

HOSPITAL MOINHOS DE VENTO
INSTITUTO DE EDUCAÇÃO E PESQUISA
CURSO INTERDISCIPLINAR DE DOR E CUIDADOS PALIATIVOS

ANATOMIA E FISILOGIA DA DOR (FISIOPATOLOGIA DA DOR)

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SOS Dor - Centro Clínico do Hospital Mãe de Deus.

Pesquisador Orientador - Departamento de Bioquímica da UFRGS e Disciplina de Anestesiologia da FMUSP.

Estrutura da Disciplina

Conteúdo programático:

1. Embriologia da dor
2. Neuroanatomia das vias dolorosas
3. Fisiopatologia da dor
4. Mecanismos neuroquímicos da transmissão dolorosa
5. Pesquisa básica em fisiopatologia da dor

Estrutura da Disciplina

- Objetivos gerais
- Importância do tema
- Conceituação geral
- Epidemiologia básica
- Introdução geral
- Neuroanatomia da dor:
 - Desenvolvimento anatômico do sistema nociceptivo
 - Embriologia da Dor
 - Anatomia das unidades nociceptivas
 - Anatomia das unidades supressoras da dor
- Neurofisiologia da dor:
 - Desenvolvimento neuroquímico da dor
 - Mecanismos neuroquímicos da transmissão dolorosa
- Discussão

OBJETIVOS GERAIS

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- Parte 1 – Conceitos gerais sobre a fisiopatologia da dor
- Parte 2 – Desenvolvimento das vias dolorosas
- Parte 3 – Neuroanatomia das vias nociceptivas ascendentes e descendentes
- Parte 4 – Mecanismos neuroquímicos da dor
- Parte 5 – Neuromodulação da dor
- Parte 6 – Fisiopatologia da dor – Pesquisa básica
- Parte 7 – Fontes bibliográficas em Dor

CONCEITOS GERAIS

Transmissão Dolorosa

- Definição: “Dor é uma experiência sensorial e emocional desagradável associada a dano tecidual real ou potencial, ou descrita em termos de tais danos”
- Dor: Resposta variável, individual, sem fundamental relação com estímulo nocivo – Componente Genético
 - Mecanismos que modulam a dor (analgesia)
 - Plasticidade neuronal

Belknap et al., Life Sciences 1995; 57 :117-124

Hain et al., J Pharmacol Exp Ther 1999; 291: 444-449

EPIDEMIOLOGIA BÁSICA E IMPORTÂNCIA DA DOR

Estudo da dor

- Dor crônica – até 46,5 % da população
- Custos altos (U\$100 bilhões)
- Dores refratárias a tratamentos convencionais

Fibromialgia

SDRC

Neuralgia pós-herpética

Dor lombar

Dor facial

Cefaléia



**Novas
Alternativas
Terapêuticas**

Importância da Pesquisa e Estudos em Dor

“Dos pacientes internados, com ou sem cirurgia, 87% tem algum tipo de dor, e 33% tem dor a maior parte do tempo”

Bruster S. *BMJ* 1994; 309:1542-46.

Seguimento de pacientes pós-toracotomia

Incidência de dor persistente

80% em 3 meses

75% em 6 meses

61% em 12 meses

Até 30% dos pacientes submetidos a herniorrafia relatam dor persistente por 3 meses

Perttunen et al. *Acta Anaesthesiol Scand.* 1999;43:563-567

Poobalan et al. *Br J Surg.* 2001;88:1122-1126.

Pesquisa em Dor

ÚLTIMOS 5 ANOS

– Grande Produção Científica

> 50 mil trabalhos

(Ensaio clínicos e Metanálises)

↓ investimento em Pesquisas

INTRODUÇÃO GERAL

Histórico da pesquisa em Dor

- **Descoberta do nociceptor**
 - Sherrington, C. S. *The Integrative Action of the Nervous System* (Scribner, New York, 1906).
- **Publicação da Teoria de Melzack e Wall (1965)**
 - Interesse dos Pesquisadores de área básica
- **Aumento dos Programas de Tratamento da Dor**
- **Fundação da IASP e criação do periódico Pain**

Histórico da pesquisa em Dor

MELZACK R, STOTLER WA, LIVINGSTON WK.

Effects of discrete brainstem lesions in cats on perception of noxious stimulation.

J Neurophysiol 1958 Jul;21(4):353-67.

MELZACK R, WALL PD.

On the nature of cutaneous sensory mechanisms.

Brain 1962 Jun;85:331-56

WALL PD.

Presynaptic control of impulses at the first central synapse in the cutaneous pathway.

Prog Brain Res 1964;12:92-118.

Teoria de Melzack e Wall

19 November 1965, Volume 150, Number 3699

SCIENCE

Pain Mechanisms: A New Theory

A gate control system modulates sensory input from the skin before it evokes pain perception and response.

Ronald Melzack and Patrick D. Wall

after amputation of a limb, and the peripheral neuralgias (which may occur after peripheral nerve infections or degenerative diseases) provide a dramatic refutation of the concept of a fixed, direct-line nervous system. Four features of these syndromes plague patient, physician, and theorist (8, 10).
 1) Surgical lesions of the peripheral and central nervous system have been singularly unsuccessful in abolishing these pains permanently, although the lesions have been made at almost every level (Fig. 2). Even after such operations, pain can often still be elicited by stimulation below the level of the

Pat's drawing in an early draft sent to Ron

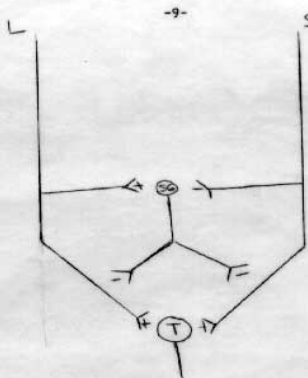


Diagram one

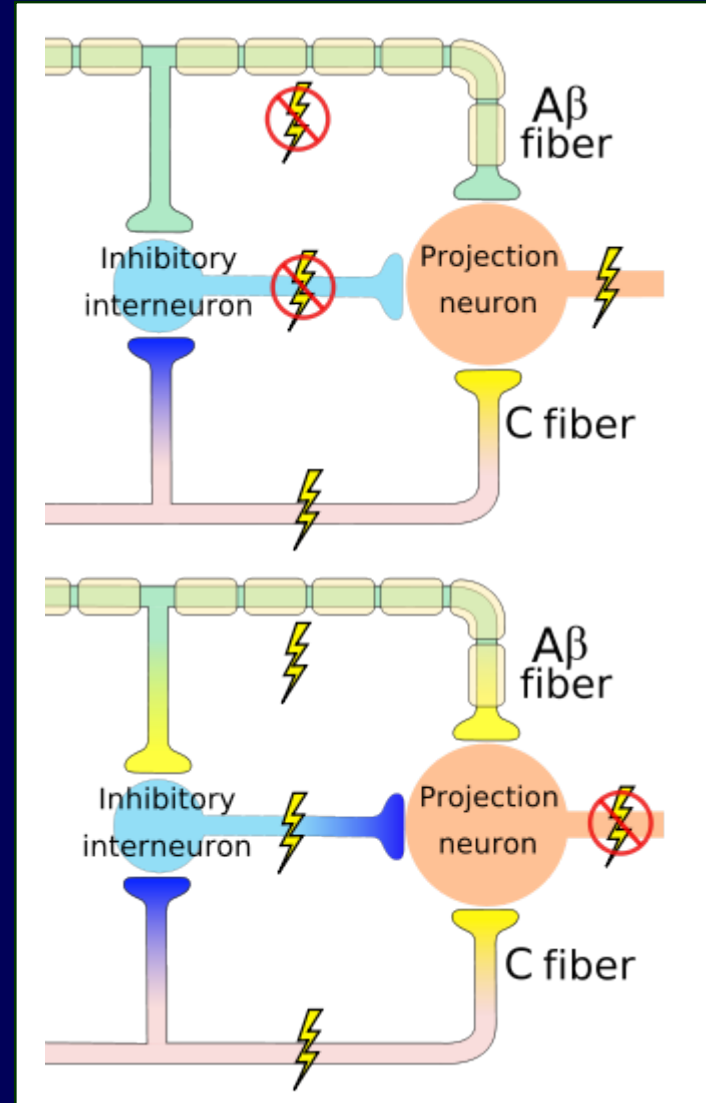
Greatly \times simplified diagram of presynaptic control mechanism. Large diameter afferent fibers (L) excite both substantia gelatinosa cells (SG) and the transmission cells in lamina 4 (T). The substantia gelatinosa cells produce presynaptic inhibition by decreasing the membrane potential of afferent terminals. The small diameter afferent fibers (S) excite the transmission cells but inhibit the substantia gelatinosa cells thereby turning off the existing presynaptic inhibition.



Ronald Melzack



Patrick D. Wall



Histórico da pesquisa em Dor

This Week's Citation Classic

CC/NUMBER 23
JUNE 7, 1982

Melzack R & Wall P D. Pain mechanisms: a new theory. *Science* 150:971-9, 1965.
[Dept. Psychol., McGill Univ., Montreal, Canada and Dept. Biol.,
Massachusetts Inst. Technol., Cambridge, MA]

The theory proposes that the dorsal horn of the spinal cord acts like a gate which modulates the flow of nerve impulses from the peripheral fibers to the central nervous system. The gate is influenced by peripheral fiber activity and by descending influences from the brain. [The *Science Citation Index*® (*SCI*®) and the *Social Sciences Citation Index*® (*SSCI*®) indicate that this paper has been cited over 975 times since 1965.]

COMPONENTES DA DOR

Nocicepção

Percepção da dor

Sufrimento

Comportamento de dor

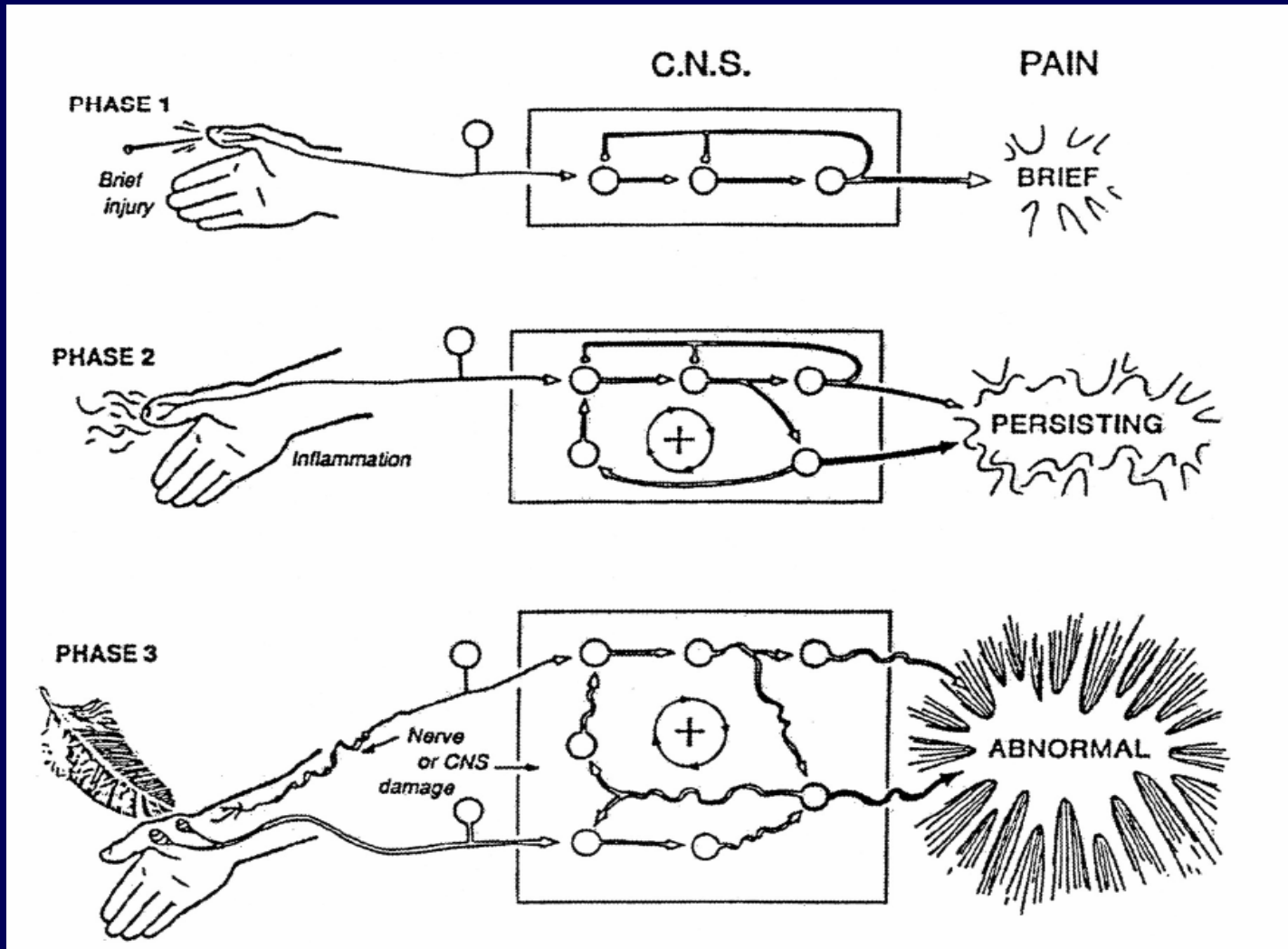
TIPOS DE DOR

Dor eventual

Dor aguda

Dor crônica

TIPOS DE DOR



TERMOS TÉCNICOS EM DOR

Dor nociceptiva

Dor neurogênica

Dor neuropática

Dor psicogênica

Antinocicepção = analgesia

Hiperalgisia primária vs. secundária

Alodinia

Parestesia - Disestesia

DISCUSSÃO DE ARTIGO

"The successful clinical testing of the first commercial tissue-engineered vascular graft is a revolutionary milestone."

Pain

John D Loeser, Ronald Melzack

Pain: an overview

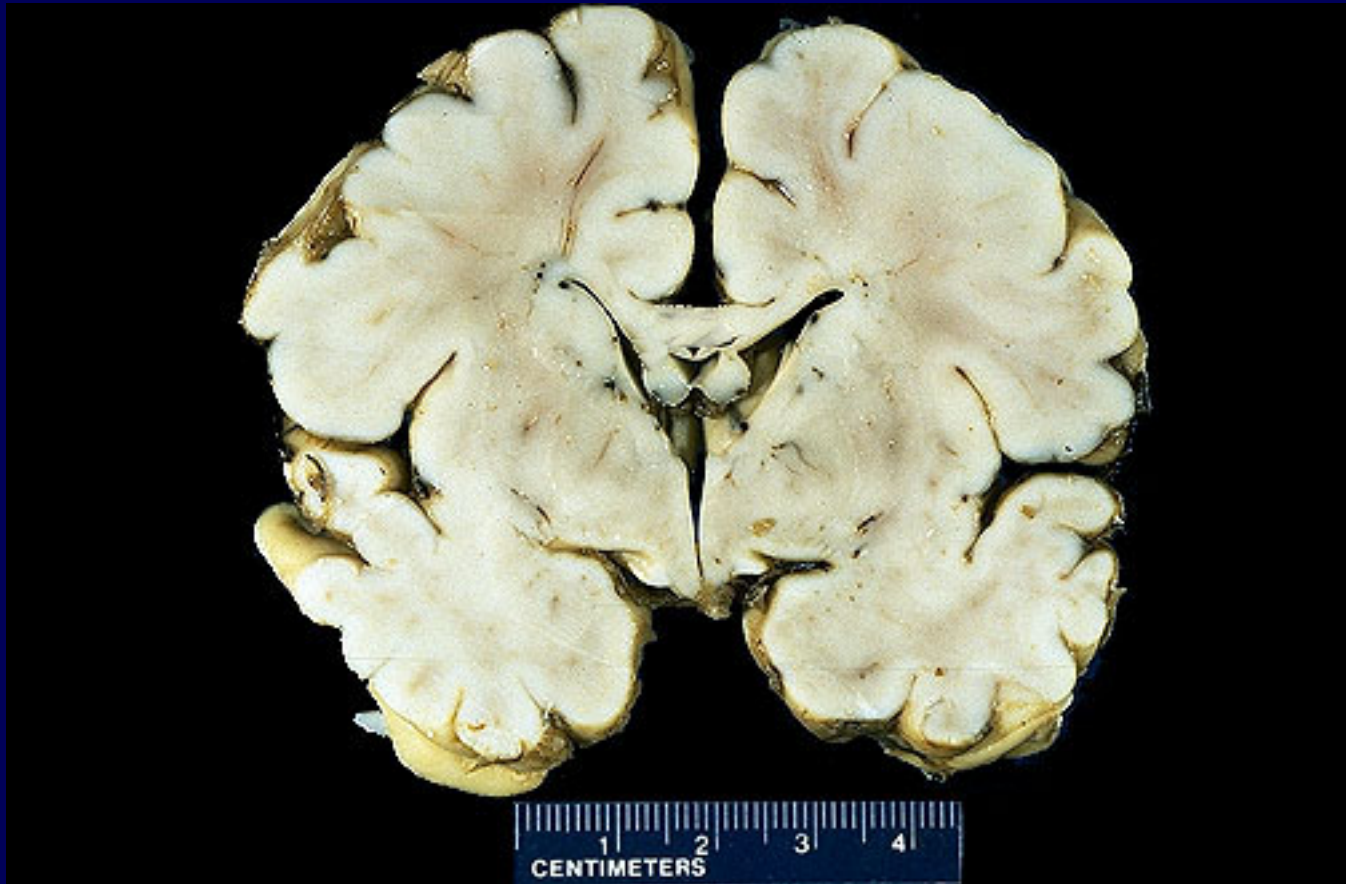
Lancet 1999; **353**: 1607–09

Until the 1960s, pain was considered an inevitable sensory response to tissue damage. There was little room for the affective dimension of this ubiquitous experience, and none whatsoever for the effects of genetic differences, past experience, anxiety, or expectation. In recent years, great advances have been made in our understanding of the mechanisms that underlie pain and in the treatment of people who complain of pain. The roles of factors outside the patient's body have also been clarified. Pain is probably the most common symptomatic reason to seek medical consultation. All of us have headaches, burns, cuts, and other pains at some time during childhood and adult life. Individuals who undergo surgery are almost certain to have postoperative pain. Ageing is also associated with an increased likelihood of chronic pain. Health-care expenditures for chronic pain are enormous, rivalled only by the costs of wage replacement and welfare programmes for those who do not work because of pain. Despite improved knowledge of underlying mechanisms and better treatments, many people who have chronic pain receive inadequate care.

DESENVOLVIMENTO DO SISTEMA NOCICEPTIVO

- Surgimento dos nociceptores (IG = 7 sem)
- Distribuição completa dos nociceptores e formação completa dos neurônios (IG = 20 sem)
- Imaturidade – fibras pouco mielinizadas
- Papel do tronco encefálico (IG = 24 sem)
- Desenvolvimento corno dorsal (IG = 6 sem início e IG = 30 sem término)
- Desenvolvimento do neocórtex (IG = 8 sem início e IG = 20 sem término)
- Estabelecimento de conexões tálamo-corticais (IG = 22-26 sem)
- Maturação completa das vias dolorosas – primeira infância

Neuroanatomia da dor



DESENVOLVIMENTO COMPORTAMENTAL DA DOR

- *Inclinação tátil da cabeça após estímulo perioral (IG = 7 sem)*
- *Mãos sensíveis ao toque (IG = 10 sem)*
- *Movimentos organizados (IG = 14-24 sem)*
- *Ciclo sono-vigília (IG = 24-28 sem)*
- *Resposta a estímulos acústicos (IG = 25 sem)*
- *Resposta à luz e expressão facial específica à dor (IG = 26 sem)*

DESENVOLVIMENTO NEUROQUÍMICO DA DOR

- *Indução precoce de apoptose após redução da atividade neuronal*
- *Substância P, glutamato e PDGC*
- *Papel das neurotrofinas*
 - *Fator de Crescimento Neural (NGF) - TrkA*
 - *BDNF*
 - *GDNF*
 - *NT-3*
- *Vulnerabilidade das vias nociceptivas no período neonatal*

DESENVOLVIMENTO NEUROQUÍMICO DA DOR

- *Receptores Opióides – Início e distribuição dinâmica*
- *Receptores Glutamatérgicos*
- *Receptores para Neurocininas – Substância P*
- *Receptores Serotoninérgicos*
- *Receptores Purinérgicos*
- *Receptores GABAérgicos*

Peptídeos em formação (IG 8 – 14 sem)

Sistemas de estresse (SNA) – (IG 10 sem)

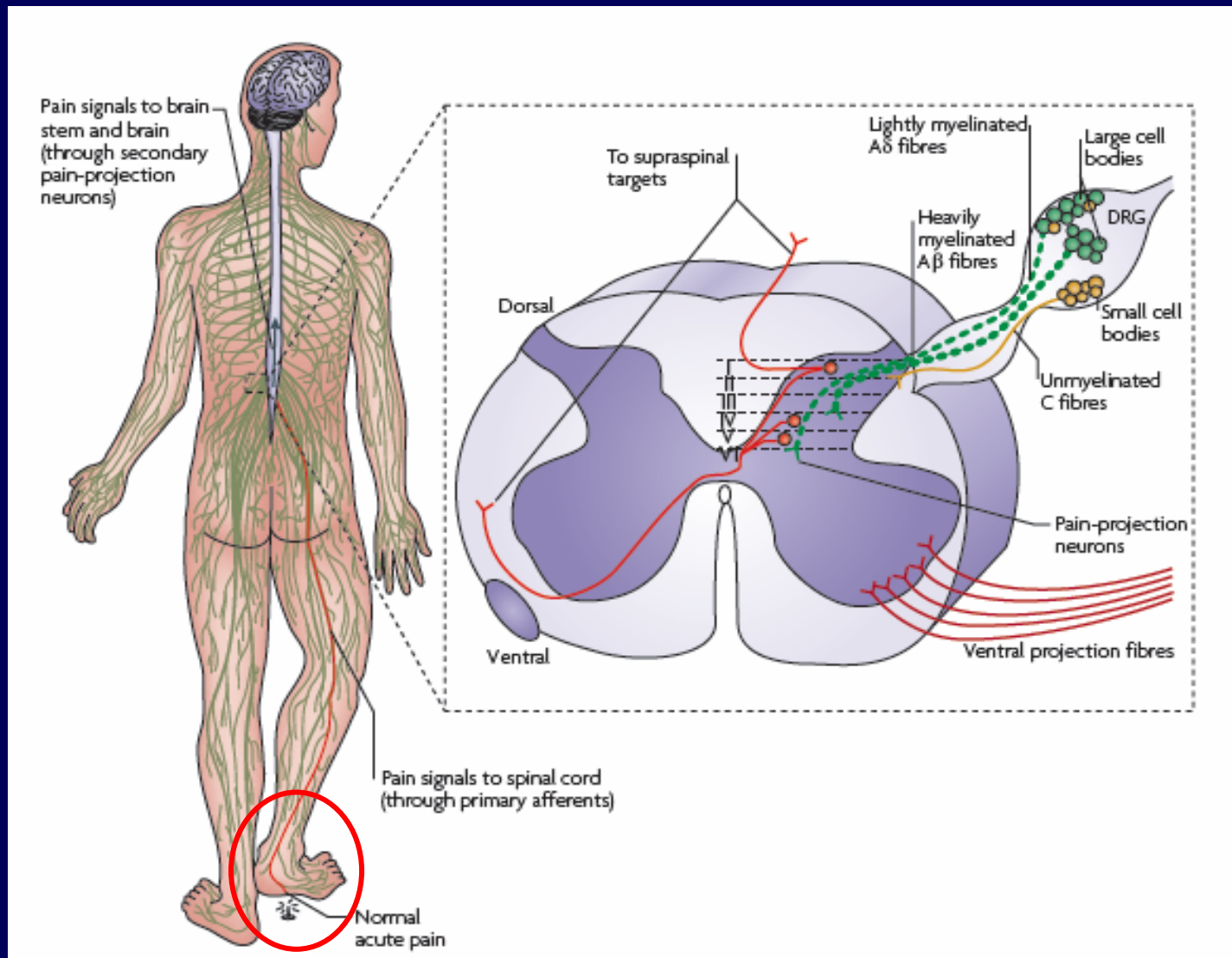
DESENVOLVIMENTO NEUROQUÍMICO DA DOR

- *Neurotransmissores:*

- *Medula espinhal (IG = 8 – 16 sem) – SP, PDGC, glutamato, neurocinina-A, neuropeptídeos*
- *Hipotálamo (IG = 8 sem) – Noradrenalina, 5-HT, dopamina*
- *Hipófise (IG = 20 sem) – ACTH, endorfinas*

Mecanismos de Transmissão da dor

Neuroanatomia básica



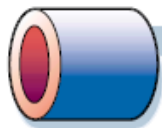
Mecanismos Periféricos de Transmissão da dor

- **Nociceptores**
 - Mecanocceptores
 - Termocceptores
 - Polimodais (**TRPV – VR1 e TRPA**)
 - **Silentes**
- **Vias de transmissão nervosa**
 - Fibras A-delta (2-6 mcM, 12-30 m/s) 10%
 - Fibras C (0,4-1,2 mcM, 0,5-2 m/s) 70%
 - **Fibras A-beta** (>10 mcM, 30-100 m/s) 20%

Mecanismos Periféricos de Transmissão da dor

a

Primary afferent axons



A α and A β fibres

Myelinated
Large diameter
Proprioception, light touch

Thermal threshold

None



A δ Fibre

Lightly myelinated
Medium diameter
Nociception
(mechanical, thermal, chemical)

~ 53 °C Type I

~ 43 °C Type II

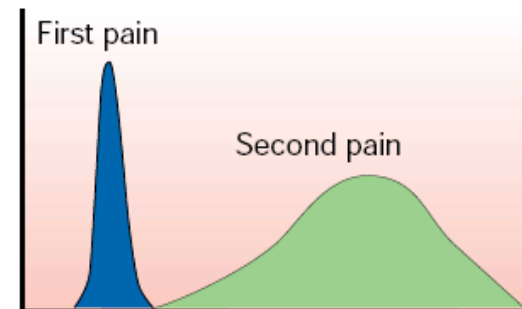
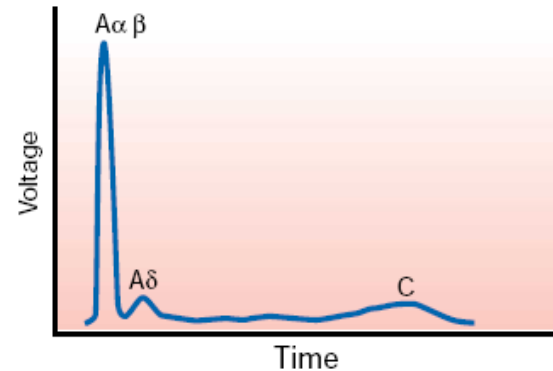


C fibre

Unmyelinated
Small diameter
Innocuous temperature, itch
Nociception
(mechanical, thermal, chemical)

~ 43 °C

b



Mecanismos Periféricos de Transmissão da dor

Lesão tecidual + liberação de fatores inflamatórios e imunes



Quebra de ácidos graxos de cadeia longa e formação de cininas - BRADICININA



Lesão da membrana celular – Ac Araquidônico – formação de PG, PC, LT, TX, LPX



Diminuição do limiar de excitabilidade dos nociceptores (PGE₂)



Liberação de citocinas (IL1, IL6, FNT-alfa) pelos macrófagos



Liberação de selectinas, integrinas, fatores quimiotáticos e NO



Migração de células de defesa e adesão celular ao endotélio

Mecanismos Periféricos de Transmissão da dor

Formação de Radicais Livres e Nitrogênio



Produção celular de Catalases, Colagenases e Esteromelisinase - Reparação



Inflamação Neurogênica com liberação de mediadores químicos na periferia



SP, PDGC, neurocinina A – vasodilatação e aumento da permeabilidade vascular



Sensibilização Periférica do Nociceptor



Aumento da expressão de canais de Na e Ca



Transmissão do potencial pelo axônio até a Medula Espinhal

Sensibilização Periférica

Dano Tecidual

Inflamação

**Terminais
Simpáticos**

Agentes sensibilizantes

Íons hidrogênio

Histamina

Purinas

Leucotrienos

Noradrenalina

Íons potássio

Citocinas

GNF

Bradicinina

Prostaglandinas

5-HT

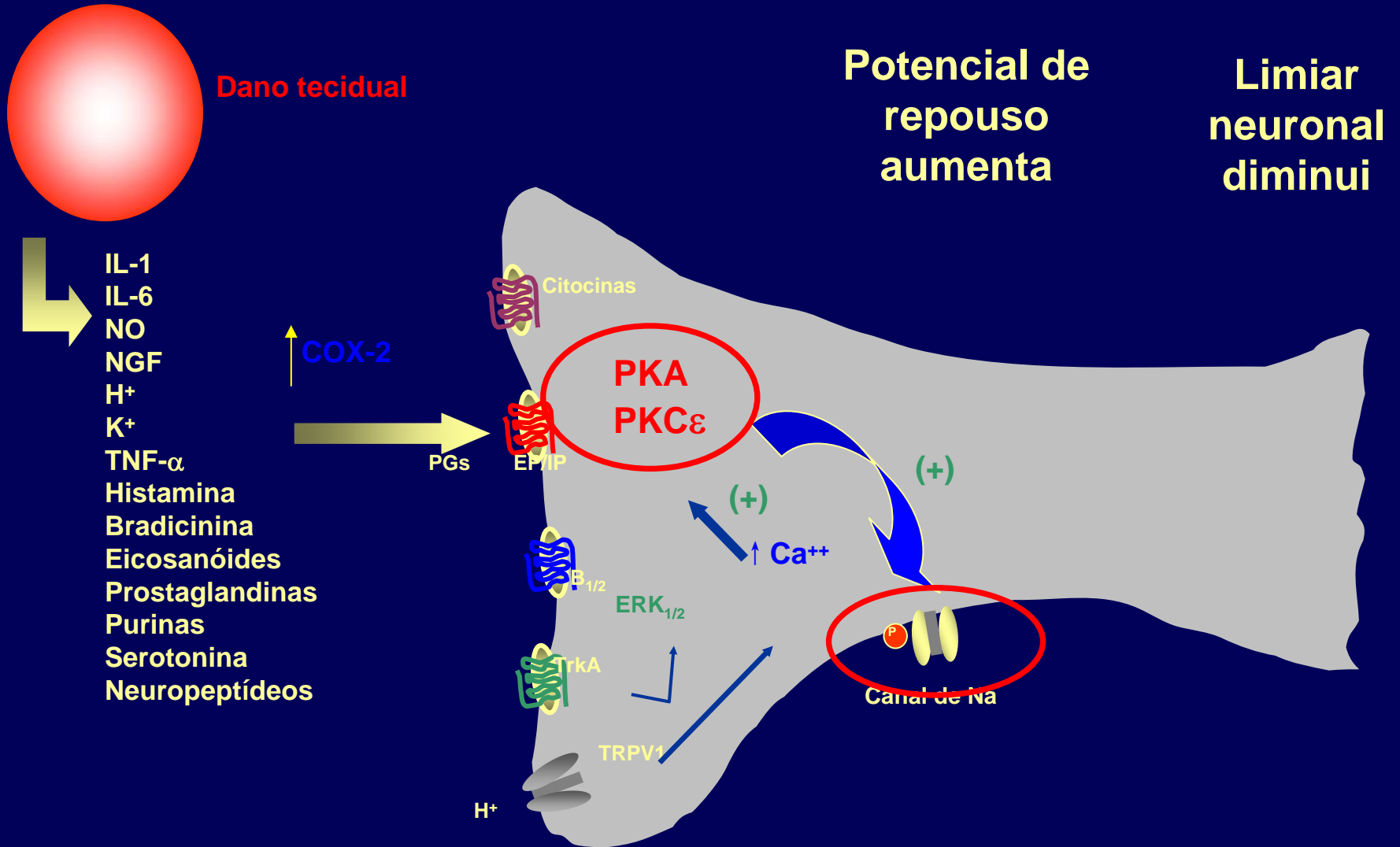
Neuropeptídeos

Diminuição do limiar dos nociceptores

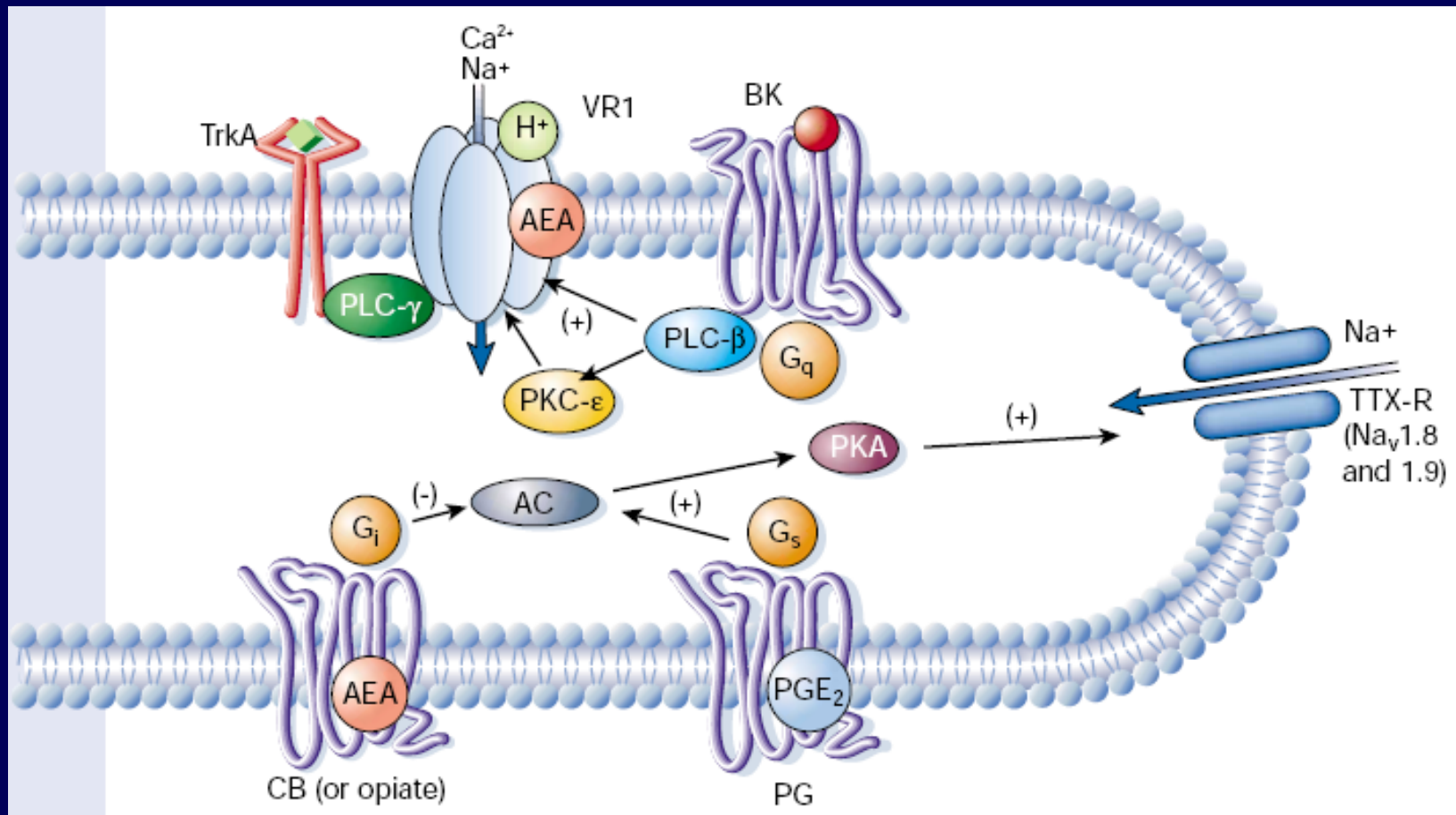
Discargas ectópicas

Acúmulo de canais de sódio

MECANISMOS PERIFÉRICOS DA DOR

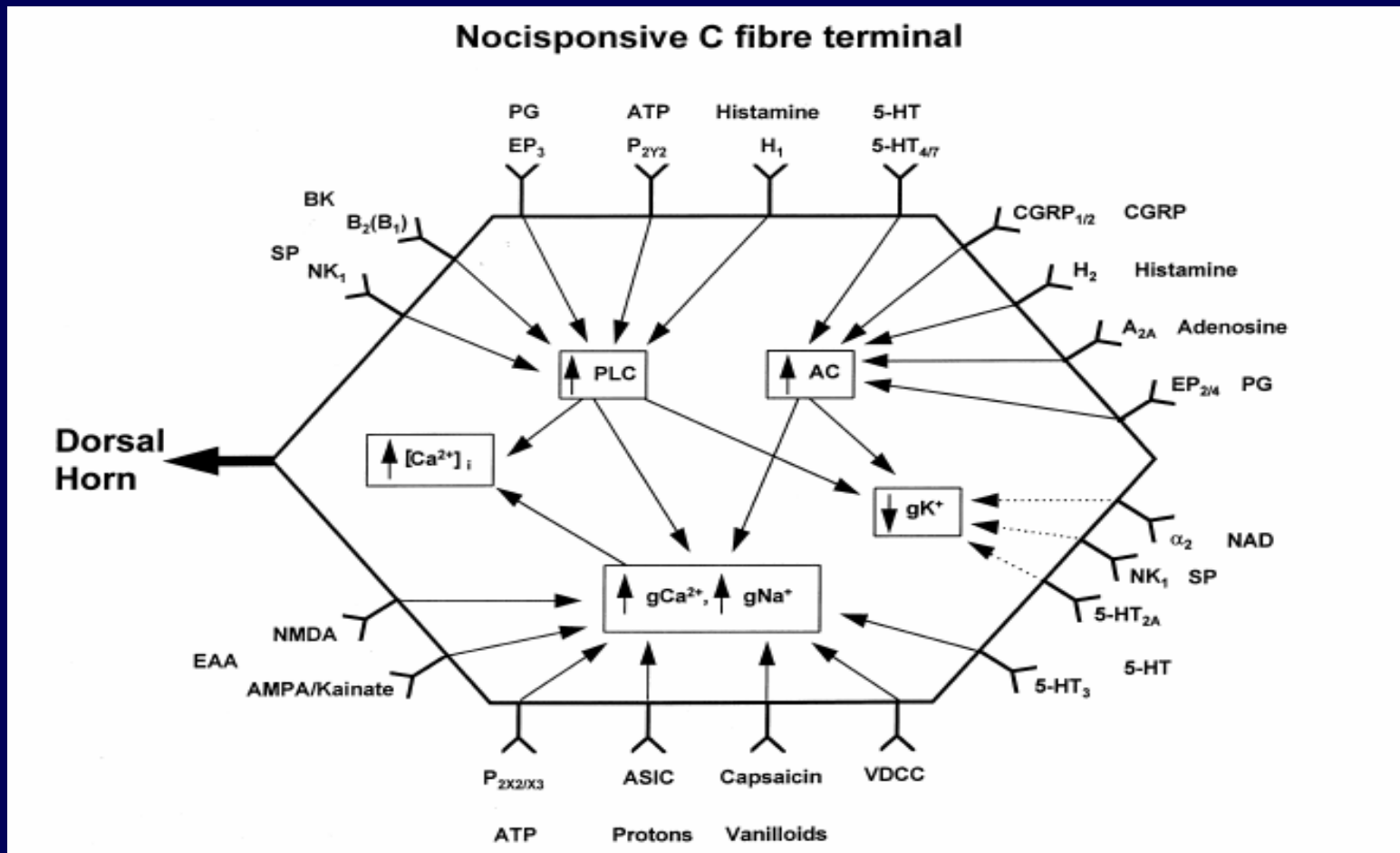


Mecanismos periféricos da dor

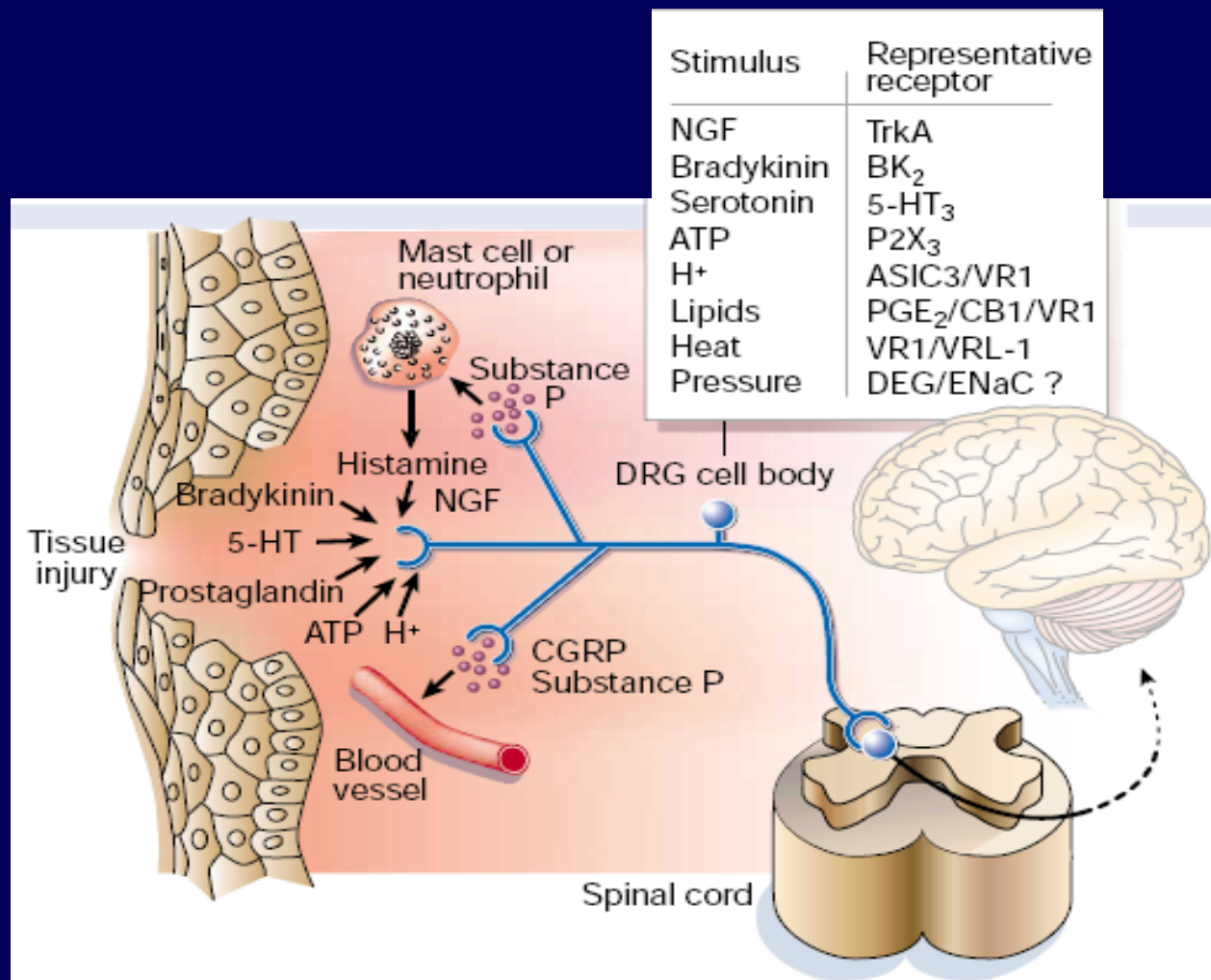


Mecanismos de Transmissão da dor

Terminais em fibras C



Mecanismos periféricos da dor



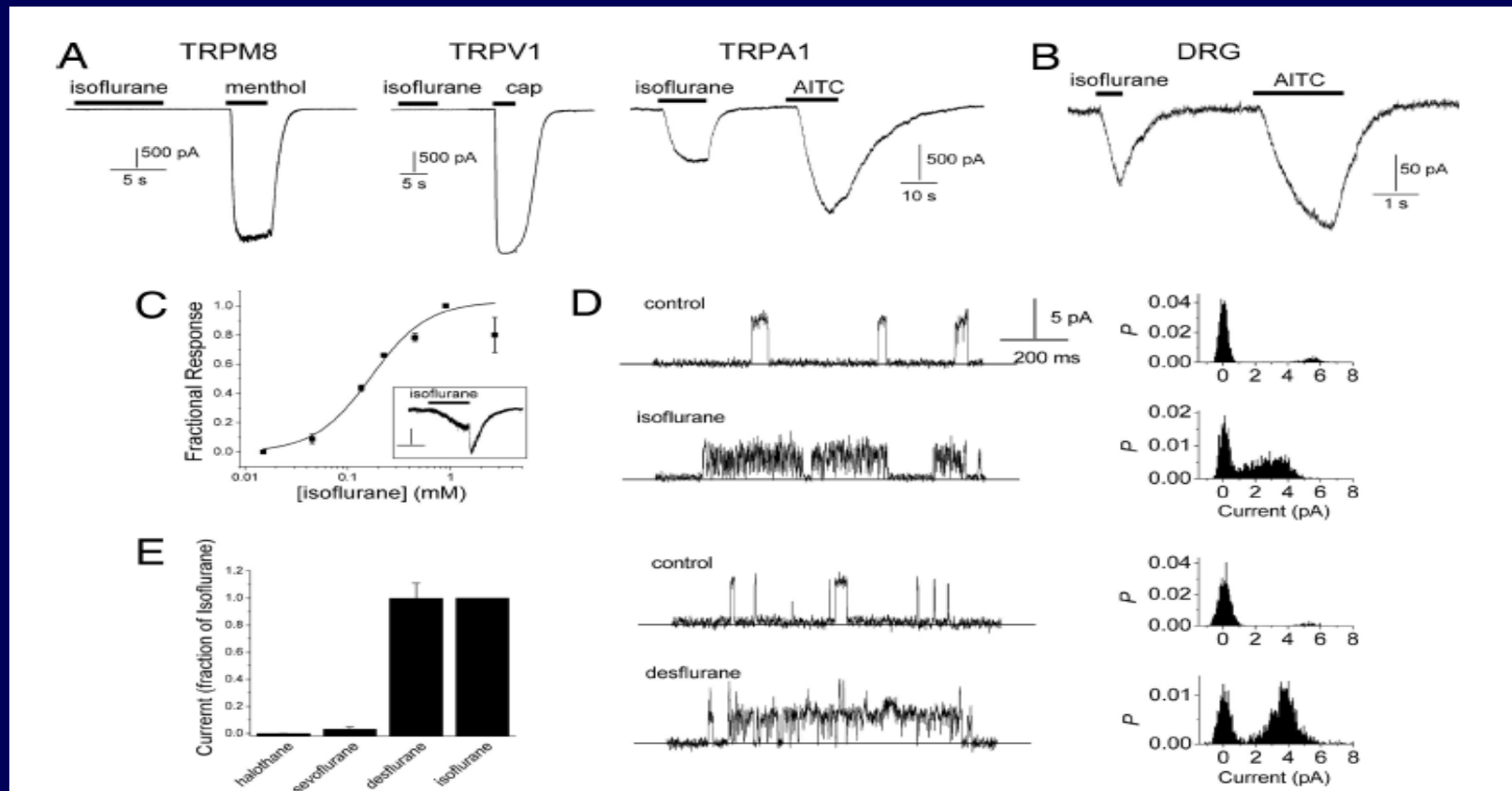
DISCUSSÃO DE ARTIGO

General anesthetics activate a nociceptive ion channel to enhance pain and inflammation

José A. Matta*, Paul M. Cornett*, Rosa L. Miyares*, Ken Abe†, Niaz Sahibzada*, and Gerard P. Ahern**

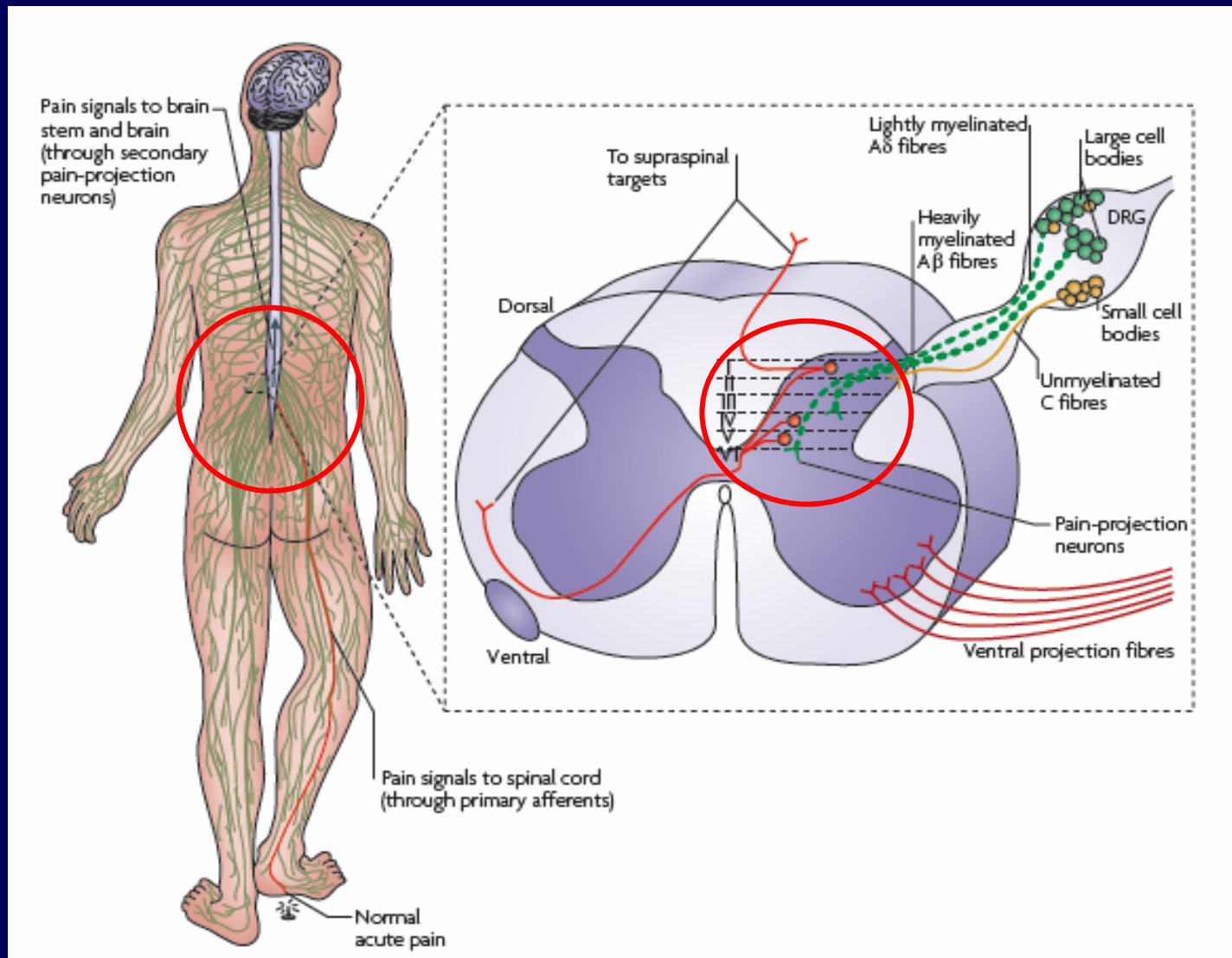
Departments of *Pharmacology and †Physiology and Biophysics, Georgetown University, 3900 Reservoir Road, NW, Washington, DC 20007

8784–8789 | PNAS | June 24, 2008 | vol. 105 | no. 25

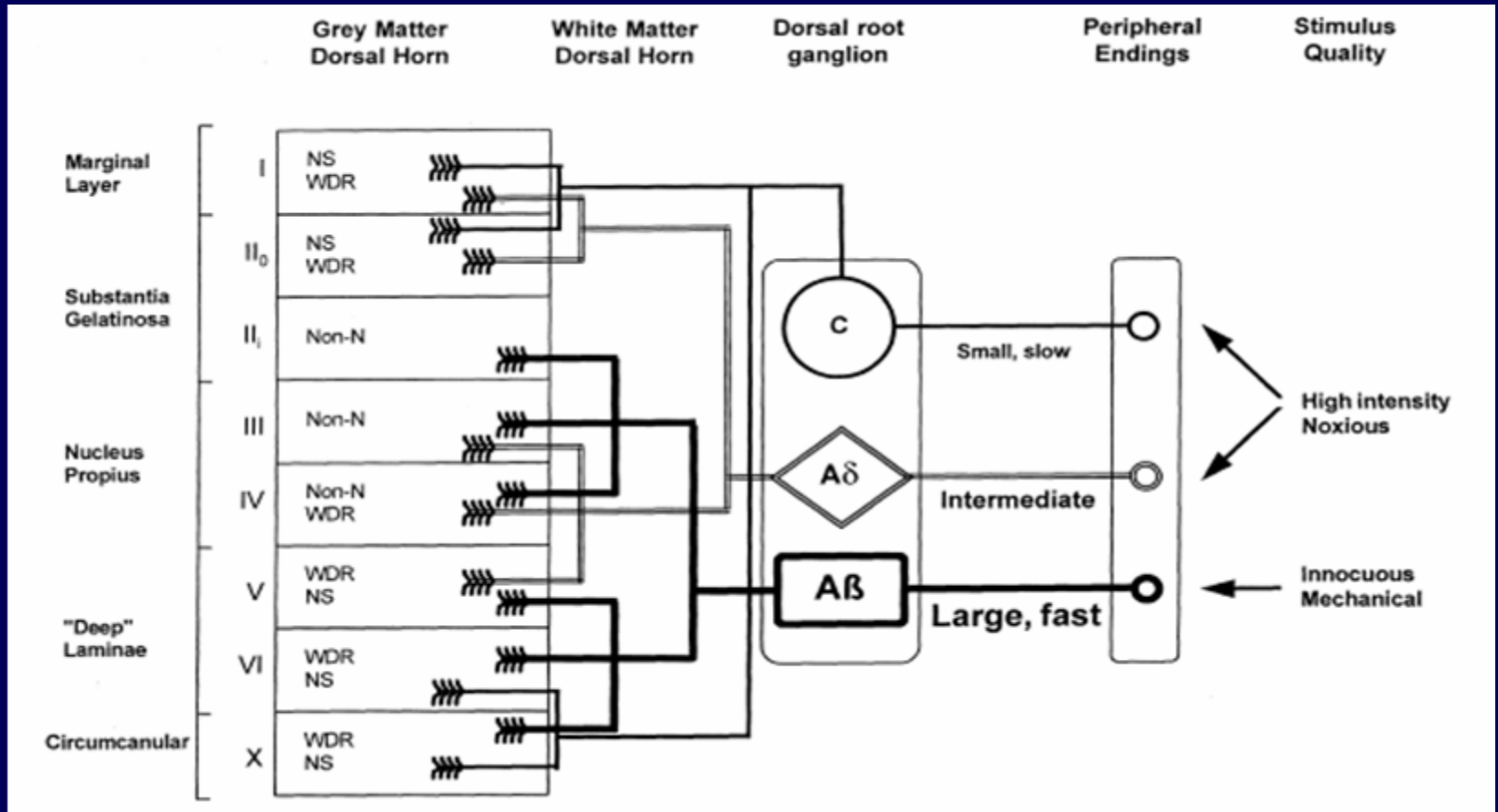


Mecanismos de Transmissão da dor

Neuroanatomia básica



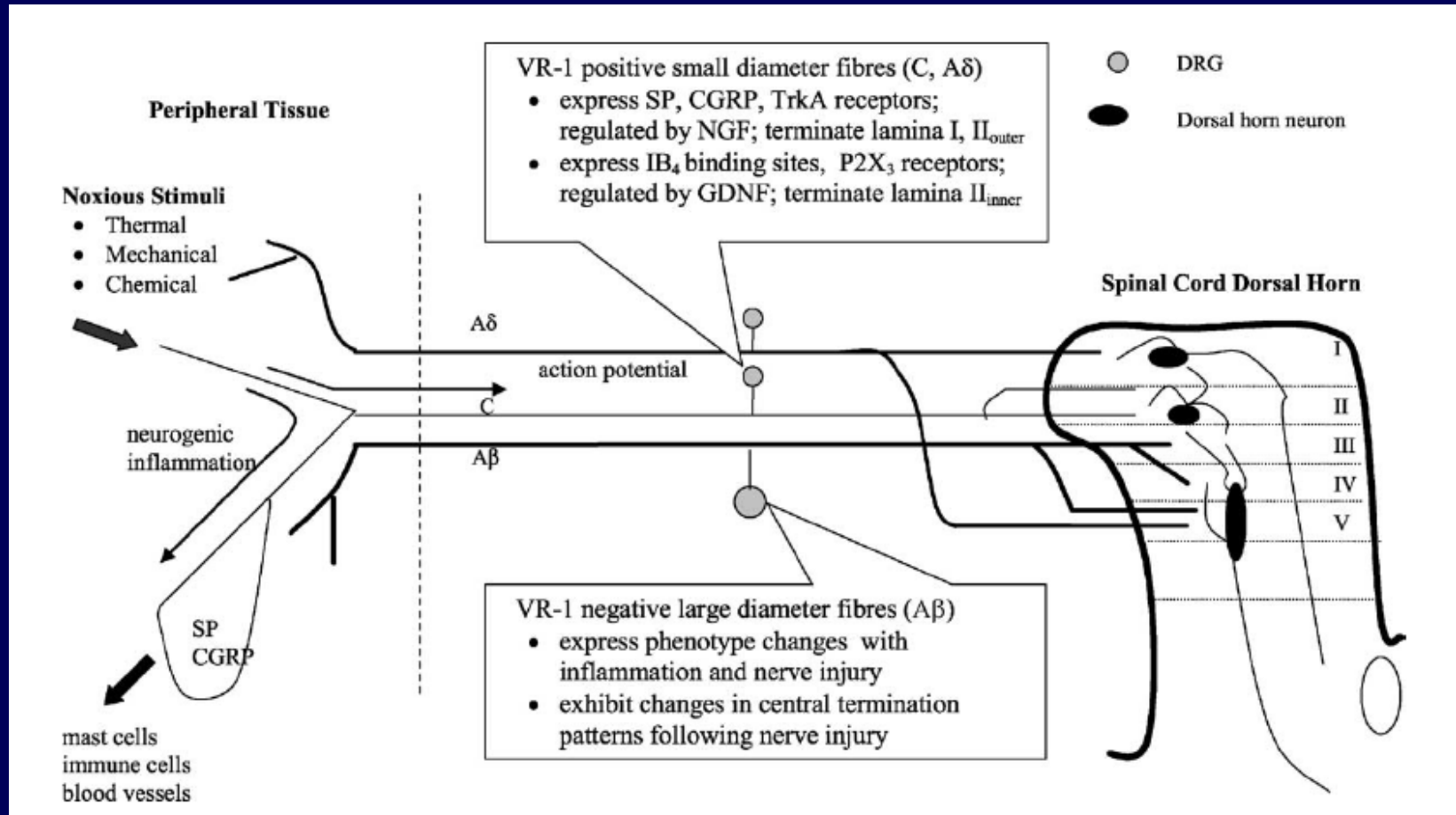
Mecanismos de Transmissão da dor



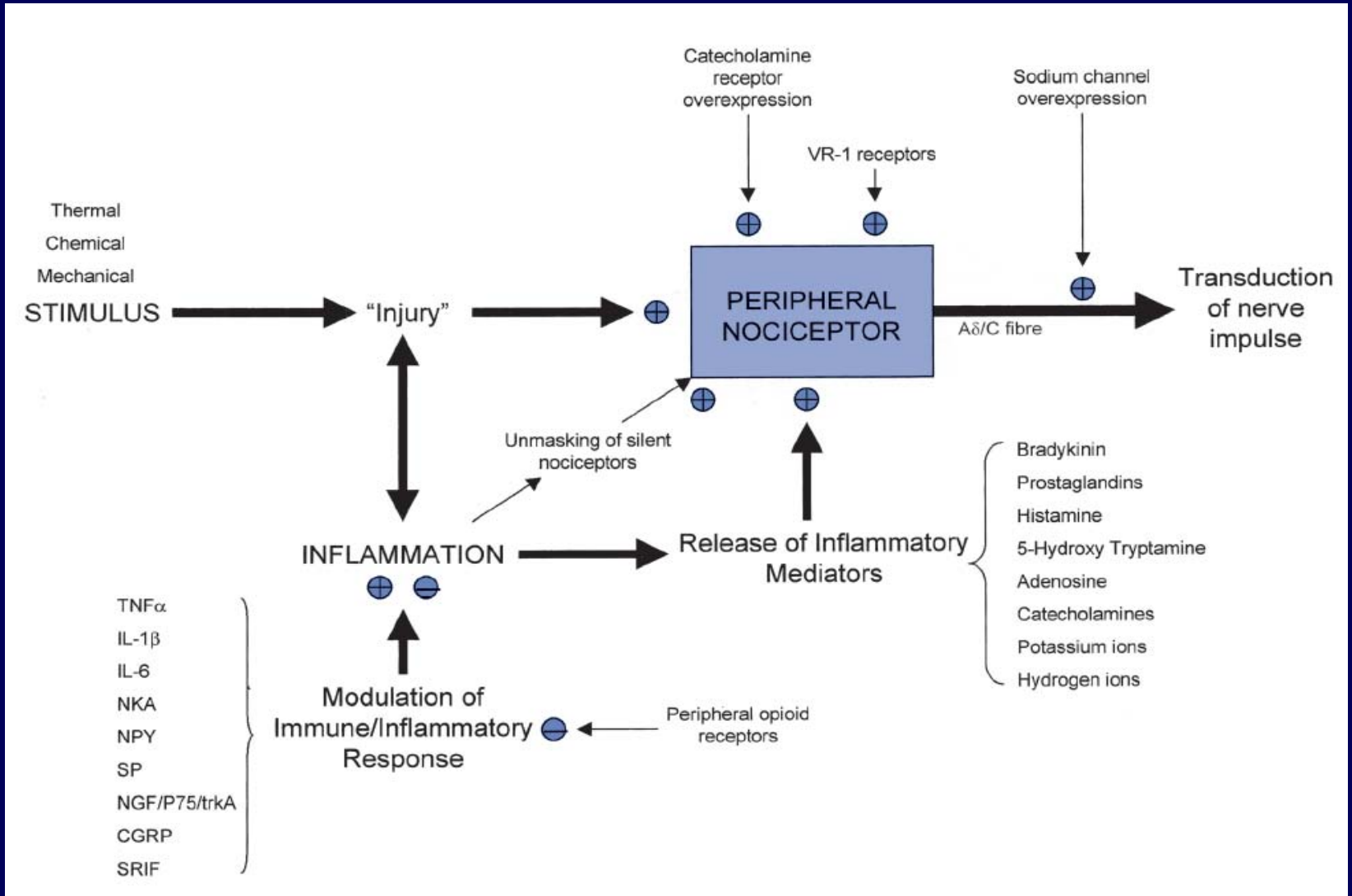
Mecanismos de Transmissão da dor

Fibre class	Threshold for activation	Principal transmitters*	Receptors engaged*	DH Laminae innervated†	Neurone types targeted	Sensation mediated	
						Physiological	Pathological
C	High	SP/NKA CGRP EAA	NK _{1/2} CGRP _{1/2} NMDA/ AMPA mGlu	I/II ₀ IV/V, X	NS WDR	Noxious (pain)	Highly noxious (hyperalgesia) Cold allodynia (pain)
A β	Low	EAA	AMPA	III-VI	NON-N WDR	Innocuous (no pain)	Mechanical allodynia (pain)

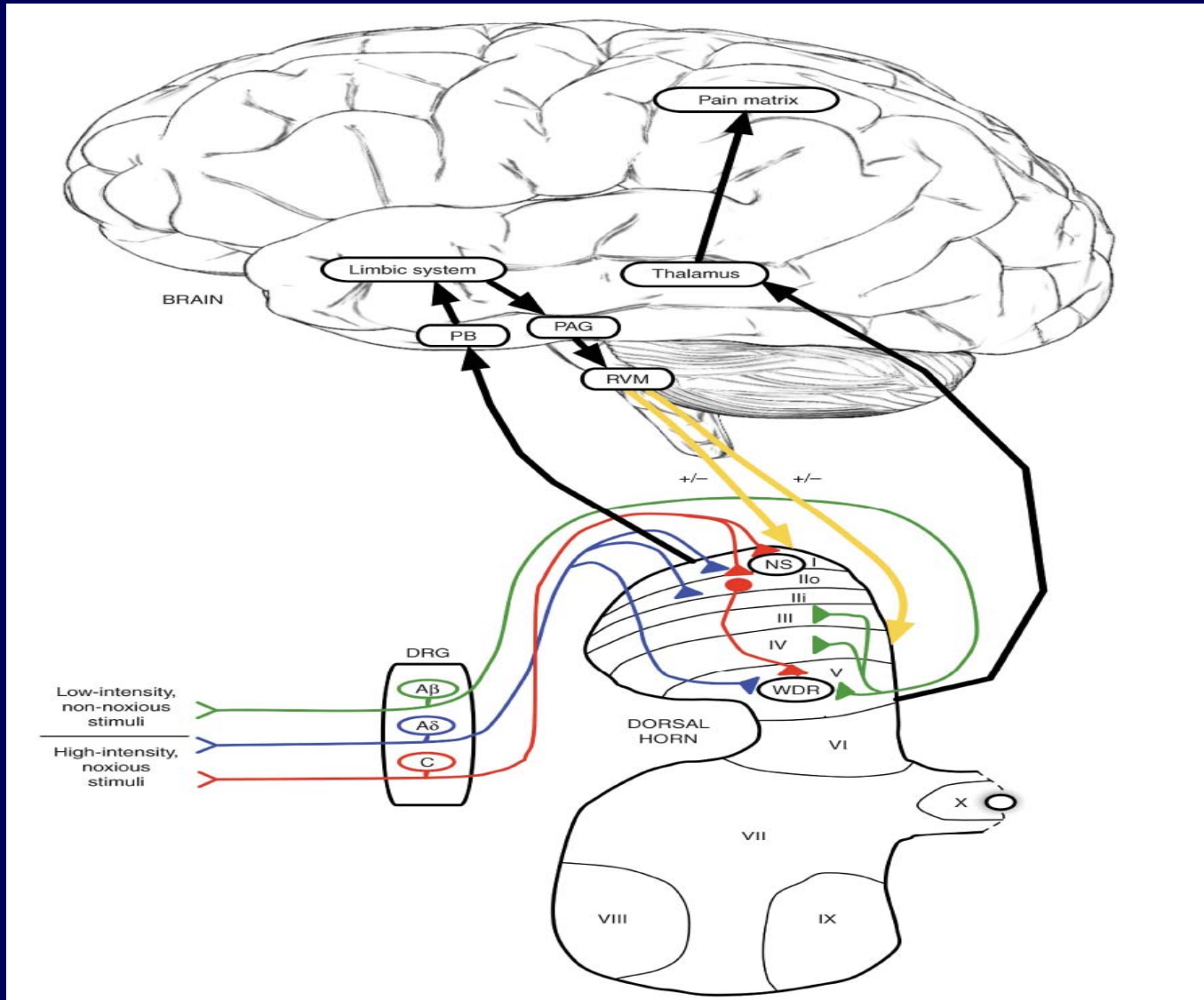
Mecanismos de Transmissão da dor



Mecanismos de Transmissão da dor



Mecanismos de Transmissão da dor



Neuroanatomia da dor



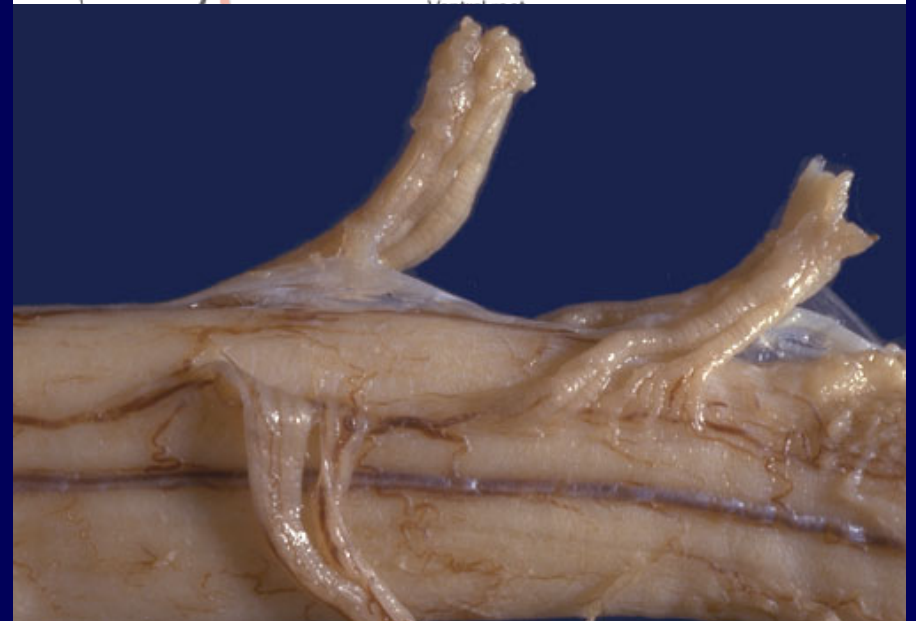
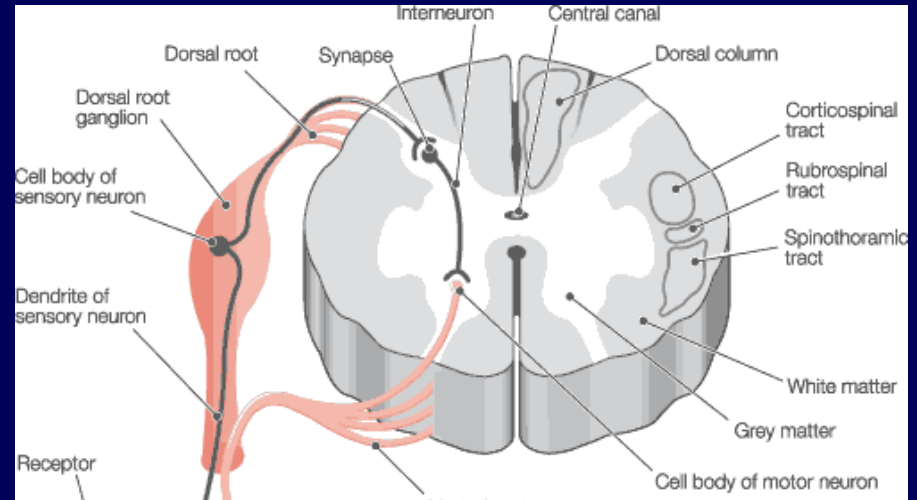
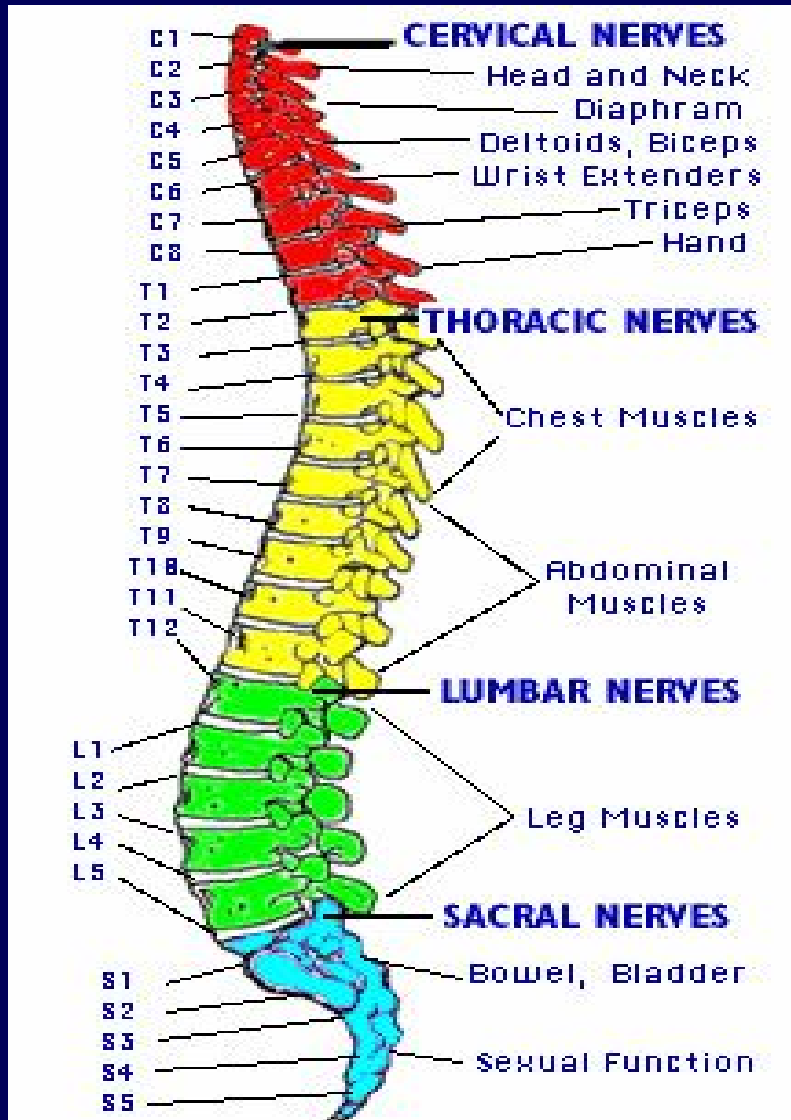
Neuroanatomia da dor



Neuroanatomia da dor



Neuroanatomia da dor



Mecanismos de Transmissão da dor

Vias ascendentes

Tract	Laminae of origin	Cell types	Tissue input	Ascending pathways	Principal sub-cortical targets	Somatic Organization	Axon types	Phylogenetic distribution	Possible roles
Spinothalamic tract	I II (few) IV V/VI VII/VIII LSN	NS WDR Non-N (few)	Skin Viscera Joints/muscle	Mainly VLF DLF (I, LSN) Mainly contralateral	Thalamus: VLF → VPL/VPM DLF → VMPo/VPI/MDvc Also PAG and collaterals →Reticular structures	Yes (I-IV)	Unmyelinated Small and large myelinated	All mammals Prominent in primates	Discriminative-sensory (VLF) Motivational-affective (DLF) Descending inhibition
Spinoreticular tract	I V/VI VII/VIII X (few)	NS (most) WDR Non-N (few)	Skin Viscera Muscle	Mainly VLF Mainly contralateral But ipsilateral (I-V) via dorsal columns to DRN	RF of brainstem → LRN (NPGC/NGC), medial thalamus and DRN (few)	No	Small and large myelinated	All vertebrates	Motivational-affective? Descending inhibition
Spinomesencephalic tract	I-II IV/V VII X LSN	NS (I) WDR Non-N	Skin Viscera Joints/muscle	Mainly VLF DLF (I, LSN) Mainly contralateral	Midbrain and PAG Deep SCL, NCF and PBN Thalamus (few)	Weak	Unmyelinated Small and large myelinated	All vertebrates	Motivational-affective. Autonomic, motor
Spinoparabrachio-amygdaloid tract	I II (few)	NS	Skin Viscera Joints/muscle	DLF-LF Mainly contralateral	PBN → amygdala and stria terminalis	Yes	Unmyelinated Small, myelinated	Mammals	Motivational-affective. Autonomic
Spinoparabrachio-hypothalamic tract	I II (few)	NS	Skin Viscera Joints/muscle	DLF-LF Mainly contralateral	PBN → hypothalamus (VMH).	No	Unmyelinated Small, myelinated	Mammals	Motivational-affective. Endocrine
Spinohypothalamic (spinotelencephalic) tract	I V X LSN	NS WDR Non-N (few)	Skin Viscera	VLF Mainly contralateral	Hypothalamus and thalamus. Also pons, amygdala, striatum (bilateral)	?	Unmyelinated Small, myelinated	Mammals	Sleep, autonomic and endocrine function Thermoregulation
Spinocervical tract	I (few) III/IV (most) V	WDR Non-N (most)	Skin Joints/muscle	DLF Ipsilateral—then contralateral (from LCN)	Relay LCN (C1-C3 level) →Contralateral thalamus (VPL/VMPo) and midbrain (PAG and SCL) Some LCN cells → spinal cord	Cats and monkeys Not rats	Small and large myelinated	All vertebrates Prominent in carnivores and primates	Discriminative-sensory Motivational affective Autonomic?
Postsynaptic dorsal column (ML) pathway	III-V (most) VI VII	NS WDR Non-N	Skin Viscera Joints/muscle	DF (and DLF) Ipsilateral—then contralateral (from DCN)	Relay DCN of caudate medulla: via ML → contralateral thalamus (VPL/VMPo) Also SCL and spinal cord (few)	Yes (VPL)	Small and medium myelinated	Not fish Prominent in mammals	Discriminative-sensory (VPL) Motivational-affective (VMPo)

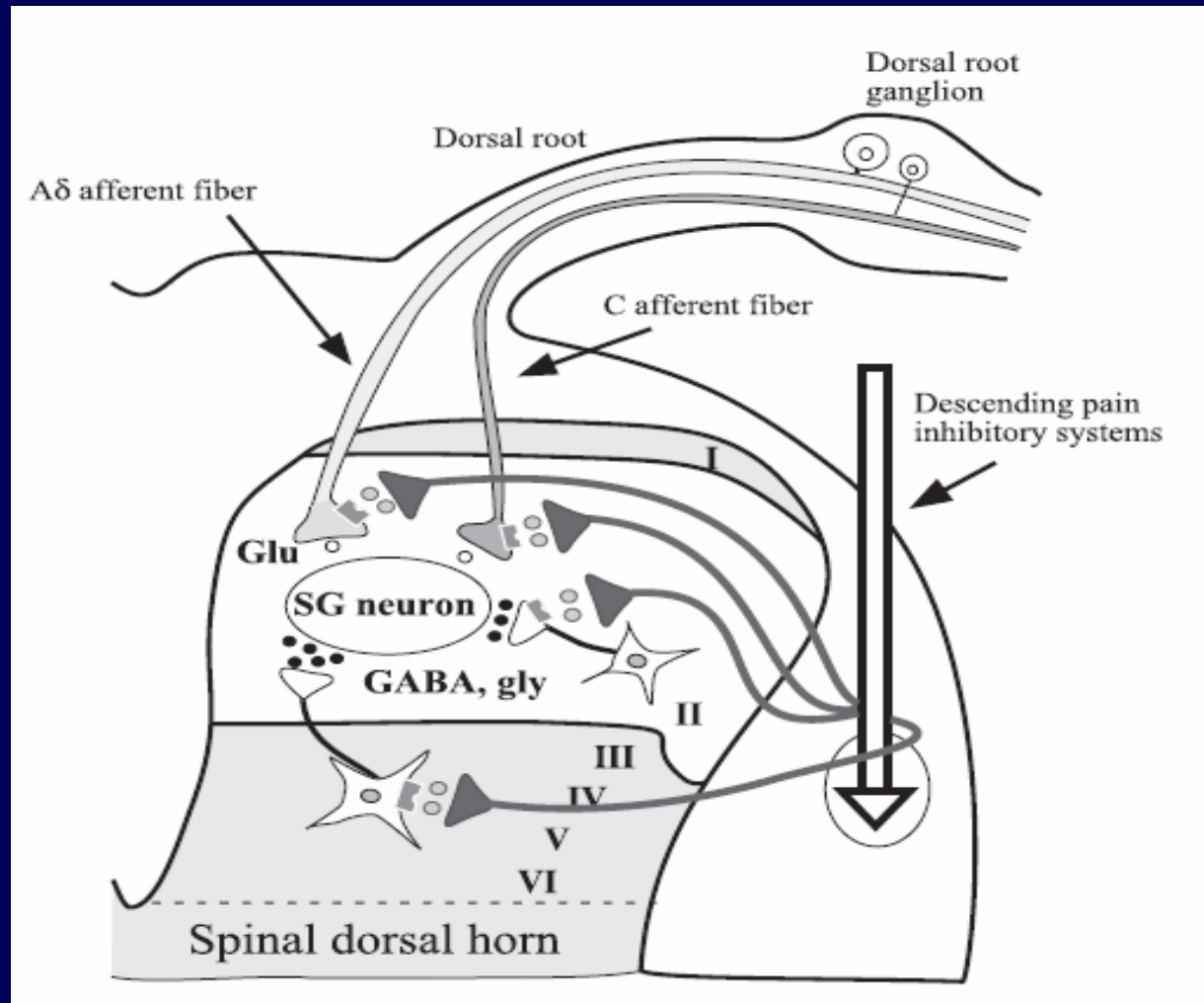
Mecanismos de Transmissão da dor

Vias descendentes

- Córtex Cerebral
 - Cingulado Anterior
 - Córtex frontal
 - Córtex parietal
- Hipotálamo
- Subst. Cinzenta Periaquedutal
- Núcleo parabraquial
- NTS
- Medula Ventromedial (N. da Rafe)
- Locus Coeruleus

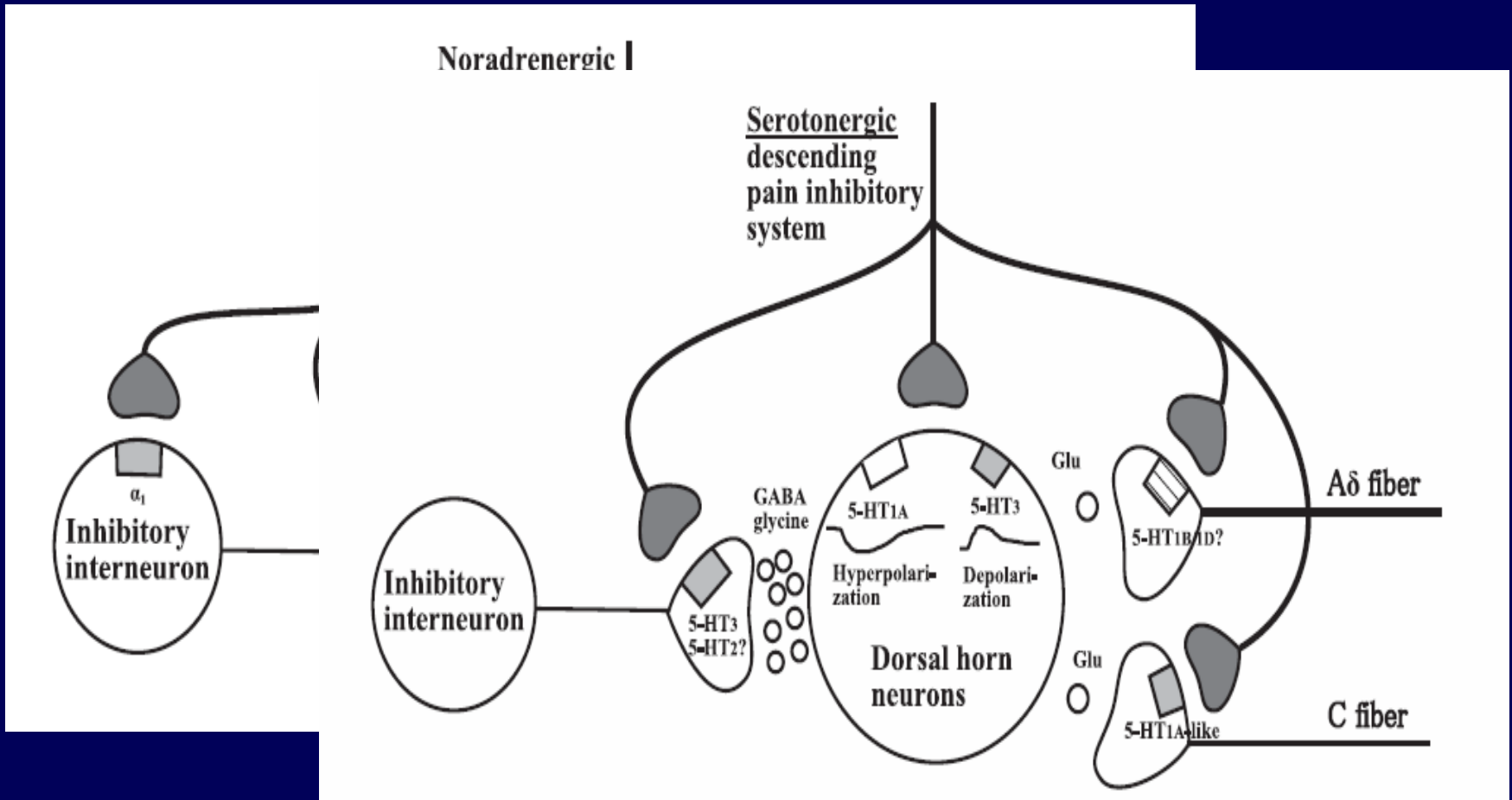
Mecanismos de Transmissão da dor

Vias descendentes

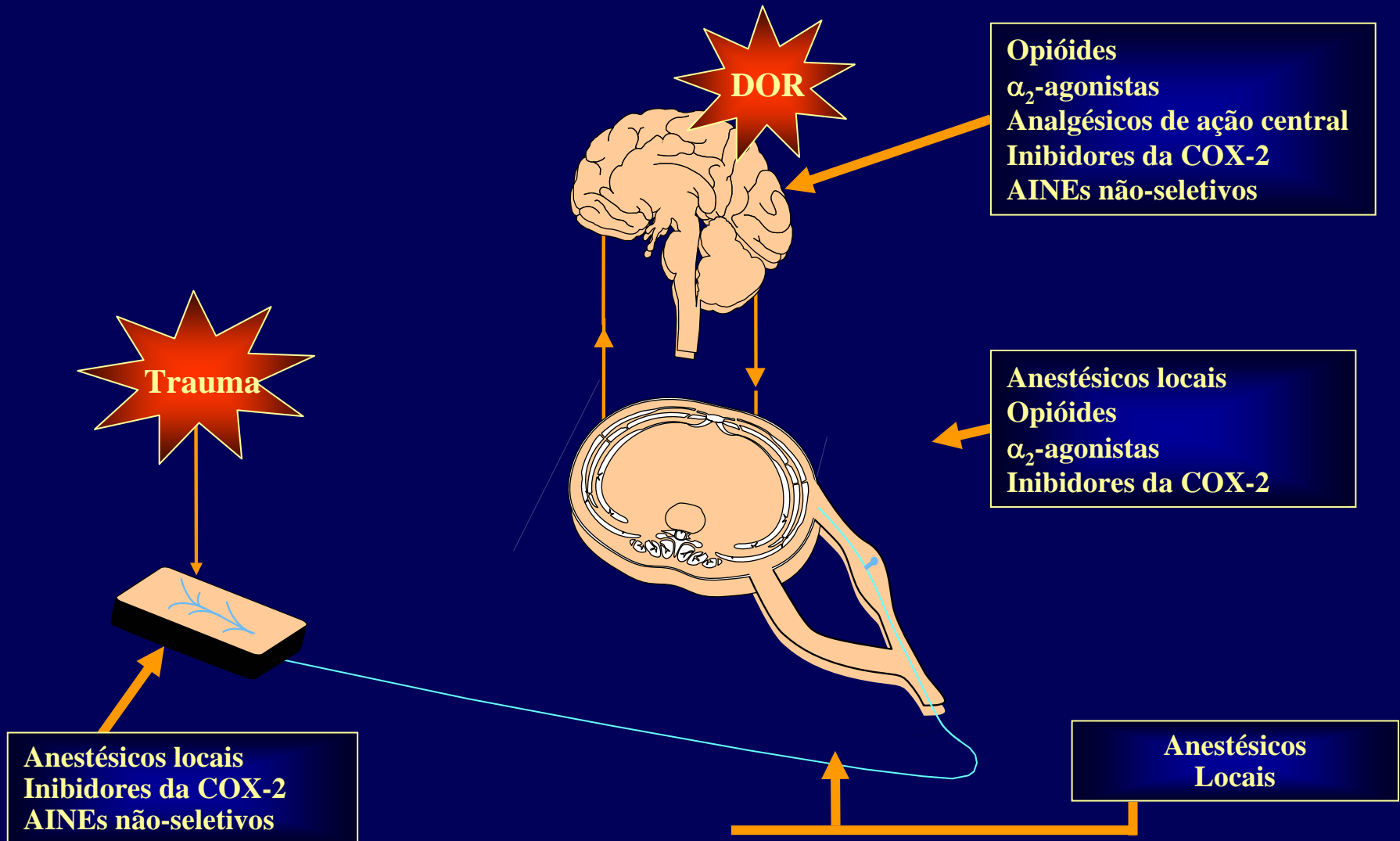


Mecanismos de Transmissão da dor

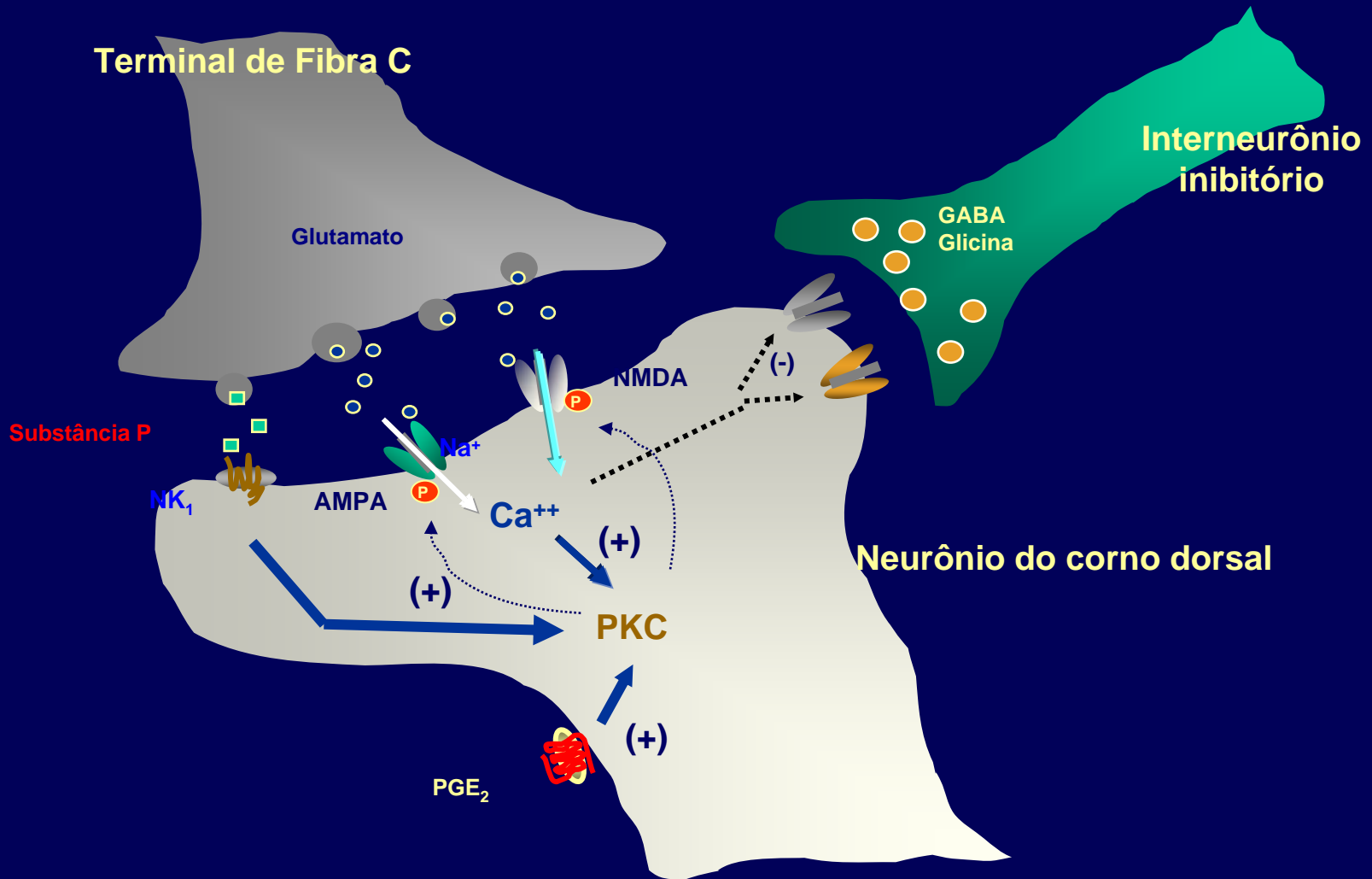
Vias descendentes



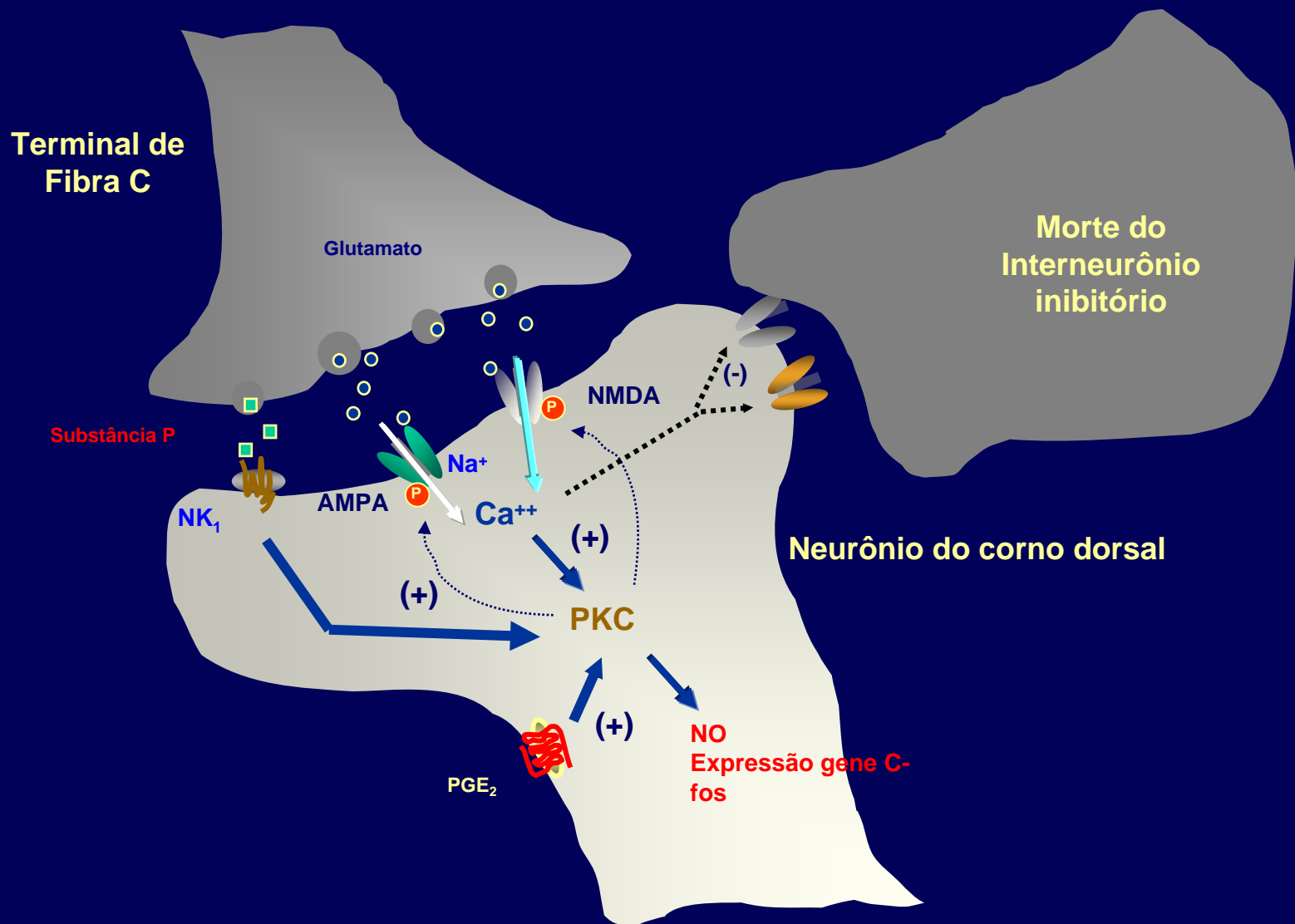
Analgesia e a transmissão dolorosa



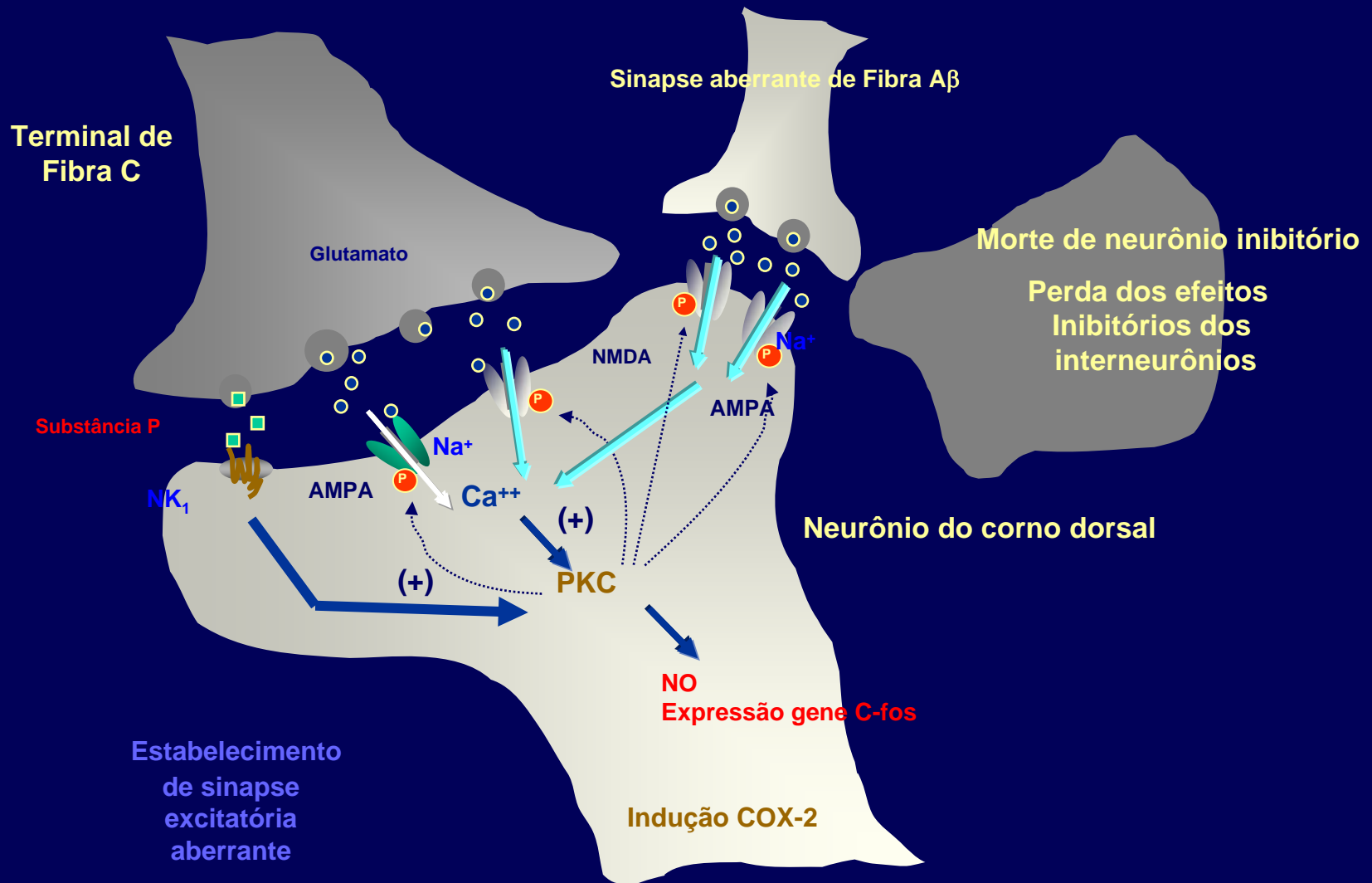
PROCESSAMENTO CENTRAL DA DOR



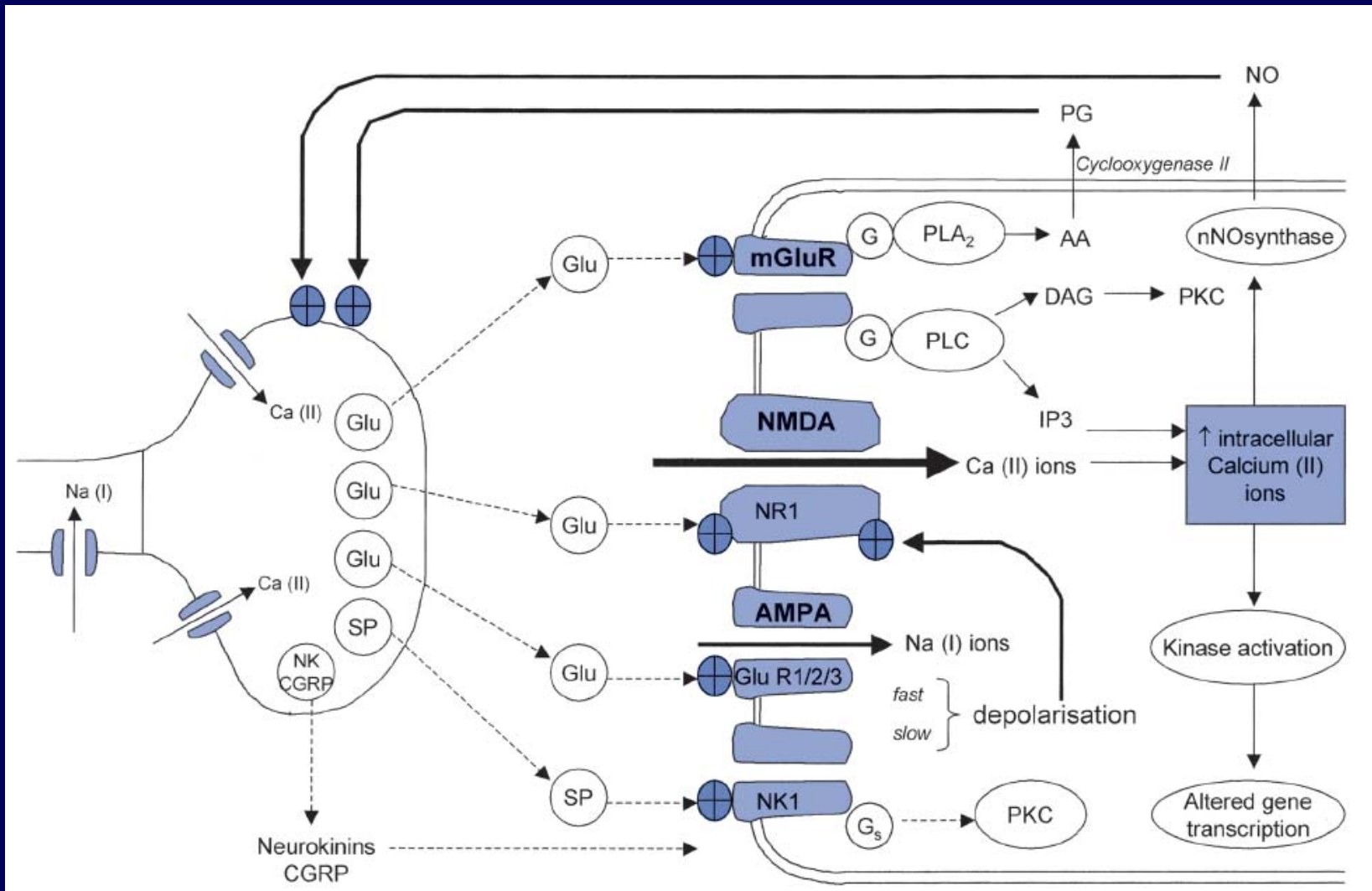
PROCESSAMENTO CENTRAL DA DOR



PROCESSAMENTO CENTRAL DA DOR

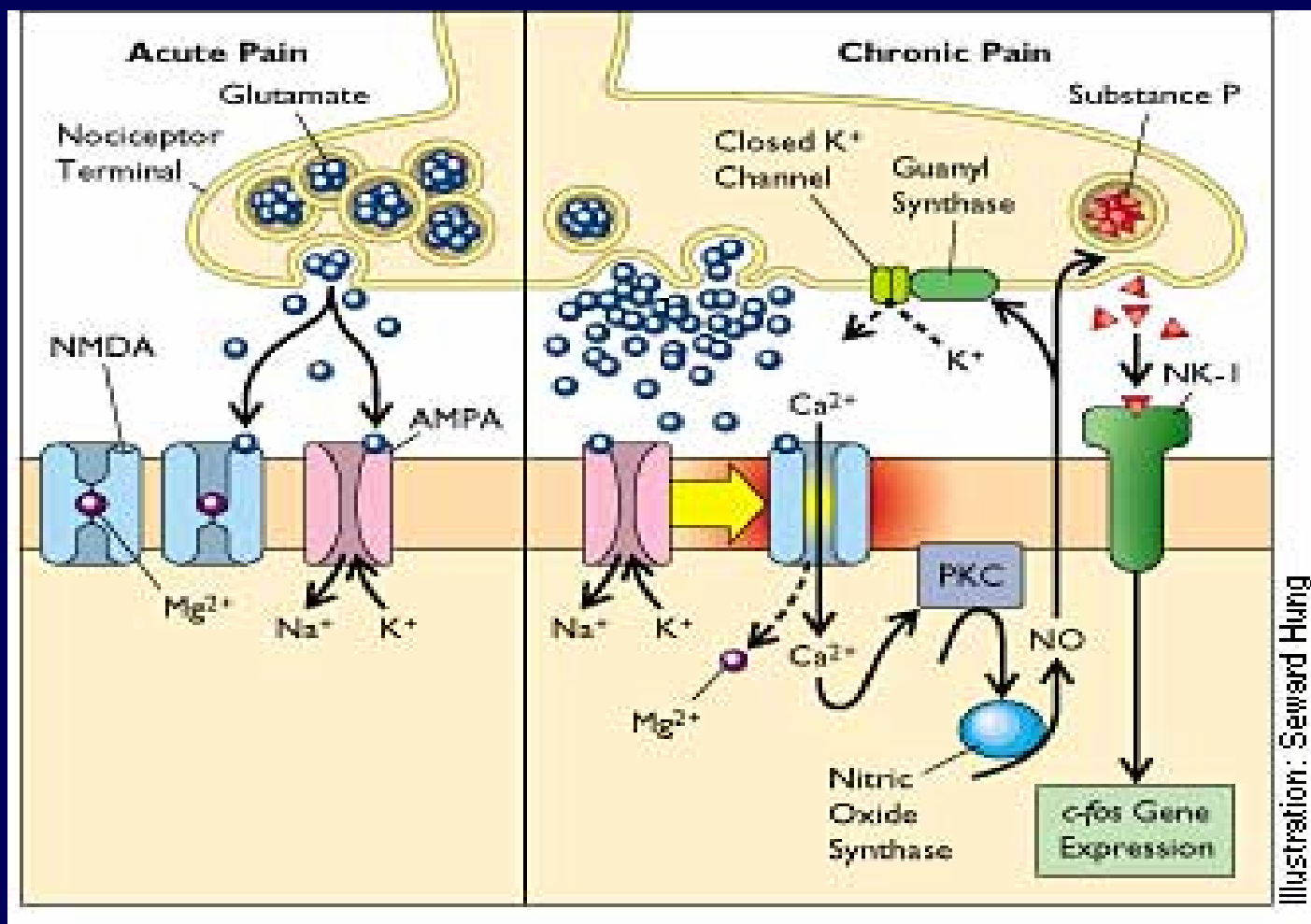


PROCESSAMENTO CENTRAL DA DOR



Mecanismos de Transmissão da dor

Sensibilização Central – Receptor NMDA



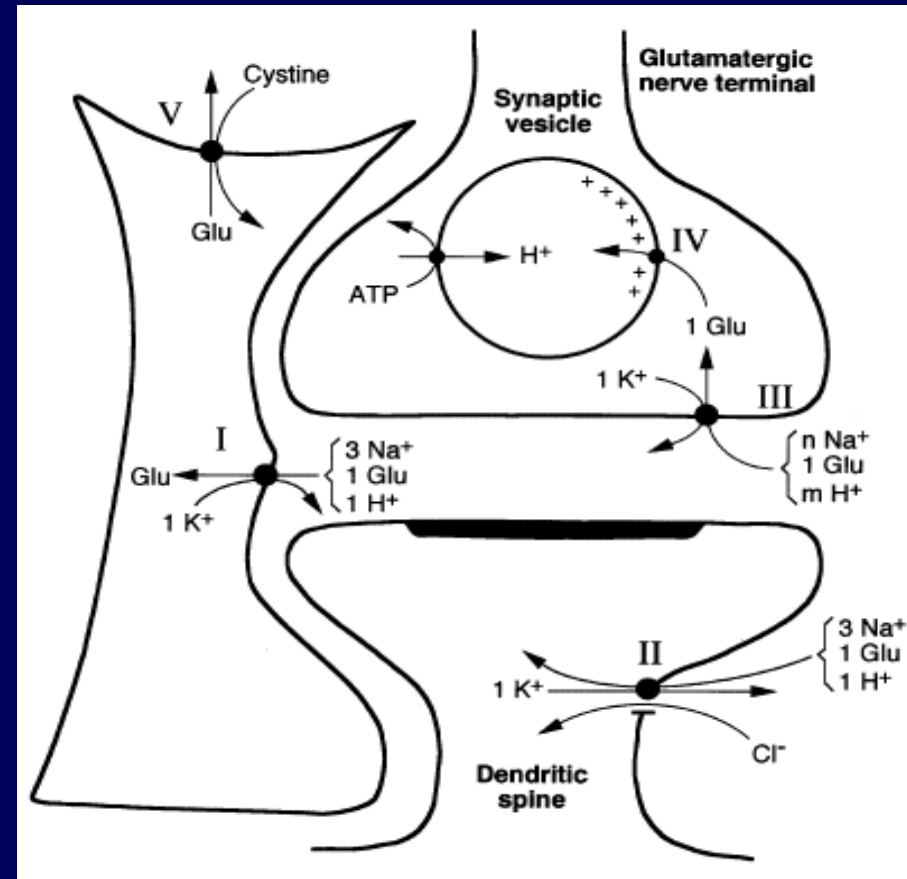
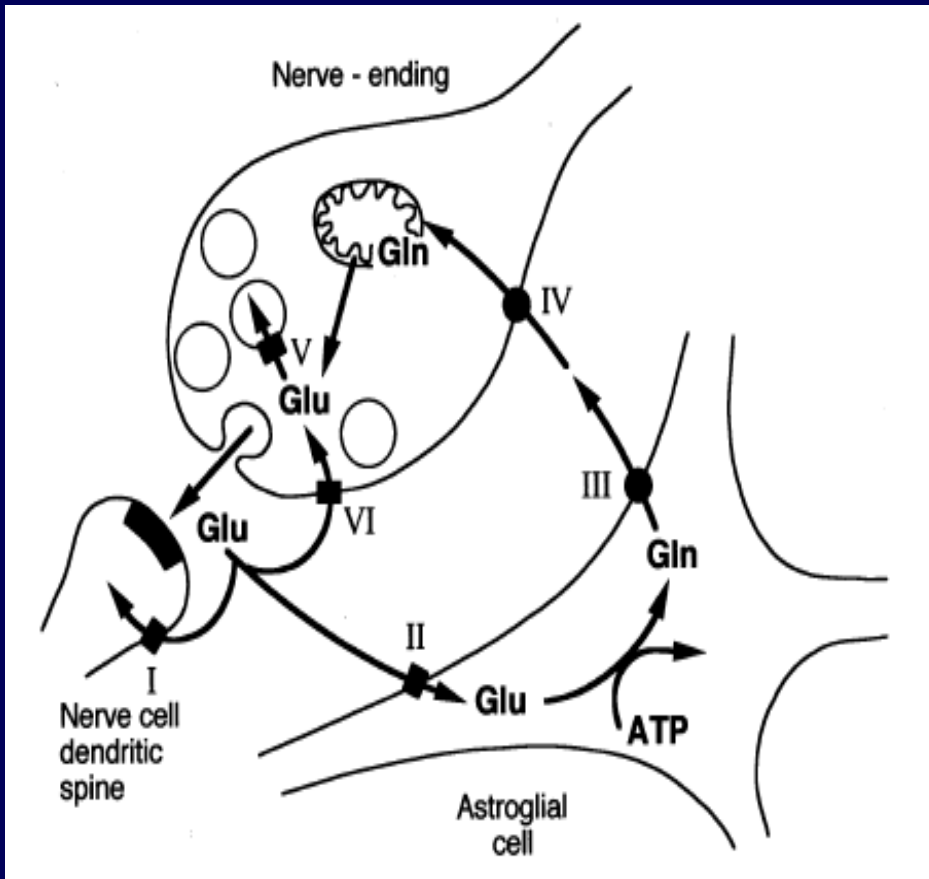
Sistema Glutamatérgico e Dor

- AA excitatório:
 - Plasticidade sináptica
 - Memória e Aprendizado
 - Desenvolvimento neuronal
- Receptores ionotrópicos e metabotrópicos
- Transportadores de Glutamato

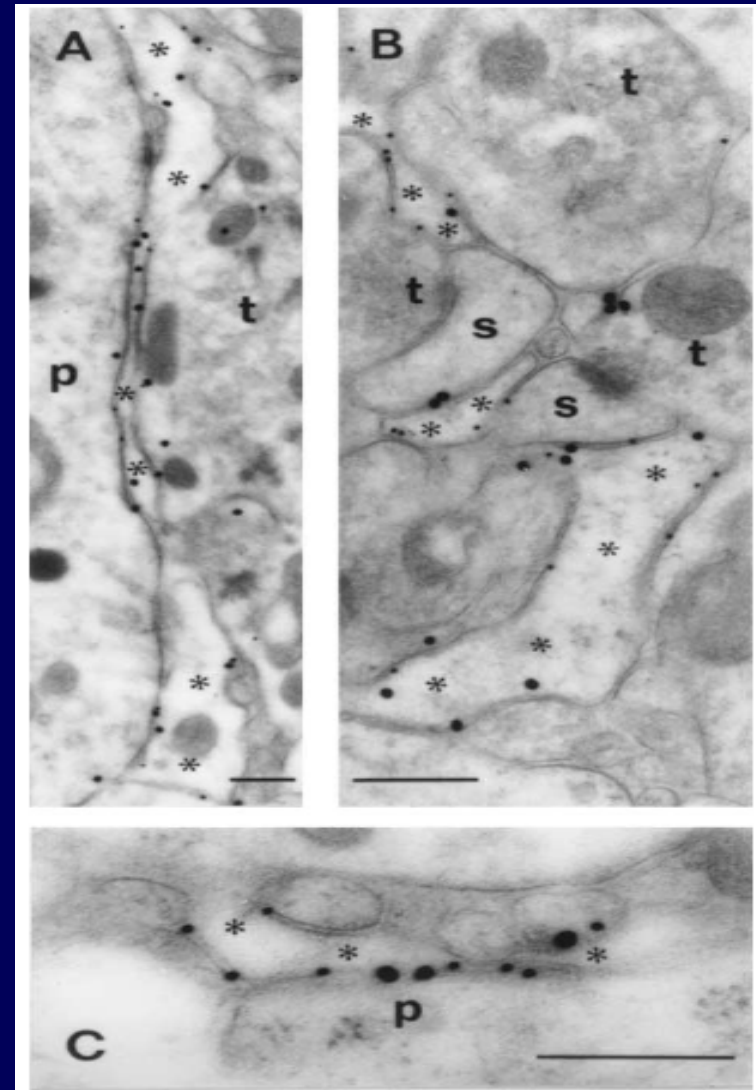
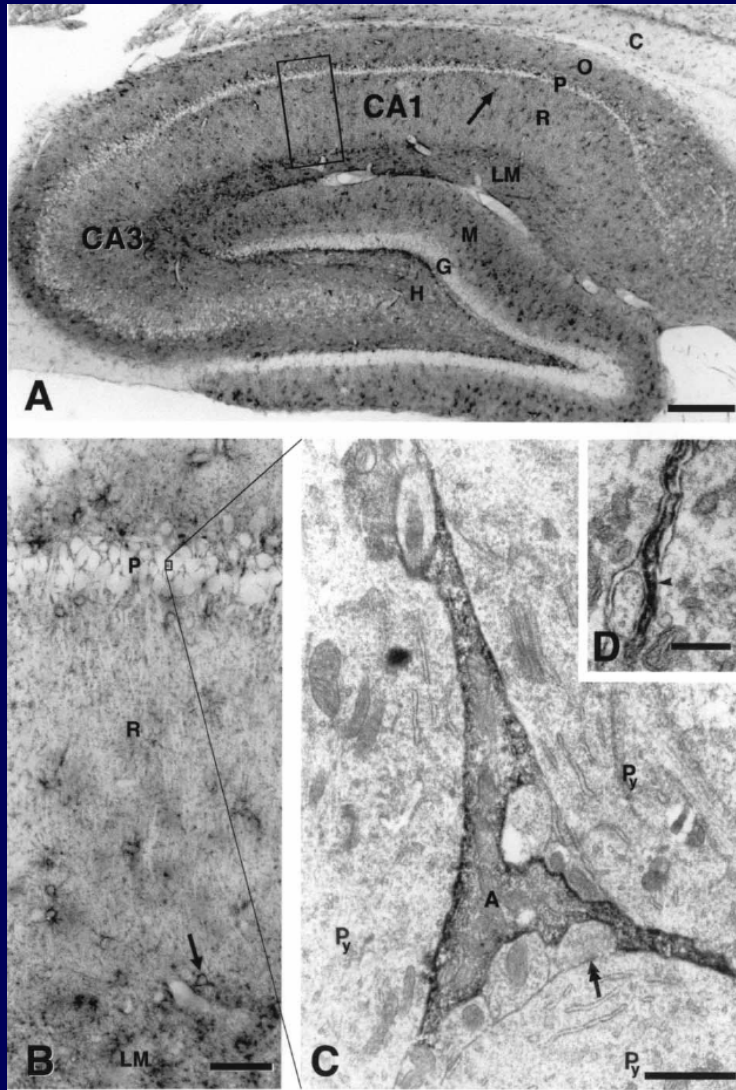
Receptores Glutamatérgicos e Dor

- NMDA
 - 7 subunidades (N1 e N2B)
 - Sítios modulatórios
 - Bloqueio por íon Magnésio
 - Ativação voltagem dependente
 - Papel dor persistente/patológica

Transportadores de Glutamato e Dor



Transportadores de Glutamato e Dor



DISCUSSÃO DE ARTIGO

Glutamate Transporters Prevent Excessive Activation of NMDA Receptors and Extrasynaptic Glutamate Spillover in the Spinal Dorsal Horn

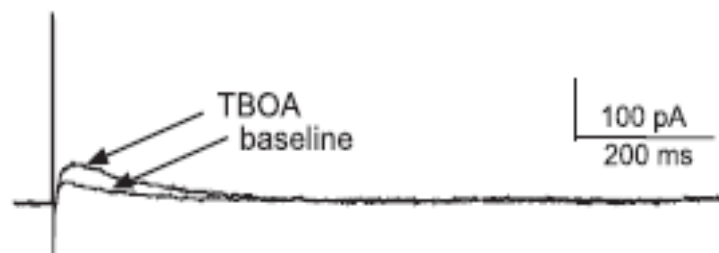
Hui Nie and Han-Rong Weng

J Neurophysiol 101: 2041–2051, 2009.

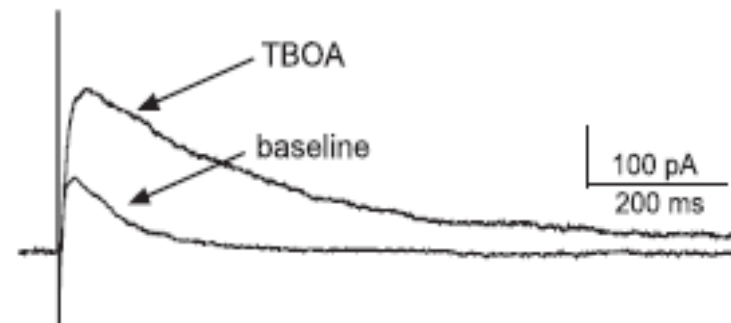
First published February 11, 2009; doi:10.1152/jn.91138.2008.

Department of Anesthesiology and Pain Medicine, Division of Anesthesiology and Critical Care, The University of Texas M. D. Anderson Cancer Center, Houston, Texas

NMDA EPSCs evoked by 2T stim



NMDA EPSCs evoked by maximum stim





DISCUSSÃO DE ARTIGO

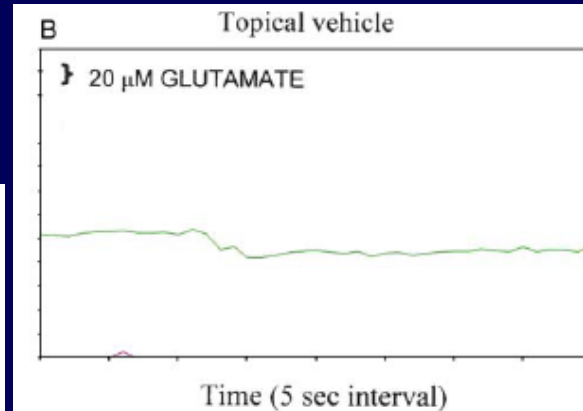
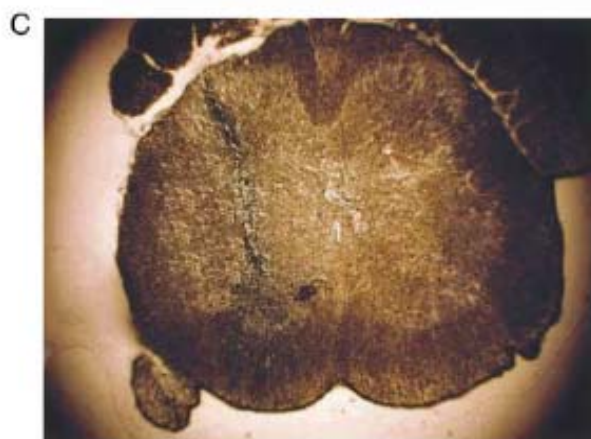
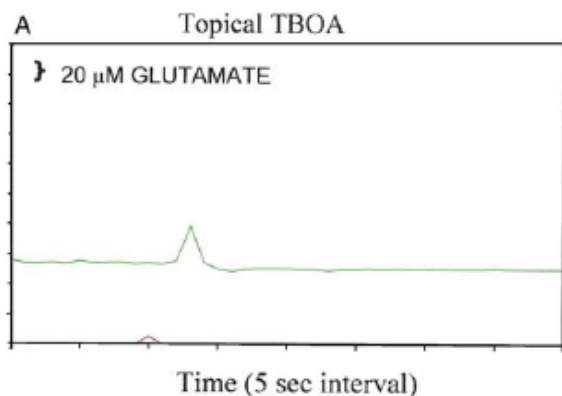
PAIN

www.elsevier.com/locate/pain

Spinal glutamate uptake is critical for maintaining normal sensory transmission in rat spinal cord

Wen-Jinn Liaw^{a,b}, Robert L. Stephens Jr^c, Brian C. Binns^c, Yachun Chu^{a,d}, Jehuda P. Sepkuty^e, Roger A. Johns^a, Jeffery D. Rothstein^e, Yuan-Xiang Tao^{a,*}

Pain 115 (2005) 60–70



DISCUSSÃO DE ARTIGO

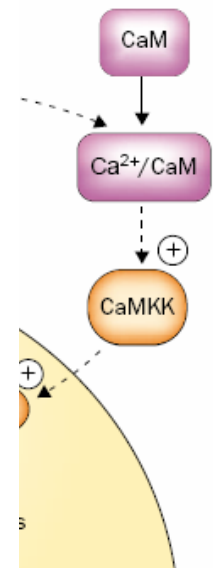
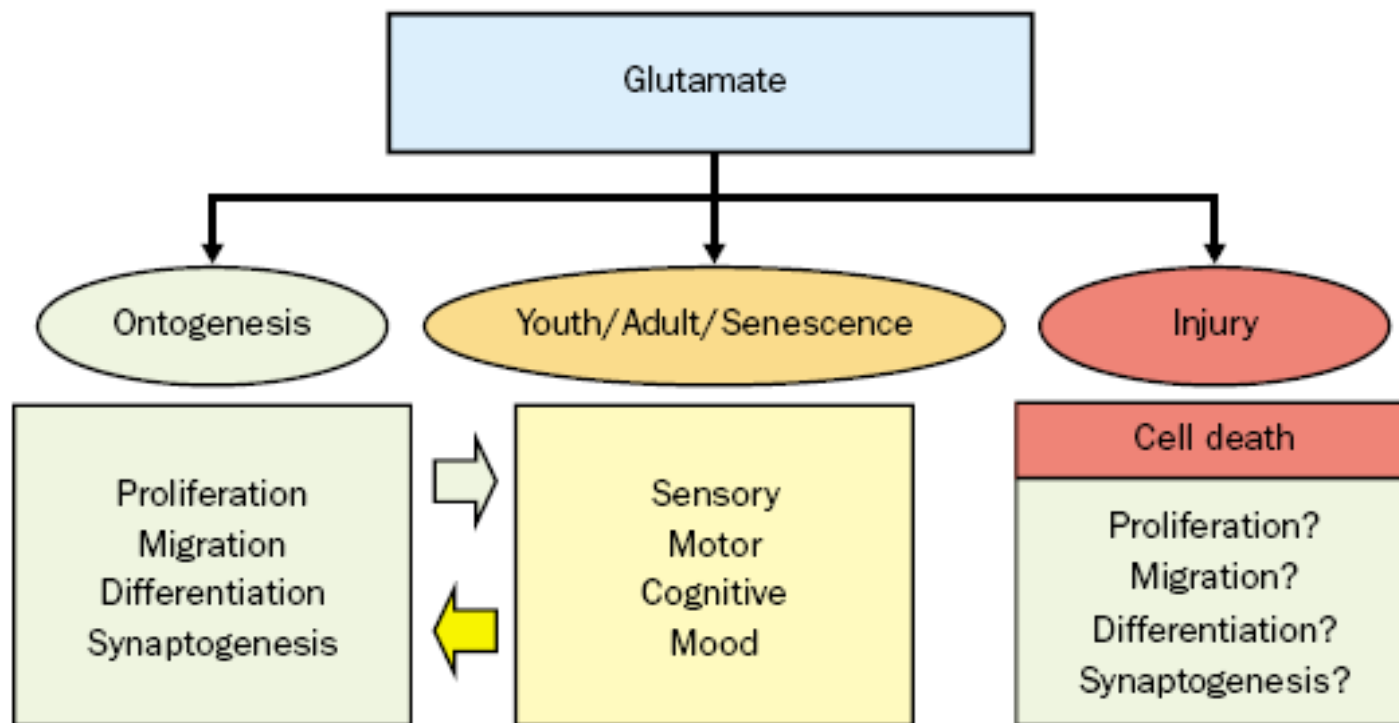
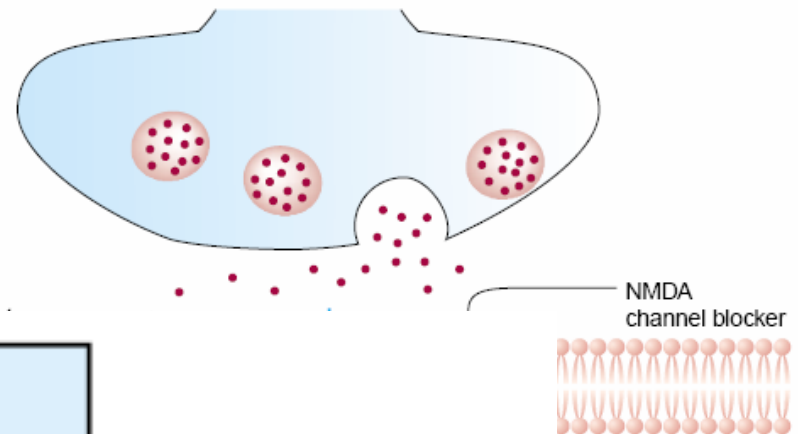
Why did NMDA antagonists fail?

Personal view

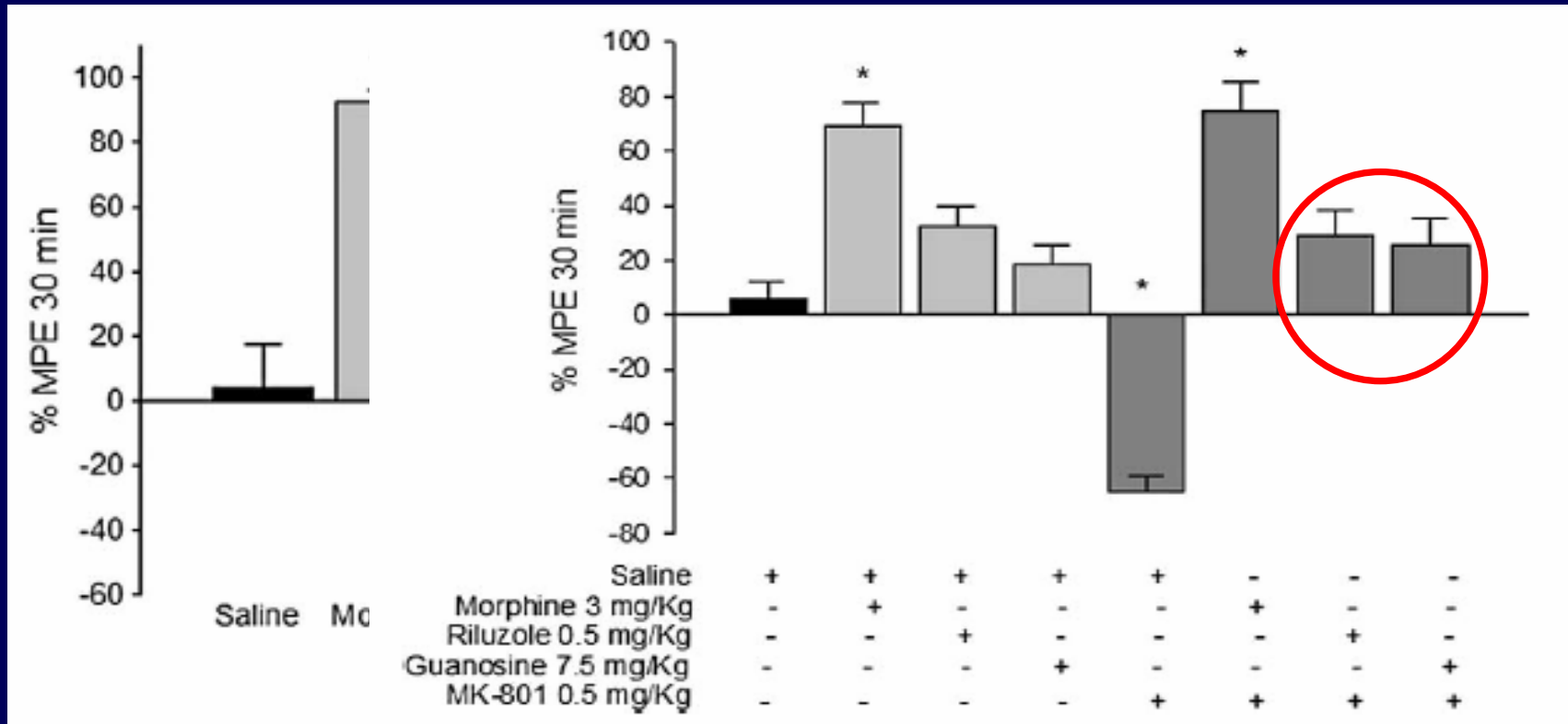
Why did NMDA receptor trials for stroke and trauma fail?

Chrysanthy Ikonomidou and Lechoslaw Turski

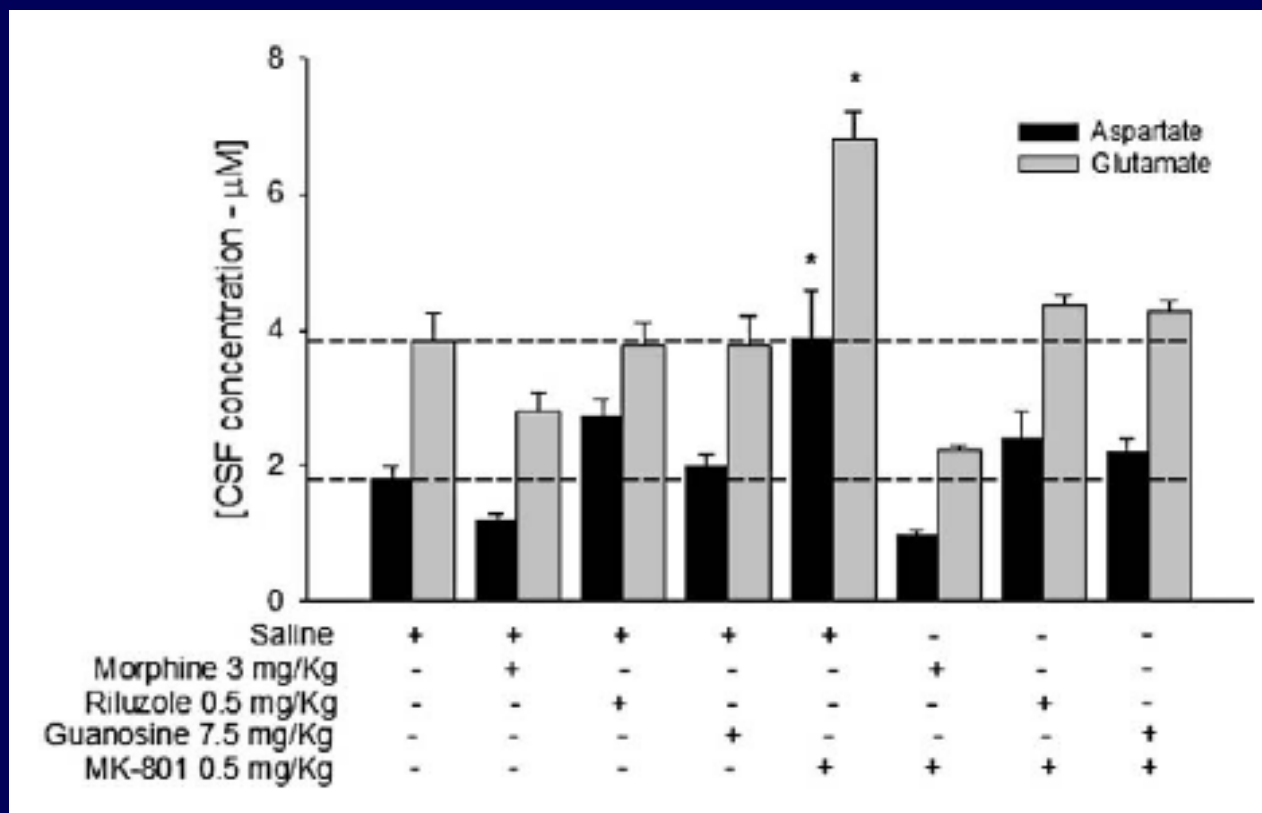
NMDA



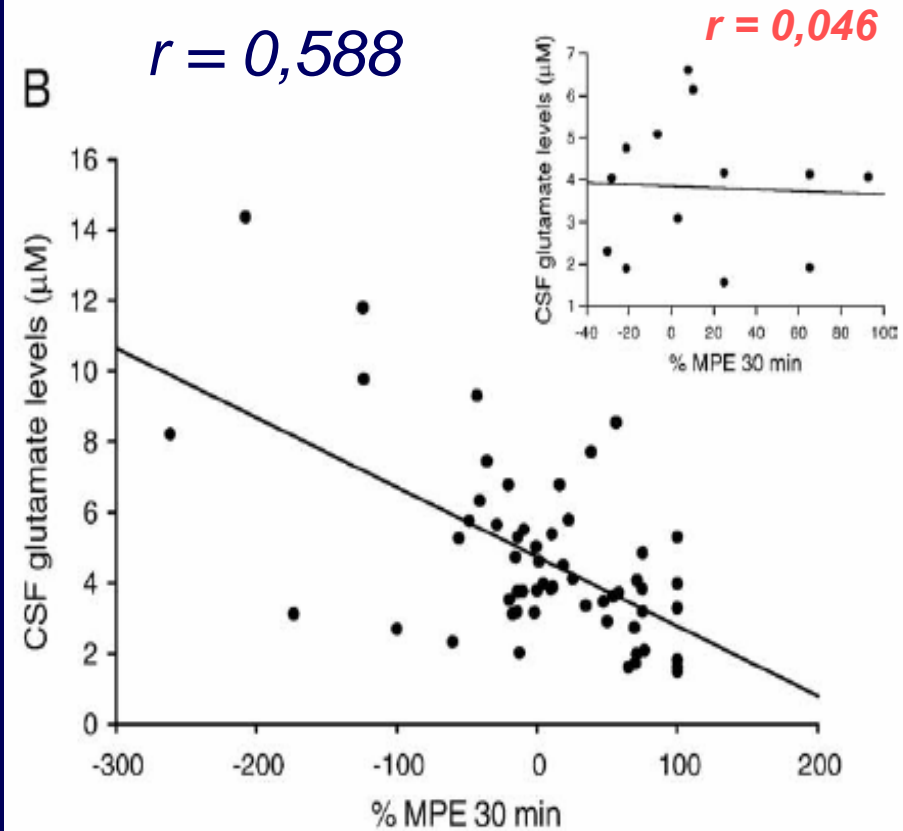
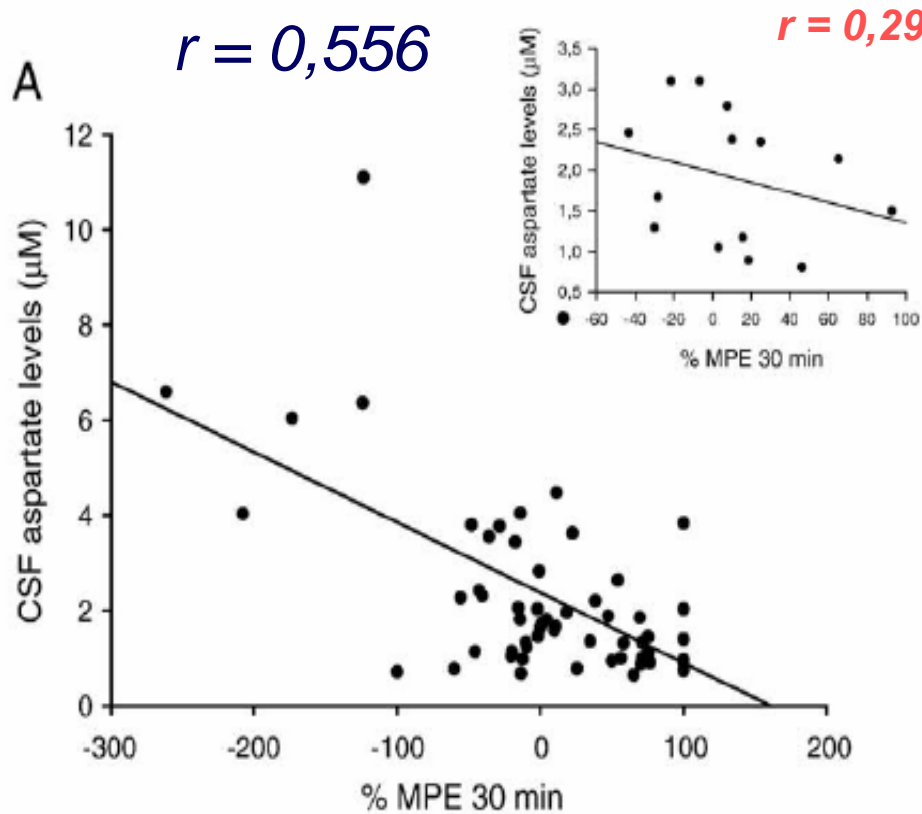
RESULTADOS



RESULTADOS



RESULTADOS



Fyn kinase-mediated phosphorylation of NMDA receptor NR2B subunit at Tyr1472 is essential for maintenance of neuropathic pain

Tetsuya Abe,^{1,2} Shinji Matsumura,¹ Tayo Katano,¹ Tamaki Mabuchi,¹ Kunio Takagi,¹ Li Xu,¹ Akitsugu Yamamoto,³ Kotaro Hattori,⁴ Takeshi Yagi,⁴ Masahiko Watanabe,⁵ Takanobu Nakazawa,⁶ Tadashi Yamamoto,⁶ Masayoshi Mishina,⁷ Yoshihide Nakai² and Seiji Ito¹

Departments of ¹Medical Chemistry and ²Psychosomatic Medicine, Kansai Medical University, Moriguchi 570-8506, Japan

³Nagahama Institute of Bio-Science and Technology, Nagahama 526-0829, Japan

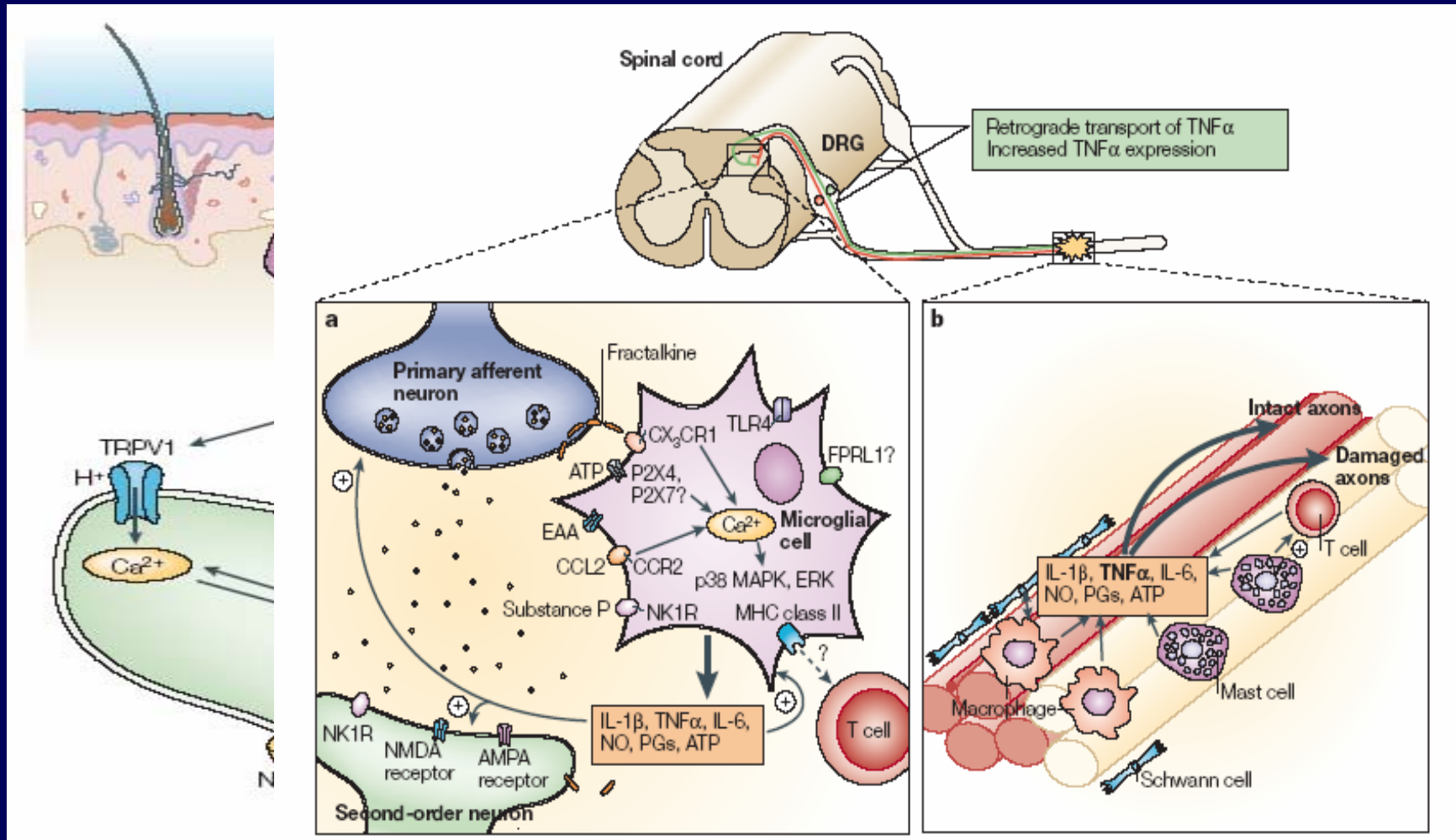
⁴KOKORO Biology Group and CREST, Laboratories for Integrated Biology, Graduate School of Frontier Biosciences, Osaka University, Suita 565-0871, Japan

⁵Department of Anatomy, Hokkaido University School of Medicine, Sapporo 060-8638, Japan

⁶Division of Oncology, Institute of Medical Science, The University of Tokyo, Tokyo 108-8639, Japan

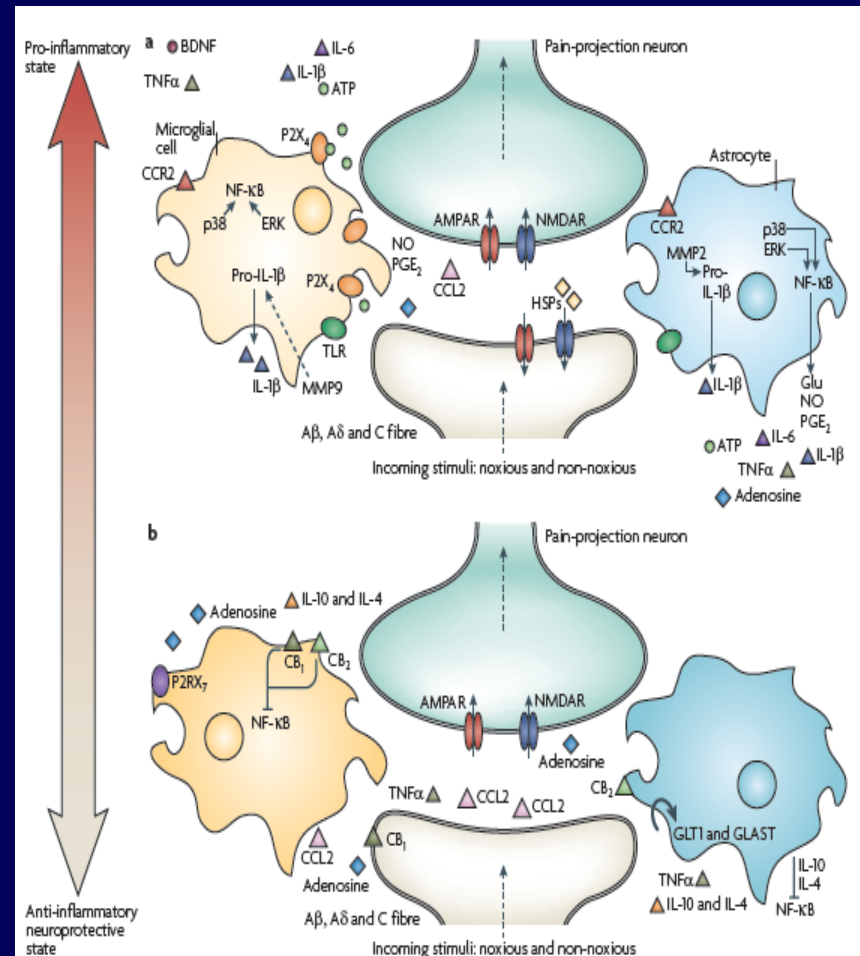
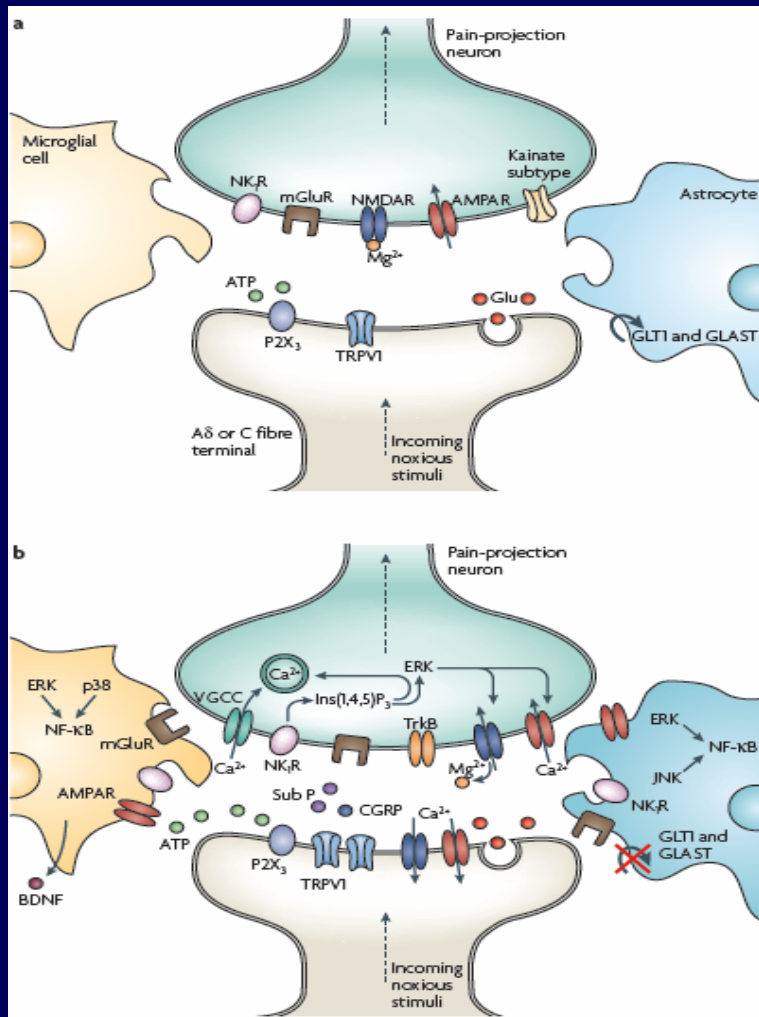
⁷Department of Molecular Neurobiology and Pharmacology, Graduate School of Medicine, The University of Tokyo, Tokyo 113-0033, Japan

Sistema Imune e Dor

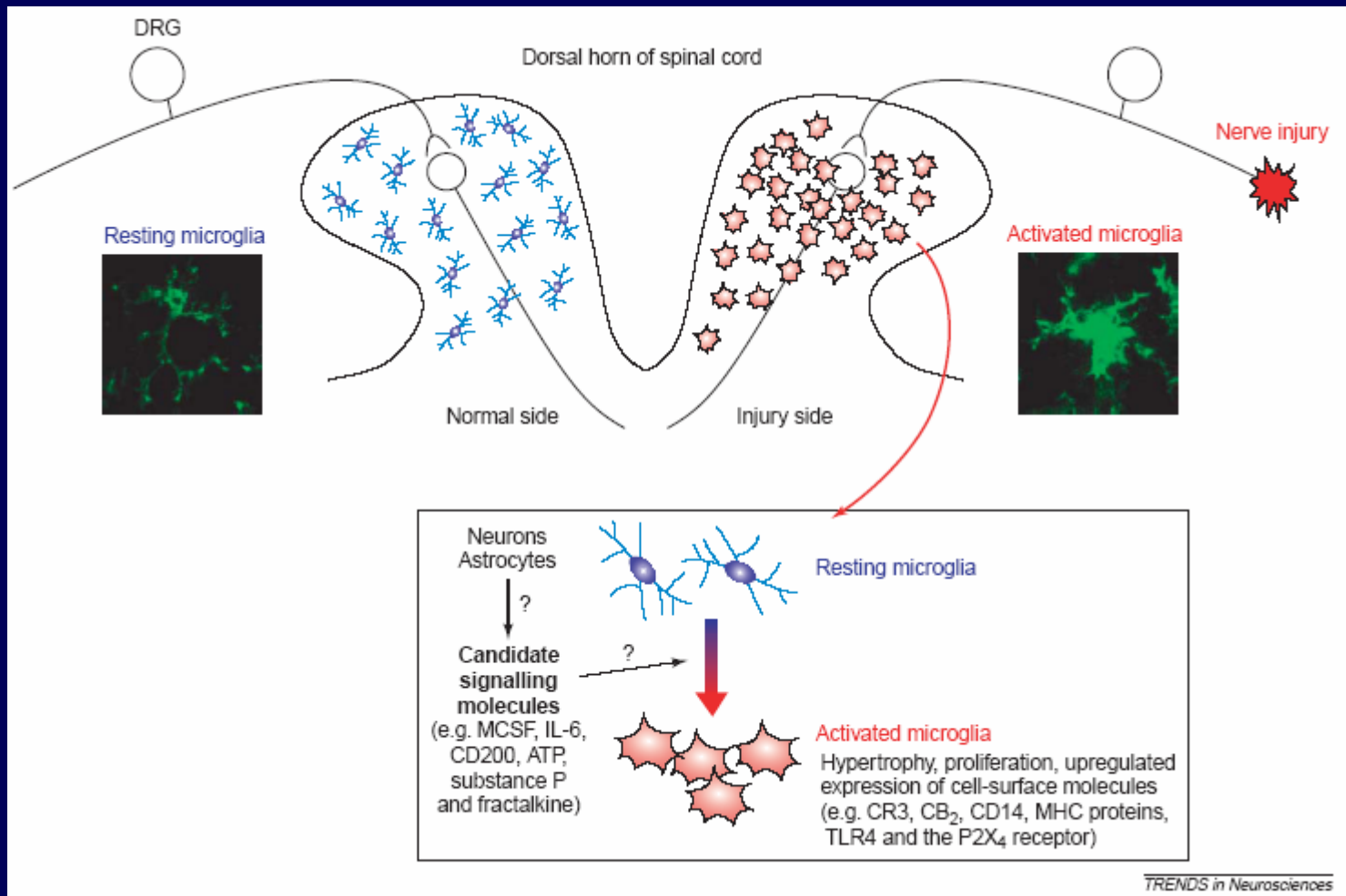


Mecanismos de Transmissão da dor

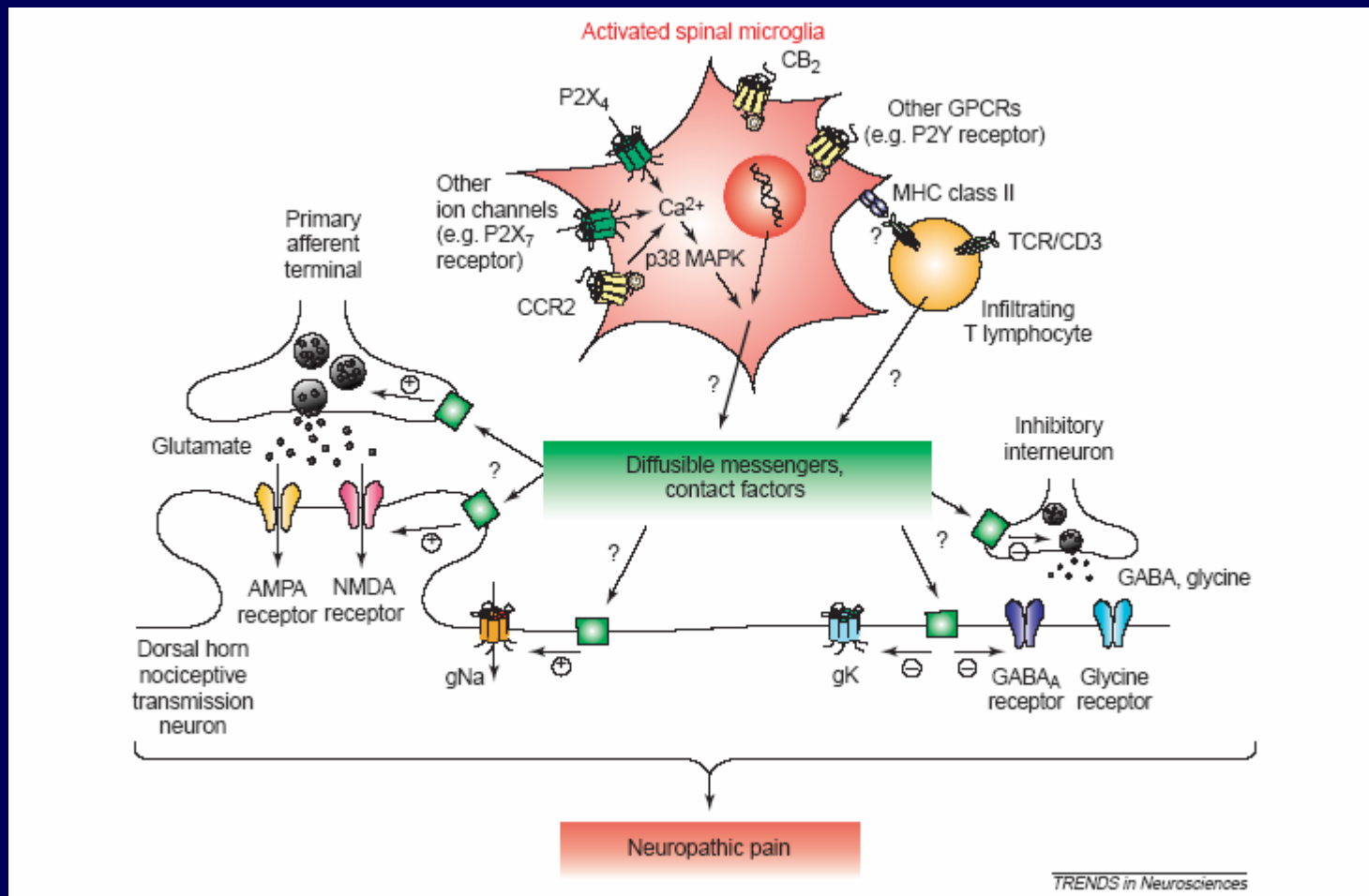
O papel da Glia



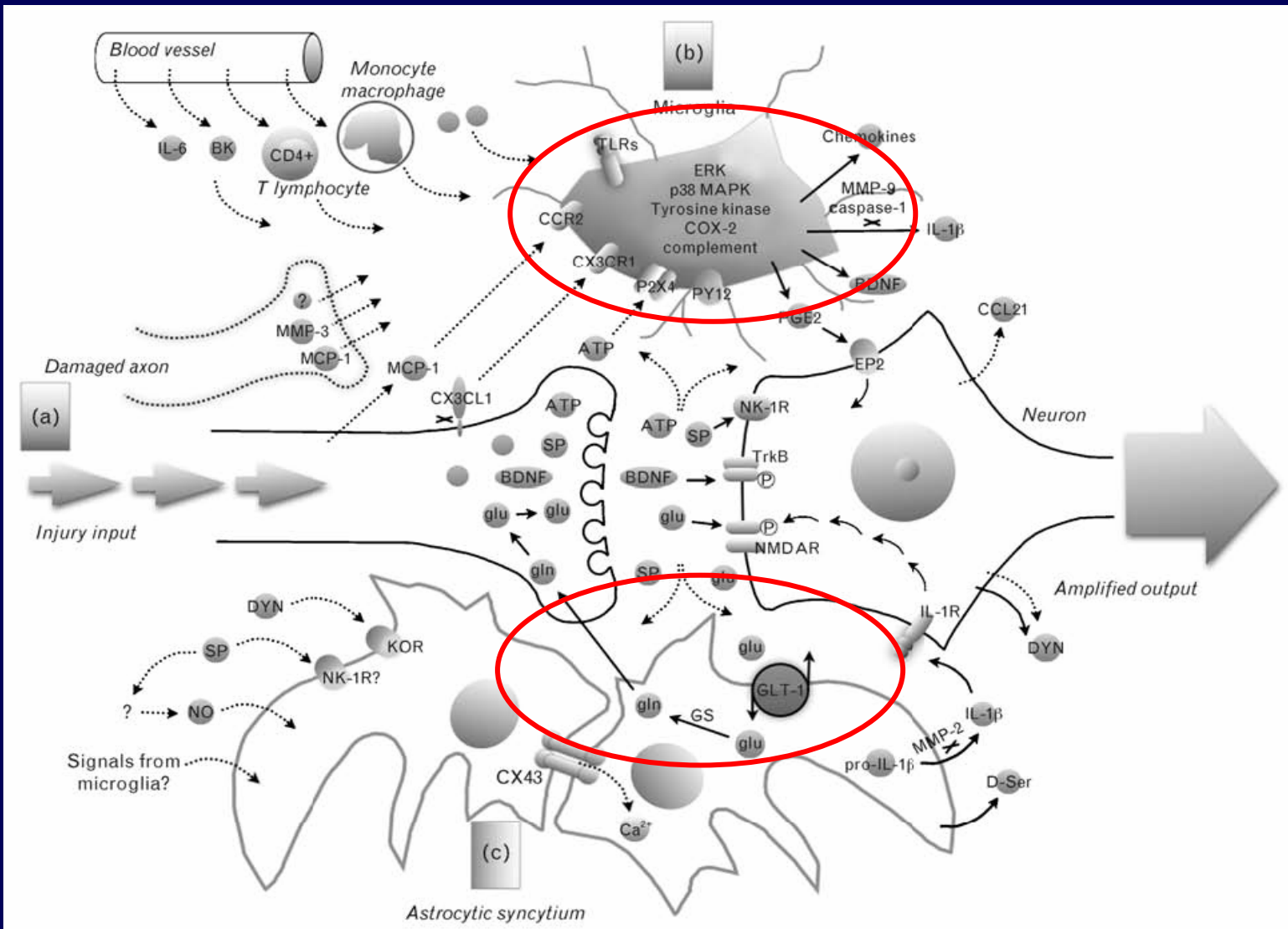
O papel da glia na dor



O papel da glia na dor



O papel da glia na dor





DISCUSSÃO DE ARTIGO

 NEURON-GLIA INTERACTIONS

Pathological and protective roles of glia in chronic pain

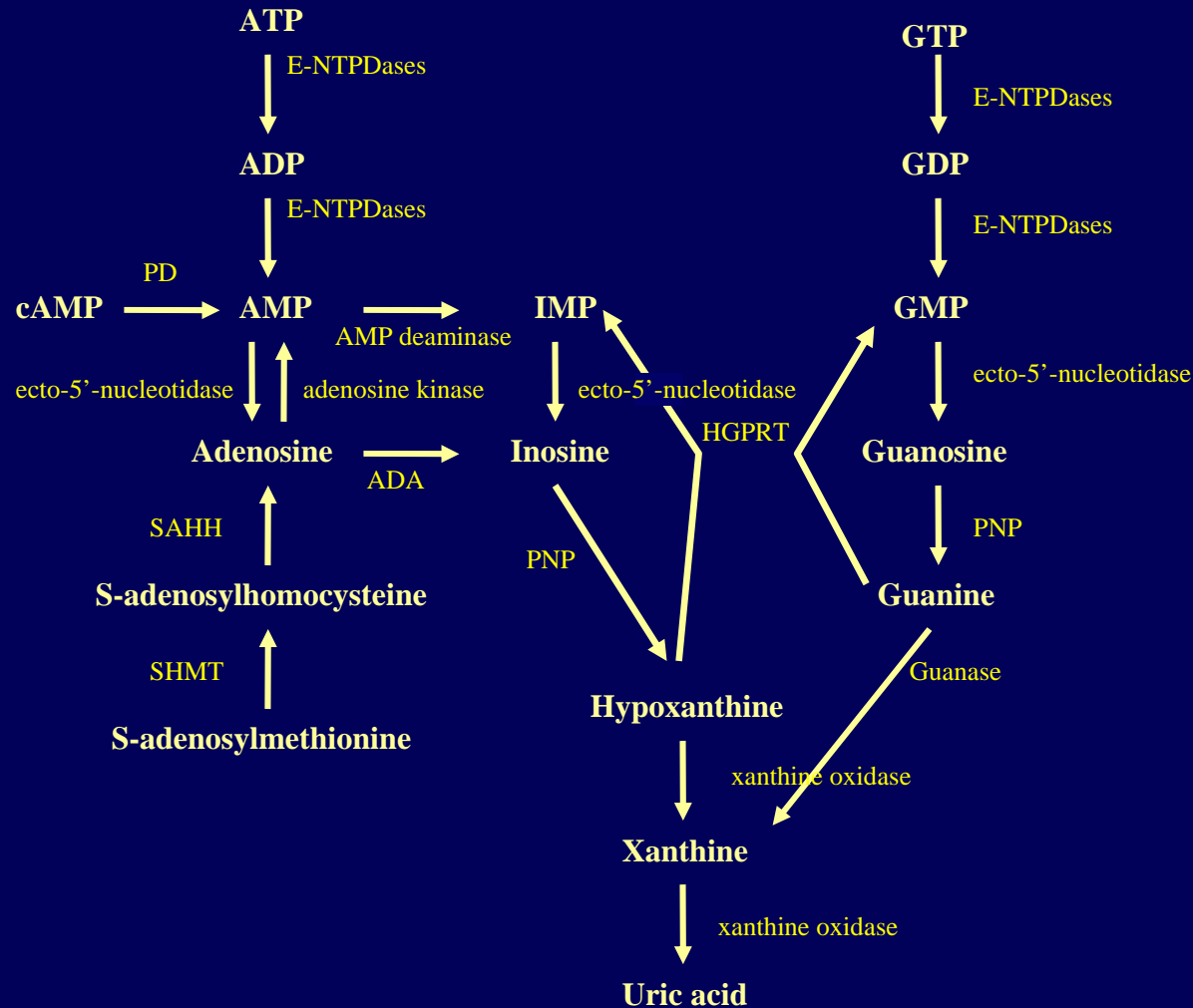
Erin D. Milligan and Linda R. Watkins[‡]*

NATURE REVIEWS **NEUROSCIENCE**

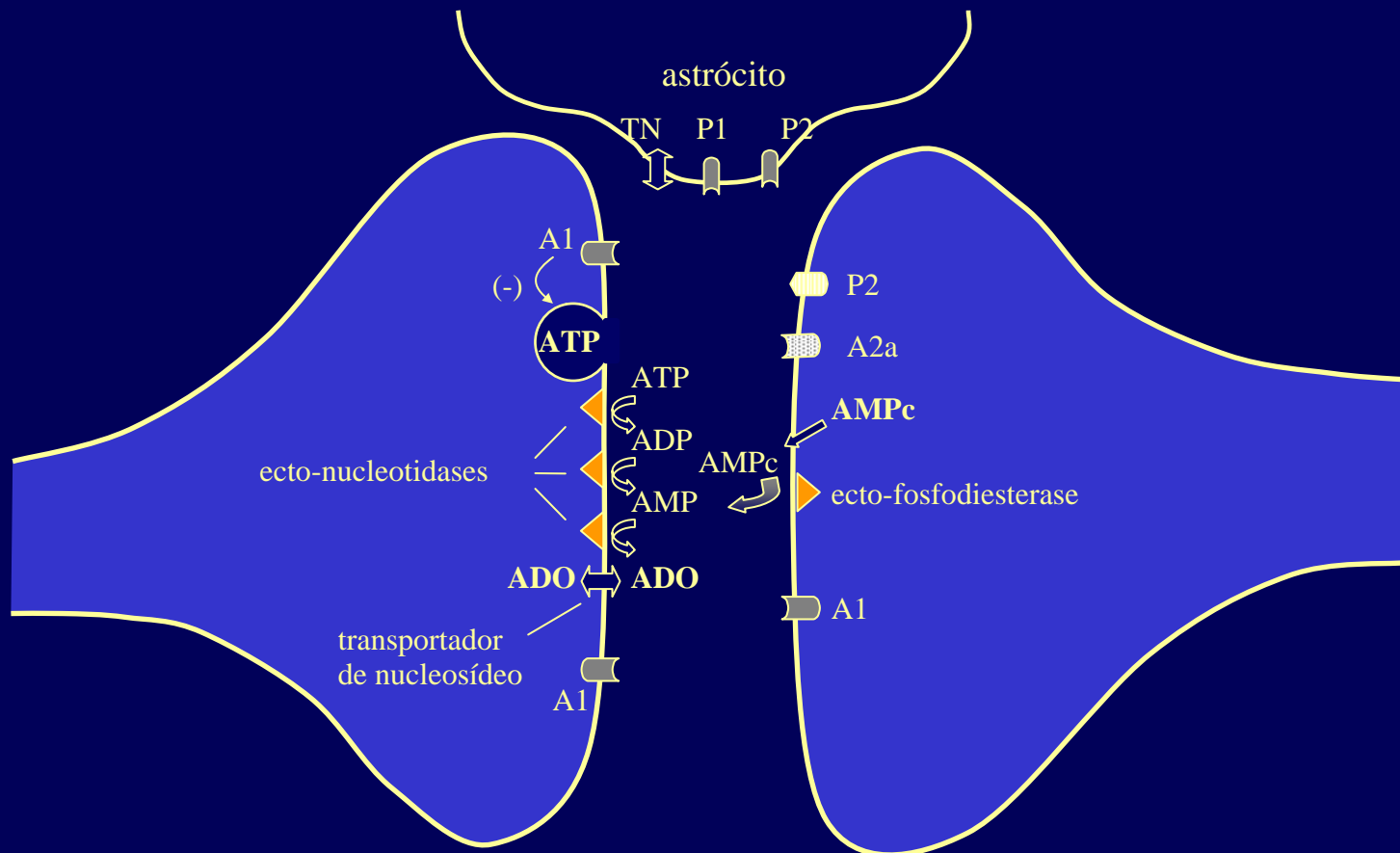
VOLUME 10 | JANUARY 2009

Ativação Glial na Dor Crônica – Toxicidade ou Neuroproteção ?

Sistema Purinérgico



Sistema Purinérgico



Efeitos da adenosina e seus análogos

- Efeitos tróficos
- Neuroproteção
- Anticonvulsivante endógeno
- Indutor do sono
- Inibição de liberação de neurotransmissores
- Inibição de atividade locomotora e coordenação motora
- Sedação
- Hipotermia
- Depressão cardiovascular e respiratória
- **Efeito antinociceptivo**
 - ATP – ação paradoxal – excitação neuronal

Receptores de adenosina A1

- Receptores A1- \downarrow AMPc e Adenilato ciclase, \uparrow IP₃, \uparrow K⁺, \downarrow Ca²⁺
- Amplamente distribuídos, alta expressão em hipocampo, córtex, cerebelo, **tálamo e substância cinzenta periaquedutal**
- Alta expressão de receptores A1 na **substância gelatinosa**
- \downarrow liberação de neurotransmissores, como glutamato e dopamina; hiperpolarização neuronal
- Anticonvulsivante, neuroprotetor, ansiolítico, sedativo, depressor de locomoção e **ANALGESIA**

Mecanismos da ação antinociceptiva da adenosina

- Ação predominantemente central (espinal e supra-espinal)
- Ligação à proteína G, adenilato ciclase
- Hiperpolarização de neurônios no corno dorsal da medula
 - Inibição pós-sináptica da ativação de vias sensoriais via substância P e NMDA
- Localização principal nos terminais sensoriais pós-sinápticos
- Inibição da liberação de aminoácidos excitatórios e substância P na medula espinal

Papel das purinas na antinocicepção de outros agentes

- Morfina – liberação de adenosina; reversão parcial com xantinas
- Cafeína – ação pré-sináptica em terminais nervosos colinérgicos supra-espinhais
- Aminas biogênicas – serotonina e noradrenalina
- Tricíclicos – inibição da captação de adenosina; reversão parcial com xantinas
- Estimulação elétrica transcutânea – liberação de ATP



Available online at www.sciencedirect.com



Pharmacology & Therapeutics 116 (2007) 401–416

Pharmacology
&
Therapeutics

www.elsevier.com/locate/pharmthera

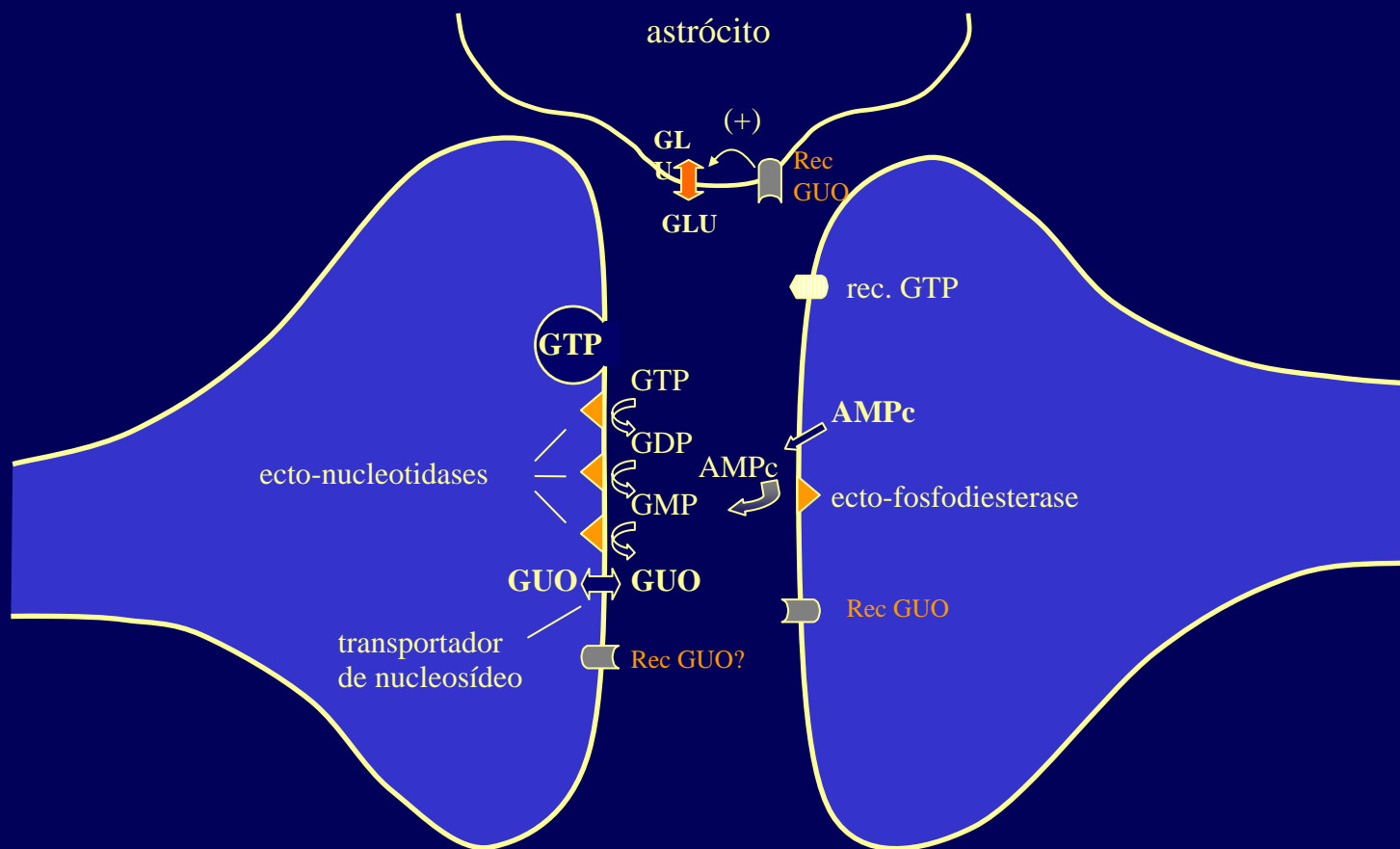
Proposal of a guanine-based purinergic system in the mammalian central nervous system

André P. Schmidt^a, Diogo R. Lara^b, Diogo O. Souza^{a,*}

^a *Departamento de Bioquímica, ICBS, Universidade Federal do Rio Grande do Sul, Porto Alegre, RS, Brazil*

^b *Faculdade de Biociências, Pontifícia Universidade Católica do Rio Grande do Sul, Porto Alegre, RS, Brazil*

Sistema Purinérgico da Guanina



Derivados da guanina

- Analgesia mediada por outros integrantes do sistema purinérgico:
 - Guanina
 - Guanosina

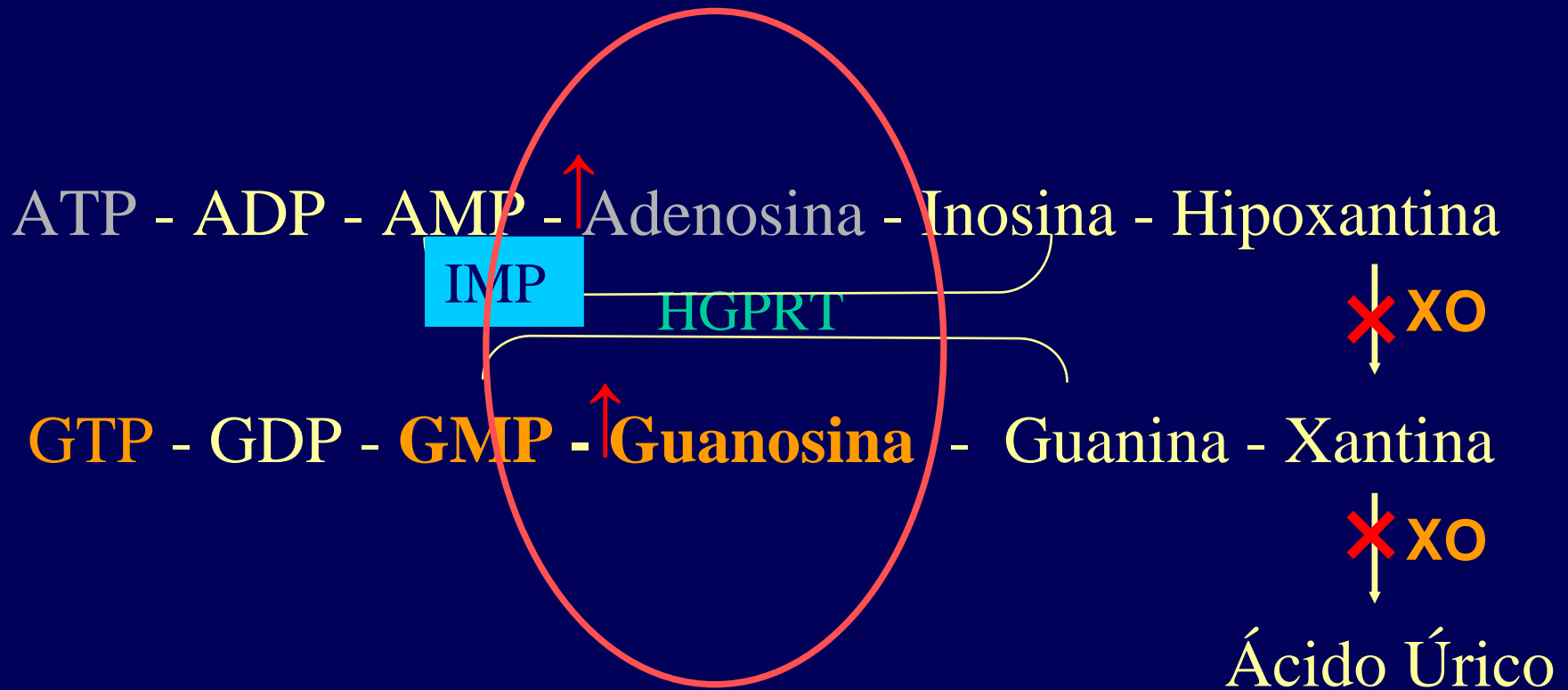
Schmidt et al., Brain Res 2000; 864: 40-3.

Schmidt et al., Eur J Pharmacol 2009; in press.

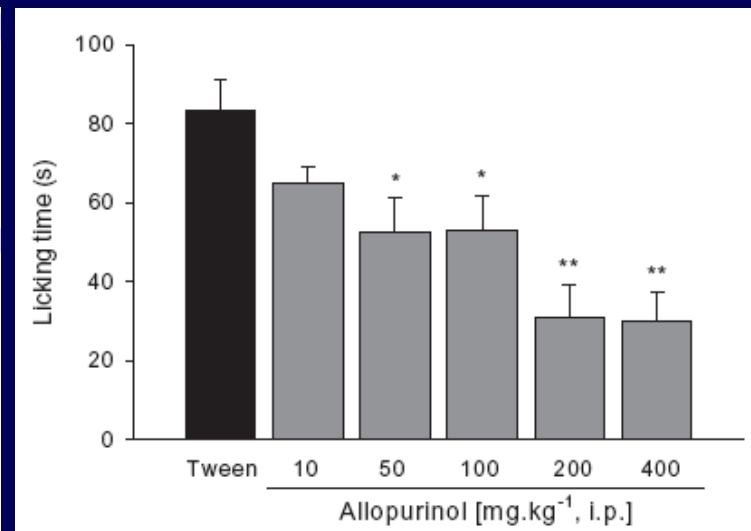
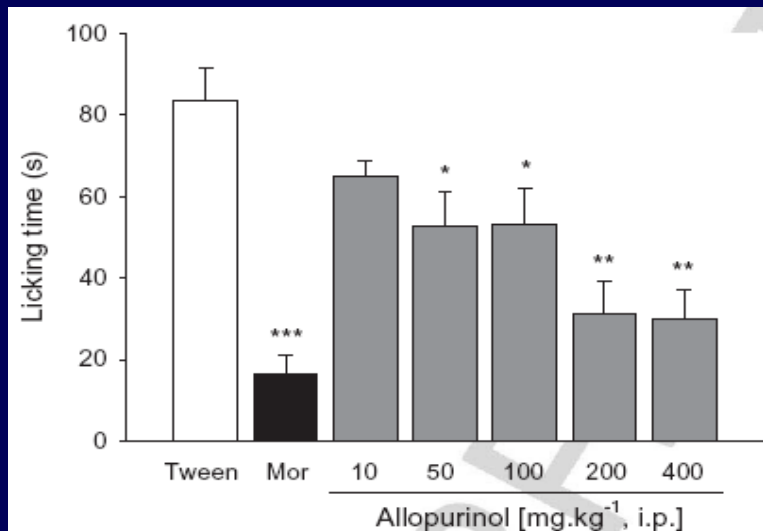
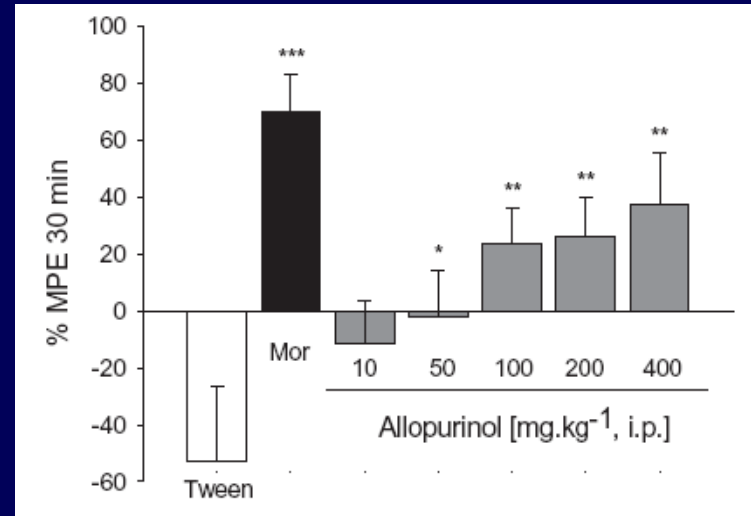
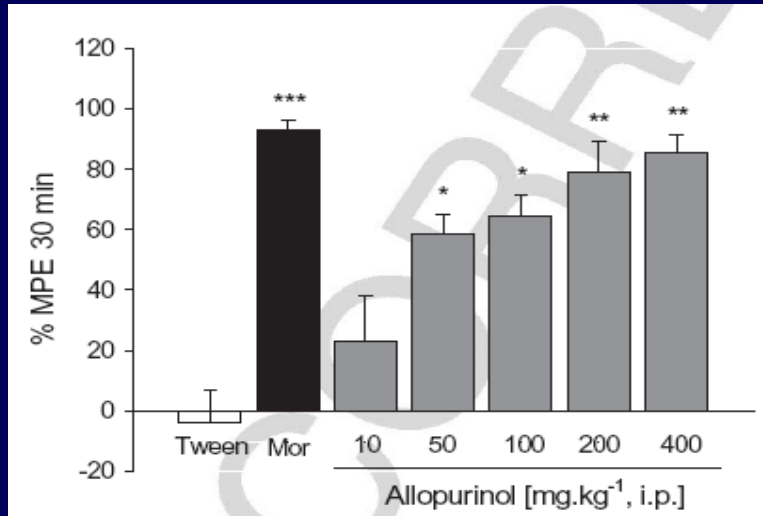
Schmidt et al., Brain Res 2008; 1234: 50-8..

Schmidt at al., Neurochem Res 2005; 30(1): 69-73.

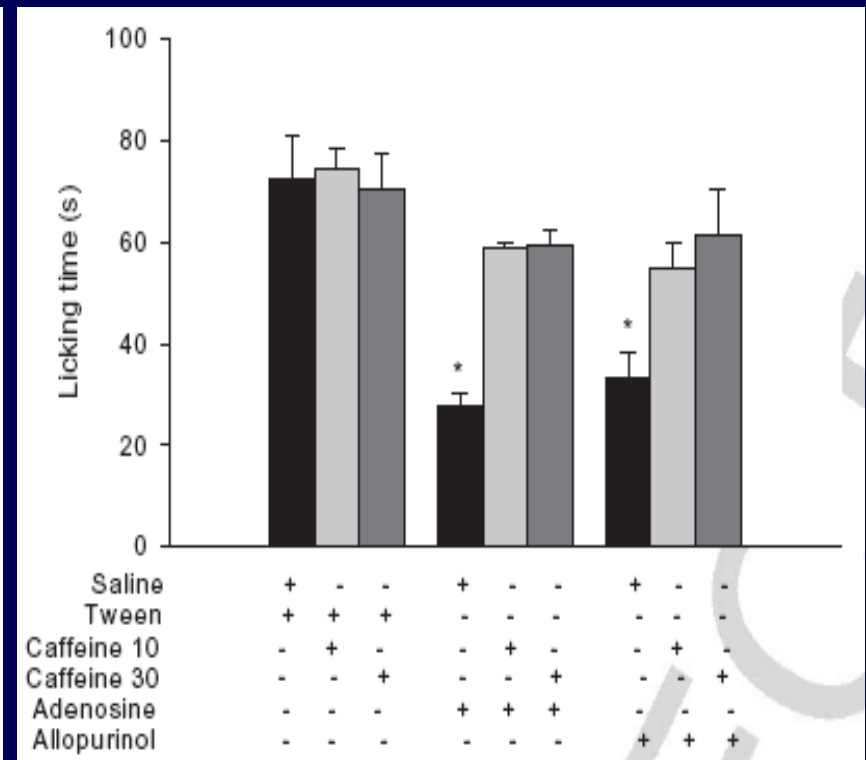
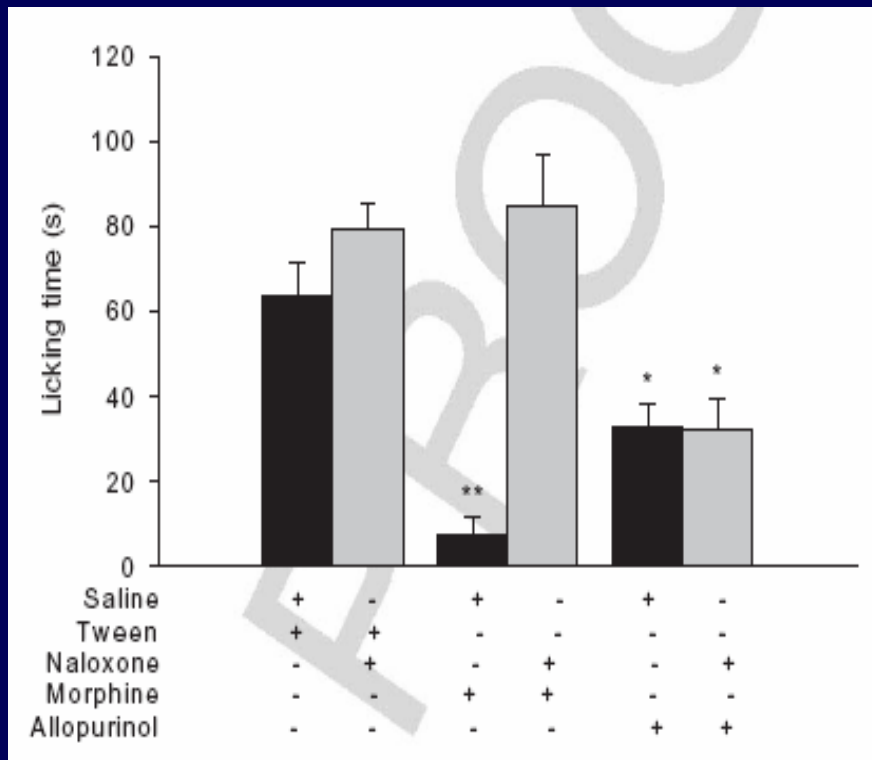
Alopurinol, um inibidor da xantina oxidase



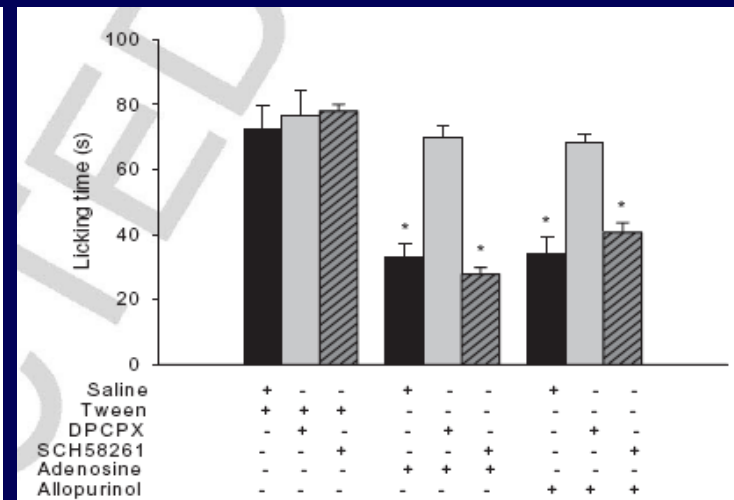
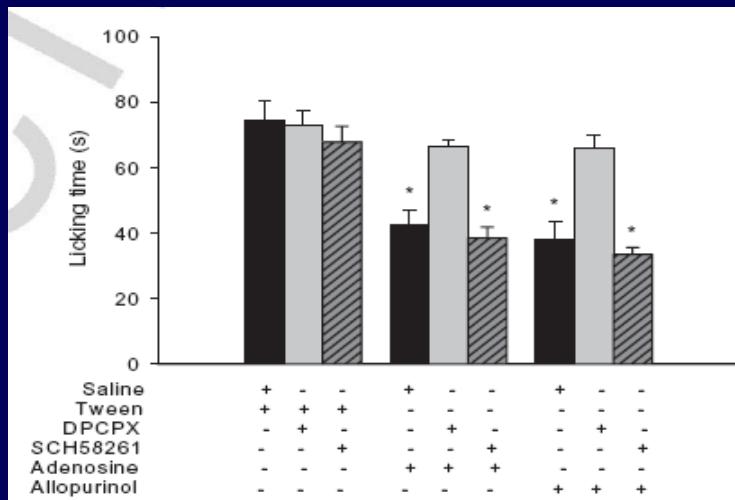
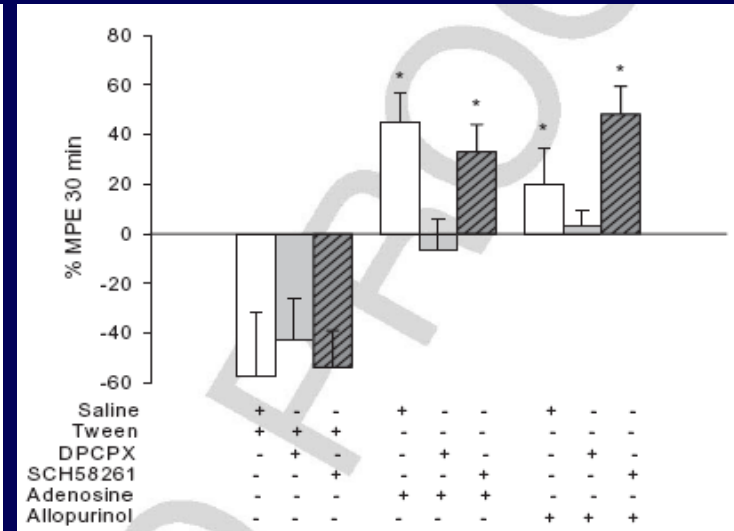
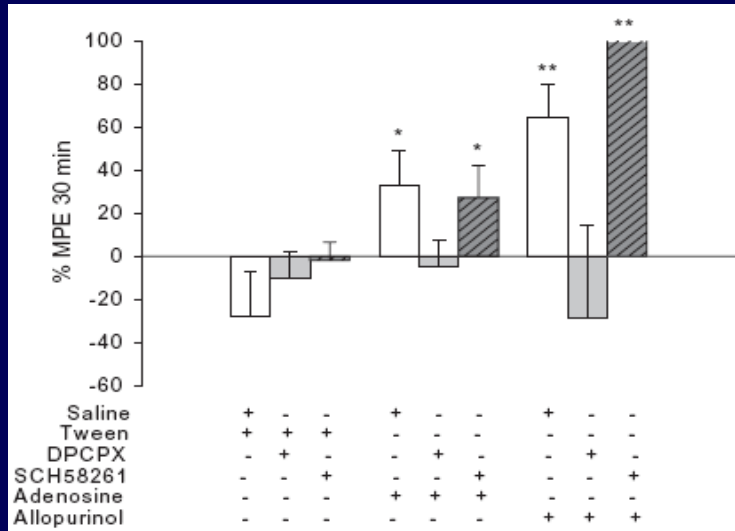
Alopurinol X Modelos de dor



Alopurinol X Mecanismo de ação



Alopurinol X Mecanismo de ação



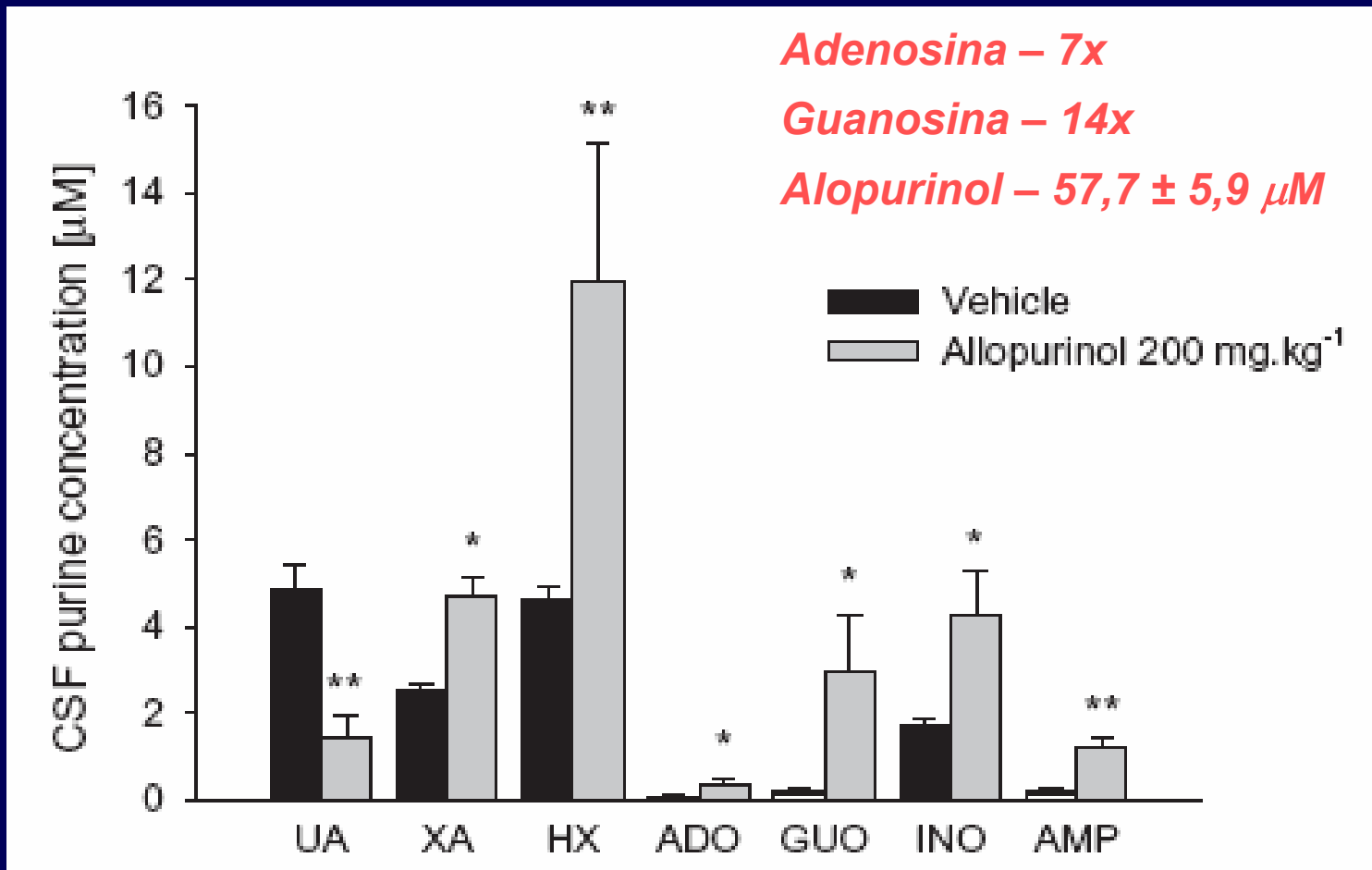
Alopurinol X Comportamento

Table 1 Effects of allopurinol on the hole-board, rotarod and spontaneous locomotor activity tests, used in mice

Treatment	Allopurinol (mg kg ⁻¹)					
	Tween 10%	10	50	100	200	400
Latency to head-dip (s)	6.0 (0.9)	6.4 (0.8)	5.5 (0.9)	7.5 (0.2)	5.3 (0.7)	8.5 (0.7)
Head-dips (n)	50.1 (5.7)	56.0 (2.2)	49.7 (8.6)	43.5 (6.2)	47.0 (7.5)	35.0 (6.3)
Squares crossed (n)	42.1 (5.4)	40.7 (5.9)	44.0 (7.2)	47.7 (5.9)	46.0 (9.4)	21.7 (9.4)*
Rearings (n)	2.0 (0.8)	2.3 (0.8)	2.6 (0.9)	1.8 (1.0)	1.7 (0.8)	0.7 (0.3)*
Groomings (n)	1.6 (0.3)	1.5 (0.3)	0.8 (0.4)	1.2 (0.4)	1.6 (0.6)	1.3 (0.4)
Fecal boli (n)	0.8 (0.4)	1.2 (0.4)	1.2 (0.5)	1.0 (0.3)	1.5 (0.5)	0.8 (0.5)
Latency to fall (s)	56.4 (1.6)	50.6 (7.0)	58.0 (1.5)	50.8 (6.8)	56.2 (2.5)	34.5 (5.8)*
Crossings (n)	234 (28)	250 (37)	222 (10)	213 (15)	212 (19)	140 (14)*

Vehicle (10% Tween) or allopurinol was given i.p., 30 min prior to the behaviour measurements: latency to the first head-dip; head-dips; squares crossed; rearings; groomings; fecal boli; latency to fall (rotarod); number of crossings (spontaneous locomotor activity). *n* = 8 animals per group. **P* < 0.05 compared with control (10% Tween), one-way ANOVA followed by Student–Newman–Keuls test.

Alopurinol X Dosagem de purinas no LCR



COMMENTARY

Allopurinol for pain relief: more than just crystal clearance?

Mark Connor^{1,2}

¹Pain Management Research Institute, Kolling Institute, University of Sydney at Royal North Hospital St Leonards, and ²Brain and Mind Research Institute, University of Sydney, Camperdown, NSW, Australia

Gout and pain are synonymous, and a study in this issue of the *BJP* reports a novel anti-nociceptive effect of allopurinol, the drug most commonly used to treat gout. Allopurinol works by inhibiting xanthine oxidase (XO), the enzyme responsible for converting hypoxanthine to uric acid which is deposited as crystals in the joints of gout sufferers. Hypoxanthine is a metabolite of, and a possible precursor to, adenosine. Schmidt *et al.*, find that acute inhibition of XO with allopurinol produces a modest adenosine A₁ receptor-mediated anti-nociceptive effect in common tests of chemical and thermal nociception in mice. A concomitant increase in cerebrospinal fluid levels of adenosine supports their hypothesis that inhibiting XO increases adenosine levels via salvage from hypoxanthine. Elevating endogenous adenosine levels by inhibiting metabolism is a well-established strategy for producing anti-nociception in many preclinical models, but inhibiting XO is likely to be particularly beneficial in some chronic pain states because of the pro-nociceptive reactive oxygen species that are produced by XO activity. Thus, allopurinol may have unexpected benefits in pain associated with chronic inflammation, diabetes and vascular dysfunction.

British Journal of Pharmacology (2009) 156, 4–6; doi:10.1111/j.1476-5381.2008.00065.x

**METODOLOGIA UTILIZADA
NOS ESTUDOS
EXPERIMENTAIS COM
ANIMAIS**

Discussão de Artigo

BMJ

Comparison of treatment effects between animal experiments and clinical trials: systematic review

Pablo Perel, Ian Roberts, Emily Sena, Philipa Wheble, Catherine Briscoe, Peter Sandercock, Malcolm Macleod, Luciano E Mignini, Pradeep Jayaram and Khalid S Khan

BMJ 2007;334:197-; originally published online 15 Dec 2006;
doi:10.1136/bmj.39048.407928.BE

Discussão de Artigo



Study	Odds ratio	Weight (%)	Odds ratio (95% CI)
Hall 1985 ^{w6}	0.73	29.0	(0.39 to 1.36)

What is already known on this topic

The relevance of animal models to human health is questioned because of differences between the species

What this study adds

Many studies in animal models are of poor methodological quality

Lack of concordance between animal experiments and clinical trials may be due to bias, random error, or the failure of animal models to adequately represent human disease

MODELOS DE DOR

TESTES TÉRMICOS

Hot-plate, Eddy e Leimback, 1953

Tail-flick, D'Amour e Smith, 1941



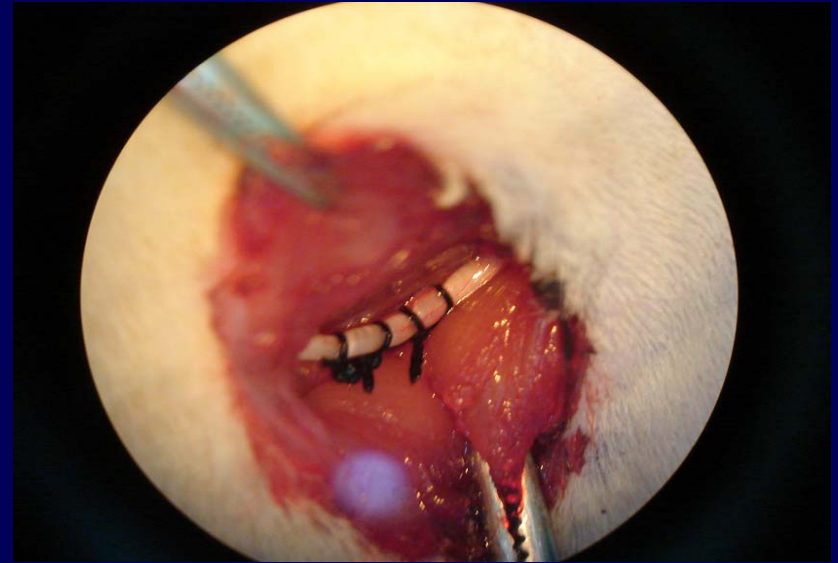
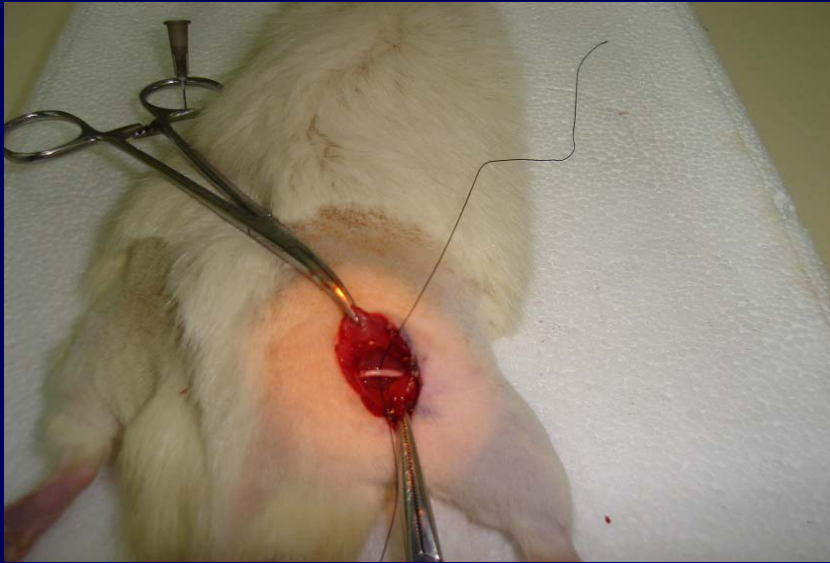
$$\%MPE: 100 \times \frac{(\text{latência pós-droga} - \text{latência basal})}{(\text{Tempo de corte} - \text{latência basal})}$$

INJEÇÃO INTRAPLANTAR DE IRRITANTES QUÍMICOS

- **Capsaicina**, 1,6 $\mu\text{g/pata}$ (5 min)
Sakurada et al., 1993
- **Glutamato**, 10 $\mu\text{mol/pata}$ (15 min)
Beirith et al., 2002
- **Formalina**, 0,92% formaldeído (2 fases – 0-5 e 15-30 min)
Hunskaar e Hole, 1987
- **Ác. acético**, 1,6%, i.p. (20 min)
Corrêa et al., 1996



TESTE PLANTAR



*Bennett e Xie, Pain 1988; 33:
87-107.*

*Hargreaves et al., Pain 1988;
32:77-88.*

REVISÃO GERAL

Sumário e Recomendações

- Dor: conceito amplo e importância epidemiológica
- Dor crônica: medidas profiláticas
- Mecanismos de dor: complexidade
 - Sistema Glutamatérgico
- Abordagem terapêutica Multimodal e Multidisciplinar
- Futuro: avaliação individual do mecanismo desencadeante da dor = tratamento guiado pela fisiopatologia
- Definição de condutas:
 - *Conhecimento da fisiopatologia*
 - *Evidências científicas sólidas*

Futuro da Pesquisa Básica em Dor com Ênfase na Fisiopatologia

- Antagonistas glutamatérgicos
- Agonistas opióides do receptor Delta
- Receptores Canabinóides (CB1 e 2)
- Receptores Histaminérgicos (H1)
- Receptores específicos de neurônios sensoriais (SNSR)
- Células Gliais e Citocinas
- Receptores Vanilóides (TRP-V1)
- Antagonistas de canais de sódio (NaV 1.8)
- Bloqueadores de Canais de Cálcio (Tipo N)
- Inibidores de Ciclooxygenase (COX 1, 2, 3)
- Cinases (MAPKinase)
- Purinas e antagonistas purinérgicos

Discussão de Artigo

The NEW ENGLAND JOURNAL of MEDICINE

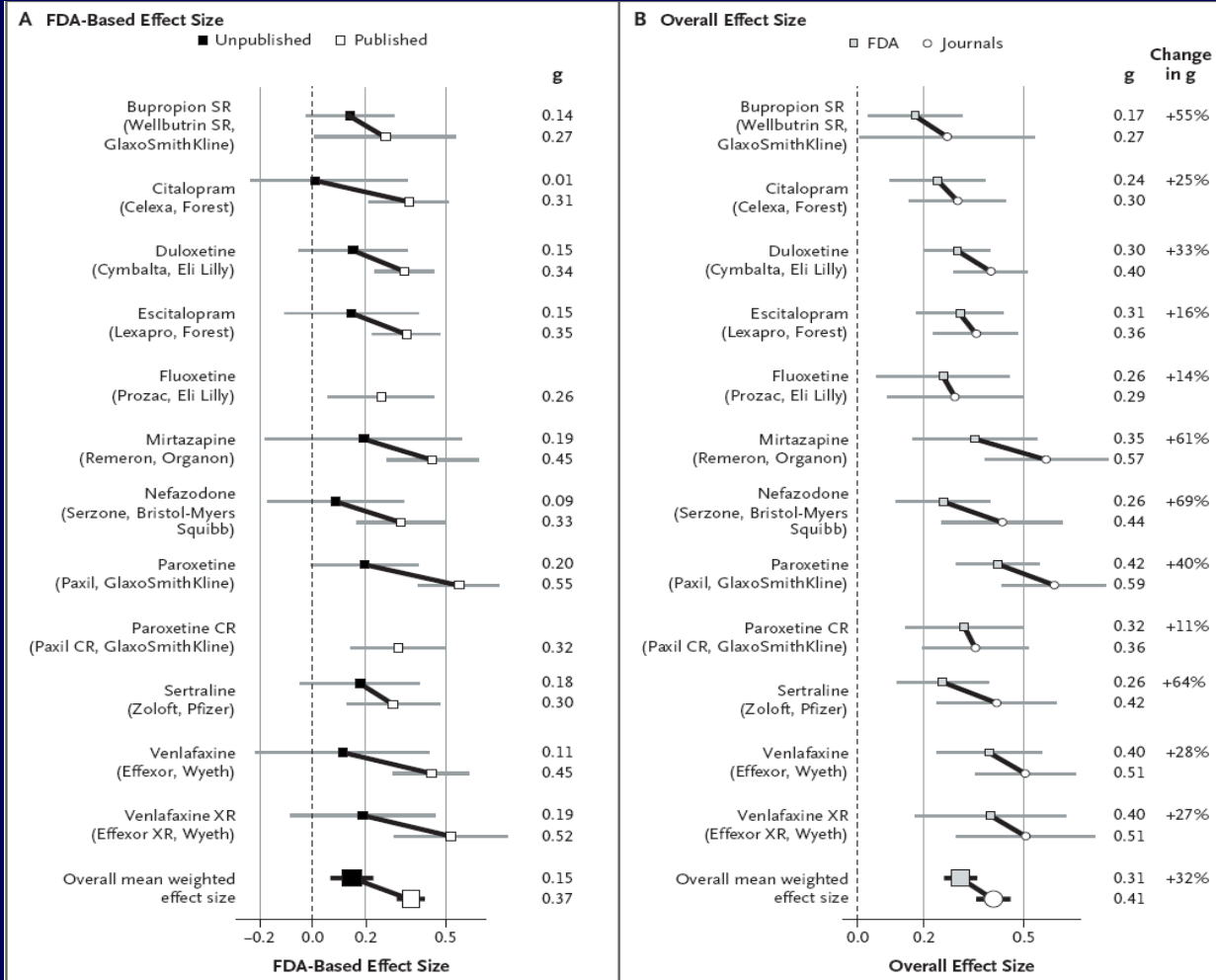
Selective Publication of Antidepressant Trials and Its Influence on Apparent Efficacy

Erick H. Turner, M.D., Annette M. Matthews, M.D., Eftihia Linardatos, B.S.,
Robert A. Tell, L.C.S.W., and Robert Rosenthal, Ph.D.

N Engl J Med 2008;358:252-60.

Selective Publication of Antidepressant Trials and Its Influence on Apparent Efficacy

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Robert A. Tell, L.C.S.W., and Robert Rosenthal, Ph.D.



Estado Atual do Conhecimento

- Principais periódicos em Dor:
 - Pain
 - Anesthesiology
 - Anesthesia and Analgesia
 - Anaesthesia
 - British Journal of Anaesthesia
 - Clinical Journal of Pain
 - Pediatric Anesthesia

Referências

Artigos: PubMed – www.pubmed.com

Artigos: www.periodicos.capes.gov.br

REVISÕES SISTEMÁTICAS OU METANÁLISES

Oxford Pain Internet Site

<http://www.jr2.ox.ac.uk/bandolier/booth/painpag/index.html>

Cochrane Library: www.cochrane.org

Revisões: Institute's Brain Resources and Information Network (Brain):

<http://www.ninds.nih.gov/>

FIM