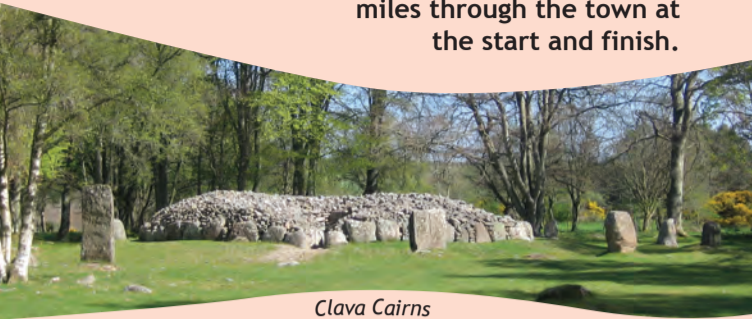


CULLODEN AND CLAVA

18 miles / 29 km

Mostly quiet country roads but a couple of miles through the town at the start and finish.



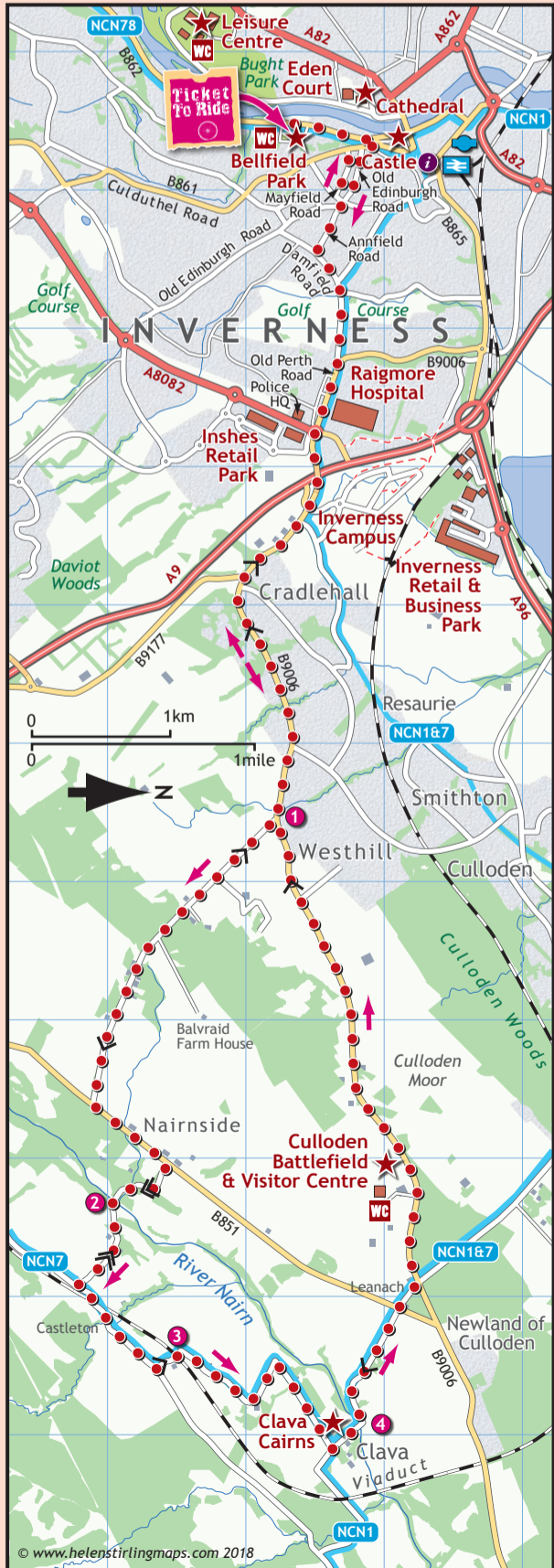
Clava Cairns

This route passes through the outskirts of Inverness then climbs steadily for three miles towards Culloden Moor. The views north over the Moray Firth are worth the effort. As you reach the top of the climb, turn right (signposted Nairnside) ①, go over the hill, turn left then right, across the River Nairn ②. At the top of hill turn left. Continue over and then under the railway ③ to the bronze age burial mounds and standing stones at Clava.

Re-cross the river ④ and climb the short steep hill to Culloden Battlefield, home to a great visitor centre. The route returns past the battlefield with a long freewheel into Inverness.



Culloden Battlefield



NESS ISLANDS AND CALEDONIAN CANAL

15 miles / 24 km

This route is ideal for all abilities as it is traffic-free and flat.

Follow the Great Glen Way signs through the Ness Islands ① until you reach the Caledonian Canal. Turn left onto the towpath ② to Dochgarroch. This is a really scenic stretch as you cycle between the canal and the river. At Dochgarroch the canal and the river meet Loch Dochfour ③. The Oakwood Restaurant is a great place for lunch or even just an ice-cream.



Towpath at Dochgarroch

Take time to explore the tracks by the river and Loch Dochfour. Return along the same path to the swing bridge ② then cross the road and follow the towpath on the far side of the canal past the marina ④ and Muirtown Locks to Clachnaharry.

The Clachnaharry Inn serves great food and they have won awards for their selection of real ales. Behind the Inn is a footbridge ⑤ over the railway line. Either carry your bikes over the bridge or lock them up and set out on foot to the sea lock where the Caledonian Canal enters the Beaulie Firth. Follow either side of the canal to return to the Islands and Bellfield Park.



End of Canal at Clachnaharry

Main road	Rail/bus station	Toilets
'B' road	Visitor information	WC
Minor road	Track	Place of interest
Woodland	Railway	Cycle routes
Great Glen Way	Woodland	Route direction
Hill/steep hill	Great Glen Way	National Cycle Network (NCN)
		(arrow points downhill)



LOCK NESS

19 miles / 30 km

Mainly cycle path with some quiet country roads. Gently hilly.

The south side of Loch Ness is best for cycling. Follow Great Glen Way signs through the Ness Islands to Whin Park ① then cycle paths until the 'Nessie' roundabout. Cross carefully and at the top of the hill turn right ② following the blue NCN78 cycle route signs for Loch Ness. After a short distance turn right ③ and take the road down and on to the cycle path beside the B862. The cycle route is then a quiet farm road for a couple of miles - keep following the signs. At the T-junction turn right and then left on to path again and follow this all the way to Dores. You can refuel at the Dores Inn, explore the beach and look out for the monster.



Dores Beach

