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### Abstract

The main reason for the research of this topic is to know more about a kind of love vinculum that happens nowadays which we call "unbreakable". This kind of couple is mainly distinguished because is not capable of remaining together completely and at the same time, have difficulties to break up. This generates different feelings within the couple like: instability, dissatisfaction and uncertainty, which are strongly denied and forbidden with a great need of idealization that prevents the couple from living a more authentic and complete relationship. The investigation of this phenomenon which we call "unbreakableness" has been developed under a psychoanalytic view, because it gives us the possibility to deepen into personal and couple psychodynamic aspects that are involved in it; as well as to recognize, which social and cultural elements allow the building of the specific environment to constitute this kind of love couples.

### Keywords

couple, unbreakable, unbreakableness,  
collusion, coupling, separation, undefinition,  
desidealization.