

GROW YOUR OWN SPINACH

General Information

- *Spinacia oleracea* (Spinach) Amaranthaceae Family
- Sunlight: full sun, partial shade.
- Soil conditions: moist, fertile soil. Cool temperatures.



Successful Cultivars

- New Zealand (55-60 days) Bright green triangular leaf shape. Heat tolerant.
- Bloomsdale Longstanding (40-48 days) Dark green savoyed curled leaves.
- Tye (45 days) Dark green, semi savoy type. Resists bolting.



Common Pests & Diseases

- Leaf miners
 - Downy Mildew
 - Blight*
- *Pictured here.

-
-

