students thoroughly enjoyed experiencing a live performance in a concert setting. It included an analysis of the themes and key points of the work, followed by a full performance. It really brought the music to life for the students. The girls were treated to some shopping time after in Liffey Valley Shopping Centre. A great day was had by all!

**CAMOGIE MUNSTER FINAL**

U16 ½ A Munster Camogie Final vs Colaiste Choilm. Final Score 7-14 to 5-2.

Well done to our U16.5 Camogie Team for winning the Munster Colleges Camogie U16.5years (A) South Final against Colaiste Choilm of Ballincollig at Castle Road last week. A great game played by the girls. Thanks so much to Liam Slattery and Ms McSweeney for all of the time that they spend training the girls. Well done to all

Match report from Ciara Kelleher and Annie O' Brien:

The game took place on Monday the 27th of February at the Cork College's pitch in Mahon. The game started at 7.30pm under lights. St Mary's started off strong, knocking in a few early goals to give them a good grounding in the game. The backs had a fantastic first half giving the team a good lead at half time. St Marys went into the second half with a good lead but Colaiste Choilm came back. St Mary's held on until the very end to get the win. The captains for the year were Annie O Brien, Ciara Kelleher and Annah Devine. This is a huge achievement for our school and wouldn't have been achieved without our coach Liam Slattery, our teacher Ms McSweeney and the hard-working team. This was a great way to finish off the junior camogie season in St Mary's and we're really proud.

**OUR FUTURE NATIVE FOREST PROJECT**

This week our First Year Wellbeing class had

the wonderful opportunity of planting eleven trees on our school grounds whilst learning about the vital role they play in our ecosystem; helping combat climate change, providing oxygen, helping prevent soil erosion, the list goes on. These trees, a mixture of cherry blossom, birch, apple, pear and oak, were very generously donated to St. Mary's after our TY Environmental Studies Class, headed by Niamh Foley in Ms Gray's class, approached Future Forests Garden Centre in West Cork and successfully secured a variety of trees to be planted both on the grounds of the school and in the home gardens of willing, green-fingered students and teachers. We'd like to thank Future Forests for their very generous donation as without them, our Future Native Forest Project would not have been possible to set in motion. The first years definitely enjoyed the experience of planting these trees knowing that they were benefiting both the environment and their own wellbeing in doing so. Watching our future native forest grow is going to be really exciting and adds an active, outdoor element to our Wellbeing class programme going forward. Thank you to Mr Galvin, our in-house horticulturist, for preparing the area and helping the students learn about the trees themselves and how to plant them.

**RINCE SEITE LE LINN RANG NA GAELIGE**

Tá an t-adh le muintir na ceathrú bliana anseo sa scoil. Táid chomh ghnóthach le himeachtaí difriúla is nach raibh ach 9 fágtha sa rang Gaeilge inniu. Bhí cailíní ag cluiche peile i gCionn tSáile agus bhí cailíní eile ag cleachtadh don seó atá ag teacht aníos go luath. Deineadh cleachtadh ar rince seite le linn rang na Gaeilge. Táimid cinnte gur bhaineadar an sult go deo as chultúr na Gaeilge.

**SHOWTIME!**

St. Mary's Transition year Show is back on. On the 19th and 20th of April 2023 the 4th year group are staging and performing their show "Macroom High, A High-School Musical" in Crookstown hall. Based on the iconic High School Musical Trilogy the girls have related the story to themselves setting the events of "East High" right here in Macroom. Their adaptation

is a take on the second of the three movies just as the summer after fifth year is beginning. Cian Troy and Emily Forde, based on the stars of Troy and Gabriella, are looking forward to a fun stress free summer together before the pressure of the Leaving Cert hits them next year. Cian, a young hurler with dreams of playing county and an extremely supportive girlfriend only wants to have a good time her and with their friends but a familiar voice starts upsetting their plans. Sharlene O Mahoney is determined that Cian will fall for her, simply certain he has just never noticed how "fabulous" she is. Will Sharlene succeed in isolating Cian from Emily at the resort they are working at, how will Emily put up with Sharlene's constant scheming and will Cian stay true to himself or let the chance of becoming a county star get to his head? Directed by Angela Doherty, the girls have been working hard and will continue to do so in the coming weeks to prepare for their performances. Expect glitz, glamour, plenty laughs and we will expect to see you there on the 19th and 20th of April in Crookstown. by Annah Devine

**ATHLETICS**

On Friday the 24th of February, the following athletes competed in the Munster Cross Country Championships held in Waterford, Orla O Brien, Clodagh Murray, Katie Purcell, Cara O Brien, Sarah Neville, Saoirse Twomey, Eabha Ni Chonaola, Rebecca O Neil, Fern Mullane, Emily Cronin, Danielle O Neil, Liadh McMahon and Aoife Lucey. All athletes did very well with the following athletes now through to the All Ireland which will also be held in Waterford, Orla O Brien, Cara O Brien, Eabha Ni Chonaola and Saoirse Twomey and the Intermediate team with a score of 49 which includes Eabha Ni Chonaola, Saoirse Twomey, Fern Mullane, Rebecca O Neil and Emily Cronin. Congratulations to all athletes! We are very proud of all the girls and they are looking forward to the next round. Thank you so much Ms Kelleher, Mr O Riordan and student helpers, Lucia Duarte, Katie Ni Liathain and Leah Bradley.



Cross country intermediate team who are through to the All Ireland



First year wellbeing class enjoying planting trees



Munster Champions Camogie Captains Annah Devine, Ciara Kelleher and Annie O Brien





# Coláiste Íde

All Irish Boarding School for Girls  
Meánscoil Ián Ghaelach do Chailíní

## OPEN DAY 25<sup>TH</sup> OF MARCH 2023 10.00am - 4.00pm



Coláiste Íde, Baile an Ghoilín,  
An Daingean, Co. Chiarraí, Éire.  
Phone: 066 9151211 Email: [info@colaisteide.com](mailto:info@colaisteide.com)  
[www.colaisteide.com](http://www.colaisteide.com)



# EASTER CAMP



CARRIGANIMA

**FOR CHILDREN AGED 3 TO 8 YEARS**

**TIME: 9.30AM TO 1PM**  
**APRIL 11TH TO THE 13TH**

Price is €60 per child

**Activities Include:**  
Easter inspired Arts & Crafts  
Easter Egg Hunt  
Easter Party

**Outdoor and indoor Fun & Games & much, much more.....**

Contact Carmel on  
083-8571714 for more details...

*This camp could be highly subsidised for families availing of the National Childcare Scheme, NCS*




## Cork College of FET

Cork's Further Education & Training Service

## SULLANE CENTRE

A Pathway for Every Learner

*Formerly Macroom Further Education & Training Centre*



**Are you interested in volunteering to support adult learners with literacy and IT difficulties, on a one to one basis at Cork College of FET, Sullane Centre? Training will be provided.**

If interested please contact  
**086 8239097**  
or email  
[sheila.scully@corketb.ie](mailto:sheila.scully@corketb.ie)



QQI  
Quality and Qualifications Ireland  
Deartha Gálloichte agus Gállochtal Eileann



Riailtas na hÉireann  
Government of Ireland



Co-mhaoinithe ag an Aontas Eorpach  
Co-funded by the European Union



SOLAS  
learning works



# MACROOM PLOUGHING

## CELEBRATING 50 YEARS IN EXISTENCE



Patsy (Toyota, Macroom, sponsor) and Joseph Lynch, Ella Murray, Jerry Ambrose and Joe Cronin, with their vintage tractor. Pic. Con Kelleher



Stewards at Macroom Ploughing, 26 Feb., 2023. Pic. Con Kelleher



Colman Cogan with his horses Ned & Ted, and admirers Lily & Finbarr O'Riordan at Macroom Ploughing, 26 Feb. 2023. Pic. Con Kelleher



Denis Cummins - his tractor dates from 1960 - and John Keohane at Macroom Ploughing, 26 Feb. 2023. Pic. Con Kelleher



Jerry O'Brien, Gerard O'Brien, Maureen O'Brien and Patrick O'Mahony, pause for a rest at Macroom Ploughing. © Peter Scanlan



NPA Managing Director Anna May McHugh, JJ Delaney and Jeremiah Delaney. © Peter Scanlan



JJ Delaney in deep concentration as he ploughs the winning furrow at the County Final at Macroom. © Peter Scanlan



All roads led to Kilbarry last Sunday morning as Macroom Ploughing hosted the West Cork County Final Ploughing on the excellent site on the lands of Angela Leonard.

The Committee were thrilled to welcome the Managing Director of the National Ploughing Anna May Mchugh, and her daughter Anna Marie, secretary of the World Ploughing to this event, which was also celebrating their 50th anniversary. Once they arrived on site, everyone wanted to meet them, and have the chat, and snap a photo. They were not disappointed as Anna may loves to chat, and did so as she walked the furrows, giving advice on the way.

One of the highlights of the day was the photo they took with the founding members, a memento forever. A presentation of a hamper of Macroom Buffalo Cheese was made to Anna May, and a bouquet of flowers on behalf of Macroom Ploughing to Anna Marie.

Up to 50 competitors competed on the day, with 12 locals trying their skills, and the biggest attraction on the day was the 5 pairs of Horses who ploughed in 6 events. Magnificent to see. Well done.

The weather was excellent and all the well laid plans fell in to place easily.

Refreshments were available on the field, and the competitors etc. were treated to a lovely dinner in Coolcower house that night, with results, and music.

A big Thank You to Angela Leonard, and the Buckley family, to Sponsors, Competitors, Committee, and all those who helped out on the day and night, which is the club's backbone. To Coolcower House, to Judges, Officers from West Cork Ploughing, Photographers, and Press, and anyone who helped in any way

Great day and night befitting this 50th milestone.

**SENIOR**

1st Kieran Coakley,

**INTERMEDIATE**

1st John A. O'Donovan

2nd Jim Grace

2nd Jackie O'Driscoll

3rd Ger Kirby

3rd Stanley Deane

U 28: 1st Niall O'Driscoll

**LADIES**

1st Stacy O'Sullivan

2nd Aidan O'Donovan

2nd Katie Hayes

U 21: Noel Nyhan

**MACRA**

James Jennings

**3 FURROW CONVENTIONAL**

1st Kevin O'Driscoll

2nd Matthew Coakley

3rd Kevin O'Riordan

**REVERSIBLE PLOUGHING**

**SENIOR 2 FURROW**

1st Liam O'Driscoll

2nd Jer Coakley

3rd Michael Wycherly

U 28

Conor O'Farrell.

**3 FURROW STANDARD:**

1st Tim Lawlor

2nd Patrick Buckley

**VINTAGE PLOUGHING:**

**CONFINED HYDRAULIC**

1st Sean McCarthy

2nd Joe Cronin

**OPEN HYDRAULIC**

1st Gerard Collins

2nd Denis Cummins

3rd Michael Coomey

**TRAILER**

1st James Wolfe

**SINGLE:**

1st Gordon Jennings

**HORSE**

**SENIOR**

1st J.J. Delaney

2nd Moss Trant

3rd Colman Cogan

4th James Coffey

**U 40**

1st Jeremiah Delaney

2nd Jonathon Trant

**LOCAL 3FURROW STANDARD:**

1st Willie Lyons

2nd Gerard Kelleher

3rd Fintan Creedon

4th Tim O'Sullivan

**LOCAL 3 FURROW BEGINNERS**

1st Michael Bucklkey

**LOCAL REVERSIBLE**

1st Alan Lynch

2nd Gerard Coakley

3rd William Lynch

4th Sean Buttimer

5th Dan F. O'Riordan

6th Donnacha Buttimer



Tim Creedon President of Macroom Ploughing Association making a presentation to NPA Managing Director Anna May Mchugh. © Peter Scanlan



Macroom Ploughing



Jerry O'Brien, Gerard O'Brien, Maureen O'Brien and Patrick O'Mahony, pause for a rest at Macroom Ploughing. © Peter Scanlan



Tim Creedon President of Macroom Ploughing Association making a presentation to Stacy O'Sullivan winner of the Ladies Class at Macroom Ploughing © Peter Scanlan







# Cork College of FET

Cork's Further Education & Training Service

**MACROOM CENTRE**

A Pathway for Every Learner



eBusiness Park, Bowl Road, Macroom, P12 FV30. Tel: 086-0140217

walk-in  
interviews  
Welcome..

# OPEN DAY

## Thursday 30<sup>th</sup> March 2023

### 9.30 am — 3.30 pm

**Please call in to discuss your future education**



# COURSES

QQI Level 5

- Office Administration (Business Administrator)
- Business with Retail (Business Studies) **NEW**
- Healthcare Assistant (Health Services Skills)
- Nursing Studies
- Special Needs Support (Intellectual Disability Practice) **NEW**



Contact us on 086 - 0140217

<http://morrisonislandcampus.ie/macroom>  
Or email: [BAngland@morrisonislandcampus.ie](mailto:BAngland@morrisonislandcampus.ie)

eBusiness Park, Bowl Road,  
Macroom, P12 FV30



**cetb**  
Bord Oideachais agus  
Oiliúnaíochtaí  
Cork Education and  
Training Board



Rialtas na hÉireann  
Government of Ireland

**SOLAS**  
learning works



Có-mhaoinithe ag an  
Aontas Eorpach  
Co-funded by the  
European Union



**GENERATION  
APPRENTICESHIP**  
[www.apprenticeship.ie](http://www.apprenticeship.ie)





Hello  
Spring!

OM2

We are selling!  
Are you?

- Over 30 years experience
- No Sale = No Fee
- Free valuation for sale (without obligation)
- Top prices achieved
- Professional Photography
- 360 Virtual Tours
- Weekend, evening & open viewings
- Proven track record
- Prominent window display
- Located beside Macroom post office

*Spring* into action  
& contact  
us today in confidence!

Call: 026 63063  
Email: hello@om2.ie  
Web: www.om2.ie  
26 Main St, Macroom

PSRA License Number 004002

## CLONDROHID NOTES

**IRD DUHALLOW**

have been holding meetings in the region over the last few weeks. This information will feed into IRD Duhallow's LEADER and Social Inclusion plans for the region. The people of Clondrohid and Carriganima are invited to a public meeting on this Thursday night March 9th @ 8.30pm in Clondrohid Community Hall with representatives of IRD Duhallow Board and Staff who will give feedback on previous meetings and consultation. The information collected will inform future planning for the area and it is important that the meetings are well attended to make sure that the needs of your communities are included in future funding. Please encourage everyone, both young and old as well as those not already involved in the community groups to attend. They want to hear your voice. PLEASE SUPPORT

**ST. PATRICK'S DAY PARADE IN CARRIGANIMA**

Carriganima and surrounds are getting ready for their annual well organised Parade again this year. It will take place on Sunday Mar 19 at 3pm, led by the Millstreet Pipe Band. The Grand Marshall still a secret.

Music later in the day with Anthony Dineen.

A day not to be missed!!!!

There will be more surprises to keep you happy during the summer. Declan Nerney is making a return visit, and wait for it Gina Dale Hale and the Champions are coming too !!!!. More on this later.

**FUNDRAISER FOR COMMUNITY HALL**

A very successful drama was performed by the



Clondrohid's winning u 14 Bowling team

Ahakeera Drama group last Friday night in the Community Hall, and what a 'Tonic' it was. They performed to a packed hall, and had the audience laughing and clapping for the duration. Well done Ahakeera, and well done to all involved in the preparation. As this was a fundraiser for the Community hall, the committee would like to thank you the public for your great support. It is much appreciated. Well done

**BLOOD TRANSFUSION. SERVICE**

Please take note, this so badly needed service will be in the Community Hall Clondrohid on Tues May 2 and Wed May 3. Please support.

**CLANN AIRE**

Congrats to Clann Aire who recently celebrated 20 years of childcare.

Well done to all involved down over the years. It is an amazing facility, and great to see it growing from small beginnings to what it is today and much more I am sure. More celebrations planned for April 22.

**GOLD FOR ROSS**

Ross O'Brien showed his skill in bowling once again when he and his team mates Dylan O'Shea Macroom, Tom McCarthy, and Oisín Murray West Cork, claimed gold last Saturday in Newcastle Co. Dublin in the u 14 Munster Road Bowling. Well done Ross, and congrats to all.

**CARRIGANIMA NAT SCHOOL CLOTHES COLLECTION**

A great way to donate your unwanted clothes. Donation drop off times on Monday Mar 27, 28 and 29 from 9.30am to 2.30pm.

Accepted Items: Clean clothes, bags, belts, wellingtons, towels, bed linen, curtains, Not accepted, Duvets, pillows, books, single shoes. If drop off times are not suitable for you, please call or text 0867943289 to arrange another time.

**JUST A DIARY DATE**

Muinfiuch Nat. School Parents Assoc, are planning a Fun Day on Sunday June 11, with a Fun Run of 5km, with fun activities, and refreshments later in the school grounds. Mark it in your busy diary!!

**GAA NEWS**

Clondrohid GAA send their best wishes to Amy and Lydia McDonagh, who made their senior intercounty debut last week with the Cork Ladies football team.

## CARRIGADROHID/CEANN AN MHAÍ

*A world class ice climbing champion in Canovee?*

Seems improbable! Well, step forward Eimir McSwiggan, a native of Co. Tyrone but currently domiciled in Canovee.

Eimir has been on the U.I.A.A world ice climbing circuit for over ten years. A qualified architect, she moved to South Korea in 2010 to take up a teaching post. Within six months she had joined an ice climbing club. Her club coach also happened to be a national coach and seeing her potential encouraged her to take up the sport competitively. Her first competition was climbing the daunting Towanseoong Falls which is 320 m high and is one of Asia's tallest waterfalls. She quickly developed into a world class athlete and won her first World Cup medal in 2016. In 2019 she won overall bronze in the World Cup series.



Seems improbable! Well, step forward Eimir McSwiggan.

She returned to Ireland in 2022 but has continued to compete at elite international level. Her latest major success came in January when she finished third in the World Cup in France. The European Championship was incorporated into this competition and she won the European silver medal. She hopes to continue climbing at elite International level but she is also involved as the athletes representative on the U.I.A.A four person working group. This group are committed to growing and improving the sport internationally with the big goal being to get to the Winter Olympics. Eimir's competitive season has just concluded and she is looking forward to relaxing in the off season and celebrating her magnificent successes this year with her friends in Canovee.

## CANOVEE NATIONAL SCHOOL

Comhghairdeas to all the children who competed in Scór na bPaisí over the weekend. The children competed in many competitions and there was lots of craic agus ceol! The children were successful in a lots of different categories and came home with the Denis O Donovan Perpetual Cup! Well done everyone involved, thank you Deirdre O'Sullivan, Róisín O'Brien the staff and parents for their help and support, and particular go raibh matih agat to Mrs O'Brien who organises everything and keeps it all going year after year!

Applications for enrolment for the 23/24 school year are now open. Forms can be downloaded from [www.canoveens.com](http://www.canoveens.com) or contact the school on 026-48142 or [office@canoveens.com](mailto:office@canoveens.com) Keep up to date with all of our activities by following us on Facebook 'Canovee National School'.



Pictured Right: Canovee NS Scór Entrants



# Jennings McGregor

CARPETS • VINYL • RUGS • LAMINATE



*Luxury Carpets*

Lissarda opposite Mai Fitz's Co Cork  
T: 021- 7335777 | E:jenningsmcgregor@gmail.com  
Eircode P14HE97

# TYRESTOP

## €100 SAVE

(Saving Per Set)

		ONLY <b>€95.00</b> (MID RANGE) <b>€145.00</b> (PREMIUM)
		ONLY <b>€85.00</b> (MID RANGE) <b>€120.00</b> (PREMIUM)
		ONLY <b>€75.00</b> (MID RANGE) <b>€105.00</b> (PREMIUM)

MACROOM

Tel 026 41306 Eircode P12 RK38

# Want to take the hassle out of disposing of your household waste and Recycling?



## Collecting Waste and Recycling at your door



*We're serious about recycling!*

[www.kwd.ie](http://www.kwd.ie)  
**0818 373737**





## COACHFORD

### EVERYONE'S RACING TO COACHFORD FOR CHELTENHAM

The Cheltenham Racing Festival is always a fabulous time in Coachford as O'Callaghan's Bar becomes the mecca for the horse racing fans. From Tuesday March 14 to St. Patrick's Day, the form of every horse will be studied in detail and the roar in O'Callaghan's Bar when the backed horse wins will match that of the one at the Liverpool course. There is something special about O'Callaghan's Bar during the racing festival, Eileen, Pods and all the staff look after the fans of the Sport of Kings as if they were themselves kings! . Dinners are served to the punters on each day of the racing, TVs are dotted all over the bar so not one second of any race or build up is missed, High Speed Broadband is available so that the 'experts' can place their online bets with their preferred bookies and the craic and banter in the pub is only legendary and not be missed.

### ST. PATRICK'S FISHING FESTIVAL

One of the biggest fishing festivals of the year on the lake begins next week. The St. Patrick's Fishing Festival begins on March 17th and runs until March 25th but anglers from all over Europe will be arriving in the village and surrounding areas from next Monday to get in some practice before the various competitions. This festival attracts hundreds of anglers who eat, sleep and drink in the villages, buy supplies locally and contribute hugely to the local economy. O'Callaghan's Bar will be the HQ for this festival and the anglers will be made to feel very welcome. Fishing takes place all along the northern bank of the river and lake from Dripsey to Carrigadrohid.

### HUGE PLANS FOR COACHFORD COLLEGE



Richard Hinchion Treasurer and Tim Creedon President of Macroom Ploughing Association, Anna May McHugh, Connie Buckley Chairman, Annemarie McHugh, Rose O'Riordan Secretary and Breda Kelleher PRO. © Peter Scanlan

A planning application has been submitted for a new school building for Coachford College. This new three story building will help the college to cater for over 1,000 pupils in the coming years.

Coachford College is one of the most successful colleges in the county as it caters for students from all over Mid Cork. The new building will take some time before it's complete but the submission of the planning application is a major and important first step. The new build will involve the demolition of the existing school buildings, the removal of existing pre-fabricated temporary accommodation and the construction of a new split level, part single storey, part two storey and part three storey 1000 pupil secondary school comprising a four classroom special education unit, a single storey multi purpose hall, general purpose room, general classrooms, specialist classrooms, social areas, library, administration areas, service yards, external stores, covered storage areas for

construction studies, toilet and changing facilities and associated ancillary accommodation. The development also includes the provision of new site entrances, car parking area, drop-off areas, new site boundary, new ball courts, playing pitch, landscaped external areas and all associated site works.

### CHALK IT DOWN, AARON'S A HERO

Coachford man, Aaron Doherty was the toast of the locality in February as the young man represented his country and reached the European U23 Pool Final in Malta. This was Aaron's first international tournament and to reach the final was an amazing achievement. To reach the final Aaron had to beat some of the top players in Europe and in the final he came up against 2019 World Champion, Luke Gilbert from England. Although Aaron was beaten in the final we are sure it won't be his last appearance in an international tournament and a European title may not be far away.

## CILL NA MARTRA & RÉIDH NA nDOIRÍ

### IONAD ÁISE RÉIDH NA NDOIRÍ

Buaileann an Grúpa Tuismitheoirí & Leanáí gach Céadaoin óna 9.30-11.30am san Ionad Áise. Is deis iontach é bualadh suas le tuismitheoirí eile atá páistí óga acu agus cúrsaí an t-saoil a phlé leo le cupán caife. Bíonn deis ag na páistí súgradh le leanáí eile agus spraoi a bheith acu. Is maidin taitneamh sóisialta é do ghach éinne. Ná bíodh inní ort freastal air agus má tá a thuilleadh eolas uait labhair le Arleen ag 087 9639293.

The Parent and Toddler Group meet on a weekly basis in the Ionad Áise from 9.30-11.30am every Wednesday. It's a great opportunity to meet others in a similar situation and to chat about anything and everything over a cup of coffee. The children have an opportunity to socialize with other children and it's an enjoyable morning for everyone. If you'd like to join the group or for further information contact Arleen at 087 9639293.

### COIS CILLE

Maidin caife gach Céadaoin óna 10-12.30in le caint agus craic. Bíonn bácáil baile déanta blasta ann. Fáilte roimh chách!

A weekly coffee morning is held on Wednesdays from 10-12.30pm with home baking. Welcome to all!

### TRÁTH NA GCEIST

Bhí tráthnóna mhór ag Tráth na gCeist in Ionad Pobail Cill na Martra an Satharn seo chaite le fuíollach spóirt agus spraoi agus duaiseanna buaite. Ba mhaith le Coiste na dTuismitheoirí Scoil Lachtaín Naofa a mbuíochoas a ghabháil le héinne

a ghlac páirt san ócáid nó a thug duais nó airgid ar mhaithe fearais spóirt na scoile a cheannach. Bhí an t-ádh dearg leo duais den scoth a bheith ann don phríomh duais – deireadh seachtaine sa Daingean le ceachtanna marcaíocht capall, urraithe ag Oifigeach Pleanáil Teanga.

A thoroughly enjoyable evening was had in the Ionad Pobail Cill na Martra last Saturday at the Family Quiz. There many fabulous prizes won, thanks to all the generous sponsors, in particular Oifigeach Pleanáil Teanga who kindly sponsored the first prize of a weekend away to the Dingle Peninsula and horse riding lessons. The Parent's Association of Scoil Lachtaín Naofa would like to thank all who supported the event in any way – attending the event, sponsoring or donating prizes. Funds raised will go towards new sports facilities for the school.

### POBAL AR AIRE/COMMUNITY ALERT

Pobal ar Aire wish to highlight a particularly important service available in the community and anyone wishing to avail of it do not hesitate to get in contact.

Aláram Pearsanta. Seo scéim atá ann do dhaoine thar 65 bhliain d'aois agus ina chónaí ina aonair. Tá an t-aláram saor in aisce le fáil ach tá costas €65 in aghaidh na bliana chun é a choimeád ar bhun. Is seirbhís 24 uair a chloige agus déantar é a seiceáil go rialta. Déan teangmháil le Connie Murphy.

Personal Alarm. This scheme is available to people over 65 years who live on their own. The alarm is free to install but incurs an annual maintenance

fee of €65. It is a 24 hour a day safety service and it is regularly checked to ensure it is in operation. Contact Connie Murphy at 087-6506155.

### BAISTE

Comhghairdeas le Éabha Vaughan a baisteadh sa pharóiste le déanaí.

Congratulations to baby Éabha Vaughan who was christened in Cill na Martra recently.

### SEACHTAIN NA GAELIGE

Mar cheiliúradh Seachtain na Gaeilge beidh Oíche Cáirtaí i Tigh Uí Mhurchú, Aoine 10ú Márta ag 9in. Bigí ann chun scileanna cáirtaí a fheabhsú nó cúpla focail a chleachtadh.

As a celebration of our culture for Seachtain na Gaeilge there will be a Cards Night in Ó Murchú's pub Friday 10th at 9pm. Call in to brush up on your cards skills or to practice your Gaeilge. It's a social night open to all levels so call in for the craic agus comhrá.

### LÁ LACHTAÍN, 19Ú MÁRTA

Tá Lá Lachtaín ag teacht go luath agus mar cheiliúradh tá siúlóid threoraithe eagraithe. Tosnóidh an siúlóid i sráidbhaile Cill na Martra ag 12 a chlog le Gearóid Ó hÉalaithe mar threoraí. Leanfaidh sé go Tobair Lachtaín Naofa.

On the 19th March Lá Lachtaín will be celebrated in Cill na Martra with a guided walk from the village at 12 o'clock to Saint Lachtaín's Well. Gearóid Ó hÉalaithe will be guiding the walk. Contact larlaith at 083 1047764 for further information.





# KELLY

## AGRI & PLANT

**Coolea, Macroom, Co Cork.**  
**Tel: 085 7460430**

**SLURRY SPREADING**

- Dribble Bar • Splash plate
- Rain Gun • Agitating • Umbilical

**RESEEDING**

- Ploughing • Disc harrow
- Power Harrow
- One pass system • Stone rake
- Full reseeded jobs

**SILAGE**

- Mowing • Raking • Baling
- Drawing/stacking
- Telescopic loader
- Trailer work
- Spraying

## M. & J. KELLEHER LTD.

CLONDROHID, MACROOM, CO. CORK  
Tel: (026) 41236

**MJK oils**



**24 HR Diesel:**

- Road Diesel
- Tractor Diesel
- AdBlue

---

- Heating Oils
- Road Diesel
- Tractor Diesel
- Lubricants
- Storage Tanks



**www.mjkoils.com**



## THE ALZHEIMER SOCIETY OF IRELAND

**COME AND JOIN**  
**THE ALZHEIMER SOCIETY OF IRELAND'S**  
**DEMENTIA DAY CLUB AT**  
**COOLCOWER HOUSE MACROOM**  
**EVERY WEDNESDAY 10AM -3PM**

*Our service users must have a referral form completed before attending.*

• A wide range of enjoyable activities will take place including Bingo, Music, Art Therapy, Arts and Crafts and Light Exercises.



For more information please contact:  
Jerry Foley, Nurse Manager, Bessboro Day Centre, Co. Cork  
085 -8565795 or 021 4972504  
E-mail: jeremiah.foley@alzheimer.ie

# AJM SECURITY LTD

PROTECT YOUR FAMILY HOME - BUSINESS - FARM

ACCESS YOUR CCTV FROM ANYWHERE




**VIEW YOUR CCTV AND CALVING CAMERAS ON YOUR SMART PHONE**

**CCTV & CALVING CAMERA-INSTALLATION/REPAIR**

**ARE YOU HAVING PROBLEMS WITH YOUR SATELLITE OR SAOR VIEW SIGNAL? IF SO, GIVE ME A CALL...**






**JOHN A MURPHY: 085 2330800**  
E: ajmsecur@gmail.com



## CCÉ CRAOBH LACHTAÍN NAOFA NUACHT



Comhaltas Lachtain Naofa pictured during rehearsal in Cill Na Martra, Cork. Photo: Don MacMonagle - macmonagle.com email: info@macmonagle.com

## FÁILTE ABHAILE

Tá foireann áitiúil aisteoirí, ceoltóirí, rinceoirí agus amhránaithe ó aois ocht mbliana go seachtó bliain ag tabhairt a dtaispeántas stáitse buaite uile-Éireann abhaile go Gaeltacht Mhúscraí le dhá sheó á gcur ar stáitse acu san Ionad Cultúrtha i mBaile Mhúirne.

Beidh 'Fáilte Abhaile', scríofa ag Seán Ó Muimhneacháin agus Treasa Uí Scannláin, á chur ar stáitse ag baill de Chomhaltas Ceoltóirí Éireann Craobh Lachtain Naofa, Cill na Martra, ar an Satharn 11ú Márta agus an Domhnach 12ú (7in).

Insíonn an taispeántas, a bhuaigh craobh uile-Éireann Scoraíocht i gCaiseal i mí Eanáir, scéal eismircigh ag filleadh ó Mheiriceá ar a chéad turas abhaile ar Éirinn le 40 bliain anuas.

Le cúnamh óna chuid gaolta agus comharsan tugann 'Uncaill Joe' (Seosamh Ó Críodáin) turas siar ar bhóithrín na smaointe, trí amhráin agus ceol Ghaeltacht Mhúscraí, mar aon le rince, agallaimh beirte, agus scéalaíocht.

Mar chuid den taispeántas seo, an dara taispeántas buaite uile-Éireann ag an ngrúpa i gcomórtas Scoraíocht ag leanúint ar aghaidh ó rath an taispeántais 'Aisling an tSeanduine' sa bhliain 2020, tá amhráin lena n-áirítear 'An Banbh', 'Mo Ghile Mear', agus 'Na Táilliúirí', agus dhá amhrán cumtha ag Seán Ó Muimhneacháin, 'Cill na Martra' agus 'Slán lem' Dhúthaigh Féin'.

Mar chuid den cheol sa taispeántas tá foinn cumtha

ag Connie O'Connell, Siobhán Ní Mhuimhneacháin, agus Máire de Búrca, iad go léir ó Chill na Martra.

Is í Treasa Uí Scannláin stiúrthóir an dráma, arna thacú ag Ealaín na Gaeltachta, Ciste Pobail Fheirm Ghaoithe ESB Chnocán an Phóna, agus Ciste Pobail Chomhairle Contae Chorcaí, le foireann léiriúcháin a bhfuil Seosamh Ó Críodáin agus Bernie Uí Cheallacháin ina measc. Tá an ceol faoi stiúir Mhéabh Ní Chonaill agus Nóra de Búrca.

Roimh an taispeántas féin an dhá lá beidh cur i láthair ó ghrúpa ceoil Mhúscraí, 'Baois', agallaimh beirte, agus amhránaithe ó scéim Aisling Gheal.

Ní mór ticéid ar chostas €5 do dhaoine fásta agus €10 in aghaidh an teaghlaigh a chur in áirithe roimh ré ó Ionad Cultúrtha an Dochtúir Ó Loingsigh ar 026 45733 nó eolas@ionadculturtha.ie

A community cast of actors, musicians, dancers, and singers aged eight to 70 bring their all-Ireland-winning stage show home to Gaeltacht Mhúscraí during March for two performances at Baile Mhúirne's Ionad Cultúrtha.

'Fáilte Abhaile', written by Seán Ó Muimhneacháin and Treasa Uí Scannláin, will be performed by members of Comhaltas Ceoltóirí Éireann Craobh Lachtain Naofa, Cill na Martra, on Saturday March 11 and Sunday March 12 (both 7pm).

The show, which won the all-Ireland Scoraíocht competition in Cashel in January, tells the story of an emigrant returning from America on his first trip home to Ireland in 40 years.

With the help of relatives and neighbours 'Uncle Joe' takes a trip down memory lane, through the songs and music of Gaeltacht Mhúscraí, along with dance, agallamh beirte, and storytelling.

The show, the group's second all-Ireland-winning Scoraíocht production following 'Aisling an tSeanduine' in 2020, features songs including 'An Banbh', 'Mo Ghile Mear', and 'Na Táilliúirí', and two composed by Seán Ó Muimhneacháin - 'Cill na Martra' and 'Slán lem' Dhúthaigh Féin'.

Music in the production includes tunes written by composer Connie O'Connell, Siobhán Ní Mhuimhneacháin, and the late Máire de Búrca, all from Cill na Martra.

The show, which is supported by Ealaín na Gaeltachta, ESB Grousemount Wind Farm Community Fund, and Cork County Council Community Fund, is directed by Treasa Uí Scannláin, with a production team of Seosamh Ó Críodáin and Bernie Uí Cheallacháin and music directed by Méabh Ní Chonaill and Nóra de Búrca.

The shows each day will be preceded by performances by the Múscraí music group Baois, agallamh beirte, and singers from the Aisling Gheal scheme.

Tickets priced €5 for adults and €10 per family must be pre-booked and are available from Ionad Cultúrtha an Dochtúir Ó Loingsigh on 026 45733 or eolas@ionadculturtha.ie

## CLOUGHDUV NATIONAL SCHOOL

## SPANISH

Our 6th Class recently completed their taster classes for Spanish. They spent the past few weeks learning vocabulary and basic Spanish conversations. The children also enjoyed learning about some of the traditions & culture in Spain. The classes were fun and active and all the children participated with enthusiasm.

## GREEN SCHOOLS

The committee has been working very hard on getting the Travel theme up and running. They have conducted travel surveys amongst all the children and staff in the school as well as a speed survey at the front of the school. Class teachers are teaching children a variety of lessons about travel. They have run a variety of competitions. They ran a colouring competition in Juniors to 1st. 2nd - 6th were involved in running a logo and a slogan competition. Our new travel slogan is - Reduce, reuse, bicycle; this is our new life cycle.



Macroom Guides took part in the South West Regional International competition last weekend and won both the Senior and Junior sections.



## WELLBEING

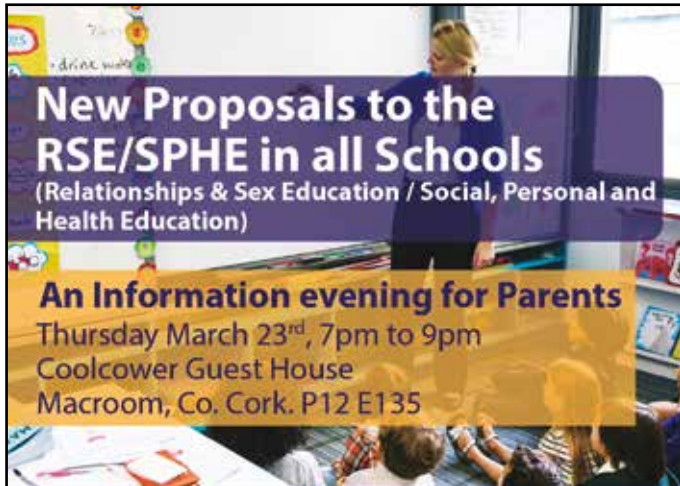
Each month the Wellbeing Team chooses a picture book which is read to each class. Each class discusses and explores the different themes

identified in the book and creates an art piece based on the book for our Wellbeing board. This month our book was 'I Talk Like A River'.

## HAVE YOU A NEWS STORY?

Contact the Editor by Email: leevalleyoutlook@macroom.ie





## New Proposals to the RSE/SPHE in all Schools

(Relationships & Sex Education / Social, Personal and Health Education)

### An Information evening for Parents

Thursday March 23<sup>rd</sup>, 7pm to 9pm  
Coolcower Guest House  
Macroom, Co. Cork. P12 E135

#### NEW PROPOSALS TO THE RSE/SPHE

As you may know, it is being proposed that gender ideology be added to the school curriculum from primary school. This is a huge concern. There was recently an RSE/SPHE consultation that was done by <https://ncca.ie/en/> yet it wasn't communicated to schools or parents! Many parents only heard about it from various campaigns.

The Natural Women's Council (NWC), in partnership with LFJI, Irish Education Alliance (IEA) and Parents Rights Alliance campaigned against this through making parents aware and letter campaigns to schools. Other groups such as the Countess did stellar work. The NWC also organised an interview with Helen Joyce (best selling author of Trans) and Making Sense.

This Information evening is to inform Parents both primary and secondary school of the psychological consequences for children if these new proposals are brought into schools in September 2023.

Already there is inappropriate reading material in school libraries across the country that Childrens Books Ireland and the NCCA were recommending.

**PROTECT CHILDHOOD**

# Engenuiti<sup>®</sup>

Architecture, Engineering & Construction

Engenuiti Consulting Engineers is a full-service engineering firm with a focus on structural and civil engineering services. Our team of experienced engineers is dedicated to delivering innovative and sustainable solutions to meet the needs of our clients.

From design and planning to construction and management, we provide top-quality services for projects of all sizes.



**LET US HELP YOU BUILD A STRONGER, MORE RESILIENT FUTURE.**

**CONTACT US TODAY!**  
Macroom Office: Tel: **026-68008** | Tralee Office: Tel: **066-716 9016**  
Email: [info@engenuiti.ie](mailto:info@engenuiti.ie) | [www.engenuiti.ie](http://www.engenuiti.ie)

*Founded in 2019 to provide Architectural, Civil & Structural Engineering design services to the construction industry. The bulk of our experience has been in the structural design & detailing and management of civil & structural projects. Our key areas of expertise include design & detailing for roads, bridges, commercial, industrial, residential and energy.*



SOME OF OUR RECENT PROJECTS

Dine in the award winning

## Lakeside Bistro

at the Lake Hotel this Spring  
enjoy exquisite dining and stunning views

[www.lakehotel.com](http://www.lakehotel.com)

The Lake Hotel, Lake Shore, Muckcross Road,  
Killarney, Co. Kerry, 

E: [info@lakehotel.com](mailto:info@lakehotel.com) | Reservations 064 66 31035




**FIANNA FÁIL**  
THE REPUBLICAN PARTY

**Cllr**  
**GOBNAIT**  
**MOYNIHAN**

LOCAL COUNCILLOR FOR  
**MACROOM MD AREA.**

*Beannachtaí na Féile Pádraig!*

0868685094  
[cllrgobnaitmoynihan@gmail.com](mailto:cllrgobnaitmoynihan@gmail.com)





# Kilmurry Active Retirement

## UNLESS LESS SLEEPLESSNESS

As a young boy it was a wonder to me that older people talked about not being able to sleep, or having a poor night's sleep, and being wrecked next day. I couldn't understand why they didn't do what we did. Did they not know that if you couldn't get to sleep all that was wrong was that the world was short of sleep, and we would have to go to the far side of the moon and bring back a bedload of sleep for everyone. It never failed.

There is another study published. This one from the University of Michigan, and it provides yet more evidence that lack of sleep may contribute to cognitive decline in older adults. The According to these researchers those who found it difficult to get to sleep in midlife on most nights had added the equivalent of 2.2 to 3.4 years of additional brain aging 14 years later.

This research was presented at a sleep conference in 2021. If like me you haven't heard about this before, we can wonder if the reporters who attended had nodded off.

The participants were 2595 adults. Their average age was 64 and 65%. They were studied firstly in 2002 and again in 2016. The results showed that 'frequent difficulty initiating sleep was associated with poorer episodic memory, executive function, language, visuconstruction and processing speed'. The extent of decline led to the calculation of age equivalence of 2.2 to 3.4 years. That's an average of 2.8 years lost within 14 years, so they were declining at a pace of 20% faster than the norm. Note that we don't know from this study what happened during those 14 years. We may though be inclined to guess that the group who couldn't fall asleep most nights continued down that path. Perhaps though, it may not be a lack of sleep that produced the decline. Could it be depression instead? People who strongly want to get to sleep can get pretty annoyed with the world when they do not. Such states of mind are not good for us. Or perhaps some other medical conditions, such as vascular disease could have had a detrimental effect on those brains. However, these researchers have thought of those too. Those conditions did explain some of the difference - but only 12 to 20% related to depression, and 6 to 15% related to vascular disease.

This research did provide some encouraging news too. Those of you who sleep easily but wake up often during the night can relax. There was no correlation found with frequent awakening or with any other type of insomnia symptom and cognitive decline.

These scientists are advocating more research on circadian rhythms, as in another study, upset rhythms had been associated with a nearly twofold risk of cognitive impairment. If you think that you may have this problem your doctor can help. Treatments aim to reset your sleep-wake rhythm to align with your environment. Doctors may recommend healthy lifestyle changes,



Breffni Lennon talk on 'Energy Measures' at Kilmurry

maybe bright light therapy, or perhaps melatonin depending on the severity.

The lifestyle changes may include sticking to a regular meal schedule, a regular bedtime routine, a bedroom that is a cool quiet place, and a bedtime routine that includes relaxation from stress. Also avoid naps, take regular exercise but not close to bedtime, cut out caffeine after mid-afternoon, and alcohol and tobacco totally. Very important too is to manage your exposure to light. Make a habit of getting outside for a few minutes in morning light. It's a signal to the brain that the day has started, and dim lights at night an hour or more before bed, and avoid screens, or if you really must use them then ensure you use filters. It does sound like a lot of preparation, but then 3 years of avoidable decline may be just worth that effort.

If, however you have tried everything everywhere and nothing works for you, come join me on that trip to the moon. It is a long journey where nothing happens, there is no sound and there are no bumps in the vacuum of space. Sure, we can't be having the world running out of sleep, now can we, and there is always enough in a bedload of sleep for everyone, including us.

I suppose I must own up and let you know that our bingo and card playing startup on Wednesday 1st did not pass without a hitch or two. The mistake was from the start. This fella was given the job of calling out the numbers and not a clue had he what he was doing. Everything started precisely enough with a count to see if any of the balls were missing. Sure enough, having diagnosed that condition various attempts were made but he couldn't rectify it. Undaunted he continued. Let's say things went from bad to worse, not helped by his spilling the balls on the floor and calling some of them again and some not at all. Eventually to the relief of everyone, (particularly him) a panel was called, and an escape was made to the tea. Nonetheless, the more than a dozen there seemed to enjoy the hilarity of the spectacle of the guy trying not to be. We have a little problem in that the secretary is not in the position to issue the P45. As regards the card playing, wolves in sheep's clothing don't cut it, more like sharks masking as goldfish.

In other news, I was at the meeting of the clubs in Macroom on March 5th. What a brilliant idea that was. For those of you not there, and who don't know what I am talking about, it was a bit like the

ploughing championships without the muck and without the ploughing or the rain, but with the stalls and with enthusiastic occupants encouraging us to join some fun filled local activity. It was well attended, and it is great to see so much going on. It was a good indicator of a healthy social community. Congratulations to the organisers.

We had a talk on 'energy measures' given by Breffni Lennon on Wednesday 22 February. This is part of a UCC / EU initiative. It was very interesting. If you have missed it, other ARAs in the locality will be having it too. I think it was twenty that was present, of whom thirteen gave their names to have a free energy assessment followed by a report on suggested cost-effective solutions.

We will have a talk on the developing scheme, Age Friendly homes, which aims to facilitate our loved ones staying in their own homes for as long as possible. This talk will be in the Heritage room, Kilmurry Museum at 2pm on the 8th of March. We will also have a talk some evening in March on herbal remedies. We will taste some of those remedies too. We will have ceramic art on either Monday or Tuesday evenings starting April, and we will have gardening and cookery demonstrations and beauty therapy and more besides, all this Spring term. Line dancing will be back Tuesday nights in Crookstown starting in May.

Aqua aerobics are on Wednesday mornings in Macroom 10am, and the bowls are on Monday mornings in Coachford 10.30am.

Staying Fit for the Future courses given by Cork Sports Partnership are running in Kilmurry at 7pm and in Crookstown at 5pm and again at 6pm. However, you can still contact me about how you may join the remainder of these sessions. If you have not done this course before it is well worth trying out. The remaining sessions will cost you €6 a session but this facility to join late will end shortly. If you would like to join us, our association is open to all, and now is a great time to join. You will get your membership fee at just twenty euro. Our philosophy is that age makes no difference, but health does. We try to do what we can to keep healthy and challenged in body and in mind, and together that is easier. You will be kept as busy as you choose to be and positively engaged in the community, and we think you will enjoy it. For more information contact Aidan at 0894057676 or aidanpbarry@outlook.com.



Canovee NS, winners of the Denis O Donovan Perpetual Cup 2023!  
Comhghairdeas Mrs O'Brien and all the children in Canovee NS



Canovee NS Scór Entrants





# K Landscapes

## Product Showcase Event

Saturday 25th March  
9am-2pm

With special guest **Peter Dowdall**  
Garden Designer and resident  
gardening expert for the  
Today Show on RTE



- Talk to Peter or one of our six landscape gardeners available on the day to offer free advice on transforming your outdoor spaces.
- Enjoy free tea, coffee and refreshments.
- Entertain the children with free face painting, putting green and outdoor games.
- Special event offers available on the day.



# Transforming outdoor spaces.

Paving/Decorative Stone/  
Artificial Grass/Accessories

**K Landscapes**  
Classis, Ovens, Co. Cork P31 VX70

021  
4872  
733



# UIBH LAOIRE NEWS

## THE PROGRAMME FOR THE ST PATRICK'S WEEKEND

An Deardaoin (Thursday) 16ú Iú – Pop up Gaeltacht in Creedon's hotel.

Dé hAoine 17ú Iú le Padraig – Bingo in the Parish Hall. Music by Jack Healy in Creedon's Hotel.

Dé Sathairn 18ú Iú – Music by Paudie Hourihane in Creedon's Hotel.

Dé Domhnach 19ú Iú – Tea dance in the Parish hall 3pm-5:30pm with music by Peter Burke, and cards in the hall as usual at 8:30pm.

Garda clinic Timetable for March in Inchigeela.

A Garda will attend at the Parish office (behind the church) each Monday in March from 8pm to 9pm. Please use this service. If the public do not use this service it may be taken away.

## ACTIVE RETIREMENT

There's still a chance to join and register for the Uibh Laoire Parish Active Retirement Group. Until the 24th March. Contact 0838134560 or any member of the group for information.

## DO THIS IN MEMORY

Best wishes to the young boys and girls who will take part in the preparation programme for the first Holy Communion in Inchigeela and Béal Átha and the Adorations of the Blessed Sacrament will take place each Friday 10am- 6pm in Inchigeela, except the first Friday of the month, where it will take place in Béal Átha.

## UISCE

A thank you to the workers of Uisce Eireann and Cork County Council who have been working hard

to restore normal water pressure to the area.

## EXERCISING

The Light up term has finished for now but Uibh Laoire GAA are offering the community the opportunity to walk for their health around the walkway at the pitch in Inchigeela. See Uibh Laoire GAA Facebook page for info on other matters as well.

## PLEAN GNÍOMHAÍOCHTA MHUSCRAÍ

Gach rath at an Plean Gníomhaíochta do Mhuscraí. Is plean 5 bliana atá ann agus tá se suas do gach duine anois a fháil amach cas atá ann agus a bheith tácuil dó chun é a chur i bhfeidhm.

## The Macroom and District Environmental Group Think Globally, Act Locally

### HAZEL – MEDICINE PLANTS OF OUR HEDGEROW

Hi! Chris Barrett, speaking once again with our local Heritage Specialist, Ted Cook.

Readers will have learned from previous conversations with Ted much on the subject of Medicine Plants of our Hedgerow, particularly in relation to Hedgerows and the Law, their Functions and Benefits, Dog Rose, Willow and Holly.

These previous articles from Ted are all available through the on-line Lee Valley Outlook.

It is Hazel which is the subject Ted will share with us today.

It is particularly topical, as right now readers can spot the catkins which emerge through February into March.

Ted reminds us, with the accelerating bulldozing of Hedgerows, (which are Ireland's largest man-made monument), to reflect on the centrality to Ireland's early Forest Culture of

#### The Brehon Law Codes.

Miraculously, an original 8th Century manuscript entitled,

'Breatha Comaithchesa' (Judgements of Neighbourhood), that deals with the various offences which a farmer is liable to commit against the 'seven Nobles of the Forest'; still survives intact within the Trinity College Dublin archives.

Hazel is listed as No.2 of the Seven Nobles'.

Legal commentary describes Hazel as 'in bringu feda' (Food provider of the Forest), reminding us that Hazel Nuts formed an important element in the Bronze, Iron and Early Christian Irish diet. That Hazel-nuts could be stored well for 2 years, made them a valuable foodstuff.

Ted reminds me that legends preserve and transmit wisdom. The Forest Fable of Finn McCool and the 'Salmon of Wisdom', at an esoteric level, alerts the generations to the nutrient value (Nutrare meaning



to nourish) of the 'Diviner of Hidden Wisdom', the ancient Irish name for our Hazel.

Finn McCool's druidic initiator Finnegas, in his lifelong search for the 'Salmon of Knowledge' that had ingested the Nine Hazelnuts of Wisdom, can hardly have known these facts about Hazelnuts.

#### HAZEL NUTS

\*Contain 50% more protein and carbohydrate than hen's eggs;

\*Hazel Nut oils are packed with 87% unsaturated fatty acids;

They are loaded with Arginine which changes in our bodies into Nitric Oxide that dilates or widens blood vessels and arteries.

\*Hazel Nut oils contain high amounts of

- Vitamin E
- Magnesium,
- Copper,
- Folic Acid,
- Potassium,
- Fibre

Vegetable Protein.

Our Hazel, which is more of a shrub than a tree, is

pollinated by the wind. It's male flowers or catkins emerge from mid-February to the enormous relief of Bumble Bees, (nature's tankers of nectar), who arrive to gorge on it's protein-rich pollen.

You can scrutinize for the tiny arrestingly crimson female flowers on the same specimen at the 2 acre FOREST OF THE NOBLES which you can find between Macroom Golf club car-park and the Sullane River.

This was started in March 2014 and I believe it is well worth a visit to see how it is progressing. In fact, as I tell Ted, that is exactly what I will be doing very soon.

For now, I would like to sincerely thank Ted Cook for once again sharing his knowledge with us, and look forward to speaking with him in the future.

If anyone would like to share any information regarding this piece or contribute an environmental article to this publication, please contact me [chrisleevalley@gmail.com](mailto:chrisleevalley@gmail.com)

Remember you can always contact the Environmental Group by email [macroomenv@gmail.com](mailto:macroomenv@gmail.com)



Children from Inchigeela National School who took part in 'Wrap and Read' as part of World Book Day 2023. Each child went home with a wrapped book belonging to another child as a way of celebrating World Book Day 2023 and to promote reading amongst the children.





**FULL  
PROGRAMME  
OF EVENTS  
2023**

**2023**

# St. Patrick's Day Macroon



**PARADE COMMENCES AT 3.30 PM**

**Programme of Events 2023**

**Featuring**

**Cullen Pipe Band  
Woodland String Band**

**PRE PARADE**

**2pm Music with Tim Joe & Ann on the Reviewing Platform  
2.30pm Aghinagh Comhaltas**

**POST PARADE**

**Woodland String Band Recital  
Live music in the bars**



**Cork County Council**  
Comhairle Contae Chorcaí  
(Macroon/Millstreet Municipal District)







# Programme of Events 2023

## **SATURDAY MARCH 11TH 8PM**

Castle Hotel

Flower of Macroom selection, compared by Alf McCarthy.

Entry €10 - Tickets at the door.

## **MONDAY 13TH MARCH 8PM**

Castle Hotel - 70's Theme night

Dress up in your style, join the fun, this is not to be missed.

## **WEDNESDAY 15TH MARCH 8PM**

Castle Hotel

Karaoke Contest followed by a brilliant music session with the local Piledrivers.

## **FRIDAY 17TH MARCH**

11.30am - International Mass - St. Colman's Church Macroom

2pm - Live music on the platform in the Square

3.30pm - Parade commences.



*Best wishes and success from  
Millsreeth/Macroom Municipal District.*







# St. Patrick's Week Entertainment

*Lee Valley Enterprise Board Presents*

## 'The Flower of Macroom 2023'



**Castle Hotel**

**Saturday 11th March at 8:00pm**

Tickets €10 available at the door  
(can also be pre booked by phone  
02620544 or email: [lventerpriseboard.ie](mailto:lventerpriseboard.ie))



## The Flower of Macroom

Pictured left: Levi Healy,  
Lilly Healy, Jackie Healy.





## Chairman's Message

The organising committee of the St Patrick's week Festival have put together the usual high quality parade that is synonymous with St Patrick's Day Parade in Macroom featuring music, dance groups, clubs, marching groups and from Philadelphia, The Woodland String Band who have been coming to Macroom since the year 2000. This year they bring a thirty piece strong marching band as well as ninety American visitors to our town. This will give Macroom and the Lee Valley Area a huge financial boost. I would like to take this opportunity to thank Tom and Mary Loomis for continuing this strong friendship that now exists between our friends in Philadelphia and Macroom. In fact our connection with Philadelphia goes way back to 1656 when William Penn, founder of Pennsylvania spent his younger years here in Macroom Castle.

The Committee are appealing to all clubs, associations and businesses in Macroom and the Lee Valley to participate in this year's parade. While doing so it will help to promote your club/business and also help the organisers to make the parade more attractive and enjoyable to watch. We are hoping that everyone will get involved in making this parade a very worthwhile Community event.

Our sincere thanks to our main sponsors Macroom Municipal District Council and all our local Sponsors for their financial support. We would also like to thank our volunteers, Council outdoor staff and An Garda Síochána for their help and cooperation in organising this week long festival.

Pat O'Connell  
Chairman,  
Lee Valley Enterprise Board

## Main Sponsor - Macroom/Millstreet Municipal District

*Remember: Shop Local ... Keep Jobs*



### Supporters of the Festival

Auld Triangle  
Betsy's Macroom  
Castle Hotel  
Cave Connections  
Coolcower House  
Cork Co-Operative Mart  
Credit Union  
Deasy's Pharmacy

Evelyn Mc Sweeney  
Haven Pharmacy  
Killian Lynch  
Macroom Dental Practice  
Matt Murphy Pharmacy  
M & J Kelleher Oils  
O'Flynn Medical  
Richaldine B & B

Satori Clinic  
Super Valu  
Ted Kelleher First Aid & Hygiene  
T P Cotters Bar  
Val's Take Away  
Vaughan's Café

*Please, at all times support the people who support us.*

*Remember... Without their help this festival would not be possible*

### PARKING

There will be no parking on the Main Street from 8.30 a.m. on St. Patrick's Day. We request your co-operation with the Garda Síochána and parade marshals in this matter. There will be no through traffic from 2.30 p.m. to 5 p.m. Diversions will apply. Off street parking is available at the Mart, Fair Green Car Park, at the Bridge and Castle Grounds. Patrons are advised to be in Macroom no later than 2 p.m. to avail of easy access to car parks. A tow truck will be in operation from 1.30 p.m. to 3.30 p.m.



# KILLIAN LYNCH AUCTIONEERS

VALUERS & ESTATE AGENTS



Middle Square, Macroom t: 026 41421 | m: 086 3837543 | Hours: 9.30 to 5.30 Mon - Fri

The Square, Millstreet t: 029 21706 | Web: www.klauctioneers.ie | Email: info@klauctioneers.ie



**NEW TO THE MARKET**

**MAHALLAGH, CARRIGADROHID, MACROOM, CO. CORK, P12F654**

Killian Lynch auctioneers are pleased to offer this 4 bedroom bungalow on C.0.86 acres. The property which is in very good condition throughout comprises of C.1041 sq ft living accommodation and is an ideal family home with beautiful southerly views. The property has much to offer and is located on C.20 minutes drive from Ballincollig, C.15 minutes from Macroom, C.5 minutes from Coachford with all services and amenities and C.25 minutes from Cork City. BER: C2

**GUIDE PRICE: €280,000**



**NEW TO THE MARKET**

**LOWER CODRUM, MACROOM, CO. CORK**

Killian Lynch auctioneers are pleased to offer this 3-bedroom bungalow on C.0.24 acres. The property which comprises of C.770 sq ft living accommodation is in good condition throughout. The property is of block and prefab construction and has loads of potential and space for further development. Situated in a most convenient location only C.15 minutes' walk from Macroom town centre and C.30 minutes' drive from Cork and Killarney. BER: G

**GUIDE PRICE: €130,000**



**UNDER OFFER**

**18 GLEANN ARAS DRIVE, GRENAGH, CO. CORK, T23 CC1P**

Killian Lynch Auctioneers are pleased to offer this 3-bedroom mid terrace house. The house which is in good condition throughout comprises of C.990 sq ft living accommodation and comes with front and rear gardens. This property is an ideal starter home located on the outskirts of Grenagh village, C.20 minutes from Mallock and C.25 minutes from Cork city. BER: B3

**GUIDE PRICE: €225,000**



**UNDER OFFER**

**CLASHANAFFRIN, OVENS, CO. CORK, P31 E275**

Killian Lynch Auctioneers are pleased to offer this 3 bedroom bungalow and out buildings on C.0.4 acres. The property which comprises of C.928 sq ft living accommodation is in need of modernization throughout but has great potential to be a family home with either renovation or extension. There are panoramic views towards Cork city and surrounding countryside. This property is situated in a much sought after area only C.3km from Killurney village, C.10 minutes from Ballincollig and C.15 minutes from Cork city. This is a rare opportunity not to be missed. BER: G

**GUIDE PRICE: €280,000**



**UNDER OFFER**

**MULLADH NA REIDH, CLONFADDA, MACROOM, CO. CORK, P12VN88**

Killian Lynch auctioneers are pleased to offer this 4 bedroom bungalow on C.0.5 acres. The property which is situated in a much sought after area comprises of C.1342 sq ft living accommodation throughout and is in need of decoration. This is an ideal family home with uninterrupted views over the surrounding countryside and is located only C.5 minutes drive to Macroom town centre and 30 minutes drive to Cork city and Killarney. BER: E1

**GUIDE PRICE: €275,000**



**VIEWING ADVISED**

**RALEIGH SOUTH, MACROOM, CO. CORK, P12DC94**

Killian Lynch auctioneers are pleased to offer this stunning 4 bedroom bungalow on C. 0.56 acres. The property along with its spectacular panoramic views comes with C.959 sq ft living accommodation. This property is situated in a scenic, quiet area & must be seen to be appreciated. Only C.7 minutes drive to Macroom town, C.40 minutes drive to Cork city & Killarney. BER: D1D1

**GUIDE PRICE: €315,000**



## Gleann an Fhia

GURTEENROE, MACROOM Co. CORK



## 2 & 3 Bedroom Architect Designed Homes

**Limited Availability**

Show House Available for Viewing

**- PHASE 2 RELEASED -**




**www.gleannanfhia.ie**





**JOIN OUR TEAM**

**STORE MANAGER**

DAIRYGOLD CO-OP SUPERSTORES,  
FIRMOUNT, CO. CORK

Dairygold have an exciting opportunity for a Store Manager to join their dynamic and innovative Team. Retail Experience is essential and Agri Knowledge is an advantage.

**BENEFITS INCLUDE:**

- Competitive Wage
- Pension Scheme
- Employee Training and Development
- Healthcare Benefits
- Employee Assistance Programme
- Long Service Awards

Apply in store or online at [www.dairygold.ie/careers](http://www.dairygold.ie/careers) or email [careersdg@dairygold.ie](mailto:careersdg@dairygold.ie)

DAIRYGOLD CO-OPERATIVE SOCIETY LIMITED IS AN EQUAL OPPORTUNITIES EMPLOYER.



**MACROOM SENIOR CITIZENS HOUSING DEVELOPMENT LTD**

We require a  
**CARE ASSISTANT**  
FULL TIME

For our Residential Centre  
**Sullane Haven, Lucey's Lane, Macroom.**

*Qualification: Health Services Skills QQI Level 5.*

Application & C.V. to:  
[macroomseniorcitizens@gmail.com](mailto:macroomseniorcitizens@gmail.com)

*Gardening Assistant*

Required for  
**LARGE PRIVATE GARDEN**  
near Coachford

A Physically Fit  
and Hardworking Assistant  
required to join our Existing  
Gardening team.

**FULL OR PART-TIME  
POSITIONS AVAILABLE.**  
Hours are Flexible.

- Gardening/Horticultural Experience preferred but not Essential
- Salary Comensurate with Experience
- Immediate Start

E: [pscarnon@gmail.com](mailto:pscarnon@gmail.com)  
with your details



**REQUIRE**

**EXPERIENCED OFFICE ACCOUNTS ADMINISTRATOR SERVICE INDUSTRY**

**5 days per week, 8am to 5pm, Macroom.**

As Office Accounts Administrator you will be dealing with customers and clients and are required to be capable of efficiently and professionally dealing with customers, managing customer's orders and enquiries whilst maintaining a high standard of customer service. The role will involve office administration duties.

The ideal candidate will:

- Have a minimum of 5 years' experience in a similar role, with a proven record of their skills.
- Accounts experience.
- Possess a pleasant personality.
- Strong organisational Skills
- Display excellent communication skills.
- Be articulate and be capable of anticipating customer requirements.
- Be computer literate and capable of multi-tasking.

Benefits:

- Competitive Salary for the right candidate.
- On-site parking
- Training programmes.

Interested candidates email their CV to HR at  
[info@petrosystems.ie](mailto:info@petrosystems.ie).



**Daffodil Day Fundraiser** 

IN AID OF THE  
**Irish Cancer Society**

*At Tadhg O'Leary's Bar  
Bealnamorrive*

**Saturday the 25th March**  
11am to 6 pm  
- Cake Sale  
- Meet up with friends  
- Enjoy a cup of tea or coffee and chat  
All welcome!



**4 Paws Boarding Kennels**

**GROOMING** \*FETAC Certified Groomer\*

tel: 026 41742 | mob: 087 9850656  
email: [teresa4paws@hotmail.com](mailto:teresa4paws@hotmail.com)

**Mountcross, Clondrohid, Macroom.**  
(3 miles from Macroom on Millstreet Road)




  
**The Lake Hotel**  
• KILLARNEY •  
★ ★ ★ ★

**IS CURRENTLY RECRUITING**

for a  
**RESTAURANT  
MANAGER**  
to join our team.

The Manager will oversee the running of our  
Fine Dining Castlelough Restaurant and our very  
busy Lake Side Bistro.  
Proven experience in a similar role is essential.

Applications can be e-mailed to  
[sarah@lakehotel.com](mailto:sarah@lakehotel.com)

  
**KILLARNEY**

**WANTED  
MUSIC TALENT BOOKER**


For over 27 years The Killarney Grand has been internationally recognised as one of the best live music & entertainment venues in Ireland. Live bands & traditional Irish musicians & a club DJ perform every night. We also have a piano/cocktail bars upstairs, open on weekends.  
*We're looking for a passionate Music talent booker that will be responsible for live music and events in The Grand.*

**RESPONSIBILITIES**

- Scout music talent for our live band gigs
- Develop a long term music event strategy for The Grand
- Build and maintain relationships with musical talent, talent agencies & talent management companies
- Work alongside the marketing & events team to co-ordinate special events.
- Responsible for technical support, maintenance and repair of audio, light and stage equipment (L-Acoustic PA System)
- Ensure special events audio needs are scheduled, met and executed.
- Assist with event production throughout the venue as needed.
- Keeping up to date with available streams of government funding for the live music sector & applying for grants where appropriate.

**QUALIFICATIONS**

- Minimum of 5 years experience in talent booking and event production
- Ideally have experience working with L-Acoustic PA System
- Detail-orientated and creative, with a hands-on mindset.
- Ability to handle multiple projects simultaneously with great organisational skills
- Must demonstrate strong communication skills when dealing with artists and other in house departments
- Be able to lead and make decisions depending on the team's needs
- Ability to travel to various locations throughout the country to scout new talent.
- Someone who is self-motivated, enthusiastic, driven with a genuine passion for music and fantastic event production.



Please e-mail your C.V. & cover letter to  
[info@killarneygrand.com](mailto:info@killarneygrand.com)





**Omnibus - Sketch of an early horse-drawn bus**  
(Google, un-ascribed).

It is 7.30 a.m., frosty, dark and dry; about fifteen well-wrapped people wait in the morning cold at Macroom Bus Station. The two 7.25 buses have left but the 7.40 (No. 40 Tralee Express) is quicker. Eighteen buses travel to Cork and back on weekdays and less at the weekends. Macroom to the Western Road, even in the morning rush, takes forty-five/fifty minutes. The drivers vary and are varied; the passenger-cast has many regulars; most are students or workers; most are quiet, and the 'talkers' can be heard by all. Sometimes the chatters multi-task when texting and talking. The barrier rises but it is workmen arriving, in dribs and drabs; they are renovating the station building. Eventually the bus comes and we use our cards, phones and even money to access the bus's warmth and comfort.

One of the town's many advantages is its bus service. However, travel was not always as easy as 'hopping' on a bus. It has developed and varied over time. In succession, walking, horses via horse-back, carts or carriages - trains and motor vehicles have dominated. Cork is the most frequent destination of people travelling from Macroom. The history of how Macrompians completed that and other journeys is fascinating.

From 1866, the train was the quickest and most efficient way to reach Cork. Goods transfer became much easier and faster, resulting in a boon to business. One reason Guinness was successful was its use of modern technology: first barges and then trains, for distributing its porter and stout. Others sectors benefitted too. The GAA and other sports organisations begun in the 1870s/1880s took advantage of railways to play matches far from home, and at a reasonable cost. One of the first GAA events was an athletic sports meeting held in Toames, Kilmichael in December, 1884. The presence of a train to Macroom, and a stop at nearby Dooniskey, was a necessity. Athletics, and not hurling or football, was the GAA's early focus. Train technology favoured the spread of 'recreational culture' in its many facets.

As well as transporting people and goods in peacetime, trains were also war machines. During the War of Independence they transported British forces and supplies. And so, trains became targets. Republican sympathisers transmitted information on troop movement and other military matters was via the railways: women, for example Cumann na mBan members, often played key roles and used ingenious methods to convey messages and sometimes guns.

As roads improved, cars and other road vehicle use increased; the greater mobility and range of cars and lorries proved irresistible. After all, Cork train-delivered goods bound for Inchigeela or Ballyvourney needed transport from Macroom to



**Erster Benz - This is a very early motorized bus, developed by Benz.** (Google, un-ascribed).

there. Carts, cars or lorries were the only answer. With advances, road vehicles became more popular and railways went into decline resulting in the Macroom-Cork line closure in 1953. For local travel, the bus became a way to travel.

The word bus comes from the Latin word 'omnibus' (the dative plural form of 'omnis', meaning 'all') and literally means 'for all'. 'Bus' is defined as 'a motor vehicle for transporting large numbers of people along roads'. (It also has a second meaning as an 'electrical conductor or interface'. People, time, place, technology and circumstances interacted to create the modern bus as we know it.

As early as 1830s a steamed-powered bus operated in England (Hancock and Gurney); despite their advantages, high road tolls put paid to bus usage. This led to the use of horse-drawn buses - dearer, slower and harsher on roads. In the 1880s the Sieman brothers invented electric trolleybuses, powered by batteries connected by cables. These were suitable for city/large town routes only. Daimler produced a motorised bus that was first used in London on 23 April 1898; it had a maximum speed of 11.2 mph and a capacity of 20. Twelve years later, Frank Searle's designed double-decker entered service in London and was used in World War 1 activities. General Motors in America developed mass-production of buses and 'truck' there. The Routemaster was developed in the 1950s; it introduced many innovations; its features included using light-weight materials, power-steering, independent front suspension, and power-hydraulic breaks. The present-day bus is still based largely on this design.

In the meantime, 1925 legislation had amalgamated all Irish Free State railways as GSR (Great Southern Railways). The exceptions were railways that crossed the border, primarily the GNR (Great Northern Railway). GNR also decided to enter the bus business, starting in 1929. Their network was based around the northeast, and the first bus route was a Drogheda town service. But they also brought bus services to routes close to the rail line in north Dublin e.g. Howth, Malahide, Skerries. Gradually, the system expanded and incorporated more services.

The early vehicles were primitive, petrol-engined, mostly small, seating about 14 passengers, and with few passenger comforts, even having solid tyres. They came from a variety of suppliers and typically had quite short lives in service. The bus scene was chaotic, with little regulation and intense and often dangerous competition. Legislation in 1932 effectively eliminated competition and forced private operators to be taken over by the main companies. Dublin United Tramway Company (DUTC) had an effective monopoly by 1936 (Old Dublin Town website, downloaded 6



**Macroom's first school bus, in 1968. Included are Danny Lynch, driver, Tommy Lenihan, station master and possibly his daughter, Margaret.**

February, 2023). While buses and their subtypes (mini, shuttle, double-decker, trolley etc.) are used and modified for many purposes, it is in the area of public transport that the bus has come into its own.

Córas Iompar Éireann (CIE) was formed in 1945, amalgamating the GSR and DUTC. By then, Cork had a fleet of buses covering the city and parts of the county. In 1958, GNR was absorbed, with CIE taking its city and provincial routes and 158 buses. Macroom Urban District Council passed a motion in September 1946 decriing the increased parcel charges of CIE. (Nationalist and Leinster Times, September 07, 1946). By 1947, CIE had substituted lorries to transport goods to Macroom. (Southern Star, 22 March, 1947). The newspaper writer looked forward to restoring trains, especially to service the town's important fairs. Alas, it was not to happen. The Lee Electrification Scheme, coupled with other factors, spelled the death knell of the Macroom-Cork line as part of it would be flooded. The last train left Macroom in 1953 amid much sadness. Lorries, cars and buses were now the only conveyances in operation.

The first reference to a Macroom bus I found was in a February 24, 1927 Cork Examiner advertisement which offered a first-class trip to Cork for 2/-; see picture. The bus left from William's Hotel (now the Castle). This was perhaps propitious, as when Dan Buckley, Killarney bought the same hotel (then Ronan's) he arrived in Macroom by bus, and with a suitcase and two greyhound dogs. Both Buckley's hotel and its dog enterprise have flourished since. The Castle Hotel continued as the Macroom bus-stop for many years until it moved to its current location, in the old railway station, in Railway View. Many families made great contributions as station masters, drivers and conductors to Macroom. One thinks of Tom Lenihan, Con O'Leary (Massytown), Michael Cahill, Charlie Leonard, Ted O'Leary, Peter O'Leary, Seán Twomey, Willie Sheehan, Jim Donova, Con O'Leary (Clondrohid), Patrick Twomey, Denis Dineen, Tom Fitzgerald and many others. (Apologies to those omitted.) Some went on to become inspectors.

Various historical incidents occurred on trains, trams, trolley-buses and buses. In 1913, Larkin's ITGWU members were locked-out by the DUTC, owned by William Martin Murphy, the leader of the owners/employers who were set to break Larkin, his ideas and his union. Larkin sought a right for workers to join his ITGWU union and a decent living wage. Many union members and workers were living in abject squalor in Dublin's notorious tenements. The workers were forced back to work but within a few years, the ITGWU had regained its power and numbers. Larkin's fellow union leader, James Connolly was driven to form the Irish Citizen



# Could This Be Causing Your Headache?

There are many culprits blamed for headache triggers; certain foods like chocolate, sunlight, stress and tension for example.

Whatever you consider to be the trigger for you – please remember that headaches are common but they are not normal.

Medication only masks the symptom instead of addressing the problem.

As Chiropractors we determine if the root trigger for headaches is related to poor function of the spine, caused by perhaps an old injury, poor posture or as a result of nerve irritation.

We effectively correct and treat the underlying cause as opposed to just treating the symptoms.

By performing a comprehensive examination and taking a medical history we determine the underlying cause (or trigger) of your headache.

We recognise areas of the spine that aren't moving properly in a gentle way with an adjustment.

The Chiropractic adjustment helps restore essential spinal curves to reduce nerve irritation as well as improve circulation.

Correcting your neck and back will help alleviate pain, tension and help prevent future headaches and migraine.

We also advise on positive lifestyle changes to enhance your wellbeing.

The body has an amazing ability to function better and heal when the brain and spinal cord functions at optimal capacity. Headache sufferers deserve to know that there is another answer beyond the bounds of drugs and pills which keep them trapped in a cycle of medicinal pain management.



By Dr. Ben Martin of Optimal Chiropractic



**We invite you to have an initial consultation for €40 (instead of €85)**

This includes documenting your history and taking scans to determine the exact cause of your symptoms.

**Please call 021 487 8465 to book your appointment.**

Please Note: When you ring to book this special offer our team will request €40 to secure the appointment. Thank you.



Mary Dennehy

DipFH MCFHP

Qualified Nurse

*Foot Care in Your Own Home  
Clinic Appointments Available*

Nail Cutting, Hard Skin/Callus and Corn Removal, Treatment of Athletes Foot and Verruca, Diabetic Foot Checks and all General Foot Care

**Tel: 089 2301024**

Fully Insured with The Institute of Chiropodists and Podiatrists. Member of The College of Foot Health.



# DON'T PUT UP WITH PAIN.

**€40  
SPECIAL  
OFFER**

At Optimal Chiropractic we treat a wide variety of conditions including back pain, neck pain, leg pain, sciatica, migraine, headaches and fibromyalgia.



**Mention this advert & receive a consultation, full examination including scans and follow-up visit for only €40 (normally €85)**

**CALL 021 487 8465  
STATION RD., BALLINCOLLIG**





Army which fought in the 1916 Rising, and for which Connolly was executed.

Rosa Parks' bus protest in Montgomery, Alabama on 1 December, 1955, led to her arrest for not complying with the state's bus segregation laws. Her 'crime' was to refuse to give her bus place to a white male. A bus boycott followed and the case led to the US Supreme Court overturning Alabama's Bus Segregation Laws – they were adjudged unconstitutional. And it proved a very important step in Martin Luther King's Civil Rights movement. (<https://www.history.com/topics/black-history/rosa-parks>).

Donough O'Malley introduced free secondary education in 1967 and by 1970, secondary school numbers trebled. Significantly, he also introduced an associated school transport which enabled rural children to avail of the opportunity created (Seamas Ó Buachalla, 'Education Policy in The Twentieth Century' {Wolfhound Press, 1988}).



The 233, 9.00 a.m. bus, 19 Feb., 2023 about to leave Macroom Bus Station. Mark Healy, Inniscarra is the driver. (C. Kelleher).

Danny Lynch was one of the first school-bus drivers in Macroom. Nowadays, not having access to a bus place is deemed an abuse of one's constitutional rights. Buses, sometimes modified, offer transport to centres of special education.

And so we come back to the cold morning in

Macroom. The bus duly arrives and we are on our way. The workers continue to roof the old historic building. Creating an inside waiting-room will be a major part of the restoration. But there is much room and CIE are apparently open to suggestions and ideas as to how best to use the rest of the building. People will have many and varied proposals. For me, Macroom badly needs a repository for old, invaluable artefacts of Macroom's history. Items such as John O'Reardan's original pantomime scripts, minute books of Macroom, Golf, GAA, and Bridge Clubs, of the ICA Guild, old photographs etc. need a proper 'home' where they will be preserved for posterity and available to the people of Macroom.

That morning on the bus, I got through two chapters and almost missed my stop in the Western Road. Macroom is a good place to live and our great bus service is another cherry on our cake.

## Crookstown Vintage Club

Following a "long awaited" successful return to our various Club events last year, we are going to "fire up the engines" again this year starting off with our Annual Club Run.

Our Annual Vintage Weekend will take place later in the year. This year's attraction being Sean Keane,

tickets will be available from the Club.

We are so appreciative of all the support we have received from people throughout our 34 years, and all the participants who join us year after year..

This year's Club Run will be in aid of the Mercy Hospital Cancer Ward and will take place on

Sunday 19th March. Registration at Clifford's Bar from 10.30am. Parking in Cronin's yard.

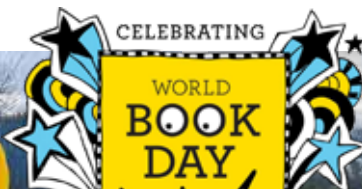
Further information contact Tony 087 2677867... Declan Corcoran, Club PRO



Photo shows Declan, Joe and Margaret Corcoran with their recently purchased 1952 Austin Devon, and the older photo shows Declan with his father Sean who owned the same car back in 1972.



Afternoon children of Phylls preschool celebrating WORLD Book day with their teachers Rowena & Sandra.



Pupils from Ballyvongane National School Bealnmorrive who kindly came to read stories to the preschool children on World Book Day.





★  
**CROOKSTOWN  
VINTAGE CLUB**

**ROAD RUN**



• Cars • Tractors • Motor Bikes  
**Sunday March 19th 2023**

- Registration at Clifford's Bar from 10.30am
- Parking in Cronin's Yard

*In Aid of Mercy Hospital  
Cancer Ward*



For further information contact Tony McCarthy  
**087 2677867**



## IRISH MEP, BILLY KELLEHER, TO BE APPOINTED TO NEW EUROPEAN PARLIAMENT SUB-COMMITTEE ON PUBLIC HEALTH

FOCUS MUST BE ON DELIVERING RESULTS BASED ON REAL EUROPEAN COOPERATION

Fianna Fáil MEP Billy Kelleher is set to be appointed to a new sub-committee in the European Parliament that will focus on the area of public health. The Committee, which received its official approval at a recent meeting of the full Parliament, will be a sub-committee of the Environment, Climate Action and Public Health (ENVI) committee of which Billy is already a sub-committee.

Speaking ahead of his formal appointment as a substitute member by the Renew Europe group, Kelleher said:

"I'm delighted that my political group, Renew Europe, in the European Parliament has decided that I would be one of their representatives on this committee.

"Public health is an area where the European Union can do so much more for its citizens. For decades, Member State governments have jealously guarded its authority over all things health, but the Covid 19 pandemic has shown us all that co-ordinated action on health at a European level can make a decisive difference.

"I believe in the principle of a European Health Union, whereby Member States agree to work together better, and to allow, where appropriate, the European Union, as a whole, to take the lead on certain issues. For example, in the areas of newborn testing and medicines procurement, it makes sense for us to work together better.

"As the Fianna Fáil Health Spokesperson from 2011 to 2018, I am acutely aware of the challenges Member States can face in delivering high-quality, timely health services to its citizens.

"This new committee on Public Health can help shape the conversation at a European level while still respecting individual Member States' rights to decide important, local health policy," concluded Kelleher.




Sile Browne & Alan Donnery of the Kenmare Bay Hotel in beautiful Kenmare, Co. Kerry, pictured at the Brides of Munster Wedding Industry Awards on the 12th February in Adare. Co. Limerick, winning "Destination Wedding Venue of the Year 2023".

*"We are over the moon to have received this award and wish to thank everyone who nominated and voted for us. It is a great achievement for all our team at the hotel and furthermore for the wonderful town of Kenmare, which is the wedding destination location of dreams."*

**HAVE YOU A NEWS STORY?**

Contact the Editor by Email: [leevalleyoutlook@macroom.ie](mailto:leevalleyoutlook@macroom.ie)





# KENMARE BAY HOTEL & RESORT YOUR PERFECT WEDDING VENUE *in the heart of Kerry*

EXCEPTIONAL REPUTATION FOR FOOD & SERVICE



STUNNING VIEWS OF THE KERRY MOUNTAINS



THE BEAUTIFUL TOWN OF KENMARE  
ON YOUR DOORSTEP



DEDICATED WEDDING TEAM TO HELP PLAN  
YOUR PERFECT DAY



LAST  
MINUTE  
AVAILABILITY  
FOR  
NEW YEARS EVE  
2023

Read about our recent award on page 42

Contact us today and let us make your wedding dreams a reality!  
Call 064 667 9300 or email [alan@kenmarebayhotel.com](mailto:alan@kenmarebayhotel.com)  
[www.kenmarebayhotel.com](http://www.kenmarebayhotel.com)







## GAA

**ALLIANZ NATIONAL FOOTBALL LEAGUE - DIV 2**

Jan 29 Cork 0-19 Meath 3-14

Feb 5 Kildare 0-7 Cork 2-14

Feb 19 Cork 2-10 Dublin 0-18

Feb 26 Cork 6-18 Limerick 0-12

Mar 5 Clare 1-8 Cork 3-10.

Mar 19 Sun Louth v Cork

Mar 26 Sun Cork v Derry

**MUNSTER SENIOR FOOTBALL CHAMPIONSHIP**

Quarter Final: Cork v Clare, Easter Sunday, April 9th in Ennis, 2pm Semi Final: Winners play Limerick on April 22nd

**MUNSTER U20 FOOTBALL CHAMPIONSHIP**

Semi final: Cork v Limerick or Waterford, April 17th.

**ALLIANZ NATIONAL FOOTBALL LEAGUE - ROUND 4 CORK 6-18 LIMERICK 0-12**

A good day for Muskerry footballers, Luke Fahy and Cian Kiely (Ballincollig), Colm O'Callaghan (Éire Óg), and Chris Óg Jones (Iveleary), all of whom played well and all of whom are showing good form with Cork.

Cork recorded their second league win, their first at home, in Division 2 of the Allianz National Football league, scoring six goals against the Shannonsiders, who remain without a win after four outings. This win gives Cork renewed hope of making the league final.

Cork had four goals scored before half time, Ian Maguire after eight minutes, Colm O'Callaghan then joined his centre-field partner on the goal-scoring sheet, Seán Powter and Brian Hurley just before the break, 4-9 to 0-4 at half time - game all over effectively!

Two minutes into the second half Cork had a fifth goal from interval substitute Conor Corbett, 5-10 now for Cork, all from play! Cork could afford to withdraw players early in the second half, introducing Killian O'Hanlon, Cian Kiely from Ballincollig and the Nemo duo Kevin O'Donovan and Mark Cronin. Cork finished in style with a sixth goal, Corbett's second scored in injury time.

Scorers for Cork: C Corbett 2-1, C Óg Jones 0-6, S Sherlock 0-5 (0-2 f), C O'Callaghan, I Maguire, B Hurley, S Powter 1-1 each, E McSweeney, M Taylor 0-1 each.

Cork: MA Martin (Nemo Rangers); M Shanley (Clonakilty), D O'Mahony (Knocknagree), T Walsh (Kanturk); L Fahy (Ballincollig), R Maguire (Castlehaven), M Taylor (Mallow); C O'Callaghan (Éire Óg), I Maguire (St Finbarr's); E McSweeney

(Knocknagree), S Powter (Douglas), B O'Driscoll (Tadhg MacCarthaighs); B Hurley (Castlehaven), captain, C Óg Jones (Iveleary), S Sherlock (St Finbarr's).

Subs: R Deane (Bantry Blues) for O'Driscoll injured 5, C Corbett (Clyda Rovers) for Hurley half-time, K O'Hanlon (Kilshannig) for Maguire 42, C Kiely (Ballincollig) for Fahy 47, K O'Donovan (Nemo Rangers) for Shanley 60, M Cronin (Nemo Rangers) for Powter 61.

**CLARE 1-8 CORK 3-10**

With the victory of Derry over Dublin the previous evening making a major dent in Cork's hopes of making the Division 2 league final, to ensure Cork's participation in this year's All Ireland series, their focus will have to be on reaching the final of the Munster championship. Cork must travel to Ennis on April 9th (Easter Sunday) to play the Banner and so it was important that the Rebels would defeat Clare in the league and so face the championship en counter with confidence. This Cork did, recovering from a sluggish first half to dominate the home side after the break and emerge deserved winners.

Two goals from Sean Powter and another from Mattie Taylor were all well worked and with a little luck the goal tally could have been even greater.

With two games remaining (Louth and Derry), Cork are out of relegation danger and the bulk of the championship team now looks settled.

Scorers for Cork: Seán Powter 2-0, Matty Taylor 1-0, Brian Hurley (3f) and Chris Óg Jones 0-3 each, Eoghan McSweeney 0-2, Ruairi Deane and John O'Rourke 0-1 each

Cork: Micheál Martin; Maurice Shanley, Daniel O'Mahony, Tommy Walsh; Luke Fahy (Ballincollig), Rory Maguire, Matty Taylor; Colm O'Callaghan (Éire Óg), Ian Maguire; Eoghan McSweeney, Seán Powter, Ruairi Deane; Brian Hurley, Chris Óg Jones (Iveleary), Conor Corbett. Subs: Seán Meehan for Shanley (57), Killian O'Hanlon for Powter (62), John O'Rourke for Hurley (65), Mark Cronin for Corbett (67), Shane Merritt for Maguire (70).

**ALLIANZ NATIONAL HURLING LEAGUE DIV 1 A**

Feb 4 Sat Cork 2-17 Limerick 0-22

Feb 12 Sun Galway 3-22 Cork 4-24

Feb 26 Sun Cork 2-21 Westmeath 0-21

Mar 12 Sun Cork v Wexford, P Uí Chaoimh 3.45pm start

Mar 19 Sun Clare v Cork

**ALLIANZ HURLING LEAGUE - ROUND 3****CORK 2-21 WESTMEATH 0-21**

Cork made it three wins from three in Division 1 Group A of the Allianz Hurling League at Páirc Uí Chaoimh. First-half goals from Shanes Kingston and Barrett give the home side a cushion and they led by seven points at half-time. Westmeath never gave up and had the gap down to five points by the 53rd minute but could not get closer and the result means that Cork need one more win from their remaining two games, at home to Wexford next week and away to Clare on March 19, to almost certainly ensure a place in the league semi-finals.

Cork's first goal arrived in the third minute, Tommy O'Connell found Shane Kingston in space and the Douglas man finished well. Cork had six points in seven minutes after that, the St Finbarr's trio Brian Hayes, Ben Cunningham and Conor Cahalane all on the scoresheet. Westmeath began to settle into the game and it was 1-9 to 0-6 after 25 minutes but Cork then had their second goal as Brian Hayes found Shane Barrett unmarked and the Blarney man drilled a shot to the net. It was 2-11 to 0-10 for Cork at half time.

Cork only added three points in the opening 15 minutes of the second half, and it was 2-15 to 0-15 with Conor Cahalane's third point, and Westmeath brought it back to five on 53, but the Midlanders needed a goal and Cork were not going to concede one as the game drifted on to its expected conclusion.

Scorers for Cork: S Kingston 1-7 (0-6f), S Barrett 1-2, C Cahalane 0-3, B Hayes, P Power 0-2 each, C O'Brien, E Twomey, C Cormack, T O'Connell, B Cunningham 0-1 each.

Cork: P Collins; E Roche, N O'Leary, G Millerick; C O'Brien, T O'Connell, D O'Leary; S Quirke, E Twomey; B Cunningham, L Meade, C Cahalane; S Kingston, B Hayes, Shane Barrett (Blarney). Subs: E Downey for Millerick (half-time), C Cormack for D O'Leary (45), Pádraig Power (Blarney) for Cunningham (49), D Connery for Quirke (61), C Walsh for Barrett (67).

Munster Senior Hurling Championship (round robin format)

Cork v Waterford April 30th, Páirc Uí Chaoimh 4pm

Cork v Tipperary May 6th, P Uí Chaoimh 7pm Cork away to Clare 21st May and then away to Limerick May 28th.



Aghabullogue who beat Naomh Abán by 0-11 to 1-07 in the Cork Credit Unions Div 4 Football League



Naomh Abán who lost to Aghabullogue in the Cork Credit Unions Div 4 Football League



# WANDER WILD®



## IRELAND'S GREAT OUTDOORS FESTIVAL

wanderwildfestival.com

**24th-26th  
MARCH 2023**

FOR WANDERERS OF ALL AGES AND ABILITIES

CONQUER CARRAUNTOOHIL

KAYAK & BOAT TOURS

TRAIL RUNS

ROCK CLIMBING

BLUE POOL EXPERIENCE

GUIDED CYCLES

PARK PONY TREKS  
NIGHT PARK WALKS

HIKES

OPENING CEREMONY

URBAN ORIENTEERING | AND MUCH MUCH MORE!

WANDER WILD WELLNESS

SUNRISE DIP | LIGHT THERAPY  
HOSTED BY SALTY SEA SISTERS

SAMHRADH SAUNA | MEDITATION

"FIND YOUR CALM" | DANCE

YOGA | WIM HOF METHOD WORKSHOP

WANDER WILD KIDS ACTIVITIES

ANIMAL ROADSHOW

DRAMA, DANCE & SINGING

GRUFFALO TREASURE HUNT

& MUCH, MUCH MORE!

WANDER WILD CULTURE & CRAIC

FOOD TOURS

SHANE FINN PUSHING LIMITS LIVE PODCAST

FILM PREMIERS

# MUNDY & FRIENDS

AT ST. MARY'S CHURCH - KENMARE PLACE

**tickets on sale now**







Liam Wall of Kilmurry GAA winning Sigerson Cup with UCC.



Muintir Mhúscraí ag ceiliúradh sraith an Mhéan Oirthear le Jumeiradh Gaels don chéad uair riamh sa chlub.

Munster U20 Hurling Championship (Round Robin) Cork v Waterford in Cork, Wednesday, March 29th, 7pm.

#### LGFA LIDL NATIONAL LEAGUE - DIV ONE

Jan 22 Mayo 0-12 Cork 2-11  
Jan 29 Waterford 2-9 Cork 2-9  
Feb 5 Cork 3-15 Dublin 4-13  
Feb 19 Galway 1-15 (18) Cork 4-4 (16)  
Feb 26 Cork 5-11 Donegal 0-1  
Mar 19 Cork v Kerry  
Mar 26 Cork v Meath

#### CORK 5-11 DONEGAL 0-1

Cork cruised to their second win in the Lidl NFL as they were far too strong for Donegal in their clash at Mallow. Early goals from Libby Coppinger, Orlaith Cahalane and Rachel Leahy put Cork on their way to victory and they never looked back from here. The Rebels completely dominated and such was their superiority it allowed manager Shane Ronayne to make 14 subs in the second-half. Donegal have yet to win a game in this year's league.

Scorers for Cork: L Coppinger 2-2, O Cahalane 1-0, R Leahy 2-0, K Quirke (1f), E Kiely 0-2 each, E Jack, A O'Mahony, S McGoldrick, A Ring, E Twomey 0-1 each.

Cork: M O'Sullivan; M Duggan, E Meaney, R Phelan; S Kelly, A Healy, R Leahy; H Looney, S Leahy; L Coppinger, K Quirke, Emma Cleary (Éire Óg); Orlaith Cahalane (Éire Óg), E Kiely, C O'Sullivan. Subs: A O'Mahony, M O'Callaghan, E Jack (all 35), D Kiniry, S Murphy, B O'Sullivan, all on 41, Sadbh McGoldrick (Éire Óg) and A Ring 47, Amy McDonagh and Lydia McDonagh (Naomh Abán), both 49, E Twomey, K Redmond, I Sheehan and Rosie Corkery (Naomh Abán), all 55.

#### CAMOGIE - VERY IRELAND NATIONAL LEAGUE DIVISION 1A

Feb 18 Cork 3-17 Dublin 0-5  
Feb 25 Cork 2-19 Clare 1-10  
Mar 4 Tipperary 1-12 Cork 1-14  
Mar 18 Sat Kilkenny v Cork  
Mar 26 Sun Cork v Galway

#### CORK 2-19 CLARE 1-10

Cork made it two wins from two in the Very National Camogie League with a team showing five changes from that which defeated Dublin in the opening round. The first half at Páirc Uí Rinn was a quiet affair and Cork held a seven point lead at half time. Coming up to half time and playing with a strong wind, Cork led by 0-8 to 0-5 but finished out the half strongly to lead by 0-12 to 0-5 at the break.

Amy O'Connor was again on the mark after

halftime with two points, one from play. A free for Clare yielded a point before Cork effectively struck to decide the contest. Sorcha McCartan hit two points, Amy O'Connor finished to the net after pouncing on a bad puck out, 1-16 to 0-7 to Cork on 45 minutes. Sorcha McCartan took over the free-taking duties from O'Connor as Cork used six substitutes. A Clare goal on 56 minutes was followed by one for Cork substitute Kate Wall whose long range shot finished in the Clare net. Cork now top the table with Tipperary, and these teams meet in the next round.

Scorers for Cork: A O'Connor 1-8 (0-2 f, 0-1 45), S McCartan 0-4 (0-2 f), K Wall 1-0, F Keating 0-2, S McCarthy, H Looney, I O'Regan, C Healy, E Murphy 0-1 each.

Cork: M Lynch; Meabh Murphy (Ballinora), L Coppinger, M Cahalane; I O'Regan, L Treacy, L Hayes; H Looney, S McCarthy; C Sigerson, F Keating, Cliona Healy (Aghabullogue); A O'Connor (c), O Cahalane, S McCartan.

Subs: E Murphy for C Sigerson and A Healy for C Healy (43), A Smith for O Cahalane and A O'Neill for L Hayes (48), K Wall for A O'Connor (53), C Finn for S McCartan (58).

#### TIPPERARY 1-12 CORK 1-14

Cork retained their unbeaten record, 3 wins from 3 outings, at The Ragg and remain on top of Division 1A league with every chance of reaching the league final.

It was a hard won victory and Cork should benefit from the tough Tipp challenge after two rather easy league wins earlier.

In the 11th minute, Cork took the lead through a marvellous goal from Orlaith Cahalane and the Rebels led by 1-8 to 0-5 on 26 minutes. Tipp had a strong finish to the half, and were led by 1-8 to 0-7 at the break with the Cork defence outstanding. Tipp levelled early in the second half and only good saves kept them from hitting the front. Amy O'Connor and Roisín Howard swapped points before Cliona Healy and Caoimhe Maher did likewise, 1-10 each inside the final quarter. Cork went two points clear, points were exchanged, Tipp cut the gap to a single point on 67 minutes. From the puck-out, Cork worked through to Fiona Keating who fired over to give her side a two-point win.

Cork: A O'Connor 0-5 (0-2 f, 0-1 45), O Cahalane 1-0, S McCartan 0-2 (0-1 f), F Keating, Cliona Healy 0-2 each, C Sigerson (f), S McCarthy, E Murphy 0-1 each.

Cork: A Lee; M Murphy, L Coppinger, M Cahalane; I O'Regan, L Treacy, L Hayes; H Looney, S McCarthy; C Sigerson, F Keating, Cliona Healy (Aghabullogue); A O'Connor, O Cahalane, S McCartan. Subs: A Healy

for H Looney (40), E Murphy for C Sigerson (48)

Very Ireland Div 2 league game, Cork Intermediates Aoife Barrett, Meadhbh Ring, Emma Flanagan, of Aghabullogue: Aoife O'Callaghan, Éire Óg, and Rose Murphy and Cliona Dooley of Ballinora were all on action with Cork.

#### CORK 4-20 TIPPERARY 0-2

Cork Intermediates made a winning start to their Very Division 2B National Camogie League campaign as they overcame Tipperary in sun-drenched Castle Road.

In all sectors Cork were dominant and as the scoreline indicated they controlled the game all through. They were strong in every line and played with great composure and despite playing minus several of last season's side that reached the All-Ireland final they were never really troubled.

Scorers for Cork: L Homan 2-3 (0-1 f), H Ryan 0-8 (0-4 f), C Dooley 1-2, R Murphy 1-1, C O'Leary 0-3 (0-1 f), L Allen, C Keane, L Hallihane 0-1 each.

Cork: S Beausang; N O'Leary, A Walsh, A Barrett; M Ring, A O'Callaghan, A Moloney; R Harty, E Flanagan; R Murphy, L Allen, C O'Leary; L Homan, H Ryan, C Dooley. Subs: L O'Sullivan for A Walsh (44), L Doyle for M Ring (44), A Cashman for E Flanagan (48), O Mullins for H Ryan (48), T McCarthy for L Allen (50), C Golden for R Harty (50), C Keane for C O'Leary (51), L Hallihane for A O'Callaghan.

#### 2023 CORK COUNTY LEAGUES

Football: In the Cork Credit Unions county football leagues there are seven divisions, 10 teams in each of divisions 1 to 6, 8 teams in 7 and in 8. Promotion and relegation applies in every division.

Round 1 results:

Division One: Éire Óg 1-8 Cill na Martra 2-5, Ballincollig 1-3 Nemo Rangers 1-13, Castlehaven 3-12 Carbery Rangers 0-4, Kiskeam 0-7 Douglas 1-8, St Finbarrs 2-8 Valley Rovers 1-11.

Division Two: Béal Átha'n Ghaorthaidh 3-13 Clyda 3-12, Carrigaline 1-10 Clonakilty 0-13, Kanturk 2-15 Aghada 1-7, O'Donovan Rossa 0-11 Fermoy 1-8, St Michaels 1-6 Newcestown 1-9.

Division Three: Rockchapel 1-12 Macroom 3-7, Nemo 0-8 Castletownbere 0-12, Bishopstown 3-12 Ilen Rovers 2-8, Glanworth 1-3 Mallow 5-19,

#### KNOCKNAGREE 1-5 DOHENYS 1-6

Division Four: Aghabullogue 0-11 Naomh Abán 1-7, Kilshannig 1-10 Iveleary 0-7, Bantry Blues 0-10 Newmarket 1-9, Mitchelstown 1-15 Na Piarasigh 0-7, St Vincents 2-8 Bandon 1-9.

Division Five: Ballinora 2-8 Mayfield 3-5, Adrigole 0-8 Boherbue 0-10, Ballydesmond 1-8 Glenville 1-7, Dromtariffe 0-7 Glanmire 2-18, Kinsale 1-9 Millstreet 0-10.

Division Six: Gabriel Rangers v Kilmurry, St Finbarrs





Macroom Team which defeated Rockchapel in Cork Credit Unions Div 3 County League.



Macroom U21 Football team who defeated Kilmichael in the Muskerry U21 Championship at Rusheen.

v Cobh, St Nicks v Buttevant, Urhan v Kildorrery.  
Division Seven: Aghinagh v Ballinhassig,  
Castlemagner v St Michaels, Cullen v Argideen, St  
James v Ballyclough.

Round 2 Fixtures:

Sat March 11th: Div 2 Aghada v Béal Átha'n  
Ghaorthaidh, Naomh Abán v Mitchelstown 5pm  
**DIV 4**

Sun March 12th: Cill na Martra v Castlehaven  
11.30 Div 1, Ballincollig v Éire Óg 1pm Div 1,  
Macroom v Bishopstown 11.30 Div 3, Bandon v  
Aghabullogue 11.30 Div 4, Iveleary v Bantry Blues  
11.30 Div 4, Boherbue v Ballinora 11.30 Div 5.

#### HURLING

In the Red FM county hurling leagues there are  
seven divisions.

The opening round games were played on March  
4th/5th.

Division One: Blackrock, Carrigtwohill, Douglas,  
Erins Own, Fr O'Neills, Charleville, Killeagh, Na  
Piarasigh, Sarsfields, Kanturk.

Division Two: Ballincollig 2-10 Glen Rovers 0-22,  
Fermoy v Bride Rovers, Mallow v Courceys,  
Midleton v Bishopstown, Newtownshandrum v St  
Finbarrs.

Division Three: Blackrock Int 4-22 Inniscarra  
0-17, Éire Óg 1-25 Kilworth 1-15, Ballymartle v  
Carrigaline, Castlelyons v Bandon, Newcestown  
1-19 Blarney 0-17

Division Four: Aghabullogue 2-14 Ballyhea 2-14,  
Ballinhassig v Milford, Cloyne v Valley Rovers,  
Lisgoold v Youghal, St Catherine's v Kildorrery.

Division Five: Cloughdub 1-12 Midleton 2 0-12,  
Argideen v Aghada, Ballygiblin v Watergrasshill,  
Castlemartyr v Dungourney, Russell Rovers v  
Mayfield.

Division Six: Douglas 2, Meelin, Kilbrittain,  
Na Piarasigh 2, Tracton, Sarsfields 2, Barryroe,  
Ballygarvan.

Division Seven: Ballinora v St Finbarrs 2, Éirins Own  
2 v Nemo, Glen Rovers 2 v Kilshannig, Valley Rovers  
v Ballinascarthy.

#### MUSKERRY GAA

2023 Muskerry Cup A Final: Naomh Abán 4-15  
Ballincollig 1-8

Muskerry Cup B Final: Macroom 3 - 11 Kilmichael  
0- 15

#### MID CORK LEAGUES 2023

##### FOOTBALL

Division 1 - 8 teams: Canovee v Kilmichael Thurs  
Mar 9th 7pm at Cloughdub, Éire Óg v Inniscarra Mar  
10th 8pm: Ballincollig v Clondrohid, Donoughmore  
v Grenagh, both 4pm Saturday March 11th.

Division 2 East - 8 teams: Dripsey v Ballinora,  
Inniscarra 2 v Ballincollig 2, Aghabullogue v Éire  
Óg 2, Blarney v Donoughmore 2,

Division 2 West - 8 teams: Kilmurry v N. Abán ,

Macroom v Iveleary, Cill na Martra v Béal Átha'n  
Ghaorthaidh, Canovee 2 v Aghinagh 2. (Note:  
Aghinagh 1 are in County League 7).

Division 3 East - 5 teams: Ballincollig 3 v Gleann na  
Laoi, Grenagh 2, Dripsey 2, Inniscarra 3.

Division 3 West - 4 teams: Béal Átha'n Ghaorthaidh  
2, Clondrohid 2, Kilmichael 2, Naomh Abán 2.

**HURLING** - commencing St Patrick's Day weekend,  
18/19th March

Division 1 - 8 teams: Grenagh, Inniscarra, Éire Óg,  
Blarney, Ballincollig, Kilmichael, Donoughmore,  
Dripsey.

Division 2 - 8 teams: Cloughdub, Aghabullogue,  
Uibh Laoire, Inniscarra 2, Blarney 2, Grenagh 2, Éire  
Óg 2, Ballincollig 2.

Division 3 - 4 team (home and away): Laochra  
Óg, Gleann na Laoi, Donoughmore 2, Ballinora 2.  
(Note: Ballinora 1 are in County League 7)

#### 2022 COUNTY DIVISION 3 LEAGUE FINAL AND 2023 COUNTY FOOTBALL LEAGUE DIV 4 KILSHANNIG 1-10 IVELEARY 0-7

In what was billed as the opening round of the  
2023 County Football League Division 4 and the  
2022 County Football League Final, Kilshannig  
were too strong for Iveleary at Donoughmore and  
were well in control in the final quarter. Iveleary  
battled to the end but they had been chasing  
their opponents from as early as the 4th minute  
when Kilshannig star player Éanna O'Hanlon had  
tucked a penalty shot low into the Iveleary net  
and this setback, allied with some poor shooting  
by the Iveleary attack, proved to be disastrous for  
the Mid Cork men's chances. Both sides were short  
their Cork players, Chris Óg Jones of Iveleary and  
Killian O'Hanlon of Kilshannig, and the loss of  
Cathal Vaughan through injury, proved too much of  
a burden for Iveleary against the reigning County  
Intermediate A champions.

Ground conditions at Donoughmore were  
excellent but it was very cold and the easterly wind  
favoured Iveleary in the opening half. They started  
brightly, Conor O'Leary had the first score of the  
game in the 2nd minute but two minutes later  
Iveleary goalkeeper Joe Creedon tumbled Tom  
Cunningham in the goalmouth, Éanna O'Hanlon  
stepped up for the spot kick and drilled the ball  
low into the Iveleary net. Jack Kearney added a  
point and Kilshannig had got the perfect start.

Iveleary recovered well from these setbacks and  
carried the game to Kilshannig for lengthy periods.  
Brian Cronin pointed a free in the 9th minute, Joe  
Creedon did likewise from a 14th minute '45' but  
their tally of wides was mounting steadily and was  
having a draining effect on their efforts.

In the run in to half time Kilshannig had four points  
in a row without reply, two from Cunningham

followed by another brace from Kieran Twomey  
and they led by 1-5 to 0-3 at the interval and were  
in a good position with wind advantage in the  
second half.

Iveleary needed to get back into contention  
quickly in the second half but instead it was  
Kilshannig who forced the pace and points from  
Kieran Twomey and O'Hanlon in the opening five  
minutes, two well taken scores, left Iveleary with a  
mountain to climb. Brian Cronin got a point back  
from a free, Darragh O'Sullivan quickly replied for  
the winners and when Barry O'Leary had another  
Iveleary point, O'Hanlon matched it to maintain  
the seven point gap at the three quarter stage.

Kilshannig were in control and were confident  
enough to introduce three simultaneous  
substitutions. A point apiece from Seán Lehane  
and Brian Cronin reduced the gap but Killian  
O'Hanlon had the final score in the 54th minute to  
leave Kilshannig comfortable winners.

Scorers: Kilshannig: E O'Hanlon 1-3 (1-0 pen), K  
Twomey 0-3 (0-1f), T Cunningham 0-2, J Kearney  
and D O'Sullivan 0-1 each. Iveleary: B Cronin 0-3  
(0-2f), C O'Leary, J Creedon ('45'), B O'Leary and S  
Lehane 0-1 each.

Kilshannig: Gavin Creedon: Shane Murphy,  
Eoghan Burke, Shane O'Connell: Bill Curtin,  
Colm O'Shea, Jack Twomey: Brian Guerin, Éanna  
O'Hanlon: Darragh O'Sullivan, Michael Twomey,  
Eoin O'Sullivan: Kieran Twomey, Jack Kearney, Tom  
Cunningham. Subs: Ben Creedon for J Twomey,  
Paddy Walsh for J Kearney and Damien Murphy for  
M Twomey, all on 46, Eoin Healy for E O'Sullivan 50,  
Diarmuid O'Sullivan for T Cunningham 53.

Iveleary: Joe Creedon: Finbarr McSweeney,  
Darren Kelly, Daniel O'Riordan Kevin Manning,  
Seán O'Leary, Timmy Roberts: Ciarán O'Riordan,  
Seán O'Riordan: Barry O'Leary, Conor O'Leary,  
Ciarán Galvin: Brian Cronin, Liam Kearney, James  
O'Donovan. Subs: Seán Lehane for J O'Donovan  
ht, Brian O'Riordan for F McSweeney 35.

Referee: James Birmingham, Bride Rovers



Canovee NS Scór Entrants





## MACROOM GAA

### COUNTY FOOTBALL LEAGUE – DIV 3

Rockchapel 1-12 (15) Macroom 3-7 (16)

Macroom travelled to Rockchapel for the opening round of the Country Football League and reversed last year's championship result by inflicting a one point defeat on the home side. Macroom lost David Horgan to injury after only five minutes but the teams were level at half time Macroom 1-4 Rockchapel 0-7, Dylan Twomey getting the Macroom goal just before the interval. The second half was very competitive, Rockchapel having a slight edge and the home side led by five points with under ten minutes to go. Macroom, with their young emerging players inspired by the displays of battle hardened warriors Fintan Goold, Seán Kiely and Pa Lucey never gave up and their persistence paid off. Shane Meaney struck for a smashing goal to narrow the deficit to two points and in the dying minute Mark Hunt bravely beat the goalkeeper to a high cross and punched to the net to give Macroom victory and a great start to the year. Macroom: Brendan O'Connell: Jack Kelleher, Kieran Condon, Don Creedon: Tony Dineen, Seán Kiely, Mark Corrigan: Caleb Dinneen, David Horgan: Jack O'Riordan, Fintan Goold, Blake O'Gorman: Dylan Twomey, Patrick Lucey, Michael Cronin. Subs introduced: Eolan O'Leary, Darragh Kiernan, Shane Meaney, Sam Kelleher, Jack Sexton, Mark Hunt. Next Up: Macroom v Bishopstown in Macroom, Sunday March 12th at 11.30am  
Rebel Óg – Mid Region  
U 18 Football League Div 2 Section 2  
Macroom 4-13 Kinsale 2-5  
Macroom U18s were at home to Kinsale in their opening league game and a fine second half

performance, which yielded four goals, earned them the points. The first half was very even and Macroom led by one point at half time, 0-9 to 2-2 for Kinsale. In the second half, Macroom struck for four goals, and were convincing winners at the end. Scorers: Oisín O'Sullivan 1-5, Cian O'Callaghan 1-1, David Burke 1-1, Ruadhán McKenna 1-0, Colin Kelleher 0-4, Ryan Sabas 0-2. Team: Jonah Dervin: Roan Mullane, Jamie Murphy, Martin Fitzgerald: James Slattery, Cormac Burke, Bobby Murphy: Cian Noonan, Ryan Sabas: Rory McKiernan, Colin Kelleher, Evan O'Sullivan: David Burke, Oisín O'Sullivan, Mark Condon and Cian O'Sullivan, Kuba, Ray Griffin  
Next Round: Kilmurry v Macroom at Kilmurry, Saturday March 11th at 1pm.

### MUSKERRY CUP B FINAL: MACROOM 3 – 11 KILMICHAEL 0- 15

Macroom won the Muskerry Cup B final at Rusheen, defeating Kilmichael by five points after a most entertaining game. Macroom were deserving winners but they could never relax, not even in the closing stages, as there was very little between the teams. The decisive difference between them was the ability of Macroom to get goals while able to deny Kilmichael a goal on several occasions through good goalkeeping by Jonah Dervin and excellent defending by Ryan Sabas and Brian Healy in front of him.

Macroom started well and Oisín O'Sullivan goal after points from Kieran Doody and Liam Holland settled them early. Kilmichael recovered well and carried the game to Macroom but had to be content with points as superb defending denied them time and again. It was 1-6 to 0-6 at the break

and Macroom were quite content to be in front at this stage.

On the restart, Mark Hunt had a point to which Kilmichael replied. Liam Holland had a point and then Macroom struck for a second goal, Liam Holland the scorer in the 38th minute. When Oisín O'Sullivan added a third goal, again well worked, Macroom were in a strong position but Kilmichael kept chipping away at the lead and Kieran Doody's point in the 45th was the only Macroom score out of seven points scored which left Macroom leading by 3-9 to 0-13 in the 50th minute. Oisín O'Sullivan kicked a badly needed point for Macroom in the 58th minute but Kilmichael pointed another free and laid siege to the Macroom goal and only heroic defending kept them out. A late exchange of points left Macroom still five points clear at the final whistle.

Macroom: Jonah Dervin: Ryan Sabas, Brian Healy: Darragh Kiernan, Sam Kelleher, James Galvin: Ben O'Connell, Jack Sexton: Mark Hunt, Bradley O'Shea (Capt), Liam Holland: Kieran Doody, Oisín O'Sullivan. Subs used: Robert Lucey and Ronan Morey and the panel included Cormac Burke, Darragh Hogan, Danny Galvin, Gerry Kelleher, Bobby Murphy, James Slattery, Cian Noonan, Martin Fitzgerald, Rowan Mullane, Jamie Murphy, Martin Sosa, Liam McSweeney

### CLONDROHID GAA NEWS

Clondrohid GAA send their best wishes to Amy and Lydia McDonagh, who made their senior intercounty debut last week with the Cork Ladies football team.

## MACROOM SOCCER CLUB

### Munster Senior League Division 2, Macroom 4 Youghal Utd 1

A truly resilient performance from the Murray's Bar sponsored Seniors saw them overcome an undefeated Youghal United. Macroom were full value for their win, rattling the onion bag on four separate occasions.

The East Cork outfit started this game brightly with a number of half chances in the opening minutes. However, it was Macroom that would come closest just before the quarter of an hour mark. Following some great play down the left wing from Shane Meaney, his cross found Michael Fitton on the edge of the box but Fitton's attempt with the outside of the boot went narrowly wide. On 24 minutes, Macroom would break the deadlock. An inswinging corner from Mark Hunt found John James Healy, his effort crashing in off the inside of the crossbar, 1-0.

Only minutes later, Youghal looked in for an equaliser following good play down the left. However, a great block by Danny Kelleher limited the damage to a corner. Macroom saw out the opening half with some great defending, Kelleher, Hunt, Meaney and Ben O'Connell all battling resolutely. On 46 minutes, Caleb Dineen was called into action with a strong save to his right to finish up the first half at 1-0.

The second half started at a frantic pace. A combination of Macroom's determination to

secure all three points and Youghal's bid to preserve their unbeaten league record saw some big challenges going in. A flurry of yellow cards kept the referee busy in the run up to the hour mark. On 57 minutes, Youghal won a somewhat dubious free outside the box. The Youghal left back's dead ball evaded everyone and finished in the bottom corner, 1-1. We now had a game on our hands and to Macroom's credit, they didn't wilt and continued to outplay the league leaders. On 67 minutes, Hunt's free from deep found Kelleher at the back post his header going narrowly wide. However, on 76 minutes Macroom would restore their lead. A great through ball from Lloyd Asling found Dylan Twomey in space and he coolly slotted past the oncoming Youghal number one, 2-1 Macroom.

On 79 minutes, Macroom came close to doubling their lead. Twomey threaded through a great ball to Keith Holden but he couldn't find the net from close range. On 83 minutes, Macroom found their third of the afternoon. A great free kick from Mark Hunt on the right wing saw Holden guide a brilliant header to the bottom corner. Macroom would go on to find their insurance goal in the final minutes. A dazzling run from Twomey down the right wing allowed him to fizz in a great ball and Holden had the poacher's instinct to make it 4-1 and round off a great afternoon for the Seniors.

### MSL Div 2, Casement Celtic 3 Macroom 1

The Seniors came up short against a well drilled Casement Celtic side and fell to a 3-1 away defeat at Casement Park. It was clear from the outset that this would be a stern test for Macroom. The surface was far from immaculate and a physical contest ensued from the opening minutes. The home side started brightly with a number of half chances coming from set pieces but, failed to register any substantial effort on the Macroom goal. On 14 minutes, Macroom would open the scoring when John James Healy played in a deft cross to Keith Holden who steered his header home from close range, 1-0 Macroom-A passage of great play on the right hand side between Mark Hunt & Mark Corrigan being the catalyst for Macroom's goal.

The visitors looked to be gaining a foothold in this game but, failed to add to their lead. Some resolute defending from Ben O'Connell & Danny Kelleher kept the city outfit at bay for the most part. However, Casement found the leveller on the stroke of half time following a freak goal. The opening half concluded at a frantic pace with the game really opening up, but the sides went in level at the short whistle.

The second half really saw a dip in quality from both sides, with the condition of the pitch really hindering either side from getting the ball on the deck. On 59 minutes, Cathal O'Riordan swung in a great ball to Corrigan who couldn't steer home





**Michael Dunne, formerly of Macroom FC, who made his U14 League of Ireland debut for Cobh Ramblers v Cork City recently.**



**Macroom FC U17 boys who drew 1-1 with Kilmichael Rovers**

from close range. Only minutes later, Caleb Dineen was called into action, producing a fine save down low to his right following a deflected effort from distance.

The home side went ahead midway through the second half as they caught the visitors on the break. The subsequent effort was finished well to the roof of the net from close range. As the half dragged on, chances were few and far between. However, Macroom came close to equalising in the 72nd minute. A great run from Lloyd Asling down the left channel allowed him to find space. His attempted cutback to Holden in the centre was well intercepted by the covering centre half. The final 10 minutes of this game was played with 10 men on both sides when a number of strong challenges led to the issuing of two red cards.

Still, Macroom went in search of an equaliser. A great inswinging corner from Hunt found a Macroom head but, the attempt went narrowly wide of the bottom corner. The city side would go onto wrap up all three points in stoppage time as they caught Macroom on the counter attack. A valiant effort from Dineen kept the initial effort out but, he could do nothing to prevent the follow up being poked home as Casement sealed a 3-1 victory.

Macroom will be disappointed to come away from this empty handed but, will look to bounce back

Thursday night away to Blarney United in the Senior Cup.

### **U13 Schoolboys**

The U13 Div 9 schoolboys entertained Blackstone Rovers at the Town Park and delivered an excellent 3-0 win. With a large crowd present, the home side started brighter and were ahead when the influential Ollie Thommen scored from close range. Macroom had further pressure with Oisín Rybalka, Daragh McSweeney, Will Wiseman and Ciarán McSweeney playing solidly, the score was 1-0 at the interval. Macroom continued to dominate proceedings and doubled the lead through a fine free kick from the hard working Oliwier Krzepina. Player of the match Thommen had the final word when he blasted home his second and Macroom's third to wrap up the 3 points. A tremendous performance from the whole squad with sound displays from David Kelleher, Ajay Cronin, Oliver Roche and Ryan Lehane. The attitude and determination from every player was a pleasure to witness. Well done to coaches David McSweeney and Tony Kelleher who are doing tremendous work with this group. Thanks also to all spectators for the positive encouragement of the players. The U13 Div 5 team travelled to Mayfield for a league game. The home side were on top in the first half and led 2-0 at half time. Macroom however came storming back in the second half. Will Buckley

halved the deficit after good work from David O'Leary. Then O'Leary struck for the leveller after being set up by Frankie Kiernan. Cormac Healy, Cathal Lyons and Fionn Fitton had fine games for Macroom.

### **Schoolboys Round Up**

The U16A side had a well earned 2-0 win over Strand Utd. Macroom were under considerable pressure in the first half but keeper Daniel Keane was in fine form with a string of saves. But Macroom slowly got into the game and held out to half time with the score 0-0. Macroom were the better side in the second half and slotted two well deserved goals and kept their goal intact for a great win. The support and encouragement once again from the families of the players was fantastic and great to see. The U17s took on Kilmichael Rovers in a Cork youths league game and the local derby finished 1-1. The U11s welcomed Strand Utd to the Town Park and played a number of excellent small sided non competitive games. In U15 Div 6 Macroom A had a great away win over Bandon, winning 1-0. Filip Pilarski was on target to give Macroom the 3 points. The U15 Div 2 side were short a number of players but still earned a deserved point against visitors Corkbeg at the Town Park. Michal Pilat and Cian Kelleher were on the scoresheet and all 14 players made a valuable contribution.



**Macroom FC U13B schoolboys who had a fine 3-0 league win over Blackstone Rovers at the Town Park.**



**Macroom U12 girls after their home game against Premier league leaders Corinthian**





## Looking Back to 2013 - Ten Years Ago

Mid Cork U 21 Football League/Championship 2013

Macroom Motors Mid Cork Under 21 FC

Group 1: Kilmurry, Donoughmore and Macroom

Group 2: Cill na Martra, Canovee, Ballincollig and Inniscarra.

Group 3: Aghabullogue, Béal Átha'n Ghaorthaidh and Iveleary.

Group 4: Blarney, Ballinora, Naomh Abán and Eire Óg.

A special championship for 13-a-side teams will involve Aghinagh, Clondrohid and Kilmichael

Winners of each group to 'A' championship semi finals: 2nd team in each group to 'B' championship semi finals: 3rd team in each group to 'C' championship semi finals.

Group One (3 teams)

Kilmurry 0-10 Donoughmore 1-9

It was cold and wet for this game at Kilmurry but the pitch was in fine condition and the teams served up a very entertaining and competitive encounter. Shane Healy had an early lead point for Donoughmore, Pádraig Berhanu replied for Kilmurry in the 10th minute, both scores coming from frees. Donoughmore were on top and had points from Shane Healy and Leon Cogan but back came Kilmurry and two fine points, one each from Pádraig Berhanu and Alan O'Sullivan, had the sides level by the 21st minute. Alan O'Sullivan then put Kilmurry in front only for Donoughmore to immediately equalise with a point from Leon Cogan in the 24th minute – the final score of the half. Kilmurry 0-4, Donoughmore 0-4 was the score at the break.

On the restart, Shane Healy pointed a free to put Donoughmore in front, Stephen Hartnett equalised for Kilmurry. Shane Healy then put Donoughmore in front again and in the 39th minute Donoughmore got the vital score of the game, a goal from Seanie Daly who rammed the loose ball to the net after a goalmouth scramble. Points from Shane Healy and Alan Twomey had extended the Donoughmore lead to 1-8 to 0-5 by the three quarter stage.

Kilmurry now hit back with points from an Alan O'Sullivan free and one from play by Jonathan Buckley and when O'Sullivan pointed another free the gap was down to a single goal with five minutes remaining. Leon Cogan had a much-needed point for Donoughmore but Alan O'Sullivan pointed a Kilmurry free to leave the single score between the teams and Kilmurry came in search of the goal they needed. Alan O'Sullivan was desperately unlucky not to have found the net with a lob which just went over the bar and so at the finish it was Donoughmore who were in front by a two point margin.

Kilmurry: Gearóid Hinchion: Pádraig Hinchion, Daniel Cahalane, William Crowley: Robert Cahalane, Adam Healy, Sean Curzon: Jonathan Buckley, Stephen Hartnett: Daniel Buckley, Pádraig Berhanu, Oisín McSweeney: Liam Ryan, Alan O'Sullivan, Patrick Grainger. Subs: Michael John Grainger, James Berhanu. Donoughmore: Daniel Buckley: Brian Crowley, Kevin Horgan, Barry Crowley: Mark Foley, Alan Twomey, Jamie Twomey; Shane Healy, Christopher Mangan: Leon Cogan,

Sean Daly, Stephen O'Connor: Gearóid O'Rourke, William Murphy, Gerard Buckley. Subs: Shane Lucey, Anthony Horgan.

Referee: Mr Gerry Masters, Kilmichael.

Kilmurry 3-7 Macroom 1-9

Kilmurry defeated Macroom under lights at Cloughduv, helped by a goal apiece from Pádraig and James Berhanu and Liam Ryan. Kilmurry led by 2-6 to 0-3 at half time and were clearly in a very strong position at this stage. Alan O'Sullivan had scored three of the points with one each from Pádraig Berhanu, Jonathan Buckley and Patrick Grainger. Patrick Lucey and David Horgan scored for Macroom in reply and only a superb save by Kilmurry goalkeeper Jason McDonnell had denied Macroom's Chris Foskett of a badly needed goal. On the restart, Jonathan Buckley rattled the Macroom crossbar with a bullet-like drive but after a strong run by Adam Healy out of defence, James Berhanu was on hand to score Kilmurry's third goal in the 40th minute which put the winners in a near unassailable position, leading on a 3-6 to 0-5 scoreline. Macroom did battle on to the finish and with points from Ricky Murphy, Robbie O'Dwyer and Patrick Lucey and a goal from O'Dwyer they kept the Kilmurry men under pressure but the deficit was too great to make up and so Kilmurry (for whom corner back Oisín McSweeney had a late point) had four points to spare at the finish. Kilmurry: Jason McDonnell: Michael John Grainger, Daniel Cahalane, Oisín McSweeney: Sean Curzon, Adam Healy, Robert Cahalane: Daniel Buckley, Stephen Hartnett: Pádraig Berhanu, Alan O'Sullivan, Jonathan Buckley: Liam Ryan, Patrick Grainger, James Berhanu. Sub: Sean O'Sullivan.

Macroom: Dylan Dinneen: Shane Creedon, Darren Kelly, Noel Murphy: Robbie O'Dwyer, Colm Casey, Emmett Quinlan: David McKenna, David Horgan: Darren Creed, Michael Cronin, Chris Foskett: John Murphy, Patrick Lucey, Michael Browne. Sub: Ricky Murphy for the injured Foskett. Referee: Mr Ger Ahern, Canovee.

Donoughmore 1-9 Macroom 2-8

Donoughmore were on top early on and led by 1-4 to 0-2 after 18 minutes. Shane Healy, Seánie Daly, and Shane Lucey had points and Gearóid O'Rourke had slotted home the goal after 12 minutes. Macroom had a good second quarter and points from Robbie O'Dwyer, Patrick Lucey, David Horgan and Michael Cronin left them only a goal adrift at half time, 1-5 to 0-5. Within a minute of the restart the sides were level when David Horgan finished off a good movement and Patrick Lucey then kicked Macroom into the lead from a free. Donoughmore hit back with three points in a row, two from Gearóid O'Rourke and one from Stephen O'Connor. Lucey pointed a Macroom free and six minutes from time levelled the scores with a point from play. In the 58th minute John Murphy was on hand when a Ricky Murphy shot came back off the upright and slotted home a goal to put Macroom three points clear, a situation which would have given Macroom a place in the B championship semi final. Leon Cogan saved the day for Donoughmore a minute later when he pointed a close range free to have the group finish with each team having one victory each.

Donoughmore: Donal Buckley: Mark Foley, Kevin Horgan, Barry Crowley: Stephen O'Connor, Alan Twomey, Jamie Twomey: Shane Healy, Christy Mangan: Ger Buckley, Seanie Daly, Shane Lucey: Gearóid O'Rourke, William Murphy, Leon Cogan. Subs: Anthony Horgan, Seamus Murphy.

Referee: Mr Timmy McCarthy, Clondrohid.

Kilmurry led the group table with a scoring difference of +2 points, Donoughmore were next on +0 and Macroom third with -2 and so these scoring differences determined the destination of each team for the knock out stages

Group Two (4 teams)

Ballincollig 5-15 Inniscarra 0-6

Ballincollig are reigning champions and on this showing are the team to beat this year again.

Inniscarra: John Dilworth: Cathal Griffin, Brian Gould, Kevin O'Herlihy: Mark McCarthy, Jack O'Dwyer, Liam Collins: Paul Farmer, Jack Galvin: Conor Cronin, Stephen O'Sullivan, Cian Fitzgerald: Declan Browne, Sean Lynch, Tomás O'Connor. Subs: Jerry Roche, Sean Hayes.

Canovee 1-11 Cill na Martra 1-6

If Ballincollig are to be defeated then Canovee are the team most likely to do it. Cill na Martra put it up to the home side at Carrigadrohid but Canovee took the pressure and came out on top after a fine contest. Canovee led by a single point at half time, 0-7 to 1-3 and Cill na Martra were in strong contention at this stage, Shane Dineen's goal in the 11th minute being a major boost. In the 36th minute however Mark Verling blasted a Canovee penalty to the net and the winners never looked back subsequently. Darragh Ring finished with 0-5 to his credit and Daniel O'Sullivan, Seán O'Connor, Liam Kelleher, James Moynihan and Paul Twomey all contributed to the Canovee score sheet. The Cill na Martra point scorers were Dara McLaughlin, John Cronin, Michael Desmond, Shane Dineen, and Danny O'Connell.

Canovee: Aidan Murphy: Donal Cronin, Jerry Lucey, William Ahern: James Moynihan, Damian Ahern, Blake Ring: Paul Twomey, Sean O'Connor: Daniel O'Sullivan, Darragh Ring, John Buckley: Mark Verling, Liam Kelleher, Niall Cronin. Subs: Charles Kenneally, Sean O'Riordan, Jamie Lynch, Cian Lehane, Donal Madden, Colin Murphy.

Cill na Martra: Antóin Ó Conaill: Gearóid Ó Góilí, Pádraig Ó Góilí, Nollaig Ó Loinsuigh: Finín Ó Faoláin, Pilip Ó Lúnaigh, Concubhair Ó Cronín: Peadar Ó Muineacháin, Danni Ó Conaill: Donal Ó Buachalla, Miceál Ó Deasúna, Shane Ó Duinnín: Dara MacLochlainn, Seán Ó Cronín, Liam Ó Loinsuigh. Fear Ionaid: Concubhair Ó Corcora. Referee: Mr John Ryan, Macroom.

Inniscarra 2-4 Canovee 4-14

Canovee continued on their impressive ways with a big win over a game Inniscarra side at Ballyanley. Two goals from Mark Verling, one from a penalty, and one from John Buckley helped Canovee to a commanding interval lead and there was never any likelihood of an upset here. Niall Cronin had the fourth Canovee goal in the second half. Charles Kenneally took the place of James Moynihan in the Canovee defence, the latter being involved with DLS Macroom in the Munster Colleges semi final a day later.

*Continued in the next edition*





About...

## CONOR MAHONY

Conor graduated with a BSc. in Physiotherapy from University of Limerick in 2014. He initially spent some time working in the private hospital system in Ireland before moving to New Zealand. Working there was a perfect opportunity to gain extensive experience across a wide range of areas within Physiotherapy.

With a background in Rugby and GAA, Conor spends as much time outside as possible getting into the mountains or out into the water. Hiking, surfing, biking and rugby are what mainly keep him moving, but anything to be active is an option.

Developing a personalised treatment approach from an extensive knowledge base, Conor utilises a broad spectrum of techniques to achieve an optimum outcome for his clients. From a manual therapy approach to exercise-based therapy, dry needling to pilates and yoga, working with anyone from professional athletes to complete beginners, Conor will get you back to where you want to be.

Conor has been working in the Kerry Physiotherapy Centre for over a year and will now also be expanding his practice to Muskerry Physiotherapy Centre.



### WE ARE EXPANDING!

A big welcome to Conor, our newest Physiotherapist who will be available in the Muskerry Clinic

## NEW CLASSES

*Led by Conor*

### THURSDAYS BEGINNING 23RD MARCH

5PM

#### ALIGN & REVIVE PILATES FOR MEN

6PM

#### PRINCIPLE PILATES FOR BEGINNERS

7PM

#### ALIGN & REVIVE PILATES (INTERMEDIATE/ADVANCED)

TO BOOK YOUR 1:1 PHYSIOTHERAPY CONSULTATION OR WISH TO ENQUIRE ABOUT CLASSES, PLEASE GET IN TOUCH.

LIMITED SPACES.  
BOOKING ESSENTIAL.



CONTACT US



026 43657 / 0646670960



Email: info@muskerryphysiotherapy.ie





# ROSS OIL COMPANY



*“Your Local Oil Company”*



*For keenest prices on kerosene and heating oil  
in your local area*

Farnanes, Co. Cork  
Contact Lisa, Nicole or Conor in the  
Office: 021 7335010 • Tim Holland: 086 2356735  
[www.yourlocaloilcompany.ie](http://www.yourlocaloilcompany.ie)

## Sustainable Warmth Ltd



**RETRO FIT DESIGN LTD**  
*Get ready for the new age*

*We specialise in*

**SPRAY FOAM INSULATION**  
ATTIC - CAVITY WALL - EXTERNAL WALL

**CALL US  
TODAY  
TO BOOK  
YOUR FREE  
QUOTATION**

**SEAI GRANTS AVAILABLE**  
covering up to **80%** of the cost  
Typical 4 bedroom  
bungalow -  
**COST ONLY €300**



T: 066 970 2113 | M: 085 849 4107 | Email: [sustainablewarmth@gmail.com](mailto:sustainablewarmth@gmail.com)



# Leading the way in Self-Drive Plant & Tool Hire



Reliable, well-maintained  
machinery at competitive  
rates

GA1 Site Certified  
Delivery & Collection Service  
Available

€459.00

€35.00



QUALITY BRANDS  
FROM YOUR LOCAL  
TOOL STORE



## MACROOM TOOL HIRE & SALES



### Automower

Lawn care has never been so  
easy - 'Free up your time'.

WORLD LEADER IN  
ROBOTIC MOWING  
SINCE 1995

Call us today with your  
Eircode & get  
free & friendly advice  
from the experts

SET IT AND  
FORGET IT.



P12CF24 - Tel. 026-42133 / 43955  
INFO@MACROOMTOOLHIRE.IE WWW.MACROOMTOOLHIRE.IE  
DIY - PLANT & TOOL HIRE - CONSTRUCTION - P.A.T. TESTING - FARMING - GARDEN TOOLS - WORK WEAR





## GERRY HALL OIL BOILER / BURNER SERVICES

All makes of **Boilers | Burners | Cookers | Stoves**  
Commissioned & Serviced

Vat Registered • Fully Insured

Tel: **087 2318657**

 **tús geal Electrical**

Call Tomas for a **FREE QUOTATION**

**087 4103364**

**026 44142**

E: [Tomas.healy@tgt.ie](mailto:Tomas.healy@tgt.ie)

**ALL ELECTRICAL WORK**  
Domestic, Agri, Commercial & Industrial



Tús Geal Teo  
registered since 2009

## Dave Bland: Painting & Decorating

**Interior & Exterior including Paper Hanging**

Call Dave on **087 4119058**

**Powerwashing Service Also Available**



We Offer:

- Ceramic Coating
  - Full Car Valet
  - Paint Correct
  - Buffering
  - Waxing
  - Plastic Welding
  - Odour Removal
  - **CAR COLLECT AVAILABLE**
- And much more ...*

**CARS DESERVE BETTER**

Neville Terrace, Maseytown, Macroom, P12FX31

Call us: **087 3876603**

## FAST FINDER

trade and services

Delivered to over 120 locations  
every fortnight

**6,500**  
FREE COPIES

To advertise... Call Des on:  
**087 6593427 / 1800 71 40 40**

e: [leevalley@outlookmags.com](mailto:leevalley@outlookmags.com)

## BALLYVOURNEY CONCRETE PRODUCTS

- DOUBLE SIDED WALL PANELS, ideal for any garden or boundary fence
- PATIO SLAB (Different Designs)
- KERB & LAWN EDGING
- GATE POSTS & FENCING POSTS
- TIMBER STYLE RANCH POSTS & RAIL FENCING
- WALL & PILLAR CAPPING
- CONCRETE TABLE & STOOLS
- H-POST & DECORATIVE PANEL WALL
- SILLS & LINTELS
- CONCRETE FLOWER POTS

**FREE QUOTATIONS**  
for Site Fencing, Patio & Kerb Laying

Delivery Service Available

SEAN ROCHE

Slievareagh, Ballyvourney, Co. Cork t: 026 45649 m: 086 676 5694

 **LISSARDAGH CLEANING SERVICES**

- WINDOW CLEANING
- POWER WASHING
- GUTTER CLEANING
- OFFICE CLEANING
- BUILDERS CLEAN

IF YOU WOULD LIKE A **FREE NO OBLIGATION QUOTATION**  
CONTACT DEREK OR TEXT YOUR NAME AND WE'LL CONTACT YOU.



**DEREK MURPHY 087 4141595**

Lissardagh Cleaning Services | Coolduff | Lissarda | Co. Cork  
[info@lissardaghcleaning.com](mailto:info@lissardaghcleaning.com) | [www.lissardaghcleaning.com](http://www.lissardaghcleaning.com)





**All Aspects of Painting and Decorating**

- Spray Painting • Wall Paper Hanging • Pressure Washing
- Rectifying Paint and Render Issues
- Fully Insured
- Fully Compliant with Health & Safety

**Paddy Doherty M: 086 1939306**  
 info@dohertydecorating.ie | www.dohertydecorating.ie  
 Kilbarry, Macroom.

**PATRICK MOYNIHAN**  
**AS NEW CLEANING SERVICES**

- CARPET AND UPHOLSTERY
- POWER WASHING - HOIST ASSISTED
- CHIMNEY CLEANING
- WINDOW CLEANING
- GUTTER CLEANING AND REPAIR



Fully Insured Quotation on request  
**Call: 087 9911017 E: info@chimneycleaningcork.ie**



**KILLARNEY GLASS**  
 Aluminium and PVC-u

- ♦ Windows
- ♦ Doors
- ♦ Patios
- ♦ Conservatories
- ♦ Glass & Mirrors
- ♦ Fly Screens
- ♦ Maintenance to all windows & doors
- ♦ Picture & Mirror Framing
- ♦ Key Cutting Service




Unit 4, Woodlands, The Park, Killarney  
 T: 064 6633232 087 2579794 | E: info@killarneyglass.com  
 www.killarneyglass.com



**PATRICK MOYNIHAN**  
**CHIMNEY CLEANING**

Open Fires and Stoves | Power Sweep and Vacuum  
**NO SOOT - NO MESS**  
*"Trust the Experts"*

**Call: 087 9911017 E: info@chimneycleaningcork.ie**  
 info@asnewcleaningcork.ie

**ADVERTISE HERE**

FROM AS LITTLE AS €30+ VAT PER EDITION

**CALL DES: 087 6593427**

**J & P PLANT HIRE**



**3 TONNE MINI DIGGER**  
 FOR SELF DRIVE HIRE  
 Driver also available if required  
 Short or Long Term Hire

Call Patrick on **087 - 4168323** to discuss rates

**SEAN LEHANE WATER SERVICES**

Cooldaniel, Macroom, Co Cork

WELL DRILLING, micro drilling machine for tight spaces  
 All types WATER PUMPS supplied, fitted and repaired  
 Complete range of WATER FILTERS, iron, manganese, hardness, bacteria



Water Testing  
 Avail of grants up to €5000.00 for well and pump,  
 €1000.00 grant for filters  
 Council grant forms and free quotations  
 Full range of pipe fittings and 12bar piping

CONTACT SEAN AT **087 2579752** Email. midcorkpumpservices@gmail.com

**Massage Therapy & Reflexology**

ITEC Diploma, Registered & Insured, 22 Years Nursing Background

BABY REFLEXOLOGY- EAR CANDLING - REIKI

- Release Stress.
- Relieve muscle tension and joint pain.
- Improve circulation and digestion.
- Increase energy levels.
- Improve insomnia.
- Boost immune system.



Approved by:  
 Vhi AVIVA Laya GloHealth

Gift Vouchers & Beauty Treatments also available

Please contact Maria  
**086 1011113**  
 The Glenties, Macroom, Co. Cork  
 www.holisticmassage-beautytherapy.webs.com



**OFFERING  
A WHOLE  
LOT MORE!!!**

  
**Outlook**  
MAGAZINES



**VALUE AND CHOICE**  
for all your advertising needs!

Lee Valley Outlook  
**CALL Des: 087 6593427**  
**e:des@outlookmags.com**

T: 1800 71 40 40 | e: leevalley@outlookmags.com

**Charity Cycle** 

  
**COACHFORD CYCLING CLUB**  
Follow us on Facebook 

**2nd of APRIL 8AM**  
**from Coachford GAA Hall**

**Two Routes 40km & 85km**  
**Start time 9 AM Registration from 8 AM**

To benefit  **Irish Cancer Society**  **Down Syndrome Cork**

**MURPHY'S  
FUELS  
MACROOM**

**Ciaran 087 817 8977** **Olan 087 8266 489**  
**Phone: 026 43927**

**MUNSTERS LARGEST STOCKISTS OF HARDWOOD  
ASH, OAK AND BIRCH**



**Multi-Purpose Compost**  
with added **John Innes**



**Multi-Purpose Compost**  
with added **John Innes**



**Multi-Purpose Compost**  
with added **John Innes**

**Compost now available €8  
50 litre bag  
Or 3 bags for €20**

**Check out our Website  
murphysfuels.ie.** 





ALL MAJOR CREDIT CARDS ACCEPTED



# CLASSIFIEDS

- BUSINESS ONLY -  
COST: Up to 20 words €7

\*\*\*\* No More than 20 words \*\*\*\*

- STRICTLY PRIVATE -  
COST: Up to 20 words €7

\*\*\*\* No More than 20 words \*\*\*\*

Drop off for Macrooom: **Donal Mulcahy, Mulcahy Auctioneers Main St., Macrooom.**

For classifieds please email to [des@outlookmags.com](mailto:des@outlookmags.com) or post to Outlook Magazines, Castleisland, Co. Kerry.

**ADVERTS WILL NOT BE INCLUDED UNTIL PAID FOR IN FULL**

ED05 2023

**FIBRE BROADBAND** ALL AREAS COVERED - NO LANDLINE NEEDED  
FREE SURVEY NBI FIBRE 500 MEG TO 2000 MEG

[www.ruralbroadband.ie](http://www.ruralbroadband.ie)

ED 04 2023

**HEADSTONES** - hand cut inscriptions, cleaning and restoration, marble, granite, slate and stone. Name plaques, Books, Tablets, Boulders carved in situ.

Contact: **087 - 3528439**

ED 13 2023

**\*TOP QUALITY CLEANER\***

Commercial & Domestic Premises. Irish, Professional, All jobs Considered. 5\* reviews on Air B&B.

Contact: **085 - 2051008**

ED 05 2023

**FOR SALE**

As new - Chimenea, 45 gallon plastic water tank, straps and ratchets

Please Contact **086 - 1594390**

ED 05 2023

**FOR SALE**

2 rolls of thermo quilting attic insulation  
Antique open top Dutch Dresser  
2 180x180 by r 13

Please Contact **087 - 7460807**

ED 05 2023

**FOR SALE SEED POTATOES**

Homeguard, British Queens, Kerr Pinks and Golden Wonders.

Contact: **087 - 9582727**

ED 05 2023

**KITTEN WANTED**

3 months to 1 Yr. approx. - for very good home.

Contact: **086 2437744**

ED 05 2023

**FOR SALE**

**TRAILERS OF BEAUTIFUL SOFTWOOD & HARDWOOD TIMBER** only €150/ €250 -

DELIVERED - €200 Contact: **089 - 4805403**



ED 05 2023

**AVAILABLE: FULLY QUALIFIED HEALTH CARE ASSISTANT**

with qualifications in Dementia and Dysphasia : seeking work in the Inchigeela- Ballingeary- Macrooom areas - Private work please

Contact **Helen - 087-1142857** or Email : [helenmcn04@hotmail.com](mailto:helenmcn04@hotmail.com)

ED 06 2023

**FOR SALE**

CHIMININEA BARBECUE: A 45 GALLON TANK : 2 6mt. STRAPS and RACHETS : All as New

Contact - **086- 1594390**

**LEE VALLEY Outlook**

**BOOST YOUR BUSINESS**

Advertise with us

**CALL DES: 087 6593427**

Mulcahy Insurances Ltd.

... we've got you covered

**For all your Insurance needs!**

Main Street, Macrooom, Co Cork | t: 026 41424 | f: 026 41425  
e: [info@mulcahyins.ie](mailto:info@mulcahyins.ie) | w: [mulcahyins.ie](http://mulcahyins.ie)

Like us on [@mulcahyinsurancesltd](https://www.facebook.com/mulcahyinsurancesltd)

**RECRUITING?**

Why not advertise in the  
Lee Valley Outlook?

**Outlook**  
MAGAZINES

FOR MORE INFORMATION CONTACT DES ON  
**087-6593427** [des@outlookmags.com](mailto:des@outlookmags.com)



# LICH DO SCITH

PROMOTING IRISH LANGUAGE AND CULTURE le **Eibhlín Ní Lionáird**  
Oifigeach Pleanála Teanga Mhúscraí

Dé bhúr mbeatha ar ais chugam a Cháirde Gaol! Tá an chéad seachtain de 'Sheachtain na Gaeilge' curtha dinn againn agus trí cinn eile fágtha anois, mar tá mí na Gaeilge le linn Mí na Márta!

Bhíomar ana ghnóthach ar fad anseo i nGaeltacht Mhúscraí agus ar fud na tíre. Sea go deimhin mhuisse, bhíos féinigh i gcathair na nGallaimhe ag comhthionól le h'Údrás na Gaeltachta agus i measc mo comhleacaithe eile ó fud fad na tíre. Oifigí pleanála Teanga gurb as Tír Chonaill, Maigheo, Béal Feirste, Contae na Mí, Ciarraí thiar agus theas, Baile Átha an Cliath, agus go leór áiteanna eile nách iad. Bhí seisear agus feiche dinn ar a laghaid i láthair. Bhí deis againn ár gcuid tuairimí a roinnt lena chéile maidir leis an post atá againn, agus bhí go leór plé againn ar chúrsaí an Teangan go h'áitiúil is go Naisiúnta, agus go h'idir-Naisiúnta.



By dad níor dhein an t'agallamh a thug an t'aisteóir Paul Mescal do TG4 aon díobháil d'ár dTeanga ach a mhalairt, bhí fiú aionna ar an cainéal RTE ag caitheamh isteach cor fhocal Gaeilge nuair a bhí an seans acu agus iad ag craoladh. De réir na staitisticí d'fhéach breis agus 3 mhíilliún duine ar an fáisc teilifíse sin. Nach iontach mar a thugann a leithéid de fhógariocht dúil do dhaoine cleachtadh a dhéanamh ar Ghaeilge a labhairt agus meas a mhúscailt ionta bheith móralach is bródúil as ár dteanga dhúchais. Feicim ní h'amháin gur imigh sé i hfeidhm ar an ghlúin óg ach ar gach gnéith don pobal idir óg is aosta. Táim cinnte gur chur sé seo tús le reabhlóid nua teanga sa tír.



Sa bhaile i Múscraí bhí oíche den scoth ag an pobal áitiúil, sa Mhuileann oíche Dé hAoine seo chaite nuair a ghlac siad páirt i seisiún 'Speed Gaeilge' a bhí eagraithe agam féinigh, chun daoine a spreagadh páirt a ghlacadh sa scéim Gaelchara. Thanadar ó gach páirt den trí paróiste i nGaeltacht Mhúscraí.



Feedback/Suggestions please email ... [lena.cronin@corketb.ie](mailto:lena.cronin@corketb.ie)







## A Word of Victory

Welcome back dear student. "For day after day they seek Me out; they seem eager to know My ways, as if they were a nation that does what is right and has not forsaken the commands of its God. They ask Me for just decisions and seem eager for God to come near them. 'Why have we fasted,' they say, 'and You have not seen it? Why have we humbled ourselves, and You have not noticed?' (Isaiah 58:2-3) Last week we saw the importance of walking in unity and love towards one another and that, though many in the body of Christ fast and pray sincerely petitioning God for answers - often we've fasted from food or drink when really it's anger, strife, bitterness or judging others that we should be fasting from to see meaningful transformation. God details what He considers a fast should be..... "Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry, and to provide the poor wanderer with shelter, when you see the naked, to clothe them, and not to turn away from your own flesh and blood?" (Isaiah 58:6-7) God turned their theories upside down, declaring He is more interested to see His character being demonstrated during fasting and prayer: beginning with a call to - repentance! 'Repent' is viewed as a dirty word because sin is exalted as being good, and accountability is a 'no-no' in case it offends someone - but Judgement will come (Isaiah 5:20-23).

The Lord Jesus came home one time to find the house overflowing with people wanting to hear His Words and see Him heal the sick (Mark 2:1-12). Four men arrived afterwards, having carried their friend on a stretcher. He was paralysed and they wanted Jesus to heal him. Imagine how tired and sore they were from carrying his weight - their hands perhaps blistered, their shoulders aching. So they weren't going to go all the way home again just because the place was overcrowded. They climbed up on the flat roof making a hole in it, and lowered their crippled friend down right in front of Jesus! He wasn't upset; rather He admired their faith and perseverance. He looked at the paralysed man and said something most unusual "son, your sins are forgiven" (Mark 2:5). The zealous ones there were horrified - 'who did this fellow think He was: forgiving people's sins - only God could do that' they thought to themselves. Jesus called them out though proving that He had power to forgive sins (because of what He was about to do on the Cross). The result of this man receiving forgiveness was instant healing from what had crippled his body, and they were all astonished.

Do you remember the song 'Don't Leave Me This Way'? God loves us too much to leave us the way we were - lost in sin (Ephesians 2:1-5; Colossians 1:13-22). Isaiah chapter 58 concludes with the result of repentance, prayer and fasting - reaping a reward of healing, deliverance, joy, protection and prosperity; "Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the Glory of the Lord will be your rear guard. Then you will call, and the Lord will answer; you will cry for help, and He will say: Here am I" (Isaiah 58:8-9). Hallelujah!

Bible Study & Prayer every Sunday @ 11am and Thursdays @ 7.30pm in person and on Zoom at Word of Victory Christian Fellowship Killarney - Eircode: V93V6X4.

You can listen to our podcasts on Spotify. Find the links on our Facebook page - Word of Victory Christian Fellowship Killarney, or on Twitter - @WOVKillarney.



Check us out on Facebook.

E: wovkillarney@gmail.com | Phone/Text - 087 4471797

### 6TH ANNIVERSARY



In loving memory of

**OLIVER  
SOMERS**

Dromatimore,  
Aghabullogue, Co.Cork

Who died on the 21st of March 2017

Aged 67 Years.

Rest In Peace

*We hold you close within our hearts,  
And there you shall remain  
To walk with us throughout our lives  
Until we meet again.*



Always remembered by  
your loving wife Eileen.

### 25TH ANNIVERSARY



In loving memory of

**VERA  
O' RIORDAN**

Barrett's Place,  
Macroom, Co Cork.

On the 25th Anniversary of her death, Vera is lovingly remembered by her daughters Sheila, Eleanor, Marian & Margaret. Sons in law, sisters Cecelia & Phyllis. Her loving grandchildren, great grandchildren & extended family.

*We sat beside your bedside  
Our hearts were crushed and sore  
We did our duty to the end  
Till we could do no more  
In tears we watched you sinking  
We watched you fade away  
And though our hearts were breaking  
We knew you could not stay.*



Anniversary Mass will be held in  
St. Colman's Church, Macroom on  
Sunday 12th of March at 8.30am.

### 5TH ANNIVERSARY



In loving memory of

**MARGARET  
MCELROY**

Aghavrin, Coachford,

who died on the 15th March, 2018

*The eyes we loved are sleeping  
The hands that toiled are still,  
The one who did so much for us,  
Is resting at Gods will,  
Loving thoughts of times together  
Memories of you will last forever.*



Dearly loved and sadly missed by  
her loving family.

### 27TH ANNIVERSARY



In loving memory of

**TED  
O'CONNELL**

Shronegare, Clondrohid, Macroom  
Who died on March 6th 1996

*Time changes many things,  
But not the memory this day brings,  
You always had a smile to share,  
A laugh, a joke and a time to care,  
A beautiful nature, warm and true,  
We just want to say  
we will always love and miss you.*



Sadly missed by your wife Eileen and  
daughter Noirin.



**9TH ANNIVERSARY**



In loving memory of

**JERRY VAUGHAN**

Teerbeg, Macroom, Co. Cork.  
Who died on the 17th of March 2014.

*No matter how life changes  
No matter what we do  
A special place  
Within our hearts  
is always kept for you.*



Fondly remembered by  
Noin, Martina, John, Denis  
and Michael.

**8TH ANNIVERSARY**



In loving memory of

**MARY (MAURA)  
RING**

Colmans pk, Macroom  
Who died 14th March 2015

*Deep in our hearts  
Your memory is kept  
To love  
To cherish  
And never forget*



Always remembered  
Niall, Ruth, Grace, David, Olan & Keelin

**8TH ANNIVERSARY**



In loving memory of

**MARY (MAURA)  
RING**

Colmans pk, Macroom  
Who died 14th March 2015

*To us you were  
someone special,  
Someone set apart,  
Your memory will live forever,  
Engraved within our hearts.*



Sadly missed & fondly remembered  
by her husband Ally Ring & family

**8TH ANNIVERSARY**



In loving memory of

**MARY (MAURA)  
RING**

Colmans pk, Macroom  
Who died 14th March 2015

*No matter how life changes,  
No matter what we do,  
A special place  
within our hearts,  
Is always kept for you.*



Always in our thoughts  
Darrin, Aine, Adam & Luke

**CUIMHNE BÁIS**



**JOHN & MARY  
MAC AN MHAOIR  
(WEIR)**

Baile Mhic Ire, Co. Chorcaí  
John who died on 27/08/1994 &  
Mary who died on 28/02/2005

*Inár gcroí go deo,  
Inár gcuimhne go deo.*



Naomh Gobnait guí orthu.

**5TH ANNIVERSARY**



In loving memory of

**ABBIE O'LEARY**

Gortnahoctee, Inchigeela  
Who died on the 10th of March 2018

*Abbie you had so much to live for,  
You had so much to do,  
It still seems impossible,  
That God has taken you,  
And though you walked  
through heavens gates,  
We are never far apart,  
For every time we think of you,  
You are there deep in our hearts.*



Fondly remembered today and always.  
By your loving partner Mickie.

**40TH ANNIVERSARY**



In loving memory of

**WILLIAM  
(BILL) LEAHY**

Upper Belmount, Crookstown,  
Co. Cork  
Who died on the 4th of March 1983.

*No longer in our lives to share,  
But in our hearts, you're always.  
Will those who think of him today,  
A little prayer to Jesus say.*

Rest in Peace.



Always remembered by,  
The Moss Family.

**13TH ANNIVERSARY**



In loving memory of

**DENIS (DENNY)  
MOSS**

Clonmacow, Crookstown, Co. Cork  
Who died on the 12th of March 2010.

*We hold you close within our hearts,  
and there you shall remain,  
To walk with us,  
throughout our lives,  
Until we meet again.*

Rest in Peace



Sadly, missed by his wife Hannah -  
Noreen, David, John, Denis, Gerard  
and their families.

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **S.H**

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. **E.L**



**6TH ANNIVERSARY AND 30TH ANNIVERSARY**



In loving memory of

**DANNY  
RING**

Who died on the 20th March 2017

**MAUREEN  
RING**

Who died on the 14th March 1993

**Coolavokig, Macroom,**

Go dtugadh Dia suaimhneas síoraí dóibh

*Those we love don't go away  
The walk beside us every day  
Unseen unheard but always near  
So loved so missed so very dear.*



Always remembered by your loving family

**23RD ANNIVERSARY**



In loving memory of

**JERRY  
COTTER**

**Late of Ballingearry Village  
Died 10th March 2000**

*Jerry a native of the village,  
He loved its every stone,  
In the early days of motorcars, He had the only  
one, May he see the light of Heaven  
May he have eternal rest.  
Although you had to leave us,  
You are never far away,  
As we fondly recall the memories,  
And the things you would say,  
We miss you from your fireside chair,  
But your work on earth was done,  
And so may God reward you,  
With the crown you've truly won.*



Lovingly remembered and sadly missed by  
the Kearneys & the O'Sullivans.

**FIRST ANNIVERSARY  
AND ACKNOWLEDGEMENT**



In loving memory of

**EILEEN  
O' RIORDAN**

**Dooniskey Lissarda.**

**Who died on the 15th of March 2022**

As we lovingly remember Eileen on her 1st anniversary we would like to express our sincere gratitude to all those who sympathised with us on our great loss. We are deeply grateful to our extended family, friends and neighbours for their support and kindness

Thanks to those who attended the wake, removal and the funeral mass.

To those who sent mass cards, mass enrolments and letters of sympathy we thank you most sincerely.

Thank you to Dr Shane Hurley for the professionalism and kindness he had shown Eileen over the years and in particular the last year.

Thank you to Seamus and the staff at Haven pharmacy Macroom.

Thank you, Maura Moylan Eileen's public health nurse.

A Special thanks to Kilmurry GAA for all their help during and after the funeral. Thanks to John McCarthy for the use of his field for parking purposes during the funeral.

Thanks to Macroom Tool Hire for the use of their outdoor lights and to Derry Casey for the use of his gazebo during the funeral. Thanks to Fitzgerald funeral directors and their staff.

A special thank you to Canon Bernard Donovan and everyone who helped to make her Mass so meaningful.

As it would be impossible to thank everyone individually, we hope that this acknowledgment will be accepted as a token of our gratitude.



Eileen's Anniversary Mass will be held in St. Mary's Church Kilmurry on Sunday 12th of March at 10.00am.

**9TH ANNIVERSARY**



In loving memory of

**HANCY  
HUBBARD**

**Inchalea, Aghinagh  
Who died on 5th March 2014**

*Deep in our hearts  
Your memory is kept  
To love, to cherish  
And never forget.*



Always remembered by her loving husband Ned and family

**9TH ANNIVERSARY**



In loving memory of

**KITTY BARRY**  
**Carriganine, Macroom.**

*We hold you close within our hearts  
and there you shall remain,  
to walk with us throughout our lives  
until we meet again.  
So rest in peace dear mam  
and thanks for all you've done,  
we pray that God has given you  
the crown you've truly won.*



Lovingly remembered by her husband Garry and family.

**MOTHER'S DAY  
REMEMBRANCE**



Remembering you Mam on Mother's Day

**MARY  
O'REGAN**  
**Codrum, Macroom**

*"I miss you every single day  
Perhaps today more than any other  
I was as blessed as blessed can be  
to have called you my Mother  
And though you are not with me  
Your light here still shines on  
so long as I live and breathe  
You'll never be truly gone  
How I wish I could hold you  
so that you could hear me say  
Just how much I love you, Mam  
This year on Mother's Day".*



Missing and thinking of you today  
Michael, Gobnait and Owen xxx

**MEMORIALS**  
LEE VALLEY OUTLOOK  
**IMPORTANT  
NOTICE**

Please email image and typed text to  
[leevalley@outlookmags.com](mailto:leevalley@outlookmags.com) with a contact number  
or post to Outlook Magazines, Castleisland, Co. Kerry.  
Email is preferred to return a proof to avoid errors.

Call 087 1210959 or 087 6593427 | Freephone: 1800 71 40 40

Full Column: €70  
Regular Column: €35  
Prayers: €15 each

Disclaimer: Published by Outlook Publications Ltd., Tralee Road, Castleisland. Tel: 066 7142179. The Copyright of the graphics, designs and listings is held by Outlook Publications Ltd. While every effort has been made to ensure the information published is correct, Outlook Publications Ltd cannot be held responsible for any errors, omissions or incorrect listing.



**3RD ANNIVERSARY**



In loving memory of

**MARY  
O'CALLAGHAN**  
Coolmakee, Farnanes  
Who died on March 8th 2020

*It takes us back to brighter years,  
to happier sunlit days  
and to precious moments  
that will be with us always.  
And these fond recollections  
are treasured in the heart  
to bring us always close to those  
from whom we had to part.  
There is a bridge of memories  
from earth to Heaven above...  
It keeps our dear ones near us  
It's the bridge that we call love.*



Always remembered by  
your loving family.

**9TH ANNIVERSARY**



In loving memory of

**JERRY  
VAUGHAN**  
Teerbeg, Macroom, Co. Cork.  
Who died on the 17-03-2014.

*We think of you in silence,  
we often speak your name.*



Teresa, Marie & Brian

**40TH ANNIVERSARY**



Sacred Heart of Jesus  
Have mercy on the soul of

**JACK  
O'RIORDAN**

Liscarrigane, Clondrohid  
Who died on the 20th of March 1983.  
Aged 62 years.  
Rest In Peace.

*A sudden call from God on high  
You had no chance to say goodbye  
Without farewell you fell asleep  
But our memories of you we'll always keep.*



Always remembered by  
your loving family.

**100TH BIRTHDAY  
REMEMBRANCE**



In loving memory of

**MAURA  
O'RIORDAN**

Liscarrigane, Clondrohid,  
Macroom, Co. Cork  
Who died on the 10th of October  
2004. Aged 81 years.  
Rest In Peace.



Always remembered by  
your loving family.

**2ND ANNIVERSARY**



In loving memory of

**MARY  
NEVILLE**  
O'Brien Place, Dripsey, Co. Cork  
Who died on the 6th of March 2021

*God called your name softly  
That only you could hear,  
And no one heard the footsteps  
of angels drawing near,  
The golden gates stood open,  
God saw you needed rest  
His garden must be beautiful,  
He only takes the best.*



Your memory will be forever cherished  
by your loving brother Brian.

Mary's Anniversary Mass will be  
celebrated in St. Mary's Church  
Berrings on Saturday 11th of March  
at 6.15pm.

**2ND ANNIVERSARY**



Treasured memories of

**MICHEÁL  
(HALLIE) BARRY**  
Raleigh South, Macroom  
who died on the 17th of March 2021

*In life we loved you dearly  
In death we love you still  
In our hearts you hold a place  
That no one could ever fill.*



Sadly missed by Mam, Dad,  
The Barry and O'Connell families.

**ANNIVERSARY**



In loving memory of

**JUSTIN  
WHITE**

**6TH ANNIVERSARY**  
Who passed away on the  
17th March 2017

Ballyverane, Macroom

*No length of time can take away  
Our thoughts of ye from day to day  
Time slips by and life goes on  
But from our hearts ye are never gone.*



This day and every day  
greatly missed by John and family



In loving memory of

**SHEILA  
WHITE**

**13TH ANNIVERSARY**  
Who passed away on the  
14th March 2010

Please email image and typed text to  
leevalley@outlookmags.com with a contact number  
or post to Outlook Magazines, Castleisland, Co. Kerry.  
Email is preferred to return a proof to avoid errors.  
Call 087 1210959 or 087 6593427 | Freephone: 1800 71 40 40



**13TH ANNIVERSARY**



In loving memory of  
**MARY MURRAY**  
62 St. Colmans Park, Macroom

*Cherished memories of a mother and friend who was always there for us. Your laugh and warm heart leaves us feeling sad that you are no longer around. We will always think of you mam and will never forget you.*



Remembered fondly by family and friends on the 13th anniversary of your passing.  
Love always Sinead, Geraldine Concubhar, Tomas, Siobhan and their families.

**40TH ANNIVERSARY**



In loving memory of  
**ANNIE COTTER**  
**(NEE HEALY)**  
Ballincollig  
and late of Curragheranla Aghina  
who's 40th Anniversary occurs  
on the 17th of March.



Always remembered by her loving family

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. X

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of  
**SEAMUS (JIMMY) CROWLEY**  
Ballinagree, Macroom  
who died on the 13th of March 2022

As we lovingly remember Jimmy on his first anniversary, his wife Julie, daughter Megan, son Aaron and granddaughter Harley wish to express our sincere gratitude and appreciation to all those who sympathised with us on our sad and sudden loss our family, friends and neighbours who supported and comforted us throughout everything. To those who sent Mass cards, phonecalls and all the online condolences and everyone who called to the house. It gave us great comfort and meant so much to us.

Thank you to all who attended his removal and funeral. Those who participated at the Mass, Fr. Donal Roberts for the prayers and the beautiful Mass, our Sacristen Nora McCarthy, Ciara Creedon for her amazing singing and his good friend Michael Twomey who sang his favourite song.

We would like to thank the paramedics who attended on that morning. A special mention to Fitzgerald's Funeral Directors and their staff for all their help and kindness.

As it would be impossible to thank everyone individually we hope that this acknowledgement will be accepted as a token of our gratitude.

*Those we love don't go away,  
They walk beside us everyday,  
Unseen, unheard but always near,  
So loved, so missed, so very dear,  
Thinking of you always.*



Jimmy's First Anniversary Mass will take place in Ballinagree Church on Sunday March 12th at 11am.

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of  
**MARY O' MAHONY**  
**(NEE TWOMEY)**  
Derrynasaggart & Ballymakeera  
East, Ballyvourney  
who died on the  
18th of March 2022.

As we lovingly remember Mary on her first anniversary, we her family would like to express our sincere gratitude and appreciation to everyone who supported us at this time. We would like to thank those who called to the house, attended her removal and her funeral Mass, especially those who travelled long distances, those who sent Mass cards, Mass enrolments, phoned, those who sent letters of sympathy, posted condolences on RIP. We are deeply grateful to our neighbours and friends for all their kindness. Sincere thanks to Fr. John for his regular visits, especially in the last few weeks, officiating at her removal, funeral Mass and burial. Sincere thanks to McCarthy's undertakers for their professionalism and compassion and to Partalan who prepared her final place of rest. Thanks to Nora and Paddy for their help in the church and to Aileen and the lovely choir. Thanks also to her great carers Joan, Lucy and Breda and to Dr. Neville, Nora, Sinead and the staff at Deasys Pharmacy and the staff at Marymount.

As it would be impossible to thank everyone individually please accept this acknowledgement as a token of our sincere gratitude and appreciation. Mass will be offered for your intentions.



First Anniversary Mass will be held on Saturday 18th of March at 11am in St. Gobnait's Church, Ballyvourney.

St. Gobnait pray for her.  
For those who think of her today a little prayer to Jesus say.

Sadly missed, always remembered.

**FIRST ANNIVERSARY AND ACKNOWLEDGEMENT**



In loving memory of  
**PEGGY KELLEHER**  
Slieveragh, Ballyvourney  
who died on 13th March 2022.

As we lovingly remember Peggy on her first anniversary, we her family would like to sincerely thank;

Kind neighbours, relatives and all those who sympathised with us.

We would like to thank everyone who attended the Funeral, sent Mass cards or wrote messages of condolences on RIP.ie Sincere thank you to Fr. John McCarthy, the sacristan and the choir for the lovely funeral mass.

Sincere thank you to Dr. Collette Neville and her staff for their excellent care and kindness shown over the years.

Sincere thank you to McCarthy Funeral Directors, Ballyvourney, for their professionalism and support during the funeral.

As it is impossible to thank everyone individually please accept this acknowledgement as a token of our appreciation.

The holy sacrifice of the Mass will be offered for your intentions.

Naomh Gobnait Suirth  
Uirchi



**11TH ANNIVERSARY**



In loving memory of  
**MICHAEL O'HERLIHY**  
Milleen, Kilbarry, Macroom  
Who died on 21st March 2012

*A silent thought, a secret tear  
Always a wish that you were still here  
Life goes on, we know that's true  
But it's not the same since we lost you.*



Always remembered by his loving wife Mary, son Denis, daughter in law Breda, & grandchildren Aimee & Michéal

**THE MIRACLE PRAYER**



Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your favour, not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never known to fail. Must promise publication of prayer. E.M



**MARY'S**  
Toys • Stationery

**SHOP LOCAL**

# TOYMASTER™

**YOUR REAL TOY SHOP**

**MACROOM:** 2 Main Street, Macroom, Co. Cork. Tel: 026 42491 | **BALLINCOLLIG:** 1 & 3 Heritage Walk, Ballincollig Town Centre.  
Tel: 021 4214 222 | info@marys.ie | www.marys.ie

**WE HAVE A LARGE SELECTION OF BOARD GAMES IN STORE**

**ST. PATRICK'S DAY STOCK IN STORE NOW**

**EASY PARKING**

**SHOP LOCAL KEEP LOCAL JOBS**

Ballincollig Macroom

BACK TO SCHOOL Stationery Essentials  
www.marys.ie

**Rated Excellent**  
★ Trustpilot

Make use of your roof with Solar PV panels & lets bring those electricity bills down for you.

We have professional & qualified electricians & roofers. Grants are available & our office team will help you with this.

Book your free site survey today!

**JM Energy Savings Ltd.**

John Moynihan, Balingeary, Co. Cork - 0863742260 - www.jmenergy.ie